

# 2005

## PRE-SEASON

	@ New Orleans Saints	12 aug / 5pm	KONG
	<b>dallas cowboys</b>	<b>22 aug / 5pm</b>	ABC
	@ Kansas City Chiefs	27 aug / 5:30pm	KONG
	<b>minnesota vikings</b>	<b>2 sept / 6pm</b>	KONG

## REGULAR SEASON

	@ Jacksonville Jaguars	11 sept / 10am	FOX	
	<b>atlanta falcons</b>	<b>18 sept / 1:05 pm</b>	FOX	
	<b>arizona cardinals</b>	<b>25 sept / 1:05 pm</b>	FOX	
	@ Washington Redskins	2 oct / 10am	FOX	
	@ St. Louis Rams	9 oct / 10am	FOX	
	<b>houston texans</b>	<b>16 oct / 5:30 pm</b>	ESPN	
	<b>dallas cowboys</b>	<b>23 oct / 1:05 pm</b>	FOX	
	bye week	30 oct		
	@ Arizona Cardinals	6 nov / 1:05pm	FOX	
	<b>st.louis rams</b>	<b>13 nov / 1:15 pm</b>	FOX	
	@ San Francisco 49ers	20 nov / 1:05pm	FOX	
	<b>ny new york giants</b>	<b>27 nov / 1:15 pm</b>	FOX	
	@ Philadelphia Eagles	5 dec / 6pm	ABC	
	<b>san francisco 49ers</b>	<b>11 dec / 1:05 pm</b>	FOX	
	@ Tennessee Titans	18 dec / 10am	FOX	
	<b>indianapolis colts</b>	<b>24 dec / 1:15pm</b>	CBS	
	@ Green Bay Packers	1 jan / 1:15pm	FOX	



Each logo above represents one of the Seattle Seahawks Blue Ribbon Partnerships. As indicated by game, the Partner shown will receive 100% of the sales from the Gameday program.



## THE SPIRIT OF THE SEAHAWKS

There is an emerging spirit at the Seahawks fueled by a passion to win both on and off the field and we are glad you are a part of it!

We as an organization are committed to building a team that our community will be proud of year after year. Our players will not only be valued for their talent, but also for their character, their toughness, their passion for the game and their supreme effort... whether they are stepping onto the field or into the community.

These same principles will also guide the rest of our organization in a unified quest for the ultimate prize in the NFL – a Super Bowl trophy. From the experience of the 12th Man on Seahawks Sunday to our charitable pledge through our Blue Ribbon Partnerships, we are passionate about serving our fans and giving back to our community.

This is the spirit of the Seahawks.

On behalf of Paul Allen and the entire Seahawks organization, welcome to a new season.



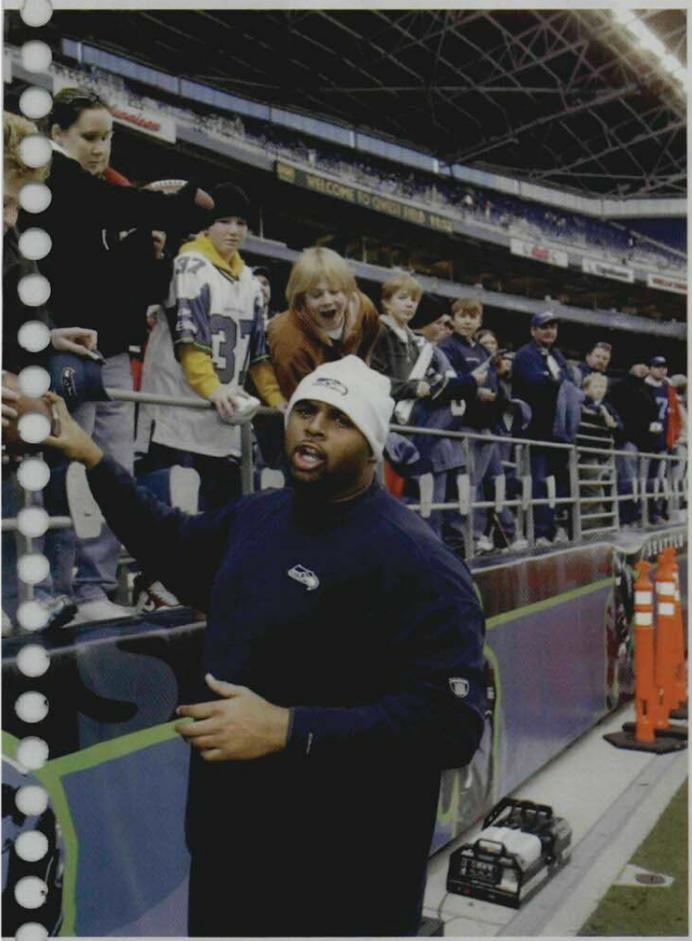
SEAHAWKS SUNDAYS



SEAHAWKS

SUNDAYS



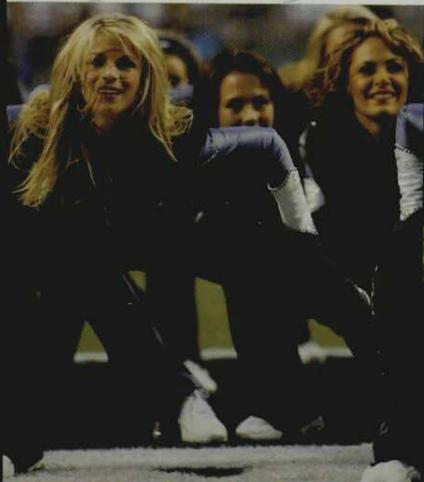


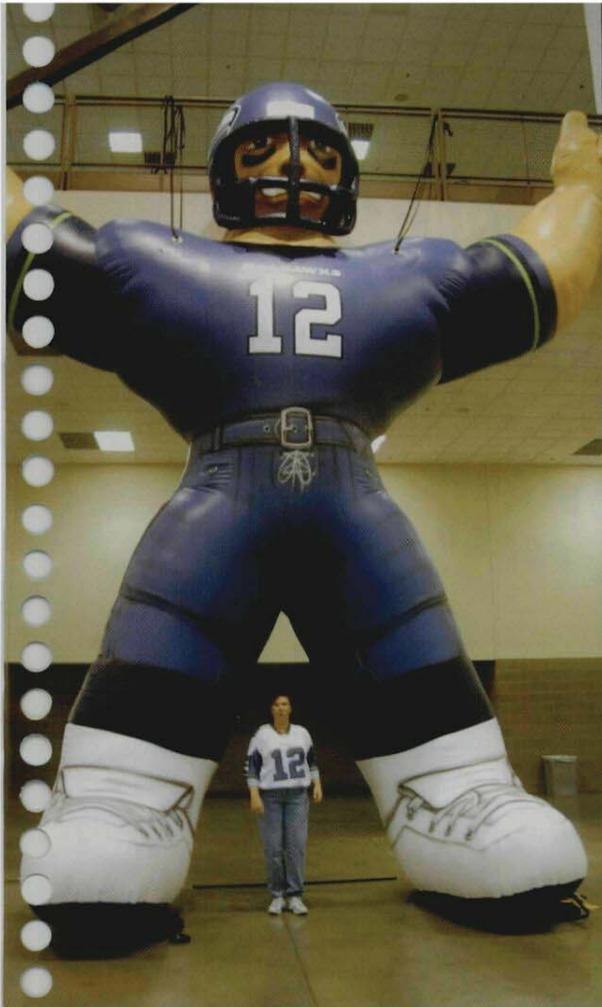
SEAHAWKS SUNDAYS

10:00 AM

TOUCHDOWN CITY OPENS

- PREGAME HUDDLE ON SEAHAWKS RADIO NETWORK
- FACE PAINTING
- SEA GALS & BAND ON STAGE
- ALUMNI AUTOGRAPHS
- SILENT AUCTION TO BENEFIT BLUE RIBBON PARTNERS





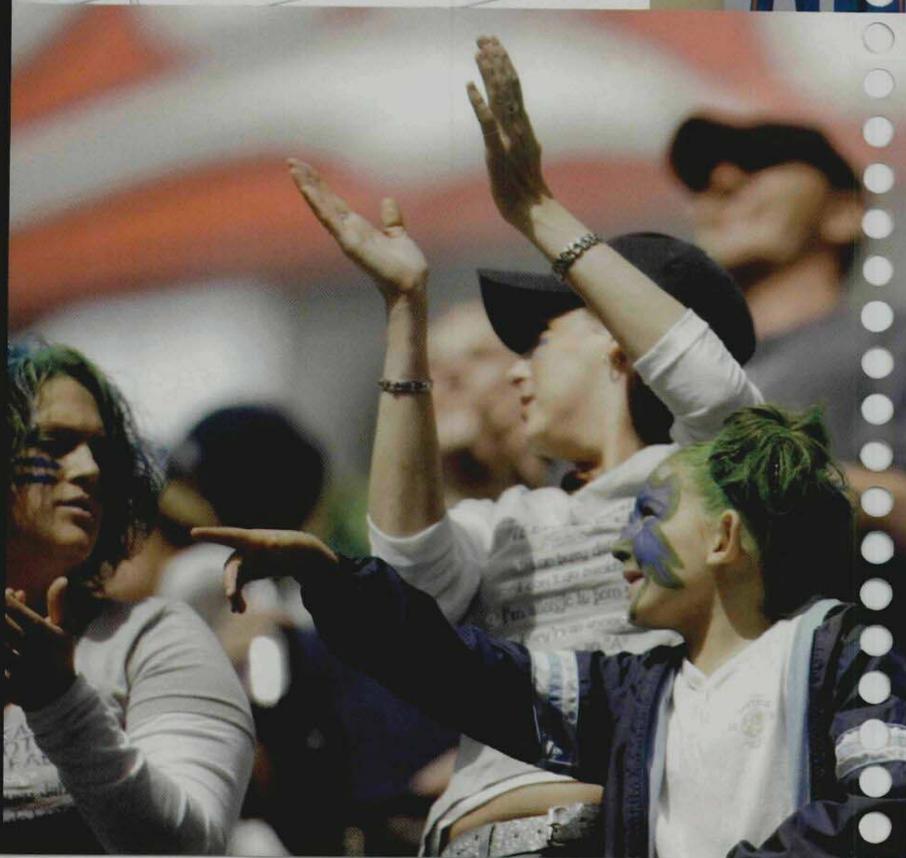
SEAHAWKS SUNDAYS

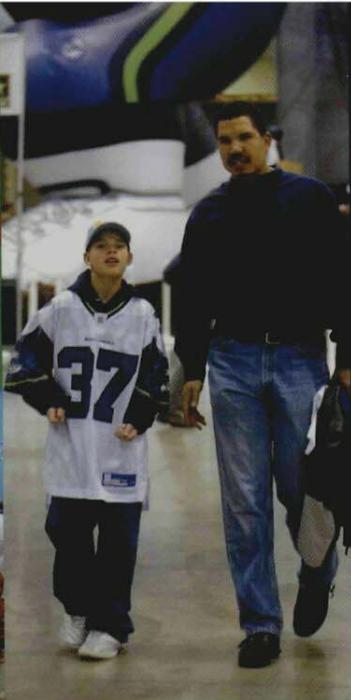
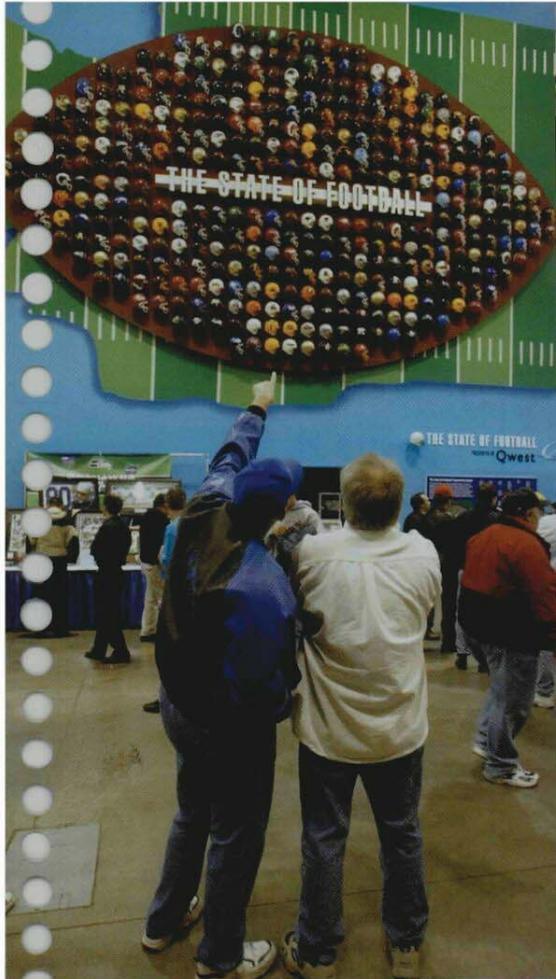


11:00 AM

GATES OPEN

- VISIT HELMET WALL
- CUSTOMER SERVICE
- JR. FOOTBALL
- WELLS FARGO CLUB





SEAHAWKS SUNDAYS

11:30 AM

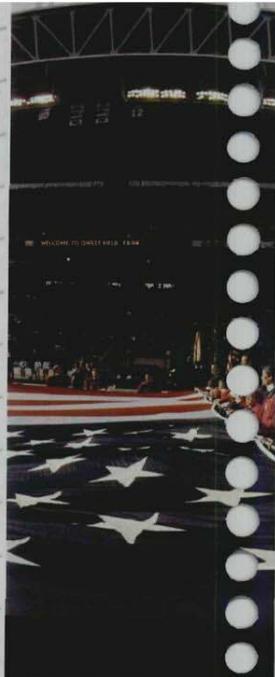
PLAYERS STRETCH

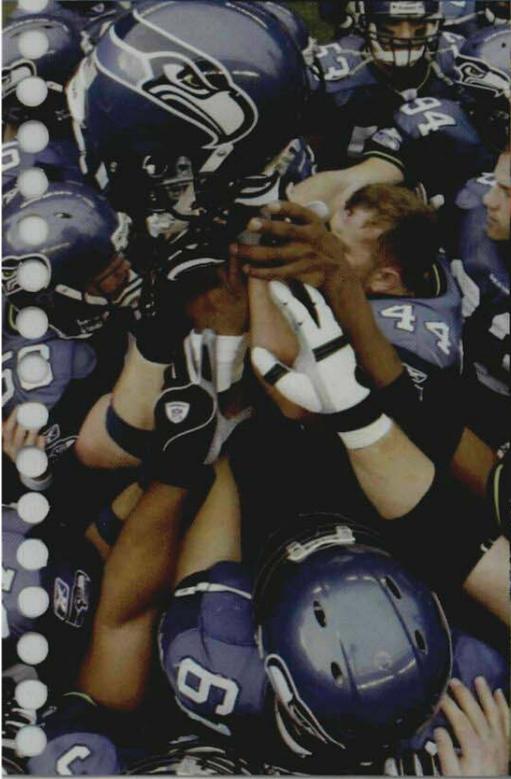
NOON PRE-GAME WARM-UPS

12:40 SEA GALS

12:45 BLUE THUNDER

12:56 NATIONAL ANTHEM





12:57 AM

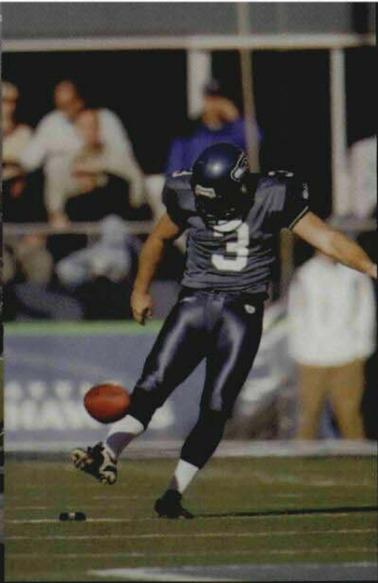
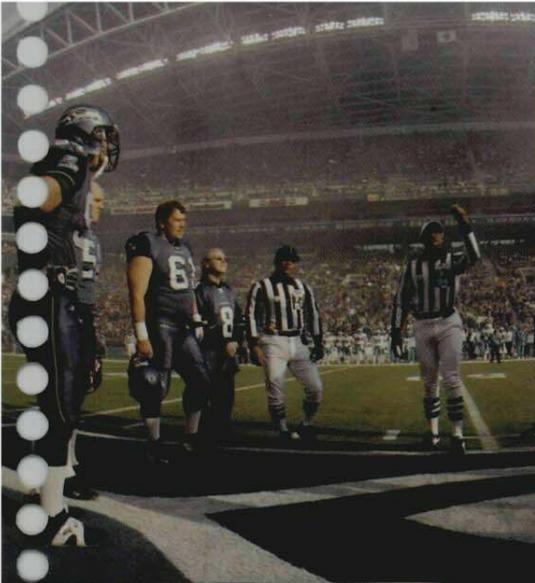
PLAYER INTRODUCTIONS

1:00 COIN TOSS

1:03 12<sup>th</sup> MAN FLAG

1:05 KICKOFF



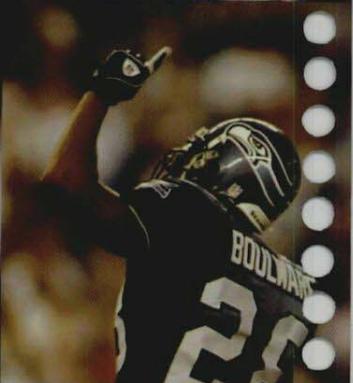
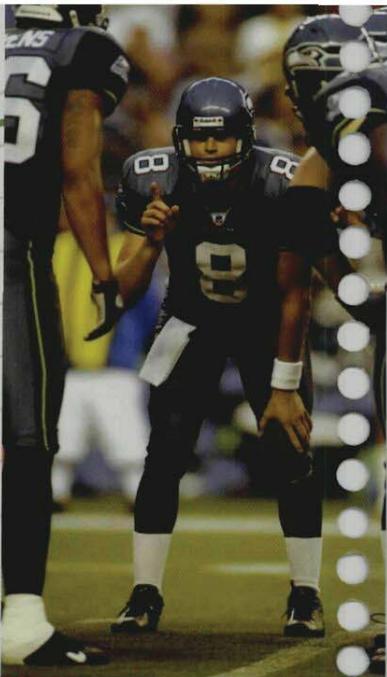


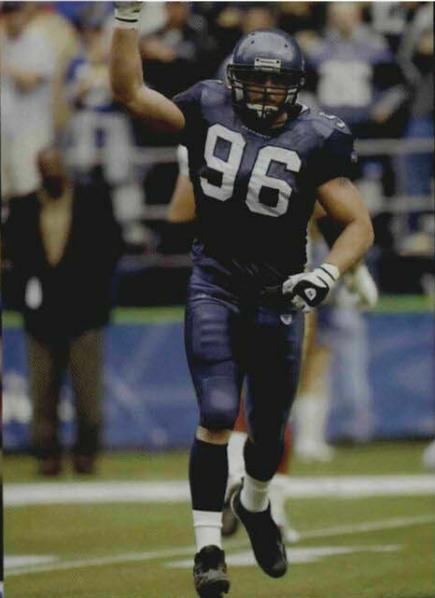
SEAHAWKS SUNDAYS



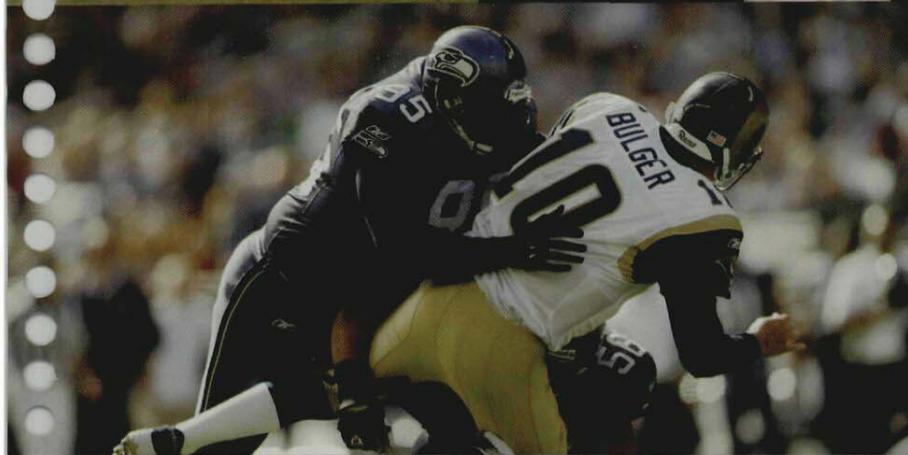
# THE GAME

- PASSION
- EMOTION
- COMMITMENT



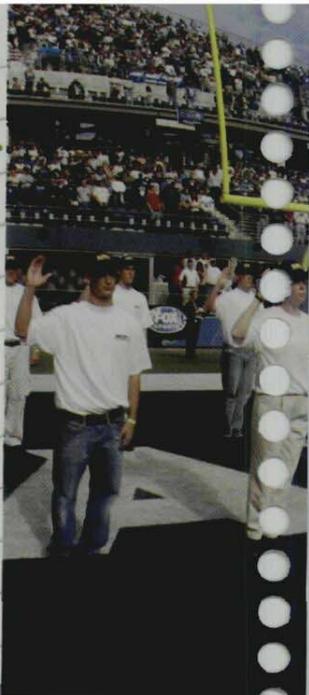


SEAHAWKS SUNDAYS



SPECIAL PROMOTIONS

- RING OF HONOR
- COMMUNITY QB
- MILITARY RE-ENLISTMENTS



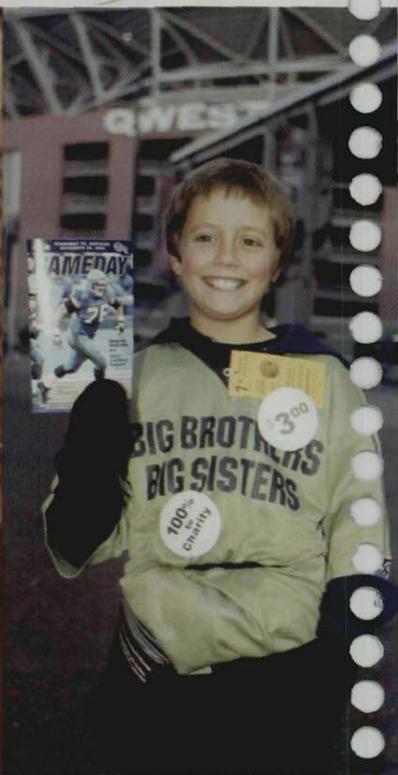


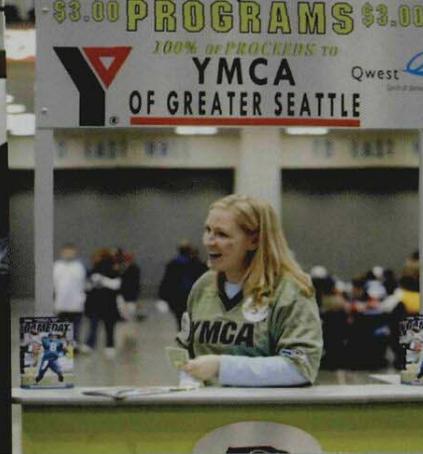
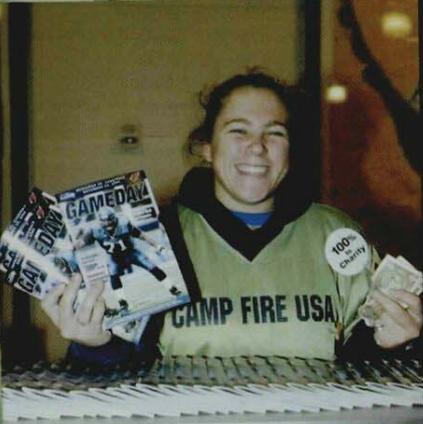
SEAHAWKS SUNDAYS



# BLUE RIBBON PARTNERS

The Seahawks will once again team up with four Blue Ribbon Partners to help sell and distribute Gameday Magazine before each regular-season home game. Big Brothers Big Sisters of King & Pierce Counties, Camp Fire USA Central Puget Sound Council, Treehouse and YMCA of Greater Seattle all participated last season and collectively raised over \$241,000 after the Paul G. Allen Family Foundation matched funds up to \$25,000 per organization.





# AND EVERY OTHER DAY

*The Seattle Seahawks hard-driving dedication to succeed on the football field is indicative of the attitude taken towards work in the community.*

*The goal of the organization is to have an impact on those who are less fortunate, focusing on developmental programs for youth, especially academic and athletic programs.*

*Following are some of the programs developed by the Seahawks, all of which have the intent of creating a positive impact in the community.*

## CAPTAINS' BLITZ

The holiday season is a difficult time for many families who have children or loved ones in the hospital. Since 1978 during the holiday season, the Captains' Blitz program has been encouraging to folks who are going through some tough times. Seahawks players, Sea Gals and Blitz help to put smiles on the faces of those who are hospitalized by visiting them and spreading holiday cheer. This past year, the Seahawks visited patients at Children's Hospital and the Fred Hutchinson Cancer Research Center and patients at the University of Washington Medical Center.

Players participating in last year's events included Brock Huard, Orlando Huff, Ken Lucas, Floyd Womack, Marcus Trufant, D.D. Lewis, Jerheme Urban, Taco Wallace and Cedric Woodard.



*Taco Wallace, D.D. Lewis and Sea Gals Shyla and Sarah pose for the camera before visiting patients during Captains' Blitz.*

## COMMUNITIES IN SCHOOLS 'FIRST & GOALS LUNCHEON'

Setting goals in school is easy, but actually achieving those goals is a challenge in itself. Since 1995, the Sea-

hawks have teamed up with Communities in Schools to host a luncheon for 800 school children from the Puget Sound Region who have set and achieved personal goals. The students are recognized for accomplishing short-term personal improvement goals in academics, attendance, behavior, and/or community service since the school year began. The luncheon also gives the students the opportunity to meet and interact with numerous Seahawks players and Sea Gals.

Players in attendance at last year's event included Josh Brown, J.P. Darche, Ken Hamlin, Ryan Hannam, Joey Hollenbeck, Christian Mohr, Curtis Randall, Tom Rouen and Jason Willis. (Pictured left)





**BOEING**  
**GREATER SEATTLE CLASSIC**

The PGA Tour's Champions Tour, Seattle community leaders and the Tournament Players Club (TPC) at Snoqualmie Ridge in 2004 announced plans for a new addition to the tour. In June 2005, the Boeing Greater Seattle Classic was introduced and will be played at the TPC facility August 19-21. A full week of golf is scheduled leading up to the

Champions tournament which begins on Friday, August 19. The NFL Alumni, in partnership with the Seahawks, will host the Rumble at the Ridge Charity Golf Classic. The event will feature NFL Hall of Famers to include Steve Largent, Lynn Swann, Jack Youngblood, Gene Upshaw

 **The Wells Fargo Pro-Am**

among others. Seahawks' Ring of Honor members will also be present, including Jacob Green (pictured right). The Rumble at the Ridge kicks off the week on Monday, August 15, followed by a Champions clinic on Tuesday. The Wells Fargo Pro-Am covers Wednesday and Thursday, while the First Tee of Greater Seattle is scheduled to host the Fourth Annual Swing for Kids Tournament on Monday, August 22. The beneficiary of the Boeing Greater Seattle Classic will be The Heart Institute at Virginia Mason Medical Center. Boeing's partnership ensures the tournament will raise millions of dollars over the next four years. The Heart Institute is widely recognized for excellence in cardiac care, serving patients throughout the Northwest and Alaska. J. Michael Rona, president of Virginia Mason Medical Center, and Tod Leiweke, chief executive officer of the Seattle Seahawks, will serve as co-chairmen of the Classic.

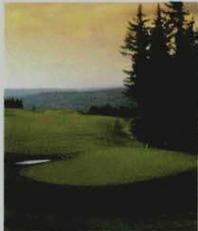
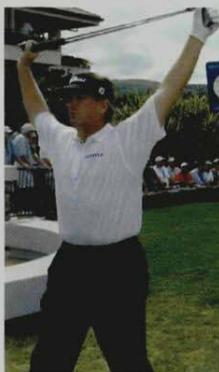
**TEAM**  
**VIRGINIA MASON**  
**MEDICINE**



  
**CHAMPIONS**  
**TOUR**  
Official Champions Tour Event

**TPC**  
**SNOQUALMIE**  
**RIDGE**

**NFL**  
**ALUMNI**  
*Caring for Kids*





*Linebacker Niko Koutouvides rakes up some leaves at the Seahawks Leadership Academy.*

### PETE GROSS HOUSE

The Pete Gross House, which opened in November of 1999, is a 69-unit apartment complex providing housing for families undergoing treatment at the Fred Hutchinson Cancer Research Center. The Pete Gross House is also the location of the Hutch School, a fully accredited K through 12 school for cancer patients and their siblings.

This housing project is named after Pete Gross, the Seahawks play-by-play announcer from 1976-92, who succumbed to cancer in 1992 just three days after being inducted into the Seahawks Ring of Honor. The Seahawks took a very active roll in seeing this project through to completion and annually hold the "Pete Gross House Luncheon" to raise funds for the continued upkeep of the facility. The apartments have been at capacity since this housing development opened.



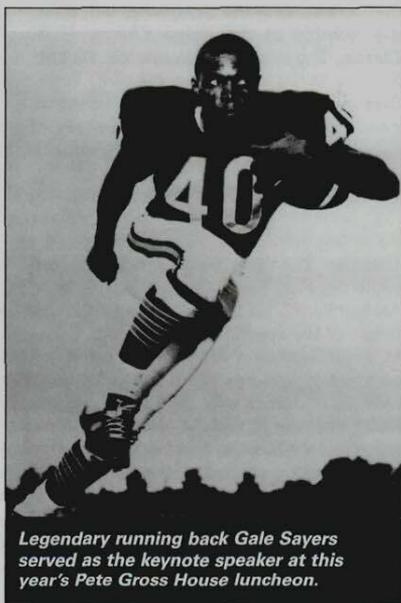
*Mack and Zoe Strong served as the keynote speakers for the Dinner/Auction for the second consecutive year.*

### HOMETOWN HUDDLE

In a league-wide day of community service called Hometown Huddle, all 32 NFL teams participate in a project that benefits a local United Way agency. Last year's project benefited Habitat for Humanity. The Seahawks landscaped the Seahawks Leadership Academy's new downtown Seattle location. Volunteers worked in two shifts, one in the morning and another in the afternoon.

Last year was the sixth year the Seahawks participated in the program. Players that participated were Jordan Babineaux, Solomon Bates, Terreal Bierria, Niko Koutouvides, Ken Lucas, Marquand Manuel, Curtis Randall, Jerheme Urban, Seneca Wallace and Taco Wallace.

Blitz, Sea Gals and 12 members of the Seahawks staff also took part in the project.



*Legendary running back Gale Sayers served as the keynote speaker at this year's Pete Gross House luncheon.*

### SEAHAWKS COURAGE HOUSE

Childhaven, an organization designed to assist abused or neglected children five years old or younger, was named the Seahawks Courage House in 1999. Last year, the team held the third-annual Seattle Seahawks Dinner/Auction to benefit Childhaven. The event was held in the Stagecoach Restaurant at Qwest Field and raised approximately \$157,000 for Childhaven's Capital Campaign.

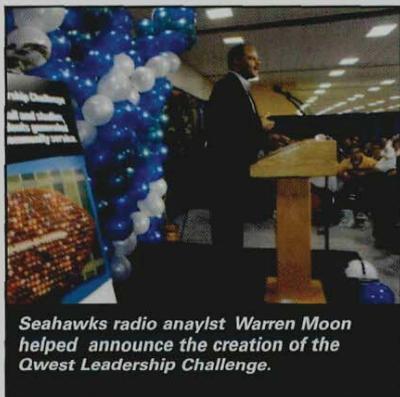
## YOUTH FOOTBALL

### STATE OF FOOTBALL

The Seahawks and Qwest Communications unveiled the "State of Football" at Qwest Field in September 2004 to honor the rich tradition and legacy of high school football in the State of Washington.

The helmet wall features replica helmets from all 331 Washington State high school football programs.

On hand to help with the official unveiling and to represent their state high schools were Marcus Trufant, Jack Thompson, Michael Jackson and Mike Alcantera, who all spoke to the significance of high school football and the tribute that is made by the Helmet Wall to the hard working high school student athletes. Also speaking were Seahawks CEO Tod Leiweke and Qwest's Washington State President Kirk Nelson.



*Seahawks radio analyst Warren Moon helped announce the creation of the Qwest Leadership Challenge.*



### GATORADE JR. TRAINING CAMPS

The Seahawks have made a commitment to the athletic improvement and life skills development of the youth of the Pacific Northwest by holding football camps at a number of locations throughout the region. These four-hour camps, free to all boys and girls ages 8-15, feature numerous Seahawks players and area high school coaches who teach basic football skills to all participants.

Camps are scheduled during the summer months and are held in Seattle and various cities in Central and Eastern Washington.

### QWEST LEADERSHIP CHALLENGE

The Seattle Seahawks and Qwest offer the "Qwest Leadership Challenge" as leadership development program for high school football athletes. The program promotes and inspires involvement in charitable causes and rewards community service. Over 20,000 Washington students from 335 schools are engaged in high school football each fall, and this program could generate 13,000 hours of community service.

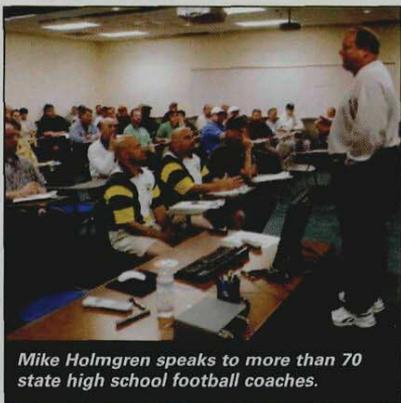
For further information contact the Seahawks at (425) 827-9777.



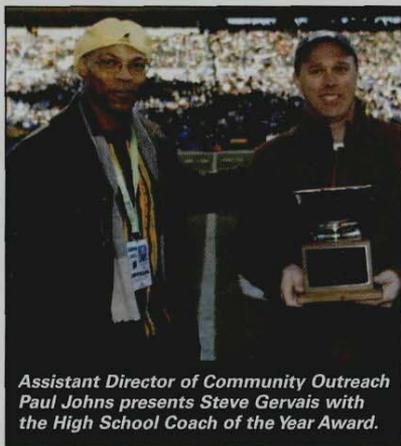
*Young participants run through drills at Qwest Field in one of many Gatorade Jr. Training Camps*

## GATORADE HIGH SCHOOL COACHES CLINIC AND GOLF TOURNAMENT

High School football coaches from around the state traveled from as far as Soap Lake and Willapa Valley to attend the Seahawks/Gatorade Coaching Clinic on June 10 held at the Seahawks Kirkland training facility. Seventy eight coaches from around the state representing 39 schools joined the Seahawks coaching staff for a day of instruction. Head Coach Mike Holmgren, running backs coach Stump Mitchell, strength and conditioning coach Mike Clark and quarterbacks coach Jim Zorn joined President Tim Ruskell to share their expertise. Ruskell shared his thoughts on why high school football programs are vital to our communities.



*Mike Holmgren speaks to more than 70 state high school football coaches.*



*Assistant Director of Community Outreach Paul Johns presents Steve Gervais with the High School Coach of the Year Award.*

## HIGH SCHOOL COACH OF THE WEEK AND COACH OF THE YEAR

In a program supported by the NFL, the Seahawks honor a local high school football coach each week during the football season. The coaches are selected by the WIAA (Washington Interscholastic Athletic Association) and winners are honored in a pregame ceremony at a home game at the end of the season. Each coach receives \$100 savings bond from Sterling Savings Bank, an Outback Steakhouse gift certificate, and a game ball signed by Coach Holmgren. The Coach of the Year also receives two round-trip tickets on Alaska Airlines, as well as the Jim Ennis Award.

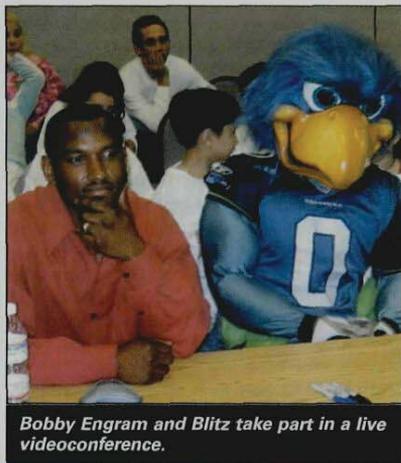
This past season, Steve Gervais of Skyline High School in Issaquah, Wash. was named the Seahawks High School Coach of the Year after his team posted a 12-2 record and advanced to the Class 4A Championship game.

## READY, SET, GOALS

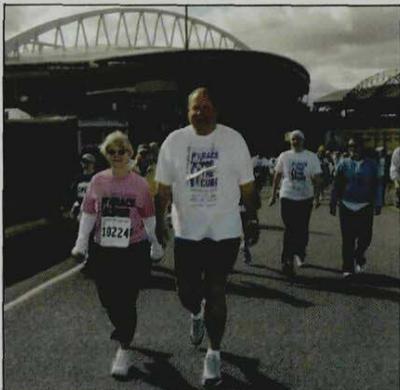
Ready, Set, Goals is the Seahawks literacy program. Presented by Wells Fargo Bank, this program is designed to enhance reading comprehension, writing and goal-setting skills in third through sixth grade students. More than 500 classrooms throughout the state of Washington participate in the program.

Created in partnership with the Office of Superintendent of Public Instruction in 1999, Ready, Set, Goals brings Seahawks players and Blitz directly into participating classrooms. Each month during the school year, a player writes a story based around a goal he had set and achieved. The students then write stories about their own personal goals.

Five classrooms are chosen each month to participate in a live videoconference with the Seahawks player of the month. Participating players included Steve Hutchinson, Marcus Trufant, Grant Wistrom, Bobby Engram, Josh Brown and Mack Strong.



*Bobby Engram and Blitz take part in a live videoconference.*



**Head Coach Mike Holmgren started the Race for the Cure and then joined his wife, Kathy, for the three mile walk.**

## SUSAN G. KOMEN, RACE FOR THE CURE

The Komen Seattle Race for the Cure is a benefit to raise funds for the Puget Sound Affiliate of the Susan G. Komen Breast Cancer Foundation. Every year 15,000 team members and individuals will gather to walk, run, enjoy entertainment, and sample treats from race sponsors. Breast cancer survivors will be celebrated, and the memory of those whose lives have been lost to the disease will be honored. Funds raised support breast cancer screening programs, educational outreach, treatment projects and cutting edge research programs.

There is an event for everyone: a 1k coed walk, a 5k co-ed walk, a 5k competitive co-ed run, a 5k competitive women's only run, a fun kids' race, and new this year - Sleep in for the Cure!

The Seahawks are proud to be a large contributor and partake in this great event.

## RACE FOR PAT

Seahawks wives turned out in force to lead "Race for Pat" on Saturday, November 6, at Marina Park in Kirkland, WA. The three-mile walk was organized by Sarah Hasselbeck to benefit the Pat Tillman Foundation, named after the former Arizona Cardinals star who was killed in action in Afghanistan in April of 2004. Twenty-five members of the Washington State Police Corps ran in unison during the event, joining a number of others. The event raised \$4,030 for the Foundation.

A Race for Pat occurred in every NFL city during the season. All the proceeds went to the foundation whose Leadership through Service Program gives individuals the tools, know-how, confidence and desire to reach their full potential as a leader.

Tillman gave up his NFL career and joined the Army in July of 2002, sensing a higher calling than football. His words after the September 11 attacks speak for themselves...

"At times likes this you stop and think about just how good we have it, what kind of system we live in, and the freedoms we are allowed. A lot of my family has gone and fought in wars and I really haven't done a damn thing."

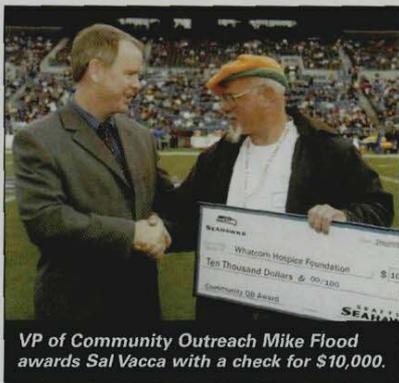


**The players wives' planned and coordinated a great event.**

## COMMUNITY QUARTERBACK AWARD

To recognize the thousands of incredible volunteers throughout the country, the NFL developed the Community Quarterback Award that pays tribute to six outstanding volunteers in each of the 32 NFL markets. The Seahawks had the difficult job of choosing six volunteers from nearly 100 applicants. Five finalists were chosen and each received a \$2,000 grant. One individual then was selected as the Seahawks Community Quarterback Award winner and received \$10,000 for their charity.

The 2004 Seahawks Community Quarterback Award winner was Sal Vacca of the Whatcom Hospice Foundation in Bellingham, Washington.



VP of Community Outreach Mike Flood awards Sal Vacca with a check for \$10,000.



## SPECIAL OLYMPICS FOOTBALL CLINIC

"Let me win; but if I cannot win, let me be brave in the attempt." This is the oath of the Special Olympics athletes and one which 100 hard-working and fiercely competitive athletes who are mentally and physically disabled take to heart when they participate in a football camp held by the Seahawks. During the one-hour clinic, held at the Seahawks practice facility, these athletes test their skills against Seahawks players who serve as coaches and mentors.



# SEATTLE SEAHAWKS

**QUICK FACTS**  
[www.Seahawks.com](http://www.Seahawks.com)

**Kirkland Headquarters**  
 11220 NE 53rd Street  
 Kirkland, WA 98033  
 425/827-9777  
 PR Fax 425/893-5108

**Qwest Field**  
 800 Occidental Ave S  
 Seattle, WA 98134  
 206/381-7555

**Marketing & Sales**  
 Suite 100  
 206/381-7800

**Pro Shop**  
 Suite 300  
 206/682-2900  
 Fax 206/808-8314

**Season Tickets**  
 Suite 500  
 1-888-NFL-HAWK  
 Fax 206/381-7857

**Box Office**  
 Suite 600  
 206/381-7889  
 Fax 206/381-7832

## GAMEDAY INCENTIVE PROGRAMS

### STATS FOR KIDS

*Throughout the football season, there are a number of ways in which players can benefit local charities by raising their level of performance on the field. Programs have been developed that team charities with sponsors who donate money based on game day performances. The program earned a grand total of \$283,085. Listed below are the programs which were in place during the 2004 football season:*

#### FIRST DOWNS FOR KIDS

For every Seahawks first down, a donation was made to Boyer Children's Clinic. The program raised \$20,000.

#### TAKEAWAY CANCER

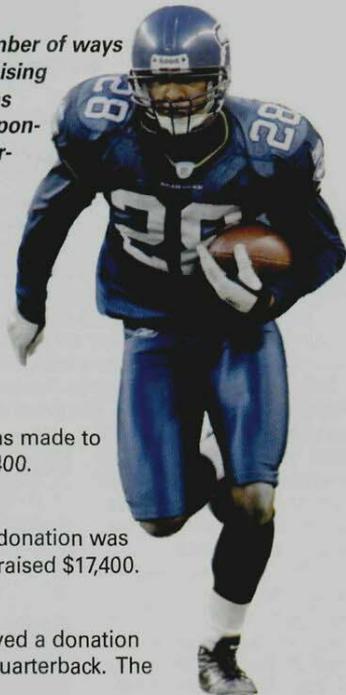
For every Seahawks takeaway, a donation was made to the Pete Gross House. The program raised \$10,400.

#### TOUCHDOWNS FOR CHARITY

For every Seahawks offensive touchdown, a donation was made to Big Brothers Big Sisters. The program raised \$17,400.

#### SACK ATTACK

The Boys & Girls Clubs of King County received a donation every time the Seahawks sacked the opposing quarterback. The program raised \$30,400.



#### RUN FOR THEIR FUTURE

A donation was made to the Seahawks Academy for every Seahawks rushing yard. The program raised \$34,000.

#### CATCHES FOR KIDS

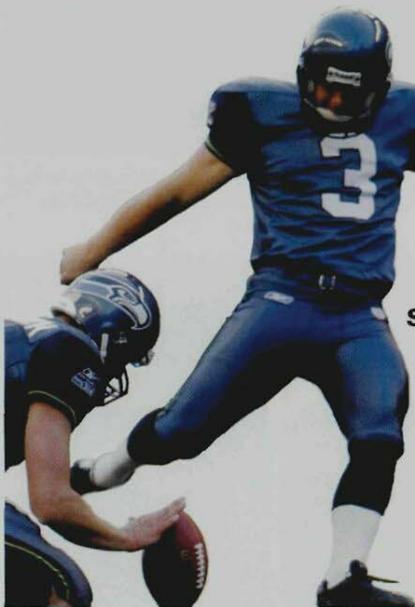
Childhaven received a donation for every Seahawks reception. The program raised \$31,700.

#### SPECIAL KICKS - FIELD GOALS & PUNTS

For every successful field goal and punt landing inside the 20-yard line, a donation was made to Camp Fire USA. The program raised \$136,600.

#### TACKLES FOR WISHES

Make-A-Wish Foundation received a donation for every Seahawks tackle. The program raised \$2,585.





A Communities In Schools Partnership

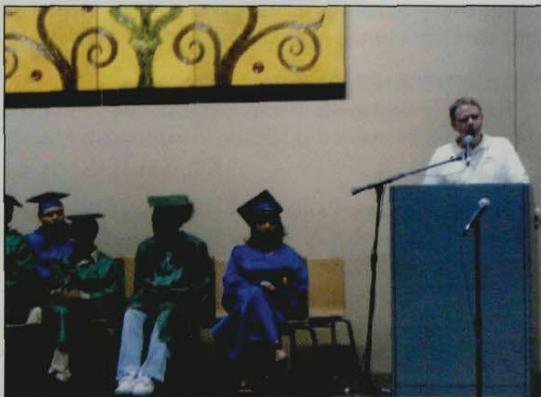
## DELIVERS HOPE AND COMMITMENT

The Seahawks Leadership Academy, founded in 1997, is a collaborative venture between Seattle Public Schools and Communities In Schools of Seattle. The Academy, located in downtown Seattle at Mercer Middle School, provides a special caring community for middle school students. Emphasis is placed on discipline as well as one-on-one encouragement, to promote academic success in children who have struggled in other school programs.

Students, who wear Seahawks Leadership Academy uniforms, must commit to strict behavior contracts signed by the student and parents. The Academy's policies foster positive expectations and a "Seahawks Leadership Academy culture," teaching students to respect each other, teachers and themselves. Teachers emphasize individual instruction while insisting on adherence to school rules. The thrust of the program is that every child must believe that he or she can succeed in school and in society by taking responsibility for their actions, applying themselves and cooperating with teachers and peers.

The Seahawks and the Academy's other corporate partners provide financial support to the school, as well as mentors for the students. Seahawks players visit with the students, encouraging them to succeed academically and socially. Darrell Jackson has provided game tickets and the Seahawks provided promotional items as incentives for positive behavior.

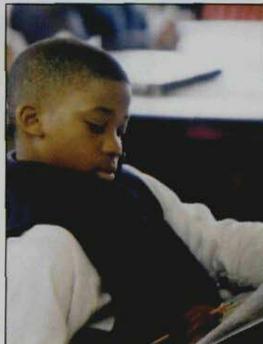
Community and national leaders have also spent time with the students, including former Washington Governor Gary Locke, and United States Secretary of Education Dr. Rod Paige.



*The 2005 Seahawks Leadership Academy graduating class.*



*D.J. Hackett, Paul Johns and Josh Brown join the Sea Gals to serve pizza at the Seahawks Leadership Academy Pizza Party.*



## SEAHAWKS PLAYER FOUNDATIONS



### SHAUN ALEXANDER FAMILY FOUNDATION

The Foundation's mission is to be the answer to families' and youth's deepest prayers. Through youth rallies, motivational camps and financial aid, the Foundation strives to give that little something extra to those who need a helping hand.

Website: [www.shaunalexander.org](http://www.shaunalexander.org)



### THE MATTHEW HASSELBECK FOUNDATION

The Matthew Hasselbeck Foundation strives to assist the community in meeting its educational, social and health needs by offering unique resources, experiences and financial support to local charitable organizations.



### TRUFANT FAMILY FOUNDATION

The Trufant Family Foundation wishes to make a lasting impact on the community that is positive and motivating. We want our family and the people who volunteer their assistance to understand the importance of giving to others and to experience the satisfaction of helping others.

Website: [www.trufantfamilyfoundation.com](http://www.trufantfamilyfoundation.com)



### GRANT WISTRUM FOUNDATION

The Grant Wistrom Foundation works to positively affect the lives of children, especially those with cancer, through fun and recreational activities. With these efforts, the foundation provides the opportunity for friendships and personal growth. Founded in 2002.

Website: [www.grantwistrom.net](http://www.grantwistrom.net)



### WUNSCH FAMILY FOUNDATION

The Wunsch Family Foundation provides children with cancer and chronic blood disorders emotional, motivational and memorable experiences through supportive and empowering opportunities.

Website: [www.wunschfamilyfoundation.org](http://www.wunschfamilyfoundation.org)



### DARRELL JACKSON FAMILY FOUNDATION

The Darrell Jackson Family Foundation is a non-profit organization dedicated to being an influential partner of the community. Our mission is two-fold; to continue a family legacy that reinforces values and instills a deep-rooted self-awareness in our future leaders and delivering knowledge to the public that will advance the research in bringing an end to cancer.

## SEAHAWKS ALUMNI FOUNDATIONS



### THE AUGUST FOUNDATION

(Steve August)

### BLADES FOUNDATION

(Brian & Bennie Blades)

### CENTRAL AREA COMMUNITY FESTIVAL

(Vic Minor)

### CRESCENT MOON FOUNDATION

(Warren Moon)

### CURT WARNER AUTISM FOUNDATION

(Curt Warner)

### DAMIEN ROBINSON 4TH AND 1 SCHOLARSHIP FUND

(Damien Robinson)

### FAMILIES NORTHWEST

(Jeff Kemp)

### GEORGE F. HOAGLIN CHARITABLE FOUNDATION

(Fred Hoaglin)

### GEORGE KOONCE, SR. FOUNDATION

(George Koonce)

### GIK (GOD IS KING) FOUNDATION

(Derrick Fenner)

### GLENN FOLEY WINGS FOUNDATION

(Glenn Foley)

### JACOB GREEN CHARITY GOLF CLASSIC

(Jacob Green)

### JAYCEE'S CHILDREN TREATMENT CENTER

(Jacob Green)

### L.E.A.P

(Mike Pritchard)

### LIFE ATHLETES INC.

(Chris Godfrey)

### MAC'S MIRACLE FUND

(Michael McCrary)

### MARCUS ROBERTSON CHILDREN'S FOUNDATION

(Marcus Robertson)

### MYLES FOR KIDS FOUNDATION

(DeShone Myles)

### PRO ATHLETES OUTREACH

(Norm Evans)

### REGGIE MCKENZIE FOUNDATION

(Reggie McKenzie)

### RICKY WATTERS FOUNDATION

(Ricky Watters)

### ROBERT PENCHION FOUNDATION

(Robert Penchion)

### ROBINSON FAMILY FOUNDATION

(Eugene Robinson)

### TD4HIM

(Trent Dilfer)

### THE RUBY SHELMON FOUNDATION

(Clarence Shelmon)

### S.M.A.R.T. STUDENTS, INC.

(Doug Hollie)

### TALON FOUNDATION

(Byron Franklin)

### TIMOTHY HILL CHILDREN'S RANCH

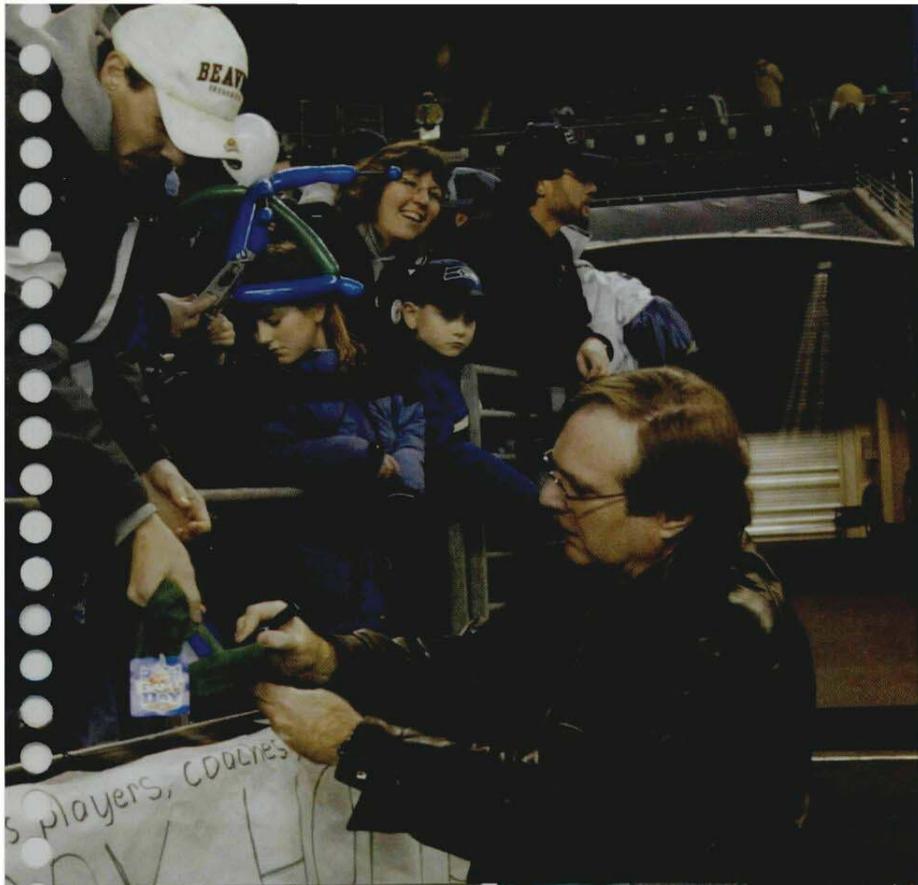
(James Hill)

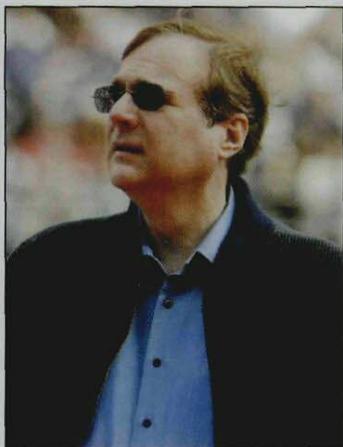
### TOM FLORES YOUTH FOUNDATION

(Tom Flores)

### U.N.I SPORTS

(Alex Waits)



**PAUL G. ALLEN****CHAIRMAN, SEATTLE SEAHAWKS AND FIRST & GOAL INC.**

Growing up in the Northwest, Paul G. Allen's passion for football was kindled attending University of Washington football games as a youth. As years passed, a fondness toward the Seahawks developed. When former ownership threatened to move the Seahawks to southern California in 1996, Allen acted on an opportunity to purchase the club and save pro football in Seattle. Along with the purchase came the vision of a new multi-functional stadium and exhibition hall. On June 30, 1997, the purchase was completed and secured that the future of the Seahawks would remain in the Great Northwest. "From the beginning of this process, my goals have been to work with the community to create a lasting asset for our future; and to ensure the long-term success of the Seahawks," said Allen at the time of purchasing the franchise. "Moving forward, our goals are to build a playoff caliber team and to create a world-class facility for the state of Washington." Both goals have been realized. In 2002, the vision of Seahawks Stadium and

Exhibition Center, renamed Qwest Field & Events Center in 2004, became reality. An open air facility which many critics argue is the best venue in the National Football League, Qwest Field is home to over 300 events annually ranging from soccer, to Supercross, concerts, graduation ceremonies, and trade shows. The Seahawks have also reached the postseason the last two seasons. "It exceeds the vision we had originally," Allen said shortly after the opening of the stadium. "We had a bunch of goals about trying to create a really intimate stadium that would be great for the fans, to have elegant architecture, and I think we've ended up with a fantastic facility." An investor and philanthropist, Allen creates and advances world-class projects and high-impact initiatives that change and improve the way people live, learn, work and experience the world through arts, education, entertainment, sports, business and technology. He co-founded Microsoft with Bill Gates in 1976, remained the company's chief technologist until he left Microsoft in 1983, and is the founder and chairman of Vulcan Inc., and chairman of Charter Communications. In addition, Allen's multibillion dollar investment portfolio includes large stakes in DreamWorks SKG, Oxygen Media and more than 50 other technology, media and content companies. Allen also owns Portland Trail Blazers NBA franchise. Raised in the Pacific Northwest, Paul Allen has been named one of the top 10 philanthropists in America, and is committed to giving back to communities in the region he still calls home. The Paul G. Allen Family Foundation supports the work of effective nonprofit organizations involved in arts and culture, youth engagement, community development and social change, and scientific and technological innovation. Allen's foundation donated \$3.5 million to Northwest charities alone in 2004, including \$100,000 to the Blue Ribbon Partners who sell and distribute game programs at Seahawks home football games. Allen also contributed \$1.5 million to tsunami relief in southeast Asia. Inspired by growing up in the era of the "space race," with its Mercury, Gemini, and Apollo missions, Allen underscored his passion for rocketry by sponsoring the development of SpaceShipOne, the first privately funded spacecraft to successfully attain suborbital space. SpaceShipOne won the Ansari X-Prize in 2004. Allen is founder of Experience Music Project, Seattle's critically-acclaimed interactive music museum, and the Science Fiction Experience Museum. Using "what has been" as a launching pad, they are encouraged to use inspiration to develop and apply their own version of "what might be." Allen also founded Vulcan Productions, the independent film production company behind Todd Haynes' *Far From Heaven*, the 2001 "Evolution" series on PBS, and "The Blues," executive produced by Martin Scorsese in conjunction with Allen and Jody Patton. Learn more about Allen online at [www.vulcan.com](http://www.vulcan.com).

**JODY PATTON****PRESIDENT & CEO, VULCAN INC.**

Since co-founding Paul G. Allen's management company with Allen in 1986, Patton has developed and led a wide variety of Allen's business, charitable and entertainment endeavors. In addition to serving as a senior advisor to Allen and directing the ongoing strategic and corporate development of the organization and its broad portfolio of projects and investments, Patton's responsibilities include serving as president of Vulcan Productions (the independent film production company of Far From Heaven and Evolution acclaim), vice-chair of First & Goal Inc. (the developer and manager of Qwest Field and Events Center), and executive director of Experience Music Project, Seattle's one-of-a-kind interactive music museum that opened in 2000 to international critical acclaim. In addition, Patton serves as executive director of the Paul G. Allen Family Foundation, which supports nonprofit organizations focused on making positive and measurable change in the Pacific Northwest. Prior to Vulcan, Patton served in

*various capacities in the business and nonprofit worlds, including doing development work for the Pacific Northwest Ballet. An active member of the arts and education communities, Patton serves on the board of directors of the University of Washington Foundation, the International Glass Museum, the Oregon Shakespeare Festival and the Theatre Communications Group, as well as the advisory board of Meany Hall and the Los Angeles Independent Film Festival.*

**SEATTLE SEAHAWKS  
BOARD OF DIRECTORS**

**PAUL G. ALLEN**  
Chairman, Seattle  
Seahawks, First & Goal



**BUSTER BROWN**  
Vice President, CFO  
Vulcan Inc.



**HOON CHO**  
Managing Director,  
Private Equity, Vulcan  
Capital



**BERT KOLDE**  
COO, Digeo



**STEVE PATTERSON**  
President, Portland  
Trail Blazers



**JODY PATTON**  
President & CEO,  
Vulcan Inc.

**TOD LEIWEKE****CHIEF EXECUTIVE OFFICER**

Tod Leiweke is in his third year with the Seattle Seahawks after being named to the position in June 2003. The 2005 season is Leiweke's 23rd season in professional sports. Leiweke serves as Chief Executive Officer for the Seattle Seahawks and assumes responsibility for all business operations, sales and marketing, sponsorship, administration and operations functions of the club. In addition, he oversees First and Goal Inc., the organization that manages Qwest Field and Event Center for the state of Washington. Before joining the Seahawks, Leiweke served as President of the Minnesota Wild and Chief Operating Officer of Minnesota Sports & Entertainment (MSE). Under Leiweke's leadership the Sports Fans of America Association, Inc. awarded its 2003 NHL Sports Fan's Quality Award to the Wild as the league's "Fan Friendliest" team. In an ESPN survey conducted in 2003, the team was ranked number one for stadium experience and number two for fan relationships among 123 sports franchises. The Minnesota Wild played to sellouts for every game in each of its first three seasons. Leiweke's vision is a Seahawks organization that is committed on behalf of its fans to winning both on and off the field, and he believes in doing well by doing good. Leiweke was instrumental in forming the Blue Ribbon Partners. Teaming with Qwest Communications, the partnership benefits Big Brothers Big Sisters of King & Pierce Counties, Camp Fire USA, Treehouse, and YMCA of Greater Seattle. At the Minnesota Wild, he supported the development of the Wild's 10,000 Rinks Foundation which raised over \$1 million in cash and in-kind donations in its first year for youth hockey and other community groups. Prior to joining the Wild, he served as Executive Director of The First Tee organization which welcomed underprivileged youth into the world of golf through the development of golf facilities with a life skills curriculum. This past year over 400,000 young people entered First Tee facilities. Leiweke serves as a board member on a number of Washington based organizations including the Washington CEO Roundtable, YMCA of Greater Seattle, American Heart Association, and Space Needle. Tod was instrumental in launching the Boeing Greater Seattle Classic golf tournament and serves as Co-Chair of the Executive Committee. The tournament is committed to becoming a major annual fundraiser for the Virginia Mason Heart Institute. Leiweke has also held executive positions at Orca Bay Sports and Entertainment, the NBA's Golden State Warriors and the PGA TOUR. Leiweke, 45 (1/12/60), is a native of St. Louis, Mo. and is married, Tara, with two children, Tyler and Tori.



*Leiweke and President of Football Operations Tim Ruskell.*

## TIM RUSKELL

### PRESIDENT OF FOOTBALL OPERATIONS



Tim Ruskell begins his first season as the primary decision maker regarding all player and personnel decisions, including oversight of the club's pro and college scouting departments. Hired February 23, 2005, he was responsible for April's draft and landing high-caliber free agents LB Jamie Sharper and CB Andre Dyson to help bolster Seattle's defense. "From the beginning of this process we have sought, as our primary objective, someone with an eye for talent," said Paul G. Allen, owner of the Seahawks NFL franchise. "We wanted a professional who had a strong football record and who had a knack for getting talented players into the roster. Tim Ruskell is very well regarded and has clearly had success in recognizing and securing some of the top players in the league. Tim has also demonstrated an ability to communicate and motivate, and as president of football operations we believe Tim will solidify the football culture of the Seahawks. I look forward to working with him, Mike Holmgren, Tod Leiweke and the rest of the Seahawks staff and players as we continue to build a premier NFL organization in Seattle." A scouting veteran of more than 20 years, Ruskell most recently served 2004 as the Atlanta Falcons assistant general manager under highly regarded Falcons President and General Manager Rich McKay. Before joining the Falcons, he served 17 distinguished seasons in Tampa Bay where he began as a regional scout in 1987 before assuming the positions of director of college scouting (1992-2000) and later director of player personnel (2001-2003). In his only season with Atlanta, Ruskell assisted McKay in piecing together a roster that won the NFC South and earned a berth in the NFC Championship Game. This after the Falcons finished last in the conference with a 5-11 record the season before his arrival. "We had great success in the draft while we were in Tampa, due in large part to Tim and the players he would put up on the draft board and believe in," said McKay, who also worked with Ruskell in Tampa Bay. Ruskell helped build a team in Tampa Bay that earned postseason berths five of his final seven seasons, including two NFC Championship Game appearances and a Super Bowl XXXVII Championship. As director of player personnel in Tampa Bay, Ruskell was instrumental in providing the Buccaneers with a roster that sent seven players to the Pro Bowl in 2002. During his tenure in Tampa Bay, the Buccaneers had at least one player named to the Pro Bowl in each of the last eight seasons from 1996 through 2003. In 2000, the Buccaneers sent a league-high nine players to the Pro Bowl, including a league-best six starters. Ruskell originally joined the Buccaneers as a regional scout in 1987, a job he performed for four years before being promoted to director of college scouting in 1992. Prior to joining the Buccaneers, Ruskell served as the director of scouting for the USFL's Tampa Bay Bandits from 1985-1986. He also worked as a scout for the CFL's Saskatchewan Roughriders from 1983 through 1985. Ruskell is a University of South Florida alum with a communications degree that preceded a short career in radio. Ruskell and his wife, Linda, have a daughter, Samantha, and a son, Jack.



Head Coach Mike Holmgren and Ruskell talk football during mini camp.

## MARTHA FULLER

### CHIEF FINANCIAL OFFICER



Martha Fuller embarks upon her second year in the NFL as the Seahawks Chief Financial Officer. Her responsibilities are the financial oversight of First & Goal and the Seahawks, including budgeting, cash flow management, facilities expansion, financial reporting and analysis. Ms. Fuller also directs the organizations' political affairs and long-term strategic planning. Fuller, 42, came to Seattle after two years as Director of Planning & Economic Development for the City of St. Paul, overseeing the city's housing and economic development portfolio. In 1997, she was appointed the CFO of the NHL's Minnesota Wild, becoming the first female to hold that position in the league's history. At the Wild, she was responsible for negotiation of the Xcel Energy Center lease with the City of Saint Paul, related loan agreement with the State of Minnesota, various contracts relating to construction of the Xcel Energy Center, the purchase of the Minnesota Club building (home of the organization's offices), and the agreement under which an affiliate of the Wild manages the Xcel Energy Center and adjacent city convention facility. Fuller also developed and implemented the team's equity and debt financing arrangements, and oversaw the financial and legal transactions necessary for consummating the team's expansion agreement with the NHL. She began her career working for Arthur Andersen from 1984-1995, before moving on to become the Director of Finance for the City of St. Paul from 1995-97. A Board member of the Humane Society of Seattle/King County, Certified Public Accountant and summa cum laude graduate of Drake University, Fuller is married to Redmond, Washington Fire Chief Tim Fuller.

## SUSAN DARRINGTON

### VICE PRESIDENT/FACILITY OPERATIONS & SERVICES



Susan Darrington enters her second season as Vice President of Facility Operations and Services. In this role, she is responsible for all aspects relating to events, operations and services at Qwest Field. In 2004, Darrington was responsible for 277 events at Qwest Field and Events Center which was host to approximately 1.3 million people. Darrington originally joined First & Goal Inc. as Director of Event Operations in 2000, after working as an event coordinator at the Washington State Convention Center. She began her career in event operations at Sky Reach Centre in Edmonton, Alberta, Canada and has worked in facilities management in North America for 14 years. Darrington's experience includes coordinating all types of events – sporting, concerts, consumer shows and conventions – as well as managing hospitality services. She also worked in international sales for Eddie Bauer. Darrington holds a Bachelor's degree in Human Services Management from Western Washington University.

## MIKE FLOOD

### VICE PRESIDENT/COMMUNITY OUTREACH



Mike Flood enters his eighth season with the Seahawks after joining the staff on July 1, 1997. Flood served as Community Outreach Director for Football Northwest prior to joining the Seahawks. He helped spearhead the state-wide campaign that resulted in the passage of Referendum 48 to build the new football/soccer stadium and exhibition complex. A Seattle native, Flood attended Blanchet High School for three years before graduating from McLean High School in McLean, Virginia. He received a B.A. Degree in Industrial Education from Washington State University and a Masters Degree in Education from the University of North Carolina. Flood owned and operated an agricultural flying service in Fort Scott, Kansas, before joining the Coast Guard. He served as a pilot and Civil Engineering Officer in the Guard flying C130s, Dassault Falcon jets, and H60 Jayhawk helicopters. He managed Public Relations for the Coast Guard in Kodiak, Alaska. From 1994-1996 he was the Air/Sea Rescue Operations Officer for coastal Oregon and Washington. Flood retired as a Commander in 1996 after 20 years in the service. He and his wife Marty, have a son Dan and a daughter, Shannon.

## LANCE LOPES

### VICE PRESIDENT/CORPORATE PARTNERSHIPS/LEGAL AFFAIRS



Lance Lopes enters his fifth season with the Seahawks after being hired March 16, 2001. Lopes served as general counsel for the club before taking a leading role in corporate partnerships in 2003. Lopes oversees the organization's corporate partnerships as well as administering the overall legal affairs of the club. Prior to joining the Seahawks, he served seven years as general counsel for the Green Bay Packers from 1993-2000, adding the title of Assistant Vice President from 1998-99 and Vice President from 1999-2000. In 2000, he left the Packers to serve as Director of Corporate Development/Sports for Stub Hub, an internet-based secondary ticketing marketplace. Prior to working for the Packers, he worked at the

law firms Helsell, Fetterman, et. al in Seattle and Cades, Schutte, et. al. in Honolulu. A graduate from the University of Oregon School of Law in 1989, he obtained a bachelor's degree from Linfield College in 1985. A three-year starter at Linfield (Oregon), he played tight end on the 1982 and 1984 NAIA national championship football teams. Lance and his wife Mari have three children; Katie, Sydney and Peter.

## SCOTT PATRICK

### VICE PRESIDENT/PARTNERSHIP DEVELOPMENT



Scott Patrick enters his ninth season with the Seahawks and has made key contributions in growing revenues for an expanded corporate partnership department that is responsible for the sales and marketing of Qwest Field and Qwest Field and Events Center signage, Seahawks radio network, pre-season and other team television shows, print, Seahawks.com, cause marketing and special events such as training camp and Touchdown City. Patrick joined the Seahawks after 11 seasons with the Seattle Sonics, including the last five as the Sonics VP of Corporate Sponsorship and Broadcasting. Prior to the Sonics, he served as the tournament coordinator for both the LPGA SAFECO Classic and the Senior PGA GTE Northwest Classic, while working with Andersen Sports Marketing in Bellevue, WA.. While working for Don Andersen (the first pr director of the Seahawks), Patrick was responsible for regionalizing the University of Oregon's sports radio network, as well as developing syndicated coaches shows for the University of Washington (Don James), Washington State (Jim Walden) and the Seahawks (Chuck Knox). Patrick also served (1997-2001) as the Vice President of Corporate Sales for Action Sports Media, a Paul Allen affiliate company with marketing rights agreements for the University of Washington and Washington State University. A native of Ellensburg, Washington, Patrick has a B.S. degree in Communications from the University of Washington. He serves on the board of director for the Seattle Aquarium Society and is an 8 year practicum sponsor of the University of Washington Business Schools' Sales Program. He and his wife Ronda, live in Bellevue, Wash., with their two kids, Brooks and Bailee.

## MIKE REINFELDT

### VICE PRESIDENT/FOOTBALL ADMINISTRATION



Mike Reinfeldt, in his sixth season with the Seahawks, re-joined the Seahawks as a consultant February 3, 2005. He was named to his current position as Vice President of Football Administration by President Tim Ruskell March 24, 2005. Shortly after re-joining the team in February, Reinfeldt was instrumental in re-signing unrestricted free agents Matt Hasselbeck and Walter Jones. In his current role, Reinfeldt oversees player negotiations, the team's compliance with the NFL salary cap, and several aspects of the day-to-day football operation. Reinfeldt originally joined the Seahawks January 28, 1999, as Senior Vice President and worked in a similar role. He has played a lead role in coordinating the club's attempt to build the Seahawks a solid financial foundation within the NFL's salary cap. Reinfeldt joined the Seahawks after spending eight

seasons with the Green Bay Packers (1991-98). In addition to playing an instrumental role in bringing general manager Ron Wolf to the Packers in 1991, Reinfeldt served as the Packers'

Chief Financial Officer from 1991-93, adding the title of Vice President of Administration from 1994-98. Originally overseeing the team's player negotiations and financial operations, he added the responsibility of all non-football staff in 1994. Under his financial leadership, the club's cash reserves went from \$4.5 million in 1991 to more than \$50 million in 1998, setting record profits from 1996-98, while improving from 23rd in revenues in 1993 to ninth in 1997. From 1988-90, Reinfeldt served as the associate athletic director at the University of Southern California, after a three-year stint as the Los Angeles Raiders' chief financial officer (1985-87). Reinfeldt earned an MBA in management and finance from Houston Baptist University, after obtaining a bachelor of science degree from the University of Wisconsin-Milwaukee. A four-year starter at UWM, Reinfeldt recorded a school-record 24 career interceptions. Reinfeldt, a former all-pro defensive back began a nine-year playing career as an undrafted free agent in 1975 with the Oakland Raiders. He spent the next eight years with the Houston Oilers (1976-83) starting 102 consecutive games while leading the team in interceptions three times (1977, '79, '81). His finest season came in 1979, when he led the NFL with 12 interceptions and earned All-Pro honors, started in the Pro Bowl and was named Defensive Player of the Year in the AFC. In 1997, Reinfeldt was honored by his alma mater when he was presented with the UWM Alumni Association's Distinguished Alumnus Award. Reinfeldt and his wife, Susan, have two children- Jared Michael (1/29/94) and Elise Marie (3/9/95).

## JOHN RIZZARDINI

### VICE PRESIDENT/MARKETING/CUSTOMER SALES & SERVICE



John Rizzardini was hired August 22, 2003, to oversee all ticket and suite sales, advertising and branding, retail operations, game presentation and customer service aspects for the Seahawks. Rizzardini helped implement strategies in his first two seasons that resulted in 16 straight home sell-outs. He joined the club's front office after serving three years as Senior Vice President of Sales & Marketing for the National Hockey League's Vancouver Canucks and Orca Bay Sports & Entertainment. Prior to joining the Canucks, Rizzardini was Executive Vice President of the Los Angeles Arena Corporation, parent company of the Staples Center, the Los Angeles Kings and the Los Angeles Galaxy of Major League Soccer. His professional career began

with the Golden State Warriors where he served in a number of capacities from 1986 to 1995, including the last four as Vice President of Marketing and Ticket Sales. He is a graduate of Cornell College and holds a Masters Degree in Sports Management from Western Illinois. Rizzardini serves on the Boards of the Seattle Police Foundation and the Seattle Sports Commission.

## GARY WRIGHT

### VICE PRESIDENT/ADMINISTRATION



Gary Wright enters into his 29th season and his 17th as a vice president. Named to his current position in June 1995, after serving as Vice President/Administration and Public Relations since 1992. Wright, who originally joined the Seahawks in 1976, as director of publicity, was named public relations director in 1982 and added the title of vice president in 1987. Wright was chosen by Hall of Famer Steve Largent to be his presenter at Largent's July 1995 induction ceremonies. Wright has assisted the league's media relations staff at 19 Super Bowls. He spent two seasons prior to joining the Seahawks as the publicity director for the Southern California Sun of the World Football League and as league publicity director. Also served as vice president of operations for the Phoenix

Racquets of World Team Tennis. Wright was the sports information director at Long Beach State University and coached football and basketball while teaching history and journalism in high school after graduating from Long Beach State. Recently, he has instructed at the University of Washington in the Sports Management program. Gary and his wife, Ann have two grown sons, Larry and Steve, and a grandson, Owen, and granddaughter Fiona.

## WILL LEWIS

### DIRECTOR OF PRO PERSONNEL



Will Lewis joined the Seahawks football operations staff as the team's Director of Pro Personnel on May 20, 1999, following three years with the Green Bay Packers (1997-99) scouting department. With the Packers, he worked closely with Seahawks' Executive Vice President of Football Operations & Head Coach Mike Holmgren. From 1998-99, Lewis served as the Packers' Assistant Director of Pro Personnel, following one year as a pro scout. Prior to his work with the Packers, Lewis was a defensive assistant coach for the Atlanta Falcons, under June Jones, from 1995-96. Lewis, signed by the Seahawks as an undrafted free agent cornerback in 1980, out of Millersville State (Pa.), played in 26 games returning 45 kickoffs for a 21.4-yard average and 56 punts for an 8.0-yard average, including a 75-yard touchdown, as a rookie versus the Denver Broncos. Following his Seahawks career, Lewis played three seasons with the Houston Gamblers of the USFL from 1983-85, and three seasons (1986-89) in the Canadian Football League. Lewis began his coaching career in the NFL Europe League with the New York/New Jersey Knights from 1991-92. He also coached defensive backs at his alma mater, Millersville State, from 1992-93, before brief stints at the University of Maine (1994) and the University of West Virginia (1995). Lewis and his wife, Kimmerly, have three sons; Ryan (4/15/94), and twins Drew & Troy (9/7/95) and a daughter Krysta.

## JAY NIENKARK

### DIRECTOR OF PLAYER ADMINISTRATION



Jay Nienkark begins his second season with the Seahawks where he assists in overseeing the day-to-day management of the salary cap while assisting with player contract negotiations. Nienkark previously spent 12 seasons with Arizona, the last 10 as the Cardinals "capologist." He served as an assistant in the football personnel department from 1992-2001, and was Director of Player Administration from 2002-03. Nienkark worked closely with former Cardinals general manager and former Seahawks GM Bob Ferguson from 1997-2003. With the Cardinals Nienkark also served as the Cards' training camp coordinator and was one of seven members of the NFL Management Council's Club Services Committee, which has helped develop new systems for player contract reporting salary cap management, and information. Born and raised in Lost Nation, Iowa, population 500, Nienkark served in the U.S. Air Force from 1986-90. Prior to joining the NFL, he held positions with Lamson (Ariz.) Junior College, Valley National Bank, and Circle K Corporation. Nienkark holds an associate's degree in applied science in microcomputer operations from Lamson. He and wife, Julie, have two daughters, Brooke and Lauren.

## LAKE DAWSON

### ASSISTANT DIRECTOR OF PRO PERSONNEL



Lake Dawson is entering his fifth season with the Seahawks and first season as assistant director of pro personnel. In his current position he assists with overseeing the pro personnel department, various day-to-day administrative football operations duties including the tracking of NFL player movement. He serves as one of the team's advance scouts for upcoming opponents, assists with matters pertaining to the league's salary cap and players' free agency period. He helps with the team's preparation for the annual NFL draft as well as provides crosscheck evaluations for selected college prospects. Dawson serves as a pro scout at all levels of professional football, including NFL Europe, CFL and the Arena League. Prior to joining the Seahawks front office, he was a standout starting receiver in the NFL for five seasons after being drafted in the third round of the 1994 NFL Draft by Kansas City where he played from 1994-98. He played two seasons for the Indianapolis Colts (1999-2000). Received his B.A. from the University of Notre Dame and is currently working towards a graduate degree. Dawson is a local product of Federal Way, Wash., and a 1990 graduate of Federal Way High School. Resides with his wife, Lori, and three children Bella (4), Myles (3) and Leila (1).

**SCOTT FITTERER****WESTERN REGION DIRECTOR OF COLLEGE SCOUTING**

Scott Fitterer joined the Seahawks staff on June 25, 2001, as an area scout. He begins his first season as the club's western region director of college scouting. He will coordinate the Seahawks scouting effort in the western part of the United States. Spent the previous three seasons with the New York Giants, 1998-99 as a part-time scout before being assigned to the West Coast region for the 2000 season. Was a 1995 draft pick of the Toronto Blue Jays and worked his way up to Double-A ball as a closer in the Blue Jays farm system (1995-97) before his promising career was ended by three shoulder injuries that resulted in three separate surgeries.

Was a two-sport athlete in college, playing quarterback in football and pitcher in baseball at UCLA (1992-94) and LSU (1994-95). He was second-string quarterback on the 1994 UCLA Rose Bowl team. In 1998, Fitterer returned to UCLA to earn his undergraduate degree in history. Born in Seattle on 11/4/73, he is a graduate of Kennedy High School in Seattle. Married to Cherish.

**MIKE YOWARSKY****EASTERN REGION DIRECTOR OF COLLEGE SCOUTING**

Mike Yowarsky begins his first season with the Seahawks as eastern region director of college scouting. A 15-year member of the Tampa Bay Buccaneers' scouting staff, Yowarsky was most recently responsible for the southeastern portion of the United States. Yowarsky's contributions proved vital in 2002, as the Buccaneers captured their first Super Bowl title in team history with a 48-21 victory against Oakland in Super Bowl XXXVII. He joined Tampa Bay in 1991 after spending the 1990 campaign as a graduate assistant at the University of Florida under Head Coach Steve Spurrier. Prior to working at Florida, yowarsky spent 1989 as a teacher in Cleveland, Tennessee. From 1984-85, he was a graduate assistant at Kansas and then served as a defensive assistant for the Jayhawks from 1986-88.

Yowarsky taught in the Knoxville school system from 1983-84. Earned a bachelor's degree in secondary education from Tennessee, and his master's in athletic administration and sports psychology from Kansas. Mike and his wife, Viva, have two daughters, Maclain and Bridger.

**CHARLES FISHER****AREA SCOUT (NORTHEAST)**

Charles Fisher enters his second season with the Seahawks after being hired June 16, 2003, as an area scout. Fisher joined Seattle after serving one season as an intern in the Green Bay Packers player personnel department. Before joining the Packers, he spent two and a half seasons in the NFL with the Cincinnati Bengals. Originally drafted in the second round (33rd overall) in the 1999 draft, won the starting left cornerback job his rookie season. Suffered three torn ligaments in the season opener which eventually ended his playing career. Remained with the Bengals during the 2000 season and part of 2001 before being released. A second-team All-Big East performer, he majored in Sports Management. Single and a native of Aliquippa, Pennsylvania.

## DERRICK JENSEN

### AREA SCOUT (SOUTHEAST)



Derrick Jensen begins his 12th year with the Seahawks scouting staff having been hired in 1991 after a seven-year NFL playing career as a fullback. Jensen was a third-round draft choice of the Oakland Raiders in 1979 and played in 106 games, starting 21, in his career, including a streak of 105 straight. Served as the captain of the Raiders special teams for five seasons and contributed a blocked punt, which he recovered for the first touchdown, in the Raiders 38-9 win over the Washington Redskins in Super Bowl XVIII. Also part of the Raiders Super Bowl XV championship team. Finished his Raiders career with 780 yards on 224 carries, with five touchdowns. Added 44 receptions and three scores and returned an onside kick 33 yards for a touchdown against the Giants in 1980. Two-time Southland Conference MVP while at Texas-Arlington. Finished his career with 3,346 rushing yards, the first player in conference history to top 3,000 yards. Attended Oswatomie High School in Oswatomie, Kansas. *Derrick and his wife, Amanda, have a son, Davis.*

## JOHN PETERSON

### AREA SCOUT (SOUTHWEST)



John Peterson begins his seventh season having joined the staff in July 1997. Brings 29 years of college and professional experience to the Seahawks. Has worked in both the Canadian Football League and World League with the Ottawa Rough Riders (1989-91) and Toronto Argonauts (1994-96) as Director of Player Personnel of the CFL and with the San Antonio Riders of the World League as Vice President/ General Manager from 1991-92. Served as the head coach at Bemidji State University from 1983-89, and was also athletic director from 1982-84. Head coach at Frostburg State University from 1977-81 and served as an assistant coach at Northern Illinois, Westminster College, and Holy Cross College. Attended Pioneer High School in Ann Arbor, Michigan, and attended Northern Michigan University and Eastern Michigan University where he played defensive end and tackle. Earned his B.S. degree from Eastern Michigan, an M.A. from Michigan State, and a Ph.D. from the University of Utah. Taught at Northern Illinois University, the University of Utah, Frostburg State, and Bemidji State. *He and his wife, Wendy, have six children-- four girls, Nissa-Lynn (7/24/77), Elyse (5/14/79), Hayley (10/31/89) and Brianne (6/22/93), and two boys, Preston (4/24/82) and Blair (11/8/86).*

## MIKE PHAIR

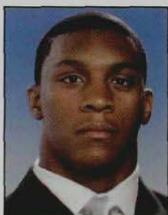
### AREA SCOUT (WEST)



Mike Phair begins his fourth season in the NFL and first with the Seahawks as an area scout. Spent the previous three seasons in the Tampa Bay Buccaneers' college scouting department. In his first season with Tampa Bay, the club won their first Super Bowl title in team history. Before joining Tampa Bay, he spent a year coaching at Tiffin University, helping coach the linebackers and special teams along with recruiting and academic study responsibilities with the team. Prior to his stint at Tiffin, Phair spent two seasons (1999-2000) as a defensive graduate assistant at Arizona State University. A two-year starting linebacker at ASU, where he began his career as a walk-on in 1990, Phair also played two seasons at Mesa Community College and garnered first-team all-conference in 1989. Phair graduated from ASU with a bachelor's degree in sociology in 1994 and his master's degree in education, curriculum and instruction in 2000. *Mike and his wife, Jennifer have three children, Parker, Coleman and Maisy.*

## ERIC STOKES

### AREA SCOUT (MIDWEST)



Eric Stokes returns to the college scouting department in 2005 having served the previous three years (2002-04) as an assistant in the Seahawks' pro personnel department. College scouting is an area Stokes is familiar with having broke into the front office ranks as a midlands scout in 2000. As an assistant in the pro personnel department, Stokes was responsible for the weekly advance of upcoming opponents as well as assisting in writing player reports on potential talent in NFL Europe, the Canadian Football League and the Arena Football League. Stokes played three seasons as a safety in the NFL, but his career was shortened due to injury. From Nebraska, he was selected in the fifth round (121st overall) by Seattle in the 1997 NFL Draft and spent two seasons with the Seahawks before being selected by the Cleveland Browns in the 1999 expansion draft. Eric and his wife, Tisa, have two daughters, Erisa (1/7/01) and Payton (1/21/04).

## SAM RAMSDEN

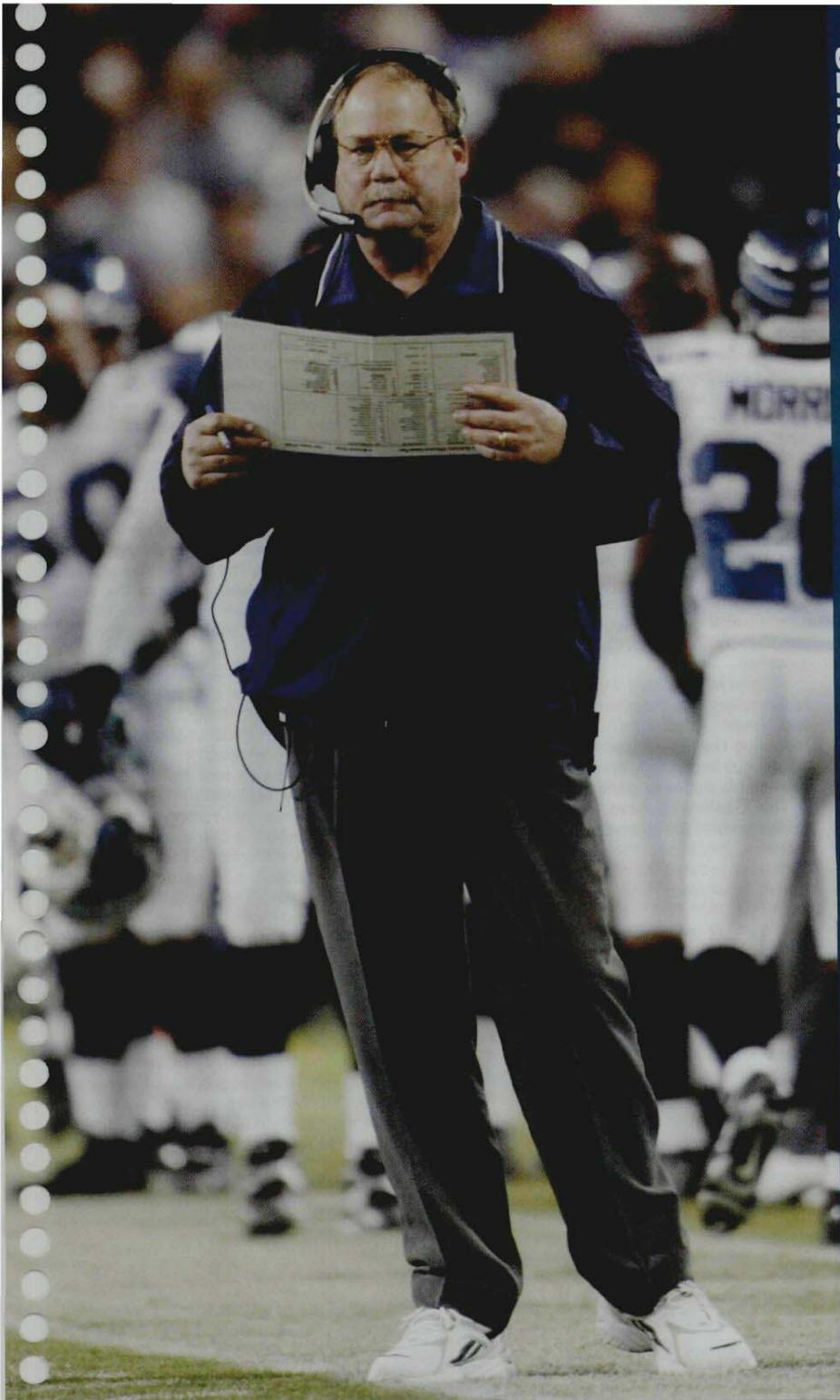
### HEAD ATHLETIC TRAINER



Ramsden begins his second season as the franchise's fourth head athletic trainer having originally joined the Seattle Seahawks as an associate athletic trainer in February of 1999. Although his primary area of expertise for much of his 13 seasons in the NFL has been centered on physical rehabilitation and conditioning of professional football players, Ramsden is now charged with coordinating the healthcare provided for Seahawks players and staff. Before Seattle, he served six seasons with the Green Bay Packers as an assistant athletic trainer and was a member of the Super Bowl XXXI championship team. Ramsden was recently elected to the Professional Football Athletic Trainers Society's executive board and is recognized for his contributions to the PFATS Sponsorship Committee. As a student athletic trainer at the University of Wisconsin at La Crosse, Ramsden worked with several intercollegiate sports teams before joining the Packers staff. He received a bachelor's degree in physical education with an emphasis in athletic training from the La Crosse school in 1992. A La Crescent, Minnesota native, he and his wife, Lisa an elementary school teacher, live near Snoqualmie, Washington in the foothills of the Cascade Mountains.



*Mike Holmgren's "white" team defeated Tim Ruskell's "blue" team 8-6 in the first-annual coaching staff versus personnel staff home run derby. Both Holmgren and Ruskell homered in the contest.*





## MIKE HOLMGREN

Executive Vice President  
& Head Coach

Seahawks Experience: 7th Year  
Total NFL Experience: 20th Year  
NFL Head Coaching: 14th Year

Mike Holmgren enters his seventh season as head coach of the Seattle Seahawks after guiding the club to their first NFC West title in 2004. Holmgren's clubs have posted winning records four of his six seasons, including two division titles after winning the AFC West in 1999, his first season with the team.

Last season, the Seahawks opened 3-0 and included consecutive road wins at New Orleans and Tampa Bay before defeating San Francisco 34-0 ending the 49ers' NFL-record streak without being shutout at 420-games. The Seahawks ended the season winning three of their final four, including wins over two playoff teams to secure the NFC West title. Over the last 35 regular-season games, the club is 22-13 (.629) under Holmgren's guidance.

Holmgren originally joined the Seahawks as Executive Vice President/General Manager and Head Coach on January 9, 1999. Following the 2002 season, Holmgren decided to focus exclusively on coaching and relinquished his duties as general manager.

The Seahawks have made significant strides toward the ultimate title the last two seasons reaching the postseason. The Seahawks reached 10 wins for just the third time in franchise history in 2003, marking the first time that had been accomplished in Seattle in 17 years (1986). The 10-6 record earned Seattle a second place finish behind the St. Louis Rams (12-4) in the NFC West and a Wild Card Playoff berth. An 8-0 record at Qwest Field marked the first time in club history that the Seahawks went undefeated at home.

Holmgren's offense ranked sixth in the NFL in 2003 and produced four Pro Bowlers (Shaun Alexander, Matt Hasselbeck, Steve Hutchinson, Walter Jones) along with Alex Bannister who earned a trip for his special teams play. The club finished seventh in scoring, third in total first downs while leading the league in third-down percentage.

After a slow start in 2002, Holmgren kept his club focused and finished the season winning five of the last eight games, including three consecutive to finish the season for the first time since 1986. His offensive unit fin-

ished the year ranked seventh in total offense and third in passing while compiling more yards than any other club over the last six weeks of the season. Trent Dilfer and Hasselbeck combined for a franchise-record five 300-yard passing games, and Koren Robinson became only the second receiver (Steve Largent) in Seahawks history to surpass the 1,200-yard receiving mark.

In his first season with the Seahawks, Holmgren helped guide the club into their first postseason since 1988, breaking a 10-year playoff drought. The 9-7 regular-season record by the 1999 Seahawks was the best mark since posting a similar record in 1990.

By leading Seattle into the postseason, he became just the second coach in team history to take the Seahawks to the playoffs, and just the third coach in NFL history to guide a team to at least seven straight postseasons, joining Tom Landry (nine years, and eight years) and Chuck Noll (eight years).

The 2000 campaign saw Holmgren continue to mold the Seahawks into his vision, revamping the roster and adding players that would be the backbone of the team for seasons to come. He suffered his first losing season as a head coach, posting a 6-10 record with his young roster (AFC-high 17 rookie or first-year players) while shaping the team financially for years to come.

It is that financial foundation that allowed the club to retain key unrestricted free agents Walter Jones and Matt Hasselbeck this season, and Darrell Jackson in 2004 while adding key free agents Jamie Sharper, Andre Dyson and Grant Wistrom over the last couple of seasons. Those acquisitions have provided the club with a strong leadership base while complementing highly regarded drafts which include first-round choices Alexander, Hutchinson and Jerramy Stevens during his four seasons as general manager. Alexander and Hutchinson earned Pro Bowl recognition in 2003 and 2004.

In 2001, Holmgren guided his young roster back to winning form and bounced back to post a 9-7 record. That was good for second place in the AFC West and equalled the team's best mark since 1999 and 1990. The

team won three of its last four contests and just missed the playoffs, being eliminated in the final week of the regular season.

Holmgren took control of the Seahawks following one of the most successful coaching stints in league history as head coach of the Green Bay Packers from 1992-98 that included a 75-37 (.670) regular-season record, a 9-5 (.643) postseason mark, and two Super Bowl appearances, including a 35-21 victory over the New England Patriots in Super Bowl XXXI played in New Orleans. By winning at least one game in five consecutive post-seasons (1993-97) Holmgren joined John Madden (1973-77) as the only coaches in league history to accomplish the feat.

From 1995-98, Holmgren's Packers posted an NFL-best 48-16 (.762) record, finished first in the NFC Central Division three times, second once and posted a 7-3 mark in the playoffs.

By taking the Packers to six consecutive post-seasons (1993-98), Holmgren established a franchise record, with a team that had recorded just two winning seasons in the 19 years before he was hired.

In 19 NFL seasons (1999-04 head coach Seattle, 1992-98 head coach Green Bay, 1986-91 assistant coach San Francisco) Holmgren's teams posted a 196-106-1 (.649) record, hit double digits in the win column 11 times, made the post-season 14 times, won three Super Bowls (XXIII, XXIV, XXXI), and reached another (Super Bowl XXXII).

Holmgren's 1996 team that won the Super Bowl, led the NFL in scoring with a team-record 456 points and also led the league in defensive scoring, a feat that had not been accomplished since 1972.

Before becoming the Packers' head coach, Holmgren served as an assistant coach of the San Francisco 49ers from 1986-91. He coached the 49ers' quarterbacks from 1986-88

under head coach Bill Walsh, and was the team's offensive coordinator from 1989-91 under George Seifert. During his tenure in San Francisco, the 49ers posted a 71-23-1 (.753) regular-season record to reach the post-season each year, and won Super Bowl XXIII over Cincinnati and Super Bowl XXIV over Denver. As offensive coordinator in 1989, the 49ers boasted the NFL's top-ranked offense.

Prior to joining the 49ers staff, Holmgren coached the quarterbacks at Brigham Young University from 1982-85, including a national championship in 1984. He also served as the offensive coordinator/quarterbacks coach at San Francisco State in 1981.

As a quarterback at San Francisco's Lincoln High School, Holmgren was named 1965's "Prep Athlete of the Year," before continuing his playing career at the University of Southern California from 1966-69. He was drafted by the St. Louis Cardinals in the eighth round of the 1970 draft and went to camp with both the Cardinals and the New York Jets that year.

Holmgren's coaching career began in 1971 at his alma mater Lincoln High, where he also taught history. One year later, he moved to San Francisco's Sacred Heart High as a teacher and assistant coach. He also coached at Oak Grove High from 1975-80.

He received a Bachelor of Science Degree from USC in 1970.

Holmgren returned to the NFL's influential Competition Committee February 6, 2002, after a three-year layoff. He served as co-chair of the Committee along with former Buccaneers General Manager and current Falcons President and GM Rich McKay, having taken over for Don Shula, from 1996-98.

Mike and his wife, Kathy, have four daughters—twins Calla and Jenny (9/27/73), Emily (1/24/77), and Gretchen (7/14/81), and two granddaughters, Emma and Emerson.

## ACTIVE COACHES WITH 100 CAREER WINS

	Regular Season				Postseason				Career			
	W	L	T	Pct.	W	L	T	Pct.	W	L	T	Pct.
1. Schottenheimer, Cle, KC, Wash, SD	176	116	1	.600	5	12	0	.294	181	128	1	.585
2. Bill Parcells, NYG, NE, NYJ, Dal	154	116	1	.569	11	7	0	.611	165	123	1	.571
3. Joe Gibbs, Wash	130	70	0	.650	16	5	0	.762	146	75	0	.660
4. Bill Cowher, Pit	130	77	1	.626	8	9	0	.471	138	86	1	.624
5. Mike Holmgren, GB, Sea	125	83	0	.601	9	8	0	.529	134	91	0	.596
6. Dick Vermeil, Phi, St.L, KC	110	103	0	.521	6	5	0	.545	116	108	0	.523
7. Mike Shanahan, Raiders, Den	109	71	0	.603	7	4	0	.636	116	75	0	.607
8. Dennis Green, Min, Ariz	103	72	0	.586	4	8	0	.333	107	80	0	.569

## HOLMGREN'S HEAD COACHING RECORD

Year	Team	W	L	T	Pct.	Finish
1992	Green Bay	9	7	0	.563	2nd, NFC Central
1993	Green Bay	9	7	0	.563	3rd, NFC Central <i>Wild Card victory over Detroit, 28-24</i> <i>Divisional Playoff loss to Dallas, 27-17</i>
1994	Green Bay	9	7	0	.563	2nd, NFC Central <i>Wild Card victory over Detroit, 16-12</i> <i>Divisional Playoff loss to Dallas, 35-9</i>
1995	Green Bay	11	5	0	.688	1st, NFC Central <i>Wild Card victory over Atlanta, 37-20</i> <i>Divisional Playoff victory over San Francisco, 27-17</i> <i>NFC Championship loss to Dallas, 38-27</i>
1996	Green Bay	13	3	0	.813	1st, NFC Central <i>Divisional Playoff victory over San Francisco, 35-14</i> <i>NFC Championship victory over Carolina, 30-13</i> <i>Super Bowl XXXI victory over New England, 35-21</i>
1997	Green Bay	13	3	0	.813	1st, NFC Central <i>Divisional Playoff victory over Tampa Bay, 21-7</i> <i>NFC Championship victory over San Francisco, 23-10</i> <i>Super Bowl XXXII loss to Denver, 31-24</i>
1998	Green Bay	11	5	0	.688	2nd, NFC Central <i>Wild Card loss to San Francisco, 30-27</i>
1999	Seattle	9	7	0	.564	1st, AFC West <i>Wild Card loss to Miami, 20-17</i>
2000	Seattle	6	10	0	.375	4th, AFC West
2001	Seattle	9	7	0	.564	2nd, AFC West
2002	Seattle	7	9	0	.438	3rd, NFC West
2003	Seattle	10	6	0	.625	2nd, NFC West <i>Wild Card OT loss to Green Bay, 33-27</i>
2004	Seattle	9	7	0	.564	1st, NFC West <i>Wild Card loss to St. Louis, 27-20</i>
Reg. Season (13 Yrs.)		125	83	0	.601	
Postseason (9 Yrs.)		9	8	0	.529	
Combined Record		134	91	0	.596	

## HOLMGREN'S COACHING CAREER

1971	Lincoln High School (San Francisco, Calif.): <i>Assistant Coach</i>
1972-74	Sacred Heart High School (San Francisco, Calif.): <i>Assistant Coach</i>
1975-80	Oak Grove High School (San Jose, Calif.): <i>Assistant Coach</i>
1981	San Francisco State University: <i>Offensive Coordinator/Quarterbacks</i>
1982-85	Brigham Young University: <i>Quarterbacks Coach</i>
1986-88	San Francisco 49ers: <i>Quarterbacks Coach</i>
1989-91	San Francisco 49ers: <i>Offensive Coordinator/Quarterbacks</i>
1992-98	Green Bay Packers: <i>Head Coach</i>
1999-02	Seattle Seahawks: <i>Executive V.P. of Football Operations/General Manager &amp; Head Coach</i>
2003-	Seattle Seahawks: <i>Executive V.P./Head Coach</i>

## ALL-TIME SEAHAWKS COACHING RECORDS

		Regular Season				Postseason		
		W	L	T	Pct.	W	L	Pct.
1976-82*	Jack Patera	35	59	0	.372	---	---	---
1982	Mike McCormack	4	3	0	.571	---	---	---
1983-91	Chuck Knox	80	63	0	.559	3	4	.429
1992-94	Tom Flores	14	34	0	.291	---	---	---
1995-98	Dennis Erickson	31	33	0	.484	---	---	---
1999-	Mike Holmgren	50	46	0	.521	0	3	.000

\* Patera was replaced by Mike McCormack after two games of the 1982 season.

## HOLMGREN VS. NFL

	Team	Regular Season	Postseason	Total
AMERICAN FOOTBALL CONFERENCE	Baltimore Ravens	1-1	---	1-1
	Buffalo Bills	3-3	---	3-3
	Cincinnati Bengals	4-1	---	4-1
	Cleveland Browns	3-1	---	3-1
	Denver Broncos	4-5	0-1	4-6
	Houston Texans	---	---	---
	Indianapolis Colts	0-2	---	0-2
	Jacksonville Jaguars	3-0	---	3-0
	Kansas City Chiefs	4-5	---	4-5
	Miami Dolphins	2-3	0-1	2-4
	New England Patriots	1-2	1-0	2-2
	New York Jets	1-2	---	1-2
	Oakland/L.A. Raiders	4-4	---	4-4
	Pittsburgh Steelers	4-1	---	4-1
	San Diego Chargers	7-2	---	7-2
	Tennessee/Houston	2-0	---	2-0
NATIONAL FOOTBALL CONFERENCE	Arizona Cardinals	4-2	---	4-2
	Atlanta Falcons	4-1	1-0	5-1
	Carolina Panthers	3-1	1-0	4-1
	Chicago Bears	14-2	---	14-2
	Dallas Cowboys	3-5	0-3	3-8
	Detroit Lions	10-6	2-0	12-6
	Green Bay Packers	1-1	0-1	1-2
	Minnesota Vikings	7-10	---	7-10
	New Orleans Saints	5-0	---	5-0
	New York Giants	2-3	---	2-3
	Philadelphia Eagles	3-5	---	3-5
	St. Louis/L.A. Rams	7-6	0-1	7-7
	San Francisco 49ers	6-2	3-1	9-3
	Seattle Seahawks	1-0	---	1-0
	Tampa Bay Buccaneers	12-4	1-0	13-4
	Washington Redskins	0-3	---	0-3
<b>Career Totals</b>		<b>125-83</b>	<b>9-8</b>	<b>134-91</b>

## HOLMGREN IS IN RANGE OF CATCHING

	Regular Season				Postseason				Career			
	W	L	T	Pct.	W	L	T	Pct.	W	L	T	Pct.
1 Don Shula	328	156	6	.676	19	17	0	.528	347	173	6	.665
13. Joe Gibbs, Wash	130	70	0	.650	16	5	0	.762	146	75	0	.660
14. Bill Cowher, Pit	130	77	1	.626	8	9	0	.471	138	86	1	.624
15. Hank Stram	131	97	10	.571	5	3	0	.625	136	100	10	.573
<b>16. Mike Holmgren</b>	<b>125</b>	<b>83</b>	<b>0</b>	<b>.601</b>	<b>9</b>	<b>8</b>	<b>0</b>	<b>.529</b>	<b>134</b>	<b>91</b>	<b>0</b>	<b>.596</b>
Weeb Ewbank	130	129	7	.502	4	1	0	.800	134	130	7	.507
18. Mike Ditka	121	95	0	.560	6	6	0	.500	127	101	0	.557
19. Jim Mora	125	106	0	.541	0	6	0	.000	125	112	0	.527
20. George Seifert	114	62	0	.648	10	5	0	.667	124	67	0	.649



## GIL HASKELL

Offensive Coordinator

Seahawks Experience: 6th Year  
NFL Experience: 23rd Year

Named to his current position on January 20, 2000, Haskell joined his long-time friend and peer Mike Holmgren. As the team's offensive coordinator, Haskell works closely with Holmgren in implementing an innovative and precise offensive scheme. His sole responsibility is guiding the offense.

In his first year as offensive coordinator for Seattle, Haskell oversaw the AFC's top-ranked (2nd NFL) red zone offense, scoring 60.9% of the time. His offense gained 292.5 yards per game, threw for 185.0 yards and rushed for 107.5 yards, ranking 11th in each category in the AFC.

Haskell's 2001 offensive plan was tailored to the running style of second-year back Shaun Alexander. His schemes helped Alexander enjoy a breakout year and rush for the NFL's fourth-best performance with 266 yards vs. Oakland. Add Ricky Watters in the mix and Seattle ranked fifth in the AFC (9th NFL) with 121.0 yards per game. Overall, Seattle's offense increased to 298.3 yards per game.

In 2002, Haskell guided a Seattle aerial attack that ranked third in the NFL averaging 254.9 yards a game. Seattle also set a franchise record gaining 5,818 total offensive yards that included a franchise-record three 500-yard games of total offense. Haskell coordinated an offense that allowed QB Matt Hasselbeck to finish the season ranked first in the NFC with a 63.7 completion percentage and second in the NFC with a 87.8 passer rating. Not only did the offense excel through the air, Haskell kept Alexander on track setting a franchise record with 16 rushing and 18 total touchdowns.

Haskell's 2003 offense was highlighted by sending four offensive players to the Pro Bowl (Alexander, Hasselbeck, Steve Hutchinson, and Walter Jones). Seattle's offense ranked 6th in the NFL (4th NFC) and led the League in first downs/game (21.1) and third-down conversions (46.8%). He

helped Hasselbeck set a franchise record for passing yards (3,841) and tie the record for most completions in a season (313). He's also helped Hasselbeck become the highest-rated passer in club history (83.3).

Haskell helped the Seahawks ground attack rank 2nd in the NFC in 2004, and also helped Alexander rank 2nd in the NFL with a franchise-record 1,696 rushing yards. His 20 total touchdowns topped the NFL and club charts.

Haskell joined the Seahawks after serving in the same capacity for the Carolina Panthers (1998-99) where his offense finished sixth in the NFL in 1999, with 355.4 yards per game in total offense, including the second-ranked passing attack in the NFL with 260.1 passing yards per game. He orchestrated an offense in 1999 that set team records in total yards (5,686), points (421) and passing yards (4,161), and also sent three players (QB Steve Beuerlein, WR

### HASKELL'S COACHING CAREER

- 1978-82 University of Southern California *Special Teams & Wide Receivers*
- 1983-86 Los Angeles Rams *Special Teams*
- 1987-90 Los Angeles Rams *Running Backs*
- 1991 Los Angeles Rams *Tight Ends/Special Teams*
- 1992-94 Green Bay Packers *Running Backs*
- 1995-97 Green Bay Packers *Wide Receivers*
- 1998-99 Carolina Panthers *Offensive Coordinator*
- 2000- Seattle Seahawks *Offensive Coordinator*

Muhsin Muhammad and TE Wesley Walls) to the Pro Bowl.

The 23-year NFL coaching veteran rejoined Holmgren after serving six seasons (1992-97), three as wide receivers coach (1995-97) and three as running backs coach (1992-94), for the Green Bay Packers.

While receivers coach under Holmgren, Haskell coached the Packers' record-setting Pro Bowl receiving duo of Antonio Freeman and Robert Brooks.

Before his tenure with the Packers, Haskell entered the NFL in 1983 and served nine seasons with the Los Angeles Rams (1983-91), the first four as special teams coach, four seasons as running backs coach, and one as tight ends/special teams coach. Haskell coached three 1,000-yard rushers (Eric Dickerson, Greg Bell and Charles White) and sent two to the Pro Bowl (Dickerson, White) during his four years coaching the position.

Directing special teams, Haskell's unit was ranked number one. Led by 1984 Pro Bowl punt returner Henry Ellard, Haskell's units

ranked first in the NFL in 1984 and 1985. After the 1985 season, Ellard's 13.51 punt return average was an NFL record for highest career average. Haskell also sent kick returner Ron Brown and punter Dale Hatcher to the 1985 Pro Bowl.

Prior to a distinguished NFL career, his late uncle, Dr. William O'Grady, was part owner of the San Francisco 49ers, and before leaving for the University of Southern California in 1978, Haskell worked for the 49ers for 22 years.

Haskell spent five seasons as wide receivers and special teams coach for USC (1978-82) and nine years at San Francisco's St. Ignatius High School (1969-77), serving as head coach the final five seasons.

He was reunited with his former St. Ignatius assistant coach, Bill Laveroni, in 2002 who was hired at the time to be the Seahawks' assistant offensive line coach.

Haskell and his wife, Nancy, have four grown daughters, Paula, Patty, Jenny and Julie. The couple lives in Kirkland.



**RAY RHODES**  
 Defensive Coordinator

*Seahawks Experience: 3rd Year*  
*NFL Experience: 25th Year*

Ray Rhodes joined the Seahawks as defensive coordinator February 5, 2003. Rhodes has had the task of building a youthful defensive unit into an aggressive cohesive group.

Rhodes took a defense that before he arrived ranked 28th and fashioned a squad that improved to 19th in his first season. Looking to build on that improvement in 2004, Rhodes mix of veteran leadership and youth ranked in top five for the first quarter of the season before injuries began to set in. Of 109 total games that were missed by starters and key reserves, 74 of those were on the defensive side of the ball. Seattle's starting linebacker corp heading into training camp only saw 10 of a possible 48 games.

Rhodes has 24 years of NFL experience as a coach, including 11 as either defensive coordinator or head coach. As a coordinator,

only two of his defensive units has finished outside of the top 10.

Rhodes and Holmgren reunited after Rhodes served in the same position for the Green Bay Packers from 1992-93. While in Green Bay, Rhodes improved the Packers defense to second in the NFL in his two seasons, and in 1993, helped the Holmgren-led Packers to their first playoff appearance since 1982. He produced a pair of Pro Bowlers his second season (S LeRoy Butler and DE Reggie White), the first time that had happened in 15 seasons. Safety Chuck Cecil earned a Pro Bowl nod under his tutelage in 1992.

Prior to joining the Seahawks, Rhodes spent two seasons in Denver as defensive coordinator where he took a 24th ranked defense in 2000 and improved it to eighth in 2001, and sixth in 2002. Three players received Pro Bowl invitations following his

first season (CB Deltha O'Neal, DT Trevor Pryce and LB Al Wilson) while Pryce and Wilson repeated in 2002.

In 2000 with Washington, Rhodes improved the Redskins' defensive ranking to fourth in the NFL after inheriting a unit that ranked 30th the previous year. His defense allowed the fewest first downs (254), total net yards (4,474), and points (269) by a Redskins team since 1992 and produced more sacks than any Washington club since 1991. In addition, two of his standouts—DE Marco Coleman and CB Champ Bailey—made the Pro Bowl.

Rhodes was head coach in Green Bay for the 1999 season when he led the Packers to an 8-8 record in his only season at the helm.

Before Green Bay, Rhodes spent four seasons as head coach of the Philadelphia Eagles earning NFL Coach of the Year honors in his initial season, 1995. He guided the Eagles to the playoffs with a 10-6 record that season and advanced to the NFC Divisional Playoff round. It was the first of two consecutive postseason trips for Rhodes' Philadelphia club, making him the only head coach in the Eagles' 67-year history to qualify for the playoffs in each of his first two seasons. His overall record as a head coach is 37-42-1 (.469).

Before joining Philadelphia in 1995 and his short tenure in Green Bay from 1992-93, Rhodes was defensive coordinator for San Francisco's 1994 World Championship team. His arrival saw a defensive improvement from ranking 15th in 1993 to eighth in 1994. He orchestrated a stellar defense filled with new faces. In fact, of that unit's 11 starters, six were new to the team in 1994. That reshaped unit went on to log 35 takeaways and five defensive touchdowns. His squad shut down the San Diego Chargers in Super Bowl XXIX. The unit was led by four Pro Bowlers: S Merton Hanks, S Tim McDonald, CB Deion Sanders, and DT Dana Stubblefield.

Rhodes, 54, began his coaching career in 1981 with the 49ers, spending two seasons as assistant secondary coach before being promoted to defensive backs coach for the 1983-91 seasons. He went on to become one of only four men to serve on the coaching staff of all five of the 49ers' Super Bowl winning teams (George Seifert, Bob McKittrick and Bill McPherson). In Rhodes 12 seasons as a 49ers assistant, the team earned postseason berths 10 times and advanced to the NFC Championship Game on seven occasions.

In 1981, his first season as an assistant, Rhodes helped the 49ers win Super Bowl XVI with three rookies starting in the defensive

backfield—CB Ronnie Lott, CB Eric Wright and S Carlton Williamson. As the 49ers' secondary coach through 1991, he also saw those same three players, plus S Dwight Hicks, reach the Pro Bowl, among the 16 total Pro Bowl invitations earned by his defensive backfield pupils.

Born October 20, 1950, in Mexia, Texas, Raymond Earl Rhodes graduated from Mexia High School where he earned all-state honors in football as a running back and defensive back. He also lettered in track and field and helped the school reach the state basketball finals.

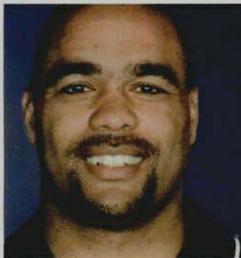
As a collegian, Rhodes spent two years as a running back at Texas Christian University (1969-70) before transferring to the University of Tulsa (1972-73).

Selected by the New York Giants in the 10th round of the 1974 NFL Draft, he played wide receiver in his first three NFL seasons, including 1975 when he led all NFC receivers with a 20.7 yards-per-catch average. Two years later, however, Rhodes was switched to defensive back by the Giants and won a starting job at cornerback. In 1979, he was sent to San Francisco as part of a four-player trade that also saw Tony Dungy (presently the head coach of the Indianapolis Colts) sent from the 49ers to the Giants.

Rhodes and his wife, Carmen, have four daughters: Detra, Candera, Tynasha and Raven.

## RHODES' COACHING CAREER

1981-82	San Francisco 49ers <i>Assistant Secondary</i>
1983-91	San Francisco 49ers <i>Defensive Backs</i>
1992-93	Green Bay Packers <i>Defensive Coordinator</i>
1994	San Francisco 49ers <i>Defensive Coordinator</i>
1995-98	Philadelphia Eagles <i>Head Coach</i>
1999	Green Bay Packers <i>Head Coach</i>
2000	Washington Redskins <i>Defensive Coordinator</i>
2001-02	Denver Broncos <i>Defensive Coordinator</i>
2003-	Seattle Seahawks <i>Defensive Coordinator</i>



## TERYL AUSTIN

Defensive Backs

Seahawks Experience: 3rd Year  
NFL Experience: 3rd Year

Named to his current position on February 7, 2003, Teryl Austin enters his third NFL season as Seattle's defensive backs coach.

Austin works three of Seattle's top four draft choices (CB Marcus Trufant, S Ken Hamlin, and S Michael Boulware) from 2003 and 2004 NFL Drafts. Joining the young trio this season are Andre Dyson and Kelly Herndon, who combined for eight interceptions last season.

In 2004, Austin coached up a group of Seahawks defensive backs that for just the second time in Seahawks history (1984) three different players intercepted at least five passes and the first time since 1984 all four starters intercepted at least four. All together, the Seahawks ranked 3rd in the NFL with 23 interceptions and collected at least one pick in all but two games.

Before joining the Seahawks, Austin served 12 seasons at the collegiate level. Most recently, he enjoyed four seasons as defensive backs coach at the University of Michigan (1999-02).

Austin is no stranger to NFL-caliber talent. Before moving on to Michigan, while coaching at Syracuse from 1996-98, he mentored All-Americans Donovin Darius and Kevin Abrams. Darius was also named the 1997 Big East Conference Player of the Year, and went on to become a first-round NFL Draft pick with fellow defensive back Tebucky Jones—the first time in Syracuse history that two Orangemen were selected in the first round. He also coached NFL-caliber talent in Will Allen (Giants) and Keith Bulluck (Titans) at Syracuse.

Austin helped lead teams to seven consecutive bowl berths from 1996-02—three consecutive with Syracuse and four with Michigan.

Before his three-year tenure at Syracuse, Austin spent three seasons as the secondary coach at Wake Forest from 1993-95.

Austin broke into the coaching ranks as a



graduate assistant at Penn State in 1991.

A 1988 graduate of Pittsburgh with a bachelor's degree in communications, Austin was a three-year starter and four-year letterman (1984-87) for the Panthers' football team. He was a part of the 1984 Fiesta and the 1987 Bluebonnet Bowls.

After graduation, Austin competed in the training camps of the Washington Redskins and Hamilton Tiger-Cats before playing for the Montreal Machine of the World League of American Football in 1991.

Austin and his wife, April, are the parents of five children—three sons, Tyler, Trey and Torin, and two daughters, Alexa and Alivia.

### AUSTIN'S COACHING CAREER

- 1991-92 Penn State  
*Graduate Assistant*
- 1993-95 Wake Forest University  
*Defensive Backs*
- 1996-98 Syracuse University  
*Defensive Backs*
- 1999-02 University of Michigan  
*Defensive Backs*
- 2003- Seattle Seahawks  
*Defensive Backs*



## DWAIN BOARD

Defensive Line

Seahawks Experience: 3rd Year  
NFL Experience: 16th Year

Seattle made significant moves prior to the 2003 season to shore up a defense that had ranked last against the run in 2002. One of the most important moves was hiring former San Francisco 49ers defensive line coach Dwaine Board on January 29, 2003.

Board made an immediate impact with the defensive line helping improve Seattle's run defense from last in the NFL in 2002 to 19th in 2003, the second-greatest turnaround in the NFL behind New England. He also helped the club rank fourth in the NFC (7th NFL) with 41 sacks.

Board's group generated 36 sacks in 2004, without the services of DE Grant Wistrom for seven games.

Board was part of a 49ers defensive staff in 2002 that designed a defense that ranked second in the NFC (7th NFL) against the run allowing an average of 103.3 yards per game. Board's line also contributed to a defense that ranked fourth in the NFC (7th NFL) in sacks, while coaching DT Bryant Young to his fourth Pro Bowl.

Before joining Seattle, Board previously served 23 years in the 49ers' organization, 10 as a player (1979-88) and 13 as a coach. He began his coaching career in 1990 as a San Francisco defensive line assistant before being promoted to defensive line coach in 1994.

In 15 seasons as a coach, Board has sent players to 10 Pro Bowls, including Dana Stubblefield who was named 1997 NFL Defensive Player of the Year.

Board and Mike Holmgren were on the same 49ers coaching staff from 1990-91.

In 2001, Board's defensive line was anchored by three-time Pro Bowler Young and the return of Stubblefield. He also tutored rookie lineman Andre Carter, who led the team in sacks with 6.5.

The 2000 season was led by Young and Brentson Buckner, who combined for 16.5 sacks.

Young was the bright spot of Board's 1999 defensive line. Returning to the starting lineup after a career-threatening injury in 1998, Young recorded 11 sacks, was voted NFL Comeback Player of the Year by Associated Press and was selected to his second Pro Bowl. Under Board, the 1998 defensive unit recorded 51.0 sacks to rank second in the NFL, including Chris Doleman's 15.0 that ranked second in the NFC (3rd NFL). Board was a factor in the development of Stubblefield in 1997, who was named NFL Defensive Player of the Year after a career-high 15.0 sacks.

A member of four world championship 49ers teams as a player and coach, Board recorded 61.0 career sacks and eight more in the postseason from 1979-88. His four tackles, two sacks and constant pressure in Super Bowl XIX, earned him Defensive Player of the Game honors in San Francisco's 38-16 win over Miami.

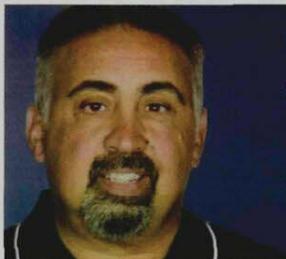
A graduate of Franklin County (VA) High, Board was a three-time All-America selection at North Carolina A&T and a fifth-round draft choice of the Steelers in 1979.

Following his release by Pittsburgh, Board signed with the 49ers and registered a team-leading seven sacks as a rookie in 1979. He retired following the 1988 campaign, after joining the Saints in midseason.

Born in Rocky Mount, Va., "Pee Wee" and his wife, Lynne, have three daughters, Camille, Allie and Tessa Raine.

### BOARD'S COACHING CAREER

- 1990-93 San Francisco 49ers  
*Defensive Line Assistant*
- 1994-02 San Francisco 49ers  
*Defensive Line Coach*
- 2003-  
*Seattle Seahawks  
Defensive Line Coach*



## BOB CASULLO

Special Teams

Seahawks Experience: 1st Year  
NFL Experience: 6th Year

Bob Casullo was named Special Teams coach of the Seahawks February 19, 2005.

Casullo most recently coached tight ends for the New York Jets in 2004, after serving four seasons (2000-03) as special teams coach for the Oakland Raiders.

In his only season with the Jets, Casullo's tight end corps helped sustain a balanced offense that allowed Curtis Martin win the NFL rushing title and the Jets' quarterbacks to post better than a 90 passer rating. With the Jets advancing to the postseason, it marked the fourth time in five seasons Casullo's teams have made the playoffs.

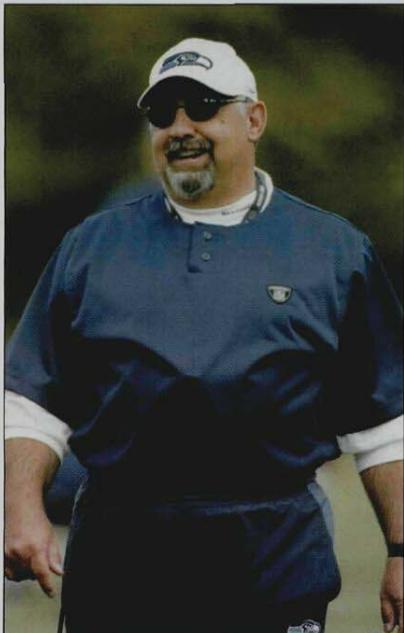
Casullo's special teams units helped earn Oakland three AFC West titles from 2000-02, including a Super Bowl XXXVII appearance following the 2002 season. In 2003, he fielded a team that ranked second in the AFC (3rd NFL) in punt return average. His unit was the

NFL's best kickoff coverage team in 2001, stopping opponents inside-the-20, 17 times. He produced a Pro Bowl punter, Shane Lechler, who led the AFC in punting average with a 46.2 average in 2001. His 2000 squad led the NFL in net punting average.

Before breaking into the National Football League, Casullo enjoyed 15 seasons in the college ranks. He coached special teams, tight ends and running backs at Syracuse (1985-94); special teams, defensive ends and running backs at Georgia Tech (1995-98); and special teams and tight ends at Michigan State (1999).

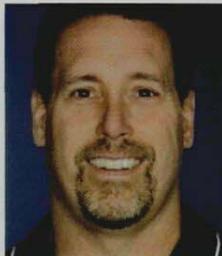
Prior to beginning his collegiate coaching career, Casullo spent two years as the head coach at Baldwinsville High School in Syracuse, New York, and 10 seasons as an assistant at Henninger High School, also in Syracuse.

Casullo and his wife, Pat, have two sons, Rocco and Jamie.



### CASULLO'S COACHING CAREER

- 1973-82 Henninger High School  
(Syracuse)  
*Asst. Coach*
- 1983-84 Baldwinsville High School  
(Syracuse)  
*Head Coach*
- 1985-94 Syracuse University  
*Special Teams, TEs, RBs*
- 1995-98 Georgia Tech  
*Special Teams, DEs, RBs*
- 1999 Michigan State  
*Special Teams, TEs*
- 2000-03 Oakland Raiders  
*Special Teams*
- 2004 New York Jets  
*Tight Ends*
- 2005- Seattle Seahawks  
*Special Teams*



## MIKE CLARK

Head Strength & Conditioning

Seahawks Experience: 2nd Year  
NFL Experience: 2nd Year

Named to his current position on January 22, 2004, Mike Clark joined the Seahawks in his first stint in the National Football League after 24 years of service coaching collegiate athletes in strength, conditioning and nutrition.

Clark came to Seattle from Texas A&M, where he spent 14 seasons as the head strength and conditioning coach, adding the title of assistant athletic director in 2000. During his tenure with the Aggies, Clark helped develop current Seahawks defensive linemen Rocky Bernard (1997-01) and Seahawks' defensive line/quality control coach Zerick Rollins.

A 2003 inductee into the USA Strength and Conditioning Coaches Hall of Fame, Clark was twice named Strength Coach of the Year in 1993 and 2000. Also in 2000, he was the president of the Collegiate Strength & Conditioning Coaches Association.

Before joining the Texas A&M coaching staff, he was head strength and conditioning



Strength & Conditioning Coach Mike Clark works out players during the offseason.

### CLARK'S COACHING CAREER

1978	University of Kansas <i>Graduate Assistant</i>
1979-80	Topeka (Kansas) High School, <i>Defensive Coord. &amp; Linebackers</i>
1981	University of Wyoming <i>Head Strength &amp; Conditioning</i>
1982	University of Kansas <i>Head Strength &amp; Conditioning</i>
1983-87	University of Oregon <i>Head Strength &amp; Conditioning</i>
1988-89	University of Southern California <i>Head Strength &amp; Conditioning</i>
1990-2003	Texas A&M University <i>Head Strength &amp; Conditioning</i>
2004-	Seattle Seahawks <i>Head Strength &amp; Conditioning</i>

coach at Southern California (1988-89), Oregon (1983-87), Kansas (1982), and Wyoming (1981). After two years as a graduate assistant at Kansas (1977-78), Clark coached linebackers and served as defensive coordinator at Topeka (Kansas) High School (1979-80).

A graduate of Ottawa University where he played linebacker, Clark earned his B.S. in Physical Education and minored in Biology in 1977.

Born August 22, 1954 in Wichita, Kansas, Mike and his wife, Kris, have three children, Matthew, J.J. and Alicia.



## NOLAN CROMWELL

Wide Receivers

Seahawks Experience: 7th Year  
NFL Experience: 15th Year

Named to his current position on January 14, 1999, Nolan Cromwell enters his 26th NFL season; the first 11 as a Pro Bowl-caliber safety and the last 14 as an assistant coach.

Cromwell has been instrumental in the development Darrell Jackson who set a franchise mark with 87 receptions last season. Jackson, who led all rookie receivers in catches, yards and touchdowns in 2000, followed with a 70-catch season in 2001 and became the first Seahawks receiver to eclipse the 1,000-yard mark since Joey Galloway (1998). Despite missing three games in 2002 (concussion), Jackson still finished second on the team with 62 catches for 877 yards.

Cromwell's 2002 receiving corps helped set franchise records for most 300-yard (5) and 400-yard (2) passing games and in 2003 helped QB Matt Hasselbeck set a franchise record with 3,841 passing yards.

In 1999, he helped Derrick Mayes have a career year, leading the team in receptions (62) and touchdowns (10).

In 1998, Cromwell coached the Green Bay Packers' wide receivers under Mike Holmgren, after serving as special teams coach from 1992-97.

Cromwell's receiving corps included Pro Bowl standout Antonio Freeman who established career-highs leading the NFL with 1,424 yards on 84 receptions. Overall, the Packers passing game accounted for 33 touchdowns that year, while helping guide the team to a sixth-consecutive postseason appearance.

Before taking over the wide receivers, Cromwell coached Green Bay's aggressive special teams units. One of the league's most feared punt return teams, the Packers paced the NFL in 1996 with a 15.1-yard return average. That year, his group of field position warriors also led the league by scoring 24 points, and adding another two touchdowns in the postseason en route to a Super Bowl XXXI victory. On five different weekends

during the 1996 season, one of Cromwell's players was honored as Special Teams Player of the Week.

Prior to taking on duties with the Packers, Cromwell coached on John Robinson's Los Angeles Rams staff as a defensive and special teams assistant in 1991.

A second-round draft choice by the Rams in 1977, Cromwell played his entire 11-year career for Los Angeles, earning four Pro Bowl berths, an NFC Defensive Player of the Year award (Kansas City Committee of 101) in 1980, and an NFL Defensive Back of the Year award (Football Digest) in 1984.

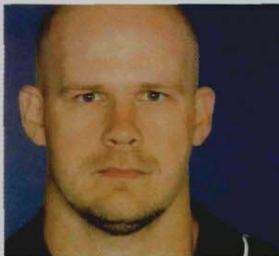
He ended his Rams career as the team's all-time leader in interception return yardage with 671 yards on 37 picks. He was also a member of the Rams' Super Bowl XIV team following the 1979 season.

An All-America wishbone quarterback at Kansas, Cromwell established an NCAA single-game rushing record for quarterbacks with 294 yards as a junior, after playing safety his first two collegiate seasons. He also was an accomplished decathlete in track.

Born on January 30, 1955, in Kansas, Nolan and his wife, Mary, have two children, Lance (6/15/86) and Jennifer (4/13/88).

### CROMWELL'S COACHING CAREER

1991	Los Angeles Rams <i>Defense/Special Teams Assistant</i>
1992-97	Green Bay Packers <i>Special Teams</i>
1998	Green Bay Packers <i>Wide Receivers</i>
1999-	Seattle Seahawks <i>Wide Receivers</i>



## DARREN KREIN

Assistant Strength & Conditioning

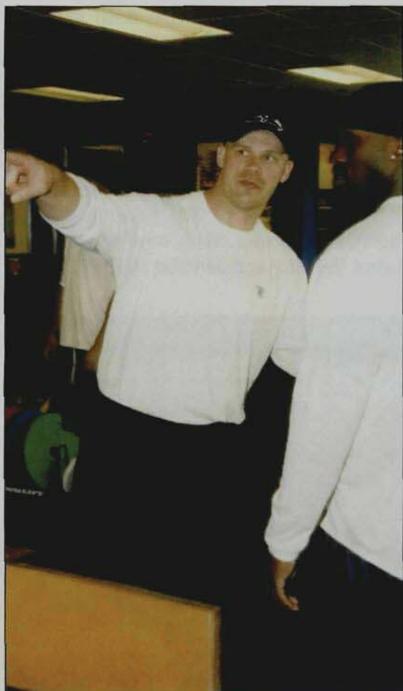
Seahawks Experience: 7th Year  
NFL Experience: 7th Year

Krein, who originally joined the Seahawks strength and conditioning staff March 1, 1997, as an assistant, was promoted to first mate in 2003.

The first-ever assistant hired by the Seahawks to help in the weight room, Krein has worked on a daily basis with players' weight training, as well as helping coordinate the team's offseason conditioning program.

Krein plays an integral role in the players' rehabilitation process. He works with players that were previously injured and helps build strength and flexibility to become game ready.

One of Krein's greatest achievements is



the physical development of Pro Bowl QB Matt Hasselbeck. After an injury-plagued 2001 season, and a 2002 season that saw him as a backup for most of the year, Hasselbeck's offseason training allowed him in 2003 to become the first Seahawks quarterback since Rick Mirer in 1993 to start all 16 games.

Before joining the Seahawks, Krein was a 1994 fifth-round draft choice by the AFC champion San Diego Chargers. He missed his rookie season due to a knee injury. Claimed on waivers by the Green Bay Packers on June 17, 1995, but did not play. While there, he trained under former Seahawks head strength and conditioning coach Kent Johnston, who was head strength and conditioning coach for the Packers.

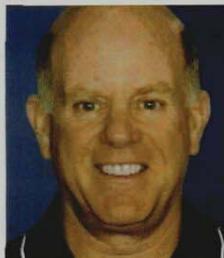
Krein played the 1996 World League season with the Barcelona Dragons, but re-injured his knee and retired.

Was a four-year letterman under former Seahawks head coach Dennis Erickson at the University of Miami. Was a unanimous first-team All-Big East defensive end as a senior. Had 190 career tackles and 17.5 sacks as a defensive end after beginning his career as an outside linebacker. Graduated with a degree in Business Management.

Attended Smoky Hill High School in Aurora, Colorado. Born July 7, 1971, he lives in Kirkland with wife, Jennifer, daughter Ella and son Aiden.

### KREIN'S COACHING CAREER

- 1997-98 Seattle Seahawks  
*Strength & Conditioning Assistant*
- 2001- Seattle Seahawks  
*Assistant Strength & Conditioning*



## BILL LAVERONI

Offensive Line

Seahawks Experience: 4th Year  
NFL Experience: 4th Year

Laveroni took control of the offensive line in 2004 with the retirement of longtime NFL offensive line coach Tom Lovat. Named assistant offensive line coach April 2, 2002, Laveroni was being groomed to create a smooth transition upon Lovat's retirement.

Laveroni has helped fashion one of the finest left sides of any offensive line in the NFL with a pair of Pro Bowlers in T Walter Jones and G Steve Hutchinson.

In his first season in charge of the line, his blockers paved the way for Shaun Alexander to set a club record and lead the NFC with 1,696 rushing yards.

He helped coordinate Seattle's 2002 offensive line that helped lead a record-setting offensive performance despite a rash of injuries to the line.

The 34-year coaching veteran has coached offensive linemen for the past 21 years, most recently at Vanderbilt University (2001), before joining the Seahawks' staff.

Laveroni broke into coaching as offensive line coach for the freshman team at California before coaching offensive line at the University of San Francisco. After two collegiate seasons, he became an assistant coach at St. Ignatius High from 1972-76, where he and current offensive coordinator Gil Haskell coached together. He then became head coach at Piedmont High for one year before rejoining the college ranks.

He coached *linebackers and tight ends* at his alma mater, California (1978), before leaving for Utah State to coach the *linebackers and offensive line* from 1979-82.

His third tour of duty at California saw him lead the *offensive line* from 1983-89 followed by the same position coupled with special teams coordinator for San Jose State from 1990-92. From 1993-94 he coached only the *offensive line* for the Spartans.

Laveroni joined the Arena League's San Jose Sabercats in 1995 and coached for one year leading to a five-year career at Rutgers where he served as *offensive line coach and run game coordinator* (1996-00).

He was a three-year starter for California at center (1967-69) where he earned a degree in criminology. He also holds a teaching credential from the master's program of the University of San Francisco. He and his wife, Patty, have one son, Anthony.

### LAVERONI'S COACHING CAREER

1970	University of California <i>Freshman Offensive Line</i>
1971	University of San Francisco <i>Offensive Line</i>
1972-76	St. Ignatius High School <i>Assistant Coach</i>
1977	Piedmont High School <i>Head Coach</i>
1978	University of California <i>Linebackers/Tight Ends</i>
1979-80	Utah State University <i>Offensive Line</i>
1981	Utah State University <i>Linebackers</i>
1982	Utah State University <i>Offensive Line/Linebackers</i>
1983-89	University of California <i>Offensive Line</i>
1990	San Jose State <i>Linebackers/Special Teams Coord.</i>
1991-94	San Jose State <i>Offensive Line</i>
1995	San Jose Sabercats <i>Offensive/Defensive Line</i>
1996-00	Rutgers University <i>Offensive Line/Run Game Coord.</i>
2001	Vanderbilt University <i>Offensive Line</i>
2002-03	Seattle Seahawks <i>Assistant Offensive Line</i>
2004-	Seattle Seahawks <i>Offensive Line</i>



## JIM LIND

Tight Ends

Seahawks Experience: 7th Year

NFL Experience: 14th Year

Jim Lind originally joined the Seahawks on January 14, 1999. He enters his seventh year with the Seahawks and sixth coaching tight ends.

One of three coaches still with Mike Holmgren since 1999, Lind works with a talented group that includes Itula Mili, who set franchise records for most receptions (46 in 2003) and yards (508 in 2002) by a tight end, and 2002 first-round pick Jerramy Stevens.

Originally joined the team as its linebackers coach. With the untimely passing of defensive coordinator Fritz Shurmur in 1999 prior to training camp, Lind coordinated the Seahawks' defensive unit.

That defense recorded an NFL-leading 30 interceptions while holding opponents to just 19 passing touchdowns.

Lind enters his 14th year as an NFL coach having spent four seasons as the Green Bay Packers linebackers coach under Holmgren.

The Packers' 1996 defense, with help from Lind, set the NFC record for fewest touchdowns in a 16-game schedule.

His 1998 linebacking corps helped the Packers' defense finish fourth in the NFL, limiting opponents to just 281.7 yards a game while plugging holes for a bare 90.1 opponent rushing average.

He broke into the NFL as a defensive assistant/quality control coach in 1992 under Holmgren. This was the second time Lind crossed paths with Holmgren, previously coaching together at Brigham Young University while Lind was a graduate assistant in 1981-82.

Before breaking into the professional ranks, he served nine years as a collegiate head coach, most recently at Wisconsin-Eau Claire (1987-91). Lind enjoyed his most success while a head coach at the University of Minnesota-Morris (1983-86) where he directed the Cougars to two Northern Intercollegiate Conference championships earning NIC Coach of the Year in 1984 and NAIA District 13 Coach of the Year in 1986.

He began his collegiate coaching career as a graduate assistant at St. Cloud State (1977) before earning the offensive coordinator job there in 1978. He then moved to nearby St.

Johns University (1979-80) before crossing paths with Holmgren at BYU as a graduate assistant (1981-82).

Lind entered coaching in 1974 as head football coach at Underwood (Minn.) High School holding that position until joining St. Cloud State.

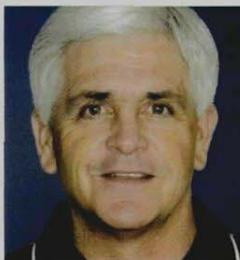
Lind played three years of collegiate football as a linebacker his freshman year at Bethel College, before moving to Bemidji State, where he earned his undergraduate degree, playing two years at defensive back.

Later, he earned his master's degree at St. Cloud State and Doctorate in Professional Leadership in Physical Education and Athletics at BYU.

Born November 11, 1947, in Isle, Minn., Lind and his wife, Cindy, have two sons, Erik (1/6/87) and Bryan (1/31/90).

### LIND'S COACHING CAREER

1974-76	Underwood High (Underwood, Minn.) <i>Head Coach</i>
1977	St. Cloud State (Minnesota) <i>Graduate Assistant</i>
1978	St. Cloud State (Minnesota) <i>Offensive Coordinator</i>
1979-80	St. John's (Minn.) University <i>Defensive Coach</i>
1981-82	Brigham Young University <i>Graduate Assistant</i>
1983-86	University of Minnesota-- Morris, <i>Head Coach</i>
1987-91	University of Wisconsin-- Eau Claire, <i>Head Coach</i>
1992-94	Green Bay Packers <i>Defensive Assistant/ Quality Control</i>
1995-98	Green Bay Packers <i>Linebackers</i>
1999	Seattle Seahawks <i>Linebackers</i>
2000-	Seattle Seahawks <i>Tight Ends</i>



## JOHN MARSHALL

Linebackers

Seahawks Experience: 3rd Year  
NFL Experience: 26th Year

John Marshall joined the Seahawks' defensive coaching staff on February 12, 2003, as linebackers coach.

Marshall welcomes the task of forming a retooled linebacking group that includes unrestricted free agent Jamie Sharper.

Marshall joined the Seahawks after one season as an assistant defensive line coach for the Detroit Lions in 2002.

Before Detroit, Marshall spent three seasons (1999-01) as the assistant head coach/defensive coordinator of the Carolina Panthers. His defense ranked fourth in the NFL with 105 takeaways over his three-year tenure.

Prior to Carolina, Marshall, 58, was part of two Super Bowl squads in San Francisco from 1989-97 working with the defensive line from 1989-93, linebackers from 1994-96 and two years as defensive coordinator from 1997-98.

As defensive coordinator in 1997, he spearheaded the NFL's top-rated defense, second versus the rush and pass, while helping send five players to the Pro Bowl. Marshall coached nearly a decade in the NFL before going to San Francisco, starting as Green Bay Packers' special teams coach in 1980 and taking over as linebackers coach in 1981. He served as defensive coordinator for the Atlanta Falcons from 1983-85 and coached the defensive line of the Indianapolis Colts from 1986-88.

Marshall's coaching career started as an assistant at Hancock (Calif.) Junior College in 1967 before holding several positions for the University of Oregon from 1968-76, serving under freshman head coach George Seifert as freshman assistant for one season (1968), freshman head coach (1969-71) and offensive line coach (1972-76).

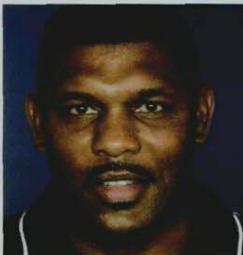
He then moved to the University of Southern California where he coached linebackers from 1977-79 and helped lead the Trojans to two Rose Bowl victories and the 1978 National Championship.

In 1964, Marshall began his college playing career at Washington State before having his playing career cut short due to a neck injury. He went on to major in health education at the University of Oregon in 1969.

Marshall and his wife, Becky, have two daughters, Sarah and Meg.

### MARSHALL'S COACHING CAREER

1967	Hancock Junior College <i>Assistant</i>
1968	University of Oregon <i>Freshman Assistant</i>
1969-71	University of Oregon <i>Freshman Head Coach</i>
1972-76	University of Oregon <i>Offensive Line</i>
1977-79	University of Southern California <i>Linebackers</i>
1980	Green Bay Packers <i>Special Teams</i>
1981-82	Green Bay Packers <i>Linebackers</i>
1983-85	Atlanta Falcons <i>Defensive Coordinator</i>
1986-88	Indianapolis Colts <i>Defensive Line</i>
1989-93	San Francisco 49ers <i>Defensive Line</i>
1994-96	San Francisco 49ers <i>Linebackers</i>
1997-98	San Francisco 49ers <i>Defensive Coordinator</i>
1999-01	Carolina Panthers <i>Asst. Head Coach/ Defensive Coor.</i>
2002	Detroit Lions <i>Assistant Defensive Line</i>
2003-	Seattle Seahawks <i>Linebackers</i>



## STUMP MITCHELL

Running Backs

Seahawks Experience: 7th Year

NFL Experience: 7th Year

Named to his current position on January 28, 1999, Stump Mitchell enters his seventh NFL season, all with the Seahawks.

Mitchell has coached a 1,000-yard rusher each of his six seasons with Seattle (Ricky Watters-2, Shaun Alexander-4), including Alexander and his franchise-record and NFC-leading 1,696 yards last season. Mitchell also helped Alexander lead the NFL and set a club record with 20 total touchdowns in 2004.

In 2002, Mitchell directed a backfield that featured Alexander who recorded a franchise-record 16 rushing touchdowns, most in the NFC.

In 2003, he helped Alexander reach his first Pro Bowl after rushing for a career-high 1,435 yards. Alexander also reached the Pro Bowl in 2004.

The 2001 campaign saw Alexander rush for the third-most yards in the AFC (6th NFL) with 1,318 and his 14 rushing touchdowns led the NFL, while helping Seattle to place fifth in the AFC (9th NFL) in rushing offense.

His running backs corp in 2000 saw Watters become the 13th player to eclipse the 10,000-yard rushing mark and the continued maturation of rookie Alexander. Alexander finished second on the team with 313 yards and a 4.9 yards per carry average—second among rookies listed as the league's top rushers.

Mitchell joined the Seahawks following three years as head coach at Morgan State University. He originally joined the MSU staff in 1995 as offensive coordinator, earning a promotion to head coach the following year. In Mitchell's first two seasons the team compiled a 7-14 record, which was the best two-year mark in 16 years. Under Mitchell's tutelage, the Bears boasted a strong rushing attack, that averaged 148.9 yards per game in 1997.

A ninth-round draft choice by the St. Louis Cardinals in 1981, Mitchell spent his entire nine-year career (1981-89) with the Cardinals, ranking as one of the team's all-time great running backs and kick returners. With a 5.6-yard rushing average as a rookie, Mitchell

earned All-Rookie honors from *Pro Football Weekly*.

Mitchell still ranks as the Cardinals' all-time leader in combined yardage with 11,988 yards and ranks second with 4,649 yards rushing on 986 attempts and 32 touchdowns.

Throughout his career, Mitchell posted 14 100-yard games and finished with a 4.7-yard average, which ranks second in the team record book, as does his 156 career punt returns. His 177 kickoff returns for 4,007 yards are both Cardinals records.

In 1984, Mitchell earned All-NFC honors as a kickoff returner, by *Pro Football Weekly*.

On November 17, 1985, Mitchell had a single-game high with 179 yards against the Philadelphia Eagles, which ranks as the team's fifth-highest single-game total.

Mitchell's coaching career began in the spring of 1991, when he served as an assistant coach on the NFL Europe League's San Antonio Rough Riders' staff. He then accepted a position as the head coach at Casa Grande High (1991-94) in Phoenix, Ariz., where he led the team to a playoff berth in his second year.

For his community service, he was honored with the Chuck Drulis Award in 1982 and the Byron "Whizzer" White Humanitarian Award in 1984.

Mitchell was born on March 15, 1959, in Kingsland, Ga.

### MITCHELL'S COACHING CAREER

1991	San Antonio Rough Riders (NFLEL) <i>Running Backs</i>
1991-94	Casa Grande High (Phoenix, Ariz.) <i>Head Coach</i>
1995	Morgan State <i>Offensive Coordinator</i>
1996-98	Morgan State <i>Head Coach</i>
1999-	Seattle Seahawks <i>Running Backs</i>



## GARY REYNOLDS

Offensive Assistant/  
Quality Control

Seahawks Experience: 3rd Year  
NFL Experience: 6th Year

Gary Reynolds joined the Seahawks on February 8, 1999, and has seen his role evolve over his six seasons. Working closely with Mike Holmgren, Reynolds assisted in all aspects of football operations after serving as assistant to the general manager (1999-00) and director of football administration (2001-02) to his current position as offensive quality control.

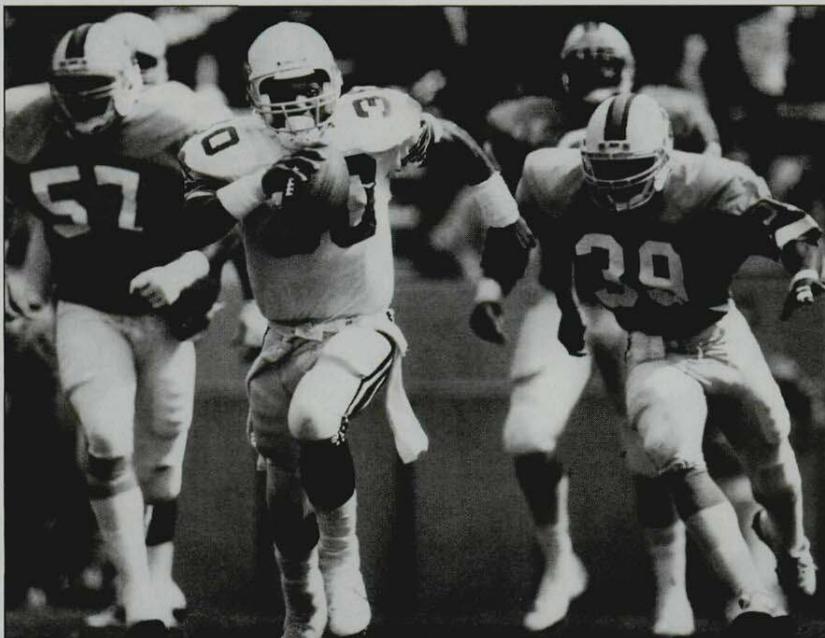
Prior to joining Seattle, Reynolds spent six years with the Green Bay Packers, where he served as offensive assistant/quality control from 1996-98, and administrative assistant/football operations from 1993-95.

Before entering the NFL, he was assistant recruiting coordinator at the University of Tennessee in 1992. He also was a graduate

assistant/assistant recruiting coordinator at Texas A&M in 1991. Reynolds holds a B.S. degree in engineering and an M.S. degree in education from Texas A&M. He and wife Beth have two daughters, Hannah and Olivia.

### REYNOLDS' COACHING CAREER

- 1996-98 Green Bay Packers  
*Offensive Asst./Quality Control*
- 2003- Seattle Seahawks  
*Offensive Asst./Quality Control*



Stump Mitchell still ranks as the Cardinals' all-time leader in combined yards.



## ZERICK ROLLINS

Defensive Line/  
Quality Control

Seahawks Experience: 5th Year  
NFL Experience: 5th Year

Rollins begins his fifth season with the Seahawks and third in the role of defensive line quality control, serving the 2001 season as defensive assistant.

His primary responsibilities include video study of opponents, self-scouting, playbook production, and assisting the defensive line under coach Dwaine Board.

He served as a graduate assistant from 1998-00 at his alma mater, Texas A&M, assisting the defensive line for the first two years and safeties in his final season.

Was a two-year starter at defensive end for the Aggies, where he helped lead A&M to its first Big 12 South Division crown in 1997. During that season, Rollins received the Academic Achievement Award, given to the student-athlete who "excelled in both academics and sports," as well as a Hitachi Post Graduate Scholarship for his studies.

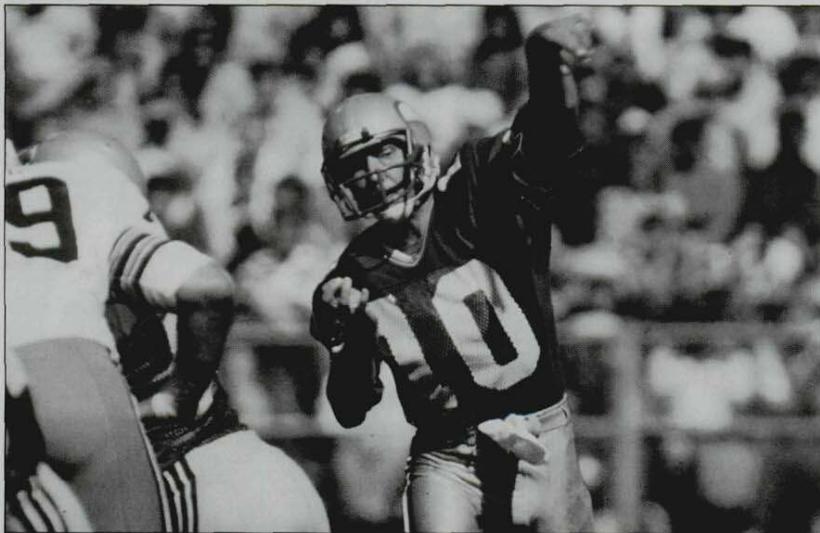
He graduated with a degree in Economics

and earned his Master's Degree in Educational Administration.

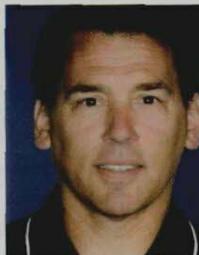
Born June 20, 1975 in Houston, Texas, he attended the same high school (Kashmere High) as former Seahawks player, Jacob Green. Rollins and his wife, Chandra, have two daughters, Zeria and Zenae, and reside in Lynnwood.

### ROLLINS' COACHING CAREER

1998-00	Texas A&M <i>Graduate Assistant</i>
2001	Seattle Seahawks <i>Defensive Assistant</i>
2002-	Seattle Seahawks <i>Defensive Line/Quality Control</i>



Jim Zorn started 100 games for the Seahawks



## JIM ZORN

Quarterbacks

Seahawks Experience: 6th Year  
NFL Experience: 9th Year

Named to his current position on February 16, 2001, Zorn returned to where his playing career, and professional coaching career, started.

Zorn has proven his fundamental guidance with the development of Pro Bowler Matt Hasselbeck who set a franchise record with 3,841 passing yards in 2003. Hasselbeck has become the franchise's most-efficient passer (83.7 rating) while joining Zorn as the only franchise quarterback to pass for 3000-plus yards in three consecutive seasons.

Zorn oversaw a 2002 campaign that saw Trent Dilfer open the season as the starter and finish with Hasselbeck under center. After spending his first two seasons on the sidelines, Zorn moved to the coaches booth to gain better perspective. Seattle's passing attack ranked third in the NFL averaging 254.9-yards a game. Hasselbeck finished the season ranked first in the NFC with a 63.7 completion percentage and second in the NFC with a 87.8 passer rating. Hasselbeck passed for more than 300 yards four times, including a franchise-record 449 in the season finale at San Diego. Hasselbeck joined Zorn as the only Seahawks quarterbacks to pass for at least 300 yards in back to back games. Zorn accomplished that feat in 1979 and 1981.

Zorn's 2001 quarterback crop included head coach Mike Holmgren's hand-picked starter Hasselbeck, Super Bowl XXXV quarterback Dilfer and 2000 part-time starter Brock Huard. Zorn groomed Hasselbeck and helped the first-year starter to become the AFC's fifth-rated passer on third-down with a rating of 80.6.

Zorn joined the Seahawks as quarterbacks coach after serving in the same capacity with the Detroit Lions (1998-00) where he was instrumental in the development of rookie quarterback Charlie Batch in 1998. Batch's 88.3 passer rating that season ranks as the fourth-highest rookie mark in NFL history.

Zorn broke into the league as an offensive assistant for the Seahawks in 1997.

Zorn spent eight seasons in the collegiate ranks before his pro debut. He spent two sea-

sons (1995-96) as quarterbacks coach at the University of Minnesota after coordinating Utah State's offense from 1992-94. His first collegiate coaching job was as an offensive assistant/quarterbacks coach at Boise State from 1989-91.

His playing career began in Seattle's inaugural 1976 season, starting all 14 games at quarterback. He went on to play nine seasons for the Seahawks before finishing with the team in 1984. After departing Seattle, he finished his playing career with the Green Bay Packers (1985), the Canadian Football League's Winnipeg Blue Bombers (1986) and the Tampa Bay Buccaneers.

Zorn is one of only seven players inducted to the Seahawks' Ring of Honor. He was named NFC Offensive Rookie of the Year (1976) and ranks second in the Seahawks' record book behind Dave Krieg in yards (20,122), completions (1,593), attempts (2,992), and touchdowns (107). His three consecutive 3,000-yard seasons are tops in team history, along with Hasselbeck, and he was the first Seattle quarterback to record back-to-back 300-plus yard games—a feat he accomplished twice.

Zorn, and his wife, Joy, have four children,

### ZORN'S COACHING CAREER

1998-91	Boise State <i>Offensive Assistant/ Quarterbacks</i>
1992-94	Utah State <i>Offensive Coordinator</i>
1995-96	University of Minnesota <i>Quarterbacks</i>
1997	Seattle Seahawks <i>Offensive Assistant</i>
1998-00	Detroit Lions <i>Quarterbacks</i>
2001-	Seattle Seahawks <i>Quarterbacks</i>

## 2005 ALPHA ROSTER

No.	Name	Pos.	Ht.	Wt.	Birthdate	Exp.	College	Hometown	How Acq.
37	Alexander, Shaun	RB	5-11	225	8/30/1977	6	Alabama	Florence, Ky.	D1(a)-'00
2	Araguz, Leo	P	5-11	190	1/18/1970	6	Stephen F. Austin	Pharr, Texas	FA-'05
27	Babiniaux, Jordan	CB	6-0	200	8/31/1982	2	Southern Arkansas	Fort Arthur, Texas	FA-'04
85	Bannister, Alex	WR	6-2	209	4/23/1979	5	Eastern Kentucky	Cincinnati, Ohio	D5-'04
50	Bates, Solomon	LB	6-1	243	4/18/1982	3	Arizona State	Moreno Valley, Calif.	D4(b)-'03
57	Bentley, Kevin	LB	6-0	245	12/29/1979	4	Northwestern	Montclair, Calif.	UFA(Clev)-'05
99	Bernard, Rocky	DT	6-3	293	4/19/1979	4	Texas A&M	Baytown, Texas	D5(a)-'02
34	Bierria, Terreal	SS	6-3	211	10/11/1980	4	Georgia	Sidell, La.	D4-'02
28	Boulware, Michael	SS	6-3	223	9/17/1981	2	Florida State	Columbia, S.C.	D2-'04
3	Brimmer, Jamaal	SS	6-1	216	6/29/1982	3	UNLV	Las Vegas, Nev.	FA-'05
36	Brown, Josh	K	6-0	202	4/29/1979	3	Nebraska	Foyle, Okla.	D7(a)-'03
32	Carber, Kerry	RB	6-0	238	12/19/1980	3	Stanford	Vaughn, Ontario	FA-'03
78	Cochran, Antonio	DE	6-4	299	6/21/1976	7	Georgia	Montezuma, Ga.	D4-'99
91	Darby, Chuck	DT	6-0	270	10/22/1975	5	South Carolina St.	North, S.C.	UFA(TB)-'05
52	Darche, Jean-Philippe	LS	6-0	246	2/28/1975	6	McGill	Montreal, Quebec	FA-'00
10	Davis, Marque	WR	5-11	190	1/15/1981	1	Fresno State	Dos Palos, Calif.	FA-'04
13	Dutton, Ryan	P	6-4	213	12/27/1977	1	Minnesota State	Oshkosh, Wis.	FA-'05
21	Dyson, Andre	CB	5-10	183	5/25/1979	5	Utah	Clearfield, Utah	UFA(Tenn)-'05
47	Edwards, Brock	TE	6-4	250	11/13/1981	1	Texas	Fort Worth, Texas	FA-'05
68	Emanuel, Kevin	DE	6-4	259	12/8/1979	1	Florida State	Waco, Texas	FA-'04
84	Engram, Bobby	WR	5-10	188	1/7/1973	10	Penn State	Camden, S.C.	UFA(Chi)-'01
94	Fisher, Bryce	DE	6-3	268	5/12/1977	5	Air Force	Renton, Wash.	UFA(SL)-'05
35	Galloway, Tim	LS	6-2	238	9/4/1981	9	Washington	Auburn, Wash.	FA-'05
63	Gibbs, Steven	G	6-3	339	9/27/1983	9	Arkansas State	Bartlett, Tenn.	FA-'05
62	Gray, Chris	G	6-4	308	6/19/1970	13	Auburn	Birmingham, Ala.	UFA(Chi)-'98
11	Greene, David	QB	6-3	226	6/22/1982	9	Georgia	Snellville, Ga.	D3(a)-'05
18	Hackett, D.J.	WR	6-2	199	7/31/1981	2	Colorado	Ontario, Calif.	D5-'04
17	Hamdan, Gibran	QB	6-6	240	2/8/1981	1	Indiana	San Diego, Calif.	FA-'05
26	Hamlin, Ken	FS	6-2	209	1/20/1981	3	Arkansas	Memphis, Tenn.	D2-'03
83	Hannam, Ryan	TE	6-2	248	2/24/1980	2	Northwestern	St. Ansgar, Iowa	D5(b)-'02
22	Harden, Michael	QB	5-11	190	10/20/1981	2	Missouri	Kansas City, Mo.	FA-'04
8	Hasselbeck, Matt	QB	6-4	223	9/25/1975	7	Boston College	Westwood, Mass.	T(GB)-'01
66	Henry, William	G/T	6-4	296	10/16/1981	1	Clemson	Greenville, S.C.	FA-'05
31	Herndon, Kelly	CB	5-10	180	11/3/1976	4	Toledo	Twinsburg, Ohio	RFA(Den)-'05
56	Hill, LeRoy	LB	6-1	229	9/14/1982	9	Clemson	Haddock, Ga.	D3(b)-'05
60	Hollenbeck, Joey	C	6-4	281	2/26/1980	2	Washington State	Enumclaw, Wash.	FA-'04
6	Holley, Terry	SS	6-1	211	3/17/1982	9	Rice	Oklahoma City, Okla.	FA-'05
29	House, Kevin	CB	6-0	185	1/9/1978	5	South Carolina	Tampa, Fla.	FA-'05
40	Howell, John	FS	6-0	210	4/28/1978	5	Colorado State	North Platte, Neb.	UFA-'05
97	Hukuba, Jeb	DE	6-4	252	5/20/1982	9	Arkansas	Searcy, Ark.	D5-'05
73	Hunter, Wayne	T	6-5	303	7/2/1981	3	Hawaii	Honolulu, Hawaii	D3-'03
76	Hutchinson, Steve	G	6-5	313	11/1/1977	5	Michigan	Ft. Lauderdale, Fla.	D1(b)-'01
82	Jackson, Darrell	WR	6-0	201	12/6/1978	6	Florida	Tampa, Fla.	D3-'00
44	Jackson, Tony	FB	6-2	266	7/5/1982	2	Iowa	Ypsilanti, Mich.	D6-'05
9	Jones, Donnie	P	6-2	222	7/5/1980	2	Louisiana State	Baton Rouge, La.	D7-'04
71	Jones, Warren	T	6-1	315	1/19/1974	5	Florida State	Aliviviat, N.C.	D1(b)-'97
19	Jurevicius, Joe	WR	6-5	230	12/23/1974	8	Penn State	Cleveland, Ohio	UFA(TB)-'05
58	Kacynvski, Isaiah	LB	6-1	252	10/3/1977	6	Harvard	Endicott, N.Y.	D4(b)-'00
68	King, Andy	G	6-4	310	11/9/1978	3	Illinois State	Lincoln, Ill.	FA-'05
5	Kluwe, Chris	P	6-4	215	12/24/1981	9	UCLA	Seal Beach, Calif.	FA-'05
53	Koutouvides, Niko	LB	6-2	238	3/25/1981	2	Purdue	Plainville, Conn.	D4-'04
67	Leverette, Otis	DE	6-7	278	5/31/1978	4	Ala.-Birmingham	Americus, Ga.	FA-'04
4	Lewis, D.D.	LB	6-1	241	1/8/1979	4	Texas	Houston, Texas	FA-'02
75	Locklear, Sean	T	6-4	301	5/23/1981	1	North Carolina State	Lumberton, N.C.	D3-'04
41	Low, Omare	CB	6-1	195	4/20/1978	4	Washington	Seattle, Wash.	FA-'05
45	Luke, R.J.	FB	6-3	256	5/25/1979	2	Western Illinois	Bloomington, Ill.	FA-'04
39	Lumsden, Jesse	RB	6-2	224	8/3/1982	9	McMaster	Burlington, Ontario	FA-'05
33	Manuel, Marquand	FS	6-0	209	7/11/1979	4	Florida	Miami, Fla.	W(Cin)-'04
88	Mili, Itula	TE	6-4	260	4/20/1973	9	Brigham Young	Laie, Hawaii	D6-'97
1	Miller, Kevin	K	6-0	212	1/16/1980	1	East Carolina	Virginia Beach, Va.	FA-'05
6	Mohr, Christian	DE	6-5	237	4/5/1980	1	Sporthochschule, Köln	Aachen, Germany	FA-'04
95	Moore, Rashad	DT	6-3	324	3/16/1979	3	Tennessee	Huntsville, Ala.	D6-'03
20	Morris, Maurice	RB	5-11	202	12/11/1973	4	Oregon	Chester, S.C.	D2(a)-'02
72	Nienhuis, Doug	G	6-6	307	2/16/1982	9	Oregon State	Irvine, Calif.	D7(b)-'05
16	Pathon, Jerome	WR	6-0	195	12/16/1975	8	Washington	Vancouver, B.C.	UFA(NO)-'05
49	Powell, Calen	TE	6-5	256	2/16/1981	9	Duke	Bellevue, Wash.	FA-'05
42	Richard, Kris	CB	5-11	190	10/28/1978	4	Southern California	Carson, Calif.	D3-'02
48	Robinson, Terrence	LB	6-0	240	3/12/1980	1	Oklahoma State	Tyler, Texas	FA-'05
7	Rosegreen, Junior	S	5-11	193	2/23/1980	9	Auburn	Fort Lauderdale, Fla.	FA-'05
55	Sharper, Jamie	LB	6-3	239	11/23/1974	9	Virginia	Richmond, Va.	UFA(Hou)-'05
84	Smith, Roy	DT	6-1	310	8/18/1982	3	Lane College	St. Louis, Mo.	FA-'05
65	Spencer, Chris	C	6-3	309	3/28/1982	9	Mississippi	Madison, Miss.	D1-'05
86	Stevens, Jerryann	TE	6-7	260	11/13/1979	4	Washington	Olympia, Wash.	D1-'02
38	Strong, Mack	FB	6-0	245	9/11/1971	13	Georgia	Columbus, Ga.	FA-'93
69	Tafaya, Joe	DE	6-4	265	9/6/1978	5	Arizona	Pittsburgh, Calif.	W(TB)-'05
51	Tatupu, Lofa	LB	6-0	238	11/15/1982	9	USC	Wretham, Mass.	D2-'05
93	Terrill, Craig	DT	6-2	294	6/27/1980	2	Purdue	Lebanon, Ind.	D6-'04
61	Tofack, Robbie	C	6-4	297	3/6/1970	12	Washington State	Tarpon Springs, Fla.	UFA(Atl)-'00
23	Trubant, Marcus	DT	5-11	199	12/25/1980	3	Washington State	Tacoma, Wash.	D1-'03
90	Tubbs, Marcus	DT	6-1	324	5/18/1981	2	Texas	DeSoto, Texas	D1-'04
25	Tucker, B.J.	CB	5-10	188	10/12/1980	1	Wisconsin	Sierra Leone, W. Africa	FA-'05
89	Urban, Jerheme	WR	6-3	212	11/26/1980	3	Trinity	Victoria, Texas	FA-'03
15	Wallace, Seneca	QB	5-11	196	8/6/1980	3	Iowa State	Sacramento, Calif.	D4(a)-'03
87	Wallace, Taco	WR	6-1	190	4/14/1981	3	Kansas State	Los Angeles, Calif.	D7-'03
43	Weaver, Leonard	FB	6-0	251	9/23/1982	9	Carson-Newman	Melbourne, Fla.	FA-'05
30	Weeks, Marquis	CB	5-10	216	10/2/1980	9	Virginia	Norristown, Pa.	FA-'05
59	White, Tracy	LB	6-0	250	4/18/1981	3	Howard	St. Stephens, S.C.	FA-'03
14	Willis, Jason	WR	6-1	196	7/28/1980	2	Oregon	Los Angeles, Calif.	FA-'03
74	Willis, Ray	T	6-6	327	8/13/1982	9	Florida State	Angleton, Texas	D4-'05
96	Wistrom, Grant	DE	6-4	272	7/3/1976	8	Nebraska	Webb City, Mo.	UFA(SL)-'04
77	Womack, Floyd	T/G	6-4	333	11/15/1978	5	Mississippi State	Cleveland, Miss.	D4(c)-'01
98	Woodard, Cedric	DT	6-2	310	9/5/1977	6	Texas	Sweeny, Texas	W(Balt)-'00
46	Worham, Cornelius	LB	6-1	236	1/25/1982	9	Alabama	Calhoun City, Miss.	D7(a)-'05
4	Wrobel, Brian	QB	6-2	191	4/4/1982	9	Winona State	Stoddard, Wis.	FA-'05
70	Wunsch, Jerry	T/G	6-6	339	1/21/1974	9	Wisconsin	Uau Claire, Wis.	FA(TB)-'02

# 2005 NUMERICAL ROSTER

No.	Name	Pos.	Ht.	Wt.	Birthdate	Exp.	College	Hometown	How Acq.
1	Kevin Miller	K	6-0	212	1/18/1980	1	East Carolina	Virginia Beach, Va.	FA-05
2	Leo Araguz	F	5-11	190	1/18/1970	6	Stephen F. Austin	Pharr, Texas	FA-05
3	Josh Brown	QB	6-0	202	4/29/1979	3	Nebraska	Fort, Okla.	D7(a)-03
4	Brian Wrobel	QB	6-2	191	4/4/1982	R	Winona State	Stoddard, Wis.	FA-05
5	Chris Kluwe	P	6-4	215	12/24/1981	R	UCLA	Seal Beach, Calif.	FA-05
6	Terry Holley	SS	6-1	211	3/17/1982	R	Rice	Oklahoma City, Okla.	FA-05
7	Junior Rosegreen	S	5-11	193	2/23/1980	R	Auburn	Fort Lauderdale, Fla.	FA-05
8	Matt Hasselbeck	QB	6-4	223	9/25/1975	7	Boston College	Westwood, Mass.	T(GB)-01
9	Donnie Jones	P	6-2	222	7/5/1980	2	Louisiana State	Baton Rouge, La.	D7-04
10	Marque Davis	WR	5-11	194	1/15/1981	1	Fresno State	Dos Palos, Calif.	FA-04
11	David Greene	QB	6-3	226	6/22/1982	R	Georgia	Snellville, Ga.	D3(a)-05
12	Ryan Dutton	P	6-4	213	12/27/1977	1	Minnesota State	Oshkosh, Wis.	FA-05
14	Jane Willis	WR	6-1	196	7/26/1980	3	Oregon	Los Angeles, Calif.	FA-03
15	Seneca Wallace	QB	5-11	196	8/6/1980	3	Iowa State	Sacramento, Calif.	D4(a)-03
16	Jerome Pathon	WR	6-0	195	12/16/1975	8	Washington	Vancouver, B.C.	UFA(NO)-05
17	Gibran Hamdan	QB	6-6	240	2/8/1981	1	Indiana	San Diego, Calif.	FA-05
18	D.J. Hackett	WR	6-2	199	7/31/1981	2	Colorado	Ontario, Calif.	D5-04
19	Joe Jurevicius	WR	6-5	230	12/23/1974	8	Penn State	Cleveland, Ohio	UFA(TB)-05
20	Maurice Morris	RB	5-11	202	12/1/1979	4	Oregon	Chester, S.C.	D2(a)-02
21	Andre Dyson	CB	5-10	183	5/25/1979	5	Utah	Clearfield, Utah	UFA(Tenn)-05
22	Michael Harden	CB	5-11	190	10/20/1981	2	Missouri	St. Louis, Mo.	FA-04
23	Marcus Truett	CB	5-11	199	12/25/1980	3	Washington State	Tacoma, Wash.	D1-03
25	B.J. Tucker	CB	5-10	188	10/12/1980	1	Wisconsin	Sierra Leone, W. Africa	FA-05
26	Ken Hamlin	FS	6-2	209	1/20/1981	3	Arkansas	Memphis, Tenn.	D2-03
27	Jordan Babineaux	CB	6-0	200	8/31/1982	2	Southern Arkansas	Port Arthur, Texas	FA-04
28	Michael Boulware	SS	6-3	223	9/17/1981	2	Florida State	Columbia, S.C.	D2-04
29	Kevin House	CB	6-0	185	19/19/79	4	South Carolina	Tampa, Fla.	FA-05
30	Marquis Weeks	QB	5-10	216	10/21/1980	R	Virginia	Norristown, Pa.	FA-05
31	Kelly Herndon	CB	5-10	180	11/3/1976	4	Toledo	Twinsburg, Ohio	RFA(DeN)-05
32	Kerry Carter	RB	6-1	238	12/19/1980	3	Stanford	Vaughn, Ohio	FA-03
33	Marquand Manuel	FS	6-0	209	7/11/1979	4	Florida	Miami, Fla.	W(Cin)-04
34	Terrel Bierria	SS	6-3	211	10/11/1980	4	Georgia	Slidell, La.	D4-02
35	Tim Galloway	LS	6-2	238	9/4/1981	R	Washington	Auburn, Wash.	FA-05
36	Jamaal Brimmer	SS	6-1	216	6/29/1982	R	UNLV	Las Vegas, Nev.	FA-05
37	Shaun Alexander	RB	5-11	225	8/30/1977	6	Alabama	Florence, Ky.	D1(a)-00
38	Mack Strong	FB	6-0	245	9/11/1971	13	Georgia	Columbus, Ga.	FA-93
39	Jesse Lumsden	RB	6-2	224	8/3/1982	1	McMaster	Burlington, Ontario	FA-05
40	John Howell	FS	6-0	210	4/28/1978	5	Colorado State	North Platte, Neb.	UFA-05
41	Omare Lowe	CB	6-1	195	4/20/1978	4	Washington	Seattle, Wash.	FA-05
42	Kris Richard	CB	5-11	190	10/28/1978	4	Southern Cal.	Carson, Calif.	D3-02
43	Leonard Weaver	FB	6-0	251	9/23/1982	R	Carson-Newman	Melbourne, Fla.	FA-05
44	Tony Jackson	FB	6-2	266	7/5/1982	R	Iowa	Ypsilanti, Mich.	D6-05
45	R.J. Luke	FB	6-3	256	5/25/1979	2	Western Illinois	Bloomington, Ill.	FA-04
46	Cornelius Wortham	LB	6-1	236	1/25/1982	R	Alabama	Calhoun City, Miss.	D7(a)-05
47	Brook Edwards	TE	6-4	250	1/13/1981	1	Texas	Fort Worth, Texas	FA-05
48	Terrence Robinson	LB	6-0	240	3/12/1980	1	Oklahoma State	Tyler, Texas	FA-05
49	Calen Powell	TE	6-5	256	2/16/1981	R	Duke	Bellvue, Wash.	FA-05
50	Solomon Bates	LB	6-1	243	4/18/1982	3	Arizona State	Moreno Valley, Calif.	D4(b)-05
51	Leoa Tatupu	LB	6-0	238	11/15/1982	R	USC	Wretham, Mass.	D2-05
52	Jean-Philippe Darche	LS	6-0	246	2/28/1975	6	McGill	Montreal, Quebec	FA-00
53	Niko Koutouvides	LB	6-2	238	3/25/1981	2	Purdue	Plainville, Conn.	D4-04
54	D.D. Lewis	LB	6-1	241	1/8/1979	4	Texas	Houston, Texas	FA-02
55	Jamie Sharper	LB	6-3	239	11/23/1974	9	Virginia	Richmond, Va.	UFA(Hou)-05
56	LeRoy Hill	LB	6-1	229	9/18/1982	R	Clemson	Haddock, Ga.	D3(b)-05
57	Kevin Bentley	LB	6-0	245	12/29/1979	4	Cliff	Montclair, Calif.	UFA(Clev)-05
58	Isaiah Kacyvenski	LB	6-1	252	10/3/1977	6	Harvard	Endicott, N.Y.	D4(b)-00
59	Tracy White	LB	6-0	230	4/14/1981	3	Howard	St. Stephens, S.C.	FA-03
60	Joey Hollenbeck	C	6-4	281	2/26/1980	2	Washington State	Enumclaw, Wash.	FA-04
61	Robbie Tobeck	C	6-4	297	3/6/1970	12	Washington State	Tarpon Springs, Fla.	UFA(Atl)-00
62	Chris Gray	G	6-4	308	6/19/1970	13	Auburn	Birmingham, Ala.	UFA(Chi)-98
63	Steven Gibbs	G	6-3	339	9/27/1983	R	Arkansas State	Bartlett, Tenn.	FA-05
64	Ron Smith	DT	6-3	310	8/18/1982	R	Lane College	St. Louis, Mo.	FA-05
65	Chris Spencer	C	6-3	309	3/28/1982	R	Mississippi	Madison, Miss.	D1-05
66	Christian Mohr	DE	6-5	237	4/5/1980	1	Sporthochschule, Köln	Aachen, Germany	FA-05
67	William Henry	G/T	6-4	295	10/16/1981	1	Clemson	Greenville, S.C.	FA-05
68	Otis Leverette	DE	6-7	278	5/31/1978	4	Ala.-Birmingham	Americus, Ga.	FA-04
68	Kevin Emanuel	DE	6-4	259	12/6/1979	1	Florida State	Waco, Texas	FA-04
68	Andy King	G	6-4	310	11/9/1978	3	Illinois State	Lincoln, Ill.	FA-05
69	Joe Tafoya	DE	6-4	265	9/6/1978	6	Arizona	Pittsburgh, Calif.	W(TB)-05
70	Jerry Wunsch	T/G	6-6	339	1/21/1974	9	Wisconsin	Eau Claire, Wis.	FA(TB)-02
71	Walter Jones	T	6-5	315	1/19/1974	4	Florida State	Aliceville, Ala.	D1-04
72	Doug Nienhuis	G	6-6	307	2/16/1982	R	Oregon State	Irvine, Calif.	D7(b)-05
73	Wayne Hunter	T	6-5	303	7/2/1981	3	Hawaii	Honolulu, Hawaii	D3-03
74	Ray Willis	T	6-6	327	8/13/1982	R	Florida State	Angleton, Texas	D4-05
75	Sean Locklear	T	6-4	301	5/29/1981	2	N.C. State	Lumberton, N.C.	D3-04
76	Steve Hutchinson	G	6-5	313	11/1/1977	5	Michigan	Ft. Lauderdale, Fla.	D1(b)-01
77	Floyd Womack	T/G	6-4	333	11/15/1978	5	Mississippi State	Cleveland, Miss.	D4(c)-01
78	Antonio Cochran	DE	6-4	299	6/21/1976	7	Georgia	Montezuma, Ga.	D4-99
82	Darrell Jackson	WR	6-0	201	12/6/1978	6	Florida	Tampa, Fla.	D3-00
83	Ryan Hamman	TE	6-2	248	2/23/1980	2	North Iowa	St. Ansgar, Iowa	D5-02
84	Bobby Engram	WR	5-10	188	1/7/1973	10	Penn State	Camden, S.C.	UFA(Chi)-01
85	Alex Bannister	WR	6-5	207	4/23/1979	5	Eastern Kentucky	Cincinnati, Ohio	D5-01
86	Jerramy Stevens	TE	6-7	260	11/13/1979	4	Washington	Olympia, Wash.	D1-02
87	Taco Wallace	WR	6-1	190	4/14/1981	3	Kansas State	Los Angeles, Calif.	D7-03
88	Itula Mili	TE	6-4	260	4/20/1973	9	Brigham Young	Laie, Hawaii	D6-97
89	Jerheme Urban	WR	6-3	212	11/26/1980	3	Trinity	Victoria, Texas	FA-03
90	Marcus Tubbs	DT	6-3	324	5/16/1981	2	Texas	DeSoto, Texas	D1-04
91	Chuck Darby	DT	6-0	270	10/22/1975	2	South Carolina St.	North, S.C.	UFA(TB)-05
93	Craig Tatum	TE	6-2	294	6/27/1980	2	Purdue	Lebanon, Ind.	D6-04
94	Bryce Fisher	DE	6-3	268	5/12/1977	5	Air Force	Renton, Wash.	UFA(StL)-05
95	Rashad Moore	DT	6-3	324	3/16/1979	3	Tennessee	Huntsville, Ala.	D6-03
96	Grant Wistrom	DE	6-4	272	7/3/1976	8	Nebraska	Webb City, Mo.	UFA(StL)-04
97	Jeb Huceba	DE	6-4	252	5/20/1982	R	Arkansas	Searcy, Ark.	D5-05
98	Cedric Woodard	DT	6-2	310	9/5/1977	6	Texas	Sweeny, Texas	W(Balt)-00
99	Rocky Bernard	DT	6-3	293	4/19/1979	4	Texas A&M	Baytown, Texas	D5(a)-02

**HOW BUILT**

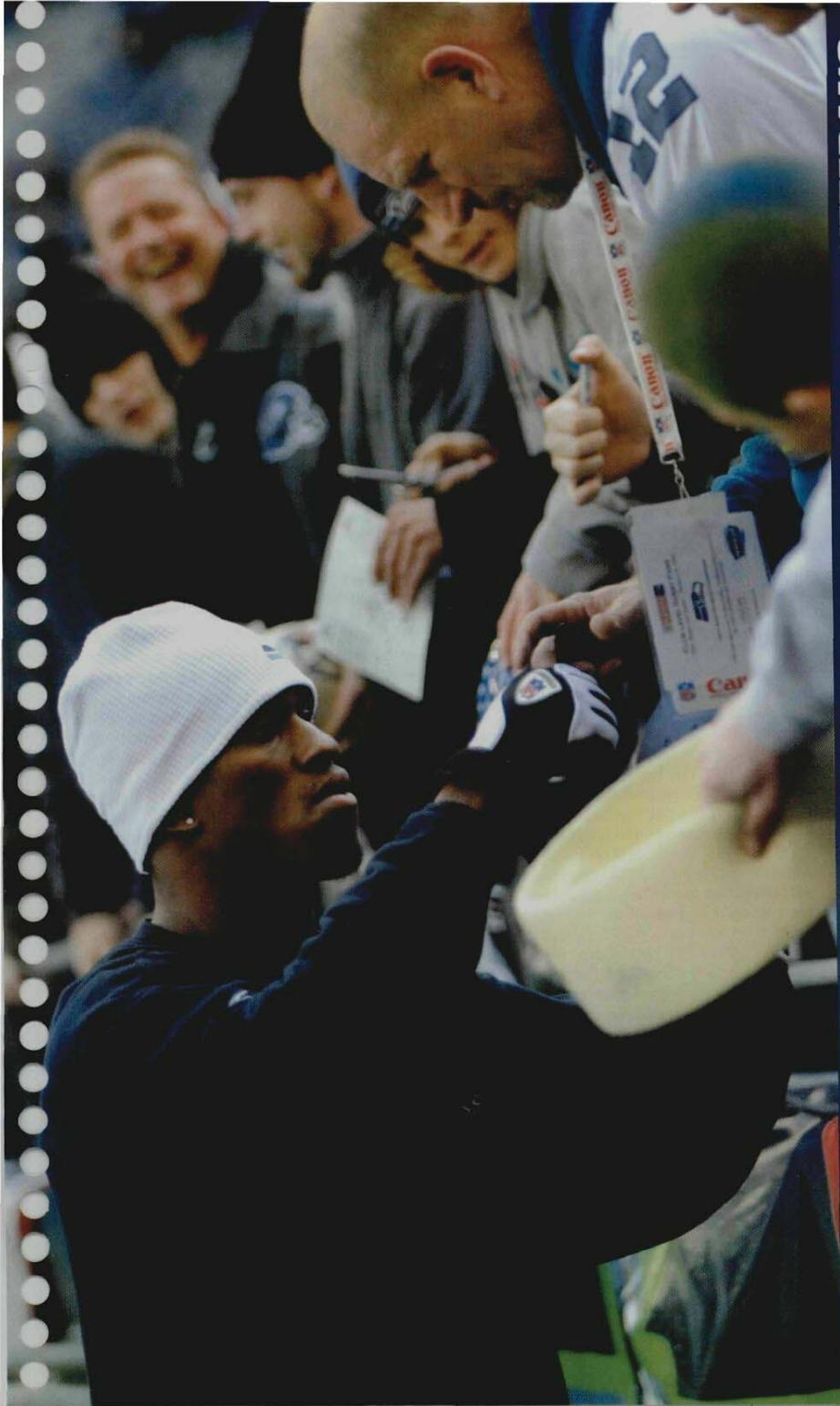
Year	By Draft	Trade/Waivers	Free Agents
<b>2005</b>	C Chris Spencer (1)	DE Joe Tafoya (W)	P Leo Araguz
	LB Lofa Tatupu (2)		LB Kevin Bentley
	QB David Greene (3a)		SS Jamaal Brimmer
	LB LeRoy Hill (3b)		DT Chuck Darby
	T Ray Willis (4)		P Ryan Dutton
	DE Jeb Hucakeba (5)		CB Andre Dyson
	FB Tony Jackson (6)		TE Brock Edwards
	LB Cornelius Wortham (7a)		DE Bryce Fisher
	G Doug Nienhuis (7b)		LS Tim Galloway
			G Steven Gibbs
			QB Gibran Hamdan
			G William Henry
			CB Kelly Herndon
		SS Terry Holley	
		CB Kevin House	
		FS John Howell	
		WR Joe Jurevicius	
		G Andy King	
		P Chris Kluwe	
		CB Omare Lowe	
		RB Jesse Lumsden	
		K Kevin Miller	
		WR Jerome Pathon	
		TE Calen Powell	
		LB Terrence Robinson	
		SS Junior Rosegreen	
		LB Jamie Sharper	
		DT Ron Smith	
		CB B.J. Tucker	
		FB Leonard Weaver	
		RB Marquis Weeks	
		QB Brian Wrobel	
<b>2004</b>	DT Marcus Tubbs (1)	FS Marquand Manuel (W)	CB Jordan Babineaux
	S Michael Boulware (2)		WR Marque Davis
	T Sean Locklear (3)		DE Kevin Emanuel
	LB Niko Koutouvides (4)		CB Michael Harden
	WR D.J. Hackett (5)		C Joey Hollenbeck
	DT Craig Terrill (6)		DE Otis Leverette
	P Donnie Jones (7)		FB R.J. Luke
		DE Christian Mohr	
		DE Grant Wistrom	
<b>2003</b>	CB Marcus Trufant (1)		RB Kerry Carter
	S Ken Hamlin (2)		WR Jerheme Urban
	T Wayne Hunter (3)		LB Tracy White
	QB Seneca Wallace (4a)		WR Jason Willis
	LB Solomon Bates (4b)		
	DT Rashad Moore (6)		
	K Josh Brown (7a)		
WR Taco Wallace (7b)			
<b>2002</b>	TE Jerramy Stevens (1)		LB D.D. Lewis
	RB Maurice Morris (2a)		T Jerry Wunsch
	CB Kris Richard (3)		
	FS Terreal Bierria (4)		
	DE Rocky Bernard (5a)		
TE Ryan Hannam (5b)			
<b>2001</b>	G Steve Hutchinson (1b)	QB Matt Hasselbeck (T)	WR Bobby Engram
	T Floyd Womack (4c)		
	WR Alex Bannister (5)		
<b>2000</b>	RB Shaun Alexander (1a)	DT Cedric Woodard (W)	LS Jean-Philippe Darche
	WR Darrell Jackson (3)		C Robbie Tobeck
	LB Isaiah Kacyvenski (4b)		
<b>1999</b>	DE Antonio Cochran (4)		
<b>1998</b>			G Chris Gray
<b>1997</b>	T Walter Jones (1b)		
	TE Itula Mili (6)		
<b>1993</b>			FB Mack Strong

**PRONUNCIATIONS**

Terreal Bierria  
 Jordan Babineaux  
 Antonio Cochran  
 Jean-Philippe Darche  
 Ryan Hannam  
 Joe Jurevicius  
 Isaiah Kacyvenski

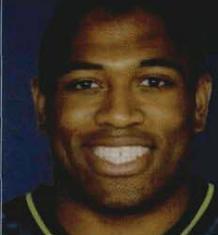
Tuh-**RELL** Bee-**AIR**-uh  
**BAB**-in-oh  
**COCK**-run  
 Zhon Phil-**EEP** Darsh  
**HAN**-um  
**JUR**-uh-**VISH**-us  
 kaz-uh-**VIN**-ski  
 Niko Koutouvides  
 Omare Lowe  
 Marquand Manuel  
 Itula Mili  
 Kris Richard  
 Robbie Tobeck  
 Marcus Trufant

**NEE**-koe Koot-oooh-**VEE**-deez  
 o-**MAR**-ee  
**MAR**-kwahnd  
 ee-**TOO**-la **MEE**-lee  
 Ri-**SHARD**  
**TOE**-beck  
**TRUE**-font



## SHAUN ALEXANDER

37



Running Back 5-11 225  
 Alabama  
 6th NFL Season  
 6th Seahawks Season  
 1st Round (A) 2000  
 2004 Games/Starts: 16/16  
 Career Games/Starts: 80/60  
 August 30, 1977  
 Florence, Kentucky

**2004:** Earned second trip to Pro Bowl after leading the NFL with a career-high and Seahawks-record 20 total touchdowns (16 rush, career-high four receiving) and 120 points scored. Finished first in the NFC (2nd NFL) with 16 rushing touchdowns. Led NFC (2nd NFL) with a career-high and Seahawks record 1,696 yards rushing and a 4.8 rushing average. Was second in the NFC (4th NFL) with 1,866 total yards from scrimmage and 86 first downs. With rushing touchdown versus Miami (11/21), passed Curt Warner to become Seattle's all-time leader in rushing touchdowns and his 154 rushing yards versus Arizona (12/26) passed Chris Warren's single-season rushing record (1,545 yards). Rushed for 135 yards on 28 carries in season opener at New Orleans (9/12) and posted three touchdowns (two rush, one receiving). Totaled fifth-career, three-touchdown game (two rush, one receiving) versus San Francisco (9/26). Totaled 150 rushing yards and a touchdown versus St. Louis (10/10). Versus Carolina (10/31), toted the ball for 30-plus times for the fourth time in career totaling 32 carries for season-high 195 yards and a touchdown. Also added a receiving touchdown. Rushed for 160 yards and two touchdowns on 26 carries at San Francisco (11/7). Posted third-straight 100-yard game with 176 yards on 22 carries at St. Louis (11/14). Tacked on two more rushing touchdowns versus Dallas (12/6). Both scores, 1 yard and 32 yards, came on fourth-and-1 plays in the fourth quarter. Registered his sixth 100-yard game of season at Minnesota (12/12) and scored on a 12-yard screen pass. Totaled three rushing touchdowns versus Arizona (12/26) on 30 carries for 154 yards, tying a career high with seven 100-yard rushing games in a season. Rushed for 80 yards in the regular-season finale versus Atlanta (1/2) just missing tying the Jets' Curtis Martin (1,697 yards) for the NFL rushing lead. Scored 16th rushing touchdown, tying his Seahawks record (2002) and 19 carries gave him 353 on the season, also a Seahawks single-season record. Carried 15 times for 40 yards in playoff loss to St. Louis (1/8).

**PRO:** Of the five running backs selected in the first-round of the 2000 NFL Draft, and not one

has more yards or touchdowns than Alexander. Since 2001, Alexander has 70 total touchdowns, only Kansas City's Priest Holmes (76) has more. In 60 career starts, has totaled 22, 100-yard games. Drafted with the 19th pick in the first round of the 2000 NFL draft, Alexander became the third running back to be taken in the first round by the Seahawks, following Curt Warner in 1983 and John L. Williams in 1986. He's also the 35th running back drafted by the Seahawks.

**2000:** Saw action in all 16 games and started one in a reserve role during his rookie season. Served as Seattle's short-yardage back on third and fourth downs. Finished the season second on the team, behind Ricky Watters, rushing 64 times for 313 yards. His 4.9-yard average ranked second among rookie running backs. Average also ranks second among all-time Seahawks rookies (*at least 50 attempts*) behind Rick Mirer. Mirer had a 5.0 average on 68 carries for 343 yards in 1993. Alexander earned his first career start in a split backfield with Watters at Kansas City (10/2) and turned in his finest performance of the season. He rushed for season highs with 11 carries and 74 yards, which included 55 yards on six carries on a touchdown drive just before halftime to give Seattle a 14-7 lead, a drive he capped with his first career touchdown run from 7 yards out. In the second meeting versus the Chiefs (10/29), he only carried the ball four times, but rolled off 53 yards, which included a career-long 50-yard burst on a fourth-and-1. Rushed for his second touchdown of the season on a 4-yard run versus Oakland (12/16). **2001:** Despite only starting 12 games, rushed for 1,318 yards on 309 attempts, the fifth-highest rushing total in team history while becoming just the fourth back to eclipse the 1000-yard mark joining Warner, Warren and Watters. Played in all 16 games, and earned the starting role after Watters injured his shoulder at Oakland (9/30), which snapped Watters' streak of 116 consecutive starts. Watters returned to the starting lineup versus Dallas (12/9), but suffered a broken ankle and was placed on injured reserve and Alexander started the three remaining games. Rushing total was the third-highest in the AFC (6th NFL) while his 4.3-yards per rush ranked

third in the AFC (4th NFL) among backs with at least 300 carries. Led the NFL with 14 rushing touchdowns, just one shy of Warren's 1995 team record. Led the AFC and was tied for second in the NFL in non-kicker scoring with 96 points (Faulk 128/Owens 96) on 16 total touchdowns (14 rush/2 receiving). Marked the first time that a Seahawks player led the AFC in non-kicker scoring and rushing touchdowns since 1978, when David Sims led the entire league with 90 points and 14 touchdowns. Sixteen combined touchdowns tied a team record established by Warren in 1995, and became the first Seahawks player to lead the conference in total touchdowns since Derrick Fenner scored 15 in 1990. Ranked third in the AFC (6th NFL) with 1,661 total yards from scrimmage, and ranked sixth in the AFC with 76 first downs. Finished second on the team with 44 receptions for 343 yards and two touchdowns. Earned second AFC Offensive Player of the Week award after one of the best games in NFL history versus the Oakland Raiders (11/11), rushing for a franchise-record 266 yards on 35 carries--second-most in team history--with three touchdowns. Performance was the fourth-highest total in NFL history and best since Corey Dillon set the league rushing standard in 2000 with 278 yards which broke Walter Payton's 23-year record of 275. O.J. Simpson recorded 273 in 1976. Three touchdowns were the most in one game since Warren rushed for three versus Denver on October 1, 1995. Had an 88-yard touchdown run which ranks as the longest offensive touchdown from scrimmage in team annals. First start of the season came versus Jacksonville (10/7) and rushed 31 times for 176 yards and two touchdowns while earning his first AFC Offensive Player of the Week award. Total was the sixth-highest on the team's rushing charts. Rushed for 142 yards the following week versus Denver (10/14) on 33 carries and had two touchdowns, including a 60-yard scoring run. Versus Miami (10/28), carried 23 times for 87 yards. Although he only totaled 60 yards on 13 carries at Washington (11/4), had a 41-yard touchdown run. Registered 93 yards and a touchdown on 25 carries at Buffalo (11/18). Had 87 yards on 29 carries in overtime versus San Diego (12/2), including six carries for 29 yards in overtime which led to the game-winning field goal. Split time with Watters at Denver (12/9) and replaced him after Watters (ankle) got the start versus Dallas (12/16). At New York versus the Giants (12/23), rushed for 96 yards and a touchdown (from 29 yards out) on 28 carries and had one receiving touchdown for his fourth multi-touchdown game of the season. Rushed for 127 yards, including a 44-yard touchdown, on just 20 carries in the season finale versus Kansas City (1/6/02). **2002:** Started all 16 games at running back enroute to rushing for an NFC leading (2nd NFL) and franchise-record 16 touchdowns, eclipsing his own

mark of 15 he tied with Warren in 2001. Also led the NFC (2nd NFL) and set a team record with 18 combined touchdowns and in non-kicker scoring with 108 points. Rushed for 1,175 yards on 295 carries (4.0 avg.). Yard total ranked fifth in the NFC while he ranked fourth in total yards from scrimmage with 1,635. Had a career-high 59 receptions, which ranked third among NFC running backs, for 460 yards. Finished second in the NFC with 80 first downs. Combined for 110 yards on 44 carries in the first three games at Oakland (9/8), versus Arizona (9/15) and at the N.Y. Giants (9/22). Got on track versus Minnesota (9/29) rushing for 139 yards on 24 carries scoring a career-high and franchise-record five touchdowns (career-high four rushing, one receiving). All scores were in the first half to set an NFL-record for most touchdowns in one half. Five touchdowns were also the second-most in NFL history to tie with nine others. Four rushing scores tied for the most in Seahawks history (Warner vs. Denver, 12/11/88). Also had three receptions for a career-high 92 yards, including an 80-yard touchdown. Became one of only two players (Joey Galloway) in team history to record at least one touchdown rushing and receiving of 80 yards or longer. Carried 25 times for 96 yards and a touchdown versus San Francisco (10/14). Rushed for two touchdowns at Dallas (10/27) and at Arizona (11/10). Totaled a season-high 145 yards versus Kansas City (11/24) with two touchdowns. Tied a career-high with eight receptions for 77 yards at San Francisco (12/1). Rushed for 123 yards in a 27-20 loss versus Philadelphia (12/8), the first game he'd lost when rushing for at least 100 yards. Had the game-winning touchdown in overtime at Atlanta (12/15) on a 27-yard scoot, one of two touchdowns on the day in a 127-yard performance. Also had two rushing scores the following week versus St. Louis (12/22). **2003:** Earned first trip to Pro Bowl after rushing for career-high 1,435 yards and scoring 16 touchdowns. Yard total ranked fourth in the NFC and was the highest since Warren's 1994 team record (1,545). Sixteen touchdowns ranked second in club history, tying his own 2001 total and Warren (1995), and two shy of team-record (18) Alexander set in 2002. Fourteen rushing scores were second in the NFC. Moved into third place in club record book with 52 career touchdowns after beginning the season tied for sixth with Daryl Turner (36). Tied Warner and Warren for second-most 100-yard games in a season with seven, including 100-yard performances in four of final seven games. Warren rushed for at least 100 yards eight times in 1995. Finished third in the NFC with 1,730 total yards from scrimmage (1,435 rush/295 receiving), and ranked second in NFC to only Ahman Green (115) with 95 first downs. Opened the season with 124 total yards (108 rush/16 rec.) and two touchdowns (1 rush/1 receiving) versus the Saints (9/7) helping

Seattle to their first home opening victory since 1998. Scored once at Arizona (9/14) on a 2-yard run. Snapped a string of 34 consecutive starts versus St. Louis (9/21) after helping deliver his first child, daughter Heaven. Rushed to the game shortly after and entered the game in the second quarter and netted 29 yards on two first-half carries. Totaled 58 yards on 14 carries. Rushed for 102 yards at Green Bay (10/5), only the second time team had lost in 10 games where he topped the 100-yard mark. Posted third 100-yard rushing game (101/2TDs) of season versus Chicago (10/19) that included a game-winning, 25-yard scamper with :58 remaining in the game. Led team with seven catches (52 yards), including a touchdown at Cincinnati (10/27). Rushed 22 times for 94 yards and a touchdown at Washington (11/9). Recorded fourth 100-yard game of season (110) versus Detroit (11/16) that included a touchdown and season-long 55-yard run. Carried season-high 27 times versus Cleveland (11/30) totaling 127 yards and a touchdown. Game marked first time in franchise history team had a 100-yard rusher, 300-yard passer (Hasselbeck-328), and two, 100-yard receivers (Koren Robinson-122, Darrell Jackson-102). Carried 15 times for 56 yards and 10th touchdown of season at Minnesota (12/7). Rushed for 126 yards at St. Louis (12/14), including 49th career touchdown moving him into third place all-time ahead of Warren. Posted 13th career multi-touchdown game versus Arizona (12/21) on season-high 135 yards rushing. Helped Seattle seal playoff berth at San Francisco (12/27) with a touchdown and 133 yards from scrimmage. Rushed for 84 yards, including 75 in second half and 59 in final quarter. Rushed 20 times for 45 yards with club playoff-record three touchdowns (all 1-yard runs) in postseason loss at Green Bay (1/4/04).

**HONORS:** 2003: *NFC Pro Bowl*. 2004: *NFC Pro Bowl*, *All-NFL Team (Pro Football Weekly)*, *All-Pro 2nd Team*, *NFL Off. Player of the Week 16*

**COLLEGE:** Alabama's all-time rushing leader, with 3,565 yards (4.9 avg.) in four seasons. Broke Bobby Humphrey's school mark of 3,420 yards established from 1985-88. Also set school records with 727 rushing attempts, 15 100-yard games, 41 rushing touchdowns and 50 total touchdowns. Overall, he left the Crimson Tide holding 15 school records and three Southeastern Conference marks. Named first-team All-SEC after rushing for 1,383 yards on 302 attempts and 19 touchdowns as a senior. Averaged 125.73 yards per game. SEC Offensive Player of the Year as voted on by the coaches and was a finalist for the Doak Walker Award. Had two kickoff returns for 90 yards, including a touchdown. His 19 touchdowns established a conference record. Reached 1,000 yards on the ground in the seventh game, the fastest of any Bama player. Finished college career with 161 yards on 25 carries with three touchdowns versus Michigan in the Orange Bowl. As a junior, earned All-SEC selection after rushing for 1,178 yards on 258 carries with 13 touchdowns. Averaged 107.09 yards in 11 games. Picked up 206 yards on 20 rushing attempts and three scores versus Vanderbilt. Played in nine games as a reserve during sophomore season. Rushed for 415 yards on 90 carries (4.6) and three touchdowns. Played in 11 games and gained 589 yards on 77 carries (7.6) and six touchdowns as a freshman.

**PERSONAL:** Gatorade Circle of Champions Kentucky Player of the Year, *Parade* and *USA Today* All-American at Boone County (Ky.) High. Ranks fifth on the prep national career-record list with 110 touchdowns and ninth with 6,657 yards. Rushed for 3,166 yards and 54 touchdowns as a prep senior. Earned a degree in Marketing in 1999 and is pursuing a second undergraduate degree in Advertising. Academic All-SEC as a senior. Brother, Duran, played drums in the University of Notre Dame Marching Band. Born August 30, 1977, in Florence, Ky. Married his wife, Valerie, on May 18, 2002, and saw birth of first child, daughter Heaven, September 21, 2003.

## ALEXANDER'S NFL RECORD

Club	G/S	Att	Rushing			Receiving					
			Yds	Avg	LG	TD	No	Yds	Avg	LG	TD
2000 Seattle	16/1	64	313	4.9	50	2	5	41	8.2	18	0
2001 Seattle	16/12	309	1,318	4.3	88t	14	44	343	7.8	28t	2
2002 Seattle	16/16	295	1,175	4.0	58	16	59	460	7.8	80t	2
2003 Seattle	16/15	326	1,435	4.4	55	14	42	295	7.0	22	2
2004 Seattle	16/16	353	1,696	4.8	44	16	23	170	7.4	24	4
<b>NFL TOTALS</b>	<b>80/60</b>	<b>1,347</b>	<b>5,937</b>	<b>4.4</b>	<b>88t</b>	<b>62</b>	<b>1731</b>	<b>309</b>	<b>7.6</b>	<b>80t</b>	<b>10</b>

Club	G/S	Att	Rushing			Receiving					
			Yds	Avg	LG	TD	No	Yds	Avg	LG	TD
2003 Seattle	1/1	20	45	2.3	17	3	1	1	1.0	1	0
2004 Seattle	1/1	15	40	2.7	9	0	1	25	25.0	25	0
<b>NFL TOTALS</b>	<b>2/2</b>	<b>35</b>	<b>85</b>	<b>2.4</b>	<b>17</b>	<b>3</b>	<b>2</b>	<b>26</b>	<b>13.0</b>	<b>25</b>	<b>0</b>

### SINGLE-GAME HIGHS

**Rushes:** 35, vs. Oakland (11/11/01)  
**Yards:** 266, vs. Oakland (11/11/01)  
**Longest, no TD:** 58, vs. Philadelphia (12/8/02)  
**Longest, TD:** 88, vs. Oakland (11/11/01)  
**TDs:** 4, vs. Minnesota (9/29/02)

**Receptions:** 8, 2 Times, Last at San Francisco (12/1/02)  
**Yards:** 92, vs. Minnesota (9/29/02)  
**Longest, no TD:** 25, at Oakland (9/30/01)  
**Longest, TD:** 80, vs. Minnesota (9/29/02)

## ALEXANDER VS. THE NFL

	-----Rushing-----							-----Receiving-----					-----Record-----		
	G	Att	Yds	Avg	LG	TD	100	Rec	Yds	Avg	LG	TD	W	L	T
Arizona	6	105	484	4.6	44t	8	2	10	66	6.6	11	0	4	2	0
Atlanta	3	50	212	4.2	29	3	1	3	30	10.0	15	0	3	0	0
Baltimore	1	22	72	3.3	12	0	0	1	0	0.0	0	0	0	1	0
Buffalo	3	43	174	4.0	21	1	0	4	15	3.8	12	0	1	2	0
Carolina	2	33	195	5.9	44	1	1	3	13	4.3	8	1	1	1	0
Chicago	1	21	101	4.8	25t	2	1	4	21	5.3	7	0	1	0	0
Cincinnati	1	20	86	4.3	23	0	0	7	52	7.4	16	1	0	1	0
Cleveland	2	31	130	4.2	21	1	1	2	10	5.0	6	0	2	0	0
Dallas	3	51	168	3.3	32t	5	0	10	59	5.9	15	0	2	1	0
Denver	5	60	205	3.4	60t	2	1	10	51	5.1	19	0	1	4	0
Detroit	1	20	110	5.5	55	1	1	5	27	5.4	11	0	1	0	0
Green Bay	1	20	102	5.1	18	1	1	3	13	4.3	12	0	0	1	0
Indianapolis	1	5	20	4.0	7	0	0	0	0	0.0	0	0	0	1	0
Jacksonville	2	34	189	5.6	23	2	1	2	15	7.5	15	0	2	0	0
Kansas City	5	71	442	6.2	50	4	2	16	119	7.4	28t	1	2	3	0
Miami	3	54	188	3.5	16	1	0	1	9	9.0	9	0	1	2	0
Minnesota	3	65	307	4.7	43	5	2	5	112	22.4	80t	2	2	1	0
New England	1	16	77	4.8	13	1	0	2	30	15.0	24	0	0	1	0
New Orleans	3	57	262	4.6	27	3	2	6	68	11.3	18	2	3	0	0
N.Y. Giants	2	42	133	3.2	29t	1	0	5	44	9.1	16t	1	0	2	0
N.Y. Jets	1	19	77	4.1	16	0	0	4	19	4.8	11	0	0	1	0
Oakland	5	69	353	5.1	88t	5	1	14	109	7.8	25	1	2	3	0
Philadelphia	2	20	129	6.5	58	0	1	3	8	2.7	9	0	0	2	0
Pittsburgh	1	20	48	2.4	14	1	0	3	19	6.3	10	0	1	0	0
St. Louis	7	125	637	5.1	41	4	3	9	45	5.0	16	0	2	5	0
San Diego	5	74	227	3.1	14	2	0	7	46	6.6	17	0	5	0	0
San Francisco	6	129	543	4.2	42	6	1	22	219	9.9	22	1	4	2	0
Seattle	0	0	0	0.0	0	0	0	0	0	0.0	0	0	0	0	0
Tampa Bay	1	17	45	2.6	12	0	0	0	0	0.0	0	0	1	0	0
Tennessee	0	0	0	0.0	0	0	0	0	0	0.0	0	0	0	0	0
Washington	3	54	221	4.1	41t	2	0	12	90	7.5	19	0	0	3	0
<b>TOTALS</b>	<b>80</b>	<b>1,347</b>	<b>5,937</b>	<b>4.4</b>	<b>88t</b>	<b>62</b>	<b>22</b>	<b>173</b>	<b>1,309</b>	<b>7.6</b>	<b>80t</b>	<b>10</b>	<b>41</b>	<b>39</b>	<b>0</b>

## ALEXANDER'S GAME-BY-GAME

	Opponent	-----Rushing-----					-----Receiving-----					Total	W/L		
		Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD				
09/06	at Miami	2	5	2.5	5	0	0	0	0.0	0	0	5	L		
09/10	St. Louis	3	18	6.0	10	0	0	0	0.0	0	0	18	L		
09/17	New Orleans	5	19	3.8	9	0	2	21	10.5	18	0	40	W		
09/24	at San Diego	3	19	6.3	9	0	0	0	0.0	0	0	19	W		
10/02	at Kansas City	11	74	6.7	17	1	2	13	6.5	11	0	87	L		
10/08	at Carolina	1	0	0.0	0	0	0	0	0.0	0	0	0	L		
10/15	Indianapolis	5	20	4.0	7	0	0	0	0.0	0	0	20	L		
10/22	at Oakland	9	29	3.2	12	0	0	0	0.0	0	0	29	L		
10/29	Kansas City	4	53	13.3	50	0	1	7	7.0	7	0	60	L		
11/05	San Diego	4	-5	-1.3	2	0	0	0	0.0	0	0	-5	W		
11/12	at Jacksonville	3	13	4.3	6	0	0	0	0.0	0	0	13	W		
11/19	Bye Week														
11/26	Denver	3	1	0.3	1	0	0	0	0.0	0	0	1	L		
12/03	at Atlanta	3	5	1.7	2	0	0	0	0.0	0	0	5	W		
12/10	at Denver	1	16	16.0	16	0	0	0	0.0	0	0	16	L		
12/16	Oakland	2	4	2.0	4	1	0	0	0.0	0	0	4	W		
12/23	Buffalo	5	42	8.4	17	0	0	0	0.0	0	0	42	L		
<b>2000 Season Totals (16/1)</b>		<b>64</b>	<b>313</b>	<b>4.9</b>	<b>50</b>	<b>2</b>	<b>5</b>	<b>41</b>	<b>8.2</b>	<b>18</b>	<b>0</b>	<b>354</b>	<b>6-10</b>		

## ALEXANDER'S GAME-BY-GAME

2001	Opponent	-----Rushing-----					-----Receiving-----					Total	W/L
		Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD		
09/09	at Cleveland	4	3	0.8	8	0	0	0	0.0	0	0	3	W
09/23	Philadelphia	3	6	2.0	4	0	0	0	0.0	0	0	6	L
09/30	at Oakland	10	18	1.8	5	1	7	66	9.4	25	0	84	L
10/07	Jacksonville	31	176	5.7	23	2	2	15	7.5	15	0	191	W
10/14	Denver	33	142	4.3	60t	2	2	24	12.0	19	0	166	W
10/21	Bye Week												
10/28	Miami	23	87	3.8	11	0	1	9	9.0	9	0	96	L
11/04	at Washington	13	60	4.6	41t	1	4	42	10.5	18	0	102	L
11/11	Oakland	35	266	7.6	88t	3	1	7	7.0	7	0	273	W
11/18	at Buffalo	25	93	3.7	21	1	4	15	3.8	12	0	108	W
11/25	at Kansas City	13	43	3.3	15	0	6	62	10.3	28t	1	105	L
12/02	San Diego	29	87	3.0	12	1	4	14	3.5	6	0	101	W
12/09	at Denver	12	28	2.3	10	0	2	4	2.0	3	0	32	L
12/16	Dallas	7	27	3.9	9	1	0	0	0.0	0	0	27	W
12/23	at N.Y. Giants	28	96	3.4	29t	1	3	36	12.0	16t	1	132	L
12/30	at San Diego	23	59	2.6	8	0	2	18	9.0	17	0	77	W
01/06/02	Kansas City	20	127	6.4	44t	1	6	31	5.2	17	0	158	W
<b>2001 Season Totals (16/12)</b>		<b>309</b>	<b>1,318</b>	<b>4.3</b>	<b>88t</b>	<b>14</b>	<b>44</b>	<b>343</b>	<b>7.8</b>	<b>28t</b>	<b>2</b>	<b>1,661</b>	<b>9-7</b>

2002	Opponent	-----Rushing-----					-----Receiving-----					Total	W/L
		Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD		
09/08	at Oakland	13	36	2.8	9	0	6	36	6.0	11t	1	72	L
09/15	Arizona	17	37	2.2	13	0	6	46	7.7	11	0	83	L
09/22	at N.Y. Giants	14	37	2.6	9	0	2	8	4.0	8	0	45	L
09/29	Minnesota	24	139	5.8	43	4	3	92	30.7	80t	1	231	W
10/06	Bye Week												
10/14	San Francisco	25	96	3.8	42	1	4	25	6.3	9	0	121	L
10/21	at St. Louis	12	30	2.5	9	0	1	16	16.0	16	0	46	L
10/28	at Dallas	23	58	2.5	10	2	7	38	5.4	15	0	96	W
11/03	Washington	19	67	3.5	16	0	8	48	6.0	19	0	115	L
11/10	at Arizona	12	42	3.5	16	2	1	2	2.0	2	0	44	W
11/17	Denver	11	18	1.6	4	0	6	23	3.8	10	0	41	L
11/24	Kansas City	23	145	6.3	46t	2	1	6	6.0	6	0	151	W
12/01	at San Francisco	16	74	4.6	20	0	8	77	9.6	16	0	151	L
12/08	Philadelphia	17	123	7.2	58	0	3	8	2.7	9	0	131	L
12/15	at Atlanta	28	127	4.5	27t	2	1	15	15.0	15	0	142	W
12/22	St. Louis	26	79	3.0	25	2	1	6	6.0	6	0	85	W
12/29	at San Diego	15	67	4.5	14	1	1	14	14.0	14	0	81	W
<b>2002 Season Totals (16/16)</b>		<b>295</b>	<b>1,175</b>	<b>4.0</b>	<b>58</b>	<b>16</b>	<b>59</b>	<b>460</b>	<b>7.8</b>	<b>80t</b>	<b>2</b>	<b>1,635</b>	<b>7-9</b>

2003	Opponent	-----Rushing-----					-----Receiving-----					Total	W/L
		Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD		
09/07	New Orleans	24	108	4.5	15	1	2	16	8.0	10t	1	124	W
09/14	at Arizona	13	51	3.9	11	1	2	11	5.5	6	0	62	W
09/21	St. Louis	14	58	4.1	17	0	3	8	2.7	7	0	66	W
09/28	Bye Week												
10/05	at Green Bay	20	102	5.1	18	1	3	13	4.3	12	0	115	L
10/12	San Francisco	22	77	3.5	13	0	3	46	15.3	22	0	123	W
10/19	Chicago	21	101	4.8	25t	2	4	21	5.3	7	0	122	W
10/26	at Cincinnati	20	86	4.3	23	0	7	52	7.4	16	1	138	L
11/02	Pittsburgh	20	48	2.4	14	1	3	19	6.3	10	0	67	W
11/09	at Washington	22	94	4.3	17	1	0	0	0.0	0	0	94	L
11/16	Detroit	20	110	5.5	55	1	5	27	5.4	11	0	137	W
11/23	at Baltimore	22	72	3.3	12	0	1	0	0.0	0	0	72	L
11/30	Cleveland	27	127	4.7	21	1	2	10	5.0	6	0	137	W
12/07	at Minnesota	14	56	4.0	15	1	1	8	8.0	8	0	64	L
12/14	at St. Louis	25	126	5.0	35	1	2	8	4.0	5	0	134	L
12/21	Arizona	21	135	6.4	44t	2	1	7	7.0	7	0	142	W
12/27	at San Francisco	21	84	4.0	23	1	3	49	16.3	20	0	133	W
<b>2003 Season Totals (16/15)</b>		<b>326</b>	<b>1,435</b>	<b>4.4</b>	<b>55</b>	<b>14</b>	<b>42</b>	<b>295</b>	<b>7.0</b>	<b>22</b>	<b>2</b>	<b>1,730</b>	<b>10-6</b>
01/04/04	at Green Bay	20	45	2.3	17	3	1	1	1.0	1	0	46	L
<b>2003 Playoff Totals (1/1)</b>		<b>20</b>	<b>45</b>	<b>2.3</b>	<b>17</b>	<b>3</b>	<b>1</b>	<b>1</b>	<b>1.0</b>	<b>1</b>	<b>0</b>	<b>46</b>	<b>0-1</b>

2004	Opponent	Rushing					Receiving					Total	W/L
		Att	Yds	Avg	LG	TD	Rec	Yds	Avg	LG	TD		
09/12	at New Orleans	28	135	4.8	27	2	2	31	15.5	17	1	166	W
09/19	at Tampa Bay	17	45	2.6	12	0	0	0	0.0	0	0	45	W
09/26	San Francisco	19	52	2.7	22	2	4	22	5.5	11	1	74	W
10/03	Bye Week												
10/10	St. Louis	23	150	6.5	41	1	1	4	4.0	4	0	154	L
10/17	at New England	16	77	4.8	13	1	2	30	15.0	24	0	107	L
10/24	at Arizona	12	65	5.4	34	0	0	0	0.0	0	0	65	L
10/31	Carolina	32	195	6.1	44	1	3	13	4.3	8	1	208	W
11/07	at San Francisco	26	160	6.2	22	2	0	0	0.0	0	0	160	W
11/14	at St. Louis	22	176	8.0	35	0	1	3	3.0	3	0	179	L
11/21	Miami	29	96	3.3	16	1	0	0	0.0	0	0	96	W
11/28	Buffalo	13	39	3.0	13	0	0	0	0.0	0	0	39	L
12/06	Dallas	21	83	4.0	32t	2	3	21	7.0	8	0	104	L
12/12	at Minnesota	27	112	4.1	22	0	1	12	12.0	12t	1	124	W
12/19	at N.Y. Jets	19	77	4.1	16	0	4	19	4.8	11	0	96	L
12/26	Arizona	30	154	5.1	23t	3	0	0	0.0	0	0	154	W
01/02/05	Atlanta	19	80	4.2	29	1	2	15	7.5	9	0	95	W
<b>2004 Season Totals (16/16)</b>		<b>353</b>	<b>1,696</b>	<b>4.8</b>	<b>44</b>	<b>16</b>	<b>23</b>	<b>170</b>	<b>7.4</b>	<b>24</b>	<b>4</b>	<b>1,866</b>	<b>9-7</b>
01/08/05	St. Louis	15	40	2.7	9	0	1	25	25.0	25	0	65	L
<b>2004 Playoff Totals (1/1)</b>		<b>15</b>	<b>40</b>	<b>2.7</b>	<b>9</b>	<b>0</b>	<b>1</b>	<b>25</b>	<b>25.0</b>	<b>25</b>	<b>0</b>	<b>65</b>	<b>0-1</b>
<b>Career Totals (80/60)</b>		<b>1,347</b>	<b>5,937</b>	<b>4.4</b>	<b>88t</b>	<b>62</b>	<b>173</b>	<b>1,309</b>	<b>7.6</b>	<b>80t</b>	<b>10</b>	<b>7,246</b>	<b>41-39</b>
<b>Playoff Totals (2/2)</b>		<b>35</b>	<b>85</b>	<b>2.4</b>	<b>17</b>	<b>3</b>	<b>2</b>	<b>26</b>	<b>13.0</b>	<b>25</b>	<b>0</b>	<b>111</b>	<b>0-2</b>

# LEO ARAGUZ

2



Punter 5-11 190  
 Stephen F. Austin  
 7th NFL Season  
 1st Seahawks Season  
 FA '05  
 2004 Games/Starts: 0/0  
 Career Games/Starts: 56/0  
 January 18, 1970  
 Harlingen, Texas

**2004:** Was not with an NFL team in 2004.

**PRO:** Veteran punter signed as a free agent with Seattle February 23, 2005, and is expected to compete in training camp with Donnie Jones for the team's punting job. Has punted in 56 career games averaging 42.8 yards on 304 punts including 93 downed inside the 20 compared to 26 touchbacks. Originally signed as a free agent with Oakland December 4 during the 1996 season and punted the following three seasons with the Raiders. Did not punt in the NFL in 2000, but went to training camp with St. Louis in 2001. Did not make the Rams' club that season, but eventually signed with Detroit November 27, 2001, and punted three weeks before being released December 19. Was not in the NFL in 2002, but signed with Kansas City in 2003 and was released following training camp. Signed with the Minnesota Vikings December 16, 2003 and punted in two games. **1996:** Played in three games for Oakland punting 13 times for 534 yards (41.1, 34.5 net), landing four inside the 20-yard line with two touchbacks. **1997:** Saw duty in all 16 games for

Oakland punting 93 times and averaging 45 yards (39.1 net), placing 28 balls inside the 20-yard line with only six touchbacks. Gross average tied for third in the AFC and fifth in the NFL while net averaged ranked second in the NFL. Punt total was third-most in team history, while 4,189 yards were the second-highest tally amassed by an Oakland punter. Tied a season-high with eight punts at Denver (11/24), stopping four inside the 20. Punted three times versus Seattle (12/14), establishing career highs with a 55.3-yard gross average and a 49.7-yard net. **1998:** Played in all 16 games, recording a Raiders record and career-high, 98 punts, averaging 43.4 yards (33.4 net), placing 29 inside the 20-yard line with 10 touchbacks. Punt total led the AFC and was third in the NFL and 29 punts inside the 20 was second in the AFC and fifth in the NFL. Added 43 kickoffs with three touchbacks. Landed four of eight punts inside the 20-yard line versus the New York Giants (9/13). Punted an NFL-record 16 times for 709 yards and placed a career-high five punts inside the 20 versus San Diego (10/11). Booted six

punts for 248 yards, including a career-long 64-yarder, versus Washington (11/29). **1999:** Saw action in all 16 games for Oakland, punting 76 times and averaging 40.1 yards (32.3 net) with 25 punts landing inside the 20-yard line and just four touchbacks. Also had one punt blocked. Four touchbacks tied for fourth fewest in the NFL. Punted a season-high nine times at Kansas City (1/2/00). **2000:** Did not play in the NFL. **2001:** Played in three games with Detroit, recording 17 punts for a 41.9-yard average (34.0 net) with six downed inside the 20 and four touchbacks. **2002:** Did not play in the NFL. **2003:** Went to training camp with Kansas City, but did not make the final roster. Signed with Minnesota on December 16 and saw action in two games. Punted seven times and averaged 38.7 yards with one landing inside the 20.

**COLLEGE:** A four-year letterman at Stephen F. Austin where he was a three-time All-Southland Conference selection. His 42.6-yard average led the Southland Conference and ranked fifth in the nation as a senior. Concluded his career with 10 punts over 50 yards, including two punts of more than 60 yards.

**PERSONAL:** Saw action as both a punter and placekicker at Harlingen (Texas) High School. Also lettered in soccer. Has a street named after him in his hometown of Pharr, Texas. Played for the NFL's New York/New Jersey Hitmen in 2001. Saw duty with the World League's Rhein Fire in 1996, averaging 42.3 yards on 41 punts and just four touchbacks. Led the World League with a 37.9-yard net average and 17 punts inside the 20-yard line.

## ARAGUZ'S NFL RECORD

### PUNTING

Club	G/S	No	Yds	Avg	Net Avg	LG	I20	TB	Blk	
1996 Oakland	3/0	13	534	41.1	34.5	52	4	2	0	
1997 Oakland	16/0	93	4,189	45.0	39.1	63	28	6	0	
1998 Oakland	16/0	98	4,256	43.4	33.4	64	29	10	0	
1999 Oakland	16/0	76	3,045	40.1	32.3	56	25	4	1	
2001 Detroit	3/0	17	713	41.9	34.0	55	6	4	0	
2003 Minnesota	2/0	7	271	38.7	27.7	44	25	8	0	
<b>NFL TOTALS</b>	<b>56/0</b>	<b>304</b>	<b>13,008</b>	<b>42.8</b>	<b>34.8</b>	<b>64</b>	<b>117</b>	<b>34</b>	<b>1</b>	

### SINGLE-GAME HIGHS

**Punts:** 16 vs. San Diego (10/11/98)  
**Avg. (3 min.):** 55.3 vs. Seattle (12/14/97)  
**Net (3 min):** 49.7 vs. Seattle (12/14/97)

**Longest:** 64 vs. Washington (11/29/98)  
**Inside 20:** 5 vs. San Diego (10/11/98)

## JORDAN BABINEAUX

# 27



Cornerback 6-0 200  
 Southern Arkansas  
 2nd NFL Season  
 2nd Seahawks Season  
 FA '04  
 2004 Games/Starts: 6/0  
 Career Games/Starts: 6/0  
 August 31, 1982  
 Port Arthur, Texas

**2004:** Saw action in the final six games and the playoff game versus St. Louis (1/8) after spending the first 11 weeks on the Seahawks practice squad. Totaled three defensive tackles and five special teams stops. Had one defensive and one special teams tackle in the playoff game.

**PRO:** Originally signed with the Seahawks as an undrafted free agent April 29 following the 2004 NFL Draft. Signed to the Seahawks' practice squad following train-

ing camp before signing to the active roster November 26.

**COLLEGE:** The Muleriders cornerback played in 39 games in his career at SAU, made 213 tackles (127 solo), three sacks, 10 interceptions returned for 124 yards, 20 passes defended, recovered six fumbles, forced two fumbles and returned 17 kickoffs for 487 yards and two touchdowns, including a 100-yard return. Had a standout senior year, earning Dopke.com first-team All-America kick

returner, Dopke.com Division II National Special Teams Performer of the Year, D2Football.com second-team All-America defensive back, Daktronics second-team All-America cornerback, *Football Gazette* second-team All-America cornerback, Daktronics first-team All-South Region cornerback, *Football Gazette* first-team All-South Region defensive back, first-team All-Gulf South Conference defensive back, and was selected to play in the Division II Whataburger Cactus

Bowl All-Star game. Set SAU and GSC records for kickoff return yards in a game with 208 yards, set GSC and tied NCAA Division II records for kickoff return touchdowns in a game with two for 196 yards, and set an SAU record and tied GSC and NCAA Division II records for longest kickoff return for a touchdown with 100 yards, all in SAU's game against Delta State in 2003.

**PERSONAL:** Prepped at Lincoln High in Port Arthur, Texas. Born August 31, 1982.

## BABINEAUX'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
2004 Seattle	6/0	3	2	1	0.0	0.0	0	0	0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>6/0</b>	<b>3</b>	<b>2</b>	<b>1</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
2004 Seattle	1/0	1	0	1	0.0	0.0	0	0	0.0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>1/0</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### SINGLE-GAME HIGHS

**Tackles:** 1 Three Times, last vs. Atlanta (1/2/05)  
**Interceptions:** None

**Forced Fumbles:** None  
**Fumble Recoveries:** None

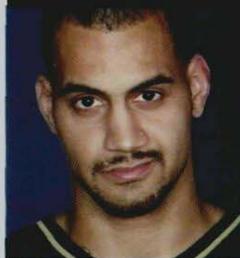
### ADDITIONAL STATS

**Special Team Tackles:** 2004 - 5; Career Totals: 5

**Postseason:** 2004 - 1

## ALEX BANNISTER

# 85



Wide Receiver 6-5 207  
 Eastern Kentucky  
 5th NFL Season  
 5th Seahawks Season  
 5th Round 2001  
 2004 Games/Starts: 7/1  
 Career Games/Starts: 55/44  
 April 23, 1979  
 Cincinnati, Ohio

**2004:** Played in seven games with one start before a broken collarbone versus Carolina (10/31) landed him on injured reserve (11/5). Totaled two receptions on the season, both at New England (10/17), for 10 yards. Totaled six special teams tackles. Only start came at Arizona (10/24).

**PRO:** Selected in the fifth round (140th overall) of the 2001 NFL Draft. One of two receivers taken in the draft by Seattle (Koren Robinson). **2001:** Saw action in all 16 games as a rookie, including 13 at receiver. A consistent performer on special teams, finished fourth on the team in that category with 11 tackles. Caught four passes on the season for

50 yards. Versus Denver (10/14), blocked a Tom Rouen punt and returned it 9 yards for a touchdown. The blocked punt and score was the first for the Seahawks since Eugene Robinson returned one 8 yards versus Green Bay (11/15/87), a span of 218 games. Also recorded his first career reception, a 4-yarder, versus Denver. Recovered a fumble on special teams the very next game versus Miami (10/28). Had a 13-yard reception at Washington (11/4), a career-long 17-yarder versus San Diego (12/2), and a 16-yard catch at New York versus the Giants (12/23). **2002:** Played in all 16 games with one start. Finished second on the team with 13 special

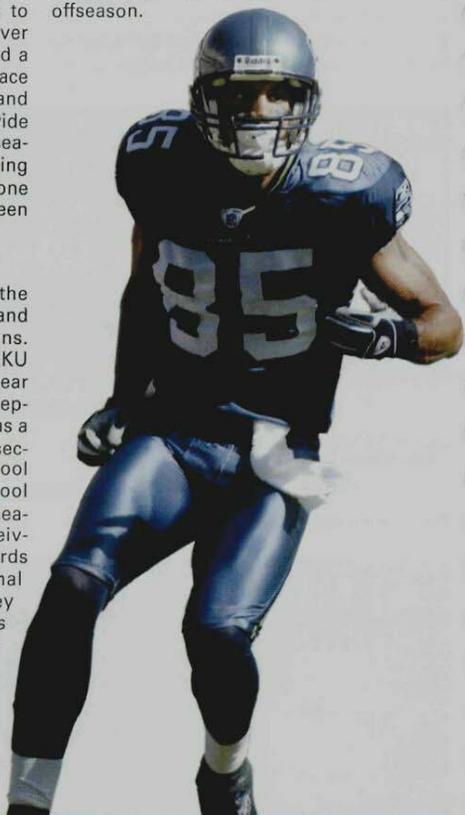
teams tackles and had one fumble recovery. Made first-career start at Oakland when the team opened in a four-receiver set. **2003:** Earned a trip to Pro Bowl as a special teamer. Led team with 18 special teams tackles and is one of the best in the NFL at downing punts inside the 20, helping Tom Rouen to 29 inside the 20. Helped club lead NFL in lowest punt return average, holding opponents to 4.8 yards/return. Made two starts at receiver and totaled three catches for 61 yards and a touchdown. Started at Arizona (9/14) in place of Koren Robinson and versus Cleveland (11/30), when team opened with four wide receivers. Caught two of three passes in season finale at San Francisco (12/27), including a 31-yard touchdown, first of career. Had one catch for 8 yards in playoff game at Green Bay (1/4/04).

**HONORS: 2003, NFC Pro Bowl**

**COLLEGE:** Finished career third on the school's all-time list with 144 receptions, and second with 22 touchdown receptions. Touchdown total was just five shy of the ECU record. Gained 2,142 yards in his four-year career. Led team with a career-high 71 receptions for 1,122 yards and 12 touchdowns as a senior. Receptions and yards rank as the second highest single-season total in school history. Twelve touchdowns set a school record for most touchdowns in a single season. Averaged 102.0 yards per game receiving. Had six games with at least 100 yards receiving. Earned *USA Today* National Player of the Week and Ohio Valley Conference Player of the Week honors as he caught 16 passes for 224 yards and a 44-yard touchdown versus Murray State.

**PERSONAL:** All-Conference selection during his three-year football career at Hughes Center (Cincinnati, Ohio) High School. Played in the area all-star game.

Standout performer in track, was named Most Valuable and Most Improved Performer in track, competing in the 200 meters (21.0), 100-meter high hurdles (14.7), 110- and 300-meter hurdles, 4x100, 4x200, 4x400 and 4x1,600-meter relay teams. Spent a week visiting troops stationed in the Middle East during the 2004 offseason.



**BANNISTER'S NFL RECORD**

Club	G/S	Receiving					Rushing				
		No	Yds	Avg	LG	TD	Att	Yds	Avg	TD	
2001 Seattle	16/0	4	50	12.5	17	0	0	0	0.0	0	
2002 Seattle	16/1	0	0	0.0	0	0	0	0	0.0	0	
2003 Seattle	16/2	3	61	20.3	31t	1	0	0	0.0	0	
2004 Seattle	7/1	2	10	5.0	8	0	0	0	0.0	0	
<b>NFL TOTALS</b>	<b>55/4</b>	<b>9</b>	<b>121</b>	<b>13.4</b>	<b>31t</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	

**BANNISTER'S SINGLE-GAME HIGHS**

**Most Receptions:** 2, 2 Times (Last at NE 10/17/04)  
**Most Yards:** 53, at San Francisco (12/27/03)

**Longest Reception:** 31, at San Francisco (12/27/03)  
**Most Touchdowns:** 1, at San Francisco (12/27/03)

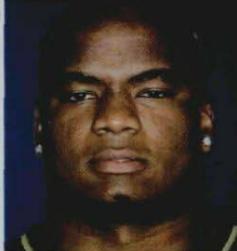
**ADDITIONAL STATISTICS**

**Special Team Tackles:** 2001 - 11, 2002 - 13, 2003 - 18, 2004 - 6: Career Totals: 48  
**Postseason:** 2003 - 1

# SOLOMON BATES

# 50

VETERANS



Linebacker 6-1 243  
 Arizona State  
 3rd NFL Season  
 3rd Seahawks Season  
 4th Round (B) 2003  
 2004 Games/Starts: 10/3  
 Career Games/Starts: 17/3  
 April 18, 1982  
 Moreno Valley, California

**2004:** Saw action in 10 games with three starts and tallied 26 tackles and two passes defended. With injuries to Chad Brown (knee) and Tracy White (hamstring), first-career start came versus Buffalo (11/28) and totaled a career-high six tackles. Also started the following two weeks versus Dallas (12/6) and Minnesota (12/12). Totaled eight special teams tackles.

**PRO:** Selected with the 38th pick in the fourth round (135th overall) and the first linebacker taken since Orlando Huff in 2001. **2003:** Saw action in seven games on special teams recording three tackles. Was inactive in nine contests. Also inactive for postseason game.

**COLLEGE:** Started 34 of 43 games at Arizona State, recording 248 tackles (133 solos) with five sacks for a loss of 25 yards, 29 stops for losses of 79 yards, six fumble recoveries, five forced fumbles, three interceptions, and 18 passes defended. Appeared in 12 games, starting seven at inside linebacker as a senior. As a junior, started the first nine games at linebacker. Was All-Pac-10 Conference honorable mention as a sophomore. Started every game at middle linebacker and made career-

high 99 tackles (70 solo), including three sacks. Caused and recovered four fumbles, intercepted two passes, and had eight passes defended. Named to *The Sporting News'* first-team Freshman All-American squad, as well as earning the Bill Kajikawa Sun Devil Award as ASU's most outstanding freshman. Named to the *Seattle Post-Intelligencer's* Pac-10 All-Freshman team and one of the "Top 10 Freshman" by *Sports Illustrated*. Played in eight games, starting six at middle linebacker, and finished eighth on the team with 42 tackles (15 solo), despite not starting until the third game of the season and then suffering a season-ending knee injury at Oregon (10/30). Was one of only three 17-year-old freshmen to start in Division I football in 1999.

**PERSONAL:** A 1999 graduate of Canyon Springs (Moreno Valley, Calif.) High. All-American pick by *Super Prep* and also listed as the No. 13 linebacker in the nation by that magazine. Listed as one of the nation's top seven linebackers by *Street & Smith's* Magazine. Named All-League as he collected 120 tackles as a junior. Majored in sociology.

## BATES' NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
2003 Seattle	7/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	
2004 Seattle	10/3	26	16	10	0.0	0.0	0	0	0.0	0	2	0	0	
<b>NFL TOTALS</b>	<b>17/3</b>	<b>26</b>	<b>16</b>	<b>10</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>0</b>	

### SINGLE-GAME HIGHS

Tackles: 6 vs. Buffalo (11/28/04)  
 Interceptions: None

Forced Fumbles: None  
 Fumble Recoveries: None

### ADDITIONAL STATS

Special Team Tackles: 2003 - 3, 2004 - 8: Career Totals: 11

75

## KEVIN BENTLEY

57



Linebacker 6-0 245  
 Northwestern  
 4th NFL Season  
 1st Seahawks Season  
 UFA (Clev) 2005  
 2004 Games/Starts: 16/3  
 Career Games/Starts: 44/17  
 December 29, 1979  
 Montclair, California

**2004:** Saw action in all 16 games while playing for the Cleveland Browns. Finished the season with 64 tackles (39 solo) despite starting just three games. Also notched one pass defended and one forced fumble. Was a member of the special teams units and finished tied for fifth on the team with 12 stops. Started the season opener versus Baltimore (9/12) at outside linebacker and registered a season-high seven tackles. Started games versus Philadelphia (10/24) and Pittsburgh (11/14) when the club opened in the nickel package.

**PRO:** Able to play inside or outside linebacker. Signed as a free agent with the Seahawks March 17. Originally selected by the Cleveland Browns in the fourth round (101st overall) in the 2002 NFL Draft. Started 17 times in 44 career games with the Browns totaling 205 tackles and 26 special teams tackles. Was the Browns' primary starter at outside linebacker in 2003.

**2002:** Appeared in 12 games at outside linebacker during rookie season and recorded 28 tackles (20 solo), with nine tackles and a blocked punt on special teams despite missing four games with a broken hand. Made NFL debut versus Kansas City (9/8). Established a season-high six tackles at Pittsburgh (9/29) and blocked a punt on special teams. Added three tackles versus Pittsburgh (11/3) and suffered a broken hand in the second quarter and returned to action. Was listed as inactive with the hand injury the next four games: at Cincinnati (11/17), at New Orleans (11/24), versus Carolina (12/1), and at Jacksonville (12/8). Returned to action on special teams versus Indianapolis (12/15). Recorded four tackles at linebacker in AFC Wild Card Game at Pittsburgh

(1/5/03). **2003:** Earned the starting strongside linebacker position in training camp and played in 16 games with 14 starts, ranking third on the team with 113 tackles (62 solo). Added one interception and one pass defended. Recorded 10 or more tackles on four occasions and established a career-high 16 tackles at New England (10/26). Recorded first career interception versus Indianapolis (9/7), also his first-career start. Was part of a defensive effort that limited the Colts to 271 yards of total offense, including only 67 net yards rushing. Ranked third on the club with 12 tackles at Seattle (11/30).

**COLLEGE:** Three-year starter who recorded 390 tackles with six sacks at Northwestern. Started 33 of 45 career games. Named All-Big Ten Conference second team as a senior after leading the team with 147 tackles. Was an All-Big Ten Conference honorable mention following junior season. Started every game except one versus Illinois and totaled 83 tackles. Also was second-team All-Big Ten Conference after sophomore campaign starting every game and recording a career-high 148 tackles.

**PERSONAL:** Named SuperPrep Top 100 in the Far West region at Montclair (Calif.) High School. *Los Angeles Times* All-Valley selection and team captain last two seasons. Recorded 220 tackles junior and senior seasons as a linebacker and rushed for 1,000 yards, scored 22 touchdowns, and caught 40 passes for 600 yards and 10 scores. Was a two-sport letter winner in football and basketball. Was a member of the 10th and 11th grade honor society and Scholar-Athlete of the year. A communication studies major. Son of Sylvia Bentley. Born Kevin Kinte Bentley.

## BENTLEY'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
2002 Cleveland	12/0	28	21	7	0.0	0.0	0	0	0.0	0	0	1	1	1
2003 Cleveland	16/14	113	62	48	0.0	0.0	1	25	25.0	25	0	1	0	0
2004 Cleveland	16/3	64	39	24	0.0	0.0	0	0	0.0	0	0	1	1	0
<b>NFL TOTALS</b>	<b>44/17</b>	<b>205</b>	<b>126</b>	<b>79</b>	<b>0.0</b>	<b>0.0</b>	<b>1</b>	<b>25</b>	<b>25.0</b>	<b>25</b>	<b>0</b>	<b>3</b>	<b>2</b>	<b>1</b>

## SINGLE-GAME HIGHS

Tackles: 6, vs. Buffalo (11/28/04)  
 Interceptions: None  
 Forced Fumbles: None  
 Fumble Recoveries: None

## ADDITIONAL STATS

Special Team Tackles: 2003 - 3, 2004 - 8;  
 Career Totals: 11

# ROCKY BERNARD

# 99

VETERANS



Defensive Tackle 6-3 293  
 Texas A&M  
 4th NFL Season  
 4th Seahawks Season  
 5th Round (A) 2002  
 2004 Games/Starts: 14/1  
 Career Games/Starts: 42/3  
 April 19, 1979  
 Baytown, Texas

**2004:** Played in 14 games with one start and totaled 39 tackles, 3.5 sacks, six passes defended, and a fumble recovery. Posted one sack in each of the first three games of the season at New Orleans (9/12), at Tampa Bay (9/19), and versus San Francisco (9/26). Part of a defensive unit that held the 49ers scoreless for the first time in 420 games. Started only regular-season game at Arizona for Rashad Moore (shoulder) and tied a season high with six tackles. Declared inactive (knee) two games at Minnesota (12/12) and at New York Jets (12/19). Posted six tackles and half of a sack versus Atlanta (1/2/05). Started at defensive tackle in playoff game versus St. Louis (1/8) and registered four tackles and a sack.

**PRO:** Selected with the 11th pick of the fifth round (146th overall) by the Seahawks in the 2002 draft. Was the second defensive player chosen by Seattle in that draft (Anton Palepoi, 56th overall). **2002:** Played in 16 games as a rookie with two starts at New York versus the Giants (9/22) and versus Minnesota (9/29). Became the first rookie defensive lineman to start a game for the Seahawks since Sam Adams in 1994. Totaled 49 tackles (34 solo) with four sacks. Named the NFL's Defensive Rookie of the Month for September after leading the club with four sacks, while adding 18 tackles. Despite starting just two games, season tackle total was third among defensive linemen. Had first-

career sack versus Arizona (9/15) and started the following week against New York Giants for John Randle (knee) and Brandon Mitchell (calf) and posted another sack to go along with five solo tackles. Also started the next week versus Minnesota and collected two sacks and season-high nine tackles. Forced first-career fumble at Arizona (11/10) to stifle a scoring threat on the Seahawks' 1-yard line. **2003:** Played in 12 games totaling 16 tackles and two sacks. Was inactive four of five games in the middle of the season (San Francisco 10/12, Chicago 10/19, Pittsburgh 11/2, at Washington 11/9), but was a regular in the nickel rotation the final seven games. Registered one sack at Baltimore (11/23) and versus Arizona (12/21). Declared inactive (toe) for playoff game at Green Bay (1/4/04).

**COLLEGE:** In 33 career starts, collected 170 tackles (89 solo) with 12 sacks and 33 stops for loss. Was the only member of the Aggies' defensive line to start every game his final season and posted 69 tackles, the most tackles by an Aggie lineman since former Seahawks player Sam Adams (78 in 1993).

**PERSONAL:** All-American selection by SuperPrep and Prepstar at Sterling High School (Baytown, Texas). Earned District 22-5A Defensive MVP honors after posting 102 tackles, 12 quarterback pressures, and five forced fumbles. Agricultural economics major. First name is Robert, nicknamed "Rocky."

## BERNARD'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
2002 Seattle	16/2	49	34	15	4.0	26.0	0	0	0	0	0	1	1	0
2003 Seattle	12/0	16	11	5	2.0	9.0	0	0	0	0	0	1	1	0
2004 Seattle	14/1	39	26	13	3.5	23.0	0	0	0	0	0	6	0	1
<b>NFL TOTALS</b>	<b>42/3</b>	<b>104</b>	<b>71</b>	<b>33</b>	<b>9.5</b>	<b>58.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>8</b>	<b>2</b>	<b>1</b>

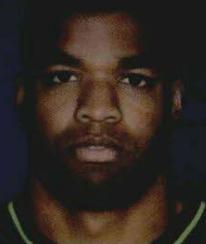
### SINGLE-GAME HIGHS

Tackles: 9, vs. Minnesota 9/29/02  
 Interceptions: None  
 Sacks: 2, vs. Minnesota 9/29/02

Forced Fumbles: 1, at Arizona 11/10/02  
 Fumble Recoveries: 1, at New England 10/17/04

## TERREAL BIERRIA

34



Safety 6-3 211  
 Georgia  
 4th NFL Season  
 4th Seahawks Season  
 4th Round 2002  
 2004 Games/Starts: 16/12  
 Career Games/Starts: 30/12  
 October 10, 1980  
 Slidell, Louisiana

**2004:** Opened the season as the starter at strong safety starting 12 of 16 games played. Tallied 69 tackles, one interception, and five passes defended. Added six special teams tackles. Saw action on special teams only the final four games of the season. First career start came in season opener at New Orleans (9/12), totaling nine stops with a pass defended and a forced fumble. Had career and season-high 10 tackles at New England (10/17). Lone interception came in final start of season versus Dallas (12/6). Saw time on special teams in playoff game versus St. Louis (1/8).

**PRO:** Selected with the 22nd pick in the fourth round (120th overall) and was only the 15th safety taken in Seahawks draft history.

**2002:** Saw action in 14 games after being inactive the first two games of the season. All action came on special teams where he led the team with 16 tackles. Had season-high five special-teams tackles versus Minnesota (9/29) and made the final block on a Maurice Morris 97-yard touchdown kickoff return at St. Louis (10/20). **2003:** Was placed on

injured reserve September 6, after sustaining a right shoulder injury in the third preseason game versus Kansas City.

**COLLEGE:** Started 21 of 23 games for the Bulldogs and registered 190 tackles with 10 stops behind the line of scrimmage and recovered four fumbles. Also had four interceptions and 16 passes defended. Entered the NFL Draft following his junior season after finishing third on the team with 75 tackles. As a sophomore, collected 83 stops with eight passes defended and three interceptions, one he returned 75 yards for a touchdown versus Auburn.

**PERSONAL:** Named to the *USA Today* All-USA second team, *New Orleans Times Picayune* 5A All-State first team at Salmen High School (Slidell, La.). Voted Most Valuable Defensive Player in the district as a senior where he recorded 111 tackles, four sacks, two interceptions, two forced fumbles, and two fumble recoveries his final year. Education major.

## BIERRIA'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
2002 Seattle	14/0	0	0	0	0	0	0	0	0	0	0	0	0	0
2003 Seattle		Injured Reserve												
2004 Seattle	16/12	69	47	22	0	0	1	10	10.0	10	0	5	1	0
<b>NFL TOTALS</b>	<b>30/12</b>	<b>69</b>	<b>47</b>	<b>22</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>10</b>	<b>10.0</b>	<b>10</b>	<b>0</b>	<b>5</b>	<b>1</b>	<b>0</b>

## SINGLE-GAME HIGHS

**Tackles:** 10, at New England 10/17/04  
**Interceptions:** 1, vs. Dallas 12/6/04  
**Sacks:** None

**Forced Fumbles:** 1, at New Orleans 9/12/04  
**Fumble Recoveries:** None

## ADDITIONAL STATS

**Special Team Tackles:** 2002 -16, 2004 -6; Career Totals: 22

# MICHAEL BOULWARE

# 28

VETERANS



Safety 6-2 223  
Florida State  
2nd NFL Season  
2nd Seahawks Season  
2nd Round 2004  
2004 Games/Starts: 16/4  
Career Games/Starts: 16/4  
September 17, 1981  
Columbia, South Carolina

**2004:** Had one of the finest rookie seasons ever by a Seahawks player. Totaled 53 tackles, five interceptions, one sack, and a forced fumble. Five interceptions were the most by a rookie in club history and finished tied for second on the team with Marcus Trufant. Saw action in all 16 games, primarily on special teams and as a linebacker in nickel packages before taking over the starting strong safety job at Minnesota (12/12) for the final four games. Totaled 29 tackles during four starts which over an entire season would have amounted to 116, good enough to have led the team. Finished tied for second with 12 special teams tackles. Three of five interceptions were game-saving or game-winning picks. Started the season with back-to-back interceptions at New Orleans (9/12) and at Tampa Bay (9/19). Interception at Tampa Bay thwarted a drive at the Seattle 15-yard line with 1:11 to go and preserved a 10-6 win. Also corralled an interception at New England (10/17). Posted three tackles versus Miami (11/21) and picked off an A.J. Feeley pass and returned it 63 yards for first-career touchdown and the game-winning score with 0:56 left to play earning NFC Defensive

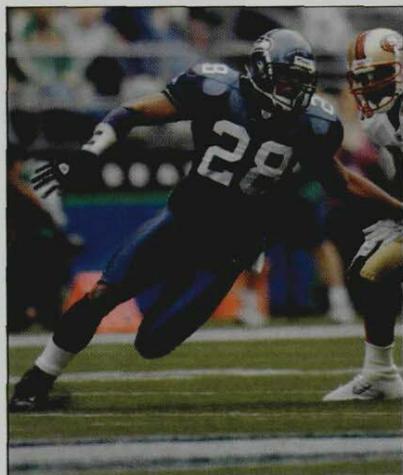
Player of the Week. In first-career start versus the Vikings, led the team with seven tackles, notched first-career sack and intercepted a Randy Moss end-around pass in the end zone with 2:09 remaining in the game that preserved a 27-23 lead. One week later at New York Jets (12/19), led the team with career-high 10 tackles. Finished second on the team with nine tackles and led team with three special teams stops in playoff loss versus St. Louis (1/8/05).

**PRO:** Selected with the 22nd selection in the second round (53rd overall). Second consecutive year Seahawks had drafted a safety in the second round (Ken Hamlin in 2003). Switched from outside linebacker in college to strong safety in the NFL. Set the Seahawks' rookie record for most interceptions with five, including three that saved or won ballgames.

**HONORS: 2004, NFC Defensive Player of the Week 11, Pro Football Weekly All-Rookie Team, ESPN.com All-Rookie Report Team.**

**COLLEGE:** Three-year starter at outside linebacker. Started 37 of 46 career games, recording 340 tackles (197 solo) to rank 11th in Florida State history. Collected 3.5 sacks, 14 tackles for loss, three fumble recoveries, and forced seven fumbles. Picked off five passes for 53 yards in returns and knocked down 15 passes. Three career touchdowns. As a senior, an *Associated Press* All-American third-team choice and All-Atlantic Coast Conference first-team selection. Finalist for the Bednarik Award and semi-finalist for the Butkus Award.

**PERSONAL:** South Carolina's Gatorade Player of the Year as a senior at Spring Valley (Columbia, S.C.) High. Played both offense and defense, catching 56 passes for 1,028 yards while recording 91 tackles, 17 for loss, and six sacks. Added one interception, forced three fumbles, and returned a fumble for a touchdown. *USA Today* All-USA honorable mention and member of the *Orlando Sentinel's* All-South team. All-State selection and named High School Sporting Report's South Carolina Player of the Year. Member of the South Carolina all-decade team. Brother of the Baltimore Ravens' Peter Boulware. Majored in Sports Management.



## BOULWARE'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2004 Seattle	16/4	53	40	13	1.0	9.0	5	69	13.8	63t	1	6	1	0
<b>NFL TOTALS</b>	<b>16/4</b>	<b>53</b>	<b>40</b>	<b>13</b>	<b>1.0</b>	<b>9.0</b>	<b>5</b>	<b>69</b>	<b>13.8</b>	<b>63t</b>	<b>1</b>	<b>6</b>	<b>1</b>	<b>0</b>

## POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2004 Seattle	1/1	9	8	1	0.0	0.0	0	0	0.0	0	0	1	0	0
<b>NFL TOTALS</b>	<b>1/1</b>	<b>9</b>	<b>8</b>	<b>1</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>0</b>

## SINGLE-GAME HIGHS

**Tackles:** 10, at N.Y. Jets (12/19/04)

**Interceptions:** 1, 5 Times (Last at Minnesota 12/12/04)

**Sacks:** 1, at Minnesota (12/12/04)

**Forced Fumbles:** 1, vs. Arizona (12/26/04)

**Fumble Recoveries:** None

## ADDITIONAL STATS

Special Team Tackles: 2004 -12

Postseason Special Teams Tackles: 2004 - 3

## JOSH BROWN

3



Kicker 6-0 202  
 Nebraska  
 3rd NFL Season  
 3rd Seahawks Season  
 7th Round (A) 2003  
 2004 Games/Starts: 16/0  
 Career Games/Starts: 32/0  
 April 29, 1979  
 Foyil, Oklahoma

**2004:** Connected on a career-high 23 field goals in 25 attempts, and set club record for highest field goal percentage in a season (.920). Field goal percentage led the NFC (2nd NFL) among kickers with at least five attempts and finished third in the NFC with 109 points. Tied Todd Peterson's club record with 16 consecutive field goals made. Was pressed into punting duty late versus St. Louis (10/10) when Tom Rouen (hamstring) was forced to leave. Booted a 35-yarder on first-career punt. Converted a career-high four field goals on career-high four attempts at New England (10/17). Converted a season-long 54-yard field goal at Arizona (10/24). Tied career high with four field goals at St. Louis (11/14). Made 16th consecutive field goal (21 yards) versus Dallas (12/6), tying Peterson's record. Record-tying streak ended with first attempt at Minnesota (12/12). Connected on both field-goal attempts (47, 30) in playoff game versus St. Louis (1/8/05).

**PRO:** Selected with the eighth pick in the seventh round (222nd overall) by the Seahawks in the 2003 draft. The selection marked only the third time the Seahawks have chosen a kicker in the draft. **2003:** Set Seahawks rookie scoring record with 114 points (John Kasay, 102 in 1991) and totaled second-highest total in club history (Todd Peterson, 134 in 1999). Led all NFL rookie kickers in scoring and finished fourth in NFC (8th NFL) overall. Connected on 22 of 30 field-goal attempts (.733) and was perfect on all 48 extra point tries. Set franchise record with 58-yard field goal at Green Bay (10/5). Was ninth-longest in NFL history and second longest by a rookie behind 59 yarders by Tony Franklin (11/12/79 vs. Dallas) and Pete Stoyanovich (11/12/89 vs. N.Y. Jets). Previous Seahawks record was a 55-yard kick by Kasay (1/2/94 at Kansas City). Opened season and career with at least one field goal in nine consecutive games that included a season and career-high three field goals versus Pittsburgh (11/2).

**HONORS: 2003, Pro Football Weekly All-Rookie Team.**

**COLLEGE:** Finished third on Nebraska's all-time scoring list with 315 points, topped only by Eric Crouch (368 points, 1998-01) and Kris Brown (388, 1995-98). As a senior, All-Big 12 Conference first-team selection by the league's coaches and the *Kansas City Star*, adding second-team honors from the *Associated Press* after leading the team in scoring with 88 points, connecting on 14 of 18 field goals (77.8%) and all 46 extra-point attempts. Named Big 12 Special Teams Player of the Week versus Arizona State. Appeared in 10 games as a junior scoring 64 points (third on the team), making 10 of 14 field goals and 34 of 37 extra-point attempts. Had a pair of conversions versus Miami in the Rose Bowl. Scored 75 points during sophomore season and was successful on five of 10 field goals and set a school record with 60 consecutive extra points. Booted a 51-yarder and set an NCAA bowl record as he con-

nected on all nine extra-point attempts versus Northwestern in the Alamo Bowl. Took over placekicking chores freshman year, connecting on 14 of 20 field goals and 46 of 47 extra points as he scored 88 points. Redshirted as a freshman.

**PERSONAL:** Attended Foyil (Okla.) High. Played running back, safety, and served as the team's punter and placekicker. Also returned punts and kickoffs. Hit on eight of 16 field-goal attempts, with a career-long 61-yarder in the state playoffs in 1996. As a running back, he rushed for 1,891 yards and 51 touchdowns, playing eight-man football. Totaled 9,136 career all-purpose yards and 122 career touchdowns. As a senior, he earned first-team All-State honors. Four-year letterman in both football and track and earned three basketball letters. Two-time Class A state champion in the high jump, clearing a career-best of 6-8 at the state meet in both 1997 and 1998. Majored in communications.

## BROWN'S NFL RECORD

### Kicking

	Club	G/S	PAT-Att	FG-Att	1-19	20-29	30-39	40-49	50+	FG%	LG	Pts
2003	Seattle	16/0	48-48	22-30	0-0	5-5	10-11	6-11	1-3	73.3	58	114
2004	Seattle	16/0	36-36	23-25	1-1	7-7	8-9	6-7	1-1	92.0	54	109
<b>NFL TOTALS</b>		<b>32/0</b>	<b>84-84</b>	<b>45-55</b>	<b>1-1</b>	<b>12-12</b>	<b>18-20</b>	<b>12-18</b>	<b>2-4</b>	<b>81.8</b>	<b>58</b>	<b>223</b>

### Miscellaneous

	Club	Indoors	In %	Outdoors	Out %	Home	Home %	Road	Road %
2003	Seattle	2-4	50.0	20-26	76.9	11-14	78.6	11-16	68.8
2004	Seattle	6-7	85.7	17-18	94.4	11-12	91.7	12-13	92.3
<b>NFL TOTALS</b>		<b>8-11</b>	<b>72.7</b>	<b>37-44</b>	<b>84.1</b>	<b>22-26</b>	<b>84.6</b>	<b>23-29</b>	<b>79.3</b>

## POSTSEASON

### Kicking

	Club	G/S	PAT-Att	FG-Att	1-19	20-29	30-39	40-49	50+	FG%	LG	Pts
2003	Seattle	1/0	3-3	2-2	0-0	0-0	2-2	0-0	0-0	100.0	35	9
2004	Seattle	1/0	2-2	2-2	0-0	0-0	1-1	1-1	0-0	100.0	47	8
<b>NFL TOTALS</b>		<b>2/0</b>	<b>5-5</b>	<b>4-4</b>	<b>0-0</b>	<b>0-0</b>	<b>3-3</b>	<b>1-1</b>	<b>0-0</b>	<b>100.0</b>	<b>47</b>	<b>17</b>

### Miscellaneous

	Club	Indoors	In %	Outdoors	Out %	Home	Home %	Road	Road %
2003	Seattle	0-0	0.0	2-2	100.0	0-0	0.0	2-2	100.0
2004	Seattle	0-0	0.0	2-2	100.0	2-2	100.0	0-0	0.0
<b>NFL TOTALS</b>		<b>0-0</b>	<b>0.0</b>	<b>4-4</b>	<b>100.0</b>	<b>2-2</b>	<b>100.0</b>	<b>2-2</b>	<b>100.0</b>

## SINGLE-GAME HIGHS

**Most FGs Att.:** 4, 2 Times (Last at St. Louis 11/14/04)

**Most FGs Made:** 4, 2 Times (Last at St. Louis 11/14/04)

**Longest FG Att.:** 58 at Green Bay (10/5/03)

**Longest FG Made:** 58, at Green Bay (10/5/03)

**Most PATs Att.:** 6 at San Francisco (11/7/04)

**Most PATs Made:** 6 at San Francisco (11/7/04)

**Game Winners:** None (inside 2 minutes)

## ADDITIONAL STATS

**Special Team Tackles:** 2003 - 4, 2004 - 2 Total: 6.

# KERRY CARTER

# 32



Running Back 6-1 238  
 Stanford  
 3rd NFL Season  
 3rd Seahawks Season  
 Free Agent 2003  
 2004 Games/Starts: 16/0  
 Career Games/Starts: 32/0  
 December 19, 1980  
 Vaughn, Ontario

**2004:** Saw action in all 16 games, including two at running back (at San Francisco 11/7, Miami 11/21). Had four carries for 15 yards. Most action was on special teams and returned 21 kicks for 448 yards (21.3 avg.). Also totaled seven special teams tackles. Returned a career-high five kickoffs for 155 yards (31.0 avg.) at St. Louis (11/14).

**PRO:** Originally signed as an undrafted free agent with the Seahawks on May 1, 2003. Was one of two undrafted free agents to make the final roster (LB Tracy White). **2003:** Saw action in all 16 games, predominately on special teams totaling six tackles. Returned eight kickoffs for 185 yards (23.1 avg.) moving into the primary kickoff returner role the final regular-season game at San Francisco (12/27). Returned four kicks for 88 yards (22.0 avg.) in the finale. Saw action at running back twice during the regular season versus Detroit (11/16) and Arizona (12/21) totaling three carries. Returned three kickoffs for 28 yards in the playoff game at Green Bay.

**COLLEGE:** Played all four years at Stanford, ranking eighth on the school's career rushing

list with 2,039 yards on 538 carries (3.8 avg.) and fourth on its career rushing touchdown list with 23. One of four players in Stanford history to score four rushing touchdowns in one game and is the only player to do it twice. He also added 25 receptions for 302 yards (12.1 avg.) with two scores. Led the team in rushing with 524 yards on 149 carries and two scores senior season. Against Oregon his junior year, carried 26 times for 64 yards and tied a school-record with four rushing touchdowns (6, 6, 1, and 3 yards). Rushed for four touchdowns versus USC on 20 carries for a career-high 123 yards. His other 100-yard game came against Arizona State (19-103-5.4-1). Played in 10 games freshman year, rushing 87 times for 330 yards and six scores.

**PERSONAL:** Attended Henry Carr High in Ontario, Canada. Won the 1997-98 Henry Jerome Award as the top student-athlete in Canada. Also played linebacker and safety, and participated in basketball, volleyball, and track. Was a two-time all-star in basketball. Majored in cultural and social anthropology. Participated in ABC Family's "Bachelor Pad" in the 2004 off-season. Born December 19, 1980.

## CARTER'S NFL RECORD

### KICKOFF RETURNS

REGULAR SEASON						POSTSEASON					
Club	G/S	No	Yds	Avg	LG TD	Club	G/S	No	Yds	Avg	LG TD
2003 Seattle	16/0	8	185	23.1	33 0	2003 Seattle	1/0	3	28	9.3	20 0
2004 Seattle	16/0	21	448	21.3	36 0	2004 Seattle	1/0	0	0	0.0	0 0
<b>TOTALS</b>	<b>32/0</b>	<b>29</b>	<b>633</b>	<b>21.8</b>	<b>36 0</b>	<b>TOTALS</b>	<b>2/0</b>	<b>3</b>	<b>28</b>	<b>9.3</b>	<b>20 0</b>

Rushing						Receiving					
Club	G/S	Att	Yds	Avg	LG TD	No	Yds	Avg	LG	TD	
2003 Seattle	16/0	3	-2	-0.7	1 0	0	0	0.0	0	0	
2004 Seattle	16/0	4	15	3.8	6 0	0	0	0.0	0	0	
<b>NFL TOTALS</b>	<b>32/0</b>	<b>7</b>	<b>13</b>	<b>1.9</b>	<b>6 0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	

### POSTSEASON

Rushing						Receiving					
Club	G/S	Att	Yds	Avg	LG TD	No	Yds	Avg	LG	TD	
2003 Seattle	1/0	0	0	0.0	0 0	0	0	0.0	0	0	
2004 Seattle	1/0	0	0	0.0	0 0	0	0	0.0	0	0	
<b>NFL TOTALS</b>	<b>2/0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0 0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	

### ADDITIONAL STATS

Special Team Tackles: 2003 -6, 2004 -7: Career Totals: 13

# ANTONIO COCHRAN

# 78

VETERANS



Defensive End      6-4      299  
Georgia  
7th NFL Season  
7th Seahawks Season  
4th Round 1999  
2004 Games/Starts: 16/7  
Career Games/Starts: 84/32  
June 21, 1976  
Montezuma, Georgia

**2004:** Started seven of 16 games at right defensive end and finished second on the team with a career-high 6.5 sacks. Totaled 36 tackles on the season and season-high six at Arizona (10/24) to go along with a sack, forced fumble and recovery. Started four games from at Arizona to at St. Louis (11/14) in place of Grant Wistrom (knee). Returned to the starting lineup again for final three games with Wistrom out of action (knee). Had two tackles in playoff game versus St. Louis (1/8/05).

**PRO:** Selected in the fourth round, 115th overall, of the 1999 draft. Can play both tackle and end, but became the starter at right end in 2002, and moved to left end to open 2003. Has started 32 of 84 career games played and totaled 172 career tackles and 15.5 sacks. **1999:** Saw action in five games and recorded two solo tackles. Recorded first career tackle versus Denver (11/14). **2000:** Played in all 16 games as a reserve defensive tackle and totaled 22 tackles (19 solo), two passes defended, and a half sack. Had career-high three tackles in games at Miami (9/3), at Jacksonville (11/12), versus Denver (11/26), and versus Buffalo (12/23). Split a sack, the first of his career, with Matt LaBounty at Jacksonville (11/12). **2001:** Played in all 16 games and started two while totaling 31 total stops, 4.5 quarterback sacks, two forced fumbles, and a fumble recovery. Had at least one tackle in final nine games and totaled all of his sacks during that span. Made first career start for an injured John Randle (knee) versus Oakland (11/11) and had three tackles and a sack. Started following week at Buffalo (11/18) and forced a fumble and later recovered a Chad Brown forced fumble in the fourth quarter that led to a Rian Lindell field goal. Field goal proved to be the winning points in a 23-20 victory. Had at least half a sack in final three games of the season. Had one at New York Giants (12/23) and at San Diego (12/30), and had half a sack versus Kansas City (1/6/02), a game in which he tallied

a career-high seven tackles. **2002:** Started all 16 games at right defensive end in his first season in that role. Finished second among defensive lineman with 52 tackles (37 solo) and fourth on the team with three sacks. Also posted an interception, three passes defended and forced a fumble. Had one sack at N.Y. Giants (9/22), versus Denver (11/17), and St. Louis (12/22). Totaled a season-high seven total tackles versus Philadelphia (12/8) and first career interception came versus Washington (11/3). **2003:** Started first seven games of season at left defensive end and played in the first 15 before being designated inactive for the season finale versus San Francisco (12/27). Totaled 29 tackles and one sack. Tied season-high with five tackles and registered lone sack of the season versus Chicago (10/19).

**COLLEGE:** Started the final 10 contests as a senior for the Bulldogs recording 40 tackles (25 solo) with 2.5 sacks and 10 tackles for loss. Deflected three passes and credited with 17 quarterback pressures. Played in every game during a junior season in which he recorded 47 tackles (27 solo) and one sack. Posted a career-high nine tackles versus Kentucky. Attended Middle Georgia Junior College and named first team All-American by the NJCAA and named to *Super Prep's* Top Juco 100 squad after recording 63 tackles, five sacks, and one interception in his second season. First season he was named honorable mention All-American by *J.C. Gridwire* totaling 61 tackles with four sacks on a defense that ranked fifth in the nation in rushing defense (82.1 ypg) and total defense (212 ypg).

**PERSONAL:** All-State, *Shutt Magazine* All-American, and *Atlanta Journal-Constitution* "Super 11" selection at Macon County (Ga.) High. Did not play football as a youngster; he only participated in basketball. Resides in Montezuma, Ga. Has a daughter, Olivia (11/9/01).

## COCHRAN'S SINGLE-GAME HIGHS

**Tackles:** 7, 2 Times (Last vs. Philadelphia 12/8/02)  
**Sacks:** 1, 15 Times (Last vs. Arizona 12/26/04)  
**Interceptions:** 1, 2 Times (Last vs. Miami 11/21/04)

**Forced Fumbles:** 1, 6 Times (Last vs. Arizona 12/26/04)  
**Fumble Recoveries:** 1, 3 Times (Last at Arizona 10/24/04)

## COCHRAN'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
1999 Seattle	5/0	2	2	0	0.0	0.0	0	0	0.0	0	0	0	0	0
2000 Seattle	16/0	22	19	3	0.5	1.0	0	0	0.0	0	2	0	0	0
2001 Seattle	16/2	31	26	5	4.5	18.0	0	0	0.0	0	0	2	1	0
2002 Seattle	16/16	52	37	15	3.0	27.0	1	9	9.0	9	0	3	1	0
2003 Seattle	15/7	29	23	6	1.0	8.0	0	0	0.0	0	0	0	0	1
2004 Seattle	16/7	36	27	9	6.5	36.0	1	0	0.0	0	3	3	1	0
<b>NFL TOTALS</b>	<b>84/32</b>	<b>172</b>	<b>134</b>	<b>38</b>	<b>15.5</b>	<b>90.0</b>	<b>2</b>	<b>9</b>	<b>4.5</b>	<b>9</b>	<b>0</b>	<b>8</b>	<b>6</b>	<b>3</b>

## POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
2003 Seattle	1/0	2	0	2	0.0	0.0	0	0	0.0	0	0	0	0	0
2004 Seattle	1/0	2	1	1	0.0	0.0	0	0	0.0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>2/0</b>	<b>4</b>	<b>1</b>	<b>3</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

## CHARTRIC DARBY

91



Defensive Tackle 6-0 270  
 S. Carolina State  
 5th NFL Season  
 1st Seahawks Season  
 UFA 2005 (Tampa Bay)  
 2004 Games/Starts: 16/16  
 Career Games/Starts: 61/22  
 October 22, 1975  
 North, South Carolina

**2004:** Started all 16 games for first time in career and totaled a career-high 56 tackles. Totaled four tackles versus Seattle (9/19), while helping limit the Seahawks to 56 rushing yards. Part of a defensive effort that limited the 49ers' (11/21) offense to 26 total yards and two first downs in the first half. Had four tackles against Atlanta (12/5) helping the defense post its ninth shutout in franchise history and first of the season. Tied career high with six tackles at San Diego (12/12) and against New Orleans (12/19).

**PRO:** Joined the Seahawks as an unrestricted free agent March 21, 2005, after spending first four NFL seasons with the Tampa Bay Buccaneers. Has played in 61 career games with 22 starts, including all 16 games in 2004. Has logged 109 career tackles and 5.5 sacks. Was originally an undrafted free agent in 2000 by the Buccaneers and earned a spot on the practice squad. Played for the NFL Europe's Barcelona Dragons during the 2000 offseason before earning a place on the Buccaneers' roster in 2001. **2000:** Spent the season on the Buccaneers' practice squad after signing as an undrafted free agent. **2001:** Played in 13 games (all but at Cincinnati, vs. New Orleans, and vs. Baltimore). Totaled eight tackles, two sacks, and one fumble recovery. Backed up on the defensive line and contributed the first two

tackles of his career at Tennessee (10/14). Posted two tackles and first-career sack against Minnesota (10/28). Notched two tackles, a sack, and one fumble recovery at Detroit (11/11). Was declared inactive against New Orleans (12/23) and Baltimore (12/29). Did not play in playoff game at Philadelphia (1/12). **2002:** Played in all 16 games with six starts at NT. Started all three playoff games. Part of a defense that ranked first in the NFL in total defense and pass defense. Totaled 32 tackles, one forced fumble, one pass defensed, and 1.5 sacks. Blocked a 55-yard field-goal attempt to help preserve shutout at Baltimore (9/15). Started first-career NFL game versus Minnesota (11/3) and recorded two tackles. Made first-career postseason start in the NFC Divisional Playoff Game versus San Francisco (1/12) and recorded three tackles. Notched two tackles in the NFC Championship Game at Philadelphia (1/19). Started at NT against Oakland (1/26) in Super Bowl XXXVII. **2003:** Played in all 16 games with one start (vs. Houston). Part of a defense that ranked fifth in the NFL, marking the seventh straight year the defense finished among the NFL's top 10. Finished season with 13 tackles, two sacks, two forced fumbles, and one fumble recovery.

**COLLEGE:** Four-year letterman at South

Carolina State, where he holds the school record with 45.5 career sacks. Also finished with 258 career tackles, 55 tackles for losses, and seven fumble recoveries. Was named the Bulldogs' outstanding defensive lineman for three consecutive seasons (1995-97). Earned first-team All-MEAC honors junior and senior seasons. Played in all 12 games as a senior. Named the team's Co-Most Valuable Player after posting career-highs in tackles (103), sacks (22), tackles for losses (26), and fumble recoveries (four). Finished as the runner-up for the MEAC Defensive Player of the Year. Played in

10 games as a junior and posted 64 tackles, nine sacks, and 13 tackles for losses. Earned All-MEAC honorable mention as a sophomore after racking up 80 tackles, 12 sacks, and three fumble recoveries. Had 11 tackles and 2.5 sacks as a freshman. Majored in business.

**PERSONAL:** First name is Chartric. Married to Charlette, with two children, Charquise and Charniya. Is host of the Chartric Darby Football Camp in hometown of North, South Carolina. Earned all-state honors at North (SC) High School. Lettered in football all four seasons.

## DARBY'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
2001 Tampa Bay	13/0	8	5	3	2.0	11.0	0	0	0.0	0	0	0	0	1
2002 Tampa Bay	16/6	32	20	12	1.5	10.0	0	0	0.0	0	0	1	1	0
2003 Tampa Bay	16/1	13	5	8	2.0	10.0	0	0	0.0	0	0	0	1	2
2004 Tampa Bay	16/16	56	30	26	0.0	0.0	0	0	0.0	0	0	0	0	1
<b>NFL TOTALS</b>	<b>61/22</b>	<b>109</b>	<b>60</b>	<b>49</b>	<b>5.5</b>	<b>31.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>4</b>

## POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
2001 Tampa Bay	0/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0
2002 Tampa Bay	3/2	5	5	0	0.0	0.0	0	0	0.0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>3/2</b>	<b>5</b>	<b>5</b>	<b>0</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

## DARBY'S SINGLE-GAME HIGHS

**Tackles:** 6, 3 Times (Last vs. New Orleans 12/19/04)

**Sacks:** 1, 5 Times (Last vs. Houston 12/14/03)

**Interceptions:** None

**Forced Fumbles:** 1, 2 Times (Last at Philly 9/8/03)

**Fumble Recoveries:** 1, 4 Times (Last at San Francisco 11/21/04)

## JEAN-PHILIPPE DARCHÉ 52



Long Snapper 6-0 246  
 McGill College  
 6th NFL Season  
 6th Seahawks Season  
 Free Agent 2000  
 2004 Games/Starts: 16/0  
 Career Games/Starts: 80/0  
 February 28, 1975  
 Montreal, Quebec

**2004:** Handled all of Seattle's snapping duties for fifth consecutive season. Had four tackles on special teams.

**PRO:** Signed with the Seahawks as a free agent May 11, 2000. Selected in the third round of the Canadian Football League College Draft by the Toronto Argonauts (21st overall) in June of 1998. Led the Argonauts special teams unit with 17 tackles. **2000:** Handled all of Seattle's snapping duties in all 16 games. Recorded four tackles on special teams. **2001:** Handled all of

Seattle's snapping duties for second consecutive season. Had a pair of special teams tackles. **2002:** Handled all of Seattle's snapping duties for third consecutive season. Had one tackle on special teams. **2003:** Handled all of Seattle's snapping duties for fourth consecutive season. Had five tackles on special teams and forced one fumble.

**COLLEGE:** Named McGill University's co-captain three consecutive years, and voted team's MVP his final two seasons. Finished his career

as the school's all-time leading tackler. As a fifth-year senior, he was named Defensive Player of the Game three times and Special Teams Player of the Game once. Led team in tackles with 62 as a senior, including a team-record 17 in one game. Three fumble recoveries led the team and three interceptions were tied for a team high. Despite knee injuries during his junior season, he was third on the team in tackles with 34. Awarded Defensive Player of the Game in an 18-0 victory over Concordia. Sophomore season saw him lead the team in tackles and was second in interceptions on his way to being voted Most Improved Player.

Tallied six tackles and was one of only three McGill rookies to play on defense in his freshman year.

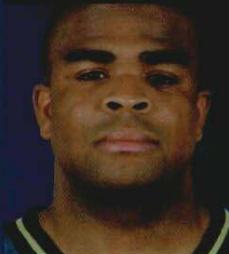
**PERSONAL:** Was named Athlete of the Year at Andre Grasset Junior College in 1993-94. Voted to the Montreal High School All-Star football game as a senior. The "Father of Basketball," James Naismith attended McGill College. His brother played for the NHL's Columbus Blue Jackets. Graduated with "great distinction" in three years before entering medical school in 1997. Has a wife Joanne (7/31/99), and three children Justin (2/4/02), Catherine (5/24/03), and Zachary (2/18/05).

#### ADDITIONAL STATS

**Special Team Tackles:** 2000 - 4, 2001 - 2, 2002 - 1, 2003 - 5 (FF), 2004 - 4: **Career Totals:** 16, 1 FF

## ANDRE DYSON

# 21



Cornerback 5-10 183  
Utah  
5th NFL Season  
1st Seahawks Season  
UFA 2005 (Tennessee)  
2004 Games/Starts: 16/16  
Career Games/Starts: 62/60  
May 25, 1979  
Clearfield, Utah

**2004:** Started all 16 games for third consecutive season and totaled a career-high six interceptions from the left cornerback position, which ranked tied for third in the AFC and NFL. One of only three Titans defenders to start every game, he totaled 40 tackles and 15 passes defended. Opened the season at Miami (9/11) with two tackles and an interception that set up the team's first score. Recorded a season-high six tackles and a pass defended at Green Bay (10/11) on Monday Night Football. Second interception of the season came versus Cincinnati (10/31). Recorded a career-high two picks versus Chicago (11/14). Helped limit the Bears to 176 yards of total offense. Intercepted NFL MVP Peyton Manning in the end zone at Indianapolis (12/5) thwarting a Colts scoring threat. Registered four tackles and an interception in season finale versus Detroit (1/2/05).

**PRO:** Joined the Seahawks as an unrestricted free agent on April 26, 2005, from the Tennessee Titans where he was an original 2001 second-round (60th overall) draft choice. Started 60 consecutive games and totaled 16 interceptions and averaged just over 15 passes defended since his rookie season. Became a fixture in the Titans' starting lineup five games into rookie season. Andre joined brother, Kevin, to become the fourth pair of brothers to

be drafted by the same team since 1970, joining Jim and Ross Browner (Cincinnati), Archie and Ray Griffith (Cincinnati), and Dewey and LeeRoy Selmon (Tampa Bay). **2001:** Played in 14 games starting the final 12 contests at left cornerback. Declared inactive first two games because of broken left toe. Led squad with three interceptions to become first Titans rookie since Pete Jaquess in 1964 to lead team in category. Dyson also led team with 15 passes defended and ranked second among secondary with 58 tackles. Posted one tackle and one pass defended in first game of NFL career at Baltimore (10/7) where he joined brother, Kevin, to become fourth pair of siblings to play in NFL game with same team since 1970. First career interception came at Tampa Bay (10/14). Joined brother, Kevin, who scored on a 1-yard touchdown pass to become first brother pair to record interception and touchdown for same team in same game. Started first game of career at Detroit (10/21) and posted nine stops and three passes defended. Collected team-high eight tackles, a pass defended, and a forced fumble at Cleveland (12/2). Versus Cleveland (12/29), recorded five stops for third consecutive game and intercepted Tim Couch for third pass of season. **2002:** Started all 16 games at left cornerback, totaling 61 tackles and three interceptions, one of which was

returned for a touchdown against Cleveland (9/22). Finished second on Titans in interceptions and third in tackles among secondary members. In season opener against Philadelphia (9/8), accounted for one tackle, two passes defended, and an interception. Against Cleveland (9/22), returned a Couch pass 16 yards for a touchdown. Joined forces with brother, Kevin, who also scored to become first brothers in NFL history to each score a touchdown for same team in same game. Picked off third interception of season against Jacksonville (10/13). Set career high with 10 tackles and first-career sack versus Houston (11/10). Credited with two tackles and one pass defended in 34-31 overtime win in AFC Divisional Playoff game against Pittsburgh (1/11) before leaving game in fourth quarter with right shoulder sprain and did not return. In AFC Championship Game at Oakland (1/19), fought off injuries and started contest, posting one pass defended before leaving game in second quarter with right shoulder injury in 41-24 loss to Raiders. **2003:** Started all 16 games at left cornerback for the second consecutive season. Ranked second on Titans with four interceptions and tied for first with 16 passes defended. Returned two of his picks for touchdowns in consecutive home victories over Houston (10/12) and Miami (11/9). Completed season with 64 tackles, which ranked third among members of the secondary. At Pittsburgh (9/28), posted a season-high nine tackles and helped prevent WR Hines Ward

from reaching the end zone in 30-13 victory. Recorded first interception of season against Houston (10/12), returning it 51 yards for a touchdown. Made eight tackles and two passes defended in 30-17 win over then previously unbeaten Carolina (10/19). Picked off second pass of season versus Jacksonville (10/26). Returned a Brian Griese interception 11 yards for a touchdown versus Miami (11/9). In nationally televised game at New York Jets (12/1), made four tackles, one pass defended, and registered fourth interception.

**COLLEGE:** Three-year starter at Utah who received unanimous first-team all-conference honors by *Football News*, *College Football News*, and league's coaches and media as senior. Ranked first in Mountain West Conference in interceptions as a junior (6) and senior (4). Holds school record for interceptions returned for touchdowns (3) and most passes defended (17) in a season. He also set career marks for most passes defended (47) and interceptions returned for touchdown (4). Led Utes in passes defended in each of last three years. Played with brother, Patrick, during his collegiate days. Majored in sociology.

**PERSONAL:** Named all-state, all-area, and all-region as senior at Clearfield (Utah) High School, where he earned Defensive Player of Year his final year. Set school record after running 4.41 40-yard dash. Given nickname "Miracle baby" after he was born prematurely, weighing 1 pound 9 ounces at birth.

## DYSON'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
2001 Tennessee	14/12	58	52	6	0.0	0	3	36	12.0	36	0	15	1	0
2002 Tennessee	16/16	61	54	7	1.0	10.0	3	27	9.0	16t	1	15	2	0
2003 Tennessee	16/16	64	54	10	0.0	0	4	62	15.5	51t	2	16	0	0
2004 Tennessee	16/16	40	34	6	0.0	0	6	131	21.8	44	0	15	0	0
<b>NFL TOTALS</b>	<b>62/60</b>	<b>223</b>	<b>194</b>	<b>29</b>	<b>1.0</b>	<b>10.0</b>	<b>16</b>	<b>256</b>	<b>16.0</b>	<b>51t</b>	<b>3</b>	<b>61</b>	<b>3</b>	<b>0</b>

### POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
2002 Tennessee	2/2	2	2	0	0.0	0	0	0	0.0	0	0	2	0	0
2003 Tennessee	2/1	5	5	0	0.0	0	1	0	0.0	0	0	3	0	0
<b>NFL TOTALS</b>	<b>4/3</b>	<b>7</b>	<b>7</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>5</b>	<b>0</b>	<b>0</b>

### SINGLE-GAME HIGHS

**Tackles:** 10, vs. Houston 11/10/02  
**Interceptions:** 2, vs. Chicago 11/14/04  
**Sacks:** 1, vs. Houston 11/10/02

**Forced Fumbles:** 1, 3Times (Last vs. Wash 10/6/02)  
**Fumble Recoveries:** None  
**Touchdowns:** 1, 3Times (Last vs. Miami 11/9/03)

### SINGLE-GAME HIGHS (PLAYOFFS)

**Tackles:** 3, at Baltimore 1/3/04

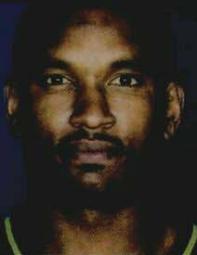
**Interceptions:** 1, at Baltimore 1/3/04

### ADDITIONAL STATS

**Special Team Tackles:** 2001 -2: Career Total: 2

## BOBBY ENGRAM

84



Wide Receiver 5-10 188  
 Penn State  
 10th NFL Season  
 5th Seahawks Season  
 UFA 2001 (Chicago)  
 2004 Games/Starts: 13/7  
 Career Games/Starts: 122/70  
 January 7, 1973  
 Camden, South Carolina

**2004:** Started seven times when team opened in three-wide receiver sets. Played in 13 total games and was inactive three (ankle). Totaled 36 catches for 499 yards and two touchdowns. Average of 13.9 yards per reception was best as a member of the Seahawks and second-highest of career (15.4 in 1998). Returned 10 punts for 118 yards (11.8 avg.), fourth consecutive season averaging more than 10 yards per return. Totaled a season-high 95 receiving yards on four receptions versus San Francisco (9/26). Was inactive (ankle) for three games at Arizona (10/24), versus Carolina (10/31), and at San Francisco (11/7). Two touchdowns on the season came versus Buffalo (11/28) and at Minnesota (12/12) where he totaled 79 yards on four catches. Hauled in a season-high six receptions for 79 yards in the season finale versus Atlanta (1/2).

**PRO:** Signed a one-year contract with Seahawks August 30, 2001, following five seasons with the Chicago Bears. Re-signed a one-year contract with Seattle February 28, 2002, before re-signing a multi-year contract March 7, 2003. Climbed into seventh on Chicago's all-time receptions list with 246 catches. Shattered career-high with team-leading 88 receptions in 1999, the second-highest single-season total in Bears history. Led Bears with 64 receptions in 1998. Moved into starting role in second year with Chicago. Best rookie season for a Bears' wide receiver in catches, yards, and touchdowns since Willie Gault (1983). **1996:** Finished second on Bears in touchdowns with six behind Curtis Conway (seven). Caught 33 passes (fourth best on Bears) for 389 yards (third) as Bears third wide receiver. Returned 31 punts averaging 9.1 yards per attempt. His 19 fair catches were third-most in team history for a season. Led team with 23.2-yard average on 25 kickoff returns (580 yards). Started two games (at Detroit 9/22; at Tampa 12/22). Caught first NFL pass for 7 yards versus Dallas (9/2) in season opener. Had two catches for 11 yards and first NFL touchdown versus Minnesota (9/15) and fair caught six punts for a Bears single-game record. Had three catches for 39 yards in first career start at Detroit (9/22) while recording season-highs with five punt returns

for 52 yards. **1997:** Bears' leading receiver for first 10 weeks of season before suffering ankle injury, costing him five weeks. Finished fourth in receptions with 45 for 399 yards. Led team in catches in five of first seven games. Caught six passes for 63 yards and a touchdown versus Minnesota (9/7). Caught eight passes for 63 yards and a touchdown in overtime win at Miami (10/27). Injured right ankle in second quarter at Minnesota (11/9). Missed weeks 11-15 and returned to starting lineup at Tampa Bay (12/21) and caught two passes for 12 yards.

**1998:** Led Bears with 64 catches and 987 yards. Also led team with five touchdowns. Only Bear to catch a pass in every game. Eclipsed 100 yards receiving in three games. Topped Bears with 74 yards receiving, including 54-yard touchdown catch, on four receptions at Pittsburgh (9/13). Led Chicago with 123 yards receiving and two touchdowns versus Minnesota (9/27). Totaled 142 yards, including career-long 79-yard touchdown catch at Arizona (10/11). Hauled in nine passes for 140 yards and a touchdown at Minnesota (12/6).

**1999:** Played in all 16 games for the third time in his career, starting 14. Increased total receptions for fourth straight season, compiling career-best and team-leading 88 catches for 947 yards and four touchdowns. Total receptions ranked third in NFC (7th NFL). Recorded two 100-yard receiving games. Opened season by catching six passes for 53 yards versus Kansas City (9/12). Led team with six catches for 48 yards at Green Bay (11/7), including game-winning touchdown reception. Collected team-best eight receptions for 121 yards at San Diego (11/21). Posted 10 catches for 94 yards and a touchdown versus Detroit (12/19). Exploded for career-high 13 receptions and 143 yards at St. Louis (12/26), including two touchdowns. **2000:** Moved into seventh on all-time Chicago receiving chart, but had season ended prematurely by knee injury in the third game of the season. Was on pace to approach career-best numbers from the previous season with 16 catches for 109 yards through two and a half games. Led team in season-opener at Minnesota (9/3) with eight catches for 61 yards and a long of 25. Caught four passes for 38 yards in the first half versus New York Giants

(9/17), before suffering a torn anterior cruciate ligament in his right knee. Injury ended personal streak of 36 consecutive games with at least one pass reception, the third-longest streak in Bears history. Placed on injured reserve (9/19) and had successful reconstructive knee surgery (10/12). **2001:** Served as third receiver in first season with Seattle playing in all 16 games, starting four. Finished the season with 29 receptions and 400 yards. Twenty receptions came on third down yielding 17 first downs. Returned six punts for 96 yards (16.0 avg.) when Charlie Rogers was injured (toe). Started games when team opened in three-wide receiver set versus Jacksonville (10/7), San Diego (12/2), at New York Giants (12/23), and at San Diego (12/30). Had season-highs with five receptions for 71 yards versus Jacksonville. Ended a streak of 69 consecutive games with at least one reception versus Dallas (12/16), a streak that dated back to 1996, six games into his rookie season. **2002:** Saw action in 15 games missing one (toe) at Atlanta (12/15). Started six total games, five in a three-receiver set and one replacing Darrell Jackson (concussion) versus Washington (11/3). Finished fourth on the team with 50 receptions and third with 619 yards. A staple as the Seahawks' third wide receiver, led the team with 25 receptions on third down while only five other NFL receivers had more. Of 50 total receptions, led the NFL converting first downs on 43 of those receptions (86.0%). Also served as the team's punt returner, finishing fifth in the NFC with a 10.7-yard return average on 21 returns for 224 yards with one touchdown. First-career touchdown return (61 yards) came versus San Francisco (10/14) on ABC's Monday Night Football, where he also collected six receptions for a season-high 85 yards en route to earning MNF's popular Horse Trailer Award (with 49ers' Terrell Owens, Jeff Garcia, and Chike Okeafor) given to the game's most valuable player. Punt return touchdown marked the first for the Seahawks since Charlie Rogers at Pittsburgh (9/26/99, 49 games). **2003:** Enjoyed finest season since 1999, with 52 receptions for 637 yards while matching a career high with six touchdown receptions (1996). Played in all 16 games, starting seven. Also started in playoff game at Green Bay (1/4/04) and corralled four passes for 83 yards. An acrobatic 34-yard reception at the Packers' 8-yard line inside of two minutes helped set up the Seahawks' tying touchdown to send the game into overtime. Caught at least one pass in every game except at St. Louis (12/14). Served as the team's primary punt returner and ranked fifth in the NFC averaging 10.3 yards per return on 31 returns for 320 yards, including one touchdown. Led Seahawks in receiving versus his former team Chicago (10/19), catching six passes for 73 yards, including a 25-yard touchdown. Had touchdowns in three consecutive games at Washington (11/9), versus Detroit (11/16), and at Baltimore (11/23).

Earned NFC Special Teams Player of the Week honors versus the Lions after returning a punt 83 yards for a touchdown. Became only the second player in club history (Joey Galloway at San Diego 10/25/98) to score a receiving touchdown and return a punt for a touchdown in the same game. Return was a career-high and fourth-longest in team history. Tied a career high with two touchdown receptions at Baltimore. Caught four passes for season-high 93 yards at Minnesota (12/7). Caught five passes for 55 yards and sixth touchdown of the season versus Arizona (12/21).

**HONORS: 2003, NFC Special Teams Player of the Week 11**

**COLLEGE:** Set school records with 167 career receptions for 3,026 yards and 31 touchdowns, topping marks of O.J. McDuffie (125 catches) and Kenny Jackson (2,006 and 25 TDs). His 786 career punt-return yards ranked second in school annals to McDuffie's 1,059. Gained 4,043 all-purpose yards, joining Blair Thomas (4,512) and Curt Warner (4,982) as only Pittany Lions to gain more than 4,000 yards. Second-team All-America by UPI and Football News; third team by AP senior season. All-Big Ten first-team selection. Finalist for Fred Biletnikoff Award, given to top receiver in nation. Ranked 10th in country, averaging 98.5 yards per



game. Gained 1,084 yards, breaking own single-season yardage record. His 63 receptions tied McDuffie's record set in 1992. Averaged 9.8 yards on 19 punt returns and 18.8 yards on five carries from scrimmage. *Football News* second-team All-American after junior year. First-team All-Big Ten choice. Led team with 52 receptions for 1,029 yards and seven touchdowns. AP third-team All America as a sophomore. Consensus All-Big Ten first team. Led team in receiving, punt returns, and all-purpose yards. Third in Big Ten with 79.4-yard average. Second in conference and ninth in nation with 12.2 average on 33 punt returns. Caught 48 passes for 18.2 average and 13

touchdowns (school single-season record). Set school mark with five 100-yard receiving games. Big Ten Offensive Player of the Week versus Minnesota in season opener with eight catches for 165 yards and four touchdowns. Four touchdown catches in one game was PSU single-game record. Did not play in 1992, sat out school in fall semester. One of two true freshmen to earn letter while playing in every game.

**PERSONAL:** Three-time all-state selection at Camden (S.C.) High School. Exercise and sport science major. Married, Deanna, with daughter Bobbi (6/1/98) and son Dean (2/5/00).

## ENGRAM'S NFL RECORD

	Club	G/S	Receiving					Rushing				
			No	Yds	Avg	LG	TD	Att	Yds	Avg	TD	
1996	Chicago	16/2	33	389	11.8	24	6	0	0	0.0	0	
1997	Chicago	11/11	45	399	8.9	23	2	0	0	0.0	0	
1998	Chicago	16/16	64	987	15.4	79t	5	1	3	3.0	0	
1999	Chicago	16/14	88	947	10.8	56	4	2	11	5.5	0	
2000	Chicago	3/3	16	109	6.8	25	0	0	0	0.0	0	
2001	Seattle	16/4	29	400	13.8	31	0	0	0	0.0	0	
2002	Seattle	15/6	50	619	12.4	38	0	0	0	0.0	0	
2003	Seattle	16/7	52	637	12.3	34t	6	0	0	0.0	0	
2004	Seattle	13/7	36	499	13.9	60	2	0	0	0.0	0	
<b>NFL TOTALS</b>		<b>122/70</b>	<b>410</b>	<b>5,036</b>	<b>12.3</b>	<b>79t</b>	<b>25</b>	<b>3</b>	<b>14</b>	<b>4.7</b>	<b>0</b>	

	Club	Punt Returns					Kickoff Returns				
		No	Yds	Avg	LG	TD	No	Yds	Avg	LG	TD
1996	Chicago	31	282	9.1	34	0	25	580	23.2	45	0
1997	Chicago	1	4	4.0	4	0	2	27	13.5	20	0
2001	Seattle	6	96	16.0	27	0	1	6	6.0	6	0
2002	Seattle	21	224	10.7	61t	1	0	0	0.0	0	0
2003	Seattle	31	320	10.3	83t	1	1	18	18.0	18	0
2004	Seattle	10	118	11.8	48	0	0	0	0.0	0	0
<b>NFL TOTALS</b>		<b>100</b>	<b>1,044</b>	<b>10.4</b>	<b>83t</b>	<b>2</b>	<b>29</b>	<b>631</b>	<b>21.8</b>	<b>45</b>	<b>0</b>

### POSTSEASON

	Club	G/S	Receiving					Rushing				
			No	Yds	Avg	LG	TD	Att	Yds	Avg	TD	
2003	Seattle	1/1	4	83	20.8	34	0	0	0	0.0	0	
2004	Seattle	1/1	3	34	11.3	19t	1	0	0	0.0	0	
<b>NFL TOTALS</b>		<b>2/2</b>	<b>7</b>	<b>117</b>	<b>16.7</b>	<b>34</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	

	Club	Punt Returns					Kickoff Returns				
		No	Yds	Avg	LG	TD	No	Yds	Avg	LG	TD
2003	Seattle	1	16	16.0	16	0	0	0	0.0	0	0
2004	Seattle	1	9	9.0	9	0	0	0	0.0	0	0
<b>NFL TOTALS</b>		<b>2</b>	<b>25</b>	<b>12.5</b>	<b>16</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>

### SINGLE-GAME HIGHS

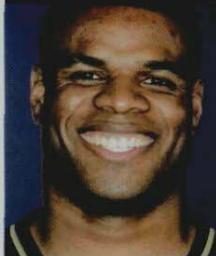
**Most Receptions:** 13, at St. Louis 12/26/99  
**Most Yards:** 143, at St. Louis 12/26/99  
**Longest Reception:** 79t, at Arizona 10/11/98  
**Most Touchdowns:** 2, 4 Times (Last at Baltimore 11/23/03)

**Most Punt Returns:** 5, at Detroit 9/22/96  
**Most Punt Return Yards:** 84, Detroit 11/16/03  
**Longest Punt Return:** 83t, Detroit 11/16/03  
**Most Punt Return TDs:** 1, 2 Times (Last vs. Det. 11/16/03)

# BRYCE FISHER

# 94

VETERANS



Defensive End 6-3 268  
Air Force  
5th NFL Season  
1st Seahawks Season  
UFA 2005 (St. Louis)  
2004 Games/Starts: 16/14  
Career Games/Starts: 49/17  
May 12, 1977  
Renton, Washington

**2004:** Started 14 of 16 games for the Rams totaling career highs with 77 tackles and 8.5 sacks. Posted two forced fumbles, three passes defended, and three multi-sack games. Had career-high 10 tackles and a sack versus Arizona (9/12). Tallied seven tackles, a pass defended, and a half sack at San Francisco (10/3). First two-sack game of season came at Miami (10/24) before posting nine tackles, two sacks, and a forced fumble at Carolina (12/12). Led team with seven stops, a sack, and forced fumble versus Philadelphia (12/27). Tied career high with 10 tackles versus the New York Jets (1/2/05) and notched third two-sack game of season. Had four special teams tackles. Started both playoff games totaling 10 tackles, including a half sack in playoff win at Seattle (1/8/05).

**PRO:** Joined the Seahawks as an unrestricted free agent March 21, 2005, after spending the previous three seasons with the St. Louis Rams. Was an original 1999 seventh-round (240th overall) draft choice by the Buffalo Bills and joined the Bills after fulfilling two-year commitment to the Air Force. Claimed off of waivers by the Rams September 2, 2002, after playing the 2001 season with Buffalo and going to training camp with the Bills in 2002. A high-effort player who has started 17 of 49 career games totaling 168 tackles and 13.5 sacks. **2001:** Played in 13 games with two starts for the Bills, inactive for three others. Finished the season with 33 tackles and three sacks. Recorded two tackles and one sack in NFL debut versus New Orleans (9/9). Made first NFL start versus the New York Jets (10/7) and notched three tackles and one quarterback pressure. Collected third sack of the season versus Indianapolis (11/4). **2002:** Saw action in four games on defense and special teams. Completed season with 11 tackles and three quarterback pressures on defense and one spe-

cial teams tackle. Inactive for 12 contests. Racked up career-high six tackles in Rams' Monday Night victory over San Francisco (12/30). **2003:** Played in all 16 games, starting one at left defensive end. Made career-high 47 tackles with two tackles for loss, two sacks, one pass defended, two forced fumbles, and a team and career-high 27 special teams tackles. Collected three solo tackles and first sack for Rams versus Atlanta (10/13). Racked up career-high eight tackles with a sack against Baltimore (11/9). Tallied team-high seven tackles in first start as a Ram in place of injured DE Leonard Little at Arizona (11/23). Led team with career-high five special teams tackles versus Minnesota (11/23).

**COLLEGE:** Two-year starter on defensive line at the Air Force Academy. Selected as WAC Defensive Player of the Year in Mountain Division as senior. Started 12 games and recorded career-high 70 tackles, six sacks, and one fumble recovery. Started 12 games as junior and totaled 63 tackles, 1.5 sacks, one forced fumble, and one fumble recovery. Played in seven games as backup defensive lineman in sophomore season. Graduated with degree in business management.

**PERSONAL:** Born Bryce Alexander Fisher in Renton, Washington. Lettered three years in football and was all-league offensive and defensive lineman at Seattle Prep. Team captain as senior and selected as league's lineman of the year that season. Completed combat survival training in summer of 1996 and spent two years (1999-00) on active duty with the Air Force. Was at Air Force Academy in Colorado Springs, CO, in 1999 where he worked as recruiter and coached defensive line for JV football team. Worked in 2000 as Vehicle Operations Officer at Pope Air Force Base in Fayetteville, N.C.

## SINGLE-GAME HIGHS

**Tackles:** 10, 2 Times (Last at N.Y. Jets 1/2/04)  
**Interceptions:** None  
**Sacks:** 2, 2 Times (Last at N.Y. Jets 1/2/04)

**Forced Fumbles:** 1, 4 Times (Last at N.Y. Jets 1/2/04)  
**Fumble Recoveries:** None  
**Touchdowns:** None

## SINGLE-GAME HIGHS (PLAYOFFS)

**Tackles:** 6, at Seattle 1/8/05

## ADDITIONAL STATS

**Special Team Tackles:** 2001 -1, 2003 -27, 2004 -4;  
**Career Totals:** 32

## FISHER'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
2001 Buffalo	13/2	33	25	8	3.0	18.0	0	0	0.0	0	0	1	0	0
2002 St. Louis	4/0	11	3	8	0.0	0.0	0	0	0.0	0	0	0	0	0
2003 St. Louis	16/1	47	21	26	2.0	9.0	0	0	0.0	0	0	1	2	0
2004 St. Louis	16/14	77	38	39	8.5	73.0	0	0	0.8	0	0	3	2	0
<b>NFL TOTALS</b>	<b>49/17</b>	<b>168</b>	<b>87</b>	<b>81</b>	<b>13.5</b>	<b>100.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>5</b>	<b>4</b>	<b>0</b>

## POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions			LG	TD	PD	FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg					
2003 St. Louis	1/0	0	0	0	0.0	0	0	0	0.0	0	0	0	0	0
2004 St. Louis	2/2	10	5	5	0.5	1.0	0	0	0.0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>3/2</b>	<b>10</b>	<b>5</b>	<b>5</b>	<b>0.5</b>	<b>1.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

## CHRIS GRAY

62



Guard 6-4 308  
 Auburn  
 12th NFL Season  
 7th Seahawks Season  
 UFA (Chicago) 1998  
 2003 Games/Starts: 16/16  
 Career Games/Starts: 161/123  
 June 19, 1970  
 Birmingham, Alabama

**2004:** Started all 16 games at right guard and helped Shaun Alexander to the Seahawks single-season rushing record with 1,696 yards. Part of an offensive line that allowed just 34 sacks, tied for the second-lowest total since 1988. Helped Alexander rank first in the NFC in yards, yards per carry (4.8), non-kicker scoring (120), rushing touchdowns (16), and total touchdowns (20).

**PRO:** Entered the NFL as a fifth-round draft choice (132nd overall) of the Miami Dolphins in 1993. Played in 42 games with 23 starts for Miami from 1993-96. Spent one season with the Chicago Bears (1997), before joining the Seahawks in 1998. Moved to right guard in 2001 from center where he had started 34 games from 1998-00. Has started 90 consecutive regular-season games at either guard or center for the Seahawks dating back to 1999.

**1993:** Saw action in five games as a rookie. Was inactive for 10 games and did not play in another. **1994:** Played in all 16 games and both playoff contests. Started two games. Made first NFL start versus L.A. Raiders (10/16).

**1995:** Started the first 10 games before suffering a season-ending left ankle injury versus New England (11/12). Placed on injured reserve (11/15). Underwent surgery to repair ligament damage (11/17). **1996:** Returned from ankle injury and started the first 11 games. Suffered a

broken ankle at Houston (11/17) and missed the remainder of the season. **1997:** Played in eight games with two starts for the Chicago Bears after signing as a free agent (9/10). Signed as a free agent with the Seahawks April 15, 1998. **1998:** Started the final eight games of the season replacing an injured Kevin Glover (back) at center. Inactive versus Oakland (11/1) with a concussion. Helped pave the way for a 105-yard rushing day for Ricky Watters in his first start versus Kansas City (11/8). Part of an offensive line that was instrumental in Watters setting a career-high with 178 yards versus Indianapolis (12/20). Served as the deep snapper for field goals and extra points all season. Jason Kyle served as the deep snapper versus Oakland (11/1), when Gray was inactive. **1999:** Started 10 games at center and played in all 16. Handled snapping duties for field goals and PATs. Took over starting job at center for the remainder of the season for an injured Kevin Glover (blood clot) at Green Bay (11/1). Part of an offensive line that helped Watters rush for a 125 yards at Green Bay on Monday night football (11/1). Helped Watters' rush for a season-high 133 yards versus Cincinnati (11/7). **2000:** Started 16 games for the first time in his career. Entered the season as the starting center for the first time with the Seahawks. Helped

Watters average 4.5 yards per carry and Alexander average 4.9 (second among rookies in 2000). Part of an offensive line that did not allow a sack in back-to-back games at Atlanta (12/3) and at Denver (12/10)—the first time that has been accomplished for the Seahawks in 324 games. **2001:** Started all 16 games for the second consecutive season. Started every game at right guard and became part of a solid front line that helped Alexander rush for 1,318 yards and a league-leading 14 touchdowns. Part of starting unit versus Oakland (11/11) that helped Alexander to the fourth-best rushing game in NFL history (266 yards) and helped set a franchise record with 319 rushing yards as a team. **2002:** Only one of two Seattle offensive linemen to start all 16 games (Robbie Tobeck). Started first four games at right guard before starting the final 12 games at left guard for injured Steve Hutchinson (leg). Helped solidify an offensive line that helped Alexander set a franchise record with 18 total touchdowns and 16 rushing scores. Provided solid protection for quarterback Matt Hasselbeck's four 300-yard plus passing games over the final six games of the season. Made the switch to left guard in the third quarter versus Minnesota

(9/29), a game in which the line didn't allow a sack, the first game since 11/18/01 at Buffalo. **2003:** Started all 16 games at right guard assisting Alexander in establishing a career high with 1,435 rushing yards. Seattle's 125.6 rushing average per game was the most since 1995 (136.1). Offense ranked sixth in the NFL (10th rushing, 7th passing). Helped QB Matt Hasselbeck set franchise record and rank fourth in the NFL in passing yards (3,841). Part of an offensive line that did not allow a sack versus Detroit (11/16), just the second time since 11/18/01 at Buffalo.

**COLLEGE:** Four-year letterman and two-year starter at Auburn. Second-team All-American and first-team all-SEC selection as a senior. Also earned all-SEC academic honors. Played left tackle as a junior and senior starting every game. Split time between tackle and tight end in first two seasons. Received a B.S. Degree in Marketing.

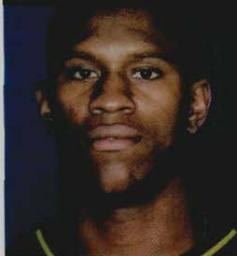
**PERSONAL:** Lettered in football at Home-wood High in Birmingham, Ala. Played tight end and defensive end. He and his wife, Julie, live in Plantation, Fla. They have a daughter, Grace (5/6/99) and son, Matthew (5/25/01).

## GRAY'S NFL RECORD

Year	Team	—	GP/GS	Postseason	Year	Team	—	GP/GS	Postseason
1993	Miami	—	5/0		1999	Seattle	—	16/10	1/1
1994	Miami	—	16/2	2/0	2000	Seattle	—	16/16	
1995	Miami	—	10/10		2001	Seattle	—	16/16	
1996	Miami	—	11/11		2002	Seattle	—	16/16	
1997	Chicago	—	8/2		2003	Seattle	—	16/16	
1998	Seattle	—	15/8		2004	Seattle	—	16/16	1/1
					<b>NFL TOTALS</b>			<b>161/123</b>	
					<b>POSTSEASON</b>				<b>4/2</b>

## KEN HAMLIN

26



Safety 6-2 209  
 Arkansas  
 3rd NFL Season  
 3rd Seahawks Season  
 2nd Round 2003  
 2004 Games/Starts: 16/16  
 Career Games/Starts: 32/30  
 January 20, 1981  
 Memphis, Tennessee

**2004:** Started all 16 games in second season and finished third on team with 79 tackles. Finished fourth on team with four interceptions (10th NFC). Helped preserve shutout and end San Francisco's (9/26) NFL-record 420-game scoring streak after intercepting a fourth-quarter pass in the end zone. Posted five tackles and a career-high two interceptions versus Buffalo (11/28). Turned in a career-high 10 tackles,

including first sack of career to go along with three passes defensed and a forced fumble, versus Arizona (12/26). Recorded second sack in as many weeks in season finale versus Atlanta (1/2/05). Posted two tackles and an interception in playoff loss to St. Louis (1/8/05).

**PRO:** Selected with the 10th pick in the second round (42nd overall) and is only the second

player drafted by the Seahawks from the University of Arkansas (Bobby Joe Edmonds, 1986). **2003:** Started 14 of 16 games played as a rookie earning a place on *Pro Football Weekly's* All-Rookie team. Finished second on team with 96 tackles (Anthony Simmons 100) and totaled 10 passes defended. Started all regular-season games except Pittsburgh (11/2) and at Baltimore (11/23). Did not start playoff game at Green Bay (1/4/04), but saw time at safety and on special teams. Made first career start versus New Orleans (9/7) and totaled five tackles while garnering national attention after knocking off Donte' Stallworth's helmet on a hit over the middle. Followed debut with a performance that earned NFC Defensive Player of the Week at Arizona (9/14). Finished second on team with eight tackles and had a hand in four of club's six takeaways. On the first play of the game, forced a fumble that was recovered setting up Seattle's first score. The next series, he batted a ball in the air that was intercepted by Reggie Tongue. Again in the very next series, he deflected Anquan Boldin forcing the ball into the air only to be picked off by Chad Brown. Late in the fourth quarter, he intercepted a pass deep in Seahawks territory to preserve a 38-0 shutout. Finished second with seven tackles the following week versus St. Louis (9/21). Helped Seattle to victory by sandwiching Rams' Dane Looker and forcing the ball in the air for an interception late in the fourth quarter. Had a pass defended later to keep St. Louis out of field-goal range. Led team with career-high 11 tackles at Green Bay (10/5). Had two total special teams tackles on the season.

**HONORS: 2003:** *Pro Football Weekly All-Rookie Team; NFC Def. Player of the Week 2.*

**COLLEGE:** Left college following his junior season and touted as the best defensive player in school history since Steve Atwater (1985-88). A Bronko Nagurski National Defensive Player of the Year nominee, became the first player in school history to record more than 100 tackles in a season three times. Recorded 381 tackles (221 solo), breaking the old school career-record of 367 tackles by Cliff Powell (1967-69). Caused eight fumbles and recovered five, deflected 28 passes, and intercepted nine while playing in 36 games. As a redshirt junior, an All-American first-team selection by *The NFL Draft Report* and *The Sporting News*. Nominated for the Jim Thorpe Award, given annually to the nation's premier defensive back. Collected a career-high 22 tackles (nine solo) versus Troy State. Only Cliff Powell (24) and Ronnie Caveness (23) had more tackles in a game for the Razorbacks. All-American second-team choice by *The NFL Draft Report* and All-Southeastern Conference first-team pick as a sophomore. Was a Freshman All-American choice by *The Sporting News* and *Football News*. Named to the SEC Coaches' Freshman All-SEC teams. Became the first freshman and only the second defensive back in school history to lead Arkansas in tackles, posting 104 tackles (57 solo).

**PERSONAL:** Attended Fraysay (Memphis, Tenn.) High. Accounted for 2,327 all-purpose yards during his senior season, including 1,276 rushing and 380 receiving as he ran for 16 touchdowns and made 136 tackles (96 solo), and eight interceptions as a safety. Class 3A Player of the Year. Also lettered in track and baseball. Member of the National Honor Society and was the senior class vice president. Majored in business education.

## HAMLIN'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2003 Seattle	16/14	96	76	20	0.0	0.0	1	2	2.0	2	0	10	2	1
2004 Seattle	16/16	79	63	16	2.0	6.0	4	48	12.0	36	0	9	1	1
<b>NFL TOTALS</b>	<b>32/30</b>	<b>175</b>	<b>139</b>	<b>36</b>	<b>2.0</b>	<b>6.0</b>	<b>5</b>	<b>50</b>	<b>10.0</b>	<b>36</b>	<b>0</b>	<b>19</b>	<b>3</b>	<b>2</b>

### POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2003 Seattle	1/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0
2004 Seattle	1/1	2	2	0	0.0	0.0	1	0	0.0	0	0	1	0	0
<b>NFL TOTALS</b>	<b>2/1</b>	<b>2</b>	<b>2</b>	<b>0</b>	<b>0.0</b>	<b>0.0</b>	<b>1</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>0</b>

### SINGLE-GAME HIGHS

**Tackles:** 11, at Green Bay 10/5/03

**Interceptions:** 2, vs. Buffalo 11/28/04

**Sacks:** 1, 2 Times (Last vs. Atlanta 1/2/05)

**Forced Fumbles:** 1, 3 Times (Last vs. Arizona 11/28/04)

**Fumble Recoveries:** 1, 2 Times (Last at St. Louis 11/14/04)

### ADDITIONAL STATISTICS

**Special Teams Tackles:** 2003 -2, 2004 -1; Career: 3.

# RYAN HANNAM

# 83

VETERANS



Tight End 6-2 248  
 Northern Iowa  
 4th NFL Season  
 4th Seahawks Season  
 5th Round (B) 2002  
 2003 Games/Starts: 16/0  
 Career Games/Starts: 36/0  
 February 24, 1980  
 St. Ansgar, Iowa

**2004:** Saw action in all 16 games. Most of action was on special teams the first half of the season before hauling in eight catches for 110 yards on the year. Totaled two receptions for 44 yards at Minnesota (12/12) with a career-long 36-yard reception that helped set up a Seahawks touchdown. Also caught two passes in final versus Atlanta (1/2/05). Had one punt return for 6 yards and one special teams tackles. Saw time at tight end and on special teams in playoff game versus St. Louis (1/8/05).

**PRO:** Selected second of three fifth-round picks (169th overall) by the Seahawks in the 2002 draft. Second tight end selected by the Seahawks in the draft and 14th in Seahawks history. **2002:** Played in 15 games on special teams including eight at tight end. Had one reception on the season (at Arizona, 11/10) for a 16-yard touchdown. Was inactive (flu) at Dallas (10/27). Had six total special teams tackles.

**2003:** Played in five games before being placed on injured reserve (right knee) October 31. Was inactive (knee) in the opener versus New Orleans (9/7) and at Cincinnati (10/26). Injured knee versus Chicago (10/19). Did not total any

catches, but returned first-career kickoff 17 yards versus San Francisco (10/12).

**COLLEGE:** Three-year starter at Northern Iowa. Collected 86 catches for 957 yards and seven touchdowns in 47 career games. Named All-Gateway Conference first team. After starting all 14 games, finishing second on the team with a career-high 43 receptions for 404 yards (9.4 avg.) as a senior. Closed his career with four catches for 22 yards against Montana in the Division I-AA Championship Game. As a junior, earned All-Gateway Conference honorable mention and All-Academic pick. Earned honorable mention academic all-conference as a sophomore. Played in every game, started four, and was the team's fifth-leading receiver with 23 catches for 253 yards (11.0 avg.) and five touchdowns.

**PERSONAL:** Earned four letters in football, baseball, and track, and three in basketball at St. Ansgar (Iowa) High School. Was a three-time All-District pick on the defensive line. National Honor Society Member. Son of Paul and Lowana Hannam. Resides in St. Ansgar, Iowa.

## HANNAM'S NFL RECORD

Club	G/S	Receiving					Rushing				
		No	Yds	Avg	LG	TD	Att	Yds	Avg	TD	
2002 Seattle	15/0	1	16	16.0	16t	1	0	0	0.0	0	
2003 Seattle	5/0	0	0	0.0	0	0	0	0	0.0	0	
2004 Seattle	16/0	8	110	13.8	36	0	0	0	0.0	0	
<b>NFL TOTALS</b>	<b>36/0</b>	<b>9</b>	<b>126</b>	<b>14.0</b>	<b>36</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	

### SINGLE-GAME HIGHS

**Most Receptions:** 2, 2 Times (Last vs. Atlanta 1/2/05)

**Most Yards:** 44, at Minnesota 12/12/04

**Longest Reception:** 36, at Minnesota 12/12/04

**Most Touchdowns:** 1, at Arizona 11/10/02

### ADDITIONAL STATISTICS

**Special Team Tackles:** 2002-6, 2003-0, 2004-1; Career Totals: 7

**Kickoff Returns:** Returned one kickoff for 17 yards. Returned one punt for 6 yards.

## MATT HASSELBECK

8



Quarterback 6-4 223  
 Boston College  
 7th NFL Season  
 5th Seahawks Season  
 Trade (Green Bay) 2001  
 2004 Games/Starts: 14/14  
 Career Games/Starts: 91/52  
 September 25, 1975  
 Westwood, Massachusetts

**2004:** Started 14 games completing 279 of 474 attempts for 3,382 yards, 22 touchdowns, and 15 interceptions. Touchdown total was good for fifth in the NFC (10th NFL). Totaled three, 300-yard games, tying Dave Krieg for the most career games with 300 or more yards passing (11). Also joined Krieg as only quarterbacks in club history to pass for 20 or more touchdowns in consecutive seasons, while joining Jim Zorn as the franchise's only quarterbacks to eclipse 3,000 yards three consecutive seasons. Named NFC Offensive Player of the Month for December after passing for 1,140 yards, completing 94 of 131 attempts (71.6%), 10 touchdowns, and four interceptions. Posted a 90 percent or better passer rating seven times and completed 70 percent or better five times. Opened the season with a 246-yard performance at New Orleans (9/12) along with a touchdown and interception. Only completed 12 passes at Tampa Bay (9/19), but one was a 27-yard touchdown pass to Koren Robinson, the only touchdown of the game. Passed for 254 yards and two touchdowns versus the 49ers (9/26) and also tossed two touchdowns at St. Louis (10/10). Attempted a season-high 50 passes at New England (10/17) for 349 yards. Had a career-high four interceptions at Arizona (10/24). Posted a season-high 130.8 rating at San Francisco (11/7) passing for 285 yards and three touchdowns. Declared in active (thigh) versus Miami (11/21). Best individual performance came in losing effort on Monday Night Football versus Dallas (12/6). Completed 28 of 40 attempts for season-high 414 yards with three touchdowns and no interceptions. Followed that with a 334-yard game with three touchdowns and two interceptions at Minnesota (12/12). Was named inactive (elbow) versus Arizona (12/26). Returned to action in the finale versus Atlanta (1/2/05) and his two touchdown passes helped Seattle earn their first NFC West title. In playoff game versus St. Louis (1/8/05), passed for 341 yards completing 27 of 43

attempts, two touchdowns, and an interception. Joined Dan Fouts and Marc Bulger as the only players in NFL history to begin their postseason careers with two 300-plus passing games. Broke own Seahawks postseason record with 341 yards.

**PRO:** The Seahawks' all-time, highest-rated passer (83.3) surpassing Krieg (82.3). Has 1,756 career attempts and 1,048 completions for 12,466 yards, 72 touchdowns, and 48 interceptions. Has totaled 11 career 300-yard games in just 52 starts, a plateau it took Krieg, Seattle's leader in that category (11), 114 starts to reach. Joined the Seahawks March 2, 2001, via a trade with Green Bay. Seattle received Hasselbeck and the Packers' 2001 first-round draft choice (17th overall—Steve Hutchinson) in exchange for Seattle's 10th selection in the first round and a third-round choice. An original 1998 sixth-round draft choice of the Packers during Mike Holmgren's reign in Green Bay. Spent the 1998 season on the practice squad before resigning with the Packers as a free agent in February of 1999. Has played in 91 career games, 58 at quarterback, mostly as the holder for the extra point and field goal units during his first three seasons. **1998:** Spent the entire season on the Packers' practice squad. **1999:** Won the role of backup with an impressive preseason performance. Played in all 16 games as the holder for extra point and field goal teams and saw action in four games at quarterback. Attempted 10 passes, completing three for 41 yards and a touchdown, without an interception. First NFL touchdown pass came on a fake field-goal attempt at Minnesota (12/20) with a 9-yard toss. First NFL action came in the fourth quarter in a 31-3 victory at San Diego (10/24). **2000:** Played in all 16 games serving primarily as the holder on the extra point and field goal units for the Packers. Saw action under center in four games backing up Brett Favre for a second straight year. Completed 10 of

19 passes for 104 yards and one touchdown without an interception for a 86.3 passer rating. Replaced an injured Favre (foot) in the third quarter versus Tampa Bay (11/12) and posted career highs with nine completions on 18 attempts for 93 yards. Threw a 27-yard touchdown pass off a fake field-goal attempt in that game. Played the final two series at Arizona (9/24) in his initial action of the season and completed his only attempt for 11 yards. Subbed for Favre late in the game at Chicago (12/3), but did not throw a pass and was sacked once. Saw action late in the game versus Detroit (12/10) and did not attempt a pass. **2001:** Opened season as starter for Seahawks and finished starting 12 of 13 games played. Attempted 321 passes completing 176 (54.8%) for 2,023 yards, seven touchdowns, and eight interceptions for a 70.9 rating. Rushed 40 times for 141 yards, most rushing yards by a quarterback since Rick Mirer's 191 in 1996. Had a string of 123 pass attempts without an interception, tied for the seventh-longest streak in team history. Did not start versus Jacksonville (10/7) or Denver (10/14) because of a groin injury suffered at Oakland (9/30). Did not start final two games of the season at San Diego (12/30) or versus Kansas City (1/6/02) due to a shoulder injury. Returned from groin injury to start versus Miami and had finest game of the season, completing 16 of 28 attempts for 230 yards and two touchdowns for a 107.7 rating. Completed six of 12 passes for 127 yards and two interceptions at Washington (11/4), but was relieved by Trent Dilfer to open the second half. Versus Oakland (11/11), complemented Shaun Alexander's 266-yard rushing performance by

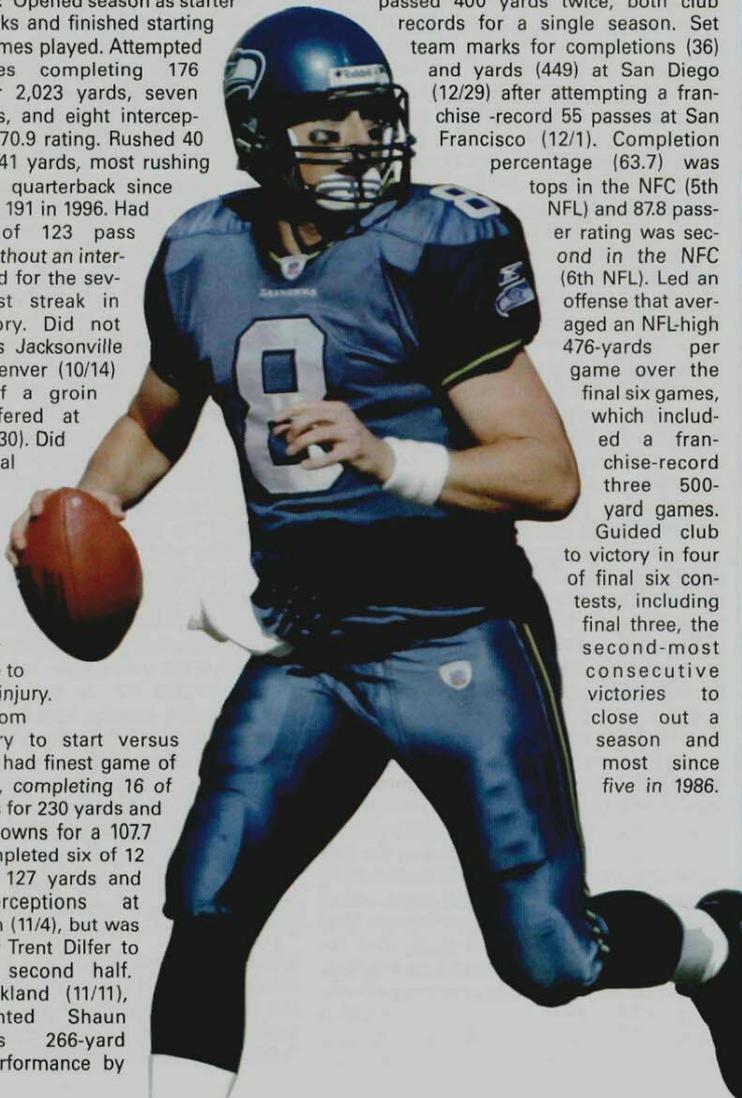
completing 15 of 23 passes for 181 yards and a touchdown. Attempted a career-high 37 passes at Denver for a career-high 243 yards with one touchdown and two interceptions.

**2002:** Started 10 games after entering camp as the team's second quarterback behind Dilfer. Started the season opener at Oakland (9/8) for Dilfer (knee) before taking over the remainder of the season after Dilfer suffered a season-ending Achilles injury at Dallas (10/27). Completed 267 of 419 passes for 3,075 yards, 15 touchdowns, and 10 interceptions for an 87.8 passer rating. Passed for more than 300 yards four times and surpassed 400 yards twice, both club records for a single season. Set

team marks for completions (36) and yards (449) at San Diego (12/29) after attempting a franchise-record 55 passes at San Francisco (12/1). Completion percentage (63.7) was

tops in the NFC (5th NFL) and 87.8 passer rating was second in the NFC (6th NFL). Led an offense that averaged an NFL-high 476-yards per game over the final six games, which included a franchise-record three 500-yard games.

Guided club to victory in four of final six contests, including final three, the second-most consecutive victories to close out a season and most since five in 1986.



Versus Kansas City (11/24), completed 25 of 36 passes for a then career-high and NFL week 12 best 362 yards with a career-best three touchdowns for a 129.6 rating. The career performance only lasted one week after passing for a franchise-record 427 yards on a club-high 55 attempts at San Francisco (12/1). Set a personal high with 30 completions, third-most in team annals, while tying a personal mark with three touchdown passes. Became just the second quarterback in team history to throw for 300 yards in back-to-back games, joining Zorn who did that twice (1979 & 1981), and the first Seahawks quarterback to throw for multiple 300-yard games in the same season since Krieg in 1985. Led team to 32 first downs versus Kansas City, and combined with the Chiefs' 32 set an NFL record for most in one game (64). Also led Seattle to 534 total yards in that game, first time eclipsing 500 team yards since October 26, 1997, versus Oakland. Led team to 507 yards versus San Francisco, the first time Seattle has ever posted back-to-back 500-yard games. Passed for 303 yards and a touchdown versus St. Louis (12/22) and 298 yards with a touchdown at Atlanta (12/15). In record-breaking season finale at San Diego, scored first-career rushing touchdown on a 1-yarder with one second remaining in regulation to send the game into overtime. **2003:** Validated one of the finest seasons by a quarterback in club history with a trip to the Pro Bowl after leading club to first-ever undefeated home record. Finished the season second in the NFC with a franchise-record 3,841 passing yards (behind Marc Bulger's 3,845) and tied Brad Johnson for second with 26 touchdown passes behind Brett Favre (32). Passer rating of 88.8 tied Aaron Brooks for third in the conference behind Daunte Culpepper (96.4) and Favre (90.4), while his rating on third down (107.3) was second in the NFC (3rd NFL). In addition to setting the club record for most passing yards in a single season (surpassing Warren Moon's 1997 total—3,678), he tied Moon's single-season club record for most completions (313). Tied own record for most 300-yard games in a season (4). Total of 26 touchdown passes rank third on the club's all-time single-season list, while becoming the first quarterback since Mirer in 1993 to start all 16 games. Posted at least an 85.0 passer rating 10 times, including the opener versus New Orleans (9/7) where a 99.4 rating was the result of two touchdowns and no interceptions. Had another two-touchdown performance (110.6 rating) the following week at Arizona (9/14) that included touchdown passes of 55 and 66 yards to Darrell Jackson. Led

Seattle back from a 23-10 fourth-quarter deficit to defeat St. Louis (9/21) 24-23. Completed a 3-yard touchdown pass to Robinson with one minute to play for the go-ahead score. Also rushed for season-high 28 yards in that game. Led team to a Sunday night football victory over San Francisco (10/12). Led team on another game-winning drive versus Chicago (10/19) after directing a seven-play, 72-yard drive that resulted in the go-ahead touchdown with :58 to go. Completed 19 of 27 passes for 215 yards, a touchdown, and interception in that game. Passed for season-high 347 yards and tied season high with 26 completions at Cincinnati (10/26), but also threw a season-high three interceptions after attempting a season-high 43 passes. Enjoyed a sweet November compiling a 107.4 passer rating during the month after tossing 11 touchdowns to just two interceptions. Led Seattle to a 3-0 home record during the month, passed for at least 300 yards three times and took Seattle's offense from 11th to 4th overall. Against Pittsburgh (11/2), posted a 152.1 rating in the second half completing 10 of 15 passes for 139 yards and a touchdown. Posted career-best completion percentage (75.0, 21 of 28) versus Detroit (11/16). Earned NFL/FedEx Air Player of the Week in one of the guttiest performances of career at Baltimore (11/23) against the NFL's third-rated pass defense. Tied Moon and Krieg's team record with five touchdown passes. Completed 23 of 41 passes for 333 yards and a 122.3 passer rating. Connected with Darrell Jackson for a career-long 80-yard touchdown. Repeated as NFL/FedEx Air Player of the Week after completing 26 of 35 attempts (74.3%) for 328 yards, three touchdowns, and an interception the following week versus Cleveland's (11/30) 2nd-rated pass defense. The game marked the first time in Seattle history with a 300-yard passer, 100-yard rusher (Alexander-127), and two 100-yard receivers (Robinson-122, Jackson-102). Ended regular season with a 315-yard performance in victory over the 49ers (12/27). Set club postseason record with 305-yard game at Green Bay (1/4/04). Also set club postseason record with 25 completions and 45 attempts.

**HONORS: 2003:** *NFC Pro Bowl, Seattle Post Intelligencer Sports Star of the Year; FedEx Air Player of the Week 12 & 13. 2004: *NFC Offensive Player of the Month for December.**

**COLLEGE:** Four-year letterman and two-year starter at Boston College. Finished fifth on the Eagles' career passing list with 4,548 yards, completing 390 of 701 passes with 22 touchdowns and 26 interceptions. Started 21

games while playing in 37. Completed 188 of 305 passes for 2,239 yards and 11 touchdowns with 10 interceptions as a senior, when he was the co-winner of the "Thomas F. Scanlon Award" as the outstanding senior scholar-athlete. Threw for 277 yards in a 22-of-33 performance, that included a school-record 14 consecutive completions, versus Notre Dame. Completed 31 of 46 attempts for a career-high 393 yards and three touchdowns in his final collegiate game in a victory over Army. As a junior, he hit on 171 of 330 passes for 1,990 yards and nine touchdowns with nine interceptions. Came off the bench to lead the team to a come-from-behind victory over Hawaii in the season opener. Started the next 10 games before separating his right shoulder, causing him to miss the season finale versus Miami (Fla.). Served as the Eagles' backup quarterback as a sophomore. Played in 11 games with one start. Completed 27 of 60 passes for 280 yards and two touchdowns, with seven interceptions. Saw action in five games as a redshirt freshman. Received a B.S. Degree in Marketing and Finance.

**PERSONAL:** Was an honorable mention All-American selection by *USA Today* as a senior at Xavierian Brothers High School in Westwood, Mass. Also garnered All-East honors from *Blue Chip Illustrated* and All-New England honors from *SuperPrep*. A two-year starter, he completed 90 of 120 passes for 1,490 yards and seven touchdowns as a senior. Also ran for 400 yards and three touchdowns en route to capturing conference title and runner-up in Massachusetts' Division 1-A Super Bowl. Also won three letters in basketball and two in baseball. Competed in CBS' version of the "NFL Quarterback Challenge" over the 2003 offseason and finished in first place. Father Don, played tight end in the NFL for nine seasons with the Patriots (1977-83), Raiders (1983), Vikings (1984), and Giants (1985). Younger brother Tim was the starting quarterback for Boston College and started five games for the Washington Redskins in 2003. Youngest brother Nathanael attended Boston College and played wide receiver. Married college sweetheart Sarah (6/17) and has two daughters, Annabelle (10/16/01), Mallory (2/12/03) and son Henry (6/17/05).

## HASSELBECK'S NFL RECORD

### PASSING

Year	Club	G/S	Att	Comp	Yds	Pct	TD	Int	LG	Sacked	Rate
1998	Green Bay		Practice Squad								
1999	Green Bay	16/0	10	3	41	30.0	1	0	19	1/9	77.5
2000	Green Bay	16/0	19	10	104	52.6	1	0	27t	1/2	86.3
2001	Seattle	13/12	321	176	2,023	54.8	7	8	64	38/251	70.9
2002	Seattle	16/10	419	267	3,075	63.7	15	10	49	26/143	87.8
2003	Seattle	16/16	513	313	3,841	61.0	26	15	80t	42/246	88.8
2004	Seattle	14/14	474	279	3,382	58.9	22	15	60	30/155	83.1
<b>TOTALS</b>		<b>91/52</b>	<b>1,756</b>	<b>1,048</b>	<b>12,466</b>	<b>59.7</b>	<b>72</b>	<b>48</b>	<b>80t</b>	<b>138/806</b>	<b>83.3</b>

### RUSHING

Year	Club	G/S	Att	Yds	Avg	LG	TD
1998	Green Bay		Practice Squad				
1999	Green Bay	16/0	6	15	2.5	13	0
2000	Green Bay	16/0	4	-5	-1.3	-1	0
2001	Seattle	13/12	40	141	3.5	17	0
2002	Seattle	16/10	40	202	5.1	21	1
2003	Seattle	16/16	36	125	3.5	18	2
2004	Seattle	14/14	27	90	3.3	19	1
<b>TOTALS</b>		<b>91/52</b>	<b>153</b>	<b>568</b>	<b>3.7</b>	<b>21</b>	<b>4</b>

## POSTSEASON

### PASSING

Year	Club	G/S	Att	Comp	Yds	Pct	TD	Int	LG	Sacked	Rate
2003	Seattle	1/1	45	25	305	55.6	0	1	34	2/14	67.4
2204	Seattle	1/1	43	27	341	62.3	2	1	25	3/9	93.3
<b>TOTALS</b>		<b>2/2</b>	<b>88</b>	<b>52</b>	<b>646</b>	<b>59.1</b>	<b>2</b>	<b>2</b>	<b>34</b>	<b>5/23</b>	<b>80.0</b>

## SINGLE GAME HIGHS

<b>Attempts:</b>	55*	at	San Francisco	(12/1/02)
<b>Completions:</b>	36*	at	San Diego	(12/29/02)
<b>Yards:</b>	449*	at	San Diego	(12/29/02)
<b>Longest, no TD:</b>	64	vs.	Miami	(10/28/01) to Darrell Jackson
<b>Longest TD:</b>	80	at	Baltimore	(11/23/03) to Darrell Jackson
<b>Most TDs:</b>	5**	at	Baltimore	(11/23/03)
<b>Interceptions:</b>	3	at	Cincinnati	(10/26/03)
<b>Rushes:</b>	7	at	San Diego	(12/29/02)
<b>Rushing Yds.:</b>	62	vs.	Philadelphia	(12/8/02)
<b>Longest Rush:</b>	21	at	San Diego	(12/29/02)
<b>Rushing TD:</b>	1, 3 Times	last vs.	Detroit	(11/16/03)

\*Club Record, \*\*Ties Club Record

## HASSELBECK VS. THE NFL (REG. SEASON GAMES STARTED ONLY)

Team	Games	Att	Comp	Yds	Pct	TD	Int	LG	Sack	Rate
Arizona	4	115	62	801	53.9	5	5	66t	5/24	72.4
Atlanta	2	58	43	489	74.1	3	1	35	6/21	109.1
Baltimore	1	41	23	333	56.1	5	0	80t	6/40	122.3
Buffalo	2	61	35	319	57.4	2	1	23	2/10	75.8
Carolina	1	30	21	201	70.0	1	1	22	1/5	85.6
Chicago	1	27	19	215	70.1	1	1	32	2/4	90.8
Cincinnati	1	43	26	347	60.5	3	3	46t	2/6	80.3
Cleveland	2	69	46	506	66.7	3	3	34	6/42	84.6
Dallas	2	65	41	566	63.1	3	0	35	3/29	106.3
Denver	2	73	39	423	53.4	1	4	39	10/63	52.5
Detroit	1	28	21	207	75.0	1	0	34t	0/0	107.3
Green Bay	1	39	23	225	58.9	0	1	24	2/10	64.6
Houston	-	-	-	-	-	-	-	-	-	-
Indianapolis	-	-	-	-	-	-	-	-	-	-
Jacksonville	-	-	-	-	-	-	-	-	-	-
Kansas City	2	62	41	524	66.1	4	0	44	4/31	113.9
Miami	1	28	16	230	57.1	2	0	64	4/24	107.7
Minnesota	2	68	40	552	58.8	3	4	37	6/33	87.4
New England	1	50	27	349	54.0	0	2	37	3/8	59.5
New Orleans	2	52	31	383	59.6	3	1	38	3/18	93.7
NY Giants	1	26	15	185	57.7	1	1	42	3/24	76.6
NY Jets	1	30	22	201	73.3	2	1	20	4/14	99.4
Oakland	3	83	52	503	62.7	3	1	31	10/47	86.6
Philadelphia	2	69	33	285	47.8	2	3	20	11/69	50.7
Pittsburgh	1	31	18	215	58.1	1	0	43	5/24	90.1
St. Louis	5	179	98	1,193	54.7	6	3	56t	7/74	82.3
San Diego	2	88	55	651	62.5	2	2	49	5/31	83.1
San Francisco	5	177	109	1,488	61.6	11	5	60	9/53	97.4
Seattle	-	-	-	-	-	-	-	-	-	-
Tampa Bay	1	26	12	147	46.2	1	1	27t	5/23	60.9
Tennessee	-	-	-	-	-	-	-	-	-	-
Washington	3	85	53	632	62.4	1	3	49	9/61	74.2
<b>Totals</b>	<b>52</b>	<b>1,703</b>	<b>1,021</b>	<b>12,170</b>	<b>59.7</b>	<b>70</b>	<b>47</b>	<b>80t</b>	<b>133/788</b>	<b>83.3</b>

# HASSELBECK'S GAME-BY-GAME PASSING

## 1998

Date	Opponent	P/S	Att	Com	Yds	Pct	TD	Int	LG	Sacked	W/L	Score
Practice Squad												

## 1999

Date	Opponent	P/S	Att	Com	Yds	Pct	TD	Int	LG	Sacked	W/L	Score
10/24	at San Diego	(P)	3	0	0	0.0	0	0	0	0	W	31-3
11/01	Seattle	(P)	6	2	32	33.3	0	0	19	1/9	L	27-7
12/20	Minnesota	(P)	1	1	9	100.0	1	0	9	0	L	24-20

<b>1999</b>	<b>TOTALS</b>	<b>*(16/0)</b>	<b>10</b>	<b>3</b>	<b>41</b>	<b>30.0</b>	<b>1</b>	<b>0</b>	<b>19</b>	<b>1/9</b>		
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## 2000

Date	Opponent	P/S	Att	Com	Yds	Pct	TD	Int	LG	Sacked	W/L	Score
09/24	at Arizona	(P)	1	1	11	100.0	0	0	0	0/0	W	29-3
11/12	at Tampa Bay	(P)	18	9	93	50.0	1	0	27t	1/2	L	20-15

<b>2000</b>	<b>TOTALS</b>	<b>*(16/0)</b>	<b>19</b>	<b>10</b>	<b>104</b>	<b>52.6</b>	<b>1</b>	<b>0</b>	<b>27t</b>	<b>1/2</b>		
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## 2001

Date	Opponent	P/S	Att	Com	Yds	Pct	TD	Int	LG	Sacked	W/L	Score
09/09	at Cleveland	(S)	34	20	178	58.8	0	2	34	4/28	W	9-6
09/23	Philadelphia	(S)	24	9	62	37.5	0	0	19	7/41	L	3-27
09/30	at Oakland	(S)	28	14	167	50.0	0	1	21	6/32	L	14-38
10/07	Jacksonville				Inactive						W	24-15
10/14	Denver	(P)	0	0	0	0.0	0	0	0	0/0	W	34-21
10/28	Miami	(S)	28	16	230	57.1	2	0	64	4/24	L	20-24
11/04	at Washington	(S)	12	6	127	50.0	0	2	49	2/17	L	14-27
11/11	Oakland	(S)	23	15	181	65.2	1	0	31	1/3	W	34-27
11/18	at Buffalo	(S)	23	16	134	70.0	1	0	21	0/0	W	23-20
11/25	at Kansas City	(S)	26	16	162	61.5	1	0	28t	3/23	L	7-19
12/02	San Diego	(S)	35	19	202	54.3	0	0	45	2/10	W-ot	13-10
12/09	at Denver	(S)	37	17	243	45.9	1	2	39	5/36	L	7-20
12/16	Dallas	(S)	25	13	152	52.0	0	0	27	1/13	W	29-3
12/23	at N.Y. Giants	(S)	26	15	185	57.7	1	1	42	3/24	L	24-27
12/30	at San Diego				Inactive						W	25-22
01/06	Kansas City				Did Not Play						W	21-18

<b>2001</b>	<b>TOTALS</b>	<b>*(13/12)</b>	<b>321</b>	<b>176</b>	<b>2,023</b>	<b>54.8</b>	<b>7</b>	<b>8</b>	<b>64</b>	<b>38/251</b>		<b>#5-7</b>
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## 2002

Date	Opponent	P/S	Att	Com	Yds	Pct	TD	Int	LG	Sacked	W/L	Score
09/08	at Oakland	(S)	32	23	155	71.9	2	0	16	3/12	L	17-31
09/15	Arizona				Special Teams Only							
09/22	at N.Y. Giants				Special Teams Only							
09/29	Minnesota				Special Teams Only							
10/14	San Francisco				Special Teams Only							
10/20	at St. Louis	(P)	5	2	23	40.0	0	0	12	0/0	L	20-37
10/27	at Dallas	(P)	19	12	131	63.2	0	1	34	1/7	W	17-14
11/03	Washington	(S)	44	28	264	63.6	0	0	31	4/24	L	3-14
11/10	at Arizona	(S)	31	23	260	74.2	1	0	27	1/5	W	27-6
11/17	Denver	(S)	36	22	180	61.1	0	2	22	5/27	L	9-31
11/24	Kansas City	(S)	35	25	362	69.4	3	0	44	1/8	W	39-32
12/01	at San Francisco	(S)	55	30	427	54.5	3	2	39	0/0	L	24-31
12/08	Philadelphia	(S)	45	24	223	53.3	2	3	20	4/28	L	20-27
12/15	at Atlanta	(S)	31	22	298	71.0	1	0	35	2/0	W-ot	30-24
12/22	St. Louis	(S)	32	20	303	62.5	1	0	44	2/11	W	30-10
12/29	at San Diego	(S)	53	36	449	68.0	2	2	49	3/21	W-ot	31-28

<b>2002</b>	<b>TOTALS</b>	<b>*(16/10)</b>	<b>419</b>	<b>267</b>	<b>3,075</b>	<b>63.7</b>	<b>15</b>	<b>10</b>	<b>49</b>	<b>26/143</b>		<b>#5-5</b>
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## 2003

Date	Opponent	P/S	Att	Com	Yds	Pct	TD	Int	LG	Sacked	W/L	Score
09/07	New Orleans	(S)	23	12	137	52.2	2	0	35t	3/18	W	27-10
09/14	at Arizona	(S)	19	8	175	42.1	2	0	66t	1/2	W	38-0
09/21	St. Louis	(S)	39	22	256	56.4	2	1	35	4/36	W	24-23
10/05	at Green Bay	(S)	39	23	225	58.9	0	1	24	2/10	L	13-35
10/12	San Francisco	(S)	27	17	207	63.0	1	1	27	4/21	W	20-19
10/19	Chicago	(S)	27	19	215	70.1	1	1	32	2/4	W	24-17
10/26	at Cincinnati	(S)	43	26	347	60.5	3	3	46t	2/6	L	24-27
11/02	Pittsburgh	(S)	31	18	215	58.1	1	0	43	5/24	W	23-16
11/09	at Washington	(S)	29	19	241	65.5	1	1	37	3/20	L	20-27
11/16	Detroit	(S)	28	21	207	75.0	1	0	34t	0/0	W	35-14
11/23	at Baltimore	(S)	41	23	333	56.1	5	0	80t	6/40	Lot	41-44
11/30	Cleveland	(S)	35	26	328	74.3	3	1	32	2/14	W	34-7
12/07	at Minnesota	(S)	34	17	218	50.0	0	2	29	3/16	L	7-34
12/14	at St. Louis	(S)	37	21	246	56.8	1	1	27	2/15	L	22-27
12/21	Arizona	(S)	24	17	179	70.8	1	1	28	2/10	W	28-10
12/27	at San Francisco	(S)	37	24	315	64.9	2	2	31t	1/10	W	24-17
<b>2003 TOTALS</b>		<b>(16/16)</b>	<b>513</b>	<b>313</b>	<b>3,841</b>	<b>61.0</b>	<b>26</b>	<b>15</b>	<b>80t</b>	<b>42/246</b>		<b>10-6</b>
01/04	at Green Bay	(S)	45	25	305	55.6	0	1	34	2/14	Lot	27-33
<b>Playoff Totals</b>		<b>(1/1)</b>	<b>45</b>	<b>25</b>	<b>305</b>	<b>55.6</b>	<b>0</b>	<b>1</b>	<b>34</b>	<b>2/14</b>		<b>0-1</b>

## 2004

Date	Opponent	P/S	Att	Com	Yds	Pct	TD	Int	LG	Sacked	W/L	Score
09/12	at New Orleans	(S)	29	19	246	65.5	1	1	38	0/0	W	21-7
09/19	at Tampa Bay	(S)	26	12	147	46.2	1	1	27t	5/23	W	10-6
09/26	San Francisco	(S)	30	21	254	70.0	2	0	60	1/6	W	34-0
10/10	St. Louis	(S)	35	20	216	57.1	2	0	56t	1/12	Lot	27-33
10/17	at New England	(S)	50	27	349	54.0	0	2	37	3/8	L	20-30
10/24	at Arizona	(S)	41	14	187	34.1	1	4	30	1/7	L	17-25
10/31	Carolina	(S)	30	21	201	70.0	1	1	22	1/5	W	23-17
11/07	at San Francisco	(S)	28	17	285	60.7	3	0	39t	3/16	W	42-27
11/14	at St. Louis	(S)	36	15	172	41.7	0	1	33	0/0	L	12-23
11/21	Miami				Inactive							
11/28	Buffalo	(S)	38	19	185	50.0	1	1	23	2/10	L	9-38
12/06	Dallas	(S)	40	28	414	70.0	3	0	35	2/16	L	39-43
12/12	at Minnesota	(S)	34	23	334	67.6	3	2	37	3/17	W	27-23
12/19	at N.Y. Jets	(S)	30	22	201	73.3	2	1	20	4/14	L	14-37
12/26	Arizona				Did Not Play							
01/02/05	Atlanta	(S)	27	21	191	77.8	2	1	23	4/21	W	28-26
<b>2004 TOTALS</b>		<b>(14/14)</b>	<b>474</b>	<b>279</b>	<b>3,382</b>	<b>58.9</b>	<b>22</b>	<b>15</b>	<b>60</b>	<b>30/155</b>		<b>7-7</b>
01/08	St. Louis	(S)	43	27	341	62.3	2	1	25	3/9	L	20-27
<b>Career Totals</b>		<b>(91/52)</b>	<b>1,756</b>	<b>1,048</b>	<b>12,466</b>	<b>59.7</b>	<b>72</b>	<b>48</b>	<b>80t</b>	<b>138/806</b>		<b>#27-25</b>
<b>Playoff Totals</b>		<b>(2/2)</b>	<b>88</b>	<b>52</b>	<b>646</b>	<b>59.1</b>	<b>2</b>	<b>2</b>	<b>34</b>	<b>5/23</b>		<b>0-2</b>

Games with pass attempt listed

#Reflects games started only

# KELLY HERNDON

# 31

VETERANS



Cornerback 5-10 180  
Toledo  
4th NFL Season  
1st Seahawks Season  
Restricted FA (Den) 2005  
2004 Games/Starts: 16/16  
Career Games/Starts: 45/27  
November 3, 1976  
Twinsburg, Ohio

**2004:** Started opposite Champ Bailey in all 16 regular-season games and recorded 77 tackles (64 solo), two interceptions, one sack, three forced fumbles (tied for team lead), and one fumble recovery. He also had 20 passes defended to lead Denver while contributing one tackle on special teams. Started the season opener vs. Kansas City (9/12) and made five stops while breaking up a team-high four passes. Tied for second on the team with five tackles at Jacksonville (9/19). After recording a team-high three passes defended along with six tackles (five solo) vs. San Diego (9/26), he turned in a team-high three passes defended to go along with six tackles (four solo) two weeks later vs. Carolina (10/10). He intercepted a Kerry Collins pass at Oakland (10/17) and made four tackles (three solo). In Denver's game vs. Houston (11/7), he tied for team-high with nine tackles (all solo) and recorded the first sack of his career. Had eight stops (six solo) vs. Oakland (11/28) and forced a fumble in the third quarter. He forced a fumble for the second consecutive game at San Diego (12/5) when he stripped the ball from Chargers wide receiver Eric Parker. After safety John Lynch tipped a fourth-quarter Billy Volek pass at Tennessee (12/25), Herndon intercepted the ball and returned it 15 yards to the Titans' 19-yard line to set up a Broncos touchdown. In season finale vs. Indianapolis (1/2), he stripped Dominic Rhodes deep in Colts territory and recovered the fumble to set up a Broncos field goal while totaling two tackles (both solo) and two passes defended. In the AFC Wild Card Game at Indianapolis (1/9), came up with an interception, a team-high eight tackles (all solo), and two passes defended.

**PRO:** Signed with Seattle as a restricted free agent from Denver, March 25, 2005. Originally entered the league as an undrafted free agent with San Francisco April 23, 1999. Waived by the 49ers September 5, 1999. Re-signed by San Francisco July 7, 2000 but waived August 27. Signed with the New York Giants May 15, 2001 and waived September 2, 2001. Signed to the Giants' practice squad September 4, 2001 and released September 18. Signed to Denver's practice squad October 24, 2001. **1999:** Entered the NFL with San Francisco as an

undrafted free agent but was released during training camp. He spent the rest of the season out of football. He played for NFL Europe's Barcelona Dragons in the spring 2000. **2000:** Was out of football after being released by San Francisco in training camp. **2001:** Spent a good portion of the year on the Broncos' practice squad, signing with the club October 24. Went through training camp with the Giants and was waived September 2. He signed to New York's practice squad September 4 but was released again on the 18th. **2002:** Played 14 games, mostly on special teams, and had eight special teams tackles. He also saw action on defense in four games (vs. Buffalo, 9/22; at Seattle, 11/17; vs. Kansas City, 12/15, and vs. Arizona, 12/29) and posted one interception and one pass defended. First career interception came in the season finale vs. Arizona (12/29) when he picked off Cardinals quarterback Josh McCown. He was declared inactive at Baltimore (9/30) and at Oakland (12/22) with the latter due to a hamstring strain. Posted a season-high two special teams tackles at New England (10/27) and recovered a fumble by teammate Scottie Montgomery to maintain possession on a kickoff return. **2003:** Saw action in 15 regular-season games (11 starts) and ranked second on the team with 78 tackles (65 solo). Led the Broncos with three interceptions, ranked second on the team with 14 passes defended, forced two fumbles and added five special teams tackles. Moved into the starting lineup at right cornerback vs. Pittsburgh (10/12) after serving as the nickel back for the first part of the season. In the season opener at Cincinnati (9/7), he posted three solo tackles and an interception. Made his first NFL start versus Oakland (9/22) when the Broncos opened the game in a nickel formation and registered four solo tackles and his second interception of the season. He recorded five tackles (four solo) and one pass defended vs. Detroit (9/28). He made his second start of the season vs. Pittsburgh (10/12), recording seven solo tackles with one pass defended. The next week at Minnesota (10/19), recorded six tackles (five solo), a pass deflection and a forced fumble. Recorded a career-high 10 tackles (eight solo) and two passes defended versus New England

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(11/3). Recorded six tackles (five solo) vs. Chicago (11/23) and added seven more (six solo) at Oakland (11/30). Versus Kansas City (12/7), tallied nine tackles (seven solo), the second-best total of his career and two passes defended. Posted three tackles (two solo) at Indianapolis (12/21) despite fracturing two metacarpals in his left hand in the third quarter, forcing him to miss the regular-season finale at Green Bay (12/28). Started at right corner in the AFC Wild Card game at Indianapolis (1/4) and registered two solo tackles.

**COLLEGE:** Saw action in 44 games at the University of Toledo, including 12 during his senior year. Posted 154 career tackles and made a personal-best 72 stops as a senior. As a sophomore, he played in 11 games as a reserve defensive back and a member of the special teams unit to total 27 tackles. Recorded six tackles and played in 10 games as a freshman.

**PERSONAL:** Born in Bedford, Ohio, and attended Twinsburg High in Twinsburg, Ohio. In Twinsburg, there is a sign that reads, "Home of NFL Player Kelly Herndon."

## HERNDON'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions									
		Tkl.	So.	Ast.	QB Yds.	No.	Yds.	Avg.	LG	TD	PD	FF	FR			
1999																
2000																
2001	Denver															
2002	Denver	14/0	0	0	0	0.0	0.0	1	0	0.0	0	0	1	0	0	0
2003	Denver	15/11	78	65	13	0.0	0.0	3	19	6.3	16	0	14	2	0	0
2004	Denver	16/16	77	64	13	1.0	5.0	2	17	8.5	15	0	20	3	1	1
<b>NFL TOTALS</b>		<b>45/27</b>	<b>155</b>	<b>129</b>	<b>26</b>	<b>1.0</b>	<b>5.0</b>	<b>6</b>	<b>36</b>	<b>6.0</b>	<b>16</b>	<b>0</b>	<b>35</b>	<b>5</b>	<b>1</b>	<b>1</b>

### POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions									
		Tkl.	So.	Ast.	QB Yds.	No.	Yds.	Avg.	LG	TD	PD	FF	FR			
2003	Denver	1/1	2	2	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0
2004	Denver	1/1	8	8	0	0.0	0.0	1	0	0.0	0	0	2	0	0	0
<b>NFL TOTALS</b>		<b>2/2</b>	<b>10</b>	<b>10</b>	<b>0</b>	<b>0.0</b>	<b>0.0</b>	<b>1</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>0</b>	<b>0</b>

### SINGLE-GAME HIGHS

**Tackles:** 10 vs. New England (11/3/03)

**FF:** 1, 5 Times (Last vs. Indianapolis (1/2/05))

**Sacks:** 1.0 vs. Houston (11/7/04)

**FR:** 1 vs. Indianapolis (1/2/05)

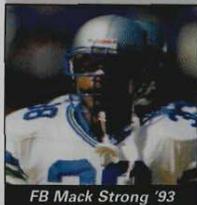
**Int.:** 1, 6 Times, (Last at Tennessee 12/25/04)

### ADDITIONAL STATISTICS

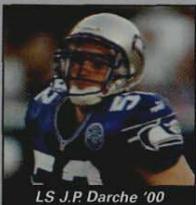
**Special Teams Stats:** 2002 (8), 2003 (5, FF), 2004 (1); **Career:** (14, FF)

### SPECIAL AGENTS

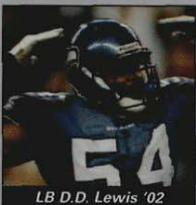
At the end of 2004, the Seahawks touted seven undrafted free agents on the roster.



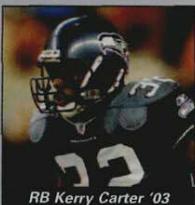
FB Mack Strong '93



LS J.P. Darche '00



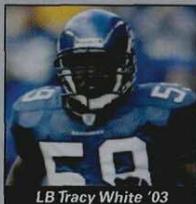
LB D.D. Lewis '02



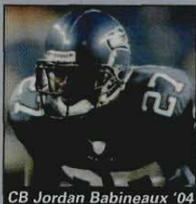
RB Kerry Carter '03



WE Jerheme Urban '03



LB Tracy White '03

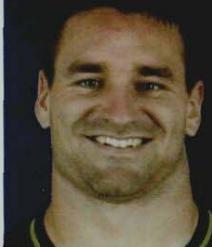


CB Jordan Babineaux '04

# JOHN HOWELL

# 40

VETERANS



Safety 6-0 210  
Colorado State  
5th NFL Season  
1st Seahawks Season  
Free Agent 2005  
2004 Games/Starts: 16/6  
Career Games/Starts: 54/8  
April 28, 1978  
Mullen, Neb.

**2004:** Played in all 16 games with a career-high six starts with Tampa Bay. Posted 17 tackles (14 solo) and a career-high 19 special teams stops, good for second on the team. Saw time primarily on special teams until his first of six straight starts of the season beginning vs. San Francisco (11/21). Started at Carolina (11/28) and had three tackles and helped the defense post its ninth shut out in franchise history starting vs. Atlanta (12/5). Talled a season-high seven stops vs. Carolina (12/26).

**PRO:** Signed with Seattle June 6, 2005. Drafted in the fourth round (117th overall) of the 2001 NFL Draft by the Tampa Bay Buccaneers. 2001: Played in 14 games (missing at Green Bay and at St. Louis) with one start (vs. Pittsburgh, 10/21). Also saw action in playoff game at Philadelphia. Racked up 26 tackles (15 solo) on defense and 12 stops with the special teams, tied for fourth on the team. Played bulk of the game at free safety when starter Dexter Jackson went down with an injury at Tennessee (10/14). Notched first five tackles of career and added a special teams stop. Had first career start and responded with a career-high 13 tackles against Pittsburgh (10/21). Was declared inactive at Green Bay (11/4) due to concussion. Returned to action at Detroit (11/11) and tied for team-high with two special teams stops. Was declared inactive at St. Louis (11/26) due to right ankle sprain. Came back with two special teams tackles at Cincinnati (12/2). Notched season-high three special teams stops against New Orleans (12/23). Saw action in the secondary with eight tackles against Philadelphia (1/6).

**2002:** Played in all 16 regular season games with one start (at Detroit, 12/15). Played in all three playoff games. Totaled 17 tackles and two passes defended on the year. Finished eighth on the team with 12 special teams tackles. Played primarily on special teams in season opener vs. New Orleans (9/8). Recorded two special teams tackles at Baltimore (9/15). Appeared on special teams against St. Louis (9/23). Posted two tackles at Cincinnati (9/29). Tied for team-high with three special teams tackles against the Bengals. Saw action at safety, substituting for an injured John Lynch at Atlanta (10/6). Recorded one tackle against the Falcons. Posted one defensive stop and one

special teams tackle vs. Cleveland (10/13). Finished game at safety when Lynch was injured late in the first quarter against Atlanta (12/8). Made second career start at Detroit (12/15) replacing injured Lynch. Finished contest against the Lions with six tackles and two passes defended. Led team with three special teams stops at Philadelphia (1/19) in the NFC Championship Game. Finished Super Bowl XXXVII against Oakland (1/26) with two special teams tackles. Led team with six special teams tackles in the postseason. **2003:** Missed final seven games after being placed on injured reserve November 11 (hamstring). Played in eight games and was inactive for one other (vs. New Orleans, 11/2). Totaled three tackles and one pass defended on the season. Also contributed seven tackles and one fumble recovery on special teams. Appeared in a reserve role and on special teams at Philadelphia (9/8), posting one special teams stop. Appeared primarily on special teams vs. Carolina (9/14). Notched one pass defended in a reserve role at Atlanta (9/21). Added one fumble recovery on a kickoff return and led the team with three tackles on special teams. Recorded two special teams tackles against Indianapolis (10/6). Substituted at strong safety and appeared on special teams at Washington (10/12). Notched three tackles at San Francisco (10/19) before leaving the game in the second quarter with a concussion. Appeared primarily on special teams against Dallas (10/26), recording one tackle.

**COLLEGE:** Two-year starter at free safety for the Colorado State secondary. Recorded 233 career tackles (134 solo), 9.0 sacks, 18 tackles for loss and three interceptions. Started all 11 games as a senior and earned All-Mountain West Conference first-team honors. Finished second on the Rams with 93 tackles (53 solo). Despite playing in the secondary, led Colorado State with a career-high five sacks. Added two interceptions and six passes defended. Played in 12 games as a junior in 1999. Posted a career-high 117 tackles and added four sacks, seven tackles for loss, six passes defended, two forced fumbles and one interception. Granted a medical redshirt in 1998. Played in 12 games as a sophomore. Recorded 19 tackles and saw action on special teams. Appeared in seven

105

games as a freshman in 1996, posting four tackles. Originally entered school as a running back and switched to safety as a redshirt freshman. Majored in liberal arts.

**PERSONAL:** Hosts the Champions Tournament, an annual charity golf tournament in Crawford, Nebraska, which raises funds for Crawford High

School. Lettered four years at Mullen (Neb.) High School, where he earned all-conference first-team honors and all-state honors. Also lettered in wrestling, track and golf. Captured the state title in wrestling as a senior and finished second as a junior. Born John Thomas Howell in Mullen, Nebraska. He and his wife, Laura, have two children, Jaelin and Jack.

## HOWELL'S NFL RECORD

Club	G/S	Tackles			Sacks			Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	
2001 Tampa Bay	14/1	26	15	11	0.0	0.0	0	0	0.0	0	0	0	0	0	0
2002 Tampa Bay	16/1	17	15	2	0.0	0.0	0	0	0.0	0	0	2	0	0	
2003 Tampa Bay	8/0	3	3	0	0.0	0.0	0	0	0.0	0	0	1	0	0	
2004 Tampa Bay	16/6	17	14	3	0.0	0.0	0	0	0.0	0	0	1	0	0	
<b>NFL TOTALS</b>	<b>54/8</b>	<b>63</b>	<b>47</b>	<b>16</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>4</b>	<b>0</b>	<b>0</b>	

## POSTSEASON

Club	G/S	Tackles			Sacks			Interceptions						
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2001 Tampa Bay	1/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0
2002 Tampa Bay	3/3	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>4/3</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

## SINGLE GAME HIGHS

**Tackles:** 13 vs. Pittsburgh (10/21/01)

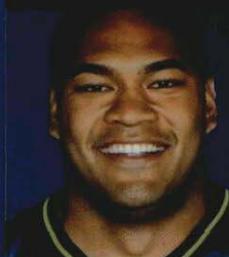
**Sacks:** None, **Int.:** None, **FF:** None, **FR:** None

## ADDITIONAL STATISTICS

**Special Teams Stats:** 2001 (12, FR), 2002 (12), 2003 (7, FR), 2004 (19); **Career:** (50, 2 FR)

# WAYNE HUNTER

# 73



**Tackle** 6-5 303  
**Hawaii**  
**3rd NFL Season**  
**3rd Seahawks Season**  
**3rd Round 2003**  
**2004 Games/Starts: 1/0**  
**Career Games/Starts: 1/0**  
**July 2, 1981**  
**Honolulu, Hawaii**

**2004:** Made his NFL debut on the field-goal unit at Arizona (10/24). Declared inactive for 14 contests and served one-game NFL suspension for the season opener at New Orleans (9/12). Declared inactive for Wild Card Game vs. the Rams (1/8/05).

**PRO:** Selected with the ninth pick of the third round (73rd overall). He was the 32nd tackle taken by the Seahawks in draft history, but is only the tenth taken in the third round or higher. **2003:** Declared inactive for all 16 games and the Wild Card Game at Green Bay (1/4/04).

**COLLEGE:** Former defensive lineman who began his career at California before transferring to Hawaii. Moved to the offensive line in 2002. Started all year at left offensive tackle

position in his final season, registering 69 knockdowns for an offense that averaged 386.1 yards per game. As a third-year sophomore, appeared in 11 games at right defensive tackle for Hawaii, starting the first two contests. Recorded 12 tackles (seven solo). At Cal, played eight games as a reserve defensive tackle, recording 14 tackles with 1.5 sacks.

**PERSONAL:** Attended Radford High. Earned three letters each in football, basketball, and track. All-American selection by *Prep Star*. Has daughter Shaylyn (8/25/03).

## HUNTER'S NFL RECORD

**Games Played/Games Started:** 2003 (0/0), 2004 (1/0) **Career:** 1/0 **Postseason:** 0/0

# STEVE HUTCHINSON

# 76

VETERANS



Guard 6-5 313  
Michigan  
5th NFL Season  
5th Seahawks Season  
1st Round (b) 2001  
2004 Games/Starts: 16/16  
Career Games/Starts: 52/52  
November 1, 1977  
Fort Lauderdale, Florida

**2004:** Forms one of the best left sides in football along with T Walter Jones. Started all 16 games and the Wild Card Game. Named to his second straight Pro Bowl, becoming only the second Seattle offensive lineman (Jones) to earn that honor. Was one of three Pro Bowlers last season (Shaun Alexander, Jones). Earned All-Pro honors by the *Associated Press* for the second straight year (first-team in 2003), becoming only the tenth player in club history to earn All-Pro second team honors, joining Steve Largent (four times), Curt Warner (three times), Chris Warren (twice), Dave Brown, Chad Brown, Cortez Kennedy, Eugene Robinson, Rick Tuten and Jim Zorn (one each). Helped Alexander to a career year with a career-high 1,696 yards and 20 total touchdowns (16 rush, 4 rec.), the most total scores in club history. His 16 rush touchdowns tied his own 2002 mark for most in team history.

**PRO:** Selected as the 17th overall pick in the first round of the 2001 NFL Draft. Hutchinson was the second of two first-round choices by Seattle (WR Koren Robinson, 9th overall), only the third time in team history. Seattle drafted CB Shawn Springs (3rd) and T Jones (6th) in 1997, and RB Alexander (19th) and T Chris McIntosh (22nd) in 2000. In 2003, became just the second Seattle offensive lineman (Jones) to earn Pro Bowl honors, and just the ninth Seahawks player to earn first-team AP All-Pro status. **2001:** Became the first rookie to start on the offensive line since Jones (1997) and the third rookie to start at guard (Edwin Bailey 1981, Pete Kendall 1996). Started all 16 games and was part of the offensive line that helped Alexander to the fourth-best rushing game in NFL history (266 yards) and helped set a franchise record with 319 rushing yards versus Oakland (11/11). **2002:** Started at left guard until seeing his season cut short due to a broken leg vs. Minnesota (9/29), starting four games total. Replaced by Chris Gray for the remainder of the season. Placed on injured reserve (11/12). **2003:** Returned from a broken

leg in 2002 to form one of the best left sides in football along with Jones. Started all 16 games and the Wild Card Game. Named to his first Pro Bowl, becoming only the second Seattle offensive lineman (Jones) to earn that honor. Was one of five Pro Bowlers in 2003, the most since Seattle sent five in 1987. Also earned All-Pro status by the *Associated Press*, becoming only the ninth player in franchise history to earn All-Pro first-team honors, joining Kenny Easley and Cortez Kennedy (three times each), Bobby Joe Edmonds, Norm Johnson, Jones, Largent, Joe Nash, and Freddy Young (one each). Helped Alexander to his best year with a career-high 1,435 yards and 14 touchdowns, the third-most rush scores in club history, while protecting Matt Hasselbeck en route to a franchise-high 3,841 yards passing, career-high 26 touchdowns passes, and four 300-yard games for the second straight year.

**HONORS: 2001, All-Rookie Team (Football News). 2003, First-team All-Pro (AP, Football Digest, The Sporting News, Sports Illustrated Dr. Z, ESPN.com), First-team All-NFL (Pro Football Weekly), All-NFC (Pro Football Weekly), NFC Pro Bowl. 2004, Second-team All-Pro (AP, College & Pro Football Weekly), All-NFC (Pro Football Weekly), NFC Pro Bowl.**

**COLLEGE:** A four-year letter winner who started 46 of 47 career games played. Named captain his junior year and tri-captain his senior year. Became the second player in Michigan history to garner first-team All-Big Ten Conference honors four times, joining defensive tackle Mark Messner (1985-88). Was named first-team All-American his junior and senior seasons and earned freshman All-American accolades in 1997. He was also a Lombardi Award finalist, given to the nation's top interior lineman and also a candidate for the Outland Trophy in 2000 and a semifinalist for the Lombardi Award in 1999. Redshirted as a freshman switching from defensive tackle to guard during spring drills.

**PERSONAL:** Named to *USA Today's* All-USA

second-team and chosen to the *Atlanta Journal's* Top 100 in the Southeast as a senior offensive tackle and defensive end, starting all four years at Coral Springs (Fla.) High. Chosen to play in the Florida North-South all-star game and named third-team All-America by *Prep Football Report*. Posted 294 tackles (175 solo), 19 sacks, 11 forced fumbles, blocked two field goals, and one blocked punt during his career. Served as team captain his senior year and col-

lected a school-record 110 tackles (77 solos). Also had 14 sacks and one blocked punt and field goal. Caught three passes for 63 yards (21.0 avg.) as a tight end. Also captained the basketball team and named Homecoming King. An avid hunter and fishing expert. Born in Fort Lauderdale, Fla. and now resides in Key Largo, Fla. Married wife Landyn on April 20, 2002.

## HUTCHINSON'S NFL RECORD

**Games Played/Games Started:** 2001 (16/16), 2002 (4/4), 2003 (16/16), 2004 (16/16);  
**Career:** 52/52

**Postseason GP/GS:** 2/2; **Postseason statistics:** One reception for 5 yards.

## DARRELL JACKSON

# 82



**Wide Receiver**      6-0      201  
**Florida**  
**6th NFL Season**  
**6th Seahawks Season**  
**3rd Round (a) 2000**  
**2004 Games/Starts: 16/16**  
**Career Games/Starts: 77/71**  
**December 6, 1978**  
**Tampa, Florida**

**2004:** Started all 16 games, leading the team in catches for 13, for the third time in career and caught a Seahawks-record and career-high 87 balls (7th NFC), breaking Brian Blades record of 81 in 1994. Set career-high with 1,199 yards (8th NFC) and added seven scores, giving him 34 career, tying Brian Blades for fourth all-time on Seattle's receiving touchdowns list. With his numbers this season, tied (Steve Largent, 64 games) in becoming Seattle's second-fastest receiver to 4,000 yards (Joey Galloway, 61) and became the fastest to 5,000 yards (77 games to Largent's 78). Moved into fourth-place, ahead of Galloway, on Seattle's all-time receptions list with his eight catches at Arizona (10/24) and into third-place, ahead of Galloway, on Seattle's all-time receiving yards list with 114 yards at San Francisco (11/7). Named NFC Offensive Player of the Week 14 at Minnesota (12/12) and Chris Berman's ESPN's Prime Time Performer for his career-high 10 catch, 135-yard and one touchdown performance after learning of his father's (Joe) passing earlier that morning (cancer). Opened the season with seven catches for 98 yards at New Orleans (9/12) and had another seven-catch performance two weeks later versus San Francisco (9/26) for 97 yards.

Scored his first touchdown of the year versus St. Louis (10/10) on a season-long 56 yarder, ending the game with 91 yards on five catches. It was his seventh career game between 90-99 yards receiving. Posted his first of five 100-yard games at Arizona (10/24) with 109 yards on eight catches with one touchdown. Had his second 100-yard game two weeks later at San Francisco (11/7). Tallied five catches for 114 yards with a season-high two touchdowns for the seventh time in career. Shined on Monday Night Football versus Dallas (12/6) with nine catches for 113 yards with one score and followed that up with another 100-yard game at Minnesota (12/12). His final 100-yard performance, 15th career, came versus Arizona (12/26) with six catches for 101 yards. Set a Seahawks postseason record with 12 catches for 128 yards with a 23-yard touchdown versus St. Louis (1/8/05) the NFC Wild Card Game.

**PRO:** Re-signed (3/9/04) with the club after becoming a free agent after initial four-year contract expired. Ranks fourth in Seattle history in catches (340), third in yards (5,007), and fourth in receiving touchdowns (34). Tied (Brian Blades) for eighth in Seattle history with those

## THROUGH 77 GAMES

	Jackson	Largent	Galloway*	Blades
Receptions	340	298	283	296
Yards	5,007	4,979	4,457	3,945
Yards/Catch	14.7	16.7	15.7	13.3
Yards/Game	65.0	64.7	62.8	51.2
TDs	34	36	37	22
100-Yard Games	15	18	12	11

\* Galloway played in 71 Seahawks games.

34 total touchdowns. Selected by the Seahawks in the third-round (80th overall) of the 2000 NFL Draft, the 15th receiver chosen. The eighth player taken by the Seahawks from the University of Florida and the highest selection from that school since the team selected FB John L. Williams in the first-round of the 1986 draft. Entered the draft after junior season. **2000:** Started 10 games and played in all 16 while becoming the first rookie to start at wide receiver for the Seahawks since Joey Galloway in 1995. The 15th wide receiver selected in the 2000 draft, led all rookies with 53 receptions, 713 yards, and six touchdowns. Six scores led the Seahawks and he was the only receiver to catch at least one pass in all 16 games. Led the team in catches five times. Yards were second on the team behind Sean Dawkins' 731 and finished third in receptions behind Dawkins and Ricky Watters' 63. He and fellow rookie receiver James Williams were the first rookie tandem to play in the same game together for the Seahawks since David Daniels and Doug Thomas in 1991. His six touchdown receptions rank fourth all-time among Seahawks rookies behind Daryl Turner's 10 in 1984, Brian Blades' eight in 1988, and Galloway's seven in 1995. Versus St. Louis (9/10), earned a starting role in just his second career game and caught two passes for 42 yards, which included his first-career touchdown from 34 yards—a score which tied the game 34-34 with 2:05 remaining in the game. Led the team with five catches for 59 yards versus the Saints (9/17). Had a career-long, 68-yard touchdown reception at San Diego (9/24). Bested all Seahawks receivers with five catches at Carolina (10/8) and totaled 45 yards. Finished tied with Dawkins for the team lead with six receptions versus Indianapolis (10/15) and totaled 66 yards and an 8-yard touchdown reception. Kept a game-winning drive alive on a third-and-16, with an 18-yard reception versus San Diego (11/5) with under two minutes remaining in the game. Recorded a career-high 98 yards on five receptions plus a 6-yard touchdown at Atlanta (12/3). His 98 yards included a career-long 71-yard

reception. Finished second on the team with five receptions for 76 yards and a 9-yard touchdown at Denver (12/10). Hauled in a game-winning 9-yard touchdown pass versus Oakland (12/16) with 28 seconds to play for a 27-24 lead. He tied for the team lead with four receptions and led

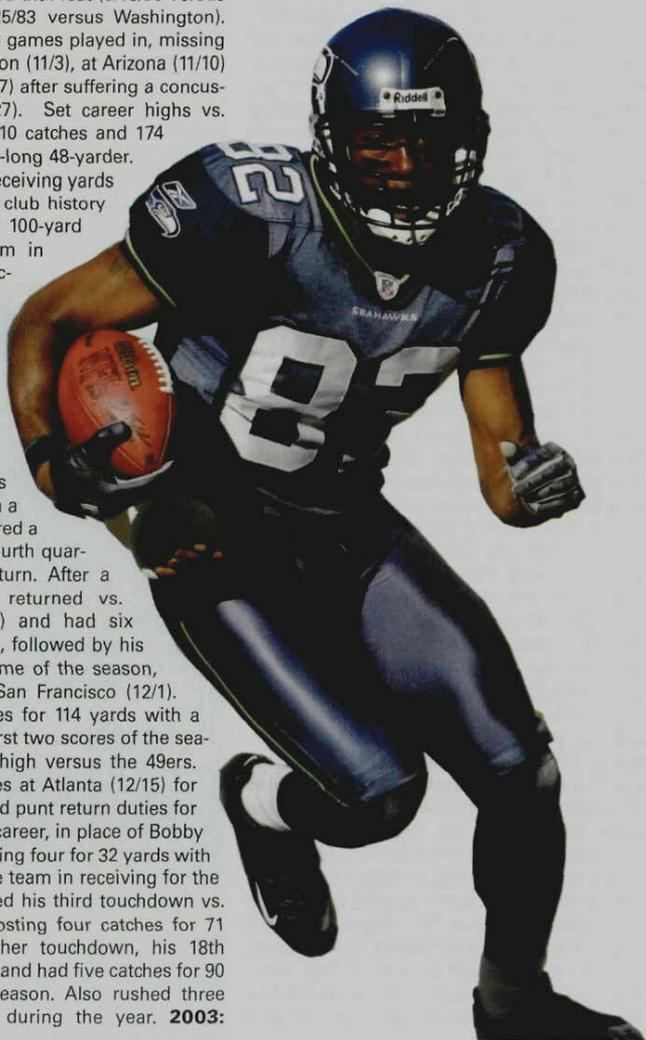
with 52 yards. **2001:** Started all 16 games and led the team with 70 receptions for 1,081 yards (seventh-most in club history and most since Brian Blades had 1,086 in 1994). Ranked third in the AFC (5th NFL) with a 15.4 reception average and was seventh in the AFC (10th NFL) with 24 catches in third-down situations. Tallied five 100-yard games, giving him the most 100-yard games in a season since Brian Blades had five in 1989. Had his first career 100-yard game at Oakland (9/30), with five receptions for 125 yards. His second came versus Miami (10/28) with four catches for 121 yards, a season-long 64 yarder and one touchdown. Tallied one catch

## JACKSON VS. THE NFL

Team	Games	Rec	Yds	Avg	LG	TD
Arizona	5	27	517	19.5	66t	3
Atlanta	3	15	215	14.3	71	2
Baltimore	1	7	146	20.9	80t	2
Buffalo	3	11	124	11.3	16	0
Carolina	2	12	116	9.7	22	0
Chicago	1	2	31	15.5	21	0
Cincinnati	1	6	98	16.3	29	0
Cleveland	2	13	119	9.2	26t	2
Dallas	3	15	240	16.0	35	1
Denver	4	14	237	17.0	39	2
Detroit	1	4	56	14.0	26	0
Green Bay	1	4	58	14.5	20	0
Houston	0	0	0	0	0	0
Indianapolis	1	6	66	11.0	23	1
Jacksonville	2	4	60	15.0	24	0
Kansas City	5	23	292	12.7	29	2
Miami	3	10	175	17.5	64	1
Minnesota	3	18	258	14.3	37	1
New Orleans	3	15	210	14.0	37	0
New England	1	2	40	20.0	37	0
N.Y. Giants	2	11	79	7.2	14	0
N.Y. Jets	1	4	45	11.3	18	0
Oakland	5	23	312	13.6	54	2
Philadelphia	2	5	43	8.6	19	0
Pittsburgh	1	5	85	17.0	43	1
San Diego	5	19	375	19.8	68t	4
St. Louis	7	22	386	17.5	56t	5
San Francisco	6	33	487	14.8	39t	4
Tampa Bay	1	5	50	10.0	16	0
Tennessee	0	0	0	0	0	0
Washington	2	5	87	17.4	46t	1
<b>Totals</b>	<b>77</b>	<b>340</b>	<b>5,007</b>	<b>14.7</b>	<b>80t</b>	<b>34</b>

at Washington (11/4) but it went for a 46-yard score thrown by Trent Dilfer. Scored for the third consecutive week, and set a career-high with seven catches for 102 yards, versus Oakland (11/11). Posted his final 100-yard game at San Diego (12/30) with 114 yards on five catches, with two long touchdowns from Dilfer of 43 and 48 yards. Teamed with James Williams (4-101) to become the first duo to record 100-yard games since James McKnight (4-100) and Galloway (7-117) versus Oakland (10/26/97). Tacked on two more scores versus Kansas City (1/6/02) to give him a career-high eight for the season. His back-to-back games with two scores were the first time since Steve Largent accomplished that feat (9/18/83 versus San Diego and 9/25/83 versus Washington). **2002:** Started all 13 games played in, missing games vs. Washington (11/3), at Arizona (11/10) and vs. Denver (11/17) after suffering a concussion at Dallas (10/27). Set career highs vs. Arizona (9/15) with 10 catches and 174 yards with a season-long 48-yarder. It was fourth-most receiving yards in a single game in club history and his sixth-career 100-yard game. Led the team in receiving for the second straight week at the New York Giants (9/22) with seven catches for 54 yards. Had 37-game catch streak ended at St. Louis (10/20). Totaled two catches for 42 yards at Dallas (10/27) with a long of 34, but suffered a concussion in the fourth quarter and did not return. After a three-week layoff, returned vs. Kansas City (11/24) and had six catches for 92 yards, followed by his second 100-yard game of the season, seventh career, at San Francisco (12/1). Posted seven catches for 114 yards with a long of 37 and his first two scores of the season, tying a career-high versus the 49ers. Posted seven catches at Atlanta (12/15) for 99 yards and handled punt return duties for the first time in his career, in place of Bobby Engram (toe), returning four for 32 yards with a long of 14. Led the team in receiving for the third time and scored his third touchdown vs. St. Louis (12/22), posting four catches for 71 yards. Scored another touchdown, his 18th career, at San Diego and had five catches for 90 yards to end the season. Also rushed three times for 3 yards during the year. **2003:**

Started all 16 games for the second time in career and caught 68 balls, setting career-highs in yards (1,137), touchdowns (9) and receiving average (16.7) that ranked second in the NFL (min. 50 catches). His receiving yards ranked sixth in the NFC (10th NFL) and his nine receiving touchdowns ranked fourth in the NFC (10th NFL). With Koren Robinson out (coach's decision), responded with three catches for 133 yards (44.3 avg.) and two scores at Arizona (9/14), one of which was a 66 yarder. Had another touchdown the following week vs. St. Louis (9/21) on two catches for 50 yards. Moved into fifth-place on Seattle's all-time receiving touchdown list with his fourth score of the year vs.



Pittsburgh (11/2). At Baltimore (11/23), caught seven passes for season-high 146 yards and two touchdowns. One score went for career-high 80 yards, which ranks as the fourth-longest pass reception in Seahawks history. Scored two touchdowns for the second straight week vs. Cleveland (11/30), giving him eight for the season. It marked his sixth career two touchdown game and third of season. Finished that day with a season-high eight catches for 102 yards. It was his second straight 100-yard game, third of season and 10th career. At St. Louis (12/14), led the team in receiving for the fourth straight week, eighth of season, with six catches for 99 yards and one score, setting a career-high with nine touchdowns. Sprained ankle in the first quarter vs. Arizona (12/21) and did not return, marking only the second time in his career that he did not record a reception. Pulled in five catches for 58 yards with a long of 25 at Green Bay (1/4/04) in the Wild Card Game to end the season.

**HONORS:** 2000 *All-Rookie Team (Pro Football Weekly, Football News); Seattle P-I Sports Star of the Year Nominee.* 2004 *NFC Offensive Player of the Week 14 at Minnesota.*

**COLLEGE:** A three-year letterman and one-year starter for the Gators. Started 11 games as a junior and led the team with 69 receptions for 1,156 yards. Tied a school record with six consecutive 100-yard games, equaling the mark by Carlos Alvarez in 1969. String included games

against Tennessee, Kentucky, Alabama, LSU, Auburn, and Georgia. Had nine touchdown receptions. Saw action in the Orange Bowl versus Syracuse but did not catch a pass. Played in every game with one start as a sophomore and finished with 26 catches for 292 yards and four scores. Saw limited action in nine games as a freshman recording four receptions for 53 yards and one touchdown. First collegiate touchdown was on a 16-yard reception versus Arkansas. Played in the Citrus Bowl versus Penn State, but did not have a reception.

**PERSONAL:** Two-time all-state as a receiver at Tampa Catholic High in Florida. Earned various All-American mentions. Set a national prep record by averaging 24.05-yards per catch on 191 career receptions for 4,594 yards and 50 touchdowns. Also set a national record by averaging 160.5 yards per game as a prep junior. In his final two seasons, he caught 156 passes for 3,913 yards and 46 touchdowns. As a senior, caught 89 passes for 2,087 yards (23.4 avg.) and 28 touchdowns. As a junior he caught 67 passes for 1,826 (27.3 avg) and 18 touchdowns. His 27.3-yard average is a national record. Named McDonald's All-American honorable mention as a basketball player. Finished high school with a 3.64 grade point average and earned SEC Academic honor roll as a junior at Florida. One of eight children. Born on December 6, 1978, in Dayton, Ohio and lives in Tampa during the offseason.

## JACKSON'S NFL RECORD

	Club	G/S	Receiving				LG	TD	Att	Rushing		
			No	Yds	Avg	Yds				Avg.	TD	
2000	Seattle	16/10	53	713	13.5	71	6	1	-1	-1.0	0	
2001	Seattle	16/16	70	1,081	15.4	64	8	1	9	9.0	0	
2002	Seattle	13/13	62	877	14.1	48	4	3	3	1.0	0	
2003	Seattle	16/16	68	1,137	16.7	80t	9	0	0	0.0	0	
2004	Seattle	16/16	87	1,199	13.8	56t	7	0	0	0.0	0	
<b>TOTALS</b>		<b>77/71</b>	<b>340</b>	<b>5,007</b>	<b>14.7</b>	<b>80t</b>	<b>34</b>	<b>5</b>	<b>11</b>	<b>2.2</b>	<b>0</b>	

### POSTSEASON

	Club	G/S	Receiving				LG	TD	Att	Rushing		
			No	Yds	Avg	Yds				Avg.	TD	
2003	Seattle	1/1	5	58	11.6	25	0	0	0	0.0	0	
2004	Seattle	1/1	12	128	10.7	23t	1	0	0	0.0	0	
<b>TOTALS</b>		<b>2/2</b>	<b>17</b>	<b>186</b>	<b>10.9</b>	<b>25</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	

### SINGLE-GAME HIGHS

**Most Receptions:** 10 vs. Arizona (9/15/02) and at Minnesota (12/12/04); Seahawks postseason record 12 vs. St. Louis (1/8/05)

**Most Yards:** 174 vs. Arizona (9/15/02)

**Longest:** 80t at Baltimore (11/23/03)

**Most Touchdowns:** 2, 7 Times (Last at San Francisco 11/7/04)

**100-Yard Games:** 15, last time vs. Arizona (12/26/04)

**Additional Career Stats:** Returned four punts for 32 yards with a long of 14 (all in 2002).

## JACKSON'S NFL RECORD

2000	Opponent	No	Yds	Avg	LG	TD	2001	Opponent	No	Yds	Avg	LG	TD
09/03	at Miami	2	15	7.5	9	0	09/09	at Cleveland	5	17	3.4	7	0
09/10	St. Louis	2	42	21.0	34t	1	09/23	Philadelphia	2	9	4.5	8	0
09/17	New Orleans	5	59	11.8	25	0	09/30	at Oakland	5	125	25.0	54	0
09/24	at San Diego	1	68	68.0	68t	1	10/07	Jacksonville	3	48	16.0	24	0
10/02	at Kansas City	4	51	12.8	23	0	10/14	Denver	4	38	9.5	20	0
10/08	at Carolina	6	45	7.5	13	0	10/28	Miami	5	121	24.2	64	1
10/15	Indianapolis	6	66	11.0	23	1	11/04	at Washington	1	46	46.0	46t	1
10/22	at Oakland	4	26	6.5	9	0	11/11	Oakland	7	102	14.6	31	1
10/29	Kansas City	2	17	8.5	10	0	11/18	at Buffalo	4	39	9.8	13	0
11/05	San Diego	2	27	13.5	18	0	11/25	at Kansas City	5	61	12.2	22	0
11/12	at Jacksonville	1	12	12.0	12	0	12/02	San Diego	6	76	12.7	45	0
11/26	Denver	1	19	19.0	19	0	12/09	at Denver	4	104	26.0	39	1
12/03	at Atlanta	5	98	19.6	71	1	12/16	Dallas	4	85	21.3	27	0
12/10	at Denver	5	76	15.2	37	1	12/23	at N.Y. Giants	4	25	6.2	10	0
12/16	Oakland	4	52	13.0	20	1	12/30	at San Diego	5	114	22.8	48t	2
12/23	Buffalo	3	40	13.3	16	0	1/6/02	Kansas City	6	71	11.8	21	2
<b>TOTALS (16/10)</b>		<b>53</b>	<b>713</b>	<b>13.5</b>	<b>68t</b>	<b>6</b>	<b>TOTALS (16/16)</b>		<b>70</b>	<b>1,081</b>	<b>15.4</b>	<b>64</b>	<b>8</b>

2002	Opponent	No	Yds	Avg	LG	TD	2003	Opponent	No	Yds	Avg	LG	TD	
09/08	at Oakland	3	7	2.3	7	0	09/07	New Orleans	3	53	17.7	29	0	
09/15	Arizona	10	174	17.4	48	0	09/14	at Arizona	3	133	44.3	66t	2	
09/22	at N.Y. Giants	7	54	7.7	14	0	09/21	St. Louis	2	50	25.0	35	1	
09/29	Minnesota	3	47	15.7	26	0	10/05	at Green Bay	4	58	14.5	20	0	
10/14	San Francisco	5	53	10.6	19	0	10/12	San Francisco	5	55	11.0	23	0	
10/20	at St. Louis	0	0	0.0	0	0	10/19	Chicago	2	31	15.5	21	0	
10/27	at Dallas	2	42	21.0	34	0	10/26	at Cincinnati	6	98	16.3	29	0	
11/03	Washington	Inactive (concussion)						11/02	Pittsburgh	5	85	17.0	43	1
11/10	at Arizona	Inactive (concussion)						11/09	at Washington	4	41	10.3	14	0
11/17	Denver	Inactive (concussion)						11/16	Detroit	4	56	14.0	26	0
11/24	Kansas City	6	92	15.3	29	0	11/23	at Baltimore	7	146	20.9	80t	2	
12/01	at San Francisco	7	114	16.3	37	2	11/30	Cleveland	8	102	12.8	26t	2	
12/08	Philadelphia	3	34	11.3	19	0	12/07	Minnesota	5	76	15.2	22	0	
12/15	at Atlanta	7	99	14.1	30	0	12/14	at St. Louis	6	99	16.5	27	1	
12/22	St. Louis	4	71	17.8	38t	1	12/21	Arizona	0	0	0.0	0	0	
12/29	at San Diego	5	90	18.0	41	1	12/27	at San Francisco	4	54	13.5	19	0	
<b>TOTALS (16/13)</b>		<b>62</b>	<b>877</b>	<b>14.1</b>	<b>48</b>	<b>4</b>	<b>TOTALS (16/16)</b>		<b>68</b>	<b>1,137</b>	<b>16.7</b>	<b>80t</b>	<b>9</b>	
								01/04	at Green Bay	5	58	11.6	25	0
								<b>PLAYOFFS (1/1)</b>		<b>5</b>	<b>58</b>	<b>11.6</b>	<b>25</b>	<b>0</b>

2004	Opponent	No	Yds	Avg	LG	TD
09/12	at New Orleans	7	98	14.0	37	0
09/19	at Tampa Bay	5	50	10.0	16	0
09/26	San Francisco	7	97	13.9	25	0
10/10	St. Louis	5	91	18.2	56t	1
10/17	at New England	2	40	20.0	37	0
10/24	at Arizona	8	109	13.6	30	1
10/31	Carolina	6	71	11.8	22	0
11/07	at San Francisco	5	114	22.8	39t	2
11/14	at St. Louis	3	33	11.0	13	0
11/21	Miami	3	39	13.0	17	0
11/28	Buffalo	4	45	11.3	16	0
12/06	Dallas	9	113	12.6	35	1
12/12	at Minnesota	10	135	13.5	37	1
12/19	at N.Y. Jets	4	45	11.3	18	0
12/26	Arizona	6	101	16.8	53	0
01/02	Atlanta	3	18	6.0	8	1
<b>TOTALS (16/16)</b>		<b>87</b>	<b>1,199</b>	<b>13.8</b>	<b>56t</b>	<b>7</b>
01/08		12	128	10.7	23t	1
<b>PLAYOFFS (1/1)</b>		<b>12</b>	<b>128</b>	<b>10.7</b>	<b>23t</b>	<b>1</b>

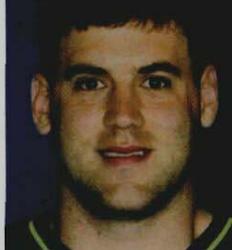
## 100-YARD GAMES (15)

Date	Opponent	Rec	Yds	Avg	LG	TD
09/30/01	at Oakland	5	125	25.0	54	0
10/28/01	Miami	5	121	24.2	64	1
11/11/01	Oakland	7	102	14.6	31	1
12/09/01	at Denver	4	104	26.0	39	1
12/30/01	at San Diego	5	114	22.8	48t	2
09/15/02	Arizona	10	174	17.4	48	0
12/01/02	at San Francisco	7	114	16.3	37	2
09/14/03	at Arizona	3	133	44.3	66t	2
11/23/03	at Baltimore	7	146	20.9	80t	2
11/30/03	Cleveland	8	102	12.8	26t	2
10/24/04	at Arizona	8	109	13.6	30	1
11/07/04	at San Francisco	5	114	22.8	39t	2
12/06/04	Dallas	9	113	12.6	35	1
12/12/04	at Minnesota	10	135	13.5	37	1
12/26/04	Arizona	6	101	16.8	53	0

# DONNIE JONES

# 9

VETERANS



Punter 6-2 222  
Louisiana State  
2nd NFL Season  
2nd Seahawks Season  
7th Round 2004  
2004 Games/Starts: 6/0  
Career Games/Starts: 6/0  
July 5, 1980  
Baton Rouge, La.

**2004:** Played in six games (at New England, 10/17; at Arizona, 10/24; versus Carolina, 10/31; at San Francisco, 11/7; at St. Louis, 11/14, and versus Miami, 11/21) after Tom Rouen sustained a hamstring injury versus St. Louis (10/10). Punted 26 times for 988 yards (38.0 avg.) with a net avg. of 32.2, a long of 51 (at St. Louis), six downed inside the 20 with two touchbacks and one blocked (at Arizona). Booted career-highs vs. Miami in attempts (8) and yards (254). Relieved of punting duties after the Miami game.

**PRO:** Signed from Seattle's practice squad to the active roster October 16, 2004 and played at New England (10/17). Released October 19 after the club traded for Jerry Rice. Re-signed to the active roster October 23 after the team released Jerry Wunsch. Played at Arizona (10/24). Released October 25 but re-signed to the practice squad the next day. Signed to the active roster October 29 after the team put Tom Rouen on injured reserve. Lost job to Ken Walter and released November 23 and re-signed to practice squad the following day. Released from practice squad December 29. Signed to practice squad January 4, 2005

after the team signed Michael Harden to the active roster. Selected with the 24th pick of the seventh round (224th overall) of the 2004 NFL Draft. Only the third punter drafted in Seahawks history but the second since 2002 (Craig Jarrett).

**COLLEGE:** Left-footed kicker played in 49 career games. Set school records with 233 punts for 9,798 yards (42.0 avg.). Punting average ranks second all time in LSU annals. Downed 69 punts inside the 20-yard line. Against Kentucky as a junior, booted a career-long and school record 86-yarder.

**PERSONAL:** Penned "Nine Seconds to a Championship," chronicling LSU's 2003 National Championship season. Attended Catholic (Baton Rouge, La.) High. Selected Class 5A All-State and 4-5A All-District. Two-time member of the *Baton Rouge Advocate* All-Metro team. As a senior, averaged 43.4 yards per punt on 26 punts to help team to a second-place finish in District 4-5A and a semifinal berth in Class 5A playoffs. Named to Southeastern Conference's Academic Honor Roll four straight years. Majored in Finance.

## JONES' NFL RECORD

Club	G/S	No.	Yards	Punting		LG	I20	TB	Blk
				Avg.	Net Avg.				
2004 Seattle	6/0	26	988	38.0	32.2	51	6	2	1
<b>NFL TOTALS</b>	<b>6/0</b>	<b>26</b>	<b>988</b>	<b>38.0</b>	<b>32.2</b>	<b>51</b>	<b>6</b>	<b>2</b>	<b>1</b>

### SINGLE-GAME HIGHS

**Punts:** 8 vs. Miami (11/21/04)  
**Avg. (3 min.):** 49.3 at St. Louis (11/14/04)  
**Net (3 min):** 42.7 at St. Louis (11/14/04)

**Longest:** 51, 2 Times (Last at St. Louis 11/14/04)  
**Inside 20:** 2, 2 Times (Last at San Francisco 11/7/04)

### ADDITIONAL STATISTICS

Special Teams Tackles: 2004 (1); Career: (1).

## WALTER JONES

71



Tackle  
 Florida State  
 9th NFL Season  
 9th Seahawks Season  
 1st Round (b) 1997  
 2004 Games/Starts: 16/16  
 Career Games/Starts: 122/122  
 January 19, 1974  
 Aliceville, Alabama

**2004:** Started all 16 games, joining fellow Pro Bowler Steve Hutchinson to form one of the best left sides in football. Named to fifth career Pro Bowl after the season (1999, 2001-04) and was one of three Seattle representatives (Shaun Alexander, Hutchinson). Also earned first-team All-Pro status for second time in career (2001) by the *Associated Press*, joining nine other players in franchise history to earn All-Pro first-team honors (Kenny Easley and Cortez Kennedy, three times each; Bobby Joe Edmonds; Hutchinson; Norm Johnson; Steve Largent; Joe Nash; Fredd Young, one each). Helped Alexander to a career year with a career-high 1,696 yards and 20 total touchdowns (16 rush, 4 rec.), the most total scores in club history. His 16 rushing touchdowns tied his own 2002 mark for most in team history.

**PRO:** Selected with the sixth overall pick in the first round of the 1997 draft. Choice was acquired from the Tampa Bay Buccaneers on draft day for the Seahawks' 12th overall choice in the first round and a third-round choice obtained from the Atlanta Falcons on March 28. Became the first Seahawks' offensive lineman to play in the Pro Bowl, following the 1999 season. Named to his fourth consecutive Pro Bowl, fifth career, following the 2004 season. Has started all 122 career games. **1997:** Earned the starting job at left tackle in training camp and started 12 games, earning consensus first-team All-Rookie honors. Inactive for four games (San Diego, 9/21, at Kansas City, 9/28, at Denver, 11/2, at San Diego, 11/9) with a sprained ankle. Only the second rookie to start at left tackle in team history, joining Ray Roberts (1992). Part of a line that paved the way for team records for total yards (5,759) and passing yards (4,187). Seahawks ranked fifth in the league, allowing one sack every 17.9 pass attempts. Named NFL Offensive Rookie of the Month for October. No other offensive lineman has earned the honor. Named the AFC Western Division's Outstanding Rookie by *The Sporting News*. **1998:** Started all 16 games at left tackle protecting the vulnerable blindside of the Seahawks' quarterbacks. Contributed to an offensive line that gave up only 34 sacks on the season, the ninth-lowest total in the NFL.

Helped guide the offense to 408 total yards in an opening-day 38-0 victory at Philadelphia (9/6), including 188 on the ground. Helped contribute to five 100-yard rushing performances, including a 178-yard career-high game for Ricky Watters versus Indianapolis (12/20). Team totaled 226 rushing yards in that game, the first time the Seahawks rushed over the 200-yard mark since 1996. Held Derrick Thomas without a sack at Kansas City (10/4) and the San Diego Chargers (10/25). Number one ranked defense sackless. Protected Jon Kitna on his 298-yard passing game versus Tennessee (11/29). **1999:** Started all 16 games at left tackle en route to his first Pro Bowl selection. Part of an offensive line that paved the way for 350 second-half yards at Chicago (9/19) in a come-from-behind victory. Helped lead the way for 132 rushing yards at Green Bay (11/1) and a season-high 173 yards on the ground, including a season-high 37 points, the following week versus Cincinnati (11/8). **2000:** Started all 16 games at left tackle. Part of an offensive line that did not surrender a sack in back to back games (at Atlanta (12/3) and at Denver, (12/10), for the first time in 324 games. Paved the way for season-high 189 yards rushing at Kansas City (10/2) and helped Watters gain 168 yards in a victory versus Oakland (12/16). Ground game averaged 4.3 yards per carry (the club's highest total since 1997). **2001:** Started all 16 games at left tackle and the last 69 consecutive regular-season games. Named to his second Pro Bowl in the last three seasons while helping Alexander to the fourth-best rushing game in NFL history (266 yards) that helped set a franchise record with 319 rushing yards versus Oakland (11/11/01). **2002:** Re-signed (9/16) with the club and started all 14 games he played in at left tackle, missing the first two (contract) at Oakland (9/8) and versus Arizona (9/15). Was part of the offensive line that blocked for Alexander's record-setting five touchdown first half versus Minnesota (9/29). Also part of the line that did not allow a sack for the first time since November 18, 2001, at Buffalo. Helped block for Matt Hasselbeck, as he passed for four 300-yard games including two 400-yard games. Seattle's passing game ranked third in the NFL while the team set records for most yards in

one season (5,818) and most 500-yard games in one season (3). Also paved the way for Alexander to set club record with 18 total touchdowns, including a club-record 16 rushing touchdowns. Named to his third career Pro Bowl after the season (1999, 2001, 2002). 2003: Re-signed (9/2) with the club and started all 16 games, joining Hutchinson to form one of the best left sides in football. Named to fourth career Pro Bowl after the season (1999, 2001-03) and was one of five Seattle representatives, the most since 1987. Helped Alexander to his best year with a career-high 1,435 yards and 14 touchdowns, the third-most rush scores in club history, while protecting Hasselbeck en route to his franchise-high 3,841 yards passing, career-high 26 touchdowns passes, and another four, 300-yard games for the second straight year.

**HONORS:** 1997 First-team All-Rookie (*Pro Football Weekly, College and Pro Football Weekly, Football News*), NFL Offensive Rookie of the Month (October), AFC West Outstanding Rookie (*The Sporting News*). 1999 AFC Pro Bowl. 2001 AFC Pro Bowl, First-team All-Pro (*AP, Sports Illustrated, Pro Football Weekly, Football News*). 2002 NFC Pro Bowl, All-Pro

*Team (Pro Football Weekly), All-NFC Team (Pro Football Weekly). 2003 NFC Pro Bowl; All-NFC Team (Pro Football Weekly). 2004 First-team All-Pro (AP, College & Pro Football Weekly, Football Digest, The Sporting News), All-NFL (Pro Football Weekly), All-NFC (Pro Football Weekly), NFC Pro Bowl.*

**COLLEGE:** Second-team All-Atlantic Coast Conference choice as a junior. ACC Lineman of Week versus North Carolina State. Eight-time winner of the Victors Club given to the player for exceptional performance. Redshirted in 1995 after transferring from Holmes Community College in Holmes, Miss. Lettered two seasons and was named Mississippi Junior College Player of the Year by the *Jackson Clarion-Ledger* in 1994. Allowed just one sack in two seasons. Also played some tight end in the second half of the 1994 season. Criminology major.

**PERSONAL:** Football and basketball letterman at Aliceville High School in Aliceville, Ala. Lives in Woodinville, Wash., with his wife, Valeria (12/24/97). They have paternal twins (11/29/99), Walterius and Waleria, and one stepson, Rafael (6/17/86).

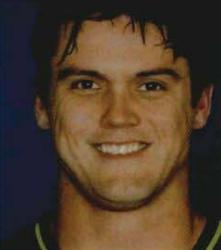


**JONES' NFL RECORD**

Year	Team	GP/GS	Postseason	Year	Team	GP/GS	Postseason
1997	Seattle	12/12		2001	Seattle	16/16	
1998	Seattle	16/16		2002	Seattle	14/14	
1999	Seattle	16/16	1/1	2003	Seattle	16/16	1/1
2000	Seattle	16/16		2004	Seattle	16/16	1/1
				<b>NFL TOTALS</b>		<b>122/122</b>	<b>3/3</b>

## JOE JUREVICIUS

19



Wide Receiver 6-5 230  
 Penn State  
 8th NFL Season  
 1st Seahawks Season  
 Unrestricted FA (TB) 2005  
 2004 Games/Starts: 10/4  
 Career Games/Starts: 88/23  
 December 23, 1974  
 Cleveland, Ohio

**2004:** Played in 10 games with four starts after starting the season on the Reserve/Non-Football Injury list October 23. Started his first game back vs. Chicago (10/24) and caught two passes for 21 yards. Caught two touchdowns passes vs. San Francisco (11/21), giving him four-career two-touchdown games, leading the team with five catches for 82 yards. Touchdowns were his first since the 2003 opener and came from 9 yards out and a season-long 42 yarder just before the half. Caught a season-high six passes for 66 yards vs. Carolina (12/26).

**PRO:** Signed by Seattle as an unrestricted free agent (Tampa Bay) March 25, 2005. Signed with Tampa Bay April 10, 2002 as a free agent after exhausting his original four-year contract. Originally a second-round draft choice (55th overall) by the New York Giants in the 1998 NFL Draft. **1998:** Played in 14 games, starting one, and finished season with nine receptions for 146 yards, with a season-long 59-yard reception vs. Philadelphia (11/22). Lone start came vs. Washington (9/6) in the season opener. Caught a season-high three passes for 32 yards vs. Denver (12/13) to give the Giants first downs. **1999:** Played all 16 games with one start for the Giants. Finished the season with 18 receptions for 318 yards and one touchdown, playing primarily in three and four wide receiver sets. Caught two passes for 63 yards vs. New Orleans (10/24), including a touchdown with six seconds left in the first half. The ball was tipped by Amani Toomer, went through the hands of two Saints defenders and into the hands of Jurevicius for a 53-yard touchdown reception, the first of career. Finished with a season-high three receptions for 39 yards vs. Minnesota (12/26). Then had career-high 86 receiving yards on three receptions at Dallas (1/2), including career-long 71-yard catch. **2000:** Played in 14 games with three starts. Finished with 24 receptions for 272 yards and one touchdown. Started two games when Ike Hilliard was sidelined with an injury and caught 11 passes in those contests, including a team-high six receptions in win at Washington (12/10). Caught two passes for 23 yards and a touchdown vs. Detroit (11/19). Recorded his only touchdown of the regular

season late in the fourth quarter when he caught a 13-yard pass from Kerry Collins. Replaced Hilliard in the starting lineup at Arizona (11/26) and recorded five receptions for 71 yards. Started and led the team in receiving with six catches for 83 yards at Washington (12/3). Missed (knee) the last two games of the regular season and Divisional Playoff vs. Philadelphia (1/7). Made postseason debut in NFC Championship Game vs. Minnesota (1/14) and had two receptions for 15 yards, including an eight-yard touchdown in the second quarter. Saw action in multiple receiver formations and on special teams, but did not record a reception in Super Bowl XXXV vs. Baltimore (1/28). **2001:** Played in 14 games, with a career-high nine starts, for the Giants. Posted career-bests for catches (51), receiving yards (706), and touchdowns (3). Had the first two-touchdown game of his career vs. Dallas (11/4). Joined Toomer, RB Tiki Barber, and Hilliard to give the Giants four receivers with at least 50 catches, only the second time in team history the team accomplished that feat. Started season opener at Denver (9/10) and finished with five receptions for 76 yards. Had seven receptions for 90 yards at Kansas City (9/23). Started and finished with a career-high 93 yards on five receptions at St. Louis (10/14). Caught two passes for 18 yards vs. Oakland (11/25). Was inactive at Dallas (12/9) and vs. Arizona (12/15) due to hamstring injury suffered in practice. Returned to action vs. Seattle (12/23) after missing two weeks with injury. Finished with four receptions for 52 yards, including two for 25 yards on the Giants game-winning touchdown drive. Started and finished with a career-high eight receptions for 82 yards vs. Green Bay (1/6). **2002:** Played in 15 games (all but vs. Minnesota) with three starts (vs. New Orleans, at Carolina, and vs. Pittsburgh). Played in all three playoff games with one start vs. Philadelphia). Caught 37 passes for 423 yards and a career-high four touchdowns. Started in Buccaneers debut as the offense opened with four wide receivers against New Orleans (9/8). Tipped and hauled in an 11-yard touchdown pass from QB Brad Johnson and finished with four catches for 37 yards and a score. Started at wide receiver at Carolina (10/27) and caught five passes for 55 yards before sustaining a

right knee sprain at the conclusion of the third quarter. Missed game vs. Minnesota (11/3) with a right ankle/knee sprain. Returned to action vs. Carolina (11/17) and caught two passes for 48 yards, including a season-long 26-yard reception. Caught a team-leading five passes for 41 yards vs. Green Bay (11/24), including a four-yard touchdown. Tied career highs with eight catches and two touchdowns vs. Atlanta (12/6) while setting a new personal high with 100 yards receiving. Caught three passes for 48 yards in the NFC Divisional Playoff game vs. San Francisco (1/12). At Philadelphia (1/19), caught career playoff-long 71-yard pass from QB Brad Johnson that led to a one-yard Mike Alstott touchdown run in the NFC Championship Game. Caught four passes for 78 yards vs. Oakland (1/26) in Super Bowl XXXVII, including a long of 33 yards. Finished the post-season with a team-leading 197 yards receiving on eight receptions for an average of 24.6 yards per catch with one touchdown. **2003:** Played in five games with two starts before being placed on injured reserve on December 2. In the season opener, caught a pair of touchdowns in a 17-0 win at Philadelphia (9/8). Started at wide receiver vs. Carolina (9/14) and caught four passes for 31 yards before leaving the game with a right MCL tear. Did not play at Atlanta (9/21), vs. Indianapolis (10/6), at Washington (10/12), at San Francisco (10/19), vs. Dallas (10/26), vs. New Orleans (11/2), and at Carolina (11/9). Returned to action vs. Green Bay (11/16) and caught one pass for five yards. Started at wide receiver against his former team, the New York Giants (11/24), and caught three passes for 43 yards. Placed on injured reserve on December 2.

**COLLEGE:** Ranked sixth on Penn State's career-record list with 94 receptions, fourth with 1,894 yards and fourth with 15 touchdowns. As a senior in 1997, was second-team All-America selection by *The Poor Man's Guide to the NFL Draft*, All-Big Ten Conference sec-

ond-team choice, and semifinalist for the Biletnikoff Award, given to the nation's top receiver. Led team with 39 catches for 817 yards (20.9 avg.) and 10 touchdowns. Only current teammate Bobby Engram (11 in 1995 and 13 in 1993) had more scoring receptions in a season for the Lions. His 817 yards rank eighth on PSU's annual record chart. Gained over 100 yards receiving four times. Started 10 games at split end, leading the team with a career-high 41 catches (21.2 avg.), good for 869 yards (sixth-best season total in school history), and four touchdowns as a junior in 1996. Played behind Engram at split end, catching 13 passes for 199 yards (15.3 avg.) and a touchdown as a sophomore in 1995. Appeared in 10 games as a reserve split end and shared punting duties with Darrell Kania as a redshirt freshman in 1994. Punted 15 times for 553 yards (36.9 avg.). Redshirted as a freshman in 1993.

**PERSONAL:** Married to Meagan. Parents of the late Michael William Jurevicius, who passed away on March 24, 2003. Recipient of the Ed Block Courage Award for the 2003 season. As a member of the New York Giants, visited Ground Zero under police escort only four days after September 11th. Visited the site on three more occasions to thank rescue workers and offer moral support. Has a tattoo of Vytautas, a swordsman on a horse, the national symbol of Lithuania, on his right bicep. Along with Meagan, led the 'Jurevicius Team' as a part of the March of Dimes WalkAmerica 2004 event. *Parade, SuperPrep, Scholastic Coach* All-American, three-time all-state, all-metro, all-city and All-North Coast Conference selection, adding Ohio Division III Player of the Year honors at Mentor Lake Catholic High. Led the team to two state titles. Averaged more than 40 yards per punt, gained 2,600 yards with 37 receiving touchdowns and also played in the secondary. Three-year starter as a point guard on the basketball team. Born Joseph Michael Jurevicius in Cleveland, Ohio.

## JUREVICIUS' NFL RECORD

	Club	Receiving					
		G/S	No	Yds	Avg	LG	TD
1998	N.Y. Giants	14/1	9	146	16.2	59	0
1999	N.Y. Giants	16/1	18	318	17.7	71	1
2000	N.Y. Giants	14/3	24	272	11.3	43	1
2001	N.Y. Giants	14/9	51	706	13.8	46t	3
2002	Tampa Bay	15/3	37	423	11.4	26	4
2003	Tampa Bay	5/2	12	118	9.8	22	2
2004	Tampa Bay	10/4	27	333	12.3	42t	2
<b>TOTALS</b>		<b>88/23</b>	<b>178</b>	<b>2,316</b>	<b>13.0</b>	<b>71</b>	<b>13</b>

	Club	Receiving					
		G/S	No	Yds	Avg	LG	TD
2000	N.Y. Giants	2/0	2	15	7.5	8t	1
2002	Tampa Bay	3/1	8	197	24.6	71	1
<b>TOTALS</b>		<b>5/1</b>	<b>10</b>	<b>212</b>	<b>21.2</b>	<b>71</b>	<b>2</b>

## JUREVICIUS' SINGLE-GAME HIGHS

**Most Receptions:** 8, 2 Times (Last vs. Atlanta 12/8/02)

**Most Yards:** 100 vs. Atlanta (12/8/02)

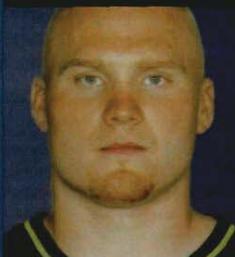
**Longest:** 71 at Dallas (1/2/00)

**Most Touchdowns:** 2, 4 Times (Last vs. San Francisco 11/21/04)

**Additional Career Stats:** One kickoff return for 3 yards vs. Philadelphia (10/29/00).

## ISAIAH KACYVENSKI

58



Linebacker 6-1 252  
 Harvard  
 6th NFL Season  
 6th Seahawks Season  
 4th Round (b) 2000  
 2004 Games/Starts: 16/13  
 Career Games/Starts: 71/22  
 October 3, 1977  
 Endicott, New York

**2004:** Played in all 16 games, starting 13 games at various times for Chad Brown (leg, knee) and Anthony Simmons (wrist) throughout the season. Totaled a career-high 81 stops (62 solo) and collected his first sack and forced fumble of career. Sack and forced fumble came versus Miami (11/21) where he also tallied eight tackles (six solo). Tied Simmons for the team-lead in tackles versus San Francisco (9/26) with six (five solo) and led the team in tackles with a season-high 10 (eight solo) versus Buffalo (11/28). Started versus the Rams in the Wild Card Game (1/8) in Seattle.

**PRO:** Selected by the Seahawks in the fourth round (119th overall) of the 2000 NFL Draft. The choice came from San Francisco with the 154th choice for the Seahawks' 86th pick. **2000:** Played in all 16 games and totaled 13 tackles (10 solo) and one interception in limited action on defense. Led the team with 15 special teams tackles becoming the eighth rookie to do so (first since David Daniels in 1991). Had a season-high three tackles at Atlanta (12/3) and Buffalo (12/23). Recorded first-career interception versus Oakland (12/16) off of a tipped pass by Michael Sinclair. **2001:** Saw action in all 16 games on special teams and played in goal-line situations. Led the team with 21 special teams tackles (most since Tim Hauck's 22 in 1997). Replaced Simmons (hip) briefly at San Diego (12/30) and recorded two solo stops. Replaced Simmons (thigh) versus Kansas City (1/6/02) in the second quarter and tallied a career-high eight tackles (seven solo) and his second career interception, returning it 22 yards to help set up a Seattle scoring drive. **2002:** Started the first nine games before being sidelined with an ankle injury. Made first-career start at Oakland (9/8) and tallied the third-most tackles in team history with a career-high 16 (11 solo). Later posted seven tackles, including his third career interception, returning it 27 yards vs. Arizona

(9/15). Posted two more double-digit tackle games during the season, tallying 10 at the New York Giants (9/22) and 13 vs. San Francisco (10/14). Injured his ankle at Arizona (11/10), where he collected five tackles, but finished the game. Declared inactive (ankle) vs. Denver (11/17), vs. Kansas City (11/24), and at San Francisco (12/1). Placed on injured reserve (12/4) after undergoing shoulder surgery. Collected a career-high 71 tackles (51 solo). **2003:** Played in 14 games mostly on special teams and as a reserve middle linebacker, posting six tackles (two solo). Second on the team with 16 special teams tackles in the regular season and had two special teams tackles in the postseason.

**COLLEGE:** Four-year starter, becoming the first player in Harvard history to start every game of his career. Earned All-Ivy League first-team honors three times, and finished his Crimson career with a school-record 395 tackles, adding 11 interceptions, eight fumble recoveries, and 4.5 sacks. Established a school mark with 135 tackles as a senior, topping his own mark of 108 set the previous season. Added two sacks and five interceptions as a senior. Finished sophomore season with 80 tackles and his freshman season with 72 while earning Ivy League Rookie of the Year.

**PERSONAL:** Earned nine letters in three different sports at Union Endicott High in New York. Three-time all-conference and all-state selection as a prep senior. Saw action at running back, safety, punter, punt returner, and kick returner. *USA Today* honorable mention in his final prep season. Captain of the wrestling team his last three years, and a state finalist in 1996. Finished fifth in the state pentathlon. National Honor Society member and a Scholar All-American. Graduated with a degree in Pre-Med. Wed, Lauren, February 16, 2002, and had first child Isaiah Jr. November 3, 2003.

## KACYVENSKI'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2000 Seattle	16/0	13	10	3	0.0	0.0	1	0	0.0	0	0	2	0	0
2001 Seattle	16/0	11	9	2	0.0	0.0	1	22	22.0	22	0	1	0	0
2002 Seattle	9/9	71	51	20	0.0	0.0	1	27	27.0	27	0	1	0	0
2003 Seattle	14/0	6	2	4	0.0	0.0	0	0	0.0	0	0	0	0	0
2004 Seattle	16/13	81	62	19	1.0	1.0	0	0	0.0	0	0	0	1	0
<b>NFL TOTALS</b>	<b>71/22</b>	<b>182</b>	<b>134</b>	<b>48</b>	<b>1.0</b>	<b>1.0</b>	<b>3</b>	<b>49</b>	<b>16.3</b>	<b>27</b>	<b>0</b>	<b>4</b>	<b>1</b>	<b>0</b>

## SINGLE-GAME HIGHS

Tackles: 16 at Oakland (9/8/02)

Sacks: 1.0 vs. Miami (11/21/04)

Int: 1, 3 Times (Last vs. Arizona 9/15/02)

Forced Fumbles: 1 vs. Miami (11/21/04)

Fumble Recoveries: None

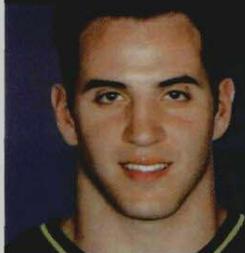
## ADDITIONAL STATISTICS

Special Teams Stats: 2000 (15, FR), 2001 (21), 2002 (0), 2003 (16), 2004 (8); Career: (60, FR)

Postseason GP/GS: 2/1; Postseason statistics: 2 special teams tackles

## NIKO KOUTOUVIDES

53



Linebacker 6-2 238  
 Purdue  
 2nd NFL Season  
 2nd Seahawks Season  
 4th Round 2004  
 2004 Games/Starts: 16/2  
 Career Games/Starts: 16/2  
 March 25, 1981  
 Plainville, Connecticut

**2004:** Played in every game, mostly on special teams, but started the last two games of the season vs. Arizona (12/26) and vs. Atlanta (1/2). Led the team with 16 special teams tackles and totaled 46 stops (38 solo) with one sack at linebacker. Posted a career-high nine tackles (eight solo) at the New York Jets (12/19) and first career sack came vs. Miami (11/21). Started the Wild Card Game vs. St. Louis (1/8) and posted five tackles (three solo).

**PRO:** Taken with the 20th pick in the fourth round (118th overall) of the 2004 NFL Draft. Only the third player in Seahawks history to be drafted from Purdue University and first since 1990 (T Bill Hitchcock). Third linebacker chosen since 2001 (Orlando Huff in 2001 and Solomon Bates in 2003).

**COLLEGE:** Started 32 of 50 games, finishing career with 296 tackles (180 solo) along with 23 stops for losses and 17 passes defended. All-Big Ten Conference first-team selection after starting every game at middle linebacker his

senior year. Finished second on the team with 101 tackles (57 solo), including 5.5 stops for losses. Intercepted two passes and knocked down four. Caused and recovered a fumble. As a junior, started all 13 games and notched career-high 121 tackles (80 solo) to lead the team. Had team-high 11.5 tackles for loss, including four sacks. Knocked down three passes and intercepted three. Posted at least 11 tackles in six games. Saw action in every game his first two seasons in a reserve role with 74 tackles, four fumble recoveries, and three forced fumbles.

**PERSONAL:** Attended Milford Academy (Conn.), a postgraduate school in 1999. Led team in sacks and finished second on team in tackles. Earned honorable mention all-state and all-conference honors at Plainville (Conn.) High. Was team captain and selected team's most valuable player. Majored in Organizational Leadership and Supervision.

## KOUTOUVIDES' NFL RECORD

Club	G/S	Tackles			Sacks			Interceptions						
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2004 Seattle	16/2	46	38	8	1.0	1.0	0	0	0.0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>16/2</b>	<b>46</b>	<b>38</b>	<b>8</b>	<b>1.0</b>	<b>1.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### POSTSEASON

Club	G/S	Tackles			Sacks			Interceptions						
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2004 Seattle	1/1	5	3	2	0.0	0.0	0	0	0.0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>1/1</b>	<b>5</b>	<b>3</b>	<b>2</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### SINGLE-GAME HIGHS

**Tackles:** 9 at New York Jets (12/19/04)  
**Sacks:** 1.0 vs. Miami (11/21/04)  
**Int.:** None

**Forced Fumbles:** None  
**Fumble Recoveries:** None

### ADDITIONAL STATISTICS

Special Teams Stats: 2004 (16); Career: (16)

## D.D. LEWIS

# 54



Linebacker 6-1 241  
 Texas  
 4th NFL Season  
 4th Seahawks Season  
 Free Agent 2002  
 2004 Games/Starts: 0/0  
 Career Games/Starts: 31/5  
 January 8, 1979  
 Houston, Texas

**2004:** Underwent offseason shoulder surgery that did not heal in time for training camp. Placed on injured reserve August 31, 2004.

**PRO:** Signed by the Seahawks as an undrafted free agent April 30, 2002. The lone Seattle 2002 free agent to make the opening weekend active roster. **2002:** Played in all 16 games, beginning the season on special teams, ranking fourth with 11 special teams tackles. Moved into the linebacker rotation after injuries to Anthony Simmons (ankle) and Chad Brown (foot). Saw his first action at St. Louis (10/20) where he had three solo tackles and one forced fumble (by Lamar Gordon) that led to a Seahawks score in the fourth quarter. Collected a career-high four tackles twice in back-to-back weeks, at Arizona (11/10) and vs. Denver (11/17).

**2003:** Played an important role in the Seahawks' linebacking corps, filling in for Brown (foot, flu) and Simmons (neck) while seeing extensive time in the nickel package. Played in 15 games, starting five and leading the team in tackles four of those games. Opened the season with a then career-high eight stops (seven solo) vs. New Orleans (9/7). Saved the day, along with Ken Hamlin, on their

hit on Rams WR Dane Looker that popped the ball into the air and intercepted by Simmons that led to Seattle's comeback win over St. Louis (9/21). Made first career start at Cincinnati (10/26) in place of Brown (foot) and posted seven tackles (four solo). The following week he blocked a punt that Seattle converted into a field goal. It was the Seahawks' first punt block since Alex Bannister blocked a Denver punt 10/14/01 (34 games). Made second start vs. Detroit (11/16) in place of Simmons (coach's decision) and posted a career-high 11 tackles (eight solo) but was declared inactive the following week with a back injury. Made third and fourth starts at Minnesota (12/7) and at St. Louis (12/14) in place of Simmons (neck). Posted 18 tackles (11 solo) in those two games, including second double-digit tackle game of the season with 10 at the Rams. Started for the third straight week vs. Arizona (12/21) but this was in place of Brown (flu). Replaced Brown (ankle) in the Wild Card Game at Green Bay (1/4/04) early in the second quarter and led the team with 10 tackles (eight solo). Finished the regular season with a career-high 56 tackles (38 solo) and third on the team with 10 special teams tackles.

**COLLEGE:** Started all 51 games of his career, a UT record. Recorded 314 tackles with 17 sacks and 40 stops behind the line of scrimmage. Holds the school's all-time record with 10 fumble recoveries. Shared UT's Most Valuable Player, Most Valuable Defensive Player, and Outstanding Linebacker (third straight year) as a senior. Ranked third on team with 81 tackles (47 solo) and second with 5.5 sacks for minus 50 yards, both career highs. Tied for team lead with 78 tackles (45 solo) and led the squad with a school-record-tying five fumble recoveries. Had 4.5 sacks for minus 43

yards and 15 stops for minus 60 yards. Recorded 78 tackles (44 solo) as a sophomore with five sacks for minus 44 yards and 13 stops for minus 55 yards. Third on team with 77 tackles (44 solo) as a redshirt freshman and three sacks.

**PERSONAL:** Married to the former Nicole Resse (7/29/00) and has a son, Zion Joshua (10/2/00). Training to become an ordained minister. Was a college teammate of defensive tackles Cedric Woodard (1997-99) and Marcus Tubbs. Born January 8, 1979 in Bermahaven, Germany.

## LEWIS' NFL RECORD

Club	G/S	Tackles			Sacks			Interceptions						
		TKl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2002 Seattle	16/0	17	15	2	0.0	0.0	0	0	0.0	0	0	0	1	0
2003 Seattle	15/5	56	38	18	0.0	0.0	0	0	0.0	0	0	2	0	0
2004 Seattle		Injured reserve (shoulder)												
<b>NFL TOTALS</b>	<b>31/5</b>	<b>73</b>	<b>53</b>	<b>20</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>1</b>	<b>0</b>

### POSTSEASON

Club	G/S	Tackles			Sacks			Interceptions						
		TKl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2003 Seattle	1/0	10	8	2	0.0	0.0	0	0	0.0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>1/0</b>	<b>10</b>	<b>8</b>	<b>2</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### SINGLE-GAME HIGHS

**Tackles:** 11 vs. Detroit (11/16/03)

**Sacks:** None

**Interceptions:** None

**Forced Fumbles:** 1 at St. Louis (10/20/02)

**Fumble Recoveries:** None

### ADDITIONAL STATISTICS

**Special teams stats:** 2002 (11), 2003 (10, blocked punt); **Career:** (21, blocked punt)

**Postseason special teams tackles:** 2003 (1)

## SEAN LOCKLEAR

# 75



**Tackle** 6-3 301  
**N. Carolina St.**  
**2nd NFL Season**  
**2nd Seahawks Season**  
**3rd Round 2004**  
**2004 Games/Starts: 16/0**  
**Career Games/Starts: 16/0**  
**May 29, 1981**  
**Lumberton, S. Carolina**

**2004:** Played in all 16 games, mostly on special teams, and saw time at left tackle twice in place of Walter Jones (rest vs. San Francisco, 9/26 and ankle vs. Arizona, 12/26). Returned one kickoff for 12 yards vs. Miami (11/21).

**PRO:** Chosen with the 21st selection of the third round (84th overall) in the 2004 NFL Draft. Second consecutive year the Seahawks have

taken an offensive lineman in the third round (Wayne Hunter in 2003).

**COLLEGE:** Switched to the offensive line after playing defensive tackle and defensive end first two seasons. Played nearly every offensive snap over his last three seasons, starting the final 27 games of career at variety of positions on the offensive line. Played 23 games on

defense with three starts and recorded 68 tackles (39 solo) with five sacks. In his senior season, first Wolfpack offensive lineman since 1992 to earn first-team All-Atlantic Coast Conference honors. Started eight games at right tackle, two at right guard, and one at left tackle.

**PERSONAL:** Attended Lumberton Senior (S.C.) High where he played both offense and defense. Voted Team MVP as a senior after

catching 22 passes for 450 yards and averaging 11 tackles per contest on defense. Pulled in 11 passes for 260 yards with three touchdowns as a junior and averaged 8.5 tackles per game with two interceptions. Selected first-team All-County and All-Conference performer both junior and senior years. Two-year letter-winner in basketball. Graduated on December 17, 2003 with a degree in Sports Management.

## LOCKLEAR'S NFL RECORD

Games Played/Games Started: 2004 (16/0); Career: 16/0

Postseason GP/GS: 1/0; Additional statistics: One kickoff return for 12 yards.

## MARQUAND MANUEL

# 33

Safety 6-0 209

Florida

4th NFL Season

2nd Seahawks Season

Waivers (Cin) 2004

2004 Games/Starts: 15/0

Career Games/Starts: 43/9

July 11, 1979

Miami, Florida

**2004:** Picked up off waivers (Cincinnati) September 6. Declared inactive at New Orleans (9/12), Week 1 and played a reserve role the remaining 15 games. Played mostly on special teams until seeing time at safety at St. Louis (11/14), then began seeing time in the nickel the rest of the season. Posted his first tackle (one solo) of the season vs. Miami (11/21) and had a season-high four stops (three solo) versus Arizona (12/26). Followed that up with three tackles (two solo) versus Atlanta (1/2). Had two tackles in the NFC Wild Card Game versus St. Louis (1/8). Also added nine special teams tackles during the regular season.

**PRO:** Drafted by Cincinnati in the sixth-round (181st overall) of the 2002 NFL Draft. Waived by the club September 5, 2004, and claimed on waivers by Seattle the following day. **2002:** As a rookie, saw time in 15 games, starting eight contests with six starts at strong safety and two at free safety. Posted 34 tackles, one forced fumble, and three passes defended. Also contributed a team-leading 19 special teams tackles. Made NFL debut at Cleveland (9/15). Tallied

a career-high eight tackles (six solo) in a start at free safety at Buffalo (12/29). **2003:** Played in 13 games, starting one. Totaled eight tackles (six solo) and six special teams stops. Started at strong safety vs. Denver (9/7) to open season, and played in a reserve role Games 2-11, 14, and 16. With injuries depleting the secondary, saw extensive time versus San Francisco (12/14) and had a season-high seven stops (six solo).

**COLLEGE:** Was a three-year starter at Florida and played in 46 career games, playing mostly at safety but also started twice at outside linebacker. Collected 308 tackles, eight sacks, and six interceptions during his time at The Swamp.

**PERSONAL:** Garnered prep All-America honors at Miami Senior High. Earned degree in criminology & law in 2000 before finishing playing career in 2001 as a graduate student at Florida. Named to the SEC Academic Honor roll four times. One of 18 children. First name is pronounced MAR-kwahnd and last name is pronounced manual.

### SINGLE-GAME HIGHS

**Tackles:** 8 at Buffalo (12/29/02)  
**Sacks:** None

**Interceptions:** None  
**Forced Fumbles:** 1 vs. Cleveland (11/17/02)

### ADDITIONAL STATISTICS

**Special Teams Tackles:** 2002 (19); 2003 (6); 2004 (9) **Career** (34). **Postseason special teams tackles:** (3)

## MANUEL'S NFL RECORD

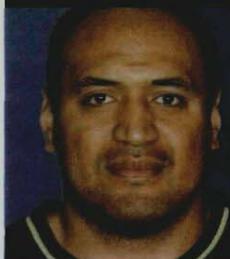
Club	G/S	Tackles			Sacks			Interceptions						
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2002 Cincinnati	15/8	34	27	7	0.0	0.0	0	0	0.0	0	0	3	1	0
2003 Cincinnati	13/1	8	6	2	0.0	0.0	0	0	0.0	0	0	0	0	0
2004 Seattle	15/0	10	7	3	0.0	0.0	0	0	0.0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>43/9</b>	<b>52</b>	<b>40</b>	<b>12</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>1</b>	<b>0</b>

## POSTSEASON

Club	G/S	Tackles			Sacks			Interceptions						
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2004 Seattle	1/0	2	1	1	0.0	0.0	0	0	0.0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>1/0</b>	<b>2</b>	<b>1</b>	<b>1</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

## ITULA MILI

88



**Tight End** 6-4 260  
**Brigham Young**  
**9th NFL Season**  
**9th Seahawks Season**  
**6th Round 1997**  
**2004 Games/Starts: 15/4**  
**Career Games/Starts: 102/41**  
**April 20, 1973**  
**Laie, Hawaii**

**2004:** Played in 15 games, missing (groin) at St. Louis (11/14) and started four contests (vs. Buffalo, 11/28; at Minnesota, 12/12; vs. Arizona, 12/26, and vs. Atlanta, 1/2). Lost starting job to former first-rounder Jerramy Stevens but regained starting duties by the Buffalo game (11/28). Recorded his 13th career touchdown, and only of the season, on a 1-yard toss from Matt Hasselbeck versus San Francisco (9/26). Tallied a season-high four catches twice, with the first coming versus Miami (11/21) for 24 yards and the second coming at the New York Jets (12/19). Also had a season-high 43 yards receiving and a long of 20 at the Jets. Caught six passes for 98 yards with a career-postseason long of 22 in the NFC Wild Card Game versus St. Louis (1/8).

**PRO:** Chosen with the 11th pick in the sixth round, the 174th overall choice, in the 1997 NFL Draft. Re-signed a multi-year deal March 14, 2002 and then again March 11, 2005 to stay with the club. **1997:** Missed the entire season on injured reserve with a knee injury suffered late in his final collegiate season. **1998:** Saw limited action in seven games and was inactive for eight games. Missed the season finale when he was placed on injured reserve (12/25) with a knee injury. Played in multi-tight end sets at Oakland (11/15) and at Dallas (11/22). Made first career reception at Dallas, for a 20-yard pickup. **1999:** Saw action in all 16 games with two starts. Made first career start in the

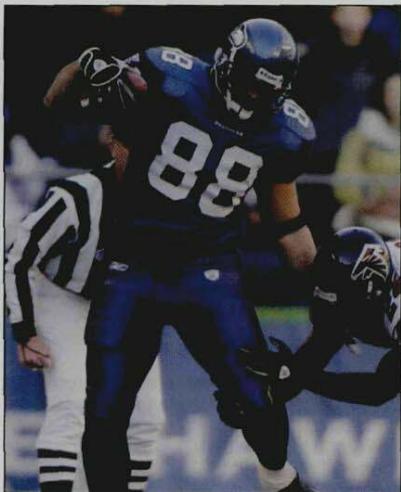
season opener versus Detroit. Also started at Chicago (9/19). For the season, caught four passes for 24 yards with one touchdown. The first score of his career came on a 1-yard pass from Jon Kitna at San Diego (10/17). **2000:** Had a career season surpassing his career numbers through the first four games. Started the first four games in place of injured Christian Fauria (hamstring) and posted 11 receptions for 129 yards (11.7 avg.) with one touchdown. Had a career-high five receptions in his fifth start of the year at Oakland (10/22) and a career-high 52 yards vs. St. Louis (9/10). Started for the sixth time at Denver (12/10) and caught a career-long 34 yarder. His three touchdowns and Fauria's two touchdowns tied a team record with five touchdowns by tight ends for a single season. Mike Tice and Travis McNeal combined for five scores in 1991. **2001:** Played in all 16 games, starting five. Started season with two catches at Cleveland (9/9) for 21 yards. Had his best game vs. Jacksonville (10/7) with two catches for 42 yards, including a career-long 41-yarder and one touchdown. His second score of the season came vs. Miami (10/28) on a 15-yard catch in the second quarter to put Seattle on the board first. In all, caught eight passes for 98 yards (12.3 avg.). **2002:** Played in all 16 games, starting 12. Established career-highs in receptions and yards through 11 games, surpassing his 2000 season totals. Set the club

mark for tight ends with 43 catches for 508 yards. Scored on 1-yard tosses in the first two games of the season (at Oakland, 9/8 and vs. Arizona, 9/15). Of eight career scores, six were from 1-yard out. Had 11 receptions for 79 yards his first seven games before catching 18 passes for 220 yards in his next four games. Finished the season by recording career highs with seven catches for 119 yards, his first career 100-yard game, and a long of 49. **2003:** Played in all 16 games, starting 12. Broke own franchise mark for receptions by a tight end with 46 for 492 yards. Also set the career touchdown mark by a tight end with career-high four, giving him 12 for his career, surpassing Minnesota Vikings head coach and former Seahawks tight end Mike Tice. Had a career game at Cincinnati (10/26) with five catches for a season-high 80 yards and a career-high two touchdowns, one coming on a 46-yard bomb in the first quarter. Closed the season as Hasselbeck's go-to guy as he caught 16 passes for 186 yards (11.6 avg.) through the final three games of the regular season. Caught six balls for 62 yards in the Wild Card Game at Green Bay (1/4/04).

**COLLEGE:** Four-year letterman who played tight end, fullback, and H-back. Finished his career with 126 receptions for 1,777 yards and 11 touchdowns in 40 games, with 22 starts. First-team All-Western Athletic Conference as a senior after catching a single-season best 46 passes for 692 yards and three scores in 14 games. Had 108 yards on nine receptions versus Washington. Injured his knee in the Western Athletic Conference title game and missed the Cougars' bowl game. Started at fullback and H-back as a junior and caught 36 passes for 440 yards and three scores. Had two

100-yard games, 101 yards on four receptions versus Utah State and 108 yards on five catches against Fresno State. Played six games, with three starts, as a freshman. Served on an LDS mission to New Zealand in 1992 and 1993. Majored in Geography.

**PERSONAL:** Lettered in football, basketball, and track at Kahuku High School in Laie, Hawaii. Football team won the state championship as a junior and senior. All-state choice as a wide receiver. State high jump champion as a junior despite school not having a pit for him to practice. Plays the guitar. Born in Kahuku, Hawaii. Lives in Salt Lake City, with his wife, Melisa (8/31/99) and their son, Tiki



## MILI'S NFL RECORD

Year	Club	G/S	No	Yds	Avg	LG	TD
1997	Seattle		Injured Reserve				
1998	Seattle	7/0	1	20	20.0	20	0
1999	Seattle	16/2	4	24	6.0	9	1
2000	Seattle	16/6	28	288	10.3	34	3
2001	Seattle	16/5	8	98	12.3	41	2
2002	Seattle	16/12	43	508	11.8	49	2
2003	Seattle	16/12	46	492	10.7	46t	4
2004	Seattle	15/4	23	240	10.4	20	1
<b>NFL TOTALS</b>		<b>102/41</b>	<b>153</b>	<b>1,670</b>	<b>10.9</b>	<b>49</b>	<b>13</b>

## POSTSEASON

Year	Club	G/S	No	Yds	Avg	LG	TD
1999	Seattle	1/0	0	0	0.0	0	0
2003	Seattle	1/0	6	62	10.3	15	0
2004	Seattle	1/1	6	98	16.3	22	0
<b>NFL TOTALS</b>		<b>3/1</b>	<b>12</b>	<b>160</b>	<b>13.3</b>	<b>22</b>	<b>0</b>

## SINGLE-GAME HIGHS

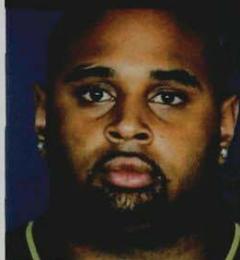
**Most Receptions:** 7 at San Diego (12/29/02)  
**Most Yards:** 119 at San Diego (12/29/02)

**Most Touchdowns:** 2 at Cincinnati (10/26/03)  
**Longest Reception:** 49 at San Diego (12/29/02)

# RASHAD MOORE

# 95

VETERANS



Defensive Tackle 6-3 324  
 Tennessee  
 3rd NFL Season  
 3rd Seahawks Season  
 6th Round 2003  
 2004 Games/Starts: 16/12  
 Career Games/Starts: 30/18  
 March 16, 1979  
 Huntsville, Alabama

**2004:** Played in all 16 games with 12 starts, posting career-highs in tackles with 46, 2.0 sacks, and three fumble recoveries. Started the season tallying a career-high seven tackles (five solo) at New Orleans (9/12). Picked up fumbles in back-to-back weeks at Tampa Bay (9/19) and versus San Francisco (9/26). Picked up first sack at San Francisco (11/7) along with four tackles (three solo). Had five solo stops and his second sack, third career, versus Dallas (12/6) on Monday night football. Collected his third fumble recovery the following week at Minnesota (12/12). Posted six tackles (four solo) at the New York Jets (12/19) and two solo stops vs. the Rams in the NFC Wild Card Game (1/8).

**PRO:** Selected with the 10th pick of the sixth round (183rd overall) of the 2003 NFL Draft. Only the fifth player in Seahawks history to be drafted from the University of Tennessee.

**2003:** Became an important piece in Seattle's run defense, as the linemen allowed only four running backs to surpass 100-plus yards, compared to 10 in 2002. Finished the season with six starts in 14 games splitting time with John Randle. Posted a career-high four tackles four times and also had a fumble recovery vs. Cleveland (11/30) and first sack at Cincinnati (10/26). Totaled 30 tackles (20 solo). Posted three tackles (one solo) in the Wild Card Game.

**COLLEGE:** Recorded 95 tackles (61 solo), 3.5 sacks, nine stops behind the line of scrimmage,

three fumble recoveries, two forced fumbles, and five pass deflections during his career. Was an All-SEC honorable mention by the *Associated Press* as a senior. Recorded a career-high 41 tackles (28 solo) with two sacks for minus 26 yards and four stops for losses of 31 yards. Had a quarterback pressure, a forced fumble, and three fumble recoveries. Closed out his career with three tackles versus Maryland in the Peach Bowl. As a junior, played in every game, starting four. Finished with 28 tackles (13 solo), an interception, three passes defended, and seven quarterback pressures. Collected a season-high five tackles (four solo) with a pair of pressures versus Louisiana State in the SEC Championship. Appeared in seven games as a reserve defensive tackle his second year, recording 22 tackles (17 solo) with 1.5 sacks for minus 21 yards, and five stops for losses of 29 yards. His freshman year, he missed the first four games of the season with a high ankle sprain, collecting four tackles (three solo) in limited action. Redshirted his true freshman year.

**PERSONAL:** Attended Johnson High in Huntsville, Ala. Player of the Year and All-Around and Defensive MVP as a senior. Made 65 tackles, 10.5 sacks, three fumble recoveries, including one returned for a touchdown, as a senior. Earned all-metro and all-area in basketball. Born Glenn Rashad Moore. Majored in psychology.

## MOORE'S NFL RECORD

Club	G/S	Tackles			Sacks			Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	
2003 Seattle	14/6	30	20	10	1.0	3.0	0	0	0.0	0	0	0	0	0	1
2004 Seattle	16/12	46	32	14	2.0	0.0	0	0	0.0	0	0	2	0	3	
<b>NFL TOTALS</b>	<b>30/18</b>	<b>76</b>	<b>52</b>	<b>24</b>	<b>3.0</b>	<b>3.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>4</b>	

### POSTSEASON

Club	G/S	Tackles			Sacks			Interceptions						
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2003 Seattle	1/1	3	1	2	0.0	0.0	0	0	0.0	0	0	0	0	0
2004 Seattle	1/0	2	2	0	0.0	0.0	0	0	0.0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>2/1</b>	<b>5</b>	<b>3</b>	<b>2</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### SINGLE-GAME HIGHS

**Tackles:** 7 at New Orleans (9/12/04)

**Sacks:** 1.0, 3 Times (Last vs. Dallas 12/6/04)

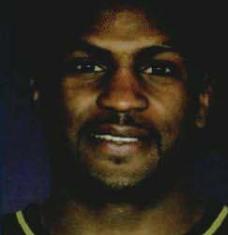
**Interceptions:** None FF: None

**FR:** 1, 3 Times (Last at Minnesota 12/12/04)

125

## MAURICE MORRIS

20



Running Back 5-11 202  
 Oregon  
 4th NFL Season  
 4th Seahawks Season  
 2nd Round (a) 2002  
 2004 Games/Starts: 15/0  
 Career Games/Starts: 42/1  
 December 1, 1979  
 Chester, South Carolina

**2004:** Played in 15 games and was inactive (concussion) at San Francisco (11/7). Posted season-highs versus San Francisco (9/26) in carries (8), yards (42), and long gain (12). Saw time at running back in 14 games. Sustained a concussion on the opening kickoff versus Carolina (10/31) and did not return. Tied his career-high with seven kickoff returns on three occasions (at New England, 10/17; vs. Dallas, 12/6, and at the New York Jets, 12/19). Had a season-high 171 kickoff return yards at the Patriots and a season-long 34-yard return at Minnesota (12/12). Took over punt return duties for Bobby Engram (ankle) at midseason and returned a career-high four for 21 yards versus Miami (11/21). Also added five special teams tackles. Rushed twice for 9 yards and returned six kickoffs for 109 yards versus St. Louis in the NFC Wild Card Game.

**PRO:** Selected with the first of two second-round picks (54th overall), becoming the 36th running back selected in Seattle history. **2002:** Saw action in 11 games and totaled 153 yards on 32 carries. Won kickoff return duties in training camp and ranked eighth in the NFC with a 24.1 kickoff return average. Returned his first kickoff 66 yards at Oakland (9/8). The Raiders did not kick off to him thereafter. Came in for Alexander (eye) during the second quarter versus Arizona (9/15) and carried seven times for 35 yards, while adding five kickoffs for 102 yards. Established a club record with 231 kickoff return yards on the second-most returns (7) while taking one a club-record tying 97 yards for the score (James Jefferson versus Kansas City, 10/8/89). It was the first time a Seattle player had taken one the distance since Charlie Rogers versus Buffalo (12/23/00, 21 games). Also tied Seahawks records for kickoff return touchdowns (1) in a career, season, game, and as a rookie. The 231 kickoff return yards were the most in the NFC in 2002. Saw extended time at running back the next week at Dallas (10/27), carrying six times for 24 yards, with

four of those carries for 20 yards coming on a scoring drive in the second quarter. Led the team in rushing for the first time at Arizona (11/10) with career highs in carries (15) and yards (72) for a 4.8 average and a career-long of 24. Tweaked hamstring in that game and saw limited action the rest of the season. **2003:** Seeing his role expand, played in all 16 games with first career start coming versus St. Louis (9/21) in place of Alexander (birth of child) and caught a career-high three passes for 28 yards. Set career-highs with 38 total carries and 239 yards (6.3 avg.) and four receptions for 32 yards and his first career receiving touchdown versus Arizona (12/21). Had a career-long 43-yard run versus Pittsburgh (11/2). Served as the team's primary kickoff returner, totaling 47 for 1,007 yards (21.4 avg.) and a long of 56 coming at Minnesota (12/7) where he returned five kickoffs for a season-high 153 yards (30.6 avg.). Also had three special teams tackles in the regular season. In the Wild Card Game at Green Bay (1/4/04), returned four kickoffs for 70 yards and rushed once for 4 yards.

**COLLEGE:** Spent two years at Oregon after transferring from Fresno City College where he was a two-time JC Grid-Wire All-American. Set national JC records of 4,487 all-purpose yards and 3,708 yards rushing on 593 carries. Set Fresno City records with 26 scores in 1998, career rushing touchdowns (45), and total (49). Held below 100 yards only once in his JC career (92 vs. Siskiyou). Holds Oregon's school record for most carries in one season (286 in 2000) and became the school's first two-time 1,000-yard rusher. Finished his Ducks career with 2,237 yards on 466 carries with 17 touchdowns and 307 yards and three scores on 35 receptions. His 2,237 rushing yards were fifth in school history.

**PERSONAL:** Rushed for over 1,600 yards and 25 touchdowns as a senior at Chester (S.C.) High. Has six brothers and eight sisters of Diane and Bernard Morris. Born in Chester, S.C.

## SINGLE-GAME HIGHS

**Rush Attempts:** 15 at Arizona (11/10/02)  
**Rush Yards:** 72 at Arizona (11/10/02)  
**Longest Rush:** 43 vs. Pittsburgh (11/2/03)  
**Most Rush Touchdowns:** None

**Most Receptions:** 3 vs. St. Louis (9/21/03)  
**Most Rec. Yards:** 28 vs. St. Louis (9/21/03)  
**Longest Reception:** 13 vs. St. Louis (9/21/03)  
**Most Rec. Touchdowns:** 1 vs. Arizona (12/21/03)

**MORRIS' NFL RECORD**

Club	G/S	Kickoff Returns					Punt Returns				
		No	Yds	Avg	LG	TD	Att	Yds	Avg.	LG	TD
2002 Seattle	11/0	34	821	24.1	97t	1	0	0	0.0	0	0
2003 Seattle	16/1	47	1,007	21.4	56	0	0	0	0.0	0	0
2004 Seattle	15/0	47	994	21.1	34	0	15	75	5.0	22	0
<b>TOTALS</b>	<b>42/1</b>	<b>128</b>	<b>2,822</b>	<b>22.0</b>	<b>97t</b>	<b>1</b>	<b>15</b>	<b>75</b>	<b>5.0</b>	<b>22</b>	<b>0</b>

Club	G/S	Rushing					Receiving				
		No	Yds	Avg	LG	TD	Att	Yds	Avg.	LG	TD
2002 Seattle	11/0	32	153	4.8	24	0	3	25	8.3	12	0
2003 Seattle	16/1	38	239	6.3	43	0	4	32	8.0	13	1
2004 Seattle	15/0	30	126	4.2	12	0	9	53	5.9	12	0
<b>TOTALS</b>	<b>42/1</b>	<b>100</b>	<b>518</b>	<b>5.2</b>	<b>43</b>	<b>0</b>	<b>16</b>	<b>110</b>	<b>6.9</b>	<b>13</b>	<b>1</b>

**POSTSEASON**

Club	G/S	Kickoff Returns				
		No	Yds	Avg	LG	TD
2003 Seattle	1/0	4	70	17.5	19	0
2004 Seattle	1/0	6	109	18.2	21	0
<b>TOTALS</b>	<b>2/0</b>	<b>10</b>	<b>179</b>	<b>17.9</b>	<b>21</b>	<b>0</b>

Club	G/S	Rushing					Receiving				
		No	Yds	Avg	LG	TD	Att	Yds	Avg.	LG	TD
2003 Seattle	1/0	1	4	4.0	4	0	0	0	0.0	0	0
2004 Seattle	1/0	2	9	4.5	5	0	0	0	0.0	0	0
<b>TOTALS</b>	<b>2/0</b>	<b>3</b>	<b>13</b>	<b>4.3</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>

**ADDITIONAL STATISTICS**

**Most KO Ret:** 7 four times, last time at NYJ (12/19/04)

**Most KO Return Yards:** \*231 at St. Louis (10/20/02)

**Longest KO Return:** \*97t at St. Louis (10/20/02)

**Special teams tackles:** 2002 (2); 2003 (3); 2004 (5)

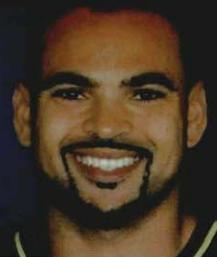
**Total:** (10).


**NO RAIN**

*Since Qwest Field opened in 2002, the Seahawks have played 24 regular-season home games and no precipitation has been recorded.*

## JEROME PATHON

16



Wide Receiver 6-0 195  
 Washington  
 8th NFL Season  
 1st Seahawks Season  
 Unrestricted FA (NO) 2005  
 2004 Games/Starts: 15/11  
 Career Games/Starts: 91/63  
 December 16, 1975  
 Vancouver, British Columbia

**2004:** Played in 15 games for the New Orleans Saints, starting eight, and was inactive (hamstring) at Arizona (10/3). His lone touchdown of the year came versus San Francisco (9/19) on a 37-yarder. Had two catches for 53 yards in the game. His season-long gain of 38 came the following week at St. Louis (9/26). Posted four catches for a season-high 92 yards versus Minnesota (10/17) with a long of 36. Made his first start of the season at Oakland (10/24) and had a season-high six catches for 79 yards. Went on to start the next six games (at San Diego, 11/7; vs. Kansas City, 11/14; vs. Denver, 11/21; at Atlanta, 11/28; vs. Carolina, 12/5, and at Dallas, 12/12). Started the season finale at Carolina (1/2) and tallied four catches for 78 yards with a season-high tying 38 yarder.

**PRO:** Signed with Seattle as an unrestricted free agent April 21, 2005 after three seasons with New Orleans. Signed with New Orleans April 15, 2002 after four years with Indianapolis, where he was a second-round draft pick (32nd overall) of the 1998 NFL Draft. **1998:** Started 15 of 16 games as a rookie, missing only start versus the New York Jets (11/15) when club opened in two-tight end set. Had 50 receptions for 511 yards and a touchdown for the second-highest rookie reception and yardage totals in the NFL behind Minnesota's Randy Moss. Named to most All-Rookie teams. Joined Marvin Harrison (1996) and WR Raymond Butler (1980) to become only third Colts rookie receiver with an opening day start since 1980. Posted multiple receptions in 13 of 16 games and had more than three catches nine times. Had seven catches for 56 yards versus New England (11/1) for his top outing of season. **1999:** Played in 10 games with two starts and had 14 receptions for 163 yards. Dressed, but did not play versus Cincinnati (10/24), versus Philadelphia (11/21), versus Washington (12/19) and at Cleveland (12/26). Inactive versus the New York Jets (11/28) and at Miami (12/5). Recorded a season-high four receptions for 55 yards at San Diego (9/26).

Recorded five receptions for 44 yards versus Tennessee (1/16) in AFC Divisional Playoff.

**2000:** Started 10 of 16 games and tied his career-high with 50 receptions for 646 yards and three touchdowns. Also returned 26 kickoffs for 583 yards and had one rush for 3 yards. Started at the New York Jets (12/3) and posted a season-high six catches for 73 yards. He also returned four kickoffs for 95 yards in the contest. Started Wild Card Playoff game at Miami (12/30) and had five receptions for 69 yards.

**2001:** Played in four games and started three for the Colts, recording 22 receptions for 318 yards with two touchdowns. In the opener at the New York Jets (9/12) recorded a then career-high eight catches for 93 yards. Enjoyed career week versus Buffalo (9/23) hauling in nine passes for 168 yards and a touchdown. Suffered right foot injury versus New England (9/30). Placed on injured reserve November 19.

**2002:** Played in 14 games, starting 13, recording 43 receptions for 523 yards and four touchdowns. Did not start versus Tampa Bay (12/1). Declared inactive (knee) for season's final two games. Had two receptions for 12 yards, including a 5-yard touchdown versus Green Bay (9/15). Had five receptions, including a 16-yard touchdown grab at Chicago (9/22). Posted season-high six receptions for 55 yards, including a 6-yard touchdown at Detroit (9/29). Had two receptions for 79 yards, including a career-long 64-yard catch versus Steelers (10/6).

**2003:** Recorded 44 catches for 578 yards with four touchdowns. Yardage total was the second-highest of his career (646 yards in 2000) and touchdowns tied the career-high he reached with the Saints in 2002. Started seven of the first eight games of the season before coming off the bench at Tampa Bay (11/2). Only other non-starts came versus Indianapolis (9/28) when the club opened with two tight ends, at Philadelphia (11/23), and versus Tampa Bay (12/7). Had four catches for season-high 89 yards and a touchdown at Tennessee (9/21), including a 38-yard grab. Season-long 40-yard

reception at Atlanta (10/19) was part of a four-catch, 65-yard day. Had season-high five catches for 35 yards at Philadelphia (11/23). Had consecutive strong performances, posting three catches for 45 yards and a 26-yard touchdown versus the New York Giants (12/14) and four catches for 65 yards and a 26-yard touchdown at Jacksonville (12/21). Pathon traveled the final 26 yards into the end zone after receiving a lateral from running back Deuce McAllister, who had received a pitch from receiver Michael Lewis. Receiver Donte' Stallworth started the play with a 42-yard catch before tossing ball to Lewis.

**HONORS:** 1998 All-Rookie First-Team (Pro Football Weekly, College & Pro Football Weekly, Football News and Football Digest).

**COLLEGE:** Three-year letterman and two-year starter at Washington. Career totals in 33 games (19 starts) included 125 receptions for 2,063 yards with 16 touchdowns. Ranked second in school history in yards and touchdowns and fourth in receptions upon his departure. Also had 34 punt returns for 428 yards (11.3 avg.) and 24 kickoff returns for 620 yards (25.8 avg.).

Saw action in 11 games with nine starts as a senior, posting 69 catches for 1,245 yards with eight touchdowns to set school season records for receptions and yards. Added 19 punt returns for 209 yards (11.0 avg.) and 16 kickoff returns for 386 yards (24.1 avg.). Had six games with 100 or more receiving yards. As a junior, saw action in 11 games with 10 starts and had 41 receptions for 618 yards with seven touchdowns. Saw reserve action in 11 games as a sophomore, recording 15 receptions for 200 yards with a touchdown. Redshirted in 1994 after transferring from Acadia University in Nova Scotia, Canada. As a freshman at Acadia in 1993, recorded 44 catches for 868 yards and 10 touchdowns. Majored in Psychology.

**PERSONAL:** Holds an annual football camp in hometown of Vancouver, Canada. Born and lived in Capetown, South Africa until apartheid forced his family to move to Canada when he was five. Attended Carson Graham (North Vancouver, B.C.) High. Qualified for the Canadian national track team in long jump (23'2"). Born Dec. 16, 1975 in Capetown, South Africa.

## PATHON'S NFL RECORD

		Kickoff Returns									
Club	G/S	No	Yds	Avg	LG	TD					
1998 Indianapolis	16/15	0	0	0.0	0	0					
1999 Indianapolis	10/2	6	123	20.5	31	0					
2000 Indianapolis	16/10	26	583	22.4	48	0					
2001 Indianapolis	4/3	1	13	13.0	13	0					
02-04 New Orleans	45/33	0	0	0.0	0	0					
<b>TOTALS</b>	<b>91/63</b>	<b>33</b>	<b>719</b>	<b>21.8</b>	<b>48</b>	<b>0</b>					
		Receiving					Rushing				
Club	G/S	No	Yds	Avg	LG	TD	Att	Yds	Avg.	TD	
1998 Indianapolis	16/15	50	511	10.2	45	1	3	-2	-0.7	0	
1999 Indianapolis	10/2	14	163	11.6	38	0	0	0	0.0	0	
2000 Indianapolis	16/10	50	646	12.9	38	3	1	3	3.0	0	
2001 Indianapolis	4/3	24	330	13.8	60t	2	1	-8	-8.0	0	
2002 New Orleans	14/13	43	523	12.2	64	4	0	0	0.0	0	
2003 New Orleans	16/12	44	578	13.1	40	4	0	0	0.0	0	
2004 New Orleans	15/8	34	581	17.1	38	1	0	0	0.0	0	
<b>TOTALS</b>	<b>91/63</b>	<b>259</b>	<b>3,332</b>	<b>12.9</b>	<b>64</b>	<b>15</b>	<b>5</b>	<b>-7</b>	<b>-1.4</b>	<b>0</b>	

### POSTSEASON

		Receiving					Rushing				
Club	G/S	No	Yds	Avg	LG	TD	Att	Yds	Avg.	TD	
1999 Indianapolis	1/0	5	44	8.8	13	0	0	0	0.0	0	
2000 Indianapolis	1/1	5	69	13.8	25	1	0	0	0.0	0	
<b>TOTALS</b>	<b>2/1</b>	<b>10</b>	<b>113</b>	<b>11.3</b>	<b>25</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	

### SINGLE-GAME HIGHS

**Most Receptions:** 9 vs. Buffalo (9/23/01)

**Most Yards:** 168 vs. Buffalo (9/23/01)

**Longest:** 64 vs. Pittsburgh (10/6/02)

**Most Touchdowns:** 1, 15 Times (Last vs. San Francisco 9/19/04)

## KRIS RICHARD

42



Cornerback 5-11 190  
 USC  
 4th NFL Season  
 4th Seahawks Season  
 3rd Round 2002  
 2004 Games/Starts: 16/0  
 Career Games/Starts: 38/1  
 October 28, 1978  
 Carson, California

**2004:** Played in all 16 games, seeing time in the dime and on special teams. Finished season with career-high 24 stops (21 solo) and his first-career forced fumble. Saw most time of season at San Francisco (11/7) at right corner when Ken Lucas (chest) was injured and did not return. Posted four solo stops and one pass defended in his place. Also at the 49ers, with Engram (ankle) and Morris (concussion) dinged, took over punt return duties and returned three for 21 yards with a long of 14. Had three tackles (one solo) and picked up his fumble at Minnesota (12/12) and followed that two weeks later with a career-high six tackles versus Arizona (12/26). Also added 10 special teams tackles.

**PRO:** Selected with the 20th pick in the third round (85th overall) in the 2002 draft. His selection marked the fourth consecutive year the Seahawks selected a cornerback in the draft, 19th in Seahawks history. **2002:** Saw action in seven games, mostly on special teams. Made his NFL debut on special teams versus Arizona (9/15). With Shawn Springs (foot) out, saw extensive time in the dime package for the first time versus Minnesota (9/29) and had a career-high three solo tackles and one pass defended. Also saw time at corner at St. Louis (10/20) after Ken Lucas (eye) left the game briefly. Declared inactive at Oakland (9/8) and at the New York Giants (9/22) and dressed, but did not play, versus Denver (11/17). Was inactive at Kansas City (11/24), at San Francisco (12/1), versus Philadelphia (12/8), and at Atlanta (12/15).

Placed on injured reserve December 17 (hernia). **2003:** Played 15 games with one start coming at Cincinnati (10/26) when the Bengals opened with two tight ends. Used primarily in the team's dime package and pressed into nickel duty and backup safety late in the season when injuries hit the secondary. Posted 11 total tackles (nine solo) and his first career sack versus Cleveland (11/30). Had a career-high three tackles (all solo) versus Arizona (12/21). Declared inactive (stinger) for the Wild Card Game. Also had five special teams tackles.

**COLLEGE:** Three-year starter who finished his college career with 125 tackles, with four stops behind the line of scrimmage, and 20 pass deflections. Had eight interceptions, three that were returned for touchdowns. Earned All-Pac-10 Conference honorable mention his senior year.

**PERSONAL:** Played quarterback at Serra High School (Gardena, Calif.). *Super Prep* All-American, *Prep Star* All-American, and *Super Prep* All-Farwest. As a senior, completed 92 of 171 passes (53.8%) for 1,369 yards and 10 touchdowns, plus ran for 900 yards with seven scores. Added 69 tackles, 6 interceptions, and two forced fumbles as a cornerback. As a junior, passed for 372 yards and 6 touchdowns and rushed for 264 yards, making 42 tackles and six passes defended on defense, and also returned a punt 79 yards for a touchdown. Also ran track and was on the Serra's 1996 state championship 400-meter relay team. Served as student body president.

## RICHARD'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2002 Seattle	7/0	3	3	0	0.0	0.0	0	0	0.0	0	0	1	0	0
2003 Seattle	15/1	11	9	2	1.0	8.0	0	0	0.0	0	0	0	0	0
2004 Seattle	16/0	24	21	3	0.0	0.0	0	0	0.0	0	0	1	1	0
<b>NFL TOTALS</b>	<b>38/1</b>	<b>38</b>	<b>33</b>	<b>5</b>	<b>1.0</b>	<b>8.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>1</b>	<b>0</b>

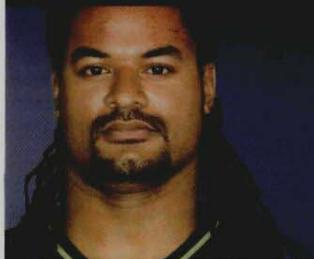
## ADDITIONAL STATISTICS

Special Teams Tackles: 2003 (5); 2004 (10) Career: (15). Returned four punts for 31 yards (7.8 avg.) with long of 14.

# JAMIE SHARPER

# 55

VETERANS



Linebacker 6-3 239  
Virginia  
9th NFL Season  
1st Seahawks Season  
UFA (Houston) 2005  
2004 Games/Starts: 16/16  
Career Games/Starts: 128/127  
November 11, 1974  
Richmond, Virginia

**2004:** Started all 16 games for the Texans, recording sixth-consecutive 100-tackle season. Finished season with team-high 177 total tackles (113 solo), two sacks, three forced fumbles, one fumble recovery, a touchdown and five passes defended. Notched 900th career tackle in season opener against San Diego (9/12). Racked up 14 tackles at Kansas City (9/26). Against Oakland (10/3), sacked QB Kerry Collins forcing a fumble and recovery for a TD (2nd career). Had nine solo tackles against Minnesota. Picked up first sack of season at Tennessee (10/17). Recorded team-high 13 tackles against Jacksonville (10/31). Followed that up with 12 tackles at Denver (11/7). Added 13 more tackles the following week at Indianapolis (11/14). Against Indianapolis (12/12) registered 13 tackles. Led defense again at Chicago (12/19) with 13 tackles. At Jacksonville (12/26) prevented Texans shutout by stripping Jaguars' LaBrandon Toefield at the Jaguars 33-yard line. Closed out season with 12 tackles against Cleveland (1/2/05). Surpassed 1,000-career tackle mark midway through season. Had at least 10 tackles in 12 of 16 games.

**PRO:** Arguably one of the league's most underrated defensive players. Has started 127 of 128 career games over eight NFL seasons with Baltimore and Houston. Quick, hard-hitting ball-hawker who led the NFL with 195 tackles in 2003. Boasts 1,072 career tackles, 25.5 sacks, 14 forced fumbles, seven fumble recoveries, two interceptions and 38 passes defended. Signed with the Seahawks on April 13, 2005. Spent the past three seasons with the Houston Texans after being selected in the 2002 expansion draft. Originally drafted by the Baltimore Ravens in the second round (34th overall) of the 1997 NFL Draft. Was an integral part of one of the NFL's top defensive units in Baltimore. Helped Ravens set NFL single-season records for points allowed (165) and rushing yards allowed (950) in 2000 en route to capturing Super Bowl XXXV. Finished in the top four on the team in tackles in all five of his seasons in Baltimore. **1997:** Started 15 of 16 games as a rookie, recording 79 tackles, three

sacks, three passes defended, one forced fumble, and one interception. Made NFL debut against Jacksonville (8/31), starting and registering five tackles. Posted five tackles in win over Giants (9/14). Picked off first career pass in 36-10 win at Tennessee (9/21). Did not start versus Miami (10/19). Regained starting role the following week at Washington (10/16), posting first career forced fumble and first career sack. Recorded 10 stops at Jets (11/2). Collected eight tackles and one sack against Seattle (12/7). **1998:** Started all 16 games, finishing fourth on team with 84 tackles. Added three passes defended and one sack. Paced team with 10 tackles and one sack against Bengals (9/27). Collected eight stops versus Tennessee (10/10). Had three tackles at Green Bay (10/25) in first game against brother, Darren, the Packers' starting free safety. Recorded seven tackles against Jacksonville (11/1). Posted season-high nine tackles at Tennessee (12/6). **1999:** Started all 16 games, registering 122 tackles, along with four sacks, four passes defended, and 10 special teams stops. Posted nine tackles in season opener at St. Louis (9/19). Racked up 10 tackles against Cleveland (9/26). Collected 10 stops at Tennessee (10/10). Posted nine tackles and three special teams stops against Kansas City (10/21). Registered six tackles and one sack at Browns (11/7). Had 11 stops and two sacks at Jacksonville (11/14). Added eight more tackles versus Cincinnati (12/26). Paced team with 11 tackles and one sack in season finale at New England (1/2). **2000:** Started all 16 games on the right side, finishing third on the squad with 102 tackles. Added team-leading five forced fumbles, two fumble recoveries, four passes defended, one interception and five special teams stops. Posted 20 tackles, two sacks and two interceptions during Baltimore's remarkable four-game postseason run. Registered six stops and two forced fumbles against Jacksonville (9/10). Racked up 13 tackles at Miami (9/17). Collected four stops in 37-0 win over Cincinnati (9/24), helping Ravens hold Bengals to four yards rushing. Had 11 tackles and one forced fumble

at Washington (10/15). Registered 10 stops versus San Diego (12/10). Earned AFC Defensive Player of the Week honors after 13-7 win at Arizona (12/17). Had eight tackles, one forced fumble and returned Cardinals' Jake Plummer interception 55 yards to set up score. Posted two tackles and one pass defended in wild card win over Denver (12/31). Posted six stops in divisional playoff win at Titans (1/7). Paced team with nine tackles in AFC Championship Game win at Oakland (1/14). Added two sacks and one interception, which halted Raiders drive at Ravens 2. Posted three tackles and one interception in 34-7 win over Giants in Super Bowl XXXV (1/28). **2001:** Started all 16 games on the right side for Baltimore, recording 134 tackles and a career-high six sacks. Added one fumble recovery, one special teams tackle, and 12 passes defended. Opened season with 13 tackles and two passes defended versus Chicago (9/9). Registered seven tackles and one sack at Cincinnati (9/23). Had eight stops at Green Bay (10/14). Collected 10 tackles and one sack at Browns (10/21). Racked up 11 tackles, three sacks and two passes defended in Monday Night victory at Tennessee (11/12). Collected 10 stops and one-half sack versus Cleveland (11/18). Registered 11 tackles at Tampa Bay (12/29). Recorded five tackles in 19-3 Monday Night win over Minnesota (1/7) that clinched playoff berth. Scooped up a Spergon Wynn fumble in the fourth quarter and coasted eight yards into the end zone, recording the first fumble return for a score in Ravens history. Posted six tackles, one sack, one pass defended and one forced fumble in 20-3 wild card win at Miami (1/13). Paced club with 12 tackles in divisional playoff loss at Pittsburgh (1/20). **2002:** Started all 16 games at middle linebacker for the expansion Houston Texans, posting 178 tackles. Added 5.5 sacks, three fumble recoveries, two forced fumbles and five passes defended. Opened season with eight tackles and one pass defended in win over Dallas (9/8). Posted 10 tackles at San Diego (9/15). Recorded 13 tackles and one sack against Indianapolis (9/22), adding career-high two forced fumbles. Racked up 19 stops, one fumble recovery, and one-half sack at Philadelphia (9/29). Led team with 12 tackles against Buffalo (10/13) and recovered a fumble in the fourth quarter that resulted in a touch-down. Amassed 10 stops at Cleveland (10/20). Recorded 12 tackles and one pass defended in win at Jacksonville (10/27). At Tennessee (11/10), stopped Titans' Eddie George behind the line of scrimmage twice. Registered 11 tackles and two sacks against Jacksonville (11/17). Had a productive day in win over Giants (11/24) with 11 tackles, one pass defended and a fumble recovery. Laid a smashing hit on Giants' Kerry Collins to force an interception. Posted 11 tackles at Indianapolis (12/1). Registered 13

tackles and paced the team with two critical third-down sacks to force punts in 24-6 win at Pittsburgh (12/8). Paced club with 12 tackles against his former Baltimore teammates (12/15). Amassed 14 tackles in Washington (12/22). **2003:** Started all 16 games at middle linebacker for the second consecutive season. Led the club with career-high 195 tackles, adding four sacks, three forced fumbles, and one pass defended. Recipient of the Texans' 2003 Quarterback Club Award. Selected as Foley's Player of the Month for November. Came on strong in last eight games with 119 tackles, three sacks, and two forced fumbles. Finished with nine tackles in season-opening win at Miami (9/7). Helped hold the NFL's reigning rushing leader, Dolphins RB Ricky Williams, to just 69 rushing yards. Tied fellow ILB Jay Foreman with a game-high 13 tackles at New Orleans (9/14). Led the team with 10 tackles and forced a fumble in win over Jacksonville (9/28). Collected team-high 11 tackles and recorded the club's only sack at Tennessee (10/12). Led the team with 12 tackles against the Jets (10/19). Paced the Texans with 11 tackles in win over Carolina (11/2). Made a game-high and team-record 22 tackles at Cincinnati (11/9). Collected team-leading 13 tackles in win at Buffalo (11/16). Sacked Bills QB Drew Bledsoe to force a fumble, which the Texans recovered late in the fourth quarter to seal the victory. Finished with 12 tackles and a third-down sack in overtime against New England (11/23). Totaled 10 tackles and one sack in win over Atlanta (11/30). Helped hold the Falcons to just 69 rushing yards and 13 points. Tied Foreman with a game-high 14 tackles at Jacksonville (12/7). Collected a team-high 20 tackles, the second-highest game total in Texans' history, at Tampa Bay (12/14). Recorded 13 tackles versus Titans (12/21). Totaled 15 tackles in season finale against Colts (12/28).

**COLLEGE:** Departed Charlottesville as Virginia's all-time tackles leader, racking up 435 stops over four seasons. Also registered 12 sacks, four forced fumbles, five fumble recoveries, and five interceptions. Posted 123 tackles and 6.5 sacks as a senior, earning first-team All-Atlantic Coast Conference honors, as well as first-team All-America honors from *The Gridiron Report*. Recorded 95 tackles and two sacks as a junior despite missing two games with a knee injury. Paced Virginia with 118 stops and 3.5 sacks as a sophomore, earning second-team All-ACC honors. Racked up 99 tackles as a freshman, winning the Bill Dudley Award for outstanding first-year player. Also earned Freshman All-America honors from *Football News*. Redshirted in 1992. Earned degree in psychology.

**PERSONAL:** Single, lives in Bellaire, Texas. SuperPrep All-America selection at Hermitage

High School in Richmond, Va., where he played linebacker and running back. Rushed for more than 1,000 yards and recorded 90 tackles as a senior. Also lettered in basketball and track and field. Brother, Darren, played at William & Mary and was also drafted in the second round of the 1997 draft (Green Bay). Darren paced the league with nine interceptions in 2000 en route to the Pro Bowl. Father, Harry, Sr., was an All-American selection at Virginia State. Finalist for 2003 Walter Payton Man of the Year Award. Along with brother Darren, coordinated youth football camp at their former high school in Virginia and one in Houston during the summer of 2003. Over 200 children from the Boys & Girls Clubs of Greater Houston attended the free football and cheerleading camp at Reliant Stadium. Hosted First Annual Sharper Kids Foundation Weekend of Stars with a golf tournament and gala which raised \$10,000. Joined forces with Bridgeway Capital, the Methodist Hospital, and Sharper Kids Foundation for DEFENSE FOR DOLLARS PROGRAM where \$50-\$150 was donated for every tackle, sack, forced fumble, and fumble recovery Sharper made. Program generated close to \$40,000 that was donated to two local charities. Hosted Quarterback Club of Houston sports luncheons with proceeds benefitting the Houston Texans Foundation, *Houston Chronicle* in Education and Sharper Kids Foundation in 2002. Made appearances at the Special Olympics of

Houston's Annual Celebrity Sports Carnival for past two years. Visited troops stationed at Ft. Hood in Killeen Texas and has made numerous school and hospital visits. Supported arts education by participating in Athletes for Arts Project. Contributed over \$50,000 to Baltimore community projects during his Ravens career. Contributed \$50 for every sack, tackle or interception (matched by sponsors) to the Police Athletic League of Baltimore County, Mission Baltimore and the St. Peter's Youth Group of Richmond. Program netted over \$20,000. Participated in a fundraiser for Toys for Tots during the Christmas holidays and a cystic fibrosis fundraiser. Joined National Bone Marrow Registry and led bone marrow drive among some of his teammates in response to fill the need of his next door neighbor, Michael Ross, who required a bone marrow transplant. Member of the St. Peter Baptist Church's youth ministry in Richmond, Va. Participated in Mission Baltimore, an annual outreach program at the Ravens' training facility sponsored by the Fellowship of Christian Athletes. Teamed with Susquehanna Bank to donate money to the Baltimore County PAL program based on his statistics. Co-hosted the College Bound Scholarship Fundraiser. Has two websites, [www.sharperports.net](http://www.sharperports.net) and [www.nflstyle.com](http://www.nflstyle.com). Born Harry James Sharper, Jr., November 23, 1974, in Richmond, Va.

## SHARPER'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions						FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD		
1997 Baltimore	16/15	79	57	22	3.0	1	4	4.0	4	0	3	1	0	
1998 Baltimore	16/16	84	49	35	1.0	0	0	0.0	0	0	3	0	0	
1999 Baltimore	16/16	122	85	37	4.0	0	0	0.0	0	0	4	0	0	
2000 Baltimore	16/16	102	68	34	0.0	1	45	45.0	45	0	4	5	2	
2001 Baltimore	16/16	135	101	34	6.0	0	0	0.0	0	0	12	0	1	
2002 Houston	16/16	178	91	87	5.5	0	0	0.0	0	1	5	2	3	
2003 Houston	16/16	195	117	78	4.0	0	0	0.0	0	0	2	3	0	
2004 Houston	16/16	177	113	64	2.0	0	0	0.0	0	1	5	3	1	
<b>NFL TOTALS</b>	<b>128/127</b>	<b>1,072</b>	<b>681</b>	<b>391</b>	<b>25.5</b>	<b>2</b>	<b>49</b>	<b>24.5</b>	<b>45</b>	<b>2</b>	<b>38</b>	<b>14</b>	<b>7</b>	

## POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions						FF	FR
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD		
2000 Baltimore	4/4	20	14	6	2.0	0.0	2	19	9.5	0	0	2	1	0
2001 Baltimore	2/2	18	14	4	1.0	0.0	0	0	0.0	0	0	1	1	0
<b>NFL TOTALS</b>	<b>6/6</b>	<b>38</b>	<b>28</b>	<b>10</b>	<b>3.0</b>	<b>0.0</b>	<b>2</b>	<b>19</b>	<b>9.5</b>	<b>0</b>	<b>0</b>	<b>3</b>	<b>2</b>	<b>0</b>

## SINGLE-GAME HIGHS

**Tackles:** 22 at Cincinnati (11/9/03)

**Sacks:** 3.0 at Tennessee (11/12/01)

**Interceptions:** 1, 2 Times (Last at Arizona 12/17/00)

**Touchdowns:** 1, 2 Times (Last vs. Oakland 10/3/04)

## ADDITIONAL STATISTICS

**Special Teams Tackles:** 1997 (2); 1999 (10); 2000 (5); Career (17).

## JERRAMY STEVENS

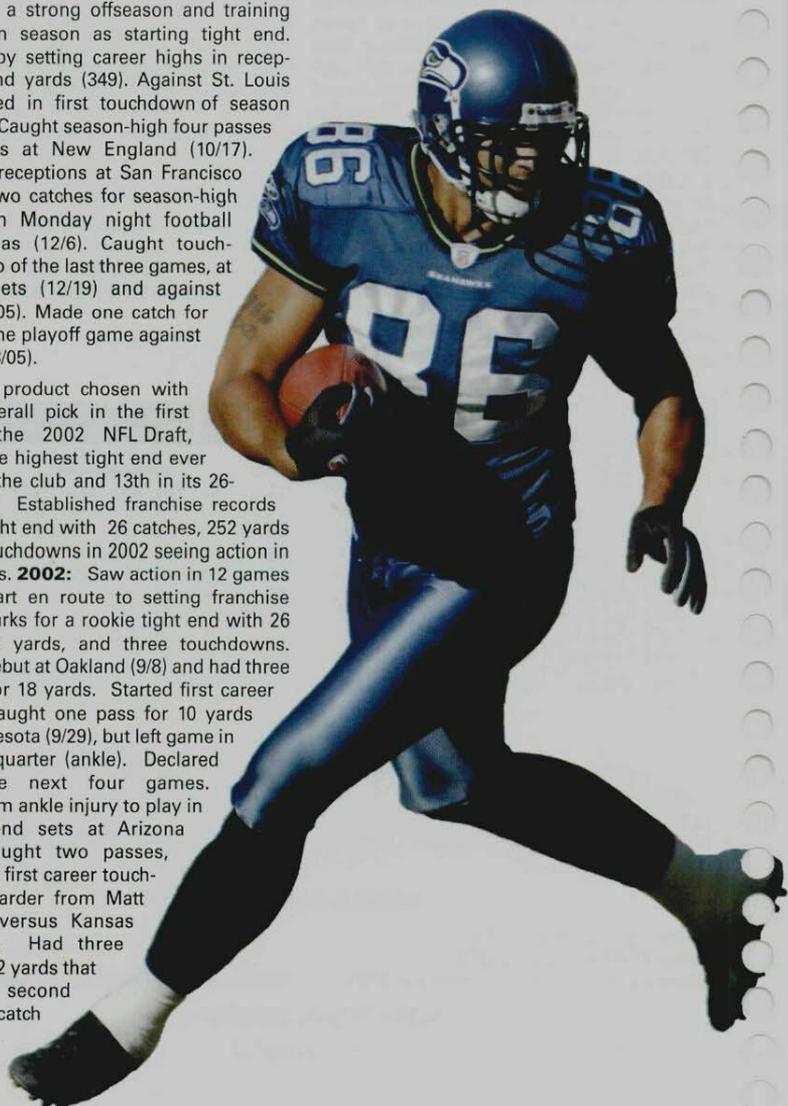
86



Tight End                      6-7      260  
 Washington  
 4th NFL Season  
 4th Seahawks Season  
 1st Round (A) 2002  
 2004 Games/Starts: 16/5  
 Career Games/Starts: 44/9  
 November 13, 1979  
 Olympia, Washington

**2004:** After a strong offseason and training camp, began season as starting tight end. Responded by setting career highs in receptions (31) and yards (349). Against St. Louis (10/10) hauled in first touchdown of season (4th career). Caught season-high four passes for 50 yards at New England (10/17). Added four receptions at San Francisco (11/7). Had two catches for season-high 58 yards on Monday night football against Dallas (12/6). Caught touchdowns in two of the last three games, at New York Jets (12/19) and against Atlanta (1/2/05). Made one catch for 16 yards in the playoff game against St. Louis (1/8/05).

**PRO:** Local product chosen with the 28th overall pick in the first round of the 2002 NFL Draft, becoming the highest tight end ever selected by the club and 13th in its 26-year history. Established franchise records for rookie tight end with 26 catches, 252 yards and three touchdowns in 2002 seeing action in just 12 games. **2002:** Saw action in 12 games with one start en route to setting franchise receiving marks for a rookie tight end with 26 catches, 252 yards, and three touchdowns. Made NFL debut at Oakland (9/8) and had three receptions for 18 yards. Started first career game and caught one pass for 10 yards versus Minnesota (9/29), but left game in the second quarter (ankle). Declared inactive the next four games. Returned from ankle injury to play in two tight end sets at Arizona (11/10). Caught two passes, including his first career touchdown, a 6-yarder from Matt Hasselbeck versus Kansas City (11/24). Had three catches for 32 yards that included second touchdown catch of the sea-



son, an 11-yarder, versus Philadelphia (12/8). Also had three catches for 19 yards, including his third touchdown reception in four games, at Atlanta (12/15). Tied Darrell Jackson and Koren Robinson for team-lead with a career-high four receptions and career-high 70 yards, including a career-long of 29, versus St. Louis (12/22). Tied career-high four receptions for 22 yards at San Diego (12/29). **2003:** Played in all 16 games totaling six receptions for 72 yards as the Seahawks' second tight end. Also saw action on special teams. Started three games, at Arizona (9/14), vs. St. Louis (9/21), and at St. Louis (12/14) when the offense opened in a two tight end formation. Caught one pass for 17 yards against Pittsburgh (11/2). Saw extended playing time at tight end with Itula Mili out (concussion) versus Cleveland (11/30) and hauled in two passes for 20 yards. Against Arizona (12/21), caught a season-long 26 yard pass. Saw time at tight end and on special teams in the Wild Card Game at Green Bay (1/4/04).

**COLLEGE:** Entered the draft as a redshirt junior and left the University of Washington career ranking third in catches among tight ends (74) and fourth among tight ends in receiving yards (953). Only Rod Jones and Mark Bruener had more career receptions. Started 22 of the 27 games he appeared in and was a semifinalist for the 2000 John Mackey Award, given to the nation's top tight end. Followed in the footsteps of former Husky tight ends into the NFL; Aaron Pierce, Eric Bjornson, Mark Bruener, Ernie Conwell, Cam Cleeland, and Jeremy Brigham. Junior season cut short due to a broken left foot suffered vs. Idaho. Played in five

games, starting vs. Idaho and in the season finale at Miami, and recorded 10 receptions for 88 yards. Tallied a career-high, and set a school bowl-game record, with nine receptions for 109 yards and a score versus Texas in the 2001 Holiday Bowl. As a sophomore, recorded the best tight end output in Husky history setting a school record with 43 catches for 600 yards and three touchdowns while starting all 11 games. Named All-American second-team by Gannett News Service, *College Football News*, and *Football News*. All-Pac-10 Conference second-team selection by coaches and media, while *Football News* named him first-team All-Pac-10. Co-winner of KOMO 1000's Most Outstanding Offensive Player award. Caught five passes for 51 yards in the team's 2001 Rose Bowl win over Purdue. Played in all 11 games as a redshirt freshman, starting nine, while hauling in 21 passes for 265 yards and four scores. His 21 receptions were the most ever by a freshman tight end. Earned Freshman All-American second-team honors by *The Sporting News* and an All-Pac-10 Freshman team choice by the *Seattle P-I*. Redshirted the year before and spent the first part of the season as scout squad quarterback before converting to tight end.

**PERSONAL:** Top quarterback prospect out of Olympia's River Ridge High where he passed for 1,497 yards and 15 touchdowns as a senior, and also had 17 catches for 242 yards and three scores. Also played basketball and ran track. Parents are Fran and Bob. Has one brother and two sisters. Sister, Jameka, played volleyball at the University of Hawaii. Earned a degree in American Ethnic Studies.

## STEVENS' NFL RECORD

	Club	G/S	Receiving				LG	TD
			No	Yds	Avg			
2002	Seattle	12/1	26	252	9.7	29	3	
2003	Seattle	16/3	6	72	12.0	26	0	
2004	Seattle	16/5	31	349	11.3	32	3	
<b>NFL TOTALS</b>		<b>44/9</b>	<b>63</b>	<b>673</b>	<b>10.7</b>	<b>32</b>	<b>6</b>	

	Club	G/S	POSTSEASON Receiving				LG	TD
			No	Yds	Avg			
2003	Seattle	1/0	0	0	0.0	0	0	
2004	Seattle	1/0	1	16	16.0	16	0	
<b>NFL TOTALS</b>		<b>21/0</b>	<b>1</b>	<b>16</b>	<b>16.0</b>	<b>16</b>	<b>0</b>	

### SINGLE GAME HIGHS

**Most Receptions:** 4, 4 Times (Last at SF 11/7/04)  
**Most Yards:** 70 vs. St. Louis (12/22/02)  
**Longest Reception:** 32 vs. Dallas (12/6/04)

**Most Touchdowns:** 1, 6 Times (Last vs. Atlanta 1/2/05)  
**Longest Touchdown:** 24 yards vs. St. Louis (10/10/04)

## MACK STRONG

38



Fullback                      6-0                      245  
 Georgia  
 13th NFL Season  
 13th Seahawks Season  
 Free Agent 1993  
 2004 Games/Starts: 16/13  
 Career Games/Starts: 164/90  
 September 11, 1971  
 Columbus, Georgia

**2004:** Started 13 of 16 games in 12th season with club. Led the way as Shaun Alexander rolled up a team record 1,696 rushing yards (2nd NFL, 1st NFC) and an NFL-high 20 total touchdowns. Fifth consecutive season blocking for a 1,000 yard rusher. Rushed 31 times for 131 yards and had 21 receptions for 99 yards. Carried the ball season-high seven times for season-high 25 yards in opener at New Orleans (9/12). Against St. Louis (10/10), rumbled for 19 yards on just three carries (6.3 avg.). Caught three passes for 21 yards vs. Carolina (10/31). Helped Alexander accumulate 160 or more rushing yards in three consecutive games against Carolina (10/31), at San Francisco (11/7) and at St. Louis (11/14).

**PRO:** Signed with the Seahawks as a free agent in 1993 and has worked into the starting job at fullback, until 1999 when he was used primarily on special teams and reserve in the offensive backfield. Scored the game-winning touchdown against Tampa Bay with 42 seconds left and tied a team record for a running back with two touchdown receptions at Arizona in 1995. Has 80 special teams tackles, including a team-leading 19 in 1995. **1993:** Spent the entire season on the practice squad after signing as a free agent on 4/29. **1994:** Played the last eight games as a reserve fullback and running back. Inactive the first eight games. Made his first appearance on offense against Tampa Bay and scored the game-winning touchdown with 42 seconds remaining in a 22-21 win. Started at running back against the Colts. Scored the eventual game-winning touchdown on a 13-yard run in a 16-14 win at Houston. Finished the season with 114 yards on 27 carries and three receptions. Added 11 special teams tackles. **1995:** Played 16 games, starting two. Scored four touchdowns, three receiving and one rushing. Two of his touchdown receptions came at Arizona, equaling the franchise record for a running back. Started at fullback at Jacksonville and rushed for a score. Led the team with 19

special teams tackles. **1996:** Played 14 games, starting eight. Missed two games with a knee injury. Caught nine passes for 78 yards and rushed five times for 8 yards. Added nine tackles on special teams. **1997:** Played in all 16 games with 11 starts. Did not start five games when the team opened in multiple wide receiver sets. Primarily used as the lead blocker, but did pick up three first downs on only four carries. Scored on a 5-yard touchdown pass versus the San Diego Chargers (9/21). Caught a 4-yard touchdown pass at Denver (11/2). **1998:** Starting fullback. Caught two passes for 13 yards, including an 11-yard TD at Philadelphia (9/6). Led the team with two special teams tackles and added 14 yards on three carries. Scored in his second consecutive game on a 4-yard pass in a victory over Arizona (9/13). Led the team with two special teams tackles. Guided the way for Ricky Watters' 136 yards rushing. Caught two passes for 11 yards and carried the ball twice for 2 yards versus Denver (1/11). Did not start at San Diego (10/25), when he was dinged on the opening kickoff but returned to play. Did not start versus Oakland (11/1), when the team opened with three wide receiver set. Started versus Indianapolis (12/20), and helped block for Watters' career-high 178-yard rushing effort. Rushed once for 6 yards and caught one pass for 9 yards at Denver (12/27). **1999:** Saw action in 14 games starting one. Used primarily on special teams and as a reserve blocking back on offense. Posted second-highest career special teams tackle total with 12. Only rushing attempt came at San Diego (10/17) for no yards and only pass reception was versus San Diego (12/12) for 5 yards. Start came versus Denver (11/14). **2000:** Assumed starting fullback duties Week 2 versus St. Louis (9/10), and recorded two receptions for 17 yards and one rush for 1 yard. Returned one kickoff for 26 yards versus Indianapolis. His return yards, added to Charlie Rogers' 198 and Fabien Bowens' 44 yards, set a single-game record with 268 for most kickoff

return yards, breaking a 24-year old mark of 251 set versus New Orleans, November 21, 1976. Helped Watters gain 1,242 yards during the season as his lead blocker. Recorded a season-high three catches three times, versus New Orleans (9/17), at Atlanta (12/3), and versus Oakland (12/16). In that Raiders game, he caught his first touchdown pass, a 13-yarder from Jon Kitna, since 9/13/98 vs. Arizona (44 games), to put the Seahawks on the board first. Set a career-high with 23 receptions for 141 yards and recorded one special teams tackle.

**2001:** Appeared in 16 games with 13 starts. Started at fullback and tied a career-high with four receptions for 20 yards versus Cleveland (9/9). Started and helped block for Alexander's 266-yard rushing performance (fourth-best in NFL history) as well as Seattle's team-record 319-yard rushing night versus Oakland (11/11). Started and rushed twice for 6 yards and caught two passes for 21 yards, including a 20-yarder versus San Diego (12/2). Also had one special teams tackle. Rushed a season-high four times with a long of 6 versus Dallas (12/16). Caught a career-best 35 yarder in the fourth quarter at New York (12/23) versus the

Giants. **2002:** Played in all 16 games with 12 starts at fullback. Had 23 rushing attempts, second most of career, for 94 yards with 22 receptions for 120 yards and two touchdowns. Started and had two receptions for 9 yards, including first touchdown of the season, ninth of career and first since 12/16/00 (21 games) versus San Francisco (10/14). Rushed twice for 5 yards and caught one touchdown pass for 2 yards versus Kansas City (11/24). The reception was the 10th touchdown catch of career, and the most since he had two in 1998. Carried the ball five consecutive times in overtime to set up Rian Lindell's game-winning field goal at San Diego (12/29).

**2003:** Paved the way for a 1,000-yard rusher for the fourth straight season and set career-highs in both rushing (174) and receiving (216) yardage. Also set career highs in rushing attempts (37), rushing average (4.7) and receptions (29). Played in all 16 games and started nine at fullback. Rushed five times for 32 yards (6.4 avg.) against New Orleans (9/7), including a career-long 20 yarder, his longest run since 12/4/94 vs. Indianapolis. Against San Francisco (10/12), opened the game with a 27-yard catch, his longest since a 35-yarder at the



New York Giants (12/23/01). Also set career-high with a 21-yard jaunt for fourth-career rushing touchdown and first since 11/12/95 at Jacksonville (122 games). Rushed three times for 11 yards and caught three passes for 18 yards versus Chicago (10/19). Caught two passes for 28 yards with a long of 15 at Washington (11/9). Against Detroit (11/16), rushed three times for 17 yards (5.7 avg.). Set season highs in both carries (6) and rushing yards (33) at Baltimore (11/23). Tied a career-high with four catches leading to a career-high 56 receiving yards versus Cleveland (11/30), also rushing four times for 22 yards. Saw time at fullback and on special teams in the Wild Card Game at Green Bay (1/4/04).

**HONORS:** 2003, *Sports Illustrated* Dr. Z All-Pro Team.

**COLLEGE:** Four-year letterman and two-year starter. Offensive team captain as a senior. Rushed for a single-season high 358 yards on 63 carries, a 5.7-yard average, and three scores in 1992. Finished his career with 812 yards on 195 carries, a 4.2 average, and nine scores. Had six touchdowns on 67 carries in 1991. Added 35 career receptions for 400 yards, an 11.4 average, and one score. Sociology major.

**PERSONAL:** Football, basketball, and track letterman at Brookstone High School in Columbus, Ga. Rushed for 4,414 yards and 83 touchdowns. Won the Steve Largent Award three consecutive years (2001-03), first Seahawk to win the award more than once. Lives in Kirkland, Wash., with his wife Zoe (3/8/98), and sons Isaiah (10/17/01) and Evan (3/22/04).

## STRONG'S NFL RECORD

	Club	G/S	Rushing			LG	TD	No	Receiving				
			Att	Yds	Avg				Yds	Avg	LG	TD	
1993	Seattle							Practice Squad					
1994	Seattle	8/1	27	114	4.2	14	2	3	3	1.0	5	0	
1995	Seattle	16/2	8	23	2.9	9	1	12	117	9.8	25	3	
1996	Seattle	14/8	5	8	1.6	4	0	9	78	8.7	20	0	
1997	Seattle	16/11	4	8	2.0	6	0	13	91	7.0	20	2	
1998	Seattle	16/7	15	47	3.1	9	0	8	48	6.0	11t	2	
1999	Seattle	14/1	1	0	0.0	0	0	1	5	5.0	5	0	
2000	Seattle	16/13	3	9	3.0	4	0	23	141	6.1	24	1	
2001	Seattle	16/13	17	55	3.2	12	0	17	141	8.3	35	0	
2002	Seattle	16/12	23	94	4.1	9	0	22	120	5.5	12	2	
2003	Seattle	16/9	37	174	4.7	21t	1	29	216	7.4	32	0	
2004	Seattle	16/13	36	131	3.6	11	0	21	99	4.7	13	0	
<b>NFL TOTALS</b>			<b>164/90</b>	<b>176</b>	<b>663</b>	<b>3.8</b>	<b>21t</b>	<b>4</b>	<b>158</b>	<b>1,059</b>	<b>6.7</b>	<b>35</b>	<b>10</b>

### POSTSEASON

	Club	G/S	Rushing			LG	TD	No	Receiving			
			Att	Yds	Avg				Yds	Avg	LG	TD
1999	Seattle	1/0	0	0	0.0	0	0	0	0	0.0	0	0
2003	Seattle	1/0	0	0	0.0	0	0	0	0	0.0	0	0
2004	Seattle	1/0	1	6	6.0	6	0	0	0	0.0	0	0
<b>NFL TOTALS</b>			<b>3/0</b>	<b>1</b>	<b>6</b>	<b>6.0</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>

### STRONG'S SINGLE-GAME HIGHS

**Rushes:** 10, at Houston (12/11/94)

**Yards:** 44, at Houston (12/11/94)

**Longest:** 21t, vs. San Francisco (10/12/03)

**TD:** 1, 4 Times (Last vs. San Francisco 10/12/03)

**Receptions:** 4, 3 Times (Last vs. Cleveland 11/30/03)

**Yards:** 56, vs. Cleveland (11/30/03)

**Longest:** 35, vs. New York Giants (12/23/01)

**TD:** 2, at Arizona (10/29/95)

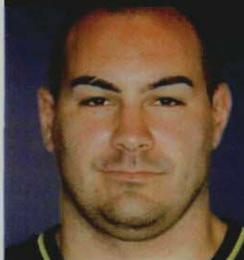
### ADDITIONAL STATISTICS

**Special Teams Tackles:** 1994 (11); 1995 (19); 1996 (9); 1997 (10); 1998 (10); 1999 (12); 2000 (1); 2001 (3); 2002 (1); 2003 (3); 2004 (1) **Career** (80). Returned 13 kickoffs for 237 yds. (18.2 avg.) with a long of 30.

# JOE TAFOYA

# 69

VETERANS



Defensive End 6-4 265  
 Arizona  
 5th NFL Season  
 1st Seahawks Season  
 Waivers (Tampa Bay) 2005  
 2004 Games/Starts: 0/0  
 Career Games/Starts: 35/1  
 September 9, 1978  
 Pittsburgh, California

**2004:** Went to training camp with Chicago Bears but was cut on August 24. Claimed by Arizona Cardinals on August 25. Cut by Arizona on August 31. Signed by Atlanta Falcons on September 2. Cut by Atlanta on September 7. Did not play rest of season. Re-signed with Atlanta on January 18, 2005.

**PRO:** Claimed off waivers by Seahawks on March 24, 2005 after being released by Atlanta on March 21, 2005. Originally a 2001 seventh-round draft choice (234th overall) by the Tampa Bay Buccaneers. Signed with Chicago's practice squad after being waived by Tampa Bay on September 2, 2001. Played three seasons in Chicago. **2001:** Inactive games 7-11 but played in final five regular-season games as rookie for Bears. Had one tackle and three special teams tackles. Collected three tackles as reserve in divisional playoff against Philadelphia (1/19/02). **2002:** Played in 14 games with one start. Recorded eight total tackles and tied for sixth on Bears with 11 special teams tackles. Made first NFL start at defensive end against Tampa

Bay (12/29). Notched a career-high four tackles. **2003:** Played in all 16 games. Finished second on team with career-high 14 special teams tackles. Had 10 total tackles on defense. Made three solo tackles, including one for loss at Denver (11/23).

**COLLEGE:** Started 38 games over four-year career at Arizona. Finished collegiate career with 165 tackles and 24.5 sacks. Earned all-Pac 10 Conference honors as junior and senior. Recorded 54 tackles and six sacks as senior. Posted 10 sacks as junior to go along with 51 tackles.

**PERSONAL:** Earned *Blue Chip Illustrated* All-America honors as senior at Pittsburgh (Calif.) High School. Garnered all-BVAL and *Super Prep* all-Far West honors. Registered 105 tackles during prep career. Also lettered in baseball and track. Organized first-annual Joe Tafoya Football Camp for kids in grades 5-12 in his hometown during 2004 off season. Majored in Communications.

## TAFOYA'S NFL RECORD

Club	G/S	Tackles			Sacks				Interceptions						
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	
2001 Chicago	5/0	1	0	1	0.0	0.0	0	0	0.0	0	0	0	0	0	0
2002 Chicago	14/1	8	5	3	0.5	2.5	0	0	0.0	0	0	0	0	0	0
2003 Chicago	16/0	10	6	4	0.0	0.0	0	0	0.0	0	0	0	0	0	0
2004 Chi-Ari-Atl	0/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>35/1</b>	<b>19</b>	<b>11</b>	<b>8</b>	<b>0.5</b>	<b>2.5</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### POSTSEASON

Club	G/S	Tackles			Sacks				Interceptions						
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	
2001 Chicago	1/0	3	2	1	0.0	0.0	0	0	0.0	0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>1/0</b>	<b>3</b>	<b>2</b>	<b>1</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### SINGLE-GAME HIGHS

Tackles: 4 vs. Tampa Bay (12/29/02)

Sacks: 0.5 at Carolina (12/22/02)

### ADDITIONAL STATISTICS

Special Teams Tackles: 2001 (3); 2002 (11); 2003 (14) Career (28).

## CRAIG TERRILL

93



Defensive Tackle 6-2 294  
 Purdue  
 2nd NFL Season  
 2nd Seahawks Season  
 Sixth Round 2004  
 2004 Games/Starts: 4/0  
 Career Games/Starts: 4/0  
 June 27, 1980  
 Lebanon, Indiana

**2004:** Played in four games. Made roster during training camp but was inactive to start the season (Weeks 1-6). Dressed for first time at Arizona (10/24) but did not play. Inactive for weeks 8-13. Made NFL debut at Minnesota (12/12) playing defensive tackle. Registered one assisted tackle. Posted career-high two tackles against Atlanta (1/2/05) in season finale. Played in Wild Card game vs. St. Louis (1/8/05) and split a sack with defensive linemate Cedric Woodard.

**PRO:** Selected with the 24th pick in the fifth round (189th overall) of the 2004 NFL Draft. Second defensive lineman taken by team and second consecutive year team has drafted a defensive lineman in the sixth round. Only fourth player chosen from Purdue University in club history. With fourth-round selection Niko

Koutouvides, become first teammates to be drafted by Seahawks since 1998.

**COLLEGE:** Three-year starter on the defensive line. Amassed 131 tackles (89 solo) and 35.5 tackles for losses of 165 yards. Ranks fifth on school's career sack list with 20.5. All-Big Ten selection by coaches and honorable mention by media as a redshirt senior. As junior was honorable mention All-Big Ten by coaches and media. Started every game as sophomore. Appeared in all 12 games and started eight freshman year.

**PERSONAL:** First-Team All-State as a senior defensive lineman at Lebanon (Ind.) High. Holds school records for sacks in a season (27) and career (36). Enjoys playing the guitar and majored in Journalism.

## TERRILL'S NFL RECORD

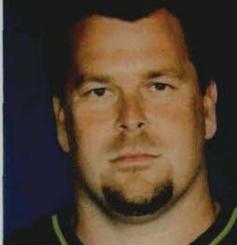
Club	G/S	Tackles			Sacks			Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	
2004 Seattle	4/0	4	1	3	0.0	0.0	0	0	0.0	0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>4/0</b>	<b>4</b>	<b>1</b>	<b>3</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

## POSTSEASON

Club	G/S	Tackles			Sacks			Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	
2004 Seattle	1/0	1	0	1	0.5	0.0	0	0	0.0	0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>1/0</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>0.5</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

# ROBBIE TOBECK

# 61



Center                      6-4    297  
Washington St.  
12th NFL Season  
6th Seahawks Season  
UFA (Atlanta) 2000  
2004 Games/Starts: 16/16  
Career Games/Starts: 152/142  
March 6, 1970  
Tarpon Springs, Florida

**2004:** Started all 16 games played for the fourth consecutive season. Has now started 64 consecutive games. Leader of offensive line that allowed RB Shaun Alexander to rush for franchise-record 1,696 yards. Helped offense register four 400-yard outputs and one 500-yard performance. Started sixth career playoff game against St. Louis (1/8/05).

**PRO:** Signed with the Seahawks March 20, 2000. Had surgery in 2000 offseason to repair a torn tendon in his left knee he suffered in an offseason workout. Originally signed by Atlanta as a free agent on May 7, 1993. Was waived by Atlanta following training camp on August 30, 1993, and signed to the practice squad a day later. Signed to the Atlanta active roster from the practice squad on January 1, 1994. Started five seasons for Atlanta making

the switch from guard to center in 1998. Blocked for four 1,000-yard rushers in Atlanta. **1993:** Spent the first 15 weeks on Falcons' practice squad and signed to active roster prior to the season finale versus Phoenix (1/2), but was inactive. **1994:** Played in five games in first season on the active roster seeing action at guard, center, and tight end in short-yardage situations. **1995:** Took over as starting left guard in training camp. Made mark as a first-year starter by occupying left guard position for every snap of all 16 games. Only Falcons lineman to play every offensive snap. Helped Craig Heyward gain a personal-best 1,083 rushing yards and Jeff George set career-highs for passing yards and completions. **1996:** Started all 16 games for second-straight season at left guard. Helped the Falcons total over



300 yards in offense in 11 games, including 100 yards rushing in eight games. Pass blocking helped the Falcons collect 250-or-more passing yards in seven contests. Was key blocker in Jamal Anderson's 1,055-yard rushing season. Had a 1-yard touchdown reception versus Pittsburgh (10/27) after lining up as a tight end. Also caught a 14-yard pass versus New Orleans (11/17). **1997:** Played in all 16 games starting 15. Did not start season opener at Detroit due to a fractured left thumb in team's first preseason game. Helped Falcons place sixth in average time of possession. Blocked for Chris Chandler who compiled the NFL's second-best quarterback rating while completing 59.1 percent of his passes. Paved the way for Jamal Anderson's 1,052 yards, including two 150-yard plus games. **1998:** Switched to center during training camp and started 16 games there, including three postseason games. Helped lead team to Super Bowl XXXIII versus Denver (1/31/99). Played instrumental role in Anderson's NFL-leading 1,846 yards rushing. **1999:** Started 15 games at center for the Atlanta Falcons. Inactive vs. Arizona (12/26) with an injured quadricep muscle. **2000:** Recovered from offseason knee surgery soon enough to see action in the Seahawks last four games, spending the first 12 on the physically unable to perform list. Split time at center with Chris Gray and was part of an offensive line that did not surrender a sack in back-to-back games at Atlanta (12/3) and at Denver (12/10) for the first time in 324 games. Helped block for Ricky Watters when he eclipsed the 10,000-yard career rushing mark at Atlanta (12/3). **2001:** Started all 16 games at center. Part of an offensive line that hepled Alexander to the fourth-best rushing game in NFL history (266 yds.), and helped set a franchise record with 319 rushing yards versus Oakland (11/11). **2002:** One of only two offensive linemen to start all 16 games and the only lineman to start all 16 at the same position. Part of an offensive line that allowed just 33 total sacks on the season, lowest total since allowing 29 in 1988. Helped offense rank seventh in the NFL averaging 363.6 yards/game and third in passing

offense averaging 254.9 yards/game. Helped team set franchise record with 5,818 total yards and three games with 500 total yards. **2003:** One of four Seahawks offensive linemen to start all 16 games. Since returning from knee surgery in 2000, has started 48 consecutive games. Part of a line that allowed Matt Hasselbeck to set a Seahawks record with 3,841 passing yards. Also helped pave way for Alexander to eclipse the 1,000-yard mark for the third consecutive season. Started at Cincinnati (10/26) as the offense posted first 400-yard game of season, including 347 passing yards from Hasselbeck. Against Detroit (11/16), started and contributed as the line did not allow a sack, just the second time the Seahawks had not allowed a sack since 11/18/01 at Buffalo. Started at Baltimore (11/23) as the offense posted second 400-yard game of the season. Started against Cleveland (11/30) and helped offense produce a 300-yard passer, 100-yard rusher, and two 100-yard receivers for the first time in franchise history, also posting a season-high 463 offensive yards. Started at center in the Wild Card Game at Green Bay (1/4/04).

**COLLEGE:** Started all 12 games at center for the 9-3 Cougar football team as a senior. Moved to center from guard prior to final season and earned second-team All-Pac-10 honors. Recipient of the Frank Butler Award by his teammates. Also earned first-team All-Academic Pac-10 honors. Played two seasons at Kilgore Junior College in Texas where he played defensive end.

**PERSONAL:** Lettered in both football and basketball at New Port Richie High School in Tarpon Springs, Fla. Played running back and was the leading tackler from his linebacker position. A versatile athlete, he was a presence in the middle for the basketball team averaging an eye-catching 21 rebounds and 21 points a game for an undefeated 20-0 team which was ranked second in the state of Florida. Has four children, McKenzie (12/9/93), Mason (2/11/95), Mia (10/23/97), and Madden (9/24/99).

## TOBECK'S NFL RECORD

Year	Team	—	GP/GS	Postseason	Year	Team	—	GP/GS	Postseason
1994	Atlanta	—	5/0		2000	Seattle	—	4/0	
1995	Atlanta	—	16/16	1/1	2001	Seattle	—	16/16	
1996	Atlanta	—	16/16		2002	Seattle	—	16/16	
1997	Atlanta	—	16/15		2003	Seattle	—	16/16	1/1
1998	Atlanta	—	16/16	3/3	2004	Seattle	—	16/16	1/1
1999	Atlanta	—	15/15		<b>NFL TOTALS</b>		—	<b>152/142</b>	
					<b>POSTSEASON</b>		—	<b>6/6</b>	

# MARCUS TRUFANT

# 23

VETERANS

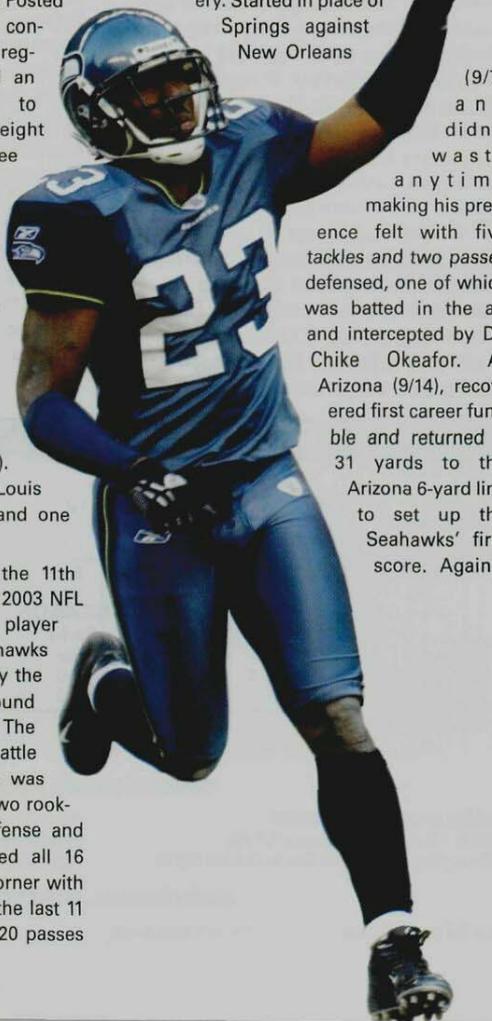


Cornerback 5-11 199  
Washington St.  
3rd NFL Season  
3rd Seahawks Season  
1st Round 2003  
2004 Games/Starts: 16/16  
Career Games/Starts: 32/32  
December 25, 1980  
Tacoma, Washington

**2004:** Followed up excellent rookie season by becoming only fourth cornerback in NFL history to lead their team in total tackles (93). Tied SS Michael Boulware for second on team with five interceptions (3rd NFC, 8th NFL). Posted 20 passes defended for the second consecutive season. At Tampa Bay (9/19) registered eight tackles and returned an interception 41 yards, leading to Seahawks touchdown. Recorded eight solo stops, an interception, and three passes defended against St. Louis (10/10). Intercepted fourth quarter pass and returned it 58 yards to seal win against Carolina (10/31). Notched career-high nine tackles vs. Miami (11/21). Knocked down three passes at Minnesota (12/12). Against Arizona (12/26) intercepted a pass and batted down two others. Capped off regular season with 31-yard interception return and two passes defended vs. Atlanta (1/2/05). Started playoff game against St. Louis (1/8/05) and recorded five tackles and one pass defended.

**PRO:** Local product chosen with the 11th overall pick in the first-round of the 2003 NFL Draft, becoming the first defensive player taken in the first round by the Seahawks since DE Lamar King (1999) and only the third cornerback drafted in the first round by the Seahawks in team history. The fifth-highest cornerback taken by Seattle and highest since Shawn Springs was chosen third in 1997. **2003:** One of two rookies (S Ken Hamlin) to start on defense and make an immediate impact. Started all 16 games, the first five games at left corner with Shawn Springs out (shoulder), and the last 11 at right corner. Led the team with 20 passes

defensed which tied for second in the NFC (T-5th NFL). Also collected 78 tackles (69 solo) with two interceptions and one fumble recovery. Started in place of Springs against New Orleans



(9/7) and didn't waste any time making his presence felt with five tackles and two passes defended, one of which was batted in the air and intercepted by DE Chike Okeafor. At Arizona (9/14), recovered first career fumble and returned it 31 yards to the Arizona 6-yard line to set up the Seahawks' first score. Against

St. Louis the next week (9/21), recorded a career-high eight solo tackles. In first game at right corner versus Chicago (10/19), tied career-high of eight tackles and picked off first-career pass while posting team-high three passes defended. Again tied career-high with eight solo tackles in win against Pittsburgh (11/9). At Baltimore (11/23), posted career and team-high five passes defended. In season finale at San Francisco (12/27), snagged second-career interception, posted three solo stops and two passes defended. Started the Wild Card Game at Green Bay (1/4/04) and recorded five solo stops and one special teams tackle.

**HONORS:** 2003, *Pro Football Weekly All-Rookie Team*.

**COLLEGE:** Started at Washington State since early in his freshman year. Did not allow a touchdown reception in his last two seasons. Finished college career with 201 tackles (153 solo), five tackles for loss, 11 interceptions, and 49 pass deflections in 42 games. As a senior, was selected an All-American second-team pick by the *Associated Press* and first-team All-Pac 10 Conference choice. Served as team captain and started every game at left cornerback. Finished the season third on the team with 74 tackles (59 solo). Also had three interceptions, deflected 13 passes and recovered a fumble. Returned 38 punts for 402 yards (10.6 avg.). Was selected All-Pac-10 Conference honorable mention as a junior. Started seven games, missing four with a broken thumb. Recorded

37 tackles (31 solo) with three stops for loss, forced and recovered a fumble, had three interceptions, and seven passes defended. Started every game at left cornerback as a sophomore, earning Player of the Game honors versus Stanford. Recorded 53 tackles (43 solo) with three interceptions and 16 passes defended and a fumble recovery. Freshman All-Pac 10 Conference selection. Played in 11 games, starting seven of the final eight contests. Recorded 37 tackles (27 solo) with two interceptions and 13 pass defended.

**PERSONAL:** Attended Wilson (Tacoma, Wash.) High School. Earned three varsity letters, two in basketball and track. Served as as team captain for three sports as a senior. As a junior, named the top offensive player on the team, while in basketball, he was chosen Mr. Defense. Triple jumped 47-6 to capture ninth place at the State track meet. As a senior, earned All-State first team honors by *Associated Press*, the *Seattle PI*, and *Washington Prep Report*. Was a *Seattle Times* Red Chip honoree and named to the Western 100 (number eight DB) by the *Tacoma News Tribune*. Named Washington AAAA player of the Year by *TNT* as well as to the paper's all-league, all-area and all-state teams. Won the state 4-A title. Scored 30 touchdowns and rushed for more than 1,800 yards. On defense, recorded 48 tackles and eight interceptions. Majored in communications.

## TRUFANT'S NFL RECORD

Club	G/S	Tkl	Tackles		QB	Sacks		Yds Avg	Interceptions				FF	FR
			So	Ast		Yds	No		LG	TD	PD			
2003 Seattle	16/16	78	69	9	0.0	0	2	21	10.5	15	0	20	0	1
2004 Seattle	16/16	93	83	10	1.0	8.0	5	141	28.2	58	0	20	0	0
<b>NFL TOTALS</b>	<b>32/32</b>	<b>171</b>	<b>152</b>	<b>19</b>	<b>1.0</b>	<b>8.0</b>	<b>7</b>	<b>162</b>	<b>23.1</b>	<b>58</b>	<b>0</b>	<b>40</b>	<b>0</b>	<b>1</b>

### POSTSEASON

Club	G/S	Tkl	Tackles		QB	Sacks		Yds Avg	Interceptions				FF	FR
			So	Ast		Yds	No		LG	TD	PD			
2003 Seattle	1/1	5	5	0	0.0	0	0	0	0.0	0	0	0	0	0
2004 Seattle	1/1	5	4	1	0.0	0	0	0	0.0	0	0	1	0	0
<b>NFL TOTALS</b>	<b>2/2</b>	<b>10</b>	<b>9</b>	<b>1</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>0</b>

### SINGLE-GAME HIGHS

**Tackles:** 9 vs. Miami (11/21/04)  
**Sacks:** 1.0 at San Francisco (11/7/04)  
**Interceptions:** 1, 7 Times (Last vs. Atlanta 1/2/05)

**Forced Fumbles:** None  
**Fumble Recoveries:** 1 at Arizona (9/14/03)  
**Touchdowns:** None

### ADDITIONAL STATISTICS

**Special Teams Tackles:** 2003 (5); 2004 (2) Career (7).

# MARCUS TUBBS

# 90

VETERANS



Defensive Tackle 6-3 324  
 Texas  
 2nd NFL Season  
 2nd Seahawks Season  
 1st Round 2004  
 2004 Games/Starts: 11/3  
 Career Games/Starts: 11/3  
 May 16, 1981  
 DeSoto, Texas

**2004:** Played in 11 games with three starts. Began season as reserve but worked way into starting lineup until ankle injury ended season. Finished rookie year with 13 total tackles and one sack. Also forced a fumble and knocked down a pass. Declared inactive with hamstring injury week one at New Orleans (9/12). Made NFL debut at Tampa Bay (9/19) but did not record tackle. Registered first career tackle against San Francisco (9/26). Against Carolina (10/31) posted career-high three tackles. Collected first-career sack and first-career forced fumble on same play against Miami (11/21) halting a drive before halftime. Declared inactive (ankle) weeks 14-17. Also inactive for Wild Card Game against St. Louis (1/8/05).

**PRO:** Selected with the 23rd overall pick in the first round of the 2004 NFL Draft, marking the second consecutive year the team has taken a defensive player in the first round (Marcus Trufant, 2003). Only third Longhorn selected in club history and first defensive tackle taken by team in first round since Sam Adams (Texas A&M) was selected eighth overall in 1994.

**COLLEGE:** Started 37 of 48 games. Finished career with 205 tackles (95 solo) and 15.5 sacks. Forced five fumbles and recovered another. Blocked four kicks. All-American third-team selection by *NFL Report* and first-team All-Big 12 Conference as senior. Recorded career-high 77 tackles (38 solo) with 5.5 sacks and 12 tack-

les for loss. Forced two fumbles, two passes defended, and blocked two kicks. As junior, started nine of 12 games. Recorded 43 tackles (19 solo) with 2.5 sacks. Selected second-team All-Big 12 Conference by *Houston Chronicle* and *Dallas Morning News* for second consecutive year. Named team's Most Outstanding Defensive Lineman while garnering second-team All-Big 12 Conference honors from *Houston Chronicle* and *Dallas Morning News* as sophomore. Was key contributor on UT defense that led nation in total defense (236.2 ypg) and ranked third in passing (146.7 ypg) and scoring defense (13.7 ppg). Named UT's Most Improved Defensive Player after playing in every game, with three starts as redshirt freshman.

**PERSONAL:** Attended DeSoto (Texas) High. Basketball standout who didn't play football until junior year. Earned first-team All-District honors at tight end as a senior after catching 28 passes for 353 yards and two touchdowns. Three-year starter in basketball. Selected first-team All-District all three years while setting career averages of 15 points and 10 rebounds per game. Two-time Athletics Director's Honor Roll member and named to Fall 2000 and 2001 Big-12 Conference Commissioner's Honor Roll while majoring in Youth and Community Studies. Cousin of former NFL Pro Bowl linebacker Winfred Tubbs (San Francisco).

## TUBB'S NFL RECORD

Club	Tackles				Sacks			Interceptions							
	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	
2004 Seattle	11/3	13	6	7	1.0	10.0	0	0	0.0	0	0	1	1	0	
<b>NFL TOTALS</b>	<b>11/3</b>	<b>13</b>	<b>6</b>	<b>7</b>	<b>1.0</b>	<b>10.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>0</b>	

### POSTSEASON

Club	Tackles				Sacks			Interceptions							
	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	
2004 Seattle	INACTIVE														
<b>NFL TOTALS</b>	<b>0/0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	

## JERHEME URBAN

89



Wide Receiver 6-3 212  
 Trinity  
 3rd NFL Season  
 3rd Seahawks Season  
 Free Agent 2003  
 2004 Games/Starts: 6/1  
 Career Games/Starts: 6/1  
 November 26, 1980  
 Victoria, Texas

**2004:** Started season on practice squad for the second consecutive year before being signed to the active roster. Played in six games and started one. Made NFL debut at San Francisco (11/7). First-career catch went for 17 yards. Second-career catch went for 33 yards. Caught two passes against Buffalo (11/28). On Monday night football against Dallas (12/6) recorded two catches for 36 yards and first-career touchdown. Missed final two regular-season games and playoff game due to foot injury.

**PRO:** Signed by Seattle as an undrafted rookie free agent May 1, 2003. **2003:** Spent the 2003 season on the team's practice squad until being signed to the active roster December 26. Was declared inactive at San Francisco (12/27) and for the team's Wild Card Game at Green Bay (1/4/04).

**PERSONAL:** Led Trinity with 75 receptions for 1,274 yards and eight touchdowns his senior season. Selected to the d3football.com first-team and *Football Gazette* second-team. Attended Stroman High. Born November 26, 1980.

## URBAN'S NFL RECORD

Year	Club	G/S	No	Receiving			LG	TD	Rushing		
				Yds	Avg	Att			Yds	Avg.	TD
2004	Seattle	6/1	6	117	19.5	33	1	0	0	0.0	0
<b>NFL TOTALS</b>		<b>6/1</b>	<b>6</b>	<b>117</b>	<b>19.5</b>	<b>33</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>

## POSTSEASON

Year	Club	G/S	No	Receiving			LG	TD	Rushing		
				Yds	Avg	Att			Yds	Avg.	TD
2004	Seattle			INACTIVE							
<b>NFL TOTALS</b>		<b>0/0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>

## SENECA WALLACE

15



Quarterback 5-11 196  
 Iowa State  
 3rd NFL Season  
 3rd Seahawks Season  
 4th Round (A) 2003  
 2004 Games/Starts: 0/0  
 Career Games/Starts: 0/0  
 August 6, 1980  
 Sacramento, California

**2004:** Remained in Seattle throughout off-season working with quarterbacks coach Jim Zorn. Hard work paid off after winning third quarterback spot for second consecutive season. Served as emergency quarterback all 16 games. Played in all four preseason games,

completing 41 of 77 passes (53.2%) for 439 yards with one touchdown and just one interception. Displayed athletic ability during practice rotating in at wide receiver and defensive back.

**PRO:** Selected with the 13th pick in the fourth

round (110th overall) for the Seahawks in the 2003 draft. His selection marked the third consecutive year the Seahawks had selected a quarterback in the draft, 14th in Seahawks history. **2003:** Won the third quarterback spot in training camp and served as the emergency quarterback all 16 games. Played in all four pre-season games, completing 24 of 43 passes (55.8%) for 228 yards and three interceptions.

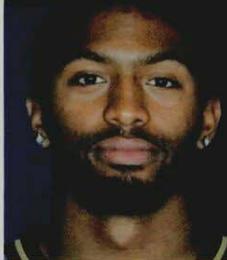
**COLLEGE:** Was originally recruited as a defensive back by Oregon State, but left when his mom became ill, enrolling closer to home at Sacramento City Junior College. Joined the Iowa State program in 2001 and was named Big 12's Newcomer of the Year. In two seasons at Iowa State, he completed 411 of 712 passes (57.7%) for 5,289 yards, 26 touchdowns, and 27 interceptions, adding 912 yards and 15 scores on 237 carries (3.8 avg.) in 25 games. Only Alex Espinoza (5,307, 1984-86) gained more yards passing in school history. His 6,201 yards in total offense shatter Espinoza's previous all-time school mark of 5,018 yards. Was a consensus All-Big 12 Conference second-team choice as senior. Started every game, setting

school season records as he completed 244 of 443 passes (55.1%) for 3,245 yards, 15 touchdowns, and 18 interceptions. Gained 437 yards with eight touchdowns on 123 carries (3.6 avg.). All-Big 12 honorable mention as a junior after completing 167 of 269 passes (62.1%) for 2,944 yards, 11 touchdowns and nine interceptions. Gained 475 yards with seven scores on 114 carries (4.2 avg.) in 11 regular season games. **JUNIOR COLLEGE:** JUCO All-American and All-Conference selection as a sophomore at Sacramento City (Calif.) Junior College, passing for 3,675 yards and 22 touchdowns and rushing for 550 yards on 49 carries for nine touchdowns.

**PERSONAL:** Attended Rancho Cordova (Sacramento, Calif.) High. All-CIF second-team pick as a junior, adding All-Sierra Conference and All-City first-team honors as a senior. Played basketball and was named first-team All-Sierra Conference and received honorable mention for the All-Sacramento team. Lettered twice in football and three times in basketball. Majored in sociology.

## TACO WALLACE

# 87



Wide Receiver 6-1 190  
 Kansas State  
 3rd NFL Season  
 3rd Seahawks Season  
 7th Round (B) 2003  
 2004 Games/Starts: 4/0  
 Career Games/Starts: 4/0  
 April 14, 1981  
 Los Angeles, California

**2004:** Part of a fierce battle for the final wide receiver spot in training camp. Began season on the practice squad but was signed to the active roster on November 5. Played in three games. Saw first action of the season at receiver at Minnesota (12/12). Dressed but did not play at New York Jets (12/19). Saw time at wide receiver against Atlanta (1/2/05).

**PRO:** Selected as the final pick of the Seahawks in the seventh round (224th overall). His selection marked the fourth time in five years that the Seahawks had selected a wide receiver in the draft. **2003:** Opened the season on practice squad but was signed to the active roster December 4. Declared inactive against Minnesota (12/7), at St. Louis (12/14), and versus Arizona (12/21). Made NFL debut as gunner on special teams at San Francisco in the season finale (12/27). Saw time late in the game at wide receiver and on special teams at Green Bay in the Wild Card Game (1/4/04).

**COLLEGE:** As a senior, played in 13 games and had 39 catches for 704 yards (18.1 avg.).

Had five touchdown grabs with a long of 58 yards. Played in only one game as a junior, seeing action as a reserve wide receiver versus Texas A&M (10/20) and caught two passes for 17 yards. **JUNIOR COLLEGE:** Ranked among the top 50 junior college prospects in nation by *SuperPrep* magazine at Mt. San Antonio (Calif.) College. Honorable mention All-American and first-team All-Mission Conference. Had 49 catches for 1,072 yards and nine touchdowns, averaging 21.9 yards per catch. Had seven catches for 238 yards in Southwestern Bowl. Member of All-American 4x100 relay team that won California State JC title.

**PERSONAL:** First-team all-league player at Taft (Canoga Park, Calif.) High. Team MVP in 1998 and earned All-San Fernando Valley honors. Finished with 80 receptions in 10 games his senior year. Earned two letters in track and field and was a member of a 4x400 relay team that earned All-American status. Full name is Lawrence Wallace.

## T. WALLACE'S NFL RECORD

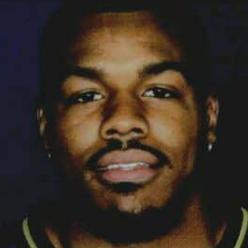
Club	G/S	No	Receiving				Rushing				
			Yds	Avg	LG	TD	Att	Yds	Avg.	TD	
2003 Seattle	1/0	0	0	0.0	0	0	0	0	0	0.0	0
2004 Seattle	3/0	0	0	0.0	0	0	0	0	0	0.0	0
<b>NFL TOTALS</b>	<b>1/0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>

### POSTSEASON

Club	G/S	No	Receiving				Rushing				
			Yds	Avg	LG	TD	Att	Yds	Avg.	TD	
2003 Seattle	1/0	0	0	0.0	0	0	0	0	0	0.0	0
2004 Seattle	INACTIVE										
<b>NFL TOTALS</b>	<b>1/0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>

## TRACY WHITE

# 59



Linebacker                      6-0    230  
 Howard  
 3rd NFL Season  
 3rd Seahawks Season  
 Free Agent 2003  
 2004 Games/Starts: 10/2  
 Career Games/Starts: 20/2  
 April 14, 1981  
 St. Stephens, S. Carolina

**2004:** Began season playing primarily on special teams but was forced into action due to injuries amongst the linebacking core. Played in 10 games with two starts at outside linebacker before a hamstring injury ended season. Finished with 26 tackles (19 solo) and one sack. Tied for second on team with 12 special team tackles. Saw first career action at outside linebacker at Tampa Bay (9/19) and collected four solo tackles. Had best game in first career start at Arizona (10/24) with career-high 13 total tackles (10 solo) and first career sack.

**PRO:** Signed by the Seahawks as an undrafted rookie free agent May 1, 2003. **2003:** One of only two undrafted rookie free agents to make the club and played special teams in 10 games. Made NFL debut on special teams in week one against New Orleans (9/7). Registered first special teams tackle at Arizona (9/14). Versus San Francisco (10/12) and at Baltimore (11/23) recorded season highs with two special teams tackles. Was declared inactive in six games, versus St. Louis (9/21), versus Chicago (10/19),

at Cincinnati (10/26), versus Pittsburgh (11/2), at Washington (11/9), and versus Detroit (11/16).

**COLLEGE:** Started all 44 games played at Howard and led the team each season in tackles, becoming the school's all-time leader with 500, to go along with 22 sacks, and six interceptions. Collected 97 stops (62 solo) his senior year and was named All-MEAC for the third straight year. Was a finalist for the Buck Buchanan Award for the second consecutive year, given to the top defensive player in Division I-AA. Also named the MEAC Defensive Player of the Year twice and was the Black College Defensive Player of the Year in 2001. Selected to play in the East-West Shrine Game after the 2002 season, the only I-AA player chosen to participate in the game.

**PERSONAL:** Played linebacker and was the kicker at Timberland (St. Stephen, S.C.) High School his senior year, where he also wrestled and ran track (threw shot put and discus). Was a human communication and speech pathology major at Howard.

### ADDITIONAL STATISTICS

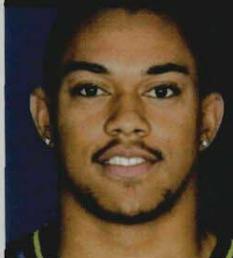
Special Teams Tackles: 2003 (9); 2004 (12) Career (21).

## WHITE'S NFL RECORD

Club	G/S	Tackles			Sacks			Interceptions				FF	FR	
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD			PD
2003 Seattle	10/0	0	0	0	0.0	0	0	0	0.0	0	0	0	0	0
2004 Seattle	10/2	26	19	7	1.0	7.0	0	0	0.0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>20/2</b>	<b>26</b>	<b>19</b>	<b>7</b>	<b>1.0</b>	<b>7.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

## JASON WILLIS

14



Wide Receiver 6-1 196  
 Oregon  
 3rd NFL Season  
 3rd Seahawks Season  
 Free Agent 2003  
 2004 Games/Starts: 1/0  
 Career Games/Starts: 1/0  
 July 26, 1981  
 Los Angeles, California

**2004:** Began season on practice squad. Signed to active roster December 10. Was declared inactive at Minnesota (12/12), at New York Jets (12/19), and versus Arizona (12/26). Made NFL debut against Atlanta (1/2/05) on special teams recording one special teams tackle. Played special teams in playoff versus St. Louis (1/8/05).

**PRO:** Signed by the Seahawks May 1, 2003 as an undrafted rookie free agent. **2003:** Spent the 2003 season on injured reserve and was allocated to the Frankfurt Galaxy in 2004.

**COLLEGE:** Walked-on to the Oregon program and had 93 receptions for 1,117 yards and two scores in 47 career games. Set career-highs junior year with 43 catches for 448 yards followed by 28 catches for 446 yards senior year, and first two touchdowns. Had career-high nine catches for 107 yards vs. Utah junior year, while starting nine times.

**PERSONAL:** Attended St. Bernard High where he played running back and safety. Named Del Rey League Defensive MVP as a senior.

## J. WILLIS' NFL RECORD

Club	G/S	Receiving					Rushing			
		No	Yds	Avg	LG	TD	Att	Yds	Avg.	TD
2004 Seattle	1/0	0	0	0.0	0	0	0	0	0.0	0
<b>NFL TOTALS</b>	<b>1/0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>

## POSTSEASON

Club	G/S	Receiving					Rushing			
		No	Yds	Avg	LG	TD	Att	Yds	Avg.	TD
2004 Seattle	1/0	0	0	0.0	0	0	0	0	0.0	0
<b>NFL TOTALS</b>	<b>1/0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>

## ADDITIONAL STATISTICS

Special Teams Tackles: 2004 (1) Career (1).

## GRANT WISTROM

96



Defensive End 6-4 272  
 Nebraska  
 8th NFL Season  
 2nd Seahawks Season  
 UFA (St. Louis) 2004  
 2004 Games/Starts: 9/9  
 Career Games/Starts: 100/86  
 July 3, 1976  
 Webb City, Missouri

**2004:** Started all nine games played. Suffered knee injury at New England (10/17) and was forced to miss weeks 7-10. Returned to play four games before reinjuring knee and missed final three games and Wild Card Playoff Game. Finished season with 38 total tackles (27 solo), 3.5 sacks, four passes defended, a forced fumble, and a fumble recovery. Knocked down two passes and picked up half a sack in Seahawks debut at New Orleans (9/12). Recorded seven tackles, two sacks, and forced a fumble at Tampa Bay (9/19). Collected four solo tackles against San Francisco (9/26). Registered six tackles at New England (10/17) before leaving with injury. Returned against Miami (11/21) and recovered a fumble to go along with six tackles. On Monday night football against Dallas (12/6), tied season-high with seven tackles. Also recorded sack and a pass defended. Declared inactive (knee) against St. Louis (1/8/05) in playoffs.

**PRO:** Signed with the Seahawks on March 4, 2004, after spending the first six years of his career with the St. Louis Rams. Considered a high-energy player who is both durable and versatile, good against the run and the pass. Registered at least 90-plus tackles in 2001-03. Had only missed two games before the 2004 season. Has 45 career sacks with a career-high of 11.0 in 2000. Has five career interceptions, returning one 91 yards for a touchdown at Atlanta (10/17/99) and another 40 yards for a touchdown versus Chicago (12/26/99). Brings big game experience to Seattle having played in two Super Bowls with the Rams in 1999 and 2001, winning Super Bowl XXXIV. Originally selected by the Rams in the first round (6th overall) of the 1998 NFL Draft. **1998:** Played in 13 games on defense and on special teams. Finished season with 30 tackles, three sacks, one fumble recovery, and five special teams tackles. Named Rams' Defensive Rookie of the Year by coaches. Made first-career sack in first quarter versus San Francisco (10/25). Registered one sack for five yards and added four tackles versus New England (12/13). Made three tackles and had one sack at Carolina (12/20). Inactive for three games (at Chicago

11/8, at New Orleans 11/15, and vs. Carolina 11/22) with hamstring injury. Returned from inactive list and made 18 tackles and two sacks in final five games. Recorded 12 tackles and one sack in eight games prior to injury. **1999:** Started all 16 regular-season games and three playoff games at right defensive end. Selected to 1999 All-Madden team while setting career highs in tackles (60), sacks (6.5), interceptions (two), interception returns for touchdown (two), passes defended (two), and tied career high with one fumble recovery. Tied for team lead with two interceptions returned for touchdowns. Set career high in total tackles with six (three solo) versus Atlanta (9/26). Made first-career interception and returned it 91 yards for a touchdown and tied career high with six tackles (three solo) at Atlanta (10/17). Interception return was sixth-longest in franchise history and longest ever by Rams' defensive lineman. Started first-career playoff game and collected five tackles (four solo) in NFC Divisional Playoff Game against Minnesota (1/16/00). Registered four solo tackles and one quarterback sack in NFC Championship Game against Tampa Bay (1/23). Made four solo tackles in Super Bowl XXXIV versus Tennessee (1/30/00). **2000:** Started all 16 games at right defensive end. Made 71 tackles and career-high 11.0 sacks. Also had four passes defended and one forced fumble. Tied for seventh in NFC in sacks. Had at least 0.5 sack in six of seven contests (Games 7-14). Registered career-high 2.5 sacks and had three tackles at Atlanta (9/24). Tied season high with five tackles (four solo) with 1.5 sacks at San Francisco (10/29). Following week, had career-high eight solo tackles, one sack, and one pass defended against Carolina (11/5). Led defensive line with four tackles and had one sack at New York Giants (11/12). Tied season and career highs with eight tackles (six solo) and had one sack and one pass defended at Carolina (12/3). Collected four tackles, one sack, and one forced fumble versus Minnesota (12/10). Tied for team lead with five tackles, including one sack, in NFC Wild Card Game at New Orleans (12/30). **2001:** Registered 15 starts at right defensive end. Recorded career

highs with 96 tackles (47 solo) and two forced fumbles, and tied career bests with two interceptions and one fumble recovery. Also finished second on team with nine sacks and had three passes defended. Finished 10th in NFC in sacks. Started three postseason contests. Finished fifth on team with career-high 19 postseason tackles (11 solo) and second on club with two sacks. Tied career high with nine tackles and picked off the game-winning pass after a jarring hit by S Adam Archuleta to seal victory with 1:03 left against the New York Giants (10/14). Tied career-high with nine tackles, led team with two sacks, and fumble versus New Orleans (10/28). Earned NFC Defensive Player of the Week honors after tying career high with 2.5 sacks and tying career high with nine tack-



les at New Orleans (12/17). Led defensive line with eight tackles and had one pass defended at Carolina (12/23). Recorded two sacks and four tackles in season finale against Atlanta (1/6). Recorded four solo tackles and one pass defended in NFC Divisional Playoff Game against Green Bay (1/20/02). Tallied postseason career-high eight tackles and one sack in NFC Championship Game against Philadelphia (1/27/02). Registered seven tackles (postseason career-high five solo) and one sack in Super Bowl XXXVI against New England (2/3/02).

**2002:** Played in 15 games with 14 starts. Finished season with career-high 97 tackles (43 solo), including four for loss. Also tallied 4.5 sacks, one interception, three passes defended, one forced fumble, and career-high two fumble recoveries. Notched eight tackles with one sack versus New York Giants (9/15). Following week at Tampa Bay (9/23) recorded six tackles. Led defensive line with eight tackles and added one sack versus Dallas (9/29). Racked up four tackles with one interception and one fumble recovery in win against Oakland Raiders (10/13). Collected eight tackles with one for loss and 1.5 sacks in Monday night football victory against Chicago (11/18). Led defensive line with 11 tackles with one for loss at Washington (11/24). Established career-high with 12 tackles following week at Philadelphia (12/1). Also added one sack, one interception, and one fumble recovery. Led defensive line with seven tackles (one solo) at Kansas City (12/8). Inactive for season finale against San Francisco (12/30) with knee injury. **2003:** Started all 16 regular-season games and one postseason game for the Rams. Recorded career-high 108 tackles (57 solo) with 7.5 sacks, a forced fumble, and a fumble recovery. Also tied career-high with four passes defended. Recovered fumble in week one at New York Giants (9/7). Tackled Falcons running back T.J. Duckett for the Rams' first safety since November 9, 1999, against Atlanta (10/13). Collected first sack of the season at Pittsburgh (10/26) to go along with four solo tackles and a forced fumble. Registered career-high 17 tackles, including career-high 10 solo, against Baltimore (11/9). Also collected a sack and career-high four passes defended. Made seven tackles at Chicago (11/16). Led team with 12 tackles at Arizona (11/23). Versus Seattle (12/14), recorded nine tackles and a sack. Picked up 12 tackles versus Cincinnati (12/21) and notched season-high 2.5 sacks. At Detroit (12/28), collected 10 tackles and a sack. Was named NFC Defensive Player of the Month for December after registering 36 tackles and 4.5 sacks. Had seven tackles versus Carolina (1/10/04) in the NFC Divisional Playoff Game.

**COLLEGE:** Started final three seasons at University of Nebraska. Career totals include 206 total tackles, 26.5 sacks for 178 yards, one inter-

ception, three passes defended, four forced fumbles, and one fumble recovery. Unanimous All-American and All-Big 12 Conference first-team selection senior season. Recipient of the Lombardi Award, given to nation's top collegiate lineman. Also earned Academic All-Big 12 honors. Started 12 games, recording 51 tackles, 8.5 sacks, and 17 stops for losses. Started 12 games at defensive end junior season. Consensus Academic and Athletic first-team All-American. All-Big 12 first-team selection and conference Defensive Player of the Year. Had career highs in tackles (75), sacks (9.5), and tackles for losses (20). Earned third-team All-America honors by *Associated Press* and first-team All-Big Eight Conference honors sophomore season. Started 11 games at right outside linebacker and made 44 tackles and four sacks. Had five tackles and one sack in national championship game against Florida. Selected as Newcomer of the Year by Big Eight conference freshman season. One of only two true freshman to letter. Played in every game as reserve outside linebacker. Made 36 tackles and 4.5 sacks. Made three tackles and a tackle for loss late in fourth quarter in Orange Bowl against Miami helping Cornhuskers' win first national championship. Graduated with degree in pre-pharmacy with emphasis in biological sciences.

**PERSONAL:** Born Grant Alden Wistrom in Webb City, Mo. First-team All-American selec-

tion by *Super Prep*, *Blue Chip*, and *USA Today*. Earned Top 100 honors from *Scholastic Coach Magazine* as senior at Webb City High. Had 122 tackles, eight sacks, six fumble recoveries, nine forced fumbles, and a blocked punt as linebacker. Also played tight end and caught 30 passes for 527 yards and five touchdowns and rushed 11 times for 115 yards and three touchdowns. Led team to two class 4A championships. Also played basketball and competed in track. Academic All-State choice, graduating with 3.95 grade-point average. Makes frequent visits to Bob Costas Cancer Center at Cardinal Glennon Hospital. Supporter of Rainbows for Kids program which provides fun, recreational opportunities for children battling cancer. Also teamed with teammate Jerry Wunsch to bring St. Louis children with cancer on a trip to Wisconsin for winter fun to form a Circle of Friends. Created the Grant Wistrom Foundation to focus his efforts on providing opportunities for children with cancer. Has website, [www.grantwistrom.net](http://www.grantwistrom.net) is devoted to his foundation. Part of Rams defensive line that raised more than \$100,000 for St. Patrick Center through Sack Homelessness. Plans to be pharmacist or high school football coach after career. Grant and his fiancé Melissa welcomed the birth of their first child on May 31, 2005 Wyatt Andrew Wistrom.

## WISTROM'S NFL RECORD

Club	G/S	Tackles			Sacks		Interceptions								
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR	
1998 St. Louis	13/0	30	23	7	3.0	11.0	0	0	0.0	0	0	0	0	0	0
1999 St. Louis	16/16	60	37	23	6.5	58.0	2	131	65.5	91t	2	2	0	1	
2000 St. Louis	16/16	71	54	17	11.0	67.0	0	0	0.0	0	0	4	1	0	
2001 St. Louis	15/15	96	47	49	9.0	35.5	2	-4	-2.0	0	0	3	2	1	
2002 St. Louis	15/14	97	43	54	4.5	30.0	1	2	2.0	2	0	3	1	2	
2003 St. Louis	16/16	108	57	51	7.5	38.0	0	0	0.0	0	0	4	1	1	
2004 Seattle	9/9	38	27	11	3.5	25.5	0	0	0.0	0	0	4	1	1	
<b>NFL TOTALS</b>	<b>100/86</b>	<b>500</b>	<b>288</b>	<b>212</b>	<b>45.0</b>	<b>265.0</b>	<b>5</b>	<b>129</b>	<b>25.8</b>	<b>91t</b>	<b>2</b>	<b>20</b>	<b>6</b>	<b>6</b>	

## POSTSEASON

Club	G/S	Tackles			Sacks		Interceptions							
		Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
1999 St. Louis	3/3	13	12	1	1.0	13.0	0	0	0.0	0	0	0	0	0
2000 St. Louis	1/1	5	4	1	1.0	6.0	0	0	0.0	0	0	0	0	0
2001 St. Louis	3/3	19	11	8	2.0	14.0	0	0	0.0	0	0	2	0	0
2003 St. Louis	1/1	7	3	4	0.0	0	0	0	0.0	0	0	0	0	0
2004 Seattle	INACTIVE													
<b>NFL TOTALS</b>	<b>8/8</b>	<b>44</b>	<b>30</b>	<b>14</b>	<b>4.0</b>	<b>33.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>0</b>	<b>0</b>

## SINGLE-GAME HIGHS

**Tackles:** 17, vs. Baltimore (11/9/03)

**Sacks:** 2.5, 3 times (Last vs. Cincinnati 12/21/03)

**Interceptions:** 1, 5 times (Last vs. Oakland 10/13/02)

**Forced Fumbles:** 1, 6 times (Last at Tampa Bay 9/19/04)

**Fumble Recoveries:** 1, 6 times (Last vs. Miami 11/21/04)

## ADDITIONAL STATISTICS

**Special Teams Tackles:** 1998 (5).

# FLOYD WOMACK

# 77

VETERANS



Tackle 6-4 333  
Mississippi St.  
5th NFL Season  
5th Seahawks Season  
4th Round (C) 2001  
2004 Games/Starts: 16/8  
Career Games/Starts: 42/22  
November 15, 1978  
Cleveland, Mississippi

**2004:** Began season as reserve but assumed starting right tackle duties midway through season when T Chris Terry was placed on injured reserve (shoulder). Played in all 16 games and started eight. Played on line that allowed RB Shaun Alexander to rush for franchise-record 1,696 yards. Played in team's jumbo package against St. Louis (10/10). Started at right tackle in place of Terry (shoulder) at Arizona (10/24). Started second consecutive week at right tackle vs. Carolina (10/31). Replaced Terry against Miami (11/21) and vs. Buffalo (11/28). Played in jumbo package against Dallas (12/6). Took over starting right tackle duties at Minnesota (12/12) for remainder of regular season and playoff game vs. St. Louis (1/8/05).

**PRO:** Selected as the third of three fourth-round picks (128th overall) for the Seahawks in the 2001 draft. His selection marked the sixth consecutive draft that Seattle had selected at least one tackle, and marked the 25th tackle that the Seahawks have drafted in 26 seasons.

**2001:** Declared inactive for 10 games this season. Made his NFL debut at tackle on the field-goal unit versus Jacksonville (10/7). Played on field-goal unit versus Dallas (12/9), at New York Giants (12/23), San Diego (12/30), and versus Kansas City (1/6/02). **2002:** Started 10 of 11 games. Started first career game at left tackle in place of Walter Jones (contract) at Oakland (9/8). Started at left tackle versus Arizona (9/15), and left briefly (hand) in the second quarter, but later returned. Started at right tackle the following week versus Minnesota (9/29) after Jones' return. Did not start versus Washington after missing practice (family) during the week, but returned to start the next three weeks at Arizona (11/10), versus Denver (11/17), and Kansas City (11/24). Left with injured ankle versus Kansas City and was inactive the final five games. Part of offensive unit that allowed just 33 total sacks, fewest since allowing 29 in 1988.

**2003:** Played in 10 games with four starts. Started the first two games of the season at right tackle before a toe injury sidelined him from weeks three to eight. Returned at Washington (11/9) and played on special teams. Against Detroit (11/16), saw time at right tackle. Saw time at tight end in the jumbo pack-

age and on special teams at Baltimore (11/23). Played tight end in the jumbo package at Minnesota (12/7). Started at right tackle in place of Terry (excused absence) at St. Louis (12/14) and the following week against Arizona (12/21). Replaced Chris Gray (knee) at right guard late in the game at San Francisco (12/27). Started at right guard in place of Gray in the Wild Card Game at Green Bay (1/4/04).

**COLLEGE:** Anchored the tackle position for the Bulldogs since his sophomore year, starting 29 consecutive games. His emergence as a pass protector saw the MSU aerial game generate 6,358 yards during his tenure as a starter. As a senior, Walter Camp Foundation and *Associated Press* All-American second-team selection, despite missing the team's final five games. A consensus All-Southeastern Conference first-team choice, he started the first six games at left tackle, helping the offense amass 4,250 yards, collecting an impressive 63 knockdowns in that span. Graded at least 90% for blocking consistency in every game he played in. Junior season started every game at left tackle as the offense totaled 3,562 yards en route to a 9-2 record. Helped offense gain a season-high 454 yards versus Vanderbilt. Moved into the starting lineup at left tackle as a sophomore, helping the offense average 322.5 yards per game. Was originally scheduled to redshirt freshman season, but was forced into action by the season's fourth game when injuries depleted the offensive line. Saw action in the South Carolina, Mississippi, and Auburn contests.

**PERSONAL:** A first-team, All-District 3-4A selection following his standout senior season at East Side (Cleveland, Miss.) High and was named Co-Most Valuable Player in Bolivar County. Considered one of the top players in Mississippi by several publications. Helped lead East Side to a two-year 19-3 record. Started at offensive guard during his junior season when East Side posted an 8-2 record. Moved to tackle as a senior, and helped his school to its best-ever record, 11-1, and a berth in the postseason playoffs. Nicknamed "Pork Chop" by his mother who thought Floyd resembled Pork Chop Cash, a local pro wrestler, when Floyd was a baby.

WOMACK'S NFL RECORD

Year	Team	GP/GS	Postseason	Year	Team	GP/GS	Postseason
2001	Seattle	5/0		2004	Seattle	16/8	1/1
2002	Seattle	11/10		<b>NFL TOTALS</b>		<b>42/22</b>	
2003	Seattle	10/4	1/1	<b>POSTSEASON</b>		<b>2/2</b>	

CEDRIC WOODARD

98

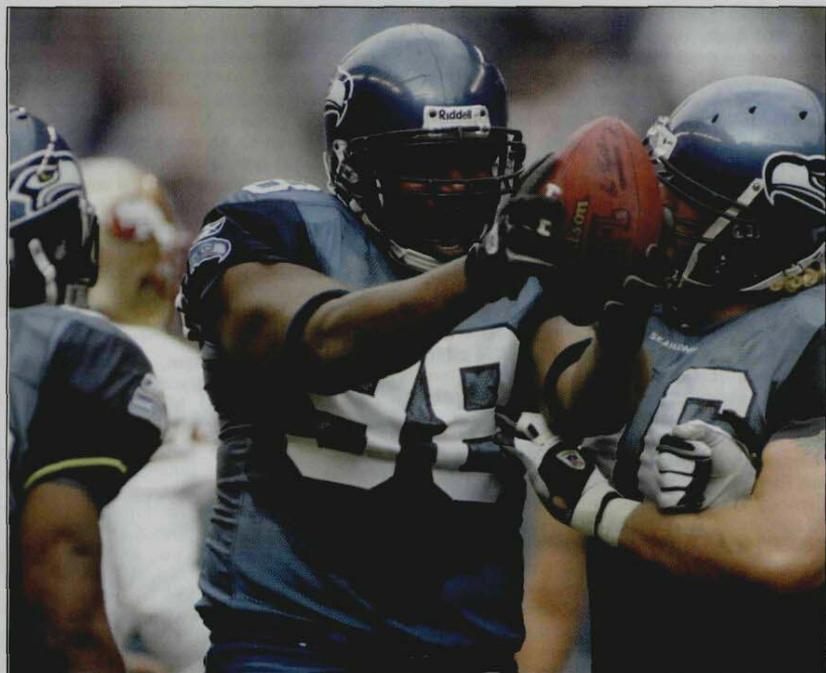


Defensive Tackle 6-2 310  
 Texas  
 6th NFL Season  
 6th Seahawks Season  
 Waivers (Baltimore) 2000  
 2004 Games/Starts: 16/16  
 Career Games/Starts: 61/28  
 September 5, 1977  
 Sweeny, Texas

**2004:** One of only two defensive linemen to start all 16 games. Finished season with 49 tackles. Also recorded first-career sack and first-career fumble recovery. Picked up first sack against San Francisco (9/26). On same play, forced fumble and recovered it. Helped defense hold the 49ers scoreless for the first time in NFL-record 420 games. Registered six

tackles at New England (10/17). Notched career-high eight tackles at St. Louis (11/14). Tied for team lead in tackles for the second time. Started and split a sack against St. Louis (1/8/05) in Wild Card Playoff Game.

**PRO:** Re-signed with the club on March 8, 2004. Established himself as a solid young player who the coaching staff did not want to



let go with the departures of Norman Hand, John Randle and Chad Eaton. The staff looks upon him to help anchor a young defensive line. Originally signed as a free agent September 5, 2000. Woodard was taken as Baltimore's second (191st overall) of two sixth-round draft picks in the 2000 NFL Draft. **2000:** Was declared inactive all 15 games after signing to the active roster September 5. **2001:** Saw action in all 16 games at defensive tackle and special teams. Collected four total tackles on the season and forced first-career fumble (recovered by Ken Lucas) versus Philadelphia (9/23). **2002:** Saw action in 13 games totaling one tackle. Stop came at New York Giants (9/22). Also saw action on special teams. Was inactive versus San Francisco (10/14), at St. Louis (10/20), and versus Philadelphia (12/8). **2003:** Began season in a reserve role but ended up starting 12 of 16 games due to injuries to Hand (toe/biceps). Made first-career start in place of Hand against St. Louis (9/21) and collected career-high four tackles. Started and rotated with Hand throughout the game at Green Bay (10/5) and recorded two tackles. Started at Cincinnati (10/26) and had six solo tackles. Started ahead of Randle against Pittsburgh (11/2) and posted four tackles. Set career-high at Minnesota (12/7) and tied for the team lead (D.D. Lewis) with eight tackles (seven solo). Picked up seven tackles at St. Louis (12/14) and notched six tackles in the season finale at San Francisco (12/27). In the NFC Wild Card Game at Green Bay (1/4/04), started and posted three tackles and first-career pass defensed.

**COLLEGE:** Attended the University of Texas playing in 48 games with 35 starts. The four-year defensive lineman collected 189 tackles (112 solo), 40 tackles for loss and 12 sacks in his career as a Longhorn. Started 14 games as a senior and posted 47 tackles (29 solo), 14 tackles for loss, four sacks, caused three fumbles, and had one fumble recovery. Shared the Longhorns' Outstanding Defensive Lineman Award his junior year after leading the team in tackles for loss with 19 and batting down 10 passes. Ranked third on the team with six sacks, all coming in the last three games along with 12 tackles for loss. Played his best game versus Texas A&M with a season-high nine tackles and career-high four sacks. Started a string of 35 consecutive starts beginning with the third game of his sophomore season. Posted a career-high 11 tackles versus Texas Tech. Played in nine games as a true freshman at defensive end. Started the season opener versus Missouri and totaled 18 tackles on the season.

**PERSONAL:** Earned first-team 3A All-State honors as offensive and defensive tackle at Sweeny (Texas) High School as a senior recording 126 tackles, 16 tackles for loss, five sacks, batting down six passes, causing three fumbles, and recovering two fumbles. Led Sweeny to a 12-2 record his senior year, a 10-0-1 record his junior year and an 11-1 record as a sophomore. Woodard's two cousins played in the NFL, wide receiver Elmo Wright (Kansas City, 1971-74) and linebacker Tracy Simien (Kansas City, 1991-93). Cedric Darnell Woodard has one son, Cedric Woodard II (2/9/00).

## WOODARD'S NFL RECORD

Club	Tackles				Sacks		Interceptions							
	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2000 Seattle	0/0	0	0	0	0.0	0.0	0	0	0.0	0	0	0	0	0
2001 Seattle	16/0	3	2	1	0.0	0.0	0	0	0.0	0	0	0	1	0
2002 Seattle	13/0	1	0	1	0.0	0.0	0	0	0.0	0	0	0	0	0
2003 Seattle	16/12	57	41	16	0.0	0.0	0	0	0.0	0	0	0	0	0
2004 Seattle	16/16	49	28	21	1.0	12.0	0	0	0.0	0	0	0	1	1
<b>NFL TOTALS</b>	<b>61/28</b>	<b>110</b>	<b>71</b>	<b>39</b>	<b>1.0</b>	<b>12.0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>1</b>

## POSTSEASON

Club	Tackles				Sacks		Interceptions							
	G/S	Tkl	So	Ast	QB	Yds	No	Yds	Avg	LG	TD	PD	FF	FR
2003 Seattle	1/1	3	2	1	0.0	0.0	0	0	0.0	0	0	1	0	0
2004 Seattle	1/1	2	1	1	0.5	0.5	0	0	0.0	0	0	0	0	0
<b>NFL TOTALS</b>	<b>2/2</b>	<b>5</b>	<b>3</b>	<b>2</b>	<b>0.5</b>	<b>0.5</b>	<b>0</b>	<b>0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>0</b>

## SINGLE-GAME HIGHS

**Tackles:** 8, 2 Times (Last at St. Louis 11/14/04)

**Sacks:** 1 vs. San Francisco (9/26/04)

**Interceptions:** None

**Forced Fumbles:** 1, 2 Times (Last vs. San Francisco 9/26/04)

**Fumble Recoveries:** 1 vs. San Francisco (9/26/04)

**Touchdowns:** None

## JERRY WUNSCH

70



Tackle 6-6 339  
 Wisconsin  
 9th NFL Season  
 4th Seahawks Season  
 Free Agent 2002 (Tampa Bay)  
 2004 Games/Starts: 5/0  
 Career Games/Starts: 113/51  
 January 21, 1974  
 Eau Claire, Wisconsin

**2004:** Waived by club September 11 following training camp, but re-signed October 13. Released again October 23 and re-signed to active roster October 25 for remainder of season. Played in five games. Played mostly on special teams but also saw time at both right and left guard. Filled in for Steve Hutchinson (ankle) at left guard against Carolina (10/31). Replaced Hutchinson (illness) at Minnesota (12/12). Replaced Chris Gray (ankle) at right guard in playoff game against St. Louis (1/8/05).

**PRO:** Signed with the Seahawks August 27, 2002, after being released by the Tampa Bay Buccaneers where he spent the first five years of career. Was originally drafted in the second round of the 1997 draft from Wisconsin. Outstanding competitor who solidified the Buccaneers' right tackle position. Intelligent player who has developed into a solid run blocker. Manned the right tackle slot after being forced into duty in week four of the 1999 season. Has seen action in 113 games with 51 starts. Also played in six playoff games with four starts for Tampa Bay. **1997:** Played in all 16 games at tackle as backup and subbed in two playoff contests. Also contributed on PAT unit. Saw first NFL action in victory over San Francisco (8/31) and provided key blocking for Trent Dilfer's fourth-quarter touchdown pass to TE Dave Moore. Recovered fumble against Detroit (10/12) when Dilfer was sacked and the ball popped loose. Saw first-career playoff action against Detroit (12/28) and helped fellow linemen block for 141-yard rushing effort. Drafted by Tampa Bay in the second round (37th overall) in 1997. **1998:** Played in all 16 regular-season games and made his first professional start. Continued to excel in run-blocking situations, primarily substituting at right tackle. Helped Bucs' running game amass 2,148 yards, the second-best mark in team history. Opened the season starting at right tackle in place of Jason Odom who had the flu prior to kickoff against Minnesota (9/6). Against Chicago (9/20), saw extensive action at right tackle in the second half in place of injured

starter Odom and helped Bucs rack up 157 rushing yards after the intermission. Again played most of second half at Jacksonville (11/15) after Odom suffered a leg injury and aided in Bucs' 343-yard offensive performance. Played only on special teams versus Detroit (11/22), but returned to reserve tackle role in Bucs' consecutive wins at Chicago (11/29) and versus Green Bay (12/7). **1999:** Played in all 16 regular-season games, starting the final 13. Made second career start at Minnesota (10/3) in place of Odom (back) and provided outstanding protection for Dilfer, allowing the signal-caller to post his first 300-yard passing performance in 38 games. Helped open up running lanes for team season-high 173 rushing yards at Green Bay (10/10). Helped offense chew up 9:38 of fourth quarter in 16-3 win at Seattle (11/28). Provided solid pass protection for rookie Shaun King to post career highs in completions (23), attempts (37), and yards (297) in crucial division win over Lions (12/12). **2000:** Started all 16 games and one playoff contest at right tackle. Helped pave the way for a rushing attack to gain 140 yards and two touchdowns in season opener at New England (9/3). Provided solid protection as the offense amassed 331 total yards and allowed no quarterback sacks at Detroit (9/17). Helped the Bucs rush for 165 yards at Chicago (11/19). Blocked for offense to rush for a club-record 250 yards against Dallas (12/3). Helped Bucs gain nearly 450 yards in total offense in Monday night win over St. Louis (12/18). Started playoff game at Philadelphia (12/31), helping King pass for 171 yards on 17-of-31 passing. **2001:** Started all 16 games and one playoff contest at right tackle. Helped Brad Johnson establish four single-season records, including best completion percentage (60.8%) and most pass completions (340). Part of offensive line that blocked for Pro Bowl Mike Alstott, who rushed for a career-high 10 touchdowns. Played role in allowing Keyshawn Johnson to set a club single-season mark with 106 receptions. Helped pave the way for season-high 177 yards rushing against Minnesota (10/28). Helped Johnson complete his first 14 pass attempts at Cincinnati (12/2)

and keyed an offensive attack which tied a single-game record with 48 points against New Orleans (12/23). Helped hold Baltimore (12/29) without a sack.

**2002:** Saw action in all 16 games with the Seahawks, eight along the offensive line where he started five games. Started the first two games and versus Washington (11/3) at right tackle and the final two games of the season at right guard. Was part of blocking units on special teams.

**2003:** Played in 12 games, mostly on special teams but saw some time at both left and right guard. At Arizona (9/14), saw time on the field-goal unit and at left guard in the fourth quarter. Played 100th career game at Green Bay (10/5). Returned a kickoff 10 yards at Washington (11/9). Saw time at right guard and on field-goal unit against Detroit (11/16). Declared inactive for the last three games of the regular season and placed on injured reserve (ankle) (12/26), missing the season finale at San Francisco (12/27).

**COLLEGE:** Helped four different Badger running backs crack the 1,000-yard barrier during his college tenure. Started final 36 collegiate games at right tackle. Redshirted in 1992. As a senior, earned first-team All-Big 10 honors after starting every game at right tackle and helping Badgers rack up 249.4 rushing yards per game. Was a second-team All-America selection by *Football News*. Chosen as team's offensive captain. Started all 12 games at right tackle in junior campaign and helped the team average a school-record 221.7 passing yards per game. Started every game at right tackle as a sophomore and helped pave the way for a Wisconsin offense that averaged 244.5 rushing yards per game. Key part of Wisconsin offense that rolled to amazing 632-yard total against Indiana. Backed up Joe Panos at right tackle during freshman campaign. Lined up in tight end slot against UCLA in Rose Bowl, playing a season-high 17 snaps. Graduated with a bachelor's degree in history.



Every year teammates Jerry Wunsch and Grant Wistrom take children suffering from serious illness on a fun-filled trip as part of the Circle of Friends.

**PERSONAL:** As a prep at West High School in Wausau, Wisconsin, was named to *Parade's* All-America squad and was an honorable mention to the team chosen by *USA Today*. Twice chosen the team's Most Valuable Lineman and was the squad's captain during senior campaign. Also lettered in basketball, averaging double figures in points and rebounds. Married to Melissa; and has sons Collin (10/10/00) and Cade (1/14/02). Enjoys sports in general and lists fishing and hunting among his favorite activities. Jerry and Melissa are on the Board of Directors for Children's Cancer Center, a non-profit organization which plans and supervises outdoor activities for seriously ill children. Each of past six winters has taken pediatric cancer patients from the Tampa Bay area and other parts of the country to spend a weekend. A total of 32 kids made the trip during the 2000 offseason to his hometown of Wausau, Wisconsin. Teammate Grant Wistrom joined with Wunsch on the 2001 and 2002 journeys. Once again made the trip in 2003. Also purchases 12 season tickets to Seahawks home games and donates them to the Candlelighters organization and the Ronald McDonald House.

## WUNSCH'S NFL RECORD

Year	Team	—	GP/GS	Postseason	Year	Team	—	GP/GS	Postseason
1997	Tampa Bay	—	16/0	2/0	2001	Tampa Bay	—	16/16	1/1
1998	Tampa Bay	—	16/1		2002	Seattle	—	16/5	
1999	Tampa Bay	—	16/13	2/2	2003	Seattle	—	12/0	
2000	Tampa Bay	—	16/16	1/1	2004	Seattle	—	5/0	1/0
								<b>NFL TOTALS</b>	<b>— 113/51 7/4</b>

## 2005 DRAFT CHOICES

Rd	Pick	Overall	Pos	Player	College
1	26	26	C	Chris Spencer	Mississippi
2	13	45	LB	Lofa Tatupu	Southern Cal
3	21	85	QB	David Greene	Georgia
3	35	98	LB	LeRoy Hill	Clemson
4	4	105	T	Ray Willis	Florida St.
5	23	159	DE	Jeb Huceba	Arkansas
6	22	196	FB	Tony Jackson	Iowa
7	21	235	LB	Cornelius Wortham	Alabama
7	40	254	G	Doug Nienhuis	Oregon St.



(L to R) Doug Nienhuis, LeRoy Hill, Tony Jackson, Lofa Tatupu, Chris Spencer, David Greene, Ray Willis, Jeb Huceba, Cornelius Wortham.

# CHRIS SPENCER

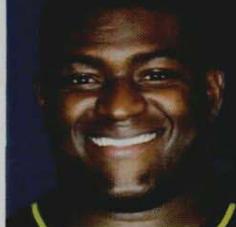
# 65

ROOKIES

Center  
Mississippi

6-3 309

Rookie NFL Season  
Rookie Seahawks Season  
1st Round 2005  
March 28, 1982  
Madison, Mississippi



**PRO:** Drafted with the 26th overall selection in the first round of the 2005 NFL Draft. Only third center taken in first round since 1993. First center drafted by Seahawks since 1997. Highest center drafted in franchise history. Only second player drafted out of Mississippi in club history and second since 2001 (Ken Lucas).

**COLLEGE:** Bypassed final year of eligibility to enter draft. Started only one year at Ole Miss but performance earned regard as one of the elite blockers in college football.

**RS JUNIOR:** Started at center in all 11 games for Rebels. Named All-SEC by Southeastern Football Saturdays. Earned honorable mention All-SEC honors from the AP. Against Memphis (9/4) helped offensive line not allow a sack. At Wyoming (9/25), offense generated season-high 567 yards of total offense. Earned Quarterback Club Trench Player of Week honors and SEC Offensive Lineman of Week honors. Helped stellar offensive line account for 18 touchdown-resulting blocks during 2004 campaign. Offense averaged 351.4 ypg.

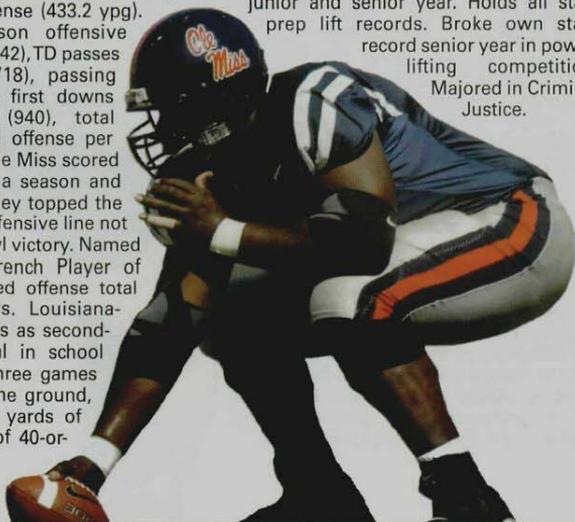
**RS SOPHOMORE:** Appeared in all 13 games. Started first four games and Mississippi State game. Spent most of year splitting time with linemate Justin Sawyer. Helped Ole Miss rank first in SEC in scoring (34.0 ppg), passing (286.0 ypg), and total offense (433.2 ypg).

Rebels set school season offensive record for points scored (442), TD passes (31), passing yards (3,718), passing yards per game (286.0), first downs (295), offensive plays (940), total offense (5,631), and total offense per game (433.2). First time Ole Miss scored more than 400 points in a season and the fourth straight year they topped the 300-point mark. Helped offensive line not allow a sack in Cotton Bowl victory. Named Quarterback Club's co-Trench Player of Week at Memphis. Helped offense total 612 yards of offense vs. Louisiana-Monroe (9/13) which ranks as second-highest single-game total in school history. Rebels posted three games with over 200 yards on the ground, four games of over 500 yards of offense and five games of 40-or-

more points to set the school single-season record for 40-point games. **RS FRESHMAN:** Played in all 13 games at right offensive guard. Part of rotation on offensive line that was second in SEC in fewest sacks allowed (14). Made collegiate debut in season opener against UL-Monroe (8/31). Ole Miss generated over 350 yards of total offense in 8-of-13 games, including at least 450 yards in four contests. Helped pave way for RB Robert Williams to open season with back-to-back 100-yard rushing efforts. **TRUE FRESHMAN:** Redshirted as a freshman.

**PERSONAL:** Considered one of the top linemen in the nation and top overall player from Mississippi as a senior at Madison Central High School. Earned *Parade*, *SuperPrep*, *Prep Football Report*, *USA Today* and Reebok's ESPN All-America first-team honors. Rated as second-best offensive lineman in nation by *SuperPrep*. Added *Prepstar* Super 30 All-Southeast Region and *Orlando Sentinel* All-Southern first-team accolades. Selected Player of Year in Mississippi by both Gatorade and *Jeff Whitaker's Deep South Football* publication. Helped Madison Central to Class 5A state championship in 1999 and a perfect 15-0 record. Won Class 5A Super Heavyweight power-lifting championship of Mississippi both junior and senior year. Holds all state prep lift records. Broke own state record senior year in power-lifting competition.

Majored in Criminal Justice.



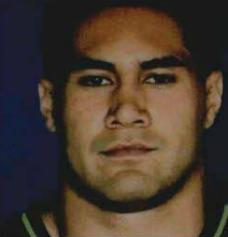
159

## LOFA TATUPU

51

Linebacker  
USC

5-11 226



Rookie NFL Season  
Rookie Seahawks Season  
2nd Round 2005  
November 15, 1982  
Wrentham, Massachusetts

**PRO:** Selected with the 13th pick in the second round (45th overall) of the 2005 NFL Draft. Highest choice used on a linebacker since Anthony Simmons was taken 15th overall in the 1998 draft. Third consecutive year club has drafted a linebacker. Only second player chosen from USC in club history (Kris Richard 2002).

**COLLEGE:** Transferred to Southern California after spending freshman year at the University of Maine. Started 25 games in two years for the Trojans as they won back-to-back national championships. Finished USC career with 202 tackles, nine sacks, seven interceptions, three fumble recoveries, three forced fumbles, 18 pass deflections, and one touchdown. **RS**

**JUNIOR:** Garnered numerous honors. First-team All-America selection by *Sports Illustrated* and All-Pac-10 Conference first-team pick. Recipient of USC's co-Most Inspirational Player Award, Co-Lifter Award, and Bob Chandler Award. Started every game at middle linebacker for the national champs. Led team in tackles for second consecutive year with 104. Recorded six sacks, forced three fumbles and recovered two. Picked off three passes and knocked down eight others. **RS SOPHO-**

**MORE:** Took over starting middle linebacker duties and started 12 games. Led team with 98 tackles while earning All-Pac-10 Conference honorable mention. Added three sacks, four interceptions, 10 pass deflections, and a fumble recovery. Honored with the John McKay Award, given annually to the underclassman with the most competitive spirit. **SOPHOMORE:** Sat out season under NCAA transfer rules. Also recovered from arthroscopic right knee surgery. **FRESHMAN:** Only season at the University of Maine. Forced way into starting lineup midway through season. Finished second on team with 67 tackles (40 solo), 3.5 sacks, and three interceptions. Also returned four kickoffs for 59 yards.

**PERSONAL:** Attended King Phillip Regional (Wrentham, Mass.) High School. Played football for his father, former NFL fullback and special teams great Mosi Tatupu, who is now an assistant coach at Curry College. Played linebacker and quarterback senior year. Recorded 100 tackles. Threw for 800 yards and 10 TDs while rushing for 450 yards and five scores. All-state pick and two-time (1999-2000) *Sun Chronicle* All-Star and all-league linebacker. Earned all-league Defensive MVP honors as a senior. Majored in Sociology.



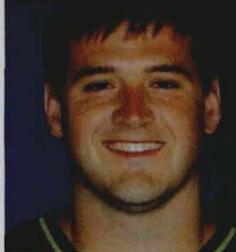
# DAVID GREENE

# 11

ROOKIES

Quarterback  
Georgia

6-3 226

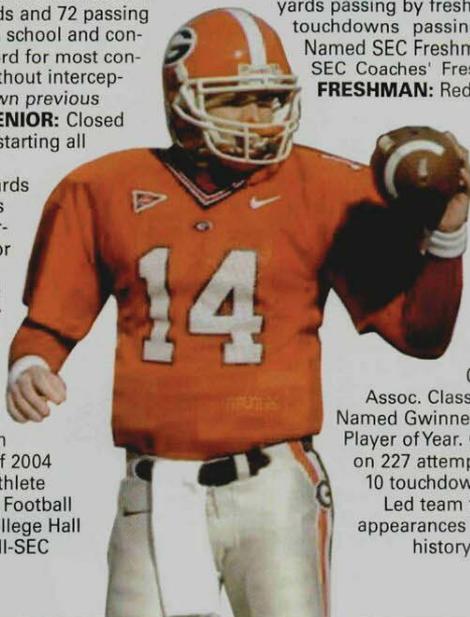


Rookie NFL Season  
Rookie Seahawks Season  
3rd Round (a) 2005  
June 22, 1982  
Snellville, Georgia

**PRO:** Drafted with first of two third-round selections (85th overall) in the 2005 NFL Draft. Highest pick used on quarterback since Seahawks chose Brock Huard with 77th overall pick in 1999. Fifth quarterback selected since Mike Holmgren took over team. Left-handed.

**COLLEGE:** Started an NCAA-record 52 consecutive games at University of Georgia. Became winningest quarterback in NCAA Division 1-A history with 42 career victories, eclipsing Peyton Manning's record of 39. Holds rare distinction of being only passer in Georgia history to start every game during four-year career. Led Bulldogs to 42-10 record, three straight seasons of 10-or-more wins, four straight bowl games, three-straight national top six finishes, two SEC Eastern Division titles (2002 and 2003) and 2002 SEC Championship. Finished collegiate career with SEC-record 11,270 yards of total offense, surpassing Manning once again. Attempted second most passes (1,440) in SEC history and 849 completions rank third. Both marks are school career records. Also set school records with 11,528 passing yards and 72 passing touchdowns. Owns school and conference career record for most consecutive passes without interception (214). Broke own previous mark of 176. **RS SENIOR:** Closed out college career starting all 12 games played. Passed for 2,508 yards and 20 touchdowns with only four interceptions. Finalist for Johnny Unitas Golden Arm Award presented annually to nation's top senior QB. Named semi-finalist for Maxwell Award and Bobby Bowden Award. Recipient of 2004 National Scholar-Athlete Award by National Football Foundation and College Hall of Fame. Named All-SEC

second team by coaches and All-SEC honorable mention by AP. Named National Player of Week by *Sporting News*, ESPN Radio, and Walter Camp Foundation for school record 5TD performance in victory over LSU. **RS JUNIOR:** Started all 14 games, passing for career-high 3,307 yards, 13 TDs, and 11 interceptions. Named to All-SEC second team by SEC Coaches and TheInsiders.com. **RS SOPHOMORE:** Started all 14 games. Finished season with 2,924 yards, 22 TDs, and eight interceptions. Ranked first in SEC in passing efficiency (137.3). Twice tied school record for TD passes in game (4). Led Bulldogs to 13-1 record, first SEC Eastern Division championship, first SEC Championship in 20 years, Nokia Sugar Bowl and number-three final national ranking. Most Valuable Player in SEC Championship Game. *Atlanta Journal Constitution* SEC Player of Year and *Sporting News* SEC Offensive Player of Year. All-SEC first team by SEC Coaches, AP, *Sporting News*, and *Atlanta Journal Constitution*. **RS FRESHMAN:** Set school single-season records for most yards passing by freshman (2,789) and most touchdowns passing by freshman (17). Named SEC Freshman of Year by AP, and SEC Coaches' Freshman of Year. **TRUE FRESHMAN:** Redshirted as a freshman.



**PERSONAL:** Attended South Gwinnett (Snellville, GA) High. Earned *USA Today* All-USA honorable mention, *Atlanta Journal Constitution* Super Eleven, Super Southern 100, Top 75 in Georgia, Class AAAA All-State and Georgia Sports Writers Assoc. Class AAAA All-State team. Named Gwinnett County co-Offensive Player of Year. Completed 134 passes on 227 attempts for 2,102 yards and 10 touchdowns during senior year. Led team to back-to-back playoff appearances for first time in school history. Majored in Business.

## LeROY HILL

56

Linebacker  
Clemson

6-1 229

Rookie NFL Season  
Rookie Seahawks Season  
3rd Round (b) 2005  
September 14, 1982  
Haddock, Georgia

**PRO:** Selected with 35th choice (98th overall) of the third round in the 2005 NFL Draft. Second linebacker chosen by Seahawks. Second linebacker chosen from Clemson University since 1998 (Anthony Simmons).

**COLLEGE:** Joined deep linebacker tradition at Clemson by receiving conference postseason honors more than once in career. First player, regardless of position since 1999-00 to earn first-team All-ACC honors in consecutive years. Was thrust right into action as true freshman and became one of the most productive linebackers in country by senior year. Started 24 of 47 collegiate games.

Finished with 311 tackles (219 solo), 16 sacks, 48 tackles for loss, three interceptions, two forced fumbles, a fumble recovery, and four passes defended. Only four players in Clemson history recorded more tackles for loss. **SENIOR:** Named ACC Defensive Player of Year and All-ACC first-team while starting every game (11) at strongside linebacker. Second-team All-America choice by *College Football News* and third-team selection by *AP*. Led team in tackles for second-straight year with 106. Recorded eight sacks for second consecutive season. Tied school record with at least one sack in five consecutive games. Nominated for Butkus, Lombardi, and Nagurski Awards. Posted at least 10 tackles in 7 of 11 games.

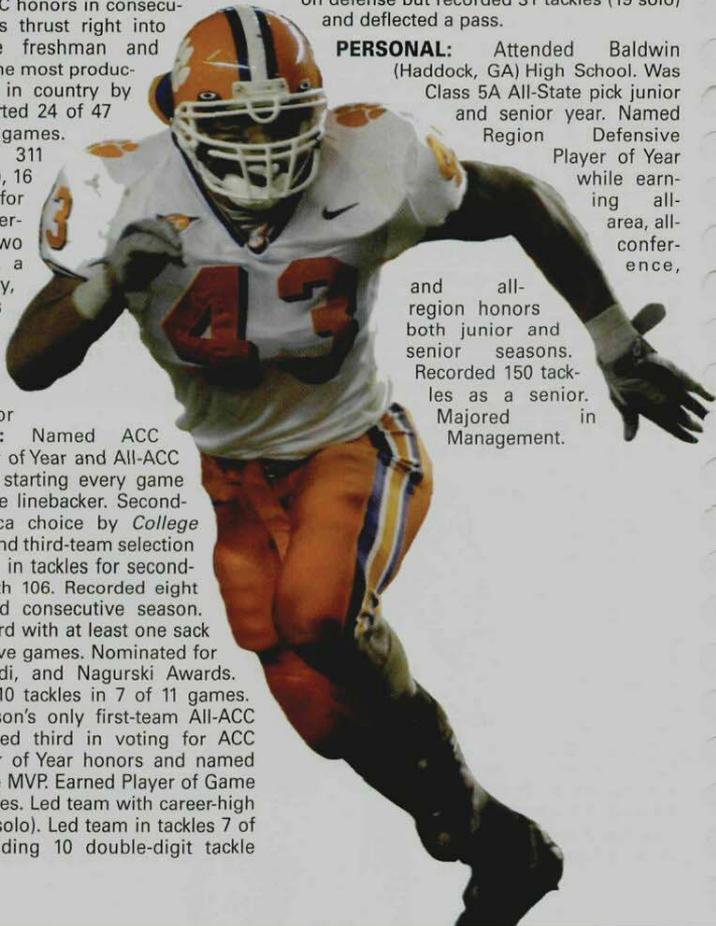
**JUNIOR:** Clemson's only first-team All-ACC selection. Finished third in voting for ACC Defensive Player of Year honors and named team's Defensive MVP. Earned Player of Game honors three times. Led team with career-high 145 tackles (110 solo). Led team in tackles 7 of 13 games including 10 double-digit tackle

efforts. Had 27 tackles for loss which tied for second-best single-season mark in Clemson history. Added eight sacks and three interceptions. Caused and recovered a fumble.

**SOPHOMORE:** Played in every game and led the team in special teams tackles (21). Finished season with 29 total tackles and recovered a fumble. **FRESHMAN:** Played in 10 of 11 games mostly on special teams. Logged limited action on defense but recorded 31 tackles (19 solo) and deflected a pass.

**PERSONAL:** Attended Baldwin (Haddock, GA) High School. Was Class 5A All-State pick junior and senior year. Named Region Defensive Player of Year while earning all-area, all-conference,

and all-region honors both junior and senior seasons. Recorded 150 tackles as a senior. Majored in Management.



# RAY WILLIS

# 74

Tackle  
Florida State

6-6 327

Rookie NFL Season  
Rookie Seahawks Season  
4th Round 2005  
August 13, 1982  
Angleton, Texas

ROOKIES

**PRO:** Taken with fourth selection of fourth round (105th overall) of the 2005 NFL Draft. Second player chosen out of Florida State in as many years (Michael Boulware, 2004). Fifth Seminole drafted by Seahawks. Last tackle chosen by Seahawks from Florida State was Walter Jones in 1997.

**COLLEGE:** Formed one of best tackle tandems in country with Alex Barron (first round selection, 19th overall by St. Louis). Well-respected team leader who takes great pride in play. Started 35 career games for Seminoles.

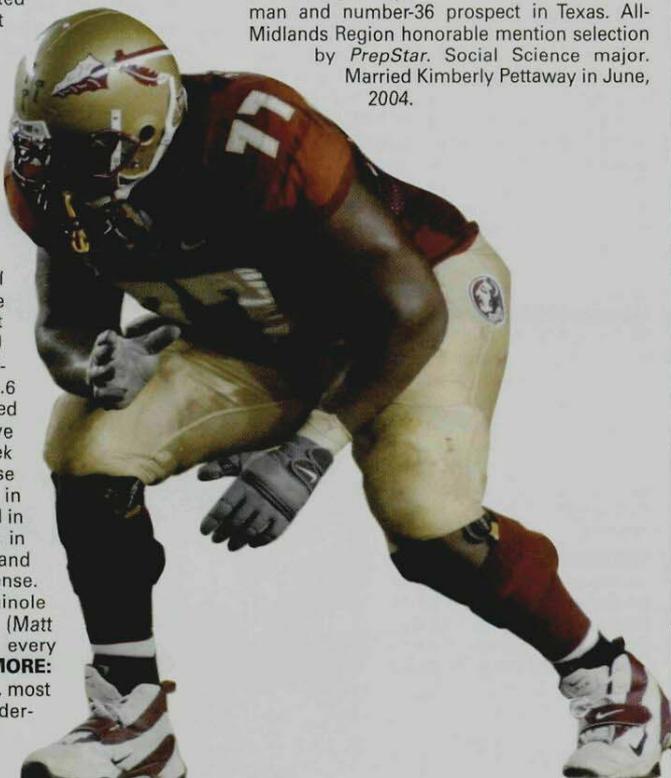
**RS SENIOR:** Started every game at right tackle. Only three-year starter along the offensive front. Earned honorable-mention All-ACC honors. Played on line that led way for FSU offense to average 372.5 ypg (third ACC). **RS**

**JUNIOR:** Started all 13 games for the Seminoles at tight tackle. Helped FSU running backs average combined 4.6 yards a carry. Named ACC Offensive Lineman of the Week twice. FSU offense finished second in ACC in scoring, third in pass offense, fourth in pass efficiency, and third in total offense. One of two Seminole offensive linemen (Matt Meinrod) to start every game. **RS SOPHOMORE:**

Started eight games, most starts among underclassmen on line. Play up front led to

success of running game. Moved up depth chart with solid spring. **RS FRESHMAN:** Played in every game for Seminoles with two starts. First career start came against Florida. Allowed only one quarterback pressure and no quarterback sacks 12 appearances. Graded out at 82 percent for season, including season-high 88 percent against Duke. **TRUE FRESHMAN:** Redshirted as a freshman.

**PERSONAL:** Highly recruited out of Angleton (Texas) High School. All-district selection as senior. Honorable mention Class 5A all-state choice. *SuperPrep's* number-28 offensive lineman and number-36 prospect in Texas. All-Midlands Region honorable mention selection by *PrepStar*. Social Science major. Married Kimberly Pettaway in June, 2004.



## JEB HUCKEBA

97

Defensive End 6-4 253  
Arkansas

Rookie NFL Season  
Rookie Seahawks Season  
5th Round 2005  
May 20, 1982  
Searcy, Arkansas

**PRO:** Drafted with the 23rd selection of the fifth round (159th overall) of the 2005 NFL Draft. Second Razorback chosen by team in three seasons (Ken Hamlin, 2003) and only third in team history. First defensive end selected by Seahawks since 2002. One of only two players drafted off the Razorbacks' 2004 roster.

**COLLEGE:** Played defensive end, inside linebacker, and outside linebacker for Hogs. In 48 collegiate games, recorded 210 tackles, including 32 tackles for loss. Added 6.5 sacks, three fumble recoveries, four forced fumbles, and four passes defended. Twice earned Academic Honor Roll recognition from SEC. **SENIOR:** Named All-SEC first-team as defensive end. Finished third in SEC among defensive linemen with 56 tackles (31 solo). Added 6.5 sacks and team-high 13 tackles for loss. Made SEC Good Works team and member of CoSIDA Academic All-District VI squad. **JUNIOR:** Started all 13 games at defensive end after making switch from inside linebacker. Registered 70 tackles with 14 tackles for loss. Tied for team lead with two fumble recoveries.

**SOPHOMORE:** Played in 13 of 14 games at middle linebacker and on special teams. Started first eight games of season at mike linebacker position. Finished sixth on team with 60 tackles including five tackles for loss. Had four quarterback hurries, two pass deflections, and one fumble recovery.

**FRESHMAN:** Played in all 11 games as reserve outside linebacker and on special teams. Named first-team All-SEC freshman by league coaches. Was one of five true freshmen to play in every game. Recorded 24 stops on season, including 14 solo tackles.

**PERSONAL:** Raised in foot-

ball-oriented family, father is assistant coach at Harding University. Attended Harding (Searcy, AK) Academy earning numerous honors. *Parade* All-American. Named to *Associated Press* Super Team and earned *SuperPrep* and *USA Today* All-America honors. Was rated number-10 linebacker on *Prepstar* Dream Team and number-7 linebacker in nation by Max Emfinger. Two-time all district selection. As a senior, recorded 163 tackles (108 solo), three sacks, two fumble recoveries, and one blocked field goal. On offense, recorded 979 receiving yards and eight touchdowns on 60 catches. As a junior, caught 44 passes for 850 yards and 17 touchdowns. Added five interceptions (three returned for touchdowns) on defense. Member of 2002 and 2003 SEC Academic Honor Rolls. Was member of 2001-02, 2002-03, and 2003-04 Lon Farrell Academic Honor Rolls. Majored in Personal Financial Management. Last name pronounced "HUCK-a-BEE."



# TONY JACKSON

# 44

Fullback  
Iowa

6-2 266

Rookie NFL Season  
Rookie Seahawks Season  
6th Round 2005  
July 5, 1982  
Ypsilanti, Michigan

**PRO:** Selected with the 22nd choice of the sixth round (196th overall) of the 2005 NFL Draft. Eleventh fullback drafted in Seahawks history. Of five players drafted out of Iowa in Seahawks history, four have been running backs. College tight end will make switch to fullback.

**COLLEGE:** Unheralded tight end who adds value as solid wedge buster on special teams coverage units. Played tight end and H-back at Iowa. Closed out college career with 14 receptions for 134 yards and two touchdowns. Added five tackles on special teams. **RS**

**SENIOR:** One of five seniors selected to team Leadership Council. Earned starting tight end duties after solid spring and fall camp. Caught seven passes for 82 yards and a touchdown.

**RS JUNIOR:** Appeared as reserve tight end in all 13 games with one start. Recorded first career touchdown in win over Illinois. Finished season with five catches for 42 yards and a touchdown.

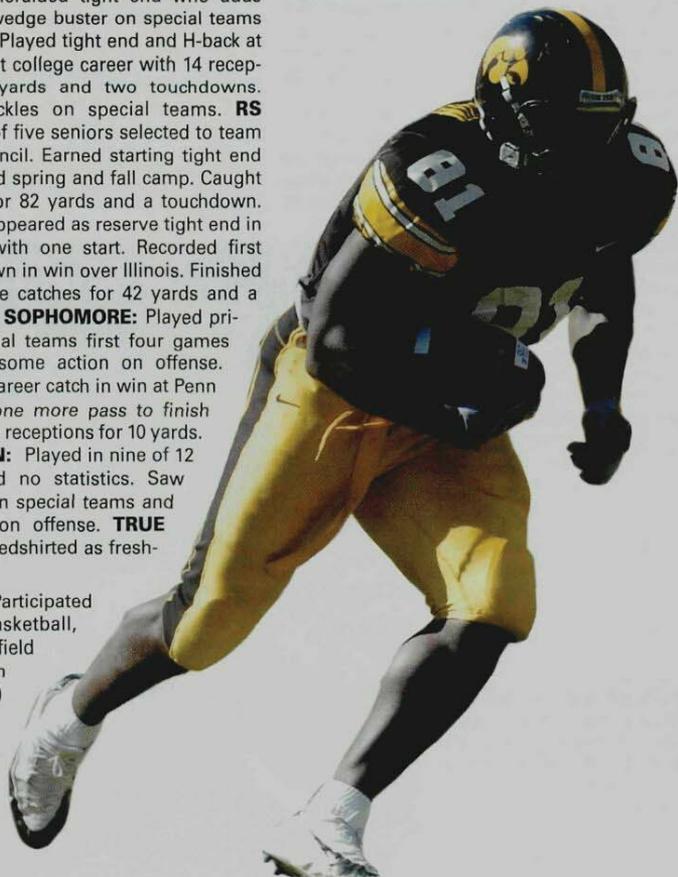
**RS SOPHOMORE:** Played primarily on special teams first four games before seeing some action on offense. Recorded first career catch in win at Penn State. Caught one more pass to finish season with two receptions for 10 yards.

**RS FRESHMAN:** Played in nine of 12 games but had no statistics. Saw action mainly on special teams and limited action on offense. **TRUE**

**FRESHMAN:** Redshirted as freshman.

**PERSONAL:** Participated in football, basketball, and track and field at Willow Run (Ypsilanti, MI)

High School. Earned All-Metro honors in Detroit area as senior. Named All-Conference as a junior and senior. Team captain and Offensive Player of Year as senior while accumulating 390 yards on 30 receptions. Earned all-state accolades in track and field and holds school records in shot put and discus throw. Majored in Economics.

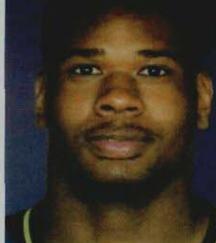


## CORNELIUS WORTHAM

46

Linebacker  
Alabama

6-1 236



Rookie NFL Season  
Rookie Seahawks Season  
7th Round 2005  
January 25, 1982  
Calhoun City, Mississippi

**PRO:** First of two seventh-round picks for Seahawks (235th overall). Third linebacker drafted by club in 2005. Only second member (Shaun Alexander, 2000) of Crimson Tide selected in Seahawks history. Fourth time in club history that three linebackers have been chosen in draft, first time since 1987.

**COLLEGE:** Played in 47 career games for the Tide. Registered 264 tackles (130 solo) with three sacks, a fumble recovery, an interception, and six pass deflections. Added 12.5 stops for losses and 12 quarterback pressures. **RS**

**SENIOR:** Made successful return to gridiron after missing 2003 season with elbow injury. Played all 12 games after switching to inside linebacker and led team with career-high 99 tackles (fourth SEC). Tacked on one sack, three tackles for loss, three passes defended, and an interception. Named first-

team All-SEC by AP, coaches and *Birmingham News*. Prior to season set Alabama linebacker record in bench press with lift of 480 pounds. **RS**

**JUNIOR:** Suffered dislocated left elbow late in fall camp and missed entire 2003 campaign. **RS SOPHOMORE:**

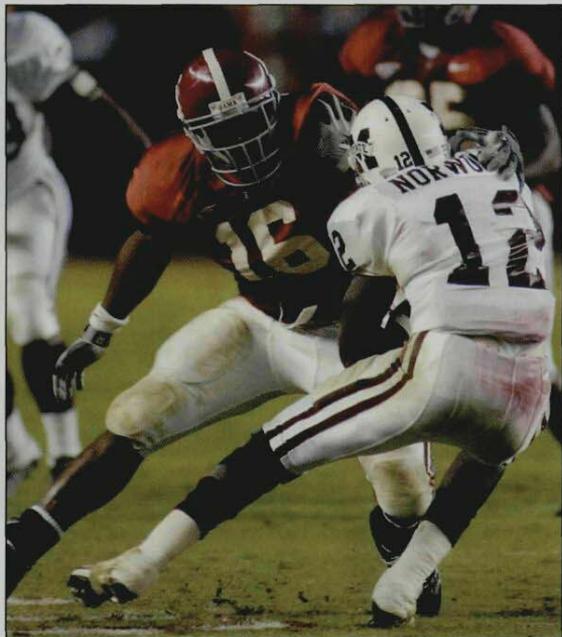
Started 10 games at strong-side linebacker. Posted 95 tackles to go along with a sack, four stops for loss, and five QB pressures. **RS**

**FRESHMAN:** Began season as reserve but started final eight games at strongside outside linebacker. Finished fourth on team with 56 tackles (30 solo), a sack, and 3.5 tackles for loss. **TRUE**

**FRESHMAN:** Contributed mostly on special teams. Made 14 tackles (9 solo) and two tackles behind line of scrimmage.

**PERSONAL:** Attended Calhoun City (MS) High School. As a senior, played

both offense and defense earning first-team all-state recognition. Recorded 115 tackles, six sacks, 24 stops behind line of scrimmage, and two interceptions, returning one for a score as linebacker on defense. On offense, gained 525 yards and eight touchdowns as fullback/tailback. As a junior, had more than 100 tackles, 20 stops for loss, three interceptions, three sacks, and three forced fumbles. Dandy Dozen by *Jackson Clarion Ledger* and *Atlanta Journal Constitution* Southern 100. In high school, active in Beta Club, FCA, Junior Peace Corps, and FFA. Graduated in May 2004 with degree in Human Performance. Active member of Fellowship of Christian Athletes. Heavily involved in community projects, including Junior Peace Corps and plays steel guitar at church. Full name is James "Cornelius" Wortham.



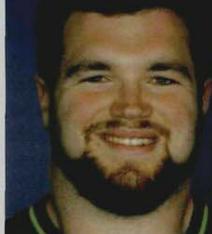
# DOUG NIENHUIS

# 72

Guard  
Oregon State

6-6 307

Rookie NFL Season  
Rookie Seahawks Season  
7th Round (b) 2005  
February 16, 1982  
Irvine, California



ROOKIES

**PRO:** Almost Mr. Irrelevant. Selected with the second to last choice of the 2005 NFL Draft (254th overall). Third offensive lineman taken by Seahawks. First time club has chosen three offensive lineman in draft since 2001. Only second player from Oregon State drafted in club history and first since 1977.

**COLLEGE:** Played 47 career games at OSU, starting 38 consecutive at right tackle. Blocked for Beavers two career rushing leaders, Ken Simonton and Steven Jackson. Proved to be both a productive pass protector and drive blocker. **RS**

**SENIOR:** Earned first-team All-Pac 10 honors after starting every game for OSU. Provided solid pass protection for quarterback Derek Anderson as Beavers rebounded to win six of last seven games in 2004. Offense averaged 307 passing yards and 27 points per game. **RS JUNIOR:** Second-team All-Pac 10 selection. Started every game on offensive line while team averaged 463 yards per game in total offense. **RS**

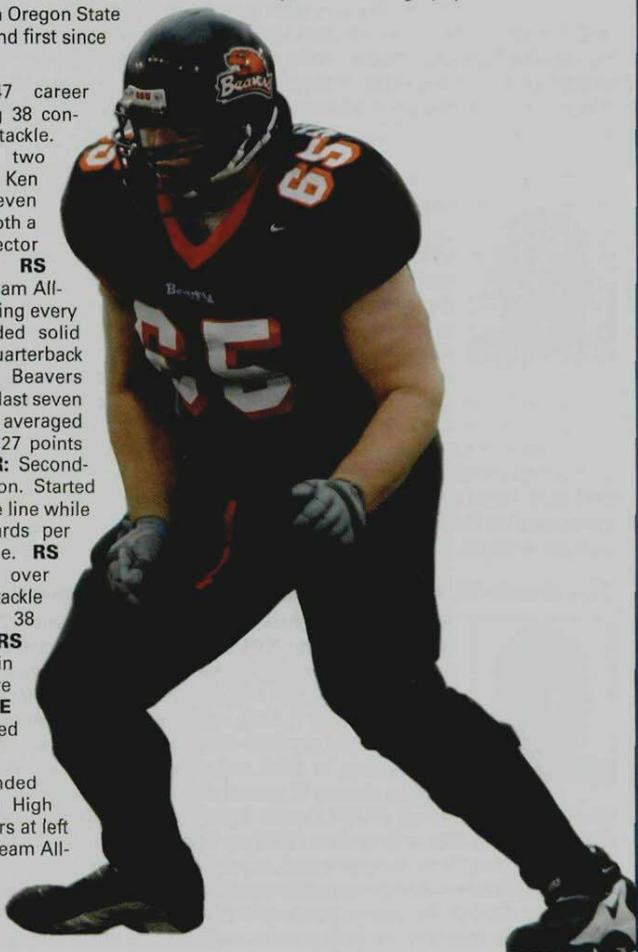
**SOPHOMORE:** Took over starting duties at right tackle beginning streak of 38 straight starts. **RS**

**FRESHMAN:** Played in nine games as a reserve right tackle. **TRUE**

**FRESHMAN:** Redshirted as a freshman.

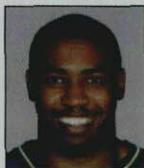
**PERSONAL:** Attended Woodridge (Irvine, CA) High School, starting two years at left tackle on offense. First-team All-Sea View League as junior and senior. Named first-team all-county by *Orange*

*County Register* and *Los Angeles Times*. Earned three letters in basketball at center and one in volleyball as middle blocker. Finalist for Southern California Scholar Athlete Award. Majored in Photography.



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## ADDITIONAL FREE AGENTS

**Jamaal Brimmer, SS, 6-1, 216, Rookie, UNLV (Las Vegas, Nev.)**

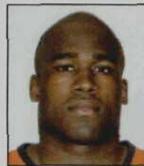
Signed with Seattle as an undrafted rookie free agent April 24, 2005. Played four years at UNLV and totaled 280 career tackles, fifth all-time at the school, playing in 45 games with 34 starts. Became the fourth two-time All-American in school history. Was also named the Mountain West Conference Defensive Player of the Year in 2002 and 2003 and finished senior year becoming the Rebels second-ever three-time first-team all-conference honoree. In his final season, had 82 tackles and two forced fumbles. The only other Rebel to earn All-American recognition more than once since the school moved to Division

I in 1978 was punter/quarterback Randall Cunningham (1983-84). Before that, defensive lineman Joe Ingersoll (1974-75) and running back Mike Thomas (1973-74) both twice earned "Little College All-American" status. The second-team honor was the highest any Rebel football player has received in the postseason from *The Sporting News*. Brimmer was a first team All-America selection by *College Football News* after the 2003 season and in 2004 was the first All-American to return to UNLV for another season since Cunningham in 1984. Posted a career-high 100 tackles and 5.5 sacks his sophomore season and followed that up with an All-American year with 77 stops, 3.0 sacks and six interceptions his junior season. Invited to the Senior Bowl, joining running back Ikey Woods (1987) and cornerback Kevin Thomas (2001) as the only UNLV players to play in the game. Prepped at Durango High and was named *USA Today* Nevada Player of the Year 1999 playing quarterback. Also played basketball. Majored in communications and was born June 29, 1982.

**Marque Davis, WR, 5-11, 190, 1st Year, Fresno State (Dos Palos, Calif.)**

Originally signed by Seattle April 29, 2004 as an undrafted rookie free agent but released during training camp. Re-signed with the team January 15, 2005 after spending 2004 out of football. Played four seasons for the Bulldogs, starting 33 of 46 games played. Had a career-year his junior season, leading the team with 64 catches and 956 yards with seven touchdowns, earning second-team All-WAC honors. Four of his scores that year were in excess of 65 yards. Had a career-high 133 yards on six catches vs. Rice. Followed that up with 40 catches for 499 yards and two scores his senior year. In all, finished

his time with 135 catches for 1,839 yards and 13 touchdowns. Also had two career blocked punts. Prepped at Dos Palos High and was an all-state pick and North Sequoia League MVP his junior and senior seasons. Carried the ball 222 times for 1,847 yards and scored a school-record 37 touchdowns his senior season and 73 in his career, ranking second in the history of the city section. Finished career with 501 carries and 3,877 yards. Had 12 career interceptions, six as a junior, and led Dos Palos to a 13-0 record and a section championship his senior year. His No. 6 jersey is retired. First name is pronounced mar-KAY. Born January 15, 1981.

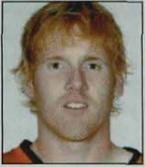
**Tony Donald, TE, 6-3, 248, 1st Year, Western State (Jacksonville, Fla.)**

Signed to the Seahawks practice squad November 24, 2004 and allocated to NFL Europe for the 2005 season. Originally signed by the Houston Texans as an undrafted free agent June 13, 2002, but was released after training camp and spent the 2002 season out of football. Signed with the Green Bay Packers January 7, 2003, was released and then re-signed with Green Bay and spent two separate stints on its practice squad. Re-signed with Green Bay January 6, 2004 and allocated to the Amsterdam Admirals of NFL Europe, starting 10 games at tight end. Caught 32 passes for 382 yards with

four scores and earned All-NFL Europe honors. Started all four years at Western State in Gunnison, Colo. Was a three-time All-Rocky Mountain Athletic Conference pick and finished with 258 tackles, 15 interceptions and was also the team's punt returner and kick returner. Had 66 tackles and four interceptions while returning 35 punts for 514 yards as a senior. Named special teams player of the year in 2000 with 77 tackles, three interceptions and returned 12 punts for 209 yards. Also lettered three times in basketball for the Mountaineers, with a career aver-

age of seven points per game. Attended Fountain-Fort Carson High where he played football, track and basketball. Majored in accounting. Born June 4, 1979.

**Ryan Dutton, P, 6-4, 213, 1st Year, Minnesota State-Mankato (Oshkosh, Wis.)**



Signed with Seattle February 2, 2005 and allocated to NFL Europe. Signed with Cleveland April 16, 2004 and was cut at the end of training camp. Had a brief stint on its practice squad but was later released. Punted for four years at Minnesota State-Mankato and played quarterback for three, averaging more than 43 yards per punt for his career. Two-time Division II All-American punter and two-year starter at quarterback. Played in the Cactus Bowl Division II All-State game after his senior season. Also played baseball where he was conference player of the year in 2000 as a pitcher and first baseman.

Was North Central Conference MVP in 2001 when he was 9-1 on the mound and hit .370 with seven homers at first base. Prepped at Oshkosh West High. Grandfather, George, was a pitcher for the St. Louis Cardinals, uncle Roger, played outfield for the New York Yankees and uncle Tom, played basketball for the Phoenix Suns. Born December 27, 1977.

**Kevin Emanuel, DE, 6-4, 259, 1st Year, Florida State (Waco, Texas)**



Signed to the Seahawks practice squad December 15, 2004. Originally signed with the Dallas Cowboys in April 2004 but released August 16. Then signed with the Atlanta Falcons but was released a week later on August 29 during training camp. Was a four-year starter at Florida State. Named the team's Most Outstanding Defensive Player and Most Dependable Defensive End as a senior, recording 34 tackles, 3.0 sacks and four forced fumbles. As a junior, had 40 stops, 4.0 sacks and one forced fumble. Posted 36 tackles as a sophomore, a career-high 43 tackles as a redshirt freshman along with 3.0

sacks. Redshirted as a true freshman in 1999. Attended Waco High School where he finished his senior season with 71 tackles, 7.0 sacks and two forced fumbles. Named Central Texas Defensive Player of the Year and ranked the best defensive end in the state after his senior season. His cousin, Bert Emanuel, played wide receiver for the Miami Dolphins and Atlanta Falcons. Majored in information studies and sports management. Born December 6, 1979.

**Tim Galloway, LS, 6-2, 238, Rookie, Washington (Auburn, Wash.)**



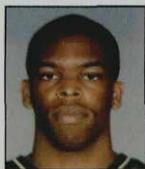
Signed as an undrafted rookie free agent April 24, 2005 as a long snapper. Played four years at Washington, with 48 games played and 10 starts at linebacker. Played in 11 games as a senior, with 39 tackles (24 solo) and one blocked kick. All 10 starts came his junior season, when he set a career-high with 84 tackles (45 solo), one forced fumble and one fumble recovery. Played mostly special teams and some time as reserve linebacker in 2001 and 2002. Tallied 48 tackles (22 solo) over the two-year span with one forced fumble. Prepped at Auburn High and served as team captain his final year when he

posted 92 tackles and 5.0 sacks. Named to the *Associated Press* and *Seattle Times* Class 4A all-state team at linebacker. Was an honorable mention pick to the *Tacoma News Tribune's* Northwest Nuggets. Majored in sociology and was born September 4, 1981.

**Steven Gibbs, G, 6-3, 339, Rookie, Arkansas State (Bartlett, Tenn.)**



Signed with Seattle April 24, 2005 as an undrafted rookie free agent. Was a four-year letterman that originally signed with Arkansas State in 2001 after a stellar high school career at Bartlett High. Played in the fall of 2001 as a true freshman. Played in 47 games at Arkansas State, starting 32. Attended Bartlett High and played on the offensive and defensive line. Also threw the discus and shot put. Finished fourth in Tennessee in shot put as a sophomore and first as a junior. Majored in business administration and born September 27, 1983 in Memphis, Tenn.

**D.J. Hackett, WR, 6-2, 199, 2nd Year, Colorado (Ontario, Calif.)**

Drafted by Seattle in the fifth round (157th overall) of the 2004 NFL Draft. Declared inactive for the first seven games of the regular season before being placed on injured reserve (hip) November 5. Played two seasons at California State University-Northridge until the football program was discontinued in 2001. Transferred to Colorado and played a big part in the revival of the passing attack. In two seasons with the Buffs, hauled in 86 passes for 1,224 yards (14.2 avg.) and 11 touchdowns. Set a school season-record with 78 receptions for 1,013 yards and seven touchdowns his final year in Boulder.

Attended San Dimas High where he was a three-year letter winner in football, basketball and track. Earned All-Valley Vista League, All-CIF, All-Inland Valley and was a *Los Angeles Times* All-Star as a senior. Father, Eddie, played briefly with the Minnesota Vikings. Born DeAndre James Hackett but has gone by D.J. for as long as he can remember. Majored in Kinesiology. Born July 31, 1981.

**Gibran Hamdan, QB, 6-6, 240, 1st Year, Indiana (San Diego, Calif.)**

Signed with Seattle February 2, 2005 and allocated to NFL Europe for the second consecutive season. Originally was a seventh-round pick (232nd overall) in the 2003 NFL Draft by the Washington Redskins. Spent the first 10 weeks on the practice squad before being signed to the active roster. Made his NFL debut vs. Philadelphia (12/27) and was one of two for 7 yards. Completed senior season with 2,115 yards and nine touchdowns. Yardage was seventh-best in Indiana history. Named Big Ten Co-Player of the Week for his 24 of 36, 310-yard and career-high four touchdown performance in 32-29 win over

Wisconsin. Also played baseball at Indiana. Attended Bishop O'Connell in Arlington, Va. Completed 157 of 298 passes for 2,149 yards and 12 touchdowns as a senior. He led the Northern Virginia area in passing yards and finished second in the D.C. metro area, while being named the Virginia Independent Schools Player of the Year and earned first-team all-league and district honors. Starting center for the school's basketball team and also played baseball for the 15-and-under U.S. National Baseball team. Born in San Diego, Calif. and moved to Kuwait when he was three years old. Went on a family vacation to San Diego in 1991, and during that time Iraq invaded Kuwait. The Hamdans decided to remain in the States and moved to Potomac, Md. a few years later. Born February 8, 1981.

**Michael Harden, CB, 5-11, 190, 2nd Year, Missouri (Kansas City, Mo.)**

Signed with the Seahawks April 30, 2004 as an undrafted rookie free agent. Spent the entire regular season on the practice squad but signed to the active roster for the Wild Card Game vs. St. Louis (1/8) and was inactive. Allocated to NFL Europe for the 2005 season. Played in 44 career games, starting 28, after walking-on to the program in 2000. Finished his senior year with a career-high 75 tackles (58 solo), one interception and 13 passes defended. Was named the team's defensive back of the year his junior year after leading the team, and ranking third in the Big 12 with 15 passes

defended. Grabbed two interceptions and forced a fumble along with 59 tackles. Had 20 tackles his sophomore year and seven tackles his freshman season. Attended Southwest High in Kansas City. Was a two-time all-conference pick and team MVP in 1999 and co-MVP in 1998. Intercepted 14 passes in his career and returned three for scores. Also lettered in track and basketball. Majored in business management. Born October 21, 1981.

**Joey Hollenbeck, C, 6-4, 281, 1st Year, Washington State (Enumclaw, Wash.)**

Signed by Seattle as a free agent January 28, 2004 and allocated to NFL Europe's Amsterdam Admirals in Spring 2004. Spent the entire 2004 season on Seattle's practice squad. Signed by the Buffalo Bills on December 11, 2002 and released on July 15, 2003. Originally signed as an undrafted free agent by the St. Louis Rams on April 22, 2002 and released on June 14, 2002. Saw action in 33 games, starting six, in his career at Washington State. Played multiple positions on both the offensive and defensive lines. Started his last

five games as a junior after appearing in seven his sophomore year. Played in eight games as a freshman. Attended Enumclaw High. Received honorable mention by *USA Today* for Washington Prep Player of the Year his senior year. Two-time member of the All-South Puget Sound League first team on both offense and defense. All-area pick by the *Tacoma News Tribune* and the *Seattle Times*. Received all-state first team honors by the *Associated Press*, the *Tacoma News Tribune*, *Seattle P-I* and *Newberry's Prep Report*. Also lettered in wrestling as a heavyweight. Born February 26, 1980.

**Terry Holley, SS, 6-1, 211, Rookie, Rice (Oklahoma City, Okla.)**



Signed as an undrafted rookie free agent May 2, 2005. Played in 45 games with 24 starts for the Owls over his four-year career. Won the Jess Neely Award his junior year, given to the top defensive back, after he had a career-high 92 tackles (68 solo), career-high 3.0 sacks, one fumble forced, two fumble recoveries and two interceptions. Finished off career with 63 tackles (53 solo), 2.5 sacks, one forced fumble, one fumble recovery and a career-high three interceptions his senior year. As a reserve in 2001 and 2002, totaled 36 tackles (26 solo), 2.0 sacks and one fumble recovery. Prepped at Southeast

High where he was a four-year honor student graduating with a 3.9 GPA. Named Oklahoma City Student of the Year in 1998 and 1999. Was all-state in basketball. Majored in economics/managerial studies and born March 17, 1982.

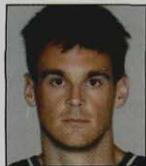
**Kevin House, CB, 6-0, 185, 4th Year, South Carolina (Tampa, Fla.)**



Signed as a free agent February 2, 2005 and allocated to NFL Europe. Has played in 16 career NFL games with three solo tackles, four passes defended and eight special teams tackles. Originally signed with the New Orleans Saints as an undrafted rookie free agent April 23, 2002. Signed to the San Diego Chargers active roster from the Saints practice squad on October 3, 2002 and played in one game. In 2003, played in 15 games with three solo tackles. Had a career-high four passes defended at Detroit (12/7). Played four years for the Gamecocks and totaled 135 tackles (69 solo), 5.0 sacks, four

interceptions, one forced fumble and three fumble recoveries over his career. Entered South Carolina as a wide receiver, ranked No. 9 in the state of Florida at receiver by the *Florida Times-Union* prepping at Chamberlain High. Also played baseball. Father, Kevin, played 10 years in the NFL with Tampa Bay and the L.A. Rams as a wide receiver. Majored in retail management. Born January 9, 1979 in St. Louis, Mo.

**Chris Kluge, P, 6-4, 215, Rookie, UCLA (Seal Beach, Calif.)**

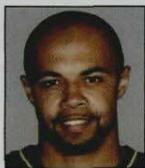


Signed by Seattle as an undrafted rookie free agent April 24, 2005. Played four years at UCLA, becoming the full-time punter his final two seasons. Was one of three finalists for the Ray Guy Award, given to the top punter in the nation, as a senior. He landed a career-high 25 inside the 20 and averaged 43.4 yards on 61 punts to rank second in the Pac-10 and 14th nationally. Set a school record for punting yardage and number of punts in a season his junior year. Broke Nate Fikse's mark of 3,246 yards (2000) with his total of 3,908 and surpassed Matt McFarland's mark of 80 punts (1978) with his total

of 91. Had 19 punts inside the 20-yard line and a career-long of 66 yards. Played high school ball at Los Alamitos High and earned *USA Today* first-team All-America honors as a punter his senior year as well as first-team All-CIF Division I his last two seasons as punter. Kicked an Orange County and CIF playoff record 60-yard field goal vs. Loyola. Also played baseball. Selected to play in both the California/Texas Shrine game and the CaliFlorida Bowl. Selected to *Tacoma News Tribune* Western 100. Prior to his senior year, he won the punting competition at the National Kicking Invitational with a 63-yard punt that had 4.98 hang time. Majored in political science. Married, Isabel, and was born December 24, 1981 in Philadelphia, Pa. Last name is pronounced CLUE-we.

**Otis Leverette, DE, 6-7, 278, 4th Year, Alabama-Birmingham (Americus, Ga.)**

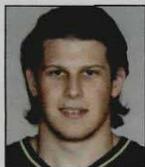
Signed to the Seahawks practice squad November 12, 2004. Leverette is in his fourth year with 17 career games played and one start with 31 tackles (23 solo), two sacks and one interception. Originally a sixth-round draft pick (187th overall) by the Miami Dolphins in the 2001 NFL Draft, Leverette was released after training camp and picked up by the Washington Redskins, where he played five games in the 2001-02 seasons. Released midway through the 2002 season, he landed in San Diego where he played in a career-high seven games in 2003. Spent time with San Francisco in 2004 before being released November 10, playing in five games with one start with seven tackles (five solo) and one sack. Played collegiately at Alabama-Birmingham for two years after transferring from Middle Georgia College where he was a Junior College All-American. Born May 31, 1978 in Americus, Ga. and is married, Nakeisha, with sons, Righteous and Destined One.

**Omare Lowe, CB, 6-1, 195, 4th Year, Washington (Seattle, Wash.)**

Signed as a free agent April 1, 2005. Lowe has played in six career games with one special teams tackle since being drafted in the fifth-round (161st overall) by the Miami Dolphins in the 2002 NFL Draft. Was released by Miami September 1, 2003 and signed to Tennessee's practice squad two days later. He was let go 19 days later and signed by the Jets October 15 to the practice squad. Signed to active roster November 11 and played in two games with one special teams tackle. In 2004, he signed with the New England Patriots in December after beginning the season on the Minnesota Vikings practice squad and played in three regular season games and was on the practice squad for the post-season. Played four years at Washington, starting the final two. Tallied 100 tackles and five interceptions during his career. Started 10 games as a senior, earning honorable mention All-Pac 10, and had 40 tackles, an interception for a touchdown (vs. Michigan), 1.0 sacks, nine passes defended and blocked a field goal that was taken back for a score vs. Michigan. Attended Tahoma High in Maple Valley, Wash. where he was an option quarterback. Also played basketball and track, where he was part of the state champion 1,600-meter relay team (3:23.07) in his senior year of 1997. Majored in communications and born April 20, 1978.

**R.J. Luke, FB, 6-3, 256, 2nd Year, Western Illinois (Bloomington, Ill.)**

Signed by Seattle as a free agent April 30, 2004 and spent the entire season on the team's practice squad. Originally signed as a rookie free agent by the Tennessee Titans April 28, 2003 but was released during training camp. Played three seasons at Penn State before transferring to Western Illinois for senior year. Played in 42 career games, 30 with Nittany Lions and 12 with Leathernecks. Finished career with 53 catches for 938 yards and seven touchdowns. Recorded a career-high 40 catches for 725 yards and six scores at Western Illinois. Was an All-American at Waubonsie High where he set state records with 196 receptions for 3,124 and 26 touchdowns. Father, B.J. was a two-year starter at Western Illinois, sister Ashley was a point guard on the Lady Lions hoops team and uncle, Matt, was a letter winner at Tulsa. Majored in kinesiology. Born May 25, 1979 in Bloomington, Ill.

**Jesse Lumsden, RB, 6-2, 224, Rookie, McMaster (Burlington, Ontario)**

Signed by Seattle April 24, 2005 as an undrafted rookie free agent. Was the sixth overall pick in the CFL Draft by the Hamilton Tiger-Cats. Named the 2004-05 Canadian Interuniversity Sport (CIS) Male Athlete of the Year, given to the best college athlete in all of Canada and to the All-Canadian first-team. Awarded the Hec Crighton Trophy, Canada's equivalent of the Heisman Trophy, he broke two prestigious CIS records of rushing yards in a season (1,816) and touchdowns in a season (21) his final season. He also tied a CIS mark with a 108-yard run from scrimmage and set new Ontario University

**Athletics Conference (OUA) career records with 4,238 rushing yards and 47 touchdowns in four seasons played (CIS athletes have five years of eligibility), surpassing Waterloo's Mike Bradley who had 41 touchdowns in five years. Rushed for the second-most yards in one game in OUA history with 344 yards on 24 carries (14.3 avg.) vs. Waterloo. Ran for over 100 yards in each of his eight games, with one 300-yard game and five 200-yard games. Named CIS/CFL Player of the Week four of the season's eight weeks. Played in the East-West Shrine Game where he led the East team with 41 yards on five carries. His third year in 2003, rushed for 1,497 yards with 20 touchdowns and earned OUA first-team honors. Gained 825 yards on 114 carries his first two seasons as a Marauder. Father, Neil, played in the CFL with Toronto, Hamilton and Edmonton, winning three Grey Cup rings with Edmonton. Attended Nelson High and was the MVP of the Metro Bowl and the team his senior year. Majored in geography and born August 3, 1982.**

**Kevin Miller, K, 6-0, 212, 1st Year, East Carolina (Virginia Beach, Va.)**



Signed with the Seahawks as a free agent February 2, 2005. Has been out of football until this season after leaving East Carolina in 2002 as its all-time leading scorer with 287 points. Set a team record with a field goal in 12 consecutive games. Holds school record making 82.4% of field goals his junior year. Entered East Carolina on a golf scholarship and played for Pirates for three years. Spent the 2004 season caddying for former teammate Cameron Yancey on the PGA Tour. Majored in broadcasting and was born January 16, 1980.

**Christian Mohr, DE, 6-5, 237, 1st Year, College: None (Aachen, Germany)**



Assigned to the Seahawks in June through the NFL International Development Practice Squad program in 2004. Allocated to NFL Europe for its 2005 season. Played for the Berlin Thunder of NFL Europe in Spring 2004 and posted six tackles (five solo), 0.5 sacks, one forced fumble, one pass defended and blocked a PAT. Began his playing career with the Aachen Demons in 1999-00, garnering the team's Defensive Player of the Year award in his last season with the club. Then moved on to the Düsseldorf Panthers from 2001-04 and earned Defensive Player of the Year honors in 2002. First

American football contact came in 1996, when he was an exchange student in Columbus, Ohio. Nicknamed Thor. Enjoys basketball, soccer and playing guitar. Born April 5, 1980.

**Calen Powell, TE, 6-5, 256, Rookie, Duke (Bellevue, Wash.)**



Signed as a rookie free agent April 24, 2005. Played four years for the Blue Devils with 17 starts in 44 career games. Played in all 11 games as a senior with seven starts, with both catches (5 yards) on the year good for touchdowns. Saw time in all 12 games as a junior with four starts and caught nine balls for 134 yards. Most playing time came in sophomore year as he caught a career-high 20 passes for 259 yards and one touchdown. Named to the Academic All-ACC team. Had three catches for 65 yards as a redshirt freshman. Prepped at Lake Washington High and was team MVP of 1999

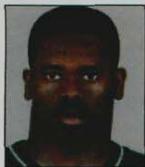
Kangaroo squad that finished 8-2 and advanced to the state playoffs for the first time in school history. Caught 26 passes for 400 yards and four touchdowns and as a defensive end, had 4.0 sacks. Also played basketball and track. Selected by *Track & Field News* as a first-team All-America in the decathlon with a mark of 7,025, that was 10th all-time in United States history when he left high school. Helped track team to the overall state 4A title. Named Eastside Journal's Scholar Athlete of the Year. Majored in cultural anthropology and was born February 16, 1981.

**Terrence Robinson, LB, 6-0, 240, 1st Year, Oklahoma State (Tyler, Texas)**



Signed by Seattle February 2, 2005 and allocated to NFL Europe. Has played in one NFL game with Atlanta vs. Jacksonville (12/28) on special teams. Originally signed with Pittsburgh as a rookie free agent in May 2, 2003. Waived August 30 and picked up by Atlanta October 15. Signed to the Falcons active roster December 22 and made his NFL debut vs. Jacksonville. Allocated to the Rhein Fire for the 2004 NFL Europe season where he had 24 tackles, four passes defended and five special teams tackles. Registered 207 career tackles at Oklahoma State during his four years. An honorable mention Big 12 pick after his senior year when he posted 70 tackles, one interception and two fumble recoveries. Had a career-high 75 stops his junior season and tallied 55 and a career-high 3.0 sacks his sophomore year. Earned all-state, all-district and All-East Texas honors at Tyler High. Recorded 82 tackles and 5.0 sacks as a senior. Also rushed for 215 yards and four scores. Majored in business marketing and born March 12, 1980.

**Junior Rosegreen, SS, 5-11, 193, Rookie, Auburn (Fort Lauderdale, Fla.)**



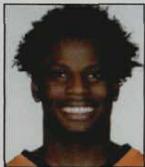
Signed as a rookie free agent May 2, 2005. Played in 51 games, starting 40, and totaled 196 tackles (104 solo), 1.0 sacks, 10 interceptions, one forced fumble and one fumble recovery in his four years as a Tiger. Teamed with Carlos Rogers to form one of the best secondaries in the nation in 2004. Named Coaches' All-SEC first-team, AP All-SEC first-team, SI.com All-America first-team, Sportsline.com All-American and AP All-America second-team after posting seven interceptions as a senior, with four coming in one game at Tennessee, and 57 tackles (40 solo). His four picks set an Auburn record and tied a 65-year old SEC record (Mississippi State's John Nix, 1939) and was named SEC Defensive Player of the Week, Walter Camp Foundation Player of the Week and Bronko Nagurski National Player of the Week. Recorded three interceptions his first three seasons while starting at both corner and safety. Finished senior season at Dillard High with 89 tackles, six interceptions and 15 passes defended while leading team to the semifinals of the Florida 6A playoffs. Named Class 6A first-team, All-Broward County and SuperPrep All-American. Selected to play in the Georgia-Florida All-Star game. Played varsity all four years. Majored in sociology and born February 23, 1980.

**Ron Smith, DT, 6-3, 308, 2nd Year, Lane College (St. Louis, Mo.)**



Signed for the third time as a free agent by Seattle February 14, 2005. Signed as a free agent by Seattle January 21, 2004, played in NFL Europe but was placed on injured reserve and released after training camp in August 2004. Did not play in 2004. Originally signed with Seattle as a rookie free agent January 17, 2002 but waived after training camp August 26 and claimed by Cincinnati. Signed to the Bengals practice squad September 3 and moved to the active roster November 14. Played in five games in 2002, and had one assisted tackle. Waived by Cincinnati August 26, 2003 after training camp. Spent two years at Lane College (Jackson, Tenn.) after transferring from Baylor after the 1998 season, where he collected 14 tackles as a sophomore. Played in the Cactus Bowl all-star game for Division II players after the 2000 season. Played as a freshman at Kemper Military College in Booneville, Mo. in 1997. Prepped at Gateway Tech High and played football, track and baseball. Born August 18, 1978.

**B.J. Tucker, CB, 5-10, 188, 1st Year, Wisconsin (Sierra Leone, West Africa)**



Signed by Seattle and allocated to NFL Europe February 2, 2005. Was an original sixth-round pick (178th overall) by the Dallas Cowboys in the 2003 NFL Draft but released in camp August 17. Signed to Pittsburgh's practice squad December 2 and then to its active roster December 24. Released from the Steelers June 1, 2004 and did not play in 2004. Started his senior year at Wisconsin and had a career-high 76 tackles and a career-high five interceptions. In all, played in 34 games with 18 starts and 115 tackles (94 solo), 21 passes defended and five picks. Also ran track at Wisconsin and helped the

Badgers win the Big Ten Conference track title his first three years on campus. Played football and track at Nicolet High in Bayside, Wis. Earned *SuperPrep* All-America honors his senior year when he caught 38 passes for 628 yards. Named Wisconsin's 1998 Track Athlete of the Year and finished career with six track titles (two each in the 100- and 200-meters and the 4x100-meter relay). He was also the champion in the 100- and 200-meter races at the Nike Junior Olympics in Seattle in 1998. Full name is Baigeh Joe Tucker. Majored in legal studies and born October 12, 1980 in West Africa, then moved to Seattle in 1990 and later to Milwaukee, Wis.

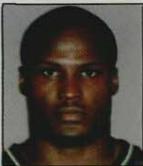
**Leonard Weaver, FB, 6-0, 251, Rookie, Carson-Newman (Melbourne, Fla.)**



Signed with Seattle as an undrafted free agent April 24, 2005. He led Carson-Newman in receiving as a tight end with 27 catches for 571 yards and a team-high eight touchdowns. He was named a Division II All-American by the AP, the American Football Coaches Association, d2football.com, dopke.com and *Football Gazette*. Helped lead the Eagles to a 9-3 record his final year, a South Atlantic Conference championship and into the second-round of the NCAA Division II playoffs. In 2003, had 16 receptions for 410 yards and six scores, including a 67-yarder in the Division II Playoffs at Valdosta State. Entered

Carson-Newman as a linebacker and had nine tackles in two games as a redshirt freshman in 2001 and moved to tight end before the 2002 season. Prepped at Satellite High. Born September 23, 1982.

**Marquis Weeks, RB, 5-10, 216, Rookie, Virginia (Norristown, Pa.)**



Signed with the Seahawks as an undrafted rookie free agent April 24, 2005. Played as a graduate student in 2004 after receiving his degree in sociology in May 2004. Played four seasons with the Cavaliers, playing in 49 games with 17 starts. Played his first three seasons at tailback with five starts. Started all 12 games at safety his senior year and was also an explosive kick returner, averaging 30.1 yards per kick return in career. One of only three players in Virginia history to have two kickoffs returned for touchdowns and his 1,025 career kick return yards rank sixth in school history. Made 60 tackles

(35 solo), 2.0 sacks and returned 11 kickoffs for 354 yards (career-high 32.2 average) with a 100-yard return for touchdown his senior year. Returned 10 kicks for 275 yards in 2003 and 13 kicks for 396 yards in 2002 with another 100-yard return for touchdown. In his three years as reserve tailback, carried 63 times for 305 yards (4.8 average) with a long of 32. Had a career-high 41 carries for career-high 210 yards in 2002. Attended Conestoga High where he played corner and running back. Was a 1999 *SuperPrep* All-American and three-time All-American by *PrepStar* and *National Recruiting Advisor*. Second-team all-state by *Pennsylvania Football News* and three-time All-Central League first-team. For his career, rushed 808 times for 6,193 yards and 71 touchdowns. As a senior, set school records in carries (293), yards (2,305) and touchdowns (24). Also participated in track and wrestling. Born October 2, 1980 in Fort Ord, Calif. First name pronounced MAR-cus.

**Brian Wrobel, QB, 6-2, 191, Rookie, Winona State (Stoddard, Wis.)**



Signed with the Seahawks as an undrafted rookie free agent April 24, 2005. Earned Northern Sun Conference first-team honors and honorable mention from d2football.com his senior year after playing in eight games and completing 100 of 175 passes for 1,693 yards with 16 touchdowns and eight interceptions. Also rushed for three scores during the Warriors 10-2 season and trip to the Division II postseason. Threw for a career-high 2,256 yards on 137 of 257 passing with a career-high 25 touchdowns and eight interceptions his junior year when he was a dopke.com All-American second-team selection.

Also rushed for six touchdowns and and threw a school-record six touchdown passes vs. Northern State University in the Metrodome. Played sparingly his sophomore year after going five of 10 for 28 yards his freshman year. Prepped at DeSoto High where he played football, basketball and baseball. Born April 4, 1982. Majored in pre-law and minored in political science. Last name is pronounced ROE-bul.

## DRAFT SUMMARIES

## 1976 VETERAN ALLOCATION

Player,	Pos.	Former Team	Player,	Pos.	Former Team
Wayne Baker	DT	San Francisco	Gordon Jolley	T	Detroit
Carl Barisich	DT	Cleveland	Gary Keithley	QB	St. Louis
Nick Bebout	T	Atlanta	Art Kuehn	C	Washington
Lyle Blackwood	DB	Cincinnati	Kerry Marbury	RB	New England
Ed Bradley	LB	Pittsburgh	Al Matthews	DB	Green Bay
Dave Brown	DB	Pittsburgh	Sam McCullum	WR	Minnesota
Don Clune	WR	N.Y. Giants	John McMakin	TE	Detroit
Rondy Colbert	DB	N.Y. Giants	Eddie McMillan	DB	L.A. Rams
Dwayne Crump	DB	St. Louis	Bill Olds	RB	Baltimore
Mike Curtis	LB	Baltimore	Jesse O'Neal	DE	Houston
Jerry Davis	DB	N.Y. Jets	Joe Owens	DE	New Orleans
John Demarie	G	Cleveland	Bob Penchion	G	San Francisco
Norm Evans	T	Miami	Bob Picard	WR	Philadelphia
Ken Geddes	LB	L.A. Rams	Rocky Rasley	G	Kansas City
Gary Hayman	RB	Buffalo	Steve Taylor	DB	Denver
Fred Hoaglin	C	Houston	Dave Tipton	DE	San Diego
Neil Graff	QB	New England	Charles Waddell	TE	San Diego
Don Hansen	LB	Atlanta	Larry Woods	DT	N.Y. Jets
Ron Howard	TE	Dallas	Rolly Woolsey	DB	Dallas
Ken Hutcherson	LB	Green Bay			

## 1976 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Steve Niehaus (2, 2)	DT	Notre Dame	6.	Alvis Darby (1, 157)	TE	Florida
2a.	Sammy Green (1, 29)	LB	Florida	7.	Dick Dixon (2, 184)	DT	Arkansas St.
2b.	Sherman Smith (30, 58)	RB	Miami, OH	8.	Larry Shipp (1, 210)	WR	LSU
2c.	Steve Raible (31, 59)	WR	Georgia Tech	9.	Bob Bos (2, 239)	T	Iowa St.
3a.	Jeff Lloyd (2, 62)	DE	West Texas St.	10.	Randy Coffield (1, 266)	LB	Florida St.
3b.	Rick Engles (29, 89)	P	Tulsa	11.	Keith Muehr (2, 293)	P	SW Louisiana
3c.	Don Bitterlich (32, 92)	K	Temple	12.	Ron Barnett (1, 320)	WR	Texas-Arlington
4a.	Steve Myer (1, 93)	QB	New Mexico	13.	Andy Reid (2, 349)	RB	Georgia
4b.	Randy Johnson (30, 122)	G	Georgia	14.	Jarvis Blinks (1, 376)	DB	Northwestern St.
4c.	Andrew Bolton (31, 123)	RB	Fisk	15.	Dan Smith (2, 405)	T	Washington St.
5a.	Don Dufek (2, 126)	DB	Michigan	16.	Jeff Urczyk (1, 432)	G	Georgia Tech
5b.	Ernie Jones (29, 153)	DB	Miami	17.	Chris Rowland (2, 461)	QB	Washington
5c.	Larry Bates (32, 156)	FB	Miami				

## 1977 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1a.	(choice traded to Dallas)			3.	Dennis Boyd (2, 58)	DE	Oregon St.
1b.	Steve August (14, 14) (choice from Dallas)	G	Tulsa	4a.	John Yarno (3, 87)	C	Idaho
2a.	Tom Lynch (2, 30) (choice from Dallas)	T	Boston Coll.	4b.	Larry Seivers, (27, 111) (choice from Minnesota for Ahmad Rashad, WR)	WR	Tennessee
2b.	(choice traded to L.A. Rams for draft choice and Geoff Reece, C)			5.	(choice traded to Detroit for Bill Munson, QB)		
2c.	Terry Beeson (23, 41) (choice from Dallas)	LB	Kansas	6	Tony Benjamin (3, 142)	FB	Duke
2d.	Peter Cronan (2, 51) (choice from L.A. Rams)	LB	Boston Coll.	7.	David Sims (2, 169)	RB-FB	Georgia Tech
2e.	(choice traded to Dallas for Duke Ferguson, WR) (choice from Dallas)			8.	(choice traded to Houston for Steve Largent, WR)		
				9.	George Adzick (2, 225)	S	Minnesota
				10.	Sam Adkins (3, 254)	QB	Wichita St.
				11.	Bill Westbeld (2, 281)	T	Dayton
				12.	I.V. Wilson (22, 329)	DT	Tulsa

## 1978 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Keith Simpson (9, 9)	DB	Memphis St.	9.	Rich Grimmert (9, 231)	T	Illinois
2.	Keith Butler (8, 36)	LB	Memphis St.	10.	Rob Stewart (8, 258)	WR	Lafayette
3.	Bob Jury (7, 63)	DB	Pittsburgh	11a.	(choice traded to New Orleans for Andy Dorris, DE)		
4.	Al Hunter (choice exercised in 1977 supplemental draft)	RB	Notre Dame	11b.	George Halas (23, 301)	LB	Miami (choice from Miami for Carl Barisich, DE)
5.	Louis Bullard (9, 119)	T	Jackson St.	12.	Jeff Bergeron (10, 316)	RB	Lamar
6.	Glenn Starks (8, 146)	WR	Texas A&I				
7.	John Harris (7, 173)	DB	Arizona St.				
8.	(choice traded to Minnesota for Autry Beamon, S and Amos Martin, LB)						

## 1979 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Manu Tuasiosopo (18, 18)	DT	UCLA	6.	(choice traded to Dallas for Bill Gregory, DE)		
2.	Joe Norman (17, 45)	LB	Indiana	7a.	Larry Polowski (4, 169)	LB	Boise St. (choice from Washington for Don Testerman, FB)
3a.	Michael Jackson (1, 57)	LB	Washington (choice from San Francisco for Bob Jury, S)	7b.	(choice traded to Washington in Don Testerman transaction)		
3b.	(choice traded to Dallas for Bill Gregory, DE)						
3c.	(choice traded to San Francisco in Bob Jury trade)						
4a.	(choice voluntarily given to Buffalo for Ahmad Rashad signing) (choice acquired from Tampa Bay for Larry Seivers, WR)						
4b.	Mark Bell (20, 102)	TE	Colorado St.	8.	(choice traded to Detroit for Ernie Price, DE)		
5.	(choice traded to Dallas for Efren Herrera, K)						
				9.	Ezra Tate (20, 240)	RB	Miss. St.
				10.	Robert Hardy (19, 267)	DT	Jackson St.
				11.	Jim Hinesly (18, 293)	G	Michigan St.
				12.	Jeff Moore (16, 319)	RB	Jackson St.

## 1980 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1a.	Jacob Green (10, 10) (choice from Buffalo)	DE	Texas A&M	7.	(choice traded to N.Y. Giants for Dan Doornink, FB)		
1b.	(choice traded to Buffalo)						
2.	Andre Hines (16, 44)	T	Stanford	8a.	Vic Minor (11, 204)	S	Northeast LA (choice from Minnesota for Steve Niehaus, DT)
3.	(choice traded to Buffalo)						
4.	Terry Dion (14, 97)	DE	Oregon	8b.	Jack Cosgrove (14, 207)	C	Pacific
5a.	Joe Steele (17, 127)	RB	Washington	9.	Jim Swift (17, 238)	T	Iowa
5b.	Daniel Jacobs (22, 132)	DE	Winston-Salem St.	10a.	Ron Essink (16, 265)	T	Grand Val. St.
	(choice from Washington for Don Testerman, FB)						
6.	Mark McNeal (15, 153)	DE	Idaho	10b.	Billy Reaves (25, 274)	WR	Morris Brown (choice from Houston for Sammy Green, LB)
				11.	Tali Ena (15, 292)	RB	Washington St.
				12.	Presnell Gilbert (14, 319)	CB	U.S. Int'l.

## 1981 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Kenny Easley (1, 4)	S	UCLA	8.	Eric Lane (3, 196)	RB	BYU
2.	David Hughes (3, 31)	FB	Boise St.	9a.	Jim Stone (2, 223)	RB	Notre Dame
3.	Bill Dugan (2, 58)	G	Penn St.	9b.	Jim Whatley (15, 236)	WR	Washington St. (choice from Minnesota for Nick Bebout, T)
4.	Scott Phillips (4, 87)	WR	BYU	10.	Ken Dawson (4, 252)	RB	Savannah St.
5.	Edwin Bailey (3, 114)	G	S. Carolina St.	11.	Lance Olander (3, 279)	RB	Colorado
6.	Steve Durham (2, 140)	DE	Clemson	12.	Jeff Bednarek (2, 306)	DT	Pacific
7a.	Ron Johnson (4, 170)	WR	Long Beach				
7b.	Brad Scovill (20, 186)	TE	Penn St.				
	(choice from Houston for Sammy Green, LB)						

## 1982 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Jeff Bryant (6, 6)	DE	Clemson	6.	Jack Campbell (5, 144)	T	Utah
2.	Bruce Scholtz (6, 33)	LB	Texas	7.	Eugene Williams (7, 174)	LB	Tulsa
3a.	(choice traded to New England for Horace Ivory, RB)			8.	Chester Cooper (6, 201)	WR	Minnesota
3b.	Pete Metzelaars (20, 75)	TE	Wabash	9.	David Jefferson (5, 228)	LB	Miami
	(choice from Buffalo for Tom Lynch, G)			10.	Craig Austin (7, 258)	LB	So. Dakota
4.	(choice traded to St. Louis for Theotis Brown, RB)			11.	Sam Clancy (5, 284)	TE	Pittsburgh
5.	(choice traded to L.A. Rams for Jim Jodet, FB)			12.	Frank Naylor (5, 311)	C	Rutgers

## 1983 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1a.	Curt Warner (3, 3)	RB	Penn St.	6.	Reginald Gipson (10, 150)	FB	Alabama A&M
	(choice from Houston)			7.	Sam Merriman (9, 177)	LB	Idaho
1b.	(choice traded to Houston)			8.	Matt Hernandez (14, 210)	T	Purdue
2.	(choice traded to Houston)			9.	Bob Clasby (12, 236)	T	Notre Dame
3.	(choice traded to Houston)			10.	Pete Speros (12, 263)	G	Penn St.
4.	(choice traded to St. Louis for Theotis Brown, RB)			11.	Bob Mayberry (11, 290)	G	Clemson
5.	Chris Castor (11, 123)	WR	Duke	12.	Don Dow (10, 317)	T	Washington

## 1984 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Terry Taylor (22, 22)	CB	So. Illinois	5b.	(choice traded to Baltimore for Robert Pratt, G)		
2.	Daryl Turner (21, 49)	WR	Michigan St.	6.	John Kaiser (22, 162)	LB	Arizona
3.	Fredd Young (20, 76)	LB	New Mexico St.	7.	Sam Slater (21, 189)	T	Weber St.
4a.	Rickey Hagood (2, 86)	NT	S. Carolina	8.	John Puzar (20, 216)	C	Long Beach
	(choice from San Francisco for Manu Tuiasosopo, NT)			9.	Adam Schreiber (19, 243)	G	Texas
4b.	(choice traded to Baltimore for Roger Carr, WR)			10.	Randall Morris (18, 270)	RB	Tennessee
5a.	(choice traded to N.Y. Giants for Terry Jackson, CB)			11.	Steve Gemza (22, 302)	T	UCLA
	(choice acquired from San Diego for Roger Carr, WR)			12.	Theo Windham (21, 329)	S	Utah St.

## 1984 SUPPLEMENTAL DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Gordon Hudson	TE	BYU	3.	Frank Seurer	QB	Kansas
2.	Alvin Powell	G	Winston Salem				

## 1985 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	(choice traded to Cincinnati for Blair Bush, C)			6.	(choice traded to N.Y. Giants for Terry Jackson, CB)		
2.	Owen Gill (25, 53)	FB	Iowa	7.	Ron Mattes (25, 193)	T	Virginia
3.	Danny Greene (25, 81)	WR	Washington	8.	Judious Lewis (25, 221)	WR	Arkansas St.
4.	Tony Davis (25, 109)	TE	Missouri	9.	Bob Otto (24, 248)	DE	Idaho St.
5a.	Mark Napolitan (11, 123)	C	Michigan St.	10a.	John Conner (25, 227)	QB	Arizona
	(choice from San Diego for Roger Carr, WR)			10b.	James Bowers (28, 280)	S	Memphis St.
5b.	Arnold Brown (16, 128)	CB	N. Carolina Central		(choice from San Francisco for Manu Tuiasosopo, NT)		
	(choice from Pittsburgh for Steve August, T)			11.	Louis Cooper (25, 305)	LB	W. Carolina
5c.	Johnnie Jones (25, 137)	RB	Tennessee	12.	(choice traded to Buffalo for Reggie McKenzie, G)		

## 1986 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	John L. Williams (1, 15)	FB	Florida	7b.	Paul Miles (15, 181)	RB	Nebraska
2.	(choice traded to New England for Bob Cryder, T)				(choice from Cleveland for the rights to Sam Clancy, DE)		
3.	Patrick Hunter (13, 68)	CB	Nevada-Reno	8.	Alonzo Mitz (17, 211)	DE	Florida
4.	(choice traded to Cincinnati for Dan Ross, TE)			9.	Michael Black (16, 237)	T	Sacram. St.
5.	Bobby Joe Edmonds (16, 126)	WR	Arkansas	10.	Don Fairbanks (15, 264)	DE	Colorado
6.	Eddie Anderson (15, 153)	S	Fort Valley St.	11.	David Norrie (14, 291)	QB	UCLA
7a.	(choice traded to Buffalo for Jon Borchardt, G)			12.	John McVeigh (16, 321)	LB	Miami

## 1987 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Tony Woods (18, 18)	LB	Pittsburgh	7b.	Derek Tennell (17, 185)	TE	UCLA
2.	David Wyman (17, 45)	LB	Stanford	8.	Sammy Garza (21, 216)	QB	Texas-El Paso
3.	(choice traded to Cincinnati for Mike Wilson, T)			9.	M.L. Johnson (20, 243)	LB	Hawaii
4.	Mark Moore (20, 104)	S	Oklahoma St.	10.	Louis Clark (19, 270)	WR	Miss. St.
5a.	Tommie Agee (7, 119)	FB	Auburn	11.	Daryl Oliver (18, 297)	RB	Miami
	(choice from Detroit for Shelton Robinson, LB)			12a.	Wes Dove (5, 312)	DE	Syracuse
5b.	Ruben Rodriguez (19, 131)	P	Arizona		(choice from Green Bay for Dan Ross, TE)		
6.	(choice traded to Philadelphia for Greg Naron, G)			12b.	Tony Burse (17, 324)	FB	Mid. Tenn. St.
7a.	Roland Barbay (16, 184)	NT	LSU		(choice from Minnesota for John Harris, S)		

## 1988 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Brian Bosworth (choice exercised in 1987 supplemental draft)	LB	Oklahoma	6.	Roy Hart (21, 158)	NT	South Carolina
2.	Brian Blades (2, 22)	WR	Miami	7.	Ray Jackson (20, 185)	CB	Ohio St.
3.	Tommy Kane (3, 20)	WR	Syracuse	8.	Robert Tyler (22, 215)	TE	S. Carolina St.
4.	Kevin Harmon (19, 101)	RB	Iowa	9.	Deatrich Wise (21, 242)	NT	Jackson St.
5a.	(choice traded to Phoenix for Kelly Stouffer, QB). (choice from Dallas for Ron Essink, T)			10.	Derwin Jones (20, 269)	DE	Miami
5b.	(choice traded to San Francisco for Jeff Kemp, QB)			11a.	Rick McLeod (choice from Green Bay for Dave Brown, CB)	T	Washington
				11b.	Dwayne Harper (22, 299)	CB	S. Carolina St.
				12.	Dave DesRochers (21, 326)	T	San Diego St.

## 1989 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1a.	Andy Heck (15, 15)	T	Notre Dame	5.	(choice traded to Phoenix for Kelly Stouffer, QB)		
	(choice from Indianapolis for Fred Young, LB)			6.	(choice traded to Tampa Bay with Randy Edwards, NT for Ron Heller, T)		
1b.	(choice traded to Phoenix for Kelly Stouffer, QB)			7.	Mike Nettles (17, 184)	CB	Memphis St.
2.	Joe Tofflemire (16, 44)	C	Arizona	8.	Marlin Williams (16, 211)	DE	W. Illinois
3.	Elroy Harris (15, 71)	RB	E. Kentucky	9.	David Franks (15, 238)	G	Connecticut
4a.	Travis McNeal (17, 101)	TE	Tenn.-Chat.	10.	Derrick Fenner (17, 268)	RB	North Carolina
4b.	James Henry (19, 103)	RS/CB	So. Mississippi	11.	Mike Baum (16, 295)	DE	Northwestern
	(choice from Philadelphia for Ron Heller, T)			12.	R.J. Kors (15, 322)	S	Long Beach

## 1990 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1a.	Cortez Kennedy (3, 3)	DT	Miami	4.	Chris Warren (8, 89)	RB	Ferrum
	(choice from New England)			5.	Eric Hayes (10, 119)	DT	Florida St.
1b.	(choice traded to New England)			6.	Ned Bolcar (9, 146)	LB	Notre Dame
1c.	(choice traded to New England)			7.	Bob Kula (10, 175)	T	Michigan St.
	(choice from Indianapolis for Fred Young, LB)			8.	Bill Hitchcock (9, 202)	T	Purdue
2a.	Terry Wooden (4, 29)	LB	Syracuse	9.	(choice traded to Dallas for Daryl Smith, T)		
	(choice acquired from New England)			10.	Robert Morris (9, 257)	DE	Valdosta St.
2b.	Robert Blackmon (9, 34)	S	Baylor	11.	Daryl Reed (10, 286)	CB	Oregon
3.	(choice traded to New England)			12.	John Gromos (8, 312)	QB	Vanderbilt

## 1991 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Dan McGwire (16, 16)	QB	San Diego St.	6.	Michael Sinclair (16, 155)	DE	E. New Mexico
2a.	(choice traded to L.A. Raiders)			7.	(choice traded to Atlanta for Ronnie Lee, T)		
2b.	Doug Thomas (24, 51)	WR	Clemson	8.	(choice traded to L.A. Raiders for Vann McElroy, S)		
	(choice from L.A. Raiders)			9.	(choice traded to Cleveland for Bob Buczkowski, DE)		
3.	David Daniels (19, 74)	WR	Penn St.	10.	Erik Ringo (16, 266)	LB	Hofstra
4a.	(choice traded to New England in 1990)			11.	Tony Stewart (19, 297)	RB	Iowa
4b.	John Kasay (17, 128)	K	Georgia	12.	Ike Harris (18, 324)	T	S. Carolina
5.	Harlan Davis (16, 155)	CB	Tennessee				

## 1992 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Ray Roberts (10, 10)	T	Virginia	8.	Muhammad Shamsid-Deen, (11, 207)	RB	Tenn.-Chat.
2.	(choice traded to Minnesota for Keith Millard, DT)			9.	Larry Stayner (10, 234)	TE	Boise St.
3.	Bob Spillulski (10, 66)	LB	Cent. Florida	10.	Anthony Hamlet (11, 263)	DE	Miami
4.	(choice traded to New Orleans for Rueben Mayes, RB)			11.	Kris Rongen (10, 290)	G	Washington
5.	Gary Dandridge (10, 122)	S	Appala. St.	12a.	Chico Fraley (11, 319)	LB	Washington
6.	Michael Bates (10, 150)	WR	Arizona	12b.	John MacNeill (12, 320)	DE	Michigan St.
7.	Mike Frier (10, 178)	DE	Appala. St.		(choice from N.Y. Jets in compensation for Ron Mattes, T)		

## 1993 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Rick Mirer (2, 2)	QB	Notre Dame	7.	Michael McCrary (2, 170)	DE	Wake Forest
2.	Carlton Gray (1, 30)	CB	UCLA	8a.	Jeff Blackshear (1, 197)	G	NE Louisiana
3.	(choice traded to the Minnesota for Keith Millard, DT)			8b.	Antonio Edwards (8, 204)	DE	Valdosta St.
4.	Dean Wells (1, 85)	LB	Tennessee		(choice from Chicago in compensation for signing restricted free agent Joe Cain, LB)		
5.	Terrence Warren (2, 114)	WR	Hampton				
6.	(choice traded to Green Bay for Dave McCloughan, S)						

## 1994 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Sam Adams (8, 8)	DT	Texas A&M	6.	(choice traded to New England for Jon Vaughn, RB)		
2.	Kevin Mawae (7, 36)	C	LSU	7.	Carlester Crumpler (8, 202)	TE	East Carolina
3.	Lamar Smith (8, 73)	RB	Houston				
4.	Larry Whigham (7, 110)	S	NE Louisiana				
5.	(choice traded to San Diego for 4th round 1995 draft choice)						

## 1995 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Joey Galloway (8, 8)	WR	Ohio St.	5.	(choice traded to Detroit for Reggie Barrett, WR)		
2.	Christian Fauria (7, 39)	TE	Colorado	6a.	Henry McMillan (9, 180)	DT	Florida
3.	(choice to Green Bay for signing of restricted free agent Corey Harris, CB)			6b.	Eddie Goines (32, 203)	WR	N. Carolina St.
4a.	(choice traded to Arizona for Ricky Proehl, WR)				(compensatory choice for a net loss of free agents in 1994)		
4b.	Jason Kyle (28, 126)	LB	Arizona St.	7.	Keif Bryant (8, 216)	DE	Rutgers
	(choice from San Diego for 5th round 1994 choice)						

## 1996 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1a.	(choice traded to Houston for 1st round 1996 draft choice and Glenn Montgomery, DT)			4b.	(choice traded to Jacksonville for 4th round 1996 draft choice)		
1b.	(choice traded to Detroit for 1st round and 3rd round 1996 draft choices) (choice from Houston)			4c.	Eric Unverzagt (36, 131)	LB	Wisconsin
1c.	Pete Kendall (21, 21)	T	Boston Coll.	5.	(choice traded to Jacksonville for 4th round 1996 draft choice)		
2.	Fred Thomas (17, 47)	CB	Tenn.-Martin	6a.	Reggie Green (17, 184)	G	Florida
3a.	Robert Barr (16, 77)	T	Rutgers	6b.	T.J. Cunningham (42, 209)	CB	Colorado
3b.	Reggie Brown (30, 91)	FB	Fresno St.		(compensatory choice for a net loss of free agents in 1995)		
4a.	Phillip Daniels (4, 99)	DE	Georgia	7.	Johnnie Church (16, 225)	DE	Florida
	(choice from N.Y. Giants through Dallas, Miami and Jacksonville)						

## 1997 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1a.	Shawn Springs (3, 3)	CB	Ohio St.	3a.	(choice to Tampa Bay on 4/19/97) (choice from Atlanta on 3/28/97)		
1b.	Walter Jones (6, 6)	T	Florida St.	3b.	(choice to Atlanta on 3/28/97)		
	(choice from St. Louis through N.Y. Jets and Tampa Bay on 4/19/97)			4a.	(choice to Atlanta on 3/28/97) (choice from Baltimore for G Jeff Blackshear on 3/12/96)		
1c.	(choice to Atlanta on 3/28/97) (choice from Chicago on 2/18/97)			4b.	(choice to Chicago on 2/18/97)		
1d.	(choice to Tampa Bay on 4/19/97)			5.	Eric Stokes (12, 142)	S	Nebraska
2.	(choice to Atlanta on 3/28/97)			6.	Itula Mili (11, 174)	TE	BYU
				7.	Carlos Jones (10, 211)	CB	Miami



Walter Jones, 1997 first-round draft choice, is a five-time Pro Bowler.

## 1998 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Anthony Simmons (15, 15)	LB	Cemson	6a.	Carl Hansen (9, 162)	DT	Stanford
2.	Todd Weiner (17, 47)	T	Kansas St.	6b.	Bobby Shaw (16, 169)	WR	California
3.	Ahman Green (15, 76)	RB	Nebraska	7.	Jason McEndoo	C	Washington
4.	DeShone Myles (16, 108)	LB	Nevada				
5.	(choice to Dallas for Cowboys' 6th and 7th round choices)			St.			

## 1999 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1a.	(choice traded to New England for 1st, 3rd and 6th round choices)			4.	Antonio Cochran (20, 115)	DE	Georgia
1b.	(choice traded to Dallas for 1st and 5th round picks)			5a.	Floyd Wedderburn (7, 140)	T	Penn St.
1c.	Lamar King (22, 22)	DE	Saginaw		(choice from Carolina through Dallas)		
2.	(choice from Dallas) to Green Bay as compensation for Mike Holmgren			5b.	Charlie Rogers (19, 152)	KR	Georgia Tech
3a.	Brock Huard (16, 77)	QB	Washington	6a.	Steve Johnson (1, 170)	CB	Tennessee
3b.	Karsten Bailey (21, 82)	WR	Auburn	6b.	(choice traded to Cleveland for 6th round pick)		
	(choice from New England)			6c.	(choice traded to Cleveland for 6th round pick)		
				7.	(choice traded to N.Y. Jets for QB Glenn Foley on 3/19/99)		

## 2000 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1a.	Shaun Alexander (19, 19)	RB	Alabama	5b.	(choice traded to Denver for 6th and 7th round pick; from San Francisco with 3rd and 4th round picks)		
1b.	Chris McIntosh (22, 22)	T	Wisconsin	6a.	James Williams (9, 175)	WR	Marshall
2.	Ike Charlton (21, 52)	CB	Virginia Tech		(from Denver with 7th round pick for 5th round picks)		
3.	Darrell Jackson (18, 80)	WR	Florida	6b.	Tim Watson (19, 185)	DT	Rowan
	(from Dallas for WR James McKnight 6/24/99)				(from Green Bay with Fred Vinson for Ahman Green & 5th round pick)		
3.	(choice traded to San Francisco for 4th and 5th round pick)			6c.	John Hilliard (24, 190)	DT	Mississippi St.
4a.	Marcus Bell (22, 116)	LB	Arizona	7a.	(choice traded to Oakland for 2001 6th round pick; from Denver with 6th round pick for 5th round pick)		
4b.	Isaiah Kacyvenski (25, 119)	LB	Harvard				
	(from San Francisco with 5th round pick for 3rd round pick)						
5a.	(choice traded to Green Bay with Ahman Green for Fred Vinson and 6th round pick)						

## 2001 COLLEGE DRAFT

Rd.	Player	Pos.	College	San Francisco)	Rd.	Player	Pos.	College
1.	(#7 choice traded to San Francisco for #9, 3rd, 7th round pick; from Dallas for WR Joey Galloway 2/12/00)				4a.	Orlando Huff (9, 104)	LB	Fresno St.
1a.	Koren Robinson (9, 9)	WR	N. Carolina		4b.	Curtis Fuller (32, 127)	S	TCU
	(from San Francisco)				4c.	Floyd Womack (33, 128)	T	Mississippi St.
1.	(#10 and 3rd round traded to Green Bay for QB Matt Hasselbeck and #17 [3/2/01])				5.	Alex Bannister (9, 140)	WR	E. Kentucky
1b.	Steve Hutchinson (17, 17)	G	Michigan		6.	Josh Booty (9, 172)	QB	LSU
	(from Green Bay)					(choice traded to San Francisco with #7 for #9, 3rd & 7th round picks)		
2.	Ken Lucas (9, 40)	CB	Mississippi		7a.	Harold Blackmon (10, 210)	S	Northwestern
3.	Heath Evans (20, 82)	FB	Auburn		7b.	Dennis Norman (22, 222)	T	Princeton
	(from New Orleans through Green Bay and Fran)					(from st. Louis through Green Bay and San Fran)		

## 2002 COLLEGE DRAFT

Rd.	Player	Pos.	College
1.	(#20 traded to Green Bay with 5th round pick for #28 and 2nd round pick)		
1.	Jerramy Stevens (28, 28)	TE	Washington (from Green Bay)
2a.	Maurice Morris (22, 54)	RB	Oregon
2b.	Anton Palepoi (28, 60)	DE	UNLV (from Green Bay)
3.	Kris Richard (20, 85)	CB	USC
4.	Terreal Bierria (22, 120)	S	Georgia
5a.	Rocky Bernard (11, 146)	DE	Texas A&M (from Indianapolis for QB Brock Huard [4/19/02])
5.	(choice traded to Green Bay)		
5b.	Ryan Hannam (34, 169)	TE	No. Iowa
5c.	Matt Hill (36, 171)	T	Boise St.
6.	Craig Jarrett (22, 194)	P	Michigan St.
7.	Jeff Kelly (21, 232)	QB	So. Mississippi



*Jerramy Stevens was a 2002 first-round draft choice.*

## 2003 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Marcus Trufant (11, 11)	CB	WA St.	6a.	Rashad Moore (10, 183)	DT	Tennessee
2.	Ken Hamlin (10, 42)	S	Arkansas	6b.	(from Green Bay, choice traded to New Orleans for DT Norman Hand)		
3.	Wayne Hunter (9, 73)	T	Hawaii	7a.	Josh Brown (8, 222)	K	Nebraska
4a.	Seneca Wallace (13, 110)	QB	Iowa St.	7b.	Taco Wallace (10, 224)	WR	Kansas St.
4b.	Solomon Bates (38, 135)	LB	Arizona St.				
5a.	(choice traded to Green Bay for # 165 & #203)						
5b.	Chris Davis (30, 165)	FB	Syracuse (from Green Bay)				

## 2004 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	Marcus Tubbs (23, 23)	DT	Texas	5.	D.J. Hackett (25, 157)	WR	Colorado
2.	Michael Boulware (21, 53)	S	Florida St.	6.	Craig Terrill (24, 189)	DT	Purdue
3.	Sean Locklear (21, 84)	G	N. Carolina St.	7.	Donnie Jones (23, 224)	P	LSU
4.	Niko Koutouvides (20, 116)	LB	Purdue				

## 2005 COLLEGE DRAFT

Rd.	Player	Pos.	College	Rd.	Player	Pos.	College
1.	(#23 traded to Oakland for #26 and #105)			4a.	Ray Willis (4, 105)	T	Florida St.
1.	Chris Spencer (26, 26)	C	Mississippi (from Oakland)	4	(#121 traded to Carolina for #45)		
2.	Lofa Tatupu (13, 45)	LB	USC (from Carolina)	4	(#126 traded to Carolina for #45) (from Denver thru Cleveland)		
2.	(#54 traded to Carolina for #45)			5.	Jeb Huceba (23, 159)	DE	Arkansas
3a.	David Greene (21, 85)	QB	Georgia	6.	Tony Jackson (22, 196)	FB	Iowa
3b.	LeRoy Hill (35, 98)	LB	Clemson	7a.	Cornelius Wortham (21, 235)	LB	Alabama
				7b.	Doug Nienhuis (40, 254)	G	Oregon St.

## ALL-TIME DRAFTS BY COLLEGE

		Rd.	Overall	Year		Rd.	Overall	Year	
<b>Alabama A&amp;M</b>					<b>California</b>				
FB	Reginald Gipson	6	177	1983	WR	Bobby Shaw	6	169 1998	
<b>Alabama</b>					<b>Central Florida</b>				
RB	Shaun Alexander	1	19	2000	LB	Barry Spitulski	3	66 1992	
LB	Cornelius Wortham	7	235	2005	<b>Clemson</b>				
<b>Appalachian State</b>					DE	Steve Durham	6	140 1981	
DB	Gary Dandridge	5	122	1992	DE	Jeff Bryant	1	6 1982	
DE	Mike Frier	7	178	1992	G	Bob Mayberry	11	290 1983	
<b>Arkansas</b>					WR	Doug Thomas	2	51 1991	
WR	Bobby Joe Edmonds	5	126	1986	LB	Anthony Simmons	1	15 1998	
S	Ken Hamlin	2	42	2003	LB	LeRoy Hill	3	98 2005	
DE	Jeb Huckleba	5	159	2005	<b>Colorado</b>				
<b>Arkansas State</b>					RB	Lance Olander	11	279 1981	
DT	Dick Dixon	7	184	1976	DE	Don Fairbanks	10	264 1986	
WR	Judious Lewis	8	221	1985	TE	Christian Fauria	2	39 1995	
<b>Arizona</b>					DB	T.J. Cunningham	6	209 1996	
LB	John Kaiser	6	162	1984	WR	D.J. Hackett	5	157 2004	
QB	John Conner	10	277	1985	<b>Colorado State</b>				
P	Ruben Rodriguez	5	131	1987	TE	Mark Bell	4	102 1979	
C	Joe Tofflemire	2	44	1989	<b>Connecticut</b>				
RB	Michael Bates	6	150	1992	G	David Franks	9	238 1989	
LB	Marcus Bell	4	116	2000	<b>Dayton</b>				
<b>Arizona State</b>					T	Bill Westbeld	11	281 1977	
DB	John Harris	7	173	1978	<b>Duke</b>				
LB	Jason Kyle	4	126	1995	FB	Tony Benjamin	6	142 1977	
LB	Solomon Bates	4	135	2003	WR	Chris Castor	5	123 1983	
<b>Auburn</b>					<b>Eastern Carolina</b>				
FB	Tommie Agee	5	119	1987	TE	Carlester Crumpler	7	202 1994	
FB	Heath Evans	3	82	2001	<b>Eastern Kentucky</b>				
<b>Baylor</b>					RB	Elroy Harris	3	71 1989	
DB	Robert Blackmon	2	34	1990	WR	Alex Banister	5	140 2001	
<b>Boise State</b>					<b>Eastern New Mexico</b>				
LB	Larry Polowski	7	169	1979	DE	Michael Sinclair	6	155 1991	
FB	David Hughes	2	31	1981	<b>Ferrum</b>				
TE	Larry Stayner	9	234	1992	RB	Chris Warren	4	89 1990	
T	Matt Hill	5	171	2002	<b>Fisk</b>				
<b>Boston College</b>					RB	Andrew Bolton	4	123 1976	
T	Tom Lynch	2	30	1977	<b>Florida State</b>				
LB	Peter Cronan	2	51	1977	WR	Greg Smith	1	10 1980	
G	Pete Kendall	1	21	1996	WR	Greg Smith	1	10 1980	
<b>Brigham Young</b>					WR	Greg Smith	1	10 1980	
WR	Scott Phillips	4	87	1981	WR	Greg Smith	1	10 1980	
RB	Eric Lane	8	196	1981	WR	Greg Smith	1	10 1980	
TE	Itula Mili	6	174	1997	WR	Greg Smith	1	10 1980	

	Rd.	Overall	Year		Rd.	Overall	Year			
<b>Florida</b>				<b>Idaho</b>						
LB		Sammy Green	2	29	1976	C	John Yarno	4	87	1977
TE		Alvis Darby	6	157	1976	DE	Mark McNeal	6	153	1980
FB		John L. Williams	1	15	1986	LB	Sam Merriman	7	177	1983
DE		Alonzo Mitz	8	211	1986	<b>Idaho State</b>				
DT		Henry McMillian	6	180	1995	DE	Bob Otto	9	248	1985
G		Reggie Green	6	184	1996	<b>Illinois</b>				
DE		Johnnie Church	7	225	1996	T	Rich Grimmett	9	231	1978
WR		Darrell Jackson	3	80	2000	<b>Indiana</b>				
<b>Florida State</b>				<b>Iowa</b>						
LB		Randy Coffield	10	266	1976	T	Jim Swift	9	238	1980
DT		Eric Hayes	5	119	1990	FB	Owen Gill	2	53	1985
T		Walter Jones	1	6	1997	RB	Kevin Harmon	4	101	1988
S		Michael Boulware	2	53	2004	G	Ike Harris	12	324	1991
T		Ray Willis	4	105	2005	FB	Tony Jackson	6	196	2005
<b>Fort Valley State</b>				<b>Iowa State</b>						
S		Eddie Anderson	6	153	1986	T	Bob Bos	9	239	1976
<b>Fresno St.</b>				<b>Jackson State</b>						
RB		Reggie Brown	3	91	1996	T	Louis Bullard	5	119	1978
LB		Orlando Huff	4	104	2001	DT	Robert Hardy	10	267	1979
<b>Georgia</b>				<b>Kansas</b>						
G		Randy Johnson	4	122	1976	LB	Terry Beason	2	41	1977
RB		Andy Reid	13	349	1976	<b>Kansas St.</b>				
K		John Kasay	4	98	1991	T	Todd Weiner	2	47	1998
DE		Phillip Daniels	4	99	1996	WR	Taco Wallace	7	224	2003
DE		Antonio Cochran	4	115	1999	<b>Kentucky</b>				
DB		Terreal Bierria	4	120	2002	LB	Dean Wells	4	85	1993
QB		David Greene	3	85	2005	<b>Lafayette</b>				
<b>Georgia Tech</b>				<b>Lamar</b>						
WR		Steve Raible	2	59	1976	RB	Jeff Bergeron	12	316	1978
G		Jeff Urczyk	16	432	1976	<b>Long Beach State</b>				
RB		David Sims	7	169	1977	WR	Ron Johnson	7	170	1981
WR		Charlie Rogers	5	152	1999	C	John Puzar	8	216	1984
<b>Grand Valley State</b>				<b>Louisiana-Monroe</b>						
T		Ron Essink	10	265	1980	DT	R.J. Kors	12	322	1999
<b>Hampton</b>				<b>Louisiana-Monroe</b>						
WR		Terrence Warren	5	114	1993	S	Vic Minor	8	204	1980
<b>Harvard</b>				<b>Louisiana-Monroe</b>						
LB		Isaiah Kacyvenski	4	119	2000	G	Jeff Blackshear	8	197	1993
<b>Hawaii</b>				<b>Louisiana-Monroe</b>						
LB		M.L. Johnson	9	243	1987	DB	Larry Whigham	4	110	1994
T		Wayne Hunter	3	73	2003	<b>Hofstra</b>				
<b>Hofstra</b>				<b>Houston</b>						
LB		Erik Ringoen	10	266	1991	RB	Lamar Smith	3	73	1994

		Rd.	Overall	Year		Rd.	Overall	Year	
<b>Louisiana State</b>					<b>Missouri</b>				
WR	Larry Shipp	8	210	1976	TE	Tony Davis	4	109 1985	
NT	Roland Barbay	7	184	1987	<b>Morris Brown</b>				
C	Kevin Mawae	2	36	1994	WR	Billy Reaves	10	274 1980	
QB	Josh Booty	6	172	2001	<b>Nebraska</b>				
P	Donnie Jones	7	224	2004	RB	Paul Miles	7	181 1986	
<b>Marshall</b>					DB	Eric Stokes	5	142 1997	
WR	James Williams	6	175	2000	RB	Ahman Green	3	76 1998	
<b>Memphis</b>					K	Josh Brown	7	222 2003	
DB	Keith Simpson	1	9	1978	<b>Nevada</b>				
LB	Keith Butler	2	36	1978	CB	Patrick Hunter	3	68 1986	
S	James Bowers	10	280	1985	LB	DeShone Myles	4	108 1998	
DB	Michael Nettles	7	184	1989	<b>New Mexico</b>				
<b>Miami</b>					QB	Steve Myer	4	93 1976	
DB	Ernie Jones	5	153	1976	<b>New Mexico State</b>				
FB	Larry Bates	5	156	1976	LB	Fredd Young	3	76 1984	
LB	George Halas	11	301	1978	<b>North Carolina</b>				
LB	David Jefferson	9	228	1982	RB	Derrick Fenner	10	268 1989	
LB	John McVeigh	12	321	1986	<b>North Carolina Central</b>				
RB	Daryl Oliver	11	297	1987	CB	Arnold Brown	5	128 1985	
WR	Brian Blades	2	49	1988	<b>North Carolina State</b>				
DE	Derwin Jones	10	269	1988	WR	Eddie Goines	6	203 1995	
DT	Cortez Kennedy	1	3	1990	WR	Koren Robinson	1	9 2001	
DE	Anthony Hamlet	10	263	1992	G	Sean Locklear	3	84 2004	
DB	Carlos Jones	7	211	1997	<b>Northern Iowa</b>				
<b>Miami, OH</b>					TE	Ryan Hannam	5	169 2002	
RB	Sherman Smith	2	58	1976	<b>Northwestern</b>				
<b>Michigan</b>					DE	Mike Baum	11	295 1989	
DB	Don Dufek	5	126	1976	DB	Harold Blackmon	7	210 2001	
G	Steve Hutchinson	1	17	2001	<b>Northwestern State</b>				
<b>Michigan State</b>					DB	Jarvis Blinks	14	376 1976	
G	Jim Hinesly	11	293	1979	<b>Notre Dame</b>				
WR	Daryl Turner	2	49	1984	DT	Steve Niehaus	1	2 1976	
C	Mark Napolitan	5	123	1985	RB	Al Hunter	4	Sup. 1978	
DE	John MacNeill	12	320	1992	RB	Jim Stone	9	223 1981	
P	Craig Jarrett	6	194	2002	T	Bob Clasby	9	236 1983	
<b>Middle Tennessee State</b>					G	Andy Heck	1	15 1989	
FB	Tony Burse	12	324	1987	LB	Ned Bolcar	6	146 1990	
<b>Minnesota</b>					QB	Rick Mirer	1	2 1993	
S	George Adzick	9	225	1976	<b>Ohio State</b>				
WR	Chester Cooper	8	201	1982	DB	Ray Jackson	7	185 1988	
<b>Mississippi</b>					WR	Joey Galloway	1	8 1995	
CB	Ken Lucas	2	40	2001	DB	Shawn Springs	1	3 1997	
C	Chris Spencer	1	16	2005	<b>Oklahoma</b>				
<b>Mississippi State</b>					LB	Brian Bosworth	1	SUP. 1988	
RB	Ezra Tate	9	240	1979					
WR	Louis Clark	10	270	1987					
DT	John Hilliard	6	190	2000					
T	Floyd Womack	4	128	2001					

		Rd.	Overall	Year		Rd.	Overall	Year	
<b>Oklahoma State</b>					<b>South Carolina State</b>				
S	Mark Moore	4	104	1987	G	Edwin Bailey	5	114 1981	
<b>Oregon</b>					TE	Robert Tyler	8	215 1988	
DE	Terry Dion	4	97	1980	<b>South Dakota</b>				
DB	Daryl Reed	11	286	1990	LB	Craig Austin	10	258 1982	
RB	Maurice Morris	2	54	2002	<b>Southern California</b>				
<b>Oregon State</b>					CB	Kris Richard	3	85 2002	
DE	Dennis Boyd	3	58	1977	LB	Lofa Tatupu	2	45 2005	
G	Doug Nienhuis	7	254	2005	<b>Southern Illinois</b>				
<b>Pacific</b>					CB	Terry Taylor	1	22 1984	
C	Jack Cosgrove	8	207	1980	<b>Southern Mississippi</b>				
DT	Jeff Bednarek	12	306	1981	DB	Henry James	4	103 1989	
<b>Penn State</b>					QB	Jeff Kelly	7	232 2002	
G	Bill Dugan	3	58	1981	<b>Southwest Louisiana</b>				
TE	Brad Scovill	7	186	1981	P	Keith Muehr	11	293 1976	
RB	Curt Warner	1	3	1983	<b>Stanford</b>				
G	Peter Speros	10	263	1983	T	Andre Hines	2	44 1980	
WR	David Daniels	3	74	1991	LB	David Wyman	2	45 1987	
<b>Pittsburgh</b>					DE	Carl Hansen	6	162 1998	
DB	Bob Jury	3	63	1978	<b>Syracuse</b>				
TE	Sam Clancy	11	284	1982	DE	Wes Dove	12	312 1987	
LB	Tony Woods	1	18	1987	WR	Tommy Kane	3	75 1988	
<b>Princeton</b>					LB	Terry Wooden	2	29 1990	
T	Dennis Norman	7	222	2001	FB	Chris Davis	5	165 2003	
<b>Purdue</b>					<b>Temple</b>				
T	Matt Hernandez	8	210	1983	K	Don Bitterlich	3	92 1976	
G	Bill Hitchcock	8	202	1990	<b>Tennessee</b>				
LB	Niko Koutouvides	4	116	2004	WR	Larry Seivers	4	111 1977	
DT	Craig Terrill	6	189	2004	RB	Randall Morris	10	270 1984	
<b>Rowan</b>					RB	Johnnie Jones	5	137 1985	
DT	Tim Watson	6	185	200	DB	Harlan Davis	5	128 1991	
<b>Rutgers</b>					DB	Charlie Davis	6	170 1999	
C	Frank Naylor	12	311	1982	DT	Rashad Moore	6	183 2003	
DE	Keif Bryant	7	216	1995	<b>Tennessee-Chattanooga</b>				
T	Robert Barr	3	77	1996	TE	Travis McNeal	4	101 1989	
<b>Sacramento State</b>					RB	Muhammad Shamsid-Deen	8	207 1992	
T	Michael Black	9	237	1986	<b>Tennessee-Martin</b>				
<b>Saginaw Valley State</b>					CB	Fred Thomas	2	47 1996	
DE	Lamar King	1	22	1999	<b>Texas</b>				
<b>San Diego State</b>					LB	Bruce Scholtz	2	31 1981	
T	Dave DesRochers	12	326	1988	G	Adam Schreiber	9	243 1984	
QB	Dan McGwire	1	16	1991	DT	Marcus Tubbs	1	23 2004	
<b>Savannah State</b>					<b>Texas A&amp;I</b>				
RB	Ken Dawson	10	252	1981	WR	Glenn Starks	6	146 1978	
<b>South Carolina</b>									
NT	Ricky Hagood	4	86	1984					
NT	Roy Hart	6	158	1988					

		Rd.	Overall	Year		Rd.	Overall	Year
<b>Texas A&amp;M</b>								
DE	Jacob Green	1	10	1980				
DT	Sam Adams	1	8	1994				
DT	Rocky Bernard	5	146	2002				
<b>Texas-Arlington</b>								
WR	Ron Barnett	12	320	1976				
<b>Texas Christian</b>								
DB	Curtis Fuller	4	127	2001				
<b>Texas-El Paso</b>								
QB	Sammy Garza	8	216	1987				
<b>Texas Tech</b>								
DT	Kris Kocurek	7	237	2001				
<b>Tulsa</b>								
P	Rick Engles	3	89	1976				
G	Steve August	1	14	1977				
DT	I.V. Wilson	12	329	1977				
LB	Eugene Williams	7	174	1982				
<b>UCLA</b>								
DT	Manu Tuiasosopo	1	18	1979				
S	Kenny Easley	1	4	1981				
T	Steve Gemza	11	302	1984				
QB	David Norrie	11	291	1986				
TE	Derek Tennell	7	185	1987				
DB	Carlton Gray	2	30	1993				
<b>UNLV</b>								
DE	Anton Palepoi	2	60	2002				
<b>U.S. International</b>								
CB	Presnell Gilbert	12	319	1980				
<b>Utah</b>								
T	Jack Campbell	6	144	1982				
<b>Utah State</b>								
S	Theo Windham	12	329	1984				
<b>Valdosta State</b>								
DE	Robert Morris	10	257	1990				
DE	Antonio Edwards	8	204	1993				
<b>Vanderbilt</b>								
QB	John Gromos	12	312	1990				
<b>Virginia</b>								
T	Ron Mattes	7	193	1985				
T	Ray Roberts	1	10	1992				
<b>Virginia Tech</b>								
DB	Ike Charlton	2	52	2000				
<b>Wabash</b>								
TE	Pete Metzelaars	3	75	1982				
<b>Wake Forest</b>								
DE	Michael McCrary	7	170	1993				
<b>Washington</b>								
QB	Chris Rowland	17	461	1976				
LB	Michael Jackson	3	57	1979				
RB	Joe Steele	5	127	1980				
T	Don Dow	12	317	1983				
WR	Danny Green	3	81	1985				
T	Rick McLeod	11	284	1988				
G	Kris Rongen	11	290	1992				
LB	Chico Fraley	12	319	1992				
QB	Brock Huard	3	77	1999				
TE	Jerramy Stevens	1	28	2002				
<b>Washington State</b>								
T	Dan Smith	15	405	1976				
RB	Tali Ena	11	292	1980				
WR	Jim Whatley	9	236	1981				
C	Jason McEndoo	7	197	1998				
CB	Marcus Trufant	1	11	2003				
<b>Weber State</b>								
T	Sam Slater	7	189	1984				
<b>Western Carolina</b>								
LB	Louis Cooper	11	305	1985				
<b>Western Illinois</b>								
DE	Marlin Williams	8	211	1989				
<b>West Texas State</b>								
DE	Jeff Lloyd	3	62	1976				
<b>Winston-Salem State</b>								
DE	Daniel Jacobs	5	132	1980				
<b>Wisconsin</b>								
LB	Eric Unverzagt	4	131	1996				
T	Chris McIntosh	1	22	2000				



T Steve August (1997-84)

## 1976

- 8/5 DT Wayne Baker to Oakland for conditional draft choice.
- 8/26 Eighth-round 1977 draft choice to Houston for WR Steve Largent.
- 9/6 Fifth-round 1977 draft choice to Detroit for QB Bill Munson.
- 9/6 Exchange of twelfth-round 1977 draft choices with Pittsburgh for G Ron Coder.
- 9/7 WR Ahmad Rashad to Minnesota for fourth-round 1977 draft choice (WR Larry Seivers).
- 9/7 S Terry Brown to Cleveland for CB Ted Bachman. Brown had been claimed on waivers from St. Louis.

## 1977

- 5/3 First-round 1977 draft choice (#2) to Dallas for first-round (#14) and three second-round 1977 draft choices (G Steve August, T Tom Lynch, LB Terry Beeson).
- 5/3 Second-round 1977 draft choice to Los Angeles Rams for C Geoff Reece and Rams' second-round 1977 draft choice (LB Peter Cronan).
- 5/3 Second-round 1977 draft choice to Dallas for WR Duke Ferguson.
- 5/3 LB Ed Bradley to San Francisco for DT Bill Sandifer.
- 7/20 DT Carl Barisich to Miami Dolphins for eleventh-round 1978 draft choice (LB George Halas).
- 8/30 WR Larry Seivers to Tampa Bay for fourth-round 1979 draft choice. Seattle gave draft choice to Buffalo as voluntary compensation for Ahmad Rashad signing in 1976.
- 9/5 Eighth-round 1978 draft choice to Minnesota for S Autry Beamon and LB Amos Martin.
- 9/6 Eleventh-round 1978 draft choice to New Orleans for DE Andy Dorris.

## 1978

- 8/15 Fifth-round 1979 draft choice to Dallas for K Efen Herrera.
- 8/28 S Bob Jury and third-round 1979 draft choice to San Francisco 49ers for third-round 1979 draft choice (LB Michael Jackson).
- 8/28 Third-round and sixth-round 1979 draft choices to Dallas for DE Bill Gregory and third-round 1979 draft choice (choice traded).
- 9/27 DT Bill Cooke and eighth-round 1979 draft choice to Detroit for DE Ernie Price.

## 1979

- 3/30 FB Don Testerman and seventh-round 1979 draft choice to Washington for seventh-round 1979 (LB Larry Polowski) and fifth-round 1980 draft choices (DE Daniel Jacobs).
- 4/16 G Gordon Jolley to Detroit for past considerations.
- 8/1 DT Steve Niehaus to Minnesota for DE Carl Eller and eighth-round 1980 draft choice (S Vic Minor).
- 8/21 Seventh-round 1980 draft choice to New York Giants for FB Dan Doornink.

## 1980

- 4/29 First-round (#16) and third-round 1980 draft choices to Buffalo for first-round (#10) 1980 draft choice (DE Jacob Green).
- 4/30 LB Sammy Green to Houston for tenth-round 1980 (WR Billy Reaves) and seventh-round 1981 (TE Brad Scoville) draft choices.
- 8/26 Fifth-round 1982 draft choice to Los Angeles Rams for FB Jim Jodat.
- 9/1 T Nick Bebout to Minnesota for ninth-round 1981 draft choice (WR Jim Whatley).

## 1981

- 9/25 Third-round 1982 draft choice to New England for RB Horace Ivory.
- 10/13 Fourth-round 1982 and fourth-round 1983 draft choices to St. Louis for RB Theotis Brown.
- 10/13 G Tom Lynch to Buffalo for third-round 1982 draft choice (TE Pete Metzelaars).

**1982**

- 4/30 LB Terry Beeson to Atlanta for conditional 1983 draft choice.
- 7/12 Fifth-round 1984 draft choice to Baltimore for G Robert Pratt.
- 9/3 Fourth-round 1984 draft choice to Baltimore for WR Roger Carr.

**1983**

- 4/24 First-round (#9), second-round, and third-round 1983 draft choices to Houston for first-round (#3) 1983 draft choice (RB Curt Warner).
- 6/28 Twelfth-round 1985 draft choice to Buffalo for G Reggie McKenzie.
- 6/29 First-round 1985 draft choice to Cincinnati for C Blair Bush.
- 8/24 RB Sherman Smith and WR Roger Carr to San Diego for fifth-round 1984 draft choice (choice traded) and fifth-round 1985 draft choice (C Mark Napolitan).

**1984**

- 3/12 Fifth-round 1984 and sixth-round 1985 draft choices to New York Giants for CB Terry Jackson.
- 4/4 NT Manu Tuiasosopo to San Francisco for fourth-round 1984 and tenth-round 1985 draft choices.
- 7/31 Second-round 1986 draft choice to New England for T Bob Cryder.
- 10/9 T Steve August to Pittsburgh for fifth-round 1985 draft choice.

**1985**

- 4/26 Seventh-round 1986 draft choice to Buffalo for G Jon Borchardt.
- 8/20 TE Pete Metzelaars to Buffalo for WR Byron Franklin.
- 8/27 The rights to DE Sam Clancy to Cleveland for seventh-round 1986 draft choice (RB Paul Miles).
- 10/15 Fourth-round 1986 draft choice to Cincinnati for TE Dan Ross.

**1986**

- 8/9 Sixth-round 1987 draft choice to Philadelphia for G Greg Naron.
- 8/19 TE Dan Ross to Green Bay for twelfth-round 1987 draft choice (DE Wes Dove).
- 8/27 Third-round 1987 draft choice to Cincinnati for T Mike Wilson.
- 9/1 LB Shelton Robinson to Detroit for fifth-round 1987 draft choice (FB Tommie Agee).
- 9/2 S John Harris to Minnesota for seventh-round 1987 draft choice (NT Roland Barbay).

**1987**

- 5/19 Fifth-round 1988 draft choice to San Francisco for QB Jeff Kemp.
- 8/25 T Ron Essink to Dallas for fifth-round 1988 draft choice (choice traded).
- 8/26 CB Dave Brown to Green Bay for eleventh-round 1988 draft choice (T Rick McLeod).

**1988**

- 4/22 Fifth-round 1988, first-round 1989, and fifth-round 1989 draft choices to Phoenix for QB Kelly Stouffer.
- 5/4 NT Randy Edwards and sixth-round 1989 draft choice to Tampa Bay for T Ron Heller.
- 5/23 Conditional draft choice to Washington for CB Tim Morrison.
- 8/1 WR Daryl Turner to Cleveland for an undisclosed draft choice. Turner failed his physical, is returned to Seahawks, and waived.
- 8/22 T Ron Heller to Philadelphia for fourth-round 1989 draft choice (RS James Henry).
- 9/8 LB Fredd Young to Indianapolis for first-round 1989 (T Andy Heck) and first-round 1990 (choice traded) draft choices.

**1989**

- 7/25 Ninth-round 1990 draft choice to Dallas for T Daryle Smith.
- 7/28 Conditional draft choice to Detroit for T Curt Singer.
- 8/7 C Kevin Thomas to Phoenix for conditional draft choice.
- 8/31 CB Terry Taylor to Detroit for FB James Jones.

**1990**

- 4/22 Two first-round (#8 and #10) and third-round 1990 draft choices and fourth-round 1991 draft choice to New England for first-round (#3) (DT Cortez Kennedy) and second-round (#29) (LB Terry Wooden) 1990 draft choices.
- 7/27 LB Willie Walker to New York Jets for conditional draft choice.
- 8/26 Conditional draft choice to Detroit for WR John Ford.
- 8/28 Seventh-round 1991 draft choice to Atlanta for T Ronnie Lee.
- 10/16 Eighth-round 1991 draft choice to Los Angeles Raiders for S Vann McElroy.

**1991**

- 1/31 T Ron Mattes to New York Jets for twelfth-round 1992 draft choice (DE John MacNeill).
- 4/22 Ninth-round 1991 draft choice to Cleveland for DE Bob Buczkowski.

**1992**

- 4/25 Second-round 1992 and third-round 1993 draft choices to Minnesota for DT Keith Millard.
- 4/26 Fourth-round 1992 draft choice to New Orleans for RB Rueben Mayes.

**1993**

- 4/26 Sixth-round 1993 draft choice to Green Bay for S Dave McCloughan.
- 8/25 Sixth-round 1994 draft choice to New England for RB Jon Vaughn.

**1994**

- 4/25 Fifth-round 1994 draft choice to San Diego for fourth-round 1995 draft choice (LB Jason Kyle).
- 4/28 Fifth-round 1995 draft choice to Detroit for WR Reggie Barrett.

**1995**

- 3/10 Third-round 1995 draft choice to Green Bay for signing restricted free agent CB Corey Harris.
- 4/3 Fourth-round 1995 draft choice to Arizona for WR Ricky Proehl.

**1996**

- 3/12 G Jeff Blakeshear to Baltimore for fourth-round 1997 draft choice (choice traded).
- 4/20 First-round 1996 draft choice (#14) to Houston for first-round 1996 draft choice (#17) and DT Glenn Montgomery.
- 4/20 First-round 1996 draft choice (#17) to Detroit for first-round draft choice (#21) (G Pete Kendall) and third-round 1996 draft choice (FB Reggie Brown).
- 4/20 Fourth and fifth-round 1996 draft choices to Jacksonville for fourth-round 1996 draft choice (DE Phillip Daniels).
- 6/27 S Eugene Robinson to Green Bay for DE Matt LaBounty

**1997**

- 2/18 QB Rick Mirer and fourth-round 1997 draft choice (b) to Chicago for first-round (#11) 1997 draft choice (choice traded).
- 3/28 First-round (#11), second-round, third-round, and fourth-round 1997 draft choices to Atlanta for first-round (#3) (CB Shawn Springs) and third-round 1997 draft choices.
- 4/19 First-round (#12) and third-round 1997 draft choices to Tampa Bay Buccaneers for first-round (#6) 1997 draft choice (T Walter Jones).
- 9/30 Conditional draft choice to New Orleans Saints for WR Daryl Hobbs.

**1998**

- 4/19 Fifth-round choice (#138) to Dallas in exchange for sixth-round (#162, DT Carl Hansen) and seventh-round (#197, C Jason McEndoo) selections.

**1999**

- 3/19 Seventh-round choice (#223) to NY Jets for QB Glenn Foley.  
 4/17 First-round choice (#17) to New England for first-round (#20), third-round (#82) and sixth round (#191).  
 4/17 First-round choice (#20) to Dallas for first-round (#22) and fifth-round (#140).  
 4/17 Second-round choice (#47) awarded to Green Bay as compensation for Mike Holmgren.  
 4/18 Sixth-round choices (#187 & #191) to Cleveland for sixth-round (#170, CB Steve Johnson).  
 6/24 WR James McKnight to Dallas Cowboys for third-round 2000 draft choice.  
 8/30 Seventh-round 2000 pick to Green Bay for WR Derrick Mayes.  
 9/5 Conditional draft choice to Jacksonville for CB Cordell Taylor.

**2000**

- 2/12 WR Joey Galloway to Dallas Cowboys for first-round choices in 2000 & 2001.  
 4/14 RB Ahman Green and fifth-round choice to Green Bay for CB Fred Vinson and sixth-round pick.  
 4/15 Third-round choice (#86) to San Francisco for fourth (#119) and fifth-round (#154) picks.  
 4/16 Fifth-round pick (#154) to Denver for sixth-round (#175) and seventh-round (#231) picks.  
 4/16 Seventh-round pick (#231) to Oakland for a sixth-round 2001 choice.  
 8/27 Undisclosed 2001 draft choice to Chicago for G Chad Overhauser.

**2001**

- 3/2 First-round pick (#10) and third-round choice (#72) to Green Bay for QB Matt Hasselbeck and first-round choice (#17).  
 4/21 First-round (#7) and sixth-round pick (#191) to San Francisco for first-round (#9), third-round (82) and seventh-round (#222) picks.

**2002**

- 4/19 Brock Huard to Indianapolis for fifth-round choice (#146).  
 4/20 First-round (#20) and fifth-round pick (#156) to Green Bay for first-round (#28) and second-round (#60) picks.  
 6/21 Ike Charlton to Jacksonville for seventh-round choice (#222) in 2003.

**2003**

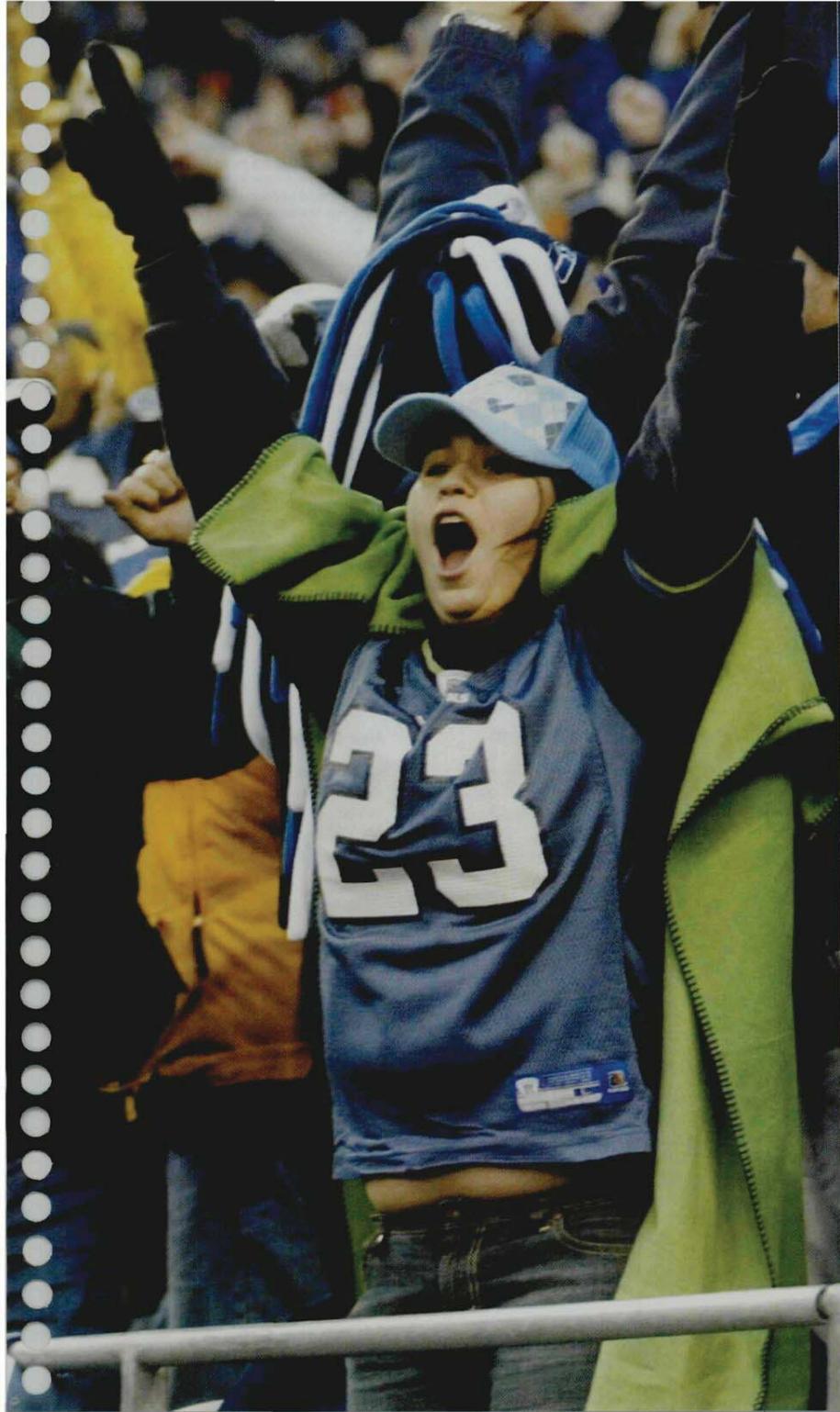
- 4/10 Undisclosed 2004 draft choice to Atlanta for T Michael Thompson.  
 4/27 Fifth-round pick (#147) to Green Bay for fifth-round (#165) and sixth-round picks (#203).  
 4/27 Sixth-round pick (#203) to New Orleans for DT Norman Hand.

**2004**

- 10/10 Conditional 2005 draft choice to Oakland for WR Jerry Rice.

**2005**

- 3/8 QB Trent Dilfer to Cleveland for 2005 fourth-round pick (#120).  
 4/23 First-round pick (#23) to Oakland for first-round (#26) and fourth-round (#105) picks.  
 4/23 Second-round (#54) and two fourth-round (#121, #126) picks to Carolina for second-round (#45) pick.





**Seattle Seahawks 21, New Orleans Saints 7**  
**Sunday, September 12, 2004 — Louisiana Superdome**

The Seahawks opened the season for the second straight year facing the Saints, this time in New Orleans. The Seahawks proved that their road woes were last season's headlines, as they defeated the Saints handily, 21-7. Led by Shaun Alexander's three touchdowns on the day, he totaled 135 yards on 28 carries, compared to the Seahawks' defense clamping down on Deuce McAllister. McAllister was held to just 57 yards on 16 carries. New Orleans was held to just 12 first downs, fumbled twice, and Aaron Brooks threw an interception to rookie Michael Boulware. Alexander scored on a 14-yard pass from Matt Hasselbeck and then on a 6-yard rush in the second quarter before the Saints scored their only touchdown just before the half. Alexander added one more touchdown on a 9-yard carry for the final score. Darrell Jackson continued to be the go-to guy for Hasselbeck, hauling in seven passes for 98 yards.

<b>Seattle</b>	0	14	7	0	—	<b>21</b>
<b>New Orleans</b>	0	7	0	0	—	<b>7</b>

			<b>Seattle</b>	<b>New Orleans</b>
SEA	2	14:52	Alexander 14 pass from Hasselbeck (Brown kick) (8-76, 4:18)	7 0
SEA	2	6:38	Alexander 6 run (Brown kick) (5-48, 1:38)	14 0
NO	2	2:54	Conwell 6 pass from Brooks (Carney kick) (8-47, 3:44)	14 7
SEA	3	3:06	Alexander 9 run (Brown kick) (2-26, 0:34)	21 7
Att.	— 64,900			

**INDIVIDUAL STATISTICS**

**RUSHING**

<b>Seattle</b>	<b>Att</b>	<b>Yds</b>	<b>LG</b>	<b>TD</b>	<b>New Orleans</b>	<b>Att</b>	<b>Yds</b>	<b>LG</b>	<b>TD</b>
Alexander	28	135	27	2	McAllister	16	57	12	0
Strong	7	25	8	0	Brooks	2	16	14	0
Morris	4	10	6	0	Stallworth	1	1	1	0
Hasselbeck	4	-1	1	0					
<b>TOTAL</b>	<b>43</b>	<b>169</b>	<b>27</b>	<b>2</b>	<b>TOTAL</b>	<b>19</b>	<b>74</b>	<b>14</b>	<b>0</b>

**PASSING**

<b>Seattle</b>	<b>A</b>	<b>C</b>	<b>Yds</b>	<b>TD</b>	<b>INT</b>	<b>RT</b>	<b>New Orleans</b>	<b>A</b>	<b>C</b>	<b>Yds</b>	<b>TD</b>	<b>INT</b>	<b>RT</b>
Hasselbeck	29	19	246	1	1	89.2	Brooks	37	18	223	1	1	65.5
<b>TOTAL</b>	<b>29</b>	<b>19</b>	<b>246</b>	<b>1</b>	<b>1</b>	<b>89.2</b>	<b>TOTAL</b>	<b>37</b>	<b>18</b>	<b>223</b>	<b>1</b>	<b>1</b>	<b>65.5</b>

**RECEIVING**

<b>Seattle</b>	<b>No</b>	<b>Yds</b>	<b>LG</b>	<b>TD</b>	<b>New Orleans</b>	<b>No</b>	<b>Yds</b>	<b>LG</b>	<b>TD</b>
Jackson	7	98	37	0	Horn	6	110	33	0
Engram	3	55	38	0	Stallworth	3	36	16	0
Robinson	3	35	16	0	Conwell	3	32	17	1
Alexander	2	31	17	1	Williams	3	13	7	0
Strong	2	9	5	0	McAllister	2	20	11	0
Mili	1	15	15	0	Karney	1	12	12	0
Evans	1	3	3	0					

**TEAM STATISTICS**

	<b>Seattle</b>	<b>New Orleans</b>
Total First Downs	21	12
Third Down Eff.	6-15-40%	3-14-21%
Total Net Yards	415	281
Total Off. Plays	72	58
Avg. per Play	5.8	4.8
Net Yards Rushing	169	74
Total Rushing Plays	43	19
Net Yards Passing	246	207
Times Sacked/Yards Lost	0/0	2/16
Pass Att.-Comp.-Int.	29-19-1	37-18-1
Punts-No. and Avg.	7-39.0	7-41.7
Penalties-No. and Yards	5-45	8-68
Fumbles-No. and Lost	1-1	2-2
Touchdowns	3	1
Field Goals Made-Att.	0-0	0-0
Time of Possession	33:37	26:23

**DEFENSE**

	<b>Seattle</b>	<b>T</b>	<b>S</b>	<b>A</b>	<b>QB</b>	<b>Yds</b>	<b>Int</b>	<b>Yds</b>	<b>PD</b>	<b>FF</b>	<b>FR</b>
Bierria	9	5	4	0.0	0.0	0	0	1	1	0	
Moore	7	5	2	0.0	0.0	0	0	0	0	0	
Hamlin	4	4	0	0.0	0.0	0	0	0	0	0	
Woodard	4	4	0	0.0	0.0	0	0	0	0	0	
Four players with 3 tackles											
<b>Additional Stats:</b> Sacks: Bernard 1.0, Okeafafor 1.0;											
Interceptions: Boulware 1; Forced Fumbles: Taylor 1;											
Fumble Recoveries: Huff 1, Lucas 1.											
<b>N. Orleans</b>	<b>T</b>	<b>S</b>	<b>A</b>	<b>QB</b>	<b>Yds</b>	<b>Int</b>	<b>Yds</b>	<b>PD</b>	<b>FF</b>	<b>FR</b>	
Watson	11	8	3	0.0	0.0	0	0	0	0	0	
Bellamy	9	8	1	0.0	0.0	0	0	0	1	0	
Thomas	7	6	1	0.0	0.0	0	0	0	0	0	
Allen	6	6	0	0.0	0.0	0	0	1	0	0	
Grant	6	6	0	0.0	0.0	0	0	1	0	0	
<b>Additional Stats:</b> Interceptions: Ambrose 1; Fumble Recoveries: Brown 1.											



Seattle took to the road yet again, traveling over 5,000 miles round-trip to face the Buccaneers. Defense took center stage for both teams, with Seattle limiting Tampa Bay to 271 total yards, three turnovers, six three-and-outs and nine punts while Seattle gained 182 total yards and punted 10 times, a career-high for Tom Rouen. However, Seattle scored the game's only touchdown, a 27-yard strike from Matt Hasselbeck to Koren Robinson in the second quarter. That was set up after a Marcus Trufant interception and 41-yard return. The Seattle defense stood its ground on two goal-line stands (one coming in the second quarter and the other in the fourth quarter), limiting Tampa Bay to only two field goals the entire game. With the game on the line, and after 39 yards of defensive penalties, Tampa Bay found itself on Seattle's 26, but Michael Boulware intercepted Chris Simms with 1:11 left in the game to seal the win.

<b>Seattle</b>	3	7	0	0	—	<b>10</b>
<b>Tampa Bay</b>	0	3	0	3	—	<b>6</b>

<b>Seattle</b>	<b>Tampa Bay</b>
3	0
10	0
10	3
10	6

SEA	1	2:24	Brown 44 field goal (9-24, 3:47)
SEA	2	14:25	Robinson 27 pass from Hasselbeck (Brown kick) (2-29, 0:35)
TB	2	0:49	Gramatica 24 field goal (14-71, 6:26)
TB	4	4:35	Gramatica 27 field goal (12-71, 5:50)
Att.	—	65,089	

**INDIVIDUAL STATISTICS**

**RUSHING**

Seattle	Att	Yds	LG	TD	Tampa Bay	Att	Yds	LG	TD
Alexander	17	45	12	0	Garner	13	75	25	0
Strong	2	11	8	0	Simms	4	13	12	0
Morris	3	2	4	0	Alstott	2	6	5	0
Hasselbeck	1	-2	-2	0	Johnson	1	3	3	0
					White	4	-5	2	0
<b>TOTAL</b>	<b>23</b>	<b>56</b>	<b>12</b>	<b>0</b>	<b>TOTAL</b>	<b>24</b>	<b>92</b>	<b>25</b>	<b>0</b>

**PASSING**

Seattle	A	C	Yds	TD	INT	RT	Tampa Bay	A	C	Yds	TD	INT	RT
Hasselbeck	26	12	147	1	1	60.9	Simms	32	21	175	0	1	66.5
							Johnson	7	4	34	0	1	30.4
<b>TOTAL</b>	<b>26</b>	<b>12</b>	<b>147</b>	<b>1</b>	<b>1</b>	<b>60.9</b>	<b>TOTAL</b>	<b>39</b>	<b>25</b>	<b>209</b>	<b>0</b>	<b>2</b>	<b>56.5</b>

**RECEIVING**

Seattle	No	Yds	LG	TD	Tampa Bay	No	Yds	LG	TD
Jackson	5	50	16	0	Brown	7	49	14	0
Robinson	4	66	27t	1	Clayton	6	61	20	0
Stevens	1	16	16	0	Garner	6	24	7	0
Ingram	1	13	13	0	Lee	1	35	35	0
Morris	1	2	2	0	Dudley	1	17	17	0
					Dilger	1	12	12	0
					Alstott	1	6	6	0
					Schroeder	1	4	4	0
					White	1	1	1	0
<b>TOTAL</b>	<b>12</b>	<b>147</b>	<b>27t</b>	<b>1</b>	<b>TOTAL</b>	<b>25</b>	<b>209</b>	<b>35</b>	<b>0</b>

**TEAM STATISTICS**

	Seattle	Tampa Bay
Total First Downs	9	17
Third Down Eff.	1-14-7%	4-15-27%
Total Net Yards	182	271
Total Off. Plays	53	68
Avg. per Play	2.4	3.8
Net Yards Rushing	56	92
Total Rushing Plays	23	24
Net Yards Passing	126	179
Times Sacked/Yards Lost	5/23	5/30
Pass Att.-Comp.-Int.	26-12-1	39-25-2
Punts-No. and Avg.	10-47.5	8-46.4
Penalties-No. and Yards	7-59	1-5
Fumbles-No. and Lost	1-0	3-1
Touchdowns	1	0
Field Goals Made-Att.	1-1	2-2
Time of Possession	26:17	33:43

**DEFENSE**

Seattle	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Huff	9	8	1	1.0	10.0	0	0	0	0	0
Trufant	8	7	1	0.0	0.0	1	41	1	0	0
Simmons	8	5	3	0.0	0.0	0	0	1	0	0
Wistrom	7	6	1	2.0	11.0	0	0	0	1	0
Three players with 6 tackles										
<b>Additional Stats:</b> Sacks: Bernard 1.0, Cochran 1.0; Interceptions: Boulware 1; Fumble Recoveries: Moore 1.										
Tampa Bay	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Brooks	7	6	1	0.0	0.0	1	3	1	0	0
Smith	7	5	2	0.0	0.0	0	0	0	0	0
Phillips	6	5	1	0.0	0.0	0	0	0	0	0
Darby	6	4	2	0.0	0.0	0	0	0	1	0
Kelly	5	4	1	0.0	0.0	0	0	3	0	0
Spires	5	4	1	1.0	6.0	0	0	0	0	0
<b>Additional Stats:</b> Sacks: McFarland 2.0, Quarles 1.0.										

GAME 3



Seattle Seahawks 34, San Francisco 49ers 0  
 Sunday, September 26, 2004 — Qwest Field

In a historical display of defensive prowess, the Seahawks shut out the San Francisco 49ers, 34-0, in front of a Qwest Field record 66,709 fans in the team's home opener. It was the first time San Francisco had been held scoreless in an NFL-record 420 games (7-0 vs. Atlanta, 10/9/77). Seattle did not turn the ball over for the first time this season and forced four San Francisco turnovers, improving to second in the NFL with a +7 takeaway/giveaway ratio. Exchanging punts to begin the game, Ken Lucas set the tone for the game with an interception that helped set up Seattle's first score, a 35-yard field goal by Josh Brown. On the Seahawks' next possession, the first play was good for a 60-yard strike from Matt Hasselbeck to Bobby Engram to the 49ers' 11. Two plays later, Shaun Alexander scored the first of his three touchdowns on the day, a 1-yard run. The Seattle defense struck again, this time with Cedric Woodard pulling off a hat trick; his first career sack, second career forced fumble and first career fumble recovery on the 49ers' 15. Three plays later, Hasselbeck found Alexander from 3 yards out to up the score to 17-0 to end the first quarter. In the second quarter, in what turned out to be San Francisco's best scoring opportunity, kicker Todd Peterson's 46-yard attempt came up short bouncing off the crossbar. Just after the two-minute warning, Alexander scored from 1-yard out for this third score and a 24-0 halftime lead. Seattle's offense came out firing in the second-half, taking the kickoff and moving the ball 68 yards culminating in a Hasselbeck to Itula Mili 1-yard touchdown pass. Forcing a 49ers punt, the Seahawks capped off the scoring with a Brown 28-yard field goal in the third quarter. In the fourth quarter, Seattle's defensive stand continued, as Ken Hamlin intercepted Ken Dorsey at the goal-line and Chike Okeafor sacked Dorsey and forced a fumble (recovered by Rashad Moore) to ensure Seattle's shut out.

San Francisco	0	0	0	0	—	0
Seattle	17	7	10	0	—	34

				San Francisco	Seattle
SEA 1	8:24	Brown 35 field goal (4-9, 0:50)		0	3
SEA 1	4:37	Alexander 1 run (Brown kick) (4-71, 1:47)		0	10
SEA 1	2:28	Alexander 3 pass from Hasselbeck (Brown kick) (4-15, 1:54)		0	17
SEA 2	1:02	Alexander 1 run (Brown kick) (7-51, 2:44)		0	24
SEA 3	10:41	Mili 1 pass from Hasselbeck (Brown kick) (8-68, 4:19)		0	31
SEA 3	2:09	Brown 28 field goal (14-69, 7:30)		0	34
Att.	—	66,709			

INDIVIDUAL STATISTICS

RUSHING

San Francisco	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Robertson	5	24	15	0	Alexander	19	52	22	2
Barlow	10	22	8	0	Morris	8	42	12	0
Jackson	2	2	4	0	Evans	6	21	7	0
Isom	1	0	0	0	Robinson	1	3	3	0
					Strong	1	1	1	0
					Hasselbeck	1	-1	-1	0
					Dilfer	1	-1	-1	0
<b>TOTAL</b>	<b>18</b>	<b>48</b>	<b>15</b>	<b>0</b>	<b>TOTAL</b>	<b>37</b>	<b>117</b>	<b>22</b>	<b>2</b>

PASSING

San Francisco	A	C	Yds	TD	INT	RT	Seattle	A	C	Yds	TD	INT	RT
Dorsey	32	19	153	0	2	45.4	Hasselbeck	30	21	254	2	0	117.9
							Dilfer	2	1	9	0	0	62.5
<b>TOTAL</b>	<b>32</b>	<b>19</b>	<b>153</b>	<b>0</b>	<b>2</b>	<b>45.4</b>	<b>TOTAL</b>	<b>32</b>	<b>22</b>	<b>263</b>	<b>2</b>	<b>0</b>	<b>114.5</b>

RECEIVING

San Francisco	No	Yds	LG	TD	Seattle	No	Yds	LG	TD
Wilson	6	57	15	0	Jackson	7	97	25	0
Johnson	5	39	10	0	Engram	4	95	60	0
Conway	3	14	11	0	Alexander	4	22	11	1
Walker	2	26	22	0	Stevens	3	22	9	0
Barlow	2	14	7	0	Robinson	1	12	12	0
Jackson	1	3	3	0	Evans	1	9	9	0
					Morris	1	5	5	0
					Mili	1	1	1	1

TEAM STATISTICS

	San Francisco	Seattle
Total First Downs	9	24
Third Down Eff.	2-13-15%	5-13-38%
Total Net Yards	175	374
Total Off. Plays	53	70
Avg. per Play	3.3	5.3
Net Yards Rushing	48	117
Total Rushing Plays	18	37
Net Yards Passing	127	257
Times Sacked/Yards Lost	3/26	1/6
Pass Att.-Comp.-Int.	32-19-2	32-22-0
Punts-No. and Avg.	7-42.3	5-40.6
Penalties-No. and Yards	6-50	3-19
Fumbles-No. and Lost	2-2	1-0
Touchdowns	0	4
Field Goals Made-Att.	0-1	2-2
Time of Possession	25:34	34:26

DEFENSE

San Fran.	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Parrish	10	8	2	0.0	0.0	0	0	1	1	0
Smith	10	7	3	0.0	0.0	0	0	0	0	0
Peterson	8	6	2	0.5	3.0	0	0	0	0	0
Heard	6	5	1	0.0	0.0	0	0	0	0	0
Spencer	5	5	0	0.0	0.0	0	0	2	0	0
<b>Additional Stats:</b> Sacks: Engelberger 0.5.										
Seattle	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Kacyvenski	6	5	1	0.0	0.0	0	0	0	0	0
Simmons	6	3	3	0.0	0.0	0	0	0	0	0
Okeafor	5	3	2	1.0	5.0	0	0	0	1	0
Lucas	4	4	0	0.0	0.0	1	25	3	0	0
Wistrom	4	4	0	0.0	0.0	0	0	0	0	0
<b>Additional Stats:</b> Sacks: Bernard 1.0, Woodard 1.0; Interceptions: Hamlin 1; Forced Fumbles: Woodard 1; Fumble Recoveries: Moore 1, Woodard 1.										



In what has become Seattle's biggest rival over the past three seasons, the St. Louis Rams won a come-from-behind thriller over Seattle in overtime, 33-27. Entering the game as the league's top defense, Seattle did just that, holding the Rams to just 122 total yards, seven points and forcing two interceptions in the first half. The offense showed its quick-striking ability as they built a 10-0 lead following a Shaun Alexander score and a Josh Brown 48-yard field goal. After a Marc Bulger scoring run, the Seahawks rattled off 14 points on Jerramy Stevens' and Darrell Jackson's 24- and 56-yard touchdowns, respectively, heading into halftime. However, St. Louis began the second half determined to score. The Rams' defense also stepped up its play, allowing just a Brown field goal in the fourth quarter. Big pass plays were what the Rams had in store using the shotgun formation. Bulger found Brandon Manumaleuna from 8 yards out, then Kevin Curtis from 41 yards on the first play following a Seahawks punt to pull within 27-24. The Seahawks were unable to run out the clock and forced to punt. Brown stepped in for an injured Tom Rouen (hamstring) only to have the Rams drive the field to tie the score on a Jeff Wilkins 36-yard field goal with eight seconds left in regulation. St. Louis won the coin toss in overtime and took its first possession 71 yards on six plays, culminating in a Bulger to Shaun McDonald 52-yard touchdown pass to seal the win and help the Rams overcome a 17-point deficit in the fourth quarter.

<b>St. Louis</b>	0	7	3	17	6	—	<b>33</b>
<b>Seattle</b>	7	17	0	3	0	—	<b>27</b>

				St. Louis	Seattle
SEA 1	9:52	Alexander 1 run (Brown kick) (10-74, 5:08)		0	7
SEA 2	14:17	Brown 48 field goal (13-50, 6:49)		0	10
STL 2	11:29	Bulger 9 run (Wilkins kick) (6-78, 2:48)		7	10
SEA 2	8:54	Stevens 24 pass from Hasselbeck (Brown kick) (6-63, 2:35)		7	17
SEA 2	0:50	Jackson 56 pass from Hasselbeck (Brown kick) (5-90, 0:53)		7	24
STL 3	0:56	Wilkins 39 field goal (13-69, 5:57)		10	24
SEA 4	8:42	Brown 34 field goal (8-24, 5:22)		10	27
STL 4	5:34	Manumaleuna 8 pass from Bulger (Wilkins kick) (8-66, 3:08)		17	27
STL 4	3:30	Curtis 41 pass from Bulger (Wilkins kick) (1-41, 0:07)		24	27
STL 4	0:08	Wilkins 36 field goal (6-46, 1:06)		27	27
STL 5	11:58	McDonald 52 pass from Bulger (6-71, 3:02)		33	27
Att.	—	66,940			

**INDIVIDUAL STATISTICS**

**RUSHING**

St. Louis	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Jackson	5	64	48	0	Alexander	23	150	41	1
Faulk	15	51	7	0	Strong	3	19	11	0
Bulger	4	9	9t	1	Hasselbeck	2	13	14	0
					Morris	2	5	4	0
<b>TOTAL</b>	<b>24</b>	<b>124</b>	<b>48</b>	<b>1</b>	<b>TOTAL</b>	<b>30</b>	<b>187</b>	<b>41</b>	<b>1</b>

**PASSING**

St. Louis	A	C	Yds	TD	INT	RT	Seattle	A	C	Yds	TD	INT	RT
Bulger	42	24	325	3	3	76.0	Hasselbeck	35	20	216	2	0	94.5
<b>TOTAL</b>	<b>42</b>	<b>24</b>	<b>325</b>	<b>3</b>	<b>3</b>	<b>76.0</b>	<b>TOTAL</b>	<b>35</b>	<b>20</b>	<b>216</b>	<b>2</b>	<b>0</b>	<b>94.5</b>

**RECEIVING**

St. Louis	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Bruce	6	78	27	0	Jackson	5	91	56t	1
Holt	5	53	17	0	Robinson	5	59	20	0
Manumaleuna	3	33	21	1	Stevens	3	35	24t	1
McDonald	2	76	52t	1	Strong	3	5	4	0
Curtis	2	45	41t	1	Mili	2	20	13	0
Jackson	2	11	14	0	Alexander	1	4	4	0
Looker	1	16	16	0	Engram	1	2	2	0
Cleland	1	5	5	0					
Faulk	1	4	4	0					
Goodspeed	1	4	4	0					

**TEAM STATISTICS**

	St. Louis	Seattle
Total First Downs	21	20
Third Down Eff.	11-17-65%	2-12-17%
Total Net Yards	441	391
Total Off. Plays	68	66
Avg. per Play	6.5	5.9
Net Yards Rushing	124	187
Total Rushing Plays	24	30
Net Yards Passing	317	204
Times Sacked/Yards Lost	2/8	1/12
Pass Att.-Comp.-Int.	42-24-3	35-20-0
Punts-No. and Avg.	4-40.3	5-35.4
Penalties-No. and Yards	5-45	5-40
Fumbles-No. and Lost	0-0	1-0
Touchdowns	4	3
Field Goals Made-Att.	2-2	2-3
Time of Possession	31:24	31:38

**DEFENSE**

St. Louis	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Polley	8	7	1	0.0	0.0	0	0	1	0	0
Groce	6	6	0	0.0	0.0	0	0	1	0	0
Butler	6	6	0	0.0	0.0	0	0	0	0	0
Archuleta	6	6	0	0.0	0.0	0	0	0	0	0
Coady	6	5	1	0.0	0.0	0	0	0	0	0
Tinoisamoa	6	2	4	0.0	0.0	0	0	0	0	0
<b>Additional Stats: Sacks: Little 1.0; Forced Fumbles: Little 1.</b>										
Seattle	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Trufant	8	8	0	0.0	0.0	1	5	3	0	0
Kacyvenski	6	5	1	0.0	0.0	0	0	0	0	0
Hamlin	6	4	2	0.0	0.0	0	0	0	0	0
Simmons	6	3	3	0.0	0.0	0	0	0	0	0
Lucas	5	5	0	0.0	0.0	2	0	2	0	0
<b>Additional Stats: Sacks: Okeafor 2.0.</b>										

## GAME 5



## New England Patriots 30, Seattle Seahawks 20

Sunday, October 17, 2004 — Gillette Stadium

In a matchup with the defending Super Bowl champions, winners of 19 straight and 13 in a row at home, the 3-1 Seahawks entered the game following a tough loss to the Rams the week before. The champs showed poise while Seattle's offense got off to a shaky start by turning the ball over via interceptions on its first two possessions, spotting the Patriots a 10-0 lead after the first quarter. New England stretched it to a 17-0 lead after Tom Brady found David Patten from 6 yards out in the second quarter, but Seattle battled back with two Josh Brown field goals to make the score 20-6 at the half. The Seahawks showed their toughness in the second half, not backing down and scoring 11 unanswered points on another Brown field goal and a Shaun Alexander 9-yard run with a Matt Hasselbeck to Jerramy Stevens two-point conversion to cut New England's lead to 20-17. The Patriots answered back with an Adam Vinatieri 30-yard field goal, but Brown set a career-high with his fourth field goal of the day to make it 23-20. New England got the ball back with 3:01 left and on third-and-7 with 2:45 remaining, Brady found Bethel Johnson from 48 yards out to seal the game. Corey Dillon added his second touchdown of the day moments later for the final margin of victory. The Seahawks converted more first downs (23 to 20), outgained New England in total offense (443 to 362) but the telling stat of the game was just one touchdown in five trips to the red zone for Seattle compared to three touchdowns in four trips for New England. Hasselbeck tied Jim Zorn for second-place with nine career 300-yard games for Seattle and Koren Robinson tied a career-high with nine catches for a season-high 150 yards.

		Seattle	New England	0	6	3	11	—	20	30
NE	1	7:44	Dillon 1 run (Vinatieri kick) (5-26, 2:22)	0	7					
NE	1	2:14	Vinatieri 40 FG (7-21, 2:48)	0	10					
SEA	2	12:32	Patten 6 pass from Brady (Vinatieri kick) (6-67, 3:07)	0	17					
SEA	2	9:35	Brown 33 FG (8-59, 2:57)	3	17					
NE	2	3:07	Vinatieri 39 FG (12-50, 6:28)	3	20					
SEA	2	0:34	Brown 40 FG (10-41, 2:33)	6	20					
SEA	3	9:01	Brown 28 FG (11-73, 4:12)	9	20					
SEA	4	11:05	Alexander 9 run (Hasselbeck to Stevens pass) (4-45, 1:32)	17	20					
NE	4	6:43	Vinatieri 30 FG (12-68, 4:22)	17	23					
SEA	4	3:01	Brown 31 FG (11-62, 3:42)	20	23					
NE	4	1:55	Dillon 9 run (Vinatieri kick) (5-63, 1:06)	20	30					
Att.	—	68,756								

## INDIVIDUAL STATISTICS

## RUSHING

Seattle	Att	Yds	LG	TD	New England	Att	Yds	LG	TD
Alexander	16	77	13	1	Dillon	23	105	15	2
Morris	2	16	9	0	Faulk	6	21	7	0
Strong	3	9	5	0	Brady	3	7	6	0
					Patten	1	5	5	0
<b>TOTAL</b>	<b>21</b>	<b>102</b>	<b>13</b>	<b>1</b>	<b>TOTAL</b>	<b>33</b>	<b>138</b>	<b>15</b>	<b>2</b>

## PASSING

Seattle	A	C	Yds	TD	INT	RT	New England	A	C	Yds	TD	INT	RT
Hasselbeck	50	27	349	0	2	59.5	Brady	30	19	231	1	1	84.2
<b>TOTAL</b>	<b>50</b>	<b>27</b>	<b>349</b>	<b>0</b>	<b>2</b>	<b>59.5</b>	<b>TOTAL</b>	<b>30</b>	<b>19</b>	<b>231</b>	<b>1</b>	<b>1</b>	<b>84.2</b>

## RECEIVING

Seattle	No	Yds	LG	TD	New England	No	Yds	LG	TD
Robinson	9	150	31	0	Patten	5	58	19	1
Stevens	4	50	15	0	Graham	4	45	24	0
Engram	3	35	13	0	Faulk	4	37	14	0
Strong	3	10	11	0	Dillon	2	6	4	0
Jackson	2	40	37	0	Johnson	1	48	48	0
Alexander	2	30	24	0	Givens	1	17	17	0
Bannister	2	10	8	0	Klecko	1	11	11	0
Milli	1	17	17	0	Abdullah	1	9	9	0
Morris	1	7	7	0					

## TEAM STATISTICS

	Seattle	New England
Total First Downs	23	20
Third Down Eff.	8-17-47%	7-14-50%
Total Net Yards	443	362
Total Off. Plays	74	64
Avg. per Play	6.0	5.7
Net Yards Rushing	102	138
Total Rushing Plays	21	33
Net Yards Passing	341	224
Times Sacked/Yards Lost	3/8	1/7
Pass Att.-Comp.-Int.	50-27-2	30-19-1
Punts-No. and Avg.	3-38.0	2-40.5
Penalties-No. and Yards	6-50	6-46
Fumbles-No. and Lost	1-0	1-1
Touchdowns	1	3
Field Goals Made-Att.	4-4	3-3
Time of Possession	28:23	31:37

## DEFENSE

Seattle	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Bierria	10	7	3	0.0	0.0	0	0	1	0	0
Kacyvenski	9	6	3	0.0	0.0	0	0	0	0	0
Lucas	8	7	1	0.0	0.0	0	0	1	0	0

Four players tied with six tackles

Additional Stats: Sacks: Okeafor 1.0; Interceptions:

Boulware 1; Forced Fumbles: Boulware 1; Fumble

Recoveries: Bernard 1.

N. England	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Wilson	11	11	0	0.0	0.0	0	0	0	1	0
Harrison	10	6	4	0.0	0.0	0	0	0	0	0
Bruschi	8	6	2	0.0	0.0	0	0	0	0	0
Vrabel	7	5	2	1.0	3.0	0	0	1	0	0
Law	6	4	2	0.0	0.0	1	0	2	0	0

Additional Stats: Sacks: Green 1.0, Warren 1.0;

Interceptions: McGinest 1.



The Seahawks traveled to the desert to take on NFC West opponent Arizona. The 1-4 Cardinals came out with nothing to lose and ended up protecting its home-field with a hard-nosed 25-17 win over the Seahawks, dropping Seattle to 3-3. Seattle's defense began the game hot, with Antonio Cochran sacking Josh McCown, forcing a fumble and recovering it on the Cardinals' first possession. However, the Seahawks, offense was its own worst enemy, as Matt Hasselbeck threw the first of his four interceptions on the day on the ensuing drive. Unable to score a touchdown in the first half, the Seahawks had to settle for a Josh Brown 54-yard field goal, the second-longest of his career, and a 13-3 deficit heading in to halftime. Neil Rackers, who hit two 55-yard field goals in the first half, connected on a 50-yarder to up Arizona's lead to 16-3 in the third quarter. Rackers tied an NFL record with three 50+ yard goals in the game. Seattle's offense came alive as Hasselbeck directed an eight-play, 72-yard drive in 2:45 culminating in a 1-yard touchdown pass to Darrell Jackson. Following the score, Arizona found themselves at their own 15 when McCown was picked off by Ken Lucas who returned it 21 yards for his first career score and a 17-16 Seattle lead. However, the Seahawks were unable to maintain momentum as on Seattle's next possession, Donnie Jones' punt was blocked out of the end zone for a safety and the Cardinals took an 18-17 lead they would not relinquish. Arizona added another touchdown on an Emmitt Smith 23-yard run for the 25-17 final tally.

Seattle	0	3	7	5	—	17
Arizona	7	6	3	9	—	25

						Seattle	Arizona
AZ	1	8:23	Fitzgerald 25 pass from McCown (Rackers kick) (6-43, 3:30)			0	7
SEA	2	6:28	Brown 54 field goal (6-16, 2:17)			3	7
AZ	2	3:01	Rackers 55 field goal (7-33, 3:27)			3	10
AZ	2	1:01	Rackers 55 field goal (6-3, 1:54)			3	13
AZ	3	2:50	Rackers 50 field goal (10-47, 6:48)			3	16
SEA	3	0:05	Jackson 1 pass from Hasselbeck (Brown kick) (8-72, 2:45)			10	16
SEA	4	13:07	Lucas 21 interception return (Brown kick)			17	16
AZ	4	8:50	Punt blocked by Hayes out of bounds, safety			17	18
AZ	4	1:53	Smith 23 run (Rackers kick) (3-24, 0:44)			17	25
Att.	— 35,695						

INDIVIDUAL STATISTICS

RUSHING

Seattle	Att	Yds	LG	TD	Arizona	Att	Yds	LG	TD
Alexander	12	65	34	0	Smith	26	106	26	1
Hasselbeck	1	9	9	0	Hambrick	7	16	4	0
Strong	1	3	3	0	McCown	3	3	7	0
					Croom	1	2	2	0
<b>TOTAL</b>	<b>14</b>	<b>77</b>	<b>34</b>	<b>0</b>	<b>TOTAL</b>	<b>37</b>	<b>127</b>	<b>26</b>	<b>1</b>

PASSING

Seattle	A	C	Yds	TD	INT	RT	Arizona	A	C	Yds	TD	INT	RT
Hasselbeck	41	14	187	1	4	18.9	McCown	36	22	212	1	1	75.2
							Fitzgerald	0	0	0	0	0	--
<b>TOTAL</b>	<b>41</b>	<b>14</b>	<b>187</b>	<b>1</b>	<b>4</b>	<b>18.9</b>	<b>TOTAL</b>	<b>36</b>	<b>22</b>	<b>212</b>	<b>1</b>	<b>1</b>	<b>75.2</b>

RECEIVING

Seattle	No	Yds	LG	TD	Arizona	No	Yds	LG	TD
Jackson	8	109	30	1	Johnson	7	54	19	0
Robinson	2	32	25	0	Fitzgerald	4	73	39	1
Strong	2	19	13	0	Jones	4	35	13	0
Stevens	1	17	17	0	Smith	4	30	12	0
Rice	1	10	10	0	Ayanbadejo	2	14	7	0
					Williams	1	6	6	0
<b>TOTAL</b>	<b>14</b>	<b>187</b>	<b>30</b>	<b>1</b>	<b>TOTAL</b>	<b>22</b>	<b>212</b>	<b>39</b>	<b>1</b>

TEAM STATISTICS

	Seattle	Arizona
Total First Downs	12	16
Third Down Eff.	4-13-31%	8-19-42%
Total Net Yards	257	316
Total Off. Plays	56	76
Avg. per Play	4.6	4.2
Net Yards Rushing	77	127
Total Rushing Plays	14	37
Net Yards Passing	188	189
Times Sacked/Yards Lost	1/7	3/23
Pass Att.-Comp.-Int.	41-14-4	36-22-1
Punts-No. and Avg.	7-34.7	6-41.2
Penalties-No. and Yards	4-35	6-45
Fumbles-No. and Lost	0-0	2-1
Touchdowns	2	2
Field Goals Made-Att.	1-1	3-3
Time of Possession	20:09	39:51

DEFENSE

Seattle	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
White	13	10	3	1.0	7.0	0	0	0	0	0
Trufant	7	7	0	0.0	0.0	0	0	0	0	0
Lucas	6	6	0	0.0	0.0	1t	21	2	0	0
Koutouvides	6	6	0	0.0	0.0	0	0	0	0	0
Cochran	6	5	1	1.0	10.0	0	0	0	1	1
Bernard	6	2	4	0.0	0.0	0	0	1	0	0
<b>Additional Stats: Sacks: Okeafaor 1.0; Forced Fumbles: Okeafaor 1.</b>										
Arizona	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Ohaleta	6	6	0	0.0	0.0	0	0	0	0	0
McKinnon	5	5	0	0.0	0.0	0	0	0	0	0
Wilson	3	3	0	0.0	0.0	0	0	2	0	0
Hill	3	3	0	0.0	0.0	1	2	2	0	0
Darling	3	3	0	0.0	0.0	0	0	0	0	0
<b>Additional Stats: Sacks: Thompson 1.0; Interceptions: Dansby 1, Macklin 1, Starks 1.</b>										

## GAME 7


 Seattle Seahawks 23, Carolina Panthers 17  
 Sunday, October 31, 2004 -- Qwest Field

In just its third home game of the first seven games, Seattle defeated the defending NFC Champion Carolina Panthers at Qwest Field on Halloween. The Seahawks offense got off to a quick start thanks to Shaun Alexander and his 3-yard touchdown reception and 4-yard touchdown run to give the Seahawks a 14-0 lead midway through the second quarter. Carolina added a Jake Delhomme to Muhsin Muhammad 15-yard touchdown to cut the score to 14-7 heading in to halftime. The two teams exchanged field goals in the third quarter and Josh Brown hit another field goal to give the Seahawks a 20-10 cushion early in the fourth quarter and tacked on another with 5:42 to play for a 23-10 lead. The Panthers made it interesting after a Delhomme found Keary Colbert from 63 yards out and then Muhammad from 7 yards out to cut the score to 23-17 with 1:39 to go. However, Marcus Trufant, who had one interception on the day, safely fielded John Kasay's onside kick to allow Seattle to run out the clock. Alexander finished the day with 32 carries, only the fourth time in his career with 30+ carries, for a season-best 195 yards and two touchdowns (one rush, one rec.). He tied (Curt Warner) for second-place on Seattle's all-time total touchdowns list with 62 and it was his 17th career multi-touchdown game, third this season.

Carolina	0	7	3	7	—	17
Seattle	7	7	3	6	—	23

						Carolina	Seattle
SEA	1	9:12	Alexander	3	pass from Hasselbeck (Brown kick) (10-77, 5:48)	0	7
SEA	2	9:07	Alexander	4	run (Brown kick) (13-94, 5:40)	0	14
CAR	2	5:14	Muhammad	15	pass from Delhomme (Kasay kick) (8-72, 3:53)	7	14
CAR	3	12:04	Kasay	30	field goal (7-37, 2:56)	10	14
SEA	3	6:44	Brown	27	field goal (13-67, 5:20)	10	17
SEA	4	13:27	Brown	45	field goal (6-43, 1:44)	10	20
SEA	4	5:42	Brown	22	field goal (11-75, 6:39)	10	23
CAR	4	1:39	Muhammad	7	pass from Delhomme (Kasay kick) (4-65, 0:25)	17	23
Att.	—	66,214					

## INDIVIDUAL STATISTICS

## RUSHING

Carolina	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Harris	9	45	19	0	Alexander	32	195	44	1
Hoover	7	20	4	0	Hasselbeck	7	24	19	0
Delhomme	3	18	12	0	Strong	4	18	6	0
Goings	1	11	11	0					
<b>TOTAL</b>	<b>20</b>	<b>94</b>	<b>19</b>	<b>0</b>	<b>TOTAL</b>	<b>43</b>	<b>237</b>	<b>44</b>	<b>1</b>

## PASSING

Carolina	A	C	Yds	TD	INT	RT	Seattle	A	C	Yds	TD	INT	RT
Delhomme	36	19	248	2	1	81.7	Hasselbeck	30	21	201	1	1	85.6
<b>TOTAL</b>	<b>36</b>	<b>19</b>	<b>248</b>	<b>2</b>	<b>1</b>	<b>81.7</b>	<b>TOTAL</b>	<b>30</b>	<b>21</b>	<b>201</b>	<b>1</b>	<b>1</b>	<b>85.6</b>

## RECEIVING

Carolina	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Muhammad	8	106	35	2	Jackson	6	71	22	0
Colbert	4	100	63	0	Robinson	3	52	21	0
Mangum	4	21	9	0	Strong	3	21	7	0
Goings	2	14	8	0	Stevens	3	16	7	0
Hoover	1	7	7	0	Alexander	3	13	8	1
					Mili	2	22	17	0
					Rice	1	6	6	0
<b>TOTAL</b>	<b>19</b>	<b>248</b>	<b>63</b>	<b>2</b>	<b>TOTAL</b>	<b>21</b>	<b>201</b>	<b>22</b>	<b>1</b>

## TEAM STATISTICS

	Carolina	Seattle
Total First Downs	16	24
Third Down Eff.	5-12-42%	8-17-47%
Total Net Yards	342	433
Total Off. Plays	56	74
Avg. per Play	6.1	5.9
Net Yards Rushing	94	237
Total Rushing Plays	20	43
Net Yards Passing	248	196
Times Sacked/Yards Lost	0/0	1/5
Pass Att.-Comp.-Int.	36-19-1	30-21-1
Punts-No. and Avg.	6-41.7	1-50.0
Penalties-No. and Yards	10-79	2-13
Fumbles-No. and Lost	0-0	3-1
Touchdowns	2	2
Field Goals Made-Att.	1-1	3-3
Time of Possession	24:22	35:38

## DEFENSE

Carolina	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Gamble	11	11	0	0.0	0.0	0	0	0	0	0
Ciuciu	11	8	3	0.0	0.0	0	0	0	0	0
Witherspoon	10	9	1	0.0	0.0	0	0	0	0	0
Minter	5	3	2	0.0	0.0	0	0	0	0	1
Five players with 4 tackles										
Additional Stats: Sacks: Buckner 1.0; Interceptions: Allen 1; Forced Fumbles: Hawkins 2.										
Seattle	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Trufant	6	6	0	0.0	0.0	1	58	1	0	0
Woodard	6	3	3	0.0	0.0	0	0	0	0	0
Brown	6	3	0	0.0	0.0	0	0	0	0	0
Five players with 4 tackles.										





## St. Louis Rams 23, Seattle Seahawks 12

### Sunday, November 14, 2004 — Edward Jones Dome

Looking to take a two-game lead in the NFC West, the Seahawks fell to the Rams, 23-12, and into a first-place tie in front of 66,044 fans at the Edward Jones Dome. The Rams jumped out to a 17-0 lead in the second quarter with a Marc Bulger 15-yard touchdown pass to Kevin Curtis, Steven Jackson's 4-yard scoring run and Jeff Wilkins' 36-yard field goal, his first of three on the day. Seattle responded with two Josh Brown field goals before halftime and its defense held the Rams' offense in check the rest of the game, allowing only six points in the second half. However, the Seahawks' offense struggled to find its rhythm and was unable to put the ball in the end zone. Seattle added two more Brown field goals, tying his career-high for field goals made with four on the day, but still trailed 20-12 in the fourth quarter. Shaun Alexander broke free for a 35-yard gain to the St. Louis 14 but fumbled the ball and St. Louis recovered at its own 9-yard line. The Rams then added another Wilkins field goal for the final margin. Alexander continued his hot streak, taking over the NFL rushing lead with 176 yards on 22 carries (8.0 avg.). It was his fifth 100-yard game of the season and third straight with 150 or more yards.

	Seattle	0	6	6	0	—	12
	St. Louis	14	3	3	3	—	23

		Seattle	St. Louis
STL 1 12:23	Curtis 15 pass from Bulger (Wilkins kick) (6-71, 2:37)	0	7
STL 1 6:51	Jackson 4 run (Wilkins kick) (9-73, 4:07)	0	14
STL 2 12:18	Wilkins 36 field goal (11-81, 5:45)	0	17
SEA 2 6:50	Brown 28 field goal (11-58, 5:28)	3	17
SEA 2 5:03	Brown 30 field goal (5-29, 1:31)	6	17
STL 3 9:32	Wilkins 47 field goal (8-32, 3:41)	6	20
SEA 3 5:54	Brown 45 field goal (9-42, 3:38)	9	20
SEA 3 3:54	Brown 41 field goal (5-12, 1:17)	12	20
STL 4 0:26	Wilkins 23 field goal (11-86, 5:36)	12	23
Att. —	66,044		

### INDIVIDUAL STATISTICS

#### RUSHING

Seattle	Att	Yds	LG	TD		St. Louis	Att	Yds	LG	TD
Alexander	22	176	35	0		Faulk	18	139	40	0
Hasselbeck	1	17	17	0		Jackson	10	47	12	1
Strong	3	10	6	0		Curtis	1	15	15	0
Morris	2	3	2	0		Bulger	2	1	2	0
<b>TOTAL</b>	<b>28</b>	<b>206</b>	<b>35</b>	<b>0</b>		<b>TOTAL</b>	<b>31</b>	<b>202</b>	<b>40</b>	<b>1</b>

#### PASSING

Seattle	A	C	Yds	TD	INT	RT		St. Louis	A	C	Yds	TD	INT	RT
Hasselbeck	36	15	172	0	1	45.1		Bulger	34	23	262	1	0	100.4
<b>TOTAL</b>	<b>36</b>	<b>15</b>	<b>172</b>	<b>0</b>	<b>1</b>	<b>45.1</b>		<b>TOTAL</b>	<b>34</b>	<b>23</b>	<b>262</b>	<b>1</b>	<b>0</b>	<b>100.4</b>

#### RECEIVING

Seattle	No	Yds	LG	TD		St. Louis	No	Yds	LG	TD
Stevens	3	34	12	0		Bruce	7	104	21	0
Jackson	3	33	13	0		Faulk	5	21	6	0
Engram	3	28	22	0		Curtis	3	39	16	1
Robinson	2	50	33	0		Holt	2	32	17	0
Rice	1	9	9	0		McDonald	1	21	21	0
Morris	1	8	8	0		Cleeland	1	15	15	0
Strong	1	7	7	0		Jackson	1	9	9	0
Alexander	1	3	3	0		Furrey	1	8	8	0
						Goodspeed	1	7	7	0
						Manumaleuna	1	6	6	0
<b>TOTAL</b>	<b>15</b>	<b>172</b>	<b>33</b>	<b>0</b>		<b>TOTAL</b>	<b>23</b>	<b>262</b>	<b>21</b>	<b>1</b>

#### TEAM STATISTICS

	Seattle	St. Louis
Total First Downs	20	24
Third Down Eff.	3-13-23%	5-11-45%
Total Net Yards	372	462
Total Off. Plays	65	66
Avg. per Play	5.7	7.0
Net Yards Rushing	206	202
Total Rushing Plays	28	31
Net Yards Passing	166	260
Times Sacked/Yards Lost	1/6	1/2
Pass Att.-Comp.-Int.	36-15-1	34-23-0
Punts-No. and Avg.	3-49.3	3-46.0
Penalties-No. and Yards	4-20	7-55
Fumbles-No. and Lost	1-1	2-2
Touchdowns	0	2
Field Goals Made-Att	4-4	3-3
Time of Possession	25:33	34:27

#### DEFENSE

	Seattle	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Bierria	8	7	1	0.0	0.0	0	0	1	0	0	0
Woodard	8	5	3	0.0	0.0	0	0	0	0	0	0
Simmons	7	7	0	0.0	0.0	0	0	1	1	0	0
Okeafor	7	7	0	0.0	0.0	0	0	0	0	0	0
Hamlin	6	6	0	0.0	0.0	0	0	0	0	0	1
Brown	6	5	1	0.0	0.0	0	0	0	0	0	0
<b>Additional Stats: Sacks: Mitchell 1.0; Forced Fumbles: Lucas 1; Fumble Recoveries: Huff 1.</b>											
	St. Louis	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Archuleta	7	6	1	0.0	0.0	0	0	0	0	0	0
Butler	5	5	0	0.0	0.0	1	0	3	0	0	0
Williams	5	5	0	0.0	0.0	0	0	0	1	0	0
Polley	5	5	0	0.0	0.0	0	0	0	0	0	0
Coady	5	4	1	0.0	0.0	0	0	0	0	0	1
<b>Additional Stats: Sacks: Little 1.0.</b>											



In front of 66,644 fans the Seahawks defeated the Dolphins, 24-17, in the first of three consecutive home games at Qwest Field. Subbing for an injured Matt Hasselbeck (thigh), Trent Dilfer received his first start of the season and led the Seahawks opening drive of the game 69 yards on 10 plays that ended with a 21-yard touchdown toss to Jerry Rice and an early 7-0 lead. Miami answered back later in the quarter as A.J. Feeley scampered in from 7 yards out to tie the score at 7-7. Josh Brown made his fourteenth straight field goal and Shaun Alexander took over first place on Seattle's all-time rushing touchdowns list after his 4-yard touchdown run in the second quarter as Seattle took a 17-7 lead into the half. After gaining just 111 yards in the first half, the Dolphins moved the ball and scored 10 unanswered points in the second half, tying the score at 17 with just 2:20 left in the game. Forcing a Seahawks punt, the Dolphins regained possession with 1:51 to go. After gaining a first down at the Seattle 41, Feeley's next pass was intercepted by rookie Michael Boulware who took it 63 yards the other way for a 24-17 lead with 0:56 left to play. On Miami's next possession, the defense struck again, this time with Antonio Cochran, who already had one interception on the day, sacking and forcing Feeley to fumble that was recovered by Chad Brown to seal the win.

<b>Miami</b>	7	0	7	3	—	<b>17</b>
<b>Seattle</b>	10	7	0	7	—	<b>24</b>

						Miami	Seattle	
SEA	1	9:19	Rice	21	pass from Dilfer (Brown kick)	10-69, 5:41	0	7
MIA	1	4:25	Feeley	7	run (Mare kick)	6-35, 2:17	7	7
SEA	1	1:13	Brown	33	field goal	(7-57, 3:12)	7	10
SEA	2	4:38	Alexander	4	run (Brown kick)	(7-64, 3:38)	7	17
MIA	3	10:33	Chambers	16	pass from Feeley (Mare kick)	(7-56, 1:39)	14	17
MIA	4	2:20	Mare	39	field goal	(9-48, 2:13)	17	17
SEA	4	0:56	Boulware	63	interception return	(Brown kick)	17	24
Att.	—	66,644						

**INDIVIDUAL STATISTICS**

**RUSHING**

Miami	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Minor	13	37	17	0	Alexander	29	96	16	1
Morris	7	16	13	0	Dilfer	5	11	11	0
Feeley	1	7	7t	1	Strong	3	6	4	0
Chambers	1	7	7	0	Morris	1	3	3	0
Forsy	1	2	2	0					
<b>TOTAL</b>	<b>23</b>	<b>69</b>	<b>17</b>	<b>1</b>	<b>TOTAL</b>	<b>38</b>	<b>116</b>	<b>16</b>	<b>1</b>

**PASSING**

Miami	A	C	Yds	TD	INT	RT	Seattle	A	C	Yds	TD	INT	RT
Feeley	45	23	229	1	2	54.8	Dilfer	28	14	196	1	2	55.1
Fiedler	1	1	1	0	0	79.2							
<b>TOTAL</b>	<b>46</b>	<b>24</b>	<b>230</b>	<b>1</b>	<b>2</b>	<b>55.5</b>	<b>TOTAL</b>	<b>28</b>	<b>14</b>	<b>196</b>	<b>1</b>	<b>2</b>	<b>55.1</b>

**RECEIVING**

Miami	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Chambers	9	103	28	1	Mili	4	24	11	0
McMichael	6	43	17	0	Rice	3	86	56	1
Minor	4	13	4	0	Jackson	3	39	17	0
Thompson	3	51	25	0	Ingram	2	41	29	0
Booker	2	20	15	0	Stevens	1	5	5	0
					Strong	1	1	1	0
<b>TOTAL</b>	<b>24</b>	<b>230</b>	<b>28</b>	<b>1</b>	<b>TOTAL</b>	<b>14</b>	<b>196</b>	<b>56</b>	<b>1</b>

**TEAM STATISTICS**

	Miami	Seattle
Total First Downs	19	17
Third Down Eff.	6-17-35%	3-14-21%
Total Net Yards	288	293
Total Off. Plays	73	69
Avg. per Play	3.9	4.2
Net Yards Rushing	69	116
Total Rushing Plays	23	38
Net Yards Passing	219	177
Times Sacked/Yards Lost	4/11	3/19
Pass Att.-Comp.-Int.	46-24-2	28-14-2
Punts-No. and Avg.	8-41.8	8-31.8
Penalties-No. and Yards	8-98	9-70
Fumbles-No. and Lost	3-2	1-1
Touchdowns	2	3
Field Goals Made-Att.	1-2	1-1
Time of Possession	27:29	32:31

**DEFENSE**

Miami	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Surtain	9	6	3	1.0	11.0	1	0	2	0	0
Thomas	8	8	0	0.0	0.0	0	0	0	0	0
Moore	8	6	2	0.0	0.0	0	0	0	0	0
Knight	6	5	1	0.0	0.0	0	0	0	0	0
Greenwood	6	4	2	0.0	0.0	0	0	0	0	0
<b>Additional Stats: Sacks:</b> Poole 1.0, Romero 0.5, Taylor 0.5; <b>Interceptions:</b> Freeman 1; <b>Forced Fumbles:</b> Madison 1; <b>Fumble Recoveries:</b> Taylor 1.										
Seattle	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Trufant	9	9	0	0.0	0.0	0	0	1	0	0
Kacyvenski	8	6	2	1.0	1.0	0	0	0	1	0
Wistrom	6	4	2	0.0	0.0	0	0	0	0	1
Bierria	6	4	2	0.0	0.0	0	0	0	0	0
Lucas	5	3	2	0.0	0.0	0	0	2	0	0
<b>Additional Stats: Sacks:</b> Cochran 1.0, Koutouvides 1.0, Tubbs 1.0; <b>Interceptions:</b> Boulware 1, Cochran 1; <b>Forced Fumbles:</b> Cochran 1, Tubbs 1; <b>Fumble Recoveries:</b> Brown 1.										

## GAME 11


**Buffalo Bills 38, Seattle Seahawks 9**  
 Sunday, November 28, 2004 — Qwest Field

Looking to open their lead in the NFC West, the Seahawks fell to the upstart Buffalo Bills, 38-9, in front of 66,271 at Qwest Field. The Bills got off to a quick start scoring 10 unanswered points on their way to their first road victory of the season. Kicker Josh Brown converted a 19-yard field goal to get the Seahawks on the board 10-3. On the ensuing drive, Ken Lucas intercepted a pass intended for Lee Evans in the end zone to give Seattle the ball on their 20. After a three-and-out, Buffalo quickly countered three minutes later as Drew Bledsoe found Evans in the corner of the end zone to put Buffalo up 17-3 going into the half. The Seattle offense looked to get on track entering the third quarter, but Bills kicker Rian Lindell kicked an onside kick to give the Bills the ball on their 41-yard line. In the same drive, Ken Hamlin intercepted his second pass of the day, but Seattle's offense could not capitalize. Willis McGahee scored one of his four touchdowns on the day in the third quarter with 2-yard run to put Buffalo up 24-3. McGahee would score two more touchdowns giving Buffalo a commanding 38-3 lead. Seattle scored a touchdown in the fourth quarter on an 8-yard pass from Matt Hasselbeck to Bobby Engram. After a failed two-point conversion, the final score stood at 38-9.

	Buffalo	Seattle
	7	10
	0	3
	7	0
	14	6
	—	—
	38	9

	Buffalo	Seattle
BUF 1 10:38	McGahee 2 run (Lindell kick) (10-60, 4:22)	7
BUF 2 13:30	Lindell 25 field goal (9-62, 4:22)	10
SEA 2 7:51	Brown 19 field goal (12-69, 5:39)	17
BUF 2 0:06	Evans 3 pass from Bledsoe (Lindell kick) (12-74, 2:53)	10
BUF 3 6:44	McGahee 2 run (Lindell kick) (10-51, 5:10)	24
BUF 4 10:38	McGahee 30 run (Lindell kick) (7-68, 3:39)	31
BUF 4 7:14	McGahee 1 run (Lindell kick) (4-15, 2:06)	38
SEA 4 3:41	Engram 8 pass from Hasselbeck (pass failed) (10-72, 3:33)	38
Att. — 66,271		9

## INDIVIDUAL STATISTICS

## RUSHING

Buffalo	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
McGahee	28	116	30t	4	Alexander	13	39	13	0
Evans	1	15	15	0	Morris	2	10	5	0
Burns	7	14	6	0	Hasselbeck	2	6	5	0
Smith	1	3	3	0					
<b>TOTAL</b>	<b>37</b>	<b>148</b>	<b>30t</b>	<b>4</b>	<b>TOTAL</b>	<b>17</b>	<b>55</b>	<b>13</b>	<b>0</b>

## PASSING

Buffalo	A	C	Yds	TD	INT	RT	Seattle	A	C	Yds	TD	INT	RT
Bledsoe	37	25	275	1	3	64.6	Hasselbeck	38	19	185	1	1	61.8
Losman	1	1	17	0	0	118.8							
<b>TOTAL</b>	<b>38</b>	<b>26</b>	<b>292</b>	<b>1</b>	<b>3</b>	<b>67.0</b>	<b>TOTAL</b>	<b>38</b>	<b>19</b>	<b>185</b>	<b>1</b>	<b>1</b>	<b>61.8</b>

## RECEIVING

Buffalo	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Moulds	8	93	24	0	Jackson	4	45	16	0
Evans	6	70	24	1	Urban	2	31	20	0
Campbell	3	31	18	0	Stevens	2	29	23	0
McGahee	2	26	16	0	Rice	2	24	13	0
Euhus	2	22	17	0	Engram	2	19	11	1
Smith	2	10	6	0	Mili	2	18	12	0
Shelton	1	24	24	0	Morris	2	10	6	0
Aiken	1	11	11	0	Strong	2	9	5	0
Henry	1	5	5	0	Hannam	1	0	0	0
<b>TOTAL</b>	<b>26</b>	<b>292</b>	<b>24</b>	<b>1</b>	<b>TOTAL</b>	<b>19</b>	<b>185</b>	<b>23</b>	<b>1</b>

## TEAM STATISTICS

	Buffalo	Seattle
Total First Downs	25	17
Third Down Eff.	9-15-60%	3-9-33%
Total Net Yards	434	230
Total Off. Plays	76	57
Avg. per Play	5.7	4.0
Net Yards Rushing	148	55
Total Rushing Plays	37	17
Net Yards Passing	286	175
Times Sacked/Yards Lost	1/6	2/10
Pass Att.-Comp.-Int.	38-26-3	38-19-1
Punts-No. and Avg.	1-36.0	4-36.5
Penalties-No. and Yards	6-44	7-64
Fumbles-No. and Lost	0-0	1-1
Touchdowns	5	1
Field Goals Made-Att.	1-1	1-1
Time of Possession	36:24	23:36

## DEFENSE

	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
McGee	8	7	1	0.0	0.0	1	0	2	0	0
Fletcher	7	6	1	0.0	0.0	0	0	1	0	0
Clements	7	6	1	0.0	0.0	0	0	0	0	0
Baker	5	3	2	0.0	0.0	0	0	0	0	0
Spikes	4	3	1	0.0	6.0	0	0	3	0	0
<b>Additional Stats: Sacks: Denney 1.0; Forced Fumbles: Denney 1; Fumble Recoveries: Williams 1.</b>										
	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Kacyvenski	10	8	2	0.0	0.0	0	0	0	0	0
Bierria	8	7	1	0.0	0.0	0	0	0	0	0
Huff	7	5	2	0.0	0.0	0	0	0	0	0
Trufant	6	6	0	0.0	0.0	0	0	1	0	0
Bates	6	4	2	0.0	0.0	0	0	0	0	0
Bernard	6	4	2	0.0	0.0	0	0	0	0	0
<b>Additional Stats: Sacks: Cochran 1.0; Interceptions: Hamlin 2, Lucas 1.</b>										



In front of a record crowd of 68,093 at Qwest Field, and hosting Monday Night Football for only the third time since 1992, the Seahawks fell to the Cowboys in a wild shoot-out, 43-39, that was decided in the final minute of the game. Seattle jumped out to a 14-0 lead, opening scoring with Jerry Rice collecting his 35th NFL record, becoming the NFL's all-time leader in total net yardage with a 27-yard touchdown pass from Matt Hasselbeck. However, Dallas scored 19 unanswered points to take a 19-14 lead at the half. The Cowboys tacked on 10 more unanswered points to start the second half but that's when Seattle opened the offense up. Trailing 29-14, Josh Brown kicked a 21-yard field goal to bring the score to 29-17 entering the fourth quarter. The Seahawks then scored 21 points in less than nine minutes as Shaun Alexander scored on fourth-and-one, Hasselbeck found Jerheme Urban from 19 yards out for his first career score and Alexander added a 32-yard touchdown run on another fourth-and-one to complete the comeback and take a 39-29 lead. With 2:46 remaining, Dallas needed only four plays to go 64 yards and Vinny Testaverde found Keyshawn Johnson from 34 yards out to cut the lead to three. The Cowboys then recovered their own onside kick and took the ensuing possession 57 yards, 44 coming on the ground, culminating in Julius Jones' third score of the game to provide the final margin.

<b>Dallas</b>	3	16	10	14	—	<b>43</b>
<b>Seattle</b>	14	0	3	22	—	<b>39</b>

						Dallas	Seattle	
SEA 1	10:42	Rice 27 pass from Hasselbeck (Brown kick) (5-47, 2:37)				0	7	
DAL 1	8:49	Cundiff 39 field goal (5-55, 1:53)				3	7	
SEA 1	3:47	Jackson 2 pass from Hasselbeck (Brown kick) (10-79, 5:02)				3	14	
DAL 2	12:12	Cundiff 49 field goal (8-28, 2:37)				6	14	
DAL 2	6:08	Copper 9 pass from Testaverde (run failed) (6-39, 4:04)				12	14	
DAL 2	0:32	Jones 8 run (Cundiff kick) (10-59, 2:35)				19	14	
DAL 3	13:45	Jones 10 run (Cundiff kick) (2-21, 0:34)				26	14	
DAL 3	10:10	Cundiff 47 field goal (6-27, 2:32)				29	14	
SEA 3	3:01	Brown 21 field goal (14-77, 7:09)				29	17	
SEA 4	9:30	Alexander 1 run (Brown kick) (6-72, 2:42)				29	24	
SEA 4	5:29	Urban 19 pass from Hasselbeck (Hasselbeck to Jackson pass) (7-72, 2:38)				29	32	
SEA 4	2:46	Alexander 32 run (Brown kick) (4-41, 1:37)				29	39	
DAL 4	1:45	Johnson 34 pass from Testaverde (Cundiff kick) (4-64, 1:01)				36	39	
DAL 4	0:32	Jones 17 run (Cundiff kick) (8-57, 1:13)				43	39	
Att.	— 68,093							

**INDIVIDUAL STATISTICS**

**RUSHING**

Dallas	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Jones	30	198	53	3	Alexander	21	83	32t	2
Testaverde	1	0	0	0	Hasselbeck	3	16	9	0
					Morris	1	6	6	0
					Strong	2	4	2	0
<b>TOTAL</b>	<b>31</b>	<b>198</b>	<b>53</b>	<b>3</b>	<b>TOTAL</b>	<b>27</b>	<b>109</b>	<b>32t</b>	<b>2</b>

**PASSING**

Dallas	A	C	Yds	TD	INT	RT	Seattle	A	C	Yds	TD	INT	RT
Testaverde	34	18	225	2	2	68.9	Hasselbeck	40	28	414	3	0	128.5
<b>TOTAL</b>	<b>34</b>	<b>18</b>	<b>225</b>	<b>2</b>	<b>2</b>	<b>68.9</b>	<b>TOTAL</b>	<b>40</b>	<b>28</b>	<b>414</b>	<b>3</b>	<b>0</b>	<b>128.5</b>

**RECEIVING**

Dallas	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Johnson	6	116	39	1	Jackson	9	113	35	1
Witten	5	61	22	0	Rice	8	145	33	1
Jones	3	11	11	0	Alexander	3	21	8	0
Morgan	2	19	13	0	Stevens	2	58	32	0
Copper	2	18	9t	1	Urban	2	36	19t	1
					Mili	2	30	18	0
					Ingram	2	11	8	0
<b>TOTAL</b>	<b>18</b>	<b>225</b>	<b>39</b>	<b>2</b>	<b>TOTAL</b>	<b>28</b>	<b>414</b>	<b>35</b>	<b>3</b>

**TEAM STATISTICS**

	Dallas	Seattle
Total First Downs	24	25
Third Down Eff.	7-15-47%	6-12-50%
Total Net Yards	405	507
Total Off. Plays	68	69
Avg. per Play	6.0	7.3
Net Yards Rushing	198	109
Total Rushing Plays	31	27
Net Yards Passing	207	398
Times Sacked/Yards Lost	3/18	2/16
Pass Att.-Comp.-Int.	34-18-2	40-28-0
Punts-No. and Avg.	3-36.7	2-37.5
Penalties-No. and Yards	6-49	6-44
Fumbles-No. and Lost	1-0	3-2
Touchdowns	5	5
Field Goals Made-Att.	3-3	1-1
Time of Possession	28:43	31:17

**DEFENSE**

Dallas	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Newman	10	10	0	0.0	0.0	0	0	1	1	0
Williams	10	7	3	0.0	0.0	0	0	0	1	0
Coakley	8	4	4	0.0	0.0	0	0	0	0	0
Nguyen	7	5	2	0.0	0.0	0	0	0	0	1
Carson	6	6	0	0.0	0.0	0	0	0	0	0
Glover	6	3	3	2.0	16.0	0	0	0	0	0
<b>Additional Stats: Fumble Recoveries: Scott 1.</b>										
Seattle	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Trufant	7	6	1	0.0	0.0	0	0	2	0	0
Kacyvenski	7	6	1	0.0	0.0	0	0	0	0	0
Wistrom	7	5	2	1.0	10.0	0	0	1	0	0
Moore	5	5	0	1.0	0.0	0	0	1	0	0
Lucas	5	4	1	0.0	0.0	0	0	2	0	0
Bierria	5	2	3	0.0	0.0	1	10	1	0	0
<b>Additional Stats: Sacks: Okeafor 1.0; Interceptions: Hamlin 1.</b>										

**GAME 13**



**Seattle Seahawks 27, Minnesota Vikings 23**  
**Sunday, December 12, 2004 — Metrodome**

In the first game of back-to-back road games, the Seahawks traveled to Minnesota and showed great poise and character with a 27-23 win over the Vikings. With the win Seattle took over sole possession of first place in the NFC West. The Vikings jumped out to a 10-0 lead with 3:42 left in the first quarter but the Seahawks' defense buckled down and held them to only one touchdown and two field goals the rest of the game. The Seahawks responded with two Matt Hasselbeck touchdown passes (35 yards to Bobby Engram and 12 yards to Shaun Alexander) to take a 14-13 lead in the second quarter. Minnesota responded with a Randy Moss score, but Seattle got back on the board with a 19-yard Darrell Jackson touchdown and took a 21-20 lead into the half. The teams exchanged field goals in the third quarter and Seattle took a 24-23 lead into the final period. Midway through the fourth quarter, Daunte Culpepper botched a hand-off and Rashad Moore recovered which led to a Josh Brown 28-yard field goal with 3:43 left to play. Minnesota's next possession was aided by a 33-yard pass interference penalty and the Vikings found themselves at Seattle's 31. Two plays later, Minnesota ran a reverse option-pass to Moss who threw towards the end zone but was picked off by Michael Boulware, his fifth pick of the year, halting the Vikings drive. Seattle could only run the clock down to 0:44 and punted back to Minnesota. Minnesota took four plays to reach the Seattle 28, and had one last chance to win the game with 0:04 left on the clock, but Antonio Cochran sacked Culpepper on the game's last play to preserve Seattle's fourth win on the road. Jackson, whose father passed away earlier that morning, tied his career-high with 10 receptions for 135 yards and one score.

	Seattle	Minnesota
Att.	64,110	64,110

	7	14	3	3	—	27
Seattle	10	10	3	3	—	23

	Seattle	Minnesota
MIN 1 10:42	Andersen 48 field goal (8-45, 4:18)	0
MIN 1 3:42	Smith 5 run (Andersen kick) (6-72, 3:23)	3
SEA 1 1:12	Engram 35 pass from Hasselbeck (Brown kick) (6-80, 2:30)	7
SEA 2 12:13	Alexander 12 pass from Hasselbeck (Brown kick) (6-76, 2:29)	14
MIN 2 9:48	Andersen 32 field goal (5-61, 2:25)	14
MIN 2 5:06	Moss 3 pass from Culpepper (Andersen kick) (10-49, 4:29)	14
SEA 2 3:05	Jackson 19 pass from Hasselbeck (Brown kick) (5-60, 2:01)	21
MIN 3 11:58	Andersen 31 field goal (4-1, 0:57)	21
SEA 3 6:42	Brown 33 field goal (9-60, 5:16)	24
SEA 4 3:40	Brown 28 field goal (6-16, 2:49)	27

**INDIVIDUAL STATISTICS**

**RUSHING**

Seattle	Att	Yds	LG	TD	Minnesota	Att	Yds	LG	TD
Alexander	27	112	22	0	Smith	14	56	15	1
Morris	3	13	10	0	Culpepper	6	32	16	0
Hasselbeck	1	13	13	0	Bennett	5	25	11	0
<b>TOTAL</b>	<b>31</b>	<b>138</b>	<b>22</b>	<b>0</b>	<b>TOTAL</b>	<b>25</b>	<b>113</b>	<b>16</b>	<b>1</b>

**PASSING**

Seattle	A	C	Yds	TD	INT	RT	Minnesota	A	C	Yds	TD	INT	RT
Hasselbeck	34	23	334	3	2	104.3	Culpepper	33	21	270	1	0	99.3
<b>TOTAL</b>	<b>34</b>	<b>23</b>	<b>334</b>	<b>3</b>	<b>2</b>	<b>104.3</b>	<b>Moss</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0.0</b>
							<b>TOTAL</b>	<b>34</b>	<b>21</b>	<b>270</b>	<b>1</b>	<b>1</b>	<b>84.2</b>

**RECEIVING**

Seattle	No	Yds	LG	TD	Minnesota	No	Yds	LG	TD
Jackson	10	135	37	1	Moss	4	104	54	1
Rice	5	52	18	0	Burleson	4	42	16	0
Engram	4	79	35t	1	Smith	4	41	15	0
Hannam	2	44	36	0	Wiggins	3	33	21	0
Morris	1	12	12	0	Williams	3	23	11	0
Alexander	1	12	12t	1	Campbell	2	14	9	0
<b>TOTAL</b>	<b>23</b>	<b>334</b>	<b>37</b>	<b>3</b>	<b>Robinson</b>	<b>1</b>	<b>13</b>	<b>13</b>	<b>0</b>
					<b>TOTAL</b>	<b>21</b>	<b>270</b>	<b>54</b>	<b>1</b>

**TEAM STATISTICS**

	Seattle	Minnesota
Total First Downs	26	22
Third Down Eff.	4-12-33%	3-10-30%
Total Net Yards	455	374
Total Off. Plays	68	60
Avg. per Play	6.7	6.2
Net Yards Rushing	138	113
Total Rushing Plays	31	25
Net Yards Passing	317	261
Times Sacked/Yards Lost	3/17	2/12
Pass Att.-Comp.-Int.	34-23-2	34-21-1
Punts-No. and Avg.	4-40.5	4-45.5
Penalties-No. and Yards	5-79	5-42
Fumbles-No. and Lost	0-0	2-1
Touchdowns	3	2
Field Goals Made-Att.	2-3	3-3
Time of Possession	32:43	27:17

**DEFENSE**

	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Boulware	7	7	0	1.0	9.0	1	0	1	0	0
Kacyvenski	6	5	1	0.0	0.0	0	0	0	0	0
Trufant	5	5	0	0.0	0.0	0	0	3	0	0
Hamlin	4	4	0	0.0	0.0	0	0	0	0	0
Lucas	4	3	1	0.0	0.0	0	0	2	0	0
Bates	4	3	1	0.0	0.0	0	0	0	0	0

**Additional Stats: Sacks: Cochran 1.0; Forced Fumbles: Richard 1; Fumble Recoveries: Moore 1.**

Minnesota	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Russell	9	7	2	0.0	0.0	1	41	3	0	0
Claiborne	7	4	3	1.0	3.0	0	0	0	0	0
Williams	6	6	0	1.0	9.0	0	0	0	0	0
Henderson	6	4	2	0.0	0.0	0	0	0	0	0
Mixon	5	2	3	0.0	0.0	0	0	0	0	0

**Additional Stats: Sacks: Johnstone 1.0; Interceptions: Williams 1.**



In its bid to clinch a playoff berth, Seattle dropped a 37-14 decision and saw its record drop to .500 with two games to play. The Jets won the time-of-possession battle 35:26 to 24:34 and limited Seattle's offense to only one possession in the first quarter. New York got on the board first with a 21-yard Doug Brien field goal but Seattle answered right back, driving 71 yards in nine plays ending with Jerry Rice's third touchdown catch of the season. However, the Jets answered right back with a Curtis Martin 1-yard touchdown, that was reviewed and upheld by the officials. The Jets carried that momentum on to defense and intercepted Hasselbeck on Seattle's next possession. Three plays later, Chad Pennington threw the first of his three touchdown passes to Santana Moss from 32 yards out, Moss' first of two touchdown catches on the day, to push the score to 24-7 with 1:48 remaining in the second quarter. On a drive that kept Seattle in the game, it took 12 plays to drive 76 yards. With 0:07 left on the clock and no timeouts, Hasselbeck found Jeramy Stevens in the corner of the end zone to cut the lead to 24-14 at the half. Receiving the ball to begin the second half, Seattle went three-and-out and New York's next possession culminated in Moss' second touchdown. A missed PAT left the score, 30-14, in the Jets' favor. Seattle's next scoring opportunity was undone at the goal line on fourth-and-one when Shaun Alexander fumbled into the end zone and the Jets recovered. On the Jets next drive, Lamont Jordan fumbled and Ken Hamlin returned it 76 yards for a score, but the line judge ruled Jordan's forward momentum had ended, overturning the play. After a Hasselbeck fumble, the Jets scored again with Pennington finding Justin McCarreins from 5 yards out, to cap the scoring at 37-14.

<b>Seattle</b>	7	7	0	0	—	<b>14</b>
<b>N.Y. Jets</b>	3	21	6	7	—	<b>37</b>

					<b>Seattle</b>	<b>N.Y. Jets</b>
NYJ	1	9:54	Brien 21 field goal (11-71, 5:06)		0	3
SEA	1	5:27	Rice 12 pass from Hasselbeck (Brown kick) (9-71, 4:27)		7	3
NYJ	2	14:57	Martin 1 run (Brien kick) (10-75, 5:30)		7	10
NYJ	2	7:44	Martin 3 run (Brien kick) (8-69, 4:16)		7	17
NYJ	2	1:48	Moss 32 pass from Pennington (Brien kick) (4-54, 1:20)		7	24
SEA	2	0:03	Stevens 6 pass from Hasselbeck (Brown kick) (12-76, 1:45)		14	24
NYJ	3	9:22	Moss 7 pass from Pennington (kick failed) (8-82, 4:07)		14	30
NYJ	4	8:14	McCarreins 5 pass from Pennington (Brien kick) (5-23, 3:04)		14	37
Att. — 77,894						

**INDIVIDUAL STATISTICS**

**RUSHING**

<b>Seattle</b>	<b>Att</b>	<b>Yds</b>	<b>LG</b>	<b>TD</b>	<b>N.Y. Jets</b>	<b>Att</b>	<b>Yds</b>	<b>LG</b>	<b>TD</b>
Alexander	19	77	16	0	Martin	24	134	20	2
Morris	1	6	6	0	Jordan	15	84	33	0
Strong	2	5	4	0	Moss	1	12	12	0
Hasselbeck	1	0	0	0	Pennington	1	-1	-1	0
<b>TOTAL</b>	<b>23</b>	<b>88</b>	<b>16</b>	<b>0</b>	<b>TOTAL</b>	<b>41</b>	<b>229</b>	<b>33</b>	<b>2</b>

**PASSING**

<b>Seattle</b>	<b>A</b>	<b>C</b>	<b>Yds</b>	<b>TD</b>	<b>INT</b>	<b>RT</b>	<b>N.Y. Jets</b>	<b>A</b>	<b>C</b>	<b>Yds</b>	<b>TD</b>	<b>INT</b>	<b>RT</b>
Hasselbeck	30	22	201	2	1	99.4	Pennington	24	18	253	3	0	148.1
Dilfer	2	0	0	0	0	39.6	<b>TOTAL</b>	<b>24</b>	<b>18</b>	<b>253</b>	<b>3</b>	<b>0</b>	<b>148.1</b>
<b>TOTAL</b>	<b>32</b>	<b>20</b>	<b>201</b>	<b>2</b>	<b>1</b>	<b>93.4</b>							

**RECEIVING**

<b>Seattle</b>	<b>No</b>	<b>Yds</b>	<b>LG</b>	<b>TD</b>	<b>N.Y. Jets</b>	<b>No</b>	<b>Yds</b>	<b>LG</b>	<b>TD</b>
Jackson	4	45	18	0	Sowell	5	83	34	0
Mili	4	43	20	0	Moss	5	79	32t	2
Ingram	4	39	14	0	McCarreins	3	40	21	1
Alexander	4	19	11	0	Jordan	2	18	10	0
Rice	3	25	12t	1	Baker	1	17	17	0
Hannam	1	17	17	0	Cotchery	1	15	15	0
Strong	1	7	7	0	Askew	1	1	1	0
Stevens	1	6	6t	1					
<b>TOTAL</b>	<b>22</b>	<b>201</b>	<b>20</b>	<b>2</b>	<b>TOTAL</b>	<b>18</b>	<b>253</b>	<b>34</b>	<b>3</b>

**TEAM STATISTICS**

	<b>Seattle</b>	<b>N.Y. Jets</b>
Total First Downs	19	27
Third Down Eff.	6-11-55%	11-14-79%
Total Net Yards	275	482
Total Off. Plays	58	65
Avg. per Play	4.7	7.4
Net Yards Rushing	88	229
Total Rushing Plays	23	41
Net Yards Passing	187	253
Times Sacked/Yards Lost	4/14	0/0
Pass Att.-Comp.-Int.	32-22-1	24-18-0
Punts-No. and Avg.	3-36.0	0-0.0
Penalties-No. and Yards	2-20	2-15
Fumbles-No. and Lost	3-2	1-0
Touchdowns	2	5
Field Goals Made-Att.	0-0	1-2
Time of Possession	24:34	35:26

**DEFENSE**

	<b>T</b>	<b>S</b>	<b>A</b>	<b>QB</b>	<b>Yds</b>	<b>Int</b>	<b>Yds</b>	<b>PD</b>	<b>FF</b>	<b>FR</b>
Boulware	10	8	2	0.0	0.0	0	0	0	0	0
Koutouvides	9	8	1	0.0	0.0	0	0	0	0	0
Brown	7	7	0	0.0	0.0	0	0	0	0	0
Hamlin	7	7	0	0.0	0.0	0	0	0	0	0
Trufant	7	5	2	0.0	0.0	0	0	0	0	0
<b>N.Y. Jets</b>	<b>T</b>	<b>S</b>	<b>A</b>	<b>QB</b>	<b>Yds</b>	<b>Int</b>	<b>Yds</b>	<b>PD</b>	<b>FF</b>	<b>FR</b>
Barton	11	7	4	1.0	6.0	1	7	2	1	1
Coleman	7	7	0	1.0	6.0	0	0	0	0	0
Ferguson	7	5	2	0.0	0.0	0	0	0	0	0
Tongue	5	5	0	0.0	0.0	0	0	0	0	0
Vilma	5	4	1	0.0	0.0	0	0	0	0	0
Abraham	5	1	4	0.0	0.0	0	0	1	0	0
<b>Additional Stats: Sacks: Ellis 2.0; Forced Fumbles: Ellis 1; Fumble Recoveries: Ellis 1.</b>										



## Seattle Seahawks 24, Arizona Cardinals 21

Sunday, December 26, 2004 — Qwest Field

Seattle locked up a playoff berth in back-to-back seasons for only the second time in the last 16 years with a 24-21 win over the Arizona Cardinals at Qwest Field. In the last six seasons Seattle has earned a playoff berth three times. In a gameday decision at the quarterback position, Trent Dilfer started in place of Matt Hasselback (elbow) and the offense started the game slowly, punting on its first five possessions. Fortunately the Seahawks' defense came to play, allowing only an Anquan Boldin 31-yard touchdown reception while forcing one turnover and five punts in the first half. Bobby Engram sparked the crowd, and the offense, with a season-long 48-yard punt return to set up the first of three Shaun Alexander touchdown runs which evened the score at 7-7. Seattle tacked on a Josh Brown 34-yard field goal as time expired in the first half. Seattle opened the second half with two more Alexander scores to boost the lead to 24-7 while the defense forced two Arizona punts and an interception in the third quarter. Arizona staged a late rally in the fourth by answering an Alexander score with Larry Fitzgerald's 29-yard touchdown catch to cut the score to 24-14. The Cardinals intercepted Dilfer on the following possession but Neil Rackers 52-yard field-goal attempt was wide left and the score remained the same. After forcing a punt, Arizona took nine plays and drove 76 yards until Josh McCown found Fitzgerald from 29 yards out again to trail only by three points, 24-21. Facing a third-and-six with 2:18 left, Dilfer scrambled 7 yards for the first down to seal the win. The Seahawks then knelt to run out the clock as Arizona did not have any timeouts left. Alexander passed Chris Warren's single-season rushing record (1,545 yards) with a 1,616 on the year. Darrell Jackson led the team in catches for the 13th time with six for 101 yards, surpassing Brian Blades' club record for receptions in a single-season (81).

		Arizona	7	0	0	14	—	21
		Seattle	0	10	7	7	—	24
ARI	1	4:23	Boldin 31 pass from McCown (Rackers kick) (4-52, 1:32)				7	0
SEA	2	4:44	Alexander 1 run (Brown kick) (6-20, 2:41)				7	7
SEA	2	0:00	Brown 34 field goal (10-53, 3:10)				7	10
SEA	3	3:06	Alexander 17 run (Brown kick) (5-82, 2:49)				7	17
SEA	4	14:50	Alexander 23 run (Brown kick) (5-39, 2:53)				7	24
ARI	4	11:32	Fitzgerald 29 pass from McCown (Rackers kick) (7-70, 3:18)				14	24
ARI	4	2:30	Fitzgerald 29 pass from McCown (Rackers kick) (9-76, 3:18)				21	24
Att. —		65,825						

### INDIVIDUAL STATISTICS

#### RUSHING

Arizona	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Smith	23	65	13	0	Alexander	30	154	23t	3
Fitzgerald	2	10	10	0	Morris	1	10	10	0
McCown	2	10	6	0	Strong	1	7	7	0
Ayanbadejo	2	9	6	0	Dilfer	4	4	7	0
Boldin	1	3	3	0					
<b>TOTAL</b>	<b>30</b>	<b>97</b>	<b>13</b>	<b>0</b>	<b>TOTAL</b>	<b>36</b>	<b>175</b>	<b>23t</b>	<b>3</b>

#### PASSING

Arizona	A	C	Yds	TD	INT	RT	Seattle	A	C	Yds	TD	INT	RT
McCown	33	21	248	3	2	91.5	Dilfer	26	10	128	0	1	38.6
<b>TOTAL</b>	<b>33</b>	<b>21</b>	<b>248</b>	<b>3</b>	<b>2</b>	<b>91.5</b>	<b>TOTAL</b>	<b>26</b>	<b>10</b>	<b>128</b>	<b>0</b>	<b>1</b>	<b>38.6</b>

#### RECEIVING

Arizona	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Boldin	7	107	31t	1	Jackson	6	101	53	0
Fitzgerald	4	70	29t	2	Hannam	1	18	18	0
Johnson	4	41	18	0	Morris	1	3	3	0
Ayanbadejo	4	34	16	0	Stevens	1	3	3	0
Jones	1	5	5	0	Engram	1	3	3	0
Scobey	1	-9	-9	0					
<b>TOTAL</b>	<b>21</b>	<b>248</b>	<b>31</b>	<b>3</b>	<b>TOTAL</b>	<b>10</b>	<b>128</b>	<b>53</b>	<b>0</b>

#### TEAM STATISTICS

	Arizona	Seattle
Total First Downs	18	16
Third Down Eff.	4-15-27%	4-15-27%
Total Net Yards	317	301
Total Off. Plays	67	63
Avg. per Play	4.7	4.8
Net Yards Rushing	97	175
Total Rushing Plays	30	36
Net Yards Passing	220	126
Times Sacked/Yards Lost	4/28	1/2
Pass Att.-Comp.-Int.	33-21-2	26-10-1
Punts-No. and Avg.	7-39.4	8-36.9
Penalties-No. and Yards	4-25	6-51
Fumbles-No. and Lost	4-0	2-0
Touchdowns	3	3
Field Goals Made-Att.	0-1	1-1
Time of Possession	32:32	27:28

#### DEFENSE

Arizona	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Hayes	8	7	1	0.0	0.0	0	0	0	1	0
Ohaleta	8	6	2	0.0	0.0	0	0	1	0	0
Darling	6	6	0	0.0	0.0	0	0	1	0	0
Starks	5	4	1	0.0	0.0	1	0	1	0	0
Berry	5	4	1	0.0	0.0	0	0	0	0	0
Additional Stats: Sacks: Harris 1.0.										
Seattle	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Hamlin	10	7	3	1.0	6.0	0	0	3	1	0
Okeafor	9	9	0	2.0	17.0	0	0	0	1	0
Richard	6	6	0	0.0	0.0	0	0	0	0	0
Trufant	6	5	1	0.0	0.0	1	6	2	0	0
Kacyvenski	6	4	2	0.0	0.0	0	0	0	0	0
Additional Stats: Sacks: Cochran 1.0; Interceptions: Lucas 1; Forced Fumbles: Boulware 1, Cochran 1.										



The NFC playoff picture remained unsettled going into the final week of the season. Seattle needed a win over Atlanta to win the NFC West and home-field advantage in the Wild Card Game. After a 28-26 nail-biter at Qwest Field, Seattle captured its first NFC West crown. With the number two seed in the playoffs already locked up, Atlanta played Michael Vick only three series, but he led the Falcons to a score on their first possession. Seattle answered back with a Shaun Alexander touchdown run, his twentieth total touchdown of the season (16 rush, 4 receiving). After a Jay Feely field goal, DeAngelo Hall intercepted Matt Hasselbeck and took it 48 yards for a score and 17-7 Atlanta lead. Showing its determination, Seattle drove 66 yards on seven plays ending with a Darrell Jackson 3-yard touchdown reception to cut the lead to 17-14 at the half. The Seahawks took their first lead of the game with 7:35 to play in the third quarter following a Marcus Trufant 31-yard interception return to Atlanta's 41-yard line. Hasselbeck found Jeremy Stevens from 3 yards out to give Seattle a 21-17 lead. Then Atlanta chewed 7:50 off the clock in 15 plays to end the third quarter and begin the fourth quarter. Feely, who missed a 39-yarder wide left earlier in the game, booted a 40-yard field goal to cut the lead to one. Seattle then took 10 plays to drive 60 yards in 5:44 and Hasselbeck scored his first rushing touchdown of the season on a quarterback sneak from 1-yard out for a 28-20 lead with 4:28 to go. The Falcons used another 15-play drive to battle back. Facing third-and-17 the Falcons gained 16 yards and converted a fourth-and-1 play with 0:18 to play. Three plays later, QB Matt Schaub found Brian Finneran from 3 yards out as time expired. Atlanta lined up for a two-point conversion but Warrick Dunn was stuffed at the 1-yard line and Seattle escaped going into overtime.

<b>Atlanta</b>	7	10	0	9	—	<b>26</b>
<b>Seattle</b>	7	7	7	7	—	<b>28</b>

						Atlanta	Seattle
ATL	1	6:19	Price 2 pass from Vick (Feely kick) (12-48, 6:27)			7	0
SEA	1	3:06	Alexander 1 run (Brown kick) (6-48, 3:13)			7	7
ATL	2	8:32	Feely 33 field goal (10-54, 5:44)			10	7
ATL	2	6:56	Hall 48 interception return (Feely kick)			17	7
SEA	2	3:25	Jackson 3 pass from Hasselbeck (Brown kick) (7-66, 3:31)			17	14
SEA	3	7:35	Stevens 3 pass from Hasselbeck (Brown kick) (10-41, 4:26)			17	21
ATL	4	10:12	Feely 40 field goal (15-66, 7:50)			20	21
SEA	4	4:28	Hasselbeck 1 run (Brown kick) (10-60, 5:44)			20	28
ATL	4	0:00	Finneran 3 pass from Schaub (run failed) (15-69, 4:28)			26	28
Att.	—	66,740					

**INDIVIDUAL STATISTICS**

**RUSHING**

Atlanta	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Dunn	25	132	26	0	Alexander	19	80	29	1
Duckett	8	52	35	0	Strong	1	2	2	0
Vick	3	13	11	0	Hasselbeck	1	1	1t	1
Schaub	2	7	8	0					
<b>TOTAL</b>	<b>38</b>	<b>204</b>	<b>35</b>	<b>0</b>	<b>TOTAL</b>	<b>21</b>	<b>83</b>	<b>29</b>	<b>2</b>

**PASSING**

Atlanta	A	C	Yds	TD	INT	RT	Seattle	A	C	Yds	TD	INT	RT
Schaub	22	14	132	1	1	76.3	Hasselbeck	27	21	191	2	1	105.4
Vick	7	6	35	1	0	127.1							
<b>TOTAL</b>	<b>29</b>	<b>20</b>	<b>167</b>	<b>2</b>	<b>1</b>	<b>92.2</b>	<b>TOTAL</b>	<b>27</b>	<b>21</b>	<b>191</b>	<b>2</b>	<b>1</b>	<b>105.4</b>

**RECEIVING**

Atlanta	Att	Yds	LG	TD	Seattle	Att	Yds	LG	TD
Price	7	46	17	1	Engram	6	79	23	0
Finneran	3	45	26	1	Mili	3	37	16	0
Dunn	3	19	12	0	Jackson	3	18	8	1
McCrary	2	23	14	0	Alexander	2	15	9	0
Jenkins	2	8	7	0	Hannam	2	14	8	0
Duckett	1	11	11	0	Stevens	2	14	11	1
White	1	9	9	0	Strong	2	8	5	0
Layne	1	6	6	0	Morris	1	6	6	0
<b>TOTAL</b>	<b>20</b>	<b>167</b>	<b>26</b>	<b>2</b>	<b>TOTAL</b>	<b>21</b>	<b>191</b>	<b>23</b>	<b>2</b>

**TEAM STATISTICS**

	Atlanta	Seattle
Total First Downs	22	21
Third Down Eff.	9-17-53%	4-9-44%
Total Net Yards	353	253
Total Off. Plays	70	52
Avg. per Play	5.0	4.9
Net Yards Rushing	204	83
Total Rushing Plays	38	21
Net Yards Passing	149	170
Times Sacked/Yards Lost	3/18	4/21
Pass Att.-Comp.-Int.	29-20-1	27-21-1
Punts-No. and Avg.	2-31.0	4-33.5
Penalties-No. and Yards	8-52	1-5
Fumbles-No. and Lost	1-0	0-0
Touchdowns	3	4
Field Goals Made-Att.	2-3	0-0
Time of Possession	34:54	25:06

**DEFENSE**

	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Scott	7	5	2	0.0	0.0	0	0	0	0	0
Hall	6	5	1	0.0	0.0	1t	48	2	0	0
Stewart	4	4	0	0.0	0.0	0	0	0	0	0
Brooking	4	4	0	0.0	0.0	0	0	0	0	0

Four more players tied with four tackles

**Additional Stats:** Sacks: Coleman 2.0, Kerney 1.0, Rossum 1.0.

Seattle	T	S	A	QB	Yds	Int	Yds	PD	FF	FR
Brown	11	6	5	1.0	14.0	0	0	0	1	0
Kacyvenski	8	7	1	0.0	0.0	0	0	0	0	0
Boulware	8	6	2	0.0	0.0	0	0	0	0	0
Koutouvides	7	6	1	0.0	0.0	0	0	0	0	0
Hamlin	7	6	1	1.0	0.0	0	0	0	0	0
Trufant	7	4	3	0.0	0.0	1	31	2	0	0

**Additional Stats:** Sacks: Bernard 0.5, Cochran 0.5.

## 2004 STATISTICS

Day	Date	W/L	Score	Opponents	Attendance
Sun.	Sept. 12	W	21-7	at New Orleans	64,900
Sun.	Sept. 19	W	10-6	at Tampa Bay	65,089
Sun.	Sept. 26	W	34-0	San Francisco	66,709
Sun.	Oct. 10 OT	L	33-27	St. Louis	66,940
Sun.	Oct. 17	L	30-20	at New England	68,756
Sun.	Oct. 24	L	25-17	at Arizona	35,695
Sun.	Oct. 31	W	23-17	Carolina	66,214
Sun.	Nov. 7	W	42-27	at San Francisco	64,423
Sun.	Nov. 14	L	23-12	at St. Louis	66,044
Sun.	Nov. 21	W	24-17	Miami	66,644
Sun.	Nov. 28	L	38-9	Buffalo	66,271
Mon.	Dec. 6	L	43-39	Dallas	68,093
Sun.	Dec. 12	W	27-23	at Minnesota	64,110
Sun.	Dec. 19	L	37-14	at New York Jets	77,894
Sun.	Dec. 26	W	24-21	Arizona	65,825
Sun.	Jan. 2	W	28-26	Atlanta	66,740
<b>POSTSEASON</b>					
Sat.	Jan. 8	L	27-20	St. Louis	65,397

## TEAM STATS

	Seahawks	Opponents
Total First Downs	320	311
Rushing	110	102
Passing	189	191
Penalty	21	18
3rd Down: Made/Att.	76/210	97/229
3rd Down Pct.	36.2	42.4
4th Down: Made/Att.	6/11	6/9
4th Down Pct.	54.5	66.7
Possession Avg.	29:00	31:00
Total Net Yards	5634	5620
Avg. Per Game	352.1	351.3
Total Plays	1034	1047
Avg. Per Play	5.4	5.4
Net Yards Rushing	2095	2031
Avg. Per Game	130.9	126.9
Total Rushes	468	452
Net Yards Passing	3539	3589
Avg. Per Game	221.2	224.3
Sacked/Yards Lost	34/176	36/218
Gross Yards	3715	3807
Att./Completions	532/304	559/340
Completion Pct.	57.1	60.8
Had Intercepted	18	23
Punts/Average	79/38.4	74/41.8
Net Punting Avg.	79/34.3	74/37.3
Penalties/Yards	79/669	91/747
Fumbles/Ball Lost	19/9	25/12
Touchdowns	43	42
Rushing	17	17
Passing	23	24
Returns	3	1

## SCORE BY PERIODS

	Q1	Q2	Q3	Q4	OT	PTS
Seahawks	86	129	70	86	0	371
Opponents	89	113	52	113	6	373

## SCORING

	TD	Rush	Pass	Return	K-PAT	FG	S	Pts.
Alexander	20	16	4	0			0	120
J. Brown	0	0	0	0	40/40	23/25	0	109
Jackson	7	0	7	0			0	44
Stevens	3	0	3	0			0	20
Rice LG	3	0	3	0			0	18
Rice TM	3	0	3	0			0	18
Engram	2	0	2	0			0	12
Robinson	2	0	2	0			0	12
Boulware	1	0	0	1			0	6
Hasselbeck	1	1	0	0			0	6
Lucas	1	0	0	1			0	6
Mili	1	0	1	0			0	6
Simmons	1	0	0	1			0	6
Urban	1	0	1	0			0	6
<b>TEAM</b>	<b>43</b>	<b>17</b>	<b>23</b>	<b>3</b>	<b>40/40</b>	<b>23/25</b>	<b>0</b>	<b>371</b>
<b>OPPONENTS</b>	<b>42</b>	<b>17</b>	<b>24</b>	<b>1</b>	<b>38/39</b>	<b>27/32</b>	<b>1</b>	<b>373</b>

2-Pt. Conversions: Jackson, Stevens; TEAM 2-3; OPPONENTS 0-2.

## PASSING

	Att.	Comp.	Yds.	Comp.%	TD	Int.	Lg	S/L	Rating
Hasselbeck	474	279	3382	58.9	22	15	60	30/155	83.1
Dilfer	58	25	333	43.1	1	3	56	4/21	46.1
<b>TEAM</b>	<b>532</b>	<b>304</b>	<b>3715</b>	<b>57.1</b>	<b>23</b>	<b>18</b>	<b>60</b>	<b>34/176</b>	<b>79.1</b>
<b>OPPONENTS</b>	<b>559</b>	<b>340</b>	<b>3807</b>	<b>60.8</b>	<b>24</b>	<b>23</b>	<b>63</b>	<b>36/218</b>	<b>78.3</b>

## RUSHING

	No.	Yds.	Avg.	Long	TD
Alexander	353	1696	4.8	44	16
Strong	36	131	3.6	11	0
Morris	30	126	4.2	12	0
Hasselbeck	27	90	3.3	19	1
Evans	7	20	2.9	7	0
Carter	4	15	3.8	6	0
Dilfer	10	14	1.4	11	0
Robinson	1	3	3.0	3	0
<b>TEAM</b>	<b>468</b>	<b>2095</b>	<b>4.5</b>	<b>44</b>	<b>17</b>
<b>OPPONENTS</b>	<b>452</b>	<b>2031</b>	<b>4.5</b>	<b>53</b>	<b>17</b>

## RECEIVING

	No.	Yds.	Avg.	Long	TD
Jackson	87	1199	13.8	56t	7
Engram	36	499	13.9	60	2
Robinson	31	495	16.0	33	2
Stevens	31	349	11.3	32	3
Rice LG	30	429	14.3	56	3
Rice TM	25	362	14.5	56	3
Mili	23	240	10.4	20	1
Alexander	23	170	7.4	24	4
Strong	21	99	4.7	13	0
Morris	9	53	5.9	12	0
Hannam	8	110	13.8	36	0
Urban	6	117	19.5	33	1
Evans	2	12	6.0	9	0
Bannister	2	10	5.0	8	0
<b>TEAM</b>	<b>304</b>	<b>3715</b>	<b>12.2</b>	<b>60</b>	<b>23</b>
<b>Opponents</b>	<b>340</b>	<b>3807</b>	<b>11.2</b>	<b>63</b>	<b>24</b>

## INTERCEPTIONS

	No.	Yds.	Avg.	Long	TD
Lucas	6	46	7.7	25	1
Trufant	5	141	28.2	58	0
Boulware	5	69	13.8	63t	1
Hamlin	4	48	12.0	24	0
Simmons	1	23	23.0	23t	1
Bierria	1	10	10.0	10	0
Cochran	1	0	0.0	0	0
<b>TEAM</b>	<b>23</b>	<b>337</b>	<b>14.7</b>	<b>63t</b>	<b>3</b>
<b>OPPONENTS</b>	<b>18</b>	<b>158</b>	<b>8.8</b>	<b>48t</b>	<b>1</b>

## PUNTING

	No.	Yds.	Avg.	Net	TB	In	Lg	B
D. Jones	26	988	38.0	32.2	2	6	51	1
Rouen	26	1093	42.0	37.8	1	10	60	0
Walter	24	920	38.3	33.0	1	4	50	1
J. Brown	1	35	35.0	35.0	0	0	35	0
<b>TEAM</b>	<b>79</b>	<b>3036</b>	<b>38.4</b>	<b>34.3</b>	<b>4</b>	<b>40</b>	<b>60</b>	<b>2</b>
<b>OPPONENTS</b>	<b>74</b>	<b>3091</b>	<b>41.8</b>	<b>37.3</b>	<b>5</b>	<b>31</b>	<b>60</b>	<b>0</b>

## PUNT RETURNS

	Ret.	FC	Yds.	Avg.	Long	TD
Morris	15	4	75	5.0	22	0
Engram	10	19	118	11.8	48	0
Richard	4	3	31	7.8	14	0
Hannam	1	0	6	6.0	6	0
<b>TEAM</b>	<b>30</b>	<b>26</b>	<b>230</b>	<b>7.7</b>	<b>48</b>	<b>0</b>
<b>OPPONENTS</b>	<b>33</b>	<b>21</b>	<b>244</b>	<b>7.4</b>	<b>39</b>	<b>0</b>

## KICKOFF RETURNS

	No.	Yds.	Avg.	Long	TD
Morris	47	994	21.1	34	0
Carter	21	448	21.3	36	0
Evans	3	51	17.0	21	0
Locklear	1	12	12.0	12	0
Mili	1	12	12.0	12	0
Stevens	1	12	12.0	12	0
<b>TEAM</b>	<b>74</b>	<b>1529</b>	<b>20.7</b>	<b>36</b>	<b>0</b>
<b>OPPONENTS</b>	<b>77</b>	<b>1677</b>	<b>21.8</b>	<b>51</b>	<b>0</b>

## FIELD GOALS

	1-19	20-29	30-39	40-49	50+
J. Brown	1/1	7/7	8/9	6/7	1/1
<b>TEAM</b>	<b>1/1</b>	<b>7/7</b>	<b>8/9</b>	<b>6/7</b>	<b>1/1</b>
<b>OPPONENTS</b>	<b>0/0</b>	<b>6/6</b>	<b>12/15</b>	<b>6/7</b>	<b>3/4</b>

J. Brown: ( ) (44G) (35G, 28G) (48G, 43N, 34G) (33G, 40G, 28G, 31G) (54G) (27G, 45G, 22G) ( ) (28G, 30G, 45G, 41G) (33G) (19G) (21G) (38N, 33G, 28G) ( ) (34G) ( ) .

Opponents: ( ) (24G, 27G) (46N) (39G, 36G) (40G, 39G, 30G) (55G, 55G, 50G) (30G) (27G, 30G) (36G, 47G, 23G) (34N, 39G) (25G) (39G, 49G, 47G) (48G, 32G, 31G) (21G, 30N) (52N) (33G, 39N, 40G).

Sacks: Okeafor 8.5, Cochran 6.5, Bernard 3.5, Wistrom 3.5, Hamlin 2.0, Moore 2.0, Boulware 1.0, C. Brown 1.0, Huff 1.0, Kacyvenski 1.0, Koutouvides 1.0, Mitchell 1.0, Trufant 1.0, Tubbs 1.0, White 1.0, Woodard 1.0,

TEAM 36.0, OPPONENTS 34.0

## DEFENSE STATISTICS

Name	Tkl.	Solo	Ast.	QB	Yds.	Int.	TD	PD	FF	FR
Trufant, M.	93	83	10	1.0	8.0	5	0	20	0	0
Kacyvenski, I.	81	62	19	1.0	1.0	0	0	0	1	0
Hamlin, K.	79	63	16	2.0	6.0	4	0	9	1	1
Bierria, T.	69	47	22	0	0	1	0	5	1	0
Lucas, K.	67	60	7	0	0	6	1	21	0	1
Okeafor, C.	53	41	12	8.5	55.5	0	0	0	5	0
Boulware, M.	53	40	13	1.0	9.0	5	1	6	1	0
Huff, O.	51	41	10	1.0	10.0	0	0	3	0	2
Woodard, C.	49	28	21	1.0	12.0	0	0	0	1	1
Moore, R.	46	32	14	2.0	0.0	0	0	2	0	3
Koutouvides, N.	46	38	8	1.0	1.0	0	0	0	0	0
Simmons, A.	42	30	12	0	0	1	1	3	1	0
Wistrom, G.	38	27	11	3.5	25.5	0	0	4	1	1
Bernard, R.	39	25	13	3.5	23.0	0	0	6	0	1
Brown, C.	37	26	11	1.0	14.0	0	0	0	1	1
Cochran, A.	36	27	9	6.5	36.0	1	0	3	3	1
White, T.	26	19	7	1.0	7.0	0	0	0	0	0
Bates, S.	26	16	10	0	0	0	0	2	0	0
Richard, K.	24	21	3	0	0	0	0	1	1	0
Mitchell, B.	16	13	3	1.0	2.0	0	0	1	0	0
Taylor, B.	13	11	2	0	0	0	0	2	1	0
Tubbs, M.	13	6	7	1.0	10.0	0	0	1	1	0
Manuel, M.	10	7	3	0	0	0	0	0	0	0
Terrill, C.	4	1	3	0	0	0	0	0	0	0
Babineaux, J.	3	2	1	0	0	0	0	0	0	0

## SPECIAL TEAMS STATISTICS

Name	Tkl.	Solo	Ast.	FF	FR	BL
Koutouvides, N.	16	11	5	0	0	0
White, T.	12	10	2	0	0	0
Boulware, M.	12	9	3	0	0	0
Richard, K.	10	8	2	0	0	0
Manuel, M.	9	5	4	0	0	0
Kacyvenski, I.	8	6	2	0	0	0
Evans, H.	8	6	2	0	0	0
Bates, S.	8	6	2	0	0	0
Carter, K.	7	7	0	0	0	0
Bannister, A.	6	6	0	0	0	0
Bierria, T.	6	5	1	0	0	0
Morris, M.	5	4	1	0	0	0
Babineaux, J.	5	5	0	0	0	0
Lucas, K.	4	3	1	0	0	0
Darche, J.P.	4	3	1	0	0	0
Randall, C.	3	1	2	0	0	0
Brown, J.	2	0	2	0	0	0
Trufant, M.	2	2	0	0	0	0
Urban, J.	2	1	1	0	0	0
Hamlin, K.	1	1	0	0	0	0
Palepoi, A.	1	1	0	0	0	0
Jones, D.	1	1	0	0	0	0
Hannam, R.	1	1	0	0	0	0
Huff, O.	1	1	0	0	0	0
Willis, J.	1	1	0	0	0	0
Strong, M.	1	0	1	0	0	0

## 2004 PARTICIPATION

Date	9/12	9/19	9/26	10/10	10/17	10/24	10/31	11/7	11/14
Game	@NO	@TB	SF	StL	@NE	@AZ	Car	@SF	@StL
Alexander, S.	RB	RB	RB	RB	RB	RB	RB	RB	RB
Babineaux, J.									
Bannister, A.	wr	wr	wr	wr	wr	WR	wr	ir	ir
Bates, S.	sub	in	in	in	in	lb	sub	in	in
Bernard, R.	dt	dt	dt	dt	dt	DT	dt	dt	dt
Bierria, T.	SS	SS	SS	SS	SS	SS	SS	SS	SS
Boulware, M.	s	s	s	s	s	s	s	s	s
Brown, C.	in	in	in	in	in	in	OLB	OLB	OLB
Brown, J.	k	k	k	k	k	k	k	k	k
Carter, K.	sub	sub	sub	sub	sub	sub	sub	rb	sub
Cochran, A.	dt	dt	dt	dt	dt	RDE	RDE	RDE	RDE
Darche, J.P.	sub	sub	sub	sub	sub	sub	sub	sub	sub
Dilfer, T.	dnp	dnp	qb	qb	dnp	dnp	dnp	dnp	dnp
Engram, B.	wr	wr	wr	wr	WR	in	in	in	WR
Evans, H.	fb	sub	fb	fb	sub	sub	fb	fb	sub
Gray, C.	RG	RG	RG	RG	RG	RG	RG	RG	RG
Hackett, D.J.	in	in	in	in	in	in	in	ir	ir
Hamlin, K.	FS	FS	FS	FS	FS	FS	FS	FS	FS
Hannam, R.	sub	sub	te	sub	te	te	te	te	te
Hasselbeck, M.	QB	QB	QB	QB	QB	QB	QB	QB	QB
Huff, O.	MLB	MLB	MLB	MLB	MLB	MLB	MLB	MLB	MLB
Hunter, W.	sus	in	in	in	in	sub	in	in	in
Hutchinson, S.	LG	LG	LG	LG	LG	LG	LG	LG	LG
Jackson, D.	WR	WR	WR	WR	WR	WR	WR	WR	WR
Jones, D.					p	p	p	p	p
Jones, W.	LT	LT	LT	LT	LT	LT	LT	LT	LT
Kacyvenski, I.	OLB	OLB	OLB	OLB	OLB	OLB	lb	lb	lb
Koutouvides, N.	sub	lb	lb	sub	sub	lb	lb	lb	lb
Locklear, S.	sub	sub	t	sub	sub	sub	sub	sub	sub
Lucas, K.	RCB	RCB	RCB	RCB	RCB	RCB	RCB	RCB	RCB
Manuel, M.	in	sub	sub	sub	sub	sub	sub	sub	s
McBride, T.		in	in	in					
Mill, I.	te	te	te	te	te	te	te	te	in
Mitchell, B.	de	de	de	de	de	de	de	de	de
Moore, R.	DT	DT	DT	DT	DT	dt	DT	DT	DT
Morris, M.	rb	rb	rb	rb	rb	rb	sub	in	rb
Norman, D.	in	in	in	in	in				
Okeafor, C.	LDE	LDE	LDE	LDE	LDE	LDE	LDE	LDE	LDE
Palepoi, A.	de								
Randall, C.									
Rice, J.						WR	WR	wr	wr
Richard, K.	cb	sub	cb	cb	sub	cb	sub	wr	cb
Robinson, K.	WR	WR	WR	WR	wr	WR	WR	WR	WR
Rouen, T.	p	p	p	p	in	in	ir	ir	ir
Simmons, A.	OLB	OLB	OLB	OLB	OLB	in	in	OLB	OLB
Stevens, J.	TE	TE	TE	TE	TE	te	te	te	te
Strong, M.	FB	FB	FB	FB	FB	fb	FB	FB	FB
Taylor, B.	cb	cb	cb	cb	cb	cb	cb	cb	cb
Terrill, C.	in	in	in	in	in	dnp	in	in	in
Terry, C.	RT	RT	RT	RT	RT	in	in	RT	RT
Tobeck, R.	C	C	C	C	C	C	C	C	C
Trufant, M.	LCB	LCB	LCB	LCB	LCB	LCB	LCB	LCB	LCB
Tubbs, M.	in	dt	dt	dt	dt	dt	dt	dt	dt
Urban, J.								WR	wr
Wallace, S.	*in	*in	*in	*in	*in	*in	*in	*in	*in
Wallace, T.								in	in
White, T.	sub	lb	sub	sub	lb	OLB	OLB	lb	sub
Willis, J.									
Wistrom, G.	RDE	RDE	RDE	RDE	RDE	in	in	in	in
Womack, F.	sub	sub	g	g	sub	RT	RT	sub	sub
Woodard, C.	DT	DT	DT	DT	DT	DT	DT	DT	DT
Wunsch, J.					in		g	dnp	in

CAPS - starter; lower case- substitute at that position; sub - special teams only; dnp - did not play; in - inactive; ir - injured reserve; nfi - non-football injury; \*in - third quarterback, res - reserve, pup - physically unable to perform; sus - suspended

## 2004 PARTICIPATION

11/21	11/28	12/6	12/12	12/19	12/26	1/2	G	S	IN	DNP
Mia	Buff	Dal	@Minn	@NYJ	AZ	Atl				
RBRB	RB	RB	RB	RB	RB	RB	16	0	0	
	cb	sub	cb	cb	cb	cb	6	0	0	0
ir	ir	ir	ir	ir	ir	ir	7	1	0	0
sub	OLB	OLB	OLB	lb	lb	lb	10	3	6	0
dt	dt	dt	in	in	dt	dt	14	1	2	0
SS	SS	SS	sub	sub	sub	sub	16	12	0	0
s	s	s	SS	SS	SS	SS	16	4	0	0
OLB	in	in	in	OLB	OLB	OLB	7	7	9	0
k	k	k	k	k	k	k	16	0	0	0
rb	sub	sub	sub	sub	sub	sub	16	0	0	0
dt	dt	dt	dt	LDE	LDE	LDE	16	7	0	0
sub	sub	sub	sub	sub	sub	sub	16	0	0	0
QBdnp	dnp	dnp	qb	QB	dnp	6	2	0	10	
WR	wr	WR	WR	WR	WR	wr	13	7	3	0
in	fb	sub	fb	fb	fb	sub	15	0	1	0
RGRG	RG	RG	RG	RG	RG	RG	16	0	0	
ir	ir	ir	ir	ir	ir	ir	0	0	7	0
FS	FS	FS	FS	FS	FS	FS	16	16	0	0
te	te	te	te	te	te	te	16	0	0	0
*in	QB	QB	QB	QB	dnp	QB	14	14	1	1
MLB	MLB	MLB	MLB	MLB	lb	lb	16	14	0	0
in	in	in	in	in	in	in	1	0	14	0
LGLG	LG	LG	LG	LG	LG	LG	16	0	0	
WR	WR	WR	WR	WR	WR	WR	16	16	0	0
p							6	0	0	0
LT	LT	LT	LT	LT	LT	LT	16	16	0	0
OLB	OLB	OLB	OLB	OLB	OLB	OLB	16	13	0	0
lb	lb	lb	lb	lb	MLB	MLB	16	2	0	0
sub	sub	sub	sub	sub	t	sub	16	0	0	0
RCB	RCB	RCB	RCB	RCB	RCB	RCB	16	16	0	0
s	s	sub	s	s	s	s	15	0	1	0
							0	0	3	0
te	TE	te	TE	te	TE	TE	15	4	1	0
in	de	de	dt	de	dt	de	15	0	1	0
dt	dt	dt	DT	DT	DT	DT	16	12	0	0
rb	rb	rb	rb	rb	rb	rb	15	0	1	0
							0	0	4	0
LDE	LDE	LDE	LDE	RDE	RDE	RDE	16	16	0	0
							1	0	0	0
sub	sub	sub	sub	in	ir	ir	4	0	1	0
WR	WR	WR	WR	WR	WR	WR	11	9	0	0
cb	cb	cb	cb	cb	cb	cb	16	0	0	0
dnp	sus	sus	sus	sus	wr	in	10	8	1	1
ir	ir	ir	ir	ir	ir	ir	4	0	2	0
ir	ir	ir	ir	ir	ir	ir	7	7	2	0
te	te	te	te	te	te	te	16	5	0	0
FB	FB	FB	fb	FB	fb	FB	16	14	0	0
dnp	in	in	in	in	in	in	9	0	6	1
in	in	in	dt	dt	sub	dt	4	0	11	1
in	in	RT	ir	ir	ir	ir	8	8	4	0
C	C	C	C	C	C	C	16	16	0	0
LCB	LCB	LCB	LCB	LCB	LCB	LCB	16	16	0	0
DTDT	DT	in	in	in	in	11	3	5	0	
wr	wr	wr	wr	wr	in	in	7	1	2	0
dnp	*in	*in	*in	*in	*in	*in	0	0	15	1
in	in	in	wr	dnp	sub	wr	3	0	5	1
in	in	in	in	lb	in	in	10	2	6	0
			in	in	in	wr	1	0	3	0
RDE	RDE	RDE	RDE	in	in	in	9	9	7	0
RT	RT	t	RT	RT	RT	RT	16	8	0	0
DTDT	DT	DT	DT	DT	DT	DT	16	0	0	
dnp	dnp	in	g	sub	sub	sub	5	0	3	3

## 2004 OFFENSE

	9/12 @NO	9/19 @TB	9/26 SF	10/10 StL	10/17 @NE	10/24 @AZ	10/31 CAR
<b>Points</b>	21	10	34	27	20	17	23
1 Quarter	0	3	17	7	0	0	7
2 Quarter	14	7	7	17	6	3	7
3 Quarter	7	0	10	0	3	7	3
4 Quarter	0	0	0	3	11	7	6
Overtime	-	-	-	0	-	-	-
<b>First Downs</b>	21	9	24	20	23	12	24
Rushing	9	1	10	7	3	2	10
Passing	11	8	13	12	18	9	11
Penalty	1	0	1	1	2	1	3
<b>3rd Down Eff.</b>	6/15	1/14	5/13	2/12	8/17	4/13	8/17
Percentage	40%	7%	38%	17%	47%	31%	47%
<b>4th Down Eff.</b>	0/0	0/0	1/1	1/1	0/0	0/0	1/2
Percentage	0%	0%	100%	100%	0%	0%	50%
<b>Total Net Yards</b>	415	182	374	391	443	257	433
Plays	72	53	70	66	74	56	74
Avg./Play	5.8	3.4	5.3	5.9	6.0	4.6	5.9
<b>Net Yds. Rushing</b>	169	56	117	187	102	77	237
Plays	43	23	37	30	21	14	43
Avg./Play	3.9	2.4	3.2	6.2	4.9	4.9	5.5
<b>Net Yds. Passing</b>	246	126	257	204	341	180	196
Sack/Loss	0/0	4/21	1/6	1/12	3/8	1/7	1/5
Gross Yds.	246	147	263	216	349	187	201
Att./Comp.	29/19	26/12	32/22	35/20	50/27	41/14	30/21
Int.	1	1	0	0	2	4	1
Avg./Play	8.5	4.2	7.8	5.7	6.4	4.5	6.3
<b>Punts/Avg.</b>	7/39	10/47.5	5/40.6	5/35.4	3/38.0	7/34.7	1/50.0
Blocked	0	0	0	0	0	1	0
<b>Punt Ret./Yds.</b>	3/26	3/25	0/0	1/6	1/0	4/7	1/10
<b>Kickoff Ret./Yds.</b>	2/46	3/73	1/17	6/113	7/171	4/92	3/53
<b>Int./Ret. Yds.</b>	1/0	2/47	2/25	3/5	1/0	1/21	1/58
<b>Penalties/Yds.</b>	5/45	7/59	3/19	5/40	6/50	4/35	2/13
<b>Fumbles/Lost</b>	1/1	1/0	1/0	1/0	1/0	0/0	3/1
<b>Touchdowns</b>	3	1	4	3	1	2	2
Rushing	2	0	2	1	1	0	1
Passing	1	1	2	2	0	1	1
Returns	0	0	0	0	0	0	0
Defense	0	0	0	0	0	1	0
<b>Safeties</b>	0	0	0	0	0	0	0
<b>1 Pt. PAT/Att</b>	3/3	1/1	4/4	3/3	0/0	2/2	2/2
<b>2 Pt. PAT/Att</b>	0/0	0/0	0/0	0/0	1/1	0/0	0/0
<b>FG/Att.</b>	0/0	1/1	2/2	2/3	4/4	1/1	3/3
<b>Time of Poss</b>	33:37	26:17	34:26	31:38	28:23	20:09	35:38
<b>Take/Give Ratio</b>	3/2	3/1	4/0	3/0	2/2	2/4	1/2
<b>Avg. Drive Start</b>	SEA31	SEA28	SEA32	SEA28	SEA29	SEA28	SEA28

# 2004 OFFENSE

11/7 @SF	11/14 @StL	11/21 MIA	11/28 Buf	12/6 DAL	12/12 @MINN	12/19 @NYJ	12/26 AZ	1/2 ATL
42	12	24	9	39	27	14	24	28
7	0	10	0	14	7	7	0	7
14	6	7	3	0	14	7	10	7
14	6	0	0	3	3	0	7	7
7	0	7	6	22	3	0	7	7
-	-	-	-	-	-	-	-	-
26	20	17	17	25	26	19	16	21
13	10	5	2	5	6	7	11	9
12	9	8	13	19	19	12	4	11
1	1	4	2	1	1	0	1	1
9/14	3/13	3/14	3/9	6/12	4/12	6/11	4/15	4/9
64%	23%	21%	33%	50%	33%	55%	27%	44%
0/0	1/2	0/0	0/1	2/3	0/0	0/1	0/0	0/0
0%	50%	0%	0%	67%	0%	0%	0%	0%
453	372	293	230	507	455	275	301	253
68	65	69	57	69	68	58	63	52
6.7	5.7	4.2	4.0	7.3	6.7	4.7	4.8	4.9
184	206	116	55	109	138	88	175	83
37	28	38	17	27	31	23	36	21
5.0	7.4	3.1	3.2	4.0	4.5	3.8	4.9	4.0
269	166	177	175	398	317	187	126	170
3/16	1/6	3/19	2/10	2/16	3/17	3/14	1/2	4/21
285	172	196	185	414	334	201	128	191
28/17	36/15	28/14	38/19	40/28	34/23	32/22	26/10	27/21
0	1	2	1	0	2	1	1	1
8.7	4.5	5.7	4.4	9.5	8.6	5.3	4.7	5.5
5/35.8	3/49.3	8/31.8	4/36.5	2/37.5	4/40.5	3/36.0	8/36.9	4/33.5
0	0	0	0	0	0	0	0	0
3/21	2/20	5/27	1/0	2/24	0/0	0/0	4/64	0/0
6/105	6/168	4/72	6/107	7/121	5/122	7/131	3/63	4/75
1/23	0/0	2/63	3/36	2/22	1/0	0/0	2/6	1/31
7/55	4/20	9/70	7/64	6/44	5/79	2/20	6/51	1/5
0/0	1/1	1/1	1/1	3/2	0/0	3/2	2/0	0/0
6	0	3	1	5	3	2	3	4
2	0	1	0	2	0	0	3	2
3	0	1	1	3	3	2	0	2
0	0	0	0	0	0	0	0	0
1	0	1	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0
6/6	0/0	3/3	0/0	4/4	3/3	2/2	3/3	4/4
0/0	0/0	0/0	0/1	1/1	0/0	0/0	0/0	0/0
0/0	4/4	1/1	1/1	1/1	2/3	0/0	1/1	0/0
32:37	25:33	32:31	23:36	31:17	32:43	24:34	27:28	25:06
1/0	2/2	4/3	3/2	2/2	2/2	0/3	2/1	1/1
SEA27	SEA36	SEA30	SEA26	SEA29	SEA27	SEA24	SEA30	SEA36

## 2004 DEFENSE

	9/12 @NO	9/19 @TB	9/26 SF	10/10 StL	10/17 @NE	10/24 @AZ	10/31 CAR
Points	7	6	0	33	30	25	17
1 Quarter	0	0	0	0	10	7	0
2 Quarter	7	3	0	7	10	6	7
3 Quarter	0	0	0	3	0	3	3
4 Quarter	0	3	0	17	10	9	7
Overtime	-	-	-	6	-	-	-
First Downs	12	17	9	21	20	16	16
Rushing	3	4	1	5	8	4	5
Passing	9	10	8	15	12	10	11
Penalty	0	3	0	1	0	2	0
3rd Down Eff.	3/14	4/15	2/13	11/17	7/14	8/19	5/12
Percentage	21%	27%	15%	65%	50%	42%	42%
4th Down Eff.	0/1	0/0	1/1	0/0	0/0	0/1	0/0
Percentage	0%	0%	100%	0%	0%	0%	0%
Total Net Yards	281	271	175	441	362	316	342
Plays	58	68	53	68	64	76	56
Avg./Play	4.8	4.0	3.3	6.5	5.7	4.2	6.1
Net Yds. Rushing	74	92	48	124	138	127	94
Plays	19	24	18	24	33	37	20
Avg./Play	3.9	3.8	2.7	5.2	4.2	3.4	4.7
Net Yds. Passing	207	179	127	317	224	189	248
Sack/Loss	2/16	5/30	3/26	2/8	1/7	3/23	0/0
Gross Yds.	223	209	153	325	231	212	248
Att./Comp.	37/18	39/25	32/19	42/24	30/19	36/22	36/19
Int.	1	2	2	3	1	1	1
Avg./Play	5.3	4.1	3.6	7.2	6.4	4.8	6.9
Punts/Avg.	7/42	8/46.4	7/42.3	4/40.3	2/40.5	6/41.2	6/41.7
Blocked	0	0	0	0	0	0	0
Punt Ret./Yds.	4/24	3/15	2/13	2/39	2/15	2/2	0/0
Kickoff Ret./Yds.	4/129	3/63	7/139	7/122	5/118	5/107	6/157
Int./Ret. Yds.	1/0	1/3	0/0	0/0	2/27	4/11	1/21
Penalties/Yds.	8/68	1/5	6/50	5/45	6/46	6/45	10/79
Fumbles/Lost	2/2	3/1	2/2	0/0	1/1	2/1	0/0
Touchdowns	1	0	0	4	3	2	2
Rushing	0	0	0	1	2	1	0
Passing	1	0	0	3	1	1	2
Returns	0	0	0	0	0	0	0
Defense	0	0	0	0	0	0	0
Safeties	0	0	0	0	0	1	0
1 Pt. PAT/Att.	1/1	0/0	0/0	3/3	3/3	2/2	2/2
2 Pt. PAT/Att.	0/0	0/0	0/0	0/0	0/0	0/0	0/0
FG/Att.	0/0	2/2	0/1	2/2	3/3	3/3	1/1
Time of Poss.	26:23	33:43	25:34	31:24	31:37	39:51	24:22
Take/Give Ratio	2/3	1/3	0/4	0/3	2/2	4/2	2/1
Avg. Drive Start	NO 27	TB 26	SF 34	STL31	NE 36	AZ 33	CAR30

## 2004 DEFENSE

11/7 @SF	11/14 @StL	11/21 MIA	11/28 BUF	12/6 DAL	12/12 @MINN	12/19 @NYJ	12/26 AZ	1/2 ATL
27	23	17	38	43	23	37	21	26
14	14	7	7	3	10	3	7	7
3	3	0	10	16	10	21	0	10
7	3	7	7	10	3	6	0	0
3	3	3	14	14	0	7	14	9
-	-	-	-	-	-	-	-	-
19	24	19	25	24	22	27	18	22
5	10	3	8	10	6	14	4	12
13	14	14	16	11	14	13	12	9
1	0	2	1	3	2	0	2	1
3/11	5/11	6/17	9/15	7/15	3/10	11/14	4/15	9/17
27%	45%	35%	60%	47%	30%	79%	27%	53%
1/1	0/0	0/0	1/2	0/0	0/0	1/1	0/0	2/2
100%	0%	0%	50%	0%	0%	100%	0%	100%
317	462	288	434	405	374	482	317	353
59	66	73	76	68	60	65	67	70
5.4	7.0	3.9	5.7	6.0	6.2	7.4	4.7	5.0
74	202	69	148	198	113	229	97	204
21	31	23	37	31	25	41	30	38
3.5	6.5	3.0	4.0	6.4	4.5	5.6	3.2	5.4
243	260	219	286	207	261	253	220	149
3/16	1/2	4/11	1/6	3/18	1/9	0/0	4/28	3/18
259	262	230	292	225	270	253	248	167
35/23	34/23	46/24	38/26	34/18	34/21	24/18	33/21	29/20
1	0	2	3	2	1	0	2	1
6.4	7.4	4.4	7.3	5.6	7.5	10.5	5.9	4.7
6/42.5	3/46.0	8/41.8	1/36.0	3/36.7	4/45.5	0/0	7/39.4	2/31.0
0	0	0	0	0	0	0	0	0
4/33	0/0	3/33	2/7	1/12	1/18	1/8	4/29	2/0
7/139	5/110	4/91	2/25	7/156	4/90	3/50	4/106	4/75
0/0	1/0	2/0	1/0	0/0	2/41	1/7	1/0	1/48
3/29	7/55	8/98	6/44	6/49	5/42	2/15	4/25	8/52
1/0	2/2	3/2	0/0	1/0	2/1	1/0	4/0	1/0
3	2	2	5	5	2	5	3	3
1	1	1	4	3	1	2	0	0
2	1	1	1	2	1	3	3	2
0	0	0	0	0	0	0	0	1
0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0
3/3	2/2	2/2	5/5	4/4	2/2	4/5	3/3	2/2
0/0	0/0	0/0	0/0	0/1	2/2	0/0	0/0	0/1
2/2	3/3	1/2	1/1	3/3	3/3	1/2	0/1	2/3
27:23	34:27	27:29	36:24	28:43	27:17	35:26	32:32	34:54
0/1	2/2	3/4	2/3	2/2	2/2	3/0	1/2	1/1
SF 31	STL22	MIA38	BUF42	DAL39	MIN30	NYJ37	AZ 33	ATL29

## OFFENSE

DATE	GAME	WR	LT	LG	C	RG	RT	TE	WR	QB	RB	FB	K
9/12	at New Orleans	Robinson	Jones	Hutchinson	Tobeck	Gray	Terry	Stevens	Jackson	Hasselbeck	Alexander	Strong	J. Brown
9/19	at Tampa Bay	Robinson	Jones	Hutchinson	Tobeck	Gray	Terry	Stevens	Jackson	Hasselbeck	Alexander	Strong	J. Brown
9/26	San Francisco	Robinson	Jones	Hutchinson	Tobeck	Gray	Terry	Stevens	Jackson	Hasselbeck	Alexander	Strong	J. Brown
10/10	at St. Louis	Robinson	Jones	Hutchinson	Tobeck	Gray	Terry	Stevens	Jackson	Hasselbeck	Alexander	Strong	J. Brown
10/17	at New England	Engram	Jones	Hutchinson	Tobeck	Gray	Terry	Stevens	Jackson	Hasselbeck	Alexander	Strong	J. Brown
10/24	at Arizona	Robinson	Jones	Hutchinson	Tobeck	Gray	Womack	Rice (wr)	Jackson	Hasselbeck	Alexander	Bannister(wr)	J. Brown
10/31	Carolina	Robinson	Jones	Hutchinson	Tobeck	Gray	Womack	Rice (wr)	Jackson	Hasselbeck	Alexander	Strong	J. Brown
11/7	at San Francisco	Robinson	Jones	Hutchinson	Tobeck	Gray	Terry	Urban (wr)	Jackson	Hasselbeck	Alexander	Strong	J. Brown
11/14	at St. Louis	Robinson	Jones	Hutchinson	Tobeck	Gray	Terry	Engram (wr)	Jackson	Hasselbeck	Alexander	Strong	J. Brown
11/21	Miami	Rice	Jones	Hutchinson	Tobeck	Gray	Womack	Engram (wr)	Jackson	Diifer	Alexander	Strong	J. Brown
11/28	Buffalo	Rice	Jones	Hutchinson	Tobeck	Gray	Womack	Mili	Jackson	Hasselbeck	Alexander	Strong	J. Brown
12/6	Dallas	Rice	Jones	Hutchinson	Tobeck	Gray	Terry	Engram (wr)	Jackson	Hasselbeck	Alexander	Strong	J. Brown
12/12	at Minnesota	Rice	Jones	Hutchinson	Tobeck	Gray	Womack	Mili	Jackson	Hasselbeck	Alexander	Strong	J. Brown
12/19	at New York Jets	Rice	Jones	Hutchinson	Tobeck	Gray	Womack	Engram (wr)	Jackson	Hasselbeck	Alexander	Strong	J. Brown
12/26	Arizona	Rice	Jones	Hutchinson	Tobeck	Gray	Womack	Mili	Jackson	Diifer	Alexander	Engram (wr)	J. Brown
1/2/05	Atlanta	Rice	Jones	Hutchinson	Tobeck	Gray	Womack	Mili	Jackson	Hasselbeck	Alexander	Strong	J. Brown

## DEFENSE

DATE	GAME	LDE	LDT	RDT	RDE	OLB	MLB	LCB	RCB	SS	FS	P
9/12	at New Orleans	Okeafor	Woodard	Moore	Wistrom	Simmons	Huff	Trufant	Lucas	Bierria	Hamlin	Rouen
9/19	at Tampa Bay	Okeafor	Woodard	Moore	Wistrom	Simmons	Huff	Trufant	Lucas	Bierria	Hamlin	Rouen
9/26	San Francisco	Okeafor	Woodard	Moore	Wistrom	Simmons	Huff	Trufant	Lucas	Bierria	Hamlin	Rouen
10/10	St. Louis	Okeafor	Woodard	Moore	Wistrom	Simmons	Huff	Trufant	Lucas	Bierria	Hamlin	Rouen
10/17	at New England	Okeafor	Woodard	Moore	Wistrom	Simmons	Huff	Trufant	Lucas	Bierria	Hamlin	Jones
10/24	at Arizona	Okeafor	Woodard	Bernard	Cochran	White	Huff	Trufant	Lucas	Bierria	Hamlin	Jones
10/31	Carolina	Okeafor	Woodard	Moore	Cochran	White	Huff	Trufant	Lucas	Bierria	Hamlin	Jones
11/7	at San Francisco	Okeafor	Woodard	Moore	Cochran	Simmons	Huff	Trufant	Lucas	Bierria	Hamlin	Jones
11/14	at St. Louis	Okeafor	Woodard	Moore	Cochran	Simmons	Huff	Trufant	Lucas	Bierria	Hamlin	Jones
11/21	Miami	Okeafor	Woodard	Tubbs	Wistrom	Simmons	Huff	Trufant	Lucas	Bierria	Hamlin	Jones
11/28	Buffalo	Okeafor	Woodard	Tubbs	Wistrom	Simmons	Huff	Trufant	Lucas	Bierria	Hamlin	Jones
12/6	Dallas	Okeafor	Woodard	Tubbs	Wistrom	Simmons	Huff	Trufant	Lucas	Bierria	Hamlin	Jones
12/12	at Minnesota	Okeafor	Woodard	Moore	Wistrom	Simmons	Huff	Trufant	Lucas	Bierria	Hamlin	Walter
12/19	at New York Jets	Okeafor	Woodard	Moore	Wistrom	Simmons	Huff	Trufant	Lucas	Bierria	Hamlin	Walter
12/26	Arizona	Okeafor	Woodard	Moore	Cochran	Simmons	Huff	Trufant	Lucas	Bierria	Hamlin	Walter
1/2/05	Atlanta	Okeafor	Woodard	Moore	Cochran	Simmons	Huff	Trufant	Lucas	Bierria	Hamlin	Walter

# 2004 GAME-BY-GAME INDIVIDUAL RUSHING

## SHAUN ALEXANDER

		MACK STRONG			MAURICE MORRIS			MATT HASSELBECK			HEATH EVANS												
		No.	Yds.	Avg.	LG	TD	No.	Yds.	Avg.	LG	TD	No.	Yds.	Avg.	LG	TD							
9/12	at New Orleans	28	135	4.8	27	2	4	10	2.5	6	0	4	-1	-0.2	1	0	0	0	0	0	0		
9/19	at Tampa Bay	17	45	2.6	12	0	3	2	0.7	4	0	0	0	0.0	0	0	0	0	0	0	0		
9/26	San Francisco	19	52	2.7	22	2	8	42	5.3	12	0	1	-1	-1.0	-1	0	0	0	6	21	3.5	7	
10/10	St. Louis	23	150	6.5	41	1	3	19	6.3	11	0	2	5	2.5	4	0	0	0	0	0	0.0	0	
10/17	at New England	16	77	4.8	13	1	3	9	3.0	5	0	2	16	8.0	9	0	0	0	0	0	0.0	0	
10/24	at Arizona	12	65	5.4	34	0	1	3	3.0	3	0	0	0	0.0	0	0	0	0	0	0	0.0	0	
10/31	Carolina	32	195	6.1	44	1	4	18	4.5	6	0	0	0	0.0	0	0	0	0	0	0	0.0	0	
11/7	at San Francisco	26	160	6.2	22	2	3	11	3.7	6	0	0	0	0.0	0	0	0	0	3	-1	-0.3	1	
11/14	at St. Louis	22	176	8.0	35	0	3	10	3.3	6	0	2	3	1.5	2	0	0	0	1	17	17.0	17	
11/21	Miami	29	96	3.3	16	1	3	6	2.0	4	0	1	3	3.0	3	0	0	0	Inactive	0	0	0	
11/28	Buffalo	13	39	3.0	13	0	0	0	0.0	0	0	2	6	3.0	5	0	0	0	0	0	0	0	
12/6	Dallas	21	83	4.0	32t	2	2	4	2.0	2	0	1	6	6.0	6	0	0	0	3	16	5.3	9	
12/12	at Minnesota	27	112	4.1	22	0	0	0	0.0	0	0	3	13	4.3	10	0	0	0	0	13	13.0	13	
12/19	at New York Jets	19	77	4.1	16	0	2	5	2.5	4	0	1	6	6.0	6	0	0	0	0	0	0.0	0	
12/26	Arizona	30	154	5.1	23t	3	1	7	7.0	7	0	1	10	10.0	10	0	0	0	0	0	0.0	0	
1/2/05	Atlanta	19	80	4.2	29	1	1	2	2.0	2	0	0	0	0.0	0	0	0	0	1	1	1.0	1t	
Totals		353	1,696	4.8	44	16	36	131	3.6	11	0	30	126	4.2	12	0	0	0	27	90	3.3	19	1

## KERRY CARTER

		TRENT DILFER			KOREN ROBINSON						
		No.	Yds.	Avg.	LG	TD	No.	Yds.	Avg.	LG	TD
9/12	at New Orleans	0	0	0.0	0	0	0	0	0.0	0	0
9/19	at Tampa Bay	0	0	0.0	0	0	0	0	0.0	0	0
9/26	San Francisco	0	0	0.0	0	0	1	3	3.0	3	0
10/10	St. Louis	0	0	0.0	0	0	0	0	0.0	0	0
10/17	at New England	0	0	0.0	0	0	0	0	0.0	0	0
10/24	at Arizona	0	0	0.0	0	0	0	0	0.0	0	0
10/31	Carolina	0	0	0.0	0	0	0	0	0.0	0	0
11/7	at San Francisco	4	15	3.8	6	0	0	0	0.0	0	0
11/14	at St. Louis	0	0	0.0	0	0	0	0	0.0	0	0
11/21	Miami	0	0	0.0	0	0	5	11	2.2	11	0
11/28	Buffalo	0	0	0.0	0	0	0	0	0.0	0	0
12/6	Dallas	0	0	0.0	0	0	0	0	0.0	0	0
12/12	at Minnesota	0	0	0.0	0	0	0	0	0.0	0	0
12/19	at New York Jets	0	0	0.0	0	0	0	0	0.0	0	0
12/26	Arizona	0	0	0.0	0	0	4	4	1.0	7	0
1/2/05	Atlanta	0	0	0.0	0	0	0	0	0.0	0	0
Totals		4	15	3.8	6	0	10	14	1.4	11	0

## 2004 GAME-BY-GAME INDIVIDUAL RECEIVING

DARRELL JACKSON		BOBBY ENGRAM		KOREN ROBINSON		JERRAMY STEVENS		JERRY RICE																		
No.	Yds.	Avg.	LG	TD	No.	Yds.	Avg.	LG	TD																	
9/12	at New Orleans	7	98	14.0	37	0	3	35	11.7	16	0	0	0	0	0	0	0	0	0	0						
9/19	at Tampa Bay	5	50	10.0	16	0	4	66	16.5	27	1	1	16	16.0	16	0	0	0	0	0	0					
9/26	San Francisco	7	97	13.9	25	0	1	12	12.0	12	0	3	22	7.3	9	0	0	0	0	0	0					
10/10	St. Louis	5	91	18.2	56	1	1	2	2.0	2	0	3	35	11.7	24	1	0	0	0	0	0					
10/17	at New England	2	40	20.0	37	0	3	35	11.7	13	0	4	50	12.5	15	0	0	0	0	0	0	0				
10/24	at Arizona	8	109	13.6	30	1	2	32	16.0	25	0	1	17	17.0	17	0	0	0	0	0	0	0				
10/31	Carolina	6	71	11.8	22	0	3	52	17.3	21	0	3	16	5.3	7	0	0	0	0	0	0	0				
11/7	at San Francisco	5	114	22.8	39	2	2	39	19.5	25	1	4	44	11.0	21	0	0	0	0	0	0	0				
11/14	at St. Louis	3	33	11.0	13	0	2	50	25.0	33	0	3	34	11.3	12	0	0	0	0	0	0	0				
11/21	Miami	3	39	13.0	17	0	2	41	20.5	29	0	1	5	5.0	5	0	0	0	0	0	0	0				
11/28	Buffalo	4	45	11.3	16	0	2	19	9.5	11	1	2	29	14.5	23	0	0	0	0	0	0	0				
12/6	Dallas	9	113	12.6	35	1	2	11	5.5	8	0	2	58	29.0	32	0	0	0	0	0	0	0				
12/12	at Minnesota	10	135	13.5	37	1	4	79	19.8	35	1	0	0	0.0	0	0	0	0	0	0	0	0				
12/19	at New York Jets	4	45	11.3	18	0	4	39	9.8	14	0	1	6	6.0	6	1	0	0	0	0	0	0				
12/26	Arizona	6	101	16.8	53	0	1	3	3.0	3	0	1	3	3.0	3	0	0	0	0	0	0	0				
1/2/05	Atlanta	3	18	6.0	8	1	6	79	13.2	23	0	2	14	7.0	11	1	0	0	0	0	0	0				
Totals		87	1,199	13.8	56	7	36	499	13.9	60	2	31	495	16.0	33	2	31	349	11.3	32	3	30	429	14.3	56	3

ITULUA MILLI		SHAUN ALEXANDER		MACK STRONG		MAURICE MORRIS		RYAN HANNAM																		
No.	Yds.	Avg.	LG	TD	No.	Yds.	Avg.	LG	TD																	
9/12	at New Orleans	1	15	15.0	15	0	2	9	4.5	5	0	0	0	0.0	0	0	0	0	0	0	0	0	0			
9/19	at Tampa Bay	0	0	0.0	0	0	0	0	0.0	0	0	0	2	2.0	2	0	0	0	0	0	0	0	0			
9/26	San Francisco	1	1	1.0	1	1	4	22	5.5	11	1	0	5	5.0	5	0	0	0	0	0	0	0	0			
10/10	St. Louis	2	20	10.0	13	0	1	4	4.0	4	0	0	0	0.0	0	0	0	0	0	0	0	0	0			
10/17	at New England	1	17	17.0	17	0	2	30	15.0	24	0	3	10	3.3	11	0	1	7	7.0	7	0	0	0			
10/24	at Arizona	0	0	0.0	0	0	2	19	9.5	13	0	0	0	0.0	0	0	0	0	0	0	0	0	0			
10/31	Carolina	2	22	11.0	17	0	3	13	4.3	8	1	3	21	7.0	7	0	0	0	0	0	0	0	0			
11/7	at San Francisco	1	13	13.0	13	0	0	0	0.0	0	0	1	3	3.0	3	0	0	0	0	0	0	0	0			
11/14	at St. Louis	Inactive					1	3	3.0	3	0	1	7	7.0	7	0	0	0	0	0	0	0	0			
11/21	Miami	4	24	6.0	11	0	0	0	0.0	0	0	1	8	8.0	8	0	0	0	0	0	0	0	0			
11/28	Buffalo	2	18	9.0	12	0	0	0	0.0	0	0	2	10	5.0	6	0	0	0	0	0	0	0	0			
12/6	Dallas	2	30	15.0	18	0	3	21	7.0	8	0	0	0	0.0	0	0	0	0	0	0	0	0	0			
12/12	at Minnesota	0	0	0.0	0	0	1	12	12.0	12	1	0	0	0.0	0	0	0	0	0	0	0	0	0			
12/19	at New York Jets	4	43	10.8	20	0	4	19	4.8	11	0	1	7	7.0	7	0	0	0	0	0	0	0	0			
12/26	Arizona	0	0	0.0	0	0	0	0	0.0	0	0	1	3	3.0	3	0	0	0	0	0	0	0	0			
1/2/05	Atlanta	3	37	12.3	16	0	2	15	7.5	9	0	2	8	4.0	5	0	1	6	6.0	6	0	2	14	7.0	8	0
Totals		23	240	10.4	20	1	23	170	7.4	24	4	21	99	4.7	13	0	9	53	5.9	12	0	8	110	13.8	36	0

JERRY RICE  
No. Yds. Avg. LG TD  
Traded by Oakland  
to Seattle on  
October 19th

RYAN HANNAM  
No. Yds. Avg. LG TD

# 2004 GAME-BY-GAME INDIVIDUAL RECEIVING

## JERHEME URBAN

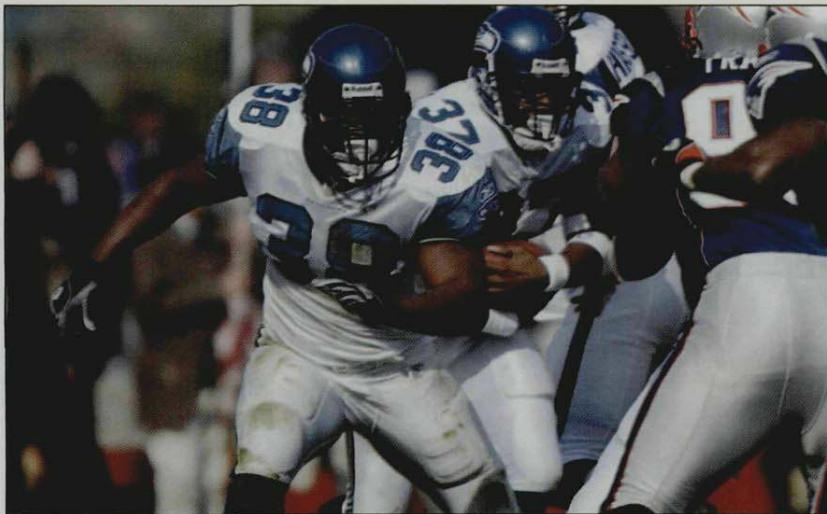
	No.	Yds.	Avg.	LG	TD
9/12					
at New Orleans					
Practice squad					
9/19					
at Tampa Bay					
Practice squad					
9/26					
San Francisco					
Practice squad					
10/10					
St. Louis					
Practice squad					
10/17					
at New England					
Practice squad					
10/24					
at Arizona					
Practice squad					
10/31					
Carolina					
Practice squad					
11/7	2	50	25.0	33	0
at San Francisco					
11/14	0	0	0.0	0	0
at St. Louis					
11/21	0	0	0.0	0	0
Miami					
11/28	2	31	15.5	20	0
Buffalo					
12/6	2	36	18.0	19t	1
Dallas					
12/12	0	0	0.0	0	0
at Minnesota					
12/19	0	0	0.0	0	0
at New York Jets					
12/26	Inactive				
Arizona					
1/2/05	Inactive				
Totals	6	117	19.5	33	1

## HEATH EVANS

	No.	Yds.	Avg.	LG	TD
9/12	1	3	3.0	3	0
at New Orleans					
9/19	0	0	0.0	0	0
at Tampa Bay					
9/26	1	9	9.0	9	0
San Francisco					
10/10	0	0	0.0	0	0
St. Louis					
10/17	0	0	0.0	0	0
at New England					
10/24	0	0	0.0	0	0
at Arizona					
10/31	0	0	0.0	0	0
Carolina					
11/7	0	0	0.0	0	0
at San Francisco					
11/14	0	0	0.0	0	0
at St. Louis					
11/21	Inactive				
Miami					
11/28	0	0	0.0	0	0
Buffalo					
12/6	0	0	0.0	0	0
Dallas					
12/12	0	0	0.0	0	0
at Minnesota					
12/19	0	0	0.0	0	0
at New York Jets					
12/26	0	0	0.0	0	0
Arizona					
1/2/05	0	0	0.0	0	0
Atlanta					
Totals	2	12	6.0	9	0

## ALEX BANNISTER

	No.	Yds.	Avg.	LG	TD
9/12	0	0	0.0	0	0
at New Orleans					
9/19	0	0	0.0	0	0
at Tampa Bay					
9/26	0	0	0.0	0	0
San Francisco					
10/10	0	0	0.0	0	0
St. Louis					
10/17	2	10	5.0	8	0
at New England					
10/24	0	0	0.0	0	0
at Arizona					
10/31	0	0	0.0	0	0
Carolina					
11/7	0	0	0.0	0	0
at San Francisco					
11/14	Injured reserve				
at St. Louis					
11/21	Injured reserve				
Miami					
11/28	Injured reserve				
Buffalo					
12/6	Injured reserve				
Dallas					
12/12	Injured reserve				
at Minnesota					
12/19	Injured reserve				
at New York Jets					
12/26	Injured reserve				
Arizona					
1/2/05	Injured reserve				
Atlanta					
Totals	2	10	5.0	8	0



## 2004 GAME-BY-GAME INDIVIDUAL PASSING

## MATT HASSELBECK

	Att.	Cmp.	Yds.	Pct.	TD	INT	LG	Skd.	Rat.
9/12 at New Orleans	29	19	246	65.5	1	1	38	0/0	89.2
9/19 at Tampa Bay	26	12	147	46.2	1	1	27½	5/23	60.9
9/26 San Francisco	30	21	254	70.0	2	0	60	1/6	117.9
10/10 St. Louis	35	20	216	57.1	2	0	56½	1/12	94.5
10/17 at New England	50	27	349	54.0	0	2	37	3/8	59.5
10/24 at Arizona	41	14	187	34.1	1	4	30	1/7	18.9
10/31 Carolina	30	21	201	70.0	1	1	22	1/5	85.6
11/7 at San Francisco	28	17	285	60.7	3	0	39½	3/16	130.8
11/14 at St. Louis	36	15	172	41.7	0	1	33	0/0	45.1
11/21 Miami	Inactive								
11/28 Buffalo	38	19	185	50.0	1	23	2/10	6/18	
12/6 Dallas	40	28	414	70.0	3	0	35	2/16	128.5
12/12 at Minnesota	34	23	334	67.6	3	2	37	3/17	104.3
12/19 at New York Jets	30	22	201	73.3	2	1	20	4/14	99.4
12/26 Arizona	Did not play								
1/2/05 Atlanta	27	21	191	77.8	2	1	23	4/21	105.4
<b>Totals</b>	<b>474</b>	<b>279</b>	<b>3,382</b>	<b>58.9</b>	<b>22</b>	<b>15</b>	<b>60</b>	<b>30/155</b>	<b>83.1</b>

## TRENT DILFER

	Att.	Cmp.	Yds.	Pct.	TD	INT	LG	Skd.	Rat.
Did not play									
Did not play									
2	1	9	50.0	0	0	9	0/0	62.5	
0	0	0	00.0	0	0	0	0/0	--	
Did not play									
Did not play									
Did not play									
Did not play									
Did not play									
Did not play									
28	14	196	50.0	1	2	56	3/19	55.1	
Did not play									
Did not play									
Did not play									
2	0	0	00.0	0	0	0	0/0	39.6	
26	10	128	38.5	0	1	53	1/2	38.6	
Did not play									
Did not play									
58	25	333	43.1	1	3	56	4/21	46.1	

## SENECA WALLACE

	Att.	Cmp.	Yds.	Pct.	TD	INT	LG	Skd.	Rat.
Inactive, 3rd QB									
Inactive, 3rd QB									
Inactive, 3rd QB									
Inactive, 3rd QB									
Inactive, 3rd QB									
Inactive, 3rd QB									
Inactive, 3rd QB									
Inactive, 3rd QB									
Inactive, 3rd QB									
Inactive, 3rd QB									
Did not play									
Inactive, 3rd QB									
Inactive, 3rd QB									
Inactive, 3rd QB									
Inactive, 3rd QB									
Inactive, 3rd QB									
Inactive, 3rd QB									
0	0	0	0.0	0	0	0	0/0	0.0	



2004 GAME-BY-GAME INDIVIDUAL DEFENSE

MARCUS TRUFANT									
	Tkl.	Solo	Asst.	Sack	Int.	PD	FF	FR	
9/12 at New Orleans	3	3	0	0.0	0	2	0	0	
9/19 at Tampa Bay	8	7	1	0.0	1	1	0	0	
9/26 San Francisco	4	3	1	0.0	0	1	0	0	
10/10 St. Louis	8	8	0	0.0	1	3	0	0	
10/17 at New England	1	0	0.0	0	0	0	0	0	
10/24 at Arizona	7	7	0	0.0	0	0	0	0	
10/31 Carolina	6	6	0	0.0	1	1	0	0	
11/7 at San Francisco	4	3	1	1.0	0	1	0	0	
11/14 at St. Louis	5	5	0	0.0	0	0	0	0	
11/21 Miami	9	9	0	0.0	0	1	0	0	
11/28 Buffalo	6	6	0	0.0	0	1	0	0	
12/6 Dallas	7	6	1	0.0	0	2	0	0	
12/12 at Minnesota	5	5	0	0.0	0	3	0	0	
12/19 at New York Jets	7	5	2	0.0	0	0	0	0	
12/26 Arizona	6	5	1	0.0	1	2	0	0	
1/2/05 Atlanta	7	4	3	0.0	1	2	0	0	
<b>Totals</b>	<b>93</b>	<b>83</b>	<b>10</b>	<b>1.0</b>	<b>5</b>	<b>20</b>	<b>0</b>	<b>0</b>	

ISAJAH KACYVENSKI									
	Tkl.	Solo	Asst.	Sack	Int.	PD	FF	FR	
	2	1	1	0.0	0	0	0	0	
	3	1	2	0.0	0	0	0	0	
	6	5	1	0.0	0	0	0	0	
	6	5	1	0.0	0	0	0	0	
	9	6	3	0.0	0	0	0	0	
	2	2	0	0.0	0	0	0	0	
Special teams only									
	1	1	0	0.0	0	0	0	0	
	8	6	2	1.0	0	0	1	0	
	10	8	2	0.0	0	0	0	0	
	7	6	1	0.0	0	0	0	0	
	6	5	1	0.0	0	0	0	0	
	5	4	1	0.0	0	0	0	0	
	6	4	2	0.0	0	0	0	0	
	8	7	1	0.0	0	0	0	0	
<b>Totals</b>	<b>81</b>	<b>62</b>	<b>19</b>	<b>1.0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0</b>	

KEN HAMLIN									
	Tkl.	Solo	Asst.	Sack	Int.	PD	FF	FR	
	4	4	0	0.0	0	0	0	0	
	6	4	2	0.0	0	1	0	0	
	2	0	2	0.0	1	1	0	0	
	6	4	2	0.0	0	0	0	0	
	6	4	2	0.0	0	0	0	0	
	2	2	0	0.0	0	0	0	0	
	2	2	0	0.0	0	0	0	0	
	5	5	0	0.0	0	0	0	0	
	6	6	0	0.0	0	0	0	1	
	4	2	2	0.0	0	2	0	0	
	5	4	1	0.0	2	1	0	0	
	3	2	1	0.0	1	0	0	0	
	4	4	0	0.0	0	0	0	0	
	7	7	0	0.0	0	0	0	0	
	10	7	3	1.0	0	3	1	0	
	7	6	1	1.0	0	0	0	0	
<b>Totals</b>	<b>79</b>	<b>63</b>	<b>16</b>	<b>2.0</b>	<b>4</b>	<b>9</b>	<b>1</b>	<b>1</b>	

TERREAL BIERRIA									
	Tkl.	Solo	Asst.	Sack	Int.	PD	FF	FR	
9/12 at New Orleans	9	5	4	0.0	0	1	1	0	
9/19 at Tampa Bay	6	3	3	0.0	0	0	0	0	
9/26 San Francisco	3	3	0	0.0	0	0	0	0	
10/10 St. Louis	1	0	0.0	0	0	0	0	0	
10/17 at New England	10	7	3	0.0	0	1	0	0	
10/24 at Arizona	5	4	1	0.0	0	0	0	0	
10/31 Carolina	4	0	4	0.0	0	1	0	0	
11/7 at San Francisco	4	0	0.0	0	0	0	0	0	
11/14 at St. Louis	8	7	1	0.0	0	1	0	0	
11/21 Miami	6	4	2	0.0	0	0	0	0	
11/28 Buffalo	8	7	1	0.0	0	0	0	0	
12/6 Dallas	5	2	3	0.0	1	1	0	0	
12/12 at Minnesota	Special teams only								
12/19 at New York Jets	Special teams only								
12/26 Arizona	Special teams only								
1/2/05 Atlanta	Special teams only								
<b>Totals</b>	<b>69</b>	<b>47</b>	<b>22</b>	<b>0.0</b>	<b>1</b>	<b>5</b>	<b>1</b>	<b>0</b>	

KEN LUCAS									
	Tkl.	Solo	Asst.	Sack	Int.	PD	FF	FR	
	2	2	0	0.0	0	1	0	1	
	6	6	0	0.0	0	0	0	0	
	4	4	0	0.0	1	3	0	0	
	5	5	0	0.0	2	2	0	0	
	8	7	1	0.0	0	1	0	0	
	6	6	0	0.0	1	2	0	0	
	4	4	0	0.0	0	0	0	0	
	4	0	0.0	0	0	0	0	0	
	3	2	1	0.0	0	1	0	0	
	5	3	2	0.0	0	2	0	0	
	4	4	0	0.0	1	1	0	0	
	5	4	1	0.0	0	2	0	0	
	4	3	1	0.0	0	2	0	0	
	3	3	0	0.0	0	0	0	0	
	4	3	1	0.0	1	2	0	0	
	4	4	0	0.0	0	2	0	0	
<b>Totals</b>	<b>67</b>	<b>60</b>	<b>7</b>	<b>0.0</b>	<b>6</b>	<b>21</b>	<b>0</b>	<b>1</b>	

CHIKE OKEAFOR									
	Tkl.	Solo	Asst.	Sack	Int.	PD	FF	FR	
	3	2	1	0.5	0	0	0	0	
	2	1	1	0.0	0	0	0	0	
	5	3	2	1.0	0	0	1	0	
	4	3	1	2.0	0	0	0	0	
	2	2	0	0.0	0	0	0	0	
	3	2	1	1.0	0	0	1	0	
	4	4	0	0.0	0	0	0	0	
	1	1	0	0.0	0	0	0	0	
	7	7	0	0.0	0	0	0	0	
	2	2	0	0.0	0	0	0	0	
	1	0	1	0.0	0	0	0	0	
	3	3	0	0.0	0	0	0	0	
	1	0	1	0.0	0	0	0	0	
	9	9	0	2.0	0	0	1	0	
	1	0	1	0.0	0	0	0	0	
<b>Totals</b>	<b>53</b>	<b>41</b>	<b>12</b>	<b>8.5</b>	<b>0</b>	<b>0</b>	<b>5</b>	<b>0</b>	

## 2004 GAME-BY-GAME INDIVIDUAL DEFENSE

	MICHAEL BOULWARE				ORLANDO HUFF				CEDRIC WOODARD							
	Tkl.	Solo	Asst.	Sack	Int.	PD	FF	FR	Tkl.	Solo	Asst.	Sack	Int.	PD	FF	FR
9/12 at New Orleans	3	3	0	0.0	1	2	0	0	1	1	0	0.0	0	0	0	1
9/19 at Tampa Bay	1	1	0	0.0	1	1	0	0	1	9	8	1.0	0	0	0	0
9/26 San Francisco	3	1	2	0.0	0	0	0	0	1	1	0	0.0	0	0	0	0
10/10 St. Louis	2	2	0	0.0	0	0	0	0	3	2	1	0.0	0	0	0	0
10/17 at New England	2	1	1	0.0	1	1	0	0	4	3	1	0.0	0	1	0	0
10/24 at Arizona	0	0	0	0.0	0	0	0	0	1	1	0	0.0	0	0	0	0
10/31 Carolina	3	2	1	0.0	0	0	0	0	3	3	0	0.0	1	0	0	0
11/7 at San Francisco	1	2	0	0.0	0	0	0	0	2	2	0	0.0	0	0	0	0
11/14 at St. Louis	3	1	0	0.0	0	0	0	0	1	1	0	0.0	0	0	0	1
11/21 Miami	3	2	1	0.0	1t	1	0	0	4	3	1	0.0	0	0	0	0
11/28 Buffalo	1	0	1	0.0	0	0	0	0	7	5	2	0.0	0	0	0	0
12/6 Dallas	2	2	0	0.0	0	0	0	0	3	1	2	0.0	0	0	0	0
12/12 at Minnesota	7	7	0	1.0	1	1	0	0	3	3	0	0.0	0	0	0	0
12/19 at New York Jets	10	8	2	0.0	0	0	0	0	3	2	1	0.0	0	1	0	0
12/26 Arizona	4	3	1	0.0	0	0	1	0	3	2	1	0.0	0	0	0	0
1/2/05 Atlanta	8	6	2	0.0	0	0	0	0	3	3	0	0.0	0	0	0	0
Totals	53	40	13	1.0	5	6	1	0	51	41	10	1.0	0	3	0	2

	RASHAD MOORE				NIKO KOUTOUVIDES				ANTHONY SIMMONS							
	Tkl.	Solo	Asst.	Sack	Int.	PD	FF	FR	Tkl.	Solo	Asst.	Sack	Int.	PD	FF	FR
9/12 at New Orleans	7	5	2	0.0	0	0	0	0	6	6	0	0.0	0	0	0	0
9/19 at Tampa Bay	2	2	0	0.0	0	0	0	1	0	0	0	0.0	0	0	0	0
9/26 San Francisco	1	0	1	0.0	0	0	0	0	3	3	0	0.0	0	0	0	0
10/10 St. Louis	2	0	2	0.0	0	1	0	0	0	0	0	0.0	0	0	0	0
10/17 at New England	2	1	1	0.0	0	0	0	0	6	6	3	3	0.0	0	0	0
10/24 at Arizona	4	2	2	0.0	0	0	0	0	0	0	0	0.0	0	0	0	0
10/31 Carolina	4	3	1	1.0	0	0	0	0	0	0	0	0.0	0	0	0	0
11/7 at San Francisco	4	3	1	1.0	0	0	0	0	2	2	0	0.0	0	0	0	0
11/14 at St. Louis	0	0	0	0.0	0	0	0	0	1	1	0	0.0	0	0	0	0
11/21 Miami	0	0	0	0.0	0	0	0	0	4	3	1	1.0	0	0	0	0
11/28 Buffalo	2	2	0	0.0	0	0	0	0	5	3	2	0.0	0	0	0	0
12/6 Dallas	5	5	0	1.0	0	1	0	0	4	4	0	0.0	0	0	0	0
12/12 at Minnesota	1	0	1	0.0	0	0	0	1	2	1	1	0.0	0	0	0	0
12/19 at New York Jets	6	4	2	0.0	0	0	0	0	9	8	1	0.0	0	0	0	0
12/26 Arizona	4	3	1	0.0	0	0	0	0	2	1	1	0.0	0	0	0	0
1/2/05 Atlanta	2	2	0	0.0	0	0	0	0	7	6	1	0.0	0	0	0	0
Totals	46	32	14	2.0	0	2	0	3	46	38	8	1.0	0	0	0	0

42 30 12 0.0 1 3 1 0

# 2004 GAME-BY-GAME INDIVIDUAL DEFENSE

		GRANT WISTROM					ROCKY BERNARD					CHAD BROWN													
		Tkl	Solo	Asst	Sack	Int	PD	FF	FR	Tkl	Solo	Asst	Sack	Int	PD	FF	FR	Tkl	Solo	Asst	Sack	Int	PD	FF	FR
9/12	at New Orleans	1	0	1	0.5	0	2	0	0	3	3	0	1.0	0	0	0	0	6	3	3	0.0	0	0	0	0
9/19	at Tampa Bay	7	6	1	2.0	0	1	0	0	2	2	0	1.0	0	2	0	0	4	4	3	1	0.0	0	0	0
9/26	San Francisco	4	4	0	0.0	0	0	0	0	1	1	0	1.0	0	0	0	0	6	5	1	0.0	0	0	0	0
10/10	St. Louis	3	1	2	0.0	0	1	0	0	1	1	0	0.0	0	1	0	0	3	2	1	0.0	0	0	0	1
10/17	at New England	6	4	2	0.0	0	0	0	0	6	2	4	0.0	0	1	0	0	6	3	3	0.0	0	0	0	0
10/24	at Arizona	Inactive								0	0	0	0.0	0	0	0	0	7	7	0	0.0	0	0	0	0
10/31	Carolina	Inactive								4	3	1	0.0	0	0	0	0	0	0	0	0.0	0	0	0	0
11/7	at San Francisco	Inactive								6	3	3	0.5	0	0	0	0	11	6	5	1.0	0	0	0	0
11/14	at St. Louis	Inactive								0	0	0.0	0	0	0	0	0	37	26	11	1.0	0	0	0	1
11/21	Miami	6	4	2	0.0	0	0	0	1	Inactive															
11/28	Buffalo	4	3	1	0.0	0	0	0	0	Inactive															
12/6	Dallas	7	5	2	1.0	0	1	0	0	4	2	2	0.0	0	0	0	0								
12/12	at Minnesota	0	0	0	0.0	0	0	0	0	6	4	2	0.0	0	0	0	0								
12/19	at New York Jets	Inactive								2	1	1	0.0	0	0	0	0								
12/26	Arizona	Inactive								39	26	13	3.5	0	6	0	1								
1/2/05	Atlanta	Inactive								6	3	3	0.5	0	0	0	0								
Totals		38	27	11	3.5	0	4	1	1																

		ANTONIO COCHRAN					TRACY WHITE					SOLOMON BATES													
		Tkl	Solo	Asst	Sack	Int	PD	FF	FR	Tkl	Solo	Asst	Sack	Int	PD	FF	FR	Tkl	Solo	Asst	Sack	Int	PD	FF	FR
9/12	at New Orleans	0	0	0	0.0	0	0	0	0	4	4	0	0.0	0	0	0	0	6	4	2	0.0	0	0	0	0
9/19	at Tampa Bay	2	1	1	1.0	0	0	0	0	Special teams only								26	19	7	1.0	7.0	0	0	0
9/26	San Francisco	2	1	1	0.0	0	0	0	0	Special teams only															
10/10	St. Louis	4	4	0	0.0	0	1	0	0	Special teams only															
10/17	at New England	2	2	0	0.0	0	0	0	0	3	2	1	0.0	0	0	0	0								
10/24	at Arizona	6	5	1	1.0	0	1	1	1	13	10	3	1.0	0	0	0	0								
10/31	Carolina	2	2	0	0.0	0	1	0	0	4	2	2	0.0	0	0	0	0								
11/7	at San Francisco	2	0	1	0.0	0	0	0	0	Special teams only															
11/14	at St. Louis	0	0	0	0.0	0	0	0	0	Special teams only															
11/21	Miami	1	1	0	1.0	1	1	1	0	Inactive															
11/28	Buffalo	2	1	1	1.0	0	0	0	0	Inactive															
12/6	Dallas	1	1	0	0.0	0	0	0	0	Inactive															
12/12	at Minnesota	0	0	0	0.0	0	0	0	0	Inactive															
12/19	at New York Jets	3	2	1	0.0	0	0	0	0	2	1	1	0.0	0	0	0	0								
12/26	Arizona	5	3	2	1.0	0	0	1	0	Inactive															
1/2/05	Atlanta	4	2	2	0.5	0	0	0	0	Inactive															
Totals		36	27	9	6.5	1	3	3	1																

## 2004 GAME-BY-GAME INDIVIDUAL DEFENSE

		KRIS RICHARD					BRANDON MITCHELL					BOBBY TAYLOR																														
		Tkl.	Solo	Asst.	Sack	Int.	PD	FF	FR	Tkl.	Solo	Asst.	Sack	Int.	PD	FF	FR	Tkl.	Solo	Asst.	Sack	Int.	PD	FF	FR																	
9/12	at New Orleans	0	0	0	0.0	0	0	0	0	0	0	0.0	0	0	0	0	0	2	0	0.0	0	0	0	1	0																	
9/26	at Tampa Bay	Special teams only																																								
9/26	San Francisco	0	0	0	0.0	0	0	0	0	2	2	0	0.0	0	0	0	0	0	0	0	0	0	0	0	0																	
10/10	St. Louis	1	1	0	0.0	0	0	0	0	0	0	0.0	0	0	0	0	0	2	2	0	0.0	0	0	0	0																	
10/17	at New England	Special teams only																																								
10/24	at Arizona	2	2	0	0.0	0	0	0	0	1	1	0	0.0	0	0	0	0	0	0	0	0.0	0	0	0	0																	
10/31	Carolina	0	0	0	0.0	0	0	0	0	0	0	0.0	0	0	0	0	0	0	0	0	0.0	0	0	1	0																	
11/7	at San Francisco	4	4	0	0.0	0	1	0	0	2	1	1	0	0	0	0	0	2	1	1	0.0	0	1	0	0																	
11/14	at St. Louis	0	0	0	0.0	0	0	0	0	1	1	0	0.0	0	0	0	0	3	3	0	0.0	0	0	0	0																	
11/21	Miami	3	3	0	0.0	0	0	0	0	Inactive																																
11/28	Buffalo	2	2	0	0.0	0	0	0	0	5	3	2	0.0	0	0	0	0	Did not play																								
12/6	Dallas	2	1	1	0.0	0	0	0	0	3	2	0	0.0	0	0	0	0	Inactive																								
12/12	at Minnesota	3	1	2	0.0	0	0	1	0	0	0	0.0	0	0	0	0	0	Inactive																								
12/19	at New York Jets	0	0	0	0.0	0	0	0	0	1	1	0	0.0	0	0	0	0	Inactive																								
12/26	Arizona	6	6	0	0.0	0	0	0	0	1	0	0	0.0	0	0	0	0	Inactive																								
1/2/05	Atlanta	1	1	0	0.0	0	0	0	0	1	1	0	0.0	0	0	0	0	Inactive																								
<b>Totals</b>		<b>24</b>	<b>21</b>	<b>3</b>	<b>0.0</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>16</b>	<b>13</b>	<b>3</b>	<b>1.0</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>0</b>	<b>13</b>	<b>11</b>	<b>2</b>	<b>0.0</b>	<b>0</b>	<b>2</b>	<b>1</b>	<b>0</b>																	

		MARCUS TUBBS					MARCQUAND MANUEL					CRAIG TERRILL																														
		Tkl.	Solo	Asst.	Sack	Int.	PD	FF	FR	Tkl.	Solo	Asst.	Sack	Int.	PD	FF	FR	Tkl.	Solo	Asst.	Sack	Int.	PD	FF	FR																	
9/12	at New Orleans	Inactive																																								
9/19	at Tampa Bay	0	0	0	0.0	0	0	0	0	Special teams only																																
9/26	San Francisco	2	1	1	0.0	0	0	0	0	Special teams only																																
10/10	St. Louis	0	0	0	0.0	0	0	0	0	Special teams only																																
10/17	at New England	1	0	1	0.0	0	0	0	0	Special teams only																																
10/24	at Arizona	1	0	1	0.0	0	0	0	0	Special teams only																																
10/31	Carolina	3	1	2	0.0	0	0	0	0	Special teams only																																
11/7	at San Francisco	1	1	0	0.0	0	0	0	0	0	0	0.0	0	0	0	0	0	Did not play																								
11/14	at St. Louis	1	0	1	0.0	0	0	0	0	Inactive																																
11/21	Miami	1	1	0	1.0	0	0	1	0	1	1	0	0.0	0	0	0	0	Inactive																								
11/28	Buffalo	3	2	1	0.0	0	1	0	0	Special teams only																																
12/6	Dallas	0	0	0	0.0	0	0	0	0	Special teams only																																
12/12	at Minnesota	Inactive																																								
12/19	at New York Jets	1	0	1	0.0	0	0	0	0	1	0	1	0.0	0	0	0	0	Special teams only																								
12/26	Arizona	4	3	1	0.0	0	0	0	0	4	3	1	0.0	0	0	0	0	Special teams only																								
1/2/05	Atlanta	3	2	1	0.0	0	0	0	0	3	2	1	0.0	0	0	0	0	Special teams only																								
<b>Totals</b>		<b>13</b>	<b>6</b>	<b>7</b>	<b>1.0</b>	<b>0</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>10</b>	<b>7</b>	<b>3</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>4</b>	<b>1</b>	<b>3</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>																	

\*JORDAN RABINFAUX had one tackle vs. Buff. (11/28); one assisted tackle at Minn. (12/12); an on-side tackle vs. Atl. (1/2/05)

## 2004 3RD DOWN EFFICIENCY

Date	Team	Yards to Go										Total	Pct.
		1	2	3	4	5	6	7	8	9	10+		
9/12	Seahawks	0-1	1-1	0-2	0-1	1-1	3-5	0-0	0-1	1-2	0-1	6-15	40%
	at New Orleans	1-2	0-0	0-1	0-1	1-2	1-1	0-1	0-0	0-1	0-5	3-14	21%
9/19	Seahawks	0-1	0-0	0-0	0-1	0-2	0-1	1-1	0-2	0-0	0-6	1-14	7%
	at Tampa Bay	1-3	1-1	0-1	1-1	1-1	0-1	0-0	0-2	0-1	0-4	4-15	27%
9/26	Seahawks	1-2	0-2	1-2	1-1	2-3	0-0	0-2	0-0	0-0	0-1	5-13	38%
	San Francisco	0-2	0-1	0-1	1-1	0-0	1-2	0-2	0-2	0-0	0-2	2-13	15%
10/10	Seahawks	0-1	0-0	0-0	0-1	0-1	0-0	0-1	0-0	0-2	2-6	2-12	17%
	St. Louis	1-1	2-2	0-0	0-1	2-4	1-1	1-2	2-2	1-1	1-3	11-17	65%
10/17	Seahawks	0-0	2-2	1-1	0-1	1-2	1-3	1-3	0-0	1-1	1-4	8-17	47%
	at New England	2-2	0-0	0-0	2-2	0-0	0-1	1-3	0-1	0-1	2-4	7-14	50%
10/24	Seahawks	0-0	0-2	0-1	0-0	0-0	1-1	1-1	1-1	0-1	1-6	4-13	31%
	at Arizona	1-1	0-0	3-6	0-0	0-1	3-3	0-0	0-4	1-2	0-2	8-19	42%
10/31	Seahawks	1-2	2-2	2-2	1-2	1-2	0-1	0-0	0-0	0-2	1-4	8-17	47%
	Carolina	1-1	0-0	0-2	2-3	0-0	0-0	1-1	1-2	0-0	0-3	5-12	42%
11/7	Seahawks	3-3	0-0	0-0	3-5	0-1	1-1	0-0	0-1	1-1	1-2	9-14	64%
	at San Francisco	0-1	0-1	0-1	1-2	0-2	0-0	0-1	0-0	0-0	2-3	3-11	27%
11/14	Seahawks	0-0	0-1	0-1	0-0	0-1	1-1	0-2	1-2	0-0	1-5	3-13	23%
	at St. Louis	1-1	0-0	0-0	1-1	0-1	1-1	1-1	0-1	0-0	1-5	5-11	45%
11/21	Seahawks	0-1	0-0	0-0	1-2	1-2	0-2	0-0	1-3	0-1	0-3	3-14	21%
	Miami	0-0	1-1	1-1	1-1	0-0	0-3	2-4	0-3	0-1	1-3	6-17	35%
11/28	Seahawks	0-0	0-1	0-1	1-1	0-0	1-2	0-1	1-1	0-0	0-2	3-9	33%
	Buffalo	0-0	1-1	3-4	0-0	1-1	0-3	1-1	1-1	1-2	1-2	9-15	60%
12/6	Seahawks	1-2	1-1	0-2	0-1	1-1	0-0	0-1	0-1	1-1	2-2	6-12	50%
	Dallas	2-3	1-1	0-0	0-1	0-1	0-0	1-1	2-3	0-0	1-5	7-15	47%
12/12	Seahawks	0-0	0-0	1-2	1-3	0-2	0-0	1-2	1-2	0-1	0-0	4-12	33%
	at Minnesota	1-1	0-0	1-1	1-1	0-0	0-2	0-0	0-0	0-2	0-3	3-10	30%
12/19	Seahawks	3-5	1-1	0-0	0-0	0-0	1-1	0-1	0-0	0-0	1-3	6-11	55%
	at New York Jets	3-3	1-1	2-2	1-1	1-2	1-1	1-2	0-0	0-0	1-2	11-14	79%
12/26	Seahawks	3-3	0-0	0-0	0-0	0-1	1-1	0-3	0-1	0-4	0-2	4-15	27%
	Arizona	1-2	0-0	1-2	0-0	0-2	1-1	0-0	0-2	1-2	0-4	4-15	27%
1/2	Seahawks	0-0	0-0	3-3	0-0	1-1	0-1	0-0	0-0	0-0	0-4	4-9	44%
	Atlanta	4-4	2-4	1-1	0-0	2-2	0-0	0-0	0-1	0-0	0-5	9-17	53%
<b>Totals</b>	<b>Seahawks</b>	<b>12-21</b>	<b>7-13</b>	<b>8-17</b>	<b>8-19</b>	<b>8-20</b>	<b>10-20</b>	<b>4-18</b>	<b>5-15</b>	<b>4-16</b>	<b>10-51</b>	<b>76-210</b>	<b>36%</b>
	<b>Opponents</b>	<b>19-27</b>	<b>9-13</b>	<b>12-23</b>	<b>11-16</b>	<b>8-19</b>	<b>9-20</b>	<b>9-19</b>	<b>6-24</b>	<b>4-13</b>	<b>10-55</b>	<b>97-229</b>	<b>42%</b>

## 2004 DRIVE CHART

Date	Team	Drive Ended By											Pts	Pts/Drv	Eff.
		Drives	3/Out	TD	FG	FGA	Pnt	Dwn	TO	Saf	Clk				
9/12	Seattle	13	1	3	0	0	7	0	2	0	1	21	1.6	0.231	
	at New Orleans	13	2	1	0	0	7	1	3	0	1	7	0.5	0.077	
9/19	Seattle	14	6	1	1	1	10	0	1	0	1	10	0.7	0.143	
	at Tampa Bay	13	5	0	2	2	8	0	3	0	0	6	0.5	0.154	
9/26	Seattle	13	2	4	2	2	5	0	0	0	1	34	2.6	0.462	
	San Francisco	12	5	0	0	1	7	0	4	0	0	0	0.0	0.000	
10/10	Seattle	13	3	3	2	3	5	0	0	0	2	27	2.1	0.385	
	St. Louis	13	2	4	2	2	4	0	3	0	0	33	2.5	0.462	
10/17	Seattle	11	2	1	4	4	3	0	2	0	1	20	1.8	0.455	
	at New England	11	1	3	3	3	2	0	2	0	1	30	2.7	0.545	
10/24	Seattle *	14	3	1	1	1	7	0	4	1	1	10	0.7	0.143	
	at Arizona	15	3	2	3	3	6	1	2	0	1	23	1.5	0.333	
10/31	Seattle	11	1	2	3	3	1	1	2	0	2	23	2.1	0.455	
	Carolina	10	2	2	1	1	6	0	1	0	0	17	1.7	0.300	
11/7	Seattle	12	3	5	0	0	5	0	0	0	2	35	2.9	0.417	
	at San Francisco	12	4	3	2	2	6	0	1	0	0	27	2.3	0.417	
11/14	Seattle	11	2	0	4	4	3	1	2	0	1	12	1.1	0.364	
	at St. Louis	11	0	2	3	3	3	0	2	0	1	23	2.1	0.455	
11/21	Seattle	16	5	2	1	1	8	0	3	0	2	17	1.1	0.188	
	Miami	16	7	2	1	2	8	0	4	0	0	17	1.1	0.188	
11/28	Seattle	11	2	1	1	1	4	1	2	0	2	9	0.8	0.182	
	Buffalo	11	1	5	1	1	1	1	3	0	0	38	3.5	0.545	
12/6	Seattle	13	2	5	1	1	2	1	2	0	2	39	3.0	0.462	
	Dallas	13	3	5	3	3	3	0	2	0	0	43	3.3	0.615	
12/12	Seattle	12	1	3	2	3	4	0	2	0	0	27	2.3	0.417	
	at Minnesota	13	1	2	3	3	4	0	2	0	2	23	1.8	0.385	
12/19	Seattle	8	2	2	0	0	3	0	3	0	0	14	1.8	0.250	
	at New York Jets	9	0	5	1	2	0	0	0	0	2	37	4.1	0.667	
12/26	Seattle	14	5	3	1	1	8	0	1	0	1	24	1.7	0.286	
	Arizona	13	3	3	0	1	7	0	2	0	0	21	1.6	0.231	
1/2/05	Seattle *	9	2	4	0	0	4	0	1	0	0	28	3.1	0.444	
	Atlanta	9	1	2	2	3	2	0	1	0	1	19	2.1	0.444	
Totals	Seahawks	195	42	40	23	25	79	4	27	1	19	350	1.8	0.323	
	Opponents	194	40	41	27	32	74	3	35	0	9	364	1.9	0.351	

\* Punt totals include one blocked punt

## INSIDE THE 20

Date	Team	Trips/Scores	TD	Att/FG	Points	Int	Fum	Downs	Clock
9/12	Seattle	3/3	3	0/0	21	0	0	0	0
	at New Orleans	1/2	1	0/0	7	0	0	1	0
9/19	Seattle	0/0	0	0/0	0	0	0	0	0
	at Tampa Bay	2/2	0	2/2	6	0	0	0	0
9/26	Seattle	6/7	4	2/2	34	0	0	0	1
	San Francisco	0/0	0	0/0	0	0	0	0	0
10/10	Seattle	2/2	1	1/1	10	0	0	0	0
	St. Louis	4/4	2	2/2	20	0	0	0	0
10/17	Seattle	4/5	1	3/3	17	0	0	0	1
	at New England	4/4	3	1/1	24	0	0	0	0
10/24	Seattle	1/1	1	0/0	7	0	0	0	0
	at Arizona	0/0	0	0/0	0	0	0	0	0
10/31	Seattle	4/5	2	2/2	20	1	0	0	0
	Carolina	3/3	2	1/1	17	0	0	0	0
11/7	Seattle	2/2	2	0/0	14	0	0	0	0
	at San Francisco	3/3	1	2/2	13	0	0	0	0
11/14	Seattle	3/3	0	3/3	9	0	0	0	0
	at St. Louis	4/4	2	2/2	20	0	0	0	0
11/21	Seattle	3/4	2	1/1	17	0	0	0	1
	Miami	2/4	2	0/1	14	0	1	0	0
11/28	Seattle	2/2	1	1/1	9	0	0	0	0
	Buffalo	5/6	4	1/1	31	0	0	1	0
12/6	Seattle	4/4	3	1/1	25	0	0	0	0
	Dallas	5/5	4	1/1	30	0	0	0	0
12/12	Seattle	4/4	2	2/2	20	0	0	0	0
	at Minnesota	4/4	2	2/2	20	0	0	0	0
12/19	Seattle	2/3	2	0/0	14	0	1	0	0
	at New York Jets	5/7	4	1/2	30	0	0	0	1
12/26	Seattle	4/4	3	1/1	24	0	0	0	0
	Arizona	0/0	0	0/0	0	0	0	0	0
1/2/05	Seattle	4/4	4	0/0	28	0	0	0	0
	Atlanta	3/3	2	1/1	16	0	0	0	0
<b>Totals</b>	<b>Seahawks</b>	<b>48/53</b>	<b>31</b>	<b>17/17</b>	<b>269</b>	<b>1</b>	<b>1</b>	<b>0</b>	<b>3</b>
	<b>Opponents</b>	<b>45/51</b>	<b>29</b>	<b>16/18</b>	<b>248</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>1</b>

## 2004 SUPERLATIVES

<b>OVERALL</b>	9-7	When Leading at Halftime	8-1
Home	5-3	When Trailing at Halftime	1-6
Road	4-4	When Tied at Halftime	0-0
		When Leading After 3 Quarters	9-1
		When Trailing After 3 Quarters	0-6
		When Tied After 3 Quarters	0-0
<b>BY MONTH</b>		<b>WHEN SCORING...</b>	
September	3-0	First	5-2
October	1-3	Less than 20 points	1-4
November	2-2	20 or more points	8-3
December	2-2		
January	1-0		
		When Outrushing Opponents	7-2
<b>TURF</b>			
Artificial	7-5	When plus in time of possession	6-2
Natural Grass	2-2	When minus in time of possession	3-5
		When equal in time of possession	0-0
<b>INDOORS</b>	2-1	When + in takeaway/giveaway	6-2
vs. AFC	1-3	When - in takeaway/giveaway	1-2
North	0-0	When = in takeaway/giveaway	2-3
West	0-0		
East	1-3	With a 100-yard rusher	5-2
South	0-0	With a 100-yard receiver	3-3
		With a 300-yard passer	1-2
vs. NFC	8-4	Versus an opponent 100-yard rusher	1-6
North	1-0	Versus an opponent 100-yard receiver	5-2
West	3-3	Versus an opponent 300-yard passer	0-1
East	0-1		
South	4-0		



## 2004 MISCELLANEOUS STATS

### DRIVE ENGINEERING

QB	Drives										Points Yielded	Points Drive	Drive Eff.
	Started	TD	FG	FGA	Pnt	Dwn	TO	Saf	Gm	Hlf			
Hasselbeck	162	35	21	23	61	4	23	1	7	8	309	1.9	0.346
Dilfer	33	5	2	2	18	0	4	0	4	0	41	1.2	0.212
Seattle	195	40	23	25	79	4	27	1	11	8	350	1.8	0.323
Opponents	194	41	27	32	74	3	35	0	3	5	364	1.9	0.351

### YARDS GAINED BY DOWN

Team	1st Down			2nd Down			3rd Down			4th Down			Season		
	Att.	Yds.	Avg.	Att.	Yds.	Avg.									
Seattle	461	2443	5.3	352	2008	5.7	210	1086	5.2	11	97	8.8	1034	5634	5.4
Opponents	455	2425	5.3	354	1808	5.1	229	1326	5.8	9	61	6.8	1047	5620	5.4

### FIRST DOWN TENDENCIES

Team	Rushing			Passing			Overall			Times Gained			
	Att.	Yds.	Avg.	Att.	Yds.	Avg.	Att.	Yds.	Avg.	10+	5+	0	Neg.
Seattle	254	1101	4.3	207	1342	6.5	461	2443	5.3	76	88	104	40
Opponents	233	975	4.2	222	1450	6.5	455	2425	5.3	71	97	99	27

### GOAL-TO-GO

Team	Att.	TD	FG	FGA	Int.	Fumble	Down	Clock	Pts.
Seattle	24	20	3	3	0	0	0	1	146
Opponents	29	22	5	5	0	1	0	1	166

### TAKEAWAYS/GIVEAWAYS

	No.	Resulting in...	TD	FG	FGA	Safety	Int.	Fumble	Punt	Down	Clock	Pts.
Takeaways	35		12	6	7	0	2	0	9	1	4	103
Giveaways	27		12	4	7	0	0	2	5	0	1	95

### TIMES LEADING THE TEAM IN...

**Receptions:** **Jackson, 13** (at NO, 9/12) (at TB, 9/19) (vs. SF, 9/26) (vs. StL, 10/10) (at AZ, 10/24) (vs. Car, 10/31) (at SF, 11/7) (at StL, 11/14) (vs. Buf, 11/28) (vs. Dal, 12/6) (at Minn, 12/12) (at NYJ, 12/19) (vs. AZ, 12/26); **Engram, 3** (at StL, 11/14) (at NYJ, 12/19) (vs. Atl, 1/2); **Mili, 2** (vs. Mia, 11/21) (at NYJ, 12/19); **Robinson, 2** (vs. StL, 10/10) (at NE, 10/17); **Alexander, 1** (at NYJ, 12/19); **Stevens, 1** (at StL, 11/14).

**Receiving Yds.:** **Jackson, 10** (at NO, 9/12) (vs. SF, 9/26) (vs. StL, 10/10) (at AZ, 10/24) (vs. Car, 10/31) (at SF, 11/7) (vs. Buf, 11/28) (at Minn, 12/12) (at NYJ, 12/19) (vs. AZ, 12/26); **Robinson, 3** (at TB, 9/19) (at NE, 10/17) (at StL, 11/14); **Rice, 2** (vs. Mia, 11/21) (vs. Dal, 12/6); **Engram, 1** (vs. Atl, 1/2).

**Rushing Yds.:** **Alexander, 16.**

**Tackles:** **Trufant, 4** (vs. StL, 10/10) (vs. Car, 10/31) (vs. Mia, 11/21) (vs. Dal, 12/6); **Bierria, 3** (at NO, 9/12) (at NE, 10/17) (at StL, 11/14); **Kacyvenski, 3** (vs. SF, 9/26) (vs. Buf, 11/28) (vs. Dal, 12/6); **Boulware, 2** (at Minn, 12/12) (at NYJ, 12/19); **Brown, 2** (vs. Car, 10/31) (vs. Atl, 1/2); **Simmons, 2** (vs. SF, 9/26) (at SF, 11/7); **Woodard, 2** (vs. Car, 10/31) (at StL, 11/14); **Hamlin, 1** (vs. AZ, 12/16); **Huff, 1** (at TB 9/19); **White, 1** (at AZ, 10/24); **Wistrom, 1** (vs. Dal, 12/6).

**Sacks:** **Okeafor, 7** (at NO, 9/12) (vs. SF, 9/26) (vs. StL, 10/10) (at NE, 10/17) (at AZ, 10/24) (vs. Dal, 12/6) (vs. AZ, 12/26); **Cochran, 5** (at AZ, 10/24) (at SF, 11/7) (vs. Mia, 11/21) (vs. Buf, 11/28) (at Minn, 12/12); **Bernard, 2** (at NO, 9/12) (vs. SF, 9/26); **Moore, 2** (at SF, 11/7) (vs. Dal, 12/6); **Wistrom, 2** (at TB, 9/19) (vs. Dal, 12/6); **Boulware, 1** (at Minn, 12/12); **Brown, 1** (vs. Atl, 1/2); **Hamlin, 1** (vs. Atl, 1/2); **Kacyvenski, 1** (vs. Mia, 11/21); **Koutouvides, 1** (vs. Mia, 11/21); **Mitchell, 1** (at StL, 11/14); **Trufant, 1** (at SF, 11/7); **Tubbs, 1** (vs. Mia, 11/21); **White, 1** (at AZ, 10/24); **Woodard, 1** (vs. SF, 9/26).

## 2004 HONORS

**SHAUN ALEXANDER, RB**

NFC Pro Bowl Team

All-NFL Team

*Pro Football Weekly*

All-Pro Team

*ESPN.com*

All-Conference

*Pro Football Weekly*

All-Pro 2nd Team

*Associated Press*

All-Pro 2nd Team

*College & Pro Football Weekly*

All-Pro 2nd Team

*Football Digest*

NFC Offensive Player of Week 16

(vs. Arizona 12/26)

Fed Ex Ground Player of Week 16

(vs. Arizona 12/16)

**MICHAEL BOULWARE, SS**

All-Rookie Team

*Pro Football Weekly*

All-Rookie Report Team

*ESPN.com*

NFC Defensive Player of Week 11

(vs. Miami 11/21)

**CHAD BROWN, LB**

Ed Block Courage Award

**MATT HASSELBECK, QB**

NFC Offensive Player of Month

December

**STEVE HUTCHINSON, G**

NFC Pro Bowl Team

All-Conference

*Pro Football Weekly*

All-Pro 2nd Team

*Associated Press*

All-Pro 2nd Team

*College & Pro Football Weekly***DARRELL JACKSON, WR**

NFC Offensive Player of Week 14

(at Minnesota 12/12)

Chris Berman's ESPN Prime-Time

Performer

(at Minnesota 12/12)

**WALTER JONES, T**

NFC Pro Bowl Team

All-Pro 1st Team

*Associated Press*

All-Pro 1st Team

*College & Pro Football Weekly*

All-Pro 1st Team

*Football Digest*

All-Conference

*Pro Football Weekly*

All-NFL

*Pro Football Weekly*

All-Pro Team

*Sporting News*

All-Pro Team

*ESPN.com***KEN LUCAS, CB**

NFC Defensive Player of Week 3

(vs. San Francisco 9/26)

**TOM ROUEN, P**

NFC Special Teams Player of Week 2

(at Tampa Bay 9/19)

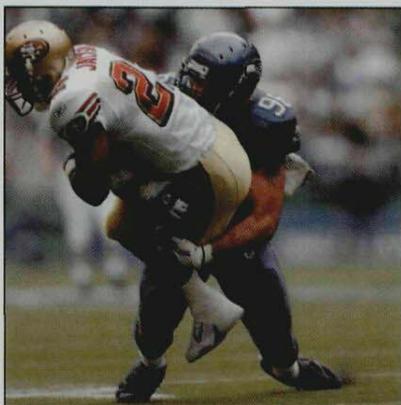
**MACK STRONG, FB**

Steve Largent Award

(Awarded to the player who exemplifies the spirit, dedication and integrity of the Seahawks.)

**GRANT WISTROM, DE**

Byron "Whizzer" White Humanitarian Award



# 2004 STANDINGS

## NFC

NORTH DIVISION	W	L	T	Pct.	Pts.	Opp.
*Green Bay	10	6	0	.625	424	380
*Minnesota	8	8	0	.500	405	395
Detroit	6	10	0	.375	296	350
Chicago	5	11	0	.313	231	331
SOUTH DIVISION	W	L	T	Pct.	Pts.	Opp.
*Atlanta	11	5	0	.688	340	337
New Orleans	8	8	0	.500	348	405
Carolina	7	9	0	.438	355	339
Tampa Bay	5	11	0	.313	301	304
EAST DIVISION	W	L	T	Pct.	Pts.	Opp.
*Philadelphia	13	3	0	.813	386	260
New York Giants	6	10	0	.375	303	347
Dallas	6	10	0	.375	293	405
Washington	6	10	0	.375	240	265
WEST DIVISION	W	L	T	Pct.	Pts.	Opp.
*Seattle	9	7	0	.563	371	373
*St. Louis	8	8	0	.500	319	392
Arizona	6	10	0	.375	284	322
San Francisco	2	14	0	.125	259	452

## AFC

NORTH DIVISION	W	L	T	Pct.	Pts.	Opp.
*Pittsburgh	15	1	0	.938	372	251
Baltimore	9	7	0	.563	317	268
Cincinnati	8	8	0	.500	374	372
Cleveland	4	12	0	.250	276	390
SOUTH DIVISION	W	L	T	Pct.	Pts.	Opp.
*Indianapolis	12	4	0	.750	522	351
Jacksonville	9	7	0	.563	261	280
Houston	7	9	0	.438	309	339
Tennessee	5	11	0	.313	344	439
EAST DIVISION	W	L	T	Pct.	Pts.	Opp.
*New England	14	2	0	.875	437	260
*New York Jets	10	6	0	.625	333	261
Buffalo	9	7	0	.563	395	284
Miami	4	12	0	.250	275	354
WEST DIVISION	W	L	T	Pct.	Pts.	Opp.
*San Diego	12	4	0	.750	446	313
*Denver	10	6	0	.625	381	304
Kansas City	7	9	0	.438	483	435
Oakland	5	11	0	.313	320	442

\* Playoff teams

### AFC Wild Card

- New York Jets 20, SAN DIEGO 17 (OT)
- INDIANAPOLIS 49, Denver 24

### AFC Divisional

- PITTSBURGH 20, New York Jets 17 (OT)
- NEW ENGLAND 20, Indianapolis 3

### AFC Championship

- New England 41, PITTSBURGH 27

### NFC Wild Card

- St. Louis 27, SEATTLE 20
- Minnesota 31, GREEN BAY 17

### NFC Divisional

- ATLANTA 47, St. Louis 17
- PHILADELPHIA 27, Minnesota 14

### NFC Championship

- PHILADELPHIA 27, Atlanta 10

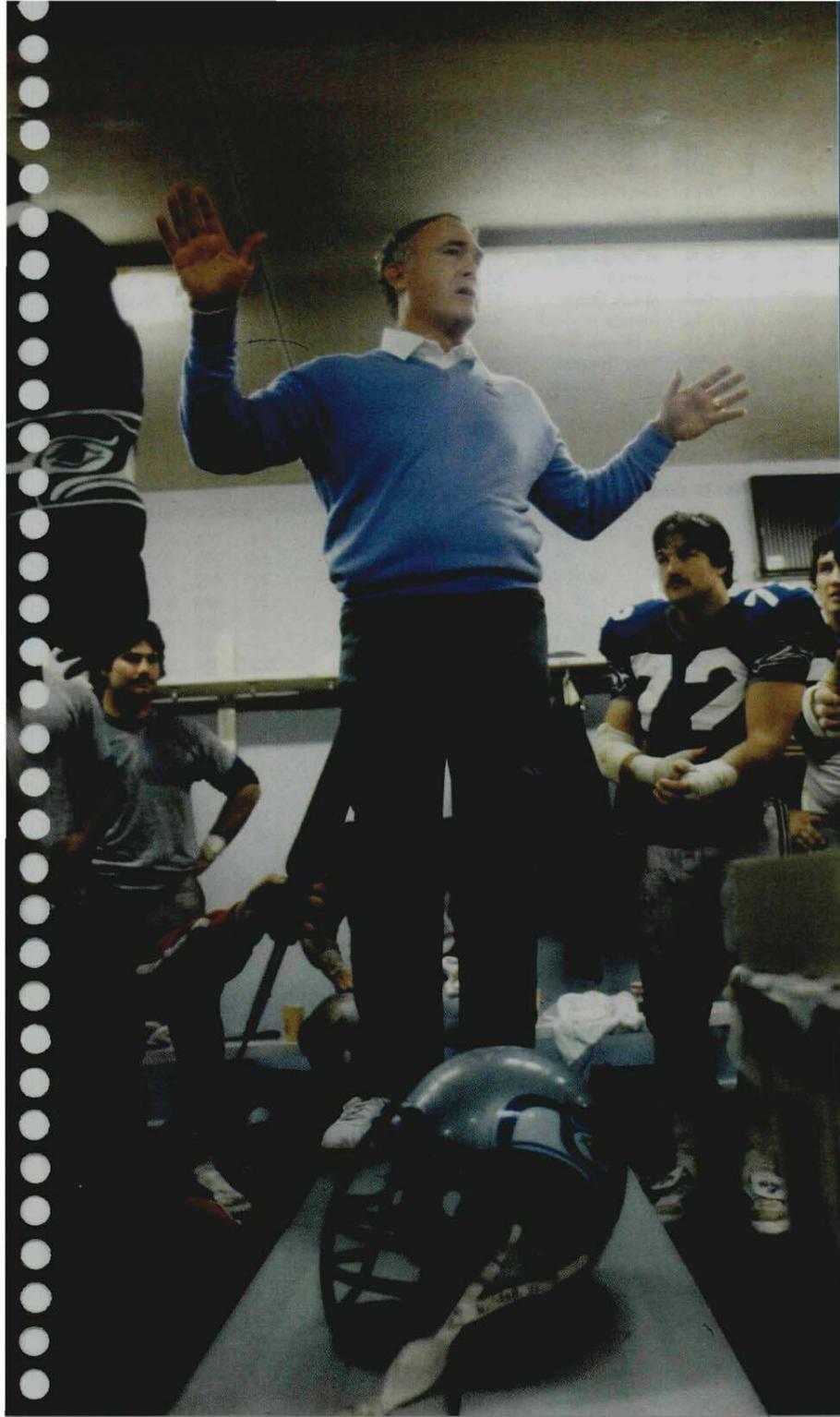
### Super Bowl XXXIX

New England (AFC) 24, Philadelphia (NFC) 21

## 2004 WEEKLY RANKINGS

NFL								NFC							
Offense				Defense				Offense				Defense			
Week	Total	Rush	Pass	Total	Rush	Pass		Week	Total	Rush	Pass	Total	Rush	Pass	
1	6t	7	9	13	6	16		1	4t	3	7	6	4	7	
2	21	16	18	8	6	14		2	12	8	10	4	5	6	
3	17	14	17	2	3	6t		3	11	6	10	1	3	3	
4	16	14	15	1	3	6		4	9	5	10	1	3	3	
5	13	9	16	6	4	15		5	7	3	10	3	3	5	
6	9	11	9	9	7	16		6	6	3	7	4	3	7	
7	13	16	12	8	8	12		7	7	6	8	3	3	5	
8	11	8	15	8	6	16		8	6	3	8	3	3	8	
9	7	5	13	8	5	15		9	4	2	7	3	2	8	
10	7	4	16	15	10	20		10	4	2	9	5	3	9	
11	7	5	15	14t	8	21		11	4	2	9	4	3	10	
12	10	7	18	20	12	24		12	5	2	10	10	4	13	
13	8	6	10	20	15	24		13	5	2	6	10	6	13	
14	6	7	9	22	17	23		14	3	2	5	11	8	12	
15	7	8	10	26	21t	23		15	4	2	5	14	10	12	
16	7	7	11t	25	21	24		16	4	2	6t	13	9	13	
17	8	8	13	26	23	23		17	4	2	7	14	11	13	





## 1976 REVIEW (2-12)

Date	W/L	Score	Opponents	Att	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts	
09/12	L	30-24	St. Louis	58,441	Leyboldt	0	0	0	0	19-22	8-12	0	43	
09/19	L	31-7	at Washington	53,174	Smith	5	4	1	0	0	0	0	30	
09/26	L	37-21	San Francisco	59,108	Largent	4	0	4	0	0	0	0	24	
10/03	L	28-13	Dallas	62,027	McCullum	4	0	4	0	0	0	0	24	
10/10	L	28-20	at Green Bay (Mil)	54,983	McKinnis	4	4	0	0	0	0	0	24	
10/17	W	13-10	at Tampa Bay	43,812	Zorn	4	4	0	0	0	0	0	24	
10/24	L	41-14	Detroit	61,280	SEA	29	14	13	2	26-29	9-16	1	229	
10/31	L	41-6	at L.A. Rams	52,035	OPP	53	20	27	6	51-53	20-30	0	429	
11/07	W	31-13	Atlanta	57,985										
11/14	L	27-21	at Minnesota	45,087	Rushing					Att	Yds	Avg	LG	TD
11/21	L	51-27	New Orleans	61,865	Smith	119	537	4.5	53	4				
11/28	L	28-16	at N.Y. Giants	65,111	Zorn	52	246	4.7	19	4				
12/05	L	34-7	Chicago	60,510	Testerman	67	246	3.8	16	1				
12/12	L	27-10	at Philadelphia	37,949	Nelson	52	173	3.3	25	1				
					McKinnis	46	105	2.2	14	4				

Team Statistics	Sea	Opp	SEA	OPP
TOTAL FIRST DOWNS	237	323	374	1413
Rushing	75	166	614	2881
Passing	140	136		
Penalty	22	21		
3rd Down: Made/Att.	59/221	96/219		
3rd Down Pct.	26.7	43.8		
4th Down: Made/Att.	15/20	6/16		
4th Down Pct.	75.0	37.8		
TOTAL NETYARDS	4062	5405	229	2874
Avg. Per Game	290.1	386.0	223	2770
Total Plays	882	1008		
Avg. Per Play	4.6	5.3		

Receiving	No	Yds	Avg	LG	TD
Largent	54	705	13.0	45	4
Howard	37	422	11.4	30	0
Smith	36	384	10.6	34	1
McCullum	32	506	15.8	72	4
Testerman	25	232	9.2	25	1
SEA	229	2874	12.5	80	13
OPP	223	2770	12.4	66	27

Interceptions	No	Yds	Avg	LG	TD
Brown	4	70	17.5	33	0
Woolsey	4	19	4.7	13	0
Matthews	3	60	20.0	40	1
SEA	15	218	14.5	40	1
OPP	30	388	12.9	70	4

Punt Returns	No	FC	Yds	Avg	LG	TD
Blackwood	19	2	132	6.9	26	0
Brown	13	4	74	5.6	19	0
SEA	39	6	246	6.3	26	0
OPP	56	3	534	9.5	50	1

Kickoff Returns	No	Yds	Avg	LG	TD
Ross	30	655	21.8	45	0
Bolton	15	280	18.6	30	0
SEA	79	1605	20.3	45	0
OPP	46	1041	22.6	41	0

Punting	No	Yds	Avg	Net	TB	I20	LG	B
Engles	80	3067	38.3	29.9	3	13	55	2
SEA	82	3067	37.4	30.1	3	13	55	2
OPP	65	2275	35.0	29.6	5	10	54	2

By Quarters	1	2	3	4	OT	Tot
SEA	39	73	61	56	0	229
OPP	91	116	127	95	0	429

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating	
Zorn	439	208	2571	47.3	5.85	12	2.7	27	6.1	80	25/196	49.4	
Munson		37	20	295	54.0	7.97	1	2.7	3	8.1	44	3/29	---
SEA	480	229	2874	47.7	5.98	13	3.7	30	6.2	80	26/225	49.9	
OPP	367	223	2770	60.7	7.54	27	7.3	15	4.0	66	27/246	91.7	

Field Goals	1-19	20-29	30-39	40-49	50+
Bitterlich	0-0	1-1	0-2	0-1	0-0
Leyboldt	0-0	2-2	1-2	5-7	0-1
SEA	0-0	3-3	1-4	5-8	0-1
OPP	1-1	7-7	7-11	5-9	0-2

Bitterlich: (27) (-) (36W,40W,33W)  
 Leyboldt: () () (-) (48,44,45B) (25,39,51S) (-) (43,41) (-) (36W) (-) (45,46R) (-) (24)  
 OPP: (28,46W,22,26) (37) (45,45,31) (50B,39W) (-) (38,36W,35B) (25,44) (20) (44W,18,40B,21) (32W,43,39) (46,36,21)(-) (45S,51S) (33,37)

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
Brown	111	85	26	0.0	17	2	0
Curtis	107	66	41	1.0	1	0	1
Bradley	101	75	26	0.0	4	1	1
Matthews	92	75	17	0.0	13	0	0
Niehaus	90	58	32	8.5	0	0	1

Record (Finish): 2-12 (5th, NFC West)  
 Head Coach: Jack Patera (2-12, .143)  
 Assistants: Sam Boghosian (Off. Coord./OL), Bob Hollway (Def. Coord./DBs), Earl Leggett (DL), Andy MacDonald (RBs), Larry Peccatiello (LBs), Jerry Rhome (QBs/WRs/TEs)  
 Captains: T Norm Evans (Off.), LB Mike Curtis (Def.), LB Ed Bradley (Sp. Teams)  
 MVP: QB Jim Zorn  
 Pro Bowl: None  
 National Honors: Jim Zorn, NFC Offensive  
 Rookie of the Year: DT Steve Niehaus, NFC  
 Defensive Rookie of the Year  
 All-NFL: None

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Baltimore	11	3	0	.786	417	246
New England	*11	3	0	.786	376	236
Miami	6	8	0	.429	263	264
N.Y. Jets	3	11	0	.214	169	383
Buffalo	2	12	0	.143	245	363

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	10	4	0	.714	342	138
Cincinnati	10	4	0	.714	335	210
Cleveland	9	5	0	.643	267	287
Houston	5	9	0	.357	222	273

WESTERN	W	L	T	Pct.	Pts.	Opp.
Oakland	13	1	0	.929	350	237
Denver	9	5	0	.643	315	206
San Diego	6	8	0	.429	248	285
Kansas City	5	9	0	.357	290	376
Tampa Bay	0	14	0	.000	125	412

\*= Wild Card team

**OFFENSE**

Pos.		Starts
WR	Sam McCullum	13
LT	Nick Bebout	13
LG	Bob Penchion	13
C	Fred Hoaglin	7
	*Art Kuehn	7
RG	John Demarie	7
	Bob Newton	7
RT	Norm Evans	10
TE	Ron Howard	13
WR	*Steve Largent	13
QB	*Jim Zorn	14
RB	*Sherman Smith	9
FB	*Don Testerman	8

**DEFENSE**

LE	Dave Tipton	12
LT	*Steve Niehaus	14
RT	Richard Harris	8
RE	Bob Lurtsema	13
LLB	Ken Geddes	9
	*Sammy Green	5
MLB	Ed Bradley	14
RLB	Mike Curtis	14
LCB	Eddie McMillan	14
RCB	Rolly Woolsey	11
FS	Dave Brown	14
SS	Al Matthews	14

**SPECIAL TEAMS**

K	Don Bitterlich	3
	John Leyboldt	11
P	Rick Engles	14

\*Rookie or first-year player

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	11	3	0	.786	296	194
Washington	*10	4	0	.714	291	217
St. Louis	10	4	0	.714	309	267
Philadelphia	4	10	0	.286	165	286
N.Y. Giants	3	11	0	.214	170	250

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Minnesota	11	2	1	.821	305	176
Chicago	7	7	0	.500	253	216
Detroit	6	8	0	.429	262	220
Green Bay	5	9	0	.357	218	299

WESTERN	W	L	T	Pct.	Pts.	Opp.
Los Angeles	10	3	1	.750	351	190
San Francisco	8	6	0	.571	270	190
Atlanta	4	10	0	.286	172	312
New Orleans	4	10	0	.286	253	346
Seattle	2	12	0	.143	229	429

## 1977 REVIEW (5-9)

Date	W/L Score	Opponents	Att.	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts	
09/18	L 29-14	Baltimore	58,991	Largent	10	0	10	0	0	0	0	60	
09/25	L 42-20	at Cincinnati	45,579	Leyboldt	0	0	0	0	33-37	9-18	0	60	
10/02	L 24-13	Denver	53,108	Sims	8	5	3	0	0	0	0	48	
10/09	L 31-0	at New England	45,929	Smith	6	4	2	0	0	0	0	36	
10/16	W 30-23	Tampa Bay	54,783	Testerman	5	1	4	0	0	0	0	30	
10/23	L 31-13	at Miami	29,855	SEA	37	12	23	2	33-37	9-18	0	282	
10/30	W 56-17	Buffalo	61,180	OPP	43	21	19	3	42-43	23-31	0	373	
11/06	L 44-7	at Oakland	50,929										
11/13	W 17-0	at N.Y. Jets	43,973	Rushing					Att	Yds	Avg	LG	TD
11/20	L 22-10	Houston	61,519	Smith	163	763	4.7	39	4				
11/27	L 30-28	San Diego	55,338	Testerman	119	459	3.8	20	1				
12/04	L 30-20	at Pittsburgh	45,429	Sims	99	369	3.7	17	5				
12/11	W 34-31	at Kansas City	22,562	Hunter	32	179	5.5	20	1				
12/18	W 20-19	Cleveland	61,583	Zorn	25	141	5.6	15	1				
				SEA	461	1964	4.2	39	12				
				OPP	596	2485	4.1	41	21				

Team Statistics		Sea	Opp									
TOTAL FIRST DOWNS		251	295									
Rushing		116	152	Receiving	No	Yds	Avg	LG	TD			
Passing		116	125	Largent	33	643	19.4	74	10			
Penalty		19	18	Testerman	31	219	7.0	25	4			
3rd Down: Made/Att.		72/187	86/206	Smith	30	419	13.9	44	2			
3rd Down Pct.		38.5	42.7	Ferguson	19	374	19.6	45	2			
4th Down: Made/Att.		6/16	9/14	Howard	17	177	10.4	24	1			
4th Down Pct.		37.8	64.3	Sims	12	176	14.6	82	3			
TOTAL NET YARDS		4292	4818	Sawyer	10	105	10.5	27	0			
Avg. Per Game		306.5	344.1	SEA	175	2459	14.0	82	23			
Total Plays		869	963	OPP	196	2464	12.5	67	19			
Avg. Per Play		4.9	5.0									
NET YARDS RUSHING		1964	2485	Interceptions	No	Yds	Avg	LG	TD			
Avg. Per Game		140.2	177.5	Beamon	6	36	6.0	16	0			
Total Rushes		461	596	McMillan	4	157	39.2	57	0			
NET YARDS PASSING		2328	2333	Brown	4	68	17.0	29	1			
Avg. Per Game		166.2	166.6	Preece	4	55	13.7	29	0			
Sacked/Yards Lost		21/131	18/131	Geddes	3	9	3.0	6	0			
Gross Yards		2459	2464	SEA	25	356	14.2	57	1			
Att./Completions		387/175	349/196	OPP	32	594	18.5	102	3			
Completion Pct.		45.2	56.1									
Had Intercepted		32	25	Kickoff Returns	No	Yds	Avg	LG	TD			
PUNTS/AVERAGE		64/37.9	54/35.9	Hunter	36	820	22.7	41	0			
NET PUNTING AVG.		30.9	30.8	Ferguson	11	240	21.8	39	0			
PENALTIES/YARDS		76/666	96/794	Packer	13	280	21.5	44	0			
FUMBLES/BALL LOST		26/13	20/11	SEA	71	1502	21.2	44	0			
TOUCHDOWNS		37	43	OPP	50	1240	24.8	70	0			
Rushing		12	21									
Passing		23	19	Punt Returns	No	FC	Yds	Avg	LG	TD		
Returns		2	3	Packer	20	0	131	6.5	31	0		
TOTAL POINTS		282	373	SEA	31	4	217	7.0	31	0		
				OPP	41	2	372	9.0	39	0		

By Quarters	1	2	3	4	OT	Tot
SEA	52	106	57	67	0	282
OPP	101	105	65	102	0	373

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Zorn	251	104	1683	41.4	6.60	16	6.3	19	7.5	82	12/51	54.2
Myer	130	70	729	53.8	5.60	6	4.6	12	9.2	45	9/80	47.6
SEA	387	175	2459	45.2	6.35	23	5.9	32	8.2	82	21/131	51.7
OPP	349	196	2465	56.1	7.06	19	5.4	25	7.1	67	18/131	66.6

Punting	No	Yds	Avg	Net	TB	I20	LG	B
Weaver	58	2293	39.5	31.8	4	10	59	1
Engles	4	137	34.3	25.3	0	0	41	1
SEA	64	2430	37.9	30.6	4	10	59	2
OPP	54	1942	35.9	30.8	3	11	61	2

Field Goals	1-19	20-29	30-39	40-49	50+
Leyboldt	1-2	2-3	2-4	3-4	1-5
SEA	1-2	2-3	2-4	3-4	1-5
OPP	0-0	9-10	10-12	4-9	0-0

Leyboldt:(19B) (52S,32,42) (52S) (-)  
 (43,21R,37B) (19,41) (-) (-) (33R, 43L,50R,33)  
 (51) (-) (20,27) (-) (51S)  
 Opp: (45R,38,42) (-) (36) (36,26R) (40,37,20)  
 (39L,41) (25) (35,39,37) (46R) (31B,46B,27,37)  
 (40,26,39) (22,28,43) (49L,23,45L) (24,38)

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
Beeson	136	110	26	1.0	5	0	1
Beamon	128	82	36	0.0	8	1	0
Green	98	57	41	0.0	5	1	0
Preece	96	61	35	0.0	5	1	1
McMillan	80	63	17	0.0	15	0	3
Lurtsema	79	46	33	2.0	0	0	0

Record (Finish): 5-9 (4th, AFC West). Set record for wins by 2nd year expansion team.

Head Coach: Jack Patera (7-21, .250)  
 Assistants: Sam Boghosian (Off. Coord./OL), Bob Hollway (Def. Coord./DBs), Earl Leggett (DL), Andy MacDonald (RBs), Larry Peccatiello (LBs), Jerry Rhome (QB/WRs/TEs)  
 Captains: T Norm Evans (Off.), S Eddie McMillan (Def.), S Steve Preece (Sp. Teams)  
 MVP: WR Steve Largent  
 Pro Bowl: None  
 National Honors: None  
 All-NFL: None

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Baltimore	10	4	0	.714	295	221
Miami	10	4	0	.714	313	197
New England	9	5	0	.643	278	217
N.Y. Jets	3	11	0	.214	191	300
Buffalo	3	11	0	.214	160	313

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	9	5	0	.643	283	243
Houston	8	6	0	.571	299	230
Cincinnati	8	6	0	.571	238	235
Cleveland	6	8	0	.429	269	267

WESTERN	W	L	T	Pct.	Pts.	Opp.
Denver	12	2	0	.857	274	148
Oakland*	11	3	0	.786	351	230
San Diego	7	7	0	.500	222	205
Seattle	5	9	0	.357	282	373
Kansas City	2	12	0	.143	225	349

\*= Wild Card team

**OFFENSE**

Pos.		Starts
WR	Duke Ferguson	8
	Sam McCullum	3
	Steve Raible	3
LT	Nick Bebout	12
LG	Gordon Jolley	11
C	Art Kuehn	14
RG	Ron Coder	14
RT	Norm Evans	13
TE	Ron Howard	12
WR	Steve Largent	14
QB	Jim Zorn	10
	Steve Myer	4
RB	Sherman Smith	13
FB	Don Testerman	13

**DEFENSE**

LE	Richard Harris	14
LT	Ron East	14
RT	Bob Lurtsema	9
	*Dennis Boyd	5
RE	Alden Roche	9
LLB	Sammy Green	14
MLB	*Terry Beeson	13
RLB	Ken Geddes	14
LCB	Eddie McMillan	4
RCB	Dave Brown	14
SS	Autry Beamon	9
	Don Dufek	5
FS	Steve Preece	14

**SPECIAL TEAMS**

K	John Leyboldt	14
P	Herman Weaver	13
	Rick Engles	1

\*Rookie or first-year player

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	12	2	0	.857	345	212
Washington	9	5	0	.643	196	189
St. Louis	7	7	0	.500	272	287
Philadelphia	5	9	0	.357	220	207
N.Y. Giants	5	9	0	.357	181	265

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Minnesota	9	5	0	.643	231	227
Chicago*	9	5	0	.643	255	253
Detroit	6	8	0	.429	183	252
Green Bay	4	10	0	.286	134	219
Tampa Bay	2	12	0	.143	103	223

WESTERN	W	L	T	Pct.	Pts.	Opp.
Los Angeles	10	4	0	.714	302	146
Atlanta	7	7	0	.500	179	129
San Francisco	5	9	0	.357	220	260
New Orleans	3	11	0	.214	232	336

## 1978 REVIEW (9-7)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot			
09/03	L	24-20	San Diego	55,778	SEA	85	115	50	95	0	345			
09/10	L	21-10	at Pittsburgh	48,277	OPP	68	114	79	94	3	358			
09/17	W	24-17	at N.Y. Jets	46,911										
09/24	W	28-16	Detroit	56,781	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts	
10/01	L	28-7	at Denver	74,989	Sims	15	14	1	0	0	0	0	90	
10/08	W	29-28	Minnesota	62,031	Herrera	0	0	0	0	40-44	13-21	0	79	
10/15	L	45-28	at Green Bay (Mil)	52,712	Largent	8	0	8	0	0	0	0	48	
10/22	W	27-7	Oakland	62,529	Smith	7	6	1	0	0	0	0	42	
10/29	L	20-17	Denver (OT)	62,948	Zorn	6	6	0	0	0	0	0	36	
11/05	W	31-29	at Chicago	50,697	SEA	44	28	15	1	40-44	13-21	1	345	
11/12	L	17-14	Baltimore	61,905	OPP	43	20	21	2	41-43	19-27	1	358	
11/19	W	13-10	at Kansas City	35,252										
11/26	W	17-16	at Oakland	52,978	Rushing		Att	Yds	Avg	LG	TD			
12/03	W	47-24	Cleveland	62,262	Smith		165	805	4.9	67	6			
12/10	L	37-10	at San Diego	49,975	Sims		174	752	4.3	44	14			
12/17	W	23-19	Kansas City	58,490	Hunter		105	348	3.3	55	2			
					Zorn		59	290	4.9	23	6			
					SEA		561	2394	4.3	67	28			
					OPP		551	2517	4.6	62	20			
Team Statistics			Sea	Opp										
TOTAL FIRST DOWNS			345	331										
Rushing			150	153										
Passing			156	160	Receiving		No	Yds	Avg	LG	TD			
Penalty			39	18	Largent		71	1168	16.5	57	8			
3rd Down: Made/Att.			98/235	88/216	McCullum		37	525	14.2	44	3			
3rd Down Pct.			41.7	40.7	Sims		30	195	6.5	25	1			
4th Down: Made/Att.			20/31	8/14	Smith		28	366	13.1	64	1			
4th Down Pct.			54.5	57.1	Raible		22	316	14.4	38	1			
TOTAL NET YARDS			5511	5522	SEA		261	3401	13.0	64	15			
Avg. Per Game			344.4	345.1	OPP		263	3225	12.3	55	21			
Total Plays			1072	1036										
Avg. Per Play			5.1	5.3	Interceptions		No	Yds	Avg	LG	TD			
NET YARDS RUSHING			2394	2517	Webster		5	9	1.8	4	0			
Avg. Per Game			149.6	157.3	Harris		4	65	16.3	28	0			
Total Rushes			561	551	Beamon		4	17	4.3	15	0			
NET YARDS PASSING			3117	3005	Brown		3	44	14.7	44	0			
Avg. Per Game			194.8	187.8	SEA		22	193	8.8	44	1			
Sacked/Yards Lost			44/284	25/220	OPP		22	300	13.6	52	1			
Gross Yards			3401	3225										
Att./Completions			467/261	460/263	Punting		No	Yds	Avg	Net TB	I20	LG	B	
Completion Pct.			55.9	57.2	Weaver		66	2440	37.0	29.5	6	13	59	0
Had Intercepted			22	22	SEA		69	2543	36.9	29.9	6	15	59	0
PUNTS/AVERAGE			69/36.9	66/38.0	OPP		66	2507	38.0	31.0	6	16	67	1
NET PUNTING AVG.			29.9	31.0										
PENALTIES/YARDS			94/789	125/997	Punt Returns		No	FC	Yds	Avg	LG	TD		
FUMBLES/BALL LOST			36/19	34/17	Crawford		34	4	284	8.4	22	0		
TOUCHDOWNS			44	43	SEA		40	5	342	8.6	42	0		
Rushing			28	20	OPP		36	9	363	10.1	24	0		
Passing			15	21										
Returns			1	2										
TOTAL POINTS			345	358										

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Zorn	443	248	3283	56.0	7.41	15	3.4	20	4.5	64	44/284	72.2
Myer	22	11	94	50.0	4.27	0	0.0	2	9.1	17	0/0	----
SEA	467	261	3401	55.9	7.28	15	3.2	22	4.7	64	44/284	70.0
OPP	460	263	3225	57.2	7.01	21	4.6	22	4.8	55	25/220	74.3

Kickoff Returns	No	Yds	Avg	LG	TD
Hunter	16	385	24.1	38	0
Crawford	35	829	23.7	36	0
SEA	67	1510	22.5	38	0
OPP	66	1328	20.1	95	1

Field Goals	1-19	20-29	30-30	40-49	50+
Herrera	2-2	1-1	5-7	5-10	0-1
SEA	2-2	1-1	5-7	5-10	0-1
OPP	2-2	7-7	8-10	2-5	0-3

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
Beeson	153	107	46	0.0	4	0	0
Butler	122	83	39	2.0	13	0	2
Green	115	79	36	0.0	2	0	1
Webster	113	85	28	0.0	33	0	1
Harris	113	72	41	2.0	15	1	0

Record (Finish): 9-7 (T2nd, AFC West).  
 Head Coach: Jack Patera (16-28, .364)  
 Assistants: Jack Christensen (DBs), Andy MacDonald (RBs), Jim Mora (DL), Howard Mudd (OL), Larry Peccatiello (Def. Coach/LBs), Jerry Rhome (Off. Coach/QBs/WRs/TEs)  
 Captains: T Norm Evans & WR Steve Largent (Off.), DT Dennis Boyd (Def.), S Autry Beamon (Sp. Teams)  
 MVP: QB Jim Zorn  
 Pro Bowl: WR Steve Largent (1)  
 National Honors: Jack Patera (Coach of the Year), GM John Thompson (Exec. of the Year)  
 First-Team All-NFL: QB Jim Zorn (NEA)

**OFFENSE**

Pos.		Starts
WR	Sam McCullum	16
LT	Nick Bebout	16
LG	Tom Lynch	16
C	John Yarno	13
RG	Bob Newton	16
RT	Steve August	14
TE	Ron Howard	11
	John Sawyer	5
WR	Steve Largent	16
QB	Jim Zorn	16
FB	David Sims	9
	Don Testerman	5
RB	+Sherman Smith	11
	Al Hunter	6

**DEFENSE**

LE	Ernie Price	11
	Bill Sandifer	5
LT	Dennis Boyd	16
RT	Bill Sandifer	8
	Steve Niehaus	6
RE	Bill Gregory	14
LLB	Sammy Green	16
MLB	Terry Beeson	16
RLB	*Keith Butler	14
LCB	Cornell Webster	14
	*Keith Simpson	2
RCB	Dave Brown	16
SS	Autry Beamon	16
FS	*John Harris	16

**SPECIAL TEAMS**

K	Efren Herrera	16
P	Herman Weaver	16

\*Rookie or first-year player  
 +Started 1 game at fullback

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
New England	11	5	0	.688	358	286
Miami*	11	5	0	.688	372	254
N.Y. Jets	8	8	0	.500	359	364
Buffalo	5	11	0	.313	302	354
Baltimore	5	11	0	.313	249	425

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	14	2	0	.875	356	195
Houston*	10	6	0	.625	283	298
Cleveland	8	8	0	.500	334	356
Cincinnati	4	12	0	.250	252	284

WESTERN	W	L	T	Pct.	Pts.	Opp.
Denver	10	6	0	.625	282	198
Seattle	9	7	0	.563	345	358
Oakland	9	7	0	.563	311	283
San Diego	9	7	0	.563	355	309
Kansas City	4	12	0	.250	243	327

\*= Wild Card team

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	12	4	0	.750	384	208
Philadelphia*	9	7	0	.563	270	250
Washington	8	8	0	.500	273	283
St. Louis	6	10	0	.375	248	296
N.Y. Giants	6	10	0	.375	264	298

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Minnesota	8	7	1	.531	294	306
Green Bay	8	7	1	.531	249	269
Detroit	7	9	0	.438	290	300
Chicago	7	9	0	.438	253	274
Tampa Bay	5	11	0	.313	241	259

WESTERN	W	L	T	Pct.	Pts.	Opp.
Los Angeles	12	4	0	.750	316	245
Atlanta*	9	7	0	.563	240	290
New Orleans	7	9	0	.438	281	198
San Francisco	2	14	0	.125	219	350

## 1979 REVIEW (9-7)

Date	W/L	Score	Opponents	Att	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts	
09/02	L	33-16	San Diego	62,287	Herrera	0	0	0	0	43-46	19-23	0	100	
09/09	L	19-10	at Miami	56,233	Smith	15	11	4	0	0	0	0	90	
09/16	W	27-10	Oakland	61,602	Doornink	9	8	1	0	0	0	0	54	
09/23	L	37-34	at Denver	74,879	Largent	9	0	9	0	0	0	0	54	
09/30	L	24-6	Kansas City	61,169	McCullum	4	0	4	0	0	0	0	24	
10/07	W	35-24	at San Francisco	44,592	SEA	46	24	20	2	43-46	19-23	1	378	
10/14	L	20-10	at San Diego	50,077	OPP	46	23	21	2	42-46	18-29	0	372	
10/21	W	34-14	Houston	60,705										
10/29	W	31-28	at Atlanta	52,566	Rushing					Att	Yds	Avg	LG	TD
11/04	L	24-0	L.A. Rams	62,048	Smith	194	775	4.0	31	11				
11/11	W	29-24	at Cleveland	72,440	Doornink	152	500	3.3	26	8				
11/18	W	38-24	New Orleans	60,055	Zorn	46	279	6.1	41	2				
11/26	W	30-7	N.Y. Jets	59,977	Hunter	34	174	5.1	67	1				
12/02	L	37-21	at Kansas City	42,160	Moore	44	168	3.8	18	2				
12/08	W	28-23	Denver	60,038	SEA	500	1967	3.9	67	24				
12/16	W	29-24	at Oakland	53,177	OPP	533	2375	4.5	84	23				

Team Statistics	Sea	Opp	Receiving	No	Yds	Avg	LG	TD			
TOTAL FIRST DOWNS	315	350	Largent	66	1237	18.7	55	9			
Rushing	121	146	Doornink	54	432	8.0	41	1			
Passing	171	171	Smith	48	499	10.4	35	4			
Penalty	23	33	McCullum	46	739	16.1	65	4			
3rd Down: Made/Att.	104/243	88/224	Peets	25	293	11.7	28	1			
3rd Down Pct.	42.8	39.3	Raible	20	252	12.6	41	1			
4th Down: Made/Att.	14/23	13/21	Moore	14	128	9.1	24	0			
4th Down Pct.	60.7	61.9	SEA	292	3791	13.0	65	20			
TOTAL NET YARDS	5557	5834	OPP	317	3739	11.8	51	21			
Avg. Per Game	347.3	364.6	Interceptions	No	Yds	Avg	LG	TD			
Total Plays	1046	1078	Brown	6	46	9.2	23	0			
Avg. Per Play	5.3	5.4	Simpson	4	72	18.0	41	0			
NET YARDS RUSHING	1967	2375	Harris	2	30	15.0	25	0			
Avg. Per Game	122.9	148.4	SEA	17	284	16.7	91	1			
Total Rushes	500	533	OPP	18	185	10.3	34	1			
NET YARDS PASSING	3590	3459	Punting	No	Yds	Avg	Net	TB	I20	LG	B
Avg. Per Game	224.4	216.2	Weaver	66	2651	40.2	33.4	3	11	60	3
Sacked/Yards Lost	23/201	37/280	SEA	70	2687	38.4	33.1	4	11	60	3
Gross Yards	3791	3739	OPP	69	2616	37.9	31.5	8	14	64	1
Att./Completions	523/292	508/317	Punt Returns	No	FC	Yds	Avg	LG	TD		
Completion Pct.	55.8	62.4	T. Green	16	3	121	7.6	30	0		
Had Intercepted	18	17	Moore	10	1	90	9.0	29	0		
PUNTS/AVERAGE	70/38.4	69/37.9	SEA	34	6	281	8.3	30	0		
NET PUNTING AVG.	33.1	31.5	OPP	42	12	289	6.9	27	0		
PENALTIES/YARDS	104/903	117/1045	Kickoff Returns	No	Yds	Avg	LG	TD			
FUMBLES/BALL LOST	31/18	39/16	T. Green	20	437	21.9	31	0			
TOUCHDOWNS	46	46	Moore	31	641	20.7	39	0			
Rushing	24	23	SEA	70	1444	20.6	39	0			
Passing	20	21	OPP	70	1238	17.7	41	0			
Returns	2	2									
TOTAL POINTS	378	372									

By Quarters	1	2	3	4	OT	Tot
SEA	78	114	87	99	--	378
OPP	63	116	84	109	--	372

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Zorn	505	285	3661	56.4	7.25	20	4.0	18	3.6	65	23/201	77.6
SEA	523	292	3791	55.8	7.25	20	3.8	18	3.4	65	23/201	76.2
OPP	508	317	3739	62.4	7.36	21	4.1	17	3.3	51	37/280	84.6

Field Goals	1-19	20-29	30-39	40-49	50+
Herrera	1-1	7-8	5-6	6-7	0-1
SEA	1-1	7-8	5-6	6-7	0-1
OPP	0-0	10-11	6-9	2-8	0-1
Herrera: (34) (32,49R) (23B,46,20) (28,22,39B) (38,53S,20) (-) (19) (48,30) (24) (-) (34) (27) (49,42,45) (-) (-) (24,42)					
OPP: (31,42,22,23) (36,31) (34L,50S,37) (27) (36) (25) (40R,38L) (-) (25R) (40B,23) (28,44L) (37S,40) (42L) (27,31,22) (41R,29) (20,43S)					

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
Beeson	116	89	27	2.0	4	0	1
Beamon	112	75	37	0.0	14	1	2
Jackson	95	53	42	0.0	8	0	1
Hardy	87	67	20	3.5	1	1	0
Butler	88	56	32	2.0	9	0	2
Simpson	88	73	15	2.0	12	4	0

**Record (Finish):** 9-7 (T3rd, AFC West)  
**Head Coach:** Jack Patera (25-35, .417)  
**Assistants:** Jack Christensen (DBs), Andy MacDonald (RBs), Jim Mora (DL), Howard Mudd (OL), Larry Peccatiello (Def. Coach/LBs), Jerry Rhome (Off. Coach/QBs/WRs/TEs), Rusty Tillman (Sp. Teams)  
**Captains:** WR Steve Largent (Off.), DE Dennis Boyd (Def.), S Autry Beamon (Sp. Teams)  
**MVP:** WR Steve Largent  
**Pro Bowl:** WR Steve Largent (2)  
**National Honors:** None  
**All-NFL:** WR Steve Largent (SI, N.Y. Daily News)

**OFFENSE**

Pos.		Starts
WR	Sam McCullum	16
LT	Nick Bebout	13
LG	Tom Lynch	16
C	John Yarno	16
RG	Bob Newton	11
	Ron Coder	5
RT	Steve August	16
TE	Brian Peets	14
WR	Steve Largent	15
QB	Jim Zorn	16
RB	Sherman Smith	15
FB	Dan Doornink	12
	David Sims	4

**DEFENSE**

LE	Carl Eller	8
	Dennis Boyd	4
	Ernie Price	4
LT	*Robert Hardy	16
RT	*Manu Tuiasosopo	16
RE	Bill Gregory	16
LLB	Sammy Green	9
	Michael Jackson	7
MLB	Terry Beeson	16
RLB	Keith Butler	14
LCB	Cornell Webster	14
RCB	Dave Brown	16
SS	Keith Simpson	11
	Autry Beamon	4
FS	Autry Beamon	9
	John Harris	6

**SPECIAL TEAMS**

K	Efren Herrera	16
P	Herman Weaver	16

\*Rookie or first-year player

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Miami	10	6	0	.625	341	257
New England	9	7	0	.563	411	326
N.Y. Jets	8	8	0	.500	337	383
Buffalo	7	9	0	.438	268	279
Baltimore	5	11	0	.313	271	351

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	12	4	0	.750	416	262
Houston*	11	5	0	.688	362	331
Cleveland	9	7	0	.563	359	352
Cincinnati	4	12	0	.250	337	421

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Diego	12	4	0	.750	411	246
Denver*	10	6	0	.625	289	262
Seattle	9	7	0	.563	378	372
Oakland	9	7	0	.563	365	337
Kansas City	7	9	0	.438	238	262

\*= Wild Card team

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	11	5	0	.688	371	313
Philadelphia*	11	5	0	.688	339	282
Washington	10	6	0	.625	348	295
N.Y. Giants	6	10	0	.375	237	323
St. Louis	5	11	0	.313	307	358

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Tampa Bay	10	6	0	.625	273	237
Chicago*	10	6	0	.625	306	249
Minnesota	7	9	0	.438	259	337
Green Bay	5	11	0	.313	246	316
Detroit	2	14	0	.125	219	365

WESTERN	W	L	T	Pct.	Pts.	Opp.
Los Angeles	9	7	0	.563	323	309
New Orleans	8	8	0	.500	370	360
Atlanta	6	10	0	.375	300	388
San Francisco	2	14	0	.125	308	416

## 1980 REVIEW (4-12)

Date	W/L Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot		
09/07	L 34-13	San Diego	62,042	SEA	25	95	50	121	---	291		
09/14	W 17-16	at Kansas City	42,403	OPP	48	139	77	144	---	408		
09/21	L 37-31	New England	61,035									
09/28	W 14-0	at Washington	53,263	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
10/05	W 26-7	at Houston	46,860	Herrera	0	0	0	0	33-33	20-31	0	93
10/12	L 27-3	Cleveland	61,366	Jodat	6	5	1	0	0	0	0	36
10/19	W 27-17	at N.Y. Jets	52,496	Largent	6	0	6	0	0	0	0	36
10/26	L 33-14	at Oakland	50,185	McCullum	6	0	6	0	0	0	0	36
11/02	L 27-20	Philadelphia	61,047	Doornink	5	3	2	0	0	0	0	30
11/09	L 31-30	Kansas City	58,976	McCutcheon	4	3	1	0	0	0	0	24
11/17	L 19-17	Oakland	60,480	SEA	33	13	18	2	33-33	20-31	0	291
11/23	L 36-20	at Denver	73,274	OPP	47	17	28	2	45-47	25-33	3	408
11/27	L 51-7	at Dallas	57,540									
12/07	L 27-21	N.Y. Giants	51,617	Rushing	Att	Yds	Avg	LG	TD			
12/13	L 21-14	at San Diego	49,980	Jodat	155	632	4.1	26	5			
12/21	L 25-17	Denver	51,853	Doornink	100	344	3.4	22	3			
				Zorn	44	214	4.9	25	1			
				McCullum	40	202	5.1	32	3			
				Moore	60	202	3.4	20	0			
				SEA	456	1783	3.9	32	13			
				OPP	550	2067	3.8	46	17			

Team Statistics	Sea	Opp	McCutcheon	No	Yds	Avg	LG	TD			
TOTAL FIRST DOWNS	302	301	Moore	60	202	3.4	20	0			
Rushing	114	129	SEA	456	1783	3.9	32	13			
Passing	166	147	OPP	550	2067	3.8	46	17			
Penalty	22	25									
3rd Down: Made/Att.	85/230	110/235	Interceptions	No	Yds <td>Avg</td> <td>LG</td> <td>TD</td>	Avg	LG	TD			
3rd Down Pct.	37.0	46.8	Brown	6	32	5.3	24	0			
4th Down: Made/Att.	10/15	13/14	Harris	6	28	4.7	15	0			
4th Down Pct.	66.7	92.9	Simpson	3	15	5.0	10	0			
TOTAL NET YARDS	4879	5177	SEA	23	95	4.1	24	0			
Avg. Per Game	304.9	323.6	OPP	23	170	7.4	25	2			
Total Plays	1024	1038									
Avg. Per Play	4.8	5.0	Receiving	No	Yds <td>Avg</td> <td>LG</td> <td>TD</td>	Avg	LG	TD			
NET YARDS RUSHING	1783	2067	Largent	66	1064	16.1	67	6			
Avg. Per Game	111.4	129.2	McCullum	62	874	14.1	58	5			
Total Rushes	456	550	Sawyer	36	410	11.4	32	0			
NET YARDS PASSING	3096	3110	Doornink	31	237	7.6	16	2			
Avg. Per Game	193.5	194.4	Jodat	26	190	7.3	14	1			
Sacked/Yards Lost	51/398	26/170	Moore	25	231	9.2	34	0			
Gross Yards	3494	3280	SEA	287	3494	12.2	67	18			
Att./Completions	517/287	462/267	OPP	267	3280	12.3	68	28			
Completion Pct.	55.5	57.8									
Had Intercepted	23	23	Punting	No	Yds <td>Avg</td> <td>Net</td> <td>TB</td> <td>I20</td> <td>LG</td> <td>B</td>	Avg	Net	TB	I20	LG	B
PUNTS/AVERAGE	70/40.4	66/40.2	Weaver	67	2798	41.8	31.6	7	14	62	2
NET PUNTING AVG.	31.6	34.6	SEA	70	2827	40.4	31.6	7	15	62	2
PENALTIES/YARDS	109/901	103/876	OPP	66	2652	40.2	34.6	1	20	60	2
FUMBLES/BALL LOST	38/15	33/11									
TOUCHDOWNS	33	47	Punt Returns	No	FC	Yds <td>Avg</td> <td>LG</td> <td>TD</td>	Avg	LG	TD		
Rushing	13	17	Lewis	41	9	349	8.5	75	1		
Passing	18	28	SEA	41	9	349	8.5	75	1		
Returns	2	2	OPP	42	9	476	11.3	36	0		
TOTAL POINTS	291	408									

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Zorn	488	276	3346	53.3	6.86	17	3.5	20	4.1	67	44/341	72.4
Adkins	23	10	136	43.5	5.91	1	4.3	3	13.0	22	5/51	----
Krieg	2	0	0	0.0	0.00	0	0.0	0	0.0	0	1/6	----
SEA	517	287	3494	55.5	6.76	18	3.5	23	4.4	67	51/398	71.3
OPP	462	267	3280	57.8	7.10	28	6.1	23	5.0	68	26/170	79.3

Kickoff Returns	No	Yds	Avg	LG	TD
Lewis	25	585	23.4	54	0
Webster	21	406	19.3	34	0
SEA	73	1489	20.4	54	0
OPP	64	1223	19.1	46	0

Field Goals	1-19	20-29	30-30	40-49	50+
Herrera	1-1	6-6	8-9	4-10	1-5
SEA	1-1	6-6	8-9	4-10	1-5
OPP	1-1	8-9	9-11	3-5	4-7

Herrera:(46,54S,28)(19)(33)(—)(32,33,50,44,40R)  
 (51S,29)(48,23) (48S) (21,31,41L) (39,31,33,60S)  
 (46S,37) (21,20) (—) (52R,48R) (47L) (31R,47)  
 OPP: (41,29) (50,23,57) (19,30,44R,29)  
 (33R,50S,52R) (—) (—) (37L, 22) (34,38,43S,  
 30,25) (39,25) (42) (28) (24,33) (—) (43,32) (23L)  
 (53,55,34,38,52S)

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
Jackson	136	105	31	0.0	5	1	2
Harris	119	80	39	0.0	9	0	1
Simpson	110	82	28	1.0	17	0	1
Beeson	101	65	36	1.0	1	2	1
Hardy	103	72	31	3.0	2	1	1
Tuiasosopo	94	63	31	3.5	4	0	1

Record (Finish): 4-12 (5th, AFC West)  
 Head Coach: Jack Patera (29-47, .382)  
 Assistants: Jack Christensen (DBs), Andy MacDonald (RBs), Jim Mora (DL), Howard Mudd (OL), Larry Peccatiello (Def. Coach/ LBs), Jerry Rhome (Off. Coach/QBs/WRs/TEs), Rusty Tillman (Sp. Teams)  
 Captains: WR Steve Largent (Off.), SS Keith Simpson (Def.)  
 MVP: WR Sam McCullum  
 Pro Bowl: None  
 National Honors: None  
 All-NFL: None

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Buffalo	11	5	0	.688	320	260
New England	10	6	0	.625	441	325
Miami	8	8	0	.500	266	305
Baltimore	7	9	0	.438	355	387
N.Y. Jets	4	12	0	.250	302	395

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Cleveland	11	5	0	.688	357	310
Houston*	11	5	0	.688	295	251
Pittsburgh	9	7	0	.563	352	313
Cincinnati	6	10	0	.375	244	312

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Diego	11	5	0	.688	418	327
Oakland*	11	5	0	.688	364	306
Kansas City	8	8	0	.500	319	336
Denver	8	8	0	.500	310	323
Seattle	4	12	0	.250	291	408

\*= Wild Card team

**OFFENSE**

Pos.		Starts
WR	Sam McCullum	16
LT	Louis Bullard	13
LG	Tom Lynch	12
	Jeff Sevy	4
C	John Yarno	16
RG	Bob Newton	16
RT	Steve August	16
TE	John Sawyer	16
WR	Steve Largent	16
QB	Jim Zorn	16
RB	Dan Doornink	11
	Sherman Smith	2
FB	Jim Jodat	13
	Dan Doornink	3

**DEFENSE**

LE	*Jacob Green	13
LT	Robert Hardy	16
RT	Manu Tuiasosopo	16
RE	Bill Gregory	13
LLB	Michael Jackson	15
MLB	Terry Beeson	16
RLB	Keith Butler	16
LCB	Kerry Justin	11
	Cornell Webster	5
RCB	Dave Brown	16
SS	Keith Simpson	16
FS	John Harris	16

**SPECIAL TEAMS**

K	Efren Herrera	16
P	Herman Weaver	16

\*Rookie or first-year player

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Philadelphia	12	4	0	.750	384	222
Dallas*	12	4	0	.750	454	311
Washington	6	10	0	.375	261	293
St. Louis	5	11	0	.313	299	350
N.Y. Giants	4	12	0	.250	249	425

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Minnesota	9	7	0	.563	317	308
Detroit	9	7	0	.563	334	272
Chicago	7	9	0	.438	304	264
Tampa Bay	5	10	1	.344	271	341
Green Bay	5	10	1	.344	231	371

WESTERN	W	L	T	Pct.	Pts.	Opp.
Atlanta	12	4	0	.750	405	272
Los Angeles*	11	5	0	.688	424	289
San Francisco	6	10	0	.375	320	415
New Orleans	1	15	0	.063	291	487

**1981 REVIEW (6-10)**

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot
09/06	L	27-21	at Cincinnati	41,177	SEA	71	109	85	57	---	322
09/13	W	13-10	Denver	58,513	OPP	58	140	75	115	---	388
09/20	L	20-10	at Oakland	45,725							
09/27	L	20-14	Kansas City	59,255							
10/04	L	24-10	at San Diego	51,463							
10/11	L	35-17	at Houston	42,671							
10/18	L	32-0	N.Y. Giants	56,134							
10/25	W	19-3	at N.Y. Jets	49,678							
11/01	L	34-24	at Green Bay	49,467							
11/08	W	24-21	Pittsburgh	59,058							
11/16	W	44-23	San Diego	58,628							
11/22	L	40-13	at Kansas City	49,002							
11/29	L	32-31	Oakland	57,147							
12/06	W	27-23	N.Y. Jets	53,105							
12/13	L	23-13	at Denver	74,527							
12/20	W	42-21	Cleveland	51,435							

Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
Largent	10	1	9	0	0	0	0	60
Herrera	0	0	0	0	23-25	12-17	0	59
T. Brown	6	6	0	0	0	0	0	36
Doornink	5	1	4	0	0	0	0	30
SEA	40	14	21	5	37-40	15-24	0	322
OPP	46	20	25	1	41-46	23-29	1	388

Rushing	Att	Yds	Avg	LG	TD
T. Brown	141	531	3.8	43	6
Smith	83	253	3.0	21	3
Doornink	65	194	3.0	11	1
Zorn	30	140	4.7	20	1
Hughes	47	135	2.9	15	0

Team Statistics	Sea	Opp
TOTAL FIRST DOWNS	295	371

Rushing	103	175
Passing	166	173
Penalty	26	23

3rd Down: Made/Att.	76/204	107/220
3rd Down Pct.	37.3	48.6
4th Down: Made/Att.	8/19	4/10
4th Down Pct.	42.1	40.0

Possession Avg.	26:59	33:01
TOTAL NETYARDS	5021	5940
Avg. Per Game	313.8	371.3
Total Plays	1001	1126
Avg. Per Play	5.0	5.3

NETYARDS RUSHING	1594	2806
Avg. Per Game	99.6	175.4
Total Rushes	440	588

NETYARDS PASSING	3427	3134
Avg. Per Game	214.2	195.9
Sacked/Yards Lost	37/300	36/260
Gross Yards	3727	3394
Att./Completions	524/307	502/294
Completion Pct.	58.6	58.6
Had Intercepted	15	21

PUNTS/AVERAGE	68/39.0	55/42.5
NET PUNTING AVG.	36.2	35.3
PENALTIES/YARDS	106/823	104/944
FUMBLES/BALL LOST	41/23	43/27

TOUCHDOWNS	40	46
Rushing	14	20
Passing	21	25
Returns	5	1
TOTAL POINTS	322	388

Receiving	No	Yds	Avg	LG	TD
Largent	75	1224	16.3	57	9
McCullum	46	567	12.3	36	3
Smith	44	406	9.2	28	1
Hughes	35	263	7.5	22	2
Doornink	27	350	13.0	80	4
SEA	307	3727	12.1	80	21
OPP	294	3394	11.5	90	25

Interceptions	No	Yds	Avg	LG	TD
Harris	10	155	15.5	42	2
Easley	3	155	51.7	82	1
SEA	21	397	18.9	82	3
OPP	15	257	17.1	46	1

Punting	No	Yds	Avg	Net	TB	I20	LG	B
West	66	2578	39.1	36.1	2	16	56	0
SEA	68	2665	39.0	36.2	2	16	56	0
OPP	55	2337	42.5	35.3	5	14	63	0

Punt Returns	No	FC	Yds	Avg	LG	TD
Johns	16	4	177	11.1	34	0
Lewis	15	2	100	6.7	23	0
SEA	32	6	293	9.2	34	0
OPP	33	18	153	4.6	16	0

Kickoff Returns	No	Yds	Avg	LG	TD
Lewis	20	378	18.9	36	0
Ivory	15	281	18.7	32	0
SEA	69	1278	18.5	36	0
OPP	67	1177	17.6	35	0

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Zorn	397	236	2788	59.4	7.02	13	3.3	9	2.3	80	24/201	80.2
Krieg	112	64	843	57.1	7.53	7	6.3	5	4.5	57	11/85	83.3
SEA	524	307	3727	58.6	7.11	21	4.0	15	2.9	80	37/300	82.0
OPP	502	294	3394	58.6	6.76	25	5.0	21	4.2	90	36/260	78.2

Field Goals	1-19	20-29	30-39	40-49	50+
Herrera	0-0	6-6	3-4	2-5	1-2
Alvarez	0-0	3-3	0-0	0-4	0-0
SEA	0-0	9-9	3-4	2-9	1-2
OPP	1-1	8-9	9-10	4-6	1-3

Herrera: (37R) (43,22) (26,40R) ( ) (52L,20) (41,47S) ( ) ( ) (54) (37,48R) (25,30,23) (26,30)  
 Alvarez: ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( )  
 (43R,22,42R) (43B) (28,20) (42R)  
 OPP: (25,43S,40) (30) (34L) (30,38,43L) (47) ( ) (29,54,21,47,31,37) (34) (19,36) (49S,22L) (32) (37,24) (20) (26,50R) (33,43,24) ( )

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
Jackson	141	99	42	1.0	4	3	1
Easley	107	79	28	0.0	10	0	3
Butler	100	68	32	1.5	2	0	0
Harris	91	71	20	0.0	7	2	3
Green	87	72	15	12.0	1	5.5	1

Record (Finish): 6-10 (5th, AFC West)  
 Head Coach: Jack Patera (35-57, 380)  
 Assistants: Jack Christensen (DBs), Andy MacDonald (RBs), Jim Mora (DL), Howard Mudd (OL), Jerry Rhome (Off. Coach/QBs/WRs/TEs), Jackie Simpson (Def. Coach/LBs), Rusty Tillman (Sp. Teams)  
 Captains: WR Steve Largent (Off.), CB Keith Simpson (Def.), S Don Dufek (Sp. Teams)  
 MVP: WR Steve Largent  
 Pro Bowl: WR Steve Largent (3)  
 National Honors: S Kenny Easley (AFC Defensive Rookie of the Year), First-Team All-NFL  
 All-NFL: Kenny Easley

**OFFENSE**

Pos.		Starts
WR	Sam McCullum	14
LT	Ron Essink	16
LG	*Edwin Bailey	15
C	John Yarno	9
	Art Kuehn	7
RG	Bob Newton	15
RT	Steve August	16
TE	John Sawyer	16
WR	Steve Largent	16
QB	Jim Zorn	13
	Dave Krieg	3
RB	Sherman Smith	8
	Theotis Brown	7
FB	Dan Doornink	9
	Jim Jodat	5

**DEFENSE**

LE	Jacob Green	16
LT	Robert Hardy	14
RT	Doug Sutherland	6
	Manu Tuiaosopopo	5
	Mike White	5
RE	Manu Tuiaosopopo	11
LLB	Michael Jackson	15
MLB	Terry Beeson	7
	Joe Norman	7
RLB	Keith Butler	16
LCB	Keith Simpson	12
RCB	Dave Brown	10
	Kerry Justin	6
LS	*Kenny Easley	14
RS	John Harris	16

**SPECIAL TEAMS**

K	Efen Herrera	12
	Wilson Alvarez	4
P	Jeff West	15

\*Rookie or first-year player

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Miami	11	4	1	.719	345	275
N.Y. Jets*	10	5	1	.665	355	287
Buffalo*	10	6	0	.625	311	276
Baltimore	2	14	0	.125	259	533
New England	2	14	0	.125	322	370

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Cincinnati	12	4	0	.750	421	304
Pittsburgh	8	8	0	.500	356	297
Houston	7	9	0	.438	281	355
Cleveland	5	11	0	.313	276	375

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Diego	10	6	0	.625	478	390
Denver	10	6	0	.625	321	289
Kansas City	9	7	0	.563	343	290
Oakland	7	9	0	.438	273	343
Seattle	6	10	0	.375	322	388

\*= Wild Card team

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	12	4	0	.750	367	277
Philadelphia*	10	6	0	.625	368	221
N.Y. Giants*	9	7	0	.563	295	257
Washington	8	8	0	.500	347	349
St. Louis	7	9	0	.438	315	408

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Tampa Bay	9	7	0	.563	315	268
Detroit	8	8	0	.500	397	322
Green Bay	8	8	0	.500	324	361
Minnesota	7	9	0	.438	325	369
Chicago	6	10	0	.375	253	324

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	13	3	0	.813	357	250
Atlanta	7	9	0	.438	426	355
Los Angeles	6	10	0	.375	303	351
New Orleans	4	12	0	.250	207	378

## 1982 REVIEW (4-5)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot
09/12	L	21-7	Cleveland	55,907	SEA	9	37	28	53	---	127
09/19	L	23-21	at Houston	43,117	OPP	26	70	23	28	---	147
09/26			at New England	Cxl							
10/03			Kansas City	Cxl							
10/10			at San Diego	Cxl	N. Johnson	0	0	0	0	13-14	10-14 0 43
10/17			L.A. Raiders	Cxl	Largent	3	0	3	0	0	0 0 18
10/24			San Diego	Cxl	T. Brown	2	2	0	0	0	0 0 12
10/31			at Kansas City	Cxl	Carr	2	0	2	0	0	0 0 12
11/07			Denver	Cxl	Walker	2	0	2	0	0	0 0 12
11/14			at St. Louis	Cxl	SEA	14	4	9	1	13-14	10-14 0 127
11/21	W	17-10	at Denver	73,916	OPP	18	12	4	2	17-18	6-15 0 147
11/28	W	16-0	Pittsburgh	55,553							
12/05	L	28-23	at L.A. Raiders	42,170	Rushing						
12/12	W	20-14	Chicago	52,826	Smith	63	202	3.2	19	0	
12/19	L	16-0	New England	53,457	Doornink	45	178	4.0	46	0	
12/26	L	24-10	at Cincinnati	55,330	T. Brown	53	141	2.7	17	2	
01/02	W	13-11	Denver	43,145	Zorn	15	113	7.5	35	1	
					Hughes	30	106	3.5	13	0	
					SEA	227	795	3.5	46	4	
					OPP	337	1461	4.3	53	12	

Team Statistics	Sea	Opp	Interceptions	No	Yds	Avg	LG	TD
TOTAL FIRST DOWNS	159	167	Easley	4	48	12.0	44	0
Rushing	51	86	Harris	4	33	8.3	18	0
Passing	89	68	Jackson	2	29	14.5	28	0
Penalty	19	13	SEA	13	160	12.3	44	1
3rd Down: Made/Att.	43/130	50/126	OPP	13	88	6.8	39	1
3rd Down Pct.	33.1	39.7	Receiving					
4th Down: Made/Att.	6/12	5/8	Largent	34	493	14.5	45	3
4th Down Pct.	50.0	62.5	Doornink	22	176	8.0	44	0
POSSESSION AVG.	28:04	31:56	Smith	19	196	10.3	39	0
TOTAL NET YARDS	2594	2794	Carr	15	265	17.7	50	2
Avg. Per Game	288.2	310.4	Johns	15	234	15.6	35	1
Total Plays	589	600	Metzelaars	15	152	10.1	26	0
Avg. Per Play	4.4	4.7	SEA	176	2068	11.8	50	9
NET YARDS RUSHING	795	1461	OPP	138	1468	10.6	56	4
Avg. Per Game	88.3	162.3	Punting					
Total Rushes	227	337	West	48	1835	38.2	36.7	3 8 52 0
NET YARDS PASSING	1799	1333	SEA	49	1889	38.6	35.9	3 9 54 0
Avg. Per Game	199.9	148.1	OPP	50	2032	40.6	34.9	3 10 59 0
Sacked/Yards Lost	36/269	17/135	Punt Returns					
Gross Yards	2068	1468	Johns	19	10	210	11.1	37 0
Att./Completions	326/176	246/138	SEA	21	14	228	10.9	37 0
Completion Pct.	54.0	56.1	OPP	19	23	69	3.6	18 0
Had Intercepted	13	13	Kickoff Returns					
PUNTS/AVERAGE	49/38.6	50/40.6	Ivory	10	224	22.4	30	0
NET PUNTING AVG.	35.9	34.9	Lane	11	172	15.6	32	0
PENALTIES/YARDS	59/523	44/406	SEA	29	544	18.8	32	0
FUMBLES/BALL LOST	21/11	18/9	OPP					
TOUCHDOWNS	14	18						
Rushing	4	12						
Passing	9	4						
Returns	1	2						
TOTAL POINTS	127	147						

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Zorn	245	126	1540	51.4	6.29	7	2.9	11	4.5	50	20/152	62.1
Krieg	78	49	501	62.8	6.42	2	2.6	2	2.6	44	16/117	79.0
SEA	326	176	2068	54.0	6.34	9	2.8	13	4.0	50	36/269	66.1
OPP	246	138	1468	56.1	5.97	4	1.6	13	5.3	56	17/135	57.1

Field Goals	1-19	20-29	30-39	40-49	50+
N. Johnson	0-0	3-4	5-6	2-3	0-1
SEA	0-0	3-4	5-6	2-3	0-1
OPP	0-0	4-5	2-3	0-6	0-1

N. Johnson: ( ) ( ) (37R,41R,23R,25) (35,48,29)  
 (30) (30,34) (52B) (43) (22,34)  
 OPPONENTS: (45B,26B,42L) (24) (21) ( ) (42L)  
 (50R) (21,41B,37,48L,23) (34) (39L,44B)

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
Jackson	64	40	24	0.0	5	0	1
Easley	56	49	7	1.0	3	1	1
D. Brown	51	40	11	1.0	2	0	2
Scholtz	48	36	12	1.0	3	1	1
Simpson	46	42	4	0.0	3	0	0
Butler	45	36	9	2.0	1	0	0

Record (Finish): 4-5 (T8th, AFC). Season shortened to 9 games because of players' strike. Top 8 in AFC & NFC made playoffs.

Head Coach: Jack Patera (35-59, .372) fired on October 13 after 2 games. Mike McCormack (4-3, .571)

Assistants: Jack Christensen (DBs), Frank Lauterbur (DL), Andy MacDonald (RBs), Howard Mudd (OL), Jerry Rhome (Off. Coach/QBs/WRs/TEs), Jackie Simpson (Def. Coach/LBs), Rusty Tillman (Sp. Teams)  
 Captains: WR Steve Largent (Off.), CB Keith Simpson (Def.), S Don Dufek (Sp. Teams)

MVP: SS Kenny Easley

Pro Bowl: SS Kenny Easley (1)

National Honors: None

First-Team All-NFL: SS Kenny Easley (PFW, NEA, Football Digest)

**OFFENSE**

Pos.		Starts
WR	Paul Johns	7
	Roger Carr	2
LT	Ron Essink	7
	Dennis Boyd	2
LG	Edwin Bailey	7
C	John Yarno	9
RG	Robert Pratt	9
RT	Steve August	7
TE	Mike Tice	9
WR	Steve Largent	8
QB	Jim Zorn	7
	Dave Krieg	2
RB	Sherman Smith	8
FB	Dan Doornink	5
	David Hughes	3

**DEFENSE**

LE	Jacob Green	9
LT	Robert Hardy	8
RT	Manu Tuiaosopopo	8
RE	*Jeff Bryant	9
LLB	*Bruce Scholtz	9
MLB	Michael Jackson	8
RLB	Keith Butler	8
LCB	Keith Simpson	8
RCB	Dave Brown	9
LS	Kenny Easley	8
RS	John Harris	9

**SPECIAL TEAMS**

K	*Norm Johnson	9
P	Jeff West	9

\*Rookie or first-year player

**AFC**

	W	L	T	Pct.	Pts.	Opp.
L.A. Raiders	8	1	0	.889	260	200
Miami	7	2	0	.778	198	131
Cincinnati	7	2	0	.778	232	177
Pittsburgh	6	3	0	.667	204	146
San Diego	6	3	0	.667	288	221
N.Y. Jets	6	3	0	.667	245	166
New England	5	4	0	.556	143	157
Cleveland	4	5	0	.444	140	182
Buffalo	4	5	0	.444	150	154
Seattle	4	5	0	.444	127	147
Kansas City	3	6	0	.333	176	184
Denver	2	7	0	.222	148	226
Houston	1	8	0	.111	136	245
Baltimore	0	8	1	.056	113	236

**NFC**

	W	L	T	Pct.	Pts.	Opp.
Washington	8	1	0	.889	190	128
Dallas	6	3	0	.667	226	145
Green Bay	5	3	1	.611	226	169
Minnesota	5	4	0	.556	187	198
Atlanta	5	4	0	.556	183	199
St. Louis	5	4	0	.556	135	170
Tampa Bay	5	4	0	.556	158	178
Detroit	4	5	0	.444	181	176
New Orleans	4	5	0	.444	129	160
N.Y. Giants	4	5	0	.444	164	160
San Francisco	3	6	0	.333	209	206
Chicago	3	6	0	.333	141	174
Philadelphia	3	6	0	.333	191	195
L.A. Rams	2	7	0	.222	200	250

As the result of a 57-day players' strike, the 1982 NFL regular season schedule was reduced from 16 weeks to 9. At the conclusion of the regular season, the NFL conducted a 16-team postseason Super Bowl Tournament. Eight teams from each conference were seeded 1-8 based on their records during the season.

## 1983 REVIEW (9-7; 2-1 PLAYOFFS)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot		
09/04	L	17-13	at Kansas City	42,531	SEA	67	99	102	132	3	403		
09/11	W	17-10	at N.Y. Jets	50,066	OPP	69	134	56	138	0	397		
09/18	W	34-31	San Diego	61,714									
09/25	L	27-17	Washington	60,718	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
10/02	W	24-9	at Cleveland	75,446	N. Johnson	0	0	0	0	49-50	18-25	0	103
10/09	L	28-21	at San Diego	49,132	Warner	14	13	1	0	0	0	0	84
10/16	W	38-36	L.A. Raiders	60,697	Largent	11	0	11	0	0	0	0	66
10/23	L	27-21	Pittsburgh	61,615	Johns	5	0	4	1	0	0	0	30
10/30	W	34-21	at L.A. Raiders	49,708	SEA	50	19	25	6	49-50	18-25	0	403
11/06	W	27-19	Denver	61,189	OPP	48	14	33	1	43-48	20-26	3	397
11/13	L	33-28	at St. Louis	33,280									
11/20	L	38-27	at Denver	74,710	Rushing		Att	Yds	Avg	LG	TD		
11/27	W	51-48	Kansas City (OT)	56,795	Warner		335	1449	4.3	60	13		
12/04	L	35-10	Dallas	63,352	Hughes		83	313	3.8	26	1		
12/11	W	17-12	at N.Y. Giants	48,942	Doornink		40	99	2.5	9	2		
12/18	W	24-6	New England	59,688	SEA		546	2119	3.9	60	19		
					OPP		511	2198	4.3	37	14		

## POSTSEASON

12/24	W	31-7	Denver (AFC Wild Card Game)	60,753	Receiving		No	Yds	Avg	LG	TD		
12/31	W	27-20	at Miami (AFC Divisional Playoff)	71,032	Largent		72	1074	14.9	46	11		
01/08	L	30-14	at L.A. Raiders (AFC Championship)	88,734	Warner		42	325	7.7	28	1		
					Young		36	529	14.7	47	2		
					Johns		34	486	14.3	30	4		
					SEA		251	3316	13.2	50	25		
					OPP		311	4182	13.4	78	33		

Team Statistics	Sea	Opp
TOTAL FIRST DOWNS	300	351
Rushing	131	128
Passing	153	195
Penalty	16	28
3rd Down: Made/Att.	96/218	95/214
3rd Down Pct.	44.0	44.4
4th Down: Made/Att.	4/10	4/10
4th Down Pct.	40.0	40.0
POSSESSION AVG.	29:52	30:08
TOTAL NET YARDS	5092	6029
Avg. Per Game	318.3	376.8
Total Plays	1032	1075
Avg. Per Play	4.9	5.6
NET YARDS RUSHING	2119	2198
Avg. Per Game	132.4	137.4
Total Rushes	546	511
NET YARDS PASSING	2973	3831
Avg. Per Game	185.8	239.4
Sacked/Yards Lost	47/343	43/351
Gross Yards	3316	4182
Att./Completions	449/251	521/3111
Completion Pct.	55.9	59.7
Had Intercepted	18	26
PUNTS/AVERAGE	79/39.5	68/40.2
NET PUNTING AVG.	34.6	34.2
PENALTIES/YARDS	102/890	91/725
FUMBLES/BALL LOST	36/20	44/28
TOUCHDOWNS	50	48
Rushing	19	14
Passing	25	33
Returns	6	1
TOTAL POINTS	403	397

Punt Returns	No	FC	Yds	Avg	LG	TD
Johns	28	5	316	11.3	75t	1
SEA	34	6	366	10.8	75t	1
OPP	36	16	185	5.1	18	0

Kickoff Returns	No	Yds	Avg	LG	TD
Dixon	49	1148	23.4	94	1
Hughes	12	282	23.5	35	1
SEA	71	1575	22.2	94	1
OPP	59	952	16.1	45	0

Interceptions	No	Yds	Avg	LG	TD
Easley	7	96	13.2	38	0
D. Brown	6	83	13.8	37	0
Simpson	4	39	9.7	14	0
SEA	26	353	13.6	73	2
OPP	18	279	15.5	40	1

Punting	No	Yds	Avg	Net	TB	I20	LG	B
West	79	3115	39.5	34.6	10	25	56	0
SEA	79	3115	39.5	34.6	10	25	56	0
OPP	68	2754	40.5	34.2	3	14	58	0

Field Goals	1-19	20-29	30-39	40-49	50+
N. Johnson	1-1	4-4	4-7	8-10	1-3
SEA	1-1	4-4	4-7	8-10	1-3
OPP	2-2	5-6	6-7	7-9	0-1

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Krieg	243	147	2139	60.5	8.80	18	7.4	11	4.5	50	38/279	95.0
Zorn	205	103	1166	50.2	5.69	7	3.4	7	3.4	43	9/64	64.8
SEA	449	251	3316	55.9	7.38	25	5.6	18	4.0	50	47/34	81.3
OPP	521	311	4182	59.7	8.03	33	6.3	26	5.0	78	43/35	85.6

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
Scholtz	104	84	20	1.5	6	3	1
Robinson	96	65	31	1.5	0	2	4
Harris	93	67	26	3.0	8	0	3
Easley	84	58	26	3.0	8	1	3
Butler	81	61	20	0.0	1	0	2

**Record (Finish):** 9-7 (2nd, AFC). First playoff appearance. Won 2 games then lost AFC Championship Game at L.A. Raiders, 30-14.

**Head Coach:** Chuck Knox (9-7, .563)

**Assistants:** Tom Catlin (Asst. Head Coach/Def. Coord./LBs), Ray Prochaska (Off. Coord./OL), George Dyer (DL), Chick Harris (RBs), Ralph Hawkins (DBs), Ken Meyer (QBs), Steve Moore (WRs), Rusty Tillman (Sp. Teams/TEs), Joe Vitt (Sp. Assign.)

**Captains:** WR Steve Largent (Off.), CB Dave Brown (Def.), RB Eric Lane (Sp. Teams)

**MVP:** RB Curt Warner

**Pro Bowl:** SS Kenny Easley (2), RB Curt Warner (1),

**National Honors:** Chuck Knox, NFL Coach of the Year (SGH), SS Kenny Easley, AFC Defensive Player of the Year (FB News), RB Curt Warner, AFC Offensive Player of Year (UPI, NFLPA, WNTDC), First-Team All-NFL: SS Kenny Easley (NEA, PFWA, PFW)

**OFFENSE**

Pos.	Player	Starts
WR	Paul Johns	9
LT	Ron Essink	16
LG	Reggie McKenzie	14
C	Blair Bush	16
RG	Robert Pratt	16
RT	Steve August	15
TE	Pete Metzelaars	7
WR	Steve Largent	14
QB	Jim Zorn	8
	Dave Krieg	8
RB	*Curt Warner	16
FB	David Hughes	6

**DEFENSE**

LE	Jacob Green	16
NT	Manu Tuiaosopo	8
	Joe Nash	8
RE	Jeff Bryant	16
LOLB	Bruce Scholtz	16
LILB	Shelton Robinson	15
RILB	Keith Butler	16
ROLB	Michael Jackson	9
	Greg Gaines	6
LCB	Kerry Justin	10
RCB	Dave Brown	16
SS	Kenny Easley	15
FS	John Harris	16

**SPECIAL TEAMS**

K	Norm Johnson	16
P	Jeff West	16

\*Rookie or first-year player

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Miami	12	4	0	.750	389	250
New England	8	8	0	.500	274	289
Buffalo	8	8	0	.500	283	351
Baltimore	7	9	0	.438	264	354
N.Y. Jets	7	9	0	.438	313	331

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	10	6	0	.625	355	303
Cleveland	9	7	0	.563	356	342
Cincinnati	7	9	0	.438	346	302
Houston	2	14	0	.125	288	460

WESTERN	W	L	T	Pct.	Pts.	Opp.
L.A. Raiders	12	4	0	.750	442	338
Seattle*	9	7	0	.563	403	397
Denver*	9	7	0	.563	302	327
San Diego	6	10	0	.375	358	462
Kansas City	6	10	0	.375	386	367

\*= Wild Card team

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Washington	14	2	0	.875	541	332
Dallas*	12	4	0	.750	479	360
St. Louis	8	7	1	.531	374	428
Philadelphia	5	11	0	.313	233	322
N.Y. Giants	3	12	1	.219	267	347

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Detroit	9	7	0	.563	347	286
Green Bay	8	8	0	.500	429	439
Chicago	8	8	0	.500	311	301
Minnesota	8	8	0	.500	316	348
Tampa Bay	2	14	0	.125	241	380

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	10	6	0	.625	432	293
L.A. Rams*	9	7	0	.563	361	344
New Orleans	8	8	0	.500	319	337
Atlanta	7	9	0	.438	370	389

## 1984 REVIEW (12-4; 1-1 PLAYOFFS)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot		
09/03	W	33-0	Cleveland	59,540	SEA	92	135	100	91	--	418		
09/09	W	31-17	San Diego	61,314	OPP	60	86	62	74	--	282		
09/16	L	38-23	at New England	43,140									
09/23	W	38-9	Chicago	61,520	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
09/30	W	20-12	at Minnesota	57,171	Johnson	0	0	0	0	50-51	20-24	0	110
10/07	L	28-14	at L.A. Raiders	77,904	Largent	12	0	12	0	0	0	0	72
10/14	W	31-28	Buffalo	59,034	Turner	10	0	10	0	0	0	0	60
10/21	W	28-24	at Green Bay (Mil)	52,286	Lane	5	4	1	0	0	0	0	30
10/29	W	24-0	at San Diego	53,974	SEA	51	10	32	9	50-51	20-24	1	418
11/04	W	45-0	Kansas City	61,396	OPP	34	11	18	5	34-34	14-22	1	282
11/12	W	17-14	L.A. Raiders	64,001									
11/18	W	26-6	at Cincinnati	50,280	Rushing		Att	Yds	Avg	LG	TD		
11/25	W	27-24	at Denver	74,922	Hughes		94	327	3.5	14	1		
12/02	W	38-17	Detroit	62,441	Lane		80	299	3.7	40	4		
12/09	L	34-7	at Kansas City	34,855	Doornink		57	215	3.8	25	0		
12/15	L	31-14	Denver	64,411	SEA		495	1645	3.3	40	10		
					OPP		475	1789	3.8	25	11		

## POSTSEASON

12/22	W	13-7	L.A. Raiders (AFC Wild Card Game)	62,049	Receiving	No	Yds	Avg	LG	TD
					Largent	74	1164	15.7	65	12
12/29	L	31-10	at Miami (AFC Divisional Playoff)	73,469	Turner	35	715	20.4	80	10
					C.Young	33	337	10.2	31	1
					Doornink	31	365	11.8	32	2

Team Statistics	Sea	Opp	SEA	283	3751	13.3	80	32			
TOTAL FIRST DOWNS	287	288	OPP	265	3572	13.5	92	18			
Rushing	94	99									
Passing	171	160	Interceptions	No	Yds	Avg	LG	TD			
Penalty	22	29	Easley	10	126	12.6	58	2			
3rd Down: Made/Att.	84/222	73/214	Brown	8	179	22.4	90	2			
3rd Down Pct.	37.8	34.1	SEA	38	697	18.3	90	7			
4th Down: Made/Att.	4/9	9/20	OPP	26	333	12.8	42	3			
4th Down Pct.	44.4	45.0									
POSSESSION AVG.	30:46	29:14	Kickoff Returns	No	Yds	Avg	LG	TD			
TOTAL NETYARDS	5068	4963	Dixon	25	446	17.8	36	0			
Avg. Per Game	316.8	310.2	Hughes	17	348	20.5	38	0			
Total Plays	1034	1051	SEA	54	1007	18.6	38	0			
Avg. Per Play	4.9	4.7	OPP	67	1116	16.7	46	0			
NETYARDS RUSHING	1645	1789									
Avg. Per Game	102.8	111.8	Punt Returns	No	FC	Yds	Avg	LG	TD		
Total Rushes	495	475	Easley	16	5	194	12.1	42	0		
NETYARDS PASSING	3423	3174	Skansi	16	2	145	9.1	16	0		
Avg. Per Game	213.9	198.4	SEA	44	11	484	11.0	47	1		
Sacked/Yards Lost	42/328	55/398	OPP	32	39	205	6.4	65	1		
Gross Yards	3751	3572									
Att./Completions	497/283	521/265	Punting	No	Yds	Avg	Net	TB	I20	LG	B
Completion Pct.	56.9	50.9	West	95	3567	37.5	33.3	10	24	60	0
Had Intercepted	26	38	SEA	95	3567	37.5	33.3	10	24	60	0
PUNTS/AVERAGE	95/37.5	83/40.3	OPP	83	3345	40.3	33.0	6	14	63	4
NET PUNTING AVG.	33.3	33.0									
PENALTIES/YARDS	128/1179	114/883	Field Goals	1-19	20-29	30-39	40-49	50+			
FUMBLES/BALL LOST	24/13	47/25	Johnson	0-0	9-10	4-4	6-7	1-3			
TOUCHDOWNS	51	34	SEA	0-0	9-10	4-4	6-7	1-3			
Rushing	10	11	OPP	0-0	4-5	5-8	5-9	0-0			
Passing	32	18									
Returns	9	5									
TOTAL POINTS	418	282									

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Krieg	480	276	3671	57.5	7.65	32	6.7	24	5.0	80	40/314	83.3
SEA	497	283	3751	56.9	7.55	32	6.4	26	5.2	80	42/328	80.6
OPP	521	265	3572	50.9	6.86	18	3.5	38	7.3	92	55/398	54.2

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
Robinson	93	65	28	0.5	4	0	4
K. Butler	89	68	21	1.0	4	0	2
Gaines	88	61	27	3.5	3	0	2
Nash	82	58	24	7.0	1	1	3

**Record (Finish):** 12-4 (2nd, AFC West). Lost divisional playoff at Miami 31-10.  
**Head Coach:** Chuck Knox (21-11, .656)  
**Assistants:** Tom Catlin (Asst. Head Coach/ Def. Coord./LBs), Ray Prochaska (Off. Coord./OL), George Dyer (DL), Chick Harris (RBs), Ralph Hawkins (DBs), Ken Meyer (QB), Steve Moore (WRs), Rusty Tillman (Sp. Teams/TEs), Joe Vitt (Sp. Assign.)  
**Captains:** TE Charle Young (Off.), CB Dave Brown (Def.), RB Eric Lane (Sp. Teams)  
**MVP:** SS Kenny Easley

**Pro Bowl:** CB Dave Brown (1), SS Kenny Easley (3), K Norm Johnson (1), QB Dave Krieg (1), WR Steve Largent (4), NT Joe Nash (1), Sp. Fredd Young (1)

**National Honors:** Chuck Knox, NFL Coach of the Year (AP, SN, SGH), SS Kenny Easley, NFL Def. Player of the Year (AP, PFWA)

**First-Team All-NFL:** CB Dave Brown (Films), SS Kenny Easley (AP, SI, PFW, PFWA, SN, NEA, Films), DE Jacob Green (SN), K Norm Johnson (AP, PFWA, SN, PFW), WR Steve Largent (Films), NT Joe Nash (AP, Films, PFW), Sp. Fredd Young (Films, PFW)

**OFFENSE**

Pos.	Starts
WR *Daryl Turner	8
LT Ron Essink	16
LG Reggie McKenzie	8
Edwin Bailey	8
C Blair Bush	16
RG Robert Pratt	16
RT Bob Cryder	10
TE Charle Young	13
Mike Tice	8
WR Steve Largent	16
QB Dave Krieg	16
RB Eric Lane	7
Curt Warner	1
FB Franco Harris	6
David Hughes	6

**DEFENSE**

LE Jacob Green	16
NT Joe Nash	16
RE Jeff Bryant	16
LOLB Bruce Scholtz	16
LILB Shelton Robinson	16
RILB Keith Butler	16
ROLB Greg Gaines	11
LCB Keith Simpson	15
RCB Dave Brown	16
SS Kenny Easley	16
FS John Harris	16

**SPECIAL TEAMS**

K Norm Johnson	16
P Jeff West	16

\*Rookie or first-year player

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Miami	14	2	0	.875	513	298
New England	9	7	0	.563	362	352
N.Y. Jets	7	9	0	.438	332	364
Indianapolis	4	12	0	.250	239	414
Buffalo	2	14	0	.125	250	454

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	9	7	0	.563	387	310
Cincinnati	8	8	0	.500	339	339
Cleveland	5	11	0	.313	250	297
Houston	3	13	0	.188	240	437

WESTERN	W	L	T	Pct.	Pts.	Opp.
Denver	13	3	0	.813	353	241
Seattle*	12	4	0	.750	418	282
L.A. Raiders*	11	5	0	.688	368	278
Kansas City	8	8	0	.500	314	324
San Diego	7	9	0	.438	394	413

\*= Wild Card team

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Washington	11	5	0	.688	426	310
N.Y. Giants*	9	7	0	.563	299	301
St. Louis	9	7	0	.563	423	345
Dallas	9	7	0	.563	308	308
Philadelphia	6	9	1	.406	278	320

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Chicago	10	6	0	.625	325	248
Green Bay	8	8	0	.500	390	309
Tampa Bay	6	10	0	.375	335	380
Detroit	4	11	1	.281	283	408
Minnesota	3	13	0	.188	276	484

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	15	1	0	.938	475	227
L.A. Rams*	10	6	0	.625	346	316
New Orleans	7	9	0	.438	298	361
Atlanta	4	12	0	.250	281	382

## 1985 REVIEW (8-8)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot		
09/08	W	28-24	at Cincinnati	51,625	SEA	43	116	90	100	0	349		
09/15	W	49-35	at San Diego	54,420	OPP	47	78	63	112	3	303		
09/23	L	35-24	L.A. Rams	63,292									
09/29	L	28-7	at Kansas City	50,485	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
10/06	W	26-21	San Diego	61,300	Johnson	0	0	0	0	40-41	14-25	0	82
10/13	W	30-26	Atlanta	60,430	Turner	13	0	13	0	0	0	0	78
10/20	L	13-10	at Denver (OT)	74,899	Warner	9	8	1	0	0	0	0	54
10/27	L	17-14	at N.Y. Jets	69,320	Largent	6	0	6	0	1-1	0	0	37
11/03	W	33-3	L.A. Raiders	64,060	SEA	44	9	28	7	41-44	14-25	1	349
11/10	W	27-3	at New Orleans	47,365	OPP	35	12	22	1	31-35	20-28	1	303
11/17	L	20-13	New England	60,345									
11/25	L	19-6	at San Francisco	57,482	Rushing		Att	Yds	Avg	LG	TD		
12/01	W	24-6	Kansas City	52,655	Warner		291	1094	3.8	38	8		
12/08	W	31-13	Cleveland	58,477	Morris		55	236	4.3	21	0		
12/15	L	13-3	at L.A. Raiders	77,425	Hughes		40	128	3.2	9	0		
12/20	L	27-24	Denver	56,283	Krieg		35	121	3.5	17	1		
					SEA		462	1644	3.6	38	9		
					OPP		473	1837	3.9	43	12		

Team Statistics	Sea	Opp	Receiving	No	Yds	Avg	LG	TD			
TOTAL FIRST DOWNS	299	290	Largent	79	1287	16.3	43	6			
Rushing	96	90	Warner	47	307	6.5	27	1			
Passing	179	179	Turner	34	670	19.7	54	13			
Penalty	24	21	C. Young	28	351	12.5	32	2			
3rd Down: Made/Att.	96/244	72/218	Skansi	21	269	12.8	32	1			
3rd Down Pct.	39.3	33.0	Walker	19	285	15.0	28	2			
4th Down: Made/Att.	10/17	9/13	SEA	304	3820	12.6	54	28			
4th Down Pct.	58.8	69.2	OPP	273	3787	13.9	71	22			
POSSESSION AVG.	30:13	29:47	Interceptions								
TOTAL NET YARDS	5007	5160	Harris	7	20	2.9	17	0			
Avg. Per Game	312.9	322.5	Brown	6	58	9.7	28	1			
Total Plays	1090	1030	Taylor	4	75	18.8	75	1			
Avg. Per Play	4.6	5.0	SEA	24	272	11.3	75	3			
NET YARDS RUSHING	1644	1837	OPP	23	389	16.9	83	1			
Avg. Per Game	102.8	114.8	Punting								
Total Rushes	462	473	No	Yds	Avg	Net	TB	I20	LG	B	
NET YARDS PASSING	3363	3323	Finzer	68	2766	40.7	34.6	6	12	61	0
Avg. Per Game	210.2	207.7	Colquitt	12	481	40.1	34.3	2	3	55	0
Sacked/Yards Lost	53/457	61/464	West	11	420	38.2	28.3	3	0	52	0
Gross Yards	3820	3787	SEA	91	3667	40.3	33.8	11	15	61	0
Att./Completions	575/304	496/273	OPP	97	4081	42.1	34.6	12	22	62	2
Completion Pct.	52.9	55.0	Punt Returns								
Had Intercepted	23	24	No	FC	Yds	Avg	LG	TD			
PUNTS/AVERAGE	91/40.3	97/42.1	Skansi	31	7	312	10.1	32	0		
NET PUNTING AVG.	33.8	34.6	Easley	8	0	87	10.9	25	0		
PENALTIES/YARDS	102/827	106/840	SEA	53	11	483	9.1	32	0		
FUMBLES/BALL LOST	34/18	39/20	OPP	47	14	374	8.0	19	0		
TOUCHDOWNS	44	35									
Rushing	9	12									
Passing	28	22									
Returns	7	1									
TOTAL POINTS	349	303									

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Krieg	532	285	3602	53.6	6.77	27	5.1	20	3.8	54	52/448	76.2
Gilbert	40	19	218	47.5	5.45	1	2.5	2	5.0	37	1/9	51.9
SEA	575	304	3820	52.9	6.64	28	4.9	23	4.0	54	53/457	73.4
OPP	496	273	3787	55.0	7.64	22	4.4	24	4.8	71	61/464	74.4

Kickoff Returns	No	Yds	Avg	LG	TD
Morris	31	636	20.5	58	0
Skansi	19	358	18.8	35	0
SEA	58	1166	20.1	58	0
OPP	47	918	19.5	63	0

Field Goals	1-19	20-29	30-39	40-49	50+
Johnson	0-0	5-5	7-9	1-8	1-3
SEA	0-0	5-5	7-9	1-8	1-3
OPP	0-0	10-11	4-7	5-7	1-3

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
F.Young	118	93	25	3.0	2	0	1
K. Butler	108	71	37	0.0	3	2	3
Green	92	60	32	13.5	1	7	2
Nash	87	67	20	9.0	0	0	2
Easley	79	62	17	2.0	7	0	3
Bryant	73	49	24	8.5	4	0	4

Record (Finish): 8-8 (3rd, AFC West).  
 Head Coach: Chuck Knox (29-19, .604)  
 Assistants: Tom Catlin (Asst. Head Coach/Def. Coord./LBs), Ray Prochaska (Off. Coord.), George Dyer (DL), Chick Harris (RBs), Ralph Hawkins (DBs), Ken Meyer (QBs), Steve Moore (WRs), Kent Stephenson (OL), Rusty Tillman (Sp. Teams/TEs), Joe Vitt (Sp. Assign.)  
 Captains: WR Steve Largent (Off.), CB Dave Brown (Def.), RB Eric Lane (Sp. Teams)  
 MVP: WR Steve Largent  
 Pro Bowl: SS Kenny Easley (4), WR Steve Largent (5), Sp. Fredd Young (2)  
 National Honors: RB Curt Warner, Comeback Player of the Year (SI)  
 First-Team All-NFL: SS Kenny Easley (AP, PFWA, NEA), WR Steve Largent (AP, PFWA, SI, C&PFN)

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Miami	12	4	0	.750	428	320
N.Y. Jets*	11	5	0	.688	393	264
New England*	11	5	0	.688	362	290
Indianapolis	5	11	0	.313	320	386
Buffalo	2	14	0	.125	200	381

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Cleveland	8	8	0	.500	287	294
Cincinnati	7	9	0	.438	441	437
Pittsburgh	7	9	0	.438	379	355
Houston	5	11	0	.313	284	412

WESTERN	W	L	T	Pct.	Pts.	Opp.
L.A. Raiders	12	4	0	.750	354	308
Denver	11	5	0	.688	380	329
Seattle	8	8	0	.500	349	303
San Diego	8	8	0	.500	467	435
Kansas City	6	10	0	.375	317	360

\*Wild Card team

**OFFENSE**

Pos.		Starts
WR	Daryl Turner	12
LT	Ron Essink	12
LG	Edwin Bailey	16
C	Blair Bush	16
RG	Robert Pratt	12
RT	Steve August	6
TE	Charle Young	14
QB	Dave Krieg	16
RB	Curt Warner	16
FB	David Hughes	10
	Eric Lane	3

**DEFENSE**

LE	Jacob Green	16
NT	Joe Nash	16
RE	Jeff Bryant	16
LOLB	Bruce Scholtz	16
LILB	Fredd Young	13
RILB	Keith Butler	16
ROLB	Michael Jackson	16
LCB	Terry Taylor	16
RCB	Dave Brown	16
SS	Kenny Easley	13
FS	John Harris	16

**SPECIAL TEAMS**

K	Norm Johnson	16
P	David Finzer	12
	Jeff West	2
	Jimmy Colquitt	2

\*Rookie or first-year player

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	10	6	0	.625	357	333
N.Y. Giants*	10	6	0	.625	399	283
Washington	10	6	0	.625	297	312
Philadelphia	7	9	0	.438	286	310
St. Louis	5	11	0	.313	278	414

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Chicago	15	1	0	.938	456	198
Green Bay	8	8	0	.500	337	355
Minnesota	7	9	0	.438	346	359
Detroit	7	9	0	.438	307	366
Tampa Bay	2	14	0	.125	294	448

WESTERN	W	L	T	Pct.	Pts.	Opp.
L.A. Rams	11	5	0	.688	340	277
San Francisco*	10	6	0	.625	411	263
New Orleans	5	11	0	.313	294	401
Atlanta	4	12	0	.250	282	452

## 1986 REVIEW (10-6)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot		
09/07	W	30-0	Pittsburgh	61,461	SEA	69	96	80	121	0	366		
09/14	W	23-17	Kansas City	61,068	OPP	60	103	52	78	0	293		
09/21	W	38-31	at New England	58,977									
09/28	L	19-14	at Washington	54,157									
10/06	W	33-7	San Diego	63,207	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
10/12	L	14-10	at L.A. Raiders	70,635	N. Johnson	0	0	0	0	42-42	22-35	0	108
10/19	W	17-12	N.Y. Giants	62,282	Warner	13	13	0	0	0	0	0	78
10/26	L	20-13	at Denver	76,089	Largent	9	0	9	0	0	0	0	54
11/02	L	38-7	N.Y. Jets	62,497	Turner	7	0	7	0	0	0	0	42
11/09	L	27-7	at Kansas City	53,268	R. Butler	4	0	4	0	0	0	0	24
11/16	L	34-7	at Cincinnati	54,410	SEA	43	15	24	4	42-43	22-35	0	366
11/23	W	24-20	Philadelphia	55,786	OPP	34	12	20	2	32-34	19-28	0	293
11/27	W	31-14	at Dallas	58,020	Rushing								
12/08	W	37-0	L.A. Raiders	62,923	Warner		319	1481	4.6		60	13	
12/14	W	34-24	at San Diego	47,096	Williams		129	538	4.2		36	0	
12/20	W	41-16	Denver	63,697	Morris		19	149	7.8		49	1	
					Krieg		35	122	3.5		19	1	

Team Statistics	Sea	Opp	SEA	OPP	Receiving	No	Yds	Avg	LG	TD
TOTAL FIRST DOWNS	291	310	SEA	OPP		513	2300	4.5	60	15
Rushing	123	93				471	1759	3.7	25	12
Passing	158	192								
Penalty	10	25				70	1070	15.3	38	9
3rd Down: Made/Att.	96/221	84/225				41	342	8.3	26	0
3rd Down Pct.	43.4	37.3				33	547	16.6	49	2
4th Down: Made/Att.	0/6	6/18				33	219	6.6	23	0
4th Down Pct.	0.0	33.3				22	271	12.3	39	0
POSSESSION AVG.	29:46	30:14				19	351	18.5	67	4
TOTAL NETYARDS	5409	5341				18	334	18.6	72	7
Avg. Per Game	338.1	333.8				268	3424	12.8	72	24
Total Plays	1005	1053				301	3888	12.9	83	20
Avg. Per Play	5.4	5.1								
NETYARDS RUSHING	2300	1759								
Avg. Per Game	143.8	109.9								
Total Rushes	513	471								
NETYARDS PASSING	3109	3582								
Avg. Per Game	194.3	223.9								
Sacked/Yards Lost	39/315	47/306								
Gross Yards	3424	3888								
Att./Completions	453/268	535/301								
Completion Pct.	59.2	56.3								
Had Intercepted	14	22								
PUNTS/AVERAGE	79/38.6	81/40.4								
NET PUNTING AVG.	33.0	33.7								
PENALTIES/YARDS	98/813	81/652								
FUMBLES/BALL LOST	29/13	26/14								
TOUCHDOWNS	43	34								
Rushing	15	12								
Passing	24	20								
Returns	4	2								
TOTAL POINTS	366	293								

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Krieg	375	225	2921	60.0	7.79	21	5.6	11	2.9	72	35/281	91.0
Gilbert	76	42	485	55.3	6.38	3	3.9	3	3.9	38	4/34	71.4
SEA	453	268	3424	59.2	7.56	24	5.3	14	3.1	72	39/315	87.7
OPP	535	301	3888	56.3	7.27	20	3.7	22	4.1	83	47/306	74.6

Punt Returns	No	FC	Yds	Avg	LG	TD
Edmonds	34	14	419	12.3	75	1
SEA	39	14	457	11.7	75	1
OPP	38	21	298	7.8	28	0

Field Goals	1-19	20-29	30-39	40-49	50+
N. Johnson	0-0	6-8	8-9	3-11	5-7
SEA	0-0	6-8	8-9	3-11	5-7
OPP	0-0	4-4	10-13	3-8	2-3

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
Young	121	93	28	6.0	0	0	0
Robinson	99	81	18	0.0	10	0	3
K. Butler	96	66	30	1.0	5	1	0
Gaines	94	71	23	5.0	1	0	1
Scholtz	79	59	20	3.0	1	4	0

**Record (Finish):** 10-6 (3rd, AFC West)  
**Head Coach:** Chuck Knox (39-25, .609)  
**Assistants:** Tom Catlin (Asst. Head Coach/Def. Coord./LBs), Steve Moore (Off. Coord./WRs), George Dyer (DL), Chick Harris (RBs), Ralph Hawkins (DBs), Ken Meyer (QBs), Russ Purnell (Sp. Assign.), Kent Stephenson (OL), Rusty Tillman (Sp. Teams/TEs), Joe Vitt (Sp. Assign.)  
**Captains:** WR Steve Largent (Off.), CB Dave Brown (Def.), RB Eric Lane (Sp. Teams)  
**MVP:** RB Curt Warner  
**Pro Bowl:** KR Bobby Joe Edmonds (1), DE Jacob Green (1), WR Steve Largent (6), RB Curt Warner (2), LB Fredd Young (3)  
**National Honors:** RB Curt Warner, AFC Player of the Year (UPI)  
**First-Team All-NFL:** KR Bobby Joe Edmonds (AP, PFWA, SN, PFW, FD)

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
New England	11	5	0	.688	412	307
N.Y. Jets*	10	6	0	.625	364	386
Miami	8	8	0	.500	430	405
Buffalo	4	12	0	.250	287	348
Indianapolis	3	13	0	.188	229	400

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Cleveland	12	4	0	.750	391	310
Cincinnati	10	6	0	.625	409	394
Pittsburgh	6	10	0	.375	307	336
Houston	5	11	0	.313	274	329

WESTERN	W	L	T	Pct.	Pts.	Opp.
Denver	11	5	0	.688	378	327
Kansas City*	10	6	0	.625	358	326
Seattle	10	6	0	.625	366	293
L.A. Raiders	8	8	0	.500	323	346
San Diego	4	12	0	.250	335	396

\*= Wild Card team

**OFFENSE**

Pos.		Starts
WR	Daryl Turner	12
LT	*Ron Mattes	16
LG	Edwin Bailey	12
C	Blair Bush	7
	Will Grant	6
RG	Bryan Millard	16
RT	Mike Wilson	16
TE	Mike Tice	15
WR	Steve Largent	16
QB	Dave Krieg	14
	Gale Gilbert	2
RB	Curt Warner	16
FB	*John L. Williams	16

**DEFENSE**

LE	Jacob Green	16
NT	Joe Nash	11
RE	Jeff Bryant	12
LOLB	Bruce Scholtz	16
LILB	Fredd Young	15
RILB	Keith Butler	16
ROLB	Greg Gaines	15
LCB	Terry Taylor	15
RCB	Dave Brown	16
SS	Kenny Easley	10
	Paul Moyer	6
FS	Eugene Robinson	16

**SPECIAL TEAMS**

K	Norm Johnson	16
P	*Vince Gamache	16

\*Rookie or first-year player

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
N.Y. Giants	14	2	0	.875	371	236
Washington*	12	4	0	.750	368	296
Dallas	7	9	0	.438	346	337
Philadelphia	5	10	1	.344	256	312
St. Louis	4	11	1	.281	218	351

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Chicago	14	2	0	.875	352	187
Minnesota	9	7	0	.563	398	273
Detroit	5	11	0	.313	277	326
Green Bay	4	12	0	.250	254	418
Tampa Bay	2	14	0	.125	239	473

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	10	5	1	.656	374	247
L.A. Rams*	10	6	0	.625	309	267
Atlanta	7	8	1	.469	280	280
New Orleans	7	9	0	.438	288	287

## 1987 REVIEW (9-6; 0-1 PLAYOFFS)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot		
09/13	L	40-17	at Denver	75,999	SEA	79	132	95	65	---	371		
09/20	W	43-14	Kansas City	61,667	OPP	51	110	75	78	---	314		
09/27			at San Diego	Cxl									
10/04	W	24-20	Miami	19,448	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
10/11	L	17-10	Cincinnati	31,739	N. Johnson	0	0	0	0	40-40	15-20	0	85
10/18	W	37-14	at Detroit	8,310	Warner	10	8	2	0	0	0	0	60
10/25	W	35-13	at L.A. Raiders	52,735	Largent	8	0	8	0	0	0	0	48
11/01	W	28-17	Minnesota	61,134	Turner	6	0	6	0	0	0	0	36
11/09	L	30-14	at N.Y. Jets	60,452	SEA	46	13	31	2	44-46	17-22	0	371
11/15	W	24-13	Green Bay	60,693	OPP	36	14	20	2	35-36	21-26	0	314
11/22	W	34-3	San Diego	62,444	Rushing	Att	Yds	Avg	LG	TD			
11/30	L	37-14	L.A. Raiders	62,802	Warner	234	985	4.2	57	8			
12/06	L	13-9	at Pittsburgh	48,881	J. Williams	113	500	4.4	48	1			
12/13	W	28-21	Denver	61,759	Krieg	36	155	4.3	17	2			
12/20	W	34-21	at Chicago	62,518	SEA	496	2023	4.1	57	13			
12/27	L	41-20	at Kansas City	20,370	OPP	472	2201	4.7	91	14			

## POSTSEASON

01/03	L	23-20	at Houston (OT)	49,662
			(AFC Wild Card Game)	

Team Statistics	Sea	Opp
TOTAL FIRST DOWNS	301	297
Rushing	120	133
Passing	154	148
Penalty	27	16
3rd Down: Made/Att.	92/189	85/196
3rd Down Pct.	48.7	43.4
4th Down: Made/Att.	4/9	4/10
4th Down Pct.	44.4	40.0
POSSESSION AVG.	30:35	29:25
TOTAL NET YARDS	4735	5159
Avg. Per Game	315.7	343.9
Total Plays	937	954
Avg. Per Play	5.1	5.4
NET YARDS RUSHING	2023	2201
Avg. Per Game	134.9	146.7
Total Rushes	937	472
NET YARDS PASSING	2712	2958
Avg. Per Game	180.8	197.2
Sacked/Yards Lost	36/316	37/238
Gross Yards	3028	3196
Att./Completions	405/237	445/255
Completion Pct.	58.5	57.3
Had Intercepted	21	17
PUNTS/AVERAGE	61/38.9	63/39.1
NET PUNTING AVG.	33.1	32.7
PENALTIES/YARDS	79/668	104/890
FUMBLES/BALL LOST	32/16	38/21
TOUCHDOWNS	46	36
Rushing	13	14
Passing	31	20
Returns	2	2
TOTAL POINTS	371	314

Receiving	No	Yds	Avg	LG	TD
Largent	58	912	15.7	55	8
J. Williams	38	420	11.1	75	3
R. Butler	33	465	14.1	40	5
Skansi	19	207	10.9	25	1
SEA	237	3028	12.8	75	31
OPP	255	3196	12.5	81	20

Interceptions	No	Yds	Avg	LG	TD
Easley	4	47	11.8	22	0
Robinson	3	75	25.0	44	0
Jenkins	3	46	15.3	34	0
SEA	17	289	17.0	53	1
OPP	21	146	7.0	32	0

Punt Returns	No	FC	Yds	Avg	LG	TD
Edmonds	20	4	251	12.6	40	0
SEA	32	8	322	10.1	40	0
OPP	32	12	251	7.8	91	1

Punting	No	Yds	Avg	Net	TB	I20	LG	B
Rodriguez	47	1880	40.0	34.0	5	17	63	0
SEA	61	2370	38.9	33.1	5	18	63	0
OPP	63	2465	39.1	32.7	4	13	60	1

Kickoff Returns	No	Yds	Avg	LG	TD
Edmonds	27	564	20.9	43	0
Hollis	10	263	26.3	41	0
SEA	64	1236	19.3	43	0
OPP	67	1379	20.6	92	1

Field Goals	1-19	20-29	30-39	40-49	50+
N. Johnson	0-0	7-7	4-7	4-5	0-1
Hagler	0-0	2-2	0-0	0-0	0-0
SEA	0-0	9-9	4-7	4-5	0-1
OPP	0-0	7-7	9-9	5-8	0-2

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Krieg	294	178	2131	60.5	7.25	23	7.8	15	5.1	75	27/247	87.6
Mathison	76	36	501	47.4	6.59	3	3.9	5	6.6	47	6/49	54.8
Kemp	33	23	396	69.7	12.00	5	15.2	1	3.0	55	3/20	137.1
SEA	405	237	3028	58.5	7.48	31	7.7	21	5.2	75	36/316	85.9
OPP	445	255	3196	57.3	7.18	20	4.5	17	3.8	81	37/238	78.8

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
F.Young	99	78	21	9.0	5	5	4
Bosworth	78	64	14	4.0	3	2	2
Robinson	69	49	20	0.0	3	0	1
Bryant	52	40	12	4.0	0	1	1
J. Green	48	36	12	9.5	0	3	1

**Record (Finish):** 9-6 (2nd, AFC West). Lost wild card playoff at Houston 23-20 (OT).

**Head Coach:** Chuck Knox (48-31, .608)

**Assistants:** Tom Catlin (Asst. Head Coach/Def.

Coord./OLBs), Steve Moore (Off. Coord./WRs),

George Dyer (DL), Chick Harris (RBs), Ralph

Hawkins (DBs), Ken Meyer (QBs), Russ Purnell

(TEs/Asst. Sp. Teams), Kent Stephenson (OL),

Rusty Tillman (Sp. Teams/ILBs), Joe Vitt (Sp.

Assign.)

**Captains:** WR Steve Largent and RB Curt

Warner (Off.), S Kenny Easley (Def.), S Paul

Moyer (Sp. Teams)

**MVP:** WR Steve Largent

**Pro Bowl:** S Kenny Easley (5), DE Jacob Green

(2), WR Steve Largent (7), RB Curt Warner (3),

LB Freddie Young (4)

**National Honors:** None

**First-Team All-NFL:** WR Steve Largent (PFWA),

G Bryan Millard (Films), RB Curt Warner (SI,

NEA), LB Freddie Young (AP, PFWA, Films, SI,

PFW, SN, NEA)

**OFFENSE**

Pos.		Starts
WR	Daryl Turner	8
LT	Ron Mattes	12
LG	Edwin Bailey	12
C	Blair Bush	11
RG	Bryan Millard	12
RT	Mike Wilson	12
TE	Mike Tice	12
WR	Steve Largent	13
QB	Dave Krieg	12
RB	Curt Warner	12
FB	John L. Williams	10

**DEFENSE**

LE	Jacob Green	12
NT	Joe Nash	12
RE	Jeff Bryant	12
LOLB	Bruce Scholtz	7
	*Tony Woods	5
LILB	Freddie Young	13
RILB	*Brian Bosworth	12
ROLB	Greg Gaines	10
	*Tony Woods	2
LCB	Terry Taylor	12
RCB	Patrick Hunter	11
SS	Kenny Easley	11
FS	Eugene Robinson	12

**SPECIAL TEAMS**

K	Norm Johnson	13
P	Ruben Rodriguez	13

\*Rookie or first-year player

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Indianapolis	9	6	0	.600	300	238
New England	8	7	0	.533	320	293
Miami	8	7	0	.533	362	335
Buffalo	7	8	0	.467	270	305
N.Y. Jets	6	9	0	.400	280	312

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Cleveland	10	5	0	.677	390	239
Houston*	9	6	0	.600	345	349
Pittsburgh	8	7	0	.533	285	299
Cincinnati	4	11	0	.267	285	370

WESTERN	W	L	T	Pct.	Pts.	Opp.
Denver	10	4	1	.700	379	288
Seattle*	9	6	0	.600	371	314
San Diego	8	7	0	.533	253	317
L.A. Raiders	5	10	0	.333	301	289
Kansas City	4	11	0	.267	273	388

\*= Wild Card team

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Washington	11	4	0	.733	379	385
Dallas	7	8	0	.467	340	348
St. Louis	7	8	0	.467	362	268
Philadelphia	7	8	0	.467	337	380
N.Y. Giants	6	9	0	.400	280	312

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Chicago	11	4	0	.733	356	282
Minnesota*	8	7	0	.533	336	335
Green Bay	5	9	1	.367	255	300
Tampa Bay	4	11	0	.267	286	360
Detroit	4	11	0	.267	269	384

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	13	2	0	.867	459	253
New Orleans*	12	3	0	.800	422	283
L.A. Rams	6	9	0	.400	317	361
Atlanta	3	12	0	.200	205	436

## 1988 REVIEW (9-7; 0-1 PLAYOFFS)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot		
09/04	W	21-14	at Denver	75,986	SEA	58	124	83	74	----	339		
09/11	W	31-10	Kansas City	61,512	OPP	75	90	72	92	----	329		
09/18	L	17-6	at San Diego	44,449									
09/25	L	38-7	San Francisco	62,382									
10/02	W	31-20	at Atlanta	28,619	<b>Scoring</b>	<b>TD</b>	<b>Ru</b>	<b>Pa</b>	<b>Rt</b>	<b>PAT</b>	<b>FG</b>	<b>S</b>	<b>Pts</b>
10/09	W	16-10	at Cleveland	78,605	N. Johnson	0	0	0	39-39	22-28	0	0	105
10/16	L	20-19	New Orleans	63,569	Warner	12	10	2	0	0	0	0	72
10/23	L	31-10	at L.A. Rams	57,033	Blades	8	0	8	0	0	0	0	48
10/30	W	17-14	San Diego	59,641	Williams	7	4	3	0	0	0	0	42
11/06	L	13-3	Buffalo	61,074	Butler	4	0	4	0	0	0	0	24
11/13	W	27-24	Houston	60,446	SEA	39	14	22	3	39-39	22-28	0	339
11/20	L	27-24	at Kansas City	33,152	OPP	38	14	21	3	38-38	21-32	0	329
11/28	W	35-27	L.A. Raiders	62,641	<b>Rushing</b>		<b>Att</b>	<b>Yds</b>	<b>Avg</b>	<b>LG</b>	<b>TD</b>		
12/04	L	13-7	at New England	59,068	Warner		266	1025	3.9	29	10		
12/11	W	42-14	Denver	62,839	Williams		189	877	4.6	44	4		
12/18	W	43-37	at L.A. Raiders	61,127	SEA		517	2986	4.0	44	14		
					OPP		509	2286	4.5	42	14		

### POSTSEASON

12/31	L	21-13	at Cincinnati	58,560
(AFC Divisional Playoff)				

Receiving	No	Yds	Avg	LG	TD
Williams	58	651	11.2	75	3
Blades	40	682	17.1	55	8
Largent	39	645	16.5	46	2
Tice	29	244	8.4	26	0
SEA	245	2979	12.2	75	22
OPP	280	3618	12.9	69	21

Team Statistics	Sea	Opp
<b>TOTAL FIRST DOWNS</b>	291	321
Rushing	125	134
Passing	139	171
Penalty	27	16
3rd Down: Made/Att.	83/211	96/219
3rd Down Pct.	39.3	43.8
4th Down: Made/Att.	7/16	10/16
4th Down Pct.	43.8	62.5
<b>POSSESSION AVG.</b>	28:32	31:28
<b>TOTAL NET YARDS</b>	4842	5639
Avg. Per Game	302.6	352.4
Total Plays	983	1040
Avg. Per Play	4.9	5.4
<b>NET YARDS RUSHING</b>	2086	2286
Avg. Per Game	130.4	142.9
Total Rushes	517	509
<b>NET YARDS PASSING</b>	2756	3353
Avg. Per Game	172.3	209.6
Sacked/Yards Lost	29/223	30/265
Gross Yards	2979	3618
Att./Completions	437/245	501/280
Completion Pct.	56.1	55.9
Had Intercepted	20	22
<b>PUNTS/AVERAGE</b>	70/40.8	66/42.1
<b>NET PUNTING AVG.</b>	36.8	35.7
<b>PENALTIES/YARDS</b>	89/790	111/861
<b>FUMBLES/BALL LOST</b>	29/14	31/18
<b>TOUCHDOWNS</b>	39	38
Rushing	14	14
Passing	22	21
Returns	3	3
<b>TOTAL POINTS</b>	339	329

Interceptions	No	Yds	Avg	LG	TD
Moyer	6	79	13.2	34	0
Taylor	5	53	10.6	27	1
Jenkins	3	41	13.7	21	0
SEA	22	280	12.7	34	1
OPP	20	195	9.8	55	1

Punting	No	Yds	Avg	Net	TB	I20	LG	B
Rodriguez	70	2858	40.8	36.8	4	14	68	0
SEA	70	2858	40.8	36.8	4	14	68	0
OPP	66	2778	42.1	35.7	4	22	59	0

Punt Returns	No	FC	Yds	Avg	LG	TD
Edmonds	35	8	340	9.7	41	0
SEA	37	8	340	9.2	41	0
OPP	36	14	202	5.6	16	0

Kickoff Returns	No	Yds	Avg	LG	TD
Edmonds	40	900	22.5	65	0
Morris	11	218	19.8	30	0
SEA	62	1352	21.8	65	0
OPP	66	1207	18.3	95	0

Field Goals	1-19	20-29	30-39	40-49	50+
N. Johnson	1-1	4-4	7-9	10-14	0-0
SEA	1-1	4-4	7-9	10-14	0-0
OPP	0-0	10-11	6-10	4-6	1-5

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Krieg	228	134	1741	58.8	7.64	18	7.9	8	3.5	75	12/92	94.6
Stouffer	173	98	1106	56.6	6.39	4	2.3	6	3.5	53	13/110	69.2
Kemp	35	13	132	37.1	3.77	0	0.0	4	14.8	19	3/21	9.2
SEA	437	245	2979	56.1	6.82	22	5.0	20	4.6	75	29/233	74.9
OPP	501	280	3618	55.9	7.22	21	4.2	22	4.4	69	30/265	74.4

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
Robinson	114	85	29	1.0	3	1	0
Wyman	97	71	26	2.5	0	1	2
Bosworth	82	55	27	0.0	3	1	1
Woods	80	57	23	5.0	2	0	1
Moyer	73	52	21	0.0	2	0	2

**Record (Finish):** 9-7 (1st, AFC West). Lost divisional playoff at Cincinnati 21-13.

**Head Coach:** Chuck Knox (57-38, .600)

**Assistants:** Tom Catlin (Asst. Head Coach/ Def. Coord./OLBs), Steve Moore (Off. Coord./WRs), George Dyer (DL), Chick Harris (RBs), Ralph Hawkins (DBs), Ken Meyer (QBs), Russ Purnell (TEs/Asst. Sp. Teams), Kent Stephenson (OL), Rusty Tillman (Sp. Teams/LBs), Joe Vitt (Sp. Assign.)

**Captains:** WR Steve Largent (Off.), DE Jacob Green and S Eugene Robinson (Def.), Game-to-Game (Sp. Teams)

**MVP:** FB John L. Williams

Pro Bowl: QB Dave Krieg (2), Sp. Rufus Porter (1)

**National Honors:** WR Steve Largent, NFL Man of the Year

**First-Team All-NFL:** G Bryan Millard (SI), Sp. Teams Rufus Porter (PFW, C&PFN)

**OFFENSE**

Pos.	Starts
WR	*Brian Blades 7
	Ray Butler 5
LT	Ron Mattes 16
LG	Edwin Bailey 16
C	Blair Bush 14
RG	Bryan Millard 14
RT	Mike Wilson 16
TE	Mike Tice 16
WR	Steve Largent 15
QB	Dave Krieg 9
	*Kelly Stouffer 6
	Jeff Kemp 1
RB	Curt Warner 16
FB	John L. Williams 16

**DEFENSE**

LE	Jacob Green 16
NT	Joe Nash 15
RE	Jeff Bryant 12
LOLB	Bruce Scholtz 15
LILB	Brian Bosworth 10
	Darren Comeaux 6
RILB	Dave Wyman 16
ROLB	Tony Woods 16
LCB	Terry Taylor 8
	Melvin Jenkins 8
RCB	*Patrick Hunter 8
	Melvin Jenkins 8
SS	Paul Moyer 16
FS	Eugene Robinson 16

**SPECIAL TEAMS**

K	Norm Johnson 16
P	Ruben Rodriguez 16

\*Rookie or first-year player

**AFC**

	W	L	T	Pct.	Pts.	Opp.
EASTERN						
Buffalo	12	4	0	.750	329	237
Indianapolis	9	7	0	.563	354	315
New England	9	7	0	.563	250	284
N.Y. Jets	8	7	1	.531	372	354
Miami	6	10	0	.375	319	380
CENTRAL						
Cincinnati	12	4	0	.750	448	329
Cleveland*	10	6	0	.625	304	288
Houston*	10	6	0	.625	424	365
Pittsburgh	5	11	0	.313	336	421
WESTERN						
Seattle	9	7	0	.563	339	329
Denver	8	8	0	.500	327	352
L.A. Raiders	7	9	0	.438	325	369
San Diego	6	10	0	.375	231	332
Kansas City	4	11	1	.281	254	320

\*= Wild Card team

**NFC**

	W	L	T	Pct.	Pts.	Opp.
EASTERN						
Philadelphia	10	6	0	.625	379	319
N.Y. Giants	10	6	0	.625	359	304
Washington	7	9	0	.438	345	387
Phoenix	7	9	0	.438	344	398
Dallas	3	13	0	.188	265	381
CENTRAL						
Chicago	12	4	0	.750	312	215
Minnesota*	11	5	0	.688	406	233
Tampa Bay	5	11	0	.313	261	350
Detroit	4	12	0	.250	220	313
Green Bay	4	12	0	.250	240	315
WESTERN						
San Francisco	10	6	0	.625	369	294
L.A. Rams*	10	6	0	.625	407	293
New Orleans	10	6	0	.625	312	283
Atlanta	5	11	0	.313	244	315

## 1989 REVIEW (7-9)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot		
09/10	L	31-7	at Philadelphia	64,287	SEA	72	60	41	68	0	241		
09/17	L	34-24	Phoenix	60,444	OPP	81	80	86	77	3	327		
09/24	W	24-3	at New England	48,025									
10/01	W	24-20	at L.A. Raiders	44,319	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
10/08	L	20-16	Kansas City	60,715	N. Johnson	0	0	0	0	27-27	15-25	0	72
10/15	W	17-16	at San Diego	50,079	Williams	7	1	6	0	0	0	0	42
10/22	L	24-21	Denver (OT)	62,353	Blades	5	0	5	0	0	0	0	30
10/29	W	10-7	San Diego	59,691	Skansi	5	0	5	0	0	0	0	30
11/05	L	20-10	at Kansas City	54,489	Warner	4	3	1	0	0	0	0	24
11/12	L	17-7	Cleveland	58,978	SEA	28	5	21	2	28-28	15-25	0	241
11/19	L	15-3	at N.Y. Giants	75,014	OPP	37	11	23	3	35-37	22-32	2	327
11/26	L	41-14	at Denver	75,117									
12/04	W	17-16	Buffalo	57,682	Rushing		Att	Yds	Avg	LG	TD		
12/10	W	24-17	at Cincinnati	54,744	Warner		194	631	3.3	34	3		
12/17	W	23-17	L.A. Raiders	61,076	Williams		146	499	3.4	21	1		
12/23	L	29-0	Washington	60,294	Krieg		40	160	4.0	18	0		
					SEA		405	1392	3.4	34	5		
					OPP		520	2118	4.1	38	11		

Team Statistics	Sea	Opp											
TOTAL FIRST DOWNS	290	293											
Rushing	86	119											
Passing	180	158											
Penalty	24	16											
3rd Down: Made/Att.	85/211	89/213											
3rd Down Pct.	40.3	41.8											
4th Down: Made/Att.	8/17	5/16											
4th Down Pct.	47.1	31.3											
POSSESSION AVG.	29:20	30:40											
TOTAL NET YARDS	4596	5215											
Avg. Per Game	287.3	325.9											
Total Plays	1010	997											
Avg. Per Play	4.6	5.2											
NET YARDS RUSHING	1392	2118											
Avg. Per Game	87.0	132.4											
Total Rushes	405	520											
NET YARDS PASSING	3204	3097											
Avg. Per Game	200.3	193.6											
Sacked/Yards Lost	46/379	32/235											
Gross Yards	3583	3332											
Att./Completions	559/316	445/252											
Completion Pct.	56.5	56.6											
Had Intercepted	23	9											
PUNTS/AVERAGE	76/39.4	74/39.2											
NET PUNTING AVG.	32.9	33.9											
PENALTIES/YARDS	79/738	118/809											
FUMBLES/BALL LOST	43/14	26/13											
TOUCHDOWNS	28	37											
Rushing	5	11											
Passing	21	23											
Returns	2	3											
TOTAL POINTS	241	327											

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Krieg	499	286	3309	57.3	6.63	21	4.2	20	4.0	60	37/289	74.8
Stouffer	59	29	270	49.2	4.58	0	0.0	3	5.1	29	9/90	40.9
SEA	559	316	3583	56.5	6.41	21	3.8	23	4.1	60	46/379	71.3
OPP	445	252	3332	56.6	7.49	23	5.2	9	2.0	69	32/235	89.3

Kickoff Returns	No	Yds	Avg	LG	TD
Jefferson	22	511	23.2	91	1
Harris	18	334	18.6	25	0
Hollis	15	247	16.5	30	0
SEA	65	1246	19.2	97	1
OPP	44	814	18.5	37	0

Field Goals	1-19	20-29	30-39	40-49	50+
N. Johnson	1-1	6-7	3-4	4-8	1-5
SEA	1-1	6-7	3-4	4-8	1-5
OPP	1-1	10-13	8-10	3-7	0-1

## DEFENSIVE STATISTICS

Player	T	S	A	Sac	PD	FF	FR
Robinson	102	72	30	0.0	5	2	0
Wyman	98	72	26	0.0	1	2	0
Glasgow	97	77	20	0.0	7	0	5
Nash	92	65	27	8.0	1	3	0
Comeaux	88	64	24	0.0	1	0	1
Bryant	68	50	18	3.5	2	2	0

Record (Finish): 7-9 (4th, AFC West)

Head Coach: Chuck Knox (64-47, .577)

Assistants: Tom Catlin (Asst. Head Coach/Def. Coord./OLBs), John Becker (Off. Coord./WRs), George Dyer (DL), Chick Harris (RBs), Ken Meyer (QBs), Rod Perry (DBs), Russ Purnell (TEs/Asst. Sp. Teams), Kent Stephenson (OL), Rusty Tillman (Sp. Teams/ILBs), Joe Vitt (Sp. Assign.)

Captains: WR Steve Largent (Off.), DE Jacob Green (Def.), Game-to-Game (Sp. Teams)

MVP: WR Brian Blades

Pro Bowl: WR Brian Blades (1), QB Dave Krieg (3), Sp. Rufus Porter (2)

National Honors: None

First-Team All-NFL: None

## OFFENSE

Pos.		Starts
WR	Brian Blades	14
LT	*Andy Heck	8
	Ron Mattes	8
LG	Edwin Bailey	16
C	Grant Feasel	16
RG	Bryan Millard	16
RT	Mike Wilson	16
TE	*Robert Tyler	9
	*Travis McNeal	6
WR	Steve Largent	9
	Louis Clark	6
QB	Dave Krieg	14
	Kelly Stouffer	2
RB	Curt Warner	15
FB	John L. Williams	15

## DEFENSE

LE	Jacob Green	14
NT	Joe Nash	16
RE	Jeff Bryant	15
LOLB	Tony Woods	12
	Rufus Porter	3
LILB	Darren Comeaux	13
	Brian Bosworth	2
RILB	Dave Wyman	16
ROLB	Vernon Maxwell	9
	M.L. Johnson	6
LCB	Dwayne Harper	13
RCB	Patrick Hunter	14
SS	Nesby Glasgow	16
FS	Eugene Robinson	14

## SPECIAL TEAMS

K	Norm Johnson	16
P	Ruben Rodriguez	16

\*Rookie or first-year player

## AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Buffalo	9	7	0	.563	409	317
Indianapolis	8	8	0	.500	298	301
Miami	8	8	0	.500	331	379
New England	5	11	0	.313	297	391
N.Y. Jets	4	12	0	.250	253	411

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Cleveland	9	6	1	.594	334	254
Houston*	9	7	0	.563	365	412
Pittsburgh*	9	7	0	.563	265	326
Cincinnati	8	8	0	.500	404	285

WESTERN	W	L	T	Pct.	Pts.	Opp.
Denver	11	5	0	.688	362	226
Kansas City	8	7	1	.531	318	286
L.A. Raiders	8	8	0	.500	315	297
Seattle	7	9	0	.438	241	327
San Diego	6	10	0	.375	266	290

\*= Wild Card team

## NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
N.Y. Giants	12	4	0	.750	348	252
Philadelphia*	11	5	0	.688	342	274
Washington	10	6	0	.625	386	308
Phoenix	5	11	0	.313	258	377
Dallas	1	15	0	.063	204	393

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Minnesota	10	6	0	.625	351	275
Green Bay	10	6	0	.625	362	356
Detroit	7	9	0	.438	312	364
Chicago	6	10	0	.375	358	377
Tampa Bay	5	11	0	.313	320	419

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	14	2	0	.875	442	253
L.A. Rams*	11	5	0	.688	426	344
New Orleans	9	7	0	.563	386	301
Atlanta	3	13	0	.188	279	437

## 1990 REVIEW (9-7)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot		
09/09	L	17-0	at Chicago	64,400	SEA	50	94	60	96	6	306		
09/16	L	17-13	L.A. Raiders	61,889	OPP	50	112	53	68	3	286		
09/23	L	34-31	at Denver (OT)	75,290									
10/01	W	31-16	Cincinnati	60,135	Scoring	TDs	Ru	Pa	Rt	PAT	FG	S	Pts
10/07	W	33-20	at New England	39,735	Johnson	0	0	0	0	33-34	23-32	0	102
10/14	L	24-17	at L.A. Raiders	50,624	Fenner	15	14	1	0	0	0	0	90
10/21	W	19-7	Kansas City	60,358	Chadwick	4	0	4	0	0	0	0	24
10/28			BYE		Kane	4	0	4	0	0	0	0	24
11/04	L	31-14	San Diego	59,646	Blades	3	0	3	0	0	0	0	18
11/11	W	17-16	at Kansas City	71,285	Williams	3	3	0	0	0	0	0	18
11/18	L	24-21	Minnesota	59,735	SEA	34	18	15	1	33-34	23-32	0	306
11/25	W	13-10	at S. Diego (OT)	50,097	OPP	32	7	19	6	32-32	20-27	1	286
12/02	W	13-10	Houston (OT)	57,592									
12/09	W	20-14	at Green Bay	52,015	Rushing			Att	Yds	Avg	LG	TD	
12/16	L	24-17	at Miami	57,851	Fenner			215	859	4.0	36	14	
12/23	W	17-12	Denver	55,845	Williams			187	714	3.8	25	3	
12/30	W	30-10	Detroit	50,681	Krieg			32	115	3.6	25	0	
					SEA			457	1749	3.8	36	18	
					OPP			413	1605	3.9	58	7	

## Team Statistics

	Sea	Opp		No	Yds	Avg	LG	TD
TOTAL FIRST DOWNS	284	280	Receiving					
Rushing	111	86	Williams	73	699	9.6	60	0
Passing	155	171	Kane	52	776	14.9	63	4
Penalty	18	23	Blades	49	525	10.7	24	3
3rd Down: Made/Att.	87/200	83/207	Chadwick	27	478	17.7	54	4
3rd Down Pct.	43.5	40.1	Skansi	22	257	11.7	25	2
4th Down: Made/Att.	6/7	7/11	Fenner	17	143	8.4	50	1
4th Down Pct.	85.7	63.6	SEA	265	3194	12.1	63	15
POSSESSION AVG.	30:47	29:13	OPP	300	3256	10.9	46	19
TOTAL NETYARDS	4583	4609	Interceptions					
Avg. Per Game	286.4	288.1	Robinson	3	89	29.7	39	0
Total Plays	945	950	Harper	3	69	23.0	47	0
Avg. Per Play	4.8	4.9	SEA	12	182	15.2	47	0
NET YARDS RUSHING	1749	1605	OPP	20	252	12.6	42	0
Avg. Per Game	109.3	100.3	Punting					
Total Rushes	457	413	Donnelly	67	2722	40.6	34.4	8
NET YARDS PASSING	2834	3004	SEA	67	2722	40.6	34.4	8
Avg. Per Game	177.1	187.8	OPP	77	3225	41.9	36.2	5
Sacked/Yards Lost	40/360	33/252	Punt Returns					
Gross Yards	3194	3256	Warren	28	16	269	9.6	39
Att./Completions	448/265	504/300	Jefferson	8	0	68	8.5	14
Completion Pct.	59.2	59.5	SEA	36	16	337	9.4	39
Had Intercepted	20	12	OPP	29	21	254	8.8	66
PUNTS/AVERAGE	67/40.6	77/41.9						
NET PUNTING AVG.	34.4	36.2						
PENALTIES/YARDS	89/746	108/766						
FUMBLES/BALL LOST	32/16	32/18						
TOUCHDOWNS	34	32						
Rushing	18	7						
Passing	15	19						
Returns	1	6						
TOTAL POINTS	306	286						

## Passing

	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Krieg	448	265	3194	59.2	7.13	15	3.3	20	4.5	63	40/360	73.6
SEA	448	265	3194	59.2	7.13	15	3.3	20	4.5	63	40/360	73.6
OPP	504	300	3256	59.5	6.46	19	3.8	12	2.4	46	33/252	81.3

Kickoff Returns	No	Yds	Avg	LG	TD
Warren	23	478	20.8	71	0
Loville	18	359	19.9	29	0
SEA	50	985	19.7	71	0
OPP	51	910	17.8	39	0

Field Goals	1-19	20-29	30-39	40-49	50+
Johnson	2-2	7-7	8-14	5-6	1-3
SEA	2-2	7-7	8-14	5-6	1-3
OPP	0-0	11-11	3-5	5-8	1-3

## DEFENSIVE STATISTICS

Player	T	S	A	Sac	PD	FF	FR
Glasgow	83	70	13	2.0	2	3	1
Robinson	82	63	19	0.0	5	1	4
Harper	71	62	9	0.0	4	1	0
Green	60	44	16	12.5	2	3	1
Hunter	56	48	8	0.0	10	1	1
Nash	53	41	12	1.0	0	1	1

Record (Finish): 9-7 (3rd, AFC West)

Head Coach: Chuck Knox (73-54, .575)

Assistants: Tom Catlin (Asst. Head Coach/Def. Coord./OLBs), John Becker (Off. Coord./WRs), George Dyer (DL), Chick Harris (RBs), Ken Meyer (QBs), Rod Perry (DBs), Russ Purnell (TEs/Asst. Sp. Teams), Frank Raines (Strength & Cond.), Kent Stephenson (OL), Rusty Tillman (Sp. Teams/ILBs), Joe Vitt (Sp. Assign.)

Captains: QB Dave Krieg (Off.), DE Jacob Green (Def.), Game-to-Game (Sp. Teams)

MVP: FB John L. Williams

Pro Bowl: FB John L. Williams (1)

National Honors: SS Kenny Easley and WR

Steve Largent, All-NFL Decade of the 1980's Team (Hall of Fame)

First-Team All-NFL: None

## AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Buffalo	13	3	0	.813	428	263
Miami*	12	4	0	.750	336	242
Indianapolis	7	9	0	.438	281	353
N.Y. Jets	6	10	0	.375	295	345
New England	1	15	0	.063	181	446

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Cincinnati	9	7	0	.563	360	352
Houston*	9	7	0	.563	405	307
Pittsburgh	9	7	0	.563	292	240
Cleveland	3	13	0	.188	228	462

WESTERN	W	L	T	Pct.	Pts.	Opp.
L.A. Raiders	12	4	0	.750	337	268
Kansas City*	11	5	0	.688	369	257
Seattle	9	7	0	.563	306	286
San Diego	6	10	0	.375	315	281
Denver	5	11	0	.313	331	374

## OFFENSE

Pos.		Starts
WR	Tommy Kane	11
LT	Andy Heck	16
LG	Edwin Bailey	11
C	Grant Feasel	16
RG	Bryan Millard	16
RT	Ronnie Lee	9
	Ron Mattes	7
TE	Travis McNeal	14
WR	Brian Blades	16
QB	Dave Krieg	16
RB	Derrick Fenner	16
FB	John L. Williams	16

## DEFENSE

LE	Jacob Green	16
LT	Joe Nash	16
RT	Jeff Bryant	14
	*Cortez Kennedy	2
RE	Tony Woods	15
LLB	*Terry Wooden	8
MLB	Darren Comeaux	8
	Dave Wyman	8
RLB	Rufus Porter	12
LCB	Dwayne Harper	16
RCB	Patrick Hunter	16
SS	Nesby Glasgow	13
	*Robert Blackmon	3
FS	Eugene Robinson	16

## SPECIAL TEAMS

K	Norm Johnson	16
P	Rick Donnelly	16

\* Rookie or first-year player

## NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
N.Y. Giants	13	3	0	.813	335	211
Philadelphia*	10	6	0	.625	396	299
Washington*	10	6	0	.625	381	301
Dallas	7	9	0	.438	244	308
Phoenix	5	11	0	.313	268	296

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Chicago	11	5	0	.688	348	280
Tampa Bay	6	10	0	.375	264	367
Detroit	6	10	0	.375	373	413
Green Bay	6	10	0	.375	271	347
Minnesota	6	10	0	.375	351	326

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	14	2	0	.875	353	239
New Orleans*	8	8	0	.500	274	275
L.A. Rams	5	11	0	.313	345	412
Atlanta	5	11	0	.313	348	365

## 1991 REVIEW (7-9)

Date	W/L	Score	Opponents	Att									
09/01	L	27-24	at New Orleans	68,492	By Quarters	1	2	3	4	OT	Tot		
09/08	W	20-13	N.Y. Jets	56,770	SEA	39	78	79	80	0	276		
09/15	L	16-10	at Denver	74,152	OPP	25	112	47	74	3	261		
09/22	L	20-13	at Kansas City	71,789									
09/29	W	31-3	Indianapolis	56,656	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
10/06	W	13-7	at Cincinnati	60,010	Kasay	0	0	0	0	27/28	25/31	0	102
10/13	L	23-20	L.A. Raiders (OT)	61,974	Williams	5	4	1	0	0	0	0	30
10/20	W	27-7	at Pittsburgh	54,678	Fenner	4	4	0	0	0	0	0	24
10/27	W	20-9	San Diego	58,025	Tice	4	0	4	0	0	0	0	24
11/03			BYE		SEA	29	11	15	3	27/29	25/31	0	276
11/10	L	17-14	at San Diego	43,597	OPP	25	4	18	3	25/25	28/32	1	261
11/17	L	31-7	at L.A. Raiders	49,317									
11/24	W	13-10	Denver	60,430	Rushing			Att	Yds	Avg	LG	TD	
12/01	L	19-6	Kansas City	57,248	Williams			188	741	3.9	42	4	
12/08	L	24-22	San Francisco	56,711	Fenner			91	267	2.9	15	4	
12/15	L	26-13	at Atlanta	53,834	Jones			45	154	3.4	22	3	
12/22	W	23-9	L.A. Rams	51,100	SEA			394	1426	3.6	42	11	
					OPP			435	1684	3.9	32	4	

Team Statistics	Sea	Opp											
TOTAL FIRST DOWNS	253	263	Receiving			No	Yds	Avg	LG	TD			
Rushing	80	92	Blades			70	1003	14.3	52	2			
Passing	159	159	Williams			61	499	8.2	35	1			
Penalty	14	12	Kane			50	763	15.3	60	2			
3rd Down: Made/Att.	67/193	78/220	Chadwick			22	255	11.6	29	3			
3rd Down Pct.	34.7	35.5	SEA			290	3371	11.6	60	15			
4th Down: Made/Att.	2/9	9/20	OPP			296	3288	11.1	61t	18			
4th Down Pct.	22.2	45.0											
POSSESSION AVG.	29:27	30:33	Interceptions			No	Yds	Avg	LG	TD			
TOTAL NETYARDS	4534	4703	Robinson			5	56	11.2	27	0			
Avg. Per Game	283.4	293.9	Harper			4	84	21.0	43	0			
Total Plays	924	988	SEA			18	302	16.8	43	2			
Avg. Per Play	4.9	4.8	OPP			26	334	12.8	58	2			
NETYARDS RUSHING	1426	1684	Punting			No	Yds	Avg	Net	TB	I20	LG	B
Avg. Per Game	89.1	105.3	Tuten			49	2106	43.0	36.9	3	8	60	0
Total Rushes	394	435	Donnelly			13	505	38.8	33.8	1	1	57	0
NETYARDS PASSING	3108	3019	Waits			14	474	33.9	33.6	0	2	50	0
Avg. Per Game	194.3	188.7	SEA			76	3085	40.6	35.7	4	11	60	0
Sacked/Yards Lost	42/263	36/269	OPP			79	3089	39.1	33.0	8	20	65	1
Gross Yards	3371	3288											
Att./Completions	488/290	517/296	Punt Returns			No	FC	Yds	Avg	LG	TD		
Completion Pct.	59.4	57.3	Warren			32	19	298	9.3	59t	1		
Had Intercepted	26	18	SEA			38	20	325	8.6	59t	1		
PUNTS/AVERAGE	76/40.6	79/39.1	OPP			40	18	289	7.2	29	0		
NET PUNTING AVG.	35.7	33.0											
PENALTIES/YARDS	85/682	108/845	Kickoff Returns			No	Yds	Avg	LG	TD			
FUMBLES/BALL LOST	26/17	34/21	Warren			35	792	22.6	55	0			
TOUCHDOWNS	29	25	Loville			18	412	22.9	50	0			
Rushing	11	4	SEA			60	1280	21.3	55	0			
Passing	15	18	OPP			51	858	16.8	38	0			
Returns	3	3											
TOTAL POINTS	276	261											

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Krieg	285	187	2080	65.6	7.30	11	3.9	12	4.2	60	32/216	82.5
Kemp	181	94	1207	51.9	6.67	4	2.2	12	6.6	52	8/38	52.9
Stouffer	15	6	57	40.0	3.80	0	0.0	1	6.7	19	2/9	23.5
McGwire	7	3	27	42.9	3.86	0	0.0	1	14.3	13	0/0	14.3
SEA	488	290	3371	59.4	6.91	15	3.1	26	5.3	60	42/263	68.4
OPP	517	296	3288	57.3	6.36	18	3.5	18	3.5	61t	36/269	73.4

<b>Field Goals</b>	<b>1-19</b>	<b>20-29</b>	<b>30-39</b>	<b>40-49</b>	<b>50+</b>
Kasay	1/1	5/6	11/14	6/7	2/3
SEA	1/1	5/6	11/14	6/7	2/3
OPP	1/1	7/7	9/9	6/7	5/8

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
Wooden	105	80	25	2.0	9	1	4
Robinson	91	67	24	1.0	3	1	1
Porter	71	51	20	10.0	15	4	0
Comeaux	69	51	18	0.5	5	4	0
Harper	69	58	11	0.0	1	1	0
Kennedy	67	59	8	6.5	12	1	1

**Record (Finish):** 7-9 (4th, AFC West)  
**Head Coach:** Chuck Knox (80-63, .559)  
**Assistants:** Tom Catlin (Asst. Head Coach/Def. Coord./OLBs), John Becker (Off. Coord./WRs), George Dyer (DL), Chick Harris (RBs), Ken Meyer (QBs), Paul Moyer (Staff Asst.), Rod Perry (DBs), Russ Purnell (TEs/Asst. Sp. Teams), Frank Raines (Strength & Cond.), Kent Stephenson (OL), Rusty Tillman (Sp. Teams/ILBs), Joe Vitt (Sp. Assign.)  
**Captains:** QB Dave Krieg (Off.), DE Jacob Green (Def.), Game-to-Game (Sp. Teams)  
**MVP:** FS Eugene Robinson  
**Pro Bowl:** DT Cortez Kennedy (1), FB John L. Williams (2)  
**National Honors:** None  
**First-Team All-NFL:** CB Dwayne Harper (SI), FS Eugene Robinson (SI)

**OFFENSE**

Pos.		Starts
WR	Tommy Kane	15
LT	Andy Heck	16
LG	Warren Wheat	7
	Darrick Brilz	6
C	Grant Feasel	15
RG	Bryan Millard	16
RT	Bill Hitchcock	9
	Ronnie Lee	7
TE	Mike Tice	15
WR	Brian Blades	16
QB	Dave Krieg	9
	Jeff Kemp	5
	*Dan McGwire	1
	Kelly Stouffer	1
RB	Derrick Fenner	8
	James Jones	6
FB	John L. Williams	16

**DEFENSE**

LE	Jacob Green	16
LT	Jeff Bryant	14
RT	Cortez Kennedy	16
RE	Tony Woods	14
LLB	Terry Wooden	15
MLB	Darren Comeaux	11
RLB	Rufus Porter	15
LCB	Dwayne Harper	16
RCB	Patrick Hunter	15
SS	Robert Blackmon	16
FS	Eugene Robinson	16

**SPECIAL TEAMS**

K	*John Kasay	16
P	Rick Tuten	10

\* Rookie or first-year player

**AFC**

	W	L	T	Pct.	Pts.	Opp.
<b>EASTERN</b>						
Buffalo	13	3	0	.813	458	318
N.Y. Jets*	8	8	0	.500	314	293
Miami	8	8	0	.500	343	349
New England	6	10	0	.375	211	305
Indianapolis	1	15	0	.063	143	381
<b>CENTRAL</b>						
Houston	11	5	0	.688	386	251
Pittsburgh	7	9	0	.438	292	344
Cleveland	6	10	0	.375	293	298
Cincinnati	3	13	0	.188	263	435
<b>WESTERN</b>						
Denver	12	4	0	.750	304	235
Kansas City*	10	6	0	.625	322	252
L.A. Raiders*	9	7	0	.563	298	297
Seattle	7	9	0	.438	276	261
San Diego	4	12	0	.250	274	342

**NFC**

	W	L	T	Pct.	Pts.	Opp.
<b>EASTERN</b>						
Washington	14	2	0	.875	485	224
Dallas*	11	5	0	.688	342	310
Philadelphia	10	6	0	.625	285	244
N.Y. Giants	8	8	0	.500	281	297
Phoenix	4	12	0	.250	196	344
<b>CENTRAL</b>						
Detroit	12	4	0	.750	339	295
Chicago*	11	5	0	.688	299	269
Minnesota	8	8	0	.500	301	306
Green Bay	4	12	0	.250	273	313
Tampa Bay	3	13	0	.188	199	365
<b>WESTERN</b>						
New Orleans	11	5	0	.688	341	211
Atlanta*	10	6	0	.625	361	338
San Francisco	10	6	0	.625	393	239
L.A. Rams	3	13	0	.188	234	390

\*= Wild Card team

## 1992 REVIEW (2-14)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot		
09/06	L	21-3	Cincinnati	57,350	SEA	20	53	34	30	3	140		
09/13	L	26-7	at Kansas City	75,125	OPP	63	87	74	85	3	312		
09/20	W	10-6	at New England	42,327									
09/27	L	19-17	Miami	59,374	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
10/04	L	17-6	at San Diego	36,783	Kasay	0	0	0	0	14/14	14/22	0	56
10/11	L	27-0	at Dallas	62,311	Kane	3	0	3	0	0/0	0/0	0	18
10/18	L	19-0	L.A. Raiders	56,904	Warren	3	3	0	0	0/0	0/0	0	18
10/25	L	23-10	at N.Y. Giants	67,399	Williams	3	1	2	0	0/0	0/0	0	18
11/01			BYE		SEA	14	4	9	1	14/14	14/22	0	140
11/08	L	16-3	Washington	53,616	OPP	32	14	11	7	29/32	29/36	2	312
11/15	L	20-3	at L.A. Raiders	46,862									
11/22	L	24-14	Kansas City	49,867	Rushing		Att	Yds	Avg	LG	TD		
11/30	W	16-13	Denver (OT)	51,612	Warren	223	1017	4.6	52	3			
12/06	L	20-14	at Pittsburgh	47,015	Williams	114	339	3.0	14	1			
12/13	L	20-17	Philadelphia (OT)	47,492	Gelbaugh		16	79	4.9	22	0		
12/20	L	10-6	at Denver	72,570	SEA		402	1596	4.0	52	4		
12/27	L	31-14	San Diego	49,324	OPP		513	1922	3.7	66t	14		

Team Statistics	Seattle	Opp	Receiving	No	Yds	Avg	LG	TD			
TOTAL FIRST DOWNS	208	247	Williams	74	556	7.5	27	2			
Rushing	77	96	Kane	27	369	13.7	31	3			
Passing	114	129	J. Jones	21	190	9.0	30	0			
Penalty	17	22	L. Clark	20	290	14.5	33	1			
3rd Down: Made/Att.	59/222	75/230	Blades	19	256	13.5	37	1			
3rd Down Pct.	26.6	32.6	SEA	230	2323	10.1	57	9			
4th Down: Made/Att.	5/17	6/9	OPP	251	2978	11.9	72t	11			
4th Down Pct.	29.4	66.7									
POSSESSION AVG.	29:01	30:59	Interceptions	No	Yds	Avg	LG	TD			
TOTAL NET YARDS	3374	4583	E. Robinson	7	126	18.0	49	0			
Avg. Per Game	210.9	286.4	Harper	3	74	24.7	41	0			
Total Plays	945	987	SEA	20	324	16.2	69	0			
Avg. Per Play	3.6	4.6	OPP	23	231	10.0	40	4			
NET YARDS RUSHING	1596	1922									
Avg. Per Game	99.8	120.1	Punting	No	Yds	Avg	Net	TB	I20	LG	B
Total Rushes	402	513	Tuten	108	4760	44.1	38.7	8	29	65	0
NET YARDS PASSING	1778	2661	SEA	108	4760	44.1	38.7	8	29	65	0
Avg. Per Game	111.1	166.3	OPP	96	4015	41.8	36.8	10	23	65	0
Sacked/Yards Lost	67/545	46/317									
Gross Yards	2323	2978	Punt Returns	No	FC	Yds	Avg	LG	TD		
Att./Completions	476/230	428/251	Warren	34	25	252	7.4	16	0		
Completion Pct.	48.3	58.6	SEA	38	27	283	7.4	16	0		
Had Intercepted	23	20	OPP	56	26	416	7.4	86t	1		
PUNTS/AVERAGE	108/44.1	96/41.8									
NET PUNTING AVG.	38.7	36.8	Kickoff Returns	No	Yds	Avg	LG	TD			
PENALTIES/YARDS	111/918	100/776	Warren	28	524	18.7	34	0			
FUMBLES/BALL LOST	37/18	25/11	Mayes	19	311	16.4	29	0			
TOUCHDOWNS	14	32	SEA	50	885	17.7	34	0			
Rushing	4	14	OPP	36	685	19.0	64	0			
Passing	9	11									
Returns	1	7									
TOTAL POINTS	140	312									

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Gelbaugh	255	121	1307	47.5	5.13	6	2.4	11	4.3	57	34/265	52.9
Stouffer	190	92	900	48.4	4.74	3	1.6	9	4.7	33	26/222	47.7
McGwire	30	17	116	56.7	3.87	0	0.0	3	10.0	20	7/58	25.8
SEA	476	230	2323	48.3	4.88	9	1.9	23	4.8	57	67/545	48.9

<b>Field Goals</b>	<b>1-19</b>	<b>20-29</b>	<b>30-39</b>	<b>40-49</b>	<b>50+</b>
Kasay	0-0	4-5	8-11	2-6	0-0
SEA	0-0	4-5	8-11	2-6	0-0
OPP	0-0	5-5	14-16	7-11	3-4

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
E. Robinson	94	64	30	0.0	10	2	1
Kennedy	92	76	16	14.0	5	4	1
Porter	90	68	22	9.5	2	2	0
Wyman	83	54	29	0.0	1	2	1
P. Hunter	67	55	12	0.0	13	1	1
Nash	67	46	21	4.5	0	0	0

**Record (Finish):** 2-14 (5th, AFC West)  
**Head Coach:** Tom Flores (2-14, .125)  
**Assistants:** Tom Catlin (Asst. HC/Def.), Larry Kennan (Off. Coord./QBs), Rusty Tillman (Def. Coord./LBs), Tommy Brasher (DL), Bob Bratkowski (WRs), Dave Brown (Def.), Hudson Houck (OL), Paul Moyer (DBs), Russ Purnell (TEs/Sp. Teams), Frank Raines (Strength & Cond), Clarence Shelmon (RBs)  
**Captains:** FB John L. Williams (Off.), FS Eugene Robinson (Def.), TE James Jones (Sp. Teams)  
**MVP:** DT Cortez Kennedy  
**Pro Bowl:** DT Cortez Kennedy (2), FS Eugene Robinson (1)  
**National Honors:** DT Cortez Kennedy, NFL Defensive Player of the Year (AP, PFW/PFWA, C&PFN)  
**All-NFL:** DT Cortez Kennedy (AP, SI, SN, USAT, PFW/PFWA, C&PFN, NEA)

**OFFENSE**

Pos.		Starts
WR	Tommy Kane	11
LT	*Ray Roberts	16
LG	Andy Heck	13
C	Joe Tofflemire	16
RG	Darrick Brilz	16
RT	Bill Hitchcock	11
TE	Ron Heller	11
WR	Louis Clark	10
	Brian Blades	5
QB	Stan Gelbaugh	8
	Kelly Stouffer	7
	Dan McGwire	1
RB	Chris Warren	16
FB	John L. Williams	16

**DEFENSE**

LE	Jeff Bryant	15
LT	Joe Nash	16
RT	Cortez Kennedy	16
RE	Tony Woods	15
LLB	Terry Wooden	8
	Joe Cain	8
MLB	Dave Wyman	11
RLB	Rufus Porter	16
LCB	Dwayne Harper	16
RCB	Patrick Hunter	16
SS	Robert Blackmon	15
FS	Eugene Robinson	16

**SPECIAL TEAMS**

K	John Kasay	16
P	Rick Tuten	16

\* Rookie or first-year player

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Miami	11	5	0	.688	340	281
Buffalo*	11	5	0	.688	381	283
Indianapolis	9	7	0	.563	216	302
N.Y. Jets	4	12	0	.250	220	315
New England	2	14	0	.125	205	363

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	11	5	0	.688	299	225
Houston*	10	6	0	.625	352	258
Cleveland	7	9	0	.438	272	275
Cincinnati	5	11	0	.313	274	364

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Diego	11	5	0	.688	335	241
Kansas City*	10	6	0	.625	348	282
Denver	8	8	0	.500	262	329
L.A. Raiders	7	9	0	.438	249	281
Seattle	2	14	0	.125	140	312

\*= Wild Card team

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	13	3	0	.813	409	243
Philadelphia*	11	5	0	.688	354	245
Washington*	9	7	0	.563	300	255
N.Y. Giants	6	10	0	.375	306	367
Phoenix	4	12	0	.250	243	332

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Minnesota	11	5	0	.688	374	249
Green Bay	9	7	0	.563	276	296
Tampa Bay	5	11	0	.313	267	367
Chicago	5	11	0	.313	295	361
Detroit	5	11	0	.313	273	332

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	14	2	0	.875	431	236
New Orleans*	12	4	0	.750	330	202
Atlanta	6	10	0	.375	327	414
L.A. Rams	6	10	0	.375	313	383

## 1993 REVIEW (6-10)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot				
09/05	L	18-12	at San Diego	58,039	SEA	72	64	45	99	0	280				
09/12	L	17-13	L.A. Raiders	58,836	OPP	65	104	66	76	3	314				
09/19	W	17-14	at New England	50,392											
09/26	W	19-10	at Cincinnati	46,880	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts		
10/03	W	31-14	San Diego	54,778	Kasay	0	0	0	29/29	23/28	0	0	98		
10/10			BYE		C. Warren	7	7	0	0	0	0	0	42		
10/17	L	30-10	at Detroit	60,801	Martin	5	0	5	0	0	0	0	30		
10/24	W	10-9	New England	56,526	Williams	4	3	1	0	0	0	0	24		
10/31	L	28-17	at Denver	73,644	SEA	29	13	13	3	29/29	23/28	4	280		
11/07	L	24-14	at Houston	50,447	OPP	32	12	16	4	31/32	29/39	2	314		
11/14	W	22-5	Cleveland	54,622											
11/21			BYE												
11/28	L	17-9	Denver	57,812	Rushing		Att	Yds	Avg	LG	TD				
12/05	L	31-16	Kansas City	58,551	C. Warren	273	1072	3.9	45t	7					
12/12	L	27-23	at L.A. Raiders	38,161	Williams	82	371	4.5	38	3					
12/19	L	30-27	Phoenix (OT)	45,737	Mirer		68	343	5.0	33	3				
12/26	W	16-6	Pittsburgh	51,814	Vaughn		36	153	4.3	37	0				
01/02	L	34-24	at Kansas City	72,136	SEA	473	2015	4.3	45t	13					
					OPP	452	1660	3.7	30t	12					
<b>Team Statistics</b>				<b>Sea</b>	<b>Opp</b>										
TOTAL FIRST DOWNS				279	322	Receiving	No	Yds	Avg	LG	TD				
Rushing				114	106	Blades	80	945	11.8	41	3				
Passing				144	193	Williams	58	450	7.8	25	1				
Penalty				21	23	Martin	57	798	14.0	53t	5				
3rd Down: Made/Att.				80/224	91/229	Edmunds	24	239	10.0	32	2				
3rd Down Pct.				35.7	39.7	Green	23	178	7.7	20	1				
4th Down: Made/Att.				6/14	6/13	SEA	280	2896	10.3	53t	13				
4th Down Pct.				42.9	46.2	OPP	333	3897	11.7	58t	16				
POSSESSION AVG.				29:02	30:58	Interceptions	No	Yds	Avg	LG	TD				
TOTAL NET YARDS				4669	5313	E. Robinson	9	80	8.9	28	0				
Avg. Per Game				291.8	332.1	Hunter	4	54	13.5	34	0				
Total Plays				1019	1085	Gray	3	33	11.0	16	0				
Avg. Per Play				4.6	4.9	SEA	22	196	8.9	34	1				
NET YARDS RUSHING				2015	1660	OPP	18	159	8.8	40	0				
Avg. Per Game				125.9	103.8	Punting	No	Yds	Avg	Net	TB	I20	LG	B	
Total Rushes				473	452	Tuten	90	4007	44.5	37.3	7	21	64	1	
NET YARDS PASSING				2654	3653	SEA	91	4007	44.0	37.3	7	21	64	1	
Avg. Per Game				165.9	228.3	OPP	73	3097	42.4	35.6	11	19	60	0	
Sacked/Yards Lost				48/242	38/244	Punt Returns	No	FC	Yds	Avg	LG	TD			
Gross Yards				2896	3897	Martin	32	15	270	8.4	33	0			
Att./Completions				498/280	595/333	SEA	33	15	280	8.5	33	0			
Completion Pct.				56.2	56.0	OPP	47	21	475	10.1	74t	1			
Had Intercepted				18	22	Kickoff Returns	No	FC	Yds	Avg	LG	TD			
PUNTS/AVERAGE				91/44.0	73/42.4	Bates	30	0	603	20.1	46	0			
NET PUNTING AVG.				37.3	35.6	Vaughn	16	0	280	17.5	31	0			
PENALTIES/YARDS				99/745	110/818	SEA	50	0	931	18.6	46	0			
FUMBLES/BALL LOST				25/13	23/15	OPP	52	1	967	18.6	95t	1			
TOUCHDOWNS				29	32										
Rushing				13	12										
Passing				13	16										
Returns				0	3										
Defensive				3	1										
SAFETIES				4	2										
TOTAL POINTS				280	314										
<b>Passing</b>				<b>Att</b>	<b>Cmp</b>	<b>Yds</b>	<b>Cmp%</b>	<b>Yds/Att</b>	<b>TD</b>	<b>TD%</b>	<b>Int</b>	<b>Int%</b>	<b>LG</b>	<b>Sacked</b>	<b>Rating</b>
Mirer				486	274	2833	56.4	5.83	12	2.5	17	3.5	53t	47/235	67.0
SEA				498	280	2896	56.2	5.82	13	2.6	18	3.6	53t	48/242	66.8
OPP				595	333	3897	56.0	6.55	16	2.7	22	3.7	58t	38/244	69.6

Field Goals	1-19	20-29	30-39	40-49	50+
Kasay	1/1	5/5	10/11	4/6	3/5
SEA	1/1	5/5	10/11	4/6	3/5
OPP	2/2	7/7	8/10	7/13	5/7

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
E. Robinson	111	84	27	2.0	15	3	2
Wooden	106	73	33	2.5	9	3	1
Stephens	105	75	30	2.5	1	2	1
Kennedy	77	60	17	6.5	3	1	1
Blackmon	74	55	19	0.0	11	0	1

**Record (Finish):** 6-10 (5th, AFC West)  
**Head Coach:** Tom Flores (8-24, .250)  
**Assistants:** Tom Catlin (Asst. Head Coach), Larry Kennan (Off. Coord./QBs), Rusty Tillman (Def. Coord./LBs), Tommy Brasher (DL), Bob Bratkowski (WRs), Dave Brown (Def.), Arnie Matsumoto (Staff Asst.), Paul Moyer (DBs), Howard Mudd (OL), Russ Purnell (TEs/Sp. Teams), Frank Raines (Strength & Cond.), Clarence Shelmon (RBs)  
**Captains:** FB John L. Williams (Off.), FS Eugene Robinson (Def.), FB Tracy Johnson & TE Trey Junkin (Sp. Teams)  
**MVP:** FS Eugene Robinson  
**Pro Bowl:** DT Cortez Kennedy (3), FS Eugene Robinson (2), RB Chris Warren (1)  
**National Honors:** QB Rick Mirer, NFL Offensive Rookie of the Year (NFLPA, FBD)  
**All-NFL:** DT Cortez Kennedy (AP, SI), FS Eugene Robinson (PFWA/PFW, Films, USA TODAY)

**OFFENSE**

Pos.		Starts
WR	Kelvin Martin	14
LT	Ray Roberts	16
LG	Darrick Brilz	16
C	Ray Donaldson	16
RG	Bill Hitchcock	14
RT	Andy Heck	16
TE	Paul Green	8
	Ferrell Edmunds	16
WR	Brian Blades	14
QB	*Rick Mirer	16
RB	Chris Warren	14
FB	John L. Williams	9

**DEFENSE**

LE	Jeff Bryant	15
LT	Joe Nash	16
RT	Cortez Kennedy	16
RE	Natu Tuatagaloa	15
RLB	Terry Wooden	16
MLB	Rod Stephens	13
RLB	Kevin Murphy	10
	Rufus Porter	6
LCB	Dwayne Harper	14
RCB	Patrick Hunter	15
SS	Robert Blackmon	16
FS	Eugene Robinson	16

**SPECIAL TEAMS**

K	John Kasay	16
P	Rick Tuten	16

\* Rookie or first-year player

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Buffalo	12	4	0	.750	329	242
Miami	9	7	0	.563	349	351
N.Y. Jets	8	8	0	.500	270	247
New England	5	11	0	.313	238	286
Indianapolis	4	12	0	.250	189	378

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Houston	12	4	0	.750	368	238
Pittsburgh*	9	7	0	.563	308	281
Cleveland	7	9	0	.438	304	307
Cincinnati	3	13	0	.188	187	319

WESTERN	W	L	T	Pct.	Pts.	Opp.
Kansas City	11	5	0	.688	328	291
L.A. Raiders*	10	6	0	.625	306	326
Denver*	9	7	0	.563	373	284
San Diego	8	8	0	.500	322	290
Seattle	6	10	0	.375	280	314

\*= Wild Card team

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	12	4	0	.750	376	229
N.Y. Giants*	11	5	0	.688	288	205
Philadelphia	8	8	0	.500	293	315
Phoenix	7	9	0	.438	326	269
Washington	4	12	0	.250	230	345

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Detroit	10	6	0	.625	298	292
Minnesota*	9	7	0	.563	277	290
Green Bay*	9	7	0	.563	340	282
Chicago	7	9	0	.438	234	230
Tampa Bay	5	11	0	.313	237	376

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	10	6	0	.625	473	295
New Orleans	8	8	0	.500	317	343
Atlanta	6	10	0	.375	316	385
L.A. Rams	5	11	0	.313	221	367

## 1994 REVIEW (6-10)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot
09/04	W	28-7	at Washington	52,930	SEA	53	74	49	111	0	287
09/11	W	38-9	at L.A. Raiders	47,319	OPP	48	98	65	109	3	323
09/18	L	24-10	*San Diego	65,536							
09/25	W	30-13	*Pittsburgh	59,637							
10/02	L	17-15	at Indianapolis	49,876							
10/09	L	16-9	*Denver	63,872							
10/16			BYE								
10/23	L	38-23	at Kansas City	78,847							
10/30	L	35-15	at San Diego	59,001							
11/06	L	20-17	Cincinnati (OT)	46,630							
11/13	L	17-10	at Denver	71,290							
11/20	W	22-21	Tampa Bay	37,466							
11/27	W	10-9	Kansas City	54,120							
12/04	L	31-19	Indianapolis	39,574							
12/11	W	16-14	at Houston	31,453							
12/18	L	17-16	L.A. Raiders	53,301							
12/24	L	35-9	at Cleveland	54,180							

\* at Husky Stadium

Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
Kasay	0	0	0	0	25/26	20/24	0	85
C. Warren	11	9	2	0	0	0	0	68
Blades	4	0	4	0	0	0	0	28
SEA	32	16	13	3	25/26	20/24	1	287
OPP	34	15	15	4	28/28	27/33	1	323

2-Point PATs: Tuten 1-2; Blades 2-2; McGwire 0-1; Vaughn 1-1; C. Warren 1-1  
SEA 4-6. OPP 4-6

Rushing	Att	Yds	Avg	LG	TD
C. Warren	333	1545	4.6	41	9
Mirer	34	153	4.5	14	0
Strong	27	114	4.2	14t	1
SEA	480	2084	4.3	41	16
OPP	511	1952	3.8	45t	15

Receiving	No	Yds	Avg	LG	TD
Blades	81	1086	13.4	45	4
Martin	56	681	12.2	32	1
C. Warren	41	323	7.9	51	2
SEA	253	2809	11.1	51	13
OPP	313	3603	11.5	99t	15

Kickoff Returns	No	Yds	Avg	LG	TD
Bates	26	508	19.5	38	0
Vaughn	18	443	24.6	93t	1
SEA	67	1467	21.9	93t	1
OPP	61	1229	20.1	45	0

Interceptions	No	Yds	Avg	LG	TD
4 players with	3				
SEA	19	284	14.9	69t	2
OPP	9	210	23.3	73t	2

Punting	No	Yds	Avg	Net	TB	I20	LG	B
Tuten	91	3905	42.9	36.7	7	33	64	0
SEA	91	3905	42.9	36.7	7	33	64	0
OPP	78	3188	40.9	35.5	4	25	64	1

Punt Returns	No	FC	Yds	Avg	LG	TD
Martin	33	20	280	8.5	23	0
SEA	37	23	337	9.1	31	0
OPP	43	21	426	9.9	78t	1

Team Statistics	Sea	Opp
TOTAL FIRST DOWNS	285	318
Rushing	114	122
Passing	143	178
Penalty	28	18
3rd Down: Made/Att.	89/235	83/224
3rd Down Pct.	37.9	37.1
4th Down: Made/Att.	10/19	8/20
4th Down Pct.	52.6	40.0
POSSESSION AVG.	28:35	31:25
TOTAL NET YARDS	4652	5349
Avg. Per Game	290.8	334.3
Total Plays	1018	1077
Avg. Per Play	4.6	5.0
NET YARDS RUSHING	2084	1952
Avg. Per Game	130.3	122.0
Total Rushes	480	511
NET YARDS PASSING	2568	3397
Avg. Per Game	160.5	212.3
Sacked/Yards Lost	40/241	29/206
Gross Yards	2809	3603
Att./Completions	498/253	537/313
Completion Pct.	50.8	58.3
Had Intercepted	9	19
PUNTS/AVERAGE	91/42.9	78/40.9
NET PUNTING AVG.	36.7	35.5
PENALTIES/YARDS	114/898	103/773
FUMBLES/BALL LOST	31/19	21/11
TOUCHDOWNS	32	34
Rushing	16	15
Passing	13	15
Returns	1	1
Defensive	2	3
TOTAL POINTS	287	323

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Mirer	381	195	2151	51.2	5.65	11	2.9	7	1.8	51	27/145	70.2
McGwire	105	51	578	48.6	5.65	1	1.0	2	1.9	36	13/96	60.7
SEA	498	253	2809	50.8	5.64	13	2.6	9	1.8	51	40/241	69.1
OPP	537	313	3603	58.3	6.71	15	2.8	19	3.5	99t	29/206	73.2

Field Goals	1-19	20-29	30-39	40-49	50+
Kasay	1/1	1/1	11/11	6/9	1/2
SEA	1/1	1/1	11/11	6/9	1/2
OPP	0/0	9/9	13/16	5/8	0/0

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
Stephens	128	95	33	2.5	0	3	2
Wooden	127	94	33	1.5	7	1	1
E. Robinson	80	65	15	1.0	8	0	1
Porter	75	61	14	1.5	6	0	0

**Record (Finish):** 6-10 (5th, AFC West)  
**Head Coach:** Tom Flores (14-34, .292)  
**Assistants:** Larry Kennan (Off. Coord./QBs), Rusty Tillman (Def. Coord./LBs), Tommy Brasher (DL), Bob Bratkowski (WRs), Dave Brown (Def.), Tom Catlin (Quality Control), Arnie Matsumoto (Staff Asst.), Paul Moyer (DBs), Howard Mudd (OL), Russ Purnell (TEs/Sp. Teams), Frank Raines (Strength & Cond.), Clarence Shelmon (RBs)  
**Captains:** C Ray Donaldson (Off), FS Eugene Robinson (Def), FB Tracy Johnson & TE Trey Junkin (Sp. Teams)  
**MVP:** RB Chris Warren  
**Pro Bowl:** DT Cortez Kennedy (4), P Rick Tuten (1), RB Chris Warren (2)  
**National Honors:** WR Steve Largent (Hall of Fame inductee)  
**All-NFL:** DT Cortez Kennedy (AP, SI, CPFN), P Rick Tuten (SI)

**OFFENSE**

Pos.		Starts
WR	Kelvin Martin	15
LT	Ray Roberts	14
LG	Jeff Blackshear	16
C	Ray Donaldson	16
RG	*Kevin Mawae	11
RT	Howard Ballard	16
TE	Paul Green	11
	Ferrell Edmunds	7
WR	Brian Blades	16
QB	Rick Mirer	13
	Dan McGwire	3
RB	Chris Warren	15
FB	Tracy Johnson	10

**DEFENSE**

LE	Antonio Edwards	8
	*Sam Adams	6
LT	Joe Nash	15
RT	Cortez Kennedy	16
RE	Brent Williams	9
	Antonio Edwards	6
LLB	Terry Wooden	15
MLB	Rod Stephens	16
RLB	Rufus Porter	14
LCB	Carlton Gray	11
	Tony Brown	5
RCB	Patrick Hunter	5
	Terry Taylor	3
SS	Robert Blackmon	15
FS	Eugene Robinson	14

**SPECIAL TEAMS**

K	John Kasay	16
P	Rick Tuten	16

\* Rookie or first-year player

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Miami	10	6	0	.625	389	327
New England*	10	6	0	.625	351	312
Indianapolis	8	8	0	.500	307	320
Buffalo	7	9	0	.438	340	356
N.Y. Jets	6	10	0	.375	264	320

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	12	4	0	.750	316	234
Cleveland*	11	5	0	.688	340	204
Cincinnati	3	13	0	.188	276	406
Houston	2	14	0	.125	226	352

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Diego	11	5	0	.688	381	306
Kansas City*	9	7	0	.563	319	398
L.A. Raiders	9	7	0	.563	303	327
Denver	7	9	0	.438	347	396
Seattle	6	10	0	.375	287	323

\*= Wild Card team

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	12	4	0	.750	414	248
N.Y. Giants	9	7	0	.563	279	304
Arizona	8	8	0	.500	235	267
Philadelphia	7	9	0	.438	308	308
Washington	3	13	0	.188	320	412

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Minnesota	10	6	0	.625	356	314
Green Bay*	9	7	0	.563	382	287
Detroit*	9	7	0	.563	357	342
Chicago*	9	7	0	.563	271	307
Tampa Bay	6	10	0	.375	251	351

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	13	3	0	.813	505	296
New Orleans	7	9	0	.438	348	407
Atlanta	7	9	0	.438	317	385
L.A. Rams	4	12	0	.250	286	365

## 1995 REVIEW (8-8)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot
09/03	L	34-10	Kansas City	47,564	SEA	79	77	88	119	0	363
09/10	L	14-10	at San Diego	54,420	OPP	90	128	48	94	6	366
09/17	W	24-21	Cincinnati	39,492							
09/24			BYE								
10/01	W	27-10	Denver	49,914							
10/08	L	34-14	at Oakland	50,213							
10/15	L	27-21	at Buffalo	74,362							
10/22	L	35-25	San Diego	45,821							
10/29	L	20-14	at Arizona (OT)	39,600							
11/05	W	30-28	New York Giants	42,100							
11/12	W	47-30	at Jacksonville	71,290							
11/19	W	27-20	at Washington	51,298							
11/26	L	16-10	New York Jets	41,160							
12/03	W	26-14	Philadelphia	39,893							
12/10	W	31-27	at Denver	71,488							
12/17	W	44-10	Oakland	58,428							
12/24	L	26-3	at Kansas City	75,784							

Team Statistics	Sea	Opp
TOTAL FIRST DOWNS	311	321
Rushing	121	116
Passing	171	181
Penalty	19	24
3rd Down: Made/Att.	82/217	81/218
3rd Down Pct.	37.8	37.2
4th Down: Made/Att.	9/13	10/18
4th Down Pct.	69.2	55.6
POSSESSION AVG.	28:30	31:30
TOTAL NET YARDS	5270	5669
Avg. Per Game	329.4	354.3
Total Plays	1033	1078
Avg. Per Play	5.1	5.3
NET YARDS RUSHING	2178	2130
Avg. Per Game	136.1	133.1
Total Rushes	477	496
NET YARDS PASSING	3092	3539
Avg. Per Game	193.3	221.2
Sacked/Yards Lost	45/267	28/167
Gross Yards	3359	3706
Att./Completions	511/273	554/310
Completion Pct.	53.4	56.0
Had Intercepted	23	16
PUNTS/AVERAGE	83/45.0	81/42.6
NET PUNTING AVG.	36.5	36.4
PENALTIES/YARDS	100/852	114/901
FUMBLES/BALL LOST	24/9	17/9
TOUCHDOWNS	42	43
Rushing	20	11
Passing	19	26
Returns	1	2
Defensive	2	4
TOTAL POINTS	363	366

Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
Peterson	0	0	0	0	40/40	23/28	0	109
Warren	16	15	0	0	0	0	0	96
Galloway	9	1	7	1	0	0	0	54
SEA	42	20	19	3	40/40	23/28	1	363
OPP	43	11	26	6	36/37	24/35	0	366

2-Point PATs: Mirer 0-1, Warren 0-1  
SEA 0-2, Opp 0-5.

Rushing	Att	Yds	Avg	LG	TD
Warren	310	1346	4.3	52	15
Broussard	46	222	4.8	21t	1
L. Smith	36	215	6.0	68	0
SEA	477	2178	4.6	86t	20
OPP	496	2130	4.3	46	11

Receiving	No	Yds	Avg	LG	TD
Blades	77	1001	13.0	49	4
Galloway	67	1039	15.5	59t	7
Warren	35	247	7.1	20t	1
Crumpler	23	254	11.0	24	1
SEA	273	3359	12.3	59t	19
OPP	310	3706	12.0	88t	26

Interceptions	No	Yds	Avg	LG	TD
Blackmon	5	46	9.2	21	0
Gray	4	45	11.3	26	0
SEA	16	127	7.9	32	0
OPP	24	384	16.7	72t	2

Punting	No	Yds	Avg	Net	TB	I20	LG	B
Tuten	83	3735	45.0	36.5	8	21	73	0
SEA	83	3735	45.0	36.5	8	21	73	0
OPP	81	3449	42.6	36.4	6	24	62	0

Punt Returns	No	FC	Yds	Avg	LG	TD
Galloway	36	12	360	10.0	89t	1
SEA	40	13	384	9.6	89t	1
OPP	48	7	549	11.4	44	0

Kickoff Returns	No	Yds	Avg	LG	TD
Broussard	43	1064	24.7	70	0
SEA	72	1620	22.5	70	0
OPP	70	1669	23.8	99t	2

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Mirer	391	209	2564	53.5	6.56	13	3.3	20	5.1	59t	42/255	63.7
Friesz	120	64	795	53.3	6.63	6	5.0	3	2.5	43t	3/12	80.4
SEA	511	273	3359	53.4	6.57	19	3.7	23	4.5	59t	45/267	67.6
OPP	554	310	3706	56.0	6.69	26	4.7	16	2.9	88t	28/167	80.2

Field Goals	1-19	20-29	30-39	40-49	50+
Peterson	1/1	5/5	9/10	8/10	0/2
SEA	1/1	5/5	9/10	8/10	0/2
OPP	1/1	10/13	5/7	7/9	1/5

## DEFENSIVE STATISTICS

Player	T	S	A	Sac	PD	FF	FR
Wooden	135	114	21	0.0	8	1	0
E. Robinson	105	79	26	0.0	4	0	1
Moss	88	65	23	2.0	5	1	2
C. Harris	85	77	8	0.0	12	1	1
Gray	73	68	5	0.0	19	0	0

Record (Finish): 8-8, (3rd, AFC West)

Head Coach: Dennis Erickson (8-8, .500)

Assistants: Gregg Smith (Asst. Head

Coach/TEs), Bob Bratkowski (Off. Coord./WRs),

Greg McMackin (Def. Coord.), Dave Arnold

(Sp. Teams), Tommy Brasher (DL), Dave Brown

(Def), Tom Catlin (Quality Control), Ned James

(Off. Asst.), Dana LeDuc (Strength & Cond.),

Arnie Matsumoto (Def. Asst.), Howard Mudd

(OL), Rich Olson (QBs), Mike Murphy (LBs),

Willy Robinson (DBs), Clarence Shelmon (RBs)

Captains: Rick Mirer (Off.), Eugene Robinson

(Def.), Trey Junkin (Sp. Teams)

MVP: RB Chris Warren

Pro Bowl: DT Cortez Kennedy (5), RB Chris

Warren (3)

National Honors: WR Steve Largent inducted

into Pro Football Hall of Fame

## OFFENSE

Pos.		Starts
WR	*Joey Galloway	16
LT	James Atkins	16
LG	*Matt Joyce	13
C	Jim Sweeney	16
RG	Kevin Mawae	16
RT	Howard Ballard	16
TE	*Christian Fauria	9
	Carlester Crumpler	7
WR	Brian Blades	16
QB	Rick Mirer	13
	John Friesz	3
RB	Chris Warren	16
FB	Steve Smith	7
	Tracy Johnson	4

## DEFENSE

LE	Michael Sinclair	15
LT	Joe Nash	11
	Sam Adams	5
RT	Cortez Kennedy	16
RE	Brent Williams	9
	Antonio Edwards	7
SLB	Terry Wooden	16
MLB	Dean Wells	10
WLB	Winston Moss	16
LCB	Carlton Gray	16
RCB	Corey Harris	16
SS	Robert Blackmon	13
FS	Eugene Robinson	16

## SPECIAL TEAMS

K	Todd Peterson	16
P	Rick Tuten	16

\* Rookie or first-year player

## AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Buffalo	10	6	0	.625	350	335
Indianapolis*	9	7	0	.563	331	316
Miami*	9	7	0	.563	398	332
New England	6	10	0	.375	294	377
N.Y. Jets	3	13	0	.188	233	384

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	11	5	0	.688	407	327
Cincinnati	7	9	0	.438	349	374
Houston	7	9	0	.438	348	324
Cleveland	5	11	0	.313	289	356
Jacksonville	4	12	0	.250	275	404

WESTERN	W	L	T	Pct.	Pts.	Opp.
Kansas City	13	3	0	.813	358	241
San Diego*	9	7	0	.563	321	323
Seattle	8	8	0	.500	363	366
Denver	8	8	0	.500	388	345
Oakland	8	8	0	.500	348	332

\*= Wild Card team

## NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	12	4	0	.750	435	291
Philadelphia*	10	6	0	.625	318	338
Washington	6	10	0	.375	326	359
N.Y. Giants	5	11	0	.313	290	340
Arizona	4	12	0	.250	275	422

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Green Bay	11	5	0	.688	401	314
Detroit*	10	6	0	.625	436	336
Chicago	9	7	0	.563	392	360
Tampa Bay	7	9	0	.438	238	335

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	11	5	0	.688	457	258
Atlanta*	9	7	0	.563	362	349
St. Louis	7	9	0	.438	309	418
Carolina	7	9	0	.438	289	325
New Orleans	7	9	0	.438	319	348

## 1996 REVIEW (7-9)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot
09/01	L	29-7	at San Diego	58,780	SEA	53	117	57	90	--	317
09/08	L	30-20	Denver	43,671	OPP	85	111	64	116	--	376
09/15	L	35-17	Kansas City	39,790							
09/22	W	17-13	at Tampa Bay	30,212							
09/29	L	31-10	Green Bay	59,973							
10/06	W	22-15	at Miami	59,539							
10/13			BYE								
10/17	L	34-16	at Kansas City	76,057							
10/27	W	32-13	San Diego	38,143							
11/03	W	23-16	Houston	36,320							
11/10	W	42-23	Minnesota	50,794							
11/17	L	17-16	at Detroit	51,194							
11/24	L	27-21	Oakland	47,506							
12/01	L	34-7	at Denver	74,982							
12/08	W	26-18	Buffalo	41,373							
12/15	L	20-13	at Jacksonville	66,134							
12/22	W	28-21	at Oakland	33,455							

Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
Peterson	0	0	0	0	27/27	28/34	0	111
Smith	8	8	0	0	0	0	0	54
Galloway	8	0	7	1	0	0	0	48
Warren	5	5	0	0	0	0	0	32
SEA	33	16	14	3	27/27	28/34	0	317
OPP	40	15	25	0	35/35	31/34	1	376

2-Point PATs: Smith 3-3, Warren 1-3  
SEA 4-6, Opp 3-5.

Team Statistics	Sea	Opp
TOTAL FIRST DOWNS	268	325
Rushing	94	114
Passing	147	181
Penalty	27	30
3rd Down: Made/Att.	64/212	80/211
3rd Down Pct.	30.2	37.9
4th Down: Made/Att.	7/17	7/15
4th Down Pct.	41.2	46.7
POSSESSION AVG.	28:01	31:59
TOTAL NET YARDS	5024	5437
Avg. Per Game	314.0	339.8
Total Plays	974	1066
Avg. Per Play	5.2	5.1
NET YARDS RUSHING	1997	2098
Avg. Per Game	124.8	131.0
Total Rushes	442	506
NET YARDS PASSING	3027	3339
Avg. Per Game	189.2	208.7
Sacked/Yards Lost	38/189	48/285
Gross Yards	3216	3624
Att./Completions	494/261	512/303
Completion Pct.	52.8	59.2
Had Intercepted	17	14
PUNTS/AVG.	86/43.6	76/42.3
Net Punting Avg.	34.5	34.0
PENALTIES/YARDS	112/879	98/804
FUMBLES/ LOST	24/12	37/18
TOUCHDOWNS	33	40
Rushing	16	15
Passing	14	25
Defense	1	0
Returns	2	0
TOTAL POINTS	317	376

Rushing	Att	Yds	Avg	LG	TD
Warren	203	855	4.2	51	5
Smith	153	680	4.4	29	8
Mirer	33	191	5.8	33	2
SEA	442	1997	4.5	51	16
OPP	506	2098	4.1	40	15

Receiving	No	Yds	Avg	LG	TD
Galloway	57	987	17.3	65t	7
Blades	43	556	12.9	80t	2
Warren	40	273	6.8	33	0
Crumpler	26	258	9.9	26	0
Proehl	23	309	13.4	56	2
SEA	261	3216	12.3	80t	14
OPP	303	3624	12.0	65t	25

Punt Returns	No	FC	Yds	Avg	LG	TD
Galloway	15	5	158	10.5	88t	1
R. Harris	19	10	194	10.2	35	0
SEA	34	15	352	10.4	88t	1
OPP	52	17	640	12.3	50	0

Interceptions	No	Yds	Avg	LG	TD
D. Williams	5	148	29.6	79t	1
2 players with	3				
SEA	14	256	18.3	79t	1
OPP	17	305	17.9	63	0

Punting	No	Yds	Avg	Net	TB	I20	LG	B
Tuten	85	3746	44.1	34.5	7	21	66	1
SEA	86	3746	43.6	34.5	7	21	66	1
OPP	76	3214	42.3	34.0	14	23	57	0

Kickoff Returns	No	Yds	Avg	LG	TD
Broussard	43	979	22.8	86	0
SEA	71	1542	21.7	86	0
OPP	72	1642	22.8	60	0

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Friesz	211	120	1629	56.9	7.72	8	3.8	4	1.9	80t	12/77	86.4
Mirer	265	136	1546	51.3	5.83	5	1.9	12	4.5	60	22/84	56.6
SEA	494	261	3216	52.8	6.51	14	2.8	17	3.4	80t	38/189	68.3
OPP	512	303	3624	59.2	7.08	25	4.9	14	2.7	65t	48/285	85.8

<b>Field Goals</b>	<b>1-19</b>	<b>20-29</b>	<b>30-39</b>	<b>40-49</b>	<b>50+</b>
Peterson	0/0	11/13	7/7	8/11	2/3
SEA	0/0	11/13	7/7	8/11	2/3
OPP	3/3	9/9	8/11	9/9	2/2

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
Wells	107	82	25	1.0	4	0	2
Moss	106	77	29	1.0	4	0	0
Blackmon	102	80	22	1.0	7	3	0
D. Williams	80	67	13	0.0	11	0	1
McCrary	76	57	19	13.5	3	1	1

**Record (finish):** 7-9 (T4th, AFC West)  
**Head Coach:** Dennis Erickson (15-17, .469)  
**Assistants:** Gregg Smith (Asst. Head Coach/TEs), Bob Bratkowski (Off. Coord./WRs), Greg McMackin (Def. Coord.), Dave Arnold (Sp. Teams), Tommy Brasher (DL), Dave Brown (Def. Coach), Keith Gilbertson (Def. Asst.), Ned James (Off. Asst.), Dana LeDuc (Strength & Cond.), Howard Mudd (OL), Rich Olson (QBs), Mike Murphy (LBs), Willy Robinson (DBs), Clarence Shelton (RBs)  
**Captains:** QB Rick Mirer & RB Chris Warren (Off.), LB Winston Moss & LB Terry Wooden (Def.), P Rick Tuten (Sp. Teams)  
**MVP:** DT Cortez Kennedy  
**Pro Bowl:** DT Cortez Kennedy (6), DE Michael Sinclair (1)

**OFFENSE**

Pos.		Starts
WR	Joey Galloway	16
LT	James Atkins	16
LG	*Pete Kendall	11
C	Kevin Mawae	16
RG	Derrick Graham	16
RT	Howard Ballard	16
TE	Carlester Crumpler	7
	Christian Fauria	9
WR	Brian Blades	9
	Ricky Proehl	7
QB	Rick Mirer	9
	John Friesz	6
	Stan Gelbaugh	1
RB	Chris Warren	14
FB	Mack Strong	8

**DEFENSE**

LE	Michael Sinclair	16
LT	Sam Adams	16
RT	Cortez Kennedy	16
RE	Michael McCrary	13
SLB	Terry Wooden	9
	Michael Barber	7
MLB	Dean Wells	15
WLB	Winston Moss	16
LCB	Carlton Gray	16
RCB	Corey Harris	16
SS	Robert Blackmon	16
FS	Darryl Williams	16

**SPECIAL TEAMS**

K	Todd Peterson	16
P	Rick Tuten	16

\* Rookie or first-year player

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
New England	11	5	0	.688	418	313
Buffalo*	10	6	0	.625	319	266
Indianapolis*	9	7	0	.563	317	334
Miami	8	8	0	.500	339	325
N.Y. Jets	1	15	0	.063	279	454

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	10	6	0	.625	344	257
Jacksonville*	9	7	0	.563	325	335
Cincinnati	8	8	0	.500	372	369
Houston	8	8	0	.500	345	319
Baltimore	4	12	0	.250	371	441

WESTERN	W	L	T	Pct.	Pts.	Opp.
Denver	13	3	0	.813	391	275
Kansas City	9	7	0	.563	297	300
San Diego	8	8	0	.500	310	376
Oakland	7	9	0	.438	340	293
Seattle	7	9	0	.438	317	376

\*Wild Card team

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	10	6	0	.625	286	250
Philadelphia*	10	6	0	.625	363	341
Washington	9	7	0	.563	364	312
Arizona	7	9	0	.438	300	397
N.Y. Giants	6	10	0	.375	242	297

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Green Bay	13	3	0	.813	456	210
Minnesota*	9	7	0	.563	298	315
Chicago	7	9	0	.438	283	305
Tampa Bay	6	10	0	.375	221	293
Detroit	5	11	0	.313	302	368

WESTERN	W	L	T	Pct.	Pts.	Opp.
Carolina	12	4	0	.750	367	218
San Francisco*	12	4	0	.750	398	257
St. Louis	6	10	0	.375	303	409
Atlanta	3	13	0	.188	209	461
New Orleans	3	13	0	.188	229	339



Kickoff Returns	No	Yds	Avg	LG	TD
Broussard	50	1076	21.5	43	0
SEA	76	1550	20.4	43	0
OPP	77	1779	23.1	93t	1

Field Goals	1-19	20-29	30-39	40-49	50+
Peterson	0/0	9/9	7/10	5/7	1/2
SEA	0/0	9/9	7/10	5/7	1/2
OPP	2/2	12/13	5/5	8/10	4/4

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
C. Brown	104	75	29	6.5	3	1	4
D. Williams	93	68	25	0.0	13	1	1
Wells	92	74	18	1.0	2	1	1
Be. Blades	70	58	12	1.0	2	0	0

Record (finish): 8-8 (3rd, AFC West)

Head Coach: Dennis Erickson (23-25, .479)

Assistants: Gregg Smith (Asst. Head

Coach/OL), Bob Bratkowski (Off. Coord./WRs),

Greg McMackin (Def. Coord.), Dave Arnold

(Sp. Teams), Tommy Brasher (DL), Dave Brown

(Def. Coach), Keith Gilbertson (TEs), Ned

James (Off. Asst.), Darren Krein (Asst. Str. &

Cond.), Dana LeDuc (Strength & Cond.),

Howard Mudd (OL), Rich Olson (QBs), Mike

Murphy (LBs), Willy Robinson (DBs), Clarence

Shelmon (RBs), Jim Zorn (Off. Asst.)

Captains: QB John Friesz (Off.), LB Winston

Moss (Def.), S Jay Bellamy (Sp. Teams)

MVP: FS Darryl Williams

Most Bowl: DE Michael Sinclair (2), FS Darryl

Williams (1)

OFFENSE		Starts
Pos.		
WR	Joey Galloway	15
LT	*Walter Jones	12
LG	Pete Kendall	16
C	Kevin Mawae	16
RG	Derrick Graham	9
RT	Howard Ballard	10
R/LT	Grant Williams	8
TE	Carlester Crumpler	12
WR	Mike Pritchard	15
QB	Warren Moon	14
	John Friesz	1
	*Jon Kitna	1
RB	Chris Warren	13
FB	Mack Strong	9

**DEFENSE**

LE	Michael Sinclair	16
LT	Sam Adams	15
RT	Dan Saleaumua	9
	Cortez Kennedy	8
RE	Phillip Daniels	11
LLB	Winston Moss	14
MLB	Dean Wells	16
RLB	Chad Brown	15
LCB	Shawn Springs	10
RCB	Willie Williams	16
SS	Bennie Blades	9
	Jay Bellamy	7
FS	Darryl Williams	16

**SPECIAL TEAMS**

K	Todd Peterson	16
P	Rick Tuten	10
	Rohn Stark	4

\* Rookie or first-year player

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
New England	10	6	0	.625	369	289
Miami*	9	7	0	.563	339	327
N.Y. Jets	9	7	0	.563	348	287
Buffalo	6	10	0	.375	255	367
Indianapolis	3	13	0	.188	313	401

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	11	5	0	.688	372	307
Jacksonville*	11	5	0	.688	394	318
Tennessee	8	8	0	.500	333	310
Cincinnati	7	9	0	.438	355	405
Baltimore	6	9	1	.406	326	345

WESTERN	W	L	T	Pct.	Pts.	Opp.
Kansas City	13	3	0	.813	375	232
Denver*	12	4	0	.750	472	287
Seattle	8	8	0	.500	365	362
Oakland	4	12	0	.250	324	419
San Diego	4	12	0	.250	266	425

\*= Wild Card team

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
N.Y. Giants	10	5	1	.656	307	265
Washington	8	7	1	.531	327	289
Philadelphia	6	9	1	.406	317	372
Dallas	6	10	0	.375	304	314
Arizona	4	12	0	.250	283	379

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Green Bay	13	3	0	.813	422	282
Tampa Bay*	10	6	0	.625	299	263
Detroit*	9	7	0	.563	379	306
Minnesota*	9	7	0	.563	354	359
Chicago	4	12	0	.250	263	421

WESTERN	W	L	T	Pct.	Pts.	Opp.
San Francisco	13	3	0	.813	375	265
Carolina	7	9	0	.438	265	314
Atlanta	7	9	0	.438	320	361
New Orleans	6	10	0	.375	237	327
St. Louis	5	11	0	.313	299	359

## 1998 REVIEW (8-8)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot
09/06	W	38-0	at Philadelphia	66,418	SEA	107	91	75	99	0	372
09/13	W	33-14	Arizona	57,678	Opp	71	73	61	105	0	310
09/20	W	24-14	Washington	63,336							
09/27	L	13-10	at Pittsburgh	58,413							
10/04	L	17-6	at Kansas City	66,418							
10/11	L	21-16	Denver	66,258							
10/18			BYE								
10/25	W	27-20	at San Diego	58,512							
11/01	L	31-18	Oakland	66,246							
11/08	W	24-12	Kansas City	66,251							
11/15	L	20-17	at Oakland	51,527							
11/22	L	30-22	at Dallas	64,142							
11/29	W	20-18	Tennessee	59,048							
12/06	L	32-31	at NY Jets	72,200							
12/13	W	38-17	San Diego	62,690							
12/20	W	27-23	Indianapolis	58,703							
12/27	L	28-21	at Denver	74,057							

## Team Statistics

	Sea	Opp
TOTAL FIRST DOWNS	267	337
Rushing	92	111
Passing	144	197
Penalty	31	29
3rd Down: Made/Att.	54/195	92/236
3rd Down Pct.	27.7	39.0
4th Down: Made/Att.	6/17	8/20
4th Down Pct.	35.3	40.0
POSSESSION AVG.	27:05	32:55
TOTAL NET YARDS	4626	5689
Avg. Per Game	289.1	355.6
Total Plays	940	1137
Avg. Per Play	4.9	5.0
NET YARDS RUSHING	1626	1999
Avg. Per Game	101.6	124.9
Total Rushes	426	487
NET YARDS PASSING	3000	3690
Avg. Per Game	187.5	230.6
Sacked/Yards Lost	34/219	53/282
Gross Yards	3219	3972
Att./Completions	480/273	597/343
Completion Pct.	56.9	57.5
Had Intercepted	18	24
PUNTS/AVERAGE	81/44.1	78/43.6
Net Punting Avg.	36.5	36.0
PENALTIES/YARDS	117/914	130/1157
FUMBLES/LOST	30/16	34/18
TOUCHDOWNS	45	35
Rushing	11	13
Passing	21	18
Defensive	10	3
Returns	3	1
FIELD GOALS	19/24	23/30
TOTAL POINTS	372	310

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Moon	258	145	1632	56.2	6.33	11	4.3	8	3.1	45	22/140	76.6
Kitna	172	98	1177	57.0	6.84	7	4.1	8	4.7	70t	11/72	72.3
Friesz	49	29	409	59.2	8.35	2	4.1	2	4.1	81t	1/7	82.8
SEA	480	273	3219	56.9	6.71	21	4.4	18	3.8	81t	34/219	76.4
OPP	597	343	3972	57.5	6.65	18	3.0	24	4.0	80t	53/282	71.0

Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
Peterson	0	0	0	0	41/41	19/24	0	98
Galloway	12	0	10	2	0	0	0	72
Watters	9	9	0	0	0	0	0	56
Pritchard	3	0	3	0	0	0	0	20
Springs	3	0	0	3	0	0	0	18
SEA	45	11	21	13	41/41	19/24	0	372
OPP	35	13	18	4	31/31	23/30	0	310

2-Point PATs: SEA 2-4, OPP 0-4.

Rushing	Att	Yds	Avg	LG	TD
Watters	319	1239	3.9	39t	9
A. Green	35	209	6.0	64	1
Kitna	20	67	3.4	21	1
SEA	426	1626	3.8	64	11
OPP	487	1999	4.1	70	13

Receiving	No	Yds	Avg	LG	TD
Galloway	65	1047	16.1	81t	10
Pritchard	58	742	12.8	50t	3
Watters	52	373	7.2	24	0
Fauria	37	377	10.2	25	2
McKnight	21	346	16.5	59t	2
Blades	15	184	12.3	47	0
SEA	273	3219	11.8	81t	21
OPP	343	3972	11.6	80t	18

Punting	No	Yds	Avg	Net	TB	I20	LG	B
Feagles	81	3570	44.1	36.5	12	27	59	0
SEA	81	3570	44.1	36.5	12	27	50	0
OPP	78	3397	43.6	36.0	8	23	61	0

Punt Returns	No	FC	Yds	Avg	LG	TD
Galloway	25	5	251	10.0	74t	2
Joseph	15	5	182	12.1	66	0
SEA	41	10	428	10.4	74t	2
OPP	33	15	371	11.2	63t	1

Interceptions	No	Yds	Avg	LG	TD
Springs	7	142	20.3	56t	2
D. Smith	3	56	18.7	26t	2
D. Williams	3	41	13.7	28	0
Bellamy	3	40	13.3	24	0
W. Williams	2	36	18.0	28t	1
SEA	24	455	19.0	56t	8
OPP	18	220	12.2	74t	2

Kickoff Returns	No	Yds	Avg	LG	TD
Broussard	29	781	26.9	90t	1
A. Green	27	620	23.0	57	0
SEA	64	1510	23.6	90t	1
OPP	68	1311	19.3	35	0

Field Goals	1-19	20-29	30-39	40-49	50+
Peterson	0/0	7/7	4/5	5/5	3/7
SEA	0/0	7/7	4/5	5/5	3/7
OPP	0/0	10/10	6/7	6/11	1/2

### DEFENSIVE STATISTICS

Player	T	S	A	Sac	PD	FF	FR
C. Brown	150	119	31	7.5	8	1	1
Bellamy	98	81	17	1.0	10	2	2
D. Williams	97	71	26	0.0	11	3	3
Springs	85	61	14	0.0	23	1	1
D. Smith	80	59	21	5.0	2	5	2

**Record (finish):** 8-8 (3rd, AFC West)  
**Head Coach:** Dennis Erickson (31-33, .484)  
**Assistants:** Pete Rodriguez (Asst. Head Coach/Special Teams), Bob Bratkowski (Off. Coord.), Greg McMackin (Def. Coord.), Tommy Brasher (DL), Dave Brown (Def. Coach), Keith Gilbertson (TEs), Milt Jackson (WRs), Jim Johnson (LBs), Darren Krein (Asst. Strength & Cond.), Tim Lappano (RBs), Dana LeDuc (Strength & Cond.), Bill Meyers (Asst. Off. Line), Rich Olson (QB), Willy Robinson (DBs), Gregg Smith (Off. Line), Eric Yarber (Off. Quality Control)  
**Captains:** QB Warren Moon, C Kevin Glover, DE Michael Sinclair, S Darryl Williams, ST Jay Bellamy  
**MVP:** LB Chad Brown  
**Pro Bowl:** LB Chad Brown (2), DE Michael Sinclair (3), CB Shawn Springs (1), DT Cortez Kennedy (7)

### AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
N.Y. Jets	12	4	0	.750	416	266
Miami*	10	6	0	.625	321	265
Buffalo*	10	6	0	.625	400	333
New England*	9	7	0	.563	337	329
Indianapolis	3	13	0	.188	310	444

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Jacksonville	11	5	0	.688	392	338
Tennessee	8	8	0	.500	330	320
Pittsburgh	7	9	0	.438	263	303
Baltimore	6	10	0	.375	269	335
Cincinnati	3	13	0	.188	268	452

WESTERN	W	L	T	Pct.	Pts.	Opp.
Denver	14	2	0	.875	501	309
Oakland	8	8	0	.500	325	378
Seattle	8	8	0	.500	372	310
Kansas City	7	9	0	.438	327	363
San Diego	5	11	0	.313	241	342

\*= Wild Card

### OFFENSE

Pos.		Starts
WR	Joey Galloway	16
LT	Walter Jones	16
LG	Pete Kendall	16
C	Kevin Glover	8
	Chris Gray	8
RG	Brian Habib	16
RT	Howard Ballard	16
TE	Christian Fauria	15
WR	Mike Pritchard	16
	Brian Blades	6
QB	Warren Moon	10
	Jon Kitna	5
	John Friesz	1
RB	Ricky Watters	16
FB	Mack Strong	6

### DEFENSE

LE	Michael Sinclair	16
LT	Sam Adams	11
RT	Cortez Kennedy	15
RE	Phillip Daniels	15
OLB	Chad Brown	16
MLB	Dean Wells	7
	*DeShone Myles	7
OLB	Darrin Smith	10
	*Anthony Simmons	4
LCB	Shawn Springs	16
RCB	Willie Williams	14
SS	Jay Bellamy	16
FS	Darryl Williams	16

### SPECIAL TEAMS

K	Todd Peterson	16
P	Jeff Feagles	16

\* Rookie or first-year player

### NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Dallas	10	6	0	.625	381	275
Arizona*	9	7	0	.563	325	378
N.Y. Giants	8	8	0	.500	287	309
Washington	6	10	0	.375	319	421
Philadelphia	3	13	0	.188	161	344

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Minnesota	15	1	0	.938	556	296
Green Bay*	11	5	0	.688	408	319
Tampa Bay	8	8	0	.500	314	295
Detroit	5	11	0	.313	306	378
Chicago	4	12	0	.250	276	368

WESTERN	W	L	T	Pct.	Pts.	Opp.
Atlanta	14	2	0	.875	442	289
San Francisco*	12	4	0	.750	479	328
New Orleans	6	10	0	.375	305	359
Carolina	4	12	0	.250	336	413
St. Louis	4	12	0	.250	285	378

## 1999 REVIEW (9-7; 0-1 PLAYOFFS)

Date	W/L	Score	Opponents	Att	By Quarters	1	2	3	4	OT	Tot
09/12	L	28-20	Detroit	66,238	SEA	86	104	70	78	0	338
09/19	W	14-13	at Chicago	66,944	OPP	53	109	59	71	6	298
09/26	W	29-10	at Pittsburgh	57,881							
10/03	W	22-21	Oakland	66,400							
10/10			BYE								
10/17	L	13-10	at San Diego	59,432							
10/24	W	26-16	Buffalo	66,301							
11/01	W	27-7	at Green Bay	59,869							
11/07	W	37-20	Cincinnati	66,303							
11/14	W	20-17	Denver	66,314							
11/21	W	31-19	at Kansas City	78,714							
11/28	L	16-3	Tampa Bay	66,314							
12/05	L	30-21	at Oakland	44,716							
12/12	L	19-16	San Diego	66,318							
12/19	L	36-30	at Denver (OT)	65,987							
12/26	W	23-14	Kansas City	66,332							
01/02	L	19-9	at New York Jets	78,154							

## POSTSEASON

01/09	L	20-17	Miami	66,170							
			(AFC Wild Card Game)								

Team Statistics	Sea	Opp
TOTAL FIRST DOWNS	276	313
Rushing	65	107
Passing	179	183
Penalty	32	23
3rd Down: Made/Att.	68/210	89/239
3rd Down Pct.	32.4	37.2
4th Down: Made/Att.	2/8	8/18
4th Down Pct.	25.0	44.4
POSSESSION AVG.	27:48	32:12
TOTAL NET YARDS	4805	5426
Avg. Per Game	300.3	339.1
Total Plays	971	1104
Avg. Per Play	4.9	4.9
NET YARDS RUSHING	1408	1934
Avg. Per Game	88.0	120.9
Total Rushes	408	484
NET YARDS PASSING	3397	3492
Avg. Per Game	212.3	218.3
Sacked/Yards Lost	38/232	38/252
Gross Yards	3629	3744
Att./Completions	525/288	582/320
Completion Pct.	54.9	55.0
Had Intercepted	16	30
PUNTS/AVERAGE	84/40.8	81/42.0
Net Punting Avg.	35.2	34.3
PENALTIES/YARDS	98/883	128/985
FUMBLES/LOST	31/17	17/6
TOUCHDOWNS	34	30
Rushing	5	9
Passing	25	19
Defensive	3	1
Returns	1	1
FIELD GOALS	34/40	30/38
TOTAL POINTS	338	298

Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
Peterson	0	0	0	0	32/32	34/40	0	134
Mayes	10	0	10	0	0	0	0	60
Watters	7	5	2	0	0	0	0	42
Dawkins	7	0	7	0	0	0	0	42
Pritchard	2	0	2	0	0	0	0	12
SEA	34	5	25	4	32/32	34/40	0	338
OPP	30	9	19	2	26/27	30/38	1	298

2-Point PATs: SEA 0-2, OPP 0-2.

Rushing	Att	Yds	Avg	LG	TD
Watters	325	1210	3.7	45	5
Green	26	120	4.6	21	0
Kitna	35	56	1.6	10	0
R. Brown	14	38	2.7	0	0
SEA	408	1408	3.5	45	5
OPP	484	1934	4.0	71	9

Receiving	No	Yds	Avg	LG	TD
Mayes	65	829	13.4	54t	10
Dawkins	58	992	17.1	45t	7
Watters	40	387	9.7	25	2
Fauria	35	376	10.7	25	0
R. Brown	34	228	6.7	26	1
Pritchard	26	375	14.4	51	2
Galloway	22	335	15.2	48	1
Mili	5	28	5.6	8	1
Bownes	4	68	17.0	49t	1
SEA	288	3629	12.6	51	25
OPP	320	3744	11.7	76t	19

Punting	No	Yds	Avg	Net	TB	I20	LG	B
Feagles	84	3425	40.8	35.2	5	34	59	0
SEA	84	3425	40.8	35.2	5	34	59	0
OPP	81	3398	42.0	34.3	10	23	68	0

Punt Returns	No	FC	Yds	Avg	LG	TD
Rogers	22	18	318	14.5	94t	1
SEA	30	24	419	14.0	94t	1
OPP	36	18	370	10.3	81t	1

Interceptions	No	Yds	Avg	LG	TD
Springs	5	77	15.4	42	0
W. Williams	5	43	8.6	40t	1
D. Williams	4	41	10.3	21	0
Bellamy	4	4	1.0	7	0
Joseph	3	82	27.3	40	0
Hanks	2	30	15.0	23t	1
SEA	30	336	11.2	42	2
OPP	16	210	13.1	43	0

Kickoff Returns	No	Yds	Avg	LG	TD
Green	36	818	22.7	54	0
Rogers	18	465	25.8	49	0
SEA	68	1547	22.8	61	0
OPP	81	1500	18.5	39	0

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Kitna	495	270	3346	54.5	6.76	23	4.6	16	3.2	51	32/198	77.7
Foley	30	18	283	60.0	9.43	2	6.7	0	0.0	49t	6/34	113.6
SEA	525	288	3629	54.9	6.91	25	4.8	16	3.0	51	38/232	79.8
OPP	582	320	3744	55.0	6.43	19	3.3	30	5.2	76t	38/252	64.1

Field Goals	1-19	20-29	30-39	40-49	50+
Peterson	1/1	10/10	8/11	14/16	1/2
SEA	1/1	10/10	8/11	14/16	1/2
OPP	1/1	9/9	8/8	14/16	3/8

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	PD	FF	FR
C. Brown	117	87	30	5.5	6	2	1
Bellamy	96	85	11	0.0	8	0	0
D. Smith	90	65	25	1.0	3	0	0
Simmons	90	55	35	0.0	2	0	0
D. Williams	78	63	15	0.0	11	0	1
Springs	74	64	10	0.0	15	0	1
Kennedy	73	61	12	6.5	15	0	1
W. Williams	72	66	6	0.0	16	0	0
Daniels	45	38	7	9.0	2	1	0

**Record (finish):** 9-7 (1st, AFC West)  
**Head Coach:** Mike Holmgren (9-7, .563)  
**Assistants:** Mike Sherman (Offensive Coordinator/Tight Ends), Larry Brooks (Defensive Line), Jerry Colquitt (Off. Quality Control), Nolan Cromwell (Wide Receivers), Ken Flajole (Defensive Backs), Kent Johnston (Strength & Cond.), Jim Lind (Linebackers), Clayton Lopez (Def. Quality Control), Tom Lovat (Asst. Head Coach/Offensive Line), Stump Mitchell (Running Backs), Dick Roach (Def. Assistant), Pete Rodriguez (Special Teams), Mike Sheppard (Quarterbacks), Rod Springer (Asst. Strength & Cond.), Bob Zeman (Def. Assistant)  
**Captains:** Game-to-Game  
**MVP:** LB Chad Brown  
**Pro Bowl:** LB Chad Brown (3), T Walter Jones (1), DT Cortez Kennedy (8)

**OFFENSE**

Pos.		Starts
WR	Sean Dawkins	9/12
LT	Walter Jones	16
LG	Pete Kendall	16
C	Kevin Glover	6
	Chris Gray	10
RG	Brian Habib	16
RT	Grant Williams	15
TE	Christian Fauria	15
WR	Derrick Mayes	15
QB	Jon Kitna	15
RB	Ricky Watters	16
FB	Reggie Brown	8

**DEFENSE**

LE	Michael Sinclair	15
LT	Sam Adams	13
RT	Cortez Kennedy	16
RE	Phillip Daniels	16
OLB	Chad Brown	15
MLB	Anthony Simmons	16
OLB	Darrin Smith	14
LCB	Shawn Springs	16
RCB	Willie Williams	14
SS	Darryl Williams	12
FS	Jay Bellamy	16

**SPECIAL TEAMS**

K	Todd Peterson	16
P	Jeff Feagles	16

\* Rookie or first-year player

**AFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Indianapolis	13	3	0	.813	423	333
Buffalo*	11	5	0	.688	320	229
Miami*	9	7	0	.563	326	336
N.Y. Jets	8	8	0	.500	308	309
New England	8	8	0	.500	299	284

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Jacksonville	14	2	0	.875	396	217
Tennessee*	13	3	0	.813	392	324
Baltimore	8	8	0	.500	324	277
Pittsburgh	6	10	0	.375	317	320
Cincinnati	4	12	0	.250	283	460
Cleveland	2	14	0	.125	217	437

WESTERN	W	L	T	Pct.	Pts.	Opp.
Seattle	9	7	0	.563	338	298
Kansas City	9	7	0	.563	390	322
San Diego	8	8	0	.500	269	316
Oakland	8	8	0	.500	390	329
Denver	6	10	0	.375	314	318

\*= Wild Card team

**NFC**

EASTERN	W	L	T	Pct.	Pts.	Opp.
Washington	10	6	0	.625	443	377
Dallas*	8	8	0	.500	352	276
N.Y. Giants	7	9	0	.438	299	358
Arizona	6	10	0	.375	245	382
Philadelphia	5	11	0	.313	272	357

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Tampa Bay	11	5	0	.688	270	235
Minnesota*	10	6	0	.625	399	335
Detroit*	8	8	0	.500	322	323
Green Bay	8	8	0	.500	357	341
Chicago	6	10	0	.375	272	341

WESTERN	W	L	T	Pct.	Pts.	Opp.
St. Louis	13	3	0	.813	526	242
Carolina	8	8	0	.500	421	381
Atlanta	5	11	0	.313	285	380
San Francisco	4	12	0	.250	295	453
New Orleans	3	13	0	.188	260	434

## 2000 REVIEW (6-10)

Date	W/L Score	Opponents	Att	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
09/03	L 23-0	at Miami	72,949	Lindell	0	0	0	0	25/25	15/17	0	70
09/10	L 37-34	St. Louis	64,869	Watters	9	7	2	0	0	0	0	54
09/17	W 20-10	New Orleans	59,513	Jackson	6	0	6	0	0	0	0	36
09/24	W 20-12	at San Diego	47,233	Dawkins	5	0	5	0	0	0	0	30
10/02	L 24-17	at Kansas City	82,893	Hepppner™	0	0	0	0	8/8	6/9	0	26
10/08	L 26-3	at Carolina	72,192	SEA	37	10	21	6	33/33	21/26	1	320
10/15	L 37-24	Indianapolis	63,593	OPP	46	20	23	3	45/45	28/33	0	405
10/22	L 31-3	at Oakland	57,490	2-Point PATs: SEA 0-4. OPP 0-1.								
10/29	L 24-19	Kansas City	62,141									
11/05	W 17-15	San Diego	59,884	<b>Rushing</b>								
11/12	W 28-21	at Jacksonville	68,063	Watters	278	1242	4.5	55	7			
11/19		BYE		Alexander	64	313	4.9	50	2			
11/26	L 38-31	Denver	68,661	Kitna	48	127	2.6	13	1			
12/03	W 30-10	at Atlanta	44,680	Huard	5	29	5.8	10	0			
12/10	L 31-24	at Denver	75,218	SEA	403	1720	4.3	55	10			
12/16	W 27-24	Oakland	68,681	OPP	503	2454	4.9	80t	20			
12/23	L 42-23	Buffalo	61,025									

Team Statistics	Sea	Opp
<b>TOTAL FIRST DOWNS</b>	281	331
Rushing	98	126
Passing	168	185
Penalty	15	20
3rd Down: Made/Att.	83/205	89/201
3rd Down Pct.	40.5	44.3
4th Down: Made/Att.	7/14	1/7
4th Down Pct.	50.0	14.3
POSSESSION AVG.	27:31	32:29
<b>TOTAL NET YARDS</b>	4680	6391
Avg. Per Game	292.5	399.4
Total Plays	956	1019
Avg. Per Play	4.9	6.3
<b>NET YARDS RUSHING</b>	1720	2454
Avg. Per Game	107.5	153.4
Total Rushes	403	503
<b>NET YARDS PASSING</b>	2960	3937
Avg. Per Game	185.0	246.1
Sacked/Yards Lost	46/238	27/152
Gross Yards	3198	4089
Att./Completions	507/308	489/309
Completion Pct.	60.7	63.2
Had Intercepted	21	17
<b>PUNTS/AVERAGE</b>	75/39.5	62/41.5
Net Punting Avg.	36.9	33.3
<b>PENALTIES/YARDS</b>	89/728	96/694
<b>FUMBLES/LOST</b>	35/17	28/12
<b>TOUCHDOWNS</b>	37	46
Rushing	10	20
Passing	21	23
Defensive	5	3
Returns	1	0
<b>FIELD GOALS</b>	21/26	28/33
<b>TOTAL POINTS</b>	320	405

Receiving	No	Yds	Avg	LG	TD
Dawkins	63	731	11.6	40	5
Watters	63	613	9.7	59	2
Jackson	53	713	13.5	71	6
Mayes	29	264	9.1	40	1
Mili	28	288	10.3	34	3
Fauria	28	237	8.5	16	2
Strong	23	141	6.1	24	1
J. Williams	8	99	12.4	18	0
Bailey	6	62	10.3	22	1
Alexander	5	41	8.2	18	0
SEA	308	3198	10.4	71	21
OPP	309	4089	13.2	73	23

Punting	No	Yds	Avg	Net	TB	I20	LG	B
Feagles	74	2960	40.0	36.9	2	24	57	1
SEA	75	2960	39.5	36.9	2	24	57	1
OPP	62	2571	41.5	33.3	6	21	69	0

Punt Returns	No	FC	Yds	Avg	LG	TD
Rogers	26	12	363	14.0	43	0
SEA	30	14	384	12.8	43	0
OPP	32	18	151	4.7	22	0

Interceptions	No	Yds	Avg	LG	TD
Bellamy	4	132	33.0	84t	1
W. Williams	4	74	18.5	69t	1
Simmons	2	15	7.5	8	0
Springs	2	8	4.0	8	0
Koonce	1	27	27.0	27t	1
SEA	17	300	17.6	84t	3
OPP	21	191	9.1	79t	2

Kickoff Returns	No	Yds	Avg	LG	TD
Rogers	66	1629	24.7	81t	1
SEA	80	1932	24.2	81t	1
OPP	64	1236	19.3	39	0

Field Goals	1-19	20-29	30-39	40-49	50+
Lindell	0/0	4/5	1/1	7/8	3/3
Hepppner™	1/1	2/2	1/3	2/2	0/1
SEA	1/1	6/7	2/4	9/10	3/4
OPP	1/1	11/12	7/9	9/9	0/2

By Quarters	1	2	3	4	OT	Tot
SEA	70	100	59	91	0	320
OPP	96	140	71	98	0	405

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Kitna	418	259	2658	62.0	6.36	18	4.3	19	4.5	71	33/168	75.6
Huard	87	49	540	56.3	6.21	3	3.4	2	2.3	45	13/72	76.8
SEA	507	308	3198	60.7	6.31	21	4.1	21	4.1	71	46/238	75.5
OPP	489	309	4089	63.2	8.36	23	4.7	17	3.5	73	27/152	90.8

### DEFENSIVE STATISTICS

Player	T	S	A	Sac	PD	FF	FR
Simmons	147	119	28	4.0	2	2	0
Koonce	97	73	24	1.5	5	0	1
C. Brown	94	71	23	6.0	3	2	3
Bellamy	87	69	18	2.0	8	2	0
Springs	85	72	13	0.0	14	1	0
W. Williams	60	51	9	1.0	11	1	1
Joseph	58	45	13	0.0	4	0	0
Kennedy	50	32	18	1.0	9	0	0
King	48	42	6	6.0	3	0	0

**Record (finish):** 6-10 (4th, AFC West)

**Head Coach:** Mike Holmgren (15-17, 469)

**Assistants:** Gil Haskell (Off. Coord.), Steve

Sidwell (Def. Coord.), Larry Brooks (DL), Jerry

Colquitt (Off. Quality Control), Nolan Cromwell

(WRs), Ken Flajole (LBs), Johnny Holland

(Asst. Special Teams/Stength & Cond.), Kent

Johnston (Strength & Cond.), Jim Lind (TEs),

Clayton Lopez (Def. Quality Control), Tom Lovat

(Asst. Head Coach/OL), Stump Mitchell (RBs),

Dick Roach (DBs), Pete Rodriguez (Special

Teams), Mike Sheppard (QBs), Rod Springer

(Asst. Strength & Cond.)

**Captains:** Game-to-Game

**Largent Award:** RB Ricky Watters

**Pro Bowl:** None

### OFFENSE

Pos.	Player	Starts
WR	Sean Dawkins	16
LT	Walter Jones	16
LG	Pete Kendall	16
C	Chris Gray	16
RG	Floyd Wedderburn	16
RT	Chris McIntosh	10
TE	Christian Fauria	10
WR	*Darrell Jackson	10
	Derrick Mayes	8
QB	Jon Kitna	12
	Brock Huard	4
RB	Ricky Watters	16
FB	Mack Strong	12

### DEFENSE

LE	Michael Sinclair	16
LT	Riddick Parker	16
RT	Cortez Kennedy	16
RE	Lamar King	16
OLB	Chad Brown	16
MLB	George Koonce	16
OLB	Anthony Simmons	16
LCB	Shawn Springs	16
RCB	Willie Williams	15
SS	Kerry Joseph	10
	Reggie Tongue	6
FS	Jay Bellamy	16

### SPECIAL TEAMS

K	*Rian Lindell	12
P	Jeff Feagles	16

\* Rookie or first-year player

### AFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
Miami	11	5	0	.688	323	226
Indianapolis*	10	6	0	.625	429	326
N.Y. Jets	9	7	0	.563	321	321
Buffalo	8	8	0	.500	315	350
New England	5	11	0	.313	276	338

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Tennessee	13	3	0	.812	346	191
Baltimore*	12	4	0	.750	333	165
Pittsburgh	9	7	0	.563	321	255
Jacksonville	7	9	0	.438	367	327
Cincinnati	4	12	0	.250	185	359
Cleveland	3	13	0	.188	161	419

WESTERN	W	L	T	Pct.	Pts.	Opp.
Oakland	12	4	0	.750	479	299
Denver*	11	5	0	.688	485	369
Kansas City	7	9	0	.438	355	354
Seattle	6	10	0	.375	320	405
San Diego	1	15	0	.062	269	440

\*= Wild Card team

### NFC

EASTERN	W	L	T	Pct.	Pts.	Opp.
N.Y. Giants	12	4	0	.750	328	246
Philadelphia*	11	5	0	.688	351	245
Washington	8	8	0	.500	281	269
Dallas	5	11	0	.313	294	361
Arizona	3	13	0	.188	210	443

CENTRAL	W	L	T	Pct.	Pts.	Opp.
Minnesota	11	5	0	.688	397	371
Tampa Bay*	10	6	0	.625	388	269
Green Bay	9	7	0	.562	353	323
Detroit	9	7	0	.562	307	307
Chicago	5	11	0	.313	216	355

WESTERN	W	L	T	Pct.	Pts.	Opp.
New Orleans	10	6	0	.625	354	305
St. Louis*	10	6	0	.625	540	471
Carolina	7	9	0	.438	310	310
San Francisco	6	10	0	.375	388	422
Atlanta	4	12	0	.250	252	413

## 2001 REVIEW (9-7)

Date	W/L	Score	Opponents	Att	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
09/09	W	9-6	at Cleveland	72,318	Alexander	16	14	2	0	0	0	0	96
09/23	L	27-3	Philadelphia	62,826	Lindell	0	0	0	0	33/33	20/32	0	93
09/30	L	38-14	at Oakland	54,629	Jackson	8	0	8	0	0	0	0	48
10/07	W	24-15	Jacksonville	54,524	Mili	2	0	2	0	0	0	0	12
10/14	W	34-21	Denver	61,837	8 w/ one	8	1	3	4	0	0	0	48
10/21			BYE		SEA	34	15	15	4	33/33	20/32	1	301
10/28	L	24-20	Miami	59,108	OPP	34	9	20	5	31/31	29/36	0	324
11/04	L	27-14	at Washington	82,352	2-Point PATs: Fauria 1-1. SEA 1-1. OPP 1-3.								
11/11	W	34-27	Oakland	67,231									
11/18	W	23-20	at Buffalo	60,836	<b>Rushing</b>								
11/25	L	19-7	at Kansas City	77,357	Alexander	309	1318	4.3	88t	14			
12/02	W	13-10	San Diego (OT)	55,466	Watters	72	318	4.4	40	1			
12/09	L	20-7	at Denver	74,524	Hasselbeck	40	141	3.5	17	0			
12/16	W	29-3	Dallas	63,366	Strong	17	55	3.2	12	0			
12/23	L	27-24	at N.Y. Giants	78,119	Graham	12	43	3.6	19	0			
12/30	W	25-22	at San Diego	51,412	SEA	469	1936	4.1	88t	15			
01/06	W	21-18	Kansas City	58,460	OPP	427	1721	4.0	57	9			

Team Statistics	Sea	Opp
TOTAL FIRST DOWNS	274	300
Rushing	107	91
Passing	141	186
Penalty	26	23
3rd Down: Made/Att.	77/213	92/223
3rd Down Pct.	36.2	41.3
4th Down: Made/Att.	8/17	6/11
4th Down Pct.	47.1	54.5
POSSESSION AVG.	29:51	30:09
TOTAL NET YARDS	4772	5206
Avg. Per Game	298.3	325.4
Total Plays	980	1028
Avg. Per Play	4.9	5.1
NET YARDS RUSHING	1936	1721
Avg. Per Game	121.0	107.6
Total Rushes	469	427
NET YARDS PASSING	2836	3485
Avg. Per Game	177.3	217.8
Sacked/Yards Lost	49/328	38/248
Gross Yards	3164	3733
Att./Completions	462/258	563/339
Completion Pct.	55.8	60.2
Had Intercepted	12	14
PUNTS/AVERAGE	86/43.4	76/42.3
Net Punting Avg.	36.4	36.1
PENALTIES/YARDS	66/579	101/805
FUMBLES/LOST	24/9	28/13
TOUCHDOWNS	34	34
Rushing	15	9
Passing	15	20
Defensive	4	3
Returns	0	2
FIELD GOALS	20/32	29/36
TOTAL POINTS	301	324

By Quarters	1	2	3	4	OT	Tot
SEA	64	107	75	52	3	301
OPP	53	123	74	74	0	324

Receiving	No	Yds	Avg	LG	TD
Jackson	70	1081	15.4	64	8
Alexander	44	343	7.8	28t	2
Robinson	39	536	13.7	42	1
Engram	29	400	13.8	31	0
Fauria	21	18	9.0	30	1
Strong	17	141	8.3	35	0
J. Williams	12	212	17.7	49	1
SEA	258	3164	12.3	64	15
OPP	339	3733	11.0	65	20

Punting	No	Yds	Avg	Net	TB	I20	LG	B
Feagles	85	3730	43.9	36.4	7	26	68	1
SEA	86	3730	43.4	36.4	7	26	68	1
OPP	76	3212	42.3	36.1	6	25	64	1

Punt Returns	No	FC	Yds	Avg	LG	TD
Rogers	25	10	244	9.8	34	0
SEA	33	14	352	10.7	34	0
OPP	43	11	462	10.7	86t	1

Interceptions	No	Yds	Avg	LG	TD
W. Williams	4	24	6.0	24	0
Tongue	3	67	22.3	55t	1
Charlton	2	43	21.5	38t	1
Robertson	2	30	15.0	25	0
Kacyvenski	1	22	22.0	22	0
Lucas	1	0	0.0	0	0
Springs	1	0	0.0	0	0
SEA	14	186	13.3	55t	2
OPP	12	36	3.0	10	0

Kickoff Returns	No	Yds	Avg	LG	TD
Rogers	50	1120	22.4	64	0
SEA	72	1496	20.8	64	0
OPP	64	1273	19.9	90t	1

Field Goals	1-19	20-29	30-39	40-49	50+
Lindell	0/0	7/8	4/5	6/14	3/5
SEA	0/0	7/8	4/5	6/14	3/5
OPP	0/0	12/12	7/8	9/12	1/4

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Hasselbeck	321	176	2023	54.8	6.30	7	2.2	8	2.5	64	38/251	70.9
Dilfer	122	73	1014	59.8	8.31	7	5.7	4	3.3	54	10/72	92.0
Huard	17	9	127	52.9	7.47	1	5.9	0	0.0	44	1/5	96.9
Feagles	2	0	0	0.0	0.00	0	0.0	0	0.0	0	0/0	39.6
SEA	462	258	3164	55.8	6.85	15	3.2	12	2.6	64	49/328	77.2
OPP	563	339	3733	60.2	6.63	20	3.6	14	2.5	65	38/248	81.4

**DEFENSIVE STATISTICS**

Player	T	S	A	Sac	Int	PD	FF	FR
Simmons	123	103	20	2.0	0	7	1	0
C. Brown	106	80	26	8.5	0	7	2	1
Kirkland	101	80	21	1.0	0	4	1	0
Tongue	72	53	19	1.0	3	7	1	1
W. Williams	68	57	11	0.0	4	16	1	1
Robertson	63	48	15	0.0	2	3	0	0
Eaton	55	42	13	1.0	0	2	1	0

**Record (finish):** 9-7 (2nd, AFC West)  
**Head Coach:** Mike Holmgren (24-24, .500)  
**Assistants:** Gil Haskell (Off. Coord.), Steve Sidwell (Def. Coord.), Larry Brooks (DL), Jerry Colquitt (Off. Quality Control), Nolan Cromwell (WRs), Ken Flajole (LBs), Johnny Holland (Asst. Special Teams/Stength & Cond.), Kent Johnston (Strength & Cond.), Jim Lind (TEs), Clayton Lopez (Def. Quality Control/DBs), Tom Lovat (Asst. Head Coach/OL), Mark Michaels (Asst. Special Teams), Stump Mitchell (RBs), Pete Rodriguez (Special Teams), Rod Springer (Asst. Strength & Cond.), Jim Zorn (QBs)  
**Captains:** Chad Brown, Matt Hasselbeck, Levon Kirkland, Marcus Robertson, Robbie Tobeck, Ricky Watters  
**Largent Award:** FB Mack Strong  
**Pro Bowl:** Walter Jones (2), John Randle

**OFFENSE**

Pos.	Starts
WR	*Koren Robinson 13
LT	Walter Jones 16
LG	Steve Hutchinson 16
C	Robbie Tobeck 16
RG	Chris Gray 16
RT	Todd Weiner 13
TE	Christian Fauria 11
	Itula Mili 5
WR	Darrell Jackson 16
	Bobby Engram 4
QB	Matt Hasselbeck 12
	Trent Dilfer 4
RB	Shaun Alexander 12
	Ricky Watters 4
FB	Mack Strong 13

**DEFENSE**

LE	Michael Sinclair 16
LT	Chad Eaton 16
RT	John Randle 14
RE	Lamar King 8
	John Hilliard 8
OLB	Chad Brown 16
MLB	Levon Kirkland 16
OLB	Anthony Simmons 16
LCB	Ken Lucas 8
	Shawn Springs 7
RCB	Willie Williams 14
SS	Reggie Tongue 16
FS	Marcus Robertson 12

**SPECIAL TEAMS**

K	Rian Lindell 16
P	Jeff Feagles 16

\* Rookie or first-year player

**AFC**

	W	L	T	Pct.	Pts.	Opp.
<b>EASTERN</b>						
New England	11	5	0	.688	371	272
Miami*	11	5	0	.688	344	290
N.Y. Jets*	10	6	0	.625	308	295
Indianapolis	6	10	0	.375	413	486
Buffalo	3	13	0	.188	265	420
<b>CENTRAL</b>						
Pittsburgh	13	3	0	.812	352	212
Baltimore*	10	6	0	.600	303	265
Cleveland	7	9	0	.438	285	319
Tennessee	7	9	0	.438	336	388
Cincinnati	6	10	0	.375	294	286
Jacksonville	6	10	0	.375	226	309
<b>WESTERN</b>						
Oakland	10	6	0	.625	399	327
Seattle	9	7	0	.562	301	324
Denver	8	8	0	.500	340	339
Kansas City	6	10	0	.375	320	344
San Diego	5	11	0	.313	332	321

\*= Wild Card team

**NFC**

	W	L	T	Pct.	Pts.	Opp.
<b>EASTERN</b>						
Philadelphia	11	5	0	.688	343	208
Washington	8	8	0	.500	256	303
Arizona	7	9	0	.438	294	321
N.Y. Giants	7	9	0	.438	295	343
Dallas	5	11	0	.313	246	338
<b>CENTRAL</b>						
Chicago	13	3	0	.812	338	203
Green Bay*	12	4	0	.750	390	266
Tampa Bay*	9	7	0	.563	324	280
Minnesota	5	11	0	.313	290	390
Detroit	2	14	0	.125	270	424
<b>WESTERN</b>						
St. Louis	14	2	0	.875	503	273
San Francisco*	12	4	0	.750	409	282
New Orleans	7	9	0	.438	333	409
Atlanta	7	9	0	.438	291	377
Carolina	1	15	0	.062	253	410

**2002 REVIEW (7-9)**

Date	W/L Score	Opponents	Att	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
09/08	L 31-17	at Oakland	53,260	Alexander	18	16	2	0	0	0	0	108
09/15	L 24-13	Arizona	63,104	Lindell	0	0	0	0	38/38	23/29	0	107
09/22	L 9-6	at N.Y. Giants	78,551	Robinson	5	0	5	0	0	0	0	30
09/29	W 48-23	Minnesota	65,212	Jackson	4	0	4	0	0	0	0	24
10/6		BYE		Stevens	3	0	3	0	0	0	0	18
10/14	L 28-21	San Francisco	66,420	SEA	41	17	19	5	38/38	23/29	0	355
10/20	L 37-20	at St. Louis	65,931	OPP	43	18	21	4	39/39	22/26	0	369
10/27	W 17-14	at Dallas	63,854	2-Point PATs: SEA 1-2. OPP 3-4.								
11/03	L 14-3	Washington	64,325									
11/10	W 27-6	at Arizona	29,252									
11/17	L 31-9	Denver	65,495									
11/24	W 39-32	Kansas City	56,250									
12/01	L 31-24	at San Francisco	67,594									
12/08	L 27-20	Philadelphia	59,862									
12/15	W 30-24	at Atlanta (OT)	69,551									
12/22	W 30-10	St. Louis	63,953									
12/29	W 31-28	at San Diego (OT)	52,159									

**Team Statistics**

	Sea	Opp		No	Yds	Avg	LG	TD				
TOTAL FIRST DOWNS	347	356	Receiving									
Rushing	104	140	Robinson	78	1240	15.9	83	5				
Passing	208	191	Jackson	62	877	14.1	48	4				
Penalty	35	25	Alexander	59	460	7.8	80t	2				
3rd Down: Made/Att.	93/216	100/215	Engram	50	619	12.4	38	0				
3rd Down Pct.	43.1	46.5	Mili	43	508	11.8	49	2				
4th Down: Made/Att.	6/21	6/13	Stevens	26	252	9.7	29	3				
4th Down Pct.	28.6	46.2	Strong	22	120	5.5	12	2				
POSSESSION AVG.	28:55	31:05	SEA	361	4257	11.8	83	19				
TOTAL NET YARDS	5818	5852	OPP	321	3596	11.2	64t	21				
Avg. Per Game	363.6	365.8	Punting									
Total Plays	1050	1083	Feagles	61	2542	41.7	37.0	4				
Avg. Per Play	5.5	5.4	SEA	61	2542	41.7	37.0	4				
NET YARDS RUSHING	1740	2441	OPP	65	2538	39.0	33.0	7				
Avg. Per Game	108.8	152.6										
Total Rushes	430	500	Punt Returns									
NET YARDS PASSING	4078	3411	Engram	21	23	224	10.7	61t				
Avg. Per Game	254.9	213.2	SEA	25	23	256	10.2	61t				
Sacked/Yards Lost	33/179	28/185	OPP	17	19	202	11.9	89t				
Gross Yards	4257	3596										
Att./Completions	587/361	555/321	Interceptions									
Completion Pct.	61.5	57.8	Tongue	5	118	23.6	46t	1				
Had Intercepted	16	19	Lucas	3	67	22.3	40	0				
PUNTS/AVERAGE	61/41.7	65/39.0	Springs	3	0	0.0	0	0				
Net Punting Avg.	37.0	33.0	Simmons	2	19	9.5	15	0				
PENALTIES/YARDS	100/792	99/816	Six with 1									
FUMBLES/LOST	23/12	22/11	SEA	19	245	12.9	46t	1				
TOUCHDOWNS	41	43	OPP	16	119	7.4	22t	1				
Rushing	17	18	Kickoff Returns									
Passing	19	21	Morris	34	821	24.1	97t	1				
Defensive	3	1	J. Williams	21	354	16.9	46	0				
Returns	2	3	SEA	74	1533	20.7	97t	1				
FIELD GOALS	23/29	22/26	OPP	73	1591	21.8	95t	2				
TOTAL POINTS	355	369										
By Quarters	1	2	3	4	OT	Tot	Field Goals	1-19	20-29	30-39	40-49	50+
SEA	67	123	58	98	9	355	Lindell	1/1	9/9	8/10	4/5	1/4
OPP	75	99	82	113	0	369	SEA	1/1	9/9	8/10	4/5	1/4
							OPP	0/0	9/9	6/8	7/9	0/0

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Hasselbeck	419	267	3075	63.7	7.34	15	3.6	10	2.4	49	26/143	87.8
Dilfer	168	94	1182	56.0	7.04	4	2.4	6	3.6	83	7/36	71.1
SEA	587	361	4257	61.5	7.25	19	3.2	16	2.7	83	33/179	83.0
OPP	555	321	3596	57.8	6.48	21	3.8	19	3.4	64t	28/185	75.6

### DEFENSIVE STATISTICS

Player	T	S	A	Sac	Int	PD	FF	FR
Tongue	93	68	25	0	5	10	0	1
Robertson	89	67	22	0	0	4	0	2
Lucas	82	71	11	0	3	12	1	0
Bell	74	63	11	1.0	0	5	2	2
Eaton	73	48	25	1.0	0	3	0	2
Kacyvenski	71	51	20	0	1	1	0	0
Springs	59	54	5	0	3	11	0	1

**Record (finish):** 7-9 (3rd, NFC West)

**Head Coach:** Mike Holmgren (31-33, .484)

**Assistants:** Gil Haskell (Off. Coord.), Steve Sidwell (Def. Coord.), Larry Brooks (DL), Jerry Colquitt (Off. Quality Control), Nolan Cromwell (WRs), Ken Flajole (LBs), Johnny Holland (LBs), Kent Johnston (Strength & Cond.), Bill Laveroni (Asst. OL), Jim Lind (TEs), Clayton Lopez (Def. Quality Control/DBs), Tom Lovat (Asst. Head Coach/OL), Mark Michaels (Asst. Special Teams), Stump Mitchell (RBs), Pete Rodriguez (Special Teams), Rod Springer (Asst. Strength & Cond.), Jim Zorn (QBs)

**Captains:** Chad Brown, Matt Hasselbeck, Levon Kirkland, Marcus Robertson, Robbie Tobeck, Ricky Watters

**Largest Award:** FB Mack Strong

**Pro Bowl:** Walter Jones (3)

### OFFENSE

Pos.	Player	Starts
WR	Koren Robinson	16
LT	Walter Jones	14
LG	Chris Gray (4 @ RG)	12
	Steve Hutchinson	4
C	Robbie Tobeck	16
RG	Floyd Wedderburn	10
RT	Pork Chop Womack (2 @ LT)	8
	Chris Terry	5
TE	Itula Mili	12
WR	Darrell Jackson	13
QB	Matt Hasselbeck	10
	Trent Dilfer	6
RB	Shaun Alexander	16
FB	Mack Strong	12

### DEFENSE

Pos.	Player	Starts
LE	Lamar King	12
LT	Chad Eaton	16
RT	John Randle	12
RE	Antonio Cochran	16
OLB	Chad Brown	8
	Tim Terry	8
MLB	Isaiah Kacyvenski	9
	Orlando Huff	7
OLB	Marcus Bell	9
	Anthony Simmons	7
LCB	Shawn Springs	15
RCB	Ken Lucas	16
SS	Reggie Tongue	16
FS	Marcus Robertson	15

### SPECIAL TEAMS

K	Rian Lindell	16
P	Jeff Feagles	16

### AFC

Team	W	L	T	Pct.	Pts.	Opp.
N.Y. Jets	9	7	0	.563	359	336
New England	9	7	0	.563	381	346
Miami	9	7	0	.563	378	301
Dallas	8	8	0	.500	379	397

Team	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	10	5	1	.656	390	345
Cleveland*	9	7	0	.563	344	320
Baltimore	7	9	0	.438	316	354
Cincinnati	2	14	0	.125	279	456

Team	W	L	T	Pct.	Pts.	Opp.
Tennessee	11	5	0	.688	367	324
Indianapolis*	10	6	0	.625	349	313
Jacksonville	6	10	0	.375	328	315
Houston	4	12	0	.250	213	356

Team	W	L	T	Pct.	Pts.	Opp.
Oakland	11	5	0	.688	450	304
Denver	9	7	0	.563	392	344
San Diego	8	8	0	.500	333	367
Kansas City	8	8	0	.500	467	399

\*=Wild Card team

### NFC

Team	W	L	T	Pct.	Pts.	Opp.
Philadelphia	12	4	0	.750	415	241
N.Y. Giants*	10	6	0	.625	320	279
Washington	7	9	0	.438	307	365
Dallas	5	11	0	.313	217	329

Team	W	L	T	Pct.	Pts.	Opp.
Green Bay	12	4	0	.750	398	328
Minnesota	6	10	0	.375	390	442
Chicago	4	12	0	.250	281	379
Detroit	3	13	0	.188	306	451

Team	W	L	T	Pct.	Pts.	Opp.
Tampa Bay	12	4	0	.750	346	196
Atlanta*	9	6	1	.594	402	314
New Orleans	9	7	0	.563	432	388
Carolina	7	9	0	.438	258	302

Team	W	L	T	Pct.	Pts.	Opp.
San Francisco	10	6	0	.625	367	351
St. Louis	7	9	0	.438	316	369
Seattle	7	9	0	.438	355	369
Arizona	5	11	0	.313	262	417

## 2003 REVIEW (10-6; 0-1 PLAYOFFS)

Date	W/L	Score	Opponents	Att	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts
09/07	W	27-10	New Orleans	52,250	J. Brown	0	0	0	0	48/48	22/30	0	114
09/14	W	38-0	at Arizona	23,127	Alexander	16	14	2	0	0	0	0	96
09/21	W	24-23	St. Louis	65,841	Jackson	9	0	9	0	0	0	0	54
10/05	L	35-13	at Green Bay	70,365	Engram	7	0	6	1	0	0	0	42
10/12	W	20-19	San Francisco	66,437	K. Robinson	5	0	4	1	0	0	0	30
10/19	W	24-17	Chicago	65,671	Mili	4	0	4	0	0	0	0	24
10/26	L	27-24	at Cincinnati	52,131	SEA	48	17	27	4	48/48	22/30	1	1404
11/02	W	23-16	Pittsburgh	66,507	OPP	36	9	24	3	34/35	25/31	0	327
11/09	L	27-20	at Washington	80,728	2-Point PATs: SEA 0-0. OPP 1-1.								
11/16	W	35-14	Detroit	65,865									
11/23	L	44-41	at Baltimore (OT)	69,477	<b>Rushing</b>								
11/30	W	34-7	Cleveland	64,680	Alexander	326	1435	4.4	55	14			
12/07	L	34-7	at Minnesota	63,968	Morris	38	239	6.3	43	0			
12/14	L	27-22	at St. Louis	66,152	Strong	37	174	4.7	21	1			
12/21	W	28-10	Arizona	64,899	Hasselbeck	36	125	3.5	18	2			
12/27	W	24-17	at San Francisco	67,840	H. Evans	7	24	3.4	8	0			
					K. Robinson	4	15	3.8	16	0			

## POSTSEASON

01/04	L	33-27	at Green Bay (OT)	71,457	SEA	453	2009	4.4	55	17			
			(NFC Wild Card Game)		OPP	456	1759	3.9	50	9			

Team Statistics	Sea	Opp
TOTAL FIRST DOWNS	338	304
Rushing	121	93
Passing	190	183
Penalty	27	28
3rd Down: Made/Att.	96/205	99/235
3rd Down Pct.	46.8	42.1
4th Down: Made/Att.	2/7	7/18
4th Down Pct.	28.6	38.9
POSSESSION AVG.	28:33	31:27
TOTAL NET YARDS	5627	5239
Avg. Per Game	351.7	327.4
Total Plays	1017	1069
Avg. Per Play	5.5	4.9
NET YARDS RUSHING	2009	1759
Avg. Per Game	125.6	109.9
Total Rushes	453	456
NET YARDS PASSING	3618	3480
Avg. Per Game	226.1	217.5
Sacked/Yards Lost	43/254	40/248
Gross Yards	3872	3728
Att./Completions	521/317	573/343
Completion Pct.	60.8	59.9
Had Intercepted	16	16
PUNTS/AVERAGE	69/40.0	76/39.8
NET PUNTING AVG.	37.1	34.1
PENALTIES/YARDS	91/777	105/825
FUMBLES/BALL LOST	23/13	25/12
TOUCHDOWNS	48	36
Rushing	17	9
Passing	27	24
Defensive	1	1
Returns	4	3
FIELD GOALS	22/30	25/31
TOTAL POINTS	404	327

By Quarters	1	2	3	4	OT	Tot
SEA	89	166	67	82	0	404
OPP	51	104	73	96	3	327

Receiving	No	Yds	Avg	LG	TD
Jackson	68	1137	16.7	80t	9
K. Robinson	65	896	13.8	38t	4
Engram	52	637	12.3	34t	6
Mili	46	492	10.7	46t	4
Alexander	42	295	7.0	22	2
Strong	29	216	7.4	32	0
Stevens	6	72	12.0	26	0
SEA	317	3872	12.2	80t	27
OPP	343	3728	10.9	72t	24

Punting	No	Yds	Avg	Net	TB	I20	LG	B
Rouen	67	2762	41.2	37.1	3	29	61	2
TEAM	69	2762	40.0	37.1	3	29	61	2
OPP	76	3028	39.8	34.1	6	19	64	1

Punt Returns	No	FC	Yds	Avg	LG	TD
Engram	31	22	320	10.3	83t	1
TEAM	34	22	320	9.4	83t	1
OPP	29	22	140	4.8	19	0

Interceptions	No	Yds	Avg	LG	TD
Tongue	4	11	2.8	10	0
Simmons	3	38	12.7	33	0
Trufant	2	21	10.5	15	0
Seven with 1					
SEA	16	157	9.8	33	0
OPP	16	164	10.3	80t	1

Kickoff Returns	No	Yds	Avg	LG	TD
Morris	47	1007	21.4	56	0
Carter	8	185	23.1	33	0
Strong	3	60	20.0	27	0
SEA	64	1336	20.9	56	0
OPP	79	1626	20.6	52	0

Field Goals	1-19	20-29	30-39	40-49	50+
J. Brown	0/0	5/5	10/11	6/11	1/3
TEAM	0/0	5/5	10/11	6/11	1/3
OPP	0/0	5/6	12/15	7/8	1/2

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Hasselbeck	513	313	3841	61.0	7.49	26	5.1	15	2.9	80t	42/246	88.8
DiIfer	8	4	31	50.0	3.88	1	12.5	1	12.55	14	1/8	59.9
TEAM	521	317	3872	60.8	7.43	27	5.2	16	3.1	80t	43/254	88.2
OPP	573	343	3728	59.9	6.51	24	4.2	16	2.8	72t	40/248	81.4

**DEFENSIVE STATISTICS**

Player	T	S	A	QB	Int	PD	FF	FR
Simmons	100	80	20	3.0	3	8	1	1
Hamlin	96	76	20	0.0	1	10	2	1
Brown	86	74	12	7.0	1	3	1	2
Trufant	78	69	9	0.0	2	20	0	1
Tongue	63	50	13	2.0	4	8	2	0
Lucas	62	52	10	0.0	1	12	1	1
Godfrey	59	45	14	0.0	1	4	1	1t

**Record (finish):** 10-6 (2nd, NFC West)

**Head Coach:** Mike Holmgren (41-39, .513)

**Assistants:** Gil Haskell (Off. Coord.), Ray Rhodes (Def. Coord.), Teryl Austin (DBs), Dwaine Board (DL), Nolan Cromwell (WRs), Bill Gillespie (Strength & Cond. Asst.), Kent Johnston (Strength & Conditioning), Darren Krein (Strength & Cond. Asst.), Bill Laveroni (Asst. OL), Jim Lind (TEs), Clayton Lopez (Def. Asst./Secondary), Tom Lovat (Asst. Head Coach/OL), John Marshall (LBs), Mark Michaels (Asst. Special Teams), Stump Mitchell (RBs), Gary Reynolds (Off. Asst./Quality Control), Pete Rodriguez (Special Teams Coord.), Zerick Rollins (DL/Quality Control), Jim Zorn (QBs)

**Captains:** WR Alex Bannister, QB Matt Hasselbeck, DT John Randle

**Largest Award:** QB Trent DiIfer

**Pro Bowl:** RB Shaun Alexander (1), ST Alex Bannister (1), QB Matt Hasselbeck (1), G Steve Hutchinson (1), T Walter Jones (4)

**OFFENSE**

Pos.	Player	Starts
WR	Darrell Jackson	16
	Koren Robinson	15
	Bobby Engram	7
LT	Walter Jones	16
LG	Steve Hutchinson	16
C	Robbie Tobeck	16
RG	Chris Gray	16
RT	Chris Terry	10
	Floyd Womack	4
TE	Itula Mili	12
QB	Matt Hasselbeck	16
RB	Shaun Alexander	15
FB	Mack Strong	9

**DEFENSE**

Pos.	Player	Starts
LE	Antonio Cochran	7
	Brandon Mitchell	6
LT	Cedric Woodard	12
RT	John Randle	9
	Rashad Moore	6
RE	Chike Okeafor	16
OLB	Anthony Simmons	13
MLB	Randall Godfrey	14
OLB	Chad Brown	14
LCB	Shawn Springs	8
RCB	Marcus Trufant (5@ LCB)	16
SS	Reggie Tongue	14
FS	Ken Hamlin	14

**SPECIAL TEAMS**

Pos.	Player	Starts
K	Josh Brown	16
P	Tom Rouen	16

**AFC**

EAST	W	L	T	Pct.	Pts.	Opp.
New England	14	2	0	.875	348	238
Miami	10	6	0	.625	311	261
Buffalo	6	10	0	.375	243	279
N.Y. Jets	6	10	0	.375	283	299
NORTH	W	L	T	Pct.	Pts.	Opp.
Baltimore	10	6	0	.625	391	281
Cincinnati	8	8	0	.500	346	384
Pittsburgh	6	10	0	.375	300	327
Cleveland	5	11	0	.313	254	322
SOUTH	W	L	T	Pct.	Pts.	Opp.
Indianapolis	12	4	0	.750	447	336
Tennessee*	12	4	0	.750	435	324
Jacksonville	5	11	0	.313	276	331
Houston	5	11	0	.313	255	380
WEST	W	L	T	Pct.	Pts.	Opp.
Kansas City	13	3	0	.812	484	332
Denver*	10	6	0	.625	381	301
Oakland	4	12	0	.250	270	379
San Diego	4	12	0	.250	313	441

\*=Wild Card team

**NFC**

EAST	W	L	T	Pct.	Pts.	Opp.
Philadelphia	12	4	0	.750	374	287
Dallas*	10	6	0	.625	289	260
Washington	5	11	0	.312	287	372
N.Y. Giants	4	12	0	.250	243	387
NORTH	W	L	T	Pct.	Pts.	Opp.
Green Bay	10	6	0	.625	442	307
Minnesota	9	7	0	.563	416	353
Chicago	7	9	0	.438	283	346
Detroit	5	11	0	.313	270	379
SOUTH	W	L	T	Pct.	Pts.	Opp.
Carolina	11	5	0	.688	325	304
New Orleans	8	8	0	.500	340	326
Tampa Bay	7	9	0	.438	301	264
Atlanta	5	11	0	.313	299	422
WEST	W	L	T	Pct.	Pts.	Opp.
St. Louis	12	4	0	.750	447	328
Seattle*	10	6	0	.625	404	327
San Francisco	7	9	0	.438	384	337
Arizona	4	12	0	.250	225	452

## 2004 REVIEW (9-7; 0-1 PLAYOFFS)

Date	W/L	Score	Opponents	Att	Scoring	TD	Ru	Pa	Rt	PAT	FG	S	Pts	
09/12	W	21-7	at New Orleans	64,900	Alexander	20	16	4	0	0	0	0	120	
09/19	W	10-6	at Tampa Bay	65,089	J. Brown	0	0	0	0	40/40	23/25		109	
09/26	W	34-0	San Francisco	66,709	Jackson	7	0	7	0	0	0	0	44	
10/03			BYE		Stevens	3	0	3	0	0	0	0	20	
10/10	L	33-27	St. Louis (OT)	66,940	Rice	3	0	3	0	0	0	0	18	
10/17	L	30-20	at New England	68,756	Engram	2	0	2	0	0	0	0	12	
10/24	L	25-17	at Arizona	35,695	SEA	43	17	23	3	40/40	23/25	0	371	
10/31	W	23-17	Carolina	66,214	OPP	42	17	24	1	38/39	27/32	1	373	
11/07	W	42-27	at San Francisco	64,423	2-Point Conversions: SEA 2-3, OPP 0-2.									
11/14	L	23-12	at St. Louis	66,044										
11/21	W	24-17	Miami	66,644	<b>Rushing</b>					<b>Att</b>	<b>Yds</b>	<b>Avg</b>	<b>LG</b>	<b>TD</b>
11/28	L	38-9	Buffalo	66,271	Alexander	353	1696	4.8	44	16				
12/06	L	43-39	Dallas	68,093	Strong	36	131	3.6	11	0				
12/12	W	27-23	at Minnesota	64,110	Morris	30	126	4.2	12	0				
12/19	L	37-14	at New York Jets	77,894	Hasselbeck	27	90	3.3	19	1				
12/26	W	24-21	Arizona	65,825	SEA	468	2095	4.5	44	17				
01/02	W	28-26	Atlanta	66,740	OPP	452	2031	4.5	53	17				

### POSTSEASON

01/08	L	27-20	St. Louis (NFC Wild Card Game)	65,397
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Team Statistics	Sea	Opp
TOTAL FIRST DOWNS	320	311
Rushing	110	102
Passing	189	191
Penalty	21	18
3rd Down: Made/Att.	76/210	97/229
3rd Down Pct.	36.2	42.4
4th Down: Made/Att.	6/11	6/9
4th Down Pct.	54.5	66.7
POSSESSION AVG.	29:00	31:00
TOTAL NET YARDS	5634	5620
Avg. Per Game	352.1	351.3
Total Plays	1034	1047
Avg. Per Play	5.4	5.4
NET YARDS RUSHING	2095	2031
Avg. Per Game	130.9	126.9
Total Rushes	468	452
NET YARDS PASSING	3539	3589
Avg. Per Game	221.2	224.3
Sacked/Yards Lost	34/176	36/218
Gross Yards	3715	3807
Att./Completions	532/304	559/340
Completion Pct.	57.1	60.8
Had Intercepted	18	23
PUNTS/AVERAGE	79/38.4	74/41.8
NET PUNTING AVG.	34.3	37.3
PENALTIES/YARDS	79/669	91/747
FUMBLES/BALL LOST	19/9	25/12
TOUCHDOWNS	43	42
Rushing	17	17
Passing	23	24
Defensive	3	1
Returns	0	0
FIELD GOALS	23/32	27/32
TOTAL POINTS	371	373

By Quarters	1	2	3	4	OT	Tot
SEA	86	129	70	86	0	371
OPP	89	113	52	113	6	373

Receiving	No	Yds	Avg	LG	TD
Jackson	87	1199	13.8	56t	7
Engram	36	499	13.9	60	2
Robinson	31	495	16.0	33	2
Stevens	31	349	11.3	32	3
Rice TM	25	362	14.5	56	3
Mili	23	240	10.4	20	1
Alexander	23	170	7.4	24	4
SEA	304	3715	12.2	60	23
OPP	340	3807	11.2	63	24

Punting	No	Yds	Avg	Net	TB	I20	LG	B
Jones	26	988	38.0	32.2	2	6	51	1
TEAM	79	3036	38.4	34.3	4	20	60	2
OPP	74	3091	41.8	37.3	5	31	60	0

Punt Returns	No	FC	Yds	Avg	LG	TD
Morris	15	4	75	5.0	22	0
Engram	10	19	118	11.8	48	0
TEAM	30	26	230	7.7	48	0
OPP	33	21	244	7.4	39	0

Interceptions	No	Yds	Avg	LG	TD
Lucas	6	46	7.7	25	1
Trufant	5	141	28.2	58	0
Boulware	5	69	13.8	63t	1
Hamlin	4	48	12.0	24	0
SEA	23	337	14.7	63t	3
OPP	18	158	8.8	48t	1

Kickoff Returns	No	Yds	Avg	LG	TD
Morris	47	994	21.1	34	0
Carter	21	448	21.3	36	0
SEA	74	1529	20.7	36	0
OPP	77	1677	21.8	51	0

Field Goals	1-19	20-29	30-39	40-49	50+
J. Brown	1/1	7/7	8/9	6/7	1/1
TEAM	1/1	7/7	8/9	6/7	1/1
OPP	0/0	6/6	12/15	6/7	3/4

Passing	Att	Cmp	Yds	Cmp%	Yds/Att	TD	TD%	Int	Int%	LG	Sacked	Rating
Hasselbeck	474	279	3382	58.9	7.14	22	4.6	15	3.2	60	30/155	83.1
Dilfer	58	25	333	43.1	5.74	1	1.7	3	5.2	56	4/21	46.1
TEAM	532	304	3715	57.1	6.98	23	4.3	18	3.4	60	34/176	79.1
OPP	559	340	3807	60.8	6.81	24	4.3	23	4.1	63	36/218	78.3

**DEFENSIVE STATISTICS**

Player	T	S	A	QB	Int	PD	FF	FR
Trufant	93	83	10	1.0	5	20	0	0
Kacyvenski	81	62	19	1.0	0	0	1	0
Hamlin	79	63	16	2.0	4	9	1	1
Bierria	69	47	22	0.0	1	5	1	0
Lucas	67	60	7	0.0	6	21	0	1
Okeafor	53	41	12	8.5	0	0	5	0
Boulware	53	40	13	1.0	5	6	1	0

**Record (finish):** 9-7 (1st, NFC West)

**Head Coach:** Mike Holmgren (50-46, .521)

**Assistants:** Gil Haskell (Off. Coord.), Ray

Rhodes (Def. Coord.), Teryl Austin (DBs),

Dwaine Board (DL), Mike Clark (Strength &

Conditioning), Nolan Cromwell (WRs), Bill

Gillespie (Strength & Conditioning Asst.),

Darren Krein (Strength & Conditioning Asst.),

Bill Laveroni (OL), Jim Lind (TEs), John

Marshall (LBs), Mark Michaels (Special Teams),

Stump Mitchell (RBs), Gary Reynolds

(Offensive Asst./Quality Control), Zerick Rollins

(DL/Quality Control), Jim Zorn (QBs)

**Captains:** WR Alex Bannister, QB Matt

Hasselbeck, LB Anthony Simmons

**Largent Award:** FB Mack Strong

**Pro Bowl:** RB Shaun Alexander (2), G Steve

Hutchinson (2), T Walter Jones (5)

**OFFENSE**

Pos.	Player	Starts
WR	Darrell Jackson	16
	Jerry Rice	9
	Koren Robinson	8
	Bobby Engram	7
LT	Walter Jones	16
LG	Steve Hutchinson	16
C	Robbie Tobeck	16
RG	Chris Gray	16
RT	Chris Terry	8
	Floyd Womack	8
TE	Jerramy Stevens	5
	Itula Mili	4
QB	Matt Hasselbeck	14
	Trent Dilfer	2
RB	Shaun Alexander	16
FB	Mack Strong	13
K	Josh Brown	16

**DEFENSE**

Pos.	Player	Starts
LE	Chike Okeafor	16
LT	Cedric Woodard	16
RT	Rashad Moore	12
RE	Grant Wistrom	9
	Antonio Cochran	7
OLB	Isaiah Kacyvenski	7
	Anthony Simmons	7
MLB	Orlando Huff	14
OLB	Chad Brown	7
	Isaiah Kacyvenski	6
LCB	Marcus Trufant	16
RCB	Ken Lucas	16
SS	Terreal Bierria	12
	Michael Boulware	4
FS	Ken Hamlin	16

**SPECIAL TEAMS**

Pos.	Player	Starts
K	Josh Brown	16
P	Donnie Jones	6
	Ken Walter	6
	Tom Rouen	4

**AFC**

EAST	W	L	T	Pct.	Pts.	Opp.
New England	14	2	0	.875	437	260
N.Y. Jets*	10	6	0	.625	333	261
Buffalo	9	7	0	.563	395	284
Miami	4	12	0	.250	275	354
NORTH	W	L	T	Pct.	Pts.	Opp.
Pittsburgh	15	1	0	.938	372	251
Baltimore	9	7	0	.563	317	268
Cincinnati	8	8	0	.500	374	372
Cleveland	4	12	0	.250	276	390
SOUTH	W	L	T	Pct.	Pts.	Opp.
Indianapolis	12	4	0	.750	522	351
Jacksonville	9	7	0	.563	261	280
Houston	7	9	0	.438	309	339
Tennessee	5	11	0	.313	344	439
WEST	W	L	T	Pct.	Pts.	Opp.
San Diego	12	4	0	.750	446	313
Denver*	10	6	0	.625	381	304
Kansas City	7	9	0	.438	483	435
Oakland	5	11	0	.313	320	442

\*= Wild Card teams

**NFC**

EAST	W	L	T	Pct.	Pts.	Opp.
Philadelphia	13	3	0	.812	386	260
N.Y. Giants	6	10	0	.375	303	347
Dallas	6	10	0	.375	293	405
Washington	6	10	0	.375	240	265
NORTH	W	L	T	Pct.	Pts.	Opp.
Green Bay	10	6	0	.625	424	380
Minnesota*	8	8	0	.500	405	395
Detroit	6	10	0	.375	296	350
Chicago	5	11	0	.313	231	331
SOUTH	W	L	T	Pct.	Pts.	Opp.
Atlanta	11	5	0	.688	340	337
New Orleans	8	8	0	.500	348	405
Carolina	7	9	0	.438	355	339
Tampa Bay	5	11	0	.313	301	304
WEST	W	L	T	Pct.	Pts.	Opp.
Seattle	9	7	0	.563	371	373
St. Louis*	8	8	0	.500	319	392
Arizona	6	10	0	.375	284	322
San Francisco	2	14	0	.125	259	452

## COACHES ALL-TIME ROSTER

Name	Responsibility	Years	College
Arnold, Dave	Special Teams	1995-97	Drake
<b>Austin, Teryl</b>	<b>Defensive Backs</b>	<b>2003-</b>	<b>Pittsburgh</b>
Becker, John	Offensive Coord./WRs	1989-91	Cal State-Northridge
<b>Board, Dwaine</b>	<b>Defensive Line</b>	<b>2003-</b>	<b>North Carolina A&amp;T</b>
Boghosian, Sam	Defensive Coord./OL	1976-77	UCLA
Brasher, Tommy	Defensive Line	1992-98	Arkansas
Bratkowski, Bob	Wide Receivers	1992-94	Washington State
	Offensive Coord./WRs	1995-97	
	Offensive Coordinator	1998	
Brooks, Larry	Defensive Line	1999-2002	Virginia State
Brown, Dave	Defensive Coach	1992-98	Michigan
<b>Casullo, Bob</b>	<b>Special Teams Coordinator</b>	<b>2005-</b>	<b>Brockport St.</b> <b>(N.Y.)College</b>
			Oklahoma
Catlin, Tom	Asst. Head Coach/LBs/Def. Coord.	1983-91	
	Assistant Head Coach/Defense	1992	
	Assistant Head Coach	1993	
	Quality Control	1994-95	
Christensen, Jack	Defensive Backs	1978-82	Colorado State
<b>Clark, Mike</b>	<b>Strength &amp; Conditioning</b>	<b>2004-</b>	<b>Ottawa University</b>
Colquitt, Jerry	Offensive Quality Control	1999-2002	Tennessee
<b>Cromwell, Nolan</b>	<b>Wide Receivers</b>	<b>1999-</b>	<b>Kansas</b>
Dyer, George	Defensive Line	1983-91	UC-Santa Barbara
Erickson, Dennis	Head Coach	1995-98	Montana State
Flajole, Ken	Defensive Backs	1999, 2001-02	Pacific Lutheran
	Linebackers	2000	
Flores, Tom	Head Coach	1992-94	Pacific
Gilbertson, Keith	Defensive Assistant	1996	Central Washington
	Tight Ends	1997-98	
Gillespie, Bill	Asst. Strength & Conditioning	2003-04	Liberty
Harris, Chick	Running Backs	1983-91	Northern Arizona
<b>Haskell, Gil</b>	<b>Offensive Coordinator</b>	<b>2000-</b>	<b>San Francisco State</b>
Hawkins, Ralph	Defensive Backs	1983-88	Maryland
Holland, Johnny	Asst. Special Teams & Strength	2000	Texas A&M
	Linebackers	2001-02	
Hollway, Bob	Defensive Coordinator/DBs	1976-77	Michigan
<b>Holmgren, Mike</b>	<b>Head Coach</b>	<b>1999-</b>	<b>Southern California</b>
Houck, Hudson	Offensive Line	1992	Southern California
Jackson, Milt	Wide Receivers	1998	Tulsa
James, Ned	Offensive Assistant	1995-96	New Mexico
	Defensive Assistant	1997	
	Linebackers	1998	Missouri
Johnson, Jim	Strength & Conditioning	1999-2003	Stephen F. Austin
Johnston, Kent	Offensive Coordinator/QBs	1992-94	LaVerne
Kennan, Larry	Head Coach	1983-91	Juniata
Knox, Chuck		<b>1997-98,</b>	
<b>Krein, Darren</b>	<b>Assistant Strength &amp; Cond.</b>	<b>2001-</b>	<b>Miami</b>
		1998	Idaho
Lappano, Tim	Running Backs	1982	Mt. Union
Lauterbur, Frank	Defensive Line	1982	Mt. Union
<b>Laveroni, Bill</b>	<b>Asst. Offensive Line</b>	<b>2001-03</b>	<b>California</b>
	<b>Offensive Line</b>	<b>2004-</b>	
LeDuc, Dana	Strength & Conditioning	1995-98	Texas
Leggett, Earl	Defensive Line	1976-77	Louisiana State
<b>Lind, Jim</b>	<b>Linebackers</b>	<b>1999</b>	<b>Bemidji (Minn.) State</b>
	<b>Tight Ends</b>	<b>2000-</b>	
Lopez, Clayton	Defensive Quality Control	1999-2001	Nevada
	Defensive Asst./Secondary	2002-2003	
Lovat, Tom	Offensive Line	1999-2003	Utah

Name	Responsibility	Years	College
MacDonald, Andy	Running Backs	1976-82	Central Michigan
<b>Marshall, John</b>	<b>Linebackers</b>	<b>2003-</b>	<b>Oregon</b>
Matsumoto, Arnie	Staff Assistant	1989-95	Lewis and Clark
McCormack, Mike	Head Coach	1982	Kansas
McMackin, Greg	Defensive Coordinator	1995-98	So. Oregon State
Meyer, Ken	Quarterbacks	1983-91	Denison
Meyers, Bill	Assistant Offensive Line	1998	Stanford
Michaels, Mark	Asst. Special Teams Special Teams	2001-2003 2004	Connecticut
<b>Mitchell, Stump</b>	<b>Running Backs</b>	<b>1999-</b>	<b>Citadel</b>
Moore, Steve	Wide Receivers Offensive Coordinator/WRs	1983-85 1986-88	UC-Santa Barbara
<i>Mora, Jim</i>	Defensive Line	1978-81	Occidental
Moyer, Paul	Special Assignments DBs/Asst. Special Teams	1990-91 1992-94	Arizona State
Mudd, Howard	Offensive Line	1978-82 1993-97	Hillsdale
Murphy, Mike	Linebackers	1995-97	Huron
Olson, Rich	Quarterbacks	1995-98	Washington State
Patera, Jack	Head Coach	1976-82	Oregon
Peccatiello, Larry	Linebackers Defensive Coordinator/LBs	1976-77 1978-80	William and Mary
Perry, Rod	Defensive Backs	1989-91	Colorado
Prochaska, Ray	Offensive Coordinator/OL	1983-85	Nebraska
Purnell, Russ	Special Assignments TEs/Asst. Special Teams TEs/Special Teams	1986 1987-91 1992-94	Whittier
<i>Raines, Frank</i>	<i>Strength &amp; Conditioning</i>	1990-94	George Mason
<b>Reynolds, Gary</b>	<b>Off. Asst./Quality Control</b>	<b>2003-</b>	<b>Texas A&amp;M</b>
Rhorne, Jerry	QB/WRs/TEs Offensive Coord./QB/WRs/TEs Offensive Coord./QB/WRs	1976-77 1978-79 1980-82	Tulsa
<b>Rhodes, Ray</b>	<b>Defensive Coordinator</b>	<b>2003-</b>	<b>Tulsa</b>
Roach, Dick	Defensive Assistant	1999-2000	Black Hills State
Robinson, Willy	Defensive Backs	1995-98	Fresno State
Rodriguez, Pete	Asst. Head Coach/Special Teams Special Teams Coordinator	1998 1999-2003	Western St. (Colorado)
<b>Rollins, Zerick</b>	<b>Defensive Assistant</b> <b>Defensive Line/Quality Control</b>	<b>2001-</b> <b>2002-</b>	<b>Texas A&amp;M</b>
Shelmon, Clarence	Running Backs	1992-97	Houston
Sheppard, Mike	Quarterbacks	1999-2000	California Lutheran
Sherman, Mike	Offensive Coordinator	1999	Central Connecticut
State Shurmur, Fritz (Michigan)	Defensive Coordinator	1999	Albion College
Sidwell, Steve	Defensive Coordinator	2000-2002	Colorado
Simpson, Jackie	Defensive Coord./LBs	1981-82	Mississippi
Smith, Gregg	Assistant Head Coach/TEs Asst. Head Coach/Offensive Line Offensive Line	1995-96 1997 1998	Idaho
Springer, Rod	Assistant Strength & Cond.	1999-2002	Tarleton State
Stephenson, Kent	Offensive Line	1985-91	Northern Iowa
Tillman, Rusty	Special Teams Special Teams/TEs Special Teams/LBs Defensive Coordinator/LBs	1979-82 1983-86 1987-91 1992-94	Northern Arizona
Vitt, Joe	Special Assignments	1982-91	Towson State
Yarber, Eric	Offensive Quality Control	1998	Idaho
Zorn, Jim	Offensive Assistant Quarterbacks Coach	1997 2001-	Cal Poly-Pomona

## ALL-TIME ROSTER

## A

Player	Position	Years	GP	GS	College
Abramowitz, Sid	T	1984	4	0	Tulsa
Adams, Sam	DT/DE	1994-99	89	66	Texas A&M
Adams, Theo	T	1992	10	0	Hawaii
Adkins, Sam	QB	1977-82	10	0	Wichita State
Agee, Tommie	FB	1988	16	0	Auburn
Ahrens, Dave	LB	1990	10	3	Wisconsin
Aiu, Charlie	G	1978	1	0	Hawaii
<b>Alexander, Shaun</b>	<b>RB</b>	<b>2000-</b>	<b>80</b>	<b>60</b>	<b>Alabama</b>
Allen, Harvey	S	1987	2	2	Nevada-Las Vegas
Allert, Ty	LB	1990	1	0	Texas
Allred, Brian	CB	1993-94	4	0	Sacramento State
Alvarez, Wilson	K	1981	4	0	S.E. Louisiana
Anderson, Eddie	S	1986	5	0	Fort Valley State
Anderson, Fredell	DE	1980-82	22	6	Prairie View
Andrews, Ricky	LB	1990	15	0	Washington
Andrews, Tom	C/G	1987	2	2	Louisville
Atkins, James	T/G	1994-97	49	37	S.W. Louisiana
August, Steve	T	1977-84	97	90	Tulsa

## B

<b>Babineaux, Jordan</b>	<b>CB</b>	<b>2004-</b>	<b>6</b>	<b>0</b>	<b>Southern Arkansas</b>
Bachman, Ted	CB	1976	5	0	New Mexico State
Baham, Curtis	CB	1987	3	0	Tulane
Bailey, Edwin	G/T	1981-91	139	120	South Carolina State
Bailey, Karsten	WR	1999-00	11	0	Auburn
Ballard, Howard	T	1994-98	74	74	Alabama A&M
<b>Bannister, Alex</b>	<b>WR</b>	<b>2001-</b>	<b>55</b>	<b>4</b>	<b>Eastern Kentucky</b>
Barbay, Roland	NT	1987	5	0	Louisiana State
Barber, Michael	LB	1995-97	21	9	Clemson
Barisich, Carl	DE	1976	14	7	Princeton
Barr, Robert	T	1996	*0	0	Rutgers
Bates, Michael	WR	1993-94	31	1	Arizona
<b>Bates, Solomon</b>	<b>LB</b>	<b>2003-</b>	<b>17</b>	<b>3</b>	<b>Arizona State</b>
Beamon, Autry	S	1977-79	45	39	East Texas State
Bebout, Nick	T	1976-79	56	55	Wyoming
Beede, Frank	G	1996-00	46	8	Panhandle State
Beeson, Terry	LB	1977-81	77	67	Kansas
Bell, Coleman	TE	1996	*0	0	Miami
Bell, Marcus	LB	2000-02	45	9	Arizona
Bell, Mark	TE/DE	1979-80, 82	41	2	Colorado State
Bellamy, Jay	S	1994-00	98	55	Rutgers
Bengen, Brant	WR	1987	3	0	Idaho
Benjamin, Tony	FB	1977-79	28	1	Duke
Berry, Ray	LB	1993	8	2	Baylor
<b>Bernard, Rocky</b>	<b>DT</b>	<b>2002-</b>	<b>42</b>	<b>3</b>	<b>Texas A&amp;M</b>
Bernard, Walter	CB	2002-03	1	0	New Mexico
Berti, Tony	G/T	1998	*0	0	Colorado
Bickett, Duane	LB	1994-95	22	1	Southern California
<b>Bierria, Terrel</b>	<b>S</b>	<b>2002-</b>	<b>30</b>	<b>12</b>	<b>Georgia</b>
Bitterlich, Don	K	1976	3	0	Temple
Blackmon, Harold	CB	2001-02	9	0	Northwestern
Blackmon, Robert	S	1990-96	106	96	Baylor
Blackshear, Jeff	G	1993-95	47	21	Northeast Louisiana
Blackwood, Lyle	S	1976	11	0	Texas Christian
Blades, Bennie	S	1997	10	9	Miami
Blades, Brian	WR	1988-98	156	122	Miami
Bloedorn, Greg	G	1997-99	12	0	Cornell

Blue, Anthony	CB	1987	3	0	Nevada-Las Vegas
Bolcar, Ned	LB	1990	5	0	Notre Dame
Bolton, Andrew	RB	1976	5	2	Fisk
Borchardt, Jon	G/T	1985-87	42	4	Montana State
Bosworth, Brian	LB	1987-89	24	24	Oklahoma
<b>Boulware, Michael</b>	<b>S</b>	<b>2004-</b>	<b>16</b>	<b>4</b>	<b>Florida State</b>
Bouyer, Willie	WR	1989-90	1	0	Michigan State
Bowman, Barry	P	1987	1	0	Louisiana Tech
Bownes, Fabien	WR	1999-01	47	0	Western Illinois
Boyd, Dennis	DE/DT/T	1977-79, 81-82	59	27	Oregon State
Boyd, Jerome	LB	1983	5	0	Oregon State
Bradley, Ed	LB	1976	14	14	Wake Forest
Brandon, David	LB	1993-94	20	0	Memphis State
Brilz, Darrick	G/C	1989-93	78	44	Oregon State
Brinson, Larry	RB	1980	8	0	Florida
Brock, Lou	CB	1988	1	0	Southern California
Broussard, Steve	RB	1995-98	58	2	Washington State
Brown, Arnold	CB	1987	2	0	North Carolina Central
Brown, Chad	LB	1997-2004	107	107	Colorado
Brown, Dave	S/CB	1976-86	159	159	Michigan
Brown, Joe	DT	2001-02	2	0	Ohio State
<b>Brown, Josh</b>	<b>K</b>	<b>2003-</b>	<b>32</b>	<b>0</b>	<b>Nebraska</b>
Brown, Reggie	FB	1996-00	62	10	Fresno State
Brown, Theotis	RB	1981-83	22	7	UCLA
Brown, Tony	CB	1994-95	29	5	Fresno State
Brown, Travis	QB	2000	1	0	Northern Arizona
Bryant, Beno	RB	1994	2	0	Washington
Bryant, Cullen	FB	1983-84	19	5	Colorado
Bryant, Jeff	DE/DT	1982-93	175	167	Clemson
Bullard, Louis	T	1978-80	36	15	Jackson State
Burnham, Tim	T	1987-88	3	3	Washington
Burse, Tony	FB	1987	12	0	Middle Tennessee State
Bush, Blair	C	1983-88	82	78	Washington
Butler, Chuck	LB	1984	8	0	Boise State
Butler, Hillary	LB	1998	7	0	Washington
Butler, Keith	LB	1978-87	146	132	Memphis State
Butler, Ray	WR	1985-88	41	8	Southern California

C

Cain, Joe	LB	1989-92, 97	68	13	Oregon Tech
Caldwell, Tony	LB	1987	1	1	Washington
Campbell, Jack	T	1982	1	0	Utah
Canty, Chris	CB	1999-00	26	2	Kansas State
Carr, Roger	WR	1982	9	2	Louisiana Tech
<b>Carter, Kerry</b>	<b>RB</b>	<b>2003-</b>	<b>32</b>	<b>0</b>	<b>Stanford</b>
Castor, Chris	WR	1983-84	23	0	Duke
Chadwick, Jeff	WR	1989-91	39	0	Grand Valley State
Charlton, Ike	CB	2000-01	31	1	Virginia Tech
Childs, Jason	G	1993	*0	0	North Dakota
Clancy, Sam	DE	1983	13	0	Pittsburgh
Clark, Bernard	LB	1991	2	0	Miami
Clark, Greg	LB	1992	12	0	Arizona State
Clark, Louis	WR	1987-92	55	15	Mississippi State
Clarke, Ken	NT	1988	16	1	Syracuse
Cluné, Don	WR	1976	9	1	Pennsylvania
<b>Cochran, Antonio</b>	<b>DT</b>	<b>1999-</b>	<b>84</b>	<b>32</b>	<b>Georgia</b>
Coder, Ron	G	1976-77, 79	43	19	Penn State
Coffield, Randy	LB	1976	13	0	Florida State
Coleman, Andre	WR	1997	2	0	Kansas State
Collins, Greg	LB	1976	13	0	Notre Dame
Collins, Mark	S	1998	9	0	Cal State-Fullerton
Colquitt, Jimmy	P	1985	2	0	Tennessee
Comeaux, Darren	LB	1988-91	50	39	Arizona State

		<b>C</b>			
Cook, Kerwin	WR	2001	*0	0	Tulane
Cooke, Bill	DE/DT	1978-80	34	3	Massachusetts
Corley, Chris	TE	1987	1	0	South Carolina
Cortes, Julio	LB	1987	3	3	Miami
Cotton, Marcus	LB	1991	3	0	Southern California
Covington, Tony	S	1995	11	0	Virginia
Cowlings, Al	DE	1976	1	0	Southern California
Crawford, Rufus	RB	1978	16	0	Virginia State
Croel, Mike	DE	1998	11	0	Nebraska
Cronan, Peter	LB	1977-79, 81	50	3	Boston College
Crumpler, Carlester	TE	1994-98	69	31	East Carolina
Cryder, Bob	T	1984-86	32	25	Alabama
Cunningham, Ed	C	1996	11	3	Washington
Cunningham, T.J.	S	1996	9	0	Colorado
Curtis, Mike	LB	1976	14	14	Duke

		<b>D</b>			
Daniels, David	WR	1991-92	29	1	Penn State
Daniels, Phillip	DE	1996-99	60	41	Georgia
Darby, Alvis	TE	1976	1	0	Florida
<b>Darche, Jean-Philippe</b>	<b>LS</b>	<b>2000-</b>	<b>80</b>	<b>0</b>	<b>McGill (Canada)</b>
Davis, Anthony	LB	1993	10	0	Utah
Davis, Brian	CB	1991-92	29	2	Nebraska
Davis, Chris	FB	2003-04	1	0	Syracuse
Davis, Fred	CB	1987	1	1	Western Carolina
Davis, Harlan	CB	1991	0	0	Tennessee
Davis, Tyree	WR	1997	14	1	Central Arkansas
Dawkins, Sean	WR	1999-00	32	29	California
Dean, Konrad	T	2002	*0	0	Akron
Dean, Vernon	S	1988	16	0	San Diego State
Dee, Donnie	TE	1989	3	3	Tulsa
Demarie, John	G	1976	9	8	Louisiana State
DeVita, Rob	LB	1987	1	0	Illinois Benedictine
Dickenson, Dave	QB	2002	0	0	Montana
Dilfer, Trent	QB	2001-04	22	12	Fresno State
Dion, Terry	DE	1980	9	2	Oregon
Dixon, Zachary	RB	1983-84	26	2	Temple
Dodge, Dedrick	S	1991-92	25	0	Florida State
Donaldson, Ray	C	1993-94	32	32	Georgia
Donnelly, Rick	P	1990-91	19	0	Wyoming
Doornink, Dan	FB/RB	1979-85	92	44	Washington State
Dorning, Dale	DE	1987	3	3	Oregon
Dorris, Andy	DE	1977	4	1	New Mexico State
Dove, Wes	DE	1987	2	0	Syracuse
Duckett, Forey	S	1994	2	0	Nevada
Dufek, Don	S	1976-77, 79-84	95	6	Michigan
Dugan, Bill	G	1981-83	40	5	Penn State

		<b>E</b>			
Easley, Kenny	S	1981-87	89	87	UCLA
East, Ron	DT	1977	14	14	Montana State
Eaton, Chad	DT	2001-02	32	32	Washington State
Edmonds, Bobby Joe	RB/KR	1986-88	42	0	Arkansas
Edmunds, Ferrell	TE	1993-94	23	23	Maryland
Edwards, Antonio	DE	1993-97	51	24	Valdosta State
Edwards, Randy	DE/NT	1984-87	52	4	Alabama
<b>Engram, Bobby</b>	<b>WR</b>	<b>2001-</b>	<b>60</b>	<b>24</b>	<b>Penn State</b>
Eisenhooth, John	NT	1987	1	0	Lock Haven
Eisenhooth, Stan	C	1987-88	13	0	Towson State
Eller, Carl	DE	1979	16	8	Minnesota
Eloms, Joey	CB	1998-99	6	0	Indiana
Engles, Rick	P	1976-77	15	0	Tulsa

Essink, Ron	T	1980-85	83	70	Grand Valley State
Evans, Doug	CB	2002-03	18	0	Louisiana Tech
Evans, Heath	FB	2001-04	61	1	Auburn
Evans, Norm	T	1976-78	38	25	Texas Christian
Evans, Russell	WR	1987	1	0	N.E. Missouri State

## F

Fairbanks, Don	DE	1987	3	3	Colorado
Fanning, Mike	DE	1984	16	0	Notre Dame
Farrell, Sean	G	1992	6	0	Penn State
Fauria, Christian	TE	1995-01	103	72	Colorado
Feagles, Jeff	P	1998-02	80	0	Miami
Feasel, Grant	C	1987-93	91	51	Abilene Christian
Fenner, Derrick	RB	1989-91	32	23	North Carolina
Ferguson, Duke	WR	1977-79	33	8	San Diego State
Fields, Scott	LB	1999	2	0	Southern California
Fifer, Bill	T	1979	*0	0	West Texas State
Finzer, Dave	P	1985	12	0	DePauw
Flonas, Brian	LB	1981-82	13	0	Washington State
Foley, Glenn	QB	1999	2	1	Boston College
Frank, Malcolm	CB	1992	15	0	Baylor
Franklin, Byron	WR	1985-87	33	1	Auburn
Franklin, Jethro	DE	1989	7	1	Fresno State
French, Rufus	TE	1999-00	*0	0	Mississippi
Frier, Mike	DT	1994	2	0	Appalachian State
Friesz, John	QB	1995-98	21	11	Idaho
Fuller, Curtis	S	2001-02	26	2	Texas Christian
Fuller, Randy	CB	1999	2	0	Tennessee State

## G

Gaines, Greg	LB	1981, 83-88	88	43	Tennessee
Galloway, Joey	WR	1995-99	71	67	Ohio State
Gamache, Vince	P	1986	16	0	Cal State-Fullerton
Garcia, Frank	P	1981	1	0	Arizona
Geddes, Ken	LB	1976-78	36	25	Nebraska
Gelbaugh, Stan	QB	1992-96	13	9	Maryland
George, Jeff	QB	2002	0	0	Illinois
Gilbert, Gale	QB	1985-86	25	2	California
Glasgow, Nesby	S	1988-92	77	30	Washington
Glaze, Charles	CB	1987	3	2	South Carolina State
Glover, Kevin	C	1998-99	14	14	Maryland
Godfrey, Chris	G	1988	9	2	Michigan
Godfrey, Randall	LB	2003	15	14	Georgia
Graff, Neil	QB	1976	*0	0	Wisconsin
Graham, David	DE/NT	1982, 1987	6	2	Morehouse
Graham, Derrick	G	1996-97	25	25	Appalachian State
Graham, Jay	RB	2001	11	0	Tennessee
Graham, Jeff	QB	1993-94	*0	0	Long Beach State
Grant, Will	C	1986	7	6	Kentucky
Gray, Carlton	CB	1993-96	53	45	UCLA
<b>Gray, Chris</b>	<b>G/C</b>	<b>1998-</b>	<b>111</b>	<b>98</b>	<b>Auburn</b>
Gray, Oscar	FB	1996-97	9	0	Arkansas
Green, Ahman	RB	1998-99	30	0	Nebraska
Green, Boyce	RB	1987	2	2	Carson-Newman
Green, Jacob	DE	1980-91	178	176	Texas A&M
Green, Jessie	WR	1979-80	23	0	Tulsa
Green, Paul	TE	1992-94	35	23	Southern California
Green, Sammy	LB	1976-79	60	44	Florida
Green, Tony	KR	1979	11	0	Florida
Greene, Andrew	G	1998	4	0	Indiana
Greene, Danny	WR	1985	4	0	Washington
Gregory, Bill	DE/DT	1978-80	47	43	Wisconsin
Griffith, Russell	P	1987	2	0	Weber State

## H

Habib, Brian	G	1998-99	32	32	Washington
<b>Hackett, D.J.</b>	<b>WR</b>	<b>2004-</b>	<b>*0</b>	<b>0</b>	<b>Colorado</b>
Hackett, Dino	LB	1993	3	0	Appalachian State
Hagen, Mike	FB	1987	2	1	Montana
Hagler, Scott	K	1987	2	0	South Carolina
<b>Hamlin, Ken</b>	<b>S</b>	<b>2003-</b>	<b>32</b>	<b>30</b>	<b>Arkansas</b>
Hand, Norman	DT	2003	6	5	Mississippi
Hanks, Merton	S	1999	12	2	Iowa
<b>Hannam, Ryan</b>	<b>TE</b>	<b>2002-</b>	<b>36</b>	<b>0</b>	<b>Northern Iowa</b>
Hanousek, Matt	T/G	1987	3	3	Utah State
Hansen, Don	LB	1976	2	0	Illinois
<b>Harden, Michael</b>	<b>CB</b>	<b>2004-</b>	<b>*0</b>	<b>0</b>	<b>Missouri</b>
Hardy, Andre	FB	1985	3	1	St. Mary's
Hardy, Darryl	LB	1997	2	0	Tennessee
Hardy, Robert	DT	1979-82	54	53	Jackson State
Harmon, Kevin	RB	1988-89	9	0	Iowa
Harper, Dwayne	CB	1988-93	94	76	South Carolina State
Harris, Corey	CB	1995-96	32	32	Vanderbilt
Harris, Elroy	RB	1989	14	0	Eastern Kentucky
Harris, Franco	FB	1984	8	6	Penn State
Harris, John	S	1978-85	119	112	Arizona State
Harris, Richard	DE/DT	1976-77	28	24	Grambling
Harris, Ronnie	WR	1994-98	44	0	Oregon
Harrison, Martin	DE	1997	8	0	Washington
Hart, Roy	NT	1988-89	16	1	South Carolina
<b>Hasselbeck, Matt</b>	<b>QB</b>	<b>2001-</b>	<b>59</b>	<b>52</b>	<b>Boston College</b>
Hauck, Tim	S	1997	16	0	Montana
Hayes, Eric	DT	1990-91	21	3	Florida State
Heck, Andy	T/G	1989-93	77	70	Notre Dame
Heller, Ron	TE	1990, 92	32	16	Oregon State
Heppner, Kris	K	2000	4	0	Montana
Hernandez, Matt	T	1983	8	1	Purdue
Herrera, Efrén	K	1978-81	60	0	UCLA
Hicks, Mark	LB	1983	10	1	Arizona State
Hill, James	TE	2000	10	0	Abilene Christian
Hill, Matt	T	2002-03	27	2	Boise State
Hilliard, John	DE	2000-02	27	11	Mississippi State
Hines, Andre	T	1980	9	0	Stanford
Hire, Doug	C	1987	3	1	Linfield
Hitchcock, Bill	T/G	1991-94	51	39	Purdue
Hoaglin, Fred	C	1976	13	7	Pittsburgh
Hobbs, Daryl	WR	1997	10	0	Pacific
Hollie, Doug	DE	1987-88	5	0	Southern Methodist
Hollis, David	CB/S	1987-89	27	0	Nevada-Las Vegas
Howard, Ron	TE	1976-78	42	36	Seattle
Huard, Brock	QB	1999-01	6	4	Washington
Hudson, Gordon	TE	1986	16	4	Brigham Young
Huff, Orlando	LB	2001-04	55	23	Fresno State
Hughes, David	FB	1981-85	69	27	Boise State
Hughes, Van D	T	1987	1	1	Southwest Texas State
Hunter, Al	RB/FB	1977-80	53	5	Notre Dame
Hunter, John	G	1992	5	3	Brigham Young
Hunter, Patrick	CB	1986-94	120	99	Nevada-Reno
<b>Hunter, Wayne</b>	<b>T</b>	<b>2003-</b>	<b>1</b>	<b>0</b>	<b>Hawaii</b>
<b>Hutchinson, Steve</b>	<b>G</b>	<b>2001-</b>	<b>52</b>	<b>52</b>	<b>Michigan</b>
Hyde, Glenn	C	1986	3	0	Pittsburgh
Innocent, Dou	WR	1996	4	0	Mississippi
Irvin, Darrell	DE	1983	16	0	Oklahoma
Ivory, Horace	RB	1981-82	12	0	Oklahoma

<b>Jackson, Darrell</b>	WR	2000-	77	71	<b>Florida</b>
Jackson, Harold	WR	1983	15	6	Jackson State
Jackson, Joe	LB	1987	3	0	San Francisco State
Jackson, Michael	LB	1979-86	105	78	Washington
Jackson, Terry	CB	1984-85	32	0	San Diego State
James, Toran	LB	1998	*0	0	North Carolina A&T
Jefferson, James	CB	1989-93	58	3	Texas A&I
Jenkins, Marcus	G	2000	*0	0	Central Florida
Jenkins, Melvin	CB	1987-90	60	20	Cincinnati
Jodat, Jim	FB	1980-81	28	18	Carthage
Johns, Paul	WR	1981-84	40	18	Tulsa
Johnson, Dustin	FB	1999	1	0	Brigham Young
Johnson, Gregory	CB	1981-83, 86	56	3	Oklahoma State
Johnson, Johnnie	S	1989	3	1	Texas
Johnson, M.L.	LB	1987-89	37	9	Hawaii
Johnson, Norm	K	1982-90	134	0	UCLA
Johnson, Tracy	FB	1992-95	63	15	Clemson
Jolley, Gordon	G/T	1976-77	26	15	Utah
<b>Jones, Donnie</b>	P	2004-	6	0	<b>Louisiana State</b>
Jones, Ernie	CB	1976	9	3	Miami
Jones, Horace	DE	1977	1	0	Louisville
*on active roster but did not play in game					
Jones, James	FB	1989-92	50	7	Florida
Jones, Mike	LB	1977	12	0	Jackson State
Jones, Mike	TE	1992	4	1	Texas A&M
Jones, Rod	TE	1989	4	0	Washington
Jones, Selwyn	CB	1995-96	31	1	Colorado State
<b>Jones, Walter</b>	T	1997-	122	122	<b>Florida State</b>
Jordan, Charles	WR	1999	4	1	Long Beach City College
Joseph, Kerry	S	1998-01	56	14	McNeese State
Joyce, Matt	G	1995	16	13	Richmond
Juma, Kevin	WR	1987	3	2	Idaho
Junior, E.J.	LB	1992-93	9	0	Alabama
Junkin, Trey	TE	1990-95	92	2	Louisiana Tech
Justin, Kerry	CB	1978-83, 86-87	105	35	Oregon State

## K

<b>Kacyvenski, Isaiah</b>	LB	2000-	71	22	<b>Harvard</b>
Kaiser, John	LB	1984-86	48	0	Arizona
Kane, Tommy	WR	1988-92	46	26	Syracuse
Kasay, John	K	1991-94	64	0	Georgia
Kasper, Kevin	WR	2002	3	0	Iowa
Kauahi, Kani	C	1982-86	60	5	Hawaii
Kaumeyer, Thom	S	1989-90	8	0	Oregon
Keel, Mark	TE	1987	3	3	Arizona
Keim, Mike	T	1992-95	27	0	Brigham Young
Kelly, Jeff	QB	2002	*0	0	Southern Mississippi
Kelly, Maurice	S	2000-01	24	3	East Tennessee State
Kemp, Jeff	QB	1987-91	55	7	Dartmouth
Kendall, Pete	G	1996-00	76	75	Boston College
Kennedy, Cortez	DT	1990-00	167	153	Miami
Killens, Terry	LB	2002	3	0	Penn State
King, Lamar	DE	1999-2003	57	37	Saginaw Valley State
Kinlaw, Reggie	NT	1985-86	30	5	Oklahoma
Kirkland, Levon	LB	2001	16	16	Clemson
Kitna, Jon	QB	1997-00	39	33	Central Washington
Koonce, George	LB	2000	16	16	East Carolina
<b>Koutouvides, Niko</b>	LB	2004-	16	2	<b>Purdue</b>
Kraayeveld, Dave	DE/DT	1978	12	0	Milton
Krieg, Dave	QB	1980-91	129	116	Milton
Kuehn, Art	C/G	1976-82	98	33	UCLA
Kyle, Jason	LB	1995-98	48	0	Arizona

		<b>L</b>			
LaBounty, Matt	DE	1996-01	65	9	Oregon
Lambert, Dion	S	1994-95	1	1	UCLA
Lane, Eric	FB/RB	1981-87	97	12	Brigham Young
Largent, Steve	WR	1976-89	200	197	Tulsa
Laughton, Jim	TE	1986	6	0	San Diego State
Lavine, Paul	LB	1987	3	1	Utah State
Le Bel, Harper	TE	1989	16	0	Colorado State
Lee, Ronnie	T	1990-92	34	21	Baylor
<b>Lewis, D.D.</b>	<b>LB</b>	<b>2002-</b>	<b>31</b>	<b>5</b>	<b>Texas</b>
Lewis, Will	CB	1980-81	26	0	Millersville State
Leypoldt, John	K	1976-78	25	0	No College
Lincoln, Jeremy	CB	1997	12	3	Tennessee
Lindell, Rian	K	2000-02	44	0	Washington State
Lindley, David	QB	1987	*0	0	Linfield
<b>Locklear, Sean</b>	<b>T</b>	<b>2004-</b>	<b>16</b>	<b>0</b>	<b>North Carolina State</b>
Logan, James	LB	1995-00	63	4	Memphis
Long, Doug	WR	1977-78	16	0	Whitworth
Loville, Derek	RB	1990-91	27	1	Oregon
Lucas, Ken	CB	2001-04	62	47	Mississippi
Lurtsema, Bob	DE/DT	1976-77	27	25	Western Michigan
Lynch, Tom	G	1977-80	60	48	Boston College
Lytle, Matt	QB	2000	1	0	Pittsburgh

		<b>M</b>			
McAlister, Ken	S	1982-83	11	0	San Francisco
McBride, Tod	CB	2004	*0	0	UCLA
McCleary, Norris	DT	2002	*0	0	East Carolina
McCloughan, Dave	CB/S	1993-94	28	12	Colorado
McCrary, Michael	DE	1993-96	58	13	Wake Forest
McCullum, Sam	WR	1976-81	91	78	Montana State
McCutcheon, Lawrence	FB	1980	8	1	Colorado State
McDaniel, Terry	CB	1998	9	0	Tennessee
McElroy, Vann	S	1990	10	0	Baylor
McEndoo, Jason	C	1998	1	0	Washington State
McGrath, Mark	WR	1981	6	0	Montana State
McGwire, Dan	QB	1991-94	12	5	San Diego State
McIntosh, Chris	T	2000-	24	13	Wisconsin
McKenzie, Reggie	G	1983-84	24	22	Michigan
McKinnis, Hugh	FB	1976	11	5	Arizona State
McKnight, James	WR	1994-98	60	7	Liberty
McMakin, John	TE	1976	12	1	Clemson
McMillan, Eddie	CB	1976-77	28	28	Florida State
McMillian, Henry	DE	1995-96	4	0	Florida
McNeal, Travis	TE	1989-91	48	24	Tennessee-Chattanooga
McShane, Charles	LB	1977-79	29	0	California Lutheran
McVeigh, John	LB	1987	3	3	Miami
Mack, Kim	S	1987	1	0	Florida State
Mangiero, Dino	NT	1984	15	0	Rutgers
<b>Manuel, Marquand</b>	<b>S</b>	<b>2004-</b>	<b>15</b>	<b>0</b>	<b>Florida</b>
Marinero, Ed	FB	1977	2	0	Cornell
Martin, Amos	LB	1977	2	0	Louisville
Martin, Kelvin	WR	1993-94	32	29	Boston College
Mathison, Bruce	QB	1987	3	2	Nebraska
Mattes, Ron	T	1986-90	75	59	Virginia
Matthews, Al	S	1976	14	14	Texas A&I
Mawae, Kevin	C/G	1994-97	62	59	Louisiana State
Maxwell, Vernon	LB	1989	9	7	Arizona State
May, Deems	TE	1997-99	47	0	North Carolina
Mayes, Derrick	WR	1999-00	28	23	Notre Dame
Mayes, Rueben	RB	1992-93	17	0	Washington State
Merriman, Sam	LB	1983-87	71	1	Idaho

Metzelaars, Pete	TE	1982-84	34	13	Wabash
<b>Mili, Itula</b>	<b>TE</b>	<b>1998-</b>	<b>102</b>	<b>41</b>	<b>Brigham Young</b>
Millard, Bryan	G/T	1984-91	121	99	Texas
Millard, Keith	DT	1992	2	0	Washington State
Miller, Darrin	LB	1988-89	32	0	Tennessee
Miller, Donald	LB	1990	7	0	Idaho State
Miller, Keith	LB	2002	7	0	California
Miller, Terry	RB	1981	1	0	Oklahoma State
Milne, Brian	FB	1999	10	0	Penn State
Minor, Vic	S	1980-81	20	0	Northeast Louisiana
Miranda, Paul	CB	2000-01	12	2	Central Florida
Mirer, Rick	QB	1993-96	55	51	Notre Dame
Mitchell, Brandon	DE	2002-04	34	8	Texas A&M
Mitz, Alonzo	DE	1986-89	40	7	Florida
Montgomery, Glenn	DT	1996	7	1	Houston
Moody, Michael	T	1994	*0	0	Southern California
Moon, Warren	QB	1997-98	25	24	Washington
Moore, Alvin	RB	1987	1	0	Arizona State
Moore, Jeff	RB	1979-81	32	3	Jackson State
Moore, Mark	S	1987	5	0	Oklahoma State
<b>Moore, Rashad</b>	<b>DT</b>	<b>2003-</b>	<b>30</b>	<b>18</b>	<b>Tennessee</b>
<b>Morris, Maurice</b>	<b>RB</b>	<b>2002-</b>	<b>42</b>	<b>1</b>	<b>Oregon</b>
Morris, Michael	LS	1990	4	0	N.E. Missouri State
Morris, Randall	RB	1984-88	61	2	Tennessee
Morton, Michael	RB	1987	2	0	Nevada-Las Vegas
Moss, Winston	LB	1995-97	46	46	Miami
Moyer, Paul	S	1983-89	98	30	Arizona State
Munson, Bill	QB	1976	6	0	Utah State
Murphy, Kevin	LB	1993	14	10	Oklahoma
Myer, Steve	QB	1976-80	13	4	New Mexico
Myles, DeShone	LB	1998-00	16	7	Nevada

## N

Nash, Joe	DT/NT	1982-96	218	169	Boston College
Nelson, Ralph	RB	1976	7	3	No College
Newbill, Richard	LB	1990-92	10	0	Miami
Newton, Bob	G	1976-81	82	66	Nebraska
Niehaus, Steve	DE/DT	1976-78	36	20	Notre Dame
Norman, Dennis	T	2001-04	1	0	Princeton
Norman, Joe	LB	1979-81, 83	50	10	Indiana
Norman, Todd	G	1995	*0	0	Notre Dame

## O

O'Brien, Mike	S	1979	3	0	California
O'Callaghan, John	TE	1987	1	0	San Diego State
Okeafor, Chike	DE	2003-04	32	32	Purdue
Olds, Bill	FB	1976	1	1	Nebraska
Orns, Fred	LB	1987	2	0	Chapman College
Overhauser, Chad	G	2000	*0	0	UCLA
Owens, Rich	DE	2002	3	0	Lehigh

## P

Packer, Walter	CB/KR	1977	10	0	Mississippi State
Palepoi, Anton	DE	2002-04	21	1	Nevada-Las Vegas
Pardridge, Curt	WR	1987	3	0	Northern Illinois
Parker, Riddick	DT	1997-00	51	19	North Carolina
Parros, Rick	FB/RB	1985, 87	5	1	Utah State
Peets, Brian	TE	1978-79	25	14	Pacific
Penchion, Bob	G	1976	13	13	Alcorn A&M
Perryman, Dean	C	1987	1	0	Washington

		<b>P</b>			
Peterson, Todd	K	1995-99	80	0	Georgia
Polowski, Larry	LB	1979	14	0	Boise State
Porter, Rufus	LB	1988-94	98	67	Southern
Powell, Alvin	G	1987-88	18	0	Winston-Salem State
Pratt, Robert	G	1982-85	52	52	North Carolina
Preece, Steve	S	1977	14	14	Oregon State
Price, Ernie	DE	1978-79	16	15	Texas A&I
Pritchard, Mike	WR	1996-99	62	41	Colorado
Proehl, Ricky	WR	1995-96	24	7	Wake Forest

		<b>R</b>			
Raible, Steve	WR	1976-81	83	8	Georgia Tech
Ramsey, Greg	DE	1987	2	0	Fresno State
<b>Randall, Curtis</b>	<b>LB</b>	<b>2004-</b>	<b>4</b>	<b>0</b>	<b>Louisiana Tech</b>
Randle, John	DT	2001-03	43	35	Texas A&I
Rayhle, Fred	TE	1977	2	0	Tenn-Chattanooga
Reece, Geoff	C	1977	5	0	Washington State
Rennaker, Terry	LB	1980	15	0	Stanford
Rice, Jerry	WR	2004	11	9	Mississippi Valley State
<b>Richard, Kris</b>	<b>CB</b>	<b>2002-</b>	<b>38</b>	<b>1</b>	<b>Southern California</b>
Richards, Howard	T	1987	2	2	Missouri
Richardson, C.J.	S	1997	15	0	Miami
Richardson, Kyle	P	1997	2	0	Arkansas State
Ridgle, Elston	DE	1989	2	0	Nevada-Reno
Riley, Patrick	DT	1996	*0	0	Miami
Roberts, Ray	T	1992-95	57	46	Virginia
Robertson, Marcus	S	2001-02	27	27	Iowa State
Robinson, Damien	S	2003-04	15	4	Iowa
Robinson, Eugene	S	1985-95	170	152	Colgate
Robinson, Koren	WR	2001-04	57	52	North Carolina State
Robinson, Rafael	S	1992-95	51	5	Wisconsin
Robinson, Shelton	LB	1982-85	56	35	North Carolina
Roche, Alden	DE	1977-78	21	12	Southern
Rodenhauser, Mark	LS	1999	8	0	Illinois State
Rodgers, Tyrone	DT	1992-94	37	0	Washington
Rodriguez, Ruben	P	1987-89	44	0	Arizona
Rogers, Charlie	RB/KR	1999-01	41	0	Georgia Tech
Romes, Charles	CB	1987	*0	0	North Carolina Central
Ross, Dan	TE	1985	10	5	Northeastern
Ross, Oliver	RB	1976	14	10	Alabama A&M
Rouen, Tom	P	2003-04	20	0	Colorado
Rusk, Reggie	CB	1997-98	2	0	Kentucky

		<b>S</b>			
Sager, Ken	TE	1987	3	1	Western Washington
Saleaumua, Dan	DT	1997-98	27	15	Arizona State
Salisbury, Sean	QB	1986	*0	0	Southern California
Sandifer, Bill	DT	1977-78	16	15	UCLA
Sanford, Rick	S	1985	5	0	South Carolina
Sawyer, John	TE	1977-78, 80-82	65	39	Southern Mississippi
Scales, Dwight	WR	1984	4	0	Grambling
Scholtz, Bruce	LB	1982-88	96	95	Texas
Schreiber, Adam	G	1984	6	0	Texas
Scoggins, Ron	T	1987	3	0	Nevada-Las Vegas
Seigler, Dexter	CB	1996-97	14	0	Miami
Sevy, Jeff	G/T	1979-80	19	5	California
Shaw, Bobby	WR	1998	1	0	California

Shaw, Rickie	T	1993	*0	0	North Carolina
Simmons, Anthony	LB	1998-2004	86	79	Clemson
Simonson, Dave	T	1976	5	0	Minnesota
Simpson, Keith	CB/S	1978-85	108	70	Memphis State
Sims, David	FB/RB	1977-79	29	12	Georgia Tech
Sims, Jack	G	1987	3	2	Hawaii
Sinclair, Michael	DE	1991-01	144	114	Eastern New Mexico
Singer, Curt	T	1986, 90-91	24	0	Tennessee
Skansi, Paul	WR	1984-91	100	2	Washington
Skow, Jim	DE	1991	11	1	Nebraska
Smith, Dallis	S	1987	3	3	Valdosta State
Smith, Darrin	LB	1998-99	28	27	Miami
Smith, Lamar	RB	1994-97	43	4	Houston
Smith, Sherman	RB	1976-82	82	68	Miami, Ohio
Smith, Steve	FB	1994-95	25	7	Penn State
Snell, Donald	WR	1987	1	0	Virginia Tech
Spagnola, John	TE	1988	16	4	Yale
Speer, Del	S	1994	1	0	Florida
Springs, Shawn	CB	1997-03	93	88	Ohio State
Spitulski, Bob	LB	1992-94	26	1	Central Florida
Stark, Chad	FB	1987	2	0	North Dakota State
Stark, Rohn	P	1997	4	0	Florida State
Stephens, Rod	LB	1989-94	75	34	Georgia Tech
<b>Stevens, Jerramy</b>	<b>TE</b>	<b>2002-</b>	<b>44</b>	<b>9</b>	<b>Washington</b>
Stewart, Russell	TE	2001	*0	0	Stanford
Stokes, Eric	S	1997-98	11	0	Nebraska
Stouffer, Kelly	QB	1988-92	22	16	Colorado State
Stowe, Tyronne	LB	1995	6	6	Rutgers
Streater, Rahmaan	DE	2000	*0	0	Richmond
<b>Strong, Mack</b>	<b>FB</b>	<b>1994-</b>	<b>164</b>	<b>90</b>	<b>Georgia</b>
Strozier, Wilbur	TE	1987	12	3	Georgia
Sutherland, Doug	DT	1981	16	6	Wisconsin-Superior
Sweeney, Jim	C	1995	16	16	Pittsburgh

T

<b>Taylor, Bobby</b>	<b>CB</b>	<b>2004-</b>	<b>9</b>	<b>0</b>	<b>Notre Dame</b>
Taylor, Cordell	CB	1999	2	0	Hampton
Taylor, Terry	CB	1984-88, 94	79	55	Southern Illinois
Teal, Jimmy	WR	1987-88	6	2	Texas A&M
<b>Terrill, Craig</b>	<b>DT</b>	<b>2004-</b>	<b>4</b>	<b>0</b>	<b>Purdue</b>
Terry, Chris	T	2002-04	25	23	Georgia
Terry, Joe	LB	1987	2	0	Cal State-Hayward
Terry, Tim	LB	2000-02	38	8	Temple
Testerman, Don	FB	1976-78	44	26	Clemson
Thomas, Doug	WR	1991-93	39	4	Clemson
Thomas, Fred	CB	1996-99	45	5	Tennessee-Martin
Thomas, Garth	G	1987	1	1	Washington
Thomas, Ricky	S	1987	1	1	Alabama
Thomas, Robb	WR	1992-95	62	3	Oregon State
Thomas, Rodell	LB	1981-82	19	1	Alabama State
Tice, Mike	TE	1981-88, 90-91	130	83	Maryland
Tipton, Dave	DE	1976	12	12	Stanford
Tipton, Rico	LB	1987	3	2	Washington State
<b>Tobeck, Robbie</b>	<b>C</b>	<b>2000-</b>	<b>68</b>	<b>64</b>	<b>Washington State</b>
Tofflemire, Joe	C	1989-94	33	16	Arizona
Tongue, Reggie	S	2000-03	62	52	Oregon State
Torretta, Gino	QB	1996-97	1	0	Miami
Treggs, Brian	WR	1992	2	0	California
<b>Trufant, Marcus</b>	<b>CB</b>	<b>2003-</b>	<b>32</b>	<b>32</b>	<b>Washington State</b>
Tuatagaloa, Natu	DE	1992-93	30	15	California

<b>Tubbs, Marcus</b>	<b>DT</b>	<b>2004-</b>	<b>11</b>	<b>3</b>	<b>Texas</b>
Tuiasosopo, Manu	DT/DE/NT	1979-83	73	64	UCLA
Turner, Daryl	WR	1984-87	59	40	Michigan State
Turner, Kevin	LB	1981	8	0	Pacific
Tuten, Rick	P	1991-97	101	0	Florida State
Tyler, Robert	TE	1989	9	9	South Carolina State

## U

Unverzagt, Eric	LB	1996-97	9	0	Wisconsin
<b>Urban, Jerheme</b>	<b>WR</b>	<b>2003-</b>	<b>7</b>	<b>1</b>	<b>Trinity</b>

## V

Vaughn, Jon	RB	1993-94	26	2	Michigan
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## W

Wagner, Vince	K	1981	*0	0	Northwestern, Minnesota
Waits, Alex	P	1991	3	0	Texas
Walker, Brian	S	1999	5	0	Washington State
Walker, Byron	WR	1982-86	58	3	Citadel
Walker, Tim	LB	1980	16	0	Savannah State
<b>Wallace, Seneca</b>	<b>QB</b>	<b>2003-</b>	<b>*0</b>	<b>0</b>	<b>Iowa State</b>
<b>Wallace, Taco</b>	<b>WR</b>	<b>2003-</b>	<b>3</b>	<b>0</b>	<b>Kansas State</b>
Walsh, Jim	FB	1980	4	0	San Jose State
Walter, Ken	P	2004	6	0	Kent State
Warner, Curt	RB	1983-89	93	92	Penn State
Warren, Chris	RB	1990-97	123	89	Ferrum
Warren, Terrence	WR	1993-94	16	0	Hampton University
Watson, Tim	DT	2000-01	*0	0	Rowan
Watters, Orlando	CB	1994	16	8	Arkansas
Watters, Ricky	RB	1998-01	53	52	Notre Dame
Weaver, Herman	P	1977-80	61	0	Tulsa
Weber, Roger	G	1987	*0	0	Kent State
Webster, Cornell	CB	1977-80	52	33	Tulsa
Wedderburn, Floyd	T/G	1999-02	46	26	Penn State
Weiner, Todd	T	1998-01	48	20	Kansas State
Wells, Dean	LB	1993-98	84	50	Kentucky
Werner, Matt	DE	1994	*0	0	UCLA
West, Jeff	P	1981-85	58	0	Cincinnati
Wheat, Warren	G	1989-91	16	7	Brigham Young
White, Chris	S	1987	1	0	Tennessee
White, Jim	DE	1976	2	0	Colorado State
White, Mike	DT	1981-82	20	8	Albany State
<b>White, Tracy</b>	<b>LB</b>	<b>2003-</b>	<b>20</b>	<b>2</b>	<b>Howard</b>
Wiley, Charles	DT	1987	1	1	Nevada-Las Vegas
Williams, Brent	DE	1994-95	21	19	Toledo
Williams, Darryl	S	1996-99	61	60	Miami
Williams, Eugene	LB	1982-83	13	1	Tulsa
Williams, Grant	T	1996-99	56	23	Louisiana Tech
Williams, James	FB	1987	1	0	Fresno State
Williams, James	WR	2000-02	29	4	Marshall
Williams, John	FB	1985	2	0	Wisconsin
Williams, John L.	FB	1986-93	123	115	Florida
Williams, Lester	NT	1987	2	0	Miami
Williams, Robert	CB	1999	1	0	North Carolina
Williams, Ronnie	TE	1996	13	3	Oklahoma State
Williams, Willie	CB	1997-03	105	75	Western Carolina
Willis, Donald	G	1995	*0	0	North Carolina A&T
Willis, James	LB	1999	16	0	Auburn

Willis, Jason	WR	2004-	1	0	Oregon
Wilmer, Ray	S	1984	3	0	Louisiana Tech
Wilson, Mike	T	1986-89	60	60	Georgia
Wilson, Robert	WR	1997-99	18	0	Florida A&M
Wimmer, Gary	LB	1983	3	0	Stanford
Wistrom, Grant	DE	2004-	9	9	Nebraska
Womack, Floyd	T	2001-	42	22	Mississippi State
Woodard, Cedric	DT	2000-	61	28	Texas
Wooden, Terry	LB	1990-96	89	87	Syracuse
Woods, Larry	DT	1976	6	0	Tennessee State
Woods, Tony	LB/DE	1987-92	89	79	Pittsburgh
Woolsey, Rolly	CB	1976	14	11	Boise State
Wunsch, Jerry	T	2002-	33	5	Wisconsin
Wyman, David	LB	1987-92	61	56	Stanford

## Y

Yarno, John	C	1977-82	74	62	Idaho
Young, Charle	TE	1983-85	45	43	Southern California
Young, Fredd	LB	1984-87	60	41	New Mexico State
Young, Renard	CB	1987	3	3	Nevada-Las Vegas

## Z

Zorn, Jim	QB	1976-84	126	100	Cal Poly-Pomona
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\* on active roster, but did not play in a game



DT Joe Nash (1982-96)

## SERIES BREAKDOWN

*Due to the 2002 new alignment plan, division records were reset. Division records from 1976-2001 may be found on page 315*

### NFC WEST (10-8)

#### ARIZONA CARDINALS (5-7)

9/12/76	-	L	24-30	58,441
11/13/83	-	L @	28-33	33,280
9/17/89	-	L	24-34	60,444
12/19/93	-	*L	27-30	45,737
10/29/95	-	*L @	14-20	39,600
9/13/98	-	W	33-14	57,678
9/15/02	-	L	13-24	63,104
11/10/02	-	W @	27-6	29,252
9/14/03	-	W @	38-0	23,127
12/21/03	-	W	28-10	64,899
10/24/04	-	L @	17-25	35,695
12/26/04	-	W	24-21	65,825

Franchise moved from St. Louis in 1988.

Points: Arizona 247 (20.6)  
Seattle 297 (24.8)

#### ST. LOUIS RAMS (4-9)

10/31/76	-	L @	6-45	52,035
11/4/79	-	L	0-24	62,048
9/23/85	-	L	24-35	63,292
10/23/88	-	L @	10-31	57,033
12/22/91	-	W	23-9	51,100
10/19/97	-	W @	17-9	64,819
9/10/00	-	L +	34-37	64,869
10/20/02	-	L @	20-37	65,931
12/22/02	-	W	30-10	63,953
9/21/03	-	W	24-23	65,841
12/14/03	-	L @	22-27	66,152
10/10/04	-	*L	27-33	66,940
11/14/04	-	L @	12-23	66,044

Moved from L.A. Coliseum to Anaheim Stadium in 1980. Moved from Anaheim to St. Louis in 1995.

Points: St. Louis 343 (26.4)  
Seattle 249 (19.2)

#### SAN FRANCISCO 49ERS (6-6)

9/26/76	-	L	21-37	59,108
10/7/79	-	W @	35-24	44,592
11/25/85	-	L @	6-19	57,482
9/25/88	-	L	7-38	63,382
12/8/91	-	L	22-24	56,711
12/21/97	-	W	38-9	66,253
10/14/02	-	L	21-28	66,420
12/01/02	-	L @	24-31	67,594
10/12/03	-	W	20-19	66,437
12/27/03	-	W @	24-17	67,840
9/26/04	-	W	34-0	66,709
11/7/04	-	W @	42-27	64,423

Points: San Francisco 273 (22.8)  
Seattle 294 (24.5)

### NFC EAST (1-5)

#### DALLAS COWBOYS (3-6)

10/3/76	-	L	13-28	62,027
11/27/80	-	L @	7-51	57,540
12/4/83	-	L	10-35	63,352
11/27/86	-	W @	31-14	58,020
10/11/92	-	L @	0-27	62,311
11/22/98	-	L @	22-30	64,142
12/16/01	-	W +	29-3	63,366
10/27/02	-	W @	17-14	63,854
12/6/04	-	L	39-43	68,093

Points: Dallas 245 (27.2)  
Seattle 168 (18.7)

#### NEW YORK GIANTS (3-7)

11/28/76	-	L @	16-28	65,111
12/7/80	-	L	21-27	51,617
10/18/81	-	L	0-32	56,134
12/11/83	-	W @	17-12	48,942
10/19/86	-	W	17-12	62,282
11/19/89	-	L @	3-15	75,014
10/25/92	-	L @	10-23	67,399
11/5/95	-	W	30-28	42,100
12/23/01	-	L @	24-27	78,119
9/22/02	-	L @	6-9	78,551

Points: N.Y. Giants 213 (21.3)  
Seattle 144 (14.4)

#### PHILADELPHIA EAGLES (3-6)

12/12/76	-	L @	10-27	37,949
11/2/80	-	L	20-27	61,047
11/23/86	-	W	24-20	55,786
9/10/89	-	L @	7-31	64,287
12/13/92	-	*L	17-20	47,492
12/3/95	-	W	26-14	39,893
9/6/98	-	W @	38-0	66,418
9/23/01	-	L +	3-27	62,826
12/8/02	-	L	20-27	59,862

Points: Philadelphia 193 (21.4)  
Seattle 165 (18.3)

#### WASHINGTON REDSKINS (4-8)

9/19/76	-	L @	7-31	53,174
9/28/80	-	W @	14-0	53,263
9/25/83	-	L	17-27	60,718
9/28/86	-	L @	14-19	54,157
12/23/89	-	L	0-29	60,294
11/8/92	-	L	3-16	53,616
9/4/94	-	W @	28-7	52,930
11/19/95	-	W @	27-20	51,298
9/20/98	-	W	24-14	63,336
11/04/01	-	L @	14-27	82,352
11/3/02	-	L	3-14	64,325
11/9/03	-	L @	20-27	80,728

Points: Washington 231 (19.3)  
Seattle 171 (14.3)

## NFC NORTH (4-2)

### CHICAGO BEARS (6-2)

12/5/76	-	L	7-34	60,510
11/5/78	-	W @	31-29	50,697
12/12/82	-	W	20-14	52,826
9/23/84	-	W	38-9	61,520
12/20/87	-	W @	34-21	62,518
9/9/90	-	L @	0-17	64,400
9/19/99	-	W @	14-13	66,944
10/19/03	-	W	24-17	65,671

Points: Seattle 168 (21.0)  
Chicago 154 (19.3)

### DETROIT LIONS (5-4)

10/24/76	-	L	14-41	61,280
9/24/78	-	W	28-16	56,781
12/2/84	-	W	38-17	62,441
10/18/87	-	W @	37-14	8,310
12/30/90	-	W	30-10	50,681
10/17/93	-	L @	10-30	60,801
10/17/96	-	L @	16-17	51,194
9/12/99	-	L	20-28	66,238
11/16/03	-	W	35-14	65,865

Points: Seattle 228 (25.3)  
Detroit 187 (20.8)

### GREEN BAY PACKERS (4-5)

10/10/76	-	L @	20-27	54,983
10/15/78	-	L @	28-45	52,712
11/1/81	-	L @	24-34	49,467
10/21/84	-	W @	30-24	52,286
11/15/87	-	W	24-13	60,963
12/9/90	-	W @	20-14	52,015
9/29/96	-	L	10-31	59,973
11/1/99	-	W @	27-7	59,869
10/5/03	-	L @	13-35	70,365

1981 & 1999 games played at Green Bay.  
1976, 1978 & 1990 played in Milwaukee.  
Points: Green Bay 230 (25.6)  
Seattle 196 (21.8)

### MINNESOTA VIKINGS (6-3)

11/14/76	-	L @	21-27	45,087
10/8/78	-	W	29-28	62,031
9/30/84	-	W @	20-12	57,171
11/1/87	-	W	28-17	61,134
11/18/90	-	L	21-24	59,735
11/10/96	-	W	42-23	50,794
9/29/02	-	W	48-23	65,212
12/7/03	-	L @	7-34	63,968
12/12/04	-	W @	27-23	64,110

Played in Metropolitan Stadium from 1961-81. Moved into the Metrodome in 1982.  
Points: Seattle 243 (27.0)  
Minnesota 211 (23.4)

## NFC SOUTH (5-0)

### ATLANTA FALCONS (7-2)

11/7/76	-	W	30-13	57,985
10/29/79	-	W @	31-28	52,566
10/13/85	-	W	30-26	60,430
10/2/88	-	W @	31-20	28,619
12/15/91	-	L @	13-26	53,834
11/30/97	-	L	17-24	52,584
12/03/00	-	W @	30-10	44,680
12/15/02	-	*W @	30-24	69,551
1/2/05	-	W	28-26	66,740

Played at Atlanta-Fulton County Stadium from 1966-91. Moved into Georgia Dome in 1992.  
Points: Seattle 240 (26.7)  
Atlanta 197 (21.9)

### CAROLINA PANTHERS (1-1)

10/08/00	-	L @	3-26	72,192
10/31/04	-	W	23-17	66,214

Points: Carolina 43 (21.5)  
Seattle 26 (13.0)

### NEW ORLEANS SAINTS (5-4)

11/21/76	-	L	27-51	61,865
11/18/79	-	W	38-24	60,055
11/10/85	-	W @	27-3	47,365
10/16/88	-	L	19-20	63,569
9/1/91	-	L @	24-27	68,492
11/16/97	-	*L @	17-20	50,493
9/17/00	-	W +	20-10	59,513
9/7/03	-	W	27-10	52,250
9/12/04	-	W @	21-7	64,900

Points: Seattle 220 (24.4)  
New Orleans 172 (19.1)

### TAMPA BAY BUCCANEERS (5-1)

10/17/76	-	W @	13-10	43,812
10/16/77	-	W	30-23	54,783
11/20/94	-	W	22-21	37,466
9/22/96	-	W @	17-13	30,212
11/28/99	-	L	3-16	66,314
9/19/04	-	W @	10-6	65,089

Points: Seattle 95 (15.8)  
Tampa Bay 89 (14.8)

\* Overtime + at Husky Stadium

**AFC WEST (2-2)**

**DENVER BRONCOS (17-33)**

**KANSAS CITY CHIEFS (18-30)**

10/2/77	-	L		13-24	53,108
10/7/78	-	L	@	7-28	74,989
10/29/78	-	*L		17-20	62,948
9/23/79	-	L	@	34-37	74,879
12/8/79	-	W		28-23	60,038
11/23/80	-	L	@	20-36	73,274
12/21/80	-	L		17-25	51,853
9/13/81	-	W		13-10	58,513
12/13/81	-	L	@	13-23	74,527
11/21/82	-	W	@	17-10	73,916
1/2/83	-	W		13-11	43,145
11/6/83	-	W		27-19	61,189
11/20/83	-	L	@	27-38	74,710
11/25/84	-	W	@	27-24	74,922
12/15/84	-	L		14-31	64,411
10/20/85	-	*L	@	10-13	74,899
12/20/85	-	L		24-27	56,283
10/26/86	-	L	@	13-20	76,089
12/20/86	-	W		41-16	63,697
9/13/87	-	L	@	17-40	75,999
12/13/87	-	W		28-21	61,759
9/4/88	-	W	@	21-14	75,986
12/11/88	-	W		42-14	62,839
10/22/89	-	*L		21-24	62,353
11/26/89	-	L	@	14-41	75,117
9/23/90	-	*L	@	31-34	75,290
12/23/90	-	W		17-12	55,845
9/15/91	-	L	@	10-16	74,152
11/24/91	-	W		13-10	60,430
11/30/92	-	*W		16-13	51,612
12/20/92	-	L	@	6-10	72,570
10/31/93	-	L	@	17-28	73,644
11/28/93	-	L		9-17	57,812
10/9/94	-	L	+	9-16	63,872
11/13/94	-	L	@	10-17	71,290
10/1/95	-	W		27-10	49,914
12/10/95	-	W	@	31-27	71,488
9/8/96	-	L		20-30	43,671
12/1/96	-	L	@	7-34	74,982
9/7/97	-	L		14-35	55,859
11/2/97	-	L	@	27-30	74,212
10/11/98	-	L		16-21	66,258
12/27/98	-	L	@	21-28	74,057
11/14/99	-	W		20-17	66,314
12/19/99	-	*L	@	30-36	65,987
11/26/00	-	L	+	31-38	68,661
12/10/00	-	L	@	24-31	75,218
10/14/01	-	W	+	34-21	61,837
12/09/01	-	L	@	7-20	74,524
11/17/02	-	L		9-31	65,495

12/11/77	-	W	@	34-31	22,562
11/19/78	-	W	@	13-10	32,252
12/17/78	-			23-19	58,490
9/30/79	-	L		6-24	61,169
12/2/79	-	L	@	21-37	42,160
9/14/80	-	W	@	17-16	42,403
11/9/80	-	L		30-31	58,976
9/27/81	-	L		14-20	59,255
11/22/81	-	L	@	13-40	49,002
9/4/83	-	L	@	13-17	42,531
11/27/83	-	*W		51-48	56,795
11/4/84	-	W		45-0	61,396
12/9/84	-	L	@	7-34	34,855
9/29/85	-	L	@	7-28	50,485
12/1/85	-	W		26-6	52,655
9/14/86	-	W		23-17	61,068
11/9/86	-	L	@	7-27	53,268
9/20/87	-	W		43-14	61,667
12/27/87	-	L	@	20-41	20,370
9/11/88	-	W		31-10	61,512
11/20/88	-	L	@	24-27	33,152
10/8/89	-	L		16-20	60,715
11/5/89	-	L	@	10-20	54,489
10/21/90	-	W		19-7	60,358
11/11/90	-	W	@	17-16	71,285
9/22/91	-	L	@	13-20	71,789
12/1/91	-	L		6-19	57,248
9/13/92	-	L	@	7-26	75,125
11/22/92	-	L		14-24	49,867
12/5/93	-	L		16-31	58,551
1/2/94	-	L	@	24-34	72,136
10/23/94	-	L	@	23-38	78,847
11/27/94	-	W		10-9	54,120
9/3/95	-	L		10-34	47,564
12/24/95	-	L	@	3-26	75,784
9/15/96	-	L		17-35	39,970
10/17/96	-	L	@	16-34	76,057
9/28/97	-	*L	@	17-20	77,877
11/23/97	-	L		14-19	66,264
10/4/98	-	L	@	6-17	66,418
11/8/98	-	W		24-12	66,251
11/21/99	-	W	@	31-19	78,714
12/26/99	-	W		23-14	66,332
10/02/00	-	L	@	17-24	82,893
10/29/00	-	L	+	19-24	62,141
11/25/01	-	L	@	7-19	77,357
1/06/02	-	W	+	21-18	58,460
11/24/02	-	W		39-22	56,250

Points: Kansas City 1098 (22.9)  
Seattle 905 (18.9)

Points: Denver 1171 (23.4)  
Seattle 974 (19.5)

\* Overtime + at Husky Stadium

**OAKLAND RAIDERS (22-27)**

11/6/77	-	L	@	7-44	50,929
10/22/78	-	W		27-7	62,529
11/26/78	-	W	@	17-16	52,978
9/16/79	-	W		27-10	61,602
12/16/79	-	W	@	29-24	53,177
10/26/80	-	L	@	14-33	50,185
11/17/80	-	L		17-19	60,480
9/20/81	-	L	@	10-20	45,725
11/29/81	-	L		31-32	57,147
12/5/82	-	L	@	23-28	42,170
10/16/83	-	W		38-36	60,697
10/30/83	-	W	@	34-21	49,708
10/7/84	-	L	@	14-28	77,904
11/12/84	-	W		17-14	64,011
11/3/85	-	W		33-3	64,060
12/15/85	-	L	@	3-13	77,425
10/12/86	-	L	@	10-14	70,635
12/8/86	-	W		37-0	62,923
10/25/87	-	W	@	35-13	52,735
11/30/87	-	L		14-37	62,802
11/28/88	-	W		35-27	62,641
12/18/88	-	W	@	43-37	61,127
10/1/89	-	W	@	24-20	44,319
12/17/89	-	W		23-17	61,076
9/16/90	-	L		13-17	61,889
10/14/90	-	L	@	17-24	50,624
10/13/91	-	*L		20-23	61,974
11/17/91	-	L	@	7-31	49,317
10/18/92	-	L		0-19	56,904
11/15/92	-	L	@	3-20	46,862
9/12/93	-	L		13-17	58,836
12/12/93	-	L	@	23-27	38,161
9/11/94	-	W	@	38-9	47,319
12/11/94	-	L		16-17	53,301
10/8/95	-	L	@	14-34	50,213
12/17/95	-	W		44-10	58,428
11/24/96	-	L		21-27	47,506
12/22/96	-	W	@	28-21	33,455
10/26/97	-	W		45-34	66,264
12/14/97	-	W	@	22-21	40,124
11/1/98	-	L		18-31	66,246
11/15/98	-	L	@	17-20	51,527
10/3/99	-	W		22-21	66,400
12/5/99	-	L	@	21-30	44,716
10/22/00	-	L	@	3-31	57,490
12/16/00	-	W	+	27-24	68,681
9/30/01	-	L	@	14-38	54,629
11/11/01	-	W	+	34-27	67,231
9/8/02	-	L	@	17-31	53,260

**SAN DIEGO CHARGERS (25-22)**

11/27/77	-	L		28-30	55,338
9/3/78	-	L		20-24	55,778
12/10/78	-	L	@	10-37	49,975
9/2/79	-	L		16-33	62,287
10/14/79	-	L	@	10-20	50,077
9/7/80	-	L		13-34	62,042
12/13/80	-	L	@	14-21	49,980
10/4/81	-	L	@	10-24	51,463
11/16/81	-	W		44-23	58,628
9/18/83	-	W		34-31	61,714
10/9/83	-	L	@	21-28	49,132
9/9/84	-	W		31-17	61,314
10/29/84	-	W	@	24-0	53,974
9/15/85	-	W	@	49-35	54,420
10/6/85	-	W		26-21	61,300
10/6/86	-	W		33-7	63,207
12/14/86	-	W	@	34-24	47,096
11/22/87	-	W		34-3	62,444
9/18/88	-	L	@	6-17	44,449
10/30/88	-	W		17-14	59,641
10/15/89	-	W	@	17-16	50,079
10/29/89	-	W		10-7	59,961
11/4/90	-	L		14-31	59,646
11/25/90	-	*W	@	13-10	50,097
10/27/91	-	W		20-9	58,025
11/10/91	-	L	@	14-17	43,597
10/4/92	-	L	@	6-17	36,783
12/27/92	-	L		14-31	49,324
9/5/93	-	L	@	12-18	58,039
10/3/93	-	W		31-14	54,778
9/18/94	-	L	+	10-24	65,536
10/30/94	-	L	@	15-35	59,001
9/10/95	-	L	@	10-14	54,420
10/22/95	-	L		25-35	45,821
9/1/96	-	L	@	7-29	58,780
10/27/96	-	W		32-13	38,143
9/21/97	-	W		26-22	51,110
11/9/97	-	W	@	37-31	64,616
10/25/98	-	W	@	27-20	58,512
12/13/98	-	W		38-17	62,690
10/17/99	-	L	@	10-13	59,432
12/12/99	-	L		16-19	66,318
9/24/00	-	W	@	20-12	47,233
11/05/00	-	W	+	17-15	59,884
12/2/01	-	*W	+	13-10	55,466
12/30/01	-	W	@	25-22	51,412
12/29/02	-	*W	@	31-28	52,159

Points: Seattle 984 (20.9)  
San Diego 972 (20.7)

Franchise moved from Oakland to Los Angeles in 1982. Moved back to Oakland in 1995.  
Points: Oakland 1117 (22.8)  
Seattle 1059 (21.6)

\* Overtime + at Husky Stadium

## AFC EAST (1-3)

### BUFFALO BILLS (6-4)

10/30/77	-	W	56-17	61,180
10/14/84	-	W	31-28	59,034
11/6/88	-	L	3-13	61,074
12/4/89	-	W	17-16	57,682
10/15/95	-	L @	21-27	74,362
12/1/96	-	W	26-18	41,373
10/24/99	-	W	26-16	66,301
12/23/00	-	L +	23-42	61,025
11/18/01	-	W @	23-20	60,836
11/28/04	-	L	9-38	66,271

Points: Seattle 235 (23.5)

Buffalo 235 (23.5)

### MIAMI DOLPHINS (3-6)

10/23/77	-	L @	13-31	29,855
9/9/79	-	L @	10-19	56,233
10/4/87	-	W	24-20	19,448
12/16/90	-	L @	17-24	57,851
9/27/92	-	L	17-19	59,374
10/6/96	-	W @	22-15	59,539
9/3/00	-	L @	0-23	72,949
10/28/01	-	L +	20-24	59,108
11/21/04	-	W	24-17	66,644

Moved from the Orange Bowl into Joe Robbie Stadium in 1987.

Points: Miami 192 (21.3)

Seattle 147 (16.3)

### NEW ENGLAND PATRIOTS (7-7)

10/9/77	-	L @	0-31	45,929
9/21/80	-	L	31-37	61,035
12/19/82	-	L	0-16	53,457
12/18/83	-	W	24-6	59,688
9/16/84	-	L @	23-38	43,140
11/17/85	-	L	13-20	60,345
9/21/86	-	W @	38-31	58,977
12/4/88	-	L @	7-13	59,068
9/24/89	-	W @	24-3	48,025
10/7/90	-	W @	33-20	39,735
9/20/92	-	W @	10-6	42,327
9/19/93	-	W @	17-14	50,392
10/24/93	-	W	10-9	56,526
10/17/04	-	L @	20-30	68,756

Points: New England 274 (19.6)

Seattle 250 (17.9)

## NEW YORK JETS (8-8)

11/13/77	-	W @	17-0	43,973
9/17/78	-	W @	24-17	46,911
11/26/79	-	W	30-7	59,977
10/19/80	-	W @	27-17	52,496
10/25/81	-	W @	19-3	49,678
12/6/81	-	W	27-23	53,105
9/11/83	-	W @	17-10	50,066
10/27/85	-	L @	14-17	69,320
11/28/86	-	L	7-38	62,497
11/9/87	-	L @	14-30	60,452
9/8/91	-	W	20-13	56,770
11/26/95	-	L	10-16	41,160
8/31/97	-	L	3-41	53,893
12/6/98	-	L @	31-32	72,200
1/2/00	-	L @	9-19	78,154
12/19/04	-	L @	14-37	77,894

Moved from Shea Stadium into Giants Stadium in 1984.

Points: N.Y. Jets 320 (20.0)

Seattle 283 (17.7)

## AFC NORTH (2-2)

### BALTIMORE RAVENS (0-2)

12/27/97	-	L @	24-31	54,395
11/23/03	-	*L @	41-44	69,477

Points: Baltimore 75 (37.5)

Seattle 65 (32.5)

### CINCINNATI BENGALS (8-8)

9/25/77	-	L @	20-42	45,579
9/6/81	-	L @	21-27	41,177
12/26/82	-	L @	10-24	55,330
11/18/84	-	W @	26-6	50,280
9/8/85	-	W @	28-24	51,625
11/16/86	-	L @	7-34	54,410
10/11/87	-	L	10-17	31,739
12/10/89	-	W @	24-17	54,744
10/1/90	-	W	31-16	60,135
10/6/91	-	W @	13-7	60,010
9/6/92	-	L	3-21	57,350
9/26/93	-	W @	19-10	46,880
11/06/94	-	*L	17-20	46,630
9/17/95	-	W	24-21	39,492
11/7/99	-	W	37-20	66,303
10/26/03	-	L @	24-27	52,131

Points: Cincinnati 333 (20.8)

Seattle 314 (19.6)

\* Overtime + at Husky Stadium

**CLEVELAND BROWNS (11-4)**

12/18/77	-	W	20-19	61,583
12/3/78	-	W	47-24	62,262
11/11/79	-	W	@ 29-24	72,440
10/12/80	-	L	3-27	61,366
12/20/81	-	W	42-21	51,435
9/12/82	-	L	7-21	55,907
10/2/83	-	W	@ 24-9	75,446
9/3/84	-	W	33-0	59,540
12/8/85	-	W	31-13	58,477
10/9/88	-	W	@ 16-10	78,605
11/12/89	-	L	7-17	58,978
11/14/93	-	W	22-5	54,622
12/24/94	-	L	@ 9-35	54,180
9/9/01	-	W	@ 9-6	72,318
11/30/03	-	W	34-7	64,680

Franchise suspended in 1996 and reactivated in 1999.

Points: Seattle 333 (22.2)  
Cleveland 238 (15.9)

**PITTSBURGH STEELERS (8-6)**

12/4/77	-	L	@ 20-30	45,429
9/10/78	-	L	@ 10-21	48,277
11/8/81	-	W	24-21	59,058
11/28/82	-	W	16-0	55,553
10/23/83	-	L	21-27	61,615
9/7/86	-	W	30-0	61,146
12/6/87	-	L	@ 9-13	48,881
10/20/91	-	W	@ 27-7	54,678
12/6/92	-	L	@ 14-20	47,015
12/26/93	-	W	16-6	51,814
9/25/94	-	W	+ 30-13	59,637
9/27/98	-	L	@ 10-13	58,413
9/26/99	-	W	@ 29-10	57,881
11/02/03	-	W	23-16	66,507

Points: Seattle 279 (19.9)  
Pittsburgh 197 (14.1)

**AFC SOUTH (0-0)**

**HOUSTON TEXANS (0-0)**

Seattle will play Houston for the first time in 2005 in Seattle.

**INDIANAPOLIS COLTS (3-5)**

9/18/77	-	L	14-29	58,991
11/12/78	-	L	14-17	61,905
9/29/91	-	W	31-3	56,656
10/2/94	-	L	@ 15-17	49,876
12/4/94	-	L	19-31	39,574
9/14/97	-	W	@ 31-3	49,194
12/20/98	-	W	27-23	58,703
10/15/00	-	L	+ 24-37	63,593

Franchise transferred from Baltimore in 1984.

Points: Seattle 175 (21.9)  
Indianapolis 160 (20.0)

**JACKSONVILLE JAGUARS (3-1)**

11/12/95	-	W	@ 47-30	71,290
12/15/96	-	L	@ 13-20	66,134
11/12/00	-	W	@ 28-21	68,063
10/07/01	-	W	+ 24-15	54,524

Points: Seattle 112 (28.0)  
Jacksonville 86 (21.5)

**TENNESSEE TITANS (8-4)**

11/20/77	-	L	10-22	61,519
10/21/79	-	W	34-14	60,705
10/5/80	-	W	@ 26-7	46,860
10/11/81	-	L	@ 17-35	42,671
9/19/82	-	L	@ 21-23	43,117
11/13/88	-	W	27-24	60,446
12/2/90	-	*W	13-10	57,592
11/7/93	-	L	@ 14-24	50,447
12/11/94	-	W	@ 16-14	31,453
11/3/96	-	W	23-16	36,320
10/5/97	-	W	16-13	49,897
11/29/98	-	W	20-18	59,048

Franchise transferred from Houston in 1997 and changed name from Oilers to Titans in 1999.

Points: Seattle 237 (19.8)  
Tennessee 220 (18.3)

\* Overtime + at Husky Stadium

**RECORD VS. DIVISION (1976-2001)**

**AFC East (26-27)**

Buffalo (6-3)
Indianapolis (3-5)
Miami (2-6)
New England (7-6)
New York Jets (8-7)

**AFC Central (29-17)**

Baltimore (0-1)
Cleveland (10-4)
Cincinnati (8-7)
Jacksonville (3-1)
Tennessee (8-4)

**AFC West (80-110)**

Denver (17-32)
Kansas City (17-30)
Oakland (22-26)
San Diego (24-22)

**NFC East (13-27)**

Arizona (1-5)
Dallas (2-5)
New York Giants (3-6)
Philadelphia (3-5)
Washington (4-6)

**NFC Central (21-13)**

Chicago (5-2)
Detroit (4-4)
Green Bay (4-4)
Minnesota (4-2)
Tampa Bay (4-1)

**NFC West (12-16)**

Atlanta (5-2)
Carolina (0-1)
New Orleans (3-4)
St. Louis (2-5)
San Francisco (2-4)

## YEARLY RESULTS

Year	W	L	T	Pct.	Pts.	Opp.	Finish	Home	Road	Div.	AFC	NFC	Post.
1976	2	12	0	.143	229	429	*5th	1-6-0	1-6-0	0-4-0	1-0-0	1-12-0	---
1977	5	9	0	.357	282	373	*4th	3-4-0	2-5-0	1-3-0	4-9-0	1-0-0	---
1978	9	7	0	.563	345	358	3rd	5-3-0	4-4-0	4-4-0	6-6-0	3-1-0	---
1979	9	7	0	.563	378	372	3rd	5-3-0	4-4-0	3-5-0	6-6-0	3-1-0	---
1980	4	12	0	.250	291	408	5th	0-8-0	4-4-0	1-7-0	3-9-0	1-3-0	---
1981	6	10	0	.375	322	388	5th	5-3-0	1-7-0	2-6-0	6-8-0	0-2-0	---
1982	4	5	0	.444	127	147	+10th	3-2-0	1-3-0	2-1-0	3-5-0	1-0-0	---
1983	9	7	0	.563	403	397	2nd	5-3-0	4-4-0	5-3-0	8-4-0	1-3-0	2-1-0
1984	12	4	0	.750	418	282	2nd	7-1-0	5-3-0	6-2-0	8-4-0	4-0-0	1-1-0
1985	8	8	0	.500	349	303	3rd	5-3-0	3-5-0	4-4-0	6-6-0	2-2-0	---
1986	10	6	0	.625	366	293	3rd	7-1-0	3-5-0	5-3-0	7-5-0	3-1-0	---
1987	9	6	0	.600	371	314	^2nd	6-2-0	3-4-0	4-3-0	5-6-0	4-0-0	0-1-0
1988	9	7	0	.563	339	329	1st	5-3-0	4-4-0	6-2-0	8-4-0	1-3-0	0-1-0
1989	7	9	0	.438	241	327	4th	3-5-0	4-4-0	4-4-0	7-5-0	0-4-0	---
1990	9	7	0	.563	306	286	3rd	5-3-0	4-4-0	4-4-0	7-5-0	2-2-0	---
1991	7	9	0	.438	276	261	4th	5-3-0	2-6-0	2-6-0	6-6-0	1-3-0	---
1992	2	14	0	.125	140	312	5th	1-7-0	1-7-0	1-7-0	2-10-0	0-4-0	---
1993	6	10	0	.375	280	314	5th	4-4-0	2-6-0	1-7-0	6-8-0	0-2-0	---
1994	6	10	0	.375	287	323	5th	3-5-0	3-5-0	2-6-0	4-10-0	2-0-0	---
1995	8	8	0	.500	363	366	3rd	5-3-0	3-5-0	3-5-0	5-7-0	3-1-0	---
1996	7	9	0	.438	317	376	5th	4-4-0	3-5-0	2-6-0	5-7-0	2-2-0	---
1997	8	8	0	.500	365	362	3rd	4-4-0	4-4-0	4-4-0	6-6-0	2-2-0	---
1998	8	8	0	.500	372	310	3rd	6-2-0	2-6-0	3-5-0	5-7-0	3-1-0	---
1999	9	7	0	.563	338	298	1st	5-3-0	4-4-0	4-4-0	7-5-0	2-2-0	0-1-0
2000	6	10	0	.375	320	405	4th	3-5-0	3-5-0	3-5-0	4-8-0	2-2-0	---
2001	9	7	0	.563	301	324	2nd	6-2-0	3-5-0	5-3-0	8-4-0	1-3-0	---
2002	7	9	0	.438	355	369	3rd	3-5-0	4-4-0	2-4-0	2-2-0	5-7-0	---
2003	10	6	0	.625	404	327	2nd	8-0-0	2-6-0	5-1-0	2-2-0	8-4-0	0-1-0
2004	9	7	0	.563	371	373	1st	5-3-0	4-4-0	3-3-0	1-3-0	8-4-0	0-1-0
	214	238	0	.473	9,256	9,726		127-100-0	87-138-0	91-121-0	148-167-0	66-63-0	3-7-0

\*Seahawks were placed in the NFC West for scheduling purposes in 1976 and played every NFC team and the Tampa Bay Buccaneers. In 1977, Seattle was placed in the AFC West and played every AFC team and Tampa Bay. Seattle switched back to the NFC West in 2002.

+Conference finish. Schedule shortened to 9 games because of players' strike.

^Schedule shortened to 15 games because of players' strike. Game 2 (at San Diego) was cancelled and games 3-5 were played with replacement players.



Seattle reached their only conference championship game after defeating Miami 27-20 December 31, 1983.

## VERSUS THE NFL

	-- Regular Season --			OT	Post-season	Pre-season
	Total	Home	Road			
* Arizona	5-7	3-4	2-3	0-2	0-0	9-5
Arizona	5-5	3-3	2-2	0-2	0-0	7-2
St. Louis	0-2	0-1	0-1	0-0	0-0	2-2
Atlanta	7-2	3-1	4-1	1-0	0-0	2-0
^ Baltimore	0-2	0-0	0-2	0-1	0-0	0-0
Buffalo	6-4	5-3	1-1	0-0	0-0	2-0
Carolina	1-1	1-0	0-1	0-0	0-0	0-0
Chicago	6-2	3-1	3-1	0-0	0-0	1-1
Cincinnati	8-8	3-3	5-5	0-1	0-1	1-0
Cleveland	11-4	7-3	4-1	0-0	0-0	0-0
Dallas	3-6	1-3	2-3	0-0	0-0	3-0
Denver	17-33	13-13	4-20	1-5	1-0	0-7
Detroit	5-4	4-2	1-2	0-0	0-0	5-2
+ Green Bay	4-5	1-1	3-4	0-0	0-1	2-0
# Indianapolis	3-5	2-4	1-1	0-0	0-0	7-9
Indianapolis	3-3	2-2	1-1	0-0	0-0	6-9
Baltimore	0-2	0-2	0-0	0-0	0-0	1-0
Jacksonville	3-1	1-0	2-1	0-0	0-0	0-0
Kansas City	18-30	13-11	5-19	1-1	0-0	2-0
Miami	3-6	2-2	1-4	0-0	1-2	0-1
Minnesota	6-3	4-1	2-2	0-0	0-0	5-4
New England	7-7	2-3	5-4	0-0	0-0	1-1
New Orleans	5-4	3-2	2-2	0-1	0-0	2-0
N.Y. Giants	3-7	2-2	1-5	0-0	0-0	0-0
N.Y. Jets	8-8	3-3	5-5	0-0	0-0	0-0
@ Oakland	22-27	13-10	9-17	0-1	1-1	3-2
Oakland	11-14	7-4	4-10	0-0	0-0	3-2
Los Angeles	11-13	6-6	5-7	0-1	1-1	0-0
Philadelphia	3-6	2-4	1-2	0-1	0-0	0-0
Pittsburgh	8-6	6-1	2-5	0-0	0-0	0-0
% St. Louis	4-9	3-4	1-5	0-1	0-1	2-6
St. Louis	3-5	2-2	1-3	0-0	0-1	0-0
Los Angeles	1-4	1-2	0-2	0-0	0-0	2-6
San Diego	25-22	15-9	10-13	3-0	0-0	4-2
San Francisco	6-6	3-4	3-2	0-0	0-0	13-15
Tampa Bay	5-1	2-1	3-0	0-0	0-0	3-0
= Tennessee	8-4	6-1	2-3	1-0	0-1	1-0
Tennessee	2-0	2-0	0-0	0-0	0-0	0-0
Houston	6-4	4-1	2-3	1-0	0-1	1-0
Washington	4-8	1-4	3-4	0-0	0-0	0-0
<b>TOTALS</b>	<b>214-238</b>	<b>127-100</b>	<b>87-138</b>	<b>7-14</b>	<b>3-7</b>	<b>69-55</b>

\* Includes 2 games while franchise was located in St. Louis (0-2)  
 ^ Relocated from Cleveland in 1996. All records remain in Cleveland.  
 + Includes 5 games at Milwaukee's County Stadium (3-2)  
 # Includes 2 games while franchise was located in Baltimore (0-2)  
 @ Includes 25 games (11-14) while franchise was located in Los Angeles  
 % Includes 5 games while franchise was located in Los Angeles (1-4)  
 = Includes 10 games while franchise was located in Houston (6-4)

## OVERTIME GAMES

## OVERTIME RESULTS (7-14)

10/29/78	L	17-20	Denver Broncos	62,948
11/27/83	W	51-48	Kansas City Chiefs	56,795
10/20/85	L	10-13	at Denver Broncos	74,899
01/03/88*	L	20-23	at Houston Oilers	49,662
10/22/89	L	21-24	Denver Broncos	62,353
09/23/90	L	31-34	at Denver Broncos	75,290
11/25/90	W	13-10	at San Diego Chargers	50,097
12/02/90	W	13-10	Houston Oilers	57,592
10/13/91	L	20-23	Los Angeles Raiders	61,974
11/30/92	W	16-13	Denver Broncos	51,612
12/13/92	L	17-20	Philadelphia Eagles	47,492
12/19/93	L	27-30	Phoenix Cardinals	45,737
11/06/94	L	17-20	Cincinnati Bengals	46,630
10/29/95	L	14-20	at Arizona Cardinals	39,600
09/28/97	L	17-20	at Kansas City Chiefs	77,877
11/16/97	L	17-20	at New Orleans Saints	50,493
12/19/99	L	30-36	at Denver Broncos	65,987
12/02/01	W	13-10	San Diego Chargers	55,466
12/15/02	W	30-24	at Atlanta Falcons	69,551
12/29/02	W	31-28	at San Diego Chargers	52,159
11/23/03	L	41-44	at Baltimore Ravens	69,477
01/04/04	L	27-33	at Green Bay Packers	71,457
10/10/04*	L	27-33	St. Louis Rams	66,940

\* playoff games

#### Denver 20, at Seattle 17 — Sunday, October 29, 1978

The Broncos' Jim Turner kicked a second-chance 18-yard field goal 12:59 into overtime for the win. Turner missed an 18-yarder the play before but the Seahawks were penalized for 12 men on the field. Denver's Steve Foley intercepted a pass at the Seattle 36 to set up the drive. The Broncos had three possessions in the overtime and Seattle two.

#### at Seattle 51, Kansas City 48 — Sunday, November 27, 1983

Norm Johnson's third 42-yard field goal of the day, with 1:46 gone, gave the Seahawks the win in the highest-scoring game in Seattle history and the third-highest in NFL history. Seattle had the only possession in overtime, driving 24 yards in four plays. Zachary Dixon's 47-yard kickoff return to the Chiefs' 48 started the drive, which featured four Curt Warner runs to the Kansas City 24 before Johnson kicked his field goal on third down. Warner set team records with 32 rushes, 207 rushing yards, and scored three touchdowns. Johnson had tied the game with two seconds left in regulation with a 42-yarder.

#### at Denver 13, Seattle 10 — Sunday, October 20, 1985

Rich Karlis booted a 24-yard field goal 9:19 into overtime for the win. Each team had three possessions, with the first two ending in punts. Seattle's third drive ended in Daniel Hunter's interception and 20-yard return to the Seahawks' 15. Karlis booted his field goal four plays later.

#### at Houston 23, Seattle 20 — Sunday, January 3, 1988 (Wild Card Playoffs)

Tony Zendejas' 42-yard field goal 8:05 into overtime gave the Oilers the win over the Seahawks. Zendejas' kick capped a 61-yard drive on the Oilers' first overtime possession. Warren Moon completed 3-of-4 passes on the drive's first five plays, for 37 yards, before Mike Rozier ran six times for 27 yards setting up Zendejas. Seattle forced overtime with an 80-yard drive that ended with Steve Largent's touchdown reception from Dave Krieg with 26 seconds left. The drive, which was set up because of a miss by Zendejas from 29 yards, featured a fourth-and-10 and third-and-10 conversions from Krieg, was only 4-of-10 on the drive, but accounted for all 80 yards. Seattle won the overtime coin toss, but was forced to punt after three plays.

**Denver 24, at Seattle 21 — Sunday, October 22, 1989**

David Treadwell kicked a 27-yard field goal 7:46 into overtime for the win. Seattle won the toss and drove to the Broncos' 22 where Norm Johnson's 40-yard field goal was wide left. After a Broncos punt, Denver's Dennis Smith intercepted Dave Krieg's pass and returned it 28 yards to the Seattle 10, where Treadwell kicked a field goal on the next play.

**at Denver 34, Seattle 31 — Sunday, September 23, 1990**

David Treadwell's 25-yard field goal 9:14 into overtime capped Denver's first overtime possession. Seattle won the toss and drove to the Denver 26 where Norm Johnson's 44-yard field goal was wide right. The Broncos then moved from their own 26 to the Seattle 8 setting up the kick.

**Seattle 13, at San Diego 10 — Sunday, November 25, 1990**

Norm Johnson's 40-yard field goal came 3:01 into overtime and was set up by Rufus Porter's recovery of a Nesby Glasgow forced fumble at the Chargers' 23.

**at Seattle 13, Houston 10 — Sunday, December 2, 1990**

De ja vu. Norm Johnson's 42-yard field goal 4:25 into overtime was set up by David Wyman's recovery of a Tony Woods forced fumble at the Houston 27.

**L.A. Raiders 23, at Seattle 20 — Sunday, October 13, 1991**

Jeff Jaeger's 37-yard field goal 6:37 into overtime was the winner. After both team's punted on their first possession, Los Angeles' Ronnie Lott intercepted Jeff Kemp at the Seattle 19 and Jaeger kicked the game-winner on the next play.

**at Seattle 16, Denver 13 — Sunday, November 30, 1992**

John Kasay redeemed himself with a 32-yard field goal 11:10 into overtime as Seattle snapped an eight-game losing streak. Kasay had missed a 33-yarder on Seattle's second overtime possession. Denver had three possessions and Seattle four. The Seahawks' special teams and defense set up the game-winning drive by downing a punt at the Denver 4 and holding the Broncos to no yards on three plays. Seattle drove 24 yards in four plays for the winner.

**Philadelphia 20, at Seattle 17 — Sunday, December 13, 1992**

Roger Ruzek's 44-yard field goal as the gun sounded ended the longest game in Seattle history (75:00). The Eagles gained 101 yards and controlled the ball for 10:02 on three overtime possessions, while holding the Seahawks to 20 yards on two.

**Phoenix 30, at Seattle 27 — Sunday, December 19, 1993**

Greg Davis kicked a club record and personal-best, 55-yard field goal on the last play of regulation and added a 41-yarder on the Cardinals only overtime possession for the win. Davis' 55-yard kick capped a 27-yard, seven-play drive after Seattle took a 27-24 lead on Rick Mirer's one-yard run with 1:22 left. Steve Beuerlein hit 5-of-6 passes on Phoenix's 57-yard, 13-play game-winning drive. It was the only possession in overtime by either team.

**Cincinnati 20, at Seattle 17 — Sunday, November 6, 1994**

Doug Pelfrey kicked his Cincinnati-record sixth field goal of the game, a 26-yarder 8:14 into overtime, to give the winless Bengals (0-8) their first victory of the season. Pelfrey's kick came one play after quarterback Jeff Blake connected on a 76-yard pass to Darnay Scott to the Seattle 7. Each team had two possessions in the overtime. The game marked the Seahawks' first game in the Kingdome, which had been undergoing ceiling tile repairs since mid-July.

**at Arizona 20, Seattle 14 — Sunday, October 29, 1995**

Lorenzo Lynch returned a deflected pass 72 yards for a touchdown with 3:33 left in overtime. His return ended a game that had a combined 11 turnovers, seven by Seattle, including a team record eight fumbles. Each team had chances to win late, but Seattle lost a fumble into the Cardinals' end zone and had a field goal blocked, while Arizona also had a field goal blocked. After the block, the Seahawks moved to the Cardinals' 33 where a second-and-six pass was deflected into Lynch's hands.

**at Kansas City 20, Seattle 17 — Sunday, September 28, 1997**

Pete Stoyanovich's 41-yard field goal with 1:56 left in overtime gave the Chiefs the win. Safety James Woods picked off a Seahawks pass and returned it to midfield setting up the Chiefs' game-winning drive. Marcus Allen, who scored two touchdowns, ran four times for eight yards on the drive, including a two-yard run on a third-and-one play. Each team had two possessions in overtime.

**at New Orleans 20, Seattle 17 — Sunday, November 16, 1997**

Doug Brien's 48-yard field goal one play after Winfred Tubbs' interception gave the Saints the win 17 seconds into overtime. Tubbs picked off his pass on Seattle's first play and returned it to the Seahawks' 20 setting up Brien. Both teams had chances to win late in regulation after Seattle had tied the game with 1:40 left. New Orleans drove to the Seahawks 29' with 51 seconds left, but lost a fumble. Seattle then moved to the Saints' 27, but missed a 45-yard field goal with 19 seconds left.

**at Denver 36, Seattle 30 — Sunday, December 19, 1999**

After falling behind 30-20, with 1:47 remaining, the Seahawks scored on a Jon Kitna to Derrick Mayes pass play with :54 left. Trailing by three points, the Seahawks' Kerry Joseph recovered an onside kick and Todd Peterson booted a 45-yard field goal to send the game into overtime. The Seahawks' defense forced a punt on the first possession of overtime, but after a sack, a fumble was returned by Broncos' linebacker Glenn Cadrez 37 yards for the winning score.

**at Seattle 13, San Diego 10 — Sunday, December 2, 2001**

Rian Lindell's 24-yard field goal on the first overtime series clinched the win for Seattle. Lindell made up for a 43-yard field-goal attempt toward the end of regulation that sailed wide right. Shaun Alexander rushed for 29 of his 87 yards in the period setting up the game-winning field goal.

**Seattle 30, at Atlanta 24 — Sunday, December 15, 2002**

The Falcons had possession first in the extra period and drove to the Seahawks' 18-yard line, but Jay Feely's 36-yard attempt sailed wide right. The Seahawks took over and drove down the field before Shaun Alexander scampered 27 yards into the end zone for the win. The game marked the first overtime victory for the Seahawks via a touchdown.

**Seattle 31, at San Diego 28 — Sunday, December 29, 2002**

Seattle had possession first and drove down to the Chargers' 28-yard line, but an errant Matt Hasselbeck pass was intercepted. The Seahawks forced San Diego to a three-and-out following a John Randle sack deep in Chargers territory. Seattle regained possession and moved to the Chargers 6-yard line where Rian Lindell booted a game-winning 24-yard field goal.

**at Baltimore 44, Seattle 41 — Sunday, November 23, 2003**

The Ravens overcame a 17-point, fourth-quarter deficit to force the game into overtime sparked by a 16-yard blocked punt return for a touchdown. Following a fourth-down conversion via a tipped pass on fourth-and-28, the Ravens scored with 1:12 remaining to make it a three-point game. An errant officiating call allowed the clock to stop on second down with 1:03 to go in the game, allowing Baltimore to save their final timeout to use on third down. Following a punt by Seattle, and later aided by a 44-yard pass interference call, the Ravens were in field goal territory to tie and eventually won the game in overtime on a Matt Stover 42-yard field goal.

**at Green Bay 33, Seattle 27 — Sunday, January 4, 2004 (Wild Card Playoffs)**

The back-and-forth battle (four ties/four lead changes) was eventually won by the Packers when Al Harris returned a Matt Hasselbeck pass 52 yards for a touchdown. Played in 20-degree temperatures, the Seahawks were down 13-6 at the half. Three Shaun Alexander second-half touchdowns, all 1 yarders, kept the Seahawks in it, including the game-tying score with :51 left in the game. Heading into overtime, the Seahawks won the toss but both teams exchanged punts. On Seattle's next possession, Harris stepped in front of Alex Bannister to end the game. Hasselbeck became the first Seahawks quarterback to throw for at least 300 yards in the postseason (305). Alexander set a club single-game record with three postseason touchdowns.

**St. Louis 33, at Seattle 27 — Sunday, October 10, 2004**

St. Louis rallied from a 17-point, fourth-quarter deficit to force overtime. After limiting the Rams to just seven points and 122 total first-half yards, the Seahawks led 24-10 heading into the final quarter. A Marc Bulger 8-yard touchdown pass to Brandon Manumaleuna, followed by a 41-yard touchdown pass to Kevin Curtis on their very next play following a Seattle punt, brought the Rams within three points, 27-24. Unable to run out the clock, Seattle was forced to punt and the Rams proceeded to drive for a Jeff Wilkins' game-tying, 36-yard field goal with eight seconds remaining. The Rams had first crack in overtime and a 52-yard touchdown pass from Bulger to Shaun McDonald sealed the victory for St. Louis.

# PLAYOFF GAMES

## AFC WILD CARD PLAYOFFS SEATTLE SEAHAWKS 31, DENVER BRONCOS 7 SATURDAY, DECEMBER 24, 1983 - KINGDOME

Dave Krieg threw three touchdown passes to lead the Seahawks to a win in the first playoff game in their history. Krieg, who completed 12-of-13 passes, increased a 10-7 Seahawks halftime lead with touchdown passes on Seattle's first two second half possessions. Seattle scored on the game's opening drive on a Krieg touchdown pass. After a Denver touchdown, Seattle took the lead for good with a field goal. Krieg then opened the second half by throwing two touchdown passes. Seattle recorded three takeaways, all deep in Seahawks territory. Of Denver's 360 total yards, 140 were gained on their last two drives. Steve DeBerg, who was activated two days before the game after missing nine games with a shoulder injury, was 14-of-19 for 131 yards, before being replaced midway through the fourth quarter by rookie John Elway. Both teams had 9-7 records in the regular season with Seattle gaining the home-field advantage by virtue of their win on the season's last week and Denver's loss at Kansas City.

Denver	7	0	0	0	-	7
Seattle	7	3	7	14	-	31

SEA 1	4:42	0-7	Largent 17 pass Krieg (N. Johnson kick) [8-62, 4:33]
DEN 1	11:22	7-7	Myles 13 pass DeBerg (Karlis kick) [9-76, 4:08]
SEA 2	5:35	7-10	N. Johnson 37 FG [9-32, 4:33]
SEA 3	7:02	7-17	Metzelaars 5 pass Krieg (N. Johnson kick) [5-73, 3:19]
SEA 4	0:04	7-24	Johns 18 pass Krieg (N. Johnson kick) [9-61, 4:17]
SEA 4	5:26	7-31	Hughes 2 run (N. Johnson kick) [9-64, 4:43]
Att.	-	60,752	

### STARTERS

OFFENSE	
TE	- Metzelaars
LT	- Essink
LG	- Bailey
C	- Bush
RG	- Pratt
RT	- August
TE	- Young
WR	- Largent
QB	- Krieg
RB	- Warner
FB	- C. Bryant
K	- N. Johnson
DEFENSE	
LE	- Green
NT	- Nash
RE	- J. Bryant
LOLB	- Scholtz
LILB	- Norman
RILB	- Butler
ROLB	- Gaines
LCB	- Justin
RCB	- Brown
SS	- Easley
FS	- Harris
P	- West

### INDIVIDUAL STATISTICS

#### RUSHING LEADERS

Denver	Att	Yds	LG	TD
Winder	16	59	35	0
Poole	7	25	7	0
TOTAL	33	125	35	0
Seattle	Att	Yds	LG	TD
Warner	23	99	15	0
Hughes	3	16	9	1
TOTAL	38	145	15	1

#### PASSING LEADERS

Denver	A	C	Yds	TD	I
DeBerg	19	14	131	1	1
Elway	15	10	123	0	1
TOTAL	34	24	254	1	2
Seattle	A	C	Yds	TD	I
Krieg	13	12	200	3	0
TOTAL	13	12	200	3	0

#### PASS RECEIVING LEADERS

Denver	No	Yds	LG	TD
Myles	7	73	18	1
Watson	4	51	22	0
Poole	4	17	8	0
Simpson	3	52	31	0
TOTAL	24	254	31	1
Seattle	No	Yds	LG	TD
Largent	4	76	34	1
Warner	3	22	9	0
Johns	2	59	41	1
Young	2	38	28	0
Metzelaars	1	5	5	1
TOTAL	12	200	41	3

### TEAM STATISTICS

	Denver	Seattle
Total First Downs	21	17
Rush/Pass/Penalty	5/14/2	8/9/0
Third Down Eff.	9/17 52.9%	5/10 50.0%
Fourth Down Eff.	1/2 50.0%	1/1 100.0%
Total Net Yards	360	324
Total Off. Plays	69	53
Avg. Per Play	5.2	6.1
Net Yards Rushing	125	145
Total Rushing Plays	33	38
Avg. Gain Per Rush	3.8	3.8
Net Yards Passing	235	179
Times Sacked/Yards Lost	2-19	2-21
Pass Att.-Comp.-Int.	34-24-2	13-12-0
Avg. Gain Per Pass Play	6.5	11.9
Punts-No. and Avg.	4-47.8	3-41.7
Had Blocked	0	0
Penalties-No. and Yards	5-35	3-34
Return Yardage	128	146
Fumbles-No. and Lost	1-1	1-0
Touchdowns	1	4
Rush/Pass/Return	0/1/0	1/3/0
Extra Points Made-Att.	1-1	4-4
Field Goals Made-Att.	0-0	1-1
Time of Possession	30:57	29:03

### DEFENSE

Denver - Tackles: Ryan 7. Sacks: Manor 1.0, Woodard 1.0. Interceptions: None. Forced Fumbles: None. Fumble Recoveries: None.

Seattle - Tackles: Easley 11. Sacks: Clancy 1.0, Easley 1.0. Interceptions: G. Johnson 1, Justin 1. Forced Fumbles: Robinson 1. Fumble Recoveries: Moyer 1.

## AFC DIVISIONAL PLAYOFFS

### SEATTLE SEAHAWKS 27, MIAMI DOLPHINS 20

#### SATURDAY, DECEMBER 31, 1983 — ORANGE BOWL

Seattle scored 10 points in a 33-second span late in the fourth quarter to upset the highly favored and defending AFC champion Dolphins at home. Trailing 20-17 with 3:43 left, Dave Krieg connected twice with Steve Largent for 16 and 40 yards to put the ball at the Dolphins' 2 where Curt Warner scored. Sam Merriman recovered a Fulton Walker fumble on the ensuing kickoff to set up Norm Johnson's field goal. When Walker fumbled the kickoff again, Seattle recovered and ran out the clock. Miami scored first, but missed the point after allowing Seattle to take a 7-6 lead on Krieg's pass to Cullen Bryant. Zachary Dixon set up the score with a 59-yard kickoff return. Dan Marino's second touchdown pass of the first half gave the Dolphins a 13-7 halftime lead. Seattle regained the lead on Warner's 1-yard run which was set up by John Harris' fumble recovery. Johnson then added a field goal for a 17-13 lead after Kerry Justin's interception. Krieg was intercepted with 4:34 left setting up the Dolphins' go-ahead touchdown before rebounding with his completions to Largent, who had been held without a reception. The Seattle defense forced five turnovers to set up 13 points. Dave Brown had 10 tackles and Keith Butler nine for Seattle. Harris had four tackles, an interception and a fumble recovery. Miami entered the game 12-4 and winners of the AFC East, while Seattle qualified with a wild card with a 9-7 mark.

Seattle	0	7	7	13	—	27
Miami	0	13	0	7	—	20
MIA 2	2:23	0-6	D. Johnson 19 pass Marino (kick blocked) [12-80, 5:44]			
SEA 2	5:41	7-6	C. Bryant 6 pass Krieg (N. Johnson kick) [6-38, 3:16]			
MIA 2	9:17	7-13	Duper 32 pass Marino (von Schamann kick) [7-74, 3:36]			
SEA 3	8:34	14-13	Warner 1 run (N. Johnson kick) [8-55, 3:53]			
SEA 4	4:18	17-13	N. Johnson 27 FG [9-40, 4:18]			
MIA 4	11:17	17-20	Bennett 2 run (von Schamann kick) [3-16, 0:51]			
SEA 4	13:12	24-20	Warner 2 run (N. Johnson kick) [5-66, 1:55]			
SEA 4	13:34	27-20	N. Johnson 37 FG [4-8, 0:24]			
Att.	—	71,032				

## INDIVIDUAL STATISTICS

## RUSHING LEADERS

Seattle	Att	Yds	LG	TD
Warner	29	113	11	2
Bryant	5	22	6	0
<b>TOTAL</b>	<b>42</b>	<b>151</b>	<b>12</b>	<b>2</b>
Miami	Att	Yds	LG	TD
Nathan	8	19	9	0
Franklin	6	28	9	0
<b>TOTAL</b>	<b>30</b>	<b>128</b>	<b>10</b>	<b>1</b>

## PASSING LEADERS

Seattle	A	C	Yds	TD	I
Krieg	28	15	192	1	1
Zorn	1	0	0	0	0
<b>TOTAL</b>	<b>29</b>	<b>15</b>	<b>192</b>	<b>1</b>	<b>1</b>
Miami	A	C	Yds	TD	I
Marino	25	15	193	2	2
Clayton	1	0	0	0	0
<b>TOTAL</b>	<b>26</b>	<b>15</b>	<b>193</b>	<b>2</b>	<b>2</b>

## PASS RECEIVING LEADERS

Seattle	No	Yds	LG	TD
Warner	5	38	10	0
Johns	4	60	28	0
Largent	2	56	40	0
Doornink	2	26	16	0
C. Bryant	2	12	6	1
<b>TOTAL</b>	<b>15</b>	<b>192</b>	<b>40</b>	<b>1</b>
Miami	No	Yds	LG	TD
Duper	9	117	32	1
D. Johnson	2	29	19	1
Moore	2	26	13	0
<b>TOTAL</b>	<b>15</b>	<b>193</b>	<b>32</b>	<b>2</b>

## STARTERS

## OFFENSE

TE	- Metzelaars
LT	- Essink
LG	- Bailey
C	- Bush
RG	- Pratt
RT	- August
TE	- Young
WR	- Largent
QB	- Krieg
RB	- Warner
FB	- C. Bryant
K	- N. Johnson

## DEFENSE

LE	- Green
NT	- Nash
RE	- J. Bryant
LOLB	- Scholtz
LILB	- Robinson
RILB	- Butler
ROLB	- Gaines
LCB	- Justin
RCB	- Brown
SS	- Easley
FS	- Harris
P	- West

## TEAM STATISTICS

	Seattle	Miami
Total First Downs	21	21
Rush/Pass/Penalty	12/9/0	9/11/1
Third Down Eff.	8/17 47.1%	6/10 60.0%
Fourth Down Eff.	1/1 100.0%	0/0 0.0%
Total Net Yards	334	321
Total Off. Plays	72	56
Avg. Per Play	4.6	5.7
Net Yards Rushing	151	128
Total Rushing Plays	42	30
Avg. Gain Per Rush	3.6	4.3
Net Yards Passing	192	193
Times Sacked/Yards Lost	1/9	0/0
Pass Att.-Comp.-Int.	29-15-1	26-15-2
Avg. Gain Per Pass Play	6.1	7.4
Punts-No. and Avg.	4-38.0	4-35.5
Had Blocked	0	0
Penalties-No. and Yards	2-15	5-30
Return Yardage	130	154
Fumbles-No. and Lost	0-0	3-3
Touchdowns	3	3
Rush/Pass/Return	2/1/0	1/2/0
Extra Points Made-Att.	3-3	3-3
Field Goals Made-Att.	2-3	0-0
Time of Possession	34:58	25:02

## DEFENSE

Seattle — Tackles: Brown 10. Sacks: None. Interceptions: Harris 1, Justin 1. Forced Fumbles: Doornink 1, Gaines 1. Fumble Recoveries: Doornink 1, Harris 1, Merriman 1.  
Miami — Tackles: Baumhower 13. Sacks: Baumhower 1.0. Interceptions: Small 1. Forced Fumbles: None. Fumble Recoveries: None.

## AFC CHAMPIONSHIP GAME LOS ANGELES RAIDERS 30, SEATTLE SEAHAWKS 14 SUNDAY, JANUARY 8, 1984 — MEMORIAL COLISEUM

The Raiders stopped the Seahawks dream of a trip to the Super Bowl with a convincing 30-14 win in Seattle's first appearance in the AFC Championship Game. The Raiders, who compiled an AFC-best 12-4 record during the regular season, jumped to a 27-0 lead and were never threatened. Frank Hawkins rushed for a pair of touchdowns and Chris Bahr had two field goals in the first half, which saw Los Angeles score 17 points in the last 4:17 of the second quarter. Key was a 49-yard Malcolm Barnwell pass reception setting up a touchdown and a Mike Davis interception which led to a Bahr field goal. The Raiders held a 226-16 total-yard advantage at halftime, including holding Seattle to minus 9 yards passing. The Raiders also ran 36 plays to Seattle's 23. Marcus Allen extended the Raiders lead to 27-7 with a third-quarter touchdown reception. The Seahawks scored two late touchdowns sandwiched around another Bahr field goal for the final margin. Los Angeles controlled the ball for 37:06 and outgained Seattle 401 yards to 167. Seattle suffered five interceptions and allowed four sacks. Allen accounted for 216 total yards from scrimmage, rushing for 154 and catching seven passes for 62. The Raiders were playing in their eleventh AFL/AFC title game and won for the fourth time to earn a berth in Super Bowl XVIII. Los Angeles went on to defeat the defending world-champion Washington Redskins, 38-9, in the Super Bowl.

Seattle	0	0	7	7	—	14
Los Angeles	3	17	7	3	—	30
LA 1	6:13	0-3	Bahr 20 FG [6-23, 2:43]			
LA 2	10:43	0-10	Hawkins 1 run (Bahr kick) [9-61, 4:40]			
LA 2	13:54	0-17	Hawkins 5 run (Bahr kick) [4-60, 1:26]			
LA 2	14:57	0-20	Bahr 45 FG [5-33, 0:38]			
LA 3	8:11	0-27	Allen 3 pass Plunkett (Bahr kick) [2-46, 1:09]			
SEA 3	10:59	7-27	Doornink 11 pass Zorn (N. Johnson kick) [10-74, 4:01]			
LA 4	11:03	7-30	Bahr 35 FG [7-19, 3:49]			
SEA 4	13:44	14-30	Young 9 pass Zorn (N. Johnson kick) [9-71, 2:41]			
Att.	— 88,734					

## INDIVIDUAL STATISTICS

## RUSHING LEADERS

Seattle	Att	Yds	LG	TD
Warner	11	26	7	0
Hughes	3	14	8	0
<b>TOTAL</b>	<b>18</b>	<b>65</b>	<b>10</b>	<b>0</b>
Los Angeles	Att	Yds	LG	TD
Allen	25	154	43	0
Hawkins	10	24	8	2
Plunkett	7	26	10	0
<b>TOTAL</b>	<b>46</b>	<b>205</b>	<b>43</b>	<b>2</b>

## PASSING LEADERS

Seattle	A	C	Yds	TD	I
Krieg	9	3	12	0	3
Zorn	27	14	134	2	2
<b>TOTAL</b>	<b>36</b>	<b>17</b>	<b>146</b>	<b>2</b>	<b>5</b>
Los Angeles	A	C	Yds	TD	I
Plunkett	24	17	214	1	2
<b>TOTAL</b>	<b>24</b>	<b>17</b>	<b>214</b>	<b>1</b>	<b>2</b>

## PASS RECEIVING LEADERS

Seattle	No	Yds	LG	TD
Doornink	6	48	12	1
Johns	5	49	14	0
Largent	2	25	14	0
Warner	2	10	12	0
<b>TOTAL</b>	<b>17</b>	<b>146</b>	<b>14</b>	<b>2</b>
Los Angeles	No	Yds	LG	TD
Allen	7	62	16	1
Barnwell	5	116	49	0
Christensen	3	14	6	0
Branch	2	22	11	0
<b>TOTAL</b>	<b>17</b>	<b>214</b>	<b>49</b>	<b>1</b>

## STARTERS

OFFENSE	
TE	- Metzelaars
LT	- Essink
LG	- Bailey
C	- Bush
RG	- Pratt
RT	- August
TE	- Young
WR	- Largent
QB	- Krieg
RB	- Warner
FB	- C. Bryant
K	- N. Johnson
DEFENSE	
LE	- Green
NT	- Nash
RE	- J. Bryant
LOLB	- Scholtz
LILB	- Robinson
RILB	- Butler
ROLB	- Gaines
LCB	- Justin
RCB	- Brown
SS	- Easley
FS	- Harris
P	- West

## TEAM STATISTICS

	Seattle	Los Angeles
Total First Downs	16	21
Rush/Pass/Penalty	4/10/2	10/11/0
Third Down Eff.	2/12 16.7%	9/16 56.3%
Fourth Down Eff.	1/2 50.0%	0/1 0.0%
Total Net Yards	167	401
Total Off. Plays	58	72
Avg. Per Play	2.9	5.6
Net Yards Rushing	65	205
Total Rushing Plays	18	46
Avg. Gain Per Rush	2.9	5.6
Net Yards Passing	102	196
Times Sacked/Yards Lost	4/44	2/18
Pass Att.-Comp.-Int.	36-17-5	24-17-2
Avg. Gain Per Pass Play	2.6	7.5
Punts-No. and Avg.	5-32.0	2-34.0
Penalties-No. and Yards	2-20	7-53
Return Yardage	144	100
Fumbles-No. and Lost	1-0	3-2
Touchdowns	2	3
Rush/Pass/Return	0/2/0	2/1/0
Extra Points Made-Att.	2-2	3-3
Field Goals Made-Att.	0-0	3-3
Time of Possession	22:54	37:06

## DEFENSE

Seattle — Tackles: Nash 11, Butler 10. Sacks: Dufek 1.0, Gaines 1.0. Interceptions: G. Johnson 1, Scholtz 1. Forced Fumbles: Green 1, Scholtz 1. Fumble Recoveries: J. Bryant 2. Los Angeles — Tackles: Squirek 7. Sacks: Townsend 2.0, Martin 1.0, Pickel 1.0. Interceptions: M. Davis 2, Hayes 1, McElroy 1, Millen 1. Forced Fumbles: Millen 1. Fumble Recoveries: None.

## AFC WILD CARD PLAYOFFS SEATTLE SEAHAWKS 13, LOS ANGELES RAIDERS 7 SUNDAY, DECEMBER 22, 1984 - KINGDOME

Dan Doornink rushed for a career-high 123 yards to help the Seahawks eliminate the defending Super Bowl champion Raiders. Seattle took a 7-0 lead into halftime on Dave Krieg's 26-yard second-quarter touchdown pass to Daryl Turner. Seattle rushed for 34 yards on the 93-yard drive, which was keyed by a 23-yard pass interference penalty on Los Angeles' Lester Hayes putting the ball at the Raiders' 33. Doornink contributed 18 yards on a third-quarter drive to Norm Johnson's 35-yard field goal. That drive was set up by Keith Simpson's recovery of a Bruce Scholtz forced fumble at the Raiders' 38. Johnson upped the lead to 13-0 with a 44-yard fourth-quarter field goal. The Raiders broke into the scoring column on Jim Plunkett's 46-yard touchdown pass to Marcus Allen with 5:05 left. Seattle ran the clock down to 45 seconds on their next drive behind the running of Doornink, who carried four times for 13 yards, including a five-yard run on a third-and-two. He also contributed a 14-yard reception. The Raiders' last drive ended with Kenny Easley's interception with four seconds left. Doornink, a seven-year veteran, had started only three times in the regular season and rushed for 215 yards. He contributed 82 of his total in the second half. The Seattle defense limited Los Angeles to 240 total yards, recorded six sacks, and forced three turnovers. Jacob Green had 2.5 of the sacks. Keith Butler had nine tackles, including a sack. Bill Pickel had 15 tackles and Vann McElroy 11 for the Raiders. Seattle played the game without starting left tackle Ron Essink (flu) and started Sid Abramowitz, who had one career start, in his place. Seattle's reliance on the run caused the Raiders to switch to a 4-4 defense for most of the second half, removing Hayes for an extra linebacker.

Los Angeles	0	0	0	7	-	7
Seattle	0	7	3	3	-	13
SEA 2	10:41	0-7	Turner 26 pass Krieg (N. Johnson kick)	[9-93, 5:05]		
SEA 3	13:31	0-10	N. Johnson 35 FG [7-21, 2:33]			
SEA 4	4:10	0-13	N. Johnson 44 FG [5-23, 2:27]			
LA 4	9:55	7-13	Allen 46 pass Plunkett (Bahr kick)	[7-78, 1:17]		

Att. — 62,049

## INDIVIDUAL STATISTICS

## RUSHING LEADERS

Los Angeles	Att	Yds	LG	TD
Allen	17	61	15	0
Hawkins	6	34	11	0
<b>TOTAL</b>	<b>25</b>	<b>105</b>	<b>15</b>	<b>0</b>
Seattle	Att	Yds	LG	TD
Doornink	27	123	14	0
Hughes	14	54	12	0
Lane	4	17	8	0
Krieg	3	10	13	0
<b>TOTAL</b>	<b>49</b>	<b>202</b>	<b>14</b>	<b>0</b>

## PASSING LEADERS

Los Angeles	A	C	Yds	TD	I
Plunkett	27	14	184	1	2
<b>TOTAL</b>	<b>27</b>	<b>14</b>	<b>184</b>	<b>1</b>	<b>2</b>
Seattle	A	C	Yds	TD	I
Krieg	10	4	70	1	0
<b>TOTAL</b>	<b>10</b>	<b>4</b>	<b>70</b>	<b>1</b>	<b>0</b>

## PASS RECEIVING LEADERS

Los Angeles	No	Yds	LG	TD
Allen	5	90	46	1
Hawkins	4	27	12	0
Barnwell	3	34	18	0
Christensen	1	21	21	0
King	1	12	12	0
<b>TOTAL</b>	<b>14</b>	<b>184</b>	<b>46</b>	<b>1</b>
Seattle	No	Yds	LG	TD
Turner	1	26	26	1
Tice	1	20	20	0
Doornink	1	14	14	0
Hughes	1	10	10	0
<b>TOTAL</b>	<b>4</b>	<b>70</b>	<b>26</b>	<b>1</b>

## STARTERS

OFFENSE	
TE	- Tice
LT	- Abramowitz
LG	- Bailey
C	- Bush
RT	- Pratt
RG	- Cryder
TE	- Young
WR	- Largent
QB	- Krieg
RB	- Doornink
FB	- Hughes
K	- N. Johnson

## DEFENSE

LE	- Green
NT	- Nash
RE	- J. Bryant
LOLB	- Scholtz
LILB	- Robinson
RILB	- Butler
ROLB	- Gaines
LCB	- Simpson
RCB	- Brown
SS	- Easley
FS	- Harris
P	- West

## TEAM STATISTICS

	Los Angeles	Seattle
Total First Downs	14	17
Rush/Pass/Penalty	5/8/1	12/4/1
Third Down Eff.	4/13 30.8%	2/13 15.4%
Fourth Down Eff.	0/0 0.0%	0/0 0.0%
Total Net Yards	240	248
Total Off. Plays	58	61
Avg. Per Play	4.1	4.1
Net Yards Rushing	105	202
Total Rushing Plays	25	49
Avg. Gain Per Rush	4.2	4.1
Net Yards Passing	135	46
Times Sacked/Yards Lost	6/49	2/24
Pass Att.-Comp.-Int.	27-14-2	10-4-0
Avg. Gain Per Pass Play	4.1	3.8
Punts-No. and Avg.	8-41.9	8-37.8
Penalties-No. and Yards	8-68	7-55
Return Yardage	33	111
Fumbles-No. and Lost	2-1	0-0
Touchdowns	1	1
Rush/Pass/Return	0/1/0	0/1/0
Extra Points Made-Att.	1-1	1-1
Field Goals Made-Att.	0-0	2-2
Time of Possession	25:41	34:19

## DEFENSE

Los Angeles — Tackles: McElroy 11. Sacks: Alzado 2.0. Interceptions: None. Forced Fumbles: None. Fumble Recoveries: None.  
Seattle — Tackles: Butler 9, Green 9. Sacks: Green 2.5, Butler 1.0, Fanning 1.0, Mangiero 1.0, Bryant 0.5. Interceptions: Easley 1, Harris 1. Forced Fumbles: Butler 1, Scholtz 1. Fumble Recoveries: Simpson 1.

## AFC DIVISIONAL PLAYOFFS

### MIAMI DOLPHINS 31, SEATTLE SEAHAWKS 10

#### SATURDAY, DECEMBER 29, 1984 — ORANGE BOWL

Dan Marino threw three touchdown passes to lead the Dolphins to a divisional playoff win in the Orange Bowl. Miami, which had the AFC's best regular-season record, 14-2, would host the AFC Championship Game. Seattle, which finished the regular season a franchise best 12-4, was eliminated. The win also avenged a 27-20 Seahawks win in the divisional round of the 1983 AFC playoffs. Marino threw two of his scoring passes in the third quarter to break open what had been a 14-10 Miami halftime lead. Marino, who set an NFL record with 48 touchdown passes during the season, was 7-of-8 for 50 yards on the first scoring drive. On the second, he found Mark Clayton two plays after a short punt gave Miami the ball at the Seattle 33. Uwe von Schamann closed out the scoring with a fourth-quarter field goal. Miami struck first on their second possession as Tony Nathan scored on a 14-yard run. After Seattle closed to 7-3, Marino found Jimmy Cefalo for a 34-yard touchdown on the Dolphins' next possession, one play after a Seattle interception was nullified by an offside penalty. Seattle closed to 14-10 on Dave Krieg's 56-yard touchdown pass to Steve Largent with 3:23 left in the half. Miami gained 405 yards as Marino passed for 262. Seattle's John Harris, a Miami native, picked off two passes in the first half. His 32-yard return with the first set up a field goal. He returned the second 13 yards to the Miami 45, but the Dolphins held, forcing a punt.

Seattle	0	10	0	0	—	10
Miami	7	7	14	3	—	31
MIA 1	10:51	0-7	Nathan 14 run (von Schamann kick) [8-68, 4:01]			
SEA 2	1:24	3-7	N. Johnson 27 FG [7-29, 3:08]			
MIA 2	4:07	3-14	Cefalo 34 pass Marino (von Schamann kick) [4-60, 2:43]			
SEA 2	11:37	10-14	Largent 56 pass Krieg (N. Johnson kick) [4-70, 1:47]			
MIA 3	10:35	10-21	Hardy 3 pass Marino (von Schamann kick) [13-76, 5:40]			
MIA 3	12:35	10-28	Clayton 33 pass Marino (von Schamann kick) [2-33, 0:46]			
MIA 4	3:32	10-31	von Schamann 37 FG [8-69, 3:55]			
Att.	— 73,469					

## INDIVIDUAL STATISTICS

## RUSHING LEADERS

Seattle	Att	Yds	LG	TD
Doornink	10	35	8	0
Hughes	7	14	7	0
<b>TOTAL</b>	<b>18</b>	<b>51</b>	<b>8</b>	<b>0</b>
Miami	Att	Yds	LG	TD
Nathan	18	76	14	1
Bennett	11	41	14	0
P. Johnson	6	22	11	0
<b>TOTAL</b>	<b>36</b>	<b>143</b>	<b>14</b>	<b>1</b>

## PASSING LEADERS

Seattle	A	C	Yds	TD	I
Krieg	35	20	234	1	0
<b>TOTAL</b>	<b>35</b>	<b>20</b>	<b>234</b>	<b>1</b>	<b>0</b>
Miami	A	C	Yds	TD	I
Marino	34	21	262	3	2
<b>TOTAL</b>	<b>34</b>	<b>21</b>	<b>262</b>	<b>3</b>	<b>2</b>

## PASS RECEIVING LEADERS

Seattle	No	Yds	LG	TD
Largent	6	128	56t	1
Doornink	6	23	9	0
Turner	3	38	21	0
Skansi	2	31	24	0
<b>TOTAL</b>	<b>20</b>	<b>234</b>	<b>56t</b>	<b>1</b>
Miami	No	Yds	LG	TD
Clayton	5	75	33	1
Nathan	4	20	12	0
Hardy	3	48	32	1
Duper	3	32	15	0
2 players with	2			
<b>TOTAL</b>	<b>21</b>	<b>262</b>	<b>34</b>	<b>3</b>

## STARTERS

OFFENSE	
TE	- Tice
LT	- Essink
LG	- Bailey
C	- Bush
RG	- Pratt
RT	- Cryder
TE	- Young
WR	- Largent
QB	- Krieg
RB	- Doornink
FB	- Hughes
K	- N.
DEFENSE	
LE	- Green
NT	- Nash
RE	- J. Bryant
LOLB	- Schotz
LILB	- Robinson
RILB	- Butler
ROLB	- Gaines
LCB	- Simpson
RCB	- Brown
SS	- Easley
FS	- Harris
P	- West

## TEAM STATISTICS

	Seattle	Miami
Total First Downs	8	22
Rush/Pass/Penalty	2/6/0	8/12/2
Third Down Eff.	5/15 33.3%	4/13 30.8%
Fourth Down Eff.	0/1 0.0%	1/1 100.0%
Total Net Yards	267	405
Total Off. Plays	55	70
Avg. Per Play	4.9	5.8
Net Yards Rushing	51	143
Total Rushing Plays	18	36
Avg. Gain Per Rush	4.9	5.8
Net Yards Passing	216	262
Times Sacked/Yards Lost	2/18	0/0
Pass Att.-Comp.-Int.	35-20-0	34-21-2
Avg. Gain Per Pass Play	5.8	7.7
Punts-No. and Avg.	7-37.0	3-37.0
Had Blocked	0	0
Penalties-No. and Yards	4-20	1-5
Return Yardage	127	81
Fumbles-No. and Lost	1-1	0-0
Touchdowns	1	4
Rush/Pass/Return	0/1/0	1/3/0
Extra Points Made-Att.	1-1	4-4
Field Goals Made-Att.	1-2	1-3
Time of Possession	24:12	35:48

## DEFENSE

Seattle — Tackles: Butler 8, Easley 8. Sacks: None. Interceptions: Harris 2. Forced Fumbles: None. Fumble Recoveries: None.

Miami — Tackles: M. Brown 10. Sacks: Brudzinski 1.0, Betters 1.0. Interceptions: None. Forced Fumbles: McNeil 1. Fumble Recoveries: Benson 1.

**AFC WILD CARD PLAYOFFS**  
**HOUSTON OILERS 23, SEATTLE SEAHAWKS 20**  
**(OVERTIME)**
**SUNDAY, JANUARY 3, 1988 — ASTRODOME**

Tony Zendejas' 42-yard field goal 8:05 into overtime gave the Oilers the win over the Seahawks in Houston's first playoff game since 1980. The win put the Oilers in the divisional playoffs at the Denver Broncos. Zendejas' kick capped a 61-yard drive on the Oilers' first overtime possession. Warren Moon completed 3-of-4 passes on the drive's first five plays, for 37 yards, before Mike Rozier ran six times for 27 yards setting up Zendejas. Seattle forced overtime with an 80-yard drive that ended with Steve Largent's touchdown reception from Dave Krieg with 26 seconds left. The drive, which was set up a miss by Zendejas from 29 yards, featured a fourth-and-10 and third-and-10 conversions from Krieg, who was only 4-of-10 on the drive, but accounted for all 80 yards. Seattle won the overtime coin toss, but was forced to punt after three plays. Playing without Curt Warner (ankle), the NFL's third-leading rusher, Seattle was outgained 437-250, including 178-29 on the ground. Houston held the ball for 47:44 compared to Seattle's 20:21. Despite this, the Seahawks grabbed a 7-0 lead just 3:16 into the game. Melvin Jenkins picked off a pass on Houston's third play setting up a Krieg touchdown pass. Zendejas had a pair of field goals around a Rozier touchdown. After two Johnson field goals tied the score, Moon threw a touchdown pass to Willie Drewrey, the first of his career, for a 20-13 lead.

Seattle	7	3	3	7	0	—	20
Houston	3	10	7	0	3	—	23
SEA 1	3:16	7-0	Largent 20 pass Krieg (N. Johnson kick) [3-54, 1:38]				
HOU 1	10:16	7-3	Zendejas 47 FG [11-51, 7:00]				
HOU 2	1:43	7-10	Rozier 1 run (Zendejas kick) [9-48, 4:20]				
HOU 2	8:11	7-13	Zendejas 49 FG [7-27, 4:33]				
SEA 2	11:50	10-13	N. Johnson 33 FG [4-4, 0:48]				
SEA 3	6:37	13-13	N. Johnson 41 FG [6-16, 2:16]				
HOU 3	12:26	13-20	Drewrey 29 pass Moon (Zendejas kick) [9-84, 5:49]				
SEA 4	14:34	20-20	Largent 12 pass Krieg (N. Johnson kick) [10-80, 1:21]				
HOU OT	8:05	20-23	Zendejas 42 FG [12-61, 6:53]				

**STARTERS**

<b>OFFENSE</b>	
WR	- Butler
LT	- Mattes
LG	- Bailey
C	- Feasel
RG	- Millard
RT	- Wilson
TE	- Tice
WR	- Largent
QB	- Krieg
RB	- Williams
FB	- Burse
K	- N. Johnson

**DEFENSE**

LE	- Green
NT	- Nash
RE	- J. Bryant
LOLB	- Scholtz
LILB	- Young
RILB	- Bosworth
ROLB	- Gaines
LCB	- Jenkins
RCB	- Hunter
SS	- Easley
FS	- Robinson
P	- West

Att. — 49,622

**INDIVIDUAL STATISTICS**
**RUSHING**

Seattle	Att	Yds	LG	TD
Williams	7	27	10	0
Morris	4	2	4	0
<b>TOTAL</b>	<b>11</b>	<b>29</b>	<b>10</b>	<b>0</b>
Houston	Att	Yds	LG	TD
Highsmith	12	74	16	0
Rozier	21	66	11	1
Pinkett	11	29	5	0
<b>TOTAL</b>	<b>50</b>	<b>178</b>	<b>16</b>	<b>1</b>

**PASSING**

Seattle	A	C	Yds	TD	I
Krieg	38	16	237	2	0
Williams	1	0	0	0	0
<b>TOTAL</b>	<b>39</b>	<b>16</b>	<b>237</b>	<b>2</b>	<b>0</b>
Houston	A	C	Yds	TD	I
Moon	32	21	273	1	1
<b>TOTAL</b>	<b>32</b>	<b>21</b>	<b>273</b>	<b>1</b>	<b>1</b>

**PASS RECEIVING**

Seattle	No	Yds	LG	TD
Largent	7	132	33	2
Butler	3	73	32	0
Williams	2	5	3	0
Skansi	2	13	7	0
<b>TOTAL</b>	<b>16</b>	<b>237</b>	<b>33</b>	<b>2</b>
Houston	No	Yds	LG	TD
Givins	7	89	19	0
D. Hill	6	84	15	0
Drewrey	3	62	29t	1
Highsmith	2	17	11	0
<b>TOTAL</b>	<b>21</b>	<b>273</b>	<b>29t</b>	<b>1</b>

**TEAM STATISTICS**

	Seattle	Houston
Total First Downs	11	27
Rush/Pass/Penalty	1/10/0	9/18/0
Third Down Eff.	2/12 16.7%	10/18 55.6%
Fourth Down Eff.	1/1 100.0%	0/0 0.0%
Total Net Yards	250	437
Total Off. Plays	52	84
Avg. Per Play	4.8	5.2
Net Yards Rushing	29	178
Total Rushing Plays	11	50
Avg. Gain Per Rush	2.6	3.6
Net Yards Passing	221	259
Times Sacked/Yards Lost	2/16	2/14
Pass Att.-Comp.-Int.	39-16-0	32-21-1
Avg. Gain Per Pass Play	5.3	7.6
Punts-No. and Avg.	7-44.3	3-35.0
Penalties-No. and Yards	3-20	4-25
Return Yardage	226	92
Fumbles-No. and Lost	1-1	2-1
Touchdowns	2	2
Rush/Pass/Return	0/2/0	1/1/0
Extra Points Made-Att.	2-2	2-2
Field Goals Made-Att.	2-2	3-5
Time of Possession	20:21	47:44

**DEFENSE**

Seattle — Tackles: Bosworth 17, Robinson 15, Easley 12, Jenkins 12, Young 12. Sacks: Bryant 1.0, Gaines 1.0. Interceptions: Jenkins 1. Forced Fumbles: Young 1. Fumble Recoveries: Young 1.  
 Houston — Tackles: Bostic 5, Childress 5, Meads 5. Sacks: Childress 1.0, Lyles 0.5, Meads 0.5. Interceptions: None. Forced Fumbles: None. Fumble Recoveries: Bostic 1.

**AFC DIVISIONAL PLAYOFFS  
CINCINNATI BENGALS 21, SEATTLE SEAHAWKS 13  
SATURDAY, DECEMBER 31, 1988 —  
RIVERFRONT STADIUM**

In a matchup of division winners, the Bengals used the running of rookie Ickey Woods to defeat the Seahawks in Riverfront Stadium. With the win, Cincinnati earned the right to host the AFC Championship Game. Woods rushed for 126 of the Bengals' 254 yards helping set up two short Stanley Wilson touchdown runs. Woods scored on a third short run to give the Bengals a 21-0 halftime lead. Cincinnati rushed for 165 yards in the half, 70 by Woods and 60 by James Brooks, and controlled the ball for 20:35. The Seahawks scored first in the fourth quarter after Joe Nash recovered a Jacob Green forced fumble on the Bengals' 31. Dave Krieg passed seven yards to John L. Williams for the score. After a punt, Seattle drove 69 yards capped by Krieg's one-yard run, but missed the extra point, to trail by eight. Seattle out-gained the Bengals 245-116 in the second half. Williams caught 11 passes for 137 yards for the Seahawks, both team postseason records. The 11 receptions were also the third most in a post-season game in NFL history. The Seahawks were hampered by an ankle injury suffered by Curt Warner in the season finale at the Los Angeles Raiders, which held him to 11 yards on eight carries. The Bengals earned the right to host the game after posting an AFC-best 12-4 record. Seattle was 9-7 and won their first AFC West title. Cincinnati went on to defeat the Buffalo Bills and represented the AFC in Super Bowl XXIII.

Seattle	0	0	0	13	—	13
Cincinnati	7	14	0	0	—	21
CIN 1	5:59	0-7	Wilson 3 run (Breech kick) [11-85, 5:41]			
CIN 2	3:25	0-14	Wilson 3 run (Breech kick) [7-75, 5:32]			
CIN 2	7:20	0-21	Woods 1 run (Breech kick) [5-56, 3:00]			
SEA 4	3:20	7-21	Williams 7 pass Krieg (N. Johnson kick) [5-31, 1:44]			
SEA 4	8:55	13-21	Krieg 1 run (kick wide right) [9-69, 3:33]			
Att.	— 58,560					

**STARTERS**

<b>OFFENSE</b>	
WR	- Blades
LT	- Mattes
LG	- Bailey
C	- Bush
RG	- Millard
RT	- Wilson
TE	- Tice
WR	- Largent
QB	- Krieg
RB	- Warner
FB	- Williams
K	- N.
<b>DEFENSE</b>	
LE	- Green
NT	- Nash
RE	- J. Bryant
LOLB	- Scholtz
LILB	- Comeaux
RILB	- Wyman
ROLB	- Woods
LCB	- Taylor
RCB	- Jenkins
SS	- Moyer
FS	- Robinson
P	- West

**INDIVIDUAL STATISTICS**

**RUSHING LEADERS**

<b>Seattle</b>	<b>Att</b>	<b>Yds</b>	<b>LG</b>	<b>TD</b>
Warner	8	11	8	0
Williams	7	10	3	0
<b>TOTAL</b>	<b>16</b>	<b>22</b>	<b>8</b>	<b>1</b>
<b>Cincinnati</b>	<b>Att</b>	<b>Yds</b>	<b>LG</b>	<b>TD</b>
Woods	23	126	30	1
Brooks	13	72	26	0
Wilson	7	45	20	2
<b>TOTAL</b>	<b>47</b>	<b>254</b>	<b>30</b>	<b>3</b>

**PASSING LEADERS**

<b>Seattle</b>	<b>A</b>	<b>C</b>	<b>Yds</b>	<b>TD</b>	<b>I</b>
Krieg	50	24	297	1	2
<b>TOTAL</b>	<b>50</b>	<b>24</b>	<b>297</b>	<b>1</b>	<b>2</b>
<b>Cincinnati</b>	<b>A</b>	<b>C</b>	<b>Yds</b>	<b>TD</b>	<b>I</b>
Esiason	19	7	108	0	0
<b>TOTAL</b>	<b>19</b>	<b>7</b>	<b>108</b>	<b>0</b>	<b>0</b>

**PASS RECEIVING LEADERS**

<b>Seattle</b>	<b>No</b>	<b>Yds</b>	<b>LG</b>	<b>TD</b>
Williams	11	137	37	1
Blades	5	78	24	0
Butler	2	40	32	0
Largent	2	17	12	0
<b>TOTAL</b>	<b>24</b>	<b>297</b>	<b>37</b>	<b>1</b>
<b>Cincinnati</b>	<b>No</b>	<b>Yds</b>	<b>LG</b>	<b>TD</b>
Holman	3	44	24	0
Collinsworth	1	30	30	0
Brown	1	23	23	0
Brooks	1	9	9	0
Riggs	1	2	2	0
<b>TOTAL</b>	<b>7</b>	<b>108</b>	<b>30</b>	<b>0</b>

**TEAM STATISTICS**

	<b>Seattle</b>	<b>Cincinnati</b>
Total First Downs	19	22
Rush/Pass/Penalty	1/16/2	17/5/0
Third Down Eff.	2/12 16.7%	6/13 46.2%
Fourth Down Eff.	2/4 50.0%	0/1 0.0%
Total Net Yards	294	345
Total Off. Plays	69	68
Avg. Per Play	4.3	5.1
Net Yards Rushing	22	254
Total Rushing Plays	16	47
Avg. Gain Per Rush	1.4	5.4
Net Yards Passing	297	108
Times Sacked/Yards Lost	3/25	2/17
Pass Att.-Comp.-Int.	50-24-2	19-7-0
Avg. Gain Per Pass Play	5.3	4.3
Punts-No. and Avg.	6-44.1	6-46.0
Had Blocked	0	0
Penalties-No. and Yards	5-45	2-29
Return Yardage	96	73
Fumbles-No. and Lost	1-1	3-2
Touchdowns	2	3
Rush/Pass/Return	1/1/0	3/0/0
Extra Points Made-Att.	2-3	3-3
Field Goals Made-Att.	0-0	0-0
Time of Possession	24:41	35:19

**DEFENSE**

**Seattle** — Tackles: Robinson 11. Sacks: Clarke 1.0, Green 1.0. Interceptions: None. Forced Fumbles: Clarke 1, Green 1. Fumble Recoveries: Jenkins 1, Nash 1.  
**Cincinnati** — Tackles: Krumrie 7. Sacks: Buck 1.0, Skow 1.0, Williams 1.0. Interceptions: Thomas 1, Wilcots 1. Forced Fumbles: Krumrie 1. Fumble Recoveries: Skow 1.

## AFC WILD CARD PLAYOFFS

### MIAMI DOLPHINS 20, SEATTLE SEAHAWKS 17

#### SUNDAY, JANUARY 9, 2000 - KINGDOME

Charlie Rogers' 85-yard kickoff return touchdown proved not to be enough as the Seattle Seahawks lost to the Miami Dolphins at the Kingdome, 20-17, in their first playoff appearance since 1988. Seattle held a 17-13 lead in the fourth quarter, but Dan Marino led an 85-yard touchdown drive with 4:48 remaining which proved to be the game-winner. The Seahawks jumped to a 7-0 lead when Jon Kitna connected with Sean Dawkins on a 9-yard scoring pass. The Dolphins' Olindo Mare put the Dolphins on the board in the first quarter with a 32-yard field goal. Seattle countered with a 50-yard Todd Peterson field goal with 50 seconds remaining in the half for a 10-3 Seahawks halftime lead. Miami came right out of the gates to open the second half trying to work their way back into the game. Marino connected with Orande Gadsden on a 1-yard touchdown pass, which tied the game at 10-10. However, on the ensuing kick-off, Rogers bobbled the kick, but was able to retain possession and returned it 85 yards for an electrifying touchdown giving Seattle a 17-10 lead. Following an exchange of punts, Miami crept to within 17-13 on a 50-yard Mare field goal in the third quarter. Trying to catch Seattle by surprise, the Dolphins attempted an onside kick and recovered, but Seattle's defense held and forced the Dolphins to punt. The Dolphins scored the go-ahead touchdown on a J.J. Johnson 2-yard touchdown run with 4:48 remaining. The Seahawks would have two opportunities to catch up, but were forced to punt on the first and an interception with 23 seconds left in the game sealed the victory for the Dolphins.

Miami	3	0	10	7	-	20
Seattle	7	3	7	0	-	17
SEA 1	6:18	0-7	Dawkins 9 pass Kitna (Peterson kick) [8-47, 3:35]			
MIA 1	2:05	3-7	Mare 32 FG [7-37, 4:13]			
SEA 2	0:45	3-10	Peterson 50 FG [8-49, 3:45]			
MIA 3	8:55	10-10	Gadsden 1 pass Marino (Mare kick) [10-60, 6:05]			
SEA 3	8:37	10-17	Rogers 85 kickoff return (Peterson kick)			
MIA 3	2:22	13-17	Mare 50 FG [6:32, 3:12]			
MIA 4	4:48	20-17	Johnson 2 run (Mare kick) [11-85, 4:21]			

## STARTERS

## OFFENSE

WR	- Dawkins
LT	- Jones
LG	- Kendall
C	- Gray
RG	- Habib
RT	- Williams
TE	- Fauria
WR	- Mayes
QB	- Kitna
RB	- Watters
FB	- Brown
K	- Peterson

## DEFENSE

LE	- Sinclair
DT	- Adams
RE	- Daniels
OLB	- Brown
ILB	- Simmons
ILB	- Willis
CB	- Canty
LCB	- Springs
RFB	- W. Williams
SS	- D. Williams
FS	- Bellamy
P	- Feagles

Att. — 66,170

## INDIVIDUAL STATISTICS

RUSHING LEADERS				
	Att	Yds	LG	TD
Miami				
Johnson	27	86	18	1
Denson	7	19	17	0
2 Others	3	3	4	0
TOTAL	37	108	18	1
Seattle				
Watters	19	40	8	0
Kitna	1	1	1	0
TOTAL	20	41	8	0

PASSING LEADERS				
	A	C	Yds	TD
Miami				
Marino	30	17	196	1
TOTAL	30	17	196	1
Seattle				
Kitna	30	14	162	1
TOTAL 3014			162	1

2PASS RECEIVING LEADERS				
	No	Yds	LG	TD
Miami				
McDuffie	5	82	27	0
Martin	5	70	23	0
Gadsden	2	25	24	1
Johnson	2	3	6	0
4 Others	3	16	7	0
TOTAL	17	196	27	1
Seattle				
Dawkins	3	35	17	1
Pritchard	3	34	17	0
Fauria	3	31	14	0
Watters	2	22	14	0
3 Others	3	40	22	0
TOTAL	14	162	22	1

## TEAM STATISTICS

	Miami	Seattle
Total First Downs	18	12
Rush/Pass/Penalty	7/10/1	0/10/2
Third Down Eff.	6/16 37.5%	5/15 33.3%
Fourth Down Eff.	0/0 0.0%	1/1 100.0%
Total Net Yards	299	171
Total Off. Plays	68	56
Avg. Per Play	4.4	3.1
Net Yards Rushing	108	41
Total Rushing Plays	37	20
Avg. Gain Per Rush	2.9	2.1
Net Yards Passing	191	130
Times Sacked/Yards Lost	1/5	6/32
Pass Att.-Comp.-Int.	30/17-0	30/14-2
Avg. Gain Per Pass Play	6.2	3.6
Punts-No. and Avg.	8-41.3	7-47.9
Had Blocked	0	0
Penalties-No. and Yards	6-67	2-10
Return Yardage	100	24
Fumbles-No. and Lost	0-0	0-0
Touchdowns	2	2
Rush/Pass/Return	1/1/0	0/1/1
Extra Points Made-Att.	2-2	2-2
Field Goals Made-Att.	2-2	1-1
Time of Possession	34:38	25:12

## DEFENSE

Miami — Tackles: Thomas 9. Sacks: Armstrong 3.0, Owens 1.0, Thomas 1.0, Williams 1.0. Interceptions: Buckley 1, Marion 1. Forced Fumbles: None. Fumble Recoveries: None.  
 Seattle — Tackles: Brown 10. Sacks: Adams 1.0. Interceptions: None. Forced Fumbles: None. Fumble Recoveries: None.

## NFC WILD CARD PLAYOFFS GREEN BAY PACKERS 33, SEATTLE SEAHAWKS 27 (OT) SUNDAY, JANUARY 4, 2004 — LAMBEAU FIELD

The "Frozen Tundra" provided the stage for another epic playoff battle as the Seahawks and Packers went toe-to-toe for the right to play another week. After battling four and half quarters, the Packers' Al Harris sent the Seahawks home and the Packers to Philadelphia for the NFC divisional playoff when he intercepted a Matt Hasselbeck pass in overtime and returned it 52 yards for the score. Things started slowly as both teams warmed to the 20 degree temperatures and the Seahawks heated up first with a 30-yard field goal from Josh Brown. The Packers got even in the second quarter following a Ryan Longwell field goal. The Seahawks responded with another Brown field goal before Brett Favre led the Packers down the field ending with a 23-yard touchdown strike to tight end Bubba Franks. Another Longwell field goal gave the Packers a 13-6 lead at the half. Hasselbeck and the Seahawks began the second half with a Shaun Alexander tying touchdown. After forcing the Packers to punt, Hasselbeck again picked apart the Packers secondary and led the Hawks down to the Green Bay 1-yard line where Alexander punched it in for his second score of the game. The Pack retaliated with an Ahman Green touchdown and another tie game. Another Green touchdown put the Packers up 27-20 with 2:44 to play. Hasselbeck's seven-play, 63-yard drive set up a Seahawks record third touchdown run by Alexander to tie the game with :51 remaining. Favre raced the Packers down to the Seattle 29 with five seconds on the clock but it wasn't close enough as Longwell came up short from 47 yards out. The Seahawks won the overtime coin toss and a confident Hasselbeck assured a score. The two teams traded three and outs. Five plays into the Seahawks second drive, Hasselbeck looked left and tried to sneak it in to Alex Bannister but Harris stepped in front.

Seattle	3	3	14	7	0	—	27
Green Bay	0	13	0	14	6	—	33
SEA 1	7:01	3-0	J. Brown 30 FG [10-57, 4:53]				
GB 2	9:13	3-3	Longwell 31 FG [5-37, 2:01]				
SEA 2	6:50	6-3	J. Brown 35 FG [8-51, 2:23]				
GB 2	4:37	6-10	Franks 23 pass Favre (Longwell kick) [5-80, 2:13]				
GB 2	0:46	6-13	Longwell 27 FG [6-30, 1:32]				
SEA 3	9:28	13-13	Alexander 1 run (Brown kick) [10-74, 5:32]				
SEA 3	1:57	20-13	Alexander 1 run (Brown kick) [11-77, 4:57]				
GB 4	10:01	20-20	Green 1 run (Longwell kick) [12-60, 6:56]				
GB 4	2:44	27-20	Green 1 run (Longwell kick) [12-51, 6:46]				
SEA 4	0:51	27-27	Alexander 1 run (J.Brown kick) [7-67, 1:53]				
GB OT	10:35	27-33	Harris 52 INT Att. — 71,457				

## STARTERS

OFFENSE	
WR	- K. Robinson
LT	- Jones
LG	- Hutchinson
C	- Tobeck
RG	- Womack
RT	- Terry
WR	- Engram
WR	- Jackson
QB	- Hasselbeck
RB	- Alexander
WR	- Bannister
K	- Brown

DEFENSE	
LE	- Mitchell
DT	- Woodard
DT	- Moore
RE	- Okeafor
OLB	- Simmons
MLB	- Godfrey
OLB	- C. Brown
LCB	- Springs
RCB	- Trufant
SS	- Tongue
FS	- D. Robinson
P	- Rouen

## INDIVIDUAL STATISTICS

### RUSHING LEADERS

Seattle	Att	Yds	LG	TD
Alexander	20	45	17	3
Morris	1	4	4	0
<b>TOTAL</b>	<b>21</b>	<b>49</b>	<b>17</b>	<b>3</b>
Green Bay	Att	Yds	LG	TD
Green	23	66	9	2
Davenport	7	21	8	0
2 Others	2	-9	-1	0
<b>TOTAL</b>	<b>32</b>	<b>78</b>	<b>9</b>	<b>2</b>

### PASSING LEADERS

Seattle	A	C	Yds	TD	I
Hasselbeck	45	25	305	0	1
<b>TOTAL</b>	<b>45</b>	<b>25</b>	<b>305</b>	<b>0</b>	<b>1</b>
Green Bay	A	C	Yds	TD	I
Favre	38	26	319	1	0
<b>TOTAL</b>	<b>38</b>	<b>26</b>	<b>319</b>	<b>1</b>	<b>0</b>

### PASS RECEIVING LEADERS

Seattle	No	Yds	LG	TD
K. Robinson	7	88	33	0
Mili	6	62	15	0
Jackson	5	58	25	0
Engram	4	83	34	0
3 Others	2	14	8	0
<b>TOTAL</b>	<b>25</b>	<b>305</b>	<b>34</b>	<b>0</b>
Green Bay	No	Yds	LG	TD
Driver	6	66	23	0
Walker	5	111	44	0
Green	5	44	13	0
Henderson	3	38	29	0
5 Others	7	60	23t	1
<b>TOTAL</b>	<b>26</b>	<b>319</b>	<b>44</b>	<b>1</b>

## TEAM STATISTICS

	Seattle	Green Bay
Total First Downs	22	22
Rush/Pass/Penalty	4/16/2	8/14/0
Third Down Eff.	6/16 37.5%	4/13 30.8%
Fourth Down Eff.	1/1 100%	2/2 100%
Total Net Yards	340	397
Total Off. Plays	68	70
Avg. Per Play	5.0	5.7
Net Yards Rushing	49	78
Total Rushing Plays	21	32
Avg. Gain Per Rush	2.3	2.4
Net Yards Passing	291	319
Times Sacked/Yards Lost	2/14	0/0
Pass Att.-Comp.-Int.	45-25-1	38-26-0
Avg. Gain Per Pass Play	6.2	8.4
Punts-No. and Avg.	6-37.5	5-38.4
Had Blocked	0	0
Penalties-No. and Yards	2-15	5-30
Return Yardage	114	194
Fumbles-No. and Lost	1-0	0-0
Touchdowns	3	4
Rush/Pass/Return	3/0/0	2/1/1
Extra Points Made-Att.	2-2	2-3
Field Goals Made-Att.	2-2	2-3
Time of Possession	29:26	34:59

## DEFENSE

Seattle — Tackles: Lewis 10. Sacks: None. Interceptions: None. Forced Fumbles: None. Fumble Recoveries: None.  
Green Bay — Tackles: Sharper 11. Sacks: Kampman 1.0, Hunt 1.0. Interceptions: Harris 1. Forced Fumbles: Hunt 1. Fumble Recoveries: None.

## NFC WILD CARD PLAYOFFS

### ST. LOUIS RAMS 27, SEATTLE SEAHAWKS 20

#### SATURDAY, JANUARY 8, 2005 — QWEST FIELD

Hosting only their fourth home playoff game in team history, the Seahawks took on the St. Louis Rams for the third time of the season, only to have the same outcome of the previous two matchups. The Rams scored first as Marc Bulger found Torry Holt from 15 yards out on their opening possession. Seattle answered with a Josh Brown 47-yard field goal. Trailing 14-10 at the half, Seattle took the second-half kickoff and pulled to within 14-13 after another Brown field goal. The Rams answered with a field goal of their own, giving them a 17-13 lead heading into the fourth quarter. Seattle's next possession at the end of the third and beginning of the fourth quarter, was a seven-play, 76-yard drive in which Darrell Jackson caught four passes for 50 yards, including a 23-yard touchdown to give the Seahawks their first lead of the day, 20-17. The Rams tied the game with a Wilkins' 27-yard field goal. St. Louis forced a Seattle punt and received the ball with 5:42 left to play. Bulger connected with Cam Cleeland for a 17-yard touchdown and a 27-20 Rams' lead. On their final drive, Seattle drove to the Rams' 11-yard line with under one minute to play. Facing third-and-16 after a sack and incompleteness, Hasselbeck found Ingram for a 12-yard gain but left the Seahawks with fourth down and 0:27 remaining. Seattle's fourth-down play was something that plagued the team the last two seasons as Ingram had Hasselbeck's pass go off his hands in the end zone. St. Louis took over the ball on downs. Jackson caught a career-high 12 passes for 128 yards and Hasselbeck became only the third quarterback (Dan Fouts, Bulger) in NFL history to throw for more than 300 yards in his first two career postseason starts.

St. Louis	7	7	3	10	—	27
Seattle	3	7	3	7	—	20

STL 1	11:33	0-7	Holt 15 pass Bulger (Wilkins kick) [6-75, 3:27]
SEA 1	2:05	3-7	J. Brown 47 FG [9-46, 4:30]
STL 2	13:32	3-14	Faulk 1 run (Wilkins kick) [6-75, 3:33]
SEA 2	8:18	10-14	Ingram 19 pass Hasselbeck (J. Brown kick) [9-84, 5:14]
SEA 3	8:52	13-14	J. Brown 30 FG [14-64, 6:08]
STL 3	2:35	13-17	Wilkins 38 FG [12-48, 6:17]
SEA 4	13:43	20-17	Jackson 23 pass Hasselbeck (J. Brown kick) [7-76, 3:52]
STL 4	8:07	20-20	Wilkins 27 FG [11-60, 5:36]
STL 4	2:11	20-27	Cleeland 17 pass Bulger (Wilkins kick) [7-76, 3:31]

Att. — 65,397

## INDIVIDUAL STATISTICS

## RUSHING LEADERS

St. Louis	Att	Yds	LG	TD
Faulk	13	55	13	1
Jackson	10	36	9	0
2 Others	4	11	7	0
<b>TOTAL</b>	<b>27</b>	<b>102</b>	<b>13</b>	<b>1</b>

Seattle	Att	Yds	LG	TD
Alexander	15	40	9	0
Hasselbeck	2	26	17	0
2 Others	3	15	6	0
<b>TOTAL</b>	<b>20</b>	<b>81</b>	<b>17</b>	<b>0</b>

## PASSING LEADERS

St. Louis	A	C	Yds	TD	I
Bulger	32	18	313	2	1
<b>TOTAL</b>	<b>32</b>	<b>18</b>	<b>313</b>	<b>2</b>	<b>1</b>

Seattle	A	C	Yds	TD	I
Hasselbeck	43	27	341	2	1
<b>TOTAL</b>	<b>43</b>	<b>27</b>	<b>341</b>	<b>2</b>	<b>1</b>

## PASS RECEIVING LEADERS

St. Louis	No	Yds	LG	TD
Holt	6	108	52	1
Curtis	4	107	50	0
Bruce	3	40	21	0
Faulk	2	12	12	0
3 Others	3	46	31	1
<b>TOTAL</b>	<b>18</b>	<b>313</b>	<b>52</b>	<b>2</b>

Seattle	No	Yds	LG	TD
Jackson	12	128	23t	1
Mili	6	98	22	0
Robinson	4	40	15	0
Ingram	3	34	19	1
2 Others	2	41	25	0
<b>TOTAL</b>	<b>27</b>	<b>341</b>	<b>25</b>	<b>2</b>

## TEAM STATISTICS

	St. Louis	Seattle
Total First Downs	22	24
Rush/Pass/Penalty	3/15/4	7/15/2
Third Down Eff.	9/14 64%	5/12 42%
Fourth Down Eff.	0/0 0.0%	0/2 0.0%
Total Net Yards	396	413
Total Off. Plays	64	66
Avg. Per Play	6.2	6.3
Net Yards Rushing	102	81
Total Rushing Plays	27	20
Avg. Gain Per Rush	3.8	4.1
Net Yards Passing	294	332
Times Sacked/Yards Lost	5/19	3/9
Pass Att.-Comp.-Int.	32-18-1	43-27-1
Avg. Gain Per Pass Play	7.9	7.2
Punts-No. and Avg.	3-29.0	3-44.3
Had Blocked	0	0
Penalties-No. and Yards	4-30	9-61
Return Yardage	115	118
Fumbles-No. and Lost	0-0	2-0
Touchdowns	3	2
Rush/Pass/Return	1/2/0	0/2/0
Extra Points Made-Att.	3-3	2-2
Field Goals Made-Att.	2-2	2-2
Time of Possession	31:06	28:54

## DEFENSE

**St. Louis** — Tackles: Polley 12. Sacks: Kennedy 1.0, Lewis 1.0, Thomas 1.0. Interceptions: Fisher 1. Forced Fumbles: B. Fisher 1, T. Fisher 1. Fumble Recoveries: None.

**Seattle** — Tackles: C. Brown 10. Sacks: Okeafor 2.0, Bernard 1.0, Terrill 0.5, Woodard 0.5. Interceptions: Hamlin 1. Forced Fumbles: None. Fumble Recoveries: None.

# PRESEASON RESULTS

## 1976

### Preseason (1-5)

Sun.	8/1	L	27-20	San Francisco 49ers	60,825
Sat.	8/7	L	27-16	Chicago Bears (Spokane, Washington)	14,484
Sat.	8/14	L	16-13	Los Angeles Rams	62,532
Sat.	8/21	L	52-7	at Denver Broncos	22,887
Sun.	8/29	W	17-16	San Diego Chargers	59,092
Sat.	9/4	L	45-28	at Oakland Raiders	51,487

## 1977

### Preseason (3-3)

Sun.	8/7	W	34-24	at San Francisco 49ers	38,024
Sat.	8/13	W	23-17 (ot)	Dallas Cowboys	58,789
Thurs.	8/18	W	12-10	Oakland Raiders	62,187
Sat.	8/27	L	16-14	Detroit Lions	56,345
Fri.	9/2	L	27-10	Denver Broncos	54,916
Sun.	9/11	L	38-20	at San Diego Chargers	27,505

## 1978

### Preseason (3-1)

Fri.	8/4	W	17-9	San Diego Chargers	58,853
Sat.	8/12	W	20-6	at San Francisco 49ers	36,069
Thurs.	8/17	L	26-7	Los Angeles Rams	63,235
Thurs.	8/24	W	16-7	Chicago Bears	54,844

## 1979

### Preseason (3-1)

Thurs.	8/2	W	12-9 (ot)	Minnesota Vikings	60,881
Sun.	8/12	W	27-17	Dallas Cowboys	59,960
Sat.	8/18	L	21-17	at Los Angeles Rams	46,083
Fri.	8/24	W	55-20	San Francisco 49ers	59,941

## 1980

### Preseason (3-1)

Thurs.	8/7	W	14-10	Atlanta Falcons	59,555
Mon.	8/18	L	24-7	Miami Dolphins	59,550
Sat.	8/23	W	10-7	at San Francisco 49ers	41,841
Fri.	8/29	W	30-23	New England Patriots	56,947

## 1981

### Preseason (1-3)

Wed.	8/5	L	27-24 (ot)	San Francisco 49ers	56,958
Fri.	8/14	L	30-21	St. Louis Cardinals	55,520
Sat.	8/22	L	24-17	at San Francisco 49ers	37,563
Fri.	8/28	W	31-17	Baltimore Colts	55,794

## 1982

### Preseason (1-3)

Fri.	8/13	W	14-0	St. Louis Cardinals	55,575
Sat.	8/21	L	7-3	at Minnesota Vikings	57,880
Sat.	8/28	L	23-13	at Los Angeles Rams	54,537
Fri.	9/3	L	17-13	San Francisco 49ers	57,839

## 1983

## Preseason (2-2)

Fri.	8/5	L	10-7	at Denver Broncos	53,887
Fri.	8/12	W	38-21	Green Bay Packers	54,443
Fri.	8/19	L	19-17	Minnesota Vikings	54,402
Sat.	8/27	W	20-6	at San Francisco 49ers	47,074

## 1984

## Preseason (4-1)

Sat.	7/28	W	38-0	Tampa Bay Buccaneers (Hall of Fame Game, Canton, Ohio)	22,250
Sat.	8/4	W	7-3	Buffalo Bills	53,360
Sat.	8/11	W	28-24	at Detroit Lions	41,414
Fri.	8/17	W	17-7	St. Louis Cardinals	53,772
Fri.	8/24	L	17-7	at San Francisco 49ers	49,219

## 1985

## Preseason (2-2)

Sat.	8/10	L	19-7	at Indianapolis Colts	60,014
Fri.	8/16	W	28-3	Detroit Lions	57,751
Sat.	8/24	W	27-10	at Minnesota Vikings	56,562
Fri.	8/30	L	23-21	San Francisco 49ers	60,403

## 1986

## Preseason (2-2)

Fri.	8/8	W	21-14	Indianapolis Colts	55,443
Fri.	8/15	L	30-27 (ot)	at Detroit Lions	37,875
Fri.	8/22	W	27-17	Minnesota Vikings	57,730
Fri.	8/29	L	21-10	at San Francisco 49ers	52,419

## 1987

## Preseason (2-2)

Thurs.	8/13	L	23-14	at Los Angeles Rams	57,772
Sat.	8/22	L	28-21	at St. Louis Cardinals	25,309
Fri.	8/28	W	38-10	Detroit Lions	59,695
Fri.	9/4	W	34-10	San Francisco 49ers	59,653

## 1988

## Preseason (3-1)

Thurs.	8/4	W	21-14	Phoenix Cardinals	54,778
Thurs.	8/11	W	16-13 (ot)	at Detroit Lions	37,993
Fri.	8/19	W	30-13	Buffalo Bills	57,000
Fri.	8/26	L	27-21	at San Francisco 49ers	53,357

## 1989

## Preseason (3-1)

Fri.	8/11	W	16-10 (ot)	at Phoenix Cardinals	37,158
Sat.	8/19	L	17-12	New England Patriots (at St. Louis, Missouri)	48,746
Fri.	8/25	W	13-7	Detroit Lions	55,829
Fri.	9/1	W	28-17	San Francisco 49ers	58,641

## 1990

## Preseason (4-1)

Sat.	8/4	L	10-7	Denver Broncos (American Bowl, Tokyo, Japan)	48,827
Sat.	8/11	W	34-9	at Phoenix Cardinals	31,316
Fri.	8/17	W	13-10	Indianapolis Colts	52,475
Fri.	8/24	W	10-3	Tampa Bay Buccaneers	52,301
Fri.	8/31	W	30-10	at San Francisco 49ers	55,269

## 1991

## Preseason (2-2)

Sat.	8/3	L	31-13	Phoenix Cardinals	49,448
Sat.	8/10	W	17-7	at Indianapolis Colts	47,943
Sat.	8/17	W	23-7	at Los Angeles Rams	47,834
Fri.	8/23	L	28-16	San Francisco 49ers	54,111

## 1992

## Preseason (2-2)

Thurs.	8/6	L	21-7	Los Angeles Rams	52,360
Sat.	8/15	W	27-10	at Indianapolis Colts	43,272
Sat.	8/22	W	17-10	Phoenix Cardinals	51,007
Fri.	8/29	L	24-17	at San Francisco 49ers	52,822

## 1993

## Preseason (2-2)

Sat.	8/7	L	16-13 (ot)	Indianapolis Colts	45,055
Sat.	8/14	L	23-10	at Minnesota Vikings	42,240
Sat.	8/21	W	30-0	San Francisco 49ers	51,086
Sat.	8/28	W	20-10	at Houston Oilers	43,678

## 1994

## Preseason (2-2)

Fri.	8/5	L	13-9	at Indianapolis Colts	40,469
Sat.	8/13	W	29-6	*Tampa Bay Buccaneers	43,633
Sat.	8/20	W	30-19	*Minnesota Vikings	45,497
Fri.	8/26	L	13-9	at San Francisco 49ers	54,004

## 1995

## Preseason (2-2)

Sat.	8/5	W	34-20	St. Louis Rams	35,607
Sat.	8/12	L	20-17	Indianapolis Colts	38,006
Sun.	8/20	W	24-19	at New Orleans Saints	38,228
Fri.	8/26	L	17-7	at San Francisco 49ers	53,280

## 1996

## Preseason (3-1)

Sat.	8/3	W	19-17	Atlanta Falcons	30,284
Thurs.	8/8	W	24-19	at Oakland Raiders	38,219
Sat.	8/17	L	15-13	at Indianapolis Colts	38,930
Fri.	8/23	W	20-3	San Francisco 49ers	38,144

## 1997

## Preseason (3-2)

Sat.	7/26	L	28-26	Minnesota Vikings (Hall of Fame Game, Canton, Ohio)	23,846
Sat.	8/2	W	34-6	Arizona Cardinals	49,445
Sat.	8/9	L	21-17	at San Francisco	50,153
Sat.	8/16	W	45-3	Indianapolis Colts	52,844
Fri.	8/22	W	31-28	at Cincinnati Bengals	43,637

## 1998

## Preseason (4-1)

Sat.	7/31	W	20-19	at Dallas Cowboys	59,357
Sat.	8/8	W	24-21	Indianapolis Colts	52,645
Sat.	8/15	L	24-21	San Francisco 49ers (American Bowl, Vancouver, B.C.)	45,202
Sat.	8/22	W	31-24	at Arizona Cardinals	32,683
Fri.	8/28	W	21-20	San Francisco 49ers	57,014

\*Played at Husky Stadium

## 1999

## Preseason (1-3)

Sat.	8/14	L	24-10	Buffalo Bills	66,285
Thurs.	8/19	L	24-23	at San Francisco 49ers	66,193
Sat.	8/28	W	41-7	Arizona Cardinals	66,277
Thurs.	9/2	L	31-28	at Indianapolis Colts	41,074

## 2000

## Preseason (2-2)

Sat.	8/5	W	28-16	*Indianapolis Colts	68,578
Sat.	8/12	L	21-3	at Arizona Cardinals	34,774
Sat.	8/19	W	25-21	*San Francisco 49ers	68,579
Thurs.	8/24	L	20-0	at Oakland Raiders	32,012

## 2001

## Preseason (2-2)

Sat.	8/11	L	28-21	at Indianapolis Colts	45,089
Sat.	8/18	L	16-13 (ot)	*Arizona Cardinals	47,553
Sat.	8/25	W	28-18	at San Francisco 49ers	63,887
Sat.	9/1	W	28-14	*New Orleans Saints	68,665

## 2002

## Preseason (1-3)

Sat.	8/10	L	28-10	Indianapolis Colts	52,902
Fri.	8/16	L	24-14	at San Diego Chargers	N/A
Sat.	8/24	W	17-14	Kansas City Chiefs	49,036
Thurs.	8/29	L	31-0	at Denver Broncos	71,755

## 2003

## Preseason (2-2)

Sat.	8/9	W	20-7	San Diego Chargers	37,763
Fri.	8/15	L	21-7	at Indianapolis Colts	37,469
Sat.	8/23	W	42-31	Kansas City Chiefs	39,833
Fri.	8/29	L	20-3	at Denver Broncos	73,038

## 2004

## Preseason (3-1)

Mon.	8/16	W	21-3	at Green Bay Packers	69,718
Sat.	8/21	L	19-3	Denver Broncos	47,641
Fri.	8/27	W	26-20	at San Diego	35,536
Thurs.	9/2	W	23-21	Minnesota Vikings	50,198

\* Played at Husky Stadium

## TRAINING CAMP

The Seattle Seahawks returned to the site of their first 10 training camps in 1997, when the team opened camp at Eastern Washington University in Cheney.

From the team's inception in 1976 through 1985, the Seahawks traveled across the Cascade Mountain Range to hold their summer training camp at EWU.

Training camp moved to the current site of the team's headquarters in Kirkland, when the facility opened in 1986 through 1996. While training at the Kirkland complex, the team occupied the dorms and eating hall at Northwest College, adjacent to the team's complex.

The remote campus in Cheney, again hosts the Seahawks in 2005 with the team's first practice scheduled for July 29.

## FRANCHISE HISTORY

**1972** — **6/15** Seattle Professional Football, a group of business and community leaders, announces their intention to attempt to secure a National Football League franchise for the City of Seattle. Herman Sarkowsky serves as spokesman for the group. **11/2** Construction begins on The Kingdome.

**1974** — **6/4** The National Football League announces that Seattle will have a franchise for the 1976 season. **12/5** The National Football League announces that it has voted membership to Seattle Professional Football, Inc., headed by Lloyd W. Nordstrom with partners Herman Sarkowsky, D.E. "Ned" Skinner, Howard S. Wright, M. Lamont Bean, and Lynn P. Himmelman.

**1975** — **3/6** John Thompson, Executive Director of the NFL Management Council, named General Manager. **6/17** Nickname "Seahawks" selected from 20,365 entries and 1,741 different names. One hundred fifty-one suggest "Seahawks." **7/25** Season ticket applications mailed. **7/28** Season ticket applications accepted — 24,168 received the first day. **8/23** Season ticket sales closed after target of 59,000 reached. **12/18** Seahawks agree to a 20-year lease agreement to play all games in the Kingdome.

**1976** — **1/3** Jack Patera, defensive line coach of the Minnesota Vikings, named head coach. **1/20** Lloyd W. Nordstrom, spokesman for the Nordstrom family, the Seahawks' majority owner, dies of a heart attack while vacationing in Mexico. **3/30** Veteran Allocation held in New York City. Seahawks select 39 NFL veterans. **4/8-9** Seahawks select 25 collegians in their first college draft. Notre Dame's Steve Niehaus is the first choice and he flies to Seattle for evening news conference on April 8. **7/9** Seahawks open training camp at Eastern Washington University in Cheney. **8/1** Seahawks play first game before 60,825 fans in the Kingdome. San Francisco holds on to defeat Seattle, 27-20, as Jim Zorn is tackled on the 49ers' two-yard line when the gun sounds. **8/29** Seahawks capture first victory, a 17-16 preseason win over San Diego, as Ron Howard catches a three-yard Jim Zorn pass for the winning touchdown with only 13 seconds remaining in the contest. **9/12** Seattle opens regular season play with a near miss against St. Louis, 30-24. The game ends with the Cardinals intercepting a pass in the end zone. **10/17** Seahawks win Expansion Bowl with 13-10 victory over host Tampa Bay. Linebacker Mike Curtis blocks a Tampa Bay field goal attempt with 42 seconds remaining to preserve the victory. **11/7** Seahawks capture their first regular season victory at home with a 30-13 win over Atlanta. Sherman Smith becomes the first Seattle back to rush for over 100 yards with 124 yards on 14 carries.

**1977** — **1/17** Seahawks host the Pro Bowl and it is the first sellout in the 27-year history of the game and is the largest crowd under the AFC vs. NFC format. AFC scores a 24-14 win before 63,214 fans. **5/3** Seattle trades its first-round draft choice, the second player in the draft, to Dallas for the Cowboys' first-round selection and three second-round picks. The Seahawks select Steve August, offensive guard from Tulsa, on the first round. **10/30** After missing four games with an injury, Jim Zorn returns to lead Seattle to a 56-17 triumph over Buffalo. The Seahawks set 15 club records and equal six, including Zorn's four TD passes. **11/13** Seattle defense blanks the New York Jets, 17-0, in Shea Stadium, the first time an established team is shutout by a second-year team. **12/18** Seahawks win their fifth game of the year, a 20-19 decision over Cleveland before 61,583 fans in the Kingdome, to establish a record for most wins ever by a second-year expansion team.

**1978** — **5/3** Keith Simpson, cornerback from Memphis State, is selected as Seattle's first-round draft choice followed by his college teammate Keith Butler, a linebacker, on the second round. **10/8** Efen Herrera kicks a 19-yard field goal on the final play of the game to give Seattle a 29-28 win over the Minnesota Vikings. **11/26** Seattle becomes the first team since 1965 to beat Oakland twice during the regular season with a 17-16 win on Efen Herrera's 46-yard field goal with just three seconds remaining. **12/17** Seahawks end their third season with a 9-7 record and finish one game behind Denver in the AFC West standings following a 23-19 win over Kansas City. Al Hunter rushes for 133 yards on 27 carries as Seahawks perform before sixth-straight home sellout crowd.

**1979** – **1/29** Steve Largent catches a record-equaling five passes as Seattle's first representative to the Pro Bowl. National Football Conference defeats Largent and his AFC teammates, 13-7, in the Los Angeles Memorial Coliseum. **5/3** Manu Tuaiasosopo, defensive tackle from UCLA, becomes Seattle's first-round draft choice. **10/29** After trailing 14-0, the Seahawks rebound for a 31-28 win over Atlanta in Seattle's first appearance on ABC's Monday Night Football. Dan Doornink rushes for 122 yards on 21 carries and scores twice. **12/16** The Seahawks close out their second straight 9-7 season with a 29-24 win over Oakland. Sam McCullum sets a club record with 173 yards receiving on eight catches.

**1980** – **4/29** Seattle trades its first-round draft choice (#16) and a third-round pick to Buffalo for the Bills' first-round choice, the tenth player in the draft. The Seahawks then select defensive end Jacob Green of Texas A&M on the first round. **9/28** Seahawks score second shutout in the club's history with a 14-0 win over Washington Redskins in Robert F. Kennedy Memorial Stadium. **10/5** Sam McCullum catches two touchdown passes and Efrén Herrera kicks four field goals in 26-7 win over Houston at the Astrodome. The win would prove to be Seattle's last of the season.

**1981** – **4/28** Seahawks select UCLA safety Kenny Easley on the first round of the NFL draft. **11/8** Seattle holds the Pittsburgh Steelers scoreless in the second half and rallies for a pair of fourth quarter touchdowns to capture a 24-21 victory at the Kingdome. **11/16** The Seahawks score on their last eight possessions to defeat the San Diego Chargers, 44-23, on Monday Night Football. It is the Seahawks' first regular season victory over the Chargers after eight straight losses.

**1982** – **3/11** Mike McCormack, former head coach with the Philadelphia Eagles and Baltimore Colts, is named Director of Football Operations. **4/27** Seahawks select Clemson defensive end Jeff Bryant in the first round of the college draft. **9/21** Players go on strike for 57 days. **10/13** Mike McCormack named interim head coach after the firing of head coach Jack Patera and general manager John Thompson. **11/21** Seahawks capture 17-10 victory over the host Denver Broncos in Mike McCormack's first game as head coach following the players' strike. Steve Largent catches a 34-yard touchdown pass from Jim Zorn with 49 seconds left for the victory. **11/28** Seahawks shutout the Pittsburgh Steelers, 16-0, for the club's third shutout in history and first at the Kingdome.

**1983** – **1/2** Seahawks conclude nine-game season with a 13-11 win over the Denver Broncos as Dave Krieg throws a 19-yard touchdown pass to Roger Carr with 47 seconds left. The Seahawks drive 87 yards in 10 plays with no timeouts to score the winning touchdown. Seattle finishes the season 4-5 but were 4-3 under Mike McCormack. **1/3** Mike McCormack named President and General Manager after previously serving as Director of Football Operations since March 11, 1982, and interim head coach since October 13, 1982. **1/26** Chuck Knox named head coach. Knox previously had served as head coach of the Los Angeles Rams (1973-77) and the Buffalo Bills (1978-82). He guided seven-of-his-ten teams to the playoffs, while winning six division championships. **3/15** Chuck Allen, who joined the Seahawks staff in June of 1975 as Director of Pro Scouting, named Assistant General Manager. **4/26** Seattle selects Penn State running back Curt Warner in the NFL draft. Warner is the third player taken on the first round. To be able to get Warner, the Seahawks trade their first, second and third-round selections to the Houston Oilers for the Oilers first-round pick. **9/11** Seahawks win first game under Chuck Knox, 17-10, over the New York Jets, as the club sets a team record with 57 rushing attempts and Curt Warner gains 128 yards on 24 carries. **10/16** Seahawks force eight turnovers and register eight sacks in 38-36 victory over the Los Angeles Raiders. **10/30** Seahawks make it two straight over Raiders with 34-21 win. **12/18** Seahawks clinch first playoff berth with 24-6 win over New England. **12/24** Dave Krieg throws three touchdown passes and Curt Warner rushes for 99 yards in 31-7 win over Denver in the AFC Wild Card Game before 60,752 fans in Kingdome. **12/31** Seahawks drive 66 yards in five plays late in the fourth quarter to capture divisional playoff win over Miami, 27-20, before 71,032 fans at the Orange Bowl.

**1984** – **1/8** Los Angeles Raiders defeat the Seahawks, 30-14, in the AFC Championship Game at the Los Angeles Memorial Coliseum before 88,734 fans. **5/1** Seahawks select cornerback Terry Taylor of Southern Illinois as their first-round choice in the annual NFL draft. **9/3** Seahawks win regular season opener for the first time in franchise history, 33-0 over the Cleveland Browns. The enthusiasm is dampened by a knee injury to Curt Warner which will

keep him out for the rest of the season. **10/29** Seahawks post their second shutout of the season with a 24-0 victory over the San Diego Chargers on Monday Night Football. Kenny Easley intercepts a club record three passes and Steve Largent catches three touchdown passes. **11/4** Seahawks set an NFL record by returning four interceptions for touchdowns, including two by Dave Brown, in a 45-0 win over the Kansas City Chiefs. Kenny Easley and Keith Simpson had the other two interception returns for touchdowns. **11/25** Dave Krieg throws for 406 yards and three touchdowns, including an 80-yarder to Daryl Turner on the first play of the game, to lead the Seahawks past Denver, 27-24. Steve Largent catches 12 passes for 191 yards and one score. **12/2** Seahawks clinch playoff berth with a 38-17 win over Detroit as Dave Krieg throws a team record five touchdown passes. **12/15** Seahawks officially retire jersey #12 in honor of their fans, the 12th Man. Seattle becomes the first professional sports franchise to retire a jersey in honor of their fans. **12/22** Seattle eliminates the defending Super Bowl Champion Los Angeles Raiders, 13-7, from the playoffs in the AFC Wild Card Game at the Kingdome. Seahawks rush for 205 yards and force three turnovers, along with registering six sacks, in the victory. **12/29** Miami defeats the Seahawks, 31-10, in an AFC Divisional Playoff Game at the Orange Bowl.

**1985 — 6/18** Seahawks and Northwest College agree to a long-term lease for a new practice and office complex for the club in Kirkland. The facility will be built on 12 acres adjacent to Northwest College. A 36,000-square foot building will house the club's administrative offices, locker room and training facilities. **7/20** Seahawks open their tenth and final training camp at Eastern Washington University in Cheney. **9/8** Curt Warner returns to the Seattle lineup after missing all but the 1984 opener as the Seahawks defeat Cincinnati, 28-24, at Riverfront Stadium. Warner gains 66 yards on 17 carries and scores the game-winning touchdown on an 11-yard run with 7:07 remaining. **9/15** Daryl Turner sets a club record with four touchdown catches and Dave Krieg equals another with five touchdown passes in Seattle's 49-35 victory over the San Diego Chargers at Jack Murphy Stadium. **10/13** Dave Krieg passes for 405 yards and four touchdowns, including a 12-yarder to Paul Skansi for the winning touchdown with 35 seconds remaining, as Seahawks defeat Atlanta, 30-26. Krieg directs the Seahawks 86 yards in 16 plays on the winning drive. **10/21** Ceremonial ground-breaking is held for team's new headquarters. **11/3** Terry Taylor returns an interception 75 yards for a touchdown and blocks a field goal attempt that is recovered by Byron Walker and returned 56 yards for a touchdown in Seattle's 33-3 win over the Los Angeles Raiders at the Kingdome.

**1986 — 4/29** Seahawks select Florida fullback John L. Williams as their first-round draft choice. Williams is the 15th player picked overall. **6/18** Seahawks move into new headquarters on a 12-acre site adjacent to Northwest College in Kirkland. **7/16** Seahawks open their 11th training camp and first in Kirkland. **9/7** Seahawks kickoff their 1986 regular season schedule with a 30-0 victory over the Pittsburgh Steelers at the Kingdome. **10/6** Seahawks defeat San Diego Chargers, 33-7, on Monday Night Football as Steve Largent breaks NFL record for most consecutive games with a pass reception. Largent catches a pass in the 128th straight game in which he participated. **10/19** Jacob Green registers four sacks and Dave Brown intercepts two passes in leading Seattle to a 17-12 win over the eventual Super Bowl champion New York Giants. **11/27** Seahawks defeat the Dallas Cowboys, 31-14, on Thanksgiving Day as Curt Warner runs for 122 yards and Dave Krieg completes 16-of-24 passes for 214 yards and two touchdowns. **12/8** Seattle hands the Los Angeles Raiders their biggest defeat since 1962, 37-0, as Curt Warner gains 116 yards and Dave Krieg passes for 243 yards and two touchdowns. Seattle gains 407 yards in total offense, while the defense holds the Raiders to 138 yards. **12/20** Seahawks close out five-game winning streak and a 10-6 season by defeating eventual AFC Champion Denver, 41-16. The Seahawks gain a season high 536 yards, including a club record 298 yards rushing, led by Curt Warner's 192 yards and three touchdowns on 24 carries.

**1987 — 4/28** Seahawks select University of Pittsburgh linebacker Tony Woods in the first round of the NFL draft. Woods is the 18th player picked. **6/12** Seahawks win lottery for first choice in supplemental draft and select University of Oklahoma linebacker Brian Bosworth. **9/13** After first two regular season games, NFL Players Association calls a strike that will last four weeks. Games for Sunday, September 18, are cancelled. **10/25** Seahawks defeat the Los Angeles Raiders, 35-13, in first game with regulars following the strike. Seattle builds up a 28-0 halftime lead and wins in Los Angeles for the first time since 1983. **12/13** Dave Krieg completes 23-of-33 passes for 238 yards and Ray Butler catches six passes for 107 yards and two touchdowns in leading Seattle past Denver, 28-21, at the Kingdome. **12/20** Seahawks

clinch playoff berth with a 34-21 win over the Chicago Bears at Soldier Field. John L. Williams sparks the offense with a 75-yard touchdown on a screen pass from Dave Krieg and the defense contributes five takeaways. **12/27** Steve Largent catches six passes in a 41-20 loss at Kansas City and becomes the NFL's all-time leading receiver with 751. Largent breaks the previous record of 750 by Charlie Joiner.

**1988** — **1/3** Seahawks close out the 1987 season with a 23-20 overtime loss to the Houston Oilers at the Astrodome in the AFC First-Round Playoff Game. **4/24** Seahawks use their second-round choice in the draft to select University of Miami wide receiver Brian Blades. The Seahawks first-round pick had been exercised in the June 1987 supplemental draft. **8/30** Ken Behring and Ken Hofmann complete their purchase of the Seahawks from the Nordstrom family. **9/4** Seahawks open 13th season with a 21-14 win at Denver over the two-time defending AFC Champion Broncos. Curt Warner scores twice and John L. Williams accounts for 161 yards from scrimmage. It is Seattle's first win in Denver since 1984. **9/18** Steve Largent becomes the NFL's all-time leader in pass receiving yards with 12,167 at San Diego, but the Seahawks lose to the Chargers, 17-6. Largent breaks Charlie Joiner's record of 12,146 yards. **10/2** Rookie quarterback Kelly Stouffer makes his first NFL start for an injured Dave Krieg and leads the Seahawks to a 31-20 win over the Atlanta Falcons in Atlanta. John L. Williams ties a team record with three rushing touchdowns. **11/13** Seahawks defeat the Houston Oilers, 27-24, as Dave Krieg returns after missing seven games with a shoulder separation. Krieg engineers a 10-play drive to set up Norm Johnson's game-winning field goal with less than one second left. **11/28** Dave Krieg equals his own team record with five touchdown passes as Seahawks defeat the Los Angeles Raiders, 35-27, on Monday night in the Kingdome. Curt Warner (130) and John L. Williams (105) become the first pair of Seahawks to each gain over 100 yards rushing in the same game. **12/11** Seahawks score touchdowns on their first six possessions in a 42-17 win over Denver. Curt Warner establishes a team record with four rushing touchdowns. Warner (126) and John L. Williams (109) each top 100 yards rushing. **12/18** John L. Williams accounts for 239 yards of offense, including 180 receiving, and Dave Krieg throws for 410 yards and four scores, as the Seahawks defeat the Los Angeles Raiders, 43-37, in Los Angeles to clinch the first AFC Western Division title in franchise history. **12/31** Seahawks are eliminated from the playoffs by the eventual AFC Champion Cincinnati Bengals, 21-13, in Riverfront Stadium.

**1989** — **2/22** Tom Flores named President/General Manager, replacing Mike McCormack. Flores guided the Los Angeles Raiders to an 83-53 regular season record and two Super Bowl titles in nine seasons, 1979-87, as their head coach. **4/23** Seahawks select Notre Dame tackle Andy Heck with the fifteenth pick of the first round of the draft. **9/10** Seahawks lose regular season opener in Philadelphia, 31-7, and also lose wide receiver Steve Largent for six weeks with a broken elbow. Largent, however, scores Seattle's only touchdown. **10/29** Dave Krieg and Brian Blades combine on a 21-yard touchdown pass with 40 seconds left in a 10-7 win over the San Diego Chargers. The win is the 100th in regular season play for the Seahawks. Blades catches a career high 10 passes for 117 yards. **11/26** Steve Largent ties Don Hutson's NFL record of 99 career receiving touchdowns in the Seahawks 41-14 loss at Denver. **12/4** Dave Krieg ignites a three-game winning streak with 298 yards passing and the game-winning touchdown pass in a 17-16 Monday night win over Buffalo. **12/10** Seahawks win 24-17 at Cincinnati as Dave Krieg throws three touchdown passes. One goes to Steve Largent, the NFL record 100th of his career. **12/17** John L. Williams catches a career high 12 passes for 129 yards as the Seahawks defeat the Los Angeles Raiders, 23-17. **12/23** Seahawks close out the season with a 29-0 loss to the Washington Redskins. In pregame ceremonies, retiring wide receiver Steve Largent is honored and his is the first name inducted in the Seahawks Ring of Honor.

**1990** — **4/22** Seahawks trade four draft choices to the New England Patriots, including two first-round choices, to move up and select University of Miami defensive tackle Cortez Kennedy with the third overall choice. Seahawks also receive a second-round choice from the Patriots which they use to select Syracuse University linebacker Terry Wooden. **8/4** Seahawks play their first-ever international game as they drop a 10-7 preseason decision to the Denver Broncos in Tokyo, Japan. **10/1** Seahawks defeat the Cincinnati Bengals, 31-16, for their first win after opening the season with three consecutive losses. Derrick Fenner scores three touchdowns for the second straight week. **11/11** Seahawks score their first win in Kansas City's Arrowhead Stadium since 1980 as Dave Krieg throws a 25-yard touchdown pass to Paul Skansi as time expires. The PAT gives Seattle a 17-16 win and starts a four-game streak of

games decided on the last play. The win is the 159th of Chuck Knox's career, moving him into seventh place all-time. **11/25** Norm Johnson's 40-yard field goal 3:01 into overtime gives the Seahawks a 13-10 win at San Diego. Seattle forces and recovers a pair of fumbles, the first with 48 seconds left in regulation and the second with 1:34 gone in overtime. **12/2** In almost a replay from the week before, Seattle defeats the Houston Oilers 13-10 in overtime after recovering a fumble. Norm Johnson connects from 42 yards out after David Wyman recovers a Tony Woods-forced fumble. Seahawks become only the third team in NFL history to win back-to-back overtime games. **12/9** The Seahawks defense sets single-game records for fewest rushing first downs (0) and rushing yards allowed (13) in a game in a 20-14 win over the Green Bay Packers in Milwaukee. **12/23** Seattle moves over the .500 mark with a 17-12 win over the Denver Broncos. The Broncos are penalized on the game's last play, negating what would have been a game-winning touchdown pass. **12/30** Derrick Fenner scores two touchdowns for the fourth time as Seattle defeats the Detroit Lions 30-10 in the Kingdome, to finish at 9-7 after an 0-3 start. Fenner ends the season equalling team records for total touchdowns (15) and rushing touchdowns (14), totals that lead the AFC.

**1991 — 4/21** Seahawks select San Diego State quarterback Dan McGwire with the 16th pick on the first round of the 1991 NFL Draft. The 6-8, 243-pound McGwire is the first quarterback ever selected on the first round by Seattle. **4/25** Head Coach Chuck Knox agrees to a two-year contract extension. **8/3** Quarterback Jim Zorn (1976-84) becomes the second person inducted into the Seahawks Ring of Honor. **9/1** Seahawks drop season opener, 27-24, at New Orleans and lose starting quarterback Dave Krieg for six weeks with a broken thumb in the process. Wide receiver Brian Blades sets career highs with 12 receptions, 160 yards, and two touchdowns. **9/8** Jeff Kemp makes his first start since September 25, 1988, and throws two touchdown passes in a 20-13 win over the New York Jets. One goes to Travis McNeal, the first of his career. **9/29** Chris Warren's 59-yard punt return touchdown, the first by a Seahawks player since 1986, sparks a 31-3 win over the visiting Indianapolis Colts. The defense limits the Colts to 137 yards and records five sacks. Rookie first-round draft choice Dan McGwire starts and plays the first half, engineering a 50-yard touchdown drive on his first possession. **10/6** The Seahawks defense stops the Cincinnati Bengals on a 4th-and-four inches short with 29 seconds left to preserve a 13-7 win at Riverfront Stadium. Dwayne Harper and Nesby Glasgow combine for the tackle, which comes at the Seattle 22. **10/20** Dave Krieg returns from missing six games on injured reserve to lead Seattle to a 27-7 win at Pittsburgh. Krieg throws for 266 yards, completing 25-of-31 passes, and two scores. **10/27** John Kasay equals an NFL record with two field goals of 50-or-more yards in a 20-9 win over the San Diego Chargers. Kasay connects from 54 and 51 yards. The 54-yarder equals the team record. **11/24** The defense forces four turnovers and has five sacks, three by Rufus Porter, in a 13-10 win over the eventual AFC West Champion Denver Broncos in the Kingdome. Additionally, the defense twice holds on downs inside Seahawks territory in the game's last 4:49. **12/22** Seattle finishes their 16th season with a 7-9 record after defeating the Los Angeles Rams, 23-9, in the Kingdome. It was the first win by the Seahawks over the Rams in five regular season games. James Jones rushes for a pair of scores, while the defense keeps their third 1991 opponent out of the end zone. **12/27** The Seahawks and head coach Chuck Knox agree to mutually end Knox's nine-year tenure as Head Coach. Knox leaves having compiled an 80-63-0 (55.9%) regular season record. He guided the Seahawks to four playoff appearances, including an AFC West title in 1988 and a berth in the AFC Championship Game in 1983.

**1992 — 1/6** Seahawks President/General Manager Tom Flores is named President/Head Coach. Flores coached nine seasons, 1979-87, with the Oakland/Los Angeles Raiders and compiled an 83-53-0 (61.0%) regular season record. He led the Raiders to two Super Bowl Championships, XV and XVIII, the only Super Bowls won by the AFC in the decade of the 1980's. **1/8** Larry Kennan, Coach of the Year in the World League of American Football in 1991, is named Offensive Coordinator/ Quarterbacks Coach. Kennan guided the London Monarchs to an 11-1 record and WFLA Championship in the league's first season. Kennan served as an NFL assistant with the Los Angeles Raiders (1982-87), Denver Broncos (1988) and Indianapolis Colts (1989-90). **1/9** Seahawks defensive assistants George Dyer (line), Rod Perry (secondary), and Joe Vitt (special assignments), along with John Becker (offensive coordinator/wide receivers) and Chick Harris (running backs) leave the Seahawks to join Chuck Knox with the Los Angeles Rams. **1/11** Seahawks Assistant Head Coach Tom Catlin announces he will stay with the Seahawks as assistant head coach/defense. In addition, Rusty Tillman is promoted from special teams coach to defensive coordinator, Russ Purnell from tight ends and assistant special teams to special teams and tight ends coach, and Paul

Moyer from staff assistant to defensive backfield coach. **1/21** Offensive Line Coach Hudson Houck and Running Backs Coach Clarence Shelton are added to Tom Flores' staff. Both coaches come to the Seahawks from the Los Angeles Rams. **1/22** Bob Bratkowski, offensive coordinator at the University of Miami for the past three seasons, is named wide receivers coach. Bratkowski's father Zeke, is a former NFL quarterback and current NFL assistant coach. **1/23** Tommy Brasher is named defensive line coach. Brasher has coached nine seasons in the NFL and 12 in college. **1/24** Former Seahawks cornerback Dave Brown (1976-86) returns to the club as a defensive assistant. An original member of the Seahawks, Brown still holds career records with 50 interceptions and four interception return touchdowns. **8/22** Dave Brown becomes the third inductee into the Seahawks Ring of Honor around the 200 Level of the Kingdome. **9/6** Cincinnati Bengals spoil Tom Flores' Seahawks coaching debut with a 21-3 Kingdome win. **9/20** Flores gains first win as Seahawks head coach, 10-6 at New England. Cortez Kennedy has four-and-a-half tackles for loss, including three sacks, to lead the defense while Chris Warren rushes for 122 yards and one score on 24 carries to lead the offense. It's Warren's first career 100-yard game. **11/8** Chris Warren's 103 yards aren't enough as the Washington Redskins post a 16-3 Kingdome win. **11/22** Chris Warren rushes for a career-high 154 yards, including a touchdown, but the Kansas City Chiefs take a 24-14 win. **11/30** In pregame ceremonies, play-by-play broadcaster Pete Gross is inducted into the Seahawks Ring of Honor. The Seahawks then defeat the Denver Broncos 16-13 in overtime, snapping an eight-game losing streak. Brian Blades makes his first appearance since injuring his shoulder on opening day and catches the game-tying touchdown pass on the game's last play. John Kasay's 32-yard field goal 11:10 into overtime is the winner. The game also is the team record third straight that the Seahawks defense held the opposition to under 200 total yards. **12/2** KIRO Newsradio 710's Pete Gross, the only play-by-play broadcaster in the Seahawks 17-year history, dies after a four-year battle with cancer. **12/6** The Pittsburgh Steelers take a 20-14 comeback win in Pittsburgh, despite Eugene Robinson's record-equalling three interceptions. **12/13** Roger Ruzek's 44-yard field goal as time expires in overtime gives the visiting Philadelphia Eagles a 16-13 win. The game is the longest in Seattle's history (75:00). **12/27** Seattle closes out the regular season with a 31-14 Kingdome loss to the AFC West Champion San Diego Chargers. Chris Warren becomes only the second player in franchise history to rush for 1,000 yards, finishing the season with 1,017.

**1993 — 1/19** David Behring, son of majority owner Ken Behring, is named team President. Tom Flores is named General Manager/Head Coach, while Player Personnel Director Mike Allman is placed in charge of both professional and college personnel. **1/28** Howard Mudd is named offensive line coach replacing Hudson Houck, who joined the Dallas Cowboys. Mudd is an eight-year NFL veteran guard and a 19-year NFL assistant, including a stint with the Seahawks from 1978-82. **2/5** Phil Neri, a Seahawks scout since 1985, is named College Scouting Director. **3/12** Ferrell Edmunds, two-time Pro Bowl tight end with the Miami Dolphins, signs as an unrestricted free agent. Edmunds, a five-year veteran, is the first free agent to sign with the Seahawks under the NFL new free agency system. **4/1** Wide receiver Kelvin Martin of the Super Bowl champion Dallas Cowboys is signed as an unrestricted free agent. **4/14** Linebacker Kevin Murphy signs with Seattle. **4/20** Four-time Pro Bowl center Ray Donaldson signs with the Seahawks as a free agent. **4/22** Buffalo guard Mitch Ferrotte signs with the Seahawks as an unrestricted free agent. **4/25** University of Notre Dame quarterback Rick Mirer is selected by the Seahawks on the first round of the NFL draft. Mirer is the second player chosen overall. **9/19** Chris Warren rushes a club record 36 times for a personal best 174 yards in a 17-14 win over the Patriots in New England, Seattle's first win after two losses. **9/26** Rod Stephens' fumble recovery in the end zone provides the winning touchdown in a 19-10 win at Cincinnati. **10/3** Seattle makes it three straight with a 31-14 win over the San Diego Chargers in the Kingdome. Rookie Rick Mirer passes for 282 yards and a score and also rushes for a touchdown. The three-game winning streak is the Seahawks longest since 1990. **10/24** Rick Mirer throws the game-winning touchdown pass to Brian Blades with 25 seconds left in a 10-9 win over New England in the Kingdome. **11/14** Eugene Robinson records 11 tackles, two interceptions, two forced fumble, and one fumble recovery to spark a 22-5 win over the visiting Cleveland Browns. In all, the Seahawks defense forces seven turnovers and accounts for a touchdown and a safety. **12/26** Chris Warren rushes for 168 yards to become the second Seattle player to have back-to-back 1,000-yard seasons, but the Phoenix Cardinals tie the game on the last play of regulation and go on to a 30-27 overtime win in the Kingdome. **12/26** Jon Vaughn, who learned during warmups that he would start for an injured Chris Warren (abdominal muscle), rushes for a career-high 131 yards in a

16-6 win over the Pittsburgh Steelers. Seattle gains 267 yards rushing, giving them back-to-back 200-yard rushing games for the first time in franchise history.

**1994** — **1/2** The Seahawks finish the season 6-10 after dropping a 34-24 decision to the AFC West Champion Kansas City Chiefs in Arrowhead Stadium. John L. Williams rushes for 102 yards, to give the Seahawks three straight games with an individual over 100 yards, a franchise first. Rick Mirer becomes the first rookie quarterback since 1973 to start all his team's games and only the third since the 1970 merger. Mirer ends the season with NFL rookie passing records for attempts (486), completions (274), and yards (2,833), while helping to improve Seattle's win total by four games. **2/24** Nate Odomes, two-time Pro Bowl cornerback of the Buffalo Bills signs as a free agent. **2/28** Odomes' Buffalo teammate and fellow two-time Pro Bowler, tackle Howard Ballard signs as a free agent. **4/24** Texas A&M University defensive tackle Sam Adams is the Seahawks first-round draft choice. Adams is the eighth player picked on the first round. **7/19** Kingdome ceiling tiles fall from roof forcing closure of the building until November 5. Seahawks play both preseason games and first three regular season games in the University of Washington's 72,500 seat Husky Stadium. **8/13** Seahawks play first-ever outdoor game in Seattle defeating Tampa Bay Buccaneers, 29-6, in Husky Stadium. **9/4** Seahawks capture season opener for first time since 1988 with a 28-7 win at the Washington Redskins, as Chris Warren rushes for 100 yards and two touchdowns. The win is the 100th in the career of Head Coach Tom Flores. **9/11** Chris Warren scores two touchdowns for the second straight week as Seahawks go 2-0 with a 38-9 win over the Raiders in Los Angeles. Rick Mirer tosses three touchdown passes. **9/18** San Diego Chargers stop Seahawks two-game winning streak, 24-10, before Seahawks record crowd of 65,536 in Husky Stadium. **9/25** Chris Warren earns AFC Offensive Player of the Week honors in a 30-13 win over the visiting Pittsburgh Steelers. Warren rushes for 125 yards and a touchdown, while the Seahawks defense intercepts four passes. **11/6** Cincinnati Bengals spoil Seahawks return to Kingdome with a 20-17 overtime win. Doug Pelfrey kicks six field goals, including a 26-yarder 8:14 into overtime for the win. **11/20** Mack Strong's seven-yard touchdown run with 42 seconds left gives Seahawks a 22-21 win over the visiting Tampa Bay Buccaneers, breaking a six-game losing streak. **11/27** Seahawks defeat Kansas City 10-9 behind John Kasay's 32-yard field goal with 1:42 left. The back-to-back one-point wins are a franchise first. Chris Warren surpasses the 1,000-yard mark in the 12th game, the earliest in team history. Curt Warner inducted into Ring of Honor. **12/11** Chris Warren rushes for a personal best 185 yards on 30 carries, including a touchdown in a 16-14 win at Houston. Warren, playing with cracked ribs, had 183 of his yards in the first three quarters. **12/18** Chris Warren tops 100 yards for the seventh time with 122, but the Los Angeles Raiders escape with a 17-16 Kingdome win. **12/24** Cleveland Browns defeat the Seahawks 35-9 in Cleveland Stadium, closing out a 6-10 season. Chris Warren finishes the season with a franchise record 1,545 rushing yards, a total that leads the AFC. **12/29** Tom Flores, Seahawks general manager/head coach from 1992-94, is relieved of his duties. Flores, who joined the organization in 1989 as president/general manager, compiled a 14-34 regular season record. All 12 of Flores' assistants were also fired.

**1995** — **1/12** Dennis Erickson, head coach at the University of Miami, is named head coach. In six seasons at Miami, Erickson compiled a 63-9-0 record and won national championships in 1989 and 1991. A native of Everett, Washington, Erickson posted a 113-40-1 record in 13 seasons as a college head coach at the University of Idaho, University of Wyoming, Washington State University, and Miami. Erickson brings six coaches with him from Miami, Gregg Smith (Assistant Head Coach/Tight Ends), Greg McMackin (Defensive Coordinator), Dave Arnold (Special Teams), Dana LeDuc (Strength and Conditioning), Rich Olson (Quarterbacks), and Willy Robinson (Defensive Backs). In addition he retains Bob Bratkowski (Offensive Coordinator/Wide Receivers), Tommy Brasher (Defensive Line), Tom Catlin (Quality Control), Dave Brown (Defensive Coach), Arnie Matsumoto (Staff Assistant), Howard Mudd (Offensive Line), and Clarence Shelmon (Running Backs) from the previous staff. **1/28** Wide Receiver Steve Largent becomes the first Seahawks player to be elected into the Pro Football Hall of Fame. Largent was elected in his first year of eligibility. He played his entire NFL career with Seattle from 1976-89, and retired in possession of six NFL receiving marks, including most receptions (819), yards (13,089), touchdowns (100), and consecutive games with a reception (177). Largent's presenter for induction is Seahawks' Vice President Gary Wright. **2/9** Mike Murphy, a nine-season NFL coaching veteran, is named linebackers coach. Murphy coached with the Detroit Lions and Arizona Cardinals, prior to serving one year in the Pro Personnel Department of the Carolina Panthers. **4/22** Seahawks select Ohio State University wide

receiver Joey Galloway with the eighth pick in the first round of the NFL draft. Galloway is the second wide receiver chosen overall and the first ever picked by the Seahawks on the first round of the draft. **7/29** Steve Largent is formally inducted into the Pro Football Hall of Fame. **8/12** Seahawks officially retire Largent's #80 jersey. **9/3** Seahawks lose NFL debut of Head Coach Dennis Erickson, 34-10, to the Kansas City Chiefs in the Kingdome. Jacob Green was inducted into the Ring of Honor. **9/17** Erickson gains first career win, 24-21, over the Cincinnati Bengals in the Kingdome. Chris Warren rushes for 109 yards. **11/5** Rookie Joey Galloway returns a punt a club record 89 yards for a touchdown to spark a 30-28 win over the visiting New York Giants. Brian Blades has two first quarter touchdown receptions. The win snaps a four-game losing streak and ignites a streak of six wins in seven games. **11/12** Galloway strikes again, this time on an 86-yard run from scrimmage in a 47-30 win over the Jaguars in Jacksonville. His run is a club record and is an NFL-long for 1995, as was his punt return. Galloway accounts for 237 all-purpose yards and three touchdowns, including five receptions for 114 yards and two scores receiving. **11/19** Seattle posts a 27-20 win over the Redskins in Washington, D.C., completing a two-game, 10-day road trip. Chris Warren rushes for a season-high 136 yards and one score, quarterback Rick Mirer throws two touchdown passes and Robert Blackmon has two interceptions. The Seahawks stayed in Jacksonville between games. **12/3** Todd Peterson kicks four field goals in a 26-14 win over the Philadelphia Eagles. **12/10** Quarterback John Friesz engineers three fourth quarter touchdown drives in a 31-27 win over the Broncos in Denver. Seattle rallies from a 20-0 second quarter deficit for the win, the greatest comeback in franchise history. Friesz throws for two touchdowns, including the game-winner to Chris Warren with 49 seconds left. Antonio Edwards' club record 83-yard return of a Robert Blackmon-forced fumble in the third quarter, ignites the rally. **12/17** Chris Warren scores three touchdowns in a 44-10 win over the Oakland Raiders. The win is Seattle's eighth of the year, their most since 1990. **12/24** AFC Western Division champion Kansas City Chiefs end the Seahawks postseason bid with a 26-3 win in Arrowhead Stadium.

**1996** — **2/2** Team owner Ken Behring announces that he is moving the franchise. **4/20** Ken Behring and Seattle native Paul Allen enter into an exclusive 14-month option for Allen to purchase the Seahawks. Allen can exercise the option at anytime until July 1, 1997. Allen is named Chairman of Football Northwest, Inc., with Bert Kolde serving as Vice Chairman and Bob Whitsitt as President. Seahawks select Boston College tackle Pete Kendall on the first round with the 21st overall pick. Seattle had traded down twice in the first round, acquiring defensive tackle Glenn Montgomery from the Houston Oilers in the first deal and adding an extra third round pick from the Detroit Lions in the second. **9/1** Seahawks start 21st season with 29-7 loss at San Diego. **9/22** Lamar Smith's 14-yard run with 31 seconds left gives Seahawks a 17-13 win at Tampa Bay, their first win after three losses. **10/6** John Friesz throws touchdown passes of 51, 65 and 80 yards, the latter with 2:03 left to Brian Blades, for a 22-15 win at Miami. **11/3** Michael McCrary blocks Houston's game-winning field goal with 16 seconds left, recovers it, and laterals to Robert Blackmon to complete a 68-yard touchdown return to give Seattle a 23-16 win. John Friesz throws for 323 yards, Seattle's first 300-yard passing game since 1990. **11/10** Seattle completes three wins in three home games by defeating the Minnesota Vikings, 42-23. **11/17** Seattle misses a last play field goal in 17-16 loss at the Detroit Lions. Lamar Smith rushes for a career high 148 yards in his first career start. Seahawks also lose quarterback John Friesz for remainder of the season with a broken leg. **12/8** Seahawks snap three-game losing streak with 26-18 win over visiting Buffalo Bills. Chris Warren rushes for 116 yards, his franchise record 24th career 100-yard game. **12/22** Seahawks close season with 28-21 win at Oakland. Seattle forces seven turnovers and wins with backup quarterbacks Stan Gelbaugh and Gino Torretta playing for John Friesz (broken leg) and Rick Mirer (quadriceps). Torretta passes 32 yards to Joey Galloway for his first career touchdown. Lamar Smith rushes for two touchdowns.

**1997** — **2/14** Seahawks make first strike in free agency signing Steelers Pro Bowl linebacker Chad Brown. Brown's signing is followed two days later with that of Pittsburgh teammate cornerback Willie Williams. **2/18** Quarterback Rick Mirer is traded to the Chicago Bears for a first-round draft choice. Seattle now has the 11th and 12th picks overall in the April 19-20 NFL draft. **3/5** Seahawks announce a return of their training camp to Eastern Washington University in Cheney, Washington. Seattle trained at Eastern from 1976-85, before training year-around at their Kirkland Headquarters. **3/6** Detroit Lions safety Bennie Blades is signed as a free agent reuniting him with his brother, Brian. **3/7** Former University of Washington

quarterback Warren Moon signs as a free agent after 13 seasons with the Houston Oilers (1984-93) and Minnesota Vikings (1994-96). Moon ranks fourth in league history in attempts (6,000), completions (3,514), and yards (43,787), and is tied for seventh in touchdowns (254).

**3/28** Seattle trades their first-round pick obtained from the Bears, to Atlanta for the Falcons first-round pick, the third overall. Seattle also sends second and fourth rounders to Atlanta and the Falcons flip-flop their third round choices. **4/19** After selecting Ohio State cornerback Shawn Springs with the third overall choice, Seattle sends the 12th overall choice and a third-round pick to the Tampa Bay Buccaneers for the sixth overall choice. That pick is used on Florida State University tackle Walter Jones. It is the first time in their history that the Seahawks have utilized two first-round draft choices. **4/25** Washington State Legislature passes Seahawks Stadium Funding Plan, Referendum 48. The bill sets a statewide vote for June 17. **6/17** Washington state voters approve Referendum 48 by a 51.1 percent to 48.9 percent margin (820,354 yes, 783,584 no), including a 56.4 percent margin (275,358 yes, 213,092 no) in King County. **6/23** Metropolitan King County Council votes 9-3 to approve a new football stadium for the Seahawks. **6/30** Bob Whitsitt, President of Football Northwest, signs paperwork to purchase Seahawks from Ken Behring. **7/15** Seahawks open training camp at Eastern Washington University in Cheney, returning after an 11-year absence. **8/19** Football Northwest is approved as the Seahawks owners by the member clubs of the NFL. **8/31** Seattle loses season opener to New York Jets, 41-3, in the Kingdome and quarterback John Friesz for nine weeks with a broken right thumb. **9/14** Seahawks hold Indianapolis Colts to a franchise low 118 yards for their first win, 31-3, in Indianapolis. The 28-point margin of victory is the largest for Seattle on the road. **10/5** Seattle embarks on three-game winning streak by beating the Tennessee Oilers, 16-13, in Kingdome. Steve Broussard scores on 77 and 43 yard runs within three second half carries overcoming a 10-0 deficit. Broussard rushes for 138 yards on just 6 carries. **10/26** Warren Moon throws a team record-equalling five touchdown passes, including three to Joey Galloway, in a 45-34 win over the Oakland Raiders. His 409 yards is third in team history for a single game and is an NFL high for 1997. **11/9** Moon connects with Galloway on a game-winning 40-yard touchdown pass at San Diego with 2:20 left. The 37-31 win is marred by a season-ending broken ankle suffered by six-time Pro Bowl defensive tackle Cortez Kennedy. **11/28** Seahawks open their first retail store, the Seahawks EndZone Store, in Seattle's Pioneer Square area, two blocks from the Kingdome. **12/14** Quarterback Jon Kitna makes his first career start and guides Seattle to a 22-21 win at Oakland, overcoming a 21-3 halftime deficit. Kitna throws for 283 yards and one score in becoming the sixth first-time quarterback starter in team history to win his debut. Todd Peterson's 49-yard field goal with 2:20 left is the winner. Seattle's win was their fifth of the season after overcoming a 10-point deficit, equalling the most in the NFL since 1970. **12/21** Seattle closes out season with a 38-9 win over the San Francisco 49ers. Warren Moon throws four touchdown passes and sets single season records for completions (313) and yards (3,378). Pro Bowl free safety Darryl Williams co-leads the AFC in interceptions with 8, while Pro Bowl defensive end Michael Sinclair has 12 sacks.

**1998** — **1/16** Seahawks announce ticket restructure, increasing the number of \$10 tickets, the lowest ticket price in the NFL, to slightly more than 10,000. **2/1** Warren Moon named MVP of Pro Bowl while leading AFC to 29-24 win. **1/16** Offensive Line Coach Howard Mudd leaves the Seahawks for Indianapolis Colts. **1/17** Linebackers Coach Mike Murphy also joins the Colts staff. **1/30** Coaches Clarence Shelmon (running backs) joins Dallas and Ned James (defensive assistant) joins the New Orleans Saints. **2/2** Offensive assistant Jim Zorn leaves for the Detroit Lions. **2/4** Seattle names Jim Johnson linebackers coach. **2/6** Hired Bill Meyers as assistant offensive line coach and announced the club had agreed to terms with Washington Redskins' special teams coach Pete Rodriguez. **2/10** Named Milt Jackson receivers coach. **2/24** Seattle signs three-time Pro Bowl center, Kevin Glover. **2/26** Seahawks name Tim Lappano running backs coach and Eric Yarber to the position of offensive quality control. **3/4** Seahawks make one of the biggest off-season splashes in free agency when the club signs Philadelphia Eagles running back Ricky Watters to a free agency contract. **3/6** The club agrees to terms with unrestricted free agent guard Brian Habib of the Super Bowl Champion Denver Broncos. **4/18** Linebacker Anthony Simmons from Clemson is the team's first-round pick, 15th overall, in the draft. **9/6** The Seahawks open the 1998 season with a 36-0 shutout over the Philadelphia Eagles at Veterans Stadium. The Seahawks would go on to one of the team's best starts ever, with three straight victories to open the year. **12/28** A day after completing its second consecutive 8-8 season, the club relieves Dennis Erickson of his coaching duties.

**1999** — **1/8** Team President Bob Whitsitt appoints Mike Holmgren to the position of Executive Vice President of Football Operations/General Manager & Head Coach. The Seahawks surrender a second-round choice in the 1999 draft to the Green Bay Packers as compensation. **1/14** Holmgren hires Mike Sherman (Offensive Coordinator/Tight Ends), Fritz Shurmur (Defensive Coordinator), Tom Lovat (Offensive Line), Larry Brooks (Defensive Line), Nolan Cromwell (Wide Receivers), Jim Lind (Linebackers), Ken Flajole (Defensive Backs), Kent Johnston (Strength & Conditioning), and the retention of Pete Rodriguez (Special Teams). **1/19** Mike Sheppard named Quarterbacks coach. **1/26** Mike Reinfeldt named Senior Vice President. **1/28** Stump Mitchell named Running Backs coach. **1/29** Rod Springer named assistant Strength & Conditioning coach. **2/5** Jerry Colquitt (Offensive Quality Control) and Clayton Lopez (Defensive Quality Control) named to coaching staff. **2/14** Sign unrestricted free agent WR Sean Dawkins. **4/17** Select DE Lamar King (Saginaw Valley State) with the 22nd pick in the first round of the 1999 NFL Draft. **5/26** Defensive Coordinator Fritz Shurmur takes a leave of absence for health reasons. **6/7** Holmgren hires former Buffalo Bills' Assistant Coach Dick Roach to the position of defensive assistant. Linebackers coach Jim Lind is given the added responsibility of coordinating the defense. **8/30** Seahawks defensive coordinator Fritz Shurmur succumbs to liver cancer. **11/28** The Seahawks defeat the Kansas City Chiefs in Arrowhead Stadium to cap a five-game winning streak and take the season record to 8-2.

**2000** — **1/2** The Seahawks finish the 1999 season with a 19-9 loss at the New York Jets, but reach the playoffs for the first time since 1988 with the team's second AFC West Championship. The team's 9-7 record is the best mark since 1990. DT Cortez Kennedy is voted to a team-record eighth Pro Bowl along with teammates LB Chad Brown and T Walter Jones. **1/9** Seahawks lose their first playoff game in 11 years when they fall to the Miami Dolphins, 20-17, in the final game played at Seattle's Kingdome. **1/12** Mike Holmgren names Steve Sidwell defensive coordinator. Defensive Assistant Bob Zeman announces his retirement from coaching. **1/20** Holmgren names Gil Haskell offensive coordinator. **1/21** Holmgren names Johnny Holland assistant special teams/assistant strength and conditioning coach. **1/28** Holmgren names Ted Thompson vice president/football operations. **2/12** WR Joey Galloway is traded to the Dallas Cowboys for first-round draft choices in 2000 and 2001. **3/26** Seattle's Kingdome is imploded, to make space for the new football/soccer stadium and exhibition hall, which will be located on the same site. **4/15** Seahawks select Alabama running back Shaun Alexander and Wisconsin tackle Chris McIntosh in the first round of the NFL draft. **4/28** Seattle names John Schneider director of player personnel. **5/10** Scot McCloughan appointed as director of college scouting. **5/15** Bucky Brooks and Mike Murphy named area scouts. **6/1** Former Seahawks safety Eric Stokes and Matt Malaspina named area scouts. **7/5** Seahawks hire Brian Davis for radio play-by-play. **9/3** Seattle loses to Miami in season opener, 23-0, marking the first time the Seahawks were shut out in seven years. **9/10** Seattle opens a two-year stint at Husky Stadium with a loss to the defending Super Bowl Champion St. Louis Rams in a 37-34 shootout. **10/15** Seahawks return man Charlie Rogers sets team single-game record with 198 kickoff return yards and 215 combined return yards versus Indianapolis. **11/12** QB Jon Kitna earns AFC Offensive Player of the Week for 22 of 33, 231-yard, three-touchdown performance at Jacksonville. **12/23** Charlie Rogers returns four kickoffs for 171 yards, which included an 81-yard touchdown, versus Buffalo to establish an AFC single-season record with 2,094 combined return yards (punt and kickoff).

**2001** — **1/2** Mike Holmgren names Mark Michaels assistant special teams coach. **2/16** Former Seahawks QB Jim Zorn is named quarterbacks coach. **2/28** A 6.8 magnitude earthquake hit the Seattle area damaging the Seahawks marketing headquarters at Palmer Court, forcing them to move out of the building. The new stadium was not damaged and workers resumed construction less than one week later. **3/2** Seattle trades a third-round draft choice and switches first-round picks with Green Bay for QB Matt Hasselbeck. **3/3** Seattle signs free agent DT John Randle. **3/8** DT Cortez Kennedy is released. **3/9** Seattle signs free agent DT Chad Eaton. **3/16** Seattle names Lance Lopes to serve as General Counsel. **4/9** Seattle signs free agent LB Levon Kirkland. **4/12** Seahawks sign a three-year extension with Eastern Washington University to continue its training camp in Cheney. **4/21** Seattle takes North Carolina State wide receiver Koren Robinson with its first overall selection (No. 9) and Steve Hutchinson (No. 17). Selects 12 college players, the most since drafting 11 in 1992, during the two-day draft. **5/22** Seahawks switch conferences from the AFC West to the NFC West, joining the Arizona Cardinals, San Francisco 49ers and the St. Louis Rams following realignment. The Seahawks were a member of the NFC West in their inaugural season in 1976 before

moving to the AFC West in 1977. **6/28** Named Scott Fitterer area scout and named former Kansas City wide receiver Lake Dawson and former Seahawks safety Eric Stokes pro personnel assistants. **8/3** Signed Trent Dilfer to one-year contract to back up Matt Hasselbeck. **9/16** Home game versus Kansas City is postponed due to the terrorist attacks on Tuesday, September 11. **11/11** Shaun Alexander rushed for 266 yards and three touchdowns versus Oakland, including a team-record 88-yard touchdown.

**2002** — **1/2** Seahawks DT John Randle and T Walter Jones selected to represent Seahawks in the Pro Bowl. **1/6** The Seahawks played their final game at Husky Stadium before moving into their new downtown stadium. Trent Dilfer finished the season 4-0, extending his consecutive unbeaten record as a starter to 15-0. **2/22** Released defensive end Michael Sinclair following 11 years of service. **3/1** The Seahawks announced a new logo and colors; Seahawks blue, Seahawks navy and Seahawks bright green. **3/5** Re-signed Trent Dilfer to be the starting quarterback for the 2002 season. **3/27** The Seahawks unveiled new uniforms at the team's new stadium, the first significant uniform change in the team's 26-year history. For the first time in the NFL, a club allowed fans to choose part of the team's uniform ensemble (the helmet). In a weeklong contest, a total of 64,513 fans voted with an overwhelming 49,447 (76.6%) voting for the new Seahawks blue helmet. The traditional silver helmet received 15,066 (23.4%) votes. (Marked the first time in NFL history that a team allowed fans to choose any part of the teams' uniform ensemble.) **4/2** Bill Laveroni named assistant offensive line coach. **4/19** Traded quarterback Brock Huard to Indianapolis for the Colts fifth-round draft choice in the 2002 draft. **4/20** Seahawks selected Washington Husky tight end Jerramy Stevens in the first round of the NFL Draft, the first tight end selected by the team in the opening round. **5/4** Fieldturf installation completed in Seahawks Stadium. **5/15** Seahawks Stadium and Exhibition Center announced as interim name until a permanent naming rights sponsor is found; FGI announces the project will come in on budget, a month earlier than anticipated. **6/21** Traded CB Ike Charlton to Jacksonville Jaguars for an undisclosed draft choice. **7/20** Seahawks Stadium Grand Opening begins with Public Fanfare Days, followed by three weeks of public open houses. **8/3** Seahawks take the field in Seahawks Stadium for the first time in a preseason scrimmage. **8/10** Seahawks play their first game in Seahawks Stadium, a preseason loss to the Indianapolis Colts, 28-10. **9/15** Seahawks play their Inaugural Game in Seahawks Stadium versus the Arizona Cardinals, a 24-13 loss. **9/29** Shaun Alexander scores an NFL-record five first-half touchdowns versus the Minnesota Vikings on ESPN Sunday Night Football. **10/29** Place QB Trent Dilfer on injured reserve and signed veteran QB Jeff George for remainder of season. **11/24** Seattle and Kansas City combine for 64 first downs, an NFL record. **12/29** Matt Hasselbeck set a franchise record passing for 449 yards in a 31-28 overtime win at San Diego. Seattle also established 20 club records during the season, including most first downs in a season (347), most yards gained in a game (591 at San Diego), most net yards gained in a season (5,818) and most passing yards in a season (4,257). Seattle finished the season 7-9, third place in the NFC West. **12/31** Mike Holmgren relinquishes his role as general manager, but remains executive vice president of football operations and head coach. Seattle fires defensive coordinator Steve Sidwell, defensive line coach Larry Brooks, defensive backs coach Ken Flajole, linebackers coach Johnny Holland and offensive quality control coach Jerry Colquitt.

**2003** — **1/29** Seahawks hire Dwaine Board as defensive line coach. **2/5** Seattle names Ray Rhodes defensive coordinator. **2/7** Seattle names Teryl Austin defensive backs coach. **2/10** Seattle hires Bob Ferguson as general manager. **2/12** Seattle hires John Marshall as linebackers coach. **3/4** Seattle re-signed unrestricted free agents LB Anthony Simmons and DE Antonio Cochran. **4/26** Seattle selected CB Marcus Trufant from Washington State with the 11th overall pick in the NFL draft. **4/27** Seattle traded a sixth-round selection to the New Orleans Saints for DT Norman Hand. **6/16** Hired Charles Fisher as an area scout. **6/25** Paul G. Allen names Tod Leiweke chief executive officer in charge of all Seahawks business and administration operations. Bob Whitsitt focuses on football operations. **9/7** Seattle opened the season with a compelling 27-10 victory over the Saints, their first season-opening win at home since 1986. **9/14** Seattle recorded first shutout since 1998, and 10th shutout in club history at Arizona. Safety Ken Hamlin earned NFC Defensive Player of the Week honors for his performance. In just his second NFL game, Hamlin had a hand in four of Seattle's six takeaways including the Cardinals first three drives. **10/5** Josh Brown set club record with 58-yard field goal at Green Bay. **10/12** The Seahawks unveiled a flag in the south end zone honoring the Seahawks 12th man. Each game, the Seahawks will have an honorary presenter raise the flag embroidered with the number 12. Twelve fans were selected to present the

inaugural flag. Steve Largent and Mike McCormack were among others to present during the season. The Seahawks held off San Francisco 20-19 on ESPN Sunday Night Football. **10/19** Defeated Chicago 24-17 and secured the best start (5-1) in franchise history. Seattle opened two seasons (1984, 1986) with a 4-1 mark. **11/23** Put up 41 points on one of the best defenses in the NFL, the Baltimore Ravens, but lost in overtime 44-41 after relinquishing a 17-point, fourth-quarter lead. Hasselbeck passed for 333 yards and club-record tying five touchdowns enroute to being voted by fans the NFL/FedEx Air Player of the Week. **11/30** For the first time in franchise history, the club had a 300-yard passer (Hasselbeck-328), 100-yard rusher (Alexander-127) and two, 100-yard receivers (Robinson-122, Jackson-102) in the same game versus Cleveland. Hasselbeck won the NFL/FedEx Air Player of the Week for the second consecutive week. **12/21** With a win over Arizona, the Seahawks finished 8-0 at home for the first time in franchise history. **12/27** Won at San Francisco, 24-17, for the first time since 1979 and secured first 10-win season since 1986. During the season, Hasselbeck became franchise's all-time leading passer (84.1 rating) and set single-season record with 3,841 passing yards and tied for most completions 313.

**2004** — **1/4** Participated in first postseason since 1999, but lost in overtime to the Packers 33-27 in a back-and-forth affair played in 20 degree temperatures. Al Harris returned a Hasselbeck interception 52 yards for the game-ending score. Alexander set club postseason record with three touchdown runs and Hasselbeck became first passer with at least 300 yards in a playoff game. Seahawks offensive line coach Tom Lovat retires. Bill Laveroni takes over offensive line duties. **2/24** Seahawks designate T Walter Jones as franchise player for third consecutive year. **2/26** Senior VP Mike Reinfeldt declined contract offer to remain with Seahawks. **3/4** Seahawks sign unrestricted free agent Grant Wistrom to a multi-year contract. **3/9** WR Darrell Jackson re-signed a multi-year contract with the Seahawks. **3/24-3/31** In cooperation with the Department of Defense Armed Forces Entertainment Office, Seahawks Alex Bannister and Damien Robinson led a Seahawks contingent including former Seahawks receiver Paul Johns and the Sea Gals Show Group on a tour of Southwest Asia, including the countries of United Arab Emirates and Qatar. **3/24** The Seattle Seahawks name Steve Raible as the new "Voice of the Seahawks" for radio broadcasts, and will be joined by Warren Moon as color analyst on the broadcast team. Raible served the previous 22 years as color analyst on Seahawks radio. **5/19** Jay Nienkark named Director of Player Administration and will oversee the team's salary cap. **6/2** Seahawks Stadium is renamed Qwest Field. Introduced Blue Ribbon Partners. **6/8** Martha Fuller named CFO. **8/7** The Seahawks traveled to Portland's PGE Park for "Seahawks Live," an intrasquad scrimmage. **9/26** The Seahawks opened the season 3-0 after shutting out the 49ers 34-0 at Qwest Field. The victory ended the 49ers NFL record of scoring in 420 consecutive games. **10/19** The Seahawks traded a conditional draft choice to the Oakland Raiders for WR Jerry Rice. **11/21** S Michael Boulware turned in one of the most exciting plays of the season when he, with 56 seconds remaining, returned a Dolphins' pass 63 yards for the game-winning touchdown. **12/6** In front of a record crowd at Qwest Field (68,093), the Seahawks hosted a Monday Night Football shootout versus the Cowboys. Matt Hasselbeck passed for 414 yards and three touchdowns, but the Cowboys scored 14 points in just under three minutes to earn a 43-39 victory.

**2005** — **1/2** The Seahawks clinched their first NFC West title after fending off the Atlanta Falcons in the season finale. The Seahawks stopped a two-point conversion attempt at the end of regulation to keep the game from going into overtime. **1/8** The Seahawks hosted the Rams in a Wild Card Playoff game and lost 27-20. A Seahawks bid to tie the game on a fourth-and-4 play from the Rams' 5-yard line with :27 fell incomplete. Matt Hasselbeck joined Dan Fouts and Marc Bulger as the only quarterbacks in NFL history to throw for 300-plus yards in his first two career postseason starts. **1/10** Relieved Mark Michaels from duties as special teams coach. **1/14** Bob Whitsitt was relieved of his duties as president of football operations. **2/3** Mike Reinfeldt is named consultant. **2/10** Bob Casullo is named special teams coach. **2/16** T Walter Jones signed a multi-year contract. **2/22** Matt Hasselbeck signed a multi-year contract. Bob Ferguson was relieved of his duties as general manager. Shaun Alexander was named franchise player. **2/23** Tim Ruskell was introduced as the Seahawks' president of football operations and became the primary decision maker regarding all player and personnel decisions, including oversight of the club's pro and college scouting departments. **3/24** Mike Reinfeldt named Vice President of Football Administration. **4/21** Signed LB Jamie Sharper and former University of Washington WR Jerome Pathon. Released veteran LB Chad Brown.

## CAREER TOP TEN

### GAMES PLAYED

Player, Seasons	No.
1 Joe Nash, 1982-96	218
2 Steve Largent, 1976-89	200
3 Jacob Green, 1980-91	178
4 Jeff Bryant, 1982-93	175
5 Eugene Robinson, 1985-95	170
6 Cortez Kennedy, 1990-00	167
<b>7 Mack Strong, 1993-</b>	<b>164</b>
8 Dave Brown, 1976-86	159
9 Brian Blades, 1988-98	156
10 Keith Butler, 1978-87	146

### GAMES STARTED

Player, Seasons	No.
1 Steve Largent, 1976-89	197
2 Jacob Green, 1980-91	176
3 Joe Nash, 1982-96	169
4 Jeff Bryant, 1982-93	167
5 Dave Brown, 1976-86	159
6 Cortez Kennedy, 1990-00	153
7 Eugene Robinson, 1985-95	152
8 Keith Butler, 1978-87	132
9 Brian Blades, 1988-98	122
10 Edwin Bailey, 1981-91	120

### POINTS SCORED

Player, Seasons	No.
1 Norm Johnson, 1982-90	810
2 Steve Largent, 1976-89	608
3 Todd Peterson, 1995-99	555
<b>4 Shaun Alexander, 2000-</b>	<b>432</b>
5 Curt Warner, 1983-89	372
6 John Kasay, 1991-94	341
7 Efen Herrera, 1978-81	331
8 Chris Warren, 1990-97	292
9 Rian Lindell, 2000-02	270
10 Joey Galloway, 1995-99	252

### TOTAL TOUCHDOWNS

Player, Seasons	No.
1 Steve Largent, 1976-89	101
<b>2 Shaun Alexander, 2000-</b>	<b>72</b>
3 Curt Warner, 1983-89	62
4 Chris Warren, 1990-97	48
5 Joey Galloway, 1995-99	42
6 Sherman Smith, 1976-82	38
7 Daryl Turner, 1984-87	36
8 Brian Blades, 1988-98	34
<b>Darrell Jackson, 2000-</b>	<b>34</b>
10 John L. Williams, 1986-93	33

### FIELD GOALS

Player, Seasons	No.
1 Norm Johnson, 1982-90	159
2 Todd Peterson, 1995-99	126
3 John Kasay, 1991-94	82
4 Efen Herrera, 1978-81	64
5 Rian Lindell, 2000-02	58
<b>6 Josh Brown, 2003-</b>	<b>45</b>
7 John Leypoldt, 1976-77	17
8 Kris Heppner, 2000	6
9 Wilson Alvarez, 1981	3
10 Scott Hagler, 1987	2

### FIELD GOAL ATTEMPTS

Player, Seasons	No.
1 Norm Johnson, 1982-90	228
2 Todd Peterson, 1995-99	154
3 John Kasay, 1991-94	105
4 Efen Herrera, 1978-81	92
5 Rian Lindell, 2000-02	78
<b>6 Josh Brown, 2003-</b>	<b>55</b>
7 John Leypoldt, 1976-77	30
8 Kris Heppner, 2000	9
9 Wilson Alvarez, 1981	7
10 Don Bitterlich, 1976	4

### POINT AFTER TOUCHDOWNS

Player, Seasons	No.
1 Norm Johnson, 1982-90	333
2 Todd Peterson, 1995-99	177
3 Efen Herrera, 1978-81	139
4 Rian Lindell, 2000-02	96
5 John Kasay, 1991-94	95
<b>6 Josh Brown, 2003-</b>	<b>88</b>
7 John Leypoldt, 1976-78	59
8 Wilson Alvarez, 1981	14
9 Kris Heppner, 2000	8
10 Don Bitterlich, 1976	7

### PAT ATTEMPTS

Player, Seasons	No.
1 Norm Johnson, 1982-90	338
2 Todd Peterson, 1995-99	177
3 Efen Herrera, 1978-81	148
4 John Kasay, 1991-94	97
5 Rian Lindell, 2000-02	96
<b>6 Josh Brown, 2003-</b>	<b>88</b>
7 John Leypoldt, 1976-78	59
8 Wilson Alvarez, 1981	15
9 Kris Heppner, 2000	8
10 Don Bitterlich, 1976	7

## RUSHING ATTEMPTS

Player, Seasons	No.
1 Curt Warner, 1983-89	1,649
2 Chris Warren, 1990-97	1,559
<b>3 Shaun Alexander, 2000-</b>	<b>1,347</b>
4 John L. Williams, 1986-93	1,148
5 Ricky Watters, 1998-01	994
6 Sherman Smith, 1976-82	810
7 Dan Doornink, 1979-85	463
8 Derrick Fenner, 1989-91	317
9 Jim Zorn, 1976-84	307
10 David Hughes, 1981-85	294
Dave Krieg, 1980-91	294

## RUSHING YARDS

Player, Seasons	No.
1 Chris Warren, 1990-97	6,706
2 Curt Warner, 1983-89	6,705
<b>3 Shaun Alexander, 2000-</b>	<b>5,937</b>
4 John L. Williams, 1986-93	4,579
5 Ricky Watters, 1998-01	4,009
6 Sherman Smith, 1976-82	3,429
7 Dan Doornink, 1979-85	1,530
8 Jim Zorn, 1976-84	1,494
9 Lamar Smith, 1994-97	1,286
10 David Sims, 1977-79	1,174

## RUSHING TOUCHDOWNS

Player, Seasons	No.
<b>1 Shaun Alexander, 2000-</b>	<b>62</b>
2 Curt Warner, 1983-89	55
3 Chris Warren, 1990-97	44
4 Sherman Smith, 1976-82	28
5 Ricky Watters, 1998-01	22
6 Derrick Fenner, 1989-91	19
David Sims, 1977-79	19
8 Jim Zorn, 1976-84	17
John L. Williams, 1986-93	17
10 Dan Doornink, 1979-85	14

## PASSING ATTEMPTS

Player, Seasons	No.
1 Dave Krieg, 1980-91	3,576
2 Jim Zorn, 1976-84	2,992
<b>3 Matt Hasselbeck, 2001-</b>	<b>1,727</b>
4 Rick Mirer, 1993-96	1,523
5 Jon Kitna, 1997-00	1,130
6 Warren Moon, 1997-98	786
7 Kelly Stouffer, 1988-92	437
8 John Friesz, 1995-98	416
9 Trent Dilfer, 2001-04	356
10 Stan Gelbaugh, 1992-96	273

## PASSING COMPLETIONS

Player, Seasons	No.
1 Dave Krieg, 1980-91	2,096
2 Jim Zorn, 1976-84	1,593
<b>3 Matt Hasselbeck, 2001-</b>	<b>1,035</b>
4 Rick Mirer, 1993-96	814
5 Jon Kitna, 1997-00	658
6 Warren Moon, 1997-98	458
7 John Friesz, 1995-98	228
8 Kelly Stouffer, 1988-92	225
9 Trent Dilfer, 2001-04	196
10 Stan Gelbaugh, 1992-95	131

## PASSING YARDS

Player, Seasons	No.
1 Dave Krieg, 1980-91	26,132
2 Jim Zorn, 1976-84	20,122
<b>3 Matt Hasselbeck, 2001-</b>	<b>12,321</b>
4 Rick Mirer, 1993-96	9,094
5 Jon Kitna, 1997-00	7,552
6 Warren Moon, 1997-98	5,310
7 John Friesz, 1995-98	2,971
8 Trent Dilfer, 2001-04	2,560
9 Kelly Stouffer, 1988-92	2,333
10 Jeff Kemp, 1987-91	1,735

## TOUCHDOWN PASSES

Player, Seasons	No.
1 Dave Krieg, 1980-91	195
2 Jim Zorn, 1976-84	107
<b>3 Matt Hasselbeck, 2001-</b>	<b>70</b>
4 Jon Kitna, 1997-00	49
5 Rick Mirer, 1993-96	41
6 Warren Moon, 1997-98	36
7 John Friesz, 1995-98	16
8 Trent Dilfer, 2001-04	13
9 Jeff Kemp, 1987-91	9
10 Kelly Stouffer, 1988-92	7
Stan Gelbaugh, 1992-96	7

## PASSES HAD INTERCEPTED

Player, Seasons	No.
1 Dave Krieg, 1980-91	148
2 Jim Zorn, 1976-84	133
3 Rick Mirer, 1993-96	56
<b>4 Matt Hasselbeck, 2001-</b>	<b>48</b>
5 Jon Kitna, 1997-00	45
6 Warren Moon, 1997-98	24
7 Kelly Stouffer, 1988-92	19
8 Jeff Kemp, 1987-91	18
9 Trent Dilfer, 2001-04	14
Steve Myer, 1976-79	14

## TIMES SACKED

Player, Seasons	No.
1 Dave Krieg, 1980-91	341
2 Jim Zorn, 1976-84	200
3 Rick Mirer, 1993-96	138
4 <b>Matt Hasselbeck, 2001-</b>	<b>136</b>
5 Jon Kitna, 1997-00	79
6 Warren Moon, 1997-98	52
7 Kelly Stouffer, 1988-92	50
8 Stan Gelbaugh, 1992-96	36
9 Trent Dilfer, 2001-04	22
10 Dan McGwire, 1991-94	20

QUARTERBACK RATING  
(MINIMUM 100 ATTEMPTS)

Player, Seasons	No.
1 <b>Matt Hasselbeck, 2001-</b>	<b>83.7</b>
2 Dave Krieg, 1980-91	82.3
3 Warren Moon, 1997-98	81.3
4 Brock Huard, 1999-01	80.1
5 John Friesz, 1995-98	78.3
6 Jon Kitna, 1997-00	76.3
7 Trent Dilfer, 2001-04	72.5
8 Jim Zorn, 1976-84	67.8
9 Rick Mirer, 1993-96	65.2
10 Gale Gilbert, 1985-86	64.7

## PASS RECEPTIONS

Player, Seasons	No.
1 Steve Largent, 1976-89	819
2 Brian Blades, 1988-98	581
3 John L. Williams, 1986-93	471
4 <b>Darrell Jackson, 2000-</b>	<b>340</b>
5 Joey Galloway, 1995-99	283
6 Sam McCullum, 1976-81	232
7 Koren Robinson, 2001-04	213
8 Sherman Smith, 1976-82	211
9 Dan Doornink, 1979-85	197
10 Chris Warren, 1990-97	194

## RECEIVING YARDS

Player, Seasons	No.
1 Steve Largent, 1976-89	13,089
2 Brian Blades, 1988-98	7,620
3 <b>Darrell Jackson, 2000-</b>	<b>5,007</b>
4 Joey Galloway, 1995-99	4,457
5 John L. Williams, 1986-93	4,151
6 Sam McCullum, 1976-81	3,409
7 Koren Robinson, 2001-04	3,167
8 Sherman Smith, 1976-82	2,342
9 Mike Pritchard, 1996-99	2,288
10 Tommy Kane, 1988-92	2,034

## RECEIVING TOUCHDOWNS

Player, Seasons	No.
1 Steve Largent, 1976-89	100
2 Daryl Turner, 1984-87	36
Joey Galloway, 1995-99	36
4 Brian Blades, 1988-98	34
<b>Darrell Jackson, 2000-</b>	<b>34</b>
6 Sam McCullum, 1976-81	21
7 John L. Williams, 1986-93	16
8 Ray Butler, 1985-88	13
<b>Itula Mili, 1997-</b>	<b>13</b>
10 Sean Dawkins, 1999-00	12
Koren Robinson, 2001-04	12

## INTERCEPTIONS

Player, Seasons	No.
1 Dave Brown, 1976-86	50
2 Eugene Robinson, 1985-95	42
3 John Harris, 1978-85	41
4 Kenny Easley, 1981-87	32
5 Darryl Williams, 1996-99	20
Shawn Springs, 1997-03	20
7 Keith Simpson, 1978-85	19
8 Willie Williams, 1997-03	17
9 Terry Taylor, 1984-88, 1994	16
10 Robert Blackmon, 1990-96	15
Jay Bellamy, 1994-00	15

## INTERCEPTION RETURN YARDS

Player, Seasons	No.
1 Dave Brown, 1976-86	643
2 Eugene Robinson, 1985-95	586
3 Kenny Easley, 1981-87	528
4 John Harris, 1978-85	425
5 Darryl Williams, 1996-99	402
6 Keith Simpson, 1978-85	338
7 Robert Blackmon, 1990-96	246
8 Dwayne Harper, 1988-93	242
9 Shawn Springs, 1997-03	235
10 Terry Taylor, 1984-88, 1994	202

## INTERCEPTION RETURN FORTD

Player, Seasons	No.
1 Dave Brown, 1976-86	5
2 Keith Simpson, 1978-85	3
Kenny Easley, 1981-87	3
Willie Williams, 1997-03	3
5 John Harris, 1978-85	2
Jacob Green, 1980-91	2
Terry Taylor, 1984-88, 1994	2
Darryl Williams, 1996-99	2
Shawn Springs, 1997-03	2
Darrin Smith, 1998-99	2
Reggie Tongue, 2000-03	2
Anthony Simmons, 1998-04	2

## PUNTS

Player, Seasons	No.
1 Rick Tuten, 1991-97	554
2 Jeff Feagles, 1998-02	385
3 Jeff West, 1981-85	299
4 Herman Weaver, 1977-80	257
5 Ruben Rodriguez, 1987-89	192
6 Tom Rouen, 2003-04	93
7 Rick Engles, 1976-77	84
8 Rick Donnelly, 1990-91	80
9 Vince Gamache, 1986	79
10 David Finzer, 1985	68

## PUNTING YARDS

Player, Seasons	No.
1 Rick Tuten, 1991-97	24,266
2 Jeff Feagles, 1998-02	16,227
3 Jeff West, 1981-85	11,511
4 Herman Weaver, 1977-80	10,182
5 Ruben Rodriguez, 1987-89	7,733
6 Tom Rouen, 2003-04	3,855
7 Rick Donnelly, 1990-91	3,227
8 Rick Engles, 1976-77	3,204
9 Vince Gamache, 1986	3,048
10 David Finzer, 1985	2,766

## INSIDE THE 20

Player, Seasons	No.
1 Rick Tuten, 1991-97	147
2 Jeff Feagles, 1998-02	133
3 Jeff West, 1981-85	73
4 Herman Weaver, 1977-80	49
5 Ruben Rodriguez, 1987-89	48
6 Tom Rouen, 2003-04	39
7 Rick Donnelly, 1990-91	19
8 Rick Engles, 1976-77	13
9 David Finzer, 1985	12
10 Vince Gamache, 1986	10

## TOUCHBACKS

Player, Seasons	No.
1 Rick Tuten, 1991-97	45
2 Jeff Feagles, 1998-02	30
3 Jeff West, 1981-85	28
4 Herman Weaver, 1977-80	19
5 Ruben Rodriguez, 1987-89	17
6 Rick Donnelly, 1990-91	9
7 Vince Gamache, 1986	7
8 David Finzer, 1985	6
9 Rick Engles, 1976-77	4
Tom Rouen, 2003-04	4

## HAD BLOCKED

Player, Seasons	No.
1 Herman Weaver, 1977-80	5
2 Rick Engles, 1976-77	3
3 Kyle Richardson, 1997	2
Rick Tuten, 1991-97	2
Jeff Feagles, 1998-02	2
Tom Rouen, 2003-04	2
7 Ruben Rodriguez, 1987-89	1
<b>Donnie Jones, 2004-</b>	<b>1</b>
Ken Walter, 2004	1

## PUNT RETURNS

Player, Seasons	No.
1 Chris Warren, 1990-97	94
2 Bobby Joe Edmonds, 1986-88	89
3 Joey Galloway, 1995-99	79
4 Paul Johns, 1981-84	74
5 Charlie Rogers, 1999-01	73
<b>6 Bobby Ingram, 2001-</b>	<b>68</b>
7 Kelvin Martin, 1993-94	65
8 Will Lewis, 1980-81	57
9 Paul Skansi, 1984-91	53
10 Ronnie Harris, 1994-98	44

## FAIR CATCHES

Player, Seasons	No.
<b>1 Bobby Ingram, 2001-</b>	<b>64</b>
2 Chris Warren, 1990-97	60
3 Charlie Rogers, 1999-01	40
4 Kelvin Martin, 1993-94	35
5 Bobby Joe Edmonds, 1986-88	26
6 Paul Johns, 1981-84	23
Joey Galloway, 1995-99	23
8 Ronnie Harris, 1994-98	22
9 Will Lewis, 1980-81	10
James Jefferson, 1989-93	10

## PUNT RETURN YARDS

Player, Seasons	No.
1 Bobby Joe Edmonds, 1986-88	1,010
2 Charlie Rogers, 1999-01	925
3 Paul Johns, 1981-84	843
4 Joey Galloway, 1995-99	823
5 Chris Warren, 1990-97	819
<b>6 Bobby Ingram, 2001-</b>	<b>758</b>
7 Kelvin Martin, 1993	550
8 Paul Skansi, 1984-91	500
9 Will Lewis, 1980-81	449
10 Ronnie Harris, 1994-98	360

**PUNT RETURN TD'S**

Player, Seasons	No.
1 Joey Galloway, 1995-99	4
2 Paul Johns, 1981-84	2
<b>Bobby Engram, 2001-</b>	<b>2</b>
4 Will Lewis, 1980-81	1
Bobby Joe Edmonds, 1986-88	1
Chris Warren, 1990-97	1
Charlie Rogers, 1999-01	1

**KICKOFF RETURNS**

Player, Seasons	No.
1 Steve Broussard, 1995-98	165
2 Charlie Rogers, 1999-01	134
<b>3 Maurice Morris, 2002-</b>	<b>128</b>
4 Bobby Joe Edmonds, 1986-88	101
5 Chris Warren, 1990-97	86
6 Randall Morris, 1984-88	82
7 Al Hunter, 1977-80	78
8 Zachary Dixon, 1983-84	74
9 Ahman Green, 1998-99	63
10 Michael Bates, 1993-94	56

**KICKOFF RETURN YARDS**

Player, Seasons	No.
1 Steve Broussard, 1995-98	3,900
2 Charlie Rogers, 1999-01	3,214
<b>3 Maurice Morris, 2002-</b>	<b>2,822</b>
4 Bobby Joe Edmonds, 1986-88	2,228
5 Chris Warren, 1990-97	1,794
6 Al Hunter, 1977-80	1,717
7 Randall Morris, 1984-88	1,621
8 Zachary Dixon, 1983-84	1,594
9 Ahman Green, 1998-99	1,438
10 Michael Bates, 1993-94	1,111

**KICKOFF RETURN TD'S**

Player, Seasons	No.
1 Zachary Dixon, 1983-84	1
James Jefferson, 1989-93	1
Jon Vaughn, 1993-94	1
Steve Broussard, 1995-98	1
Charlie Rogers, 1999-01	1
<b>Maurice Morris, 2002-</b>	<b>1</b>

**FUMBLES**

Player, Seasons	No.
1 Dave Krieg, 1980-91	108
2 Jim Zorn, 1976-84	49
3 Curt Warner, 1983-89	38
Jon Kitna, 1997-00	38
5 Chris Warren, 1990-97	26
6 Rick Mirer, 1993-96	24
7 Sherman Smith, 1976-82	22
8 Kelly Stouffer, 1988-92	20
<b>Matt Hasselbeck, 2001-</b>	<b>20</b>
10 John L. Williams, 1986-93	18
<b>Shaun Alexander, 2000-</b>	<b>18</b>

**OWN FUMBLE RECOVERIES**

Player, Seasons	No.
1 Dave Krieg, 1980-91	27
2 Jon Kitna, 1997-00	20
3 Curt Warner, 1983-89	13
4 Jim Zorn, 1976-84	12
5 Chris Warren, 1990-97	10
<b>Shaun Alexander, 2000-</b>	<b>10</b>
7 John L. Williams, 1986-93	9
8 Edwin Bailey, 1981-91	7
Sherman Smith, 1976-82	7
Rick Mirer, 1993-96	7

**FORCED FUMBLES**

Player, Seasons	No.
1 Jacob Green, 1980-91	28
2 Michael Sinclair, 1991-01	24
3 Rufus Porter, 1988-94	14
4 Joe Nash, 1982-96	13
Bruce Scholtz, 1982-88	13
6 Jeff Bryant, 1982-93	12
7 Keith Butler, 1978-87	11
Keith Simpson, 1978-85	11
Chad Brown, 1997-04	11
10 4 players tied with	10

**FUMBLE RECOVERIES**

Player, Seasons	No.
1 Jacob Green, 1980-91	17
2 Eugene Robinson, 1985-95	14
3 Chad Brown, 1997-04	13
4 Dave Brown, 1976-86	11
Jeff Bryant, 1982-93	11
John Harris, 1978-85	11
7 Kenny Easley, 1981-87	9
Greg Gaines, 1981, 1983-88	9
Shelton Robinson, 1982-85	9
Terry Wooden, 1990-96	9
Michael Sinclair, 1991-01	9

**FUMBLE RETURN YARDS**

Player, Seasons	No.
1 Chad Brown, 1997-04	96
2 Michael Sinclair, 1991-01	94
3 Corey Harris, 1995-96	85
Shawn Springs, 1997-03	85
5 Antonio Edwards, 1993-97	83
6 Jacob Green, 1980-91	79
7 Carlton Gray, 1993-96	62
John Harris, 1978-85	62
9 Fredd Young, 1984-87	58
10 Nesby Glasgow, 1988-92	56

**FUMBLE RETURN TD'S**

Player, Seasons	No.
1 Chad Brown, 1997-04	3
2 Jacob Green, 1980-91	2
Shelton Robinson, 1982-85	2
Michael Sinclair, 1991-01	2
5 16 tied with	1

**TACKLES**

Player, Seasons	No.
1 Eugene Robinson, 1985-95	984
2 Keith Butler, 1978-87	813
3 Joe Nash, 1982-96	779
4 Chad Brown, 1997-04	744
5 Jacob Green, 1980-91	718
6 Jeff Bryant, 1982-93	689
7 Dave Brown, 1976-86	684
8 Cortez Kennedy, 1990-00	668
9 John Harris, 1978-85	649
10 Michael Jackson, 1979-86	574

**QUARTERBACK SACKS**

Player, Seasons	No.
1 Jacob Green, 1980-91	116.0
2 Michael Sinclair, 1991-01	73.5
3 Jeff Bryant, 1982-93	63.0
4 Cortez Kennedy, 1990-00	58.0
5 Chad Brown, 1997-04	48.0
6 Joe Nash, 1982-96	47.5
7 Rufus Porter, 1988-94	37.5
8 Sam Adams, 1994-99	22.0
9 Phillip Daniels, 1996-99	21.5
10 Manu Tuiasosopo, 1979-83	21.0

**YARDS LOST ON SACKS**

Player, Seasons	No.
1 Jacob Green, 1980-91	753.0
2 Jeff Bryant, 1982-93	469.0
3 Michael Sinclair, 1991-01	418.5
4 Cortez Kennedy, 1990-00	390.5
5 Joe Nash, 1982-96	312.0
Rufus Porter, 1988-94	312.0
7 Chad Brown, 1997-04	284.5
8 Bill Gregory, 1978-80	177.0
9 Sam Adams, 1994-99	157.0
10 Manu Tuiasosopo, 1979-83	156.0

**BLOCKED PUNTS  
RETURNED FOR TOUCHDOWNS**

Player, Seasons	No.
1 Steve Raible, 1976-81	1
Autry Beamon, 1977-79	1
Jessie Green, 1979-80	1
Eric Lane, 1981-87	1
Sam Merriman, 1983-87	1
Paul Moyer, 1983-89	1
Terry Taylor, 1984-88, 1994	1
Eugene Robinson, 1985-95	1
Alex Bannister, 2001-	1

**BLOCKED PUNTS**

Player, Seasons	No.
1 Kerry Justin, 1978-83, 1986-87	3
2 Don Dufek, 1976-77, 1979	2
Sam Merriman, 1983-87	2
Fredd Young, 1984-87	2
Patrick Hunter, 1986-94	2
6 Sam McCullum, 1976-81	1
Steve Raible, 1976-81	1
Autry Beamon, 1977-79	1
Peter Cronan, 1977-79, 1981	1
Greg Gaines, 1981, 1983-88	1
Byron Walker, 1982-86	1
Terry Taylor, 1984-88, 1994	1
Tony Burse, 1987	1
Michael Bates, 1993-94	1
Alex Bannister, 2001-	1
D.D. Lewis, 2002-	1

**BLOCKED PAT'S**

Player, Seasons	No.
1 Mike White, 1981-82	3
2 Jeff Bryant, 1982-93	2
Jacob Green, 1980-91	2
Joe Nash, 1982-96	2
5 Dennis Boyd, 1977-79, 1981-82	1
Brian Flones, 1981-82	1
Terry Wooden, 1990-96	1

**BLOCKED FIELD GOALS**

Player, Seasons	No.
1 Joe Nash, 1982-96	8
2 Jeff Bryant, 1982-93	3
3 Dennis Boyd, 1977-79, 1981-82	2
Jacob Green, 1980-91	2
Mike White, 1981-82	2
6 16 players tied with	1

**BLOCKED FIELD GOALS  
RETURNED FOR TOUCHDOWN**

Player, Seasons	No.
1 Byron Walker, 1982-86	1
Vernon Dean, 1988	1
Robert Blackmon, 1990-96	1
Shawn Springs, 1997-03	1

**RETURN TOUCHDOWNS**

(TDs scored via Interception, Punt, Kickoff, Fumble, Blocked Punt, or Blocked FG)

Player, Seasons	No.
1 Dave Brown, 1976-86	5
2 Jacob Green, 1980-91	4
Joey Galloway, 1995-99	4
Shawn Springs, 1997-03	4
Willie Williams, 1997-03	4
6 Kenny Easley, 1981-87	3
Keith Simpson, 1978-86	3
Terry Taylor, 1984-88, 1994	3
Chad Brown, 1997-04	3
10 14 players tied with	2

# YEARLY LEADERS

## TOUCHDOWNS

	G	Tot.	Rush	Rec.	Ret.	PAT	Pts.	
1976	Sherman Smith	12	5	4	1	0	0/0	30
1977	Steve Largent	14	10	0	10	0	0/0	60
1978	David Sims	12	15*	14*	1	0	0/0	90*
1979	Sherman Smith	16	15	11	4	0	0/0	90
1980	Jim Jodat	16	6	5	1	0	0/0	36
1981	Steve Largent	16	10	1	9	0	0/0	60
1982	Steve Largent	8	3	0	3	0	0/0	18
1983	Curt Warner	16	14+	13	1	0	0/0	84
1984	Steve Largent	16	12	0	12	0	0/0	72
1985	Daryl Turner	16	13	0	13*	0	0/0	78
1986	Curt Warner	16	13	13+	0	0	0/0	78
1987	Curt Warner	12	10	8	2	0	0/0	60
1988	Curt Warner	16	12	10	2	0	0/0	72
1989	John L. Williams	15	7	1	6	0	0/0	42
1990	Derrick Fenner	16	15+	14+	1	0	0/0	90
1991	John L. Williams	16	5	4	1	0	0/0	30
1992	Tommy Kane	11	3	0	3	0	0/0	18
	Chris Warren	16	3	3	0	0	0/0	18
	John L. Williams	16	3	1	2	0	0/0	18
1993	Chris Warren	14	7	7	0	0	0/0	42
1994	Chris Warren	16	11	9	2	0	1/1	68
1995	Chris Warren	16	16	15+	1	0	0/1	96
1996	Lamar Smith	16	8	8	0	0	3/3	54
	Joey Galloway	16	8	0	7	1	0/0	48
1997	Joey Galloway	15	12	0	12+	0	0/0	72
1998	Joey Galloway	16	12	0	10#	2	0/0	72
1999	Derrick Mayes	16	10	0	10	0	0/0	60
2000	Ricky Watters	16	9	7	2	0	0/0	54
2001	Shaun Alexander	16	16	14+	2	0	0/0	96+
2002	Shaun Alexander	16	18^	16^	2	0	0/0	108^
2003	Shaun Alexander	16	16	14	2	0	0/0	96
2004	Shaun Alexander	16	20*	16^	4	0	0/0	120*

## KICK SCORING

	G	PATs	FGs	Pts.	
1976	John Leypoldt	11	19-22	8-12	43
1977	John Leypoldt	14	33-37	9-18	60
1978	Efren Herrera	16	40-44	13-21	79
1979	Efren Herrera	16	43-46	19-23	100
1980	Efren Herrera	16	33-33	20-31	93
1981	Efren Herrera	12	23-25	12-17	59
1982	Norm Johnson	9	13-14	10-14	43
1983	Norm Johnson	16	49-50	18-25	103
1984	Norm Johnson	16	50-51	20-24	110
1985	Norm Johnson	16	40-41	14-25	82
1986	Norm Johnson	16	42-42	22-35*	108
1987	Norm Johnson	13	40-40	15-20	85
1988	Norm Johnson	16	39-39	22-28	105
1989	Norm Johnson	16	27-27	15-25	72
1990	Norm Johnson	16	33-34	23-32	102
1991	John Kasay	16	27-28	25-31	102
1992	John Kasay	16	14-14	14-22	56
1993	John Kasay	16	29-29	23-28	98
1994	John Kasay	16	25-26	20-24	85
1995	Todd Peterson	16	40-40	23-28	109
1996	Todd Peterson	16	27-27	28-34	111
1997	Todd Peterson	16	37-37	22-28	103
1998	Todd Peterson	16	41-41	19-24	98
1999	Todd Peterson	16	32-32	34-40	134
2000	Rian Lindell	12	25-25	15-17	70
2001	Rian Lindell	16	33-33	20-32	93
2002	Rian Lindell	16	38-38	23-29	107
2003	Josh Brown	16	48-48	22-30	114
2004	Josh Brown	16	40-40	23-25	109

\* Led NFL; + Led AFC; # Tied AFC; ^ Led NFC

**RUSHING**

		<b>G</b>	<b>Att.</b>	<b>Yds.</b>	<b>Avg.</b>	<b>LG</b>	<b>TD</b>
1976	Sherman Smith	12	119	537	4.5	53t	4
1977	Sherman Smith	14	163	763	4.7	39	4
1978	Sherman Smith	12	165	805	4.9	67t	6
1979	Sherman Smith	16	194	775	4.0	41t	11
1980	Jim Jodat	16	155	632	4.1	26	5
1981	Theotis Brown	10	141	531	3.8	43t	6
1982	Sherman Smith	9	63	202	3.2	19	0
1983	Curt Warner	16	335+	1449+	4.3	60	13
1984	David Hughes	16	94	327	3.3	15	1
1985	Curt Warner	16	291	1094	3.8	38t	8
1986	Curt Warner	16	319+	1481+	4.6	60t	13+
1987	Curt Warner	12	234	985	4.2	57t	8
1988	Curt Warner	16	266	1025	3.9	29t	10
1989	Curt Warner	16	194	631	3.3	34	3
1990	Derrick Fenner	16	215	859	4.0	36t	14*
1991	John L. Williams	16	188	741	3.9	42	4
1992	Chris Warren	16	223	1017	4.6	52	3
1993	Chris Warren	14	273	1072	3.9	45t	7
1994	Chris Warren	16	333	1545+	4.6+	41	9
1995	Chris Warren	16	310	1346	4.3	52	15+
1996	Chris Warren	14	203	885	4.2	51	5
1997	Chris Warren	15	200	847	4.2	36t	4
1998	Ricky Watters	16	319	1239	3.9	39t	9
1999	Ricky Watters	16	325	1210	3.7	45	5
2000	Ricky Watters	16	278	1242	4.5	55t	7
2001	Shaun Alexander	16	309	1318	4.3	88t	14+
2002	Shaun Alexander	16	295	1175	4.0	58	16^
2003	Shaun Alexander	16	326	1435	4.4	55	14
2004	Shaun Alexander	16	353	1696^	4.8^	44	16^

**PASSING**

		<b>G/S</b>	<b>Att.</b>	<b>Comp.</b>	<b>Yds.</b>	<b>Pct.</b>	<b>TD</b>	<b>Int.</b>	<b>Rate</b>
1976	Jim Zorn	14/14	439*	208	2571	47.3	12	27	49.5
1977	Jim Zorn	10/10	251	104	1683	41.4	16	19	54.3
1978	Jim Zorn	16/16	443+	248+	3283+	56.0	15	20	72.2
1979	Jim Zorn	16/16	505	285	3661	56.4	20	18	77.7
1980	Jim Zorn	16/16	488	276	3346	56.6	17	20	72.3
1981	Jim Zorn	13/13	397	236	2788	59.4	13	9	82.3
1982	Jim Zorn	9/7	245	126	1540	51.4	7	11	62.0
1983	Dave Krieg	9/8	243	147	2139	60.5	18	11	95.0
1984	Dave Krieg	16/16	480	276	3671	57.5	32	24	83.3
1985	Dave Krieg	16/16	532	285	3602	53.6	27	20	76.2
1986	Dave Krieg	15/15	375	225	2921	60.0	21	11	91.0
1987	Dave Krieg	12/12	294	178	2131	60.5	23	15	87.6
1988	Dave Krieg	9/9	228	134	1741	58.8	18	8*	94.6
1989	Dave Krieg	15/14	499	286	3309	57.3	21	20	74.8
1990	Dave Krieg	16/16	448	265	3194	59.2	15	20	73.6
1991	Dave Krieg	10/9	285	187	2080	65.6*	11	12	82.5
1992	Stan Gelbaugh	10/8	255	121	1307	47.5	6	11	52.9
1993	Rick Mirer	16/16	486	274	2833	56.4	12	17	67.0
1994	Rick Mirer	13/13	381	195	2151	51.2	11	7*	70.2
1995	Rick Mirer	15/13	391	209	2564	53.5	13	20+	63.7
1996	John Friesz	8/6	211	120	1629	56.9	8	4	86.4
1997	Warren Moon	15/14	528	313	3678	59.3	25	16	83.7
1998	Warren Moon	10/10	258	145	1632	56.2	11	8	76.6
1999	Jon Kitna	15/15	495	270	3346	54.5	23	16	77.7
2000	Jon Kitna	15/12	418	259	2658	62.0	18	19	75.6
2001	Matt Hasselbeck	13/12	321	176	2023	54.8	7	8	70.9
2002	Matt Hasselbeck	16/10	419	267	3075	63.7^	15	10	87.8
2003	Matt Hasselbeck	16/16	513	313	3841	61.0	26	15	88.8
2004	Matt Hasselbeck	14/14	474	279	3382	58.9	22	15	83.1

\* Led NFL; + Led AFC; ^ Led NFC

## RECEIVING

		G	Yds.	No.	Avg.	LG	TD
1976	Steve Largent	14	54	705	13.0	45	4
1977	Steve Largent	14	33	643	19.4	74t	10
1978	Steve Largent	16	71+	1168	16.5	57	t8
1979	Steve Largent	15	66	1237+	18.7	55t	9
1980	Steve Largent	16	66	1064	16.1	67t	6
1981	Steve Largent	16	75	1224	16.3	57t	9
1982	Steve Largent	8	34	493	14.5	45	3
1983	Steve Largent	15	72	1074	14.9	46t	11
1984	Steve Largent	16	74	1164	15.7	65t	12
1985	Steve Largent	16	79	1287+	16.3	43	6
1986	Steve Largent	16	70	1070	15.3	38t	9
1987	Steve Largent	13	58	912	15.7	55t	8
1988	John L. Williams	16	58	651	11.2	75t	3
1989	Brian Blades	16	77	1063	13.8	60t	5
1990	John L. Williams	16	73	699	9.6	60	0
1991	Brian Blades	16	70	1003	14.3	52	2
1992	John L. Williams	16	74	556	7.5	27t	2
1993	Brian Blades	16	80	945	11.8	41	3
1994	Brian Blades	16	81	1086	13.4	41	4
1995	Brian Blades	16	77	1001	13.0	49	4
1996	Joey Galloway	16	57	987	17.3	65t	7
1997	Joey Galloway	15	72	1049	14.6	53t	12+
1998	Joey Galloway	16	65	1047	16.1	81t	10#
1999	Derrick Mayes	16	62	829	13.4	43t	10
2000	Sean Dawkins	16	63	731	11.6	40	5
	Ricky Watters	16	63	613	9.7	59	2
2001	Darrell Jackson	16	70	1081	15.4	64	8
2002	Koren Robinson	16	78	1240	15.9	83	5
2003	Darrell Jackson	16	68	1137	16.7	80t	9
2004	Darrell Jackson	16	87	1199	13.8	56t	7

## RECEIVING YARDS

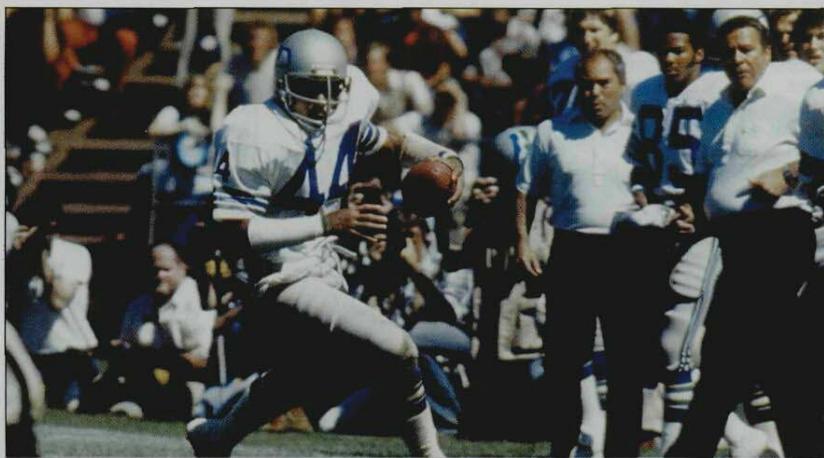
		G	Yds.	No.	Avg.	LG	TD
1976	Steve Largent	14	705	54	13.0	45	4
1977	Steve Largent	14	643	33	19.4	74t	10
1978	Steve Largent	16	1168	71+	16.5	57t	8
1979	Steve Largent	15	1237+	66	18.7	55t	9
1980	Steve Largent	16	1064	66	16.1	67t	6
1981	Steve Largent	16	1224	75	16.3	57t	9
1982	Steve Largent	8	493	34	14.5	45	3
1983	Steve Largent	15	1074	72	14.9	46t	11
1984	Steve Largent	16	1164	74	15.7	65t	12
1985	Steve Largent	16	1287+	79	16.3	43	6
1986	Steve Largent	16	1070	70	15.3	38t	9
1987	Steve Largent	13	912	58	15.7	55t	8
1988	Brian Blades	16	682	40	17.1	55t	8
1989	Brian Blades	16	1063	77	13.8	60	5
1990	Tommy Kane	16	776	52	14.9	63	4
1991	Brian Blades	16	1003	70	14.3	52	2
1992	John L. Williams	16	556	74	7.5	27t	2
1993	Brian Blades	16	945	80	11.8	41	3
1994	Brian Blades	16	1086	81	13.4	45	4
1995	Joey Galloway	16	1037	67	15.5	59	7
1996	Joey Galloway	16	987	57	17.3	65t	7
1997	Joey Galloway	15	1049	72	14.6	53t	12+
1998	Joey Galloway	16	1047	65	16.1	81t	10#
1999	Sean Dawkins	16	992	58	17.1	45t	7
2000	Sean Dawkins	16	731	63	11.6	40	5
2001	Darrell Jackson	16	1081	70	15.4	64	8
2002	Koren Robinson	16	1240	78	15.9	83	5
2003	Darrell Jackson	16	1137	68	16.7	80t	9
2004	Darrell Jackson	16	1199	87	13.8	56t	7

\* Led NFL; + Led AFC; # Tied AFC

INTERCEPTIONS

	G	No.	Yds.	Avg.	LG	TD	
1976	Dave Brown	14	4	70	17.5	34	0
	Rolly Woolsey	14	4	19	4.7	13	0
1977	Autry Beamon	14	6	36	6.0	16	0
1978	Cornell Webster	15	5	9	1.8	14	0
1979	Dave Brown	16	5	46	9.2	32t	1
1980	Dave Brown	16	6	32	5.3	24	0
	John Harris	16	6	28	4.7	15	0
1981	John Harris	16	10+	155	15.5	42t	2+
1982	Kenny Easley	8	4	48	12.0	44	0
	John Harris	9	4	33	8.3	18	0
1983	Kenny Easley	16	7	96	13.2	38	0
1984	Kenny Easley	16	10+	126	12.6	58t	2*
1985	John Harris	16	7	20	2.9	17	0
1986	Dave Brown	16	5	58	11.6	24	1
1987	Kenny Easley	12	4	47	11.8	22	0
1988	Paul Moyer	16	6	79	13.2	34	0
1989	Eugene Robinson	16	5	24	4.8	20	0
1990	Eugene Robinson	16	3	89	29.7	39	0
	Dwayne Harper	16	3	69	23.0	47	0
1991	Eugene Robinson	16	5	56	11.2	27	0
1992	Eugene Robinson	16	7	126	18.0	49	0
1993	Eugene Robinson	16	9*	80	8.9	28	0
1994	Patrick Hunter	5	3	85	28.3	51	0
	Terry Wooden	16	3	78	26.0	69t	1
	Orlando Watters	16	3	39	13.0	18	1
	Eugene Robinson	13	3	18	6.0	18	0
1995	Robert Blackmon	13	5	46	9.2	21	0
1996	Darryl Williams	16	5	148	29.6	79	1
1997	Darryl Williams	16	8+	172	21.5	44	1
1998	Shawn Springs	16	7	142	20.3	56t	2#
1999	Shawn Springs	16	5	77	15.4	42	0
	Willie Williams	16	5	43	8.6	40t	1
2000	Jay Bellamy	16	4	132	33.0	84t	1
	Willie Williams	16	4	74	18.5	69t	1
2001	Willie Williams	16	4	24	6.0	24	0
2002	Reggie Tongue	16	5	118	23.6	46t	1
2003	Reggie Tongue	14	4	11	2.8	10	0
2004	Ken Lucas	16	6!	46	7.7	25	1

\* Led NFL; + Led AFC; # Tied AFC; ! Tied NFC



S John Harris (1978-85)

PUNTING

		G	No.	Yds.	Avg.	Net	LG	TB	I20	Blk.
1976	Rick Engles	14	80	3067	38.3	29.9	55	3	13	2
1977	Herman Weaver	13	58	2293	39.5	31.8	59	4	10	1
1978	Herman Weaver	16	66	2440	37.0	29.5	59	6	13	0
1979	Herman Weaver	16	66	2651	40.2	33.4	60	3	11	3
1980	Herman Weaver	16	67	2798	41.8	31.6	62	7	14	2
1981	Jeff West	15	66	2578	39.1	36.1+	56	2	16	0
1982	Jeff West	9	48	1835	38.2	36.7	52	3	8	0
1983	Jeff West	16	79	3115	39.5	34.6	56	10	25	0
1984	Jeff West	16	95	3567	37.5	33.3	60	10	24	0
1985	Dave Finzer	12	68	2766	40.7	34.6	61	6	12	0
1986	Vince Gamache	16	79	3048	38.6	33.0	55	7	10	0
1987	Ruben Rodriguez	12	47	1880	40.0	34.0	63	5	17	0
1988	Ruben Rodriguez	16	70	2858	40.8	36.8	68	4	14	0
1989	Ruben Rodriguez	16	75	2995	39.9	32.9	59	8	17	1
1990	Rick Donnelly	16	67	2722	40.6	34.4	54	8	18	0
1991	Rick Tuten	10	49	2106	43.0	36.9	60	3	8	0
1992	Rick Tuten	16	108*	4760*	44.1	38.7	65	8	29*	0
1993	Rick Tuten	16	90	4007	44.5	37.3	64	7	21	1
1994	Rick Tuten	16	91	3905	42.9	36.7	64	7	33	0
1995	Rick Tuten	16	83	3735	45.0*	36.5	73*	8	21	0
1996	Rick Tuten	16	85	3746	44.1	34.5	66	7	21	1
1997	Rick Tuten	11	48	2007	41.8	36.4	65	5	15	0
1998	Jeff Feagles	16	81	3570	44.1	36.5	59	12	27	0
1999	Jeff Feagles	16	84	3425	40.8	35.2	59	5	34	0
2000	Jeff Feagles	16	74	2960	40.0	36.9	57	2	24	1
2001	Jeff Feagles	16	85	3730	43.9	36.4	68	7	26	1
2002	Jeff Feagles	16	61	2542	41.7	37.0	58	4	22	0
2003	Tom Rouen	16	67	2762	41.2	37.1	61	3	29	2
2004	Tom Rouen	4	26	1093	42.0	37.8	60	1	10	0
	Donnie Jones	6	26	988	38.0	32.2	51	2	6	1

PUNT RETURNS

		G	No.	FC	Yds.	Avg.	LG	TD
1976	Lyle Blackwood	11	19	2	132	6.9	26	0
1977	Walter Packer	10	20	0	131	6.5	31	0
1978	Rufus Crawford	16	34	4	284	8.4	22	0
1979	Tony Green	11	16	3	121	7.6	30	0
1980	Will Lewis	16	41	9	349	8.5	75t	1
1981	Paul Johns	16	16	4	177	11.1	34	0
1982	Paul Johns	9	19	10	210	11.1	37	0
1983	Paul Johns	11	28	5	316	11.3	75t	1*
1984	Kenny Easley	16	16	5	194	12.1	42	0
1985	Paul Skansi	12	31	7	312	10.1	32	0
1986	Bobby Joe Edmonds	15	34	14	419	12.3*	75t	1+
1987	Bobby Joe Edmonds	11	20	4	251	12.6+	40	0
1988	Bobby Joe Edmonds	16	35	8	340	9.7	41	0
1989	David Hollis	10	18	7	164	9.1	21	0
1990	Chris Warren	16	28	16	269	9.6	39	0
1991	Chris Warren	16	32	19	298	9.3	59t	1*
1992	Chris Warren	16	34	25	252	7.4	16	0
1993	Kelvin Martin	16	32	15	270	8.4	33	0
1994	Kelvin Martin	16	33	20	280	8.5	23	0
1995	Joey Galloway	16	36	12	360	10.0	89t*	1
1996	Joey Galloway	16	15	5	158	10.5	88t+	1+
1997	Ronnie Harris	13	21	12	144	6.9	19	0
1998	Joey Galloway	16	25	5	251	10.0	74t	2@
1999	Charlie Rogers	12	22	18	318	14.5*	94t*	1
2000	Charlie Rogers	15	26	12	363	14.0	43	0
2001	Charlie Rogers	13	25	10	244	9.8	34	0
2002	Bobby Engram	15	21	23	224	10.7	61t	1
2003	Bobby Engram	16	31	22	320	10.3	83t	1
2004	Maurice Morris	15	15	4	75	5.0	22	0

\* Led NFL; @ Tied NFL; + Led AFC; # Tied AFC

**KICKOFF RETURNS**

		G	No.	Yds.	Avg.	LG	TD
1976	Oliver Ross	10	30	655	21.8	45	0
1977	Al Hunter	12	36	820	22.7	41	0
1978	Al Hunter	16	16	385	24.1	38	0
1979	Tony Green	11	20	437	21.9	31	0
1980	Will Lewis	16	25	585	23.4	54	0
1981	Will Lewis	10	20	378	18.9	36	0
1982	Horace Ivory	6	10	224	22.4	30	0
1983	Zachary Dixon	13	49*	1448*	23.4	94t	1*
1984	David Hughes	16	17	348	20.5	38	0
1985	Randall Morris	16	31	636	20.5	58	0
1986	Bobby Joe Edmonds	15	34	764	22.5	46	0
1987	Bobby Joe Edmonds	11	27	564	20.9	43	0
1988	Bobby Joe Edmonds	16	40	900	22.5	65	0
1989	James Jefferson	16	22	511	23.2	97t+	1*
1990	Chris Warren	16	23	478	20.8	71	0
1991	Chris Warren	16	35	792	22.6	55	0
1992	Chris Warren	16	28	524	18.7	34	0
1993	Michael Bates	16	30	602	20.1	46	0
1994	Michael Bates	15	26	508	19.5	38	0
1995	Steve Broussard	15	43	1062	24.7	70	0
1996	Steve Broussard	12	43	979	22.8	86	0
1997	Steve Broussard	16	50	1076	21.5	43	0
1998	Steve Broussard	15	29	781	26.9	90t	1
1999	Ahman Green	14	36	818	22.7	54	0
2000	Charlie Rogers	15	66	1629	24.7	81t	1
2001	Charlie Rogers	13	50	1120	22.4	64	0
2002	Maurice Morris	11	34	821	24.1	97t	1
2003	Maurice Morris	16	47	1007	21.4	56	0
2004	Maurice Morris	15	47	994	21.1	34	0

\* Led NFL; + Led AFC

**SACKS**

	G	No.		G	No.		
1976	Steve Niehaus	14	9.5	1992	Cortez Kennedy	16	14.0
1977	Alden Roche	12	3.5	1993	Michael Sinclair	9	8.0
1978	Bill Gregory	16	9.0	1994	Michael Sinclair	12	4.5
1979	Manu Tuiaosopolo	16	8.0	1995	Antonio Edwards	13	6.5
1980	Jacob Green	14	6.5		Cortez Kennedy	16	6.5
1981	Jacob Green	16	12.0	1996	Michael McCrary	16	13.5+
1982	Jeff Bryant	9	3.0	1997	Michael Sinclair	16	12.0
	Jacob Green	9	3.0	1998	Michael Sinclair	16	16.5*
1983	Jacob Green	16	16.0	1999	Phillip Daniels	16	9.0
1984	Jeff Bryant	16	14.5	2000	Chad Brown	16	6.0
1985	Jacob Green	16	13.5		Lamar King	14	6.0
1986	Jacob Green	16	12.0	2001	John Randle	15	11.0
1987	Jacob Green	12	9.5	2002	John Randle	12	7.0
1988	Jacob Green	16	9.0	2003	Chike Okeafor	16	8.0
1989	Rufus Porter	16	10.5	2004	Chike Okeafor	16	8.5
1990	Jacob Green	16	12.5		* Led NFL; + Led AFC		
1991	Rufus Porter	15	10.0				

## DEFENSIVE STATISTICS

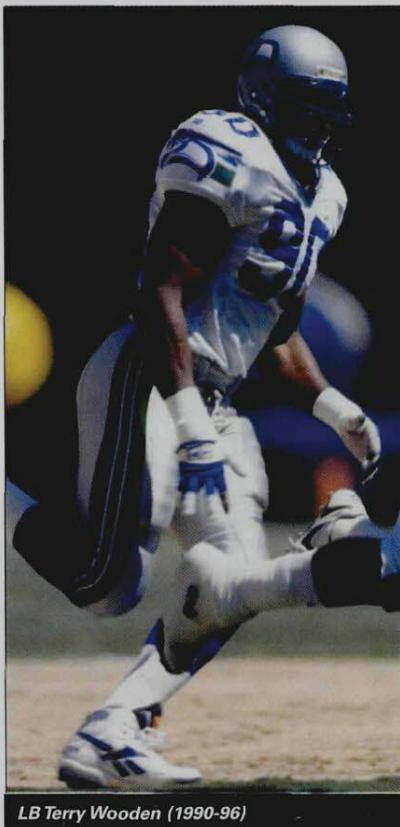
### TACKLES

Includes solo and assists

		G	No.			G	No.
1976	Dave Brown	14	111	1991	Terry Wooden	16	100
1977	Terry Beeson	14	134	1992	Eugene Robinson	16	94
1978	Terry Beeson	16	153	1993	Eugene Robinson	16	111
1979	Terry Beeson	16	114	1994	Rod Stephens	16	128
1980	Michael Jackson	15	136	1995	Terry Wooden	16	135
1981	Michael Jackson	16	140	1996	Dean Wells	16	107
1982	Michael Jackson	8	64	1997	Chad Brown	15	104
1983	Bruce Scholtz	16	104	1998	Chad Brown	16	150
1984	Shelton Robinson	16	93	1999	Chad Brown	15	117
1985	Fredd Young	16	118	2000	Anthony Simmons	16	147
1986	Fredd Young	15	121	2001	Anthony Simmons	16	123
1987	Fredd Young	13	101	2002	Reggie Tongue	16	93
1988	Eugene Robinson	16	114	2003	Anthony Simmons	13	100
1989	Eugene Robinson	16	102	2004	Marcus Trufant	16	93
1990	Nesby Glasgow	16	83				

### SPECIAL TEAMS TACKLES

		G	No.
1976	Don Dufek	14	15
1977	Peter Cronan	14	11
	Charles McShane	14	11
1978	Cornell Webster	15	12
1979	Don Dufek	13	18
1980	Don Dufek	8	13
1981	Mike Tice	16	11
1982	Eric Lane	9	6
	Ken McAlister	9	6
1983	Don Dufek	14	18
1984	Sam Merriman	16	21
1985	John Kaiser	16	14
1986	Eric Lane	15	16
1987	David Hollis	11	10
1988	Rufus Porter	16	16
1989	Rufus Porter	16	13
1990	James Jones	16	15
1991	David Daniels	16	12
	Rod Stephens	16	12
	Chris Warren	16	12
1992	Tracy Johnson	16	18
1993	Michael Bates	16	22
1994	Dean Wells	15	16
1995	Mack Strong	16	19
1996	Jay Bellamy	16	34
1997	Tim Hauck	16	22
1998	Kerry Joseph	16	14
1999	James Logan	16	18
2000	Isaiah Kacyvenski	16	15
2001	Isaiah Kacyvenski	16	21
2002	Terreal Bierria	14	16
2003	Alex Bannister	16	18
2004	Niko Koutouvides	16	16



LB Terry Wooden (1990-96)

## TOP SINGLE-GAME PERFORMANCES

## 100 YARDS RUSHING (CHRONOLOGICAL)

	Player	Opponent	Att.	Yds.	Avg.	LG	TD
1	* Sherman Smith	vs. Atlanta 11/7/76	14	124	8.9	53t	1
2	David Sims	at N.Y. Jets 9/17/78	23	121	5.3	25	3
3	David Sims	at Green Bay 10/15/78	22	104	4.7	12	1
4	Sherman Smith	at Chicago 11/5/78	23	152	6.6	67t	2
5	David Sims	vs. Baltimore 11/12/78	14	106	7.6	44t	2
6	Al Hunter	vs. Kansas City 12/17/78	27	133	4.9	55t	2
7	Dan Doornink	at Atlanta 10/29/79	21	122	5.8	26t	2
8	Jim Jodat	at Washington 9/28/80	22	117	5.3	12	0
9	Theotis Brown	at N.Y. Jets 10/25/81	14	104	7.4	43	0
10	* Curt Warner	at N.Y. Jets 9/11/83	25	128	5.1	31	2
11	* Curt Warner	vs. San Diego 9/18/83	22	109	5.9	23	2
12	* Curt Warner	at L.A. Raiders 10/30/83	23	101	4.4	24	1
13	* Curt Warner	vs. Denver 11/6/83	24	135	5.6	23	0
14	* Curt Warner	vs. Kansas City 11/27/83 (OT)	32	207	6.5	28	3
15	* Curt Warner	vs. New England 12/18/83	26	116	4.5	14	0
16	Eric Lane	at Minnesota 9/30/84	14	113	8.1	40t	1
17	Curt Warner	at San Diego 9/15/85	28	169	6.0	21	2
18	Curt Warner	at Denver 10/20/85 (OT)	27	136	5.0	19	0
19	Curt Warner	vs. New England 11/17/85	24	105	4.4	24	0
20	Curt Warner	vs. Pittsburgh 9/7/86	21	114	5.4	31	0
21	Curt Warner	at Washington 9/28/86	16	106	6.6	29	1
22	Curt Warner	vs. San Diego 10/6/86	28	142	5.1	21	0
23	Curt Warner	at Denver 10/26/86	21	139	6.6	14	0
24	Curt Warner	at Dallas 11/27/86	22	122	5.5	19	1
25	Curt Warner	vs. L.A. Raiders 12/8/86	23	116	5.0	18	2
26	Curt Warner	vs. Denver 12/20/86	24	192	8.0	60t	3
27	John L. Williams	vs. Kansas City 9/20/87	15	112	7.5	48	1
28	Curt Warner	at L.A. Raiders 10/25/87	29	112	3.9	9	2
29	Curt Warner	vs. Green Bay 11/15/87	25	123	4.9	57	1
30	Curt Warner	vs. San Diego 11/22/87	23	119	5.2	27	1
31	Curt Warner	at Atlanta 10/2/88	22	110	5.0	21	1
32	John L. Williams	vs. Houston 11/13/88	13	102	7.8	44t	1
33	Curt Warner	vs. L.A. Raiders 11/28/88	27	130	4.8	26	0
	John L. Williams	vs. L.A. Raiders 11/28/88	17	105	6.2	24	0
35	Curt Warner	vs. Denver 12/11/88	23	126	5.5	18	4
	John L. Williams	vs. Denver 12/11/88	20	109	5.5	18	0
37	Curt Warner	at L.A. Raiders 10/1/89	21	102	4.8	21	1
38	Derrick Fenner	at Denver 9/23/90 (OT)	22	144	6.5	28	3
39	Derrick Fenner	at Green Bay 12/9/90	20	112	5.5	36	1
40	John L. Williams	vs. Denver 11/24/91	17	109	6.4	42	0
41	Chris Warren	at New England 9/20/92	24	122	5.1	33	1
42	Chris Warren	vs. Washington 11/8/92	19	103	5.4	36	0
43	Chris Warren	vs. Kansas City 11/22/92	20	154	7.7	35	1
44	Chris Warren	at New England 9/19/93	36	174	4.5	17	1
45	Chris Warren	vs. Cleveland 11/14/93	24	112	4.7	20	0
46	Chris Warren	vs. Phoenix 12/19/93 (OT)	27	168	6.2	45	1
47	Jon Vaughn	vs. Pittsburgh 12/26/93	26	131	5.0	37	0
48	Chris Warren	at Washington 9/4/94	22	100	4.5	13	2
49	Chris Warren	vs. Pittsburgh 9/25/94	26	126	4.8	28	1
50	Chris Warren	at Kansas City 10/23/94	19	117	6.2	41	0
51	Chris Warren	at Denver 11/13/94	18	122	6.8	23	1
52	Chris Warren	vs. Tampa Bay 11/20/94	16	116	7.3	31	0
53	Chris Warren	at Houston 12/11/94	30	185	6.2	33	1
54	Chris Warren	vs. L.A. Raiders 12/18/94	24	122	5.1	33	1
55	John L. Williams	at Kansas City 1/2/94	16	102	6.4	38	1
56	Chris Warren	vs. Cincinnati 9/17/95	24	109	4.5	30	1
57	Chris Warren	vs. Denver 10/1/95	24	115	4.8	18	3
58	Chris Warren	vs. San Diego 10/22/95	18	112	6.2	17	2
59	Chris Warren	at Arizona 10/29/95 (OT)	23	127	5.5	52	0

	Player	Opponent	Att.	Yds.	Avg.	LG	TD
60	Chris Warren	at Jacksonville 11/12/95	27	121	4.5	29	1
61	Chris Warren	at Washington 11/19/95	29	136	4.7	14	1
62	Chris Warren	at Denver 12/10/95	18	101	5.6	24	1
63	Chris Warren	vs. Oakland 12/17/95	17	105	6.2	35	3
64	Chris Warren	vs. Green Bay 9/29/96	18	103	5.7	37	1
65	Lamar Smith	at Detroit 10/17/96	33	148	4.5	18	1
66	Chris Warren	vs. San Diego 10/27/96	19	146	7.7	50	1
67	Chris Warren	vs. Buffalo 12/8/96	21	116	5.5	51	0
68	Steve Broussard	vs. Tennessee 10/5/97	6	138	23.0	77	2
69	*Ahman Green	at Philadelphia 9/6/98	6	100	16.7	64	1
70	Ricky Watters	vs. Arizona 9/13/98	22	105	4.8	17	0
71	Ricky Watters	vs. Washington 9/20/98	24	136	5.7	33	1
72	Ricky Watters	vs. Kansas City 11/8/98	24	105	4.4	13	2
73	Ricky Watters	vs. Indianapolis 12/20/98	32	178	4.2	38	1
74	Ricky Watters	at Green Bay 11/1/99	31	125	4.0	45	0
75	Ricky Watters	vs. Cincinnati 11/7/99	27	133	4.9	19t	1
76	Ricky Watters	at Kansas City 11/21/99	24	107	4.5	45	2
77	Ricky Watters	at Denver 12/19/99	16	115	7.2	26	1
78	Ricky Watters	vs. New Orleans 9/17/00	22	105	4.8	16	1
79	Ricky Watters	vs. Oakland 12/16/00	26	168	6.5	53	0
80	Shaun Alexander	vs. Jacksonville 10/7/01	31	176	5.7	23	2
81	Shaun Alexander	vs. Denver 10/14/01	33	142	4.3	60t	2
82	Shaun Alexander	vs. Oakland 11/11/01	35	266	7.6	88t	3
83	Ricky Watters	vs. Dallas 12/16/01	28	104	3.7	18	1
84	Shaun Alexander	vs. Kansas City 1/6/02	20	127	6.4	44t	1
85	Shaun Alexander	vs. Minnesota 9/29/02	24	139	5.8	43	4
86	Shaun Alexander	vs. Kansas City 11/24/02	23	145	6.3	46t	2
87	Shaun Alexander	vs. Philadelphia 12/8/02	17	123	7.2	58	0
88	Shaun Alexander	at Atlanta 12/15/02	28	127	4.5	27t	2
89	Shaun Alexander	vs. New Orleans 9/7/03	24	108	4.5	15	1
90	Shaun Alexander	at Green Bay 10/5/03	20	102	5.1	18	1
91	Shaun Alexander	vs. Chicago 10/19/03	21	101	4.8	25t	2
92	Shaun Alexander	vs. Detroit 11/16/03	20	110	5.5	55	1
93	Shaun Alexander	vs. Cleveland 11/30/03	27	127	4.7	21	1
94	Shaun Alexander	at St. Louis 12/14/03	25	126	5.0	35	1
95	Shaun Alexander	vs. Arizona 12/21/03	21	135	6.4	44t	2
96	Shaun Alexander	at New Orleans 9/12/04	28	135	4.8	27	2
97	Shaun Alexander	vs. St. Louis 10/10/04	23	150	6.5	41	1
98	Shaun Alexander	vs. Carolina 10/31/04	32	195	6.1	44	1
99	Shaun Alexander	at San Francisco 11/7/04	26	160	6.2	22	2
100	Shaun Alexander	at St. Louis 11/14/04	22	176	8.0	35	0
101	Shaun Alexander	at Minnesota 12/12/04	27	112	4.1	22	0
102	Shaun Alexander	vs. Arizona 12/26/04	30	154	5.1	23t	3

\* Rookie

**100 Yards:** Warren 24, Warner 23, Alexander 22, Watters 11, J.L. Williams 6, Sims 3, Fenner 2, S. Smith 2, Broussard 1, Brown 1, Doornink 1, Green 1, Hunter 1, Jodat 1, Lane 1, L. Smith 1, Vaughn 1.

**100 YARDS RECEIVING (CHRONOLOGICAL)**

	Player	Opponent	No.	Yds.	Avg.	LG	TD
1	Sam McCullum	vs. St. Louis 9/12/76	4	112	28.0	72t	2
2	* Steve Largent	vs. San Francisco 9/26/76	7	128	18.3	41	1
3	Steve Raible	at Minnesota 11/14/76	3	112	37.7	80t	1
4	* Steve Largent	vs. New Orleans 11/21/76	6	101	16.8	22	1
5	+*David Sims	at Cincinnati 9/25/77	4	105	26.3	82t	1
6	Steve Largent	vs. Buffalo 10/30/77	4	134	33.5	48t	2
	Duke Ferguson	vs. Buffalo 10/30/77	4	113	28.3	45	1
8	Steve Largent	vs. San Diego 11/27/77	4	116	29.0	74t	2
9	Steve Largent	vs. San Diego 9/3/78	6	127	21.2	33t	1
10	Steve Largent	at Green Bay 10/15/78	6	127	21.2	48t	1
11	Steve Largent	at Chicago 11/5/78	6	126	21.0	31	2
12	Steve Largent	vs. Cleveland 12/3/78	8	108	13.5	27	1
13	Steve Largent	vs. L.A. Raiders 9/16/79	5	139	27.8	40t	2

\* Rookie; + Running Back; ^ Tight End

## 100 YARDS RECEIVING (CONTINUED)

	Player	Opponent	No.	Yds.	Avg.	LG	TD
14	Steve Largent	at Denver 9/23/79	6	110	18.3	42	0
15	Steve Largent	vs. Houston 10/21/79	6	135	22.5	55t	2
16	Steve Largent	vs. New Orleans 11/18/79	9	146	16.2	34t	2
17	Steve Largent	at Atlanta 10/29/79	6	127	21.2	53	0
18	Steve Largent	at Kansas City 12/2/79	9	120	13.3	28	2
19	Sam McCullum	vs. Denver 12/8/79	5	102	20.4	58	0
20	Sam McCullum	at Oakland 12/16/79	8	173	21.6	65t	1
21	Steve Largent	vs. New England 9/21/80	6	127	21.2	31t	2
22	Sam McCullum	at N.Y. Jets 10/19/80	5	107	21.4	58	0
23	Steve Largent	at Oakland 10/26/80	4	142	35.5	67t	1
24	Steve Largent	vs. Philadelphia 11/2/80	6	101	16.8	27	1
25	Steve Largent	vs. N.Y. Giants 12/7/80	8	139	17.4	34t	1
26	Steve Largent	at Cincinnati 9/6/81	8	114	14.3	36	1
27	Sam McCullum	at Oakland 9/20/81	6	122	20.3	36t	1
28	+* David Hughes	vs. Kansas City 9/27/81	12	103	8.6	22	0
29	Steve Largent	vs. San Diego 10/4/81	5	118	23.6	34	1
30	Steve Largent	vs. N.Y. Jets 12/6/81	7	169	24.1	57	1
31	Paul Johns	at Denver 11/21/82	5	103	20.6	35	0
32	Steve Largent	vs. Pittsburgh 11/28/82	5	109	21.8	45	0
33	Steve Largent	vs. Chicago 12/12/82	8	111	13.9	34	0
34	Steve Largent	vs. San Diego 9/18/83	8	116	14.5	41t	2
35	Steve Largent	vs. Washington 9/25/83	8	130	19.3	45	2
36	^ Charle Young	at San Diego 10/9/83	7	140	20.0	43	0
37	Paul Johns	vs. Pittsburgh 10/23/83	6	118	19.7	28t	1
38	Steve Largent	at St. Louis 11/13/83	8	155	19.4	45	3
39	Paul Johns	at Denver 11/20/83	9	116	12.9	20	0
40	Steve Largent	vs. New England 12/18/83	7	133	19.0	46	1
41	Paul Johns	at New England 9/16/84	8	105	13.1	25	0
42	Steve Largent	at Minnesota 9/30/84	8	130	16.3	30	1
43	Steve Largent	vs. Buffalo 10/14/84	5	106	21.2	51t	2
44	Steve Largent	at Green Bay 10/21/84	7	129	18.4	31	1
45	Steve Largent	at Denver 11/25/84	12	191	15.9	65	1
46	Steve Largent	vs. Detroit 12/2/84	8	104	13.0	22	2
47	Daryl Turner	at San Diego 9/15/85	7	121	17.3	34	4
48	Steve Largent	at New Orleans 11/10/85	5	110	22.0	43	0
49	Steve Largent	vs. New England 11/17/85	8	138	17.3	27	0
50	Steve Largent	vs. Kansas City 12/1/85	7	101	14.4	31	1
51	Steve Largent	vs. Atlanta 10/13/85	8	103	12.9	27	1
52	Ray Butler	at New England 9/21/86	3	128	42.7	67t	2
53	Byron Franklin	vs. San Diego 10/6/86	5	118	23.6	46t	1
54	Steve Largent	vs. N.Y. Jets 11/2/86	7	108	15.4	30	1
55	Steve Largent	at Cincinnati 11/16/86	7	102	14.6	28	0
56	Steve Largent	vs. Denver 12/20/86	6	101	16.8	27	0
57	Jimmy Teal	vs. Miami 10/4/87	9	137	15.2	47	0
58	Steve Largent	at Detroit 10/18/87	15	261	17.4	55	3
59	Ray Butler	vs. Denver 12/13/87	6	107	17.8	40t	2
60	+John L. Williams	at Chicago 12/20/87	8	117	14.6	75t	1
61	* Brian Blades	vs. New Orleans 10/16/88	8	145	18.1	52	1
62	Brian Blades	at L.A. Raiders 12/11/88	4	123	30.8	55	2
	+John L. Williams	at L.A. Raiders 12/18/88	7	180	25.7	75t	1
64	Brian Blades	vs. Phoenix 9/17/89	9	146	16.2	28	1
65	Brian Blades	at L.A. Raiders 10/1/89	7	113	16.1	32	1
66	Brian Blades	vs. San Diego 10/29/89	10	117	11.7	21	1
67	Brian Blades	at Denver 11/26/89	8	122	15.3	29	0
68	Brian Blades	at Cincinnati 12/10/89	6	107	17.8	60t	1
69	+John L. Williams	vs. L.A. Raiders 12/17/89	12	129	10.8	36	1
70	+John L. Williams	at San Diego 11/25/90	9	110	12.2	60	0
71	Tommy Kane	at Miami 12/16/90	10	162	16.2	25	0
72	Brian Blades	at New Orleans 9/1/91	12	160	13.3	31	2
73	Brian Blades	at Denver 9/15/91	5	107	21.4	47	1
	Tommy Kane	at Denver 9/15/91	6	122	20.3	38	0
75	Tommy Kane	at Pittsburgh 10/20/91	6	102	17.0	60t	0
76	Brian Blades	at San Diego 11/10/91	8	131	16.4	39	0

	Player	Opponent	No.	Yds.	Avg.	LG	TD
77	Brian Blades	vs. San Diego 12/27/92	6	103	17.2	37	0
78	Brian Blades	vs. San Diego 10/3/93	10	132	13.2	20	1
79	Brian Blades	vs. Kansas City 12/5/93	7	134	19.1	41	0
80	Kelvin Martin	at Indianapolis 10/2/94	8	104	13.0	30t	1
81	Brian Blades	vs. Kansas City 11/27/94	7	141	20.1	34	0
82	Brian Blades	vs. Kansas City 9/3/95	8	107	13.4	23	1
83	* Joey Galloway	at Buffalo 10/15/95	5	102	20.4	54t	1
84	Brian Blades	vs. N.Y. Giants 11/5/95	6	153	25.5	44	2
85	* Joey Galloway	at Jacksonville 11/12/95	5	114	22.8	38	2
86	Brian Blades	at Denver 12/10/95	7	127	18.1	49	0
87	* Joey Galloway	vs. Oakland 12/17/95	5	108	21.6	43	1
88	Joey Galloway	at Miami 10/6/96	5	137	27.4	65t	2
89	Joey Galloway	at Denver 12/1/96	5	108	21.6	43	0
90	Joey Galloway	vs. San Diego 9/21/97	5	106	21.2	53	1
91	Joey Galloway	vs. Oakland 10/26/97	7	117	16.7	45	3
	James McKnight	vs. Oakland 10/26/97	4	100	25.0	42t	1
93	Joey Galloway	vs. San Francisco 12/21/97	6	101	16.8	37	2
94	Joey Galloway	at Philadelphia 9/6/98	6	142	23.7	35t	2
95	Joey Galloway	at Pittsburgh 9/27/98	7	139	19.9	40	0
96	Joey Galloway	at San Diego 10/25/98	4	130	32.5	81t	1
97	James McKnight	vs Tennessee 11/29/98	5	113	22.6	59t	1
98	Joey Galloway	at N.Y. Jets 12/6/98	2	127	63.5	70t	2
99	Derrick Mayes	at Chicago 9/19/99	7	137	19.6	34t	1
100	Sean Dawkins	at Pittsburgh 9/26/99	5	105	21.0	43	0
101	Derrick Mayes	vs. Buffalo 10/24/99	6	105	17.5	43	2
102	Sean Dawkins	at Kansas City 11/21/99	5	114	22.8	45	1
103	Sean Dawkins	vs. Indianapolis 10/15/00	6	118	19.7	40	0
104	+ Ricky Watters	vs. Denver 11/26/00	9	126	14.0	59	0
105	Darrell Jackson	at Oakland 9/30/01	5	125	25.0	54	0
106	Darrell Jackson	vs. Miami 10/28/01	5	121	24.2	64	1
107	Darrell Jackson	vs. Oakland 11/11/01	7	102	14.6	31	1
108	Darrell Jackson	at Denver 12/9/01	4	104	26.0	39	1
109	Darrell Jackson	at San Diego 12/30/01	5	114	22.8	48	2
	James Williams	at San Diego 12/30/01	4	101	25.3	46	1
111	Darrell Jackson	vs. Arizona 9/15/02	10	174	17.4	48	0
112	Koren Robinson	at St. Louis 10/20/02	3	166	53.3	83	1
113	Koren Robinson	vs. Washington 11/3/02	8	100	12.5	23	0
114	Koren Robinson	vs. Kansas City 11/24/02	8	168	21.0	44	1
115	Darrell Jackson	at San Francisco 12/1/02	7	114	16.3	37	2
116	Koren Robinson	at Atlanta 12/15/02	9	143	15.9	35	0
117	Koren Robinson	at San Diego 12/29/02	9	103	11.4	21	1
	^ Itula Mili	at San Diego 12/29/02	7	119	17.0	49	0
119	Darrell Jackson	at Arizona 9/14/03	3	133	44.3	66t	2
120	Darrell Jackson	at Baltimore 11/23/03	7	146	20.9	80t	2
121	Darrell Jackson	vs. Cleveland 11/30/03	8	102	12.8	26t	2
	Koren Robinson	vs. Cleveland 11/30/03	6	122	20.3	32	0
123	Koren Robinson	at New England 10/17/04	9	150	16.7	31	0
124	Darrell Jackson	at Arizona 10/24/04	8	109	13.6	30	1
125	Darrell Jackson	at San Francisco 11/7/04	5	114	22.8	39t	2
126	Darrell Jackson	vs. Dallas 12/6/04	9	113	12.6	35	1
	Jerry Rice	vs. Dallas 12/6/04	8	145	18.1	33	1
128	Darrell Jackson	at Minnesota 12/12/04	10	135	13.5	37	1
129	Darrell Jackson	vs. Arizona 12/26/04	6	101	16.8	53	0

**100 Yards:** Largent 40, Blades 17, Jackson 15, Galloway 12, Robinson 7, McCullum 5, Johns 4, J.L. Williams 4, Dawkins 3, Kane 3, Butler 2, Mayes 2, McKnight 2, Ferguson 1, Franklin 1, Hughes 1, Martin 1, Mili 1, Raible 1, Rice 1, Sims 1, Teal 1, Turner 1, Watters 1, J. Williams 1, C. Young 1.

\* Rookie; + Running Back; ^ Tight End

## 300 YARDS PASSING (CHRONOLOGICAL)

	Player	Opponent	Att.	Comp.	Yds.	LG	TD	Int.
1	Jim Zorn	vs. San Diego 9/3/78	32	21	329	64t	2	1
2	Jim Zorn	at Green Bay 10/15/78	32	17	308	48t	1	2
3	Jim Zorn	vs. New Orleans 11/18/79	33	24	384	51t	4	0
4	Jim Zorn	vs. Denver 12/8/79	39	22	308	58	2	2
5	Jim Zorn	at Oakland 12/16/79	35	23	314	65t	2	1
6	Jim Zorn	vs. New England 9/21/80	36	20	312	40	4	1
7	Jim Zorn	vs. Kansas City 9/27/81	47	31	308	23	1	0
8	Jim Zorn	at Oakland 9/20/81	43	24	327	36t	1	1
9	Jim Zorn	at Denver 11/21/82	41	22	318	35t	1	1
10	Dave Krieg	at Denver 11/20/83	42	31	418	50t	3	4
11	Dave Krieg	at Green Bay 10/21/84	35	22	310	31	2	2
12	Dave Krieg	at Denver 11/25/84	44	30	406	80t	3	0
13	Dave Krieg	vs. Denver 12/15/84	50	30	334	30	2	2
14	Dave Krieg	at San Diego 9/15/85	32	22	307	40	5	0
15	Dave Krieg	vs. Atlanta 10/13/85	51	33	405	54	4	1
16	Dave Krieg	at San Diego 12/14/86	21	15	305	72t	4	0
17	Bruce Mathison	vs. Miami 10/4/87	42	20	326	47	2	3
18	Jeff Kemp	at Detroit 10/18/87	27	20	344	55	4	1
19	* Kelly Stouffer	vs. New Orleans 10/16/88	46	27	370	52	1	1
20	Dave Krieg	at L.A. Raiders 12/18/88	32	19	410	75t	4	1
21	Dave Krieg	vs. San Diego 10/29/89	49	27	311	24	1	2
22	Dave Krieg	at Kansas City 11/11/90	23	16	306	54t	2	0
23	Jeff Kemp	at Denver 9/15/91	50	21	322	47	0	2
24	Dave Krieg	at San Diego 11/10/91	39	29	379	49	2	1
25	John Friesz	vs. Houston 11/3/96	38	24	323	44	1	2
26	Warren Moon	vs. Oakland 10/26/97	44	28	409	45	5	0
27	Trent Dilfer	vs. Arizona 9/15/02	47	29	352	48	1	0
28	Matt Hasselbeck	vs. Kansas City 11/24/02	36	25	362	44	3	0
29	Matt Hasselbeck	at San Francisco 12/1/02	55	30	427	39	3	2
30	Matt Hasselbeck	vs. St. Louis 12/22/02	32	20	303	44	1	0
31	Matt Hasselbeck	at San Diego 12/29/02	53	36	449	49	2	2
32	Matt Hasselbeck	at Cincinnati 10/26/03	43	26	347	46t	3	3
33	Matt Hasselbeck	at Baltimore 11/23/03	41	23	333	80t	5	0
34	Matt Hasselbeck	vs. Cleveland 11/30/03	35	26	328	32	3	1
35	Matt Hasselbeck	at San Francisco 12/27/03	37	24	315	31t	2	2
36	Matt Hasselbeck	at New England 10/17/04	50	27	349	37	0	2
37	Matt Hasselbeck	vs. Dallas 12/6/04	40	28	414	35	3	0
38	Matt Hasselbeck	at Minnesota 12/12/04	34	23	334	37	3	2

300 Yards: Krieg 11, Hasselbeck 11, Zorn 9, Kemp 2, Dilfer 1, Friesz 1, Mathison 1, Moon 1, Stouffer 1.

## 3.0 SACKS (CHRONOLOGICAL)

	Player	Opponent	Sacks	Yards
1	Bill Gregory	vs. Denver 10/29/78	3.0	10.0
2	Jacob Green	vs. L.A. Raiders 10/16/83	3.5	24.5
3	Jacob Green	vs. New England 12/18/83	3.0	29.0
4	Jacob Green	vs. Cleveland 9/3/84	3.0	24.0
5	Jeff Bryant	vs. Detroit 12/2/84	3.0	19.0
6	Jacob Green	vs. Cleveland 12/8/85	3.0	15.0
7	Jacob Green	vs. N.Y. Giants 10/19/86	4.0	29.0
8	Jacob Green	vs. Philadelphia 11/23/86	3.0	12.0
9	Fredd Young	vs. Philadelphia 11/23/86	3.0	17.0
10	Jacob Green	vs. Kansas City 9/11/88	3.0	28.0
11	Rufus Porter	at San Diego 10/15/89	3.0	20.0
12	Jacob Green	vs. Detroit 12/30/90	3.0	14.0
13	Rufus Porter	vs. Denver 11/24/91	3.0	16.0
14	Cortez Kennedy	at New England 9/20/92	3.0	23.0
15	Michael Sinclair	vs. San Diego 10/3/93	3.0	23.0
16	Michael Sinclair	vs. Denver 9/8/96	3.0	19.0
17	Michael Sinclair	vs. Kansas City 9/15/96	4.0	13.0
18	Michael Sinclair	vs. Buffalo 12/8/96	3.0	15.0
19	Michael McCrary	at Jacksonville 12/15/96	3.0	13.0
20	Michael McCrary	at Oakland 12/22/96	4.0	15.0
21	Chad Brown	at Indianapolis 9/14/97	3.0	27.0
22	Cortez Kennedy	at Green Bay 11/1/99	3.0	30.0
23	John Randle	at San Diego 12/29/02	3.0	26.0

3.0 Sacks: Green 8, Sinclair 4, Kennedy 2, McCrary 2, Brown 1, Bryant 1, Gregory 1, Randle 1, Young 1.

## 100 YARDS RUSHING

	Player	Opponent	Att.	Yds.	Avg.	LG	TD
1	Shaun Alexander	vs. Oakland 11/11/01	35	266	7.6	88t	3
2	* Curt Warner	vs. Kansas City 11/27/83 (OT)	32	207	6.5	28	3
3	Shaun Alexander	vs. Carolina 10/31/04	32	195	6.1	44	1
4	Curt Warner	vs. Denver 12/20/86	24	192	8.0	60t	3
5	Chris Warren	at Houston 12/11/94	30	185	6.2	33	1
6	Ricky Watters	vs. Indianapolis 12/20/98	32	178	4.2	38	1
7	Shaun Alexander	vs. Jacksonville 10/7/01	31	176	5.7	23	2
	Shaun Alexander	at St. Louis 11/14/04	22	176	8.0	35	0
9	Chris Warren	at New England 9/19/93	36	174	4.5	17	1
10	Curt Warner	at San Diego 9/15/85	28	169	6.0	21	2
11	Chris Warren	vs. Phoenix 12/19/93 (OT)	27	168	6.2	45	1
	Ricky Watters	vs. Oakland 12/16/00	26	168	6.5	53	0
13	Shaun Alexander	at San Francisco 11/7/04	26	160	6.2	22	2
14	Chris Warren	vs. Kansas City 11/22/92	20	154	7.7	35	1
	Shaun Alexander	vs. Arizona 12/26/04	30	154	5.1	23t	3
16	Sherman Smith	at Chicago 11/5/78	23	152	6.6	67t	2
17	Shaun Alexander	vs. St. Louis 10/10/04	23	150	6.5	41	1
18	Lamar Smith	at Detroit 10/17/96	33	148	4.5	18	1
19	Chris Warren	vs. San Diego 10/27/96	19	146	7.7	50	1
20	Shaun Alexander	vs. Kansas City 11/24/02	23	145	6.3	46t	2
21	Derrick Fenner	at Denver 9/23/90 (OT)	22	144	6.5	28	3
22	Curt Warner	vs. San Diego 10/6/86	28	142	5.1	21	0
	Shaun Alexander	vs. Denver 10/14/01	33	142	4.3	60t	2
24	Curt Warner	at Denver 10/26/86	21	139	6.6	14	0
	Shaun Alexander	vs. Minnesota 9/29/02	24	139	5.8	43	4
26	Steve Broussard	vs. Tennessee 10/5/97	6	138	23.0	77	2
27	Curt Warner	at Denver 10/20/85 (OT)	27	136	5.0	19	0
	Chris Warren	at Washington 11/19/95	29	136	4.7	14	1
	Ricky Watters	vs. Washington 9/20/98	24	136	5.7	33	1
30	* Curt Warner	vs. Denver 11/6/83	24	135	5.6	23	0
	Shaun Alexander	vs. Arizona 12/21/03	21	135	6.4	44t	2
	Shaun Alexander	at New Orleans 9/12/04	28	135	4.8	27	2
33	Ricky Watters	vs. Cincinnati 11/8/99	27	133	4.9	19t	1
	Al Hunter	vs. Kansas City 12/17/78	27	133	4.9	55t	2
35	Jon Vaughn	vs. Pittsburgh 12/26/93	26	131	5.0	37	0
36	Curt Warner	vs. L.A. Raiders 11/28/88	27	130	4.8	26	0
37	* Curt Warner	at N.Y. Jets 9/11/83	25	128	5.1	31	2
38	Chris Warren	at Arizona 10/29/95 (OT)	23	127	5.5	52	0
	Shaun Alexander	vs. Kansas City 1/6/02	20	127	6.4	44t	1
	Shaun Alexander	at Atlanta 12/15/02	28	127	4.5	27t	2
	Shaun Alexander	vs. Cleveland 11/30/03	27	127	4.7	21	1
42	Curt Warner	vs. Denver 12/11/88	23	126	5.5	18	4
	Chris Warren	vs. Pittsburgh 9/25/94	26	126	4.8	28	1
	Shaun Alexander	at St. Louis 12/14/03	25	126	5.0	35	1
45	Ricky Watters	at Green Bay 11/1/99	31	125	4.0	45	2
46	* Sherman Smith	vs. Atlanta 11/7/76	14	124	8.9	53t	1
47	Curt Warner	vs. Green Bay 11/15/87	25	123	4.9	57	1
	Shaun Alexander	vs. Philadelphia 12/8/02	17	123	7.2	58	0
49	Dan Doornink	at Atlanta 10/29/79	21	122	5.8	26t	2
	Curt Warner	at Dallas 11/27/86	22	122	5.5	19	1
	Chris Warren	at New England 9/20/92	24	122	5.1	24	1
	Chris Warren	vs. L.A. Raiders 12/18/94	24	122	5.1	33	1
	Chris Warren	at Denver 11/13/94	18	122	6.8	23	1
54	David Sims	at N.Y. Jets 9/17/78	23	121	5.3	25	3
	Chris Warren	at Jacksonville 11/12/95	27	121	4.5	29	1
56	Curt Warner	vs. San Diego 11/22/87	23	119	5.2	27	1
57	Jim Jodat	at Washington 9/28/80	22	117	5.3	12	0
	Chris Warren	at Kansas City 10/23/94	19	117	6.2	41	0
59	* Curt Warner	vs. New England 12/18/83	26	116	4.5	14	0
	Curt Warner	vs. L.A. Raiders 12/8/86	23	116	5.0	18	2
	Chris Warren	vs. Tampa Bay 11/20/94	16	116	7.3	31	0
	Chris Warren	vs. Buffalo 12/8/96	21	116	5.5	51	0

\* Rookie

## 100 YARDS RUSHING (CONTINUED)

	Player	Opponent	Att.	Yds.	Avg.	LG	TD
63	Ricky Watters	at Denver 12/19/99	15	115	7.2	26	1
	Chris Warren	vs. Denver 10/1/95	24	115	4.8	18	3
65	Curt Warner	vs. Pittsburgh 9/7/86	21	114	5.4	31	0
66	Eric Lane	at Minnesota 9/30/84	14	113	8.1	40t	1
67	John L. Williams	vs. Kansas City 9/20/87	15	112	7.5	48	1
	Curt Warner	at L.A. Raiders 10/25/87	29	112	3.9	9	2
	Derrick Fenner	at Green Bay 12/9/90	20	112	5.5	36	1
	Chris Warren	vs. Cleveland 11/14/93	24	112	4.7	20	0
	Chris Warren	vs. San Diego 10/22/95	18	112	6.2	17	2
	Shaun Alexander	at Minnesota 12/12/04	27	112	4.1	22	0
73	Curt Warner	at Atlanta 10/2/88	22	110	5.0	21	1
	Shaun Alexander	vs. Detroit 11/16/03	20	110	5.5	55	1
75	* Curt Warner	vs. San Diego 9/18/83	22	109	5.9	23	2
	John L. Williams	vs. Denver 12/11/88	20	109	5.5	18	0
	John L. Williams	vs. Denver 11/24/91	17	109	6.4	42	0
	Chris Warren	vs. Cincinnati 9/17/95	24	109	4.5	30	1
79	Shaun Alexander	vs. New Orleans 9/7/03	24	108	4.5	15	1
80	Ricky Watters	at Kansas City 11/21/99	24	107	4.5	45	2
81	David Sims	vs. Baltimore 11/12/78	14	106	7.6	44t	2
	Curt Warner	at Washington 9/28/86	16	106	6.6	29	1
83	Curt Warner	vs. New England 11/17/85	24	105	4.4	24	0
	John L. Williams	vs. L.A. Raiders 11/28/88	17	105	6.2	24	0
	Chris Warren	vs. Oakland 12/17/95	17	105	6.2	35	3
	Ricky Watters	vs. Arizona 9/13/98	22	105	4.8	17	0
	Ricky Watters	vs. Kansas City 11/8/98	24	105	4.4	13	2
	Ricky Watters	vs. New Orleans 9/17/00	22	105	4.8	16	1
89	David Sims	at Green Bay 10/15/78	22	104	4.7	12	1
	Theotis Brown	at N.Y. Jets 10/25/81	14	104	7.4	43	0
	Ricky Watters	vs. Dallas 12/16/01	28	104	3.7	18	1
	Chris Warren	vs. Washington 11/8/92	19	103	5.4	36	0
92	Chris Warren	vs. Green Bay 9/29/96	18	103	5.7	37	1
	John L. Williams	vs. Houston 11/13/88	13	102	7.8	44t	1
94	Curt Warner	at L.A. Raiders 10/1/89	21	102	4.8	21	1
	John L. Williams	at Kansas City 1/2/94	16	102	6.4	38	1
	Shaun Alexander	at Green Bay 10/5/03	20	102	5.1	18	1
	* Curt Warner	at L.A. Raiders 10/30/83	23	101	4.4	24	1
	Chris Warren	at Denver 12/10/95	18	101	5.6	24	1
	Shaun Alexander	vs. Chicago 10/19/03	21	101	4.8	25t	2
101	Chris Warren	at Washington 9/4/94	22	100	4.5	13	2
	* Ahman Green	at Philadelphia 9/6/98	6	100	16.7	64	1

**100 Yards:** Warren 24, Warner 23, Alexander 22, Watters 11, J.L. Williams 6, Sims 3, Fenner 2, S. Smith 2, Broussard 1, Brown 1, Doornink 1, Green 1, Hunter 1, Jodat 1, Lane 1, L. Smith 1, Vaughn 1.

## 300 YARDS PASSING

	Player	Opponent	Att.	Comp.	Yds.	LG	TD	Int.
1	Matt Hasselbeck	at San Diego 12/29/02	53	36	449	49	2	2
2	Matt Hasselbeck	at San Francisco 12/1/02	55	30	427	39	3	2
3	Dave Krieg	at Denver 11/20/83	42	31	418	50t	3	4
4	Matt Hasselbeck	vs. Dallas, 12/6/04	40	28	414	35	3	0
5	Dave Krieg	at L.A. Raiders 12/18/88	32	19	410	75t	4	1
6	Warren Moon	vs. Oakland 10/26/97	44	28	409	45	5	0
7	Dave Krieg	at Denver 11/25/84	44	30	406	80t	3	0
8	Dave Krieg	vs. Atlanta 10/13/85	51	33	405	54	4	1
9	Jim Zorn	vs. New Orleans 11/18/79	33	24	384	51t	4	0
10	Dave Krieg	at San Diego 11/10/91	39	29	379	49	2	1
11	* Kelly Stouffer	vs. New Orleans 10/16/88	46	27	370	52	1	1
12	Matt Hasselbeck	vs. Kansas City 11/24/02	36	25	362	44	3	0
13	Trent Dilfer	vs. Arizona 9/15/02	47	29	352	48	1	0
14	Matt Hasselbeck	at New England, 10/17/04	50	27	349	37	0	2
15	Matt Hasselbeck	at Cincinnati 10/26/03	43	26	347	46t	3	3
16	Jeff Kemp	at Detroit 10/18/87	27	20	344	55	4	1

Player	Opponent	Att.	Comp.	Yds.	LG	TD	Int.	
17	Dave Krieg	vs. Denver 12/15/84	50	30	334	30	2	2
	Matt Hasselbeck	at Minnesota 12/12/04	34	23	334	37	3	2
19	Matt Hasselbeck	at Baltimore 11/23/03	41	23	333	80t	5	0
20	Jim Zorn	vs. San Diego 9/3/78	32	21	329	64t	2	1
21	Matt Hasselbeck	vs. Cleveland 11/30/03	35	26	328	32	3	1
22	Jim Zorn	at Oakland 9/20/81	43	24	327	36t	1	1
23	Bruce Mathison	vs. Miami 10/4/87	42	20	326	47	2	3
24	John Friesz	vs. Houston 11/3/96	38	24	323	44	1	2
25	Jeff Kemp	at Denver 9/15/91	50	21	322	47	0	2
26	Jim Zorn	at Denver 11/21/82	41	22	318	35t	1	1
27	Matt Hasselbeck	at San Francisco 12/27/03	37	24	315	31t	2	2
28	Jim Zorn	at Oakland 12/16/79	35	23	314	65t	2	1
29	Jim Zorn	vs. New England 9/21/80	36	20	312	40	4	1
30	Dave Krieg	vs. San Diego 10/29/89	49	27	311	24	1	2
31	Dave Krieg	at Green Bay 10/21/84	35	22	310	31	2	2
32	Jim Zorn	at Green Bay 10/15/78	32	17	308	48t	1	2
	Jim Zorn	vs. Denver 12/8/79	39	22	308	58	2	2
	Jim Zorn	vs. Kansas City 9/27/81	47	31	308	23	1	0
35	Dave Krieg	at San Diego 9/15/85	32	22	307	40	5	0
36	Dave Krieg	at Kansas City 11/11/90	23	16	306	54t	2	0
37	Dave Krieg	at San Diego 12/14/86	21	15	305	72t	4	0
38	Matt Hasselbeck	vs. St. Louis 12/22/02	32	20	303	44	1	0

**300 Yards:** Krieg 11, Hasselbeck 11, Zorn 9, Kemp 2, Dilfer 1, Friesz 1, Mathison 1, Moon 1, Stouffer 1.

### 100 YARDS RECEIVING

Player	Opponent	No.	Yds.	Avg.	LG	TD	
1	Steve Largent	at Detroit 10/18/87	15	261	17.4	55	3
2	Steve Largent	at Denver 11/25/84	12	191	15.9	65	1
3	+John L. Williams	at L.A. Raiders 12/18/88	7	180	25.7	75t	1
4	Darrell Jackson	vs. Arizona 9/15/02	10	174	17.4	48	0
5	Sam McCullum	at Oakland 12/16/79	8	173	21.6	65t	1
6	Steve Largent	vs. N.Y. Jets 12/6/81	7	169	24.1	57	1
7	Koren Robinson	vs. Kansas City 11/24/02	8	168	21.0	44	1
8	Koren Robinson	at St. Louis 10/20/02	3	166	53.3	83	1
9	Tommy Kane	at Miami 12/16/90	10	162	16.2	25	0
10	Brian Blades	at New Orleans 9/1/91	12	160	13.3	31	2
11	Steve Largent	at St. Louis 11/13/83	8	155	19.4	45	3
12	Brian Blades	vs. N.Y. Giants 11/5/95	6	153	25.5	44	2
13	Koren Robinson	at New England 10/17/04	9	150	16.7	31	0
14	Steve Largent	vs. New Orleans 11/18/79	9	146	16.2	34t	2
	Brian Blades	vs. Phoenix 9/17/89	9	146	16.2	28	1
	Darrell Jackson	at Baltimore 11/23/03	7	146	20.9	80t	2
17	* Brian Blades	vs. New Orleans 10/16/88	8	145	18.1	52	1
	Jerry Rice	vs. Dallas 12/6/04	8	145	18.1	33	1
19	Koren Robinson	at Atlanta 12/15/02	9	143	15.9	35	0
20	Steve Largent	at Oakland 10/26/80	4	142	35.5	67t	1
	Joey Galloway	at Philadelphia 9/6/98	6	142	23.7	35t	2
22	Brian Blades	vs. Kansas City 11/27/94	7	141	20.1	34	0
23	^ Charle Young	at San Diego 10/9/83	7	140	20.0	43	0
24	Steve Largent	vs. L.A. Raiders 9/16/79	5	139	27.8	40t	2
	Steve Largent	vs. N.Y. Giants 12/7/80	8	139	17.4	34t	1
	Joey Galloway	at Pittsburgh 9/27/98	7	139	19.9	40	0
27	Steve Largent	vs. New England 11/17/85	8	138	17.3	27	0
28	Derrick Mayes	at Chicago 9/19/99	7	137	19.6	34t	1
	Jimmy Teal	vs. Miami 10/4/87	9	137	15.2	47	0
	Joey Galloway	at Miami 10/6/96	5	137	27.4	65t	2
31	Steve Largent	vs. Houston 10/21/79	6	135	22.5	55t	2
	Darrell Jackson	at Minnesota 12/12/04	10	135	13.5	37	1
33	Steve Largent	vs. Buffalo 10/30/77	4	134	33.5	48t	2
	Brian Blades	vs. Kansas City 12/5/93	7	134	19.1	41	0
35	Steve Largent	vs. New England 12/18/83	7	133	19.0	46	1
	Darrell Jackson	at Arizona 9/14/03	3	133	44.3	66t	2

\* Rookie; + Running Back; ^ Tight End

## 100 YARDS RECEIVING (CONTINUED)

	Player	Opponent	No.	Yds.	Avg.	LG	TD
37	Brian Blades	vs. San Diego 10/3/93	10	132	13.2	20	1
38	Brian Blades	at San Diego 11/10/91	8	131	16.4	39	0
39	Steve Largent	vs. Washington 9/25/83	8	130	16.3	45	2
	Steve Largent	at Minnesota 9/30/84	8	130	16.3	30	1
	Joey Galloway	at San Diego 10/25/98	4	130	32.5	81t	1
42	Steve Largent	at Green Bay 10/21/84	7	129	18.4	31	1
	+ John L. Williams	vs. L.A. Raiders 12/17/89	12	129	10.8	36	1
44	* Steve Largent	vs. San Francisco 9/26/76	7	128	18.3	41	1
	Ray Butler	at New England 9/21/86	3	128	42.7	67t	2
46	Steve Largent	vs. San Diego 9/3/78	6	127	21.2	33t	1
	Steve Largent	at Green Bay 10/15/78	6	127	21.2	48t	1
	Steve Largent	at Atlanta 10/29/79	6	127	21.2	53	0
	Steve Largent	vs. New England 9/21/80	6	127	21.2	31t	2
	Brian Blades	at Denver 12/10/95	7	127	18.1	49	0
	Joey Galloway	at N.Y. Jets 12/6/98	2	127	63.5	70t	2
52	Steve Largent	at Chicago 11/5/78	6	126	21.0	31	2
	+ Ricky Watters	vs. Denver 11/26/00	9	126	14.0	59	0
54	Darrell Jackson	at Oakland 9/30/01	5	125	25.0	54	0
55	Brian Blades	at L.A. Raiders 12/11/88	4	123	30.8	55	2
56	Sam McCullum	at Oakland 9/20/81	6	122	20.3	36t	1
	Brian Blades	at Denver 11/26/89	8	122	15.3	29	0
	Tommy Kane	at Denver 9/15/91	6	122	20.3	38	0
	Koren Robinson	vs. Cleveland 11/30/03	6	122	20.3	32	0
60	Daryl Turner	at San Diego 9/15/85	7	121	17.3	34	4
	Darrell Jackson	vs. Miami 10/28/01	5	121	24.2	64	1
62	Steve Largent	at Kansas City 12/2/79	9	120	13.3	28	2
63	^ Itula Mili	at San Diego 12/29/02	7	119	17.0	49	0
64	Steve Largent	vs. San Diego 10/4/81	5	118	23.6	34	1
	Paul Johns	vs. Pittsburgh 10/23/83	6	118	19.7	28t	1
	Byron Franklin	vs. San Diego 10/6/86	5	118	23.6	46t	1
	Sean Dawkins	vs. Indianapolis 10/15/00	6	118	19.7	40	0
68	+ John L. Williams	at Chicago 12/20/87	8	117	14.6	75t	1
	Brian Blades	vs. San Diego 10/29/89	10	117	11.7	21	1
	Joey Galloway	vs. Oakland 10/26/97	7	117	16.7	45	3
71	Steve Largent	vs. San Diego 11/27/77	4	116	29.0	74t	2
	Steve Largent	vs. San Diego 9/18/83	8	116	14.5	41t	2
	Paul Johns	at Denver 11/20/83	9	116	12.9	20	0
74	Sean Dawkins	at Kansas City 11/21/99	5	114	22.8	45t	1
	Steve Largent	at Cincinnati 9/6/81	8	114	14.3	36	1
	* Joey Galloway	at Jacksonville 11/12/95	5	114	22.8	38	2
	Darrell Jackson	at San Diego 12/30/01	5	114	22.8	48t	2
	Darrell Jackson	at San Francisco 12/1/02	7	114	16.3	37	2
	Darrell Jackson	at San Francisco, 11/7/04	5	114	22.8	39t	2
80	Duke Ferguson	vs. Buffalo 10/30/77	4	113	28.3	45	1
	Brian Blades	at L.A. Raiders 10/1/89	7	113	16.1	32	1
	James McKnight	vs. Tennessee 11/29/98	5	113	22.6	59t	1
	Darrell Jackson	vs. Dallas, 12/6/04	9	113	12.6	35	1
84	Sam McCullum	vs. St. Louis 9/12/76	4	112	28.0	72t	2
	Steve Raible	at Minnesota 11/14/76	3	112	37.7	80t	1
86	Steve Largent	vs. Chicago 12/12/82	8	111	13.9	34	0
87	Steve Largent	at Denver 9/23/79	6	110	18.3	42	0
	Steve Largent	at New Orleans 11/10/85	5	110	22.0	43	0
	+ John L. Williams	at San Diego 11/25/90	9	110	12.2	60	0
90	Steve Largent	vs. Pittsburgh 11/28/82	5	109	21.8	45	0
	Darrell Jackson	at Arizona, 10/24/04	8	109	13.6	30	1
92	Steve Largent	vs. Cleveland 12/3/78	8	108	13.5	27	1
	Steve Largent	vs. N.Y. Jets 11/2/86	7	108	15.4	30	1
	* Joey Galloway	vs. Oakland 12/17/95	5	108	21.6	43	1
	Joey Galloway	at Denver 12/1/96	5	108	21.6	43	0
96	Sam McCullum	at N.Y. Jets 10/19/80	5	107	21.4	58	0
	Ray Butler	vs. Denver 12/13/87	6	107	17.8	40t	2
	Brian Blades	at Cincinnati 12/10/89	6	107	17.8	60t	1
	Brian Blades	at Denver 9/15/91	5	107	21.4	47	1
	Brian Blades	vs. Kansas City 9/3/95	8	107	13.4	23	1

	Player	Opponent	No.	Yds.	Avg.	LG	TD
101	Steve Largent	vs. Buffalo 10/14/84	5	106	21.2	51t	2
	Joey Galloway	vs. San Diego 9/21/97	5	106	21.2	53	1
103	* David Sims	at Cincinnati 9/25/77	4	105	26.3	82t	1
	Paul Johns	at New England 9/16/84	8	105	13.1	25	0
	Sean Dawkins	at Pittsburgh 9/26/99	5	105	21.0	43	0
107	Derrick Mayes	vs. Buffalo 10/24/99	6	105	17.5	43t	2
	Steve Largent	vs. Detroit 12/2/84	8	104	13.0	22	2
	Kelvin Martin	at Indianapolis 10/2/94	8	104	13.0	30t	1
	Darrell Jackson	at Denver 12/9/01	4	104	26.0	39	1
110	+* David Hughes	vs. Kansas City 9/27/81	12	103	8.6	22	0
	Paul Johns	at Denver 11/21/82	5	103	20.6	35	0
	Steve Largent	vs. Atlanta 10/13/85	8	103	12.9	27	1
	Brian Blades	vs. San Diego 12/27/92	6	103	17.2	37	0
115	Koren Robinson	at San Diego 12/29/02	9	103	11.4	21	1
	Sam McCullum	vs. Denver 12/8/79	5	102	20.4	58	0
	Steve Largent	at Cincinnati 11/16/86	7	102	14.6	28	0
	Tommy Kane	at Pittsburgh 10/20/91	6	102	17.0	60t	0
	* Joey Galloway	at Buffalo 10/15/95	5	102	20.4	54t	1
121	Darrell Jackson	vs. Oakland 11/11/01	7	102	14.6	31	1
	Darrell Jackson	vs. Cleveland 11/30/03	8	102	12.8	26t	2
	* Steve Largent	vs. New Orleans 11/21/76	6	101	16.8	22	1
	Steve Largent	vs. Philadelphia 11/2/80	6	101	16.8	27	1
	Steve Largent	vs. Kansas City 12/1/85	7	101	14.4	31	1
	Steve Largent	vs. Denver 12/20/86	6	101	16.8	27	0
	Joey Galloway	vs. San Francisco 12/21/97	6	101	16.8	37	2
	James Williams	at San Diego 12/30/01	4	101	25.3	46	1
128	Darrell Jackson	vs. Arizona, 12/26/04	6	101	16.8	53	0
	James McKnight	vs. Oakland 10/26/97	4	100	25.0	42t	1
	Koren Robinson	vs. Washington 11/3/02	8	100	12.5	23	0

**100 Yards:** Largent 40, Blades 17, Jackson 15, Galloway 12, Robinson 7, McCullum 5, Johns 4, J.L. Williams 4, Dawkins 3, Kane 3, Butler 2, Mayes 2, McKnight 2, Ferguson 1, Franklin 1, Hughes 1, Martin 1, Mili 1, Raible 1, Rice 1, Sims 1, Teal 1, Turner 1, Watters 1, J. Williams 1, C. Young 1.

### 3.0 SACKS

	Player	Opponent	Sacks	Yards
1.	Jacob Green	vs. N.Y. Giants 10/19/86	4.0	29.0
	Michael Sinclair	vs. Kansas City 9/15/96	4.0	13.0
	Michael McCrary	at Oakland 12/22/96	4.0	15.0
4.	Jacob Green	vs. L.A. Raiders 10/16/83	3.5	24.5
	Bill Gregory	vs. Denver 10/29/78	3.0	10.0
5.	Jacob Green	vs. New England 12/18/83	3.0	29.0
	Jacob Green	vs. Cleveland 9/3/84	3.0	24.0
	Jeff Bryant	vs. Detroit 12/2/84	3.0	19.0
	Jacob Green	vs. Cleveland 12/8/85	3.0	15.0
	Jacob Green	vs. Philadelphia 11/23/86	3.0	12.0
	Fredd Young	vs. Philadelphia 11/23/86	3.0	17.0
	Jacob Green	vs. Kansas City 9/11/88	3.0	28.0
	Rufus Porter	vs. San Diego 10/15/89	3.0	20.0
	Jacob Green	vs. Detroit 12/30/90	3.0	14.0
	Rufus Porter	vs. Denver 11/24/91	3.0	16.0
	Cortez Kennedy	at New England 9/20/92	3.0	23.0
	Michael Sinclair	vs. San Diego 10/3/93	3.0	23.0
	Michael Sinclair	vs. Denver 9/8/96	3.0	19.0
	Michael Sinclair	vs. Buffalo 12/8/96	3.0	15.0
	Michael McCrary	at Jacksonville 12/15/96	3.0	13.0
Chad Brown	at Indianapolis 9/14/97	3.0	27.0	
Cortez Kennedy	at Green Bay 11/1/99	3.0	30.0	
John Randle	at San Diego 12/29/02	3.0	26.0	

**3.0 Sacks:** Green 8, Sinclair 4, Kennedy 2, McCrary 2, Porter 2, Brown 1, Bryant 1, Gregory 1, Randle 1, Young 1.

\* Rookie; + Running Back; ^ Tight End

## TOP SINGLE-GAME OPPONENT PERFORMANCES

### 100 YARDS RUSHING (CHRONOLOGICAL)

Player	Team, Date	Att.	Yds.	Avg.	LG	TD
1 Terry Metcalf	vs. St. Louis 9/12/76	16	113	7.1	36	0
Jim Otis	vs. St. Louis 9/12/76	27	140	5.2	18	1
3 Mike Thomas	vs. Washington 9/19/76	27	143	5.3	24	1
4 Robert Newhouse	vs. Dallas 10/3/76	19	120	6.3	24	1
5 Sonny Collins	vs. Atlanta 11/7/76	17	100	5.9	47	0
6 Chuck Foreman	vs. Minnesota 11/14/76	17	100	5.9	36	0
7 Walter Payton	vs. Chicago 12/5/76	27	183	6.8	44	0
8 Tom Sullivan	at Philadelphia 12/12/76	23	121	5.3	26	2
9 Lydell Mitchell	vs. Baltimore 9/18/77	32	114	3.6	14	0
10 Sam Cunningham	at New England 10/9/77	31	101	3.3	26	0
11 Clarence Davis	at Oakland 11/6/77	18	100	5.6	24	1
12 Franco Harris	at Pittsburgh 12/4/77	23	103	4.5	11	0
13 Greg Pruitt	vs. Cleveland 12/18/77	22	127	5.8	18	1
14 Dexter Bussey	vs. Detroit 9/24/78	20	120	6.0	29t	1
15 Terdell Middleton	at Green Bay 10/15/78	23	121	5.3	25	4
16 Walter Payton	at Chicago 11/5/78	18	109	6.1	12	1
17 Greg Pruitt	vs. Cleveland 12/3/78	12	113	9.4	44	0
18 Tony Reed	vs. Kansas City 12/17/78	11	121	11.0	62t	1
19 Ted McKnight	vs. Kansas City 9/30/79	12	147	12.3	84t	2
20 Mike Pruitt	at Cleveland 11/11/79	15	141	9.4	65t	2
21 John Cappelletti	vs. San Diego 9/7/80	16	112	7.0	46	0
22 Mike Pruitt	vs. Cleveland 10/12/80	24	116	4.8	22t	2
23 Tony Dorsett	at Dallas 11/27/80	24	107	4.5	16	2
24 Billy Taylor	vs. N.Y. Giants 12/7/80	19	103	5.4	30t	1
25 Earl Campbell	vs. Houston 10/11/81	39	186	4.8	27	2
26 Rob Carpenter	vs. N.Y. Giants 10/18/81	21	116	5.5	22	1
27 Gerry Ellis	at Green Bay 11/1/81	23	127	5.5	19	0
28 Chuck Muncie	vs. San Diego 11/16/81	20	151	7.6	73t	2
29 James Hadnot	at Kansas City 11/22/81	10	106	10.6	24	0
30 Mike Pruitt	vs. Cleveland 9/12/82	30	136	4.5	10	2
31 Earl Campbell	at Houston 9/19/82	30	142	4.7	19	1
32 Marcus Allen	vs. L.A. Raiders 12/5/82	24	156	6.5	53	2
33 Tony Collins	vs. New England 12/19/82	32	103	3.2	11	0
34 Freeman McNeil	at N.Y. Jets 9/11/83	22	140	6.4	19	0
35 Mike Pruitt	at Cleveland 10/2/83	24	107	4.5	10	0
36 Franco Harris	vs. Pittsburgh 10/23/83	31	132	4.3	11	1
37 Ottis Anderson	at St. Louis 11/13/83	29	130	4.5	16	0
38 Tony Dorsett	vs. Dallas 12/4/83	26	117	4.5	17	2
39 Tony Collins	at New England 9/16/84	20	107	5.4	21	0
40 Walter Payton	vs. Chicago 9/23/84	24	116	4.8	25	0
41 Greg Bell	vs. Buffalo 10/14/84	28	113	4.0	22	0
42 Larry Kinnebrew	at Cincinnati 11/18/84	22	119	5.4	12	0
43 Larry Kinnebrew	at Cincinnati 9/8/85	18	101	5.6	16	1
44 Eric Dickerson	vs. L.A. Rams 9/23/85	31	150	4.8	43	3
45 Gerald Riggs	vs. Atlanta 10/13/85	23	139	6.0	30	0
46 Freeman McNeil	vs. N.Y. Jets 10/27/85	22	151	6.8	30	0
47 Marcus Allen	vs. L.A. Raiders 11/3/85	19	101	5.3	12	0
48 Marcus Allen	at L.A. Raiders 12/15/85	27	109	4.0	14	1
49 George Rogers	at Washington 9/28/86	25	115	4.6	24	2
50 Joe Morris	vs. N.Y. Giants 10/19/86	24	116	4.8	16	0
51 Marc Logan	vs. Cincinnati 10/11/87	16	103	6.4	30	1
52 Bo Jackson	vs. L.A. Raiders 11/30/87	18	221	12.3	91t	2
53 Frank Pollard	at Pittsburgh 12/6/87	22	106	4.8	15	1
54 Gary Anderson	at San Diego 9/18/88	19	120	6.3	25t	1
55 Roger Craig	vs. San Francisco 9/25/88	21	107	5.1	24	0
56 John Settle	at Atlanta 10/2/88	21	115	5.5	20	0
57 John Stephens	at New England 12/4/88	31	121	3.9	21	0

	Player	Team, Date	Att.	Yds.	Avg.	LG	TD
58	Christian Okoye	vs. Kansas City 10/8/89	30	156	5.2	21	1
59	Christian Okoye	at Kansas City 11/5/89	37	126	3.4	16	1
60	Neil Anderson	at Chicago 9/9/90	20	101	5.1	17	2
61	Bobby Humphrey	at Denver 9/23/90 (OT)	25	129	5.2	26	0
62	Marion Butts	at San Diego 11/25/90	28	128	4.6	19	0
63	Harold Green	vs. Cincinnati 9/6/92	21	123	5.9	52	0
64	Barry Foster	at Pittsburgh 12/6/92	33	125	3.8	12	1
65	Herschel Walker	vs. Philadelphia 12/13/92	23	111	4.8	18	1
66	Barry Sanders	at Detroit 10/17/93	22	101	4.6	29	0
67	Leonard Russell	vs. Denver 10/9/94	22	103	4.7	22	0
68	Natrone Means	at San Diego 10/30/94	26	104	4.0	20	1
69	Leonard Russell	at Denver 11/13/94	19	109	5.7	22	1
70	Eric Rhett	vs. Tampa Bay 11/20/94	24	111	4.6	27	0
71	Marshall Faulk	vs. Indianapolis 12/4/94	27	129	4.8	45t	1
72	Greg Hill	vs. Kansas City 9/3/95	15	109	7.3	27	0
73	Natrone Means	at San Diego 9/10/95	26	115	4.4	9	0
74	Harvey Williams	at Oakland 10/8/95	19	160	8.4	37	0
75	Adrian Murrell	vs. N.Y. Jets 11/26/95	24	116	4.8	21	1
76	Glyn Milburn	at Denver 12/10/95	18	131	7.3	23	0
77	Greg Hill	at Kansas City 12/24/95	21	113	5.4	16	0
78	Terrell Davis	vs. Denver 9/8/96	28	111	3.9	17	0
79	Barry Sanders	at Detroit 11/17/96	16	134	8.4	40	1
80	Napolean Kaufman	vs. Oakland 11/24/96	15	104	6.9	21	0
81	Terrell Davis	at Denver 12/1/96	26	106	4.1	16	1
82	Adrian Murrell	vs. N.Y. Jets 8/31/97	24	131	5.5	15	0
83	Terrell Davis	vs. Denver 9/7/97	21	107	5.1	14	1
84	Eddie George	vs. Tennessee 10/5/97	26	116	4.5	22	0
85	Napolean Kaufman	vs. Oakland 10/26/97	17	112	6.6	55	1
86	Terrell Davis	at Denver 11/2/97	21	101	4.8	19	0
87	Jerome Bettis	at Pittsburgh 9/27/98	28	138	4.9	23	0
88	Terrell Davis	vs. Denver 10/11/98	30	208	6.9	70	1
89	Terrell Davis	at Denver 12/27/98	29	178	6.1	21	0
90	Tyrone Wheatley	vs. Oakland 10/3/99	20	100	5.0	23	1
91	Dorsey Levens	at Green Bay 11/1/99	24	104	4.3	15	0
92	Olandis Gary	at Denver 12/19/99	22	183	8.3	71	0
93	Curtis Martin	at N.Y. Jets 1/2/00	34	158	4.6	50	1
94	Lamar Smith	at Miami 9/3/00	27	145	5.4	36	1
95	Ricky Williams	vs. New Orleans 9/17/00	23	107	4.7	15	0
96	Tim Biakabutuka	at Carolina 10/8/00	23	103	4.5	43	0
97	Edgerrin James	vs. Indianapolis 10/15/00	38	219	5.8	26	3
98	Tyrone Wheatley	at Oakland 10/22/00	15	156	10.4	80	1
99	Fred Taylor	at Jacksonville 11/12/00	21	103	4.9	19	1
100	Mike Anderson	vs. Denver 11/26/00	30	195	6.5	80	2
101	Mike Anderson	at Denver 12/10/00	29	131	4.5	19	2
102	Tyrone Wheatley	vs. Oakland 12/16/00	26	146	5.6	67	0
103	Antowain Smith	vs. Buffalo 12/23/00	17	147	8.6	59	3
104	Stephen Davis	at Washington 11/4/01	32	142	4.4	20	1
105	Priest Holmes	at Kansas City 11/25/01	26	120	4.6	12	0
106	Terrell Davis	at Denver 12/9/01	19	109	5.7	57	0
107	Priest Holmes	vs. Kansas City 1/6/02	23	117	5.1	22	0
108	Charlie Garner	at Oakland 9/8/02	15	127	8.5	28	1
109	Thomas Jones	vs. Arizona 9/15/02	24	173	7.2	58t	1
110	Marshall Faulk	at St. Louis 10/20/02	32	183	5.7	40	3
111	Emmitt Smith	at Dallas 10/27/02	24	109	7.8	14	1
112	Kenny Watson	vs. Washington 11/3/02	23	110	4.8	23	0
113	Clinton Portis	vs. Denver 11/17/02	23	136	5.9	34	0
114	Priest Holmes	vs. Kansas City 11/24/02	23	197	8.6	30	2
115	Garrison Hearst	at San Francisco 12/1/02	31	124	4.0	31	3
116	Duce Staley	vs. Philadelphia 12/8/02	21	100	4.8	21t	1
117	Warrick Dunn	at Atlanta 12/15/02	20	101	5.1	31	0
118	Ahman Green	at Green Bay 10/5/03	27	118	4.4	16	2
119	Rudi Johnson	at Cincinnati 10/26/03	27	101	3.7	18t	1
120	Jamal Lewis	at Baltimore 11/23/03	26	117	4.5	14	0
121	Michael Bennett	at Minnesota 12/7/03	25	103	4.1	18	0

## 100 YARDS RUSHING (CONTINUED)

	Player	Team, Date	Att.	Yds.	Avg.	LG	TD
122	Corey Dillon	at New England 10/17/04	23	105	4.6	15	2
123	Emmitt Smith	at Arizona 10/24/04	26	106	4.1	26	1
124	Marshall Faulk	at St. Louis 11/14/04	18	139	7.7	40	0
125	Willis McGahee	vs. Buffalo 11/28/04	28	116	4.1	30t	4
126	Julius Jones	vs. Dallas 12/6/04	30	198	6.6	53	3
127	Curtis Martin	at N.Y. Jets 12/19/04	24	134	5.6	20	2
128	Warrick Dunn	vs. Atlanta 1/2/05	25	132	5.3	26	0

## 300 YARDS PASSING (CHRONOLOGICAL)

	Player	Team, Date	Att.	Comp.	Yds.	TD	Int.
1	Ken Stabler	vs. Oakland 9/16/79	37	25	343	1	2
2	Steve DeBerg	at San Francisco 10/7/79	40	31	306	1	1
3	Dan Fouts	at San Diego 10/14/79	35	28	318	3	0
4	Ken Stabler	at Oakland 12/16/79	47	31	342	1	2
5	Dan Fouts	at San Diego 12/13/80	42	29	339	1	2
6	Dan Fouts	at San Diego 10/4/81	41	30	302	3	0
7	Dan Fouts	vs. San Diego 9/18/83	41	21	338	4	3
8	Brian Sipe	at Cleveland 10/2/83	40	25	310	1	3
9	Dan Fouts	at San Diego 10/9/83	36	28	331	1	2
10	Bill Kenney	vs. Kansas City 11/27/83	38	21	311	4	0
11	Jeff Rutledge	at N.Y. Giants 12/11/83	52	29	349	0	2
12	Dan Fouts	vs. San Diego 9/9/84	40	23	332	2	4
13	Wade Wilson	at L.A. Raiders 10/7/84	19	12	309	2	0
14	Lynn Dickey	vs. Green Bay 10/21/84	38	24	364	3	3
15	Bill Kenney	at Kansas City 12/9/84	37	18	312	2	0
16	Dan Fouts	at San Diego 9/15/85	43	29	440	4	1
17	Mark Herrmann	vs. San Diego 10/6/85	35	26	344	3	3
18	John Elway	vs. Denver 12/20/85	42	24	432	1	0
19	Tony Eason	at New England 9/21/86	45	26	414	3	0
20	John Elway	at Denver 10/26/86	32	18	321	1	1
21	Ken O'Brien	vs. N.Y. Jets 11/2/86	32	26	431	4	0
22	Boomer Esiason	at Cincinnati 11/16/86	33	22	334	1	1
23	John Elway	at Denver 9/13/87	32	22	338	4	1
24	John Elway	vs. Denver 12/13/87	42	21	335	1	2
25	Bill Kenney	at Kansas City 12/27/87	35	23	320	3	0
26	Joe Montana	vs. San Francisco 9/25/88	29	20	302	4	1
27	Jim Everett	at L.A. Rams 10/23/88	27	20	311	3	0
28	Jay Schroeder	vs. L.A. Raiders 12/18/88	49	22	354	3	1
29	John Elway	vs. Denver 10/22/89	35	18	344	2	0
30	Randall Cunningham	vs. Philadelphia 12/13/92 (OT)	44	27	365	0	1
31	Warren Moon	at Houston 11/7/93	55	36	369	2	2
32	Steve Beuerlein	vs. Phoenix 12/19/93 (OT)	53	34	431	3	2
33	Jeff Blake	vs. Cincinnati 11/6/94	43	31	387	0	1
34	Jeff Hostetler	at Oakland 10/8/95	33	20	333	2	0
35	Jim Kelly	vs. Buffalo 12/8/96	41	24	324	1	2
36	Eric Zeier	at Baltimore 12/8/97	28	17	302	1	0
37	Trent Green	vs. Washington 9/20/98	54	27	383	0	1
38	Vinny Testaverde	at N.Y. Jets 12/6/98	63	42	418	2	1
39	Peyton Manning	vs. Indianapolis 12/20/98	39	23	335	1	1
40	John Elway	at Denver 12/27/98	36	26	338	4	0
41	Elvis Grbac	at Kansas City 11/21/99	49	30	322	0	1
42	Kurt Warner	vs. St. Louis 9/10/00	47	35	386	1	1
43	Steve Beuerlein	at Carolina 10/8/00	39	27	332	2	1
44	Elvis Grbac	vs. Kansas City 10/29/00	35	22	342	3	3
45	Mark Brunell	at Jacksonville 11/12/00	34	24	340	1	0
46	Doug Flutie	vs. Buffalo 12/23/00	25	20	366	3	0
47	Alex Van Pelt	at Buffalo 11/18/01	42	28	316	2	0
48	Kerry Collins	at N.Y. Giants 12/23/01	47	30	338	1	0
49	Doug Flutie	at San Diego 12/30/01	53	34	377	1	2
50	Trent Green	vs. Kansas City 11/17/02	34	26	343	2	1
51	Drew Brees	at San Diego 12/29/02	49	27	332	3	1
52	Anthony Wright	at Baltimore 11/23/03 (OT)	37	20	319	4	0
53	Marc Bulger	vs. St. Louis 10/10/04	42	24	325	3	3

## 100 YARDS RECEIVING (CHRONOLOGICAL)

	Player	Team, Date	Yds.	No.	Avg.	LG	TD
1	Willie McGee	vs. San Francisco 9/26/76	104	5	20.8	52t	1
2	James Scott	vs. Chicago 12/5/76	106	3	35.3	63t	2
3	Isaac Curtis	at Cincinnati 9/25/77	100	3	33.3	54	1
4	Morris Owens	vs. Tampa Bay 10/16/77	166	9	18.4	67t	1
5	Duriel Harris	at Miami 9/9/79	117	5	23.4	51	0
6	Cliff Branch	vs. Oakland 9/16/79	156	7	22.3	47	0
7	^ Riley Odoms	at Denver 9/23/79	125	5	25.0	45	0
8	John Jefferson	at San Diego 10/14/79	137	9	15.2	49t	2
9	^ Henry Childs	vs. New Orleans 11/18/79	121	6	20.2	34	0
10	^ Jerome Barkum	vs. N.Y. Jets 11/26/79	103	6	17.2	40	0
11	Cliff Branch	at Oakland 12/16/79	109	10	10.9	15	0
12	John Jefferson	vs. San Diego 9/7/80	103	6	17.2	23t	2
13	Stanley Morgan	vs. New England 9/21/80	108	2	54.0	68t	2
14	Charles Smith	vs. Philadelphia 11/2/80	109	5	21.8	38	1
15	Earnest Gray	vs. N.Y. Giants 12/7/80	114	3	38.0	50t	2
16	John Jefferson	at San Diego 12/13/80	113	8	14.1	19t	1
17	^ Kellen Winslow	vs. San Diego 11/16/81	106	7	15.1	31	0
18	Dave Logan	vs. Cleveland 12/20/81	101	5	20.2	26	1
19	Carlos Carson	at Kansas City 9/4/83	104	7	14.9	48	1
20	Wesley Walker	at N.Y. Jets 9/11/83	116	3	38.7	48t	1
21	^ Eric Sievers	vs. San Diego 9/18/83	115	6	19.2	27t	2
22	^ Todd Christensen	vs. L.A. Raiders 10/16/83	152	11	13.8	22t	3
23	Marcus Allen	at L.A. Raiders 10/30/83	104	8	13.0	36	0
24	Steve Watson	vs. Denver 11/6/83	110	7	15.7	25t	1
25	Steve Watson	at Denver 11/20/83	119	4	29.8	78t	1
26	Carlos Carson	vs. Kansas City 11/27/83 (OT)	149	7	21.3	35	1
27	Byron Williams	at N.Y. Giants 12/11/83	103	7	14.7	24	0
28	^ Pete Holohan	vs. San Diego 9/9/84	133	6	22.2	51	0
29	+ Marcus Allen	at L.A. Raiders 10/7/84	173	4	32.3	92	1
30	James Lofton	at Green Bay 10/21/84	162	5	32.4	79t	2
31	Henry Marshall	at Kansas City 12/9/84	166	8	20.8	36	1
32	Cris Collinsworth	at Cincinnati 9/8/85	101	4	25.3	71	0
33	Wes Chandler	at San Diego 9/15/85	243	13	18.7	45	1
34	Wes Chandler	vs. San Diego 10/6/85	150	9	16.7	59	2
35	Stanley Morgan	at New England 9/21/86	161	7	23.0	44t	3
36	Art Monk	at Washington 9/28/86	103	5	20.6	69	0
37	Al Toon	vs. N.Y. Jets 11/2/86	195	9	21.7	50t	2
	Wesley Walker	vs. N.Y. Jets 11/2/86	161	6	26.8	83t	1
39	^ Kellen Winslow	at San Diego 12/14/86	105	8	13.1	28	1
40	^ Todd Christensen	at L.A. Raiders 10/25/87	124	8	15.5	20	1
41	Carlos Carson	at Kansas City 12/27/87	120	4	30.0	81t	1
	Stephon Paige	at Kansas City 12/27/87	100	7	14.3	46t	1
43	Paul Palmer	vs. Kansas City 9/11/88	105	8	13.1	27	0
44	Jerry Rice	vs. San Francisco 9/25/88	163	6	27.2	69t	3
45	Henry Ellard	at L.A. Rams 10/23/88	101	7	14.4	20	0
46	Drew Hill	vs. Houston 11/13/88	139	8	17.4	57t	1
47	Stephon Paige	at Kansas City 11/20/88	106	5	21.2	49	0
48	Tim Brown	vs. L.A. Raiders 11/28/88	114	4	28.5	49t	1
49	Mark Jackson	vs. Denver 12/11/88	137	7	19.6	35	1
50	Mervyn Fernandez	at L.A. Raiders 12/18/88	113	4	28.3	54t	1
	Willie Gault	at L.A. Raiders 12/18/88	108	2	54.0	57	1
52	Mike Quick	at Philadelphia 9/10/89	140	6	23.3	40	1
53	Roy Green	vs. Phoenix 9/17/89	166	8	20.8	59t	3
	J.T. Smith	vs. Phoenix 9/17/89	104	7	14.9	25t	1
55	Mervyn Fernandez	at L.A. Raiders 10/1/89	113	7	16.1	36t	1
56	Anthony Miller	at San Diego 10/15/89	116	7	16.6	44	0
57	Michael Young	vs. Denver 10/22/89	137	6	22.8	47	0
58	Vance Johnson	at Denver 11/26/89	154	6	25.7	69	2
59	^ Tim McGee	at Cincinnati 12/10/89	109	7	15.6	23	1
60	Gary Clark	vs. Washington 12/23/89	149	9	16.6	44t	1
61	Vance Johnson	at Denver 9/23/90	120	9	13.3	22	0
62	Hart Lee Dykes	at New England 10/7/90	103	5	20.6	35t	1

+ Running Back; ^ Tight End

## 100 YARDS RECEIVING (CONTINUED)

	Player	Team, Date	Yds.	No.	Avg.	LG	TD
63	Eddie Brown	at Cincinnati 10/6/91	117	7	16.7	43	0
64	Anthony Miller	at San Diego 11/10/91	124	5	24.8	58	0
65	^ Ethan Horton	at L.A. Raiders 11/17/91	123	7	17.6	51t	1
66	John Taylor	vs. San Francisco 12/8/91	113	7	16.1	41	1
67	Irving Fryar	at New England 9/20/92	101	6	16.8	36t	1
68	Anthony Miller	at San Diego 10/4/92	142	9	15.8	67t	2
69	Michael Irvin	at Dallas 10/11/92	113	6	18.8	24	0
70	Fred Barnett	vs. Philadelphia 12/13/92 (OT)	161	9	17.9	53	1
71	^ Tony McGee	at Cincinnati 9/26/93	102	7	14.6	37	0
72	Anthony Miller	vs. San Diego 10/3/93	123	10	12.3	20	1
73	Webster Slaughter	at Houston 11/7/93	135	9	15.0	36	1
74	Gary Clark	vs. Phoenix 12/19/93 (OT)	152	12	12.7	28	1
75	^ Eric Green	vs. Pittsburgh 12/26/93	119	7	17.0	41	0
76	Henry Ellard	at Washington 9/4/94	105	7	15.0	25	0
77	Tony Martin	vs. San Diego 9/18/94	152	6	25.3	99t	1
78	Darnay Scott	vs. Cincinnati 11/6/94 (OT)	157	7	22.4	76	0
79	Tim Brown	vs. L.A. Raiders 12/18/94	107	4	26.8	77t	1
80	Willie Davis	vs. Kansas City 9/3/95	155	6	25.8	60t	2
81	Tony Martin	at San Diego 9/10/95	163	13	12.5	24	0
82	Tim Brown	at Oakland 10/8/95	143	5	28.6	80t	1
83	Bill Brooks	at Buffalo 10/15/95	109	6	18.2	30	2
84	Mike Sherrard	vs. N.Y. Giants 11/5/95	128	6	21.3	30	1
85	Antonio Freeman	vs. Green Bay 9/29/96	108	7	15.4	28	2
86	Cris Carter	vs. Minnesota 11/10/96	142	7	20.3	40	0
87	Jimmy Smith	at Jacksonville 12/15/96	124	8	15.5	39	2
88	Jeff Graham	vs. N.Y. Jets 8/31/97	100	3	33.3	47	2
89	Tim Brown	vs. Oakland 10/26/97	107	7	15.3	24	0
90	Rod Smith	at Denver 11/2/97	114	5	22.8	59	1
91	Tony Martin	at San Diego 11/9/97	100	5	20.0	61	2
92	Derrick Alexander	at Baltimore 12/7/97	150	6	25.0	92	0
93	Michael Westbrook	vs. Washington 9/20/98	132	7	18.9	36	2
94	Rod Smith	at Denver 10/11/98	136	8	17.0	50	1
95	Keyshawn Johnson	vs. N.Y. Jets 12/6/98	114	9	12.7	20	1
96	Torrance Small	vs. Indianapolis 12/20/98	120	3	40.0	53	0
97	Rod Smith	at Denver 12/27/98	158	9	17.6	36	1
98	Germane Crowell	vs. Detroit 9/12/99	141	7	20.1	41t	2
99	Pearless Price	vs. Buffalo 10/24/99	106	5	21.2	45	1
100	Corey Bradford	at Green Bay 11/1/99	106	3	35.3	74t	1
101	Carl Pickens	vs. Cincinnati 11/7/99	104	4	26.0	75t	1
102	Ed McCaffrey	vs. Denver 11/14/99	125	6	20.8	42	1
103	Derrick Alexander	at Kansas City 11/21/99	101	8	12.6	25	0
104	Jeff Graham	vs. San Diego 12/12/99	114	9	12.7	26	0
105	Torry Holt	vs. St. Louis 9/10/00	101	6	16.8	41	0
106	Derrick Alexander	at Kansas City 10/2/00	153	5	30.6	73	1
107	^ Wesley Walls	at Carolina 10/8/00	102	7	14.6	26	0
108	Marvin Harrison	vs. Indianapolis 10/15/00	134	7	19.1	39	0
109	Derrick Alexander	vs. Kansas City 10/29/00	137	4	34.6	59t	2
	^ Tony Gonzalez	vs. Kansas City 10/29/00	101	8	12.6	22	0
111	Keenan McCardell	at Jacksonville 11/12/00	156	6	26.0	67t	1
	Jimmy Smith	at Jacksonville 11/12/00	117	10	11.7	34	0
113	Ed McCaffrey	at Denver 12/10/00	112	8	14.0	41	1
114	Peerless Price	vs. Buffalo 12/23/00	132	8	16.5	34	1
	Eric Moulds	vs. Buffalo 12/23/00	101	4	25.3	48	0
116	James Thrash	vs. Philadelphia 9/23/01	165	10	16.5	64t	2
117	Peerless Price	at Buffalo 11/18/01	138	10	13.8	23	1
118	Amani Toomer	at N.Y. Giants 12/23/01	124	8	15.5	28	0
119	Ike Hilliard	at N.Y. Giants 12/23/01	105	7	15.0	26	1
120	Curtis Conway	at San Diego 12/30/01	156	11	14.2	38	1
121	Amani Toomer	at N.Y. Giants 9/22/02	100	4	25.0	49	
0122	Jason McAddley	at Arizona 11/10/02	113	5	22.6	42	0
123	+ Priest Holmes	vs. Kansas City 11/24/02	110	7	15.7	64t	1
124	^ Stephen Alexander	at San Diego 12/29/02	129	8	16.1	30	1

	Player	Team, Date	Yds.	No.	Avg.	LG	TD
125	Donte' Stallworth	vs. New Orleans 9/7/03	101	8	12.6	30	0
126	Laveranues Coles	at Washington 11/9/03	125	5	25.0	64	1
127	Marcus Robinson	at Baltimore 11/23/03	131	7	18.7	50t	4
128	Randy Moss	at Minnesota 12/7/03	133	8	16.6	47t	2
129	Torry Holt	at St. Louis 12/14/03	100	6	16.7	40t	1
130	Anquan Boldin	vs. Arizona 12/21/03	122	10	12.2	60t	1
131	Joe Horn	at New Orleans 9/12/04	110	6	18.3	33	0
132	Muhsin Muhammad	vs. Carolina 10/31/04	106	8	13.3	35	2
	Keary Colbert	vs. Carolina 10/31/04	100	4	25.0	63	0
134	Isaac Bruce	at St. Louis 11/14/04	104	7	14.9	21	0
135	Chris Chambers	vs. Miami 11/21/04	103	9	11.4	28	1
136	Keyshawn Johnson	vs. Dallas 12/6/04	116	6	19.3	39	1
137	Randy Moss	at Minnesota 12/12/04	104	4	26.0	54	1
138	Anquan Boldin	vs. Arizona 12/26/04	107	7	15.3	31t	1

## 100 YARDS RUSHING

	Player	Team, Date	Att.	Yds.	Avg.	LG	TD
1	Bo Jackson	vs. L.A. Raiders 11/30/87	18	221	12.3	91t	2
2	Edgerrin James	vs. Indianapolis 10/15/00	38	219	5.8	26t	3
3	Terrell Davis	vs. Denver 10/11/98	30	208	6.9	70	1
4	Julius Jones	vs. Dallas 12/6/04	30	198	6.6	53	3
5	Priest Holmes	vs. Kansas City 11/24/02	23	197	8.6	30	2
6	Mike Anderson	vs. Denver 11/26/00	30	195	6.5	80t	2
7	Earl Campbell	vs. Houston 10/11/81	39	186	4.8	27	2
8	Walter Payton	vs. Chicago 12/5/76	27	183	6.8	44	0
	Olandis Gary	at Denver 12/19/99	22	183	8.3	71	0
	Marshall Faulk	at St. Louis 10/20/02	32	183	5.7	40	3
11	Terrell Davis	at Denver 12/27/98	29	178	6.1	21	0
12	Thomas Jones	vs. Arizona 9/15/02	24	173	7.2	58t	1
13	Harvey Williams	at Oakland 10/8/95	19	160	8.4	37	0
14	Curtis Martin	at N.Y. Jets 1/2/00	34	158	4.6	50	1
15	Marcus Allen	vs. L.A. Raiders 12/5/82	24	156	6.5	53	2
	Christian Okoye	vs. Kansas City 10/8/89	30	156	5.2	21	1
	Tyrone Wheatley	at Oakland 10/22/00	15	156	10.4	80t	1
18	Chuck Muncie	vs. San Diego 11/16/81	20	151	7.6	73t	2
	Freeman McNeil	vs. N.Y. Jets 10/27/85	22	151	6.8	30	0
20	Eric Dickerson	vs. L.A. Rams 9/23/85	31	150	4.8	43	3
21	Ted McKnight	vs. Kansas City 9/30/79	12	147	12.3	84t	2
	Antowain Smith	vs. Buffalo 12/23/00	17	147	8.6	59	3
23	Tyrone Wheatley	vs. Oakland 12/16/00	26	146	5.6	67	0
24	Lamar Smith	at Miami 9/3/00	27	145	5.4	36	1
25	Mike Thomas	vs. Washington 9/19/76	27	143	5.3	24	1
26	Earl Campbell	at Houston 9/19/82	30	142	4.7	19	1
	Stephen Davis	at Washington 11/4/01	32	142	4.3	20	1
28	Mike Pruitt	at Cleveland 11/11/79	15	141	9.4	65t	2
29	Jim Otis	vs. St. Louis 9/12/76	27	140	5.2	18	1
	Freeman McNeil	at N.Y. Jets 9/11/83	22	140	6.4	19	0
31	Gerald Riggs	vs. Atlanta 10/13/85	23	139	6.0	30	0
	Marshall Faulk	at St. Louis 11/14/04	18	139	7.7	40	0
33	Jerome Bettis	at Pittsburgh 9/27/98	28	138	4.9	23	0
34	Mike Pruitt	vs. Cleveland 9/12/82	30	136	4.5	10	2
	Clinton Portis	vs. Denver 11/17/02	23	136	5.9	34	0
36	Barry Sanders	at Detroit 11/17/96	16	134	8.4	40	1
	Curtis Martin	at N.Y. Jets, 12/19/04	24	134	5.6	20	2
38	Franco Harris	vs. Pittsburgh 10/23/83	31	132	4.3	11	1
	Warrick Dunn	vs. Atlanta, 1/2/05	25	132	5.3	26	0
40	Glyn Milburn	at Denver 12/10/95	18	131	7.3	29	0
	Adrian Murrell	vs. N.Y. Jets 8/31/97	24	131	5.5	15	0
	Mike Anderson	at Denver 12/10/00	29	131	4.5	19	2
43	Ottis Anderson	at St. Louis 11/13/83	29	130	4.5	16	0

+ Running Back; ^ Tight End

## 100 YARDS RUSHING (CONTINUED)

	Player	Team, Date	Att.	Yds.	Avg.	LG	TD
44	Bobby Humphrey	at Denver 9/23/90 (OT)	25	129	5.2	26	0
	Marshall Faulk	vs. Indianapolis 12/4/94	27	129	4.8	45t	1
46	Marion Butts	at San Diego 11/25/90	28	128	4.6	19	0
47	Gerry Ellis	at Green Bay 11/1/81	23	127	5.5	19	0
	Greg Pruitt	vs. Cleveland 12/18/77	22	127	5.8	18	1
	Charlie Garner	at Oakland 9/8/02	15	127	8.5	28	1
50	Christian Okoye	at Kansas City 11/5/89	37	126	3.4	16	1
51	Barry Foster	at Pittsburgh 12/6/92	33	125	3.8	12	1
52	Garrison Hearst	at San Francisco 12/1/02	31	124	4.0	31	3
53	Harold Green	vs. Cincinnati 9/6/92	21	123	5.9	52	0
54	Tom Sullivan	at Philadelphia 12/12/76	23	121	5.3	26	2
	Terrell Middleton	at Green Bay 10/15/78	23	121	5.3	25	4
	Tony Reed	vs. Kansas City 12/17/78	11	121	11.0	62t	1
	John Stephens	at New England 12/4/88	31	121	3.9	21	0
58	Robert Newhouse	vs. Dallas 10/3/76	19	120	6.3	24	1
	Dexter Bussey	vs. Detroit 9/24/78	20	120	6.0	29t	1
	Gary Anderson	at San Diego 9/18/88	19	120	6.3	25t	1
	Priest Holmes	at Kansas City 11/25/01	26	120	4.6	12	0
62	Larry Kinnebrew	at Cincinnati 11/18/84	22	119	5.4	12	0
63	Ahman Green	at Green Bay 10/5/03	27	118	4.4	16	2
64	Tony Dorsett	vs. Dallas 12/4/83	26	117	4.5	17	2
	Priest Holmes	vs. Kansas City 1/6/02	23	117	5.1	22	0
	Jamal Lewis	at Baltimore 11/23/03	26	117	4.5	14	0
67	Mike Pruitt	vs. Cleveland 10/12/80	24	116	4.8	22t	2
	Rob Carpenter	vs. N.Y. Giants 10/18/81	21	116	5.5	22	1
	Walter Payton	vs. Chicago 9/23/84	24	116	4.8	25	0
	Joe Morris	vs. N.Y. Giants 10/19/86	24	116	4.8	16	0
	Adrian Murrell	vs. N.Y. Jets 11/26/95	24	116	4.8	21	1
	Eddie George	vs. Tennessee 10/5/97	26	116	4.5	22	0
	Willis McGahee	vs. Buffalo 11/28/04	28	116	4.1	30t	4
74	George Rogers	at Washington 9/28/86	25	115	4.6	24	2
	John Settle	at Atlanta 10/2/88	21	115	5.5	20	0
	Natrone Means	at San Diego 9/10/95	26	115	4.4	9	0
77	Lydell Mitchell	vs. Baltimore 9/18/77	32	114	3.6	14	0
78	Terry Metcalf	vs. St. Louis 9/12/76	16	113	7.1	36	0
	Greg Pruitt	vs. Cleveland 12/3/78	12	113	9.4	44	0
	Greg Bell	vs. Buffalo 10/14/84	28	113	4.0	22	0
	Greg Hill	at Kansas City 12/24/95	21	113	5.4	16	0
82	John Cappelletti	vs. San Diego 9/7/80	16	112	7.0	46	0
	Napolean Kaufman	vs. Oakland 10/26/97	17	112	6.6	55	1
84	Herschel Walker	vs. Philadelphia 12/13/92	23	111	4.8	18	1
	Eric Rhett	vs. Tampa Bay 11/20/94	24	111	4.6	27	0
	Terrell Davis	vs. Denver 9/8/96	28	111	3.9	17	0
87	Kenny Watson	vs. Washington 11/3/02	23	110	4.8	23	0
88	Walter Payton	at Chicago 11/5/78	18	109	6.1	12	1
	Marcus Allen	at L.A. Raiders 12/15/85	27	109	4.0	14	1
	Leonard Russell	at Denver 11/13/94	19	109	5.7	22	1
	Greg Hill	vs. Kansas City 9/3/95	15	109	7.3	27	0
	Terrell Davis	at Denver 12/9/01	19	109	5.7	57	0
	Emmitt Smith	at Dallas 10/27/02	24	109	7.8	14	1
94	Tony Dorsett	at Dallas 11/27/80	24	107	4.5	16	2
	Mike Pruitt	at Cleveland 10/2/83	24	107	4.5	10	0
	Tony Collins	at New England 9/16/84	20	107	5.4	21	0
	Roger Craig	vs. San Francisco 9/25/88	21	107	5.1	24	0
	Terrell Davis	vs. Denver 9/7/97	21	107	5.1	14	1
	Ricky Williams	vs. New Orleans 9/17/00	23	107	4.7	15	0

	Player	Team, Date	Att.	Yds.	Avg.	LG	TD
100	James Hadnot	at Kansas City 11/22/81	10	106	10.6	24	0
	Frank Pollard	at Pittsburgh 12/6/87	22	106	4.8	15	1
	Terrell Davis	at Denver 12/1/96	26	106	4.1	16	1
	Emmitt Smith	at Arizona 10/24/04	26	106	4.1	26	1
	Corey Dillon	at New England 10/17/04	23	105	4.6	15	2
105	Natrone Means	at San Diego 10/30/94	26	104	4.0	20	1
	Napolean Kaufman	vs. Oakland 11/24/96	15	104	6.9	21	0
	Dorsey Levens	at Green Bay 11/1/99	24	104	4.3	15	0
108	Franco Harris	at Pittsburgh 12/4/77	23	103	4.5	11	0
	Billy Taylor	vs. N.Y. Giants 12/7/80	19	103	5.4	30t	1
	Tony Collins	vs. New England 12/19/82	32	103	3.2	11	0
	Marc Logan	vs. Cincinnati 10/11/87	16	103	6.4	30	1
	Leonard Russell	vs. Denver 10/9/94	22	103	4.7	22	0
	Tim Biakabutuka	at Carolina 10/8/00	23	103	4.5	43	0
	Fred Taylor	at Jacksonville 11/12/00	21	103	4.9	19	1
	Michael Bennett	at Minnesota 12/7/03	25	103	4.1	18	0
116	Sam Cunningham	at New England 10/9/77	31	101	3.3	26	0
	Larry Kinnebrew	at Cincinnati 9/8/85	18	101	5.6	16	1
	Marcus Allen	vs. L.A. Raiders 11/3/85	19	101	5.3	14	0
	Neil Anderson	at Chicago 9/9/90	20	101	5.1	17	2
	Barry Sanders	at Detroit 10/17/93	22	101	4.6	29	0
	Terrell Davis	at Denver 11/2/97	21	101	4.8	19	0
	Warrick Dunn	at Atlanta 12/15/02	20	101	5.1	31	0
	Rudi Johnson	at Cincinnati 10/26/03	27	101	3.7	18t	1
124	Sony Collins	vs. Atlanta 11/7/76	17	100	5.9	47	0
	Chuck Foreman	vs. Minnesota 11/14/76	17	100	5.9	36	0
	Clarence Davis	at Oakland 11/6/77	18	100	5.6	24	1
	Tyrone Wheatley	vs. Oakland 10/3/99	20	100	5.0	23	1
	Duce Staley	vs. Philadelphia 12/8/02	21	100	4.8	21t	1

## 300 YARDS PASSING

	Player	Team, Date	Att.	Comp.	Yds.	TD	Int.
1	Dan Fouts	at San Diego 9/15/85	43	29	440	4	1
2	John Elway	vs. Denver 12/20/85	42	24	432	1	0
3	Ken O'Brien	vs. N.Y. Jets 11/2/86	32	26	431	4	0
	Steve Beuerlein	vs. Phoenix 12/19/93 (OT)	53	34	431	3	2
5	Vinny Testaverde	at N.Y. Jets 12/6/98	63	42	418	2	1
6	Tony Eason	at New England 9/21/86	45	26	414	3	0
7	Jeff Blake	vs. Cincinnati 11/6/94 (OT)	43	31	387	0	1
8	Kurt Warner	vs. St. Louis 9/10/00	47	35	386	1	1
9	Trent Green	vs. Washington 9/20/98	54	27	383	2	2
10	Doug Flutie	at San Diego 12/30/01	53	34	377	1	2
11	Warren Moon	at Houston 11/7/93	55	36	369	2	2
12	Doug Flutie	vs. Buffalo 12/23/00	25	20	366	3	0
13	Randall Cunningham	vs. Philadelphia 12/13/92 (OT)	44	27	365	0	1
14	Lynn Dickey	vs. Green Bay 10/21/84	38	24	364	3	3
15	Jay Schroeder	vs. L.A. Raiders 12/18/88	49	22	354	3	1
16	Jeff Rutledge	at N.Y. Giants 12/11/83	52	29	349	0	2
17	Mark Herrmann	vs. San Diego 10/6/85	35	26	344	3	3
	John Elway	vs. Denver 10/22/89	35	18	344	2	0
19	Ken Stabler	vs. Oakland 9/16/79	37	25	343	1	2
	Trent Green	vs. Kansas City 11/24/02	34	26	343	2	1
21	Ken Stabler	at Oakland 12/16/79	47	31	342	1	2
	Elvis Grbac	vs. Kansas City 10/29/00	35	22	342	3	3
23	Mark Brunell	at Jacksonville 11/12/00	34	24	340	1	0
24	Dan Fouts	at San Diego 12/13/80	42	29	339	1	2
25	Dan Fouts	vs. San Diego 9/18/83	41	21	338	4	3
	John Elway	at Denver 9/13/87	32	22	338	4	1
	John Elway	at Denver 12/27/98	36	26	338	4	0

## 300 YARDS PASSING (CONTINUED)

	Player	Team, Date	Att.	Comp.	Yds.	TD	Int.
	Kerry Collins	at N.Y. Giants 12/23/01	47	30	338	1	0
29	John Elway	vs. Denver 12/13/87	42	21	335	1	2
	Peyton Manning	vs. Indianapolis 12/20/98	39	23	335	1	1
31	Boomer Esiason	at Cincinnati 11/16/86	33	22	334	1	1
32	Jeff Hostetler	at Oakland 10/8/95	33	20	333	2	0
33	Dan Fouts	vs. San Diego 9/9/84	40	23	332	2	4
	Steve Beuerlein	at Carolina 10/8/00	39	27	332	2	1
	Drew Brees	at San Diego 12/29/02	49	27	332	3	1
36	Dan Fouts	at San Diego 10/9/83	36	28	331	1	2
37	Marc Bulger	vs. St. Louis 10/10/04	42	24	325	3	3
38	Jim Kelly	vs. Buffalo 12/8/96	41	24	324	1	2
39	Elvis Grbac	at Kansas City 11/21/99	49	30	322	0	1
40	John Elway	at Denver 10/26/86	32	18	321	1	1
41	Bill Kenney	at Kansas City 12/27/87	35	23	320	3	0
42	Anthony Wright	at Baltimore 11/23/03	37	20	319	4	0
43	Dan Fouts	at San Diego 10/14/79	35	28	318	3	0
44	Alex Van Pelt	at Buffalo 11/18/01	42	28	316	2	0
45	Bill Kenney	at Kansas City 12/9/84	37	18	312	2	0
46	Bill Kenney	vs. Kansas City 11/27/83	38	21	311	4	0
	Jim Everett	at L.A. Rams 10/23/88	27	20	311	3	0
48	Brian Sipe	at Cleveland 10/2/83	40	25	310	1	3
49	Wade Wilson	at L.A. Raiders 10/7/84	19	12	309	2	0
50	Steve DeBerg	at San Francisco 10/7/79	40	31	306	1	1
51	Dan Fouts	at San Diego 10/4/81	41	30	302	3	0
	Joe Montana	vs. San Francisco 9/25/88	29	20	302	4	1
	Eric Zeier	at Baltimore 12/8/97	28	17	302	1	0

## 100 YARDS RECEIVING

	Player	Team, Date	Yds.	No.	Avg.	LG	TD
1	Wes Chandler	at San Diego 9/15/85	243	13	18.7	45	1
2	Al Toon	vs. N.Y. Jets 11/2/86	195	9	21.7	50t	2
3	+ Marcus Allen	at L.A. Raiders 10/7/84	173	4	32.3	92	1
4	Morris Owens	vs. Tampa Bay 10/16/77	166	9	18.4	67t	1
	Henry Marshall	at Kansas City 12/9/84	166	8	20.8	36	1
	Roy Green	vs. Phoenix 9/17/89	166	8	20.8	59t	3
7	James Thrash	vs. Philadelphia 9/30/01	165	10	16.5	64t	2
8	Jerry Rice	vs. San Francisco 9/25/88	163	6	27.2	69t	3
	Tony Martin	at San Diego 9/10/95	163	13	12.5	24	0
10	James Lofton	at Green Bay 10/21/84	162	5	32.4	79t	2
11	Stanley Morgan	at New England 9/21/86	161	7	23.0	44t	3
	Wesley Walker	vs. N.Y. Jets 11/2/86	161	6	26.8	83t	1
	Fred Barnett	vs. Philadelphia 12/13/92 (OT)	161	9	17.9	53	1
14	Rod Smith	at Denver 12/27/98	158	9	17.6	36	1
15	Darnay Scott	vs. Cincinnati 11/6/94 (OT)	157	7	22.4	76	0
16	Cliff Branch	vs. Oakland 9/16/79	156	7	22.3	47	0
	Keenan McCardell	at Jacksonville 11/12/00	156	6	26.0	67t	1
	Curtis Conway	at San Diego 12/30/01	156	11	14.2	38	1
19	Willie Davis	vs. Kansas City 9/3/95	155	6	25.8	60t	2
20	Vance Johnson	at Denver 11/26/89	154	6	25.7	69	2
21	Derrick Alexander	at Kansas City 10/2/00	153	5	30.6	73	1
22	^ Todd Christensen	vs. L.A. Raiders 10/16/83	152	11	13.8	22t	3
	Gary Clark	vs. Phoenix 12/19/93 (OT)	152	12	12.7	28	1
	Tony Martin	vs. San Diego 9/18/94	152	6	25.3	99t	1
25	Wes Chandler	vs. San Diego 10/6/85	150	9	16.7	59	2
	Derrick Alexander	at Baltimore 12/7/97	150	6	25.0	92	0
27	Carlos Carson	vs. Kansas City 11/27/83 (OT)	149	7	21.3	35	1
	Gary Clark	vs. Washington 12/23/89	149	9	16.6	44t	1
29	Tim Brown	at Oakland 10/8/95	143	5	28.6	80t	1

	Player	Team, Date	Yds.	No.	Avg.	LG	TD
30	Anthony Miller	at San Diego 10/4/92	142	9	15.8	67t	2
	Cris Carter	vs. Minnesota 11/10/96	142	7	20.3	40	0
32	Germane Crowell	vs. Detroit 9/12/99	141	7	20.1	41t	2
33	Mike Quick	at Philadelphia 9/10/89	140	6	23.3	40	1
34	Drew Hill	vs. Houston 11/13/88	139	8	17.4	57t	1
35	Peerless Price	at Buffalo 11/18/01	138	10	13.8	23	1
36	John Jefferson	vs. San Diego 9/7/80	137	9	15.2	49t	2
	Mark Jackson	vs. Denver 12/11/88	137	7	19.6	35	1
	Michael Young	vs. Denver 10/22/89	137	6	22.8	47	0
	Derrick Alexander	vs. Kansas City 10/29/00	137	4	34.6	59t	2
40	Rod Smith	at Denver 10/11/98	136	8	17.0	50	1
41	Webster Slaughter	at Houston 11/7/93	135	9	15.0	36	1
42	Marvin Harrison	vs. Indianapolis 10/15/00	134	7	19.1	39	0
43	^ Pete Holohan	vs. San Diego 9/9/84	133	6	22.2	51	0
	Randy Moss	at Minnesota 12/7/03	133	8	16.6	47t	2
45	Michael Westbrook	vs. Washington 9/20/98	132	7	18.9	36	2
	Peerless Price	vs. Buffalo 12/23/00	132	8	16.5	34	1
47	Marcus Robinson	at Baltimore 11/23/03	131	7	18.7	50t	4
48	^ Stephen Alexander	at San Diego 12/29/02	129	8	16.1	30	1
49	Mike Sherrard	vs. N.Y. Giants 11/5/95	128	6	21.3	30	1
50	^ Riley Odoms	at Denver 9/23/79	125	5	25.0	45	0
	Ed McCaffrey	vs. Denver 11/14/99	125	6	20.8	42	1
	Laveranues Coles	at Washington 11/9/03	125	5	25.0	64	1
53	^ Todd Christensen	at L.A. Raiders 10/25/87	124	8	15.5	20	1
	Anthony Miller	at San Diego 11/10/91	124	5	24.8	58	0
	Jimmy Smith	at Jacksonville 12/15/96	124	8	15.5	39	2
	Amani Toomer	at N.Y. Giants 12/23/01	124	8	15.5	28	1
57	^ Ethan Horton	at L.A. Raiders 11/17/91	123	7	17.6	51t	1
	Anthony Miller	vs. San Diego 10/3/93	123	10	12.3	20	1
59	Anquan Boldin	vs. Arizona 12/21/03	122	10	12.2	60t	1
60	^ Henry Childs	vs. New Orleans 11/18/79	121	6	20.2	34	0
61	Carlos Carson	at Kansas City 12/27/87	120	4	30.0	81t	1
	Vance Johnson	at Denver 9/23/90	120	9	13.3	22	0
	Torrance Small	vs. Indianapolis 12/20/98	120	3	40.0	53	0
64	Steve Watson	at Denver 11/20/83	119	4	29.8	78t	1
	^ Eric Green	vs. Pittsburgh 12/26/93	119	7	17.0	41	0
66	Duriel Harris	at Miami 9/9/79	117	5	23.4	51	0
	Eddie Brown	at Cincinnati 10/6/91	117	7	16.7	43	0
	Jimmy Smith	at Jacksonville 11/12/00	117	10	11.7	34	0
69	Wesley Walker	at N.Y. Jets 9/11/83	116	3	38.7	48t	1
	Anthony Miller	at San Diego 10/15/89	116	7	16.6	44	0
	Keyshawn Johnson	vs. Dallas 12/6/04	116	6	19.3	39	1
72	^ Eric Sievers	vs. San Diego 9/18/83	115	6	19.2	27t	2
73	Earnest Gray	vs. N.Y. Giants 12/7/80	114	3	38.0	50t	2
	Tim Brown	vs. L.A. Raiders 11/28/88	114	4	28.5	49t	1
	Rod Smith	at Denver 11/2/97	114	5	22.8	59	1
	Keyshawn Johnson	vs. N.Y. Jets 12/6/98	114	9	12.7	20	1
	Jeff Graham	vs. San Diego 12/12/99	114	9	12.7	26	0
78	John Jefferson	at San Diego 12/13/80	113	8	14.1	19t	1
	Mervyn Fernandez	at L.A. Raiders 12/18/88	113	4	28.3	54t	1
	Mervyn Fernandez	at L.A. Raiders 10/1/89	113	7	16.1	36t	1
	John Taylor	vs. San Francisco 12/8/91	113	7	16.1	41	1
	Michael Irvin	at Dallas 10/11/92	113	6	18.8	24	0
	Jason McAddley	at Arizona 11/10/02	113	5	22.6	42	0
84	Ed McCaffrey	at Denver 12/10/00	112	8	14.0	41	1
85	Steve Watson	vs. Denver 11/6/83	110	7	15.7	25t	1
	+ Priest Holmes	vs. Kansas City 11/24/02	110	7	15.7	64t	1
	Joe Horn	at New Orleans 9/12/04	110	6	18.3	33	0

+ Running Back; ^ Tight End

## 100 YARDS RECEIVING (CONTINUED)

	Player	Team, Date	Yds	No	Avg.	LG	TD
88	Cliff Branch	at Oakland 12/16/79	109	10	10.9	15	0
	Charles Smith	vs. Philadelphia 11/2/80	109	5	21.8	38	1
	Tim McGee	at Cincinnati 12/10/89	109	7	15.6	23	1
	Bill Brooks	at Buffalo 10/15/95	109	6	18.2	30	2
92	Stanley Morgan	vs. New England 9/21/80	108	2	54.0	68t	2
	Willie Gault	at L.A. Raiders 12/18/88	108	2	54.0	57	1
	Antonio Freeman	vs. Green Bay 9/29/96	108	7	15.4	28	2
95	Tim Brown	vs. L.A. Raiders 1/18/94	107	4	26.8	77t	1
	Tim Brown	vs. Oakland 10/26/97	107	7	15.3	24	0
	Anquan Boldin	vs. Arizona 12/26/04	107	7	15.3	31t	1
98	James Scott	vs. Chicago 12/5/76	106	3	35.3	63t	2
	^ Kellen Winslow	vs. San Diego 11/16/81	106	7	15.1	31	0
	Stephon Paige	at Kansas City 11/20/88	106	5	21.2	49	0
	Peerless Price	vs. Buffalo 10/24/99	106	5	21.2	45	1
	Corey Bradford	at Green Bay 11/1/99	106	3	35.3	74t	1
	Muhsin Muhammad	vs. Carolina 10/31/04	106	8	13.3	35	2
104	Kellen Winslow	at San Diego 12/14/86	105	8	13.1	28	1
	Paul Palmer	vs. Kansas City 9/11/88	105	8	13.1	27	0
	Henry Ellard	at Washington 9/4/94	105	7	15.0	25	0
	Ike Hilliard	at N.Y. Giants 12/23/01	105	7	15.0	26	1



Rams Henry Ellard had seven catches for 101 yards vs. the Seahawks October 23, 1988.

	Player	Team, Date	Yds	No	Avg.	LG	TD
108	Willie McGee	vs. San Francisco 9/26/76	104	5	20.8	52t	1
	Carlos Carson	at Kansas City 9/4/83	104	7	14.9	48	1
	+ Marcus Allen	at L.A. Raiders 10/30/83	104	8	13.0	36	0
	J.T. Smith	vs. Phoenix 9/17/89	104	7	14.9	25t	1
	Carl Pickens	vs. Cincinnati 11/7/99	104	4	26.0	75t	1
115 <sup>^</sup>	Isaac Bruce	at St. Louis 11/14/04	104	7	14.9	21	0
	Randy Moss	at Minnesota 12/12/04	104	4	26.0	54	1
	Jerome Barkum	vs. N.Y. Jets 11/26/79	103	6	17.2	40	0
	John Jefferson	vs. San Diego 9/7/80	103	6	17.2	23t	2
	Byron Williams	at N.Y. Giants 12/11/83	103	7	14.7	24	0
121	Art Monk	at Washington 9/28/86	103	5	20.6	69	0
	Hart Lee Dykes	at New England 10/7/90	103	5	20.6	35t	1
	Chris Chambers	vs. Miami 11/21/04	103	9	11.4	28	1
	<sup>^</sup> Tony McGee	at Cincinnati 9/26/93	102	7	14.6	37	0
	<sup>^</sup> Wesley Walls	at Carolina 10/8/00	102	7	14.6	26	0
123	Dave Logan	vs. Cleveland 12/20/81	101	5	20.2	26	1
	Cris Collinsworth	at Cincinnati 9/8/85	101	4	25.3	71	0
	Henry Ellard	at L.A. Rams 10/23/88	101	7	14.4	20	0
	Irving Fryar	at New England 9/20/92	101	6	16.8	36t	1
	Derrick Alexander	at Kansas City 11/21/99	101	8	12.6	25	0
132	Torry Holt	vs. St. Louis 9/10/00	101	6	16.8	41	0
	<sup>^</sup> Tony Gonzalez	vs. Kansas City 10/29/00	101	8	12.6	22	0
	Eric Moulds	vs. Buffalo 12/23/00	101	4	25.3	48	0
	Donte' Stallworth	vs. New Orleans 9/7/03	101	8	12.6	30	0
	Isaac Curtis	at Cincinnati 9/25/77	100	3	33.3	54	1
	Stephon Paige	at Kansas City 12/27/87	100	7	14.3	46t	1
	Jeff Graham	vs. N.Y. Jets 8/31/97	100	3	33.3	47	2
	Tony Martin	at San Diego 11/9/97	100	5	20.0	61	2
	Amani Toomer	at N.Y. Giants 9/22/02	100	4	25.0	49	0
	Torry Holt	at St. Louis 12/14/03	100	6	16.7	40t	1
	Keary Colbert	vs. Carolina 10/31/04	100	4	25.0	63	0

## RECEPTIONS

	Player	Team, Date	No.	Yds.	Avg.	LG	TD
1	Wes Chandler	at San Diego 9/15/85	13	243	18.7	45	1
	Tony Martin	at San Diego 9/10/95	13	163	12.5	24	0
3	Gary Clark	vs. Phoenix 12/19/93 (OT)	12	152	12.7	28	1
4	<sup>^</sup> Todd Christensen	vs. L.A. Raiders 10/16/83	11	152	13.8	22t	3
5	Curtis Conway	at San Diego 12/30/01	11	156	14.2	38	1
6	+ Don McCauley	vs. Baltimore 11/12/78	10	88	8.8	19	0
	Cliff Branch	at Oakland 12/16/79	10	109	10.9	15	0
	Clarence Williams	at San Diego 10/4/81	10	89	8.9	15	0
	Anthony Miller	vs. San Diego 10/3/93	10	123	12.3	20	1
	Jimmy Smith	at Jacksonville 11/12/00	10	117	11.7	67t	1
	James Thrash	vs. Philadelphia 9/23/01	10	165	16.5	64t	2
	Peerless Price	at Buffalo 11/18/01	10	138	13.8	23	1
	+ LaDainian Tomlinson	at San Diego 12/30/01	10	68	6.8	13	0
	Anquan Boldin	vs. Arizona 12/21/03	10	122	12.2	60t	1

## 3.0 SACKS

	Player	Team, Date	Sacks	Yards
1	Derrick Thomas	at Kansas City 11/11/90	*7.0	60.0
2	Barney Chavous	vs. Denver 12/21/80	4.0	47.0
	Anthony Smith	vs. L.A. Raiders 10/18/92	4.0	29.0
	Anthony Smith	vs. L.A. Raiders 9/12/93	4.0	21.0
	Leslie O'Neal	vs. San Diego 10/22/95	4.0	26.0
6	Keith Willis	vs. Pittsburgh 10/23/83	3.5	15.0
	Randy White	vs. Dallas 12/4/83	3.5	30.0
	Simon Fletcher	vs. Denver 11/30/92 (OT)	3.5	23.5
9	12 players tied with		3.0	

\*NFL Record; +Running Back; <sup>^</sup> Tight End

## MISCELLANEOUS TOP TEN

## HOME ATTENDANCE

Att.	Opponent	Stadium	Date	W/L	Score
1 68,681	Oakland	Husky Stadium	December 16, 2000	W	27-24
2 68,661	Denver	Husky Stadium	November 26, 2000	L	38-31
3 68,093	Dallas	Qwest Field	December 6, 2004	L	43-39
4 67,231	Oakland	Husky Stadium	November 11, 2001	W	34-27
5 66,940	St. Louis	Qwest Field	October 10, 2004	L	33-27(OT)
6 66,740	Atlanta	Qwest Field	January 2, 2005	W	28-26
7 66,709	San Francisco	Qwest Field	September 26, 2004	W	34-0
8 66,644	Miami	Qwest Field	November 21, 2004	W	24-17
9 66,507	Pittsburgh	Qwest Field	November 2, 2003	W	23-16
10 66,437	San Francisco	Qwest Field	October 12, 2003	W	20-19

## ROAD ATTENDANCE

Att.	Opponent	Stadium	Date	W/L	Score
1 88,734*	L.A. Raiders	Los Angeles Coliseum	January 8, 1983	L	30-14
2 82,893	Kansas City	Arrowhead Stadium	October 2, 2000	L	24-17
3 82,352	Washington	FedEx Field	November 4, 2001	L	27-14
4 80,728	Washington	FedEx Field	November 9, 2003	L	27-20
5 78,847	Kansas City	Arrowhead Stadium	October 23, 1994	L	38-23
6 78,605	Cleveland	Municipal Stadium	October 9, 1988	W	16-10
7 78,551	N.Y. Giants	Giants Stadium	September 22, 2002	L	9-6
8 78,119	N.Y. Giants	Giants Stadium	December 23, 2001	L	27-24
9 77,357	Kansas City	Arrowhead Stadium	November 25, 2001	L	19-7
10 77,904	L.A. Raiders	Los Angeles Coliseum	October 7, 1984	L	28-14

\* Playoff Game

## COLDEST GAMES

	Temp.	Opponent	Date	W/L	Score
1	20*	at Green Bay	January 4, 2004	L	33-27 (OT)
2	22	at Denver	December 10, 2000	L	31-24
3	26	at Pittsburgh	December 6, 1992	L	20-14
4	27	at Denver	December 19, 1999	L	36-30 (OT)
5	30	at Cincinnati	December 10, 1989	W	24-17
6	31	at New England	December 4, 1988	L	13-7
	31	at Kansas City	December 24, 1995	L	26-3
8	32	at Kansas City	December 2, 1979	L	37-21
9	34	at Pittsburgh	December 4, 1977	L	30-20
	34	at Denver	November 23, 1980	L	36-20
	34	at Cincinnati	November 18, 1984	W	26-6
	34	at Kansas City	November 20, 1988	L	27-24

\* Playoff Game

## WARMEST GAMES

	Temp.	Opponent	Date	W/L	Score
1	98	at Arizona	September 14, 2003	W	38-0
2	95	at N.Y. Jets	September 11, 1983	W	17-10
3	94	at Kansas City	September 4, 1987	L	17-13
4	93	at Philadelphia	September 10, 1989	L	31-7
5	89	at Miami	September 3, 2000	L	23-0
6	88	at Cincinnati	September 8, 1985	W	28-24
	88	at Tampa Bay	September 19, 2004	W	10-6
8	85	at Denver	September 13, 1987	L	40-17
9	84	at San Diego	September 1, 1996	L	29-7
10	83	at Denver	October 1, 1978	L	28-7

# RECORD BY MONTH

Year	REGULAR SEASON						Jan. Record
	Aug.	Sept.	Oct.	Nov.	Dec.	Jan.	
1976		0-3	1-4	1-3	0-2		2-12
1977		0-2	2-3	1-3	2-1		5-9
1978		2-2	2-3	3-1	2-1		9-7
1979		1-4	3-1	3-1	2-1		9-7
1980		2-2	2-2	0-5	0-3		4-12
1981		1-3	1-3	2-3	2-1		6-10
1982		0-2		2-0	1-3	1-0	4-5
1983		2-2	3-2	2-2	2-1		9-7
1984		4-1	3-1	4-0	1-2		12-4
1985		2-2	2-2	2-2	2-2		8-8
1986		3-1	2-2	2-3	3-0		10-6
1987		1-1	3-1	3-2	2-2		9-6
1988		2-2	3-2	2-2	2-1		9-7
1989		1-2	3-2	0-4	3-1		7-9
1990		0-3	3-1	2-2	4-1		9-7
1991		2-3	3-1	1-2	1-3		7-9
1992		1-3	0-4	1-3	0-4		2-14
1993		2-2	2-2	1-2	1-3	0-1	6-10
1994		3-1	0-4	2-2	1-3		6-10
1995		1-2	1-4	3-1	3-1		8-8
1996		1-4	2-1	2-2	2-2		7-9
1997	0-1	2-2	3-0	1-4	2-1		8-8
1998		3-1	1-2	2-3	2-2		8-8
1999		2-1	2-1	4-1	1-3		0-19-7
2000		2-2	0-5	2-1	2-2		6-10
2001		1-2	2-1	2-2	3-2	1-0	9-7
2002		1-3	1-2	2-2	3-2		7-9
2003		3-0	2-2	3-2	2-2		10-6
2004		3-0	1-3	2-2	2-2	1-0	9-7
<b>Total</b>	<b>0-1</b>	<b>48-58</b>	<b>53-61</b>	<b>57-62</b>	<b>53-54</b>	<b>3-2</b>	<b>214-238 (.473)</b>

## INCLUDING PLAYOFFS

Year	Aug.	Sept.	Oct.	Nov.	Dec.	Jan.	Record	Playoffs
1976		0-3	1-4	1-3	0-2		2-12	
1977		0-2	2-3	1-3	2-1		5-9	
1978		2-2	2-3	3-1	2-1		9-7	
1979		1-4	3-1	3-1	2-1		9-7	
1980		2-2	2-2	0-5	0-3		4-12	
1981		1-3	1-3	2-3	2-1		6-10	
1982		0-2		2-0	1-3	1-0	4-5	
1983		2-2	3-2	2-2	4-1*	0-1*	9-8*	2-1
1984		4-1	3-1	4-0	2-3*		13-5*	1-1
1985		2-2	2-2	2-2	2-2		8-8	
1986		3-1	2-2	2-3	3-0		10-6	
1987		1-1	3-1	3-2	2-2	0-1*	9-7*	0-1
1988		2-2	3-2	2-2	2-2*		9-8*	0-1
1989		1-2	3-2	0-4	3-1		7-9	
1990		0-3	3-1	2-2	4-1		9-7	
1991		2-3	3-1	1-2	1-3		7-9	
1992		1-3	0-4	1-3	0-4		2-14	
1993		2-2	2-2	1-2	1-3	0-1	6-10	
1994		3-1	0-4	2-2	1-3		6-10	
1995		1-2	1-4	3-1	3-1		8-8	
1996		1-4	2-1	2-2	2-2		7-9	
1997	0-1	2-2	3-0	1-4	2-1		8-8	
1998		3-1	1-2	2-3	2-2		8-8	
1999		2-1	2-1	4-1	1-3	0-2*	9-8*	0-1
2000		2-2	0-5	2-1	2-2		6-10	
2001		1-2	2-1	2-2	3-2	1-0	9-7	
2002		1-3	1-2	2-2	3-2		7-9	
2003		3-0	2-2	3-2	2-2	0-1*	10-7*	0-1
2004		3-0	1-3	2-2	2-2	1-1*	9-8*	0-1
<b>Total</b>	<b>0-1</b>	<b>48-58</b>	<b>53-61</b>	<b>57-62</b>	<b>56-56*</b>	<b>3-7*</b>	<b>217-245*</b>	<b>3-7</b>

\* includes playoffs

## PRIME TIME RECORD

(26-19)

## ABC'S MONDAY NIGHT FOOTBALL (12-8)

Date	W/L	Score	Opponent
October 29, 1979	W	31-28	at Atlanta
November 26, 1979	W	30-7	vs. N.Y. Jets
November 17, 1980	L	19-17	vs. Oakland
November 16, 1981	W	44-23	vs. San Diego
October 29, 1984	W	24-0	at San Diego
November 12, 1984	W	17-14	at L.A. Raiders
September 23, 1985	L	35-24	vs. L.A. Rams
November 25, 1985	L	19-6	at San Francisco
October 6, 1986	W	33-7	vs. San Diego
December 8, 1986	W	37-0	vs. L.A. Raiders
November 9, 1987	L	30-14	at N.Y. Jets
November 30, 1987	L	37-14	vs. L.A. Raiders
November 28, 1988	W	35-27	vs. L.A. Raiders
December 4, 1989	W	17-16	vs. Buffalo
October 1, 1990	W	31-16	vs. Cincinnati
November 30, 1992	W	16-13 (OT)	vs. Denver
November 1, 1999	W	27-7	at Green Bay
October 2, 2000	L	24-17	at Kansas City
October 14, 2002	L	28-21	vs. San Francisco
December 6, 2004	L	43-39	vs. Dallas

## THURSDAY-SUNDAY NIGHT (14-11)

Date	Network	W/L	Score	Opponent
Friday, December 20, 1985	ABC	L	27-24	vs. Denver
Thursday, November 27, 1986*	NBC	W	31-14	at Dallas
Sunday, December 13, 1987	ESPN	W	28-21	vs. Denver
Sunday, December 11, 1988	ESPN	W	42-14	vs. Denver
Sunday, December 17, 1989	ESPN	W	23-17	vs. L.A. Raiders
Sunday, November 25, 1990	ESPN	W	13-10	at San Diego
Sunday, December 23, 1990	ESPN	W	17-12	vs. Denver
Sunday, October 13, 1991	ESPN	L	23-20	vs. L.A. Raiders
Sunday, December 22, 1991	ESPN	W	23-9	vs. L.A. Rams
Sunday, November 22, 1992	ESPN	L	24-14	vs. Kansas City
Sunday, September 12, 1993	TNT	L	17-13	vs. L.A. Raiders
Sunday, December 18, 1994	ESPN	L	17-16	vs. L.A. Raiders
Sunday, December 17, 1995	ESPN	W	44-10	vs. L.A. Raiders
Thursday, October 17, 1996	TNT	L	34-16	at Kansas City
Sunday, December 15, 1996	ESPN	L	20-13	at Jacksonville
Sunday, December 21, 1997	ESPN	W	38-9	vs. San Francisco
Sunday, October 4, 1998	ESPN	L	17-6	at Kansas City
Sunday, November 1, 1998	ESPN	L	31-18	vs. Oakland
Sunday, October 2, 1999	ESPN	W	22-21	vs. Oakland
Sunday, November 14, 1999	ESPN	W	20-17	vs. Denver
Saturday, December 23, 2000	ESPN	L	42-23	vs. Buffalo
Sunday, November 11, 2001	ESPN	W	34-27	vs. Oakland
Sunday, December 9, 2001	ESPN	L	20-7	at Denver
Sunday, September 29, 2002	ESPN	W	48-23	vs. Minnesota
Sunday, October 12, 2003	ESPN	W	20-19	vs. San Francisco

\*Thanksgiving Day Game

## RECORDS BY TELEVISION NETWORK

ABC (12-9) ESPN (13-8) NBC (1-0) TNT (0-2)

## RECORD BY STARTING QB

Year	Quarterback	Record
1976	Jim Zorn	2-12
1977	Jim Zorn	4-6
	Steve Myer	1-3
1978	Jim Zorn	9-7
1979	Jim Zorn	9-7
1980	Jim Zorn	4-12
1981	Jim Zorn	4-9
	Dave Krieg	2-1
1982	Jim Zorn	4-3
	Dave Krieg	0-2
1983	Jim Zorn	4-4
	Dave Krieg	5-3
1984	Dave Krieg	12-4
1985	Dave Krieg	8-8
1986	Dave Krieg	10-4
	Gale Gilbert	0-2
1987	Dave Krieg	7-5
	Jeff Kemp	1-0
	Bruce Mathison	1-1
1988	Dave Krieg	6-3
	Kelly Stouffer	3-3
	Jeff Kemp	0-1
1989	Dave Krieg	7-7
	Kelly Stouffer	0-2
1990	Dave Krieg	9-7
1991	Dave Krieg	4-5
	Jeff Kemp	2-3
	Dan McGwire	1-0
	Kelly Stouffer	0-1
1992	Stan Gelbaugh	0-8
	Kelly Stouffer	2-5
	Dan McGwire	0-1
1993	Rick Mirer	6-10
1994	Rick Mirer	5-8
	Dan McGwire	1-2
1995	Rick Mirer	7-6
	John Friesz	1-2
1996	Rick Mirer	2-7
	John Friesz	4-2
	Stan Gelbaugh	1-0
1997	Warren Moon	7-7
	John Friesz	0-1
	Jon Kitna	1-0
1998	Warren Moon	4-6
	Jon Kitna	3-2
	John Friesz	1-0
1999	Jon Kitna	8-7
	Glenn Foley	1-0
2000	Jon Kitna	6-6
	Brock Huard	0-4

2001	Matt Hasselbeck	5-7
	Trent Dilfer	4-0
2002	Matt Hasselbeck	5-5
	Trent Dilfer	2-4
2003	Matt Hasselbeck	10-6
2004	Matt Hasselbeck	7-7
	Trent Dilfer	2-0

### BY WINNING %

Quarterback	Record	Win %
Glenn Foley	1-0	1.000
Trent Dilfer	8-4	.667
Dave Krieg	70-49	.588
Jon Kitna	18-15	.545
John Friesz	6-5	.545
Matt Hasselbeck	27-25	.519
Bruce Mathison	1-1	.500
Warren Moon	11-13	.458
Jeff Kemp	3-4	.429
Jim Zorn	40-60	.400
Dan McGwire	2-3	.400
Rick Mirer	20-31	.392
Kelly Stouffer	5-11	.313
Steve Myer	1-3	.250
Stan Gelbaugh	1-8	.111
Gale Gilbert	0-2	.000
Brock Huard	0-4	.000



QB John Friesz (1995-98)

NFL INTERNET NETWORK  
 Official NFL Sites | AFC Teams | NFC Teams

Qwest Field Weather  
 72° partly cloudy

# SEATTLE SEAHAWKS

Home | Team | Tickets | Suites | Press Box | Customer Service | Video | Qwest Field | Community | Sea Gals | Fan Zone

### PRO SHOP

**Double Layer Tee**  
 85/15 Cotton/Polyester.



**SALE \$14.99 Reg. \$22.00**

### PRO & KAHN

**Mini-Camp in the Mirror**  
 A look at who made some big strides during the recently concluded camp.



- Kahn Mail Bag
- Pro & Kahn Archives

### Making Progress

It's reps on the field & fashions off the field for Kerry Carter. (3:06)



### Playmaker

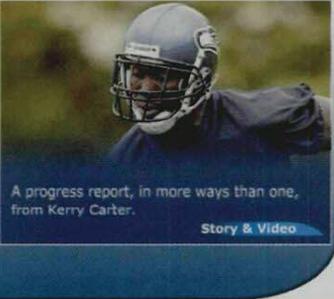
Jerome Patton on what he brings to the Seahawks at wide receiver. (3:26)



### #2 For #15

Seneca Wallace is on a quest to lock up the #2 QB spot. (3:25)





A progress report, in more ways than one, from Kerry Carter.

[Story & Video](#)

## JOIN HAWK MAIL

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## FAN FEEDBACK

## MESSAGE BOARDS

## SEARCH

## SCHEDULE

Expedia.com  
Don't just travel. Travel Right!

2005 Preseason

Date	Opponent	Time
8/12	at Seattle	5:00
8/22	at Seattle	5:00
8/27	at Seattle	5:30
9/2	at Seattle	6:00

## SEAHAWKS NEWS

**One From The Heart**  
 The Seahawks take great pride in recognizing a very special employee. [...more](#)

**The Seahawks Team Up For A S.T.A.R.S Night Out**  
 Players & staff join other local teams for a fund-raising event. [...more](#)

**2005 NFL Preseason Schedule**  
 A complete list of all the games, dates & times. [...more](#)

**The Junior Sea Gals Program Is Now Accepting Registrations**  
 Girls ages 7-14 will perform a routine at the Seahawks-Dallas Monday Night game. [...more](#)

**STAPLES** You could win \$5,000 delivered by a Seahawks player.  
It'll be easy.

## COUNT DOWN TO TRAINING CAMP

Days	Hours	Minutes	Seconds
33	15	24	44

Presented by **WGN**

## QUICK POLL

Which player will have a surprisingly good training camp?

- Kerry Carter
- David Greene
- Wayne Hunter
- Seneca Wallace

## Sea Gals

The 2005 Sea Gals Squad  
 Meet the Gals on each of the rounds and take a spin with them!



## seahawks.com

Online fans all over the world have the opportunity to stay up-to-date with Seahawks news by logging on to [www.seahawks.com](http://www.seahawks.com), the official web site for the Seattle Seahawks.

Fans are encouraged to become Hawk Mail members. The free e-mail subscription notifies on-line users of breaking news, upcoming events, changes to the site and numerous downloadable screen-savers of photos from game action each month.

Hawk Mail subscribers are also able to access Pro & Kahn, a series of in depth Seahawks articles by contributing writer Mike Kahn. Fans are able to send messages to his mail bag as well.

The site is updated daily with practice updates and photos along with comments from Mike Holmgren and key players. The site also includes exclusive game-day coverage with inside photos and scoring updates.

The format of the front page makes Seahawks.com easy to view for all computer screen sizes. Fans may also tune in and listen to Coach Holmgren's weekly Monday and Wednesday news conferences.

# ALL-TIME HONORS

## CAPTAINS

	Offense	Defense	Special Teams
1976	Norm Evans, T	Mike Curtis, LB	Ed Bradley, LB
1977	Norm Evans, T	Eddie McMillan, S	Steve Preece, S
1978	Norm Evans, T	Dennis Boyd, DT	Autry Beamon, S
1979	Steve Largent, WR	Dennis Boyd, DE	Autry Beamon, S
1980	Steve Largent, WR	Keith Simpson, S	
1981	Steve Largent, WR	Keith Simpson, CB	Don Dufek, S
1982	Steve Largent, WR	Keith Simpson, CB	Don Dufek, S
1983	Steve Largent, WR	Dave Brown, CB	Eric Lane, RB
1984	Charle Young, TE	Dave Brown, CB	Eric Lane, RB
1985	Steve Largent, WR	Dave Brown, CB	Eric Lane, RB
1986	Steve Largent, WR	Dave Brown, CB	Eric Lane, FB
1987	Steve Largent, WR Curt Warner, RB	Kenny Easley, S	Paul Moyer, S
1988	Steve Largent, WR	Jacob Green, DE	Game-to-Game
		Eugene Robinson, S	
1989	Steve Largent, WR	Jacob Green, DE	Game-to-Game
1990	Dave Krieg, QB	Jacob Green, DE	Game-to-Game
1991	Dave Krieg, QB	Jacob Green, DE	Game-to-Game
1992	John L. Williams, FB	Eugene Robinson, S	James Jones, TE
1993	John L. Williams, FB	Eugene Robinson, S	Tracy Johnson, FB
			Trey Junkin, TE
1994	Ray Donaldson, C	Eugene Robinson, S	Tracy Johnson, FB
			Trey Junkin, TE
1995	Rick Mirer, QB	Eugene Robinson, S	Trey Junkin, TE
1996	Rick Mirer, QB	Winston Moss, LB	Rick Tuten, P
	Chris Warren, RB	Terry Wooden, LB	
1997	John Friesz, QB	Winston Moss, LB	Jay Bellamy, S
1998	Warren Moon, QB	Darryl Williams, S	Jay Bellamy, S
	Kevin Glover, C	Michael Sinclair, DE	
1999*	Jon Kitna, QB	Chad Brown, LB	Fabien Bownes, WR
	Ricky Watters, RB	Cortez Kennedy, DT	James Logan, LB
<i>Season captains discontinued in 1999 and 2000</i>			
2001	<b>Offense</b> Matt Hasselbeck, QB	Robbie Tobeck, C	Ricky Watters, RB
	<b>Defense</b> Chad Brown, LB	Levon Kirkland, LB	Marcus Robertson, S
2002	<b>Offense</b> Trent Dilfer, QB	Robbie Tobeck, C	Mack Strong, FB
	<b>Defense</b> Chad Brown, LB	Chad Eaton, DT	Marcus Robertson, S
2003	<b>Offense</b> Matt Hasselbeck, QB	<b>Defense</b> John Randle, DT	<b>Special Teams</b> Alex Bannister, WR
2004	<b>Offense</b> Matt Hasselbeck, QB	<b>Defense</b> Anthony Simmons, LB	<b>Special Teams</b> Alex Bannister, WR

\* playoff captains

## RING OF HONOR

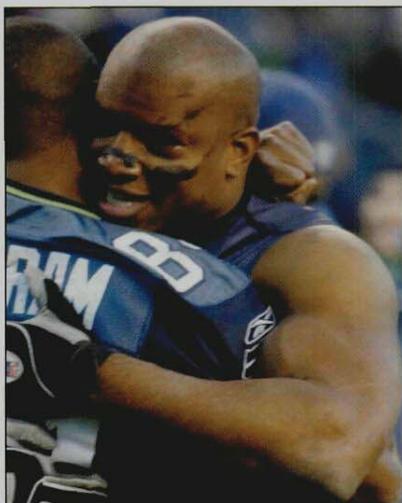
1989	Steve Largent	WR	1994	Curt Warner	RB
1991	Jim Zorn	QB	1995	Jacob Green	DE
1992	Dave Brown	CB	2002	Kenny Easley	S
1992	Pete Gross	Broadcaster	2004	Dave Krieg	QB

**MARCUS NALLEY TROPHY***(Most Valuable Player as voted by teammates)*

1976	Jim Zorn	QB	1988	John L. Williams	FB
1977	Steve Largent	WR	1989	Brian Blades	WR
1978	Jim Zorn	QB	1990	John L. Williams	FB
1979	Steve Largent	WR	1991	Eugene Robinson	S
1980	Sam McCullum	WR	1992	Cortez Kennedy	DT
1981	Steve Largent	WR	1993	Eugene Robinson	S
1982	Kenny Easley	S	1994	Chris Warren	RB
1983	Curt Warner	RB	1995	Chris Warren	RB
1984	Kenny Easley	S	1996	Cortez Kennedy	DT
1985	Steve Largent	WR	1997	Darryl Williams	S
1986	Curt Warner	RB	1998	Chad Brown	LB
1987	Steve Largent	WR			

*Discontinued in 1999***STEVE LARGENT AWARD***(Presented to the player who best exemplifies the spirit, dedication, and integrity of the Seahawks)*

1989	Steve Largent	WR
1990	Jacob Green	DE
1991	Rufus Porter	LB
1992	Jeff Bryant	DE
	Joe Nash	DT
1993	Eugene Robinson	S
1994	Brian Blades	WR
1995	Terry Wooden	LB
1996	Cortez Kennedy	DT
1997	Winston Moss	LB
1998	Michael Sinclair	DE
1999	Chad Brown	LB
2000	Ricky Watters	RB
2001	Mack Strong	FB
2002	Mack Strong	FB
2003	Trent Dilfer	QB
2004	Mack Strong	FB

*FB Mack Strong, multiple winner of the Steve Largent Award.***MAN OF THE YEAR**

1976	Norm Evans	T	1992	Eugene Robinson	S
1980	Jim Zorn	QB	1993	Eugene Robinson	S
1981	Manu Tuiaosopo	DT	1994	Brian Blades	WR
1982	Dave Brown	CB	1995	Eugene Robinson	S
1983	Paul Johns	WR	1996	Todd Peterson	K
1984	Jeff West	P	1997	Rick Tuten	P
1985	Mike Tice	TE	1998	Sam Adams	DT
1986	Mike Tice	TE	1999	Jon Kitna	QB
1987	Mike Tice	TE	2000	Jon Kitna	QB
1988	Steve Largent	WR	2001	Brock Huard	QB
1989	Norm Johnson	K	2002	Trent Dilfer	QB
1990	Jacob Green	DE	2003	Matt Hasselbeck	QB
1991	Eugene Robinson	S	2004	Mack Strong	FB

## PRO BOWL

Year	Player	Nominations	Year	Player	Nominations
1978	Steve Largent, WR	1	1992	Cortez Kennedy, DT, starter	2
1979	Steve Largent, WR	2		Eugene Robinson, S	1
1981	Steve Largent, WR	3	1993	Cortez Kennedy, DT, starter	3
1982	Kenny Easley, S	1		Eugene Robinson, S	2
1983	Kenny Easley, S, starter	2		Chris Warren, RB	1
	Curt Warner, RB, starter	1	1994	Cortez Kennedy, DT, starter	4
1984	Dave Brown, CB	1		Rick Tuten, P	1
	Kenny Easley, S, unanimous	3		Chris Warren, RB	2
	Norm Johnson, K	1	1995	Cortez Kennedy, DT	5
	Dave Krieg, QB	1		Chris Warren, RB, starter	3
	Steve Largent, WR	4	1996	Cortez Kennedy, DT, starter	6
	Joe Nash, DT, starter	1		Michael Sinclair, DE	1
	Fredd Young, special teams	1	1997	Warren Moon, QB	1, 9 total
1985	Kenny Easley, S, starter	4		Michael Sinclair, DE	2
	Steve Largent, WR, starter	5		Darryl Williams, S, starter	1
	Fredd Young, special teams	2	1998	Chad Brown, LB, starter	1
1986	Bobby Joe Edmonds, KR	1		Cortez Kennedy, DT	7
	Jacob Green, DE	1		Michael Sinclair, DE	3
	Steve Largent, WR, starter	6		Shawn Springs, CB	1
	Curt Warner, RB, starter	2	1999	Chad Brown, LB	2, 3 total
	Fredd Young, LB, starter	3		Walter Jones, T	1
1987	Kenny Easley, S, starter	5		Cortez Kennedy, DT	8
	Jacob Green, DE	2	2001	Walter Jones, T	2
	Steve Largent, WR, starter	7		John Randle, DT, starter	1, 7 total
	Curt Warner, RB, starter	3	2002	Walter Jones, T, starter	3
	Fredd Young, LB, starter	4	2003	Shaun Alexander, RB	1
1988	Dave Krieg, QB	2		Alex Bannister, WR	1
	Rufus Porter, special teams	1		Matt Hasselbeck, QB	1
1989	Brian Blades, WR	1		Steve Hutchinson, G	1
	Dave Krieg, QB	3		Walter Jones, T	4
	Rufus Porter, special teams	2	2004	Shaun Alexander, RB	2
1990	John L. Williams, FB	1		Steve Hutchinson, G	2
1991	Cortez Kennedy, DT	1		Walter Jones, T	5
	John L. Williams, FB	2			

## RETIRED JERSEYS

#12 Seattle's fans, the 12th Man (1984)

#80 Steve Largent (1995)

## NFL COACH OF THE YEAR

- 1978 Jack Patera (AP, The Sporting News, Washington DC Touchdown Club, Seattle Gold Helmet Committee)
- 1983 Chuck Knox (Vince Lombardi Committee, Seattle Gold Helmet Committee, Football News)
- 1984 Chuck Knox (AP, The Sporting News, Seattle Gold Helmet Committee)
- 1992 Tom Catlin, Assistant Head Coach/Defense (Sports Illustrated)

## NFL DEFENSIVE PLAYER OF THE YEAR

- 1984 Kenny Easley, S (AP, Pro Football Weekly, Kansas City 101 Club)
- 1992 Cortez Kennedy, DT (AP, Pro Football Writers, NEA, College & Pro Football Newsweekly)

## PRO FOOTBALL HALL OF FAME

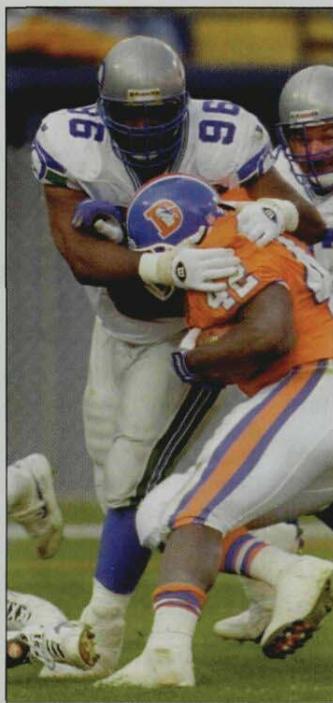
- 1995 Steve Largent, WR (elected in first year of eligibility)

## NATIONAL HONORS

- 1976 Steve Niehaus, DT (NFC Defensive Rookie of the Year); Jim Zorn, QB (NFC Offensive Rookie of the Year)
- 1978 John Thompson, General Manager (The Sporting News NFL Executive of the Year)
- 1981 Kenny Easley, S (AFC Defensive Rookie of the Year)
- 1983 Kenny Easley, S (Football News AFC Defensive Player of the Year); Chuck Knox, Head Coach (UPI AFC Coach of the Year, Football News NFL Coach of the Year); Curt Warner, RB (UPI AFC Offensive Player of the Year, UPI AFC Rookie of the Year)
- 1984 Kenny Easley, S (AP & Pro Football Weekly NFL Defensive Player of the Year, NFL Alumni Association Defensive Back of the Year); Chuck Knox, Head Coach (Football Digest NFL Coach of the Year, UPI & PFWA AFC Coach of the Year); Fredd Young, Special Teams (AFC Special Teams Player of the Year)
- 1985 Steve Largent, WR (NFL Alumni Association Wide Receiver of the Year); Fredd Young, LB (NFL Alumni Association Special Teams Player of the Year); Curt Warner, RB (Sports Illustrated Comeback Player of the Year)
- 1986 Bobby Joe Edmonds, KR (AFC Special Teams Player of the Year); Curt Warner (UPI AFC Offensive Player of the Year)
- 1987 Curt Warner, RB (NFL Alumni Association Running Back of the Year)
- 1988 Steve Largent, WR (NFL Man of the Year)
- 1993 Rick Mirer, QB (NFL Offensive Rookie of the Year, UPI AFC Offensive Rookie of the Year)
- 1995 Eugene Robinson, S (Henry P. Iba Citizenship Award from the Tulsa Oklahoma Rotary Club)

## AP ALL-PRO

Year	1st Team	2nd Team
1978		Steve Largent Jim Zorn
1979		Steve Largent
1983	Kenny Easley	Curt Warner
1984	Norm Johnson Joe Nash Kenny Easley	Steve Largent Dave Brown
1985	Steve Largent Kenny Easley	
1986	Bobby Joe Edmonds	Curt Warner
1987	Fredd Young	Steve Largent Curt Warner
1992	Cortez Kennedy	
1993	Cortez Kennedy	Eugene Robinson
1994	Cortez Kennedy	Chris Warren Rick Tuten
1995		Chris Warren
1996		Cortez Kennedy
1998		Chad Brown
2001	Walter Jones	
2003	Steve Hutchinson	
2004	Walter Jones	Shaun Alexander



DT Cortez Kennedy (1990-2000)

**NFL PLAYER OF THE MONTH**

- 1986 Curt Warner, RB (October), Dave Krieg, QB (December)
- 1989 John L. Williams, FB (December)
- 1996 Michael McCrary, DE (December)
- 1998 Chad Brown, LB (November)
- 1999 Jon Kitna, QB (October), Jeff Feagles, P (December)
- 2004 Matt Hasselbeck, QB (December)

**NFL ROOKIE OF THE MONTH**

- 1997 Walter Jones, T (October)
- 2002 Rocky Bernard, DT (September)

**NFL PLAYER OF THE WEEK**

- 1984 Joe Nash, NT (Week 4), Kenny Easley, S (Week 9), Dave Brown, CB (Week 10),  
Dave Krieg, QB (Week 13)
- 1985 Dave Krieg, QB & Daryl Turner, WR (Week 2), Terry Taylor, CB (Week 9)
- 1986 Steve Largent, WR (Week 5), Jacob Green, DE (Week 12)
- 1987 Fredd Young, LB (Week 2), Steve Largent, WR (Week 6), Brian Bosworth, LB  
(Week 15)
- 1988 Jacob Green, DE (Week 2), Dave Krieg, QB (Week 16)
- 1989 Steve Largent, WR (Week 14)
- 1990 Dave Krieg, QB (Week 10), Nesby Glasgow, S (Week 12), DE Jacob Green  
(Week 17)
- 1991 Rufus Porter, LB (Week 13)
- 1992 Cortez Kennedy, DT (Week 3)
- 1993 Chris Warren, RB (Week 3), \*Rick Mirer, QB and P Rick Tuten (Week 5),  
Eugene Robinson (Week 11)
- 1994 Chris Warren, RB (Week 5), Robert Blackmon, S (Week 13)
- 1995 \*Joey Galloway, WR (Week 11), Robert Blackmon, S (Week 12),  
Todd Peterson, K (Week 14), Robert Blackmon, S (Week 15), Rick Tuten, P  
(Week 16)
- 1996 Cortez Kennedy, DT (Week 6), Darryl Williams, S (Week 9), Michael McCrary,  
Special Teams (Week 10), Rick Tuten, P (Week 15), Michael McCrary, DE  
(Week 17)
- 1997 Chad Brown, LB (Week 3), Darryl Williams, S (Week 4),  
Warren Moon, QB (Weeks 9 & 11)
- 1998 Jon Kitna, QB (Week 13)
- 1999 \*Charlie Rogers, PR, Special Teams (Week 3), Shawn Springs, CB (Week 8)
- 2000 Jon Kitna, QB (Week 11)
- 2001 Shaun Alexander, RB (Weeks 4 and 9), Charlie Rogers, KR, Special Teams  
(Week 16)
- 2002 Shaun Alexander, RB (Week 4), Matt Hasselbeck QB (Week 12),  
Ken Lucas CB (Week 15)
- 2003 \*Ken Hamlin, S (Week 2), Bobby Engram, WR, Special Teams (Week 11),  
Chad Brown, LB (Week 17)
- 2004 Tom Rouen, P (Week 2), Ken Lucas, CB (Week 3), \*Michael Boulware, S  
(Week 11), Darrell Jackson, WR (Week 14), Shaun Alexander, RB (Week 16)
- \* Rookie

## HALL OF FAME

**STEVE LARGENT WR**  
**1976-89**


**Pro Football Hall of Fame:** Steve Largent became the first Seahawks player to be elected to the Pro Football Hall of Fame on Saturday, January 28, 1995. Largent was formally inducted in Canton, Ohio, on Saturday, July 29, along with Jim Finks, Henry Jordan, Lee Roy Selmon, and Kellen Winslow. He was presented into the Hall of Fame by Seahawks' Vice President Gary Wright. Largent was the 23rd player to be elected in his first year of eligibility.

**NFL Records:** Concluded his 14 National Football League seasons with league career records for receptions, 819; yards, 13,089; touchdowns, 100; consecutive games with a reception, 177; 50-catch seasons, 10; and 1,000-yard seasons, 8. Became only the second player in NFL history to have the career lead in receptions, yards, and touchdowns all at the same time joining Green Bay's Don Hutson (1945). Ranked third all-time at the time of his retirement with 40 career 100-yard games, trailing Don Maynard (50) and Lance Alworth (41). Still ranks 13th in total touchdowns with 101 (has one rushing), 11th with 40 100-yard games, and is 31st in combined yards with 13,396.

**Pro Career:** Finished in the AFC's (or NFC's in 1976) top 10 in receptions 10 times in his first 12 seasons, failing only in 1977 and 1982, and in the top five seven times. Led the AFC in receptions in 1978 with 71 and finished second in 1981 (75) and 1987 (58), and was third in the NFC in 1976 (54). The only NFC wide receiver to catch more passes than Largent in 1976 was Dallas' Drew Pearson (58). Largent's total did lead all rookie wide receivers. Finished in the NFL's top 10 in receiving yards seven times, including a first-place finish in 1985, and a second in 1978, missing the lead by one yard. Missed only 10 games in his career due to injury, including six in 1989 with a broken elbow. Selected to play in the AFC-NFC Pro Bowl game seven times, after the 1978, 1979, 1981, 1984, 1985, 1986, and 1987 seasons. Unable to play in the 1979 game because of a wrist injury. Set the Pro Bowl career yardage record with 236, since surpassed by Rice with 317, and ranks third in receptions with 17, trailing Walter Payton (18) and Rice (28). Originally drafted in the fourth round in 1976 by the Houston Oilers. Was waived by the Oilers on August 24, recalled, and traded to the Seahawks for an eighth-round 1977 draft choice on August 26. The Oilers used that choice to select wide receiver Steve Davis from the University of Georgia.

**Seahawks Records:** Led the team in both receptions and yards in each of the team's first 12 seasons. Voted by his teammates as the Seahawks' Most Valuable Player after the 1977, 1979, 1981, 1985, and 1987 seasons. Was also elected Offensive Captain from 1979-83 and 1985-89. Played in more games (200) with more starts (197) than any other player in team history. He was the first player voted into the team's Ring of Honor in 1989.

**Personal:** Represented the 1st District of the State of Oklahoma for four terms. Was elected to the United States House of Representatives on November 8, 1994, and sworn in on November 29. Re-elected to a second two-year term in 1996, and resigned following his first-year of his fourth-term and sought election as the governor of Oklahoma in November, 2002. Attended Putnam City High School in Oklahoma City, Oklahoma, where he lettered in football and baseball. Steve and his wife, Terry, have three sons, Kyle, Kelly, and Kramer, and a daughter, Casie.

# STEVE LARGENT

# 80



Wide Receiver 5-11 191

Tulsa  
 14 Seahawks Seasons  
 Trade (Houston) 1976  
 Career Games/Starts: 200/197  
 Birthdate: September 28, 1954  
 Tulsa, Oklahoma

The inaugural inductee into the Ring of Honor in 1989, Steve Largent concluded his 14 National Football League seasons with league career records for receptions, 819; yards, 13,089; touchdowns, 100; consecutive games with a reception, 177; 50-catch seasons, 10; and 1000-yard seasons, 8. Largent became the first Seahawks player to be elected to the Pro Football Hall of Fame in 1995 and only the 23rd player to be elected in first year of eligibility. He finished in the AFC's (or NFC's in 1976) top 10 in receptions 10 times in his first 12 seasons. Led the AFC in receptions in 1978 with 71 and finished second in 1981 and 1987. Largent finished in the top 10 in receiving yards seven times, including a first-place finish in 1985, and second in 1978,

missing the lead by one yard. Selected to play in the Pro Bowl seven times (1978, 1979, 1981, 1984, 1985, 1986, and 1987) and was first-team All-NFL (AP) in both 1979 and 1985. Largent led the team in both receptions and yards in each of the team's first 12 seasons. Played in more games (200) with more starts (197) than any other player in Seahawks history. After retiring from the game in 1989, Largent would gain political aspirations and represented the 1st District of the State of Oklahoma for four terms. He would then serve and be re-elected for his home state in the United States House of Representatives before resigning in his first-year of his fourth term to pursue the governorship of Oklahoma.

## LARGENT'S NFL RECORD

Club	G/S	Receiving				Rushing				TD
		No.	Yds.	Avg.	LG	TD	Att.	Yds.	Avg.	
1976 Seattle	14/13	54	705	13.0	45	4	4	-14	-3.5	0
1977 Seattle	14/14	33	643	19.4	74	10	0	0	0.0	0
1978 Seattle	16/16	71	1,168	16.5	57	8	0	0	0.0	0
1979 Seattle	15/15	66	1,237	*18.7	55	9	0	0	0.0	0
1980 Seattle	16/16	66	1,064	16.1	67	6	1	2	2.0	0
1981 Seattle	16/16	75	1,224	16.3	57	9	6	47	7.8	1
1982 Seattle	8/8	34	493	14.5	45	3	1	8	8.0	0
1983 Seattle	15/14	72	1,074	14.9	46	11	0	0	0.0	0
1984 Seattle	16/16	74	1,164	15.7	65	12	2	10	5.0	0
1985 Seattle	16/16	79	*1,287	16.3	43	6	0	0	0.0	0
1986 Seattle	16/16	70	1,070	15.3	38	9	0	0	0.0	0
1987 Seattle	13/13	58	912	15.7	58	8	2	33	16.5	0
1988 Seattle	15/15	39	645	16.5	46	2	1	-3	-3.0	0
1989 Seattle	10/9	28	403	14.4	33	3	0	0	0.0	0
<b>Career Totals</b>	<b>200/197</b>	<b>*819</b>	<b>*13,089</b>	<b>16.0</b>	<b>74</b>	<b>*100</b>	<b>17</b>	<b>83</b>	<b>4.9</b>	<b>1</b>
<b>Seahawks Totals</b>	<b>200/197</b>	<b>819</b>	<b>13,089</b>	<b>16.0</b>	<b>74</b>	<b>100</b>	<b>17</b>	<b>83</b>	<b>4.9</b>	<b>1</b>

Playoff Games Played/Started: 1983: 3/3, 1984: 2/2, 1987: 1/1, 1988: 1/1, Career: 7/7

\*Team Record

### SINGLE-GAME HIGHS

Receptions: \*15 vs. Detroit (10/18/87)  
 Yards: \*261 vs. Detroit (10/18/87)  
 Longest: 74 vs. San Diego (11/27/77)  
 Most TDs: 3, 3 Times last vs. Detroit (10/18/87)

\*Team Record

### ADDITIONAL STATISTICS

Passing: 7 attempts, 2 complete for 29 yards  
 Punt Returns: 8 for 68 yards, 8.5 average, 12 long, 1 fair catch. Kickoff Returns: 8 for 156 yards, 19.5 average, 30 long. Scoring: 1 TD rushing (1981), 1 PAT (1985)

## JIM ZORN

10

Quarterback

6-2

2001



Cal Poly-Pomona  
 9 Seahawks Seasons  
 Free Agent 1976  
 Seattle Games/Starts: 126/100  
 Career Games/Starts: 140/(N/A)  
 Whittier, California

Inducted into the Ring of Honor in 1991, Jim Zorn was the starting quarterback for the Seahawks during their inaugural season in 1976 and would remain at the helm for the next seven years. Named the NFC Offensive Rookie of the Year in 1976 as he led the NFL in attempts with 439 and set a then record 2,571 passing yards, which was also a record for an expansion team. By the end of the 1979 season, Zorn became only the third player to throw for 10,000 yards in his first four seasons. In 1978, he earned numerous accolades, which

included being named AFC Player of the Year by the Washington D.C. Touchdown Club and first-team All-NFL by the NEA. Zorn, along with current protégé Matt Hasselbeck, are the only two Seahawks quarterbacks to throw for 300 yards in back-to-back games which he accomplished twice, once in 1979 and again in 1981. Zorn finished his career leading the Seahawks in every passing category amassing 20,122 passing yards and 107 touchdown passes.

## ZORN'S NFL RECORD

## PASSING

Year	Club	G	Att.	Comp.	Yds.	Pct.	TD	Int.	LG	Sacked	Rate.
1976	Seattle	14	439	208	2,571	.473	12	27	80	25/196	49.5
1977	Seattle	10	251	104	1,687	.414	16	19	82	12/51	54.3
1978	Seattle	16	443	248	3,283	.560	15	20	64	44/284	72.1
1979	Seattle	16	505	285	3,661	.564	20	18	65	23/201	77.7
1980	Seattle	16	488	276	3,346	.566	17	20	67	44/341	72.3
1981	Seattle	13	397	236	2,788	.594	13	9	80	24/201	82.4
1982	Seattle	9	245	126	1,540	.514	7	11	50	20/152	61.9
1983	Seattle	16	205	103	1,166	.502	7	7	43	9/64	64.8
1984	Seattle	16	17	7	80	.412	0	2	21	1/8	16.4
1985	Green Bay	13	123	56	794	.455	4	6	56	11/89	57.4
1987	Tampa Bay	1	36	20	199	.556	0	2	26	7/43	48.3
<b>Career Totals</b>		<b>140</b>	<b>3,149</b>	<b>1,669</b>	<b>21,115</b>	<b>.530</b>	<b>111</b>	<b>141</b>	<b>82</b>	<b>220/1,630</b>	<b>67.3</b>
<b>Seahawks Totals</b>		<b>126</b>	<b>2,990</b>	<b>1,593</b>	<b>20,122</b>	<b>.533</b>	<b>107</b>				
<b>133</b>	<b>82</b>	<b>202/1,498</b>	<b>679</b>								

## RUSHING

Year	Club	G	Att.	Yds.	Avg.	LG	TD
1976	Seattle	14	52	246	4.7	19	4
1977	Seattle	10	25	141	5.6	15	1
1978	Seattle	16	59	290	4.9	23	6
1979	Seattle	16	46	279	6.1	41	2
1980	Seattle	16	44	214	4.9	25	1
1981	Seattle	13	30	140	4.7	20	1
1982	Seattle	9	15	113	7.5	35	1
1983	Seattle	16	30	71	2.4	18	1
1984	Seattle	16	7	-3	-0.4	7	0
1985	Green Bay	13	10	9	0.9	8	0
1987	Tampa Bay	1	4	4	1.0	5	0
<b>Career Totals</b>		<b>140</b>	<b>322</b>	<b>1,504</b>	<b>4.7</b>	<b>41</b>	<b>17</b>

## SINGLE-GAME HIGHS

<b>Attempts:</b> 49	vs. Philadelphia	(12/12/76)
<b>Completions:</b> 31	vs. Kansas City	(9/27/81)
<b>Yards:</b> 384	vs. New Orleans	(11/18/79)
<b>Longest:</b> 82	vs. Cincinnati	(9/25/77) to David Sims
<b>Most TDs:</b> 4, 4 Times	last vs. New England	(9/21/80)
<b>Interceptions:</b> 6	vs. Detroit	(10/24/76)



# DAVE BROWN

# 22

Cornerback

6-1 197



Michigan  
11 Seahawks Seasons  
Veteran Allocation (PITT)  
Seattle Games/Starts: 159/159  
Career Games/Starts: 172/159  
Akron, Ohio

RING OF HONOR

Inducted into the Ring of Honor in 1992, Dave Brown was an 11-year starter in the Seahawks' secondary from 1976-1986. Coming over from the Pittsburgh Steelers in the Veteran Allocation Draft in 1976, Brown would play his first year in a Hawks uniform at the free safety position leading the team with four interceptions. The following season #22 would shift over to the right-side cornerback position where he would be the "cornerstone" of the Seahawks' defense for the next 10 years, picking off another 46 passes, retiring as

the all-time Seahawks leader in the category with 50. In 1984, Brown picked off eight passes and was named to the AFC Pro Bowl squad and first-team All-NFL by NFL Films. Two of those interceptions were part of a NFL-record four interception returns for touchdowns on November 4, 1984 against the Kansas City Chiefs. Brown had returns of 90 and 58 yards. Brown retired as the Seahawks' leader in interception return yards (643), interception returns for touchdowns (5), and the aforementioned interceptions (50).

## BROWN'S NFL RECORD

Club	G/S	Tkl.	QB	Int.	Yds.	Avg.	LG	TD	FF	FR
1975 Pittsburgh	13/0	6	0.0	0	0	0.0	0	0	0	0
1976 Seattle	14/14	111	0.0	4	70	17.5	33	0	2	0
1977 Seattle	14/14	64	0.0	4	68	17.0	29	1	0	0
1978 Seattle	16/16	41	0.0	3	44	14.7	44	0	0	3
1979 Seattle	16/16	65	0.0	5	46	9.2	23	0	0	0
1980 Seattle	16/16	63	1.0	6	32	5.2	24	0	0	0
1981 Seattle	10/10	48	0.0	2	2	1.0	2	0	1	1
1982 Seattle	9/9	50	1.0	1	3	3.0	3	0	0	2
1983 Seattle	16/16	54	0	6	83	11.2	37	0	6	2
1984 Seattle	16/16	54	0.0	8	*179	22.4	90	2	0	1
1985 Seattle	16/16	61	0.0	6	58	9.7	28	1	0	1
1986 Seattle	16/16	73	0.0	5	58	11.6	24	1	1	1
<b>Career Totals</b>	<b>172/159</b>	<b>690</b>	<b>2.0</b>	<b>50</b>	<b>643</b>	<b>12.9</b>	<b>90</b>	<b>5</b>	<b>10</b>	<b>11</b>
<b>Seahawks Totals</b>	<b>159/159</b>	<b>684</b>	<b>2.0</b>	<b>*50</b>	<b>*643</b>	<b>12.9</b>	<b>90</b>	<b>*5</b>	<b>10</b>	<b>11</b>

## PUNT RETURNS

Club	No.	Yds.	Avg.	LG	TD
1975 Pittsburgh	22	217	9.9	48	0
1976 Seattle	11	74	6.7	19	0
<b>Career TOTALS</b>	<b>33</b>	<b>291</b>	<b>8.8</b>	<b>48</b>	<b>0</b>

Playoff Games Played/Started: 1975: 3/0, 1983: 3/3, 1984: 2/2, Career, 8/5

\*Team Record

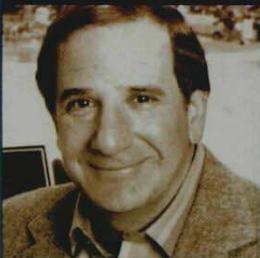


## SINGLE GAME HIGHS

Interceptions:	2, 5 Times	last vs. Kansas City	(11/4/84)
Longest Interception Return:	90	vs. Kansas City	(11/4/84)
Most Yards Returned:	*148	vs. Kansas City	(11/4/84)
Most Touchdowns:	*2	vs. Kansas City	(11/4/84)

\*Team Record

## PETE GROSS



Radio  
Play-by-Play

17 Seahawks Seasons

Whittier, California

Inducted into the Seahawks' Ring of Honor in 1992, Pete Gross served as the radio play-by-play for 17 seasons from the Seahawks' inaugural 1976 season through 1992. One of the most beloved people to have ever been associated with the Seahawks' franchise, fans will never forget his numerous "touch-down Seahawks" calls. Over his 17 seasons, Gross called all but the five games he missed in 1992 while battling cancer. His career included eight playoff games and in the 1983 season Gross came within one game of the Super Bowl when Seattle faced the Los Angeles Raiders in the AFC Championship Game. The Seahawks lost that game 30-14. Gross was diagnosed with cancer in 1989. He succumbed to the disease in 1992, just three days after his induction into the Ring. He was inducted into the Ring during a Monday night game versus the Denver Broncos, a game the 2-14

Seahawks won in overtime. Prior to moving to the Seahawks, he was the play-by-play voice of the University of Washington in both football and basketball. He came to Seattle after calling play-by-play for the University of the Pacific. Gross' legacy remains; the Seahawks are actively involved with the Pete Gross House. The Pete Gross House, which opened in November of 1999, is a 69-unit apartment complex that provides housing for families undergoing treatment at the Fred Hutchinson Cancer Research Center. The Pete Gross House is also the location of the Hutch School, a fully accredited K through 12 school for cancer patients and their siblings. The Seahawks took an active roll in seeing the project through to completion and annually hold the "Pete Gross House Luncheon" to raise funds for the continued upkeep of the facility.



*Gross was inducted into the Seahawks' Ring of Honor during the Seahawks Monday night game versus the Denver Broncos. The Seahawks won the game and presented Gross with the game ball. Gross died three days later.*

# CURT WARNER

# 28

Running Back 5-11 205



**Penn State**  
**7 Seahawks Seasons**  
**Draft (1st Round - 1983)**  
**Seattle Games/Starts: 93/92**  
**Career Games/Starts: 100/94**  
**Wyoming, West Virginia**

Curt Warner was inducted into the Ring of Honor in November 27, 1994, after a career that spanned seven years from 1983-1989 and which saw him hold every Seahawks rushing record when he was done. Immediately thrust into the Seahawks lineup his rookie season, Warner would rush for 1,449 yards and 13 touchdowns highlighted by a then, Seahawks record 207-yard effort against Kansas City.

The season was capped off by being named a starter in the Pro Bowl, 1983 AFC Player of the Year by the Washington, D.C. Touchdown Club and NFLPA, AFC Offensive Player of the Year by the NFLPA and UPI, second-team All-NFL by the AP and Football Digest and first-team All-Rookie by Pro Football Digest and Pro Football Weekly. After suffering a season-ending injury in

the first game of 1984, Curt would bounce back in 1985 rushing for 1,094 yards and being named the NFL's Comeback Player of the Year by Sports Illustrated. Warner would not look back his final three seasons leading the team in rushing each year averaging 1,164 a season and 10 touchdowns including a then Seahawks record four vs. Denver in 1988. Warner would be named to two more



Pro Bowls ('86, '87) bringing his career total to three, and was named AFC Offensive Player of the Year by the UPI in 1986, and first-team All-NFL by Sports Illustrated in 1987. Curt finished his career with 6,705 yards rushing on 1,649 carries with 62 touchdowns. He is currently second all-time in Seahawks history in rushing yards, third in touchdowns and first in rushing attempts.

## WARNER'S NFL RECORD

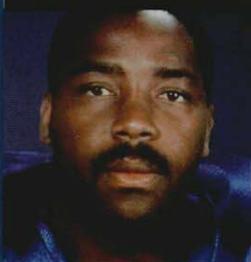
Club	G/S	Att.	Rushing			Receiving					
			Yds.	Avg.	LG	TD	No.	Yds.	Avg.	LG	TD
1983 Seattle	16/16	*335	1,449	4.3	60	13	42	325	7.7	28	1
1984 Seattle	1/1	10	40	4.0	9	0	1	19	19.0	19	0
1985 Seattle	16/16	291	1,094	3.8	38	8	47	307	6.5	27	1
1986 Seattle	16/16	319	1,481	4.6	60	13	41	342	8.3	26	0
1987 Seattle	12/12	234	985	4.2	57	8	17	167	9.8	30	2
1988 Seattle	16/16	266	1,025	3.9	29	10	22	154	7.0	17	2
1989 Seattle	16/15	194	631	3.3	34	3	23	153	6.7	24	1
1990 LA Rams	7/2	49	139	2.8	9	1	0	0	0.0	0	0
<b>Career Totals</b>	<b>100/94</b>	<b>1,698</b>	<b>6,844</b>	<b>4.0</b>	<b>60</b>	<b>56</b>	<b>193</b>	<b>1,467</b>	<b>7.6</b>	<b>30</b>	<b>7</b>
<b>Seahawks Totals</b>	<b>93/92</b>	<b>1,649</b>	<b>6,705</b>	<b>4.1</b>	<b>60</b>	<b>55</b>	<b>193</b>	<b>1,467</b>	<b>7.6</b>	<b>30</b>	<b>7</b>

\*Team Record

## SINGLE-GAME HIGHS

**Rushes:** 32 vs. KC (11/27/83) OT  
**Yards:** 207 vs. KC (11/27/83) OT  
**Longest, no TD:** 60 vs. Kansas City (9/4/83)  
**Longest, TD:** 60 vs. Denver (12/20/86)

**TDs:** 4 vs. Denver (12/11/88)  
**Receptions:** 6, 4 Times, Last vs. KC (11/9/86)  
**Yards:** 72 vs. Kansas City (9/4/83)  
**TDs:** 1, 6 Times, Last vs. L.A. Raiders (11/28/88)

**JACOB GREEN****79**

Defensive End      6-3      252

Texas A&M  
 12 Seahawks Seasons  
 Draft (1st Round - 1980)  
 Seattle Games/Starts: 178/176  
 Career Games/Starts: 180/176  
 Pasadena, Texas

Jacob Green became the second Seahawks defensive player to be inducted into the Ring of Honor on September 3, 1995. Green was a fixture at the left defensive end position for 11 years (1980-1991). From the time the NFL made it an official statistic in 1982, until his retirement, Jacob was the third-most productive sack artist in the game, trailing only the likes of Lawrence Taylor and Reggie White. In 1983, Green registered a single-game Seahawks record 3.5 sacks against the Los Angeles Raiders, and the NFL's longest interception return

for the season, a 73-yard touchdown at Cleveland. The following year, Jacob equaled a team-record four fumble recoveries and registered a then-playoff record 2.5 sacks in a wild card game against the Los Angeles Raiders. Jacob's career was highlighted by two Pro Bowl selections in both 1986 and 1987. Green can be found scattered all over the Seahawks' record book having played in the most games (218), second-most starts (176), most fumble recoveries (17), fourth most tackles (779), and most career sacks (116.0).

**GREEN'S NFL RECORD**

Club	G/S	Tkl.	QB	Int.	FF	FR
1980 Seattle	14/13	58	6.5	0	0	0
1981 Seattle	16/16	74	12.0	0	6	1
1982 Seattle	9/9	36	3.0	0	1	0
1983 Seattle	16/16	61	16.0	1	1	2
1984 Seattle	16/16	69	13.0	0	4	4
1985 Seattle	16/16	92	13.5	1	*7	2
1986 Seattle	16/16	64	12.0	0	1	1
1987 Seattle	12/12	48	9.5	0	3	1
1988 Seattle	16/16	54	9.0	0	1	2
1989 Seattle	15/14	47	3.0	0	1	1
1990 Seattle	16/16	60	12.5	0	3	1
1991 Seattle	16/16	56	6.0	1	0	0
1992 San Francisco	2/0	1	0.0	0	0	0
<b>Career Totals</b>	<b>180/176</b>	<b>719</b>	<b>116.0</b>	<b>3</b>	<b>28</b>	<b>15</b>
<b>Seahawks Totals</b>	<b>178/176</b>	<b>720</b>	<b>*116.0</b>	<b>3</b>	<b>*28</b>	<b>15</b>

\*Team Record

Playoff Games Played/Started: 1983: 3/3, 1984: 2/2, 1987: 1/1, 1988: 1/1, Career: 7/7

**ADDITIONAL STATISTICS**

Scoring: 2 TDs on interception returns (1983, 1985)  
 2 TDs on fumble returns (1985, 1988)

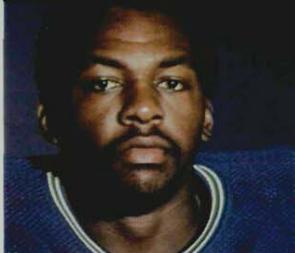
Blocked Kicks: PAT (1986, 1989)  
 FG (1985, 1988)

# KENNY EASLEY

# 45

Safety

6-3 198



## UCLA

7 Seahawks Seasons

Draft (1st Round - 1981)

Seattle Games/Starts: 89/87

Career Games/Starts: 89/87

Chesapeake, Virginia

RING OF HONOR

Kenny Easley was inducted into the Ring of Honor on October 14, 2002, with a sell out crowd and millions watching the Monday Night Football halftime ceremony at home. Kenny Easley redefined the strong safety position in seven years from 1981-87. Voted by the Associated Press as the NFL Defensive Player of the Year in 1984, Kenny had 32 interceptions in his storied career. This fierce hitter registered 107 tackles, three interceptions and returned an interception 82 yards vs. Cleveland in his rookie campaign, earning him AFC Rookie of the Year by the NFL Players' Association. The following season, Kenny would earn his first of five Pro Bowl appearances, including being

named a starter from 1983-1985, and again in 1987. The crowning jewel of Easley's career came in 1984 where he spearheaded the NFL's sixth-rated defense that culminated into a Seahawks record 12 wins in the regular season and a wild card victory over the rival Los Angeles Raiders. He tied a Seahawks team record by intercepting 10 passes, including three against San Diego on October 29. Easley would be named first-team All-NFL by the Associated Press for the second year in a row and was bestowed that honor again in 1985. Easley finished his career with 498 tackles, seven sacks, 10 forced fumbles, nine fumble recoveries, and 32 interceptions.

## EASLEY'S NFL RECORD

Club	G/S	Tkl.	QB	Int.	Yds.	Avg.	LG	TD	FF	FR
1981 Seattle	14/14	107	0.0	3	155	51.7	82	1	0	3
1982 Seattle	8/8	55	1.0	4	48	12.0	44	0	1	1
1983 Seattle	16/15	82	3.0	7	106	13.2	38	0	1	3
1984 Seattle	16/16	75	0.0	*10	126	12.6	58	2	3	1
1985 Seattle	13/13	79	2.0	2	22	11.0	16	0	3	0
1986 Seattle	10/10	59	1.0	2	34	17.0	24	0	2	0
1987 Seattle	12/11	41	0.0	4	47	11.8	22	0	0	1
<b>Career Totals</b>	<b>89/87</b>	<b>498</b>	<b>7.0</b>	<b>32</b>	<b>538</b>	<b>15.6</b>	<b>82</b>	<b>3</b>	<b>10</b>	<b>9</b>
<b>Seahawks Totals</b>	<b>89/87</b>	<b>498</b>	<b>7.0</b>	<b>32</b>	<b>538</b>	<b>15.6</b>	<b>82</b>	<b>3</b>	<b>10</b>	<b>9</b>

## PUNT RETURNS

Club	No.	Yds.	Avg.	LG	TD
1982 Seattle	1	15	15.0	15	0
1983 Seattle	1	6	6.0	6	0
1984 Seattle	16	194	12.1	42	0
1985 Seattle	8	87	10.9	25	0
<b>Career TOTALS</b>	<b>26</b>	<b>302</b>	<b>11.6</b>	<b>42</b>	<b>0</b>



Playoff Games Played/Started: 1983: 3/3, 1984: 2/2, Career: 5/5

\*Team Record

## SINGLE-GAME HIGHS

Interceptions:	*3	vs. San Diego	(10/29/84)
Longest Interception Return:	82	vs. Cleveland	(12/20/81)
Most Yards Returned:	125	vs. Cleveland	(12/20/81)
Most Touchdowns:	1, 3 Times	Last vs. Kansas City	(11/4/84)

399

## DAVE KRIEG

17



Quarterback

6-1

196

Milton

12 Seahawks Seasons

Free Agent 1980

Seattle Games/Starts: 129/119

Career Games/Starts: 213/(NA)

Schofield, Wisconsin

Dave Krieg became the eighth member of the Seahawks' Ring of Honor on September 26, 2004. Krieg spent the first 12 years (1980-1991) of his 19-year NFL playing career with the Seahawks while becoming the club's all-time leader in 31 career, season and single-game passing categories at the time of his departure. He is still at the top of 20 of those categories, including career passing yards (26,132), completions (2,096), attempts (3,576), and touchdowns (195). Krieg origi-

nally joined the Seahawks as an undrafted free agent from Milton College in 1980, and became the regular starter nine games in to the 1983 season. The three-time Pro Bowler (1984, 1988 and 1989) is the only Seattle quarterback with a playoff victory and led the Seahawks to their only conference championship game in 1983, a club-record 12 wins and the playoffs in 1984, and back-to-back playoff appearances again in 1987 and 1988.

## KRIEG'S NFL RECORD

## PASSING

Year	Club	G	Att.	Comp.	Yds.	Pct.	TD	Int.	LG	Sacked	Rate
1980	Seattle	1	0	2	0	0.0	0	0	0	1/6	2.1
1981	Seattle	7	64	112	843	57.1	7	5	57	11/85	83.3
1982	Seattle	3	49	78	501	62.8	2	2	44	16/117	79.1
1983	Seattle	9	147	243	2,139	60.5	18	11	50	38/279	*95.0
1984	Seattle	16	276	480	3,671	57.5	*32	24	80	40/314	83.3
1985	Seattle	16	285	*532	3,602	53.6	27	20	54	52/448	76.2
1986	Seattle	15	225	375	2,921	60.0	21	11	72	35/281	91.0
1987	Seattle	12	178	294	2,131	60.5	23	15	75	27/247	87.6
1988	Seattle	9	134	228	1,741	58.8	18	8	75	12/92	94.6
1989	Seattle	15	286	499	3,309	57.3	21	20	60	37/289	74.8
1990	Seattle	16	265	448	3,194	59.2	15	20	63	40/360	73.6
1991	Seattle	10	187	285	2,080	*65.6	11	12	60	32/216	82.5
1992	Kansas City	16	230	413	3,115	55.7	15	12	77	48/323	79.9
1993	Kansas City	12	105	189	1,238	55.6	7	3	66	22/138	81.4
1994	Detroit	14	131	212	1,629	61.8	14	3	51	14/100	101.7
1995	Arizona	16	304	521	3,554	58.3	16	21	48	53/380	72.6
1996	Chicago	13	226	377	2,278	59.9	14	12	53	14/104	76.3
1997	Tennessee	8	1	2	2	50.0	0	0	2	0/0	47.9
1998	Tennessee	5	12	21	199	57.1	0	0	55	2/15	89.2

Career Totals	213	3,105	5,311	38,147	58.5	261	199	80	494/3,794	81.5
Seahawks Totals	129	^2,096	^3,576	^26,132	58.6	^195	^148	80	341/2,734	82.3

\*Seahawks Single-Season Record

^Seahawks Career Record

## SINGLE-GAME HIGHS

Attempts:	51	vs. Atlanta	(10/13/85)
Completions:	33	vs. Atlanta	(10/13/85)
Yards:	418	vs. Denver	(11/20/83)
Longest:	80	vs. Denver	(11/25/84) TD
Most TDs:	5, 3 Times	last vs. L.A. Raiders	(11/28/88)
Interceptions:	5	vs. Kansas City	(12/9/84)



## INDIVIDUAL RECORDS

## SERVICE

## Most Seasons

- 15 Joe Nash, 1982-96
- 14 Steve Largent, 1976-89
- 12 Jacob Green, 1980-91
- Dave Krieg, 1980-91
- Jeff Bryant, 1982-93
- Mack Strong, 1993-04

## Most Games Played

- 218 Joe Nash, 1982-96
- 200 Steve Largent, 1976-89
- 178 Jacob Green, 1980-91

## Most Consecutive Games Played

- 125 Joe Nash, 1988-95
- 120 Eugene Robinson, 1985-94
- 116 Cortez Kennedy, 1990-97

## Most Games Started

- 197 Steve Largent, 1976-89
- 176 Jacob Green, 1980-91
- 169 Joe Nash, 1982-96

## Most Consecutive Games Started

- 100 Cortez Kennedy, 1990-97
- 92 Jacob Green, 1980-87
- Eugene Robinson, 1985-94
- 90 Chris Gray, 1999-2004

## SCORING

## POINTS

## Most Points, Career

- 810 Norm Johnson, 1982-90 (159 FG, 333 PAT)
- 608 Steve Largent, 1976-89 (101 TDs: 1-R, 100-P, 2 PAT)
- 555 Todd Peterson, 1995-99 (126 FG, 177 PAT)

## Most Points, Season

- 134 Todd Peterson, 1999 (34 FG, 32 PAT)
- 120 Shaun Alexander, 2004 (16-R, 4-P)
- 114 Josh Brown, 2003 (22 FG, 48 PAT)

## Most Points, Rookie, Season

- 114 Josh Brown, 2003 (22 FG, 48 PAT)
- 102 John Kasay, 1991 (25 FG, 27 PAT)
- 84 Curt Warner, 1983 (14 TDs: 13-R, 1-P)

## Most Points, Game

- 30 Shaun Alexander, vs. Minnesota 9/29/02 (4-R, 1-P)
- 24 Daryl Turner, vs. San Diego 9/15/85 (4-P)
- Curt Warner, vs. Denver 12/11/88 (4-R)
- 19 By Norm Johnson, 2 Times (Last: vs. L.A. Raiders 12/18/88 [5 FG, 4 PAT])

## Most Consecutive Games Scoring

- 80 Todd Peterson, 1995-1999
- 48 Norm Johnson, 1985-89
- 45 Norm Johnson, 1982-85

## TOUCHDOWNS

## Most Touchdowns, Career

- 101 Steve Largent, 1976-89 (1-R, 100-P)
- 72 Shaun Alexander, 2000-04 (62-R, 10-P)
- 62 Curt Warner, 1983-89 (55-R, 7-P)

## Most Touchdowns, Season

- 20 Shaun Alexander, 2004 (16-R, 4-P)
- 18 Shaun Alexander, 2002 (16-R, 2-P)
- 16 Chris Warren, 1995 (15-R, 1-P)
- Shaun Alexander, 2001 (14-R, 2-P)
- Shaun Alexander, 2003 (14-R, 2-P)

## Most Touchdowns, Rookie, Season

- 14 Curt Warner, 1983 (13-R, 1-P)
- 10 Daryl Turner, 1984 (10-P)
- 9 Joey Galloway, 1995 (1-R, 7-P, 1-PR)

## Most Touchdowns, Game

- 5 Shaun Alexander, vs. Minnesota 9/29/02 (4-R, 1-P)
- 4 Daryl Turner, vs. San Diego 9/15/84 (4-P)
- Curt Warner, vs. Denver 12/11/88 (4-R)
- 3 By 17 Players (Last: Shaun Alexander, vs. Arizona 12/26/04 [3-R, 0-P])

## Most Consecutive Games Scoring Touchdowns

- 7 David Sims, 1978
- Chris Warren, 1993-94
- 6 Joey Galloway, 1998
- Shaun Alexander, 2003-04
- 5 Curt Warner, 1983
- Steve Largent, 1984
- Shaun Alexander, 2002-2003

## POINTS AFTER TOUCHDOWNS

## Most Points After Touchdown Attempted, Career

- 338 Norm Johnson, 1982-90
- 177 Todd Peterson, 1995-99
- 148 Efen Herrera, 1978-81

## Most Points After Touchdown Attempted, Season

- 51 Norm Johnson, 1984
- 50 Norm Johnson, 1983
- 48 Josh Brown, 2003

## Most Points After Touchdown Attempted, Game

- 8 John Leypoldt, vs. Buffalo 10/20/77
- 7 Norm Johnson, vs. San Diego 9/15/85
- 6 By 6 Players (Last: Josh Brown, at San Francisco 11/7/04)

## Most Points After Touchdown, Career

- 333 Norm Johnson, 1982-90
- 177 Todd Peterson, 1995-99
- 139 Efen Herrera, 1978-81

## Most Points After Touchdown, Season

- 50 Norm Johnson, 1984
- 49 Norm Johnson, 1983
- 48 Josh Brown, 2003

**Most Points After Touchdown, Game**

- 8 John Leyboldt, vs. Buffalo 10/20/77
- 7 Norm Johnson, vs. San Diego 9/15/85
- 6 By 6 Players (Last: Josh Brown, at San Francisco 11/7/04)

**Most Consecutive Points After Touchdown**

- 177 Todd Peterson, 1995-99
- 165 Norm Johnson, 1985-90
- 96 Rian Lindell, 2000-02

**Highest Points After Touchdown % (100 or more PATs)**

- 100.00 Todd Peterson, 1995-99 (177-177)
- 98.52 Norm Johnson 1982-89 (333-338)
- 93.92 Efen Herrera 1978-81 (139-148)

**Most Points After Touchdown, No Misses, Season**

- 48 Josh Brown, 2003
- 42 Norm Johnson, 1986
- 41 Todd Peterson, 1998

**Most Points After Touchdown, No Misses, Game**

- 8 John Leyboldt, vs. Buffalo 10/20/77
- 7 Norm Johnson, vs. San Diego 9/15/85
- 6 By 6 Players (Last: Josh Brown, at San Francisco 11/7/04)

**TWO-POINT CONVERSIONS***(Two-point conversion rule was adopted in 1994)***Most Two-Point Conversion Attempts, Career**

- 5 Chris Warren, 1990-97
- 4 Lamar Smith, 1994-97
- 3 Rick Tuten, 1991-97
- Warren Moon, 1997

**Most Two-Point Conversion Attempts, Season**

- 3 Lamar Smith, 1996
- Chris Warren, 1996
- Warren Moon, 1997

**Most Two-Point Conversion Attempts, Game**

- 2 Warren Moon, vs. Oakland 10/26/97
- 1 By 23 Players

**Most Two-Point Conversions Made, Career**

- 4 Lamar Smith, 1994-97
- 2 Chris Warren, 1990-97
- 1 By 5 Players

**Most Two-Point Conversions Made, Season**

- 3 Lamar Smith, 1996
- 1 By 8 Players (Last: Matt Hasselbeck, vs KC 11/24/02-R)

**Most Two-Point Conversions Made, Game**

- 1 By 13 Players (Last: Matt Hasselbeck vs KC, 11/24/02)

**FIELD GOALS****Most Field Goals Attempted, Career**

- 228 Norm Johnson, 1982-90
- 154 Todd Peterson, 1995-99
- 105 John Kasay, 1991-94

**Most Field Goals Attempted, Season**

- 40 Todd Peterson, 1999
- 35 Norm Johnson, 1986
- 34 Todd Peterson, 1996

**Most Field Goals Attempted, Game**

- 6 Norm Johnson, vs. Kansas City 9/20/87
- Todd Peterson, vs. San Diego, 12/12/99
- Todd Peterson, at Pittsburgh, 9/26/99
- 5 By 5 Players (Last: Todd Peterson, vs. Buffalo 12/8/96)

**Most Field Goals, Career**

- 159 Norm Johnson, 1982-90
- 126 Todd Peterson, 1995-99
- 82 John Kasay, 1991-94

**Most Field Goals, Season**

- 34 Todd Peterson, 1999
- 28 Todd Peterson, 1996
- 25 John Kasay, 1991

**Most Field Goals, Rookie, Season**

- 25 John Kasay, 1991
- 23 Todd Peterson, 1995
- 22 Josh Brown, 2003

**Most Field Goals, Game**

- 5 Norm Johnson, vs. Kansas City 9/20/87 (6 attempts)
- Norm Johnson, vs. L.A. Raiders 12/18/88 (5 attempts)
- Todd Peterson, at Pittsburgh 9/26/99 (6 attempts)
- 4 13 Times (Last: Josh Brown, at St. Louis 11/14/04)

**Most Field Goals, One Quarter**

- 3 Norm Johnson, vs. L.A. Raiders 12/18/88 (2nd)
- Norm Johnson, vs. Kansas City 10/8/89 (2nd)

**Most Consecutive Games Scoring Field Goals**

- 13 Todd Peterson, 1996-97
- 11 Todd Peterson, 1995-96
- 10 Efen Herrera, 1978-79
- Rian Lindell, 2002

**Most Consecutive Field Goals**

- 16 Todd Peterson, 1999
- Josh Brown, 2004
- 14 Todd Peterson, 1996
- 13 Efen Herrera, 1979-80
- John Kasay, 1991
- Todd Peterson, 1996-97

**Longest Field Goal**

- 58 Josh Brown, at Green Bay 10/5/03
- 55 John Kasay, at Kansas City 1/2/94
- 54 By 7 Players (Last: Josh Brown, at Arizona 10/24/04)

**Longest Field Goal Attempted**

- 60 Efen Herrera, vs. Kansas City 11/9/80
- 58 Todd Peterson, at Kansas City 9/28/97 (OT)
- Josh Brown, at Green Bay 10/5/03
- 57 Rian Lindell, vs. San Francisco 10/14/02

**Highest Field Goal %, Career (Minimum 25 atts.)**

- 81.81 Todd Peterson, 1995-99 (154-126)
- Josh Brown, 2003-04 (55-45)
- 78.10 John Kasay, 1991-94 (105-82)
- 74.35 Rian Lindell, 2000-02 (78-58)

Highest FG %, Season (Minimum 1 att. per game)

- 92.00 Josh Brown, 2004 (23-25)
- 88.24 Rian Lindell, 2000 (17-15)
- 85.00 Todd Peterson, 1999 (40-34)

Most Field Goals, No Misses, Game

- 5 Norm Johnson, vs. L.A. Raiders 12/18/88
- 4 By 11 Players (Last: Josh Brown, at St. Louis 11/14/04)

Most FG Attempts, 50 or More Yards, Career

- 26 Norm Johnson, 1982-90
- 15 Todd Peterson, 1995-99
- 12 Rian Lindell, 2000-02

Most Field Goals, 50 or More Yards, Career

- 10 Norm Johnson, 1982-90
- 7 Todd Peterson, 1995-99
- 7 Rian Lindell, 2000-02

Most Field Goals, 50 or More Yards, Season

- 5 Norm Johnson, 1988
- 3 John Kasay, 1993
- Todd Peterson, 1998
- Rian Lindell, 2000, 2001

Most Field Goals, 50 or More Yards, Game

- 2 Norm Johnson, vs. L.A. Raiders 12/8/86
- John Kasay, vs. San Diego 10/23/91
- 1 25 Times (Last: Josh Brown, at Arizona 10/24/04)

## SAFETIES

Most Safeties, Career

- 2 Rod Stephens, 1989-94
- 1 By 8 Players

Most Safeties, Season

- 2 Rod Stephens, 1993 (ties NFL record)
- 1 By 8 Players (Last: James Williams, 2000)

Most Safeties, Game

- 1 By 10 Players (Last: James Williams, vs. Oakland 12/16/00)

## RUSHING

### ATTEMPTS

Most Attempts, Career

- 1,649 Curt Warner, 1983-89
- 1,559 Chris Warren, 1990-97
- 1,347 Shaun Alexander, 2000-04

Most Attempts, Season

- 353 Shaun Alexander, 2004
- 335 Curt Warner, 1983
- 333 Chris Warren, 1994

Most Attempts, Rookie, Season

- 335 Curt Warner, 1983
- 129 John L. Williams, 1986
- 119 Sherman Smith, 1976

Most Attempts, Game

- 36 Chris Warren, at New England 9/19/93
- 35 Shaun Alexander, vs. Oakland 11/11/01
- 33 Lamar Smith, at Detroit 11/17/96
- Shaun Alexander, vs. Denver 10/14/01

## YARDS GAINED

Most Yards Gained, Career

- 6,706 Chris Warren, 1990-97
- 6,705 Curt Warner, 1983-89
- 5,937 Shaun Alexander, 2000-04

Most Seasons, 1,000 or More Yards Rushing

- 4 Curt Warner, 1983, 1985, 1986, 1988
- Chris Warren, 1992-95
- Shaun Alexander, 2001-04

Most Yards Gained, Season

- 1,696 Shaun Alexander, 2004
- 1,545 Chris Warren, 1994
- 1,481 Curt Warner, 1986

Most Yards Gained, Rookie, Season

- 1,449 Curt Warner, 1983
- 538 John L. Williams, 1986
- 537 Sherman Smith, 1976

Most Yards Gained, Game

- 266 Shaun Alexander, vs. Oakland 11/11/01
- 207 Curt Warner, vs. Kansas City 11/27/83 (OT)
- 195 Shaun Alexander, vs. Carolina 10/31/04

Most Games, 100 or More Yards Rushing, Career

- 24 Chris Warren, 1990-97
- 23 Curt Warner, 1983-89
- 22 Shaun Alexander, 2000-04

Most Games, 100 or More Yards Rushing, Season

- 8 Chris Warren, 1995
- 7 Curt Warner, 1986, Chris Warren, 1994
- Shaun Alexander, 2003, 2004

Most Consecutive Games, 100 or More Yards, Rushing

- 3 Shaun Alexander, 2004
- 2 Curt Warner, 1983 (2 times), 1986
- Chris Warren, 1993-94, 1994 (2 times), 1995 (4 times)
- Ricky Watters, 1998, 1999
- Shaun Alexander, 2001, 2002, 2003

Most Games, 2 or More Players with 100 or More Yards Rushing

- vs. L.A. Raiders 11/28/88 (Curt Warner 130 and John L. Williams 106)
- vs. Denver 12/11/88 (Curt Warner 126 and John L. Williams 109)

Longest Run From Scrimmage

- 88 Shaun Alexander, vs. Oakland 11/11/01 (TD)
- 86 Joey Galloway, at Jacksonville 11/12/95 (TD)
- 77 Steve Broussard, vs. Tennessee 10/5/97 (TD)

## AVERAGE GAIN

Highest Average Gain, Career (100 or More Attempts)

- 4.87 Jim Zorn, 1976-84 (307-1,494)
- 4.56 Lamar Smith, 1994-97 (282-1,286)
- 4.41 Shaun Alexander, 2000-04 (1,347-5,937)

**Highest Average Gain, Season (100 or More Attempts)**

- 4.87 Sherman Smith, 1978 (165-805)  
 4.80 Shaun Alexander, 2004 (353-1,696)  
 4.68 Sherman Smith, 1977 (163-763)

**Highest Average Gain, Game (10 or More Attempts)**

- 8.86 Sherman Smith, vs. Atlanta 11/7/76  
 (14-124)  
 8.64 Lawrence McCutcheon, vs. Dallas  
 11/27/80 (11-95)  
 8.07 Eric Lane, vs. Minnesota 9/30/84  
 (14-113)

**TOUCHDOWNS****Most Touchdowns, Career**

- 62 Shaun Alexander, 2000-04  
 55 Curt Warner, 1983-89  
 44 Chris Warren, 1990-97

**Most Touchdowns, Season**

- 16 Shaun Alexander, 2002, 2004  
 15 Chris Warren, 1995  
 14 David Sims, 1978  
 Derrick Fenner, 1990  
 Shaun Alexander, 2001, 2003

**Most Touchdowns, Rookie, Season**

- 13 Curt Warner, 1983  
 5 David Sims, 1977  
 4 Sherman Smith, 1976  
 Jim Zorn, 1976

**Most Touchdowns, Game**

- 4 Curt Warner, vs. Denver 12/11/88  
 Shaun Alexander, vs. Minnesota  
 9/29/02  
 3 By 10 Players (Last: Shaun Alexander,  
 vs. Arizona 12/26/04)

**Most Consecutive Games Rushing for Touchdown**

- 6 Chris Warren, 1993-94  
 Shaun Alexander, 2003-04  
 5 Curt Warner, 1983  
 Shaun Alexander, 2002-03  
 4 David Sims, 1978  
 Derrick Fenner, 1990  
 Ricky Watters, 1998

**PASSING****PASS RATING****Highest Pass Rating, Career (Minimum 500 Attempts)**

- 83.7 Matt Hasselbeck, 2001-04  
 82.3 Dave Krieg, 1980-91  
 81.3 Warren Moon, 1997-98

**Highest Pass Rating, Season (Minimum 160 Attempts)**

- 95.0 Dave Krieg, 1983  
 94.6 Dave Krieg, 1988  
 91.0 Dave Krieg, 1986

**Highest Pass Rating, Rookie, Season (100 attempts)**

- 67.0 Rick Mirer, 1993  
 49.5 Jim Zorn, 1976

**ATTEMPTS****Most Passes Attempted, Career**

- 3,576 Dave Krieg, 1980-91  
 2,992 Jim Zorn, 1976-84  
 1,727 Matt Hasselbeck, 2001-04

**Most Passes Attempted, Season**

- 532 Dave Krieg, 1985  
 528 Warren Moon, 1997  
 513 Matt Hasselbeck, 2003

**Most Passes Attempted, Rookie, Season**

- 486 Rick Mirer, 1993  
 436 Jim Zorn, 1976  
 173 Kelly Stouffer, 1988

**Most Passes Attempted, Game**

- 55 Matt Hasselbeck, at San Francisco  
 12/1/02  
 53 Matt Hasselbeck, at San Diego 12/29/02  
 (OT)  
 51 Dave Krieg, vs. Atlanta 10/13/85

**COMPLETIONS****Most Passes Completed, Career**

- 2,096 Dave Krieg, 1980-91  
 1,593 Jim Zorn, 1976-84  
 1,035 Matt Hasselbeck, 2001-04

**Most Passes Completed, Season**

- 313 Warren Moon, 1997  
 Matt Hasselbeck, 2003  
 286 Dave Krieg, 1989  
 285 Jim Zorn, 1979  
 Dave Krieg, 1985

**Most Passes Completed, Rookie, Season**

- 274 Rick Mirer, 1993  
 208 Jim Zorn, 1976  
 98 Kelly Stouffer, 1988

**Most Passes Completed, Game**

- 36 Matt Hasselbeck, at San Diego 12/29/02  
 (OT)  
 33 Dave Krieg, vs. Atlanta 10/13/85  
 31 Jim Zorn, vs. Kansas City 9/27/81  
 Dave Krieg, vs. Denver 11/20/83

**Most Consecutive Passes Completed**

- 17 Warren Moon, vs. Oakland 11/1/98  
 15 Jim Zorn, vs. Cleveland 10/12/80  
 14 Jim Zorn, vs. N.Y. Jets 11/26/79  
 Dave Krieg, vs. L.A. Raiders 9/16/90

**COMPLETION PERCENTAGE****Highest Completion %, Career (100 att.)**

- 59.93 Matt Hasselbeck, 2001-04 (1,727-1,035)  
 58.61 Dave Krieg, 1980-91 (3,576-2,096)  
 58.27 Warren Moon, 1997-98 (786-458)

**Highest Completion %, Season (100 att.)**

- 65.61 Dave Krieg, 1991 (285-187)  
 63.72 Matt Hasselbeck, 2002 (419-267)  
 61.01 Matt Hasselbeck, 2003 (513-313)

**Highest Completion %, Rookie, Season (Qualifiers)**

- 56.38 Rick Mirer, 1993 (486-274)  
 47.38 Jim Zorn, 1976 (439-208)

- Highest Completion %, Game (20 att.)**  
 86.36 Dave Krieg, vs. Denver 12/11/88 (22-19)  
 80.65 Dave Krieg, vs. Pittsburgh 10/20/91 (31-25)  
 79.31 Jim Zorn, vs. Cleveland 10/12/80 (29-23)  
 Dave Krieg, vs. San Diego 10/29/84 (29-23)

**YARDS GAINED**

- Most Yards Gained, Career**  
 26,132 Dave Krieg, 1980-91  
 20,122 Jim Zorn, 1976-84  
 12,321 Matt Hasselbeck, 2001-04
- Most Seasons, 3,000 or More Yards Passing**  
 4 Dave Krieg, 1984, 1985, 1989, 1990  
 3 Jim Zorn, 1978-80  
 Matt Hasselbeck, 2002-04
- Most Consecutive Seasons, 3,000 or More Yards Passing**  
 3 Jim Zorn, 1978-80  
 Matt Hasselbeck, 2002-04  
 2 Dave Krieg, 1984-85 & 1989-90
- Most Yards Gained, Season**  
 3,841 Matt Hasselbeck, 2003  
 3,678 Warren Moon, 1997  
 3,671 Dave Krieg, 1984
- Most Yards Gained, Rookie, Season**  
 2,833 Rick Mirer, 1993  
 2,571 Jim Zorn, 1976  
 1,106 Kelly Stouffer, 1988
- Most Yards Gained, Game**  
 449 Matt Hasselbeck, at San Diego 12/29/02 (OT)  
 427 Matt Hasselbeck, at San Francisco 12/1/02  
 418 Dave Krieg, vs. Denver 11/20/83
- Most Games, 400 or More Yards Passing, Career**  
 4 Dave Krieg, 1980-91  
 3 Matt Hasselbeck, 2001-04  
 1 Warren Moon, 1997
- Most Games, 300 or More Yards Passing, Career**  
 11 Dave Krieg, 1980-91  
 Matt Hasselbeck, 2001-04  
 9 Jim Zorn, 1976-84



QB Dave Krieg (1980-91)

- Most Games, 300 or More Yards Passing, Season**  
 4 Matt Hasselbeck, 2002  
 Matt Hasselbeck, 2003  
 3 Jim Zorn, 1979  
 Dave Krieg, 1984  
 Matt Hasselbeck, 2004  
 2 By 3 Players (Last: Dave Krieg, 1985)
- Most Consecutive Games, 300 or More Yards Passing**  
 2 Jim Zorn, 1979, 1981  
 Matt Hasselbeck, 3 times in 2002, '03, '04
- Longest Pass Completion**  
 83 Trent Dilfer (to Koren Robinson) at St. Louis 10/20/02  
 82 Jim Zorn (to David Sims) vs. Cincinnati 9/25/77 (TD)  
 81 John Friesz (to Joey Galloway) at San Diego 10/25/98

**AVERAGE GAIN**

- Highest Average Gain, Career (100 Attempts)**  
 7.31 Dave Krieg, 1980-91 (3,576-26,132)  
 7.19 Trent Dilfer, 2001-04 (356-2,560)  
 7.14 John Friesz, 1995-98 (416-2,971)
- Highest Average Gain, Season (Qualifiers)**  
 8.80 Dave Krieg, 1983 (243-2,139)  
 8.31 Trent Dilfer, 2001 (122-1,014)  
 7.79 Dave Krieg, 1986 (375-2,921)
- Highest Avg. Gain, Rookie, Season (Qualifiers)**  
 5.85 Jim Zorn, 1976 (439-2,571)  
 5.83 Rick Mirer, 1993 (486-2,833)
- Highest Average Gain, Game (20 Attempts)**  
 14.52 Dave Krieg, vs. San Diego 12/14/86 (21-305)  
 13.30 Dave Krieg, vs. Kansas City 11/11/90 (23-306)  
 12.87 Jim Zorn, vs. Buffalo 10/30/77 (23-296)

**TOUCHDOWNS**

- Most Touchdown Passes, Career**  
 195 Dave Krieg, 1980-91  
 107 Jim Zorn, 1976-84  
 70 Matt Hasselbeck, 2001-04
- Most Touchdown Passes, Season**  
 32 Dave Krieg, 1984  
 27 Dave Krieg, 1985  
 26 Matt Hasselbeck, 2003
- Most Touchdown Passes, Game**  
 5 By 5 Players (Last: Matt Hasselbeck, at Baltimore 11/22/03)
- Most Games, 5 or More TD Passes, Career**  
 3 Dave Krieg, 1980-91  
 1 Warren Moon, 1997  
 Matt Hasselbeck, 2003
- Most Games, 4 or More TD Passes, Career**  
 7 Dave Krieg, 1980-91  
 4 Jim Zorn, 1976-84  
 2 Warren Moon, 1997
- Most Games, 5 or More TD Passes, Season**  
 1 By 5 Players (Last: Matt Hasselbeck, 2003)

**Most Games, 4 or More TD Passes, Season**

- 2 Warren Moon, 1997

**Most Consecutive Games, 4 or More TD Passes**

- 1 15 Times (Last: Matt Hasselbeck, at Baltimore 11/23/03)

**Most Consecutive Games, Touchdown Passes**

- 28 Dave Krieg, 1983-85  
(3rd in NFL history)  
13 Warren Moon, 1997-98  
10 By 3 Players  
(Last: Dave Krieg, 1988-89)

**HIGHEST %, TOUCHDOWN PASSES****Highest %, TD Passes, Career (100 Attempts)**

- 5.45 Dave Krieg, 1980-91 (3,576-195)  
4.58 Warren Moon, 1997 (786-36)  
4.34 Jon Kitna, 1997-00 (1,130-49)

**Highest %, TD Passes Season (Qualifiers)**

- 7.89 Dave Krieg, 1988 (228-18)  
7.82 Dave Krieg, 1987 (294-23)  
7.41 Dave Krieg, 1983 (243-18)

**Highest %, TD Passes, Rookie, Season (Qualifiers)**

- 2.73 Jim Zorn, 1976 (439-12)  
2.47 Rick Mirer, 1993 (486-12)

**HAD INTERCEPTED****Most Consecutive Passes Attempted, None Intercepted**

- 153 Jim Zorn, 1979  
137 Dave Krieg, 1988  
132 Rick Mirer, 1994

**Most Passes Had Intercepted, Career**

- 148 Dave Krieg, 1980-91  
133 Jim Zorn, 1976-84  
56 Rick Mirer, 1993-96

**Most Passes Had Intercepted, Season**

- 27 Jim Zorn, 1976  
24 Dave Krieg, 1984  
20 By 6 Players (Last: Rick Mirer, 1995)

**Most Passes Had Intercepted, Game**

- 6 Jim Zorn, vs. Detroit 10/24/76  
5 Jim Zorn, vs. Kansas City 11/9/80  
Dave Krieg, at Kansas City 12/9/84  
Jon Kitna, vs. Tampa Bay 11/28/99

**Most Attempts, No Interceptions, Game**

- 47 Jim Zorn, vs. Kansas City 9/27/81  
Trent Dilfer, vs. Arizona 9/15/02  
46 Warren Moon, vs. Oakland 10/26/97  
44 Dave Krieg, vs. Denver 11/25/84  
Matt Hasselbeck, vs. Washington 11/3/02

**LOWEST %, PASSES INTERCEPTED****Lowest %, Passes Had Intercepted, Career (100 att.)**

- 2.78 Matt Hasselbeck, 2001-04 (1,727-48)  
2.88 John Friesz, 1995-98 (416-12)  
3.05 Warren Moon, 1997-98 (786-24)

**Lowest %, Passes Had Intercepted, Season (Qualifiers)**

- 1.84 Rick Mirer, 1994 (381-7)  
2.27 Jim Zorn, 1981 (397-9)  
2.38 Matt Hasselbeck, 2002 (419-10)

**Lowest %, Passes Had Intercepted, Rookie Season**

- 3.50 Rick Mirer, 1993 (486-17)  
6.15 Jim Zorn, 1976 (439-27)

**RECEIVING****Most Pass Receptions, Career**

- 819 Steve Largent, 1976-89 (9th in NFL history)  
581 Brian Blades, 1988-98  
471 John L. Williams, 1986-93

**Most Seasons, 80 or More Pass Receptions**

- 2 Brian Blades, 1993-94  
1 Darrell Jackson, 2004

**Most Seasons, 70 or More Pass Receptions**

- 6 Steve Largent, 1978, 1981, 1983-86  
5 Brian Blades, 1989, 1991, 1993-95  
3 John L. Williams, 1989-90, 1992

**Most Seasons, 50 or More Pass Receptions**

- 10 Steve Largent, 1976, 1978-81, 1983-87  
6 John L. Williams, 1988-93  
5 Brian Blades, 1989, 1991, 1993-95  
Darrell Jackson, 2000-04

**Most Pass Receptions, Season**

- 87 Darrell Jackson, 2004  
81 Brian Blades, 1994  
80 Brian Blades, 1993

**Most Pass Receptions, Rookie, Season**

- 67 Joey Galloway, 1995  
54 Steve Largent, 1976  
53 Darrell Jackson, 2000

**Most Pass Receptions, Game**

- 15 Steve Largent, vs. Detroit 10/18/87  
12 By 4 Players (Last: Brian Blades, vs. New Orleans 9/1/91)

**Most Consecutive Games, Pass Receptions**

- 177 Steve Largent, 1977-89  
71 Joey Galloway, 1995-99  
52 Brian Blades, 1992-95

**YARDS GAINED****Most Yards Gained, Career**

- 13,089 Steve Largent, 1976-89-(7th in NFL history)  
7,623 Brian Blades, 1988-98  
5,007 Darrell Jackson, 2000-04

**Most Yards Gained, Season**

- 1,287 Steve Largent, 1985  
1,240 Koren Robinson, 2002  
1,237 Steve Largent, 1979

**Most Yards, Rookie, Season**

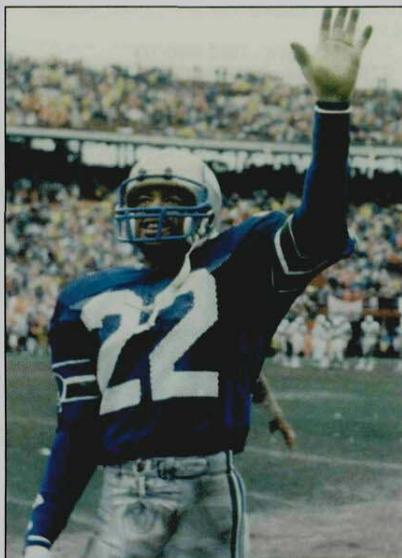
- 1,039 Joey Galloway, 1995  
715 Daryl Turner, 1984  
713 Darrell Jackson, 2000

**Most Yards Gained, Game**

- 261 Steve Largent, vs. Detroit 10/18/87  
191 Steve Largent, vs. Denver 11/25/84  
180 John L. Williams, at L.A. Raiders 12/18/88

**Most Games, 100+ Yards, Receiving, Career**

- 40 Steve Largent, 1976-89  
17 Brian Blades, 1988-98  
15 Darrell Jackson, 2000-04



**CB Dave Brown (1976-86)**

**Most Games, 100+ Yards, Receiving, Season**

- 6 Steve Largent, 1979
- 5 Steve Largent, 1984
- Brian Blades, 1989
- Darrell Jackson, 2001, 2004
- Koren Robinson, 2002

**Most Consecutive Games, 100+ Yards Receiving**

- 2 By 9 Players (Last: Darrell Jackson 2004)

**Longest Pass Reception**

- 83 Koren Robinson (from Trent Dilfer) at St. Louis 10/20/02
- 82 David Sims (from Jim Zorn) vs. Cincinnati 9/25/77 (TD)
- 81 Joey Galloway (from John Friesz) at San Diego 10/25/98 (TD)

**AVERAGE PER RECEPTION**

**Highest Avg. Per Reception, Career (100 Receptions)**

- 18.53 Daryl Turner, 1984-87 (101-1,872)
- 15.98 Steve Largent, 1976-89 (819-13,089)
- 15.75 Joey Galloway, 1995-99 (283-4,457)

**Highest Avg. Per Reception, Season (50 Receptions)**

- 18.74 Steve Largent, 1979 (66-1,237)
- 17.31 Joey Galloway, 1996 (57-987)
- 17.10 Sean Dawkins, 1999 (58-992)

**Highest Avg. Per Reception, Game (5 Receptions)**

- 27.80 Steve Largent, vs. Oakland 9/16/79 (5-139)
- 25.71 John L. Williams, vs. L.A. Raiders 12/18/88 (7-180)
- 25.00 Darrell Jackson, at Oakland 9/30/01 (5-125)

**TOUCHDOWNS**

**Most Touchdowns, Career**

- 100 Steve Largent, 1976-89
- 37 Joey Galloway, 1995-99
- 36 Daryl Turner, 1984-87

**Most Touchdowns, Season**

- 13 Daryl Turner, 1985
- 12 Steve Largent, 1984
- Joey Galloway, 1997

**Most Touchdowns, Rookie, Season**

- 10 Daryl Turner, 1984
- 8 Brian Blades, 1988
- 7 Joey Galloway, 1995

**Most Touchdowns, Game**

- 4 Daryl Turner, vs. San Diego 9/15/85
- 3 By 4 Players (Last: Joey Galloway, vs. Oakland 10/26/97)

**Most Consecutive Games, Touchdowns**

- 5 Steve Largent, 1984
- Joey Galloway, 1998
- 4 By 3 Players (Last: Daryl Turner, 1985)

**INTERCEPTIONS**

**Most Interceptions By, Career**

- 50 Dave Brown, 1976-86
- 42 Eugene Robinson, 1985-95
- 41 John Harris, 1978-85

**Most Interceptions By, Season**

- 10 John Harris, 1981
- Kenny Easley, 1984
- 9 Eugene Robinson, 1993

**Most Interceptions By, Rookie, Season**

- 5 Michael Boulware, 2004
- 4 John Harris, 1978
- 3 By 4 Players (Last: Carlton Gray, 1993)

**Most Interceptions By, Game**

- 3 Kenny Easley, vs. San Diego 10/29/84
- Eugene Robinson, at Pittsburgh 12/6/92
- Darryl Williams, vs. San Diego 9/21/97

**Most Consecutive Games, Passes Intercepted**

- 4 John Harris, 1980
- Eugene Robinson, 1991
- 3 By 6 Players (Last: Darryl Williams 1997)

**YARDS RETURNED**

**Most Yards Returned, Career**

- 643 Dave Brown, 1976-86
- 586 Eugene Robinson, 1985-95
- 528 Kenny Easley, 1981-87

**Most Yards Returned, Season**

- 179 Dave Brown, 1984
- 172 Darryl Williams, 1997
- 157 Eddie McMillan, 1977

**Most Yards Returned, Game**

- 148 Dave Brown, vs. Kansas City 11/4/84
- 125 Kenny Easley, vs. Cleveland 12/20/81
- 91 Sammy Green, vs. San Francisco 10/7/79

**Longest Return**

- 91 Sammy Green, vs. San Francisco 10/7/79 (TD)
- 90 Dave Brown, vs. Kansas City 11/4/84 (TD)
- 84 Jay Bellamy, vs. St. Louis 9/10/00 (TD)

**TOUCHDOWNS****Most Touchdowns, Career**

- 5 Dave Brown, 1976-86
- 3 Keith Simpson, 1978-85
- Kenny Easley, 1981-87

**Most Touchdowns, Season**

- 2 By 6 Players (Last: Shawn Springs, Darrin Smith 1998)

**Most Touchdowns, Game**

- 2 Dave Brown, vs. Kansas City 11/4/84 (Ties NFL record)
- 1 47 Times (Last: Michael Boulware vs. Miami 11/21/04)

**PUNTING****Most Punts, Career**

- 554 Rick Tuten, 1991-97
- 385 Jeff Feagles, 1998-02
- 299 Jeff West, 1981-85

**Most Punts, Season**

- 108 Rick Tuten, 1992
- 95 Jeff West, 1984
- 91 Rick Tuten, 1994

**Most Punts, Rookie, Season**

- 80 Rick Engles, 1976
- 79 Vince Gamache, 1986
- 47 Ruben Rodriguez, 1987
- Jimmy Colquitt, 1985

**Most Punts, Game**

- 12 Rick Tuten, vs. Denver 11/28/93
- 11 By 3 Players (Last: Rick Tuten, vs. Philadelphia 12/13/92 [OT])

**Longest Punt**

- 73 Rick Tuten, at Buffalo 10/15/95
- 68 Ruben Rodriguez, vs. Denver 9/4/88
- Jeff Feagles, at Cleveland 9/9/01
- 66 Rick Tuten, vs. Buffalo 12/8/96

**AVERAGE YARDAGE****Highest Average, Punting, Career (100 Punts)**

- 43.81 Rick Tuten, 1991-97 (554-24,268)
- 42.15 Jeff Feagles, 1998-02 (385-16,227)
- 40.28 Ruben Rodriguez, 1987-89 (192-7,733)

**Highest Average, Punting, Season**

- 45.00 Rick Tuten, 1995 (83-3,735)
- 44.52 Rick Tuten, 1993 (90-4,007)
- 44.07 Rick Tuten, 1992 (108-4,760)
- Jeff Feagles, 1998 (81-3,570)

**Highest Average, Punting, Rookie, Season**

- 40.00 Ruben Rodriguez, 1987 (47-1,880)
- 38.58 Vince Gamache, 1986 (79-3,048)
- 38.34 Rick Engles, 1976 (80-3,067)

**Highest Average Punting, Game (Minimum 4 Punts)**

- 55.20 Rick Tuten, vs. Buffalo 12/8/96 (5-276)
- 52.83 Rick Tuten, at Buffalo 10/15/95 (6-317)
- 52.50 Rick Tuten, at San Diego 10/4/92 (6-315)

**Highest Net Punting Average, Season**

- 38.7 Rick Tuten, 1992
- 37.8 Tom Rouen, 2004
- 37.3 Rick Tuten, 1993

**INSIDE THE 20****Most Punts Inside the 20, Career**

- 147 Rick Tuten, 1991-97
- 133 Jeff Feagles, 1998-02
- 73 Jeff West, 1981-85

**Most Punts Inside the 20, Season**

- 34 Jeff Feagles, 1999
- 33 Rick Tuten, 1994
- 29 Rick Tuten, 1992
- Tom Rouen, 2003

**Most Punts Inside the 20, Game**

- 6 Rick Tuten, vs. Minnesota 11/10/96
- Jeff Feagles, vs. Kansas City 12/26/99
- Jeff Feagles, at N.Y. Giants 12/23/01
- 5 4 Times (Last: Tom Rouen, vs. New Orleans 9/7/03)

**TOUCHBACKS****Most Touchbacks, Career**

- 45 Rick Tuten, 1991-97
- 30 Jeff Feagles, 1998-02
- 28 Jeff West, 1981-85

**Most Touchbacks, Season**

- 12 Jeff Feagles, 1998
- 10 Jeff West, 1983
- 8 By 4 Players (Last: Rick Tuten, 1995)

**Most Touchbacks, Game**

- 3 By 4 Players (Last: Ruben Rodriguez, vs. San Diego 10/29/89)

**HAD BLOCKED****Most Punts Had Blocked, Career**

- 6 Herman Weaver, 1977-80
- 3 Rick Engles, 1976-77
- 2 By 4 Players

**Most Punts Had Blocked, Season**

- 3 Herman Weaver, 1979
- 2 By 4 Players (Last: Tom Rouen, 2003)

**Most Punts Had Blocked, Game**

- 2 Herman Weaver, vs. Kansas City 9/30/79
- 1 By 17 Players (Last: Ken Walter, vs. Atlanta 1/2/05)

**PUNT RETURNS****Most Punt Returns, Career**

- 94 Chris Warren, 1990-97
- 89 Bobby Joe Edmonds, 1986-88
- 76 Joey Galloway, 1995-98

**Most Punt Returns, Season**

- 41 Will Lewis, 1980
- 36 Joey Galloway, 1995
- 35 Bobby Joe Edmonds, 1988

**Most Punt Returns, Rookie, Season**

- 36 Joey Galloway, 1995
- 34 Rufus Crawford, 1978
- Bobby Joe Edmonds, 1986

**Most Punt Returns, Game**

- 7 Walter Packer, vs. N.Y. Jets 11/13/77
- 6 Bobby Joe Edmonds, vs. L.A. Raiders 12/8/86
- 5 By 14 Players  
(Last: Charlie Rogers, vs. Philadelphia 9/23/01)

**FAIR CATCHES****Most Fair Catches, Career**

- 77 Bobby Engram, 2001-04
- 60 Chris Warren, 1990-97
- 40 Charlie Rogers, 1999-01

**Most Fair Catches, Season**

- 25 Chris Warren, 1992
- 23 Bobby Engram, 2002
- 22 Bobby Engram, 2003

**Most Fair Catches, Game**

- 5 James Jefferson, vs. Denver 10/22/89
- Chris Warren, vs. Pittsburgh 10/20/91
- Chris Warren, vs. Denver 11/30/92 (OT)

**YARDS GAINED****Most Yards Gained, Career**

- 1,010 Bobby Joe Edmonds, 1986-88
- 925 Charlie Rogers, 1999-01
- 843 Paul Johns, 1981-84

**Most Yards Gained, Season**

- 419 Bobby Joe Edmonds, 1986
- 363 Charlie Rogers, 2000
- 360 Joey Galloway, 1995

**Most Yards Gained, Rookie, Season**

- 419 Bobby Joe Edmonds, 1986
- 360 Joey Galloway, 1995
- 349 Will Lewis, 1980

**Most Yards Gained, Game**

- 106 Charlie Rogers, at Pittsburgh 9/26/99
- 105 Joey Galloway, vs. N.Y. Giants 11/5/95
- 103 Bobby Joe Edmonds, vs. Philadelphia 11/23/86

**Longest Punt Return**

- 94 Charlie Rogers, at Pittsburgh 9/26/99 (TD)
- 89 Joey Galloway, vs. N.Y. Giants 11/5/95 (TD)
- 88 Joey Galloway, vs. Denver 9/8/96 (TD)

**AVERAGE YARDAGE****Highest Average, Career (Minimum 50 Returns)**

- 12.67 Charlie Rogers, 1999-01 (73-925)
- 11.39 Paul Johns, 1981-84 (74-843)
- 11.35 Bobby Joe Edmonds, 1986-88 (89-1,010)

**Highest Average, Season (min. 1 per game)**

- 14.45 Charlie Rogers, 1999 (22-318)
- 12.55 Bobby Joe Edmonds, 1987 (20-251)
- 12.32 Bobby Joe Edmonds, 1986 (34-419)

**Highest Average, Rookie, Season (Qualifiers)**

- 14.45 Charlie Rogers, 1999 (22-318)
- 12.32 Bobby Joe Edmonds, 1986 (34-419)

**Highest Average, Game (Minimum 3 Returns)**

- 32.00 Paul Johns, vs. L.A. Raiders 10/16/83 (3-96)
- 29.33 Joey Galloway, vs. Denver 9/8/96 (3-88)
- 26.33 Paul Johns, vs. New England 9/16/84 (3-79)

**TOUCHDOWNS****Most Touchdowns, Career**

- 4 Joey Galloway, 1995-98
- 2 Paul Johns, 1981-84
- Bobby Engram, 2001-04
- 1 By 4 Players

**Most Touchdowns, Season**

- 2 Joey Galloway, 1998
- 1 By 6 Players (Last: Bobby Engram, 2003)

**Most Touchdowns, Rookie, Season**

- 1 Will Lewis, 1980
- Bobby Joe Edmonds, 1986
- Joey Galloway, 1995
- Charlie Rogers, 1999

**Most Touchdowns, Game**

- 1 By 7 Players  
(Last: Bobby Engram, vs. Detroit 11/16/03)

**KICKOFF RETURNS****Most Kickoff Returns, Career**

- 175 Steve Broussard, 1995-98
- 134 Charlie Rogers, 1999-01
- 128 Maurice Morris, 2002-04

**Most Kickoff Returns, Season**

- 66 Charlie Rogers, 2000
- 50 Steve Broussard, 1997
- Charlie Rogers, 2001

**Most Kickoff Returns, Game**

- 8 Bobby Joe Edmonds, vs. L.A. Raiders 11/30/87
- 7 By 7 Players (Last: Maurice Morris, at St. Louis 10/2/02)

**YARDS GAINED****Most Yards Gained, Career**

- 4,060 Steve Broussard, 1995-98
- 3,214 Charlie Rogers, 1999-01
- 2,822 Maurice Morris, 2002-04

**Most Yards Gained, Season**

- 1,629 Charlie Rogers, 2000
- 1,148 Zachary Dixon, 1983
- 1,120 Charlie Rogers, 2001

**Most Yards Gained, Rookie, Season**

- 829 Rufus Crawford, 1978
- 821 Maurice Morris, 2002
- 820 Al Hunter, 1977

**Most Yards Gained, Game**

- 231 Maurice Morris, at St. Louis 10/20/02
- 198 Charlie Rogers, vs. Indianapolis 10/15/00
- 196 Jon Vaughn, at San Diego 10/30/94

**Longest Kickoff Return**

- 97 James Jefferson, vs. Kansas City  
10/8/89 (TD)  
Maurice Morris, at St. Louis 10/20/02  
(TD)
- 94 Zachary Dixon, vs. St. Louis 11/13/83 (TD)
- 93 Jon Vaughn, at San Diego 10/30/94 (TD)

**HIGHEST YARDAGE****Highest Average, Career (50 Returns)**

- 23.98 Charlie Rogers, 1999-01 (134-3,214)
- 23.20 Steve Broussard, 1995-98 (175-4,060)
- 22.06 Bobby Joe Edmonds, 1986-88 (101-2,228)

**Highest Average, Season (1 per game)**

- 25.83 Charlie Rogers, 1999 (18-465)
- 24.74 Steve Broussard, 1995 (43-1,064)
- 24.68 Charlie Rogers, 2000 (66-1,629)

**Highest Average, Game (Minimum 3 Returns)**

- 42.74 Charlie Rogers, vs. Buffalo 12/23/00 (4-171)
- 34.60 Zachary Dixon, vs. St. Louis 11/13/83 (5-173)
- 34.33 David Hollis, vs. Kansas City 12/27/87 (3-103)

**TOUCHDOWNS****Most Touchdowns, Career**

- 1 Zachary Dixon, 1983-84  
James Jefferson, 1989-93  
Jon Vaughn, 1993-94  
Steve Broussard, 1995-98  
Charlie Rogers, 1999-00  
Maurice Morris, 2002-04

**Most Touchdowns, Season**

- 1 Zachary Dixon, 1983  
James Jefferson, 1989  
Jon Vaughn, 1994  
Steve Broussard, 1998  
Charlie Rogers, 2000  
Maurice Morris, 2002

**Most Touchdowns, Rookie, Season**

- 1 James Jefferson, 1989  
Maurice Morris, 2002

**Most Touchdowns, Game**

- 1 Zachary Dixon, vs. St. Louis 11/13/83  
James Jefferson, vs. Kansas City  
10/8/89  
Jon Vaughn, at San Diego 10/30/94  
Steve Broussard, vs. Washington  
9/20/98  
Charlie Rogers, vs. Buffalo 12/23/00  
Maurice Morris, at St. Louis 10/20/02

**COMBINED KICK RETURNS****Most Combined Kick Returns, Career**

- 207 Charlie Rogers, 1999-01 (73-P, 134-K)
- 190 Bobby Joe Edmonds, 1986-88 (89-P, 101-K)
- 180 Chris Warren, 1990-97 (94-P, 86-K)

**Most Combined Kick Returns, Season**

- 92 Charlie Rogers, 2000 (26-P, 66-K)
- 75 Bobby Joe Edmonds, 1988 (35-P, 40-K)  
Charlie Rogers, 2001 (25-P, 50-K)

**Most Combined Kick Returns, Game**

- 10 Ronnie Harris, vs. Oakland 10/26/97 (3-P, 7-K)  
Charlie Rogers, at Miami 9/3/00 (4-P, 6-K)  
Charlie Rogers, vs. Philadelphia 9/23/01 (5-P, 5-K)
- 9 By 5 Players (Last: Maurice Morris, vs. Dallas 12/6/04)

**YARDS GAINED****Most Yards Returned, Career**

- 4,139 Charlie Rogers, 1999-01 (925-P, 3,214-K)
- 4,060 Steve Broussard, 1995-98 (4,060-K)
- 3,238 Bobby Joe Edmonds, 1986-88 (1,010-P, 2,228-K)

**Most Yards Gained, Season**

- 1,992 Charlie Rogers, 2000 (363-P, 1,629-K)
- 1,364 Charlie Rogers, 2001 (244-P, 1,120-K)
- 1,240 Bobby Joe Edmonds, 1988 (340-P, 900-K)

**Most Yards Returned, Game**

- 231 Maurice Morris, vs. St. Louis 10/20/02 (231-K)
- 215 Charlie Rogers, vs. Indianapolis 10/15/00 (17-P, 198-K)
- 206 Charlie Rogers, at N.Y. Jets 1/2/00 (16-P, 190-K)

**TOUCHDOWNS****Most Touchdowns, Career**

- 4 Joey Galloway, 1995-98 (4-P)
- 2 Paul Johns, 1981-84 (2-P)  
Charlie Rogers, 1999-01 (1-P, 1-K)  
Bobby Engram, 2001-04 (2-P)
- 1 By 8 Players

**Most Touchdowns, Season**

- 2 Joey Galloway, 1998 (2-P)
- 1 By 10 Players (Last: Bobby Engram, 2003 [1-P])

**Most Touchdowns, Game**

- 1 By 12 Players (Last: Bobby Engram, vs. Detroit 11/16/03)

**FUMBLES****Most Fumbles, Career**

- 108 Dave Krieg, 1980-91
- 49 Jim Zorn, 1976-84
- 38 Curt Warner, 1983-89

**Most Fumbles, Season**

- 18 Dave Krieg, 1989
- 16 Dave Krieg, 1990
- 13 Rick Mirer, 1993

**Most Fumbles, Game**

- 6 Dave Krieg, vs. Kansas City 11/5/89
- 5 Dave Krieg, vs. San Diego 11/25/90 (OT)
- 4 By 2 Players (Last: Dan McGwire, vs. Indianapolis 12/4/94)

**FUMBLES RECOVERED**

Most Fumbles Recovered, Career, Own and Opponents

- 27 Dave Krieg, 1980-91 (27-own)
- 17 Jacob Green, 1980-91 (17-opp.)
- 15 Eugene Robinson, 1985-95 (14-opp., 1-own)

Most Fumbles Recovered, Season, Own and Opponents

- 9 Dave Krieg, 1989 (9-own)
- 5 By 4 Players (Last: Rick Mirer, 1993 [5-own])

Most Fumbles Recovered, Game, Own and Opponents

- 3 Dave Krieg, vs. Chicago 12/20/87 (3-own)  
Dave Krieg, vs. Kansas City 11/5/89 (3-own)  
Rick Mirer, at Detroit 10/17/93 (3-own)

**OWN FUMBLES RECOVERED**

Most Own Fumbles Recovered, Career

- 27 Dave Krieg, 1980-91
- 13 Curt Warner, 1983-89
- 12 Jim Zorn, 1976-84

Most Own Fumbles Recovered, Season

- 9 Dave Krieg, 1989
- 5 By 3 Players (Last: Rick Mirer, 1993)

Most Own Fumbles Recovered, Game

- 3 Dave Krieg, vs. Chicago 12/20/87 (3-own)  
Dave Krieg, vs. Kansas City 11/5/89 (3-own)  
Rick Mirer, at Detroit 10/17/93 (3-own)

**OPPONENTS FUMBLES RECOVERED**

Most Opponents' Fumbles Recovered, Career

- 17 Jacob Green, 1980-91
- 14 Eugene Robinson, 1985-95
- 13 Chad Brown, 1997-04

Most Opponents' Fumbles Recovered, Season

- 5 Nesby Glasgow, 1989
- 4 By 12 Players (Last: Chad Brown, 1997)

Most Opponents' Fumbles Recovered, Game

- 3 Darryl Williams, at Kansas City, 10/4/98
- 2 By 14 Players (Last: Chad Brown, at New Orleans 11/16/97)

**YARDS RETURNING FUMBLES**

Longest Fumble Return

- 82 Antonio Edwards, at Denver 12/10/95 (TD)
- 79 Jacob Green, vs. N.Y. Jets 10/27/85 (TD)
- 71 Shawn Springs, at Oakland 9/8/02

**TOUCHDOWNS**

Most Touchdowns, Career (Total)

- 2 Jacob Green, 1980-91 (2-opp.)  
Shelton Robinson, 1982-85 (2-opp.)  
Chad Brown, 1997 (2-opp.)

Most Touchdowns, Season (Total)

- 2 Shelton Robinson, 1983 (2-opp.)  
Chad Brown, 1997 (2-opp.)
- 1 By 21 Players (Last: Koren Robinson, 2003 [1-team])

Most Touchdowns, Game (Total)

- 1 By 23 Players (Last: Koren Robinson, vs. Detroit 11/16/03)

**COMBINED NET YARDS**

Yards Gained Via Rushing, Receiving, Interception Return, Punt Return, Kickoff Return, and Fumble Recovery Return

**ATTEMPTS**

Most Attempts, Career

- 1,943 Chris Warren, 1990-97
- 1,854 Curt Warner, 1983-89
- 1,628 John L. Williams, 1986-93

Most Attempts, Season

- 379 Curt Warner, 1983
- 376 Shaun Alexander, 2004
- 374 Chris Warren, 1994

Most Attempts, Rookie, Season

- 379 Curt Warner, 1983
- 162 Sherman Smith, 1976  
John L. Williams, 1986

Most Attempts, Game

- 36 Chris Warren, at New England 9/19/93  
Shaun Alexander, vs. Oakland 11/11/01
- 35 Lamar Smith, at Detroit 10/17/96  
Ricky Waters, vs. Indianapolis 12/20/98  
Shaun Alexander, vs. Denver 10/14/01  
Shaun Alexander, vs. Carolina 10/31/04

**YARDS GAINED**

Most Yards Gained, Career

- 13,396 Steve Largent, 1976-89
- 10,663 Chris Warren, 1990-97
- 8,673 John L. Williams, 1986-93

Most Yards Gained, Season

- 1,992 Charlie Rogers, 2000
- 1,925 Chris Warren, 1992
- 1,868 Chris Warren, 1994

Most Yards Gained, Rookie, Season

- 1,774 Curt Warner, 1983
- 1,583 Joey Galloway, 1995
- 1,172 Bobby Joe Edmonds, 1986

Most Yards Gained, Game

- 273 Shaun Alexander, vs. Oakland 11/11/01
- 261 Steve Largent, vs. Detroit 10/18/87
- 239 John L. Williams, at L.A. Raiders 12/18/88

**TACKLES****Most Tackles, Career**

- 984 Eugene Robinson, 1985-95  
 813 Keith Butler, 1978-87  
 779 Joe Nash, 1982-96

**Most Tackles, Season**

- 153 Terry Beeson, 1978  
 150 Chad Brown, 1998  
 147 Anthony Simmons, 2000

**Most Tackles, Game**

- 18 Terry Beeson, vs. Houston 11/2/77  
 Sammy Green, vs. Minnesota 10/8/78  
 16 By 10 Players (Last: Isaiah Kacyvenski,  
 at Oakland 9/8/02)

**SACKS****Most Sacks, Career**

- 116.0 Jacob Green, 1980-91  
 73.5 Michael Sinclair, 1991-01  
 63.0 Jeff Bryant, 1982-93

**Most Sacks, Season**

- 16.5 Michael Sinclair, 1998  
 16.0 Jacob Green, 1983  
 14.5 Jeff Bryant, 1984

**Most Sacks, Game**

- 4.0 Jacob Green, vs. N.Y. Giants 10/19/86  
 Michael Sinclair, vs. Denver 9/8/96  
 Michael McCrary, at Oakland 12/22/96

**FORCED FUMBLES****Most Forced Fumbles, Career**

- 28 Jacob Green, 1980-91  
 24 Michael Sinclair, 1991-01  
 14 Rufus Porter, 1988-94  
 13 Joe Nash, 1982-96  
 Bruce Scholtz, 1982-88

**Most Forced Fumbles, Season**

- 7 Jacob Green, 1985  
 Michael Sinclair, 1998  
 6 By 3 Players (Last: Michael Sinclair,  
 1997)

**Most Forced Fumbles, Game**

- 2 By 15 Players (Last: Reggie Tongue, vs.  
 Cleveland 11/30/03)

**BLOCKED KICKS****Most Blocked Punts, Career**

- 3 Kerry Justin, 1978-83, 1986-87  
 2 By 4 Players

**Most Blocked Punts, Season**

- 2 By 4 Players (Last: Kerry Justin, 1986)

**Most Blocked Punts, Game**

- 1 By 22 Players (Last: D.D. Lewis, vs.  
 Pittsburgh 11/2/03)

**Most Blocked Field Goals, Career**

- 8 Joe Nash, 1982-96  
 2 By 4 Players

**Most Blocked Field Goals, Season**

- 3 Joe Nash, 1989  
 2 Mike White, 1982  
 Joe Nash, 1984

**Most Blocked Field Goals, Game**

- 1 By 28 Players  
 (Last: Lamar King, at Green Bay  
 11/1/99)

**Most Blocked PATs, Career**

- 3 Mike White, 1981-82  
 2 By 3 Players

**Most Blocked PATs, Season**

- 2 Mike White, 1981  
 1 By 11 Players (Last: Terry Wooden,  
 1995)

**Most Blocked PATs, Game**

- 1 By 12 Players  
 (Last: Terry Wooden, vs. San Diego  
 10/22/95)

**Most Blocked Kicks (Field Goals and PATs), Career**

- 10 Joe Nash, 1982-96 (8 FG, 2 PAT)  
 5 Mike White, 1981-82 (2 FG, 3 PAT)  
 Jeff Bryant, 1982-93 (3 FG, 2 PAT)

**Most Blocked Kicks (Field Goals and PATs), Season**

- 3 Mike White, 1982 (2 FG, 1 PAT)  
 Joe Nash, 1989 (3 FG)  
 2 By 4 Players (Last: Jeff Bryant and Joe  
 Nash, 1985)

**Most Blocked Kicks (Field Goals and PATs), Game**

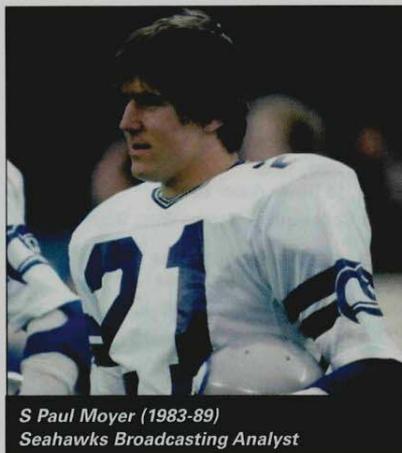
- 1 By 41 Players (Last: Lamar King, at  
 Green Bay 11/1/99 [FG])

**Longest Return of Blocked Punt**

- 32 Jessie Green, vs. N.Y. Jets 10/19/80  
 26 Steve Raible, vs. Green Bay 10/10/76  
 17 Austry Beamon, vs. Baltimore 9/18/77

**Longest Return of Blocked Field Goal**

- 62 Paul Moyer, vs. Cleveland 10/9/88  
 Vernon Dean, vs. L.A. Rams 10/23/88  
 (TD)  
 61 Robert Blackmon, vs. Houston 11/3/96  
 (TD)  
 Shawn Springs, at Green Bay 11/1/99  
 (TD)



*S Paul Moyer (1983-89)  
 Seahawks Broadcasting Analyst*

## TEAM RECORDS

## ATTENDANCE

## Largest Single-Season Regular-Season Home Attendance

- 533,436 2004 (66,680)
- 530,520 1999 (66,315)
- 512,150 2003 (64,019)

## Largest Single-Game Regular-Season Home Attendance

## — Qwest Field

- 68,093 vs. Dallas 12/6/04
- 66,940 vs. St. Louis 10/10/04
- 66,740 vs. Atlanta 01/02/05

## -Kingdome (1976-1999)

- 66,400 vs. Oakland 10/3/99
- 66,332 vs. Kansas City 11/26/99
- 66,238 vs. Detroit 9/12/99

## -Husky Stadium (2000-01)

- 68,681 vs. Oakland 12/16/00
- 68,661 vs. Denver 11/26/00
- 67,231 vs. Oakland 11/11/01

## Largest Single-Game Regular-Season Road Attendance

- \*82,893 at Kansas City 10/2/00
- 82,352 at Washington 11/4/01
- 81,201 at L.A. Raiders 12/15/85

\* Combined attendance from Arrowhead (79,451) and Kaufmann Stadium adjacent to Arrowhead (3,442).

## GAMES WON

## REGULAR SEASON

## Most Consecutive Games Won

- 8 1984
- 6 2002-03
- 5 1986, 1997-98, 1999, 2003-04

## Most Consecutive Games Without Defeat

- 8 1984
- 6 2002-03
- 5 1986, 1997-98, 1999, 2003-04

## Most Games Won, Season

- 12 1984
- 10 1986, 2003
- 9 8Times (Last: 2004)

## Most Consecutive Games Won, One Season

- 8 1984
- 5 1986, 1999
- 3 15Times (Last: 2004)

## Most Consecutive Games Won, Start of Season

- 3 1986, 1998, 2003, 2004
- 2 1984, 1985, 1988, 1994

## Most Consecutive Games Won, End of Season

- 5 1986
- 3 2002

## Most Consecutive Home Games Won

- 10 2002-04
- 8 1983-84
- 5 1987, 1990-91

## Most Consecutive Road Games, Won

- 5 1979-80
- 4 1984
- 3 7Times (Last: 2003-04)

## Most Shutout Games Won or Tied, Season

- 3 1984
- 2 1986
- 1 6Times (Last: 2004)

## Most Consec. Shutout Games Won or Tied, Season

- 2 1984
- 1 9Times (Last: 2004)

## Most Consecutive Overtime Games Won, Season

- 2 1990 (Ties NFL record)

## GAMES LOST

## Most Consecutive Games Lost

- 10 1980-81
- 9 1976-77
- 8 1992

## Most Games Lost, Season

- 14 1992
- 12 1976, 1980
- 10 1981, 1993, 1994, 2000

## Most Consecutive Games Lost, One Season

- 9 1980
- 8 1992
- 6 1994

## Most Consecutive Games Lost, Start of Season

- 5 1976
- 4 1977
- 3 1990, 1996, 2002

## Most Consecutive Games Lost, End of Season

- 9 1980
- 5 1976
- 4 1992

## Most Consecutive Home Games Lost

- 8 1980
- 5 1992
- 4 1976, 1976-77, 1992, 1996

## Most Consecutive Road Games Lost

- 8 1976-77, 1980-81
- 7 1992-93
- 6 2003

## Most Shutout Games Lost or Tied, Season

- 2 1992
- 1 6Times (Last: 2000)

**Most Consec. Shutout Games, Lost or Tied, Season**

- 2 1992
- 1 6Times (Last: 2000)

**Most Consecutive Overtime Games Lost, Season**

- 1 9Times (Last: 1999)

## SCORING

### POINTS

**Most Points, Season**

- 418 1984
- 404 2003
- 403 1983

**Fewest Points, Season**

- 127 1982 (9 games)
- 140 1992 (NFL record for 16-game season)
- 229 1976 (14 games)

**Most Points, Game**

- 56 vs. Buffalo 10/30/77
- 51 vs. Kansas City 11/27/83 (OT)
- 49 vs. San Diego 9/15/85

**Fewest Points, Game**

- 0 9Times (Last: at Miami 9/3/00)

**Most Points, Both Teams, Game**

- 99 Seattle (51) vs. Kansas City (48) 11/27/83 (OT)
- 85 Seattle (41) at Baltimore (44) 11/23/03 (OT)
- 84 Seattle (49) vs. San Diego (35) 9/15/85

**Fewest Points, Both Teams, Game**

- 14 Seattle (14) vs. Washington (0) 9/28/80
- 15 Seattle (9) at Cleveland (6) 9/9/01
- Seattle (6) at N.Y. Giants (9) 9/15/02

**Most Points, Shutout Victory, Game**

- 45 vs. Kansas City 11/4/84
- 38 at Philadelphia, 9/6/98 at Arizona, 9/14/03
- 37 vs. L.A. Raiders 12/8/86

**Fewest Points, Shutout Victory, Game**

- 14 vs. Washington 9/28/80
- 16 vs. Pittsburgh 11/28/82
- 17 vs. N.Y. Jets 11/13/77

**Most Points Overcome to Win Game**

- 20 at Denver 12/10/95 (Trailed 0-20, Won 31-27)
- 18 vs. Pittsburgh 11/8/81 (Trailed 3-21, Won 24-21) at Oakland 12/14/97 (Trailed 3-21, Won 22-21)

**Most Points, Each Half**

- 1st: 45 vs. Minnesota 9/29/02
- 42 vs. Buffalo 10/30/77
- 35 vs. Detroit 11/16/03
- 2nd: 37 vs. Kansas City 11/27/83 (OT) (Includes 3 points in overtime)
- 35 vs. San Diego 9/15/85
- 31 vs. L.A. Raiders 10/16/83 vs. New England 9/21/86

**Most Points, One Quarter**

- 31 vs. Minnesota 9/29/02 (2nd)
- 28 4Times (Last: vs. Kansas City 9/11/88 [2nd])

**Most Points, Each Quarter**

- 1st: 21 vs. Cincinnati 9/6/81 vs. Detroit 10/18/87 vs. N.Y. Giants 11/5/95
- 2nd: 31 vs. Minnesota 9/29/02
- 28 vs. Buffalo 10/30/77 vs. Kansas City 11/4/84 vs. Kansas City 9/11/88
- 3rd: 28 vs. San Diego 9/15/85
- 24 vs. Chicago 11/5/78
- 20 vs. Kansas City 9/20/87 vs. Chicago 12/20/87
- 4th: 24 vs. New England 9/21/86
- 22 vs. Dallas 12/6/04
- 21 vs. Detroit 9/24/78 at Denver 12/10/95 at San Diego 12/29/02
- OT: 6 at Atlanta 12/15/02
- 3 5Times (Last: vs. San Diego 12/2/01)

### GAMES

**Most Consecutive Games Scoring**

- 121 1992-99
- 112 1982-89
- 79 2000-04

### TOUCHDOWNS

**Most Touchdowns, Season**

- 51 1984
- 50 1983
- 48 2003

**Fewest Touchdowns, Season**

- 14 1982 (9 games)
- 1992
- 27 1996

**Most Touchdowns, Game**

- 8 vs. Buffalo 10/30/77
- 7 vs. San Diego 9/15/85
- 6 7Times (Last: at San Francisco 11/7/04)

**Most Touchdowns, Both Teams, Game**

- 13 Seattle (6) vs. Kansas City (7) 11/27/83 (OT)
- 12 Seattle (7) vs. San Diego (5) 9/15/85
- 10 5Times (Last: Seattle [5] vs. Dallas [5] 12/6/04)

**Most Consecutive Games Scoring**

- Touchdowns
- 48 1982-85
- 34 1985-88
- 30 1977-79

### POINTS AFTER TOUCHDOWN

**Most Points After Touchdown, Season**

- 50 1984
- 49 1983
- 48 2003

**Fewest Points After Touchdown, Season**

- 13 1982 (9 games)
- 14 1992
- 25 1994

**Most Points After Touchdown, Game**

- 8 vs. Buffalo 10/30/77
- 7 vs. San Diego 9/15/85
- 6 8Times (Last: at San Francisco 11/7/04)

**Most Points After Touchdown, Both Teams, Game**

- 12 Seattle (6) vs. Kansas City (6) 11/27/83 (OT)
- 10 5Times (Last: Seattle [5] at Baltimore [5] 11/23/03)

**TWO-POINT CONVERSIONS***(Two-point conversion rule was adopted in 1994)***Most Two-Point Conversion Attempts, Season**

- 6 1994, 1996, 1997
- 4 1998, 2000
- 3 2004

**Most Two-Point Conversion Attempts, Game**

- 2 at Kansas City 10/23/94 vs. San Diego 10/22/95 vs. Oakland 12/16/00
- 1 24Times (Last: vs. Dallas 12/6/04)

**Most Two-Point Conversions Made, Season**

- 4 1994, 1996
- 2 1998, 2004

**Most Two-Point Conversions Made, Game**

- 2 at Kansas City 10/23/94
- 1 15Times (Last: vs. Dallas 12/6/04)

**FIELD GOALS****Most Field Goals Attempted, Season**

- 40 1999
- 35 1986
- 34 1996

**Fewest Field Goals Attempted, Season**

- 14 1982 (9 games)
- 16 1976
- 18 1977

**Most Field Goals Attempted, Game**

- 6 vs. Kansas City 9/20/87 vs. San Diego 12/12/99
- 5 4Times (Last: vs. Houston 11/3/96)

**Most Field Goals Attempted, Both Teams, Game**

- 10 Seattle (6) vs. San Diego (4) 12/12/99
- 9 at Seattle (5) vs. Houston (4) 11/3/96
- 8 Seattle (5) vs. L.A. Raiders (3) 12/18/88
- Seattle (2) at San Diego (6) 9/5/93

**Most Field Goals, Season**

- 34 1999
- 28 1996
- 25 1991

**Fewest Field Goals, Season**

- 9 1976, 1977
- 10 1982 (9 games)

**Most Field Goals, Game**

- 5 vs. Kansas City 9/20/87 vs. L.A. Raiders 12/18/88
- 4 12Times (Last: at St. Louis 11/14/04)

**Most Field Goals, Both Teams, Game**

- 8 Seattle (5) vs. L.A. Raiders (3) 12/18/88
- 7 6Times (Last: Seattle (4) at St. Louis (3) 11/14/04)

**Most Consecutive Games Scoring Field Goals**

- 15 1990-91
- 11 2002-03
- 10 1978-79

**SAFETIES****Most Safeties, Season**

- 4 1993 (ties NFL record)
- 1 11Times (Last: 2003)

**Most Safeties, Game**

- 1 15Times (Last: at St. Louis 12/14/03)

**Most Safeties, Both Teams, Game**

- 2 Seattle (0) vs. Denver (2) 1/2/83
- Seattle (1) vs. Cleveland (1) 11/14/93
- 1 36Times (Last: Seattle [0] at Arizona [1] 10/24/04)

**FIRST DOWNS****Most Seasons Leading League**

- 1 1978

**Most First Downs, Season**

- 347 2002
- 345 1978
- 338 2003

**Fewest First Downs, Season**

- 159 1982 (9 games)
- 207 1992
- 237 1976

**Most First Downs, Game**

- 34 vs. San Diego 11/22/87 at San Diego 12/29/02 (OT)
- 33 vs. Kansas City 11/27/83 (OT)
- 32 vs. Kansas City 11/24/02

**Fewest First Downs, Game**

- 1 vs. L.A. Rams 11/4/79
- 2 vs. New England 12/4/88
- 6 3Times (Last: at Dallas 10/11/92)

**Most First Downs, Rushing, Season**

- 150 1978
- 131 1983
- 125 1988

**Fewest First Downs, Rushing, Season**

- 51 1982 (9 games)
- 75 1976
- 76 1992

**Most First Downs, Rushing, Game**

- 19 vs. San Diego 11/22/87
- 18 vs. Kansas City 11/27/83 (OT)
- 17 vs. Oakland 11/11/01

**Fewest First Downs, Rushing, Game**

- 0 vs. L.A. Rams 11/4/79 vs. New England 12/4/88 vs. L.A. Raiders 10/18/92

**Most First Downs, Passing, Season**

- 208 2002
- 207 1997
- 190 2003

**Fewest First Downs, Passing, Season**

- 89 1982 (9 games)
- 114 1992
- 116 1977

**Most First Downs, Passing, Game**

- 21 vs. Denver 11/20/83  
 vs. Kansas City 11/24/02  
 20 vs. Denver 12/15/84  
 vs. Cleveland 11/30/03  
 19 vs. Oakland 10/26/97  
 vs. Dallas 12/6/04  
 at Minnesota 12/12/04

**Fewest First Downs, Passing, Game**

- 1 vs. L.A. Rams 11/4/79  
 2 5Times (Last: vs. Philadelphia 9/23/01)

**Most First Downs, Penalty, Season**

- 39 1978  
 35 2002  
 31 1998

**Fewest First Downs, Penalty, Season**

- 10 1986  
 14 1991  
 15 2000

**Most First Downs, Penalty, Game**

- 6 vs. N.Y. Jets 9/17/78  
 vs. San Diego 11/16/81  
 vs. San Diego 9/18/94

**Most First Downs, Both Teams, Game**

- 64\* vs. Kansas City 11/24/02 (Sea-32, KC-32)  
 62 vs. San Diego 9/15/85 (Sea-30, SD-32)

\*NFL Record

## NET YARDS GAINED RUSHING & PASSING

**Most Plays, Season**

- 1090 1985  
 1072 1978  
 1050 2002

**Fewest Plays, Season**

- 589 1982 (9 games)  
 869 1977  
 882 1976

**Most Plays, Game**

- 90 at San Diego 12/29/02 (OT)  
 85 vs. Kansas City 11/27/83 (OT)  
 84 vs. Kansas City 9/29/85  
 vs. San Diego 11/22/87

**Fewest Plays, Game**

- 35 vs. L.A. Rams 11/4/79  
 41 vs. New England 12/4/88  
 42 vs. Washington 12/23/89

**Most Net Yards Gained, Season**

- 5818 2002  
 5759 1997  
 5634 2004

**Fewest Net Yards Gained, Season**

- 2594 1982 (9 games)  
 3374 1992  
 4062 1976

**Most Net Yards Gained, Game**

- 591 at San Diego 12/29/02 (OT)  
 559 vs. Buffalo 10/30/77  
 554 vs. Oakland 10/26/97

**Fewest Net Yards Gained, Game**

- 7 vs. L.A. Rams 11/4/79 (NFL record)  
 62 at Dallas 10/11/92  
 65 vs. New England 12/4/88

**Most Consecutive Games, 500 or More Yards Gained**

- 2 2002

**Most Consecutive Games, 400 or More Yards Gained**

- 4 1986  
 2 9Times (Last: 2004)

**Most Consecutive Games, 300 or More Yards Gained**

- 9 1997  
 7 1978-79  
 6 1980, 1986, 2000, 2002, 2003

**Most Games 500 Yards or More, Season**

- 3 2002  
 2 1986  
 1 1977, 1979, 1983, 1997, 2004

**Highest Average Gain, Season**

- 5.54 2002 (1,050-5,818)  
 5.53 2003 (1,017-5,627)  
 5.45 2004 (1,034-5,634)

**Lowest Average Gain, Season**

- 4.40 1982 (589-2,594 [9 games])  
 4.55 1989 (1,010-4,596)  
 4.57 1994 (1,018-4,652)

## RUSHING

**ATTEMPTS****Most Rushing Attempts, Season**

- 561 1978  
 546 1983  
 517 1988

**Fewest Rushing Attempts, Season**

- 227 1982 (9 games)  
 374 1976  
 394 1991

**Most Rushing Attempts, Game**

- 57 vs. N.Y. Jets 9/11/83  
 56 vs. San Diego 9/18/83  
 54 vs. San Diego 11/22/87

**Fewest Rushing Attempts, Game**

- 7 vs. L.A. Raiders 11/17/91  
 9 vs. Washington 12/23/89  
 11 at Carolina 10/8/00

**YARDS GAINED****Most Yards Gained Rushing, Season**

- 2,394 1978  
 2,300 1986  
 2,178 1995

**Fewest Yards Gained Rushing, Season**

- 795 1982 (9 games)  
 1,392 1989  
 1,413 1976

**Most Yards Gained Rushing, Game**

- 319 vs. Oakland 11/11/01  
 298 vs. Denver 12/20/86  
 280 vs. Kansas City 11/27/83 (OT)

**Fewest Yards Gained Rushing, Game**

- 20 vs. New England 12/4/88  
 23 vs. L.A. Rams 11/4/79  
 vs. L.A. Raiders 11/17/91  
 24 at Denver 12/27/98

**AVERAGE GAIN****Highest Average Gain, Rushing, Season**

- 4.57 1995 (477-2,178)  
 4.52 1996 (442-1,997)  
 4.48 1986 (513-2,300)  
 2004 (468-2,095)

**Lowest Average Gain, Rushing, Season**

- 3.32 1984 (495-1,645)  
 3.44 1989 (405-1,392)  
 3.45 1999 (408-1,408)

**TOUCHDOWNS****Most Touchdowns, Rushing, Season**

- 28 1978  
 24 1979  
 20 1995

**Fewest Touchdowns, Rushing, Season**

- 4 1982 (9 games)  
 1992  
 5 1989  
 1999

**Most Touchdowns, Rushing, Game**

- 4 8 Times (Last: vs. Minnesota 9/29/02)

**PASSING****ATTEMPTS****Most Passes Attempted, Season**

- 609 1997  
 587 2002  
 575 1985

**Fewest Passes Attempted, Season**

- 326 1982 (9 games)  
 387 1977  
 405 1987

**Most Passes Attempted, Game**

- 61 vs. Kansas City 9/29/85  
 55 at San Francisco 12/1/02  
 53 at San Diego 12/29/02 (OT)

**Fewest Passes Attempted, Game**

- 14 vs. Kansas City 12/11/77  
 15 vs. Pittsburgh 12/6/87  
 16 3 Times (Last: vs. Cincinnati 11/18/84)

**Most Passes Attempted, Both Teams, Game**

- 103 Seattle (53) at San Diego (50) 12/29/02 (OT)  
 87 Seattle (24) at N.Y. Jets (63) 12/6/98  
 84 Seattle (42) vs. San Diego (42) 12/14/80  
 Seattle (46) vs. Kansas City (38) 12/9/84  
 Seattle (31) vs. Phoenix (53) 12/19/93 (OT)

**Fewest Passes Attempted, Both Teams, Game**

- 30 Seattle (20) vs. New England (10) 12/4/88  
 33 Seattle (15) vs. Pittsburgh (18) 12/6/87  
 38 Seattle (23) vs. New England (15) 10/9/77

**COMPLETIONS****Most Passes Completed, Season**

- 361 2002  
 359 1997  
 317 2003

**Fewest Passes Completed, Season**

- 175 1977  
 176 1982 (9 games)  
 229 1976

**Most Passes Completed, Game**

- 36 at San Diego 9/29/02  
 33 vs. Atlanta 10/13/85  
 31 vs. Kansas City 9/27/81  
 vs. Denver 11/20/83

**Fewest Passes Completed, Game**

- 2 vs. L.A. Rams 11/4/79  
 4 vs. L.A. Raiders 10/16/83  
 5 vs. New England 10/9/77  
 at Oakland 12/22/96

**Most Passes Completed, Both Teams, Game**

- 64 Seattle (36) at San Diego (28) 12/29/02 (OT)  
 59 Seattle (17) at N.Y. Jets (42) 12/6/98  
 56 Seattle (22) vs. San Diego (34) 9/15/85

**Fewest Passes Completed, Both Teams, Game**

- 14 Seattle (5) vs. New England (9) 10/9/77  
 Seattle (9) vs. New England (5) 12/4/88  
 17 Seattle (10) vs. Cleveland (7) 12/18/77

**YARDS GAINED****Most Net Yards Gained, Passing, Season**

- 4,257 2002  
 3,959 1997  
 3,872 2003

**Fewest Net Yards Gained, Passing, Season**

- 1,778 1992  
 1,799 1982 (9 games)  
 2,328 1977

**Most Net Yards Gained, Passing, Game**

- 428 at San Diego 12/29/02  
 427 at San Francisco 12/1/02  
 409 vs. Oakland 10/26/97

**Fewest Net Yards, Gained Passing, Game**

- 30 vs. L.A. Rams 11/4/79  
 2 vs. L.A. Raiders 10/16/83  
 13 at Oakland 12/22/96

**QB Rick Mirer (1993-96)**

**TIMES SACKED****Most Times Sacked, Season**

67 1992  
53 1985  
51 1980

**Fewest Times Sacked, Season**

21 1977  
23 1979  
28 1976

**Most Times Sacked, Game**

9 vs. Kansas City 11/11/90  
8 vs. Cleveland 9/12/82  
vs. Dallas 12/4/83  
at Denver 12/20/92

**COMPLETION PERCENTAGE****Highest Completion Percentage, Season**

61.50 2002 (587-361)  
60.84 2003 (521-317)  
60.75 2000 (507-308)

**Lowest Completion Percentage, Season**

45.22 1977 (387-175)  
47.71 1976 (480-229)  
48.32 1992 (476-230)

**TOUCHDOWNS****Most Touchdowns, Passing, Season**

32 1984  
31 1987  
28 1985

**Fewest Touchdowns, Passing, Season**

9 1982 (9 games)  
1992  
13 1976, 1993, 1994

**Most Touchdowns, Passing, Game**

5 vs. Detroit 12/2/84  
vs. San Diego 9/15/85  
vs. L.A. Raiders 11/28/88  
vs. Oakland 10/26/97  
at Baltimore 11/23/03

**Most Touchdowns, Passing, Both Teams, Game**

10 Seattle (5) vs. San Diego (5) 9/15/85  
9 Seattle (5) at Baltimore (4) 11/23/03  
7 6Times (Last: Seattle [5] vs. Oakland [2] 10/26/97)

**PASSES HAD INTERCEPTED****Most Passes Had Intercepted, Season**

32 1977  
30 1976  
26 1984, 1991

**Fewest Passes Had Intercepted, Season**

9 1994  
12 2001  
13 1982 (9 games)

**Most Passes Had Intercepted, Game**

6 vs. Detroit 10/24/76  
vs. Kansas City 12/9/84  
5 2Times (Last: vs. Kansas City 9/29/85)

**PUNTING****Most Punts, Season**

108 1992  
95 1984  
91 1985, 1993, 1994

**Fewest Punts, Season**

49 1982 (9 games)  
61 1987, 2002  
64 1977

**Most Punts, Game**

12 vs. Denver 11/28/93  
11 3Times (Last: vs. Philadelphia 12/13/92 [OT])

**Fewest Punts, Game**

1 11Times (Last: vs. Carolina 10/31/04)

**AVERAGE YARDAGE****Highest Average Distance, Punting, Season**

45.00 1995 (83-3,735)  
44.07 1992 (108-4,760)  
1998 (81-3,570)  
44.03 1993 (91-4,007)

**Lowest Average Distance, Punting, Season**

36.89 1978 (69-2,543)  
37.40 1976 (82-3,067)  
37.55 1984 (95-3,567)

**HAD BLOCKED****Most Punts Had Blocked, Season**

3 1979  
2 1977, 1980, 1997, 2003, 2004

**Most Punts Had Blocked, Game**

2 vs. Kansas City 9/30/79  
1 17Times (Last: vs. Atlanta 1/02/05 )

**Most Consecutive Punts Without A Block**

612 1980-88  
521 1989-93  
254 1993-96, 1997-00

**INSIDE THE 20****Most Punts Inside Opponents' 20-Yard Line, Season**

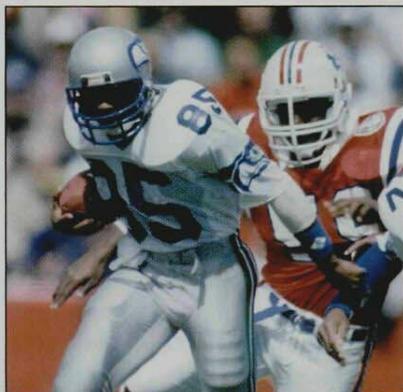
34 1999  
33 1994  
29 1992, 2003

**Fewest Punts Inside Opponents' 20-Yard Line, Season**

9 1982 (9 games)  
10 1986  
11 1977, 1979, 1991

**Most Punts Inside Opponents' 20-Yard Line, Game**

6 vs. Minnesota 11/10/96  
vs. Kansas City 12/26/99  
at N.Y. Giants 12/23/01  
5 vs. New England 12/18/83  
vs. Denver 11/30/92 (OT)  
at Washington 9/4/94  
vs. New Orleans 9/7/03



WR Paul Johns (1981-84).

## PUNT RETURNS

### Most Punt Returns, Season

- 53 1985
- 44 1984
- 41 1981, 1998

### Fewest Punt Returns, Season

- 21 1982 (9 games)
- 25 2002
- 30 1989, 1999, 2000, 2004

### Most Punt Returns, Game

- 7 vs. Tampa Bay 10/17/76
- vs. N.Y. Jets 11/13/77
- 6 3 Times (Last: vs. L.A. Raiders 12/8/86)

### Fewest Punt Returns, Game

- 0 42 Times (Last: vs. Atlanta 1/02/05)

## FAIR CATCHES

### Most Fair Catches, Season

- 27 1992
- 26 2004
- 24 1999

### Fewest Fair Catches, Season

- 4 1977
- 5 1978
- 6 4 Times (Last: 1983)

### Most Fair Catches, Game

- 5 4 Times (Last: vs. Denver 11/30/92 [OT])

## YARDS GAINED

### Most Yards, Punt Returns, Season

- 484 1984
- 483 1985
- 457 1986

### Fewest Yards, Punt Returns, Season

- 217 1977
- 228 1982 (9 games)
- 230 2004

### Most Yards, Punt Returns, Game

- 106 at Pittsburgh 9/26/99
- 105 vs. N.Y. Giants 11/5/95
- 103 vs. Philadelphia 11/23/86

### Fewest Yards, Punt Returns, Game

- 2 vs. Washington 9/19/76
- at N.Y. Giants 10/25/92
- at Kansas City 9/15/96

## AVERAGE YARDS RETURNING PUNTS

### Highest Average, Punt Returns, Season

- 13.97 1999 (30-419)
- 12.80 2000 (30-384)
- 11.72 1986 (39-457)

### Lowest Average, Punt Returns, Season

- 6.31 1976 (39-246)
- 6.70 1997 (37-248)
- 7.00 1977 (31-217)

## TOUCHDOWNS RETURNING PUNTS

### Most Touchdowns, Punt Returns, Season

- 2 1998
- 1 .10 Times (Last: 2003)

### Most Touchdowns, Punt Returns, Game

- 1 12 Times (Last: vs. Detroit 11/16/03)

## KICKOFF RETURNS

### Most Kickoff Returns, Season

- 80 2000
- 79 1976
- 76 1997

### Fewest Kickoff Returns, Season

- 29 1982 (9 games)
- 50 1990, 1992, 1993

### Most Kickoff Returns, Game

- 9 vs. New Orleans 11/21/76
- vs. Kansas City 11/27/83 (OT)
- 8 10 Times (Last: vs. Indianapolis 10/15/00)

### Fewest Kickoff Returns, Game

- 0 4 Times (Last: at Detroit 10/17/93)

## YARDS GAINED

### Most Yards, Kickoff Returns, Season

- 1,932 2000
- 1,620 1995
- 1,605 1976

### Fewest Yards, Kickoff Returns, Season

- 544 1982 (9 games)
- 885 1992
- 931 1993

### Most Yards, Kickoff Returns, Game

- 268 vs. Indianapolis 10/15/00
- 251 vs. New Orleans 11/21/76
- 231 at St. Louis 10/20/02

### Fewest Yards, Kickoff Returns, Game

- 0 4 Times (Last: at Detroit 10/17/93)

## AVERAGE YARDAGE

### Highest Average, Kickoff Returns, Season

- 24.15 2000 (80-1,932)
- 23.59 1998 (64-1,510)
- 22.75 1999 (68-1,547)

### Lowest Average, Kickoff Returns, Season

17.70 1992 (50-885)  
18.52 1981 (69-1,278)  
18.62 1993 (50-931)

## TOUCHDOWNS

### Most Touchdowns, Kickoff Returns, Season

1 6 Times (Last: 2002)

### Most Touchdowns, Kickoff Returns, Game

1 at St. Louis 11/13/83  
vs. Kansas City 10/8/89  
at San Diego 10/30/94  
vs. Washington 9/20/98  
vs. Buffalo 12/23/00  
at St. Louis 10/20/02

## FUMBLES

### Most Fumbles, Season

43 1989  
41 1981  
38 1980

### Fewest Fumbles, Season

21 1982 (9 games)  
23 2002, 2003  
24 1984, 1995, 1996, 2001

### Most Fumbles, Game

8 vs. Houston 11/20/77  
vs. Kansas City 11/5/89  
at Arizona 10/29/95 (OT)

## FUMBLES LOST

### Most Fumbles Lost, Season

23 1981  
20 1983  
19 1978, 1994

### Fewest Fumbles Lost, Season

9 1995, 2001  
11 1982 (9 games)  
1997

### Most Fumbles Lost, Game

5 vs. Green Bay 10/15/78  
vs. Denver 12/13/81  
4 5 Times (Last: vs. Oakland 11/1/98)

## FUMBLES RECOVERED

### Most Fumbles Rec., Season, Own and Opponents

44 1983 (16 own, 28 opp)  
42 1989 (29 own, 13 opp)  
41 1981 (14 own, 27 opp)

### Fewest Fumbles Rec., Season, Own & Opponents

19 1982 (10 own, 9 opp) (9 games)  
20 1995 (11 own, 9 opp)  
21 1977 (10 own, 11 opp)  
1986 (7 own, 14 opp)

### Most Fumbles Rec., Game, Own & Opponents

8 vs. Cleveland 12/20/81 (1 own, 7 opp)  
7 vs. Chicago 12/20/87 (4 own, 3 opp)  
vs. San Diego 11/25/90 (4 own, 3 opp)

### Most Own Fumbles Recovered, Season

29 1989  
22 1980  
18 1992

### Fewest Own Fumbles Recovered, Season

7 1986  
8 1984  
9 1976, 1991

### Most Opponents Fumbles Recovered, Season

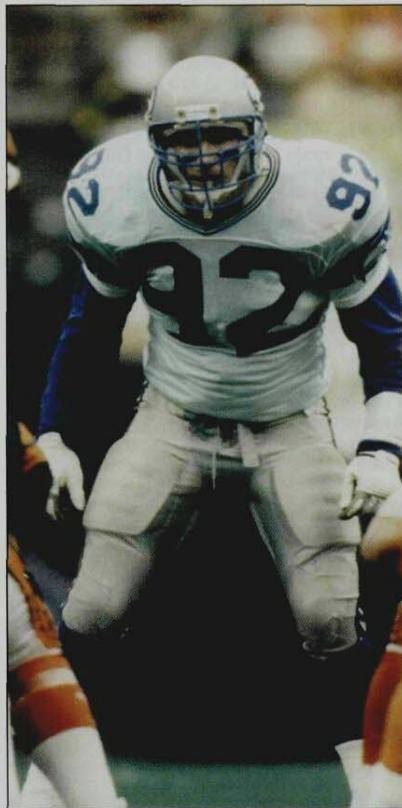
28 1983  
27 1981  
25 1984

### Fewest Opponents Fumbles Recovered, Season

9 1982 (9 games)  
1995  
11 4 Times (Last: 2002)

### Most Opponents Fumbles Recovered, Game

7 vs. Cleveland 12/20/81  
6 at Oakland 12/22/96  
5 vs. L.A. Raiders 10/16/83  
vs. Cleveland 11/14/93



**LB Dave Wyman (1987-92)**  
*Seahawks Broadcasting Analyst*

**TOUCHDOWNS****Most TDs, Opponent Fumbles Recovered, Season**

- 3 1997
- 2 8Times (Last: 2003)

**Most TDs, Fumbles Recovered, Game, Own and Opponents**

- 2 2Times (Last: at New York Giants 12/23/01[Seattle-1, NY-1])
- 1 24Times (Last: vs. Detroit 11/16/03 [own])

**TURNOVERS**

*(Number of times losing the ball on interceptions and fumbles)*

**Most Turnovers, Season**

- 48 1976 (30 ints, 18 fums)
- 45 1977 (32 ints, 13 fums)
- 43 1991 (26 ints, 17 fums)

**Fewest Turnovers, Season**

- 21 2001 (12 ints, 9 fums)
- 24 1982 (13 ints, 11 fums) (9 games)
- 27 1986 (14 ints, 13 fums)
- 2004 (18 ints, 9 fums)

**Most Turnovers, Game**

- 8 vs. Detroit 10/24/76 (6 ints, 2 fums) vs. Denver 11/20/83 (4 ints, 4 fums)
- 7 3Times (Last: at Arizona 10/29/95 [OT] [4 ints, 3 fums])

**Most Turnovers, Both Teams, Game**

- 14 Seattle (4) vs. Cleveland (10) 12/20/81
- 11 Seattle (7) vs. Kansas City (4) 9/29/85
- Seattle (8) at Arizona (3) 10/29/95 (OT)

**Fewest Turnovers, Both Teams, Game**

- 0 Seattle (0) vs. L.A. Raiders (0) 12/18/94
- Seattle (0) at San Diego (0) 10/25/98
- Seattle (0) at Kansas City (0) 11/25/01
- Seattle (0) vs. Pittsburgh (0) 11/2/03
- 1 21Times (Last: Seattle [0] at San Francisco [1] 11/7/04)

**PENALTIES****Fewest Penalties, Season**

- 59 1982 (9 games)
- 66 2001
- 76 1977

**Most Penalties, Season**

- 128 1984
- 117 1998
- 114 1994

**Fewest Penalties, Game**

- 0 vs. Pittsburgh 12/6/87 vs. Dallas 12/16/01
- 1 6Times (Last: vs. Atlanta 1/2/05)

**Most Penalties, Game**

- 17 vs. Green Bay 10/21/84
- 15 vs. Tampa Bay 10/17/76 vs. San Diego 10/9/83

**Fewest Penalties, Both Teams, Game**

- 4 Seattle (2) at N.Y. Jets (2) 12/19/04
- 5 Seattle (3) vs. Detroit (2) 12/2/84
- Seattle (5) vs. New Orleans (0) 11/10/85
- Seattle (3) vs. Kansas City (2) 12/1/91
- Seattle (1) vs. St. Louis (4) 9/10/00
- Seattle (1) at Cleveland (4) 9/9/01

**Most Penalties, Both Teams, Game**

- 35 Seattle (15) vs. Tampa Bay (20) 10/17/76
- 30 Seattle (13) vs. Kansas City (17) 11/8/98
- 28 Seattle (17) vs. Green Bay (11) 10/21/84

**YARDS PENALIZED****Fewest Yards Penalized, Season**

- 523 1982 (9 games)
- 579 2001
- 666 1977

**Most Yards Penalized, Season**

- 1,179 1984
- 918 1992
- 914 1998

**Fewest Yards Penalized, Game**

- 0 vs. Pittsburgh 12/6/87 vs. Dallas 12/16/01
- 5 at Cleveland 9/9/01 vs. Atlanta 1/2/05

**Most Yards Penalized, Game**

- 145 vs. Denver 12/8/79
- 141 at Oakland 11/15/98
- 134 vs. Denver 9/7/97

**Fewest Yards Penalized, Both Teams, Game**

- 26 Seattle (10) vs. St. Louis (16) 9/10/00
- 27 Seattle (20) vs. Kansas City (7) 12/1/91
- 30 Seattle (20) vs. Detroit (10) 12/2/84

**Most Yards Penalized, Both Teams, Game**

- 310 Seattle (120) vs. Tampa Bay (190) 10/17/76
- 273 Seattle (145) vs. Denver (128) 12/8/79
- 248 Seattle (96) vs. Kansas City (152) 11/8/98

**TIME OF POSSESSION****Highest Average Time of Possession, Season**

- 30:47 1990, 1997
- 30:46 1984

**Lowest Average Time of Possession, Season**

- 27:05 1998
- 27:31 2000
- 27:48 1999

**Highest Time of Possession, Game**

- 41:35 vs. San Diego 11/22/87
- 40:21 vs. Denver 10/22/89 (OT)
- 39:55 vs. Pittsburgh 10/20/91

**Lowest Time of Possession, Game**

- 14:28 vs. L.A. Rams 11/4/79
- 17:10 vs. San Francisco 9/25/88
- 17:58 vs. New England 12/19/82

## DEFENSIVE RECORDS

### SCORING

#### Fewest Points Allowed, Season

147 1982 (9 games)  
261 1991  
282 1984

#### Most Points Allowed, Season

429 1976  
408 1980  
405 2000

#### Fewest Points Allowed, Game

0 12 Times (Last: vs. San Francisco  
9/26/04)

#### Most Points Allowed, Game

51 vs. New Orleans 11/21/76  
vs. Dallas 11/27/80  
48 vs. Kansas City 11/27/83 (OT)

#### Fewest Touchdowns Allowed, Season

18 1982 (9 games)  
25 1991  
32 1990, 1992, 1993

#### Most Touchdowns Allowed, Season

53 1976  
48 1983  
47 1980

#### Fewest Touchdowns Allowed, Game

0 36 Times (Last: vs. San Francisco  
9/26/04)

#### Most Touchdowns Allowed, Game

7 vs. Dallas 11/27/80  
vs. Kansas City 11/27/83  
6 5 Times (Last: vs. Buffalo 12/23/00)

### FIRST DOWNS

#### Fewest First Downs Allowed, Season

167 1982 (9 games)  
247 1992  
263 1991

#### Most First Downs Allowed, Season

371 1981  
356 2002  
351 1983

#### Fewest First Downs Allowed, Game

6 vs. San Diego 11/22/87  
8 at N.Y. Jets 11/13/77  
9 vs. Pittsburgh 9/7/86  
vs. Indianapolis 9/29/91  
vs. San Francisco 9/26/04

#### Most First Downs Allowed, Game

32 at San Diego 9/15/85  
vs. Kansas City 11/24/02  
31 at Chicago 12/20/87  
at Denver 12/1/96  
at N.Y. Jets 12/6/98

#### Fewest First Downs Allowed, Rushing, Season

86 1982 (9 games), 1990  
90 1985  
91 2001

#### Most First Downs Allowed, Rushing, Season

175 1981  
166 1976  
153 1978

#### Fewest First Downs Allowed, Rushing, Game

0 at Green Bay 12/9/90  
1 10 Times (Last: vs. San Francisco  
9/26/04)

#### Most First Downs Allowed, Rushing, Game

19 vs. New Orleans 11/21/76  
18 3 Times (Last: at Kansas City 11/22/81)

#### Fewest First Downs Allowed, Passing, Season

68 1982 (9 games)  
125 1977  
129 1992

#### Most First Downs Allowed, Passing, Season

197 1998  
195 1983  
193 1993

#### Fewest First Downs Allowed, Passing, Game

2 4 Times (Last: at Indianapolis 9/14/97)

#### Most First Downs Allowed, Passing, Game

27 at San Diego 9/15/85  
21 at N.Y. Jets 12/6/98  
20 5 Times (Last: at San Diego 12/30/01)

#### Fewest First Downs Allowed, Penalty, Season

12 1991  
13 1982 (9 games)  
16 1987, 1988, 1989

#### Most First Downs Allowed, Penalty, Season

33 1979  
30 1996  
29 1984, 1998

#### Most First Downs Allowed, Penalty, Game

7 at Kansas City 10/17/96  
5 4 Times (Last: at N.Y. Jets 12/6/98)

### OFFENSIVE PLAYS

#### Fewest Opponents Plays Allowed, Season

600 1982 (9 games)  
950 1990  
954 1987

#### Most Opponents Plays Allowed, Season

1137 1998  
1126 1981  
1085 1993

#### Fewest Opponents Plays Allowed, Game

39 vs. San Diego 11/22/87  
41 vs. Pittsburgh 10/20/91  
43 vs. L.A. Raiders 9/16/90

#### Most Opponents Plays Allowed, Game

95 vs. L.A. Rams 11/4/79  
vs. Philadelphia 12/13/92 (OT)  
89 vs. Minnesota 9/29/02  
88 vs. Denver 10/29/78 (OT)

**Fewest Opp. Plays Allowed, Rushing, Season**

337 1982 (9 games)  
413 1990  
427 2001

**Most Opponents Plays Allowed, Rushing, Season**

614 1976  
596 1977  
588 1981

**Fewest Opponents Plays Allowed, Rushing, Game**

10 vs. Green Bay 12/9/90  
12 vs. San Diego 11/22/87  
vs. Minnesota 11/10/96

**Most Opponents Plays Allowed, Rushing, Game**

63 vs. L.A. Rams 11/4/79  
61 vs. Cincinnati 10/11/87  
60 2 Times (Last: vs. Pittsburgh 10/23/83)

**Fewest Opponents Plays Allowed, Passing, Season**

253 1982 (9 games)  
367 1977  
394 1976

**Most Opponents Plays Allowed, Passing, Season**

650 1998  
633 1993  
582 1986, 1995

**Fewest Opponents Attempts Allowed, Passing, Game**

9 at N.Y. Giants 10/25/92  
10 vs. New England 12/4/88  
11 vs. Cincinnati 10/11/87

**Most Opponents Attempts Allowed, Passing, Game**

63 at NY Jets 12/6/98  
59 vs. Kansas City 9/11/88  
55 vs. Kansas City 11/4/84  
at Houston 11/7/93



*QB Sam Adkins (1977-82)  
Seahawks Broadcasting Analyst*

**NET YARDS ALLOWED  
RUSHING & PASSING****Fewest Yards Allowed, Season**

2794 1982 (9 games)  
4583 1992  
4606 1990

**Most Yards Allowed, Season**

6391 2000  
6029 1983  
5940 1981

**Fewest Yards Allowed, Game**

118 at Indianapolis 9/14/97  
120 vs. Cleveland 9/3/84  
124 vs. N.Y. Jets 11/13/77

**Most Net Yards Allowed, Game**

580 vs. San Francisco 9/25/88  
579 vs. Buffalo 12/23/00  
557 vs. San Diego 9/15/85

**RUSHING****Fewest Yards Allowed, Rushing, Season**

1461 1982 (9 games)  
1606 1990  
1660 1993

**Most Yards Allowed Rushing, Season**

2881 1976  
2806 1981  
2517 1978

**Fewest Yards Allowed, Rushing, Game**

13 vs. Green Bay 12/9/90  
15 vs. Minnesota 11/10/96  
17 vs. San Diego 11/22/87  
vs. St. Louis 12/22/02

**Most Yards Allowed, Rushing, Game**

356 vs. L.A. Raiders 11/30/87  
303 vs. L.A. Rams 11/4/79  
301 vs. Denver 11/26/00

**Fewest Touchdowns Allowed, Rushing, Season**

4 1991  
7 1990  
9 2001, 2003

**Most Touchdowns Allowed, Rushing, Season**

23 1979  
21 1977  
20 1976, 1978, 1981, 2000

**Most Touchdowns Allowed, Rushing, Game**

4 4 Times (Last: vs. Buffalo 11/28/04)

**PASSING****Fewest Net Yards Allowed, Passing, Season**

1333 1982 (9 games)  
2333 1977  
2524 1976

**Most Net Yards Allowed, Passing, Season**

3972 1998  
3937 2000  
3831 1983

**Fewest Net Yards Allowed, Passing, Game**

12 at Philadelphia 12/6/98  
15 vs. Kansas City 9/30/79  
23 at Indianapolis 9/21/97

**Most Net Yards Allowed, Passing, Game**

- 494 vs. San Diego 9/15/85  
 427 vs. N.Y. Jets 11/2/86  
 418 at N.Y. Jets 12/6/98

**Fewest Touchdowns Allowed, Passing, Season**

- 4 1982 (9 games)  
 11 1992  
 15 1994

**Most Touchdowns Allowed, Passing, Season**

- 33 1983  
 28 1980  
 27 1976

**Most Touchdowns Allowed, Passing, Game**

- 5 vs. San Diego 9/15/85  
 vs. San Francisco 9/25/88  
 4 11 Times (Last: at Baltimore 11/23/03)

**SACKS****Most Sacks, Season**

- 61 1985  
 55 1984  
 53 1998

**Fewest Sacks, Season**

- 17 1982 (9 games)  
 18 1977  
 25 1978

**Most Sacks, Game**

- 11 vs. L.A. Raiders 12/8/86  
 10 vs. Philadelphia 12/13/92 (OT)  
 9 vs. Philadelphia 11/23/86  
 vs. Buffalo 12/8/96  
 at Philadelphia 9/6/98

**Most Opp. Yards Lost Attempting to Pass, Season**

- 464 1985  
 398 1984  
 351 1983

**Fewest Opp. Yards Lost Attempting to Pass, Season**

- 131 1977  
 135 1982 (9 games)  
 152 2000

**Most Opp. Yards Lost Attempting to Pass, Game**

- 89 vs. Philadelphia 12/13/92 (OT)  
 68 vs. L.A. Raiders 12/8/86  
 65 vs. L.A. Raiders 10/16/83

**INTERCEPTIONS****Most Seasons Leading League**

- 1 1984, 1999

**Most Passes Intercepted By, Season**

- 38 1984  
 30 1999  
 26 1983

**Newest Passes Intercepted By, Season**

- 9 1989  
 12 1990  
 13 1982 (9 games), 1997

**Most Passes Intercepted By, Game**

- 7 vs. San Diego 12/13/98  
 6 vs. Kansas City 11/4/84  
 5 vs. Houston 10/5/80  
 at Pittsburgh 12/6/92  
 at Pittsburgh 9/26/99

**Most Consecutive Games, One or More Interceptions By**

- 17 1983-84  
 12 2002-03  
 11 1993

**Most Yards, Returning Interceptions, Season**

- 697 1984 (3rd in NFL history)  
 455 1998  
 397 1981

**Fewest Yards Returning Interceptions, Season**

- 57 1989  
 95 1980  
 127 1995

**Most Yards Returning Interceptions, Game**

- 325 vs. Kansas City 11/4/84 (NFL record)  
 146 vs. Cincinnati 9/25/77  
 125 vs. Cleveland 12/20/81

**Most TDs Returning Interceptions, Season**

- 8 1998 (2nd in NFL history)  
 7 1984 (3rd in NFL history)  
 3 1981, 1985, 2004

**Most Touchdowns Returning Interceptions, Game**

- 4 vs. Kansas City 11/4/84 (NFL record)  
 2 vs. Chicago 9/23/83  
 vs. Arizona 9/13/98  
 1 39 Times (Last: vs. Miami 11/21/04)

**Most TDs Returning Interceptions, Both Teams, Game**

- 4 Seattle (4) vs. Kansas City (0) 11/4/84 (NFL record)  
 2 7 Times  
 (Last: Seattle [2] vs. Arizona [0] 9/13/98)

**PUNTING****Fewest Opponent Punts, Season**

- 50 1982 (9 games)  
 54 1977  
 55 1981

**Most Opponent Punts, Season**

- 97 1985  
 96 1992  
 83 1984

**Fewest Opponent Punts, Game**

- 0 at Oakland 12/16/79  
 at N.Y. Jets 12/19/04  
 1 19 Times (Last: vs. Buffalo 11/28/04)

**Most Opponent Punts, Game**

- 11 at Denver 10/25/85 (OT)  
 vs. Denver 11/30/92 (OT)  
 10 2 Times (Last: vs. Philadelphia 12/13/92 [OT])

**AVERAGE YARDAGE****Highest Opponent Average, Punting, Season**

45.00 1995 (83-3735)  
 43.55 1998 (78-3,397)  
 42.49 1981 (55-2,337)

**Lowest Opponent Average, Punting, Season**

35.00 1976 (65-2,275)  
 35.96 1977 (54-1,942)  
 37.91 1979 (69-2,616)

**Highest Opponent Average, Punting, Game (Min. 3)**

56.6 at Denver 11/25/84 (5-283)  
 56.0 at Pittsburgh 9/26/99 (5-280)  
 54.0 at Arizona 9/14/03 (4-216)

**Lowest Opp. Average, Punting, Game (Min. 3)**

17.0 vs. Buffalo 10/14/84 (4-69)  
 24.0 vs. San Diego 9/4/78 (4-72)  
 vs. Philadelphia 11/2/80 (3-72)

**HAD BLOCKED****Most Opponent Punts Blocked, Season**

4 1984, 1986  
 2 1976, 1977, 1980, 1985

**Most Opponent Punts Blocked, Game**

2 vs. Buffalo 10/14/84  
 at New England 9/21/86  
 1 18 Times (Last: Pittsburgh 11/2/03)

**Most Consecutive Opponent Punts Without A Block**

512 1994-00  
 258 1987-91  
 228 1991-94

**INSIDE THE 20****Most Opponent Punts Inside the Opponents' 20, Season**

31 2004  
 25 1994, 2001  
 24 1995

**Fewest Opp. Punts Inside Opponents' 20, Season**

10 1976, 1982 (9 games)  
 11 1977

**Most Opp. Punts Inside Opponents' 20, Game**

4 9 Times (Last: at San Diego 12/29/02 (OT))

**PUNT RETURNS****Fewest Opponent Punt Returns, Season**

17 2002  
 19 1982 (9 games)  
 29 1990, 2003

**Most Opponent Punt Returns, Season**

56 1976, 1992  
 52 1996

**Fewest Yards Allowed, Punt Returns, Season**

69 1982 (9 games)  
 140 2003  
 151 2000

**Most Yards Allowed, Punt Returns, Season**

640 1996  
 549 1995  
 534 1976

**Fewest Yards Allowed, Punt Returns, Game**

-12 vs. L.A. Rams 10/23/88  
 -4 vs. Denver 11/30/92 (OT)  
 -3 vs. Chicago 12/12/82

**Most Yards Allowed, Punt Returns, Game**

184 at Baltimore 12/7/97  
 110 at L.A. Raiders 12/12/93  
 at Denver 12/5/99

**Seasons Leading League, Lowest Average Allowed, Punt Returns**

1 1981, 1983, 1988, 2003

**Lowest Average Allowed, Punt Returns, Season**

3.63 1982 (19-69) (9 games)  
 4.64 1981 (33-153) (Led NFL)  
 4.72 2000 (32-151) (Led AFC)

**Highest Average Allowed, Punt Returns, Season**

12.31 1996 (52-640)  
 12.18 1997 (38-463)  
 11.88 2002 (17-202)

**Longest Return Allowed, Game**

95 vs. N.Y. Jets 11/9/87 (TD)  
 89 at Baltimore 12/7/97 (TD)  
 at San Francisco 12/1/02 (TD)  
 86 vs. Kansas City 11/22/92 (TD)  
 vs. Denver 10/14/01 (TD)

**Most Touchdowns Allowed, Punt Returns, Season**

2 1990, 1997  
 1 9 Times (Last: 2002)

**Most Touchdowns Allowed, Punt Returns, Game**

2 at Baltimore 12/7/97  
 1 11 Times (Last: at San Francisco 12/1/02)

**KICKOFF RETURNS****Fewest Opponent Kickoff Returns, Season**

24 1982 (9 games)  
 36 1992  
 44 1989

**Most Opponent Kickoff Returns, Season**

81 1999  
 79 2003  
 77 1997, 2004

**Fewest Opponent Kickoff Returns, Game**

0 7 Times (Last: vs. Denver 11/28/93)

**Most Opponent Kickoff Returns, Game**

10 vs. Kansas City 9/20/87  
 9 4 Times (Last: vs. Minnesota 9/29/02)

**Fewest Yards Allowed, Kickoff Returns, Season**

361 1982 (9 games)  
 685 1992  
 814 1989

**Most Yards Allowed, Kickoff Returns, Season**

1,779 1997  
 1,677 2004  
 1,669 1995

**Fewest Yards Allowed, Kickoff Returns, Game**  
0 6 Times (Last: at Denver 11/28/93)

**Most Yards Allowed, Kickoff Returns, Game**  
230 vs. Kansas City 9/20/87  
223 vs. Oakland 10/26/97  
220 vs. Oakland 11/11/01

**Most Seasons Leading League, Lowest Average Allowed, Kickoff Returns**  
1 1982, 1983

**Lowest Average Allowed, Kickoff Returns, Season**  
15.04 1982 (24-361) (Led NFL) (9 games)  
16.14 1983 (59-952) (Led NFL)  
16.66 1984 (67-1,116)

**Highest Average Allowed, Kickoff Returns, Season**  
24.80 1977 (50-1,240)  
23.84 1995 (70-1,669)  
23.10 1997 (77-1,779)

**Longest Return Allowed, Game**  
99 vs. Kansas City 9/3/95 (TD)  
95 vs. Green Bay 11/15/78 (TD)  
vs. L.A. Raiders 11/28/88  
at Detroit 10/19/93 (TD)  
vs. Arizona 9/15/02 (TD)

**Most TDs Allowed, Kickoff Returns, Season**  
2 1995, 2002  
1 1978, 1987, 1993, 1997, 2001

**Most TDs Allowed, Kickoff Returns, Game**  
1 9 Times (Last: at Atlanta 12/15/02)  
**Fumbles**

**Fewest Opponent Fumbles, Season**  
17 1995  
18 1982 (9 games)  
20 1977

**Most Opponent Fumbles, Season**  
47 1984  
44 1983  
43 1981

**Most Opponent Fumbles, Game**  
9 vs. Cleveland 12/20/81  
at Oakland 12/22/96  
7 3 Times (Last: vs. Cincinnati 10/11/87)

## TAKEAWAYS

*(Number of times taking ball from opponent on interceptions and fumbles)*

**Most Seasons Leading League in Most Takeaways**  
1 1984

**Fewest Opponent Turnovers, Season**  
22 1982 (13 ints, 9 fums) (9 games)  
1989 (9 ints, 13 fums)  
25 1995 (16 ints, 9 fums)

**Most Opponent Turnovers, Season**  
63 1984 (38 ints, 25 fums) (2nd in NFL history)  
54 1983 (26 ints, 28 fums)  
48 1981 (21 ints, 27 fums)

**Most Opponent Turnovers, Game**  
10 vs. Cleveland 12/20/81 (3 ints, 7 fums)  
8 3 Times (Last: vs. San Diego 12/13/98 [7 int, 2 fums])

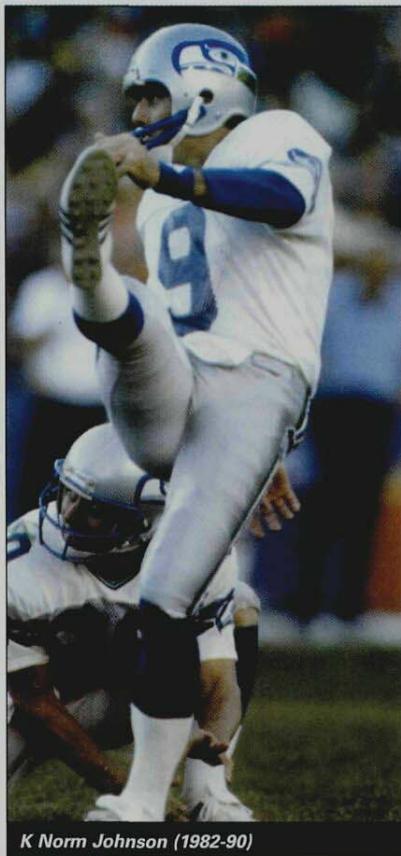
## TIME OF POSSESSION

**Lowest Average Time of Possession Allowed, Season**  
29:13 1990, 1997  
29:14 1984

**Highest Average Time of Possession Allowed, Season**  
32:55 1998  
32:29 2000  
32:12 1999

**Least Time of Possession Allowed, Game**  
18:25 vs. San Diego 11/22/87  
20:05 vs. Pittsburgh 10/20/91  
20:56 vs. San Diego 9/18/83

**Most Time of Possession Allowed, Game**  
46:47 vs. Philadelphia 12/13/92 (OT)  
45:32 vs. L.A. Rams 11/4/79  
42:50 vs. San Francisco 9/25/88



*K Norm Johnson (1982-90)*

# OPPONENT RECORDS

## SCORING

### POINTS

#### Most Points, Game

- 24 Terrell Middleton, at Green Bay (Milwaukee), 10/15/78 (4TDs)
- Roy Green, at St. Louis 11/13/83 (4TDs)
- Marcus Robinson, at Baltimore 11/23/03 (4TDs)
- Willis McGahee, vs. Buffalo 11/28/04 (4TDs)
- 20 Joe Danelo, vs. N.Y. Giants 10/18/81 (6 FGs, 2 PATs)

### TOUCHDOWNS

#### Most Touchdowns, Game

- 4 Terrell Middleton, at Green Bay (Milwaukee), 10/15/78 (4-R)
- Roy Green, at St. Louis 11/13/83 (4-P)
- Marcus Robinson, at Baltimore 11/23/03 (4-P)
- Willis McGahee, vs. Buffalo 11/28/04 (4-R)
- 3 8 Times (Last: Julius Jones, vs. Dallas 12/6/02 [3-R])

### POINTS AFTER TOUCHDOWN

#### Most Points After Touchdown Attempted, Game

- 7 Rafael Septien, at Dallas 11/27/80
- 6 Times (Last: Steve Christie, vs. Buffalo 12/23/00)

#### Most Points After Touchdown, Game

- 7 Rafael Septien, at Dallas 11/27/80 (7 attempts)
- 6 5 Times (Last: Steve Christie, vs. Buffalo 12/23/00 [6 attempts])

#### Most Points After Touchdown, No Misses, Game

- 7 Rafael Septien, at Dallas 11/27/80
- 6 5 Times (Last: Steve Christie vs. Buffalo 12/23/00)

### FIELD GOALS

#### Most Field Goals Attempted, Game

- 6 Joe Danelo, vs. N.Y. Giants 10/18/81
- John Carney, at San Diego 9/5/93
- Doug Pelfrey, vs. Cincinnati 11/6/94 (OT)

#### Most Field Goals, Game

- 6 Joe Danelo, vs. N.Y. Giants 10/18/81
- John Carney, at San Diego 9/5/93
- Doug Pelfrey, vs. Cincinnati 11/6/94 (OT)

#### Most Field Goals, One Quarter

- 3 Rich Karlis, at Denver 11/20/83 (4th)
- Al Del Greco, at Houston 11/7/93 (2nd)

#### Longest Field Goal

- 57 Nick Lowery, at Kansas City 9/14/80
- Steve Cox, at Washington 9/28/86
- 55 Fred Steinfort, vs. Denver 12/21/80

#### Longest Field Goal Attempted

- 66 Jason Elam, at Denver 12/10/95
- 64 Jason Elam, at Denver 12/5/99
- 61 Ali Haji-Sheikh, at N.Y. Giants 12/11/83

#### Most Field Goals, No Misses, Game

- 6 Joe Danelo, vs. N.Y. Giants 10/18/81
- John Carney, at San Diego 9/5/93
- Doug Pelfrey, vs. Cincinnati 11/6/94 (OT)

#### Most Field Goals, 50 or More Yards, Game

- 3 Neil Rackers, at Arizona 10/24/04
- 2 By 5 Players (Last: John Carney, at San Diego 9/1/96)

### SAFETIES

#### Most Safeties, Game

- 1 25 Times (Last: Team, vs. Detroit 9/12/99)

## RUSHING

### ATTEMPTS

#### Most Attempts, Game

- 39 Earl Campbell, at Houston 10/11/81
- 38 Edgerrin James, vs. Indianapolis 10/15/00
- 37 Christian Okoye, at Kansas City 11/5/89

### YARDS GAINED

#### Most Yards Gained, Game

- 221 Bo Jackson, vs. L.A. Raiders 11/30/87
- 219 Edgerrin James, vs. Indianapolis 10/15/00
- 208 Terrell Davis, vs. Denver 10/8/98

#### Most Games, 2 or More Players with 100 or More Yards Rushing

- 1 Jim Otis (140) and Terry Metcalf (113), vs. St. Louis 9/12/76
- Tom Sullivan (121) and Mike Hogan (104), at Philadelphia 12/12/76

#### Longest Run From Scrimmage

- 91 Bo Jackson, vs. L.A. Raiders 11/30/87 (TD)
- 84 Ted McKnight, vs. Kansas City 9/30/79 (TD)
- 80 Tyrone Wheatley, at Oakland 10/22/00 (TD)
- Mike Anderson, vs. Denver 11/26/00 (TD)

### AVERAGE GAIN

#### Highest Average Gain, Game (10 or More Attempts)

- 12.28 Bo Jackson, vs. L.A. Raiders 11/30/87 (18-221)
- 12.25 Ted McKnight, vs. Kansas City 9/30/79 (12-147)
- 11.00 Tony Reed, at Kansas City 12/17/78 (11-121)

**TOUCHDOWNS****Most Touchdowns, Game**

- 4 Terrell Middleton, at Green Bay (Milwaukee), 10/15/78  
Willis McGahee, vs. Buffalo 11/28/04
- 3 6 Times (Last: Julius Jones, vs. Dallas 12/6/04)

**PASSING****ATTEMPTS****Most Passes Attempted, Game**

- 63 Vinny Testaverde, at N.Y. Jets 12/6/98
- 55 Warren Moon, at Houston 11/7/93
- 53 Steve Beuerlein, vs. Phoenix 12/19/93 (OT)  
Doug Flutie, at San Diego 12/30/01  
Daunte Culpepper, vs. Minnesota 9/29/02

**COMPLETIONS****Most Passes Completed, Game**

- 42 Vinny Testaverde, at N.Y. Jets 12/6/98
- 36 Warren Moon, at Houston 11/7/93
- 35 Kurt Warner, vs. St. Louis 9/10/00

**COMPLETION PERCENTAGE****Highest Completion %, Game (Min. 20 Attempts)**

- 83.87 Fran Tarkenton, at Minnesota 11/14/76 (31-26)
- 81.25 Ken O'Brien, vs. N.Y. Jets 11/2/86 (32-26)
- 80.10 Pat Haden, vs. L.A. Rams 11/4/79 (21-17)

**YARDS GAINED****Most Yards Gained, Game**

- 440 Dan Fouts, at San Diego 9/15/85
- 432 John Elway, vs. Denver 12/20/85
- 431 By 2 Players (Last: Steve Beuerlein, Phoenix 12/19/93 [OT])

**Longest Pass Completion**

- 99 Stan Humphries, to Tony Martin, San Diego 9/18/94 (TD) (ties NFL record)
- 92 Marc Wilson, to Marcus Allen, at L.A. Raiders 10/7/84  
Eric Zeier, to Derrick Alexander, at Baltimore 12/7/97

**AVERAGE GAIN****Highest Average Gain, Game (20 Attempts)**

- 16.26 Marc Wilson, at L.A. Raiders 10/7/84 (19-309)
- 14.64 Doug Flutie, vs. Buffalo 12/23/00 (25-366)
- 13.47 Ken O'Brien, vs. N.Y. Jets 11/2/86 (32-431)

**TOUCHDOWNS****Most Touchdown Passes, Game**

- 5 Neil O'Donnell, vs. N.Y. Jets 8/31/97
- 4 10 Times (Last: Anthony Wright, at Baltimore 11/23/03)

**HAD INTERCEPTED****Most Passes Had Intercepted, Game**

- 5 Ken Stabler, at Houston 10/5/80  
Craig Whelihan, vs. San Diego 12/13/98
- 4 10 Times (Last: Sean Salisbury, vs. San Diego 10/27/96)

**MOST ATTEMPTS, NO INTERCEPTIONS, GAME**

- 47 Kerry Collins, at N.Y. Giants 12/23/01
- 45 Tony Eason, at New England 9/21/86
- 43 John Elway, at Denver 10/20/85 (OT)

**RECEIVING****Most Pass Receptions, Game**

- 13 Wes Chandler, at San Diego 9/15/85  
Tony Martin, at San Diego 9/10/95
- 12 Gary Clark, vs. Phoenix 12/19/93 (OT)

**YARDS GAINED****Most Yards Gained, Game**

- 243 Wes Chandler, at San Diego 9/15/85
- 195 Al Toon, vs. N.Y. Jets 11/2/86
- 173 Marcus Allen, at L.A. Raiders 10/7/84

**Longest Pass Reception**

- 99 Tony Martin, from Stan Humphries, vs. San Diego 9/18/94 (TD) (ties NFL record)
- 92 Marcus Allen, from Marc Wilson, at L.A. Raiders 10/7/84  
Derrick Alexander, from Eric Zeier, at Baltimore 12/7/97

**Games, 2 or More Players with 100 or More Yards Receiving**

- 10 Times (Last: Muhsin Muhammad (106) and Kerry Colbert (100), vs. Carolina 10/31/04)

**AVERAGE PER RECEPTION****Highest Average Per Reception, Game (5 Receptions)**

- 34.60 Marcus Allen, at L.A. Raiders 10/7/84 (4-173) (pro-rated)
- 32.40 James Lofton, at Green Bay (Milwaukee), 10/21/84 (5-162)
- 30.60 Derrick Alexander, vs. Kansas City 10/2/00 (5-153)

**TOUCHDOWNS****Most Touchdowns, Game**

- 4 Roy Green, at St. Louis 11/13/83  
Marcus Robinson, at Baltimore 11/23/03
- 3 4 Times (Last: Roy Green, vs. Phoenix 9/17/89)

**INTERCEPTIONS****Most Interceptions By, Game**

- 4 Deron Cherry, at Kansas City 9/29/85 (ties NFL record)
- 3 Tony Greene, vs. Buffalo 10/30/77  
Steve Wilson, at Denver 11/20/83

**YARDS RETURNED****Most Yards Returned, Game**

- 115 Fred Marion, vs. New England 11/17/85
- 102 Gary Barbaro, at Kansas City 12/11/77
- 93 Levi Johnson, vs. Detroit 10/24/76

**Longest Return**

- 102 Gary Barbaro, at Kansas City 12/11/77 (TD) (T3rd in NFL history)
- 83 Fred Marion, vs. New England 11/17/85
- 82 Carlton Williamson, at San Francisco 11/25/85

**TOUCHDOWNS****Most Touchdowns, Game**

- 2 36 Times (Last: Deltha O'Neal, vs. Denver 11/17/02)

**PUNTING****Most Punts, Game**

- 11 Chris Norman, at Denver 10/20/85 (OT)
- Ruben Rodriguez, vs. Denver 11/30/92 (OT)
- 10 Jeff Gossett, vs. L.A. Raiders 10/18/92
- Jeff Feagles, vs. Philadelphia 12/13/92 (OT)

**Longest Punt**

- 69 Shane Lechler, at Oakland 10/22/00
- 68 Josh Miller, at Pittsburgh 9/26/99
- 67 David Lee, Baltimore 11/12/78
- Brian Hansen, at New England 10/7/90

**AVERAGE YARDAGE****Highest Avg. Punting, Game (Min. 4 Punts)**

- 56.00 Josh Miller, vs. Pittsburgh 9/26/99 (5-280)
- 54.00 Scott Player, at Arizona 9/15/03 (4-216)
- 52.40 Sean Landeta, vs. Philadelphia 9/23/01 (5-262)

**INSIDE THE 20****Most Punts Inside the 20, Game**

- 4 10 Times (Last: Rodney Williams at N.Y. Giants 12/23/01)

**TOUCHBACKS****Most Touchbacks, Game**

- 3 George Roberts, at Miami 9/9/79
- Max Runager, at San Francisco 11/25/85
- 2 18 Times (Last: Mitch Berger, at St. Louis 10/20/02)

**HAD BLOCKED****Most Punts Had Blocked, Game**

- 2 John Kidd, vs. Buffalo 10/14/84
- Rich Camarillo, at New England 9/21/86
- 1 17 Times (Last: Josh Miller, Pittsburgh 11/02/03)

**PUNT RETURNS****Most Punt Returns, Game**

- 8 Vai Sikaheima, vs. Philadelphia 12/13/92
- 7 Rolland Lawrence, vs. Atlanta 11/7/76
- Pete Shaw, at N.Y. Giants 12/11/83
- Brian Mitchell, Philadelphia 9/23/01

**FAIR CATCHES****Most Fair Catches, Game**

- 6 Greg Pruitt, at L.A. Raiders 10/7/84
- 5 Greg Pruitt, vs. L.A. Raiders 11/12/84
- Emile Harry, at Kansas City 11/9/86

**YARDS GAINED****Most Yards Gained, Game**

- 184 Jermaine Lewis, at Baltimore 12/7/97
- 133 Desmond Howard, at Oakland 11/15/98
- 110 Tim Brown, at L.A. Raiders 12/12/93
- Tim Watson, at Denver 12/19/99

**Longest Punt Return**

- 91 JoJo Townsell, vs. N.Y. Jets 11/9/87 (TD)
- 89 Jermaine Lewis, at Baltimore 12/7/97 (TD)
- Jimmy Williams, at San Francisco 12/1/02 (TD)
- 86 Dale Carter, vs. Kansas City 11/22/92 (TD)
- Deltha O'Neal, vs. Denver 10/14/01 (TD)

**AVERAGE YARDAGE****Highest Average, Game (Minimum 3 Returns)**

- 36.80 Jermaine Lewis, at Baltimore 12/7/97 (5-184)
- 32.67 David Meggett, at N.Y. Giants 11/19/89 (3-98)
- 31.67 JoJo Townsell, at N.Y. Jets 11/9/87 (3-95)

**TOUCHDOWNS**

- 2 Jermaine Lewis, at Baltimore 12/7/97
- 1 12 Times (Last: Jimmy Williams, at San Francisco 12/1/02)

**KICKOFF RETURNS****Most Kickoff Returns, Game**

- 10 Desmond Howard, vs. Oakland 10/26/97
- 9 Paul Palmer, at Kansas City 9/20/87
- 8 By 2 Players (Last: Andre Coleman, vs. San Diego 10/27/96)

**YARDS GAINED****Most Yards Gained, Game**

- 223 Desmond Howard, vs. Oakland 10/26/97
- 221 Paul Palmer, at Kansas City 9/20/87
- 206 Andre Coleman, vs. San Diego 10/27/96

**Longest Kickoff Return**

- 95 Steve Odom, at Green Bay (Milwaukee), 10/15/78 (TD)
- Tim Brown, L.A. Raiders 11/28/88
- Mel Gray, at Detroit 10/17/93 (TD)
- MarTay Jenkins, vs. Arizona 9/15/02 (TD)

**HIGHEST YARDAGE****Highest Average, Game (Minimum 3 Returns)**

- 48.33 Byron Hanspard, vs. Atlanta 11/30/97 (3-145)
- 44.33 Paul Palmer, at Kansas City 12/27/87 (3-133)
- 40.25 MarTay Jenkins, vs. Arizona 9/15/02 (4-161)

**TOUCHDOWNS****Most Touchdowns, Game**

- 1 By 9 Players (Last: Allen Rossum, at Atlanta 12/15/02 [91 yards])

**COMBINED KICK RETURNS****Most Combined Kick Returns, Game**

- 11 Vai Sihakema, vs. Philadelphia 12/13/92 (OT) (8-P, 3-K)  
Desmond Howard, vs. Oakland 10/26/97 (1-P,10-K)
- 10 Rolland Lawrence, vs. Atlanta 11/7/76 (7-P, 3-K)  
Glyn Milburn, at Denver 12/10/95 (5-P, 5-K)

**YARDS GAINED****Most Yards Returned, Game**

- 228 Glyn Milburn, at Denver 12/10/95 (95-P, 133-K)
- 223 Desmond Howard, vs. Oakland 10/26/97 (223-K)
- 221 Paul Palmer, at Kansas City 9/20/87 (221-K)

**TOUCHDOWNS****Most Touchdowns, Game**

- 2 Jermaine Lewis, at Baltimore 12/7/97
- 1 16 Times (Last: Chris Watson, at Denver 12/19/99)

**COMBINED NET YARDS GAINED**

*Yards Gained Via Rushing, Receiving, Interception Returns, Punt Returns, Kickoff Returns, and Fumble Returns*

**ATTEMPTS****Most Attempts, Game**

- 42 Earl Campbell, at Houston 10/11/81
- 39 Barry Foster, at Pittsburgh 12/6/92  
Marshall Faulk, at St. Louis 10/20/02
- 38 Edgerrin James, vs. Indianapolis 10/15/00

**YARDS GAINED****Most Yards Gained, Game**

- 404 Glyn Milburn, at Denver 12/10/95 (NFL record)
- 306 Tim Brown, vs. L.A. Raiders 11/28/88
- 290 Lionel James, at San Diego 9/15/85

**TACKLES****Most Tackles, Game**

- 19 Randy Gradishar, vs. Denver 10/29/78
- 16 5 Times (Last: Dino Hackett, at Kansas City 9/20/87)

**SACKS****Most Sacks, Game**

- \*7.0 Derrick Thomas, at Kansas City 11/11/90
- 4.0 By 3 Players (Last: Anthony Smith, vs. L.A. Raiders 9/12/93)

**FORCED FUMBLES****Most Forced Fumbles, Game**

- 2 17 Times (Last: Gerald McBurrows at Atlanta 12/15/02)

**FUMBLES****Most Fumbles, Game**

- 5 Dave Walter, vs. Cincinnati 10/11/87
- 4 3 Times (Last: Paul McDonald, vs. Cleveland 12/20/81)

**Most Own Fumbles Recovered, Game**

- 3 Craig Erickson, at Miami 10/6/96
- 2 12 Times (Last: John Elway, vs. Denver 11/28/93)

**Most Opponents' Fumbles Recovered, Game**

- 2 9 Times (Last: Bill Romanowski, vs. Denver 9/8/96)

**Longest Fumble Return**

- 86 Derrick Thomas, vs. Kansas City 12/5/93 (TD)
- 75 Ray Bentley, vs. Cincinnati 9/6/92 (TD)
- 46 Lucius Sanford, vs. Buffalo 10/14/84 (TD)

**TOUCHDOWNS****Most Touchdowns, Game (Opponents' Recovered)**

- 1 18 Times (Last: 13 yards, Michael Strahan, at N.Y. Giants 12/23/01)

**Most Touchdowns, Game (Own Recovered)**

- 1 Tim Brown, at L.A. Raiders 12/18/88

**BLOCKED KICKS****Most Blocked Punts, Game**

- 1 16 Times (Last: Andre King, vs. Cleveland 11/30/03)

**Most Blocked Field Goals, Game**

- 1 11 Times (Last: John Thornton, at Cincinnati 10/26/03)

**Most Blocked PATs, Game**

- 1 7 Times (Last: Michael Carter, at San Francisco 11/25/85)

**Most Blocked Kicks (Field Goals and PATs), Game**

- 1 19 Times (John Thornton, at Cincinnati 10/26/03)

**Longest Return of Blocked Punt**

- 23 Frank Duncan, vs. San Diego 9/7/80
- 0 6 Times (Last: Jessie Small, at Philadelphia 9/10/89)

**Longest Return of Blocked Field Goal**

- 58 Dave Waymer, vs. New Orleans 10/16/88 (TD)
- 0 7 Times (Last: Albert Lewis, at Kansas City 1/2/94 (TD))

**Touchdowns with Blocked Kick Recovery**

- 1 Dave Waymer, New Orleans 10/16/88 (FG, 58 yds)  
Albert Lewis, at Kansas City 1/2/94 (punt, 0 yds)

\* NFL Record

## INDIVIDUAL POSTSEASON RECORDS

## SERVICE

## Most Games, Career

- 7 Edwin Bailey, 1983-84, 1987-88
- Jeff Bryant, 1983-84, 1987-88
- Greg Gaines, 1983-84, 1987-88
- Jacob Green, 1983-84, 1987-88
- Norm Johnson, 1983-84, 1987-88
- Dave Krieg, 1983-84, 1987-88
- Steve Largent, 1983-84, 1987-88
- Paul Moyer, 1983-84, 1987-88
- Joe Nash, 1983-84, 1987-88
- Bruce Scholtz, 1983-84, 1987-88
- Mike Tice, 1983-84, 1987-88
- 6 5 players

## Most Starts, Career

- 7 Edwin Bailey, 1983-84, 1987-88
- Jeff Bryant, 1983-84, 1987-88
- Jacob Green, 1983-84, 1987-88
- Dave Krieg, 1983-84, 1987-88
- Steve Largent, 1983-84, 1987-88
- Joe Nash, 1983-84, 1987-88
- Bruce Scholtz, 1983-84, 1987-88
- 6 3 players

## SCORING

## POINTS

## Most Points, Career

- 38 Norm Johnson, 1983-84, 1987-88  
(8 FG, 14 PAT) 7 games
- 24 Steve Largent, 1983-84, 1987-88 (4TD)  
7 games
- 18 Shaun Alexander, 2003-04 (3TD) 2  
games

## Most Points, Game

- 18 Shaun Alexander at Green Bay, 1/4/04
- 12 Curt Warner, at Miami 12/31/83 (2TD)
- Steve Largent, at Houston 1/3/88 (2  
TD) (OT)
- 9 Josh Brown at GB, 1/4/04 (2 FG, 3 PAT)

## TOUCHDOWNS

## Most Touchdowns, Career

- 4 Steve Largent, 1983-84, 1987-88 7  
games (4-P)
- 3 Shaun Alexander, 2003-04 (3-R)
- 2 Curt Warner, 1983, 1988 4 games (2-R)

## Most Touchdowns, Game

- 3 Shaun Alexander, at Green Bay 1/4/04  
(3-R)
- 2 Curt Warner, at Miami 12/31/83 (2-R)
- Steve Largent, at Houston 1/3/88 (2-P)  
(OT)

## Most Consecutive Games Scoring Touchdown

- 2 Steve Largent, 1984, 1987

## POINTS AFTER TOUCHDOWN

## Most Points After Touchdown, Career

- 14 Norm Johnson, 1983-84, 1987-88, 7  
games (15 att)
- 5 Josh Brown, 2003-04, 2 games (5 att)
- 2 Todd Peterson, 1999 1 game (2 att)

## Most Points After Touchdown, Game

- 4 Norm Johnson, vs. Denver 12/24/83  
(4 att)
- 3 Norm Johnson, at Miami 12/31/83  
(3 att)
- Josh Brown, at Green Bay 1/4/04 (3 att)

## FIELD GOALS

## Most Field Goals Attempted, Career

- 10 Norm Johnson, 1983-84, 1987-88 (7  
games)

## Most Field Goals Attempted, Game

- 3 Norm Johnson, at Miami 12/31/83
- 2 5 Times (Last: Josh Brown, vs. St.  
Louis [1/8/05])

Longest Field Goal Attempted (all successful  
unless otherwise noted)

- 50 Todd Peterson, vs. Miami 1/9/00
- 48 Norm Johnson, at Miami 12/31/83  
(blocked)
- 47 Josh Brown, vs. St. Louis 1/8/05

## Most Field Goals, Career

- 8 Norm Johnson, 1983-84, 1987-88, 7  
games  
(10 att)
- 4 Josh Brown, 2003-04, 2 games (4 att)
- 1 Todd Peterson, 1999 1 game (1 att)

## Most Field Goals, Game

- 2 Norm Johnson, at Miami 12/31/83 (3 att)
- Norm Johnson, vs. L.A. Raiders  
12/22/84 (2 att)
- Norm Johnson, at Houston 1/3/88 (2 att)
- Josh Brown, at Green Bay 1/4/04 (2 att)
- Josh Brown, vs. St. Louis 1/8/05 (2 att)

## Most Consecutive Field Goals

- 5 Norm Johnson, 1983-84
- 4 Josh Brown, 2003-current
- 2 Norm Johnson, 1987-88

## Longest Field Goal

- 50 Todd Peterson, vs. Miami 1/9/00
- 47 Josh Brown, vs. St. Louis 1/8/05
- 44 Norm Johnson, vs. L.A. Raiders  
12/22/84

## Highest Field Goal %, Career (min. 5 att.)

- 80.0 Norm Johnson, 1983-84, 1987-88,  
7 games (8-10)

## SAFETIES

## Most Safeties, Career

None

## Most Safeties, Game

None

## RUSHING

**Most Attempts, Career**

- 71 Curt Warner, 1983, 1988 4 Games
- 39 Dan Doornink, 1983-84, 5 Games
- 35 Shaun Alexander, 2003-04, 2 Games

**Most Attempts, Game**

- 29 Curt Warner, at Miami 12/31/83  
Dan Doornink, vs. L.A. Raiders  
12/22/84
- 23 Curt Warner, vs. Denver 12/24/83

**YARDS GAINED****Most Yards Gained, Career**

- 249 Curt Warner, 1983, 1988, 4 Games
- 161 Dan Doornink, 1983-84, 5 Games
- 119 David Hughes, 1983-84, 5 Games

**Most Yards Gained, Game**

- 126 Dan Doornink, vs. L.A. Raiders  
12/22/84
- 113 Curt Warner, at Miami 12/31/83
- 99 Curt Warner, vs. Denver 12/24/83

**Most Games, 100 or More Yards Rushing, Career**

- 1 Dan Doornink, 1983-84  
Curt Warner, 1983

**Most Consecutive Games, 100 or More Yards Rushing**

- 1 Dan Doornink, 1984  
Curt Warner, 1983

**Longest Run From Scrimmage**

- 17 Shaun Alexander, at Green Bay 1/4/04
- 15 Curt Warner, vs. Denver 12/24/83
- 14 Dan Doornink, vs. L.A. Raiders 12/22/84

**AVERAGE GAIN****Highest Average Gain, Career (Min. 30 Attempts)**

- 4.13 Dan Doornink, 1983-84, 5 games  
(39-161)
- 3.84 David Hughes, 1983-84, 5 games (31-119)
- 3.51 Curt Warner, 1983, 1988 4 games (71-249)

**Highest Average Gain, Game (Min. 20 attempts)**

- 4.34 Dan Doornink, vs. L.A. Raiders  
12/22/84 (29-126)
- 4.30 Curt Warner, vs. Denver 12/24/83 (23-99)
- 3.90 Curt Warner, at Miami 12/31/83 (29-113)

**TOUCHDOWNS****Most Touchdowns, Career**

- 3 Shaun Alexander, 2003-04, 2 games
- 2 Curt Warner, 1983, 1988, 4 games
- 1 David Hughes, 1983-84, 5 games  
Dave Krieg, 1983-84, 1987-88, 7 games

**Most Touchdowns, Game**

- 3 Shaun Alexander, at Green Bay 1/4/04
- 2 Curt Warner, at Miami 12/31/83
- 1 David Hughes, vs. Denver 12/24/83  
Dave Krieg, at Cincinnati 12/31/88

**Most Consecutive Games Rushing for Touchdowns**

- 1 David Hughes, 1983  
Curt Warner, 1983  
Dave Krieg, 1988  
Shaun Alexander, 2003

## PASSING

**PASS RATING****Highest Pass Rating, Career (Min. 100 attempts)**

- 76.1 Dave Krieg, 1983-84, 1987-88, 7 games

**ATTEMPTS****Most Passes Attempted, Career**

- 183 Dave Krieg, 1983-84, 1987-88, 7 games
- 88 Matt Hasselbeck, 2003-04, 2 games
- 30 Jon Kitna, 1999 1 game

**Most Passes Attempted, Game**

- 50 Dave Krieg, at Cincinnati 12/31/88
- 45 Matt Hasselbeck, at Green Bay 1/4/04
- 43 Matt Hasselbeck, vs. St. Louis 1/8/05

**COMPLETIONS****Most Passes Completed, Career**

- 94 Dave Krieg, 1983-84, 1987-88, 7 games
- 42 Matt Hasselbeck, 2003-04, 2 games
- 14 Jim Zorn, 1983-84, 5 games  
Jon Kitna, 1999 1 game

**Most Passes Completed, Game**

- 27 Matt Hasselbeck, vs. St. Louis 1/8/05
- 25 Matt Hasselbeck, at Green Bay 1/4/04
- 24 Dave Krieg, at Cincinnati 12/31/88

**COMPLETION PERCENTAGE****Highest Completion %, Career (Min. 100 attempts)**

- 51.37 Dave Krieg, 1983-84, 1987-88, 7 games  
(183-94)

**Highest Completion %, Game (15 Completions)**

- 62.8 Matt Hasselbeck, vs. St. Louis 1/8/05  
(43-27)
- 57.1 Dave Krieg, at Miami 12/29/84 (35-20)
- 55.6 Matt Hasselbeck, at Green Bay 1/4/04  
(45-25)

**YARDS GAINED****Most Yards Gained, Career**

- 1,252 Dave Krieg, 1983-84, 1987-88, 7 games
- 646 Matt Hasselbeck, 2003-04, 2 games
- 162 Jon Kitna, 1999 1 game

**Most Yards Gained, Game**

- 341 Matt Hasselbeck, vs. St. Louis 1/8/05
- 305 Matt Hasselbeck, at Green Bay 1/4/04  
(OT)
- 297 Dave Krieg, at Cincinnati 12/31/88

**Most games, 300 or More Yards Passing, Career**

- 2 Matt Hasselbeck

**Most Consec. Games, 300 or More Yards Passing, Career**

- 2 Matt Hasselbeck, 2003-

**Longest Pass Completion**

- 56 Dave Krieg (to Steve Largent) at Miami  
12/29/84 (TD)
- 41 Dave Krieg (to Paul Johns) vs. Denver  
12/24/83
- 40 Dave Krieg (to Steve Largent) at Miami  
12/31/83

**AVERAGE GAIN****Highest Average Gain, Career (Min. 100 attempts)**

- 6.84 Dave Krieg, 1983-84, 1987-88, 7 games (183-1,252)

**Highest Average Gain, Game (20 Attempts)**

- 7.93 Matt Hasselbeck, vs. St. Louis 1/8/05 (43-341)  
6.86 Dave Krieg, at Miami 12/31/83 (28-192)  
6.78 Matt Hasselbeck, at Green Bay 1/4/04 (45-305) (OT)

**TOUCHDOWNS****Most Touchdown Passes, Career**

- 9 Dave Krieg, 1983-84, 1987-88, 7 games  
2 Jim Zorn, 1983-84, 5 games  
Matt Hasselbeck, 2003-04, 2 games

**Most Touchdown Passes, Game**

- 3 Dave Krieg, vs. Denver 12/24/83  
2 Jim Zorn, at L.A. Raiders 1/8/84  
Dave Krieg, at Houston 1/3/88 (OT)  
Matt Hasselbeck, vs. St. Louis 1/8/05

**Most Consecutive Games, Touchdown Pass**

- 4 Dave Krieg, 1984, 1987-88  
2 Dave Krieg, 1983

**HAD INTERCEPTED****Lowest %, Passes Had Intercepted, Career (Min. 100 att)**

- 3.28 Dave Krieg, 1987-88, 7 games (6-183)

**Most Attempts Without Interception, Game**

- 38 Dave Krieg, at Houston 1/3/88 (OT)  
35 Dave Krieg, at Miami 12/29/84  
13 Dave Krieg, vs. Denver 12/24/83

**Most Passes Had Intercepted, Career**

- 6 Dave Krieg, 1983-84, 1987-88, 7 games  
2 Jim Zorn, 1983-84, 5 games  
Jon Kitna, 1999, 1 game  
Matt Hasselbeck, 2003-04, 2 games

**Most Passes Had Intercepted, Game**

- 3 Dave Krieg, at L.A. Raiders 1/8/84  
2 Jim Zorn, at L.A. Raiders 1/8/84  
Dave Krieg, at Cincinnati 12/31/88  
Jon Kitna, vs. Miami 1/9/00

**Most Consecutive Passes Without Interception**

- 87 Dave Krieg, 1984, 1987-88  
44 Matt Hasselbeck, 2003

**PASS RECEIVING****RECEPTIONS****Most Receptions, Career**

- 23 Steve Largent, 1983-84, 1987-88, 7 games  
17 Darrell Jackson, 2003-04, 2 games  
15 Dan Doornink, 1983-84, 5 games

**Most Receptions, Game**

- 12 Darrell Jackson, vs. St. Louis 1/8/05  
11 John L. Williams, at Cincinnati 12/31/88  
7 Steve Largent, at Houston 1/3/88 (OT)  
Koren Robinson, at Green Bay 1/4/04 (OT)

**Most Consecutive Games, Pass Reception**

- 4 Dan Doornink, 1983-84  
Curt Warner, 1983, 1988  
3 By 4 players

**YARDS GAINED****Most Yards Gained, Career**

- 434 Steve Largent, 1983-84, 1987-88, 7 games  
186 Darrell Jackson, 2003-04, 2 games  
168 Paul Johns, 1983, 3 games

**Most Yards Gained, Game**

- 137 John L. Williams, at Cincinnati 12/31/88  
132 Steve Largent, at Houston 1/3/88 (OT)  
128 Steve Largent, at Miami 12/29/84  
Darrell Jackson, vs. St. Louis 1/8/05

**Most Games, 100 or More Yards Receiving, Career**

- 2 Steve Largent, 1983-84, 1987-88, 7 games  
1 John L. Williams, 1987-88, 2 games  
Darrell Jackson, 2003-04, 2 games

**Most Consecutive Games, 100 or More Yards Receiving, Career**

- 2 Steve Largent, 1984, 1987  
1 John L. Williams, 1988  
Darrell Jackson, 2004

**Longest Reception**

- 56 Steve Largent, (from Dave Krieg) at Miami 12/29/84 (TD)  
41 Paul Johns, (from Dave Krieg) at Miami 12/31/83  
40 Steve Largent, (from Dave Krieg) at Miami 12/31/83

**AVERAGE GAIN****Highest Average Gain, Career (Min. 10 Receptions)**

- 18.87 Steve Largent, 1983-84, 1987-88, 7 games (23-434)  
15.27 Paul Johns, 1983, 3 games (11-168)  
10.94 Darrell Jackson, 2003-04, 2 games (17-186)

**Highest Average Gain, Game (Min. 3 Receptions)**

- 21.33 Steve Largent, at Miami 12/29/84 (6-128)  
20.75 Bobby Engram, at Green Bay 1/4/04 (4-88)  
19.00 Steve Largent, vs. Denver 12/24/83 (4-76)

**TOUCHDOWNS****Most Touchdowns, Career**

- 4 Steve Largent, 1983-84, 1987-88, 7 games  
1 By 10 players

**Most Touchdowns, Game**

- 2 Steve Largent, at Houston 1/3/88 (OT)  
1 By 10 (Last: Darrell Jackson, vs. St. Louis, 1/8/05)

**Most Consecutive Games, Touchdown Passes Caught**

- 2 Steve Largent, 1984, 1987  
1 By 11 players

**INTERCEPTIONS BY****Most Interceptions, Career**

- 4 John Harris, 1983-84, 5 games
- 2 Gregory Johnson, 1983, 3 games
- Kerry Justin, 1983, 3 games

**Most Interceptions, Game**

- 2 John Harris, at Miami 12/29/84
- 1 By 10 (Last: Ken Hamlin, vs. St. Louis 1/8/05)

**YARDS GAINED****Most Yards Gained, Career**

- 45 John Harris, 1983-84, 5 games
- Kerry Justin, 1983, 3 games
- 28 Melvin Jenkins, 1987-88, 1 game

**Most Yards Gained, Game**

- 45 Kerry Justin, vs. Denver 12/24/83
- John Harris, at Miami 12/29/84
- 28 Melvin Jenkins, at Houston 1/3/88 (OT)

**Longest Return**

- 45 Kerry Justin, vs. Denver 12/24/83
- 32 John Harris, at Miami 12/29/84
- 28 Melvin Jenkins, at Houston 1/3/88 (OT)

**TOUCHDOWNS****Most Touchdowns, Career**

None

**Most Touchdowns, Game**

None

**PUNTING****Most Punts, Career**

- 27 Jeff West, 1983-84, 5 games
- 13 Ruben Rodriguez, 1987-88, 2 games

**Most Punts, Game**

- 8 Jeff West, vs. L.A. Raiders 12/22/84
- 7 Jeff West, at Miami 12/29/84
- Ruben Rodriguez, at Houston 1/3/88 (OT)
- Jeff Feagles, vs. Miami 1/9/00

**Longest Punt**

- 58 Jeff West, at Miami 12/29/84
- 56 Ruben Rodriguez, at Houston 1/3/88 (OT)
- 54 Ruben Rodriguez, at Cincinnati 12/31/88
- Jeff Feagles, vs. Miami 1/9/00

**AVERAGE YARDAGE****Highest Average, Career (20 Punts)**

- 36.96 Jeff West, 1983-84, 5 games (27-998)

**Highest Average, Game (4 Punts)**

- 47.86 Jeff Feagles, vs. Miami 1/9/00 (7-335)
- 44.25 Ruben Rodriguez, at Houston 1/3/88 (7-310) (OT)
- 44.17 Ruben Rodriguez, at Cincinnati 12/31/88 (6-265)

**PUNT RETURNS****Most Punt Returns, Career**

- 7 Bobby Joe Edmonds, 1987-88, 2 games
- 6 Kenny Easley, 1983-84, 1987, 6 games
- 4 Paul Johns, 1983, 3 games

**Most Punt Returns, Game**

- 5 Kenny Easley, vs. L.A. Raiders 12/22/84
- Bobby Joe Edmonds, at Cincinnati 12/31/88
- 4 Paul Johns, vs. Denver 12/24/83

**YARDS GAINED****Most Yards Gained, Career**

- 96 Bobby Joe Edmonds, 1987-88, 2 games
- 58 Paul Johns, 1983, 3 games
- 57 Kenny Easley, 1983-84, 1987, 6 games

**Most Yards Gained, Game**

- 66 Bobby Joe Edmonds, at Houston 1/3/88 (OT)
- 58 Paul Johns, vs. Denver 12/24/83
- 52 Kenny Easley, vs. L.A. Raiders 12/22/84

**Longest Return**

- 54 Bobby Joe Edmonds, at Houston 1/3/88 (OT)
- 19 Paul Johns, vs. Denver 12/24/83
- 17 By 2 Players (Last: Kenny Easley, vs. L.A. Raiders 12/22/84)

**AVERAGE YARDAGE****Highest Average, Career (Minimum 4 Returns)**

- 14.50 Paul Johns, 1983, 3 games (4-58)
- 13.71 Bobby Joe Edmonds, 1987-88, 2 games (7-96)
- 9.50 Kenny Easley, 1983-84, 5 games (6-57)

**Highest Avg. Gain, Game (Minimum 3 Returns)**

- 14.5 Paul Johns, vs. Denver 12/24/83 (4-58)
- 10.4 Kenny Easley, vs. L.A. Raiders 12/22/84 (5-52)

**TOUCHDOWNS****Most Touchdowns, Career**

None

**Most Touchdowns, Game**

None

**KICKOFF RETURNS****Most Kickoff Returns, Career**

- 10 Maurice Morris, 2003-04, 2 games
- 7 Zachary Dixon, 1983, 3 games
- Bobby Joe Edmonds, 1987-88, 2 games
- David Hughes, 1983-84, 5 games

**Most Kickoff Returns, Game**

- 6 Maurice Morris, vs. St. Louis 1/8/05
- 5 Bobby Joe Edmonds, at Houston 1/3/88 (OT)
- 4 Charlie Rogers, vs. Miami 1/9/00
- Maurice Morris, at Green Bay 1/4/04 (OT)

**YARDS GAINED****Most Yards Gained, Career**

- 183 Zachary Dixon, 1983, 3 games
- 179 Maurice Morris, 2003-04, 2 games
- 163 David Hughes, 1983-84, 5 games

**Most Yards Gained, Game**

- 159 Charlie Rogers, vs. Miami 1/9/00
- 109 Bobby Joe Edmonds, at Houston 1/3/88 (OT)
- Maurice Morris, vs. St. Louis 1/8/05
- 86 Zachary Dixon, at Miami 12/31/83

**Longest Return**

- 85 Charlie Rogers, vs. Miami 1/9/00 (TD)
- 59 Zachary Dixon, at Miami 12/31/83
- 35 Bobby Joe Edmonds, at Houston 1/3/88 (OT)

**AVERAGE YARDAGE****Highest Average, Career (Minimum 5 Returns)**

- 26.14 Zachary Dixon, 1983, 3 games (7-183)
- 23.29 David Hughes, 1983-84, 5 games (7-163)
- 21.29 Bobby Joe Edmonds, 1987-88, 2 games (7-149)

**Highest Average, Game (Minimum 3 Returns)**

- 39.75 Charlie Rogers, vs. Miami 1/9/00
- 21.80 Bobby Joe Edmonds, vs. Houston 1/3/88 (5-109) (OT)
- 18.00 Zachary Dixon, at L.A. Raiders 1/8/84 (3-54)

**TOUCHDOWNS****Most Touchdowns, Career**

- 1 Charlie Rogers 1999, 1 game

**Most Touchdowns, Game**

- 1 Charlie Rogers, vs. Miami 1/9/00

**FUMBLES****Most Fumbles, Career**

- 2 John L. Williams, 1987-88, 2 games
- 1 By 5 players

**Most Fumbles, Game**

- 2 Koren Robinson, 2003-04, vs. St. Louis 1/8/05

**RECOVERIES****Most Own Fumbles Recovered, Career**

- 1 Ron Essink, 1983-84, 5 games
- Pete Metzelaars, 1983-84, 5 games
- Robbie Tobeck, 2003-04, 2 games
- Koren Robinson, 2003-04, 2 games

**Most Opponents Fumbles Recovered, Career**

- 2 Jeff Bryant, 1983-84, 1987-88, 7 games
- 1 By 8 players

**Most Fumbles Recovered, Game, Own and Opponents**

- 2 Jeff Bryant, at L.A. Raiders 1/8/84 (2-Opp)
- 1 By 10 (Last: Melvin Jenkins [opp] and Joe Nash [opp], at Cincinnati 12/31/88 (D))

**YARDS GAINED****Longest Return**

- 0 16 Times

**TOUCHDOWNS****Most Touchdowns**

- None

**TACKLES****Most Tackles, Career**

- 48 Keith Butler, 1983-84, 1987, 6 games
- 46 Kenny Easley, 1983-84, 1987, 6 games
- 36 Jacob Green, 1983-84, 1987-88, 7 games

**Most Tackles, Game**

- 17 Brian Bosworth, at Houston 1/3/88 (OT)
- 15 Eugene Robinson, at Houston 1/3/88 (OT)
- 12 Kenny Easley, at Houston 1/3/88 (OT)

**SACKS****Most Sacks, Career**

- 3.5 Jacob Green, 1983-84, 1987-88, 7 games
- 2.0 Greg Gaines, 1983-84, 1987-88, 7 games
- Chike Okefor, 2003-04, 2 games
- 1.5 Jeff Bryant, 1983-84, 1987-88, 7 games

**Most Sacks, Game**

- 2.5 Jacob Green, vs. L.A. Raiders 12/22/84
- 2.0 Chike Okefor, vs. St. Louis 1/8/05
- 1.0 By 11 players (Last: Jacob Green, at Cin. 12/31/88)

**FUMBLES****Most Forced Fumbles, Career**

- 2 Jacob Green, 1983-84, 1987-88, 7 games
- Bruce Scholtz, 1983-84, 1987-88, 7 games
- 1 By 7 players

**Most Forced Fumbles, Game**

- 1 By 11 players (Last: Jacob Green, at Cincinnati 12/31/88)

**BLOCKED KICKS****Most Blocked Punts, Career**

- None

**Most Blocked Punts, Game**

- None

**Most Blocked Field Goals, Career**

- None

**Most Blocked Field Goals, Game**

- None

**Most Blocked PATs, Career**

- None

**Most Blocked PATs, Game**

- None

**Most Blocked Placekicks, Career**

- None

**Most Blocked Placekicks, Game**

- None

# TEAM POSTSEASON RECORDS

## GAMES

### Most Consecutive Seasons Participating in Postseason Games

- 2 1983-84, 1987-88, 2003-04

### Most Games

- 3 1983
- 2 1984
- 1 1987, 1988, 1999, 2003, 2004

### Most Games Won

- 2 1983
- 1 1984

### Most Consecutive Games Won

- 2 1983
- 1 1984

### Most Consecutive Games Lost

- 5 1987-04
- 1 1983, 1984

## SCORING

### Most Points, Game

- 31 vs. Denver 12/24/83
- 27 at Miami 12/31/83
- at Green Bay 1/4/04 (OT)

### Fewest Points, Game

- 10 at Miami 12/29/84
- 13 vs. L.A. Raiders 12/22/84
- at Cincinnati 12/31/88

### Most Points, Both Teams, Game

- 60 (27) at Green Bay (33) 1/4/04 (OT)
- 47 (27) at Miami (20) 12/31/83
- (20) vs. St. Louis (27) 1/8/05
- 44 (14) at L.A. Raiders (30) 1/8/84

### Fewest Points, Both Teams, Game

- 20 (13) at L.A. Raiders (7) 12/22/84
- 34 (13) at Cincinnati (21) 12/31/88
- 37 (17) vs. Miami (20) 1/9/00

### Largest Margin of Victory, Game

- 24 (31) vs. Denver (7) 12/24/83
- 7 (27) at Miami (20) 12/31/83
- 6 (13) at L.A. Raiders (7) 12/22/84

### Most Points, Shutout Victory, Game

None

### Most Points Overcome to Win Game

- 6 at Miami 12/31/83 (Trailed 7-13, Won 27-20)
- 3 at Miami 12/31/83 (Trailed 17-20, Won 27-20)

### Most Points, Each Half

- 1st: 10 vs. Denver 12/24/83
- at Miami 12/29/84
- at Houston 1/3/88
- vs. Miami 1/9/00
- vs. St. Louis 1/8/05
- 2nd: 21 vs. Denver 12/24/83
- at Green Bay 1/4/04
- 20 at Miami 12/31/83

### Most Points, Each Quarter

- 1st: 7 vs. Denver 12/24/83
- at Houston 1/3/88
- vs. Miami 1/9/00
- 2nd: 10 at Miami 12/29/84
- 7 at Miami 12/31/83
- vs. L.A. Raiders 12/22/84
- vs. St. Louis 1/8/05
- 3rd: 14 at Green Bay 1/4/04
- 7 vs. Denver 12/24/83
- at Miami 12/31/83
- at L.A. Raiders 1/8/84
- vs. Miami 1/9/00
- 4th: 14 vs. Denver 12/24/83
- 13 at Miami 12/31/83
- at Cincinnati 12/31/88
- OT: 0 at Houston 1/3/88
- at Green Bay 1/4/04

## TOUCHDOWNS

### Most Touchdowns, Game

- 4 vs. Denver 12/24/83
- 3 at Miami 12/31/83
- at Green Bay 1/4/04

### Fewest Touchdowns, Game

- 1 vs. L.A. Raiders 12/22/84
- at Miami 12/29/84
- 2 5Times (Last: vs. St. Louis 1/8/05)

### Most Touchdowns, Both Teams, Game

- 7 Seattle (3) at Green Bay (4) 1/4/04
- 6 Seattle (3) at Miami (3) 12/31/83
- 5 5Times (Last: Seattle [2] vs. St. Louis [3] 1/8/05)

### Fewest Touchdowns Both Teams, Game

- 2 Seattle (1) at L.A. Raiders (1) 12/22/84
- 4 Seattle (2) at Houston (2) 1/3/88 (OT)
- Seattle (2) vs. Miami (2) 1/9/00
- 5 4Times (Last: Seattle [2] at Cincinnati [3] 12/31/88)

## POINTS AFTER TOUCHDOWN

### Most PAT, Game

- 4 vs. Denver 12/24/83
- 3 at Miami 12/31/83
- at Green Bay 1/4/04

### Fewest PAT, Game

- 1 vs. L.A. Raiders 12/22/84
- at Miami 12/29/84
- at Cincinnati 12/31/88

### Most PAT, Both Teams, Game

- 6 (3) at Green Bay (3) 1/4/04
- 5 5Times (Last: Seattle [2] vs. St. Louis [3] 1/8/05)

### Fewest PAT, Both Teams, Game

- 2 Seattle (1) at L.A. Raiders (1) 12/22/84
- 4 Seattle (2) at Houston (2) 1/3/88 (OT)
- Seattle (1) at Cincinnati (3) 12/31/88
- Seattle (2) vs. Miami (2) 1/9/00

## FIELD GOALS

## Most Field Goals, Game

- 2 at Miami 12/31/83  
vs. L.A. Raiders 12/22/84  
at Houston 1/3/88 (OT)  
at Green Bay 1/4/04 (OT)  
vs. St. Louis 1/8/05

## Most Field Goals, Both Teams, Game

- 5 Seattle (2) at Houston (3) 1/3/88 (OT)
- 4 Seattle (2) at Green Bay (2) 1/4/04 (OT)  
Seattle (2) vs. St. Louis (2) 1/8/05
- 3 Seattle (0) at L.A. Raiders (3) 1/8/84  
Seattle (1) vs. Miami (2) 1/9/00

## Most Field Goals Attempted, Game

- 3 at Miami 12/31/83
- 2 vs. L.A. Raiders 12/22/84  
at Miami 12/29/84  
at Houston 1/3/88 (OT)  
at Green Bay 1/4/04 (OT)  
vs. St. Louis 1/8/05

## Most Field Goals Attempted, Both Teams, Game

- 7 Seattle (2) at Houston (5) 1/3/88 (OT)
- 5 Seattle (2) at Miami (3) 12/29/84  
Seattle (2) at Green Bay (3) 1/4/04 (OT)

## FIRST DOWNS

## Most First Downs, Game

- 24 vs. St. Louis 1/8/05
- 22 at Green Bay 1/4/04
- 21 at Miami 12/31/83

## Fewest First Downs, Game

- 8 at Miami 12/29/84
- 11 at Houston 1/3/88 (OT)
- 12 vs. Miami 1/9/00

## Most First Downs, Both Teams, Game

- 46 Seattle (24) vs. St. Louis (22) 1/8/05
- 44 Seattle (22) at Green Bay (22) 1/4/04
- 42 Seattle (21) at Miami (21) 12/31/83

## Fewest First Downs, Both Teams, Game

- 30 Seattle (8) at Miami (22) 12/29/84  
Seattle (12) vs. Miami (18) 1/9/00
- 31 Seattle (17) at L.A. Raiders (14)  
12/22/84
- 37 Seattle (16) at L.A. Raiders (21) 1/8/84

## RUSHING

## Most First Downs, Rushing, Game

- 12 at Miami 12/31/83  
vs. L.A. Raiders 12/22/84
- 8 vs. Denver 12/24/83

## Fewest First Downs, Rushing, Game

- 0 vs. Miami 1/9/00
- 1 at Houston 1/3/88 (OT)  
at Cincinnati 12/31/88
- 2 at Miami 12/29/84

## Most First Downs, Rushing, Both Teams, Game

- 21 Seattle (12) at Miami (9) 12/31/83
- 18 Seattle (1) at Cincinnati (17) 12/31/88
- 17 Seattle (12) at L.A. Raiders (5) 12/22/84

## Fewest First Downs Rushing, Both Teams, Game

- 7 Seattle (0) vs. Miami (7) 1/9/00
- 10 Seattle (2) at Miami (8) 12/29/84  
Seattle (1) at Houston (9) 1/3/88 (OT)  
Seattle (7) vs. St. Louis (3) 1/8/05

## PASSING

## Most First Downs, Passing, Game

- 16 at Cincinnati 12/31/88  
at Green Bay 1/4/04 (OT)
- 15 vs. St. Louis 1/8/05
- 10 at L.A. Raiders 1/8/84  
at Houston 1/3/88 (OT)  
vs. Miami 1/9/00

## Fewest First Downs, Passing, Game

- 4 vs. L.A. Raiders 12/22/84
- 6 at Miami 12/29/84
- 9 vs. Denver 12/24/83  
at Miami 12/31/83

## Most First Downs, Passing, Both Teams, Game

- 30 Seattle (16) at Green Bay (14) 1/4/04 (OT)  
Seattle (15) vs. St. Louis (15) 1/8/05
- 28 Seattle (10) at Houston (18) 1/3/88 (OT)

## Fewest First Downs Passing, Both Teams, Game

- 12 Seattle (4) at L.A. Raiders (8) 12/22/84
- 18 Seattle (6) at Miami (12) 12/29/84
- 20 Seattle (9) at Miami (11) 12/31/83  
Seattle (10) vs. Miami (10) 1/9/00

## PENALTY

## Most First Downs, Penalty, Game

- 2 at L.A. Raiders 1/8/84  
at Cincinnati 12/31/88  
vs. Miami 1/9/00  
at Green Bay 1/4/04  
vs. St. Louis 1/8/05
- 1 vs. L.A. Raiders 12/22/84

## Most First Downs, Penalty, Both Teams, Game

- 6 Seattle (2) vs. St. Louis (4) 1/8/05
- 3 Seattle (2) vs. Miami (1) 1/9/00
- 2 6 Times (Last: Seattle [2] at GB [0]  
1/4/04 [OT])

NET YARDS GAINED  
RUSHING & PASSING

## Most Net Yards Gained, Game

- 413 vs. St. Louis 1/8/05
- 340 at Green Bay 1/4/04 (OT)
- 334 at Miami 12/31/83

## Fewest Net Yards Gained, Game

- 167 at L.A. Raiders 1/8/84
- 171 vs. Miami 1/9/00
- 251 vs. L.A. Raiders 12/22/84

## Most Yards Gained, Both Teams, Game

- 809 Seattle (413) vs. St. Louis (396) 1/8/05
- 737 Seattle (340) at Green Bay (397) 1/4/04 (OT)
- 687 Seattle (250) at Houston (437) 1/3/88 (OT)

## Fewest Yards Gained, Both Teams, Game

- 470 Seattle (171) vs. Miami (299) 1/9/00
- 491 Seattle (251) at L.A. Raiders (240)  
12/22/84
- 568 Seattle (167) at L.A. Raiders (401)  
1/8/84

# RUSHING

## ATTEMPTS

### Most Attempts, Game

- 51 vs. L.A. Raiders 12/22/84
- 42 at Miami 12/31/83
- 38 vs. Denver 12/24/83

### Fewest Attempts, Game

- 11 at Houston 1/3/88 (OT)
- 17 at Cincinnati 12/31/88
- 18 at L.A. Raiders 1/8/84  
at Miami 12/29/84

### Most Attempts, Both Teams, Game

- 76 Seattle (51) at L.A. Raiders (25)  
12/22/84
- 72 Seattle (42) at Miami (30) 12/31/83
- 71 Seattle (38) vs. Denver (33) 12/24/83

### Fewest Attempts, Both Teams, Game

- 47 Seattle (20) vs. St. Louis (27) 1/8/05
- 53 Seattle (21) at Green Bay (32) 1/4/04  
(OT)
- 54 Seattle (18) at Miami (36) 12/29/84

## YARDS GAINED

### Most Yards Gained, Game

- 205 vs. L.A. Raiders 12/22/84
- 151 at Miami 12/31/83
- 145 vs. Denver 12/24/83

### Fewest Yards Gained, Game

- 18 at Cincinnati 12/31/88
- 29 at Houston 1/3/88 (OT)
- 41 vs. Miami 1/9/00

### Most Yards Gained, Both Teams, Game

- 310 Seattle (205) at L.A. Raiders (105)  
12/22/84
- 279 Seattle (151) at Miami (128) 12/31/83
- 272 Seattle (18) at Cincinnati (254) 12/31/88

### Fewest Yards Gained, Both Teams, Game

- 127 Seattle (49) at Green Bay (78) 1/4/04  
(OT)
- 149 Seattle (41) vs. Miami (108) 1/9/00
- 183 Seattle (81) vs. St. Louis (102) 1/8/05

## AVERAGE GAIN

### Highest Average Gain, Game

- 4.05 vs. St. Louis 1/8/05 (20-81)
- 4.02 vs. L.A. Raiders 12/22/84 (51-205)
- 3.82 vs. Denver 12/24/83 (38-145)

### Lowest Average Gain, Game

- 1.06 at Cincinnati 12/31/88 (17-18)
- 2.05 vs. Miami 1/9/00 (20-41)
- 2.33 at Green Bay 1/4/04 (21-49) (OT)

## TOUCHDOWNS

### Fewest Touchdowns, Game

- 0 6 Times (Last: vs. St. Louis 1/8/05)

### Most Touchdowns, Game

- 3 at Green Bay 1/4/04
- 2 at Miami 12/31/83
- 1 vs. Denver 12/24/83  
at Cincinnati 12/31/88

### Most Touchdowns, Both Teams, Game

- 5 Seattle (3) at Green Bay (2) 1/4/04 (OT)
- 4 Seattle (1) at Cincinnati (3) 12/31/88
- 3 Seattle (2) at Miami (1) 12/31/83

### Fewest Touchdowns, Both Teams, Game

- 0 Seattle (0) at L.A. Raiders (0) 12/22/84
- 1 5 Times (Last: Seattle [0] vs. St. Louis  
[1] 1/8/05)

# PASSING

## ATTEMPTS

### Most Attempts, Game

- 50 at Cincinnati 12/31/88
- 45 at Green Bay 1/4/04 (OT)
- 43 vs. St. Louis 1/8/05

### Fewest Attempts, Game

- 10 vs. L.A. Raiders 12/22/84
- 13 vs. Denver 12/24/83
- 29 at Miami 12/31/83

### Most Attempts, Both Teams, Game

- 83 Seattle (45) at Green Bay (38) 1/4/04  
(OT)
- 75 Seattle (43) vs. St. Louis (32) 1/8/05
- 71 Seattle (39) at Houston (32) 1/3/88 (OT)

### Fewest Attempts, Both Teams, Game

- 37 Seattle (13) vs. Denver (24) 12/24/83  
Seattle (10) at L.A. Raiders (27)  
12/22/84
- 55 Seattle (29) at Miami (26) 12/31/83

## COMPLETIONS

### Most Completions, Game

- 27 vs. St. Louis 1/8/05
- 25 at Green Bay 1/4/04 (OT)
- 24 at Cincinnati 12/31/88

### Fewest Completions, Game

- 4 vs. L.A. Raiders 12/22/84
- 12 vs. Denver 12/24/83
- 14 vs. Miami 1/9/00

### Most Completions, Both Teams, Game

- 51 Seattle (25) at Green Bay (26) 1/4/04
- 45 Seattle (27) vs. St. Louis (18) 1/8/05
- 41 Seattle (20) at Miami (21) 12/29/84

### Fewest Completions, Both Teams, Game

- 18 Seattle (4) at L.A. Raiders (14) 12/22/84
- 30 Seattle (15) at Miami (15) 12/31/83
- 31 Seattle (24) at Cincinnati (7) 12/31/88  
Seattle (14) vs. Miami (17) 1/9/00

### Highest Completion %, Game (Min. 20 Attempts)

- 62.79 vs. St. Louis 1/8/05 (27-43)
- 57.14 at Miami 12/29/83 (20-35)
- 55.56 at Green Bay 1/4/04 (25-45) (OT)

### Lowest Completion %, Game (Min. 20 Attempts)

- 41.03 at Houston 1/3/88 (16-39) (OT)
- 47.22 at L.A. Raiders 1/8/84 (17-36)
- 48.00 at Cincinnati 12/31/88 (24-50)

## NET YARDS GAINED

### Most Yards Gained, Game

- 341 vs. St. Louis 1/8/05
- 291 at Green Bay 1/4/04 (OT)
- 276 at Cincinnati 12/31/88

**Fewest Yards Gained, Game**

- 46 vs. L.A. Raiders 12/22/84
- 102 at L.A. Raiders 1/8/84
- 179 vs. Denver 12/24/83

**Most Yards Gained, Both Teams, Game**

- 651 Seattle (341) vs. St. Louis (313) 1/8/05
- 624 Seattle (305) at Green Bay (319) 1/4/04 (OT)
- 480 Seattle (221) at Houston (259) 1/3/88 (OT)

**Fewest Yards Gained, Both Teams, Game**

- 181 Seattle (46) at L.A. Raiders (135) 12/22/84
- 298 Seattle (102) at L.A. Raiders (196) 1/8/84
- 376 Seattle (183) at Miami (193) 12/31/83

**TIMES SACKED****Most Times Sacked, Game**

- 4 at L.A. Raiders 1/8/84
- 3 vs. St. Louis 1/8/05
- 2 6Times (Last: at Green Bay 1/4/04)

**Fewest Times Sacked, Game**

- 1 at Miami 12/31/83

**Most Times Sacked, Both Teams, Game**

- 8 Seattle (2) at L.A. Raiders (6) 12/22/84
- Seattle (3) vs. St. Louis (5) 1/8/05
- 6 Seattle (4) at L.A. Raiders (2) 1/8/84

**Fewest Times Sacked, Both Teams, Game**

- 1 Seattle (1) at Miami (0) 12/31/83
- 2 Seattle (2) at Miami (0) 12/29/84
- Seattle (2) at Green Bay (0) 1/4/04 (OT)

**TOUCHDOWNS****Most Touchdowns, Game**

- 3 vs. Denver 12/24/83
- 2 at L.A. Raiders 1/8/84
- at Houston 1/3/88 (OT)

**Most Touchdowns, Both Teams, Game**

- 4 Seattle (3) vs. Denver (1) 12/24/83
- Seattle (1) at Miami (3) 12/29/84
- 3 3Times (Last: Seattle [2] at Houston [1] 1/3/88[OT])

**INTERCEPTIONS BY****Most Interceptions By, Game**

- 2 5Times (Last: at Miami 12/29/84)

**Most Interceptions By, Both Teams, Game**

- 7 Seattle (2) at L.A. Raiders (5) 1/8/84
- 3 Seattle (2) at Miami (1) 12/31/83
- 2 6Times (Last: Seattle [1] vs. St. Louis (1) 1/8/05)

**YARDS GAINED****Most Yards Gained, Game**

- 45 vs. Denver 12/24/83
- at Miami 12/29/84
- 28 at Houston 1/3/88 (OT)

**Most Yards Gained, Both Teams, Game**

- 61 Seattle (8) at L.A. Raiders (53) 1/8/84
- 52 Seattle (0) at Green Bay (52) 1/4/04 (OT)
- 45 Seattle (45) vs. Denver (0) 12/24/83
- Seattle (45) at Miami (0) 12/29/84

**TOUCHDOWNS****Most Touchdowns, Game**

- None

**PUNTING****Most Punts, Game**

- 8 vs. L.A. Raiders 12/22/84
- 7 at Miami 12/29/84
- at Houston 1/3/88 (OT)
- vs. Miami 1/9/00

**Fewest Punts, Game**

- 3 vs. Denver 12/24/83
- vs. St. Louis 1/8/05
- 4 at Miami 12/31/83
- 5 at L.A. Raiders 1/8/84

**Most Punts, Both Teams, Game**

- 16 Seattle (8) at L.A. Raiders (8) 12/22/84
- 15 Seattle (7) vs. Miami (8) 1/9/00
- 12 Seattle (6) at Cincinnati (6) 12/31/88

**Fewest Punts, Both Teams, Game**

- 6 Seattle (3) vs. St. Louis (3) 1/8/05
- 7 Seattle (3) vs. Denver (4) 12/24/83
- Seattle (5) at L.A. Raiders (2) 1/8/84
- 8 Seattle (4) at Miami (4) 12/31/83

**AVERAGE YARDAGE****Highest Average, Punting, Game (4 Punts)**

- 47.86 vs. Miami 1/9/00 (7-335)
- 44.29 at Houston 1/3/88 (7-310) (OT)
- 44.17 at Cincinnati 12/31/88 (6-265)

**Lowest Average, Punting, Game (4 Punts)**

- 32.00 at L.A. Raiders 1/8/84 (5-160)
- 37.00 at Miami 12/29/84 (7-259)
- 37.50 at Green Bay 1/4/04 (6-225) (OT)

**PUNT RETURNS****Most Punt Returns, Game**

- 5 vs. L.A. Raiders 12/22/84
- at Cincinnati 12/31/88
- 4 vs. Denver 12/24/83

**Fewest Punt Returns, Game**

- 0 at L.A. Raiders 1/8/84
- at Miami 12/31/83
- 1 at Miami 12/29/84
- at Green Bay 1/4/04 (OT)
- vs. St. Louis 1/8/05

**Most Punt Returns, Both Teams, Game**

- 8 Seattle (5) at L.A. Raiders (3) 12/22/84
- Seattle (5) at Cincinnati (3) 12/31/88
- Seattle (3) vs. Miami (5) 1/9/00
- 7 Seattle (4) vs. Denver (3) 12/24/83

**Fewest Punt Returns, Both Teams, Game**

- 1 Seattle (0) at L.A. Raiders (1) 1/8/84
- 2 Seattle (0) at Miami (2) 12/31/83
- 4 Seattle (1) at Miami (3) 12/29/84
- Seattle (1) at Green Bay (3) 1/4/04 (OT)
- Seattle (1) vs. St. Louis (3) 1/8/05

**YARDS GAINED****Most Yards Gained, Game**

- 66 at Houston 1/3/88 (OT)
- 58 vs. Denver 12/24/83
- 52 vs. L.A. Raiders 12/22/84

**Fewest Yards Gained, Game**

- 0 at Miami 12/31/83
- at L.A. Raiders 1/8/84
- 2 at Miami 12/29/84

**Most Yards Gained, Both Teams, Game**

- 93 Seattle (66) at Houston (27) 1/3/88 (OT)
- 87 Seattle (24) vs. Miami (63) 1/9/00
- 68 Seattle (58) vs. Denver (10) 12/24/83

**Fewest Yards, Gained, Both Teams, Game**

- 1 Seattle (0) at L.A. Raiders (1) 1/8/84
- 23 Seattle (9) vs. St. Louis (14) 1/8/05
- 32 Seattle (0) at Miami (32) 12/31/83

**TOUCHDOWNS****Most Touchdowns, Game**

None

**KICKOFF RETURNS****Most Kickoff Returns, Game**

- 7 at L.A. Raiders 1/8/84
- at Green Bay 1/4/04 (OT)
- 6 at Houston 1/3/88 (OT)
- vs. St. Louis 1/8/05

**Fewest Kickoff Returns, Game**

- 2 vs. Denver 12/24/83
- vs. L.A. Raiders 12/22/84
- 3 at Cincinnati 12/31/88

**Most Kickoff Returns, Both Teams, Game**

- 13 Seattle (7) at Green Bay (6) 1/4/04 (OT)
- 11 Seattle (6) vs. St. Louis (5) 1/8/05
- 10 Seattle (4) at Miami (6) 12/31/83
- Seattle (6) at Houston (4) 1/3/88 (OT)

**Fewest Kickoff Returns, Both Teams, Game**

- 4 Seattle (2) at L.A. Raiders (2) 12/22/84
- 6 Seattle (3) at Cincinnati (3) 12/31/88

**YARDS GAINED****Most Yards Gained, Game**

- 159 vs. Miami 1/9/00
- 136 at L.A. Raiders 1/8/84
- 132 at Houston 1/3/88 (OT)

**Fewest Yards Gained, Game**

- 28 vs. L.A. Raiders 12/22/84
- 43 vs. Denver 12/24/83
- 66 at Cincinnati 12/31/88

**Most Yards Gained, Both Teams, Game**

- 247 Seattle (159) vs. Miami (88) 1/9/00
- 234 Seattle (130) at Miami (104) 12/31/83
- 210 Seattle (109) vs. St. Louis (101) 1/8/05

**Fewest Yards Gained, Both Teams, Game**

- 66 Seattle (38) at L.A. Raiders (28) 12/22/84
- 120 Seattle (66) at Cincinnati (54) 12/31/88
- 128 Seattle (77) at Miami (51) 12/29/84

**TOUCHDOWNS****Most Touchdowns, Game**

- 1 vs. Miami 1/9/00

**PENALTIES****Most Penalties, Game**

- 9 vs. St. Louis 1/8/05
- 7 vs. L.A. Raiders 12/22/84
- 5 at Cincinnati 12/31/88

**Fewest Penalties, Game**

- 2 4 Times (Last: at Green Bay 1/4/04) (OT)
- 3 2 Times (Last: at Houston 1/3/88) (OT)

**Most Penalties, Both Teams, Game**

- 15 Seattle (7) at L.A. Raiders (8) 12/22/84
- 9 Seattle (2) at L.A. Raiders (7) 1/8/84
- 8 Seattle (3) vs. Denver (5) 12/24/83
- Seattle (2) vs. Miami (6) 1/9/00

**Fewest Penalties, Both Teams, Game**

- 5 Seattle (4) at Miami (1) 12/29/84
- 7 4 Times (Last: Seattle [2] at GB [5] 1/4/04) (OT)

**YARDS PENALIZED****Most Yards Penalized, Game**

- 61 vs. St. Louis 1/8/05
- 55 vs. L.A. Raiders 12/22/84
- 45 at Cincinnati 12/31/88

**Fewest Yards Penalized, Game**

- 10 vs. Miami 1/9/00
- 15 at Miami 12/31/83
- at Green Bay 1/4/04 (OT)

**Most Yards Penalized, Both Teams, Game**

- 123 Seattle (55) at L.A. Raiders (68) 12/22/84
- 91 Seattle (61) vs. St. Louis (30) 1/8/05
- 77 Seattle (10) vs. Miami (67) 1/9/00

**Fewest Yards Penalized, Both Teams, Game**

- 25 Seattle (20) at Miami (5) 12/29/84
- 45 3 Times (Last: Seattle [15] at Green Bay [30] 1/4/04 [OT])

**FUMBLES****Most Fumbles, Game**

- 2 vs. St. Louis 1/8/05
- 1 6 Times (Last: at Green Bay 1/04/04 [OT])

**Fewest Fumbles, Game**

- 0 vs. Denver 12/24/83
- at Miami 12/31/83
- vs. Miami 1/9/00

**Most Fumbles, Both Teams, Game**

- 4 Seattle (1) at L.A. Raiders (3) 1/8/84
- Seattle (1) at Cincinnati (3) 12/31/88
- 3 Seattle (0) at Miami (3) 12/31/83
- Seattle (1) at Houston (2) 1/3/88 (OT)

**Fewest Fumbles, Both Teams, Game**

- 0 Seattle (0) vs. Miami (0) 1/9/00
- 1 Seattle (1) at Miami (0) 12/29/84
- Seattle (1) at Green Bay (0) 1/4/04 (OT)

**Most Fumbles Lost, Game**

- 1 3 Times (Last: at Cincinnati 12/31/88)

**Fewest Fumbles Lost, Game**

- 0 7 Times (Last: vs. St. Louis 1/8/05)

**RECOVERIES****Most Total Fumbles Recovered, Game**

- 3 vs. Miami 12/31/83 (3-opp)
- at L.A. Raiders 1/8/84 (2-opp, 1-own)
- 2 3 Times (Last: vs. St. Louis 1/8/05 (2-own))

**Most Own Fumbles Recovered, Game**

- 2 vs. St. Louis 1/8/05

## POSTSEASON DEFENSE

## TURNOVERS

## Most Turnovers, Game

- 5 at L.A. Raiders 1/8/84 (5-Ints)
- 3 at Cincinnati 12/31/88 (2-Ints, 1-Fum)
- 1 4Times  
(Last: vs. St. Louis 1/8/05 [1-Int])

## Fewest Turnovers, Game

- 0 4Times (Last: at Green Bay 1/4/04)
- 1 4Times (Last: vs. St. Louis 1/8/05 [1-Int])

## Most Turnovers, Both Teams, Game

- 9 Seattle (5) at L.A. Raiders (4) 1/8/84 (7-Ints, 2-Fums)

## Fewest Turnovers, Both Teams, Game

- 1 Seattle (1) at Green Bay (0) 1/4/04
- 2 2Times (Last: Seattle [1] vs. St. Louis [1] 1/8/05 [2-Ints])
- 3 4Times (Last: Seattle [1] at Houston [2] 1/3/88 [OT] [1-Int, 2-Fum])

## SCORING

## Fewest Points Allowed, Game

- 7 vs. Denver 12/24/83
- vs. L.A. Raiders 12/22/84
- 20 at Miami 12/29/83
- vs. Miami 1/9/00

## Most Points Allowed, Game

- 33 at Green Bay 1/4/04 (OT)
- 31 at Miami 12/29/84
- 30 at L.A. Raiders 1/8/84

## Fewest Touchdowns Allowed, Game

- 1 vs. Denver 12/24/83
- vs. L.A. Raiders 12/22/84
- 2 3Times (Last: at Green Bay 1/4/04 [OT])

## Most Touchdowns Allowed, Game

- 4 at Miami 12/29/84
- 3 4Times (Last: vs. St. Louis 1/8/05)

## FIRST DOWNS

## Fewest First Downs Allowed, Game

- 14 vs. L.A. Raiders 12/22/84
- 18 vs. Miami 1/9/00
- 21 3Times (Last: at L.A. Raiders 1/8/84)

## Most First Downs Allowed, Game

- 27 at Houston 1/3/88 (OT)
- 22 4Times (Last: vs. St. Louis 1/8/05)

## Fewest First Downs Allowed, Rushing, Game

- 3 vs. St. Louis 1/8/05
- 5 vs. Denver 12/24/83
- vs. L.A. Raiders 12/22/84
- 7 vs. Miami 1/9/00

## Most First Downs Allowed, Rushing, Game

- 17 at Cincinnati 12/31/88
- 10 at L.A. Raiders 1/8/84
- 9 at Miami 12/31/83

## Fewest First Downs Allowed, Passing, Game

- 5 at Cincinnati 12/31/88
- 8 vs. L.A. Raiders 12/22/84
- 9 at Miami 12/31/83

## Most First Downs Allowed, Passing, Game

- 18 at Houston 1/3/88 (OT)
- 15 vs. St. Louis 1/8/05
- 14 vs. Denver 12/24/83
- at Green Bay 1/4/04 (OT)

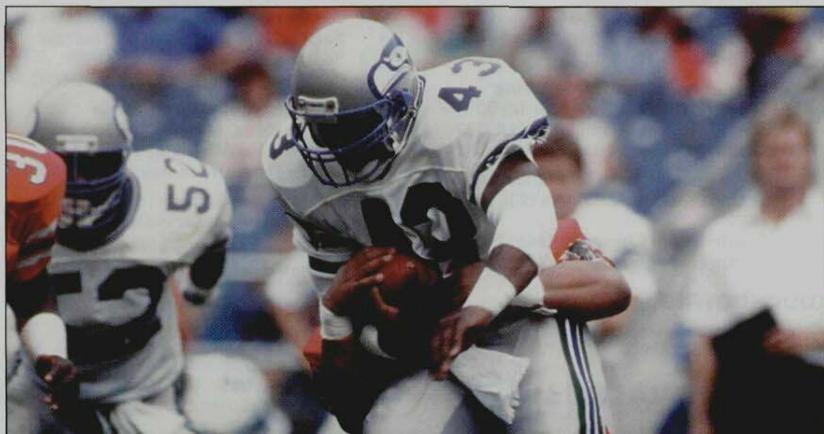
## Most First Downs Allowed, Penalty, Game

- 4 vs. St. Louis 1/8/05
- 3 2Times (Last: L.A. Raiders 12/22/84)
- 2 2Times (Last: at Miami 12/29/84)

## OFFENSIVE PLAYS

## Fewest Opponent Plays Allowed, Game

- 56 at Miami 12/31/83
- 58 vs. L.A. Raiders 12/22/84
- 64 vs. St. Louis 1/8/05



RB Randall Morris (1984-88)

**Most Opponent Plays Allowed, Game**

- 84 at Houston 1/3/88 (OT)
- 72 at L.A. Raiders 1/8/84
- 70 at Miami 12/29/84
- at Green Bay 1/4/04 (OT)

**Fewest Opponent Plays Allowed, Rushing, Game**

- 25 vs. L.A. Raiders 12/22/84
- 27 vs. St. Louis 1/8/05
- 30 at Miami 12/31/83

**Most Opponent Plays Allowed, Rushing, Game**

- 50 at Houston 1/3/88 (OT)
- 47 at Cincinnati 12/31/88
- 46 at L.A. Raiders 1/8/84

**Fewest Opponent Plays Allowed, Passing, Game**

- 21 at Cincinnati 12/31/88
- 26 at Miami 12/31/83
- at L.A. Raiders 1/8/84

**Most Opponent Plays Allowed, Passing, Game**

- 38 at Green Bay 1/4/04 (OT)
- 36 vs. Denver 12/24/83
- 34 at Miami 12/29/84
- at Houston 1/3/88 (OT)

**NET YARDS ALLOWED GAME****Fewest Yards Allowed, Game**

- 240 vs. L.A. Raiders 12/22/84
- 299 vs. Miami 1/9/00
- 321 at Miami 12/31/83

**Most Net Yards Allowed, Game**

- 437 at Houston 1/3/88 (OT)
- 405 at Miami 12/29/84
- 401 at L.A. Raiders 1/8/84

**RUSHING****Fewest Yards Allowed, Rushing, Game**

- 78 at Green Bay 1/4/04
- 102 vs. St. Louis 1/8/05
- 105 vs. L.A. Raiders 12/22/84

**Most Yards Allowed, Rushing, Game**

- 254 at Cincinnati 12/31/88
- 205 at L.A. Raiders 1/8/84
- 178 at Houston 1/3/88 (OT)

**Most Touchdowns Allowed, Rushing, Game**

- 3 at Cincinnati 12/31/88
- 2 at L.A. Raiders 1/8/84
- at Green Bay 1/4/04
- 1 5Times (Last: vs. St. Louis 1/8/05)

**Fewest Touchdowns Allowed, Rushing, Game**

- 0 vs. Denver 12/24/83
- vs. L.A. Raiders 12/22/84
- 1 5Times (Last: vs. St. Louis 1/8/05)

**PASSING****Fewest Net Yards Allowed, Passing, Game**

- 91 at Cincinnati 12/31/88
- 135 vs. L.A. Raiders 12/22/84
- 191 vs. Miami 1/9/00

**Most Yards Allowed, Passing, Game**

- 319 at Green Bay 1/4/04 (OT)
- 294 vs. St. Louis 1/8/05
- 262 at Miami 12/29/84

**Fewest Touchdowns Allowed, Passing, Game**

- 0 at Cincinnati 12/31/88
- 1 6Times (Last: at Green Bay 1/4/04 [OT])

**Most Touchdowns Allowed, Passing, Game**

- 3 at Miami 12/29/84
- 2 2Times (Last: vs. St. Louis 1/8/05)
- 1 6Times (Last: at Green Bay 1/4/04 [OT])

**SACKS****Most Sacks, Game**

- 6 vs. L.A. Raiders 12/22/84
- 5 vs. St. Louis 1/8/05
- 2 4Times (Last: at Cincinnati 12/31/88)

**Fewest Sacks, Game**

- 0 at Miami 12/31/83
- at Miami 12/29/84
- at Green Bay 1/4/04 (OT)
- 1 vs. Miami 1/9/00
- 2 4Times (Last: at Cincinnati 12/31/88)

**Most Opponents Yards Lost Attempting to Pass, Game**

- 49 vs. L.A. Raiders 12/22/84
- 19 vs. Denver 12/24/83
- vs. St. Louis 1/8/05
- 18 at L.A. Raiders 1/8/84

**Fewest Opponent Yards Lost Attempting to Pass, Game**

- 0 at Miami 12/31/83
- at Miami 12/29/84
- at Green Bay 1/4/04 (OT)
- 5 vs. Miami 1/9/00
- 14 at Houston 1/3/88 (OT)

**INTERCEPTIONS BY****Most Passes Intercepted By, Game**

- 2 5Times (Last: at Miami 12/29/84)

**Fewest Passes Intercepted By, Game**

- 0 at Cincinnati 12/31/88
- 1 at Houston 1/3/88 (OT)
- vs. St. Louis 1/8/05
- 2 5Times (Last: at Miami 12/29/84)

**Most Consec. Games, One or More Interceptions By**

- 6 1983-84, 1987

**Most Yards Returning Interceptions, Game**

- 45 vs. Denver 12/24/83
- at Miami 12/29/84
- 28 at Houston 1/3/88 (OT)

**Fewest Yards Returning Interceptions, Game**

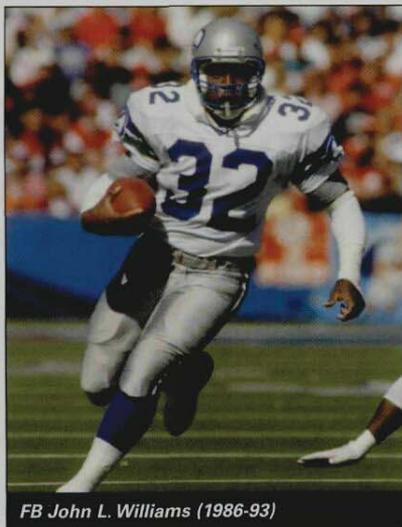
- 0 at Miami 12/31/83
- at Cincinnati 12/31/88
- vs. St. Louis 1/8/05
- 8 at L.A. Raiders 1/8/84

**Most Touchdowns Returning Interceptions, Game**

None

**Most TDs Returning Interceptions, Both Teams, Game**

None



FB John L. Williams (1986-93)

## PUNT RETURNS

### Fewest Opponent Punt Returns, Game

- 1 at L.A. Raiders 1/8/84
- 2 at Miami 12/31/83
- 3 4 Times (Last: vs. St. Louis 1/8/05)

### Most Opponent Punt Returns, Game

- 6 vs. Miami 1/9/00
- 4 at Houston 1/3/88(OT)

### Most Yards Allowed, Punt Returns, Game

- 63 vs. Miami 1/9/00
- 39 at Green Bay 1/4/04
- 32 at Miami 12/31/83

### Fewest Yards Allowed, Punt Returns, Game

- 1 at L.A. Raiders 1/8/84
- 10 vs. Denver 12/24/83
- 14 vs. St. Louis 1/8/05

### Longest Return, Allowed, Game

- 25 vs. Miami 1/9/00
- 24 at Miami 12/31/83
- 21 at Green Bay 1/4/04

### Most Touchdowns Allowed, Punt Return, Game

None

## KICKOFF RETURNS

### Fewest Opponent Kickoff Returns, Game

- 2 at L.A. Raiders 1/8/84
- vs. L.A. Raiders 12/22/84
- 3 3 Times (Last: vs. Miami 1/9/00)

### Most Opponent Kickoff Returns, Game

- 6 3 Times (Last: at Green Bay 1/4/04 [OT])
- 5 vs. St. Louis 1/8/05
- 4 at Houston 1/3/88 (OT)

### Fewest Yards Allowed, Kickoff Returns, Game

- 28 vs. L.A. Raiders 12/22/84
- 46 at L.A. Raiders 1/8/84
- 51 at Miami 12/29/84

### Most Yards Allowed, Kickoff Returns, Game

- 118 vs. Denver 12/24/83
- 104 at Miami 12/31/83
- 103 at Green Bay 1/4/04

### Longest Return Allowed, Game

- 47 vs. Miami 1/9/00
- 29 at Green Bay 1/4/04
- 27 at L.A. Raiders 1/8/84

### Most Touchdowns Allowed, Kickoff Returns, Game

None

## FUMBLES

### Most Opponent Fumbles, Game

- 3 at Miami 12/31/83
- at L.A. Raiders 1/8/84
- at Cincinnati 12/31/88

### Fewest Opponent Fumbles, Game

- 0 3 Times (Last: at Green Bay 1/4/04 [OT])
- 1 vs. Denver 12/24/83
- 2 2 Times (Last: at Houston 1/3/88 [OT])

## FUMBLES RECOVERED

### Most Opponent Fumbles Recovered, Game

- 3 at Miami 12/31/84
- 2 at L.A. Raiders 1/8/84
- at Cincinnati 12/31/88

### Fewest Opponent Fumbles Recovered, Game

- 0 at Miami 12/29/84
- vs. St. Louis 1/8/05
- at Green Bay 1/4/04
- 1 vs. Denver 12/24/83
- vs. L.A. Raiders 12/22/84
- at Houston 1/3/88 (OT)

## TURNOVERS

*Number of times losing ball on interceptions and fumbles*

### Most Opponents' Turnovers, Game

- 5 at Miami 12/31/83
- 4 at L.A. Raiders 1/8/84
- 3 vs. Denver 12/24/83
- vs. L.A. Raiders 12/22/84

### Fewest Opponents' Turnovers, Game

- 0 at Green Bay 1/4/04
- 1 vs. St. Louis 1/8/05 (1-Int)
- 2 at Miami 12/29/84 (2-Ints)
- at Houston 1/3/88 (OT) (1-Int, 1-Fum)
- at Cincinnati 12/31/88 (2-Fums)

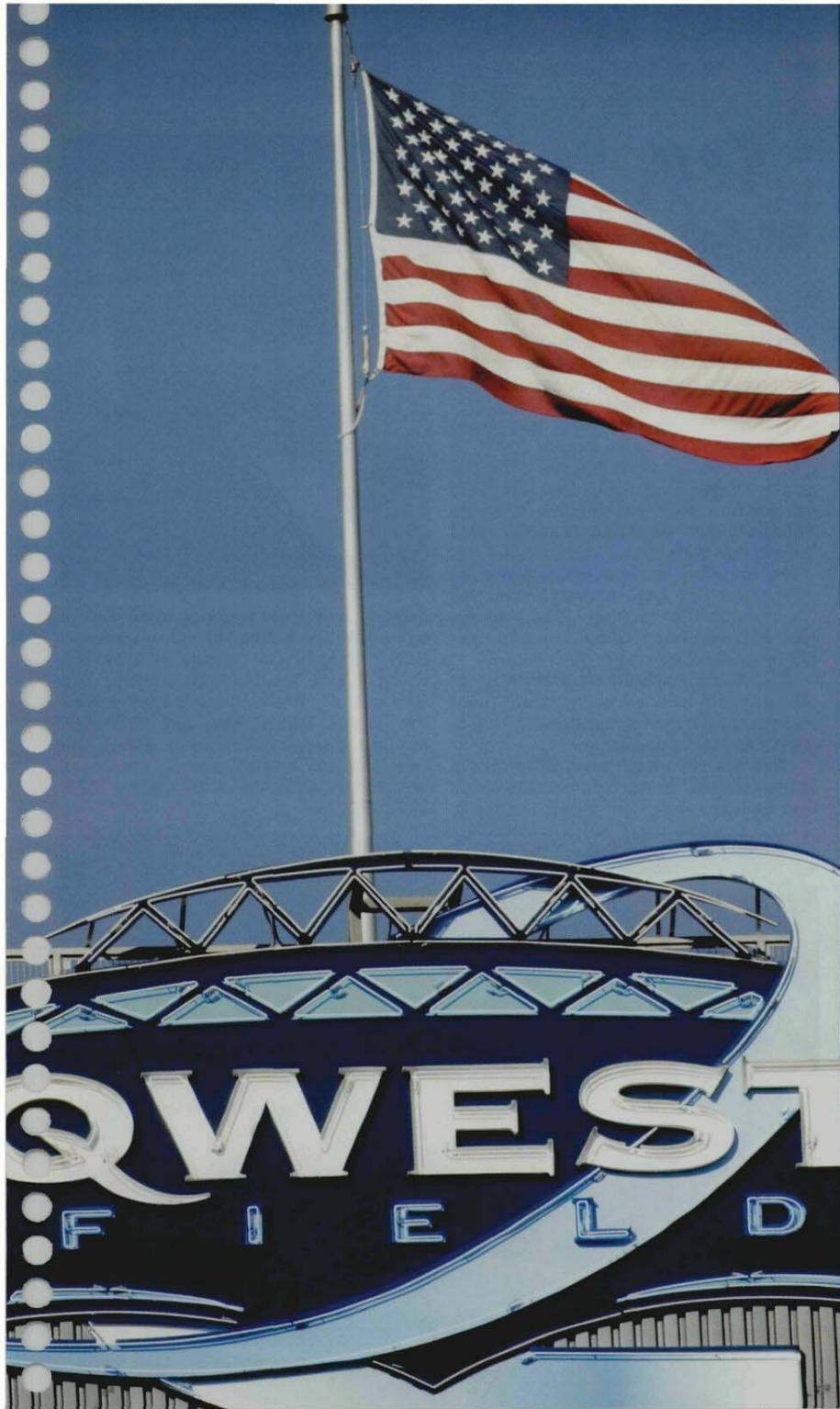
## TIME OF POSSESSION

### Least Time of Possession Allowed, Game

- 25:02 at Miami 12/31/83
- 25:41 vs. L.A. Raiders 12/22/84
- 30:57 vs. Denver 12/24/83

### Most Time of Possession Allowed, Game

- 47:44 at Houston 1/3/88 (OT)
- 37:06 at L.A. Raiders 1/8/84
- 35:48 at Miami 12/29/84



## SEAGALS



Thirty-two women make up the Sea Gals, a sideline dance group that balances a busy schedule of practicing, performing and making public appearances in the community throughout the year.

Sherri Thompson, who has been involved with the Sea Gals since 1981 as a squad member (1981-83) and choreographer (1984-86) will begin her 19th year as director. Her assistants are Robin Houlbjerg and Shannon Kingsley, also former Sea Gals.

In addition to numerous practices and game day performances, the Sea Gals are heavily involved in the community, donating much of their time to benefit local charities and organizations.

The Sea Gals hold an annual fundraising event to provide Christmas presents for the women and children living at a local women's shelter.

The Sea Gals have also developed a "Show Group," a one-hour variety show that includes character dance routines,



*Sea Gals Director Sherri Thompson*

singing and crowd participation for all ages. This group has twice performed in Hong Kong on an invitation from the Hong Kong Tourist Association. The Show Group has also performed across the nation, Middle East and European military bases. Information about the Sea Gals can be obtained by accessing [www.seahawks.com](http://www.seahawks.com) or by calling (425) 827-9777.

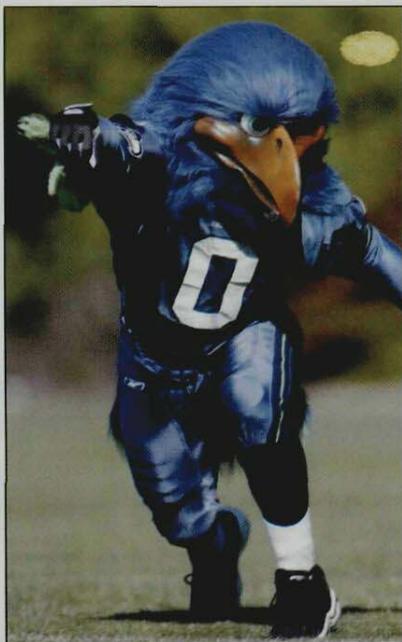


*The 2005 Sea Gals.*

## BLITZ

Blitz, the Seahawks mascot is the big blue bird with crazy hair. He makes sure that Qwest Field is the loudest, most exciting place to play in the NFL. He is also the Seahawk's biggest fan! Along with football, Blitz loves to exercise his brain and body. He goes to the gym everyday, eats healthy foods and reads anything he can get his wings on. Blitz also launched a statewide "Ready, Set, Goals" literacy program, designed to enhance reading comprehension, writing, and goal-setting skills among 3rd through 6th grade students. Three classes per month are selected at random to participate in a live video conference with Blitz and a Seahawks player or Sea Gal. Blitz is available for parades, parties and corporate event appearances. For

*BLITZ #0*



*BLITZ is ready for the 2005 season*



*Blitz and the flag runners add an exclamation point to every Seahawks touchdown*

## BLUE THUNDER



Seahawks Blue Thunder is the heart-beat of the fans. This high-energy, entertainment drumline was established in 2004 at Qwest Field, performing throughout the stadium before, during and after games. Not your typical drumline, Blue Thunder uses a variety of rhythms and visuals, incorporating rock and roll drumming alongside drum corps style, endearing them to Seahawks fans of all ages. Blue Thunder is also available for parades, parties and corporate event appearances.

For booking information please visit [Seahawks.com](http://Seahawks.com).

## TOUCHDOWN CITY

The Seattle Seahawks are dedicated to providing our fans with a unique game-day entertainment experience. Part of this commitment to the fan experience is the development of Touchdown City. Located in the Qwest Event Center, Touchdown City is a high energy interactive theme park where fans can experience the pageantry and spectacle of the NFL before each Seahawks home game.



Touchdown City has something for fans of all ages and interests. You can test your quarterbacking accuracy, get timed in the 40 yard dash, and participate in other interactive exhibits that test your football skills or knowledge. For those who want to relax and watch NFL games from across the country, there's Touchdown City's "Linebacker Lounge,"

a sports bar with a giant 40' X 48' projection screen.

Touchdown City features more than twenty-five entertaining exhibits including a full scale Seahawks locker room replica, inflatable games, a broadcast booth where you make the calls, Measure up to the Pros football combine, 710

KIRO's pre-game broadcast stage, Seahawks Alumni autographs, face painting booth, and energizing performances by the Sea Gals and the Seahawks "Blue Thunder" drumline.

Admission into Touchdown City is free and open to all Seahawks fans three hours before each home game. Touchdown City is located inside the Qwest Event Center, which is connected to the south end of Qwest Field.



## SEA HAWKERS 2005

Just as the Seattle Seahawks are entering 2005 with renewed energy, the Sea Hawks Booster Club enters the new year with some energy of their own.

### MEMBERSHIP

There is strength in numbers, and this year the Sea Hawks will be looking to attract a new legion of members. The Sea Hawks will be actively recruiting through membership drives, as well as an increased visibility in the media, in the stands, and in the community. Look for them at an event near you!

### BENEFITS

In 2005, a Sea Hawks Membership Card will be your ticket to events not available to the general public. The Sea Hawks have always enjoyed "members-only" events: a BBQ at the Kirkland

Headquarters, the annual Sea Hawks Spring Banquet at the stadium, and much more. However, this year that list includes a Sea Hawks-only tailgate area at the Qwest Events Center prior to each game.

### CHARITY EVENTS

Since their inception in 1976, the Sea Hawks have been involved in helping charities throughout the community. This year the Sea Hawks will again support the Boyer's Children's Clinic "Thunder Ride," and many other Sea-hawks supported charity events.

The Sea Hawks expect to do great things in 2005. Join us and be part of the fun!

Call us at 1-888-Hawk-Fan or visit us in the Fan Zone at [www.Seahawks.com](http://www.Seahawks.com).

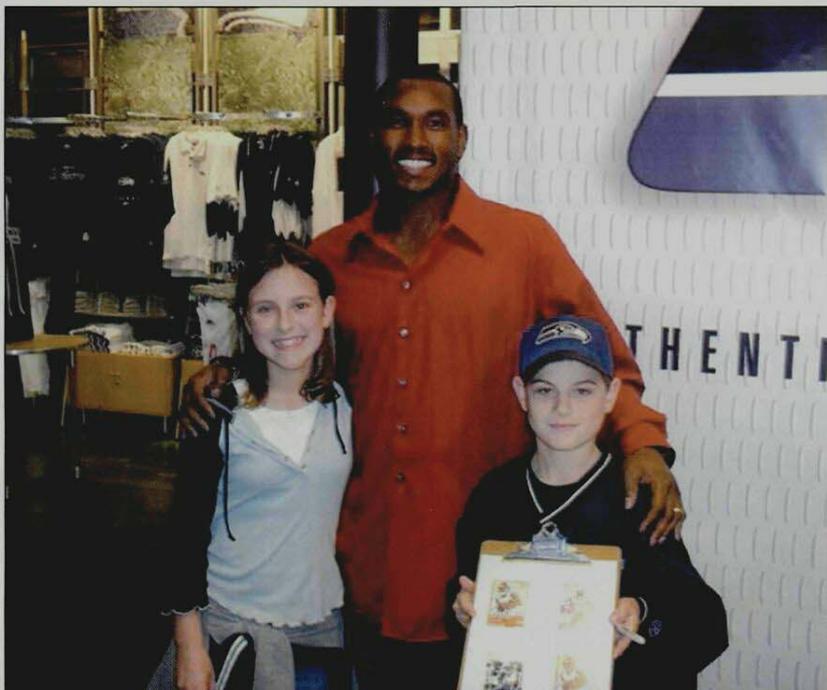


*The Sea Hawks enjoyed a beautiful day at their annual BBQ on the practice field at Seahawks headquarters in Kirkland.*

**SEAHAWKS PRO SHOP**

Located inside Qwest Field, the Seahawks Pro Shop features official sideline product and the best selection of Seahawks merchandise available. Shoppers will find everything from Seahawks sweatshirts to water bottles, as well as their favorite player's jersey.

During the season, fans are encouraged to come meet their favorite player at the weekly autograph sessions. For the best selection of Seahawks merchandise, fans can also shop [www.seahawks.com](http://www.seahawks.com) and visit the Pro Shop online. For more information fans can call 206-682-2900.



*WR Bobby Engram appeared at the Pro Shop. Every Tuesday during the regular season, a player appears at the Pro Shop to meet fans and sign autographs.*

## KEEPING THE SEAHAWKS LEGACY ALIVE

Seahawks alumni continue to make their mark off the playing field by making various appearances year after year.

After giving their heart and soul during their playing days with the Seahawks and the National Football League, they continue that drive and urgency off the field well after their professional playing days are over.

Seahawks alumni in the state of Washington made over two hundred appearances in 2004. Those visits ranged from community celebrations to check presentations and everything in between.

Former players like Charle Young, (TE, 1983-85), Sam Adkins (QB, 1977-82), Blair Bush (C, 1983-88), Randall Morris (RB, 1984-88), and Manu Tuiaosopo (DT, 1979-83) all participated in community events that left lasting impressions on everyone involved.

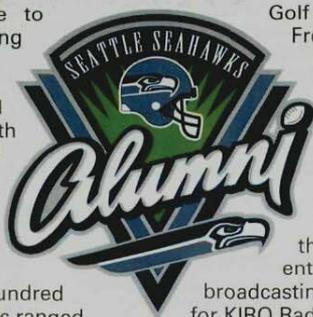
Seahawks alumni are also successful in business and politics as well.

Steve Largent (WR, 1976-89) is the lone Seahawks player in the NFL Hall of Fame and has made his mark in national politics as a U.S. Congressman in the 1st District of the State of Oklahoma. In 2002, his run for Governor of Oklahoma was unsuccessful, but he continues to make a difference with community organizations.

His 13,089 yards and 100 touchdowns made him an instant choice for the prestigious honor in his first year of eligibility. He is in the Seahawks Ring of Honor (1989) and was recently inducted into the Washington Sports Hall of Fame.

Seahawks Ring of Honor inductee Jacob Green, (DE, 1980-91), gives back to the community year in and year out.

Green, the Seahawks' all-time sack leader with 116.0, is the celebrity host of a golf outing each year. The Jacob Green Charity



Golf Classic benefits the Fred Hutchinson Cancer Research Center and has raised over a million dollars since 1988.

Steve Raible (WR, 1976-81) an original member of the Seahawks, now enters his 24th season broadcasting Seahawks games for KIRO Radio.

Sam McCullum (WR, 1976-81), is the president and owner of Meat Distributors and Central Food Sales in Kirkland and Renton, Wash. McCullum ranks in three receiving categories: pass receptions, receiving yards, and receiving touchdowns. He now supplies meat to restaurants, hotels, and schools in Washington.

Kenny Easley (S, 1981-87) is the former owner of the Norfolk Nighthawks, an Arena Football League team in Virginia. His three interceptions versus the San Diego Chargers in October 1984 still ties a Seahawks record. In 2002, Easley became only the sixth player to be inducted into the Seahawks Ring of Honor.



Former Seahawks QB Dave Krieg returned to receive his induction into the Ring of Honor and to raise the 12th Man flag.

## 2005 BROADCASTING

## TELEVISION

Seahawks Broadcasting is the Emmy® Award winning in-house production and syndication unit of the Seattle Seahawks. Now in its eighth season, Seahawks Broadcasting produces some of the most-watched and critically acclaimed sports broadcasts in the Pacific Northwest including the first NFL Team broadcast of a game in HDTV.

## SEAHAWKS TELEVISION NETWORK

Kick off the 2005 season with the Seahawks preseason telecasts on the Seahawks Television Network. Check [Seahawks.com](http://Seahawks.com) for the Seahawks Television Network affiliate in your area.

## PRESEASON FOOTBALL

Friday, August 12	@ New Orleans Saints	5:00 p.m. PDT	KONG/STN
Monday, August 22	Dallas Cowboys	5:00 p.m. PDT	ABC
Saturday, August 27	@ Kansas City Chiefs	5:30 p.m. PDT	KONG/STN
Friday, September 2	Minnesota Vikings	6:00 p.m. PDT	KONG/STN

STN - Seahawks Television Network (check [Seahawks.com](http://Seahawks.com) for local stations).

## VERNE LUNDQUIST - PLAY-BY-PLAY

Legendary announcer Verne Lundquist returns to the Seahawks broadcast team for his second season of preseason telecasts. The lead play-by-play announcer for CBS' coverage of college football, Verne has also worked with Terry Bradshaw and Dan Fouts on CBS' NFL broadcasts. Lundquist provides commentary for Masters, PGA Championship, among other PGA Tour events and 2005 marked his 21st year covering the Masters.

Verne has broadcast 20 different sports for CBS and serves as play-by-play announcer for CBS's coverage of NCAA Basketball, including Men's NCAA Basketball Championship and the lead play-by-play announcer for CBS' coverage of figure skating. He also was the long-time radio voice for the Dallas Cowboys (1972-84).

Verne grew up in Everett, Washington and currently resides in Steamboat Springs, Colorado with his wife Nancy where he serves on the Board of Directors of the summer chamber music festival, Strings in the Mountains.

## SAM ROSEN - PLAY-BY-PLAY

Sharing play-by-play duties this preseason is veteran broadcaster Sam Rosen. Sam teams with analyst Bill Maas in the regular season for the NFL on FOX.

Rosen has been the voice of the New York Rangers on the Madison Square Garden Network (MSG) since 1984 and is the lead play-by-play announcer for the NHL Radio Network. He joined MSG in 1982 as host for most Rangers and New York Knicks home cablecasts.

Rosen graduated from City College of New York in 1968 with a Bachelor of Arts degree in speech. He now resides North of New York City, with his wife Jill.

## WARREN MOON - ANALYST

Future Hall of Fame quarterback, Warren Moon, returns to the Seahawks TV booth for his second stint after serving as the preseason television analyst for the 2002 and 2003 seasons. He will return to the Seahawks radio booth as the in-game analyst once the regular season commences and has spent recent years as a Westwood One radio analyst and sideline reporter while also spending time in the booth during Fox Sports Net's Pac-10 College Game of the Week.

## "SEAHAWKS ALL-ACCESS"

Join former Seahawks QB Warren Moon and FSN's Angie Mentink for "Seahawks All-Access" each week during the regular season. As the title implies, "All-Access" gives the Seahawks fan a perspective on the club not seen anywhere else through in-depth analysis, interviews and features. Catch "Seahawks All-Access" each Thursday night @ 6:30 pm on FSN.

## "MIKE HOLMGREN Q&amp;A"

Join Mike Holmgren each week for the Mike Holmgren Q&A. Be there for an uncensored look as Coach Holmgren answers the tough questions and provides insights into that week's thought process as he sits down with the media during his weekly press conference. And get the inside information from Seahawks players as they prepare for their upcoming game. Catch the Mike Holmgren Q&A exclusively on Comcast Cable in Seattle. Check [Seahawks.com](http://Seahawks.com) for dates, times and stations.

### SEAHAWKS RADIO NETWORK

Seahawks Radio can once again be found on 710 KIRO AM, the flagship station for the 2005 season. Wall to wall coverage begins each game day with the "Pregame Huddle" hosted by Dori Monson and Paul Moyer. Steve Raible and Warren Moon follow with the call of the game, and the broadcast day concludes with a post-game show featuring interviews with Seahawks players and "Hawk Talk" in which fans can call-in and discuss the Seahawks. Check Seahawks.com for the Seahawks Radio Affiliate in your area.

#### "SEAHAWKS HUDDLE"

"Seahawks Huddle", the club's weekly radio show hosted by Tony Ventrella, can be heard on 710 KIRO every Thursday from 7:00-9:00pm. Beginning July 28th and concluding February 9th, the "Huddle" offers an inside look at the Seahawks and the NFL and features Seahawks players, coaches and guests from around the League.

#### STEVE RAIBLE - PLAY-BY-PLAY

Steve Raible returns for his 24rd season in the radio booth, his second as the play-by-play announcer and "Voice of the Seahawks" after 22 seasons as the Seahawks analyst. An original member of the Seahawks, Raible played wide receiver from 1976-81 and has missed only four games in the franchise's history, either as a player or broadcaster after suffering a collapsed lung vs. Oakland in 1981. Steve has also co-authored the book, "Tales from the Seahawks Sideline" with Tacoma News Tribune beat writer, Mike Sando. Following his football career, Steve joined KIRO-TV where he has won five local Emmy Awards including two for "Best Anchor". He currently anchors KIRO-7 Eyewitness News at 5:00, 6:00 and 11:00.

One of the Northwest's favorite masters of ceremonies, Steve has twice been honored with the United Way Community Service Award and was named Outstanding Role Model of 2000 by Big Brothers/Big Sisters. He was also recently honored by Governor Christine Gregoire proclaiming May 4th 2005 as Steve Raible Day in honor of his community activities. He was also a 2001 recipient of the prestigious NCAA Silver Anniversary Award along with former Seahawks teammate, Steve Largent. A graduate of Georgia Tech and a member of the school's athletic Hall of Fame, Steve lives in Seattle with his wife, Sharon.



Radio Broadcast Team: (L to R) Warren Moon and Steve Raible.

#### WARREN MOON - ANALYST

Future Hall of Fame quarterback, Warren Moon, returns to the Seahawks radio team for his second season after serving as the preseason television analyst for the previous two seasons. After finishing a playing career in which he was nominated to an NFL record eight straight Pro Bowls (1988-95), adding a ninth overall in 1997, Moon has become one of football's leading broadcast analysts. He has spent recent years as a Westwood One radio analyst and sideline reporter and also spent time in the booth during Fox Sports Net's Pac-10 College Game of the Week.

The 17-year NFL veteran played for the Seahawks from 1997-98, setting the franchise record for passing yards in one season with 3,678 in 1997, surpassed by Matt Hasselbeck in the 2003 season. He also ranks in the top-three of 11 categories all-time in the NFL record books, including most career passing yards (third with 49,325), most career completions (third with 3,988), most yards passing in a single game (second with 527) and most career 400+ passing games (tied for second with seven).

Named the NFL's Man of the Year in 1989 for his work in the community, Warren established the Crescent Moon Foundation in 1989 to raise money for college academic scholarships in Seattle, Los Angeles, Houston, and Minneapolis/St. Paul. He remains active in charity work, co-hosting a celebrity golf tournament with Steve Pool which benefits Seattle's Children's Hospital. Additionally, Warren has worked as an ambassador for the NFL promoting the game of football both nationally and internationally to young people.

## 2005 BROADCASTING

## TELEVISION NETWORK

## PRESEASON TELECASTS

## WASHINGTON

	Station	Network
Seattle	KONG 6/16	Ind.
Spokane	KAYU - 28	FOX
Tri-Cities	KFFX - 66	FOX
Yakima	KCYU - 68	FOX

## OREGON

Bend	KFXO - 39	FOX
Eugene	KEZI - 9	ABC
Klamath Falls	KDKF - 31	ABC
Medford	KDRV - 12	ABC
Portland	KPTV - 12	FOX

## IDAHO

Boise	KNINTV - 9	UPN
Twin Falls	KSAW - 52	ABC
Sun Valley	KSAW - 52	ABC

## ALASKA

Anchorage	KIMO - 13	ABC
Fairbanks	KATN - 2	ABC
Juneau	KJUD - 8	ABC

## SEAHAWKS ALL-ACCESS

	Station	Network
Northwest Region	FSN NW	FOX

## MIKE HOLMGREN Q&amp;A

	Station	Network
Seattle	ESPN2	Cable
Seattle	Comcast - 17	HSN



SEATTLE  
**SEAHAWKS**  
BROADCASTING



SEATTLE  
**SEAHAWKS**  
RADIO NETWORK

## RADIO NETWORK

## WASHINGTON

	Station	Frequency
Aberdeen	KWOK	1490 AM
Bellingham	KPUG	1170 AM
Centralia	KMNT	104.3 FM
Colfax	KMAX	840 AM
Colville	KCVL	1240 AM
Ellensburg	KXLE	1240 AM
Forks	KVAC	1490 AM
Grand Coulee	KEYG	98.5 FM
Longview	KEDO	1400 AM
Moses Lake	KBSN	1470 AM
Mt. Vernon	KBRC	1430 AM
Olympia	KGy	1240 AM
Omak	KNCW	92.7 FM
Port Angeles	KONP	1450 AM
Prosser	KZXR	1310 AM
Seattle	KIRO	710 AM
Shelton	KMAS	1030 AM
Spokane	KXLY	920 AM
Tri-Cities	KONA	610 AM
Walla Walla	KUJ	1420 AM
Wenatchee	KPQ	560 AM
Yakima	KIT	1280 AM

## MONTANA

Kalispell	KJJR	880 AM
Missoula	KGRZ	1450 AM

## NEVADA

Las Vegas	KLAV	1230 AM
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## ALASKA

	Station	Frequency
Anchorage	KTZN	550 AM
Cordova	KLAM	1450 AM
Haines	KRSA	94.9 FM
Juneau	KINY	800 AM
Petersburg	KRSA	580 AM
Sitka	KRSA	94.9 FM
Wrangell	KRSA	94.9 FM

## BRITISH COLUMBIA

Vancouver	MOJO	730 AM
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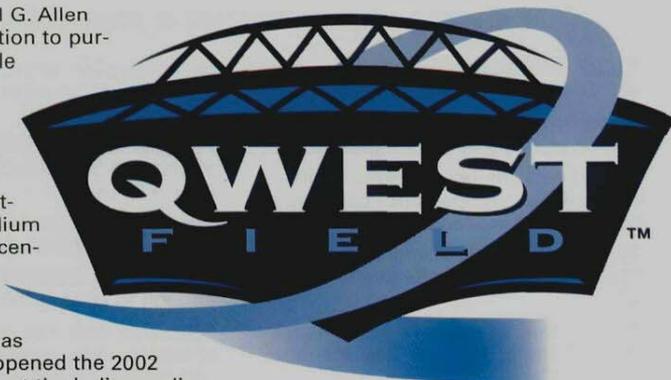
## IDAHO

Coeur d'Alene	KVNI	1080 AM
Lewiston	KCLK	1430 AM
Payette/Boise	KIOV	1450 AM
Pocatello	KSEI	930 AM

## OREGON

Astoria	KKEE	1230 AM
Bend	KWLZ	96.5 FM
Coos Bay	KHSN	1230 AM
Corvallis	KLOO	1340 AM
Eugene	KPNW	1120 AM
Klamath Falls	KFLS	1450 AM
Lebanon	KGAL	1580 AM
Pendleton	KTIX	1240 AM
Portland	KXL	750 AM
Salem	KYKN	1430 AM
The Dalles	KODL	1440 AM

In 1996, Paul G. Allen obtained an option to purchase the Seattle Seahawks and launched a campaign to win public support for a new world-class football/soccer stadium and exhibition center. Six years later, the dream became reality as the Seahawks opened the 2002

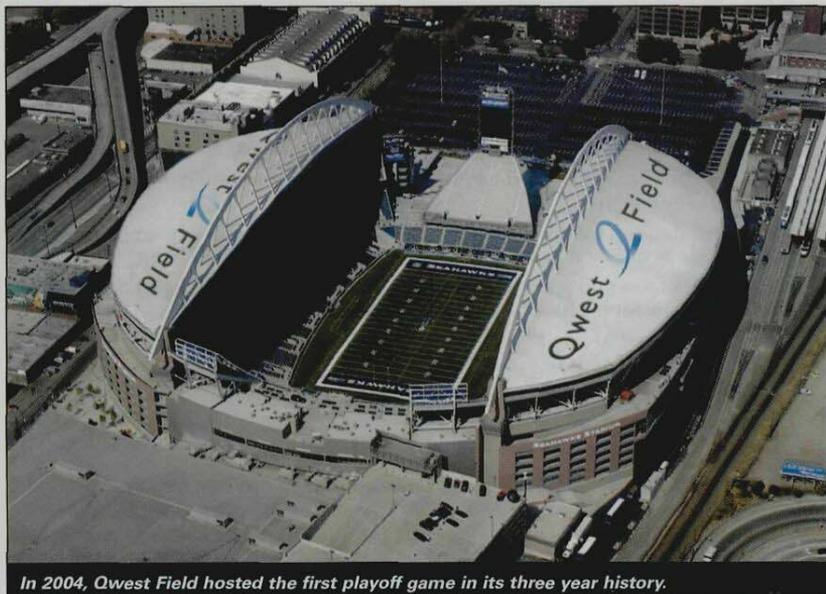


preseason against the Indianapolis Colts in new Seahawks Stadium, renamed Qwest Field on June 2, 2004. The facility, built atop of the site of the Kingdome, is not only home to the Seahawks, but the stadium accommodates many levels of soccer competition, including Major League Soccer, amateur, international, World Cup and collegiate soccer.

Qwest Field is designed with a 67,000 seat capacity, with 5,000 additional seats available for special events, and 1,400 seats for fans with disabilities. With a roof covering 70 percent of the seating area, fans will enjoy wide, comfortable seats with sideline seating a mere 52 feet from the playing field and end-zone seats just 40 feet from the action. The facility also features a dozen elevators and expansive concourses with an ample provision of concessions stands and restrooms.

In addition to having perfect views of the field and surrounding areas, fans experience elements of diversity and culture in part of the Stadium Art Program. In 1998, a request for qualifications yielded a total of 254 responses from around the United States and Canada. After reviewing the full range of submissions, 12 artists and projects were selected. Today, the stadium includes nearly \$2 million worth of art.

For more information about the Seahawks new home, go to [qwestfield.com](http://qwestfield.com).



*In 2004, Qwest Field hosted the first playoff game in its three year history.*

## QWEST FIELD FACTS & FIGURES

- 67,000 fixed seats - can be expanded to 72,000
- 63 restrooms (799 toilets/364 urinals) - twice as many as the Kingdome
- 1,400 seats for people with disabilities and their companions - compared to 70 at the Kingdome
- 10,000 cubic yards of concrete - equal to a 3' sidewalk from Seattle to Boise, ID
- 3,756 miles of cable - could reach from Seattle to just beyond the Panama Canal
- 841 televisions
- 12 elevators - compared to three at the Kingdome
- The FieldTurf production used more than 35,000 recycled ground-up tennis shoes and 30,000 recycled ground up tires
- 50 Concession stands/47 Beer Concessions - twice as many per person as the Kingdome
- The roof contains 5,700 tons of steel - equal to 35 Statues of Liberty or 1,000 Orca whales
- The roof is 760 feet long - the same as three Boeing 747's parked end-to-end
- The roof is 210,000 square feet - enough to cover 3.5 football fields
- 100% of the concrete from the Kingdome was processed and recycled (50% built into Qwest Field)
- Wide concourses offer outstanding views of the Seattle skyline, Safeco Field, the Cascades and Mt. Rainier, Puget Sound and the Olympic Mountains.
- There is a 2,000 car garage - part of 6,500 spaces near Qwest Field.

## QWEST FIELD FUNDING

The \$430 million facility is owned by the public and was funded by a private-public partnership. Private contributions totaled at least \$130 million, while the public contributed up to \$300 million through a lottery and a variety of taxes generated by events in the stadium/exhibition center.

### *A breakdown of the funding package:*

- \$130 million private investment led by Paul Allen
- \$127 million from new, sports related games, similar to the Mariners' baseball-themed scratch games
- \$101 million in sales taxes collected in King County attributable to events in the stadium/exhibition center
- \$56 million from facility admission and parking taxes
- \$15 million from extending King County's share of the existing hotel-motel tax
- \$1 million per year of in-kind advertising for the new lottery games will be provided by Paul Allen
- All excess stadium revenues will fund youth athletic facilities throughout Washington State in addition to a \$10 million contribution from Paul Allen
- \$14 million of the public contribution will come from interest earned on the \$50 million private contribution from Paul Allen
- Paul Allen agreed to pay for any construction cost overruns
- As an added measure, the debt on the Kingdome was retired, freeing property taxes for other purposes

## FIRST & GOAL INC.

In June of 1997, Washington State voters approved a funding package to build a new football/soccer stadium and exhibition center. With that, Paul G. Allen and Football Northwest created First & Goal Inc., an entity that represented the interests of Qwest Field in the construction of the new stadium and now manage the stadium and exhibition center on a daily basis.

The **Kingdome** was originally located on **35.9 acres**. Due to construction of the new parking garage and exhibition center the acreage is now 23.9 acres.

The Kingdome had the **largest concrete roof in the world** - 7.85 acres. A new roof and ceiling was completed in 1994. The new ceiling had improved acoustics through the use of a spray on cellulose material.

The building itself, contained **52,800** cubic yards of concrete and **443 tons** of structural steel.

It was **250 feet high** and **660 feet across** to the inside walls making it wider than the Space Needle is tall.

The Kingdome hosted **football, soccer, baseball, basketball, tennis, volleyball, rodeos, motor sports, concerts, meetings** and **trade & consumer** shows of all types.

The Kingdome boasted the 43rd largest facility exhibition space in North America.

More than **72 million people** entered the Kingdome through a variety of entertainment over 23 years.

Over **3,250** major events were held and many hundreds of smaller special events.

The largest event attendance at the Kingdome was 74,000, set on May 14, 1976 during a **Billy Graham Crusade**.

**Original cost**, including property, was \$67 million; another \$47 million in capital improvements was added over the years. The remaining debt on both the original cost and capital improvements is \$57 million.

The roof and ceiling renovation was **\$70 million**.

The total debt on the Kingdome is \$127 million with the majority of it due to be retired in the year 2016.

**Annual payments** of \$6.3 million are

## TOP 10 MOMENTS\*

### November 7, 1976

*First home win versus the Atlanta Falcons*

### November 16, 1981

*First regular season victory over San Diego on Monday Night Football after eight straight previous defeats*

### December 24, 1983

*First home playoff win versus the Denver Broncos*

### November 4, 1984

*NFL record four interceptions returned for touchdowns against the Kansas City Chiefs*

### December 2, 1984

*Clinched a playoff berth with a 38-17 win over Detroit*

### December 22, 1984

*Eliminated defending Super Bowl Champion Los Angeles Raiders in the AFC Wild Card Game at the Kingdome*

### October 6, 1986

*Steve Largent breaks the NFL record for consecutive games with a pass reception against San Diego on Monday Night Football*

### December 11, 1988

*Seahawks score on their first six possessions in a 42-17 victory over the Denver Broncos/Largent hit on Mike Harden.*

### November 30, 1992

*Play-by-play announcer Pete Gross is inducted into the Seahawks Ring of Honor*

### November 3, 1996

*John Friesz threw for 323 yards, the first 300-yard passing game since 1990 in a 23-16 win over the Houston Oilers*

received from a 2% hotel/motel room tax and a 1% rental car tax. This pays for the original construction, the roof and ceiling repair and millions of dollars in improvements.

The stadium employed 70 full-time staff and up to 1,200 part-time event personnel.

At one point, the Kingdome was home to four professional sports-**baseball, football, basketball and soccer** (Seattle Sounders).

The Kingdome was imploded on March 26, 2000.

*\*Top 10 Moments as voted on by Seahawks fans via the team's official web site, [www.seahawks.com](http://www.seahawks.com), prior to the final regular season game played on December 26, 1999.*



## HUSKY STADIUM



The **Seattle Seahawks** played their entire 2000 and 2001 home schedule at **Husky Stadium**. With the demolition of the Kingdome and creation of the new football stadium, the Seahawks looked to the home of the Washington Huskies for the 2000 and 2001 NFL seasons.

Seating capacity at Husky Stadium for Seahawks games was 68,589, with nearly 70 percent of those seats between the end-zones.

The Seahawks played three regular season and two preseason games at the stadium in 1994, when ceiling tiles fell from the

Kingdome's roof.

Built in 1902 at a cost of \$600,000, the stadium's initial capacity was 30,000. The stadium officially opened on November 27, 1920, when Dartmouth defeated the University of Washington, 28-7.

Capacity was increased to 40,000 in 1936 and again to 55,000 in 1950. The second of these upgrades included roof-covered seats in the south stands and cost \$1.7 million.

The current press box was originally constructed as part of the 1950 expansion.

An additional 4,000 seats were added in 1968, to take capacity to 59,000.

Husky Stadium became just the second stadium to don AstroTurf, when it replaced the original natural grass in 1968. The University of Washington supplied more than 200 pairs of shoes for opponents, due to the rarity of the surface.

The turf was replaced in 1972, 1977, 1987, 1995, and new FieldTurf was laid down in 2000.

Seating capacity increased one more time in 1987, in a \$13 million project.

## TEAM HEADQUARTERS



On June 18, 1986, the Seattle Seahawks moved into their office and training headquarters adjacent to Northwest College in Kirkland, Washington.

The two-story building went through major renovation that was completed in 1999, to create a first-class facility. The lower-level houses meeting rooms, locker rooms for the players and coaches, training and equipment rooms as well as an expanded strength and conditioning area.

Upstairs houses the administrative offices, coaches offices, and conference rooms.

The Seahawks are able to practice on three regulation fields, two natural grass and one artificial turf. The original turf field was replaced by a new one in 1997. That field is then covered by an inflatable bubble as the weather worsens.

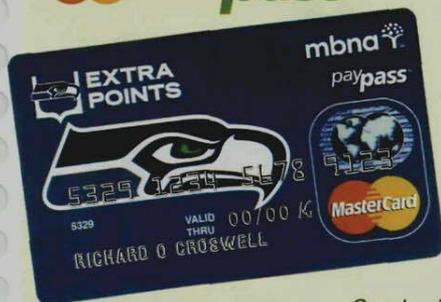
To reach the headquarters from Seattle,

take Highway 520 East and exit at the Kirkland Exit. Go right onto Northup Way and left onto 108th Avenue NE (next light). Follow 108th for approximately one mile and turn right onto NE 53rd St. Continue to the top of the hill, passing the player and staff entrance on your left. Turn left at top of the hill into the visitor's parking area.

From the Eastside, take Highway 520 West from I-405 and exit onto 108th Avenue NE. Turn right at the stop sign at the end of the exit and proceed up the hill on 108th. Go approximately one mile to NE 53rd Street and turn right. Turn left at top of the hill into the visitor's parking area.

From Southbound on I-405, take the N.E. 70th Street Exit. Take a left at N.E. 72nd Place and another left at 108th Avenue N.E. Go approximately one mile to NE 53rd Street and turn left. Turn left at top of the hill into the visitor's parking area.

From Sea-Tac Airport, follow the signs to I-405 North. Exit onto Highway 520 Westbound (Seattle) after 20-25 minutes. Take Highway 520 from I-405 and exit onto 108th Avenue NE. Turn right at the stop light at the end of the exit and proceed up the hill on 108th. Go approximately one mile to NE 53rd Street and turn right. Turn left at top of the hill into the visitor's parking area.


**pay**pass™


Qwest Field and the Seattle Seahawks continues to be the leader in offering new technology and services for all Seahawks fans.

Beginning in 2005, fans using their new Seattle Seahawks Extra Points™ PayPass™ MasterCard®

Card will now — in addition to earning points for great Seahawks Rewards be able to just “Tap N Go” at concession stands. PayPass™ is the new contactless payment feature that speeds you through your purchase and back to the game. With PayPass™, there is:

- **No fumbling with cash**
- **No need to wait for a receipt**
- **Nothing to sign**

With PayPass™ you are back to your seat fast and never miss a play. Just one tap of your Seahawks Extra Points PayPass™ MasterCard® Card and you're good to go. It works just like your traditional MasterCard card — but no more swiping or giving your card to cashiers. No fishing for coins or waiting for change. PayPass™ makes the transaction process simpler and quicker for all — and not just at Qwest Field but at fast food restaurants, gas stations, convenience stores, and more.

It is 100% safe and secure — just like your traditional card. Your Seahawks Extra Points PayPass™ MasterCard® Card never leaves your hand and still can be used in the traditional (swipe) way at any one of the MasterCard acceptance locations.

**For more information about the  
Seahawks Extra Points PayPass™ MasterCard® Card  
and to apply visit [www.seahawks.com](http://www.seahawks.com) or stop by any of the  
MBNA gazebos during all home games at Qwest Field.**

The Seahawks ticket offices are located inside Qwest Field. Fans may purchase tickets in person at the stadium's ticket windows, by phone or via [www.seahawks.com](http://www.seahawks.com). Questions during the week may be directed to one of the following offices:

**Ticket Operations**  
(206) 682-2800

**Ticket Sales**  
1-888-NFL-HAWK  
(1-888-635-4295)



	SEASON	SINGLE GAME	SEASON SAVINGS*		SEASON	SINGLE GAME	SEASON SAVINGS*
■ CLUB SEATS 1	\$288	\$315	<b>\$270</b>	■ GENERAL SEATING	\$65	\$74	<b>\$90</b>
■ CLUB SEATS 2	\$225	\$245	<b>\$200</b>	■ GENERAL SEATING	\$55	\$65	<b>\$100</b>
■ CLUB SEATS 3	\$154	\$185	<b>\$310</b>	■ GENERAL SEATING	\$46	\$55	<b>\$90</b>
■ CLUB SEATS 4	\$100	\$125	<b>\$250</b>	■ GENERAL SEATING	\$33	\$42	<b>\$90</b>
■ CHARTER SEATS	\$82/\$75**	\$82	<b>\$70</b>	■ GENERAL SEATING	\$23	\$33	<b>\$100</b>

\*In game season

\*\*Plus charter seat license fee

## 2005 NFL PRESEASON SCHEDULE

### HALL OF FAME WEEKEND AUGUST 6-8

#### SATURDAY, AUGUST 6 (AMERICAN BOWL)

Atlanta vs Indianapolis	
(Tokyo) ESPN2	6:00p
ESPN (Re-air)	6:00p

#### MONDAY, AUGUST 8 (HALL OF FAME GAME)

Chicago vs Miami	
(Canton, OH) ABC	7:00p (CT)

### WEEK 1 - AUGUST 11-15

#### THURSDAY, AUGUST 11

San Diego at Green Bay ESPN	7:00p (CT)
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#### FRIDAY, AUGUST 12

Detroit at New York Jets	7:00p (ET)
New England at Cincinnati	7:30p (ET)
Chicago at St. Louis	7:00p (CT)
Kansas City at Minnesota	7:00p (CT)
Seattle at New Orleans	7:00p (CT)
Tampa Bay at Tennessee	7:00p (CT)

#### SATURDAY, AUGUST 13

Baltimore at Atlanta	7:30p (ET)
Miami at Jacksonville	7:30p (ET)
Buffalo at Indianapolis	7:00p (EST)
Denver at Houston	7:00p (CT)
New York Giants at Cleveland	8:00p (ET)
Washington at Carolina	8:00p (ET)
Dallas at Arizona	7:00p (MST)
Oakland at San Francisco	7:00p (PT)

### MONDAY, AUGUST 15

Philadelphia at Pittsburgh	8:00p (ET)
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### WEEK 2 - AUGUST 18-22

#### THURSDAY, AUGUST 18

New Orleans at New England	8:00p (ET)
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#### FRIDAY, AUGUST 19

Minnesota at New York Jets	8:00p (ET)
Tennessee at Atlanta	7:30p (ET)
Cincinnati at Washington	8:00p (ET)

#### SATURDAY, AUGUST 20

Cleveland at Detroit	1:00p (ET)
Green Bay at Buffalo	6:00p (ET)
Jacksonville at Tampa Bay	7:30p (ET)
Miami at Pittsburgh	7:30p (ET)
Carolina at New York Giants	8:00p (ET)
Chicago at Indianapolis	7:00p (EST)
Oakland at Houston	7:00p (CT)
Philadelphia at Baltimore	8:00p (ET)
Arizona at Kansas City	7:30p (CT)
San Francisco at Denver	7:00p (MT)

#### SUNDAY, AUGUST 21

St. Louis at San Diego	1:00p (PT)
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#### MONDAY, AUGUST 22

Dallas at Seattle	5:00p (PT)
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### WEEK 3 - AUGUST 25-29

#### THURSDAY, AUGUST 25

Atlanta at Jacksonville	8:00p (ET)
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## FRIDAY, AUGUST 26

Pittsburgh at Washington	8:00p (ET)
Cincinnati at Philadelphia	7:30p (ET)
Baltimore at New Orleans	7:00p (CT)
Buffalo at Chicago	7:00p (CT)
Carolina at Cleveland	8:00p (ET)
New England at Green Bay	7:00p (CT)
New York Jets at New York Giants	8:00p (ET)
San Diego at Minnesota	7:00p (CT)
Arizona at Oakland	6:30p (PT)
Tennessee at San Francisco	7:00p (PT)

## SATURDAY, AUGUST 27

Indianapolis at Denver	6:00p (MT)
Tampa Bay at Miami	7:30p (ET)
Houston at Dallas	7:00p (CT)
Seattle at Kansas City	7:30p (CT)

## MONDAY, AUGUST 29

St. Louis at Detroit	8:00p (ET)
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## WEEK 4 - SEPTEMBER 1-2

## THURSDAY, SEPTEMBER 1

Atlanta at Miami	7:30p (ET)
Houston at Tampa Bay	7:30p (ET)
New York Jets at Philadelphia	7:30p (ET)
Cleveland at Chicago	7:00p (CT)
Green Bay at Tennessee	7:00p (CT)
Jacksonville at Dallas	7:00p (CT)
New York Giants at New England	8:00p (ET)
Pittsburgh at Carolina	8:00p (ET)
Washington at Baltimore	8:00p (ET)
New Orleans at Oakland	6:00p (PT)
San Francisco at San Diego	7:00p (PT)

## FRIDAY, SEPTEMBER 2

Detroit at Buffalo	7:00p (ET)
Indianapolis at Cincinnati	7:30p (ET)
Kansas City at St. Louis	7:00p (CT)
Minnesota at Seattle	6:00p (PT)
Denver at Arizona	7:00p (MST)

## 2005 NFL SCHEDULE

THURSDAY, SEPTEMBER 8  
(FIRST WEEKEND)

1. OAKLAND AT NEW ENGLAND	9:00p (ET)
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## SUNDAY, SEPTEMBER 11

2. HOUSTON AT BUFFALO	1:00p (ET)
3. NEW ORLEANS AT CAROLINA	1:00p (ET)
4. CINCINNATI AT CLEVELAND	1:00p (ET)
5. SEATTLE AT JACKSONVILLE	1:00p (ET)
6. NEW YORK JETS AT KANSAS CITY**	12:00p (CT)
7. DENVER AT MIAMI§	1:00p (ET)
8. TAMPA BAY AT MINNESOTA†	12:00p (CT)
9. TENNESSEE AT PITTSBURGH	1:00p (ET)
10. CHICAGO AT WASHINGTON	1:00p (ET)
11. GREEN BAY AT DETROIT	4:15p (ET)
12. ARIZONA AT NEW YORK GIANTS	4:15p (ET)
13. DALLAS AT SAN DIEGO	1:15p (PT)
14. ST. LOUIS AT SAN FRANCISCO	1:15p (PT)
15. INDIANAPOLIS AT BALTIMORE	8:30p (ET)

## MONDAY, SEPTEMBER 12

16. PHILADELPHIA AT ATLANTA	9:00p (ET)
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SUNDAY, SEPTEMBER 18  
(SECOND WEEKEND)

17. NEW ENGLAND AT CAROLINA	1:00p (ET)
18. DETROIT AT CHICAGO	12:00p (CT)
19. MINNESOTA AT CINCINNATI	1:00p (ET)
20. PITTSBURGH AT HOUSTON	12:00p (CT)
21. JACKSONVILLE AT INDIANAPOLIS*	12:00p (EST)
22. NEW YORK GIANTS AT NEW ORLEANS§	12:00p (CT)
23. SAN FRANCISCO AT PHILADELPHIA †	1:00p (ET)
24. BUFFALO AT TAMPA BAY	1:00p (ET)
25. BALTIMORE AT TENNESSEE	12:00p (CT)
26. ST. LOUIS AT ARIZONA	1:05p (MST)
27. ATLANTA AT SEATTLE	1:05p (PT)
28. SAN DIEGO AT DENVER	2:15p (MT)
29. CLEVELAND AT GREEN BAY	3:15p (CT)
30. MIAMI AT NEW YORK JETS	4:15p (ET)
31. KANSAS CITY AT OAKLAND	5:30p (PT)

## MONDAY, SEPTEMBER 19

32. WASHINGTON AT DALLAS	8:00p (CT)
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SUNDAY, SEPTEMBER 25  
(THIRD WEEKEND)

## (BYES: BALTIMORE, DETROIT, HOUSTON, WASHINGTON)

33. ATLANTA AT BUFFALO	1:00p (ET)
34. CINCINNATI AT CHICAGO	12:00p (CT)
35. TAMPA BAY AT GREEN BAY	12:00p (CT)
36. CLEVELAND AT INDIANAPOLIS	12:00p (EST)
37. CAROLINA AT MIAMI*	1:00p (ET)
38. NEW ORLEANS AT MINNESOTA †	12:00p (CT)
39. JACKSONVILLE AT NEW YORK JETS†	1:00p (ET)
40. OAKLAND AT PHILADELPHIA	1:00p (ET)
41. TENNESSEE AT ST. LOUIS	12:00p (CT)
42. DALLAS AT SAN FRANCISCO	1:05p (PT)
43. ARIZONA AT SEATTLE	1:05p (PT)
44. NEW ENGLAND AT PITTSBURGH	4:15p (ET)
45. NEW YORK GIANTS AT SAN DIEGO	5:30p (PT)

## MONDAY, SEPTEMBER 26

46. KANSAS CITY AT DENVER	7:00p (MT)
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SUNDAY, OCTOBER 2  
(FOURTH WEEKEND)

## (BYES: CHICAGO, CLEVELAND, MIAMI, PITTSBURGH)

47. HOUSTON AT CINCINNATI	1:00p (ET)
48. DENVER AT JACKSONVILLE	1:00p (ET)
49. PHILADELPHIA AT KANSAS CITY	12:00p (CT)
50. SAN DIEGO AT NEW ENGLAND	1:00p (ET)
51. BUFFALO AT NEW ORLEANS**	12:00p (CT)
52. ST. LOUIS AT NEW YORK GIANTS §	1:00p (ET)
53. DETROIT AT TAMPA BAY†	1:00p (ET)
54. INDIANAPOLIS AT TENNESSEE	12:00p (CT)
55. SEATTLE AT WASHINGTON	1:00p (ET)
56. NEW YORK JETS AT BALTIMORE	4:05p (ET)
57. MINNESOTA AT ATLANTA	4:15p (ET)
58. DALLAS AT OAKLAND	1:15p (PT)
59. SAN FRANCISCO AT ARIZONA (MEXICO)	7:30p (CT)

## MONDAY, OCTOBER 3

60. GREEN BAY AT CAROLINA	9:00p (ET)
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**SUNDAY, OCTOBER 9  
(FIFTH WEEKEND)****(BYES: KANSAS CITY, MINNESOTA,  
NEW YORK GIANTS, OAKLAND)**

61. NEW ENGLAND AT ATLANTA	1:00p	(ET)
62. MIAMI AT BUFFALO	1:00p	(ET)
63. CHICAGO AT CLEVELAND	1:00p	(ET)
64. BALTIMORE AT DETROIT	1:00p	(ET)
65. NEW ORLEANS AT GREEN BAY**	12:00p	(CT)
66. TENNESSEE AT HOUSTON§	12:00p	(CT)
67. TAMPA BAY AT NEW YORK JETS†	1:00p	(ET)
68. SEATTLE AT ST. LOUIS	12:00p	(CT)
69. INDIANAPOLIS AT SAN FRANCISCO	1:05p	(PT)
70. CAROLINA AT ARIZONA	1:15p	(MST)
71. PHILADELPHIA AT DALLAS	3:15p	(CT)
72. WASHINGTON AT DENVER	2:15p	(MT)
73. CINCINNATI AT JACKSONVILLE	8:30p	(ET)

**MONDAY, OCTOBER 10**

74. PITTSBURGH AT SAN DIEGO	6:00p	(PT)
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**SUNDAY, OCTOBER 16  
(SIXTH WEEKEND)****(BYES: ARIZONA, GREEN BAY,  
PHILADELPHIA, SAN FRANCISCO)**

75. CLEVELAND AT BALTIMORE	1:00p	(ET)
76. MINNESOTA AT CHICAGO	12:00p	(CT)
77. NEW YORK GIANTS AT DALLAS	12:00p	(CT)
78. CAROLINA AT DETROIT	1:00p	(ET)
79. WASHINGTON AT KANSAS CITY*	12:00p	(CT)
80. ATLANTA AT NEW ORLEANS§	12:00p	(CT)
81. JACKSONVILLE AT PITTSBURGH†	1:00p	(ET)
82. MIAMI AT TAMPA BAY	1:00p	(ET)
83. CINCINNATI AT TENNESSEE	12:00p	(CT)
84. NEW YORK JETS AT BUFFALO	4:15p	(ET)
85. NEW ENGLAND AT DENVER	2:15p	(MT)
86. SAN DIEGO AT OAKLAND	1:15p	(PT)
87. HOUSTON AT SEATTLE	5:30p	(PT)

**MONDAY, OCTOBER 17**

88. ST. LOUIS AT INDIANAPOLIS	8:00p	(EST)
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**SUNDAY, OCTOBER 23  
(SEVENTH WEEKEND)****(BYES: CAROLINA, JACKSONVILLE, NEW  
ENGLAND, TAMPA BAY)**

89. PITTSBURGH AT CINCINNATI	1:00p	(ET)
90. DETROIT AT CLEVELAND	1:00p	(ET)
91. INDIANAPOLIS AT HOUSTON	12:00p	(CT)
92. KANSAS CITY AT MIAMI	1:00p	(ET)
93. GREEN BAY AT MINNESOTA*	12:00p	(CT)
94. SAN DIEGO AT PHILADELPHIA§	1:00p	(ET)
95. NEW ORLEANS AT ST. LOUIS†	12:00p	(CT)
96. SAN FRANCISCO AT WASHINGTON	1:00p	(ET)
97. DALLAS AT SEATTLE	1:05p	(PT)
98. TENNESSEE AT ARIZONA	1:15p	(MST)
99. BALTIMORE AT CHICAGO	3:15p	(CT)
100. DENVER AT NEW YORK GIANTS	4:15p	(ET)
101. BUFFALO AT OAKLAND	1:15p	(PT)

**MONDAY, OCTOBER 24**

102. NEW YORK JETS AT ATLANTA	9:00p	(ET)
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**SUNDAY, OCTOBER 30  
(EIGHTH WEEKEND)****(BYES ATLANTA, INDIANAPOLIS,  
NEW YORK JETS, SEATTLE)**

103. MINNESOTA AT CAROLINA	1:00p	(ET)
104. GREEN BAY AT CINCINNATI	1:00p	(ET)
105. ARIZONA AT DALLAS	12:00p	(CT)
106. CHICAGO AT DETROIT	1:00p	(ET)
107. CLEVELAND AT HOUSTON**	12:00p	(CT)
108. MIAMI AT NEW ORLEANS§	12:00p	(CT)
109. WASHINGTON AT NEW YORK GIANTS†	1:00p	(ET)
110. JACKSONVILLE AT ST. LOUIS	12:00p	(CT)
111. OAKLAND AT TENNESSEE	12:00p	(CT)
112. KANSAS CITY AT SAN DIEGO	1:05p	(PT)
113. PHILADELPHIA AT DENVER	2:15p	(MT)
114. TAMPA BAY AT SAN FRANCISCO	1:15p	(PT)
115. BUFFALO AT NEW ENGLAND	8:30p	(ET)

**MONDAY, OCTOBER 31**

116. BALTIMORE AT PITTSBURGH	9:00p	(ET)
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**SUNDAY, NOVEMBER 6  
(NINTH WEEKEND)****(BYES: BUFFALO, DALLAS,  
DENVER, ST. LOUIS)**

117. CINCINNATI AT BALTIMORE	1:00p	(ET)
118. TENNESSEE AT CLEVELAND	1:00p	(ET)
119. HOUSTON AT JACKSONVILLE	1:00p	(ET)
120. OAKLAND AT KANSAS CITY	12:00p	(CT)
121. ATLANTA AT MIAMI*	1:00p	(ET)
122. DETROIT AT MINNESOTA§	12:00p	(CT)
123. CHICAGO AT NEW ORLEANS†	12:00p	(CT)
124. SAN DIEGO AT NEW YORK JETS	1:00p	(ET)
125. CAROLINA AT TAMPA BAY	1:00p	(ET)
126. SEATTLE AT ARIZONA	2:05p	(MT)
127. NEW YORK GIANTS AT SAN FRANCISCO	1:05p	(PT)
128. PITTSBURGH AT GREEN BAY	3:15p	(CT)
129. PHILADELPHIA AT WASHINGTON	8:30p	(ET)

**MONDAY, NOVEMBER 7**

130. INDIANAPOLIS AT NEW ENGLAND	9:00p	(ET)
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**SUNDAY, NOVEMBER 13  
(TENTH WEEKEND)****(BYES: CINCINNATI, NEW ORLEANS,  
SAN DIEGO, TENNESSEE)**

131. KANSAS CITY AT BUFFALO	1:00p	(ET)
132. SAN FRANCISCO AT CHICAGO	12:00p	(CT)
133. ARIZONA AT DETROIT	1:00p	(ET)
134. HOUSTON AT INDIANAPOLIS	1:00p	(ET)
135. BALTIMORE AT JACKSONVILLE**	1:00p	(ET)
136. NEW ENGLAND AT MIAMI§	1:00p	(ET)
137. MINNESOTA AT NEW YORK GIANTS†	1:00p	(ET)
138. WASHINGTON AT TAMPA BAY	1:00p	(ET)
139. NEW YORK JETS AT CAROLINA	4:05p	(ET)
140. DENVER AT OAKLAND	1:05p	(PT)
141. GREEN BAY AT ATLANTA	4:15p	(ET)
142. ST. LOUIS AT SEATTLE	1:15p	(PT)
143. CLEVELAND AT PITTSBURGH	8:30p	(ET)

**MONDAY, NOVEMBER 14**

144. DALLAS AT PHILADELPHIA	9:00p	(ET)
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**SUNDAY, NOVEMBER 20  
(ELEVENTH WEEKEND)**

145.	TAMPA BAY AT ATLANTA	1:00p	(ET)
146.	CAROLINA AT CHICAGO	12:00p	(CT)
147.	INDIANAPOLIS AT CINCINNATI	1:00p	(ET)
148.	MIAMI AT CLEVELAND	1:00p	(ET)
149.	DETROIT AT DALLAS*	12:00p	(CT)
150.	NEW ORLEANS AT NEW ENGLAND§	1:00p	(ET)
151.	PHILADELPHIA AT NEW YORK GIANTS¶	1:00p	(ET)
152.	ARIZONA AT ST. LOUIS	12:00p	(CT)
153.	JACKSONVILLE AT TENNESSEE	12:00p	(CT)
154.	OAKLAND AT WASHINGTON	1:00p	(ET)
155.	SEATTLE AT SAN FRANCISCO	1:05p	(PT)
156.	PITTSBURGH AT BALTIMORE	4:15p	(ET)
157.	NEW YORK JETS AT DENVER	2:15p	(MT)
158.	BUFFALO AT SAN DIEGO	1:15p	(PT)
159.	KANSAS CITY AT HOUSTON	7:30p	(CT)

**MONDAY, NOVEMBER 21**

160.	MINNESOTA AT GREEN BAY	8:00p	(CT)
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**THURSDAY, NOVEMBER 24  
(TWELFTH WEEKEND)**

161.	ATLANTA AT DETROIT	12:30p	(ET)
162.	DENVER AT DALLAS	3:15p	(CT)

**SUNDAY, NOVEMBER 27**

163.	CAROLINA AT BUFFALO	1:00p	(ET)
164.	BALTIMORE AT CINCINNATI	1:00p	(ET)
165.	ST. LOUIS AT HOUSTON	12:00p	(CT)
166.	NEW ENGLAND AT KANSAS CITY	12:00p	(CT)
167.	CLEVELAND AT MINNESOTA**	12:00p	(CT)
168.	CHICAGO AT TAMPA BAY§	1:00p	(ET)
169.	SAN FRANCISCO AT TENNESSEE†	12:00p	(CT)
170.	SAN DIEGO AT WASHINGTON	1:00p	(ET)
171.	JACKSONVILLE AT ARIZONA	2:05p	(MT)
172.	MIAMI AT OAKLAND	1:05p	(PT)
173.	GREEN BAY AT PHILADELPHIA	4:15p	(ET)
174.	NEW YORK GIANTS AT SEATTLE	1:15p	(PT)
175.	NEW ORLEANS AT NEW YORK JETS	8:30p	(ET)

**MONDAY, NOVEMBER 28**

176.	PITTSBURGH AT INDIANAPOLIS	9:00p	(ET)
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**SUNDAY, DECEMBER 4  
(THIRTEENTH WEEKEND)**

177.	HOUSTON AT BALTIMORE	1:00p	(ET)
178.	ATLANTA AT CAROLINA	1:00p	(ET)
179.	GREEN BAY AT CHICAGO	12:00p	(CT)
180.	JACKSONVILLE AT CLEVELAND	1:00p	(ET)
181.	MINNESOTA AT DETROIT	1:00p	(ET)
182.	TENNESSEE AT INDIANAPOLIS*	1:00p	(ET)
183.	BUFFALO AT MIAMI §	1:00p	(ET)
184.	TAMPA BAY AT NEW ORLEANS†	12:00p	(CT)
185.	DALLAS AT NEW YORK GIANTS	1:00p	(ET)
186.	CINCINNATI AT PITTSBURGH	1:00p	(ET)
187.	WASHINGTON AT ST. LOUIS	3:05p	(CT)
188.	ARIZONA AT SAN FRANCISCO	1:05p	(PT)
189.	DENVER AT KANSAS CITY	3:15p	(CT)
190.	NEW YORK JETS AT NEW ENGLAND	4:15p	(ET)
191.	OAKLAND AT SAN DIEGO	5:30p	(PT)

**MONDAY, DECEMBER 5**

192.	SEATTLE AT PHILADELPHIA	9:00p	(ET)
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**SUNDAY, DECEMBER 11  
(FOURTEENTH WEEKEND)**

193.	NEW ENGLAND AT BUFFALO	1:00p	(ET)
194.	TAMPA BAY AT CAROLINA	1:00p	(ET)
195.	CLEVELAND AT CINCINNATI	1:00p	(ET)
196.	INDIANAPOLIS AT JACKSONVILLE	1:00p	(ET)
197.	ST. LOUIS AT MINNESOTA*	12:00p	(CT)
198.	OAKLAND AT NEW YORK JETS§	1:00p	(ET)
199.	CHICAGO AT PITTSBURGH†	1:00p	(ET)
200.	HOUSTON AT TENNESSEE	12:00p	(CT)
201.	WASHINGTON AT ARIZONA	2:05p	(MT)
202.	NEW YORK GIANTS AT PHILADELPHIA	4:05p	(ET)
203.	SAN FRANCISCO AT SEATTLE	1:05p	(PT)
204.	KANSAS CITY AT DALLAS	3:15p	(CT)
205.	BALTIMORE AT DENVER	2:15p	(MT)
206.	MIAMI AT SAN DIEGO	1:15p	(PT)
207.	DETROIT AT GREEN BAY	7:30p	(CT)

**MONDAY, DECEMBER 12**

208.	NEW ORLEANS AT ATLANTA	9:00p	(ET)
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**SATURDAY, DECEMBER 17  
(FIFTEENTH WEEKEND)**

209.	TAMPA BAY AT NEW ENGLAND	1:30p	(ET)
210.	KANSAS CITY AT NEW YORK GIANTS	5:00p	(ET)
211.	DENVER AT BUFFALO	8:30p	(ET)

**SUNDAY, DECEMBER 18**

212.	ARIZONA AT HOUSTON	12:00p	(CT)
213.	SAN DIEGO AT INDIANAPOLIS	1:00p	(ET)
214.	SAN FRANCISCO AT JACKSONVILLE	1:00p	(ET)
215.	NEW YORK JETS AT MIAMI	1:00p	(ET)
216.	PITTSBURGH AT MINNESOTA**	12:00p	(CT)
217.	CAROLINA AT NEW ORLEANS§	12:00p	(CT)
218.	SEATTLE AT TENNESSEE†	12:00p	(CT)
219.	DALLAS AT WASHINGTON	1:00p	(ET)
220.	CINCINNATI AT DETROIT	4:05p	(ET)
221.	CLEVELAND AT OAKLAND	1:05p	(PT)
222.	PHILADELPHIA AT ST. LOUIS	3:15p	(CT)
223.	ATLANTA AT CHICAGO	7:30p	(CT)

**MONDAY, DECEMBER 19**

224.	GREEN BAY AT BALTIMORE	9:00p	(ET)
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**SATURDAY, DECEMBER 24  
(SIXTEENTH WEEKEND)**

225.	DALLAS AT CAROLINA	1:00p	(ET)
226.	BUFFALO AT CINCINNATI	1:00p	(ET)
227.	PITTSBURGH AT CLEVELAND	1:00p	(ET)
228.	JACKSONVILLE AT HOUSTON	12:00p	(CT)
229.	SAN DIEGO AT KANSAS CITY*	12:00p	(CT)
230.	TENNESSEE AT MIAMI§	1:00p	(ET)
231.	DETROIT AT NEW ORLEANS†	12:00p	(CT)
232.	SAN FRANCISCO AT ST. LOUIS	12:00p	(CT)
233.	ATLANTA AT TAMPA BAY	1:00p	(ET)
234.	NEW YORK GIANTS AT WASHINGTON	1:00p	(ET)
235.	PHILADELPHIA AT ARIZONA	2:05p	(MT)
236.	OAKLAND AT DENVER	2:15p	(MT)
237.	INDIANAPOLIS AT SEATTLE	1:15p	(PT)

**SUNDAY, DECEMBER 25**

238.	CHICAGO AT GREEN BAY	4:00p	(CT)
239.	MINNESOTA AT BALTIMORE	8:30p	(ET)

**MONDAY, DECEMBER 26**

240.	NEW ENGLAND AT NEW YORK JETS	9:00p	(ET)
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**SATURDAY, DECEMBER 31  
(SEVENTEENTH WEEKEND)**

241.	DENVER AT SAN DIEGO	1:30p	(PT)
242.	NEW YORK GIANTS AT OAKLAND	5:00p	(PT)

## SUNDAY, JANUARY 1

243. CAROLINA AT ATLANTA	1:00p (ET)	Saturday, January 7	AFC and NFC Wild Card Playoffs (ABC)
244. BALTIMORE AT CLEVELAND	1:00p (ET)	Sunday, January 8	AFC and NFC Wild Card Playoffs (CBS and FOX)
245. ARIZONA AT INDIANAPOLIS	1:00p (ET)	Saturday, January 14	AFC and NFC Divisional Playoffs (CBS and FOX)
246. CINCINNATI AT KANSAS CITY	12:00p (CT)	Sunday, January 15	AFC and NFC Divisional Playoffs (CBS and FOX)
247. CHICAGO AT MINNESOTA*	12:00p (CT)	Sunday, January 22	AFC and NFC Championship Games (CBS and FOX)
248. MIAMI AT NEW ENGLAND†	1:00p (ET)	Sunday, February 5	Super Bowl XL at Ford Field, Detroit (ABC)
249. BUFFALO AT NEW YORK JETS†	1:00p (ET)	Sunday, February 12	AFC-NFC Pro Bowl in Honolulu, Hawaii (ESPN)
250. DETROIT AT PITTSBURGH	1:00p (ET)		
251. NEW ORLEANS AT TAMPA BAY	1:00p (ET)		
252. TENNESSEE AT JACKSONVILLE	4:05p (ET)		
253. HOUSTON AT SAN FRANCISCO	1:05p (PT)		
254. SEATTLE AT GREEN BAY	3:15p (CT)		
255. WASHINGTON AT PHILADELPHIA	4:15p (ET)		
256. ST. LOUIS AT DALLAS	7:30p (CT)		

## POSTSEASON

## 2005 OPPONENTS

**NEW ORLEANS SAINTS**

Head Coach: Jim Haslett  
Stadium: Louisiana Superdome

**DALLAS COWBOYS**

Head Coach: Bill Parcells  
Stadium: Texas Stadium

**KANSAS CITY CHIEFS**

Head Coach: Dick Vermeil  
Stadium: Arrowhead Stadium

**MINNESOTA VIKINGS**

Head Coach: Mike Tice  
Stadium: Metrodome

**JACKSONVILLE JAGUARS**

Head Coach: Jack Del Rio  
Stadium: ALLTEL Stadium

**ATLANTA FALCONS**

Head Coach: Jim Mora  
Stadium: Georgia Dome

**ARIZONA CARDINALS**

Head Coach: Dennis Green  
Stadium: Sun Devil Stadium

**WASHINGTON REDSKINS**

Head Coach: Joe Gibbs  
Stadium: FedEx Field

**ST. LOUIS RAMS**

Head Coach: Mike Martz  
Stadium: Edward Jones Dome

**HOUSTON TEXANS**

Head Coach: Dom Capers  
Stadium: Reliant Stadium

**SAN FRANCISCO 49ERS**

Head Coach: Mike Nolan  
Stadium: 3Com Park

**NEW YORK GIANTS**

Head Coach: Tom Coughlin  
Stadium: Giants Stadium

**PHILADELPHIA EAGLES**

Head Coach: Andy Reid  
Stadium: Lincoln Financial Field

**TENNESSEE TITANS**

Head Coach: Jeff Fisher  
Stadium: The Coliseum

**INDIANAPOLIS COLTS**

Head Coach: Tony Dungy  
Stadium: RCA Dome

**GREEN BAY PACKERS**

Head Coach: Mike Sherman  
Stadium: Lambeau Field

**AUG. 12**

Public Relations: Greg Bensel  
Phone: 504/733-0255

**AUG. 22/OCT. 23**

Public Relations: Rich Dalrymple  
Phone: 972/556-9900

**AUG. 27**

Public Relations: Bob Moore  
Phone: 816/920-9300

**SEPT. 2**

Public Relations: Bob Hagan  
Phone: 952/828-6500

**SEPT. 11**

Public Relations: Dan Edwards  
Phone: 904/633-6000

**SEPT. 18**

Public Relations: Reggie Roberts  
Phone: 770/965-3115

**SEPT. 25/NOV. 6**

Public Relations: Mark Dalton  
Phone: 602/379-0101

**OCT. 2**

Public Relations: Pat Wixted  
Phone: 703/726-7000

**OCT. 9/NOV. 13**

Public Relations: Duane Lewis  
Phone: 314/982-7267

**OCT. 16**

Public Relations: Tony Wyllie  
Phone: 832/667-2188

**NOV. 20/DEC. 11**

Public Relations: Jason Jenkins  
Phone: 408/562-4949

**NOV. 27**

Public Relations: Pat Hanlon  
Phone: 201/935-8111

**DEC. 5**

Public Relations: Derek Boyko  
Phone: 215/463-2500

**DEC. 18**

Public Relations: Robbie Bohren  
Phone: 615/565-4000

**DEC. 24**

Public Relations: Craig Kelley  
Phone: 317/297-2658

**JAN. 1**

Public Relations: Jeff Blumb  
Phone: 920/496-5700

**AC Joint** — Acromioclavicular joint; joint of the shoulder where acromion process of the scapula and the distal end of the clavicle meet, most shoulder separations occur at this point.

**Abduct** — Movement of any extremity away from the midline of the body. This action is achieved by an abductor muscle.

**Abrasion** — Any injury which rubs off the surface of the skin.

**Abscess** — An infection which produces pus; can be the result of a blister, callus, penetration wound or laceration.

**Abduct** — Movement of an extremity toward the midline of the body. This action is achieved by an adductor muscle.

**Adhesion** — Abnormal adherence of collagen fibers to surrounding structures during immobilization following trauma or as a complication of surgery which restricts normal elasticity of the structures involved.

**Aerobic** — Exercise in which energy needed is supplied by oxygen inspired and is required for sustained periods of vigorous exercise with a continually high pulse rate.

**Anabolic Steroids** — Steroids that promote tissue growth by creating protein in an attempt to enhance muscle growth. The main anabolic steroid is testosterone.

**Anaerobic** — Exercise without use of oxygen as an energy source; short of bursts of vigorous exercises.

**Anaphylactic Shock** — Shock that is caused by an allergic reaction.

**Anterior Compartment Syndrome** — Condition in which swelling within the anterior compartment of the lower leg jeopardizes the viability of muscles, nerves and arteries that serve the foot. In severe cases, emergency surgery is necessary to relieve the swelling and pressure.

**Anterior Cruciate Ligament (ACL)** — A primary stabilizing ligament within the center of the knee joint that prevents hyperextension and excessive rotation of the joint. A complete tear of the ACL necessitating reconstruction could require up to 12 months of rehabilitation.

**Anterior Talofibular Ligament** — A ligament of the ankle that connects the fibula (lateral ankle bone) to the talus. This ligament is oft times subject to sprain.

**Anti-Inflammatory** — Any agent which prevents inflammation, such as aspirin or ibuprofen.

**Anterogram** — A film demonstrating arteries after injection of a dye.

**Arthrogram** — X-ray technique for joints using air and/or dye injected into the affected

area; useful in diagnosing meniscus tears of the knee and rotator cuff tears of the shoulder.

**Arthroscope** — An instrument used to visualize the interior of a joint cavity.

**Arthroscopy** — A surgical examination of the internal structures of a joint by means for viewing through an arthroscope. An arthroscopic procedure can be used to remove or repair damaged tissue or as a diagnostic procedure in order to inspect the extent of any damage or confirm a diagnosis.

**Aspiration** — The withdrawal of fluid from a body cavity by means of a suction or siphonage apparatus, such as a syringe.

**Atrophy** — To shrivel or shrink from disuse, as in muscular atrophy.

**Avasular Necrosis** — Death of a part due to lack of circulation.

**Avulsion** — The tearing away, forcibly, of a part or structure.

**Baker's Cyst** — Localized swelling of a bursa sac in the posterior knee as a result of fluid that has escaped from a knee capsule. A Baker's cyst indicates that there is a trauma inside the knee joint that leads to excessive fluid production.

**Bone Scan** — An imaging procedure in which a radioactive-labeled substance is injected into the body to determine the status of a bony injury. If the radioactive substance is taken up the bone at the injury site, the injury will show as a "hot spot" on the scan image. The bone scan is particularly useful in the diagnosis of stress fractures.

**Brachial Plexus** — Network of nerves originating from the cervical vertebrae and running down to the shoulder, arm, hand, and fingers.

**Bruise** — A discoloration of the skin due to an extravasation of blood into the underlying tissues.

**Bursa** — A fluid-filled sac that is located in areas where friction is likely to occur, then minimizes the friction; for example between a tendon and bone.

**Capsule** — An enclosing structure which surrounds the joint and contains ligaments which stabilize that joint.

**Cartilage** — Smooth, slippery substance preventing two ends of bones from rubbing together and grating.

**CAT Scan** — Use of a computer to produce a cross-sectional view of the anatomical part being investigated from X-ray data.

**Cellulitis** — Inflammation of cellular or connective tissue.

**Cervical Vertebrae** — Group of seven vertebrae located in the neck.

**Charley Horse** — A contusion or bruise to any muscle resulting in intramuscular bleeding. No other injury should be called a charley horse.

**Colles' Fracture** — A fracture of the distal end of the radius with the lower end being displaced backward.

**Concentric Muscle Contraction** — A shortening of the muscle as it develops tension and contracts to move a resistance.

**Concussion** — Jarring injury of the brain resulting in dysfunction. It can be graded as mild, moderate or severe depending on loss of consciousness, amnesia and loss of equilibrium.

**Contusion** — An injury to a muscle and tissues caused by a blow from a blunt object.

**Cortical Steroids** — Used to suppress joint inflammation.

**Costochondral** — Cartilage that separates the bones within the rib cage.

**Cryokinetics** — Treatment with cold and movement.

**Cryotherapy** — A treatment with the use of cold.

**Cyst** — Abnormal sac containing liquid or semi-solid matter.

**Degenerative Joint Disease** — Changes in the joint surface as a result of repetitive trauma.

**Deltoid Ligament** — Ligament that connects the tibia to bones of the medial aspect of the foot and is primarily responsible for stability of the ankle on the medial side. Is sprained less frequently than other ankle ligaments.

**Deltoid Muscle** — Muscles at top of the arm, just below the shoulder, responsible for shoulder motions to the front, side and back.

**Disc, Intervertebral** — A flat, rounded plate between each vertebrae of the spine. The disc consists of a thick fiber ring which surrounds a soft gel-like interior. It functions as a cushion and shock absorber for the spinal column.

**Dislocation** — Complete displacement of joint surfaces.

**Eccentric Muscle Contraction** — An overall lengthening of the muscles as it develops tension and contracts to control motion performed by an outside force; oft times referred to as a "negative" contraction in weight training.

**Eccymosis** — Bleeding into the surface tissue below the skin, resulting in a "black and blue" effect.

**Edema** — Accumulation of fluid in organs and tissues of the body; swelling.

**Effusion** — Accumulation of fluid, in various spaces in the body, or the knee itself. Commonly, the knee has an effusion after an injury.

**Electrical Galvanic Stimulation (EGS)** — An electrical therapeutic modality that sends

a current to the body at select voltages and frequencies in order to stimulate pain receptors, disperse edema, or neutralize muscle spasms among other functional applications.

**Electromyogram (EMG)** — Test to determine nerve function.

**Epicondylitis** — Inflammation in the elbow due to overuse.

**Ethyl Chloride** — "Cold spray," a chemical coolant sprayed onto an injury site to produce a local, mild anesthesia.

**Fat Percentage** — The amount of body weight that is adipose, fat tissue. Fat percentages can be calculated by underwater weighing, measuring select skinfold thickness, or by analyzing electrical impedance.

**Femur** — Thigh bone; longest bone in the body.

**Fibula** — Smaller of the two bones in the lower leg; runs from the knee to the ankle along the outside of the lower leg.

**Flexibility** — The ability of muscle to relax and yield to stretch forces.

**Flexibility Exercise** — General term used to describe exercise performed by an athlete to passively or actively elongate soft tissue without the assistance of an athletic trainer.

**Fracture** — Breach of continuity of a bone. Types of fractures include simple, compound, comminuted, greenstick incomplete, impacted, longitudinal, oblique, stress, or transverse.

**Gamekeeper's Thumb** — Tear of the ulnar collateral ligament of the metacarpophalangeal joint of the thumb.

**Glycogen** — Form in which foods are stored in the body as energy.

**Grade One Injury** — A mild injury in which ligament, tendon, or other musculoskeletal tissue may have been stretched or contused, but not torn or otherwise disrupted.

**Grade Two Injury** — A moderate injury when musculoskeletal tissue has been partially, but not totally, torn which causes appreciable limitation in function of the injured tissue.

**Grade Three Injury** — A severe injury in which tissue has been significantly, and in some cases totally, torn or otherwise disrupted causing a virtual total loss of function.

**Hamstring** — Category of muscle that runs from the buttocks to the knee along the back of the thigh. It functions to flex the knee, and is oft times injured as a result of improper conditioning or lack of muscle flexibility.

**Heat Cramps** — Painful muscle spasms of the arms or legs caused by excessive body heat and depletion of fluids and electrolytes.

**Heat Exhaustion** — Mild form of shock due to dehydration because of excessive sweating when exposed to heat and humidity.

**Heat Stroke** — Condition of rapidly rising internal body temperature that overwhelms

the body's mechanisms of release of heat and could result in death if not cared for appropriately.

**Heel Cup** — Orthotic device that is inserted into the shoe and worn under the heel to give support to the Achilles tendon and help absorb impacts at the heel.

**Hematoma** — Tumor-like mass produced by an accumulation of coagulated blood in a cavity.

**Hot Pack** — Chemical pack that rests in water, approximately 160 degrees, and retains its heat for 15-20 minutes when placed in a towel for general therapeutic application.

**Humerus** — Bone of the upper arm that runs from the shoulder to the elbow.

**Hydrotherapy** — Treatment using water.

**Hyperextension** — Extreme extension of a limb or body part.

**Illiotal Band** — A thick, wide fascial layer that runs from the iliac crest to the knee joint and is occasionally inflamed as a result of excessive running.

**Inflammation** — The body's natural response to injury in which the injury site might display various degrees of pain, sweating, heat, redness, and/or loss of function.

**Internal Rotation** — Rotation of a joint or extremity medially, to the inside.

**Lesion** — Wound, injury or tumor.

**Ligament** — Bands of fibrous tissue that connects bone to bone, or bone to cartilage and supports and strengthens joints.

**Lumbar Vertebrae** — Five vertebrae of the lower back that articulate with the sacrum to form the lumbosacral joint.

**Magnetic Resonance Imaging (MRI)** — Imaging procedure in which a radio frequency pulse causes certain electrical elements of the injured tissue to react to this pulse and through this process a computer display and permanent film establish a visual image. MRI does not require radiation and is very useful in the diagnosis of soft tissue, disc, and meniscus injuries.

**Menisectomy** — An intra-articular surgical procedure of the knee by which all or part of the damaged meniscus is removed.

**Metacarpals** — Five long bones of the hand, running from the wrist to the fingers.

**Metatarsals** — Five long bones of the foot, running from the ankle to the toes.

**Myositis** — Inflammation of a muscle.

**Necrotic** — Relating to death of a portion of tissue.

**Neoprene** — Lightweight rubber used in joint and muscle sleeves designed to provide support and/or insulation and heat retention to the area.

**Orthotic** — Any device applied to or around the body in the care of physical impairment or disability, commonly used to control foot mechanics.

**Parsthesia** — Sensation of numbness or tingling, indicating nerve irritation.

**Patella** — The knee cap.

**Patella Tendinitis** — Inflammation of the patella ligament; also known as "jumper's knee."

**Patellofemoral Joint** — Articulation of the knee cap and femur. Inflammation of this joint can occur through; 1) acute injury to the patella, 2) overuse from excessive running particularly if there is an associated knee weakness, 3) chronic wear and tear of the knee, or 4) as a result of poor foot mechanics. Patellofemoral irritation can lead to chondromalacia, which in its most chronic condition, could require surgery.

**Peroneal Muscles** — Group of muscles of the lateral lower leg that are responsible for exerting the knee. Tendons of these three muscles are vital to the stability of the ankle and foot.

**Phalanx** — Any bone of the fingers or toes; plural is phalanges.

**Phlebitis** — An inflammation of a vein.

**Plica** — Fold of tissue in the joint capsule and common result of a knee injury.

**Posterior Cruciate Ligament (PCL)** — A primary stabilizing ligament of the knee that provides significant stability and prevents displacement of the tibia backward within the knee joint. A complete tear of this ligament necessitating reconstruction would require up to 12 months of rehabilitation.

**Quadriceps Muscles** — Commonly referred to as "quads." A group of four muscles of the front thigh that run from the hip and form a common tendon at the patella; they are responsible for knee extension.

**Radiography** — Taking X-rays.

**Radius** — Forearm bone on the thumb side.

**Reconstruction** — Surgical rebuilding of a joint using natural, artificial or transplanted materials.

**Referred Pain** — Pain felt in an undamaged area of the body away from the actual injury.

**Retraction** — The moving of tissue to expose a part or structure of the body.

**Rotator Cuff** — Comprised of four muscles in the shoulder area that can be irritated by over use. The muscles are the supraspinatus (most commonly injured), infraspinatus, teres minor, and subscapularis.

**Rotator Cuff Impingement Syndrome** — A microtrauma or overuse injury caused by stress, and the four stages are: 1) Tendinitis with temporary thickening of the bursa and rotator cuff; 2) Fiber dissociation in the tendon with permanent thickening of the bursa and scar formation; 3) A partial rotator cuff

tear of less than one centimeter; or 4) A complete tear of one centimeter or more.

**Sacrum** — Group of five fused vertebrae located just below the lumbar vertebrae of the lower back.

**Scapula** — Shoulder blade.

**Sciatica** — Irritation of the sciatic nerve resulting in pain or tingling running down the inside of the leg.

**Sciatic Nerve** — Major nerve that carries impulses for muscular action and sensations between the lower back and thigh and lower leg; it is the longest nerve in the body.

**Shin Splint** — A catch-all syndrome describing pain in the shin that is not a fracture or tumor and cannot be defined otherwise.

**Sorbothane** — An energy absorbing polyurethane utilized in some foot orthotics to absorb shock forces of the foot.

**Spasm (Theory)** — Muscle soreness induced by exercise; is the result of reduced muscle blood flow, which results in pain.

**Spleen** — Large, solid organ responsible for the normal production and destruction of blood cells.

**Spondylitis** — Inflammation of one or more vertebrae.

**Sprain** — Injury resulting from a stretch or twist of the joint and causes various degrees of stretch or tear of a ligament or other soft tissue at the joint.

**Sternum** — The breast bone.

**Steroids** — Any one of a large number of hormone-like substances. See anabolic steroids and cortical steroids.

**Strain** — Injury resulting from a pull or torsion to the muscle or tendon that causes various degrees of stretch or tear to the muscle or tendon tissue.

**Stress Fracture** — A hair-line type break in a bone caused by overuse.

**Stress X-Ray** — A continual X-ray taken when a portion of the body is stressed to its maximum in order to determine joint stability. This is a test utilized in some ankle injuries.

**Stretching** — Any therapeutic maneuver designed to elongate shortened soft tissue structures and thereby increase flexibility.

**Subluxation** — Partial dislocation of a joint. The term usually implies that the joint can return to its normal position without formal reduction.

**Talus** — The ankle bone that articulates with the tibia and fibula to form the ankle joint.

**Target Heart Rate** — A pre-determined pulse to be obtained during exercise when circulation is working at full efficient capacities.

**Tarsals** — Group of seven bones of the foot consisting of the calcaneal, talus, cuboid, and three cuneiform bones.

**Temporomandibular Joint (TMJ)** — The articulation of the jaw and skull; considered by some to be vital in resolution of injuries throughout the body.

**Tendinitis** — Inflammation of the tendon and/or tendon sheath, caused by chronic overuse or sudden injury.

**Tendon** — Tissue that connects muscle to bone.

**Tennis Elbow** — General term for lateral elbow pain.

**Thoracic** — Group of twelve vertebrae located in the thorax and articulate with the 12 ribs.

**Thoracic Outlet Compression Syndrome** — A neuro-vascular disorder of the upper extremity common in throwing.

**Tibia** — Larger of the two bones of the lower leg and is the weight-bearing bond of the shin.

**Tomograph** — A special type of X-ray apparatus that demonstrates an organ or tissue at a particular depth.

**Trachea** — The windpipe.

**Transcutaneous Electrical Nerve Stimulator (TENS)** — An electrical modality that sends mild current through pads at the injury site which stimulates the brain to release the natural analgesic, endorphin.

**Transverse Process** — Small lateral projection off the right side and the left side of each vertebrae that functions as an attachment site for muscles and ligaments of the spine.

**Trapezius** — Flat triangular muscle covering the posterior surface of the neck and shoulder.

**Triceps** — Muscle of the back of the upper arm, primarily responsible for extending the elbow.

**Ulna** — Forearm bone that runs from the tip of the elbow to the little finger side of the wrist.

**Ulnar Nerve** — Nerve in the elbow commonly irritated from excessive throwing.

**Ultrasound** — An electrical modality that transmits a sound wave through an applicator into the skin to the soft tissue in order to heat the local area for relaxing the injured tissue and/or disperse edema.

**Valgus** — Angulation outward and away from the midline of the body.

**Varus** — Angulation inward and toward the midline of the body.

**Vasokonstriction** — Decrease of local blood flow.

**Vasodilation** — Increase of local blood flow.

**"Wind-Knocked-Out"** — Syndrome describing a contraction of the abdominal nerve trunk, the solar plexus, as a result of an abdominal contusion.

**Zygoma** — The cheekbone.

## 2005-2006 KEY DATES

### 2005

<b>Mid-July</b>	Training camps open. Clubs not permitted to open camps before July 5. Veteran players cannot be required to report earlier than 15 days prior to club's first preseason game or July 15, whichever is later.
<b>July 22*</b>	Signing period ends at 4:00 PM ET for unrestricted free agents who received June 1 tender.  (*Or the first scheduled day of the first NFL training camp, whichever is later.)
<b>August 9</b>	Pro Football Hall of Fame Game – Denver Broncos vs. Washington Redskins (ABC).
<b>August 12-16</b>	First full preseason weekend.
<b>August 31</b>	Roster cutdown to maximum of 65 players.
<b>September 5</b>	Roster cutdown to maximum of 53 players.
<b>September 6</b>	Clubs may establish practice squad of eight players.
<b>September 9-13</b>	Kickoff 2004.
<b>October 19</b>	Trading deadline.
<b>October 26-27</b>	NFL Fall Meeting, Detroit, Michigan.

### 2006

<b>January 2</b>	Regular season ends.
<b>January 8-9</b>	Wild Card Playoffs.
<b>January 15-16</b>	Divisional Playoffs.
<b>January 23</b>	Conference Championships.
<b>February 6</b>	Super Bowl XXXIX, Jacksonville, Florida (FOX).
<b>February 13</b>	AFC-NFC Pro Bowl, Honolulu, Hawaii (ESPN).
<b>February 23-March 1</b>	Scouting Combine, Indianapolis, Indiana.
<b>March 20-23</b>	NFL Annual Meeting, Maui, Hawaii.
<b>April 23-24</b>	NFL Draft, New York City.
<b>May 23-25</b>	NFL Spring Meeting (Site TBD).

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President of Football Operations.....	Tim Ruskell
Chief Financial Officer .....	Martha Fuller
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Vice President/Partnership Development .....	Scott Patrick
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Vice President/Marketing, Sales & Service .....	John Rizzardini
Vice President/Administration .....	Gary Wright
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Executive Assistant/President .....	Kim Lindbeck
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Fields/Maintainance Coordinator.....	Duc Dinh
Fields/Projects Coordinator.....	Brent Hanson
Travel Coordinator .....	Janice Schweitzer
Director of Security .....	Rick Ninomiya
Security Assistant.....	James Yoshida
Receptionist .....	Natalie Thomas
Receptionist/Mailroom Clerk .....	Heather Stamp
Team Executive Chef .....	Mac McNabb



*(L to R) Anne Mitsakos, Natalie Thomas, Heather Stamp, Cindy Kelley  
(Seated L to R) Kim Lindbeck, Sarita Carter*



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*(Back row L to R) Sarah Tompkins, Steve Lund, Rich McDonald (Third row L to R) Bob Pletka, Rachel Hudson, Ryan Barefoot, Will Brantley (Second row L to R) Casey Shaw, Stacey Terry, Michael Spring, Mike Naehr (First row L to R) Chris Lawrence, Erin Wilshusen, Carlos Oseguera (Seated at right) Chuck Arnold*

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*(L to R) Vikki Knopf, Nick Johnson, Melanie Pulley, Nate Oziel, Sue Harris*

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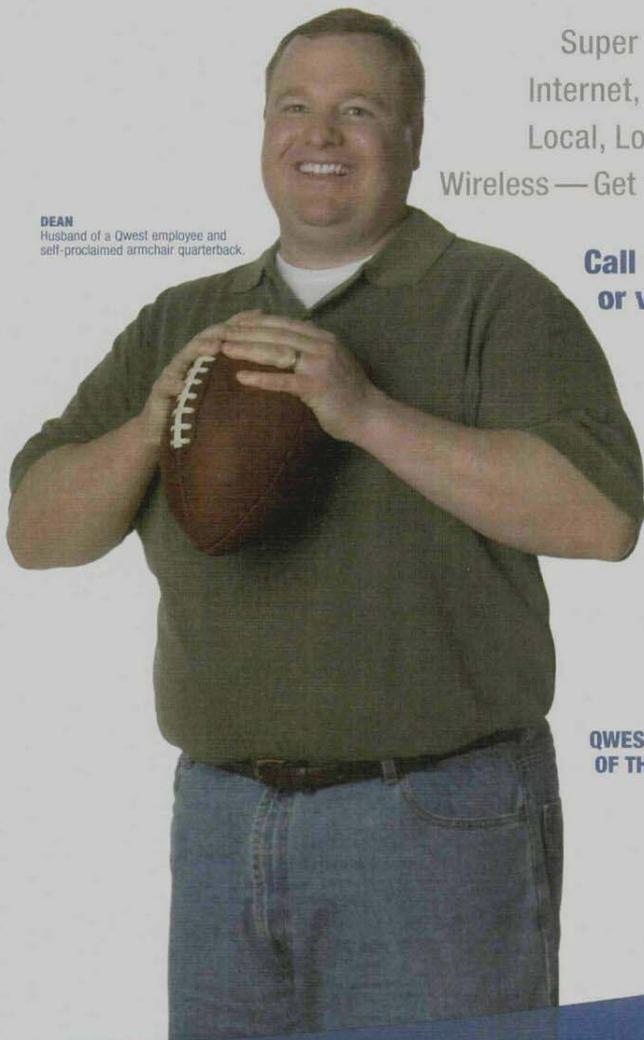
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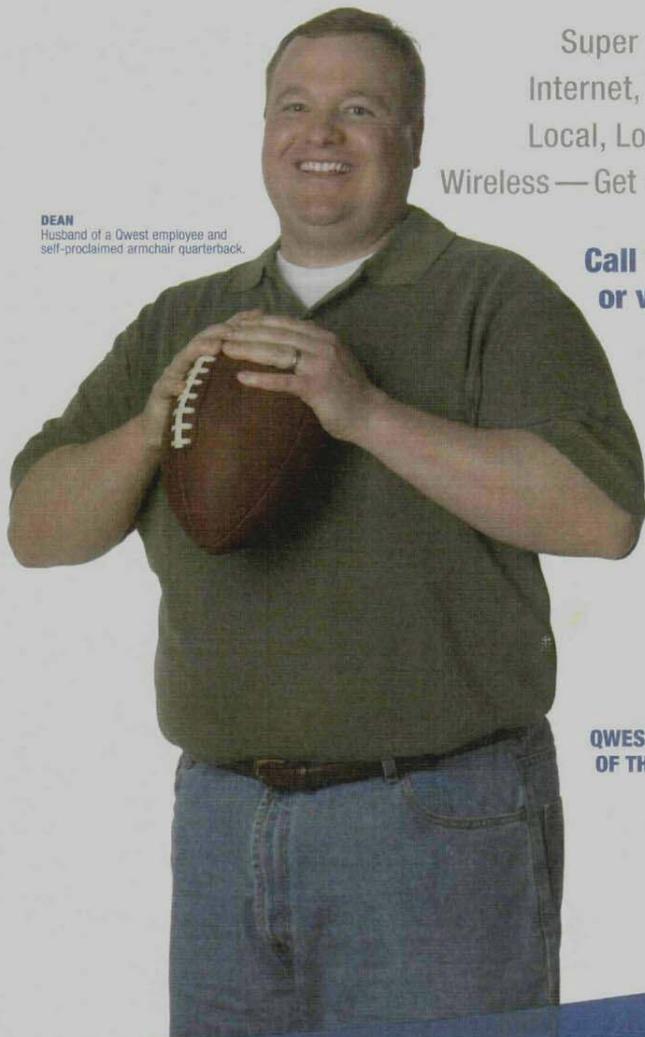
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